


SLAGEL DINING FACILITY

BLDG 1287 HARNEY Rd

Subject to Change Without Notice

Breakfast Weekdays: 0615-0815	Lunch Weekdays: 1100-1300		Closed - Weekends & Holidays	Dinner Weekdays: 1700-1900	Red=Eat less	
Monday, December 25, 2016	Tuesday, December 27, 2016	Wednesday, December 28, 2016	Thursday, December 29, 2016	Friday, December 30, 2016	Saturday, December 31, 2016	
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Merry Christmas	BEEF BARLEY SOUP	SPANISH SOUP	CHICKEN GUMBO SOUP	BEEF BARLEY SOUP	CORN CHOWDER	CREAM OF BROCCOLI SOUP
	CHICKEN CORN CHOWDER	CREAM OF POTATO SOUP	TOMATO BOUILLON SOUP	CHICKEN CORN CHOWDER	BEEF RICE SOUP	MINISTRONE SOUP
	VEGETABLE STUFFED PEPPERS	BROCCOLI RICE & CHEESE	RICE FRITTATA	MUSHROOMS TORTELLINI w/MARINARA sauce	VEGETABLE EGG ROLLS	ITALIAN PASTA & BROCCOLI
	BAKED ITALIAN SAUSAGE	SANTA FE GLAZED CHICKEN BREAST	BREADED PORK STEAK	LASAGNA	TERIYAKI CHICKEN	BBQ SPARERIBS
	CHALUPA	ROAST PORK TENDERLOIN	ORIENTAL STEAK	BLACKENED CATFISH	SUKIYAKI	BEEF STIR FRY
	CHICKEN FAJITAS	BEEF STIR FRY	CHICKEN & SHRIMP ALFREDO	MAMBO PORK ROAST	CARIBBEAN CATFISH	BOMBAY CHICKEN
	DIJON BAKED PORK CHOPS	STUFFED POLLOCK	SAVORY BAKED CHICKEN	SWEDISH MEATBALLS	ORANGE RICE	ROAST PORK TENDERLOIN
	JEFFERSON NOODLES	STEAMED RICE	FRANCONIA POTATOES	POTATO AU GRATIN	PARSLEY BUTTERED POTATOES	POTATOES AU GRATIN
	ROASTED PEPPER POTATOES	GARLIC- LEMON ROASTED WEDGES	BAKED MACARONI AND CHEESE	ISLANDER'S RICE	ORANGE CARROTS MANDINE	TOSS GREEN RICE
	SWEET PEAS	MEXICAN CORN	CAULIFLOWER COMBO	CORN ON COB	CORN O'BRIEN	FRIED CABBAGE
	ORIENTAL STIR-FRY CABBAGE	BROCCOLI COMBO	HACIENDA GREEN BEANS	SEASAME GLAZED GREEN BEANS	BROWN GRAVY	CORN COMBO
	BROWN GRAVY	NATURAL PAN GRAVY	BROWN GRAVY	BROWN GRAVY	HOT ROLLS	CHICKEN GRAVY
	HOT ROLLS	HOT ROLLS	HOT ROLLS	HOT ROLLS	CUCUMBER & ONIONS	CORN BREAD
	BROCCOLI SALAD	MEXICAN COLE SLAW	GERMAN TOMATO SALAD	BROCCOLI SALAD	CABBAGE, APPLE, & RAISIN SALAD	PASTA SALAD
	ITALIAN STYLE PASTA SALAD	SPINACH SALAD	MIXED FRUIT SALAD	ITALIAN STYLE PASTA SALAD	CONFETTI RICE SALAD	POTATO SALAD
	CLASSIC HUMMUS	MARINATED BLACK BEAN SALAD	PASTA SALAD	MARINATED BLACK BEAN SALAD	FRUIT FLAVORED GELATIN	COUNTRY STYLE TOMATO SALAD
ASSORTED CRACKERS	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	
SPARKLING ASSORTED JUICES	APPLE PIE	CHERRY PIE	LEMON MERINGUE PIE	APPLE PIE	SWEET POTATO PIE	
HOLIDAY WALDORF SALAD	CONGO BARS	CHOCOLATE COOKIES	OATMEAL CHOCOLATE CHIP COOKIES	BUTTERSCOTCH BROWNIES	CHEWY NUT BARS	
SPICY SHRIMP & COCKTAIL SAUCE	STRAWBERRY CAKE	WHITE CAKE	YELLOW CAKE	BANANA CAKE	GINGERBREAD CAKE	
ROLLS & CROSSANTS	BREAD PUDDING	TAPIOCA PUDDING	RICE PUDDING	RICE PUDDING	BREAD PUDDING	
SOFT CREAM CHEESE SPREADS	GLILLED CHICKEN BREAST	EGG ROLLS	CRISPITOS	GLILLED CHICKEN BREAST	HOT WINGS	
HONEY GLAZED BAKED SALMON						
ROAST TURKEY W/ GRAVY						
CARVED ROAST BEEF W/ GRAVY						
BAKED HAM W/ PINEAPPLE						
MASHED POTATOES						
SWEET POTATO CASSEROLE						
SAVORY BREAD DRESSING						
ROASTED ACORN SQUASH						
SEASONED COLLARD GREENS						
GLAZED CARROTS						
GREEN BEAN CASSEROLE						
FRESH SALAD BAR	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
ASSORTED DRESSINGS	CHEESE TORTELLINI W/ AFREDO SAUCE	CHEESE RAVIOLI W/MARINARA SAUCE	VEGETABLE PIZZA	CAULIFLOWER POTATO AND CURRY	VEGETABLE CURRY W/RICE	POTATO FRITTATA
CUT-UP FRESH FRUITS	PASTA W/ ITALIAN SAUSAGE	CHICKEN RANCHERO	SWEDISH MEATBALLS	PIZZA	CHICKEN AND DUMPLING	PORK CHOPS w/ MUSHROOM GRAVY
CRANBERRY SAUCE	HONEY LEMON CHICKEN BREAST	BAKED FISH AMANDINE	BRAISED SPARERIBS	HONEY LEMON CHICKEN BREAST	SALMON GINGER TERIYAKI	SPAGHETTI W/ MEAT SAUCE
CHERRY TOPPED CHEESECAKE	PEPPER STEAK	MEAT LOAF	BAKED CHICKEN & RICE	PEPPER STEAK	CREOLE MACARONI	GRILLED HAM STEAK
HOLIDAY COOKIES	PORK CHOPS WITH APPLE RINGS	SHRIMP SCAMPI	WHITE FISH WITH MUSHROOM	GRILLED PORK CHOPS	ITALIAN ROASTED POTATOES	CAJUN BAKE FISH
DUTCH APPLE PIE	HACIENDA POTATOES	MASHED POTATOES	RED BEANS AND RICE	SPICY BROWN RICE PILAF	PASTA PROVENCAL	ROSEMARY ROASTED WEDGES
CHERRY-LIME GELATIN SALAD	SHRIMP FRIED RICE	JASMINE RICE	O'BRIEN POTATOES	HACIENDA POTATOES	CLUB SPINACH	FILIPINO RICE
PECAN PIE, PEACH COBBLER	LYONNAISE CARROTS	WINTER MIXED VEGETABLES	HONEY DIJON VEGETABLES	BRUSSELS SPROUTS PARMESAN	SUCCOTASH	MIXED VEGETABLE
HARD CANDY, CANDY CANE	SPROUTS SUPERBA	ASPARAGUS	BROCCOLI POLONAISE	GLAZED CARROTS	CHICKEN GRAVY	BEETS IN ORANGE-LEMON SAUCE
MIXED NUTS	CHICKEN GRAVY	GRAVY	BROWN GRAVY	BROWN GRAVY	HOT ROLLS	BROWN GRAVY
BEVERAGES	HOT ROLLS	GARLIC BREAD	HOT ROLLS	CORN BREAD	CUCUMBER & ONIONS	TOASTED GARLIC BREAD
	BROCCOLI SALAD	MEXICAN COLE SLAW	GERMAN TOMATO SALAD	BROCCOLI SALAD	CABBAGE, APPLE, & RAISIN SALAD	PASTA SALAD
	ITALIAN STYLE PASTA SALAD	SPINACH SALAD	MIXED FRUIT SALAD	ITALIAN STYLE PASTA SALAD	CONFETTI RICE SALAD	POTATO SALAD
HAPPY HOLIDAYS 2016	MARINATED BLACK BEAN SALAD	PICKLED BEETS & ONIONS SALAD	PASTA SALAD	MARINATED BLACK BEAN SALAD	FRUIT FLAVORED GELATIN	COUNTRY STYLE TOMATO SALAD
FROM JBSA FT. SAM HOUSTON	COTTAGE CHEESE & PEACH SALAD	COTTAGE CHEESE & PEARS SALAD	COTTAGE CHEESE & PINEAPPLE SALAD	COTTAGE CHEESE & PEACH SALAD	SLOPPY JOE	COTTAGE CHEESE & FRUIT COCKTAIL
FOOD SERVICE FAMILY	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN		FRUIT FLAVORED GELATIN
	GLILLED CHICKEN BREAST	EGG ROLLS	CRISPITOS	GLILLED CHICKEN BREAST		HOT WINGS

SLAGEL DINING FACILITY

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Green=Healthier, Yellow=eat moderately
Dinner Weekdays: 1700-1900
Red=Eat less

Breakfast Weekdays: 0615-0815

Sunday, January 1, 2016	Monday, January 2, 2016	Tuesday, January 3, 2016	Wednesday, January 4, 2016	Thursday, January 5, 2016	Friday, January 6, 2016	Saturday, January 7, 2016
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
CHICKEN RICE SOUP	BEEF BARLEY SOUP	SPANISH SOUP	CHICKEN GUMBO SOUP	ASIAN STIR FRY SOUP	CREAM OF BROCCOLI SOUP	CURRIED VEGETABLE SOUP
NAVY BEAN SOUP	CHICKEN CORN CHOWDER	CREAM OF POTATO SOUP	TOMATO RICE SOUP	CREAM OF MUSHROOM SOUP	MINSTRONE SOUP	NEW ENGLAND CLAM CHOWDER
CHEESE ENCHILADAS	MUSHROOMS TORTELLINI	CHEESE MANICOTTI	VEGETABLE BURRITOS	VEGETABLE PIZZA	ITALIAN PASTA & BROCCOLI	POTATO & CHEDDAR PIEROGIES
CHEESEBURGER MACARONI	BLACKENED CATFISH	CHICKEN & DUMPLINGS	HAMBURGER YAKISOBA	MEAT LOAF	BEEF STIR FRY	BREADED PORK STEAK
CANTONESE SPARERIBS	MAMBO PORK ROAST	ROAST BEEF	SPARERIBS AND SAUERKRAUT	BARBECUED PORK CHOPS	BOMBAY CHICKEN	BEEF BALL STROGANOFF
CREOLE SHRIMP	SWEDISH MEATBALLS	VEAL PAPRIKA	BAKED CHICKEN	GREEK LEMON TURKEY PASTA	ROAST PORK TENDERLOIN	SWEET AND SOUR CHICKEN
OVEN -GLO POTATOES	POTATO AU GRATIN	MEXICAN RICE	ROASTED PEPPER POTATOES	PORK FRIED RICE	POTATOES AU GRATIN	PAPRIKA BUTTERED POTATOES
SPRING GARDEN RICE	ISLANDER'S RICE	MASHED POTATOES	RICE PILAF	LYONNAISE POTATOES	TOSS GREEN RICE	MEDITERRANEAN BROWN RICE
LIMA BEANS	CORN ON COB	PEAS W/ CELERY	SUCCOTASH	SQUASH AND CARROT MEDLEY	FRIED CABBAGE	HERBED BROCCOLI
VEGETABLE STIR FRY	SEASAME GLAZED GREEN BEANS	CAULIFLOWER PRAMESAN	CALICO CABBAGE	ASPARAGUS	CORN COMBO	CORN AND GREEN BEAN CASSEROLE
BROWN GRAVY	BROWN GRAVY	BROWN GRAVY	CHICKEN GRAVY	BROWN GRAVY	CHICKEN GRAVY	BROWN GRAVY
HOT ROLLS	HOT ROLLS	HOT ROLLS	HOT ROLLS	HOT ROLLS	CORN BREAD	HOT ROLLS
CUCUMBER & ONIONS	BROCCOLI SALAD	MEXICAN COLE SLAW	GERMAN TOMATO SALAD	MACARONI SALAD	PASTA SALAD	THREE BEAN SALAD
CABBAGE, APPLE, & RAISIN SALAD	ITALIAN STYLE PASTA SALAD	SPINACH SALAD	MIXED FRUIT SALAD	KIMCHEE SALAD	POTATO SALAD	COTTAGE CHEESE & FRUIT SALAD
CONFETTI RICE SALAD	MARINATED BLACK BEAN SALAD	PICKLED BEETS & ONIONS SALAD	SEASHELL PASTA SALAD	PICKLED GREEN BEAN SALAD	COUNTRY STYLE TOMATO SALAD	SPINACH & MUSHROOM SALAD
FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN
CHOCOLATE PIE	APPLE PIE	CHERRY PIE	LEMON MERINGUE PIE	PECAN PIE	SWEET POTATO PIE	CHEESE CAKE
SUGAR COOKIES	BUTTERSOTCH BROWNIES	CHOCOLATE CHIP COOKIES	OATMEAL RAISIN COOKIES	PEANUT BUTTER COOKIES	CHEWY NUT BARS	CHISPY MARSHMALLOW SQUARES
GERMAN CHOCOLATE CAKE	BANANA CAKE	CARROT CAKE	DEVIL'S FOOD CAKE	FLORIDA LEMON CAKE	GINGERBREAD CAKE	LEMON POUND CAKE
VANILLA PUDDING	RICE PUDDING	BUTTERSOTCH PUDDING	CHOCOLATE PUDDING	VANILLA PUDDING	BREAD PUDDING	TAPIOCA PUDDING
CORN DOGS	GLILLED CHICKEN BREAST	EGG ROLLS	CRISPITOS	FISHWICH	HOT WINGS	PIZZA PEPPERONI

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
CHEESE RAVIOLI w/ SAUCE	CAULIFLOWER POTATO AND CURRY	PASTA PRIMAVERA	SPAGHETTI W/ MARINARA SAUCE	CHEESE MANICOTTI W/ ALFEDO SAUCE	POTATO FRITTATA	SPINACH & GARLIC TORTELLINI
YANKEY POT ROAST	HONEY LEMON CHICKEN BREAST	PASTA W/ ITALIAN SAUSAGE & PEPPERS	SAUERBRATEN	HERBED BAKED FISH	SPAGHETTI W/ MEAT SAUCE	POLISH SAUSAGE SIMMERED
CHICKEN PARMESAN	PEPPER STEAK	TURKEY LOAF	COUNTRY STYLE STEAK	SALISBURY STEAK	GRILLED HAM STEAK	SAUERKRAUT
SPICY BAKED FISH	GRILLED PORK CHOPS	GINGER POT ROAST	LEMON BAKED FISH	BAKED CHICKEN AND NOODLES	CAJUN BAKE FISH	BEEF PORCUPINES
GARLIC ROASTED potato wedges	SPICY BROWN RICE PILAF	NOODLES JEFFERSON	POTATOES AND HERBS	STEAMED RICE	ROSEMARY ROASTED POTATO WEDGES	SOUTHWESTERN SHRIMP LINGUINE
BUTTERED NOODLES	HACIENDA POTATOES	O'BRIEN POTATOES	GARLIC CHEESE POTATOES	OVEN BROWN	FILIPINO RICE	FRANCONIA POTATOES
ORANGE CARROTS MANDINE	BRUSSELS SPROUTS PARMESAN	HACIENDA CORN AND BLACK BEANS	TANGY SPINACH	OKRA AND TOMATO GUMBO	MIXED VEGETABLE	RICE WITH PARMESAN CHEESE
CORN O'BRIEN	GLAZED CARROTS	HERBED BROCCOLI	CREOLE SUMMER SQUASH	CORN COMBO	BEETS IN ORANGE-LEMON SAUCE	GREEN BEAN NICOISE
NATURAL PAN GRAVY	BROWN GRAVY	TURKEY GRAVY	COUNTRY GRAVY	BROWN GRAVY	BROWN GRAVY	STEWED TOMATOES
CORN BREAD	CORN BREAD	HOT ROLLS	HOT ROLLS	HOT ROLLS	TOASTED GARLIC BREAD	BROWN GRAVY
CUCUMBER & ONIONS	BROCCOLI SALAD	MEXICAN COLE SLAW	GERMAN TOMATO SALAD	MACARONI SALAD	PASTA SALAD	HOT ROLLS
CABBAGE, APPLE, & RAISIN SALAD	ITALIAN STYLE PASTA SALAD	SPINACH SALAD	MIXED FRUIT SALAD	KIMCHEE SALAD	POTATO SALAD	THREE BEAN SALAD
CONFETTI RICE SALAD	MARINATED BLACK BEAN SALAD	PICKLED BEETS & ONIONS SALAD	SEASHELL PASTA SALAD	PICKLED GREEN BEAN SALAD	COUNTRY STYLE TOMATO SALAD	COTTAGE CHEESE & FRUIT SALAD
FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	SPINACH & MUSHROOM SALAD
CORN DOGS	GLILLED CHICKEN BREAST	EGG ROLLS	CRISPITOS	FISHWICH	HOT WINGS	FRUIT FLAVORED GELATIN
						PIZZA PEPPERONI

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Closed - Weekends & Holidays

Green=Healthier, Yellow=eat moderately
Dinner Weekdays: 1700-1900
Red=Eat less

Breakfast Weekdays: 0615-0815

Sunday, January 8, 2016	Monday, January 9, 2016	Tuesday, January 10, 2016	Wednesday, January 11, 2016	Thursday, January 12, 2016	Friday, January 13, 2016	Saturday, January 14, 2016
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
CORN CHOWDER	BEEF NOODLE SOUP	MEXICAN ONION CORN SOUP	OLD FASHIONED BEAN SOUP	PEPPER POT SOUP	TEXAS CHICKEN TORTILLA SOUP	FRENCH ONION SOUP
BEEF RICE SOUP	SPLIT PEA SOUP	TOMATO SOUP	CHICKEN VEGETABLE SOUP	CHICKEN EGG DROP SOUP	SHRIMP GUMBO SOUP	ZESTY BEAN SOUP
CHEESE MANICOTTI	VEGETABLE EGG ROLLS	VEGETABLE STUFFED PEPPERS	TURKEY NUGGET	POTATO & CURRY	PASTA PRIMAVERA	SPAGHETTI W/ MARINARA SAUCE
TERIYAKI CHICKEN	PARMESAN FISH	CHICKEN FAJITAS	SZECHWAN CHICKEN	BBQ BRISKETT	GRILLED STEAK	BEEF AND BROCCOLI
BAKED ITALIAN SAUSAGE	BBQ CHICKEN	GRILLED SALMON FILLETS	ROAST TURKEY	SHRIMP JAMBALAYA	OVEN FRIED CHICKEN	CARIBBEAN CHICKEN BREAST
CARIBBEAN CATFISH	BRAISED BEEF AND NOODLES	CHILI CONQUISTADOR	TERIYAKI BEEF STRIPS	PORK SCHNITZEL	FRIED SHRIMP	CREOLE PORK CHOPS

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ORANGE CARROTS MANDINE	LYONNAISE CARROTS	HACIENDA CORN AND BLACK BEANS	TANGY SPINACH	SQUASH AND CARROT MEDLEY	FRENCH FRIED OKRA	GREEN BEAN NICOISE
CORN O'BRIEN	SPROUTS SUPERBA	HERBED BROCCOLI	CREOLE SUMMER SQUASH	ORIENTAL STIR FRY CABBAGE	ORIENTAL STIR-FRY CABBAGE	STEWED TOMATOES
NATURAL PAN GRAVY	CHICKEN GRAVY	TURKEY GRAVY	COUNTRY GRAVY	BROWN GRAVY	BROWN GRAVY	BROWN GRAVY
CORN BREAD	HOT ROLLS	HOT ROLLS	HOT ROLLS	HOT ROLLS	CORN BREAD	HOT ROLLS
CUCUMBER & ONIONS	BROCCOLI SALAD	MEXICAN COLE SLAW	GERMAN TOMATO SALAD	MACARONI SALAD	PASTA SALAD	THREE BEAN SALAD
CABBAGE, APPLE, & RAISIN SALAD	ITALIAN STYLE PASTA SALAD	SPINACH SALAD	MIXED FRUIT SALAD	KIMCHEE SALAD	POTATO SALAD	SPINACH & MUSHROOM SALAD
CONFETTI RICE SALAD	MARINATED BLACK BEAN SALAD	PICKLED BEETS & ONIONS SALAD	PASTA SALAD	PICKLED GREEN BEAN SALAD	COUNTRY STYLE TOMATO SALAD	FRUIT FLAVORED GELATIN
FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	CHEESE CAKE
CHOCOLATE PIE	APPLE PIE	CHERRY PIE	LEMON MERINGUE PIE	PECAN PIE	SWEET POTATO PIE	PEANUT BUTTER COOKIES
CHEWY NUT BARS	OATMEAL CHOCOLATE CHIP COOKIES	PEANUT BUTTER BROWNIES	CHOCOLATE CHIP COOKIES	BUTTERSCOTCH BROWNIES	OATMEALS RAISIN COOKIES	FLORIDA LEMON CAKE
STRAWBERRY SHORT CAKE	YELLOW CAKE	ANGEL FOOD CAKE	BANANA CAKE	CARROT CAKE	DEVIL'S FOOD CAKE	BUTTERSCOTCH PUDDING
CHOCOLATE PUDDING	CHOCOLATE PUDDING	VANILLA PUDDING	BREAD PUDDING	TAPIOCA PUDDING	RICE PUDDING	PIZZA PEPPERONI
CORN DOGS	GLILLED CHICKEN BREAST	EGG ROLLS	CRISPITOS	FISHWICH	HOT WINGS	



Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
POTATO & CURRY	ITALIAN PASTA & BROCCOLI	POTATO & CHEDDAR PIEROGIES	CHEESE ENCHILADAS	VEGETABLE EGG ROLLS	VEGETABLE STUFFED PEPPERS	VEGETABLE BURRITOS
CHEESEBURGER MACARONI	BLACKENED CATFISH	CHICKEN & DUMPLINGS	CREOLE PORK STEAK	FRENCH FRIED FISH PORTIONS	BAKED STUFFED SALMON	BREADED PORK STEAK
SWEET AND SOUR SPARERIBS	OVEN FRIED CHICKEN FILLETS	ROAST BEEF	HAMBURGER YAKISOBA	PORK CHOP SUEY	CAJUN ROAST BEEF	BBQ HAM
CARIBBEAN CATFISH	BBQ MEATBALLS	VEAL PAPRIKA	CHICKEN CORDON BLEU	CHICKEN BREAST IN ORANGE SAUCE	PINEAPPLE CHICKEN	SWEET AND SOUR CHICKEN
OVEN -GLO POTATOES	POTATOES AU GRATIN	MEXICAN RICE	ROASTED PEPPER POTATOES	GREEK LEMON TURKEY PASTA	ITALIAN STYLE VEAL STEAKS	PAPRIKA BUTTERED POTATOES
SPRING GARDEN RICE	ISLANDER'S RICE	MASHED POTATOES	RICE PILAF	STEAMED RICE	ROSEMARY ROASTED POTATO WEDGES	MEDITERRANEAN BROWN RICE
LIMA BEANS	CORN ON THE COB	PEAS W/ CELERY	SUCCOTASH	OVEN BROWN	WILD RICE	PEAS WITH MUSHROOMS
VEGETABLE STIR FRY	GREEN BEANS WITH MUSHROOMS	CAULIFLOWER PRAMESAN	CALICO CABBAGE	OKRA AND TOMATO GUMBO	MIXED VEGETABLE	CORN AND GREEN BEAN CASSEROLE
BROWN GRAVY	BROWN GRAVY	BROWN GRAVY	CHICKEN GRAVY	CORN COMBO	CAULIFLOWER AU GRATIN	BROWN GRAVY
HOT ROLLS	HOT ROLLS	HOT ROLLS	HOT ROLLS	BROWN GRAVY	BROWN GRAVY	HOT ROLLS
CUCUMBER & ONIONS	BROCCOLI SALAD	MEXICAN COLE SLAW	GERMAN TOMATO SALAD	HOT ROLLS	HOT ROLLS	THREE BEAN SALAD
CABBAGE, APPLE, & RAISIN SALAD	ITALIAN STYLE PASTA SALAD	SPINACH SALAD	MIXED FRUIT SALAD	MACARONI SALAD	PASTA SALAD	SPINACH & MUSHROOM SALAD
CONFETTI RICE SALAD	MARINATED BLACK BEAN SALAD	PICKLED BEETS & ONIONS SALAD	PASTA SALAD	KIMCHEE SALAD	POTATO SALAD	FRUIT FLAVORED GELATIN
FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	PICKLED GREEN BEAN SALAD	COUNTRY STYLE TOMATO SALAD	PIZZA PEPPERONI
CORN DOGS	GLILLED CHICKEN BREAST	EGG ROLLS	CRISPITOS	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	
				FISHWICH	HOT WINGS	

Subject to Change Without Notice

Breakfast Weekdays: 0615-0815	Lunch Weekdays: 1100-1300	Closed - Weekends & Holidays	Dinner Weekdays: 1700-1900	Red=Eat less
Sunday, January 22 2016	Monday, January 23, 2016	Tuesday, January 24, 2016	Wednesday, January 25, 2016	Thursday, January 26, 2016
Lunch	Lunch	Lunch	Lunch	Lunch
CORN CHOWDER	ONION SOUP	MEXICAN ONION CORN SOUP	KNICKERBOCKER SOUP	PEPPER POT SOUP
BEEF RICE SOUP	TOMATO SOUP	TORTELLINI SOUP	CHICKEN VEGETABLE SOUP	CHICKEN EGG DROP SOUP
VEGETABLE EGG ROLLS	VEGETABLE LASAGNA	VEGETABLE BURRITOS	VEGETABLE PIZZA	ITALIAN PASTA & BROCCOLI
TERIYAKI CHICKEN	BEEFBALLS STROGANOFF	CHICKEN & DUMPLINGS	LEMON BAKED FISH	SEAFOOD NEWBURG
SUKIYAKI	SOUTHERN FRIED CATFISH FILLETS	CAJUN ROAST TENDERLION OF BEEF	OVEN BAKED CHICKEN	MAMBO PORK ROAST
CARIBBEAN CATFISH	HERBED BAKED CHICKEN BREAST	GRILLED KNOCKWURST	ORIENTAL STEAK	SWEDISH MEATBALLS
ORANGE RICE	RICE W/ PARMESAN CHEESE	LYONNAISE RICE	STEAM RICE	POTATO AU GRATIN
PARSLEY BUTTERED POTATOES	HACIENDA POTATOES	COTTAGE FRIED POTATOES	COTTAGE FRIED POTATOES	ISLANDER'S RICE
				TEXAS CHICKEN TORTILLA SOUP
				SHRIMP GUMBO SOUP
				POTATO & CHEDDAR PIEROGIES
				BLACKENED CATFISH
				GRILLED STEAK
				FRIED SHRIMP
				MACARONI AND CHEESE
				GLAZED SWEET POTATO
				FRENCH ONION SOUP
				ZESTY BEAN SOUP
				CHEESE ENCHILADAS
				VEGETABLE BURRITOS
				ITALIAN RICE AND BEEF
				VEAL PAPRIKA STEAK
				MUSTARD-DILL BAKED FISH
				ROASTED PEPPER POTATOES

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ORANGE CARROTS MANDINE	PEAS WITH ONIONS	PEAS AND CARROTS	CLUB SPINACH	JAPANESE VEGETABLE STIR FRY	SOUTHERN STYLE GREENS	RICE PILAF
CORN O'BRIEN	BRUSSELS SPROUTS POLONAISE	BROCCOLI COMBO	CALICO CORN	HARVARD BEETS	FRIED CABBAGE	SUCCOTASH
BROWN GRAVY	CHICKEN GRAVY	BROWN COMBO	BROWN GRAVY	NATURAL PAN GRAVY	BROWN GRAVY	CALICO CABBAGE
HOT ROLLS	HOT ROLLS	HOT ROLLS	HOT ROLLS	HOT ROLLS	HOT ROLLS	BROWN GRAVY
CUCUMBER & ONIONS	BROCCOLI SALAD	MEXICAN COLE SLAW	GERMAN TOMATO SALAD	MACARONI SALAD	PASTA SALAD	HOT ROLLS
CABBAGE, APPLE, & RAISIN SALAD	ITALIAN STYLE PASTA SALAD	SPINACH SALAD	MIXED FRUIT SALAD	KIMCHEE SALAD	POTATO SALAD	THREE BEAN SALAD
CONFETTI RICE SALAD	MARINATED BLACK BEAN SALAD	PICKLED BEETS & ONIONS SALAD	PASTA SALAD	PICKLED GREEN BEAN SALAD	COUNTRY STYLE TOMATO SALAD	SPINACH & MUSHROOM SALAD
FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	SWEET POTATO PIE	FRUIT FLAVORED GELATIN
CHOCOLATE PIE	APPLE PIE	CHERRY PIE	LEMON MERINGUE PIE	PECAN PIE	HERMITS	CHEESE CAKE
OATMEAL COOKIES	CRISPY MARSHMALLOW SQUARES	SUGAR COOKIES	DOUBLE CHOCOLATE CHIP COOKIES	LEMON COOKIES	PEANUT BUTTER CAKE	SNICKERDOODLE COOKIES
SPICE CAKE	LEMON POUND CAKE	GERMAN CHOCOLATE CAKE	ORANGE CAKE	MARBLE CAKE	BUTTERSOTCH PUDDING	PINEAPPLE UPSIDE DOWN CAKE
VANILLA PUDDING	VANILLA PUDDING	BREAD PUDDING	TAPIOCA PUDDING	RICE PUDDING	BREADED DRUMETTES	CHOCOLATE PUDDING
SLOPPY JOE	BREADED CHICKEN BREAST	TAQUITOS	BURRITOS	PHILLY STEAK	HOT WINGS	TAMALES

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
VEGETABLE CURRY W/RICE	PASTA PRIMAVERA	SPAGHETTI W/ MARINARA SAUCE	CHEESE MANICOTTI W/ ALFEDO SAUCE	POTATO FRITTATA	SPINACH & GARLIC TORTELLINI	CHEESE RAVIOLI W/ MARINARA
CHICKEN AND DUMPLING	PARMESAN FISH	BEEF FAJITAS	SZECHWAN CHICKEN	TERIYAKI STEAK	SPAGHETTI W/ MEAT SAUCE	BEEF AND BROCCOLI
SALMON GINGER TERIYAKI	BBQ CHICKEN	GRILLED SALMON FILLETS	ROAST TURKEY	HERBED BAKED FISH	GRILLED HAM STEAK	CARIBBEAN CHICKEN BREAST
CREOLE MACARONI	SWISS STEAK WITH BROWN GRAVY	CHILI CONQUISTADOR	TERIYAKI BEEF STRIPS	SALISBURY STEAK	CAJUN BAKE FISH	CREOLE PORK CHOPS
ITALIAN ROASTED POTATOES	SPROUTS SUPERBA	SOUTHWESTERN RICE	ITALIAN ROASTED POTATOES WEDGES	STEAMED RICE	ROSEMARY ROASTED POTATO WEDGES	FRANCONIA POTATOES
PASTA PROVENCAL	LYONNAISE CARROTS	REFRIED BEANS WITH CHEESE	GINGER RICE	OVEN BROWN	FILIPINO RICE	RICE WITH PARMESAN CHEESE
CLUB SPINACH	RISSOLE POTATOES	SPANISH STYLE BEANS	ASPARAGUS	OKRA AND TOMATO GUMBO	MIXED VEGETABLE	GREEN BEAN CREOLE
SUCCOTASH	NUTTY RICE AND CHEESE	SOUTH OF THE BORDER BROCCOLI	CAULIFLOWER AU GRATIN	CORN COMBO	BEETS IN ORANGE-LEMON SAUCE	CAULIFLOWER POLONAISE
CHICKEN GRAVY	CHICKEN GRAVY	TOMATO GRAVY	TURKEY GRAVY	BROWN GRAVY	BROWN GRAVY	BROWN GRAVY
HOT ROLLS	TOASTED GARLIC BREAD	CORN BREAD	HOT ROLLS	HOT ROLLS	TOASTED GARLIC BREAD	HOT ROLLS
CUCUMBER & ONIONS	ITALIAN STYLE PASTA SALAD	MEXICAN COLE SLAW	GERMAN TOMATO SALAD	MACARONI SALAD	PASTA SALAD	SPINACH & MUSHROOM SALAD
CABBAGE, APPLE, & RAISIN SALAD	MARINATED BLACK BEAN SALAD	SPINACH SALAD	MIXED FRUIT SALAD	KIMCHEE SALAD	POTATO SALAD	FRUIT FLAVORED GELATIN
CONFETTI RICE SALAD	FRUIT FLAVORED GELATIN	PICKLED BEETS & ONIONS SALAD	PASTA SALAD	PICKLED GREEN BEAN SALAD	COUNTRY STYLE TOMATO SALAD	TAMALES
FRUIT FLAVORED GELATIN	BREADED CHICKEN BREAST	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	
SLOPPY JOE	FISHWICH	TAQUITOS	BURRITOS	PHILLY STEAK	BREADED DRUMETTES	

Green=Healthier, Yellow=eat moderately
Dinner Weekdays: 1700-1900

Red=Eat less

Breakfast Weekdays: 0615-0815

Sunday, January 29, 2016	Monday, January 30, 2016	Tuesday, January 31, 2016
Lunch	Lunch	Lunch
BEEF BARLEY SOUP	SPANISH SOUP	CHICKEN GUMBO SOUP

SLAGEL DINING FACILITY
BLDG 1287 HARNEY Rd

CHICKEN CORN CHOWDER	CREAM OF POTATO SOUP	TOMATO BOUILLON SOUP
VEGETABLE STUFFED PEPPERS	BROCCOLI RICE & CHEESE	RICE FRITTATA
CHALUPA	ROAST PORK TENDERLOIN	ORIENTAL STEAK
CHICKEN FAJITAS	BEEF STIR FRY	CHICKEN & SHRIMP ALFREDO
DIJON BAKED PORK CHOPS	STUFFED POLLOCK	SAVORY BAKED CHICKEN
JEFFERSON NOODLES	STEAMED RICE	FRANCONIA POTATOES
ROASTED PEPPER POTATOES	GARLIC- LEMON ROASTED potato wedges	BAKED MACARONI AND CHEESE
SWEET PEAS	MEXICAN CORN (OMIT BUTTER)	CAULIFLOWER COMBO
ORIENTAL STIR-FRY CABBAGE	BROCCOLI COMBO	HACIENDA GREEN BEANS
BROWN GRAVY	NATURAL PAN GRAVY	BROWN GRAVY
HOT ROLLS	HOT ROLLS	HOT ROLLS
BROCCOLI SALAD	MEXICAN COLE SLAW	GERMAN TOMATO SALAD
ITALIAN STYLE PASTA SALAD	SPINACH SALAD	MIXED FRUIT SALAD
MARINATED BLACK BEAN SALAD	PICKLED BEETS & ONIONS SALAD	PASTA SALAD
FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN
APPLE PIE	CHERRY PIE	LEMON MERINGUE PIE
CONGO BARS	CHOCOLATE COOKIES	OATMEAL CHOCOLATE CHIP COOKIES
STRAWBERRY CAKE	WHITE CAKE	YELLOW CAKE
BREAD PUDDING	TAPIOCA PUDDING	RICE PUDDING
GLILLED CHICKEN BREAST		CRISPITOS

Dinner	Dinner	Dinner
CHEESE TORTELLINI W/ AFREDO SAU	CHEESE RAVIOLI W/MARINARA SAUCE	VEGETABLE PIZZA
HONEY LEMON CHICKEN BREAST	BAKED FISH AMANDINE	BRAISED SPARERIBS
PEPPER STEAK	MEAT LOAF	BAKED CHICKEN & RICE
PORK CHOPS WITH APPLE RINGS	SHRIMP SCAMPI	WHITE FISH WITH MUSHROOM
HACIENDA POTATOES	MASHED POTATOES	RED BEANS AND RICE
SHRIMP FRIED RICE	JASMINE RICE	O'BRIEN POTATOES
LYONNAISE CARROTS	WINTER MIXED VEGETABLES	HONEY DIJON VEGETABLES
SPROUTS SUPERBA	ASPARAGUS	BROCCOLI POLONAISE
CHICKEN GRAVY	GRAVY	BROWN GRAVY
HOT ROLLS	GARLIC BREAD	HOT ROLLS
BROCCOLI SALAD	MEXICAN COLE SLAW	GERMAN TOMATO SALAD
ITALIAN STYLE PASTA SALAD	SPINACH SALAD	MIXED FRUIT SALAD
MARINATED BLACK BEAN SALAD	PICKLED BEETS & ONIONS SALAD	PASTA SALAD
FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN
GLILLED CHICKEN BREAST	EGG ROLLS	CRISPITOS

Subject to Change Without Notice

Breakfast Weekdays: 0615-0815

Lunch Weekdays: 1100-1300