



Briefs

Ops. Bn. 470th MI Bde. Change of Command Ceremony, tomorrow

Lt. Col. Jose A. Marquez will relinquish command of Operations Battalion, 470th Military Intelligence Brigade, to Lt. Col. Tomas E. Monel at a ceremony on Aug. 20, 8:30 a.m. at MacArthur Parade Field, corner of Harry Wurzbach and Stanley Road. Inclement weather site is the Roadrunner Community Center, Bldg. 2797 on Stanley Road.

Headquarters, Special Troops Battalion, Change of Responsibility, tomorrow

1st Sgt. Vickie D. Carr will relinquish responsibilities of Headquarters, Special Troops Battalion, to 1st Sgt. Maura B. Newby at a ceremony tomorrow at 10 a.m. at the Roadrunner Community Center, Bldg. 2797 on Stanley Road.

Sergeant Audie Murphy Club Induction Ceremony, Aug. 24

A Sergeant Audie Murphy Club Induction Ceremony will be held Aug. 24, 2 p.m., at Blesse Auditorium.

Brigade newcomer briefing location to change Aug. 25

Effective Aug. 25 all 32nd Med. Bde. Newcomer briefings will be conducted at 32nd Medical Brigade Classroom. Ensure all new personnel scheduled to attend the upcoming briefing on Aug. 25 are aware of the location change. Briefings are held the last Wednesday of every month from 1 to 3 p.m. All personnel must sign in by 12:45 p.m.

A-76 Town Hall Meetings, Aug. 25, 26

The next A-76 Town Hall meetings will be held Aug. 25, 1:30 to 3 p.m. at the Roadrunner Community Center, Bldg. 2797 on Stanley Road and Aug. 26, 1:30 to 3 p.m. at Headquarters Bldg. Conference Room, Camp Bullis.

FSH ISD Board Meeting, Aug. 26

The Fort Sam Houston Independent School District Board will meet on Thursday, Aug. 26 at 11 a.m. in the FSH ISD Professional Development Center, 1908 Winans Road.

MEDCOM Change of Responsibility Ceremony, Aug. 27

Command Sgt. Maj. Sandra Townsend, U. S. Army Medical Command, will relinquish responsibilities to Command Sgt. Maj. David Eddy at a ceremony on Aug. 27 at 8 a.m. at MacArthur Parade Field, corner of Harry Wurzbach and Stanley Road.

VI Services relocates

Visual Information Services has relocated from Bldg. 913 to Bldg. 2267, located on Hancock and Wilson roads, formerly the Army Transition Office. VI Services is responsible for audiovisual equipment loan, presentation services and mobile public address support. New work order phone number is 221-1747.

Army Soldier Show cast entertains thousands at the Alamodome



Photo by Esther Garcia

Brig. Gen. Daniel F. Perugini, commander, U.S. Army Medical Department Center and School and Fort Sam Houston thanks Sgt. 1st Class Tarron Pierce, NCOIC, the 2004 Army Soldier Show, for a great evening of entertainment on behalf of the men and women who are serving their country here in San Antonio. The show was held at the Alamodome on Aug. 11.

Fifth Army, 75th Division (TS) Soldiers travel to Jordan, learn Arab culture

By Master Sgt. C.S. Allbright
Fifth U.S. Army Public Affairs Office

Under a blazing Middle Eastern sun, U.S. Soldiers evacuate a building containing a simulated bomb as about fifty Jordanian men, women and children stream into the parking lot outside. Some role players attempt to reenter the building, while others chant tirades against the U.S. for planting the bomb. Managing this chaos was one of many scenarios U.S. troops faced at the Arab Cultural Awareness course at the Peacekeeping Operations Training Center in Zarqua, Jordan.

About 100 Soldiers from a dozen U.S. installations participated in the training, which is an ongoing, cooperative venture between the Third U.S. Army and the Jordanian Royal Military Academy. Soldiers from the Headquarters, Fifth U.S. Army and the 75th Division (Training Support) were among those attending. Many of the participants are training units headed to Iraq and Afghanistan, while others are themselves scheduled to rotate into Iraq later this year. The most recent course was the fifth iteration. More than 300 U.S. Soldiers have been through the course since its inception in October 2003.

Soldiers trained in checkpoint operations, building clearing, handling detainees, convoy operations, and media awareness. With the emphasis on respecting the Arab culture while accomplishing the mission.

Jordanian military officers work closely with U.S. military counterparts throughout the events. The Jordanian officers bring their experiences from U.N. peacekeeping missions in Africa, Eastern Europe and Asia.

"If you go to India or you go to China, and you make a cultural mistake or there is some sort of cultural misunderstanding, it

See **JORDAN** on Page 4

Army eliminates senior rater profile on company-grade OERs

By Joe Burlas
Army News Service

Senior raters evaluating lieutenants, captains and warrant officers 1 and 2 will change the way they compare the rated officer with his or her peers in the active Army after Oct. 1.

Specifically, the change eliminates the use of block 7b of the Officer Evaluation Report, Department of the

Army Form 67-9, for company grade officers and warrant officers 1 and 2.

The current senior rater profiling contains four ratings: above center of mass, center of mass, below center of mass retain and below center of mass do not retain. With Human Resources Command input, it reflects where the senior rater has rated other officers of equal rank in the past and where

the senior leader thinks the rated officer falls in a direct peer-to-peer comparison.

Senior rater profiling will be retained for use in rating majors and above, and warrant officers 3 and above.

"We're getting away from that competitive peer-to-peer comparison at the company grade and lower warrant officer level to allow more leader focus on developing

See **OERS** on Page 4

Attention personnel assigned to AMEDDC&S

Effective today all personnel with orders assigning them to Army Medical Department Center and School will report to 32nd Medical Brigade, Bldg. 902 for in-processing. The Officer and Enlisted Strength Managers will move from Bldg. 2263 to Bldg. 902, Wagner Hall. The new phone numbers are: 221-3369, Officer Strength Manager and 221-4542 or 221-3177, Enlisted Strength Manager.

Bush announces global posture changes over next decade

By John D. Banusiewicz
American Forces Press Service

The United States will redistribute forces now stationed at overseas locations "where the wars of the last century ended," President Bush announced in Cincinnati Aug. 16.

The president's announcement came during an address to the national convention of the Veterans of Foreign Wars.

"The world has changed a great deal," Bush said, "and our posture must change with it for the sake of our military families, for the sake of our taxpayers, and so we can be more effective at projecting our

strength and spreading freedom and peace."

America's current force posture in Europe, Bush explained, was designed to guard against Soviet aggression. "The threat no longer exists," he said.

The decision to redistribute forces comes after three years of study and consultations, Bush said. "We've consulted closely with our allies and with Congress. We've examined the challenges posed by today's threats and emerging threats." The result, he said, will be "a more agile and flexible force."

As the new global posture takes shape over the next 10 years, Bush said, more

U.S. troops will be stationed at, and deployed from, home bases in the United States.

"We'll move some of our troops and capabilities to new locations so they can surge quickly to deal with unexpected threats," Bush said. "We'll take advantage of 21st century military technologies to rapidly deploy increased combat power."

The new plan, the president said, will strengthen U.S. alliances and build new partnerships around the world, and will reduce stress on military people and their families.

"Although we'll still have a significant presence overseas, under the plan I'm

announcing today, over the next 10 years we will bring home about 60,000 to 70,000 uniformed personnel and about 100,000 family members and civilian employees."

This, he explained, would give service members more time on the home front, as well as more predictability and fewer moves over a career.

"Our military spouses will have fewer job changes, greater stability, more time for their kids and to spend time with their families at home," he added.

Taxpayers will benefit from cost savings realized by closing obsolete overseas bases and facilities, the president said.

Fort Sam Houston News Leader

This Army newspaper is an authorized publication for members of the Department of Defense. Contents of the News Leader are not necessarily the official views of, or endorsed by, the U.S. government or Department of the Army. It is published weekly by the Army Medical Department Center and School and Fort Sam Houston Public Affairs Office, 1212 Stanley Rd., Suite 4, Fort Sam Houston, Texas 78234-5004, telephone (210) 221-0615, DSN 471-0615. Printed circulation is 10,000. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected. The editorial content of this publication is the responsibility of the director of public affairs. The News Leader is published by Prime Time, Inc., The Herald Newspaper Group, 17400 Judson Road, San Antonio, Texas 78247, telephone (210) 453-3300, a private firm in no way connected with the U.S. government, under exclusive written contract with the Army Medical Department Center and School and Fort Sam Houston public affairs office. The civilian printer is responsible for commercial advertising. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the U.S. Army or Prime Time, Inc., The Herald Newspaper Group of the product or services advertised. Stories and photos for publication consideration may be e-mailed to news.leader@samhouston.army.mil or turned in on a floppy disc accompanied by hard copy, by noon Monday.

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Military medical personnel provide health care to Rio Grande Valley residents

By Spc. Kenneth Melkovitz
100th Mobile Public Affairs
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As the sun and temperature rose, residents of the Rio Grande Valley watched as service members and civilian health care volunteers arrived at their respective local area grade schools. They waited in line, some since the early morning hours, to receive free medical and dental services provided to them by trained health care providers during Operation Lone Star 2004.

Many of those waiting, ranging from small children to the elderly, were border area residents who lack the financial resources to obtain regular and complete medical care.

Once again, Operation Lone Star was in full swing, prepared to treat thousands of local residents across the Rio Grande Valley region. The annual training event includes members of the Texas Army National Guard, U.S. Navy Reserve and U.S. Marine Corps Reserve. The operation also includes civilian health care agencies and local government organizations. This year, members of the Texas Medical Rangers of the Texas State Guard participated for the first time.

OLS offers general medical care, adult dental care, sports

physicals, eye exams, immunizations, diabetes screening, high blood pressure screening and pharmacy service — all without charge.

“Operation Lone Star brings to the local community an opportunity and the resources to give border area residents hope and comfort knowing that society has not forgotten them and that there are organizations which care about them and want to help,” said Angela Gonzalez, a registered nurse with the United Methodist Health Care Ministries of South Texas.

Gonzalez, who was among nine registered nurses from the health care ministry, feels that OLS helps local residents a great deal because there is such limited medical and dental care in the region that these people can afford.

“Many of the health clinics in the Rio Grande Valley are not accepting new patients,” said Gonzalez. “If the patient is lucky enough to get on a waiting list, many times they will have to wait three or four months to get some sort of service. OLS gives them the opportunity to be seen by a doctor or a dentist, even if it’s just once a year.”

Gonzalez added that some patients come back every year to OLS, seeking medical attention or for a regular annual checkup.

Military medical personnel from the various services involved in OLS feel that this humanitarian mission is very beneficial to thousands of civilians who need help.

“We do a good thing by identifying these medical problems,” said Capt. (Dr.) William T. Gray, who serves with the Texas Medical Command, Texas Army National Guard. “We could even do more.”

For Spc. Tiffany Carrion, a patient administrative specialist who worked in the pharmacy, this medical training mission provided her with valuable health care experience. It also gave her something invaluable — experience with a personal touch.

Accustomed to assisting National Guard Soldiers during crowded, fast-paced military medical processing, Carrion welcomes the chance to mingle with civilian families, especially the children.

“I think it’s good to help people who are less fortunate,” Carrion said. “Even though the services we provide are fairly limited, it’s still better than nothing and we give them the best of what we have to offer. I enjoy helping people and this is a good thing for the community.”

Petty Officer 3rd Class Andrew Hayes, a medical assistant with the 4th Dental Battalion, U.S. Navy Reserve, based in Marietta, Ga., said that OLS is beneficial to this community because the people here cannot afford medical services. “We help the patients, regardless of income,” said Hayes, who assisted a dental surgeon during the training mission.

During the two-week span of the operation, more than 900 patients received dental procedures.

OLS provides a unique opportunity for patients to receive vac-

inations and medical treatment for minor problems. Services also include screening for diabetes and hypertension.

“High blood pressure seems to be a problem that is prevalent in this area and throughout America, so OLS is a great opportunity to get the local residents screened for these types of issues,” said Cmdr. Martin Wadewitz, who serves with the 4th Medical Battalion, U.S. Navy Reserve.

For those patients who had more serious issues and in case of medical emergencies, pre-planned procedures were put into place.

“If the situation arose and a patient needs immediate medical care for a serious issue, typically what would occur is if its an emergency or the patient needs to be seen within 24 to 48 hours, the patient would be directed to a local facility,” said Wadewitz, who served as the medical officer-in-charge for the Brownsville location. “The doctors have the ability to refer the patient to the Texas Department of Health and get them into the proper medical treatment facility.”

Wadewitz said that, if it’s not a serious issue or condition, the patients are given information with referral resources, which are

here in the local community — free clinics or government-run community health clinics.

To make OLS a continued yearly success, a commitment from all organizations involved was imperative.

“It appears that there is a strong commitment by the Texas Army National Guard and U.S. Marine and U.S. Navy Reserve to this operation,” said Wadewitz. “We (military) get a lot of bang for our dollar — a lot of good training. It shows that we are willing to help our fellow man.”

The hard work and dedication of all the military and civilian personnel involved made it possible to perform more than 15,000 medical and dental services.

Once the job is done, those involved in the OLS training mission have the satisfaction of knowing they helped make a difference in someone’s life.

“OLS changed lives by impressing upon these people that America and the U.S. military are concerned about our citizens,” said Hayes. “Out of all of this, if we can make five people happy, more healthy, and can influence their life, this is what makes a difference.”



Photo by Staff Sgt. Tad Browning

Texas Army National Guard Col. Charles Killingsworth, a six-year veteran of OLS, gets a little motherly help to examine a young patient’s throat. Assigned to the Texas Medical Command at Camp Mabry in Austin, Texas, Killingsworth feels that the two biggest achievements of the mission are the immunizations and the fact that the local community is working with the military more and more each year.



Photo by Staff Sgt. Tad Browning

Sgt. Jose Rodriguez Jr., a Texas Army National Guard dental lab technician with the Texas Medical Command of San Antonio, translates and directs patients at the Ringgold Middle School treatment location. Born and raised in Brownsville, Rodriguez has participated in OLS three times.

Antiterrorism Awareness

Consider using these practices to enhance office security:

- A clean desk policy facilitates security by making it difficult to hide intelligence collection or explosive devices in offices.
- Avoid leaving papers, correspondence, communications materials, and other documents in plain view or unattended overnight.
- Lock office doors when vacant for any lengthy period, at night and on weekends.
- Keep offices not in use locked to prohibit unauthorized or undetected access.
- Arrange office interiors so that strange and unfamiliar objects left in the room will be immediately noticed.

Point of contact is Terri Stover at 295-0535, Fort Sam Houston Antiterrorism Office.

U.S. Army Health Clinic at Camp Bullis now open!

To all TRICARE Prime Beneficiaries (ages 64 and below)

Location: North Loop 1604 to Military Highway/Shavano Park exit. Clinic is 3.5 miles down and next to the Fire Station.

ENROLL NOW!

Contact: TRICARE Service Center at BAMC, Wilford Hall or the Randolph Clinic. Visit the CARES Desk to enroll (located in front of the Main Pharmacy at BAMC). Or call 1-800-406 2832

HEALTH FAIR

Aug. 27, 10 a.m. to 3 p.m.
Glucose, cholesterol, and blood pressure screening
TRICARE enrollment information

Comprehensive Health Care Services • Family Healthcare • Radiology • Laboratory • Immunizations • Pharmacy (for enrolled patients)

Jordan



Photo by Master Sgt. C.S. Allbright

Sgt. 1st Class Ruby Murray of the 18th Airborne Corps, Fort Bragg, N.C., talks to children at the traffic control checkpoint.

Continued from Page 1

is embarrassing. In tense atmospheres, these cultural misunderstandings might be fatal," said Jordanian Army Maj. Tareq Khalil Al-Boorini, one of the instructors. "I hope these classes given to the Americans add something to their information about our culture and traditions."

The emphasis on cultural sensitivity was a switch for many of the troops because it forced them to think about the ramifications of operating in an Arab culture. There seemed to be a fine line between the tactical and the tactful. Two examples repeated throughout the exer-

cise were not to mishandle the women and children, and not to touch the holy Koran. The intent was to avoid escalating a minor infraction into a bigger problem by violating another person's human rights or disrespecting their culture and religion. The course is still evolving and changing to meet the demands of the Iraqi theater of operations.

"I was in Iraq for a year and if I would've had a piece of what we had here, we might not of gone through a lot of the stuff we went through," said Staff Sgt. Michael Goins, of the 20th Engineer Brigade (Airborne) of Fort Bragg, N.C.

The scenarios were based on real situations faced by U.S. and coalition forces. The Soldiers' reactions to the various scenarios determined whether or not the incident ended peacefully or escalated into chaos. Many civilian Jordanian men, women and children took on roles as townspeople or villagers to give the training a sense of realism by creating a tense environment and working with people who speak the Arab language and live the culture.

"The American Army needs to be cognizant of the Muslim culture, but that should not impede how we do our tactics," said Master Sgt. Darryl Gill of the Fifth U.S. Army. "Force protection is the key, and we want to bring all Americans home safely."

The Fifth U.S. Army, one of two Continental U.S. Armies, has responsibility west of the Mississippi River for training National Guard and U.S. Army Reserve units preparing for deployment. Since Sept. 11, 2001, the Fifth Army has had oversight of more

than 100,000 troops for both CONUS and overseas deployments.

Participants from Fifth U.S. Army included five from the Headquarters Company at Fort Sam Houston: Sgt. Maj. Sammy Sablan, Master Sgts. Darryl Gill and Chris Allbright, and Sgts. 1st Class Charles James and Troy Johnson. Those attending from units of the 2nd Bde, 75th Div. (TS), with headquarters at Fort Sam Houston, were: Majors Robert Pike and Monique Washington, Capt. Aaron Barta and Sgt. 1st. Class Daniel Pilewski. Also attending were Capt. Glyn Goldwire of 4th Bde, 75th Div. (TS) with headquarters at Fort Sill, Okla., Capt. Shane Gierstof, 3rd Bde, 75th Div (TS), with headquarters at Fort Riley, Kan., and Master Sgt. Michael Karpen, 35th Field Training Group, of Fort Leavenworth, Kan.

"I hope to incorporate cultural awareness into all training conducted for mobilizing troops deploying into theater," said Pike, the assistant S-3 for the 2nd Bde., 75th Div. (TS).



Photo by Master Sgt. C.S. Allbright

Soldiers inspect an apartment where weapons are hidden as the civilians are questioned and searched.

OERs

Continued from Page 1

leaders and fostering closer unit cohesion," said Maj. Gen. Dorian T. Anderson, Human Resources Command commanding general.

Along with the end of peer-to-peer comparison at the company level, the Army will also expand developmental plans and counseling requirements beyond junior officers to include captains and warrant officers 2 in the active Army effective Oct. 1. Future version of DA Form 67-9-1a, Junior Officer Developmental Support Form, will have the word "junior," deleted to reflect the inclusion of more senior officers and warrants.

The OER enhancements will eventually be made in the Army Reserve and National Guard, but each has its own unique requirements and timeline, officials said.

"Evaluations have to do two things: provide good solid feedback to the rated individual for development and it has to provide information for the system to use to select those qualified individuals for promotion to the next higher grade," Anderson said. "The challenge is to find the balance between feedback for

individual development and the information promotion boards need for selections. The enhancements of eliminating senior rater profiling, and at the same time requiring more senior involvement by raters in counseling and mentoring process, allows company grade officers to get more useable feedback about how they are doing in their job."

Company grade officers identified the lack of useful and ongoing feedback via OER requirements, and a "zero-defects" environment perception fostered by the OER process as major concerns during an extensive look at the Army's methods of growing and developing leaders. The Officer Army Training and Leader Development Panel results that identified those concerns were released in May 2001.

In 2002, the Army moved to mask, or remove to the restricted file, all lieutenant OERs once the officer reached the rank of captain in order to address part of the panel's findings.

The decision to mask those OERs at the rank of captain was to allow junior officers more room to grow, ease the zero-

defects perception and effectively remove comments from a junior officer's file that may be a reflection of an initial learning curve, said George Piccirilli, Evaluation Systems chief.

As far as the last OER enhancements go, Piccirilli said they are "in keeping with the Army's spirit of transformation — we are truly focusing on leader development."

To those who might think that the elimination of senior rater profiling is a ploy to retain more company grade officers in the Army, Anderson said that assumption couldn't be further from the truth as promotion selection rates are the highest they have been in decades. The selection rate of captain promotion board over the past six years has been consistently more than 90 percent. The selection rate of the last captain board, held last fall, was 92.3 percent.

"There is a perception among officers in the field that they can make no mistakes — that if they do, they will get a senior leader middle box check and that means they're not going to be promoted," Anderson said. "The

truth is that the promotion system picks up plenty of officers with center-of-mass ratings. The current enhancements allow for more interactive and ongoing discussions between the rated officer and rater about how the officer is doing and allows for timely correction of errors along the way."

The enhancements will also bring deeper depth of experience and knowledge into the mentoring process, as brigade commanders will have to review the development plans battalion commanders create for their captains, Anderson said. Under the current junior officer development system, company commanders create plans for their lieutenants and battalion commanders review them.

"The OER enhancements that we are talking about — expanding the requirements of the use of the developmental support form for company grade officers and WO2s, as well as eliminating the block check requirement for company grade officers and WO1s and WO2s — allows for leaders to focus on the real

development of their junior officers," said Anderson. "What we want to do here is ensure that our junior leaders are given the opportunity to be sufficiently mentored as future joint and expeditionary leaders and warriors."

An Army Knowledge Online mass mailing to all active Army officers went out Aug. 16 explaining the OER enhancements in greater detail. In addition, a HRC Military Personnel Message giving implementing instructions was sent the same day to all Army personnel activities.

Officers can provide feedback on this subject via e-mail to arnews@hqda.army.mil.

Prostate Cancer Awareness Day

The Brooke Army Medical Center Urology Clinic will conduct a Prostate Awareness Day, Sept. 23 from 7:30 a.m. to noon for military and retired military personnel 40 years or older only. No appointment is necessary.

Kazakhstan team tours local medical facilities



Photo by Alan Boedeker

Dr. David Stamper, director of the Trauma Simulation Center (left), demonstrates a patient simulator to Kazakhstan doctors during their visit to Brooke Army Medical Center Aug. 9.

**By Capt. Charles Russell
Wilford Hall Medical Center**

The 59th Medical Wing, in conjunction with the U.S. Central Command, hosted a delegation of medical officers from Kazakhstan Aug. 9-13. This is the first time Kazakhstan doctors have traveled to the United States to observe U.S. military medicine standards, techniques and training.

"This distinguished group traveled to San Antonio to gather information about our military medical facilities," said Lt. Col. (Dr.) Donald Jenkins, chief of trauma and General Surgery Flight commander at Wilford Hall

Medical Center. "Our programs, equipment and training are world renowned and they wanted to see the best."

Col. (Dr.) Marat Mekebekov, Lt. Col. (Dr.) Ibragim Kydyrmaganbetov, Lt. Col. Ildar Akhmetzhanov, Capt. (Dr.) Andrei Levchenko, and (Dr.) Yerzhan Smaiyl were accompanied by Col. (Dr.) Carey Cappell, command surgeon, U.S. Central Command, as they toured training and healthcare facilities at Fort Sam Houston, Brooks City-Base and Lackland Air Force Base.

Highlights of the five-day tour included exposure to flight surgeon, flight nurse/aeromedical evacuation technician, criti-

cal care air transport and expeditionary medical support training at the U.S. Air Force School of Aerospace Medicine. The tour included practical hands-on exposure to the equipment used by the men and women providing life-sustaining care in these environments every day.

The delegation toured the burn treatment center at the

Institute for Surgical Research and physicians from Brooke Army and Wilford Hall Medical Center emergency departments gave facility tours and briefings on being the entry point for trauma care in their respective facilities.

The visiting physicians observed medical procedures in Wilford Hall's cardiac catheterization lab and operating rooms, and received briefings on medical readiness training and civil disaster response preparedness.

"I believe we have witnessed the best delivery of healthcare there is in the world," said Kydyrmaganbetov.

Health Promotion Center

August Class Schedule

Class	Date	Time
Back Pain	19	2-3:30 p.m.
Body Fat Testing	20	8-11 a.m.
Introduction to Weight Reduction	20	Noon-1:30 p.m.
Breastfeeding Support Group	20	1-2:30 p.m.
Diabetes Education	23	12:45-4:30 p.m.
Office Yoga	24	Noon-1 p.m.
Diabetes Education	24	12:45-4:30 p.m.
Tobacco Cessation		
"Readiness to Change"	24	5-7 p.m.
Breast & GYN Cancer Support Group	24	5:30-7 p.m.
Active Duty Self Care	26	8-10 a.m.
Tobacco Cessation		
"Readiness to Change"	26	2-3:30 p.m.
Breastfeeding Support Group	27	1-2:30 p.m.
Diabetes Education	30	12:45-4:30 p.m.
Office Yoga	31	Noon-1 p.m.
Diabetes Education	31	12:45-4:30 p.m.

For information, call Health Promotions at 916-3352. Health classes are open to all DOD civilians and military beneficiaries.

'Kick' the habit; attend the Tobacco Cessation Program at the Roadrunner

The Roadrunner Community Center will host a Tobacco Cessation Program sponsored by Brooke Army Medical Center's Health Promotions beginning Sept. 13, from 3-5 p. m.

The Tobacco Cessation Program is a two-part program. The first part is a two-hour session called "Readiness to Change" during which participants review the structure of the Tobacco Cessation Program, the dynamics involved in the cessation of tobacco use, and various quit strategies. The second part consists of seven weekly group sessions designed to help participants to develop the skills necessary to "kick" their tobacco habit.

Participants will enjoy the benefit of the multi-disciplinary staff that includes: a preventive medicine physician, a clinical nurse specialist, a pharmacist, a psychologist, and a nutritionist. The staff will assist participants on the use of behavior modification as the primary method to quit. However, the program also offers the medication Zyban to eligible participants who are interested in using medication help them kick the habit. Zyban is provided at no cost to military beneficiaries. Non-military participants can obtain a prescription to be filled through their civilian healthcare resources.

The Roadrunner Community Center is located next to the San Antonio Credit Union.

To enroll call BAMC Health Promotions at 916-3352.



Commander shares his Iraq experiences with students



Photo by Esther Garcia

Capt. Marc Raciti, commander, B Company, 187th Medical Battalion, provides a briefing on Iraq to Officer Advance Course Nursing Track students, Willis Hall, on Aug. 10.

Capt. Marc Raciti, commander, B Company, 187th Medical Battalion, presented a briefing on Iraq to the students of the Officer Advance Course Nursing Track on Aug. 10.

Prior to taking command, Raciti, an Orthopaedic Physician Assistant, was deployed to Iraq in support of Operation Iraqi Freedom. He was temporarily assigned to the 101st Forward Support Battalion, part of the 1st Infantry Division, Fort Riley, Kan.

His presentation gave the students a better perspective of what to expect while deployed to the theater of operations. The briefing included pictures of trauma and medics, nurses, physicians and physician assistants operating in real world trauma situations. It also focused on the living conditions, safety, and mission to include medical evacuation.

The briefing provided the students a realistic, first hand insight to those who have not deployed, and brought some bittersweet memories to those who already had deployed.

Raciti stated he put together a briefing because he did not have the opportunity to view something like this prior to his deployment. If he had, he would have been better prepared.

Raciti hopes that his experiences will help the students better prepare mentally for deployment.

"Somehow knowing what to expect helps ease some of the anxiety of going over to Iraq," said Raciti.

He concluded his briefing with a series of questions and answers from the students. However, some students who had been deployed also shared their experiences with Raciti and other students.

Source: B Company, 187th Medical Battalion.

Inspiring Hope & Possibilities

2004 Federal Women's Program Training Day

Kelly Field Club - Thursday, Aug. 26 - Cost \$40

Schedule of Events: Registration - 7-8 a.m.

Basics of Starting a Business - Mr. Fernando Guerra, Contracting Specialist, SBA

Assertive Women in Federal Government - Maximize Your Potential - Ms. Angela Swain, ACS Family

Keynote Speaker - Ms. Dora Alcala, Mayor, City of Del Rio

Women & Investing - Ms. Sheila Willits, Sr. Regional Sales Director, Mass Mutual Financial Group

Fundamentals of Leadership - Mr. Michael A. Tavitias, Jr., Resource Management Director, CPSG

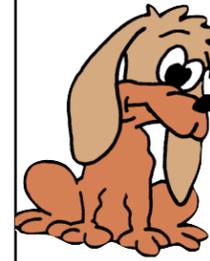
Keys to Personal & Professional Success - Joann Robertson, Chief, Civilian Personnel, Ft Sam Houston

Registration deadline Aug. 20. Call today to reserve your spot (210) 534-8875, ext 241 or reserve via email to gloria_gonzales@nps.gov. For additional information or if you have special needs (arrangements will be made) contact: Ms. Gloria Gonzales (210) 534-8875 ext 241, e-mail gloria_gonzales@nps.gov or Ms. Rosie Prieto (210) 977-3170 ext 403, email rosemary.prieto@lackland.af.mil

Lackland Veterinary Treatment Facility offers Walk-In Vaccination Clinic

The Lackland Air Force Base Veterinary Treatment Facility will conduct a walk-in clinic for pet vaccinations on Saturday, Aug. 28 from 8:30 a.m. to 12:30 p.m.

Services available include vaccinations, heartworm tests, and feline leukemia tests. No sick call will be conducted.



Military personnel eligible to bring their pets include active duty, retired, and reservists on orders. All are required to show valid ID card and reservists must bring a copy of current orders. For information, call (210) 671-2245 or (210) 671-3354.

Unique mission of 91H course provides troops sight to fight



Courtesy photo

91H Optical Laboratory Specialist prepares blocks for the finishing process and the Soldier in the rear is using the injection mold system to manufacture lenses.

Sgt. 1st Class Kevin Strickland
Special to the News Leader

The mission of the 91H Optical Fabrication Laboratory Specialist is to provide quality prescription eyewear to all active duty and eligible personnel.

The 91H course is conducted at the Naval Ophthalmic Support and Training Activity and Tri-Service Optician School. The course curriculum provides students the necessary knowledge of ophthalmic optics, ocular anatomy and physiology, optical laboratory supply and administration, and optical laboratory procedures. Students who complete the course are sufficiently trained to completely fabricate and dispense prescription military eyewear in both fixed and field environments.

In 1998, the Department of Defense Optical Fabrication Enterprise was established to combine Army and Navy optical fabrication resources and to develop better business practices. Over the past six years,

the workload of DoD optical laboratories has almost doubled. Due to improved business practices the laboratories continue to produce quality eyewear in a timely manner with very little if any increase in operating budgets.

The unique mission of the 91H operating at the optical fabrication element and the 91H is to support operational readiness of all DoD forces for contingency and humanitarian missions worldwide. The 91H provides prescription eyewear, optical fabrication and initial supply to force projection platforms. The single integrated medical liaison mission supports all DoD Armed Forces providing functional single and multi-vision optical re-supply and fabrication services in theater. Divisional level optical field units provide the first level of optical fabrication support for troops within divisional units and separate brigades.

During the past two years in conjunction with the Medical Reengineering Initiative, a new Medical Equipment Set has been designed to provide optical fabrication laboratories multi-vision capability by utilizing an injection mold system. This set replaces the full service optical lab of the Medical Logistics (rear) and marks a significant reduction in cube, weight, and cost. In 2003, a mobile optical laboratory was designed that can be deployed to power projection and remote tactical sites. The mobile unit has the same multi-vision capability as the MES using the same injection mold system.

Upon graduation from the 91H course, the new opticians are eligible to transfer 34 credits from the Optician School to one of the local area colleges toward an Associates in Applied Science degree with a major in Opticianry. The new opticians need to complete the remaining required courses (33 credits), which will soon be available through distance learning, to receive an Associate Degree in Opticianry. Credits from this AAS degree in Opticianry can be applied to a four-year Bachelor of Science degree in Government Administration at Christopher Newport University, a four-year institution in the local area. The Tri-service optician school also supports study classes for staff members preparing for the American Board of Opticianry exam.

Next Sponsorship class set for Aug. 26

The next Sponsorship Training is scheduled for Aug. 26, 2-3 p.m. at the Roadrunner Community Center, Bldg. 2797. The Sponsorship Program helps commanders exercise their basic responsibility for assisting Soldiers, civilian employees, and families successfully relocate in and out of their commands. Per Army Regulation 600-8-8, Army Community Service conducts quarterly Sponsorship Training to assist commanders and leaders at all levels to have Soldiers trained and ready to perform the duties of a sponsor. The sponsor will receive helpful hints, step-by-step instructions, and practical advice. Other topics include: Up-to-date relocation information; information on writing sponsorship letters; information on assisting the Soldier and family members settle into the new community; and videotape about the Sponsorship Program.

For reservations, call the Army Community Service Relocation Program Manager at 221-2418.

A Company, 187th Medical Battalion sponsors voting assistance booth at Blesse



From left Staff Sgt. Israel Grimm, 2nd Lt. Roland Breden, 1st Lt. Christopher Burciaga of A Company, 187th Medical Battalion, responded to questions from more than 300 individuals who stopped by the "Sign Up and Vote" booth at Blesse Auditorium Aug. 11.

**Story and photo by Capt. James Jones
Special to the News Leader**

A Company, 187th Med. Bn. sponsored a voter registration and absentee voting booth at the AMEDD Center and School Blesse Auditorium for the 187th Medical Battalion student officers and enlisted Soldiers on Aug. 11.

The unit voting assistance team provided an opportunity for all the students to

discuss voting registration questions with knowledgeable voting assistant officers and get detailed information about voter registration and absentee ballots.

A Company's voting assistant officers, 1st Lt. Christopher Burciaga, 2nd Lt. Roland Breden, and Staff Sgt. Israel Grimm, met with students, cadre, and members of the civilian work force throughout the day. Manning the booth for more than 10 hours, the team responded to

questions from more than 300 individuals who stopped by the booth. Soldiers were provided forms, instructions, and prepaid envelopes to make the registration process simple and convenient.

Prior to establishing the information booth, Drill Sgt. Dina Pang-Smith, the battalion voting assistant officer, provided online classes, CD training, and validated A Company's voting assistant officers.

On Nov. 2, U.S. citizens will vote to elect the president, vice president, 34 U.S. senators, the entire U.S. House of Representatives, 13 state governors, and hundreds of local officials. The outcome of these elections will shape the nation's future.

As Soldiers, we defend democracy and freedom all around the world and we want Soldiers assigned to the command to be able to exercise their right to vote. Every Soldier has the opportunity to vote regardless of how far away they are from home. Voting is a privilege and the responsibility of every U.S. citizen.

Voting materials can be found at the following Web sites: Federal Voting Assistance (Absentee Voting):

www.fvap.gov; Voting assistance: www.registerandvote2004.org; Election Information: www.stateofthevote.org.

Personnel must register to vote prior to October. After registering, a confirmation will be sent to you. Before the elections, information on where to vote or an absentee ballot (if you registered absentee) will be sent to you. If you do not receive a confirmation, contact your local voting officials or unit voting assistance officer to ensure that you get an opportunity to vote.

ACAP Center sponsors Mini Job Fair, Aug. 26

Northrop Grumman/Vinnell are looking for ex-military personnel to fill numerous positions in Saudi Arabia. The position descriptions are available on MS Outlook Admin-Info or at the ACAP Center, Bldg. 2264 on the corner of Stanley Road and Connell Road. Most positions will be filled with prior service officers or senior NCOs.

Recruiters will be available Aug. 26 from 10 a.m. to 3 p.m. in Room B099 in the basement of Bldg. 2263 on Stanley Road.

For additional information, call the ACAP Center at 221-1213.

Join the FSH Mentor Program, make a difference in a child's life

Mentors needed for new academic year

The Fort Sam Houston Community Mentor program for the 2004-2005 School Year will kick off on Aug. 25, from 11 a.m. to 1 p.m. at the Installation Chaplains Office, Bldg, 2530 (next to the Burger King). Returning mentors, new mentors, and anyone interested in becoming a mentor is invited. Active duty military, DoD civilians, retirees, and family members over the age of 18 may become mentors. Bring a friend or co-worker who might be interested in becoming a mentor and join us for a free lunch and pick up your mentoring supplies, new program information, and an application.

Become a mentor and make a difference. Attend the annual kick-off event, and spread the word that students benefit greatly by having a committed adult mentor to look up to. Approximately 200 new mentors must be recruited annually to replace those who have moved or retired.

Volunteer mentors are needed to help students in 17 schools within several independent school districts including Fort Sam Houston and the San Antonio Independent School Districts during the academic year. Counselors and personnel from the partnership schools will speak about their respective school's student population and needs.

The Mentor Program is a command-sponsored program supported by all commands at Fort Sam Houston. Commanders believe that military personnel and civilian employees at Fort Sam Houston are examples of what a good mentor is, and allow mentors 60-90 minutes of duty time per week, mission permitting, to mentor a child or teen.

Soldiers, government employees, family members, retirees, and DoD civilians volunteer to serve as mentors one hour a week, to students who are in academic and social at-risk situations. They provide positive role models for youth; help promote the Army values of good citizenship; encourage academic success and enhance the student's self-esteem. The mentor makes a difference in a child's life by providing a "caring adult" for every child who needs a little help. They help a child say "yes" to school, "yes" to life, "no" to drugs, violence and gangs.

The program offers volunteer mentors the flexibility of selecting the school, grade level, ethnic preference, and time of mentoring. There is a gender match also. A one time, one-hour orientation is required for new mentors before they can be assigned a student. An orientation session is held every Tuesday from 11:30 a.m. to 12:30 p.m. at the Installation Chaplains Office, Bldg. 2530.

For more information or to obtain an application, call Brian Merry at 221-5005 or contact Iva Winslow, at 221-5007 at the Installation Chaplains Office. You may also visit the FSH Mentor Web site at

<http://cs.amedd.army.mil/chaplain/mentor>.

Source: Installation Chaplains office.

The FSH Mentor Program provides mentors for the following schools:

- Artemesia Bowden Elementary School
- Ball Elementary
- Bella Cameron Elementary School
- Booker T. Washington Elementary School
- Elizabeth Tynan Elementary School
- Fort Sam Elementary School
- Fox Tech High School
- Gates Academy
- Gonzalez Achievement Center
- John J. Pershing Elementary School
- Kelly Elementary School
- Serna Elementary School
- Leon Springs Elementary School
- Phillis Wheatley Middle School
- Robert G Cole Jr/Sr High School
- Sam Houston High School
- Southwest Prep High School

Ethics Training 2004

Listed below is the schedule for the remaining ethics training for Army Medical Department Center and School and Fort Sam Houston military and civilian personnel. There will be a sign language interpreter available at the Sept. 1 training. This training is mandatory and attendance will be reported to the Acting Secretary of the Army.

Commanders and supervisors may contact Mario Rendon by e-mail at the Administrative and Civil Law Division, Office of the Staff Judge Advocate, AMED-DC&S and Fort Sam Houston, for an electronic copy of the sign-in sheets to verify their employees' attendance.

All training will be held in Evans Theater, Bldg. 1396, on Garden Avenue. No reservations are required and seating is on a first come basis. Questions may be directed to the Ethics Counselor, AMEDDC&S and Fort Sam Houston, at 221-2373 or 221-0485.

Ethics Training Schedule

Date	Time
Sept. 1	9:30 -10:30 a.m.
Sept. 15	9:30 - 10:30 a.m.
Oct. 5	9:30 - 10:30 a.m.
Oct. 20	9:30 - 10:30 a.m.
Nov. 3	1:30 - 2:30 p.m.
Nov. 17	9:30 - 10:30 a.m.
Dec. 1	9:30 - 10:30 a.m.
Dec. 15	1:30 - 2:30 p.m..

AAFES values your feedback

The Army and Air Force Exchange Service want to know how well they are serving you, the customer. If you have a suggestion on how AAFES can serve you even better, we want to hear it. Log on to www.aafes.com for easy access to our on-line customer comments. Click on "Contact Us" at the bottom page and you'll be directed to our on-line form. Your comment will receive prompt attention and a quick reply.

In addition, you can fill out a manual customer comment form — they're located in all of our retail and food facilities, along with a drop box that is checked daily.

AAFES is your "Company store." We work hard to provide the best possible service to our customers, but we appreciate your feedback to make us even better. We value having you as our customer, and we depend on your continued support.

Army changes official photo policy

Effective immediately, all enlisted personnel Official Military Photos will be sent electronically to the Enlisted Soldier Promotion Selection Board; hard copy prints of these photos will no longer be available. This does not include Officers at this time, who are still required to submit hard copy photos for selection board consideration. For more information on Official Military Photos, please visit this web site <http://doim.army.mil/viweb/>, or call 221-5453 for inquires and/or appointments.

232nd Medical Battalion announces Junior Leader and Soldier of the Week



Photo by 1st Lt. Mia Brockett

Pfc. Katie Hooker demonstrates the proper way to perform advanced airway management using a Combi-tube. Hooker was selected 232nd Medical Battalion Soldier of the Week. She is assigned to E Company. "Teamwork is key. You need your battle buddy in and out of the classroom. You don't realize it until you need to call for help; and we must

always be ready to give assistance," replied Hooker, when asked what was the most valuable lesson she learned while assigned to the battalion. The Columbus, Ohio native said she joined the Army to serve her country and help pay for college. She will attend the University of Cincinnati in January to pursue a degree in nursing. She has an overall GPA of 93 and scored a 261-combined score on her physical fitness test.

Pvt. Patrick Ockander performs advanced airway management using a Combi-tube. Ockander was selected 232nd Medical Battalion Junior Leader of the Week. He is assigned to E Company. "Life is what we make of it, and the opportunities exist, but we must take advantage of them," replied Ockander, when asked what was the most important lesson learned while assigned to the battalion. A native of Coeur d'Alene, Idaho, Ockander states that he joined the military because he wanted to help others while serving his

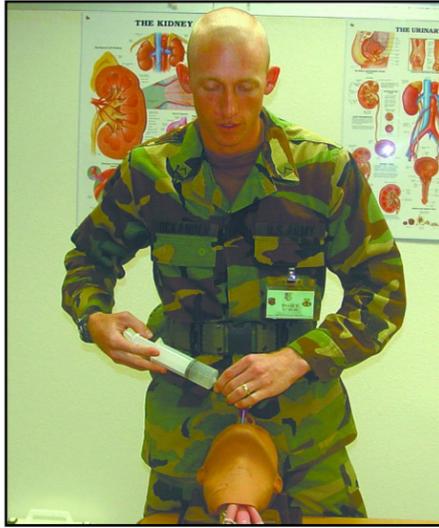


Photo by 1st Lt. Mia Brockett

country. His goals include pursuing his education and eventually becoming a Physician's Assistant. He has a 91 overall GPA and scored a combined 290 on his physical fitness test.

MWR Youth Happenings

Free After School Program for Middle School Students -

Youth Services offers an After School program for Middle School youth grades 6-9 on Monday through Friday after school until 6 p.m. YS will pick up your child from the Elementary or the Jr./Sr. High School and take your child to the Youth Center. After a snack the student will work on homework, participate in clubs and other fun innovative projects. Students can join the 4-H Club, Photography Club, Computer Tech Club and a variety of other clubs. The best feature of this program is that this is a free program. However, students must register with Child and Youth Services for an annual fee of \$18. For information, call 221-3502.

Football and Cheerleading Registration -

Football and cheerleading registration is ongoing at the Youth Center Monday through Friday from 10 a.m. to 7 p.m. The cost for football is \$55 for the 1st child, \$50 for the 2nd and \$45 for the 3rd child. Cheerleading is \$50 for the 1st child, \$45 for the 2nd and \$40 for the 3rd. A birth certificate, current physical, shot records and current CYSD registration are required.

Soccer Registration -

Alamo Heights Fort Sam Houston Soccer League registration will be held at the Youth Center on Saturday, Aug. 21 and 28 from 9 a.m. to 3 p.m. The cost is \$50 for youth ages 10 and under and \$50 plus \$15 for uniforms for 11 and up. Birth certificate and physical are needed and youth must be CYSD registered. For more information call 221-3502/5513.

Middle School and Teen Pool Party -

Youth Services will hold a Pool Party at the Fort Sam Houston Pool for youth in 6th grade through 12th grade on Friday, Aug. 13 from 8 to 11 p.m. The cost will be \$3 per person. All youth must be a CYSD member to attend this pool party. There will be food, music, and lots of water fun! The Youth Center will close that night at 8 p.m. There will be a van shuttle leaving from the pool at 10:30 p.m. for all ages. For more information, call 221-3502.

Youth Service Volunteers -

YS is looking for volunteers to assist with youth programs. We need coaches, computer skilled people, crafty people and those who care about kids. If you have a special interest or hobby that you would like to share with kids, you can share it at the Youth Center. For information, call the Youth Center at 221-3502.

Saturday Open Recreation -

Open recreation for youth in grades 1-12 is held at the Youth Center on Saturdays. Activities include computer lab, arts and crafts, basketball, pool, ping-pong, movies, and more. Youth must be registered with Child and Youth Services to be eligible. For information, call 221-3502. Open recreation hours for youths in grades 1-5, 3-8 p.m.; youths in grades 6-8, 3-10 p.m.; and youths in grades 9-12, 3-11 p.m.

Parents Wanted -

Parents are needed at the Youth Center every third Saturday of the month from 6-9 p.m. to join the Youth Center Staff team and play basketball against the teens and middle school students. Parents and staff try to

out maneuver the teens and score a few baskets. Come join us in a game or to cheer and enjoy refreshments.

Tae-Bo - Join the youth services staff as they conduct Tae-Bo Classes every Wednesday from 4:30-5 p.m.

Saturday Shuttle - YS



offers a Saturday shuttle to and from the Youth Center. There is no cost for this service but parents of children 9 and under must wait for the van and sign them in and out of the van with the YS staff member. The Shuttle schedule is as follows:

- 3 p.m. - Leave the Youth Center
- 3:07 p.m. - Gorgas Circle (picnic tables)
- 3:10 p.m. - Schofield/Dickman on Schofield
- 3:15 p.m. - Reynolds and Dickman on Reynolds
- 3:20 p.m. - Officer's Club tennis Courts
- 3:25 p.m. - Artillery Post Road at Bus Stop
- 3:30 p.m. - Easley/Infantry Post Bus Stop 660
- 3:42 p.m. - Patch Road (playground)
- 3:46 p.m. - Patch Road Shoppette Parking lot
- 3:50 p.m. - Foulois/Scott Road Harris Heights
- 3:54 p.m. - Forage/Foulois
- 4 p.m. - Powless Guest House

The return Shuttle will leave the Youth Center at 7:30 p.m. for those in 5th grade and below; at 9:30 p.m. for those in Middle School and at 10:30 p.m. for those in 9th grade and up. The shuttle service is only for youth who live on Fort Sam Houston.

Army Community Service

Family Advocacy Program Class August Schedule

Class Title	Date	Time
Beyond Your First Baby	26	8 a.m. – Noon
Building Effective Anger Management Skills (1-2)	19, 26	11 a.m. – 12:30 p.m.
Commanders Training	26	8 – 9:30 a.m.
Getting Ready for Childbirth (Series 1-3)	19	9 a.m. – Noon
Saturday Marathon	21	9 a.m. – 5 p.m.
Healthy Pregnancy	23	1 – 4 p.m.
Helping Us Grow Securely (H.U.G.S.) Playgroup	24, 31	9 – 11 a.m.
P.A.I.R.S. (Couples Course) (Four-part series)	25	6 – 7:30 p.m.
Parenting with Love and Logic (ages 0-12)	19	9 – 11:30 a.m.
Truth or Consequences? (Three-part series)	24, 31	4:30 – 5:30 p.m.
You and Your Baby	25	8 a.m. – Noon

To sign up for classes or for more information, call ACS Family Advocacy Program at 221-0349/2418.

Cash and Carry Sale of NAF Property, Aug. 25

A Cash and Carry sale of Non-appropriated Funds property will be held Aug. 25 from 8 a.m. to 3 p.m. in Bldg. 4205 Bay "B." Cash and checks with picture identification will be accepted forms of payment. All sales are final. Property is sold "As is." Used items available for sale include microwave ovens, bed spreads, blankets, carpet tile, desk chairs, lounge easy chairs, sleeper sofas, recliners, wingback chairs, love seats, tables, desks, wall art, assorted billeting furniture, monitors, filing cabinets. New items include TV armoire, cocktail tables, end tables, and more.

In addition, MWR will accept sealed bids on a 1987 Dodge Pick-up. There is no prior viewing of sale property. All property listed is subject to issue to NAF activities for continued use prior to date of sale.

For more information or directions, call the MWR Warehouse at 221-4449 or 221- 4950.

Child and Youth Services news



3-Day Part Day Preschool Program will start Sept. 8. Orientation for 3-Day Part Day Preschool will be Aug. 31 at 9 a.m. in the PCI, Bldg. 1720. Central Registration staff will contact individuals who are not registered with CYS. Currently, CYS is surveying interest for a 2-day Part Day Preschool Program. Call Central Registration to put your child's name on the list. Fees will be based on Total Family Income.

Family Child Care (FCC) offers home-based child care for ages 4 weeks to 12 years on and off post with certified providers. Types of care are full day, part day, before and after school care, hourly care, extended hour care and long term care. Referral information and child registration are available at Child and Youth Services Central Registration, 221-4871 or 221-1723. FCC is looking for family members interested in becoming certified

FCC providers to offer home based child care. There is a no-cost start up plan. For more information, call 221-3820 or 221-3828. The next FCC orientation will be held the week of Aug. 23.

CDC Categories Effective Oct. 1, fee structure at the CDC will be as follows: Category I- \$196 from \$181; Category II- \$295 from \$290; Category III- \$349 from \$346; Category IV- \$404 from \$393; Category V- \$462 from \$454 and Category VI- \$522 (no change). Hourly care will be \$2.50 an hour for patrons in Category I and \$3.50 and hour for Category II through VI. CDC's fee structure is based on Department of Defense policy and must be implemented consistently within and across Installation Management Agency Regions. This ensures consistency and predictability of CYS fee structure and procedures for Army patrons as they move from installation to installation and Region to Region.

The Child Development Center has full day immediate openings for ages 3 to 5 years.

To register please call Central Registration at 221-4871 or 221-1723.

Before and After School Care All patrons interested in Before and After School care will have to register, even if they are currently utilizing School Age Summer Camp. To register contact CYS Central Registration at 221-4871 or 221-1723. Parents need to provide proof of income and updated shots.

Child Development Center Waiting List - If your child's name is on the Wait List for full day care at the Child Development Center, check your status on the wait list from the day you complete the form; otherwise your child's name will be purged from the list. To check your status, call Central Registration at 221-4871 or 221-1723.

Instructional Classes - If you are interested in instructional classes such as Tae Kwon Do, piano, quarterly babysitter training or gymnastics, call 221-4882 or 221-4871/1723. For babysitter training or information, call 221-4871 or 221-1723.

School Age Services (Kindergarten - 5th grade) offers After School and Weekend Open Recreation (Open recreation available to children in 1st - 5th grade) opportunities and After School Hourly Care options. Hourly and Open recreation must be reserved in advance by calling School Age Services at 221-4466. Children must be regis-

tered through Central Registration prior to utilizing the School Age Program. To register, call Central Registration at 221-4871 or 221-1723.

Youth in 6th - 12th grade who seek summer recreational opportunities may contact Youth Services at 221-4882.

NOTICE:

The Fort Sam POL Station located at Bldg. 4050 on Wilson Road across from the Brought Fitness Center will be temporarily closed from 8 a.m. to 3 p.m. on Tuesday, Aug. 24. Any questions call 221-3108 or 221-3907.

Teachers welcome students and parents



Photo by Dr. Gloria Davila
 Triplets from left Nicholas, Christopher, and Mariah Dingman proudly show off the new Fort Sam Houston Elementary Cougar T-shirts their parents bought for them during "Meet Your Teacher" day. Parents are Sgt. Maj. Jack Dingman and his wife, Carmen.



Photo by Dr. Gloria Davila
 Parents eagerly look at class lists for the classroom assignment of their children at Fort Sam Houston Elementary. Students were able to meet their teachers early during "Meet the Teacher" day on Friday, Aug. 13.



Photo by Dr. Gloria Davila
 FSHISD Superintendent Dr. Gail Siller talks to elementary students on their first day of school. Students returned to the elementary school on Aug. 16 and were greeted with encouraging smiles, plenty of directions and support, and a big "Welcome Back!" greeting from the staff.



Photo by Dr. Gloria Davila
 Cole High School English teacher Pat Feola welcomes students back and provides them with a class syllabus on the first day of school. FSHISD teachers reported to work on Aug. 9 for a week of professional development and preparation.

FSH Independent School District

**Weekly Campus Activities
 August 23 - 28, 2004**

Fort Sam Houston Elementary School
 Tuesday, Aug. 24
 Open House for Grades 4, 5 and 6, 6 p.m.

Wednesday, Aug. 25
 Open House for Pre-Kindergarten, 10 a.m. group
 Open House for Pre-Kindergarten, 2 p.m. group
 Open House for Kindergarten, 4 p.m.

Thursday, Aug. 26
 Fort Sam Houston ISD School Board Meeting in Professional Development Ctr., 11 a.m.

Friday, Aug. 27 – Spirit Day

Robert G. Cole Jr./Sr. High School
 Monday, Aug. 23
 Monday Night Varsity Band Rehearsal at Cole Field, 6 p.m.

Wednesday, Aug. 25
 Open House for Grades 9 through 12 in Moseley Gym, 6:30 p.m.

Thursday, Aug. 26
 Fort Sam Houston ISD School Board Meeting in Professional Development Center, 11 a.m.
 Junior Varsity Football vs Three Rivers at Cole, 6 p.m.

Friday, Aug. 27
 Varsity Football at Three Rivers, 7:30 p.m.

PWOC begins Bible study, Aug. 25

The Protestant Women of the Chapel will hold their fall meeting Wednesday, Aug. 25, from 9:30-11:30 a.m. at Dodd Field Chapel. The theme for the year is, "Delight yourself in the Lord and He will give you the desires of your heart," from Psalm 37:4.

Laura Lantz, the Watchcare liaison for the group, encourages women to get involved in Chaplain-sponsored programs like Protestant Women of the Chapel and Catholic Women's Enrichment programs. "I have grown spiritually with these two wonderful programs and have enjoyed the fellowship with other Christian women," Lantz said. She especially likes the availability of Watchcare for her toddler and the friendly staff. She and the nursery staff will greet each new mom and child next Wednesday and welcome them to the chapel and the nursery.

The Protestant Women of the Chapel opens with Praise and Worship music and ladies will have the opportunity to select from several outstanding bible studies for the Fall including "Experiencing God," by Henry Blackaby; "Five Love Languages of Children/Teens/Spouses," by Gary Chapman; and "Celebration of Discipline," by Richard Foster. More studies will be added. For information, call Carolyn Wafford at 223-3856 or Lois Griffith at 226-1295.



Courtesy photo
Laura Lantz, Watchcare liaison for Protestant Women of the Chapel Enrichment Program, encourages women to get involved in chaplain-sponsored programs like the bible study program.

'Rainbow Kids' to hold open auditions

Fort Sam Houston's Youth Services announce open auditions for a performing arts group on Saturday, Aug. 21. The group is known as the "Rainbow Kids," and is open for boys and girls ages six through 13 years who like to sing, dance, and perform comedy or special acts. Auditions will begin at 10 a.m. at the Fort Sam Houston School Age Services Bldg. 1705, located off Winans and Dodd Roads across from the Dodd Field chapel.

Children who have special talents should have a routine prepared. The audition will consist of talking to the kids, hearing their voices, learning a simple dance step and answering questions. Visit the Rainbow Kids Web site at: www.geocities.com/azrainbowkids.

The touring performing arts group is dedicated to presenting professional quality, family style entertainment in a variety of settings. The music includes routines from the 1920s, 30s, 40s, 50s, 60s, Broadway, some modern and country and western. The non-profit group presents free programs ranging from 30 minutes to more than an hour at schools, churches, community and military events, youth and senior centers, shopping malls, and at patriotic events. This group performs year round with auditions twice a year.

For more information, call the Fort Sam Houston Youth Center at (210) 221-3502 or (210) 221-4882. You may also contact the School Aged Services at (210) 221-4466. Ron Joy can be reached at (830) 980-7786 or (210) 295-2093 or via e-mail at: rj96707@yahoo.com.

Want to reduce your credit debt?



If your answer is yes, we have good news for you. The Army Community Service Financial Readiness Program provides a service that can help. For more information, call 221-1612.

Post Worship Schedule

Main Post Chapel, Bldg. 2200, phone number: (210) 221-2754.

Catholic Services:

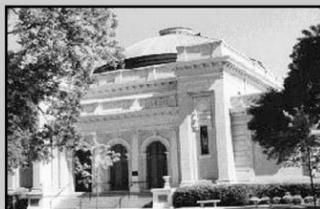
- 4:45-5:15 p.m. - Confessions - Saturdays
- 5:30 p.m. - Mass - Saturdays
- 9:30 a.m. - Mass - Sundays
- 11:30 a.m. - Mass - Weekdays

Protestant Services - Sundays:

- 8 a.m. - Traditional Protestant
- 11 a.m. - Traditional Protestant

Jewish Services: phone numbers: (210) 379-8666 or 493-6660.

- Fridays: 8 p.m. - Worship and 8:30 p.m. - Oneg Shabbat



Dodd Field Chapel, Bldg. 1721, phone numbers: (210) 221-5010 or 221-5432.

Catholic Services - Sundays: 12:30 p.m. - Bilingual Mass

Protestant Services:

- 5:30 p.m. - Contemporary Protestant - Sundays
- 10:30 a.m. - Collective Gospel Protestant - Sundays

9:30-11:30 a.m. - Women's Bible Study (PWOC) - Wednesdays, childcare is provided

AMEDD Regimental Chapel, Bldg. 1398, phone number: (210) 221-4362.

Troop Catholic Mass: Sundays:

10 a.m. - 32nd Medical Bde. Soldiers

Troop Protestant Gospel Services:

Sundays: 11:30 a.m. - 32nd Med. Bde. Soldiers

Troop Protestant Service:

9 a.m. - 32nd Medical Bde. Soldiers



FSH Mosque, Bldg. 607A, phone numbers: (210) 221-5005 or 221-5007.

1:30 p.m. - Jumma - Fridays

10:30 a.m. - Children's Religious Education - Sundays

7:30 p.m. - Adult Religious Education - Thursdays

Brooke Army Medical Center Chapel, Bldg. 3600, phone number: (210) 916-1105.

Catholic Services:

- 8:30 a.m. - Mass - Sundays
- 11:15 a.m. - Mass - Sundays
- 11 a.m. - Mass - Weekdays

Protestant Services:

- 10 a.m. - Worship Service - Sundays
- Noon - Worship - Wednesdays



232nd Medical Battalion Classroom, Bldg. 1380, phone numbers: (210) 221-5005 or 221-5007. **Mormon Services:** 10:30 a.m. - Sundays

Web site: www.cs.amedd.army.mil/chaplain

Army Soldier Show theme “The Heart of a Soldier” salutes Soldiers and families



Brig. Gen. Daniel Perugini, commander, U.S. Army Medical Department Center and School and Fort Sam Houston, and James Evetts, Director, Community Activities Business Center, present thank you gifts to the cast and crew of the 2004 Army Soldier Show at a reception held at the NCO Club on Aug. 10 in their honor. Spc. Timothy Dillon, an audio technician for the show from Fort Rucker, Ala. accepts his gifts.



232nd Medical Battalion Command Sgt. Maj. Michael Kelley visits with Sgt. Paul Kosby from Giebelstadt, Germany during the cast reception held at the NCO Club.



Army retired Brig. Gen. Charles Canedy with First Command, local sponsor for the 2004 Army Soldier Show, is serenaded by a member of the Las Altenas Mariachi group during a reception held for the cast and crew of the Army Soldier Show on Aug. 10 at the NCO Club.



Spc. Korey McAleesejergins from Fort Bragg, N.C., attempts to limbo with a member of the Las Altenas Mariachi group during the reception.



Sgt. Paul Kosby, from Giebelstadt, Germany, Sgt. Kevin Cherry, from Fort Lee, Va., and Spc. Korey McAleesejergins, from Fort Bragg, N.C., perform during the Army Soldier Show. The 90-minute show featured a variety of music, which included Country, rock, pop, gospel, rhythm and blues, and Latin music.



Spc. Korey McAleesejergins, Spc. David Clemo, both from Fort Bragg, N.C., and Sgt. Abimael Leon of the Texas National Guard, perform the Beatles hit “Yesterday” during the 2004 Army Soldier Show held at the Alamodome.



Sgt. 1st Class David Thompson from New Orleans, La., Spc. David Clemo, from Fort Bragg, N.C., and Sgt. Kevin Cherry, from Fort Lee, Va., perform during the 2004 Army Soldier Show. Communication between deployed Soldiers and their loves ones was the driving force behind the theme "The Heart of a Soldier." More than 5,000 Soldiers, family members and the San Antonio community attended the show.



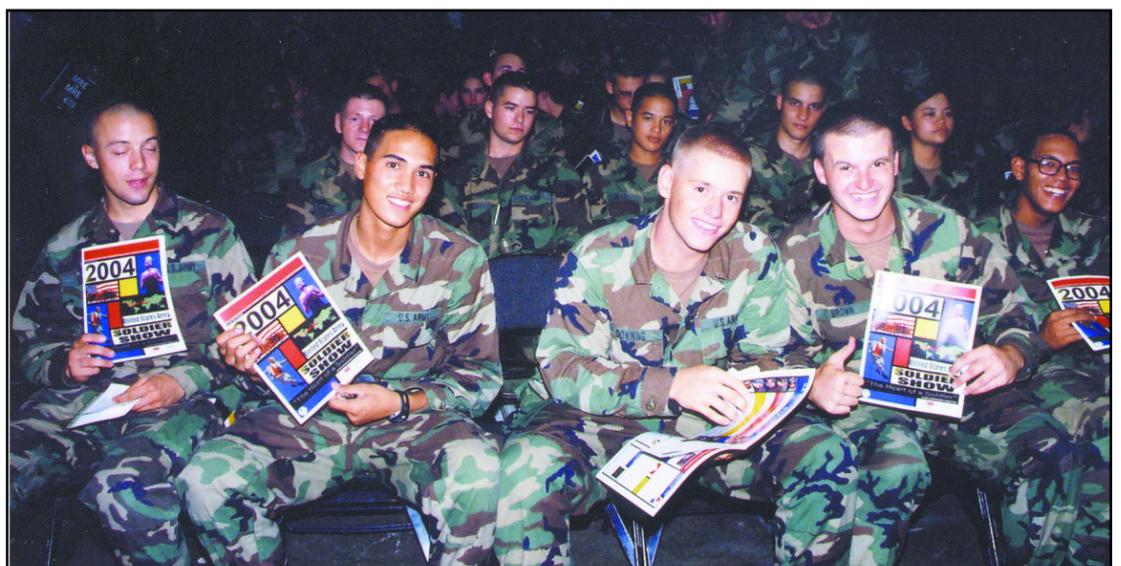
Spc. Clarence Reeves wows the crowd with his imitation of the singer, Prince, during the Army Soldier Show.



Joe Cavanaugh, assistant chief, Recreation and Fitness Division, Community Activities Business Center, and Richard Bartel, who is in the National Softball Hall of Fame, welcome the All Army Softball Trial Camp participants to the 2004 Army Soldier Show.

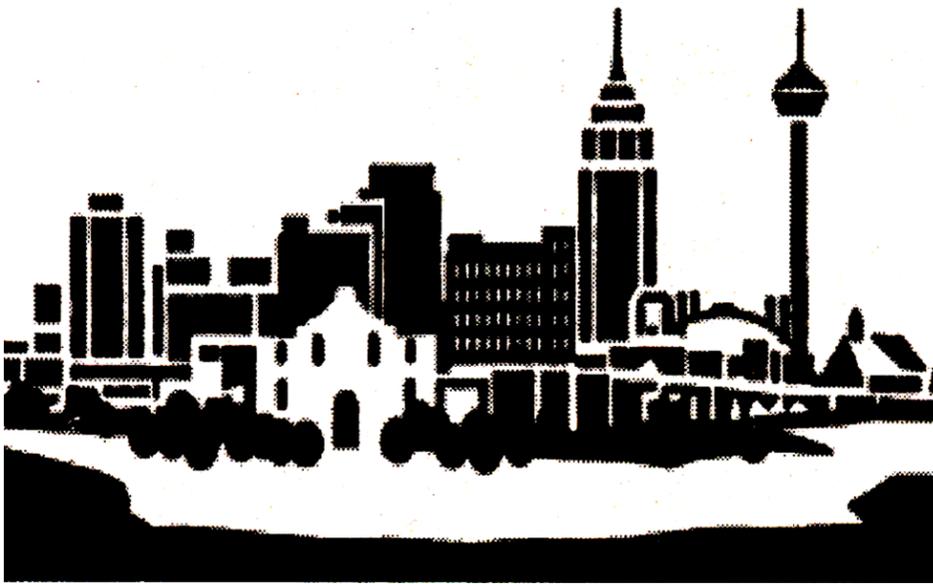


Students from the Technical Training School, Lackland Air Force Base, enjoy popcorn, sodas and candy prior to the start of the Army Soldier Show.



Initial Entry Trainee students assigned to 32nd Medical Brigade look forward to the 2004 Army Soldier Show held this year at the Alamodome. Students assigned to the Officer Basic Course also attended the show.

Que Pasa?



Community events

Rummage Sale Aug. 21

A rummage sale will be held on Saturday, Aug. 21 from 9 a.m. to 1 p.m. at the Texas National Guard Armory located next to BAMC 4255, IH 35 North. The Alpha Battery 2/131 Family Readiness Group will sponsor this event to benefit the homecoming of their Soldiers in Iraq. For information, call Spc. Horne (210) 226-3424 extension 1607. Traveling IH 35 South take the BAMC/Binz-Engleman exit.

Military Night at the Races, Aug. 21

Military in uniform (Class B) and their children are invited to the San Antonio Speedway for an exciting night of stock car racing for free, spouses receive 50% off regular admission. Event will feature NASCAR Late Model, Sportsman and Women on Wheels classes, and Richard Petty replica car and kids bicycle races during intermission. The San Antonio Speedway is located at 14901 State Highway 16 South, 3 1/2 miles outside Loop 410, gate opens at 5 p.m., opening ceremony start at 7:45 p.m.

ASMC Luncheon, Aug. 23

The Alamo Chapter of the American Society of Military Comptrollers invite all members and non-members to attend the August luncheon hosted by Headquarters, AFCEE on Aug. 23 from 11 a.m. to 1 p.m. at the Brooks Consolidated Club, Brooks Air Force Base. Guest speaker is Ian Smith, chief, Housing Directorate, AFCEE, who will speak about privatization. For information, call Wayne Wanner at (210) 221-7029.

OCSC Welcome Coffee at historic Stilwell House, Aug. 24

The Officer & Civilian Spouses' Club will host a Welcome Coffee at the historic Stilwell House on Tuesday, Aug. 24 at 10 a.m. Plan now to attend and to greet the newcomers. We will kick off the year with information about our programs and organizations at Fort Sam Houston. Our friendly, enthusiastic, members will make you feel right at home. OCSC membership is open to all active duty and retired officers' spouses, civilians and spouses GS-7 and above, and to active or retired female officers. For more information, call Ann Swiderski at 212-7913.

Summer Gazebo Concert, Aug. 29

Brig. Gen. Daniel F. Perugini, commander, Army Medical Department Center and School and Fort Sam Houston, will host a Summer Gazebo Concert featuring the Medical Command Band Aug. 29, 7 p.m., on Staff Post Road. The public

is invited. Vehicles without DoD decals must enter at the Walters Street gate.

FSH Newcomers' Extravaganza, Aug. 31

The next Newcomers' Extravaganza will be held Aug. 31 at 9 a.m. at the Roadrunner Community Center, Bldg. 2797 on Stanley Road. Attendance is mandatory for permanent party in-processing Soldiers in rank of lieutenant colonel and below within 60 days of their arrival. For information, call the Army Community Service Relocation Program at 221-2705 or 221-2418.

International Dancing, Fridays

Put down the remote and get some exercise! The San Antonio Parks and Recreation Department sponsors international dancing every Friday at 7:30 p.m. at the Lions Field Recreation Center located at 2809 Broadway. No partners necessary. For information call Jimmy at 520-4701 or Nelda at 342-2905.

Volunteer

Botanical Center Children's Fall Garden Program begins Aug. 28

It is time for the fall session of the children's Garden at the Botanical Gardens to begin. This is a great opportunity for children 8-13 to learn about basic vegetable gardening from experienced gardeners. Each child has their own garden plot in which to grow and harvest vegetables to take home. The program is located at the Botanical Garden Center at 555 Funston and is sponsored by the Men's Garden Club and the San Antonio Botanical Society.

The Fall session starts on Aug. 28 and meets every Saturday from 9 to 11 a.m. until early November. Participants must come every week. The registration fee is \$5. Registration is at the Botanical Center. For more information, call 207-3255.

Auditions for "Grace and Glorie" at the Harlequin, Aug. 30-31

The Harlequin Dinner Theatre will hold open auditions Aug. 30 and 31 from 7 to 8:30 p.m. both nights for the Neil Simon comedy "Grace and Glorie," with Bruce E. Shirky directing. Those who come to auditions should enter Fort Sam Houston through the Walters Street gate.

There are roles for two women; other volunteers are needed as assistant director, stage manager, light and sound technicians, props and stage crew.

Performances will be held Wednesday through Saturday evenings from Oct. 13 through Nov. 6. For information, call the

Harlequin Dinner Theatre at (210) 222-9694.

U.S. Army seeks Warrant Officer candidates

The U.S. Army is looking for highly motivated Soldiers, Marines, Sailors, and Airman to fill its Warrant Officer ranks. Positions are open in all 45 specialties for those who qualify. Applicants with less than 12 years active federal service are encouraged to apply. For more information and forms/documents required to apply, visit the Web site: www.usarec.army.mil/warrant or call DSN 536-0484/0458/0488/0478/0271/1860. The toll free number is 1-800-223-3735, ext. 6 and the last four of the phone number.

SHARE seeks host families for international students

SHARE is looking for host families for international exchange students for the upcoming school year. The students speak English; are covered by medical insurance and have spending money for their personal expenses. Host families provide a bed, meals, as well as friendship, understanding, and a genuine desire to share the American way of life.

Traditional two-parent families (with or without children), single parents or adults, and retired couples have enjoyed hosting one of our bright students. For information, call Yvette Coffman at 1-800-941-ERDT (3738) or visit www.share-southwest.org.

Cultural Homestay International seeks host families

Cultural Homestay International, a non-profit educational exchange program, has many exchange students waiting to be placed with host families for the upcoming school year. Ideal families should be willing to open their home to the world and accept a new culture into their life. To volunteer, contact Ruth Chislett, CHI Academic Coordinator, at (210) 862-2711 or (800) 777-5724. To learn more about CHI, visit www.chinet.org.

Education

Digital Battle Command Information Systems Training, Aug. 23 - 26

Force XXI Battle Command Brigade and Below (FBCB2) is part of Army Battle Command Systems. It is a digital, battle command information system that provides on the move, real time and near real time C2 tactical combats. This is the same system that Soldiers are using in Kuwait, Afghanistan, and Iraq. This training is open to all AMEDD Soldiers to include AMEDDCS instructors. Training for this course will start Aug. 23 - 26 at Willis Hall, Bldg. 2841, room 2105C. If you are interested in attending, contact Marvin Danzy at 221-4361 or e-mail at marvin.danzy@amedd.army.mil. The FBCB2 Web site is <http://fbc2.monmouth.army.mil>.

Tuition assistance available for active duty Soldiers

Tuition assistance for active duty Soldiers is \$4,500 per fiscal year with a cap of \$250 per semester hour to include fees. The current policy of \$4,500 per year is still in effect for the U.S. Army in fiscal year 2004. Soldiers will need a degree plan from the university or college they are attending no later than completion of nine semester

hours. This is a regulatory requirement that must be complied with prior to continuing in any college program. Visit the Army Continuing Education System, Bldg. 2248, to review educational goals with a professional guidance counselor. For information, call 221-1738.

Direct commissioning program

The U.S. Army Health Care Recruiting Team is looking for qualified applicants for their direct commissioning program. Anyone working toward a bachelors' degree in any science, nursing, physics, nutrition or engineering may qualify to become an Army officer. The program is open to active duty, reserve, National Guard and civilians. For information, call Capt. Beverly S. Scott at 692-7376, (877) 570-8053 or e-mail Beverly.Casiano@usarec.army.mil.

Meetings

SACAA seeks new members

The San Antonio Caribbean American Association was formed in April, and the goal is to promote a working knowledge of the diverse and common elements of culture, the fostering of cultural awareness, the understanding, and appreciation of cultural heritage and the provision of a social atmosphere of togetherness. For information call Mater Sgt. Perry at 310-0123, Cassandra Reefer at 659-9150 or Pauline Coleman 659-7258.

USAWOA - Lone Star Chapter

The Lone Star Chapter of the U.S. Army Warrant Officer Association meets on the third Monday of each month at 7 p.m. at VFW Post #8541, 2222 Austin Highway (between Eisenhower and Walzem Road). All active duty, retired, Reserve, National Guard and family members of current or former Warrant Officers are invited to attend. For information, contact CW2 Matthew Watterson at 295-8773 or at matthew.watterson@us.army.mil

Purple Heart veterans sought

Purple Heart Veterans are invited to join the meeting of Military Order of the Purple Heart on the first Saturday of every month, 9 a.m. at the Roadrunner Community Center to learn more about combat related entitlements and claims benefits. Registration begins at 9 a.m. Bring your DD For 214 and a short biography.

FSH Sergeants Major Association seeks new members

The Fort Sam Houston Sergeants Major Association meets every third Thursday of the month, 6 p.m. in the FSH NCO Club. Army retired Sgt. Maj. Hector Viczaino, president of the association, extends a cordial invitation to all Active Duty and retired command sergeants major, sergeants major and master sergeants on the promotion list from all service branches to attend the meetings. For information, call Sgt. Maj. Tracey James at 221-7495 or Sgt. Maj. Jeff Lavender at 221-7674.

BOSS seeks single Soldiers

The Better Opportunities for Single Soldiers meetings are held on the first and third Wednesday of every month, 1:30 p.m. at the Hacienda Recreation Center. The BOSS committee was established to provide Soldier input to the commander, who uses the committee's recommendations to improve single Soldiers' Morale, Welfare and Recreation programs. For information, call Staff Sgt. Edward Castro at 221-8760.

232nd Medical Battalion executes Warrior Core Skills training

Story and photo by 1st Lt. Allison Pappas
232nd Medical Battalion

While most of Fort Sam Houston was dreaming peacefully Saturday morning, the Soldier medics of C Company, 232nd Medical Battalion, were training, honing their Soldier skills and focusing on Warrior Core tasks. These future combat medics have the rewarding challenge of adapting to an Army that is constantly evolving with new and improved battlefield techniques. Much like Common Task Training, the Warrior Core Skill set adds a new twist to the old favorites by incorporating more real-world combat tactics and scenarios.

The focus of the past weekend's training was to prepare the minds of these Soldier medics to focus on survival, treatment in

a hostile environment, and remind them that although they are combat medics, they must be ready for anything on the battlefield. The training included platoon size elements with missions to locate, treat, and evacuate wounded casualties; react to enemy ambush; prisoner of war searches; and everyone's favorite, land navigation through the dense terrain of Fort Sam Houston. Several Soldier medics were given the opportunity to hone their leadership skills by leading a platoon, squad, or team

size group of their peers. None of this training would have been possible without the expert organization and supervision of the C Company cadre.

Granted, these young Soldier medics may not have enjoyed the Drill Sergeant's 4 a.m. wake-up call, but they truly put their most professional boot forward and delivered above and beyond. Hopefully, that little extra training over the weekend will be enough to bring them home safely once they depart "Cougar" country.



Private 1st Class DeMarcus Johnson manually evacuates a casualty during the C company training exercise.

MWR Recreation and Fitness

3-D Archery at Camp Bullis

The next 3D shot will be held Aug. 28-29, check-in time is from 8-10 a.m. This exciting competitive shoot includes 30 3D animal targets placed at unknown distances ranging from 10 to 40 yards in a woodland setting. Awards will be presented to the top three in each class. Saturday's shoot is \$15, all competitive and Sunday's shoot is either competitive for \$15 or non-competitive for \$10. Minis and cubs shoot free with a paid adult and a playground is available. Open to the public. For information, call 295-7577.



Archery Lessons at the Equipment Center

Individual and group archery lessons are now available through the Outdoor Equipment Center. Instructions are provided at individual's level of experience, from novice to expert. Children are welcome, however, a parent must accompany any dependents under the age of 18. For safety reasons, patrons must wear full shoes and no oversized shirts or shorts/trousers. For information, call Skip Dawson at 221-5225.

Trail Rides

The Equestrian Center offers one-hour trail rides every Saturday and Sunday all year long. Children ages 7 and up are welcome, however, an adult must accompany them. Cost is \$20 per person. Reservations are required and may be made by visiting the Equestrian Center or by phone at 4-7. Riding times are as follows: 8:30-9:30 a.m.; 10-11 a.m.; 12:30-1:30 p.m.; 2-3 p.m. The center is located in Bldg 3550, Hawkins Rd., off Binz-Engleman and is open Monday- Friday: 7 a.m.- 6 p.m.; Saturday-Sunday: 7 a.m.- 5 p.m.



Equipment Rentals

The Outdoor Equipment Center offers a wide variety of recreational equipment for rent ranging from fishing boats to travel trailers and other camping equipment. Other items available for rental include; large BBQ/Smoker pits on trailers, canopies, tables, chairs, and play bouncers and dunking booths for unit gatherings or birthday parties. Utility trailers (both open and covered), which are useful when moving, are also

available. The center is located in Bldg. 1111, Forage Road and is open Monday-Friday, 8 a.m.-5 p.m. Phone number is 221-5224.

Summer Fun at Canyon Lake

The Fort Sam Houston Recreation Area at Canyon Lake offers a variety of recreation activities including camping, fishing, boating and swimming. Have a family reunion or unit gathering in one of the covered picnic areas or pavilions. Enjoy the overnight accommodations including RV rentals, screened cabanas and tent camping sights. From Fort Sam Houston take I35 North to exit 191 (Farm road 306), continue 17 miles until you see the sign to Fort Sam Houston Recreation Area. Turn left onto Jacob Creek Park Road and the center is 1/2 mile down on the right. Hours are Sunday-Thursday: 8 a.m.-6 p.m. Friday-Saturday: 8 a.m.-8 p.m. Phone numbers: from the 210 area code: 830-226-5357 (no fee) outside the 210 area code: 1-888-882-9878.

60 Days of Fitness

A motivating fitness and weight loss program designed to help lose 15 pounds in 60 days using a point system. This self-paced program requires a workout 45 out of 60 days and includes a seven-page fitness assessment, body fat analysis and body measurements. Participants will also attend two 30-minute weight loss classes. Cost is \$20, which includes a T-shirt. For information, call Lucian Kimble at 221-2020.

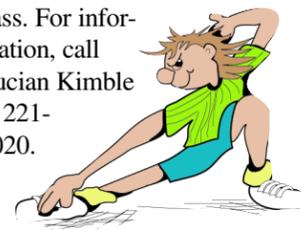
221-2020.

Keep Your Heart Healthy – A free 5K fun run/walk will be held Saturday, Aug. 28 starting at 10 a.m. outside the Jimmy Brought Fitness Center. Participants will receive a free T-shirt. For information, call 221-2020.

Health and Wellness Fair – Stop by the Jimmy Brought Fitness Center for the Health and Wellness Fair on Tuesday, Aug. 31 from 10 a.m. to 2 p.m. Event highlights include cholesterol screening, diabetes screening, proper weight training, raffles, nutrition information and much more. Free food, raffles and prize giveaways.

New Pilates Class - A new Pilates class is now offered at the Jimmy Brought Fitness Center

every Tuesday and Thursday at 4:45 p.m. Cost is \$2 per class or \$24 for a 16 class pass. For information, call Lucian Kimble at 221-2020.



X-tramural Basketball League Standings

Aug. 16		
Team	W	L
The Fellas	7	0
Dependents	6	1
CKTH	5	2
Lakers	4	3
G.A.M.E	3	4
Warriors	2	5
Rough Riders	1	6
Ramrods	0	7



Better Opportunities for Single Soldiers
presents

Showtime at the Apollo

A tribute to the Operation Enduring Freedom and Operation Iraqi Freedom Soldiers
Sept. 10 at 7 p.m. at Blesse Auditorium

Auditions:
Aug. 26 & 30 at 6 p.m.

Location:
Hacienda Recreation Center

2 Categories:
Children (ages 17 and under)
Adults (18 and older)



For more information call: Sfc. Roland Wilson at 221-6682 or Staff Sgt. Micaela Reyes at 221-8947

Fort Sam WGA captures first place



FSH Women's Golf Association from left: Iris Vaughn, Rona Wilson, Charlotte Martin, Sandy Hogan, Carol Buss, Nae Legate, and Cho Mayo.

Story and photo by Iris Vaughn
Special to the News Leader

The Fort Sam Women's Golf Association won overall first place with the Low Gross score in the San Antonio Women's Inter-Club Team Golf for the 2003-2004 season. Ten teams in the San Antonio area participated in nine matches during the season, and the scores were cumulative for the season.

The Fort Sam ladies had a total score of 287 out of a possible 486. Each team had six players with two players per team on A team, B team and C team. The format was match play and each hole was worth one point.

As we looked back into the history of the San Antonio Women's Inter-Club Team Golf, we discovered that this event began in 1969 and Fort Sam Women's Golf Association was a charter member. This is the first year the Fort Sam team has ever won.

The other teams participating were Dominion, Fair Oaks Blackjack, Fair Oaks Live Oak, Northern Hills, Oak hills, San Antonio CC,

Silverhorn, Sonterra North and Sonterra South.

The Fort Sam WGA roster included Carol Buss, Brigitte Fox, Sandy Hogan, Kitty

Hookman, Nae Legate, Charlotte Martin, Cho Mayo, Deby Meeks, Iris Vaughan, Jan Ward, Audrey Westbrook, and Rona Wilson.

Fort Sam Houston Bowling Center

Fall/Winter Leagues

Day	Time	Name of League	Meeting Date	League Start Date
Tuesday	9:30 a.m.	Sr. Ladies Majors	TBA	Sept. 7
	6:15 p.m.	Tues. Night Mixed	TBA	Sept. 7
Wednesday	9:15 a.m.	Wed. Officers Wive	Sept. 1	Sept. 8
	1 p.m.	FSH Seniors Mixed	Aug. 25	Sept. 8
	6:15 p.m.	Quadrangle Mixed	Sept. 1	Sept. 15
Thursday	9:30 a.m.	Roadrunners	Aug. 26	Sept. 9
	6:15 p.m.	Men's Post	TBA	Sept. 9
	6:30 p.m.	Thurs. Niters Mixed	Aug. 26	Sept. 9
Friday	6:15 p.m.	Guys & Dolls Mixed	TBA	Sept. 10
Saturday	10 a.m.	Alley Gators (YABA)	Aug. 28	Sept. 4
	10 a.m.	Cannoneers (YABA)	Aug. 28	

YABA registration is Aug. 28 from 10 a.m. to noon.

Note: Meeting and start dates may change, stay in contact with The Bowling Center for updates.

Fall/Winter Bowling Leagues are now forming. For information, call 221-4740 or 221-3683.

Retirees end military career, serve 234 years combined service to the nation



Photo by Ed Dixon

From left, Col. Kenneth Torrington, Lt. Col. William Nauschuetz, Sgt. Maj. Harold Morgan, Sgt. Maj. Hector Vizcaino, Lt. Col. Carolyn Eddings, are honored along with five other Soldiers at a retirement ceremony on July 30 at MacArthur Parade Field ending a combined 234 years of service to the nation.

In a combined retirement ceremony held July 30 at MacArthur Parade Field here, 10 Soldiers reported to their final formation and heard their retirement orders read, ending military careers that encompassed 234 years of combined service to the nation.

Retirement orders were read for the following Soldiers:

Col. Kenneth G. Torrington of Brooke Army Medical Center retires effective Oct. 1 after 26 years of military service.

Torrington was commissioned as an Army Reserve officer on March 18, 1969. He entered active duty on May 26, 1971, as a senior medical student and was transferred to the Medical Corps on May 28, 1972.

His first duty station was Madigan Army Medical Center, where he completed Internal Medicine residency

training in 1975. He served in various positions of leadership in the medical field in assignments that included: Raymond W. Bliss Army Community Hospital, Fort Huachuca, Ariz.; Walter Reed Army Medical Center; William Beaumont Army Medical Center, El Paso, Texas.

Following a seven-year break in service, he was assigned to the Walter Reed Army Institute of Research; the 121st General Hospital, Seoul, Korea; and Tripler Army Medical Center, Hawaii. In 2002, he was selected as Chief of the Department of Medicine at Brooke Army Medical Center, where he served until his retirement.

Torrington is married to the former Dorothy E. Byers and they have two children.

Lt. Col. Carolyn A. Eddings, of Reynolds Army Community Hospital, Fort Sill, Okla. retires effective Sept. 1 after 21 years of military service.

Eddings completed officer's basic training at Fort Sam Houston, Texas. Her first duty assignment in 1983 was as clinical staff nurse at Beach Pavilion, Fort Sam Houston, Texas. In 1985, she

was assigned as clinical staff nurse to the Emergency Room at Brooke Army Medical Center. In 1987, she attended and successfully completed the officer's basic course at the AMEDD Centering School, Fort Sam Houston, Texas.

Highlights of her assignments include: McDonald Army Community Hospital, Fort Eustis, Va.; 121 Evacuation Hospital, Yongsan, Korea; Eisenhower Army Medical Center, Fort Gordon, Ga.; Tripler Army Medical Center, Hawaii; Schofield Barracks Health Clinic, Hawaii; and more recently, Reynolds Army Community Hospital, Fort Sill, Okla. until her retirement.

Eddings has one daughter and three granddaughters.

Lt. Col. William F. Nauschuetz, Brooke Army Medical Center, Fort Sam Houston, Texas retires after 23 years of military service, effective Sept. 1.

Nauschuetz completed ROTC and earned a Bachelor of Science degree in microbiology at the University of Wisconsin-Oshkosh in 1977. He was commissioned and entry into active duty was deferred so he could earn his master's degree at the University of New Hampshire.

Nauschuetz entered active duty in October 1979. He attended the officer basic course at Fort Sam Houston, Texas, and was then assigned to Reynolds Army Community Hospital, Fort Sill, Okla. He was next assigned to Brooke Army Medical Center, where served as the chief of Bacteriology.

In 1984, Nauschuetz left active duty to attend Clemson University where he earned his Ph.D. in microbiology. He then applied for re-entry to active duty, and attended the officer advanced course, Fort Sam Houston, Texas, and was again assigned to Brooke Army Medical Center.

Highlights of other assignments include William Beaumont Army Medical Center, El Paso, Texas; Tripler Army Medical Center, Honolulu, Hawaii.

In 1998, he returned to Brooke Army Medical Center as the Chief of Microbiology and in 2001, was given additional duties as the U.S. Army Clinical Coordinator for the Lab Response Network for Bioterrorism.

Nauschuetz has accepted a contractor position at the U.S. Army Medical Command as the U.S. Army clinical coordinator for the Lab Response Network and Biosurety.

Nauschuetz is married to the former Karen Kimbrell and they have two children.

Lt. Col. Christine S. Halder, Brooke Army Medical Center, Fort Sam Houston, Texas, retires following 20 years of military service effective Oct. 1.

She entered Trinity University in San Antonio, Texas in August 1980 and was commissioned as a second lieutenant, Medical Service Corp, upon graduation in May 1984. She is a graduate of the Army Medical Department officer basic course, the Patient Administration and Advanced courses, the Combined Arms Services Staff School, and the Command and General Staff College.

Halder has served in numerous command and staff positions in assignments that include: Brooke Army Medical Center, Fort Sam Houston, Texas; U.S. Army Patient Administration Systems & Biostatistics Activity, Fort Sam Houston, Texas; Academy of Health Sciences, Fort Sam Houston, Texas; Dewitt Army Community Hospital, Fort Belvoir, Va.; Womack Army Medical Center, Fort Bragg,

N.C.; and as chief, Biochemical Branch, Army Center for Substance Abuse Programs, Human Resources Directorate, Office of the Deputy Chief of Staff for Personnel, Headquarters, Department of the Army. Overseas assignments include 168th Medical Battalion (Area Support) Yongsan,

Korea. She is currently serving as the Executive Officer, Brooke Army Medical Center, Fort Sam Houston, Texas.

Halder is married to Matthew P. Halder and they have three daughters and a son.

Sgt. Maj. Harold K. Morgan III, Brooke Army Medical Center, Fort Sam Houston, Texas retires after 30 years of military service effective Dec. 1.

Morgan enlisted in the Army in November 1974. He received his basic combat training at Fort Jackson, S.C. and attended advanced schooling at Fort Polk, La., Fort Ord, Calif., and Fort Sam Houston, Texas. He is currently assigned to Brooke Army Medical Center, Nutrition Care Division as the food service sergeant major.

He has served in a variety of leadership positions in assignments that include: Fort Polk, La., Fort Eustis, Va.; West Point, N.Y.; Fort Benning, Ga.; Fort Devens, Mass.; Fort Hood, Texas and U.S. Army Garrison, Fort Sam Houston Texas. His overseas assignments include: Wuzburg, West Berlin, and Frankfurt, Germany; Somalia, and Hawaii.

Morgan currently resides in San Antonio, Texas with his wife Inge and they have three children.

Sgt. Maj. Hector J. Vizcaino, U.S. Army Medical Department Center and School, Fort Sam Houston, Texas retires effective Oct. 1 following 26 years of military service.

Vizcaino entered the Army in April 1978 and completed basic training combined with advanced individual training as a combat engineer at Fort Leonard Wood, Mo. His first assignment was to the 17th Engineer Battalion, 2nd Armor Division, Fort Hood, Texas.

Highlight of assignments include: Fort Irwin, Calif. Fitzsimons Army Medical Center, Aurora, Colo.; Darnell Army Community Hospital, Fort Hood, Texas; Fort Polk, La.; Nelligen Barracks (Stuttgart) and Sheppard Air Force Base, Texas.

Vizcaino is married to the former Carmen Chavez and they have four children.

Sgt. 1st Class Stephon E. Warren, 232nd Medical Battalion, U.S. Army Medical Department Center and School, Fort Sam Houston, Texas retired on Aug. 1 after 23 years of military service.

Warren completed basic training at Fort Jackson, S.C. followed by advanced individual training, as a patient care specialist at Fort Sam Houston, Texas. His first assignment, in 1982, was at Hunter Army Air Field, Savannah, Ga. He was selected to attend the Practical Nurses course at William Beaumont Army Medical Center, El Paso, Texas and assigned to Tuttle Army Health Clinic, Savannah, Ga.

Other assignments include: 4th Support Battalion, Montieth Barracks, Germany; U.S. Army MEDDAC, Darnell Army Community Hospital, Fort Hood, Texas; Operation Desert Storm; Suwon, Korea; Fort Stewart, Ga.; U.S. Army Regional Medical Center, Landstuhl, Germany; and was finally to G Company, 232 Medical Battalion, Fort Sam Houston, Texas.

Warren and his wife Denise have one child.

Sgt. 1st Class Aubray E. Hudson, Sr., U.S. Army Medical Department Center and School, Fort Sam Houston, Texas retired on Aug. 1 after 24 years of military service.

Hudson completed basic combat training at Fort Jackson, S.C. and advanced individual



Photo by Ed Dixon

From left Lt. Col. Christine Halder, Sgt. 1st Class Stephon Warren, Sgt. 1st Class Aubray Hudson, Sgt. 1st Class Cheryl Carney and Sgt. 1st Class Alfonso Clemmings, along with five other Soldiers are honored at a retirement ceremony on July 30 at MacArthur Parade Field ending a combined 234 years of service to the nation.

training as a medical specialist (91B Combat Medic), and then as a patient care specialist (91C short course) at Fort Sam Houston, Texas, and Fort Belvoir, Va. His first duty assignment, in 1981, was 536th General Dispensary, Katterbach, Germany.

Highlight of assignments include: Fort Jackson, SC; U.S. Army MEDDAC, Fort Drum, N.Y.; Fort Bragg, N.C.; Camp Stanley, Korea; Fort Hood, Texas and finally as the Emergency Medical Technician Basic Program Coordinator for the entire 232nd Medical Battalion, 32d Medical Brigade, Fort Sam Houston Texas.

Hudson is married to the former Vicki Y. Meade and they have four children and two grandchildren.

Sgt. 1st Class Cheryl E. Carney, 61st Support Medical Battalion, Fort Hood, Texas retired Aug. 1 following 20 years of military service.

Carney completed basic combat training at Fort Jackson, S.C. and advanced individual training as a Soldier medic at Fort Sam Houston, Texas. Her first duty assignment, in 1984, was with the 15th Medical Battalion, 1st Cavalry Division, Fort Hood, Texas.

Other assignments include: Miesau Army Depot, and Landstuhl Army Regional Medical Center, Germany; Fort Knox, Ky.; Wiesbaden, Germany; Seoul, South Korea; with final assignment at

Headquarters, Headquarters Detachment, 61st Support Medical attalion with deployments to Kuwait and Iraq during Operation Iraqi Freedom.

Carney hails from Ventura County Calif.

Sgt. 1st Class Alfonso F. Clemmings, U.S. Army Medical Department Center and School, Fort Sam Houston, Texas will retire Nov. 1 after 21 years of military service.

Clemmings completed basic combat training at Fort Jackson, S.C. and advanced individual training as a medical laboratory specialist at Fort Sam Houston, Texas. His first duty assignment, in 1984, was B Company, Brooke Army Medical Center, Fort Sam Houston, Texas.

Highlight of assignments include: Illesheim, Federal Republic of Germany; Military Entrance Processing Station, Miami, Fla.; Aberdeen Proving Ground, Md.; and finally the U.S. Army Medical Department Center and School, Fort Sam Houston, Texas, where he served as an Instructor/Writer.

Clemmings is married to the former Sylvia Sepulveda and they have one child.

Fort Freebies

Freebies are published on a first come, first serve basis. Commercial advertisements are prohibited. The deadline is noon Monday. Freebies are intended for personal household goods and privately owned property, and may only be submitted by active, retired or reserve component military members and civilian employees working on Fort Sam Houston. To submit paid classified ads or commercial advertising, call Prime Time at 453-3300. To submit a Fort Freebie, e-mail to: news.leader@samhouston.army.mil or fax to 221-1198. Ensure your military/Fort Sam Houston civil service status, phone number and name appears on request. Limit of five items per entry.



For Sale: Standard 7 ft., high backed, blue sofa, \$150; blue recliner/rocker love seat, \$150. Call 599-0506.

For Sale: Oreck vacuum cleaner, celoc hypoallergenic filter system with accessories, \$200; unusual stained glass fire screen or window treatment, \$400; ceramic top table and four chairs, \$300. Call 599-0506.

For Sale: Six ft. Ford Ranger shell, maroon in color, in excellent condition, \$75. Call 590-2126.

For Sale: 2001 Dodge Ram Sherrod Van. 11,000 miles, equipped with handi-cap lift, power windows, leather seats, in excellent condition. Call 564-0767.

For Sale: Kenmore washer and dryer, three years old, white, \$100; patio set with umbrella, glass table, 4 chairs with cushions, beige background and flowers, \$150. Call 212-8780 or 824-5275.

For Sale: Blue sofa and loveseat with accent pillows, like new condition with or without 3-piece table, \$425 or without tables for \$325. Panasonic Inverter black microwave, \$50; Dishnetwork dish and 2 set tops with remotes, \$20; black diamond plate kit comes with 2 rocker panels and 2 tall corners, \$100. Will help deliver. Call (210) 651-9168.

For Sale: 2001 Honda Civic LX, tan, 4-door, automatic, air, power windows, cruise, AM/FM cassette, 18,350 miles, in excellent condition, \$10,500. Call 299-5275 or 274-1560.

For Sale: Solid wood Ethan Allen hutch in great condition, \$200; Antique 1920 (papers included) solid oak English pub table with four matching oak upholstered chairs with two pull out extensions, \$800 obo. Hitachi 20" dual voltage TV,

perfect for use in Germany, \$50 obo. Call 210-385-3787.

For Sale: 600 watt microwave, \$25; 1,00 watt microwave, \$40; coffee table, \$10; 2 wooden bar chairs, \$5 each. Call (210) 590-3901.

For Sale: Furniture and appliances, moving and must sell. Call 662-9065.

For Sale: Queen size water bed mattress and box spring, \$150; corner computer desk in excellent condition, \$70; leather black sectional in great condition, \$500. Call 224-6637.

For Sale: Total Gym, \$65; commercial display glass and metal cabinet, \$75; white base with wood laminate round table, seats 4, \$30. Call 223-1404.

For Rent: House with 3 bedrooms, 2-baths, 2-car garage with openers, fireplace, new appliances, new

vinyl storage shed, covered patio and much more, \$850 per month plus \$750 deposit; washer and dryer rental at \$30 per month. House available Sept. 1. Application required. Call 313-4790 or 497-5645.

For Rent: House with 3 bedrooms, close to Fort Sam Houston and Randolph Air Force Base, \$875 per month and one month deposit. Call (210) 241-1291 or 637-7322.

Free to a good home: Three-year-old cat, neutered, declawed with all shots. Call 662-9065.

Career Clips

The Army Career and Alumni Program office provides numerous services to eligible people in transition including job assistance. Information on these and other positions is available to ACAP customers in the ACAP Office, Bldg. 2264 or call 221-1213.



Training Specialist - San Antonio.

Facilitating ongoing training of procedural, contractual, and technological information and practices coaching and mentoring staff. Assessing job skills and curriculum development.

Data Warehouse Developer - San

Antonio. Design, document, and support data extraction methodologies, assist the Business Objects Administrator in developing queries and reports, and maintaining data warehouses and extraction scripts.

Referral Nurse-Clinical Innovations -

San Antonio. Referral nurses process referral requests from contracted providers for the commercial HMO, Medicare, Medicaid and Point of Service products according to established guidelines, policies and procedures.

Need an ID Card?

The ID Card Office located in Bldg. 367, has resumed accepting appointments in the afternoon from 1-3:30 p.m., Monday-Friday. Normal walk-ins are still between the hours of 7:30-11 a.m., daily. To schedule an appointment, call 221-2278 or 221-0415. You can also obtain an ID Card at the Brooke Army Medical Center ID Card Office, located in the lower floor within the TRICARE Office. To schedule an appointment, call 916-0838.

