



Briefs

Vogel Processing Center, Student Personnel Center and ID Card Office in BAMC closed tomorrow

The Gen. Vogel Processing Center, Bldg. 367, the Student Personnel Center, Bldg. 1290, and the ID Card Office in BAMC will be closed tomorrow. All services will resume on Sept. 7 at 7:30 a.m.

AMEDDC&S and FSH Change of Command, Sept. 9

Brig. Gen. Daniel F. Perugini will relinquish command of the Army Medical Department Center and School and Fort Sam Houston to Maj. Gen. George W. Weightman at a ceremony on Sept. 9 at 8 a.m. at MacArthur Parade Field, corner of Harry Wurzbach and Stanley Road. Maj. Gen. Kevin C. Kiley, acting commander, U.S. Army Medical Command, will be the ceremony host.

HHD, 187th Med. Bn. Change of Command, Sept. 14

1st Lt. Rachel Atherton will relinquish command of Headquarters, Headquarters Detachment, 187th Medical Battalion, to 1st Lt. Albert Garcia at a ceremony on Sept. 14 at 9 a.m., Blesse Auditorium, Willis Hall, Bldg. 2841.

AUSA Luncheon, Sept. 15

The AUSA Luncheon will be held Sept. 15 at 11:30 a.m. at the Fort Sam Houston NCO club. Gen. Paul J. Kern, commander, U.S. Army Materiel Command will be the keynote speaker. Cost is \$10. For reservations, contact your unit's command sergeant major or sergeant major no later than Sept. 10.

U.S. Army Garrison CFC Kickoff Ceremony, Sept. 16

The Combined Federal Campaign Kickoff ceremony will be held Sept. 16 from 1 to 3 p.m. at the Roadrunner Community Center, Bldg. 2797 on Stanley Road. Mission permitting, commanders and directors should allow Soldiers/employees the opportunity to attend.

Nutrition Care Training Facility Dedication, Sept. 17

The Army Medical Department Center and School will dedicate Bldg. 1350 in honor of Maj. Helen C. Burns Gearin during a ceremony hosted by Maj. Gen. George Weightman on Sept. 17 at 8 a.m.

Notice

On Sep. 9, the Harry Wurzbach vehicle access control point will be closed from 6 to 10 a.m. for the Army Medical Department Center and School change of command ceremony to include a cannon salute across Dickman Road. The entrance at Scott Road (across from the Towers on Harry Wurzbach) will be open. Plan for one lane in-bound only traffic entrance. To avoid traffic congestion, use an alternate gate to enter post.

Army medical community welcomes Eddy as new command sergeant major



Photo by Rudy Flowers

Command Sgt. Maj. David A. Eddy accepts the U.S. Army Medical Command colors from Maj. Gen. Kevin C. Kiley, acting commander, U.S. Army Medical Command. Eddy assumed responsibility as the command sergeant major from Command Sgt. Maj. Sandra Townsend during a ceremony at MacArthur Field on Aug. 27.

By Phil Reidinger
FHS Public Affairs

Command Sgt. Maj. David A. Eddy accepted the Medical Command colors from Maj. Gen. Kevin C. Kiley to assume his new role as the command sergeant major of the U.S. Army Medical Command during a ceremony held on MacArthur Field, Aug. 27.

Eddy replaced Command Sgt. Maj. Sandra Townsend who retired from active duty following 31 years of service during the change of responsibility ceremony.

The ceremony featured the command sergeants major and the colors of the 11 major subordinate commands representing the worldwide missions of the U.S. Army Medical Command to maintain medical and Soldier readiness and provide healthcare support to the Army family.

Prior to assuming responsibility as the command sergeant major of the U.S. Army Medical Command, Eddy served as command sergeant major of the North Atlantic Regional Medical Command

and Walter Reed Medical Center. His assignments also included commandant of the 7th Army NCO Academy in Grafenwoehr Germany and 30th Medical Brigade command sergeant major, in Heidelberg Germany. Eddy has earned the Expert Field Medical Badge and the Medical Department Order of Military Medical Merit.

Fort Sam Houston Drill Sgt. of the Year presented bouquets of flowers to Townsend's daughter and mother. Staff Sgt. Alan Kitchen, the NCO of the Year, presented a framed portrait of the Alamo to Eddy's father.

Following the change of responsibility, Maj. Gen. Kevin C. Kiley presented Townsend the Distinguished Service Medal recognizing her leadership and achievements as an NCO leader from company to major command assignments during her career. The award highlighted Townsend's contributions to the Army Medical Department missions during Operation Enduring Freedom and Operation Iraqi Freedom supporting medical readiness and Soldier healthcare.

First Airman in Texas joins Army under 'Operation Blue to Green'

By Jennifer Gunn
S.A. Recruiting Battalion

San Antonio Recruiting Battalion's first "Operation Blue to Green" Airman applicant crossed over from the Blue, Aug. 23 at the Military Entrance Processing Services Center at Fort Sam Houston, Texas.

Airman 1st Class Joseph A. Mansfield, 20, signed his delayed status paperwork converting him into a Soldier and a private first class Aug. 30, when his Air Force enlistment officially ends.

Under Operation Blue to Green, officially approved in July, the Army is now offering the opportunity for service mem-

bers from the Navy and Air Force to transfer into the Army and retain their rank.

The Navy is planning a force reduction of 8,000 in Fiscal Year 2005, and the Air Force, more than 20,000, in the near future to better shape each services' man-

See **OPERATION** on Page 3

Relocations present unique challenges for military families with special needs children

Fourteen family relocations in 33 years may seem like a lot for most families, but it is reality for U.S. Army Gen. Tom Hill of the U.S. Southern Command, his wife Toni, and their two children, as well as many families involved with the U.S. Military. It's a part of military life and service to the nation. Not only do these families have to find a place to live and set up a new house, parents often have to deal with transitioning children to a new school system. And that has a set of complexities all of its own, particularly if one or more of the children have special needs or disabilities.

Each state and district interpret the special education laws differently, thus a parent must become an expert on each system the family enters.

"Transitioning any child or family is a complicated and anxiety filled process, compounded in difficulty for a special needs child," said General Hill, Combatant Commander for the U.S. Southern Command, who earned three Silver Star Medals for heroism in Vietnam and a Bronze Star Medal for valor. "It is difficult to have to advocate and argue over and over again."

The Hill's 25-year-old daughter, Meghan, has multi-

ple disabilities including severe mental retardation and seizure disorders, and transitioning is a challenge they have encountered every step of the way, as the family moved from Washington D.C. to Hawaii and many places in between. They currently are living in Florida.

"Advocating for Meghan meant helping districts see that they could and should make the necessary accommodations for Meghan to be successful," said Toni. "None of this could have been done without knowing and understanding the lingo, processes, and procedures in each of

those school districts. I found early and often that to be successful as Meghan's best advocate, I had to educate myself."

General Hill and Toni are actively involved with the Military Child Education Coalition, a nonprofit organization that was started six years ago. Its main objective, explained Toni, who is on its board of directors and the chairman of the Special Education subcommittee, is to improve the education transition for all military students by encouraging local partner-

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Protecting our combat readiness



Gen. Peter J. Schoomaker
Army Chief of Staff

By **Gen. Peter J. Schoomaker**
Army Chief of Staff

We are an Army at war. The challenge of the Global War on Terrorism demands the highest level of leadership and Soldier proficiency. We cannot be risk-averse; our Soldiers are our most valuable combat assets. Therefore, reducing preventable accidents throughout our formations is fundamental to protecting our combat readiness.

Last year the Army experienced the highest accident rate in 10 years. The current trend, if not abated, will exceed last year's losses. Leaders must understand the impact of inexperience on their formations and where it will require education, training, direct leadership, and enforcement of standards to overcome. I hold leaders and myself at all levels accountable for meeting this challenge.

Since World War II, over half of our combat losses were caused by accidents. Risk management integration has proven to be effective in reducing accidental losses. In Operation Iraqi Freedom, our accident rate remained at 38 percent, a tribute to the performance of combat leaders' effective use of risk management. However, in order to win the Global War on Terrorism and protect the force, we must aggressively attack adverse trends in three key areas.

I expect senior leaders to focus aviation training on potential operational environments and aircrew coordination. Brownouts caused 75 percent of aviation Class A accidents in OIF. Aircrew coordination was a factor in half of those accidents.

Almost half of ground combat losses occurred during rollovers. The primary cause was speed, aggravated by the failure to wear seatbelts. In addition, far too

many of our Soldiers have been killed in theater by negligent discharges. I challenge our Noncommissioned Officer Corps to train Soldiers to standard, enforce those standards, and supervise.

During the last 10 years, over half of our accidental fatalities happened in POVs. This year is no exception. Our programs are not effective. To make an impact we must change our culture. Risk management is a 24-hour leader responsibility, and Soldiers must be held accountable for their actions. I have provided you with tools, accessible through the Army Knowledge Online Web site, to drive our culture change and reduce risk. We will win the Global War on Terrorism, but we must not accept any unnecessary risks that place our Soldiers in jeopardy.

Fort Sam Houston News Leader

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**Army Medical Department
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Plastic surgery no luxury for most Soldiers

By Michael E. Dukes
Army News Service

The Army is not offering free face-lifts, tummy tucks and breast enhancements to everyone in uniform, medical officials said, adding that recent articles in national publications may be misleading.

"The spectrum of plastic surgery most people see are the shows on TV, extreme makeover shows, and they think that's plastic surgery," said Lt. Col. Joseph Kolb, Walter Reed Army Medical Center's Plastic Surgery Service chief. "We are primarily a reconstructive service."

Less than 20 percent of the plastic surgery cases at Walter Reed are for elective cosmetic procedures, Kolb said.

The entire Army has only about a dozen plastic surgeons, Kolb said, adding that plastic surgery is far from a luxury service offered to military beneficiaries.

"The Army keeps us around for reconstructive procedures,"

Kolb said. "In addition, we operate on children with congenital defects like cleft lip, cleft palate and other defects to the head and neck."

Kolb said Walter Reed's four plastic surgeons are very intimately and actively involved in treating wounded from the war in Iraq. One, Lt. Col. Andrew Friedman, is currently deployed to Iraq as a general surgeon. "He ends up doing a lot of acute hand injuries over there."

"Hand function is really very dependent on the timeliness of repair," Kolb explained. "So having a hand surgeon in Iraq can make a difference in having a functional hand after an injury, and not having a functional hand. It's that important."

"We also have nasal reconstruction patients — people who have part or all of their nose blown away," he said. And we've all been involved in some very difficult head and neck traumas with Iraq going on. Those are always very difficult to do because of the complexity."

"There are some injuries where you're never going to make a person look normal again. And unfortunately, some of the injuries we've seen [from Iraq] are in that category. But we make them function, obviously saving the patient's life is important. Functional considerations are much more important than cosmetic," Kolb explained. "Luckily, we've had some good results with the reconstruction, and I think it will return people to certain levels of duty in some cases."

"The spectrum of plastic surgery goes from the very simple, purely cosmetic things up to the very complex micro-vascular surgery," Kolb said. "Using micro-vascular techniques, surgeons can move a piece of tissue with its artery and vein to another part of a patient's body and hook into a different artery and vein. This is something Walter Reed plastic surgeons perform regularly."

Despite supporting deployments and spending long hours

in the operating room to treat the war wounded, "We have maintained our support of the Breast Center and of cleft lip, cleft palate and cancer surgery in general," he said. "We've been in a little bit of a squeeze and our ability to do cosmetic surgery has been compromised a certain bit. But, we're still offering most every service we've always offered — certainly the waiting times have increased though."

Walter Reed plastic surgeons also find time for research. "We are on a [Food and Drug Administration] protocol for using silicone-gel implants for breast reconstructive work," Kolb said. This allows doctors in the Walter Reed Comprehensive Breast Center to send their breast cancer patients to plastic surgery for a consult for breast implantation.

To help maintain the surgeons' skills in all areas of plastic surgery, Kolb said services are sometimes provided in other areas. Walter Reed gets thousands of plastic surgery consults

for beneficiaries wanting some type of cosmetic surgery. "The demand is tremendous and we don't have the OR time to devote to all of them," he said. "Because of that, I personally have to go through all of the consults, that go to the service, and prioritize them." Kids and patients with cancer who need reconstructive surgery come first.

Because of Walter Reed's vast expertise in plastic surgery, medical students from the Uniformed Services University of Health Sciences come to the hospital's Plastic Surgery Service to conduct research.

The service also offers a unique opportunity for the USUHS residents. "We're also restarting humanitarian trips down to Central and South America in fiscal year '05," Kolb said.

Editors note: Michael Dukes writes for the *Stripe* newspaper at Walter Reed Army Medical Center.

Operation

Continued from Page 1

ning structure for current and future operations, according to DoD officials. Airmen and Sailors electing to transfer to the active Army may be afforded the opportunity to leave their current service early in order to meet Army training requirements.

Mansfield, currently an Air Force heavy equipment operator at Lackland Air Force Base, will retain the equivalent of his Air Force rank, entering the Army as a private first class with a new military occupational specialty of psychological operations that he selected. Mansfield departed for the Warrior Transition Course at Fort Knox, Ky., the day after his Air Force enlistment expired Aug. 30.

The Warrior Transition Course is a new four-week course in basic combat skills training. Operation Blue to Green recruits will go through Air Force/Navy to Army Orientation (organization, rank, uniform wear, career progression), Army Values, Physical Training (to include confidence and obstacle courses and foot marches), drill and ceremony/manual of arms, basic map reading/land navigation course, combative training: rifle bayonet training, basic rifle marksmanship, a range of other weapons (M249, M203, AT4, M18 Claymore), hand grenades, individual tactical training, urban operations and a 72-hour field training exercise.

Mansfield said he is excited to join the Army and happy to continue in his country's service. Although the new service transition process was trying at times, Mansfield said his Air Force unit and his Army recruiter were very supportive and did everything to ensure a smooth changeover.

The Air Force currently has 20,000 more Airmen than its authorized end-strength. The Navy, while not over strength, is shaping a smaller workforce. Both are primarily using voluntary separations and retirements from overmanned specialties to reduce their end-strengths.

Mansfield volunteered to be a part of the "Blue to Green" program. "I thought it would be a great opportunity," Mansfield said. "My unit was overstaffed in my field

anyway, so I told my supervisor I wanted to do it."

Mansfield was mainly interested in the job opportunities offered by the Army and a chance to work with the special operations community. His new Army job in PsyOps will give him that opportunity.

"This'll open a lot of doors for me professionally," said Mansfield who has had a life-long interest in undercover intelligence type work. According to his recruiter, Staff Sgt. C.J. Trillo, Mansfield is up for the change of pace. "I think he will be a fine Soldier, he's so motivated," Trillo said. "He really wants to excel."

"I do look forward to the challenge of a new job," Mansfield said. "And with (military intelligence) the possibilities are limitless."

The "Blue to Green" program does allow for the transfer of jobs from Navy Rates and Air Force Specialty Codes to Army Military Occupations Specialties, so new Soldiers can keep their old jobs. Since Mansfield opted for a change, once he completes the Warrior Training Course, he will head to Fort Bragg, N.C., for his advanced training.

Airmen and Sailors who enter the Blue to Green program must qualify for an honorable discharge, officials said.

"Recruiting quality people and retaining exceptional Soldiers is essential in having a well-balanced force," said Charles Tench, policy and systems integrator for Enlisted Accessions, G1. "The pool of talent Operation Blue to Green

will provide will greatly enhance our efforts to sustain a campaign-capable, joint and expeditionary Army."

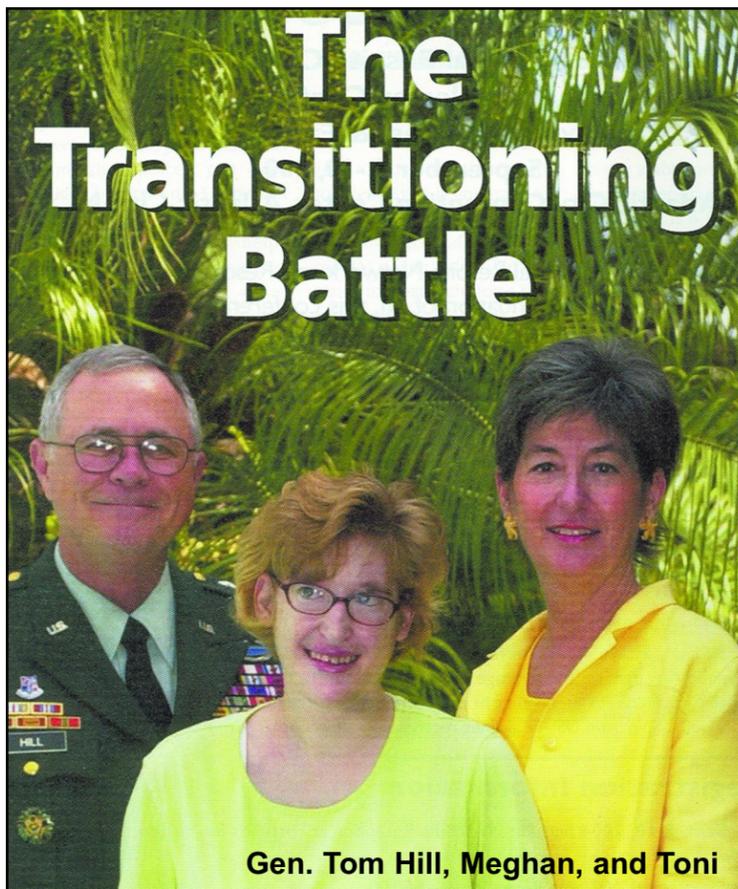
To find out more about Operation Blue to Green, visit www.goarmy.com/btg.



Courtesy photo

From left, Airman 1st Class Joseph A. Mansfield, first Airman in Texas to join Army under "Operation Blue to Green," discusses his Army training schedule with MEPS senior counselor, Master Sgt. Darin Otjen and Westlake recruiter Staff Sgt. C.J. Trillo inside Otjen's office.

Relocations



Gen. Tom Hill, Meghan, and Toni

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ships between parents, educators, and the military community.

Because transitioning is so commonplace amongst military families, programs such as this are important resources. Indeed, families in mainstream America don't have many resources such as this to turn to, and the MCEC can serve as a model for all mobile families with children with special needs planning to relocate. "We'll never get rid of the transition challenge, but we can ameliorate the challenge," said Toni.

The MCEC recognizes that education is a local issue and will remain so for the foreseeable future. What the MCEC advocates for is research-based low cost, no cost solutions both in policy and practice at the local level that will better the educational challenges experienced by mobile children. A good example of the issues that are addressed by the MCEC is reciprocity, or at least acceptance on an interim basis, of another state or district's IEP.

The average military child is enrolled in 6-12 different schools in 12 years, which affects them all socially as well as educationally. Children with special needs are affected on an even larger scale, as Individualized Education Plans constantly have to be altered as well. "Like most children, Meghan is very capable of learning, just learning more slowly," said Toni. "As we moved around I shared successful strategies from other locations with her teachers. Meghan lost less learning time while a teacher tried to develop winning strategies."

The MCEC's newest initiative is creating a Special Education Leaders Institute, or SELI, that will work specifically to improve the education transition for students with special needs. The program will resemble the MCEC's Transition Counselor Institute, or TCI, which trains school counselors in the transitional challenges of military stu-

dents. The entire SELI curriculum is based on scientific research that is currently ongoing; as the research reveals more and better practices, those findings will become part of the SELI curriculum. The first SELI conference will be held in conjunction with the MCEC conference in Colorado Springs in July 2004.

Historically, explained Toni, educators do not move a lot. Most, according to the Executive Director of MCEC, are born, educated, teach, and retire in the same general geographic area. So generally speaking, they are only intimately familiar with their own state and local interpretations, policies, procedures, and ways of implementing special education programming.

"My fervent hope," said Toni, "is that in four years we will have over 2,000 special education leaders around the world trained to transition military children with disabilities more easily from school to school. Our challenge as military parents is to bridge that disparity in interpretation, experience, and exposure while keeping the discussion child-centered."

The military also boasts of the Exceptional Family Member Program, or EFMP, formed in 1983 by Army General John Wickham. General Wickham believed that the military had a contract with Soldiers and their families to ensure them an acceptable quality of life.

The EFMP offers counsel and support for families of children with special needs, as well as a host of other services such as special assignments if a child's care requires it. Each service within the Department of Defense defines its own program and each offers differing levels of support. Statistics show that 13 percent of military children have special needs.

The Army alone has 485,000 members, which means that virtually every squad has at least one member enrolled in this program. The complexion and make-up of today's military, with 65 percent married and frequent deployments of spouses the order of the day, necessitates that good leaders understand and appreciate the changing profile.

The EFMP helps facilitate "real readiness," which General Hill explains as a combination of unit field readiness and family readiness. Unit readiness refers to the physical and mental condition of the Soldier, and family readiness is the emotional readiness felt by the family when a member is deployed.

A Soldier, who is deployed to a combat environment or special training needs to know that his family will be cared for and looked after; that Soldier, regard-

less of rank, will then be able to focus on his mission with more concentration. Having to transition to new locations can take a toll on children with special needs and their families.

Toni believes that the best advice they have heard over the years came from a social worker when Meghan was an infant. "She said our healthy marriage was Meghan's best long term asset, and that we should nurture our relationship and do it guilt free," Toni said. "She said to focus on the long term investment we were making in Meghan's future when we nurtured our marriage, and not to ever let one member of our family become more important than the others. That advice has served us very well. We will celebrate 34 years of marriage this year."

Toni Hill is best known in the Army community as a volunteer, a community advocate for children with disabilities, and an active participant in promoting partnerships with local school districts in pursuit of excellence in education for all military children. She is an Army wife of 33 years and mother of two children, one with severe multiple disabilities.

Professionally, she holds a BS and a MBA; she has been a financial analyst, a trainer, a facilitator,

and a college level educator. She is certified as a special education parent trainer, and has been instrumental in initiating and promoting quality of life family programming and programming for children with disabilities. Toni is currently a board member of the Military Child Education Coalition and the chairman of the Sub-Committee on Special Education. She is a past member of the National Advisory Board for the MCEC, is currently a trainer for the Transition Counselors Institute and a researcher for the Special Education Leaders Institute of MCEC. She sits on the Department of Defense Task Force on Exceptional Family Member issues. She is the recipient of numerous public service awards for community and charitable work.

The Fort Sam Houston Exceptional Family Member Program is located in Army Community Service, Roadrunner Community Center Bldg. 2797. For more information, call Kerry C. Dauphinee or Riccardo Reeves at 221-2705 or 221-2418.

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Just imagine!

By Toni Hill

Imagine a family that moves every two to three years whose child has special needs. Imagine that family must learn a new language each time they move. Imagine that same family being a military family. Imagine that family with the added extra stress of wondering when their service member parent will be called for overseas duty—perhaps into a combat situation.

Just imagine! Living with a child who has special needs is stressful every day. Living with a child who has special needs that go unmet is more stressful—and exhausting. Those of us who have walked down that path know all too well that added extra stress. But imagine the stress on a family when they move to a different school district, state, or even overseas, and they must learn a new vocabulary, a new list of qualifying criteria, and new procedures and policies for special education. That is the reality for military families who have a child with special needs.

The family I have just asked you imagine is like mine and the student with special education needs is like my daughter Meghan. We have moved our daughter from Honolulu to Washington D.C. and many places in between over the course of her years in special education. Each time we moved we had to learn the new state's unique interpretation of the federal laws for a "free and appropriate" public education. Her qualifying label changed each time, as did the policies and procedures for setting up her Individualize Education Plan. Each district had different funding challenges; each district had different programs and staffing qualifications.

Essentially, we had to start completely over every two to three years. The Special Education Leaders Institute was established by the Military Child Education Coalition to help remedy or ameliorate many of the challenges military families like mine experience as they follow their service member around the world. SELI is a series of institutes developed to promote awareness among leaders who educate military-connected students with special needs, and to increase the availability of professional educators who understand the challenges associated with transitioning such students to a new school. Each SELI is two days in length and its purpose is to support children through understanding; accommodation; improved processes, procedures, and protocols; networking; technologies; and communication. At the SELI, educators from around the world will share "promising practices." They will network and develop more effective tools and processes to assist the military-connected child with special needs.

Now, just imagine—a family who is getting ready to move. Imagine that family meeting their new special education teacher or administrator BEFORE they ever pack their household. Imagine that new teacher or administrator meeting their new student BEFORE they ever arrive, thus giving them time to prepare for that child's arrival. Imagine that new teacher being able to meet the old teacher and being able to learn about this new child's learning style, what motivates them, successful teaching methods and settings. Imagine how much easier that child's transition might be!

A growing number of SELI graduates will have use of a uniquely customized technology solution, the Interactive Counseling Center. This point-to-point video teleconferencing system was developed by the MCEC with the support of the Dell Corporation. As the ICC network expands, no doubt there will be increased opportunities for Special Education Leaders as well as parents and students to make those school-to-school connections around the world. With this web-based technology, teachers, parents, and students are experiencing real-time "virtual conferences" where they can meet each other, share IEP's, work through concerns, ask questions, and understand the details of evaluations—all over a secure network. With a specially trained community of school professionals, supported by technology designed specifically to ease the transition of children from school to school, a new reality is already taking shape. This is not a dream, it is a progressive effort based on expertise, information, communication, and respect. The school experiences for a child with special needs will be as seamless as possible, even though the places and faces may change. Just imagine!

Army Nurse Corp chief commissions three new nurses



Story and photos by Phil Reidinger
FSH Public Affairs

Maj. Gen. Gale S. Pollock, the 22nd Chief of the Army Nurse Corps, pinned the rank of second lieutenant on the collars of three former NCOs during a commissioning ceremony held at the 32nd Medical Brigade headquarters, Aug. 27. Pollock also serves as the commander of Tripler Army Medical Center and the Pacific Region Medical Command.

Pollock, assisted by Lt. Col. (P) Patricia Patrician, Department of Nursing Science chief, welcomed D'Angelo Austin, Timothy Harrington, and Curtis Smith as Army nurses. Austin and Harrington earned their degrees from the University of Maryland. Harrington graduated from Howard University.

The Army Medical Department Enlisted Commissioning Program, managed by the AMEDD Student Detachment, 32nd Medical Brigade, provides eligible active duty Soldiers the opportunity to complete a baccalaureate degree in nursing to become registered nurses and be commissioned in the Army Nurse Corps. In 1990, the program was initially approved for Soldiers in the 91C career field. In 1992, the program was expanded to include Soldiers in all 91 series career fields, and in 1994 further expanded to include eligibility to all Soldiers, regardless of career field. Currently a maximum of 75 Soldiers are funded annually to participate in the nursing degree program.

Lt. Col. (P) Patricia Patrician, chief of the Nursing Science Department, Maj. Gen. Gale Pollock, Army Nurse Corps chief, join spouse Kathy Austin congratulating 2nd Lt. D'Angelo M. Austin following his commission as an Army nurse.



Maj. Gen. Gale Pollock pins the second lieutenant rank on the collar of Timothy Harrington as Maj. Jennifer Hines assists with the Army Nurse Corps insignia.



Army Nurse Corps chief, Maj. Gen. Gale Pollock, presents 2nd Lt. Curtis Smith with his commission as an Army nurse. Smith's wife, Carrie, assisted during his pinning ceremony.

BAMC celebrates Women's Equality Day

Story and photo by Maj. Gregg Tooley
BAMC Public Affairs

Brooke Army Medical Center commemorated the struggles and sacrifice of the women's suffrage movement in an Aug. 26 Women's Equality Day celebration at the BAMC auditorium.

The theme of this year's event was "Celebrating Women's Right to Vote." The guest speaker for the event was Jo Ann Robinson, the chief of the Civilian Personnel Division for MEDCOM.

Robinson praised the achievements and great sacrifices made by seven generations of women who she credits with giving women the rights and freedoms that are often taken for granted today.

"Drastic social and legal changes have been accomplished that are now so accepted that they go unnoticed by people whose lives have been utterly changed," said Robinson.

Congress established August 26 as Women's Equality Day in 1971 to promote the continuing efforts of women to achieve full equality. The date was selected to commemorate the 1920 passage of the 19th Amendment to the Constitution granting women the right to vote. The 19th Amendment was the culmination of

72 years of struggle that originated at the world's first women's right convention held in Seneca Falls, New York.

"In the history of western civilization, no similar public meeting had ever been called," said Robinson. "These patriotic women shared the ideal of improving the new republic. They saw their mission as helping the republic keep its promise of better lives for its citizens."

At the convention, Elizabeth Cady Stanton and her colleagues issued the "Declarations of Sentiments," a resolution modeled after the Declaration of Independence that set forth the objectives and grievances of the early women's movement.

"In what proved to be a brilliant move, Stanton connected the campaign for women's rights directly with that powerful symbol of liberty," Robinson said.

She said familiar words from the Declaration of Independence framed the Declaration of Sentiments. We hold these truths to be self-evident: that all men and women are created equal; that they are endowed by their Creator with certain inalienable rights; that among these are life, liberty, and the pursuit of happiness.

Robinson said that certain inalienable rights are necessary in life, such as "being allowed to live in an atmosphere of religious freedom, having a voice in the government you support with your taxes, and being free of life-long enslavement to another person."

Since the early 1960s, Robinson said that many advances have been made to promote equality of the sexes and other minority groups.

Among these are:

- The Equal Pay Act was passed by Congress in 1963 and guaranteed equitable wages for the same work, regardless of the race, color, religion, national origin or sex of the worker.

- Title VII of the Civil Rights Act passed in 1964 and included a prohibition against employment discrimination on the basis of race, color, religion, national origin, or sex.

- Title IX (Public Law 92-318) of the Education Amendments, passed in 1972, prohibits sex discrimination in all aspects of education programs that receive federal support.

Robinson said that although the cause of women's rights had been greatly advanced by these laws and other similar acts, each

of us could still play a vital role in promoting equality.

"I urge each of you to continue to do your part and to be an advocate for women's rights and by all means, encourage those around you to vote in the upcoming election," Robinson said. "Through your vote, you can make a difference."



1st Sgt. Daryl Harris presents Jo Ann Robinson, chief of the Civilian Personnel Division for Medical Command, the Brooke Army Medical Center commander's coin following her remarks at the Women's Equality Day celebration held at the BAMC auditorium on Thursday.



Better Opportunities for Single Soldiers

presents

Showtime at the Apollo

A tribute to the Operation Enduring Freedom and Operation Iraqi Freedom Soldiers

Sept. 10 at 7 p.m. at Blesse Auditorium

For more information call: Sfc. Roland Wilson at 221-6682 or Staff Sgt. Micaela Reyes at 221-8947



232nd Medical Battalion announces Soldier and Junior Leader of the Week



Courtesy photo
 (Left) Pvt. Jennifer Hatcher, was selected Soldier of the Week. She is from Bellevue, Wash. and enjoys swimming, gymnastics and reading. She plans to pursue career goals through the "Go Green to Gold" program to become a pediatrician in the Army.



Courtesy photo
 (Right) Pfc. Cameron Anderson was selected the Junior Leader of the Week. He is from Harlingen, Texas and enjoys fishing, athletics, and weight lifting. His plans for the future include attending medical school. But for now, he is enjoying the Army experience.

Ethics Training 2004

Listed below is the schedule for the remaining ethics training for Army Medical Department Center and School and Fort Sam Houston military and civilian personnel. There will be a sign language interpreter available at the Sept. 1 training. This training is mandatory and attendance will be reported to the Acting Secretary of the Army.

Commanders and supervisors may contact Mario Rendon by e-mail at the Administrative and Civil Law Division, Office of the Staff Judge Advocate, AMEDDC&S and Fort Sam Houston, for an electronic copy of the sign-in sheets to verify their employees' attendance.

All training will be held in Evans Theater, Bldg. 1396, on Garden Avenue. No reservations are required and seating is on a first come basis. Questions may be directed to the Ethics Counselor, AMEDDC&S and Fort Sam Houston, at 221-2373 or 221-0485.

Ethics Training Schedule

Date	Time
Sept. 15	9:30 - 10:30 a.m.
Oct. 5	9:30 - 10:30 a.m.
Oct. 20	9:30 - 10:30 a.m.
Nov. 3	1:30 - 2:30 p.m.
Nov. 17	9:30 - 10:30 a.m.
Dec. 1	9:30 - 10:30 a.m.
Dec. 15	1:30 - 2:30 p.m.

FEW installs new officers, invites public to monthly meetings



Photo by Master Sgt. William Eubanks

Iris Seals (center), Southwest Region manager for Federally Employed Women installs new officers for 2004. From left President Arcy Longoria, Vice-President Rosalyn Wise, Secretary Angela Ramirez, and Treasurer Rebecca Ayala were recognized at the group's monthly luncheon.

The Fort Sam Houston Chapter of Federally Employed Women, Inc. held their installation of officers at the Fort Sam Houston Officers' Club. The Southwest Regional Manager for FEW, Iris Seals from Brooks City Base, installed the following officers to serve 2004 through 2006: Arcy Longoria of Fort Sam Houston, as president;

Rosalyn Wise, retired CSG, Lackland Air Force Base as vice president; Angela Ramirez of the Medical Command, as secretary and Rebecca Ayala, contract employee at Fort Sam Houston as treasurer.

Susie Ferrise, Breast Health Educator and Breast Cancer Nurse Coordinator from Brooke Army Medical Center, was the guest speaker. She spoke about the importance of adult vaccinations and who is vulnerable to various diseases. She also presented information on heart disease and how to take some preventive measures.

FEW Chapter meetings are held once a month with presentations on various topics of interest to the Fort Sam

Houston community on alternating months. Everyone is invited to attend, whether you are a member or not. For more information visit the Web site: www.few.org or call the local chapter membership chair, Carol Rouse at 699-9363.

Blood Donor Center Schedule

Sept. 12 - 8:30 a.m. to 1 p.m.
Post Gift Chapel
Family members are welcome at this event.

“Every Drop Counts”

Prostate Cancer Awareness Day, Sept. 23

The Brooke Army Medical Center Urology Clinic will conduct a Prostate Awareness Day, Sept. 23 from 7:30 a.m. to noon for military and retired military personnel 40 years or older only. No appointment is necessary.

Health Promotion Center September Class Schedule

Class	Date	Time
Office Yoga	7	Noon-1 p.m.
Cholesterol and Lipids	7	1 -3 p.m.
Self Care and Health	9	9 - 11 a.m.
Breastfeeding Support Group	10	1 - 2:30 p.m.
Diabetes Education	13	12:45-4:30 p.m.
Winning Combination	13	1 - 2:30 p.m.
Cholesterol and Lipids	14	1 - 3 p.m.
Office Yoga	14	Noon-1 p.m.
Diabetes Education	14	12:45-4:30 p.m.
Stress Management	14	1 - 2:30 p.m.
High Blood Pressure	15	9 a.m. - Noon
Active Duty Self Care	16	8 - 10 a.m.
Body Fat Testing	17	8 - 11 a.m.
Introduction to Weight Reduction	17	Noon-1:30 p.m.
Breastfeeding Support Group	17	1 - 2:30 p.m.
Diabetes Education	20	12:45 - 4:30 p.m.
Cholesterol and Lipids	21	1 - 3 p.m.
Breast Health	21	9 - 10 a.m.
Arthritis	21	9:30 - 11 a.m.
Office Yoga	21	Noon - 1 p.m.
Diabetes Education	21	12:45 - 4:30 p.m.
Fibromyalgia	22	1 - 3:30 p.m.
Breastfeeding Support Group	24	1 - 2:30 p.m.
Diabetes Education	27	12:45-4:30 p.m.
Cholesterol and Lipids	28	1 - 3 p.m.
Office Yoga	28	Noon - 1 p.m.
Diabetes Education	28	12:45 - 4:30 p.m.

For information, call Health Promotion Center at 916-3352. Health classes are offered for DoD civilians and military beneficiaries.

Fort Sam teams win MEDCOM Softball Tournament

Story and photo by Jerry Harben
MEDCOM Public Affairs

Teams from Fort Sam Houston won both divisions of men's play during the Medical Command Softball Tournament, played last Thursday through Saturday at the Leadership, Lady Leadership, Hacienda and Brigade softball fields here.

The Fort Sam women's team was eliminated by losses to Walter Reed Army Medical Center and Fort Hood. Fort Bragg won the women's division.

Twenty-two teams played a total of 80 games, starting with round-robin play in pools Friday, which determined seeding for double-elimination play Saturday.

In the elimination rounds, the Fort Sam Rangers defeated Walter Reed 13-11 and Fort Gordon 21-9, then rallied in the last inning of the "A" division championship game to beat Walter Reed again, 16-15.

The Fort Sam Stingers lost their first "B" division game to Aberdeen Proving Ground 19-13, but came back to take the championship with wins over Aberdeen Proving Ground 17-9, Leonard Wood 12-7, Fort Knox 21-3 and Knox again in the title game, 11-7.

The Rangers' pitcher, Keith Seidler, received the CSM Jack Clark trophy as the tournament's Most Valuable Player. He injured his hand in a base-line collision during the championship game, but played through the pain to finish the game.

Brad Lieurance was chosen men's "A" division Most Valuable Player and Jim Dycus was Best Offensive Player. Also on the division all-tournament team were Tommy Armstrong, Anthony Pearson, Bryant Perry and Seidler.

Shane Thompson of the Stingers was Most Valuable Player in the "B" division and Andrew Tondre was Best Offensive

Player. Michael Pippin, Donnell Nelson and Jamie Barann joined them on the division all-stars.

MEDCOM Command Sgt. Maj. David Eddy presented the awards late Saturday night.

During tournament opening ceremonies Thursday night, the All Army Softball Team played an exhibition. Players took part in a variety of skill contests, with the Fort Sam Houston women having the fastest time for throwing the ball around the infield.

Joe Cavanagh, chief of fitness and sports, hosted the tournament, while Earl Young served as tournament director. They had a large staff that worked through the weekend to ensure the event's success, including Will Lloyd, Clint Nichols, Emilio Caldera, Jorge Chavez, Tudy Gonzalez, Carlos Ortiz and Leroy Williams.



Anthony Pearson of Fort Sam Houston slams a home run against Fort Bragg.

Academy Battalion awarded the Commander's Cup



Photo by Alexandra Nordeck

Lt. Col. Erin Edgar, Academy Battalion commander, 32nd Medical Brigade, accepts the Commander's trophy from Command Sgt. Maj. Sandra Townsend, U.S. Army Medical Command.

The Academy Battalion, 32nd Medical Brigade, received the Commander's Cup at the opening ceremony for the MEDCOM Softball Tournament. The Commander's Cup is an annual award given to the unit with the most aggregate points in Fort Sam Houston's athletic intramural program.

The competition include flag football, basketball, billiards, soccer, tennis, volleyball, softball, golf, and bowling. The Academy Battalion placed first in a field of 19 teams with a combined score of 1201.5. The next closest team was Brooke Army Medical Center with a total of 977.5.

Lt. Col. Erin Edgar, Academy Battalion commander, accepted the trophy from Command Sgt. Maj. Sandra Townsend, U.S. Army Medical Command. In his address to the assembled teams, Edgar quoted Vince

Lombardi by saying, "I firmly believe that any man's finest hour – his greatest fulfillment to all he holds dear – is that moment when he has worked his heart out in a good cause and lies exhausted on the field of battle – victorious." Lombardi was artfully using metaphor to show the relationship between competitive athletics and combat. This is a warrior ethos folk. This is what you do. Best of luck in your combat."

The Academy Battalion is home to approximately 850 Soldiers and civilians and supports the operations of 14 academic departments and 12 directorates of the Army Medical Department Center and School as well as Camp Bullis field operations, and the 323d Army Band.

Source: Academy Battalion

FSH Jewish Congregation High Holy Day Services

September Service	Day/Date	Time
Rosh Hashanah	Wed., 15	8 p.m.
Rosh Hashanah	Thurs., 16	9 a.m.
Rosh Hashanah	Thurs., 16	8 p.m.
Rosh Hashanah	Fri., 17	9 a.m.
Rosh Hashanah	Fri., 17	8 p.m.
Kol Nidre	Fri., 24	7:30 p.m.
Yom Kippur	Sat., 25	9 a.m.
Break-the-fast	Sat., 25	8:30 p.m.

Rosh Hashanah service will be held at the Main Post Chapel, Bldg. 2200 on Wilson Ave.
 Kol Nidre and Yom Kippur Services will be held at Dodd Field Chapel, Bldg. 1721, off Winans Road, near Cole High School.
 For more information, call 493-6660, 379-8666 or 385-8666.

Officers' Christian Fellowship Bible study begins Sept. 10

Join fellow officers for Bible study at 1008 Gorgas Circle, Fort Sam Houston on the following in the fall:
 Sept. 10, 17, 24
 Oct. 8, 15, 29
 Nov. 12, 19
 Dec. 3, 10, 17
 Supper begins at 6 p.m. and study at 7 p.m.
 For information, contact Lt. Col. Griffith at 226-1295 or rgriffith3@satx.rr.com or Chaplain Schlichter at 221-1698 or david.schlichter@cen.amedd.army.mil

September Interfaith Calendar

- 6 Krishna Jayanti ** - Hindu (Hindu commemoration of the birth of Krishna - the 8th incarnation of god Vishnu.)
- 12 Lailat al Miraj - Islam (Islamic observance of Mohammed's night journey from Mecca to Jerusalem and his ascension to heaven.)
- 16-17 Rosh Hashanah * - Jewish (Jewish New Year, a time of introspection, abstinence, prayer and penitence. The story of Abraham is read, the ram's horn is sounded, and special foods are prepared and shared.)
- 18 Ganesh Chaturthi ** - Hindu (A Hindu festival honoring the god of prosperity, prudence and success. Images of Ganesa are worshipped.)
- 21 Fall Equinox - Wicca (Wicca observance of the change of seasons.)
- 25 Yom Kippur * - Jewish (Jewish Day of Atonement. This holiest day of the Jewish year is observed with strict fasting and ceremonial repentance.)
- 30 Lailat al Bara'ah - Islam (Islamic Night of Forgiveness. (A night of prayer to Allah for forgiveness of the dead. Preparation for Ramadan through intense prayer.)
- 30 Sukkot begins * - Jewish (Jewish Feast of Tabernacles which celebrates the harvest and the protection of the people of Israel as they wandered in the wilderness dwelling in tents.)

Post worship schedule

Main Post Chapel, Bldg. 2200, phone number: (210) 221-2754.

Catholic Services:
 4:45-5:15 p.m. - Confessions - Saturdays
 5:30 p.m. - Mass - Saturdays
 9:30 a.m. - Mass - Sundays
 11:30 a.m. - Mass - Weekdays
Protestant Services - Sundays:
 8 a.m. - Traditional Protestant
 11 a.m. - Traditional Protestant
Jewish Services: phone numbers: (210) 379-8666 or 493-6660.
 Fridays: 8 p.m. - Worship and 8:30 p.m. - Oneg Shabbat



Dodd Field Chapel, Bldg. 1721, phone numbers: (210) 221-5010 or 221-5432.



Catholic Services - Sundays:
 12:30 p.m. - Bilingual Mass
Protestant Services:
 5:30 p.m. - Contemporary Protestant - Sundays
 10:30 a.m. - Collective Gospel Protestant - Sundays
 9:30-11:30 a.m. - Women's Bible Study (PWOC) - Wednesdays, childcare is provided

AMEDD Regimental Chapel, Bldg. 1398, phone number: (210) 221-4362.

Troop Catholic Mass: Sundays:
 10 a.m. - 32nd Medical Bde. Soldiers
Troop Protestant Gospel Services:
 Sundays:
 11:30 a.m. - 32nd Medical Bde. Soldiers
Troop Protestant Service:
 9 a.m. - 32nd Medical Bde. Soldiers



FSH Mosque, Bldg. 607A, phone numbers: (210) 221-5005 or 221-5007.
 1:30 p.m. - Jumma - Fridays
 10:30 a.m. - Children's Religious Education - Sundays
 7:30 p.m. - Adult Religious Education - Thursdays

Brooke Army Medical Center Chapel, Bldg. 3600, phone number: (210) 916-1105.

Catholic Services:
 8:30 a.m. - Mass - Sundays
 11:15 a.m. - Mass - Sundays
 11 a.m. - Mass - Weekdays
Protestant Services:
 10 a.m. - Worship Service - Sundays
 Noon - Worship - Wednesdays



232nd Medical Battalion Classroom, Bldg. 1380, phone numbers: (210) 221-5005 or 221-5007.

Mormon Services: 10:30 a.m. - Sundays

Web site:
www.cs.amedd.army.mil/chaplain

Cole students participate in UTSA Pre-freshman Engineering Program



Students show off their certificates for graduating from PREP for the summer of 2004. From left (front row) are: Board President Keith Toney, Roy Aviles, Jennifer Gibson, Scott Gibson, Wesley Lavendar, Margaret Manalo, Kaitlan Vasquez, and Matthew Sullivan; (second row) Superintendent Dr. Gail Siller, Board member Jeanne Warren, Chaquille Hicks, Jazmin Huling, Yucara Martin, Jordan Maney, Board member Eustace Lewis, Chelsea Woodard, and Board member Dr. CEM Maxwell.

Story and photo by Dr. Gloria Davila
Associate Superintendent

Twelve Cole Jr./Sr. High School students presented information on PREP (Pre-freshman Engineering Program) to the FSHISD Board of Trustees at their regularly held August meeting. Board President Keith Toney and members Eustace Lewis, Dr. CEM Maxwell, and Jeanne Warren learned about the entry requirements and the rigorous curriculum the students encountered in PREP.

Roy Aviles, Jennifer Gibson, Scott Gibson, Chaquille Hicks,

Jazmin Huling, Wesley Lavendar, Margaret Manalo, Yucara Martin, Jordan Maney, Matt Sullivan, Kaitlan Vasquez, and Chelsea Woodard attended the eight-week 2004 Summer Program at the University of Texas at San Antonio with other students from Bexar County.

Students must be in grades six through ten, have at least a 90 average in math and in science, be recommended by two faculty members, and submit an essay in order to qualify for the program. The curriculum includes courses such as Logic and its Applications

to Mathematics, Introduction to Engineering, Introduction to Computer Science, Algebraic Structures, Introduction to Physics, and Career Awareness Seminars.

FSHISD board members were impressed with the level of motivation and commitment of the Cole students. "The Board supports the district in allowing our students to explore different avenues for learning, such as PREP," boasts Board member Eustace Lewis. "We are very proud of the Cole administration and the students."

FSH Independent School District Weekly Campus Activities September 6 - 11, 2004

Fort Sam Houston Elementary School

Monday, Sept. 6

– Labor Day/School Holiday

Friday, Sept. 10

– Spirit Day

Robert G. Cole Jr./Sr. High School

Monday, Sept. 6

– Labor Day/School Holiday

Tuesday, Sept. 7

– Senior pictures, 8 a.m.

– School pictures in gym during English classes

– Volleyball vs Stockdale at Cole as follows:

• Freshmen - 4:30 p.m.

• Junior Varsity - 5:30 p.m.

• Varsity - 6 p.m.

Wednesday, Sept. 8

– Senior pictures – 8 a.m.

– School pictures in gym during English classes

– Senior Parents Meeting in Library, 6:30 p.m.

Thursday, Sept. 9

– JV Football at Jourdanton, 6 p.m.

Friday, Sept. 10

– Varsity Football vs Jourdanton at Cole, 7:30 p.m.

Saturday, Sept. 11

– North East Invitational Cross Country Meet at UTSA, TBA

– Varsity Volleyball Utopia Tournament at Utopia, TBA

Bicycle safety

All personnel on Fort Sam Houston, including children, must wear a bicycle helmet while riding a bicycle, as outlined in Department of Defense Instruction 6055.4, dated July 1999.

AMEDDC&S and Fort Sam Houston Regulation 190-5, Motor Vehicle Traffic Programs, also states the bicyclist:

- must obey all traffic signals, signs, and other devices,
- will not carry any other person on a bicycle
- when riding at night, bicyclists will be equipped with bicycle headlights and taillight



Exhibits commemorate 'Women's Equality Day' throughout post

By Sgt. 1st Class Michael Boehringer
Special to the News Leader

Fort Sam Houston community celebrated the annual "Women's Equality Day" on Thursday with exhibits in the Officers and NCO Clubs honoring past and present historic contributions made by women.

In 1971, president Jimmy Carter designated August 26 as Women's

Equality Day after Congress passed a joint resolution.

On August 26, 1920, the 19th Amendment to the U.S. Constitution — "The right of citizens of the United States to vote shall not be denied or abridged by the United States or by any State on account of sex" — became law.

Known as the Susan B. Anthony amendment, it came nearly 150 years after the founding of this

country and more than 70 years after what is widely considered the beginning of the feminist movement, the 1848 Seneca Falls convention "to discuss the social, civil and religious conditions and rights of women."

On Friday, Fort Sam Houston continued to honor "Women's Equality Day" at 32nd Medical Brigade with an exhibit commemorating women's past and present historic contributions, showing a video, and a special surprised visit to the troops by Maj. Gen. Gale Pollock, Chief of the Army Nurse Corp.



Photo by Esther Garcia Coleta Perugini accepts the proclamation for "Women's Equality Day" from Glennis Ribblett, Equal Employment Office, for her continued support of events sponsored by the Human Relations and Equal Employment Office.

A Company, 187th Medical Battalion Officer Advance Course students celebrate graduation



Officer Advance Course small groups compete in the company team building volleyball tournament.

Story and Photos by 2nd Lt. Michael Clauer
Special to the News Leader

The Officer Advance Course, Class 3-04, prepared for their upcoming graduation by holding a team morale building day on Aug. 25 at the Jimmy Brought Fitness Center. The activities included

basketball, pizza, and a volleyball tournament.

OAC students began classes on July 5 and are scheduled to graduate Sept. 2, 8:30 a.m. at Blesse Auditorium. The eight-week course consists of various staff officer training classes including battalion and brigade level tactics, staff operations, hospital operations in a fixed facility,

Deployable Medical Systems, and stability operations and support operations or SOSO.

The 110 students were divided into eight small groups of 13-14 officers. They operate together to accomplish the various practical exercises throughout their training. Their final practical exercise is called MUSIO, Medical Unit Staff in Operations. During MUSIO, they plan medical operations as a combat support hospital staff replicating combat operations.

The morale day activities were coordinated through the efforts of Capt. Christopher Stake, OAC student, Maj. Oliver Walton, instructor, and 2nd Lt. Brian Gray, TAC Officer. The pizza and drinks were funded by the installation Morale, Welfare and Recreation Activity Fund manager. MWR supports all the Soldiers on the installation and continues to offer a wide variety of ways to motivate and thank Soldiers for their service to the nation.



Group three from the top left: Maj. Roberto Sartori, Capt. Daniel Bridon, Capt. Raymond Vazquez, Capt. Mario Gould, Capt. Tomomasa Shiraishi (exchange student from Japan), Capt. Richard Clark, Capt. Joseph Dubose, 1st Lt. Kevin Lester, Capt. Kimthoa Nguyen, Maj. Elizabeth Franco, Maj. Amal Chatila, Capt. Krystal Bean, Capt. Lisa Hirn, and Capt. Sharon Blair enjoy their hard earned pizza.

Cole Junior wins golf tournament



James Raymond

Story and photo by Dr. Gloria Davila
Associate Superintendent

Cole High School junior James Raymond won the 16-18 year old division of the San Antonio Junior Match Play Championship Golf Tournament on Aug. 12-16. After four rounds at the Brackenridge Golf Course, James won the final match play "2 and 1." He beat Matt Vela from MacArthur High School in the North East ISD.

The Cole senior has been playing golf for three and a half years, and states, "I enjoy the competition and the fact that one shot can make a big difference in a round." Dr. Roland Rios, Cole principal, reports that James will be an asset to the golf team this year. James would like to continue playing golf and, hopefully, be able to attend the U.S. Military Academy at West Point.

Cole JROTC students set goals for 2004-2005 School Year

By Cadet 2nd Lt. Alexa Collins
Battalion Public Affairs Officer

Waking up at 6 o'clock in the morning, getting to school on time, eating cafeteria food, finishing homework, and staying awake in class are just a few examples of what students of Robert G. Cole High School face daily as they begin yet another new and exciting school year.

However, for the cadets of the Cole JROTC Cougar Battalion, a new school year also means shining shoes and brass, getting uniforms looking perfect for numerous inspections, memorizing packets of mandatory military doctrine, and perfecting marching drills.

The Cole JROTC Cougar Battalion has established high goals and standards for 2004-2005. Among them are conducting blood drives, manning concession stands, participating in Color Guard and Rifle Team competitions, establishing new physical training teams, conducting the 37th

annual Turkey Shoot, participating in the annual Intra-battalion Drill competition, and sponsoring the Military Ball. "The leadership will be put to the test this year," claims instructor Lt. Col. Robert Hoffmann. "But we have every confidence that all our goals will be met."

Cole High School JROTC is under the direction of retired Lt. Col. Robert Hoffmann and retired Sgt. 1st Class John Clinton.

The following are the new Cole JROTC Battalion leaders for the year: Commander, Cadet Lt. Col. Caitlyn McCoolle; Command Sgt. Maj. Cadet Command Sgt. Maj. Jesse Cartagena; Executive Officer/S-3, Cadet Maj. Ashley Kelley; S-1, Cadet 2nd Lt. Jennifer Bagg; S-4, Cadet 2nd Lt. Elizabeth Bagg; S-5, Cadet 2nd Lt. Alexa Collins; and Assistant S-1, Cadet Sgt. Thomas Leeds.

The company commanders are: A Company, Cadet 2nd Lt. Scott Gibson; B Company, Cadet 2nd Lt. Robert Keith; C Company, Cadet 2nd Lt. Erika Persaud; and D Company, Cadet 2nd Lt. Caitlin Gresenz.

The first sergeants are: A Company, Cadet 1st Sgt. Zachary Sheridan; B Company, Cadet 1st Sgt. Todd Bentley; C Company, Cadet 1st Sgt. James Bills; and D Company, Cadet 1st Sgt. James Raymond.

Cole JROTC to host Blood Drive

The JROTC "Cougar" Battalion of Robert G. Cole High School will host the school year's first blood drive on Tuesday, Sept. 21 from 2:30 to 7 p.m. in the Cole JROTC Building (Pryor Hall). Donors must be 18 years of age and weigh at least 110 pounds. To donate, contact a Cole JROTC cadet or call 368-8730, ext 7018 or ext 7019 for a time slot.

Take steps to prevent theft of private property

By Linda Furlow
Provost Marshal Office

Since the end of July, there have been 111 reported thefts on Fort Sam Houston. The majority of the thefts occurred in the barracks. So far this year, in 71 percent of all reported larcenies, the property taken was left unsecured!

Most of the property was stolen from wall lockers that were left unlocked, or from rooms that were left unsecured. The most common items stolen this year are wallets, cash, laptop computers, video game

players/games, jewelry, and cell phones. Additionally, checks, ATM cards, and credit cards have been stolen and used to make charges and withdrawals against the accounts.

How can you prevent from being a victim of theft?

Simple, lock your valuables, especially your wallet and jewelry. If you live in the barracks, ensure you lock your wall locker every time; and always secure your room no matter where you reside.

Don't leave the key lying on your nightstand. If it is a combination lock, don't set the combi-

nation to save time and don't write down the combination on your textbooks or put in it your wallet.

Don't share your PIN to your ATM card with anyone or write it on the card.

When withdrawing funds from ATM machine, be aware of "shoulder surfing." Shield the keypad with your body or your hand.

Keep checkbooks locked up and inventory your items often. Make sure you have filled out the Personal Property Record (CSFS Form 4292) and that you have a copy on file in your unit

folder. Keep additional copies in a safe place.

If possible, engrave your drivers license number and state on valuable items (e.g. TX123456789). Save your receipts and if possible, take pictures of your property.

Every Soldier likes to exercise! While at the gym, bring your own lock and secure your wallets and other valuable items in the lockers that are provided. Don't leave gym bags underneath bleachers or on the side of the basketball court. It only takes a few seconds for someone to walk away with your property.

All of these steps will help prevent a theft and could also aid police in recovering your property, if it does get stolen.

Want to reduce your credit debt?



If your answer is yes, we have good news for you. The Army Community Service Financial Readiness Program provides a service that can help. For more information, call 221-1612.

Attention: personnel assigned to AMEDDC&S

All personnel with orders assigning them to Army Medical Department Center and School will report to 32nd Medical Brigade, Bldg. 902 for in-processing. The Officer and Enlisted Strength Managers will move from Bldg. 2263 to Bldg. 902, Wagner Hall. The new phone numbers are: 221-3369, Officer Strength Manager and 221-4542 or 221-3177, Enlisted Strength Manager.

Medical Command salutes Townsend's service to nation



Photo by Rudy Flowers

Maj. Gen. Kevin C. Kiley, acting commander, U.S. Army Medical Command, presents the Distinguished Service Medal to Command Sgt. Maj. Sandra Townsend. Her husband retired Command Sgt. Maj. Carlton Martin was presented the Department of the Army Certificate of Appreciation.



Photo by Rudy Flowers

Members of the Fort Sam Houston community congratulate Command Sgt. Maj. Sandra Townsend, her husband, retired command Sgt. Maj. Carlton Martin and her daughter, Michelle, following the change of responsibility and retirement ceremony at MacArthur Parade Field on Friday.



Photo by Rudy Flowers

Maj. Gen. Kevin C. Kiley presents Command Sgt. Maj. Sandra Townsend the U.S. Army Medical Command Medallion recognizing her 31 years of service to the Army medical community during the farewell dinner held at the NCO Club.



Photo by Rudy Flowers

The Army Medical Command Band plays a final salute to Command Sgt. Maj. Sandra Townsend during her change of responsibility and retirement ceremony.



Photo by Rudy Flowers

Rita Van Autreve joins members of the Sergeant Audie Murphy Club to induct Command Sgt. Maj. Sandra Townsend as a member of the Audie Murphy Club.



Photo by Rudy Flowers

Retired Command Sgt. Maj. Charles Shelby presents a commemorative stamp issue recognizing distinguished military leader and Medal of Honor recipient Doctor Mary Walker to Command Sgt. Maj. Sandra Townsend during her farewell dinner.



Photo by Rudy Flowers

Command Sgt. Maj. David A. Eddy served as commander of troops following the change of responsibility ceremony. His staff represented 32nd Medical Brigade units.

Medical Command Band performs for post, local community



Photo by Phil Reidinger

Staff Sgt. Michael McKenna, Army Medical Command Band duty NCO, establishes pitch for band instruments before performing concert.



Photo by Phil Reidinger

Members of the Army Medical Command Band performed a variety of musical selection during the summer Gazebo Concert hosted by Brig. Gen. and Mrs. Daniel Perugini. The musical selection included songs from the musical "Porgy and Bess", the "Clarinet Polka", "Wind Beneath My Wings", and the finale "Stars and Stripes Forever."

Photo by Phil Reidinger (Right) Members of the post and San Antonio community who were guests of Brig. Gen. and Mrs. Daniel Perugini for an ice cream social at their quarters and traditional summer Gazebo Concert on Staff Post Road.



Officers contribute 100+ years of combined service



Courtesy photo

(right to left) Col. Robert Leeds, Col. Darrell Childers, Col. Daniel Battafarano, and Col. Tim Gordon retired from active duty with the U.S. Army during the monthly installation retirement ceremony, Aug 26. Brig. Gen. C. William Fox, Commanding General, Great Plains Regional Medical Command and Brooke Army Medical Center, served as host commander and reviewing officer for the ceremony.

With a final salute, four officers brought their military careers to a closure during a combined retirement ceremony held here Thursday. Retirement

orders were read for the following officers:

Col. Robert C. Leeds, U.S. Army Medical Department Center and School, Fort Sam

Houston, Texas, retired Sept. 1 following 30 years of military service.

Leeds graduated with a Bachelor of Science degree in plant science from Rutgers University in 1968. He served with the U.S. Army Corps of Engineers from 1968 to 1970.

In 1976, Leeds received his Doctor of Dental Medicine degree from Fairleigh Dickinson University School of Dentistry. He completed a Comprehensive Dentistry residency at Fort Ord, Calif. in 1983, and is a graduate of the Army's Command and General Staff College and the U.S. Army War College.

Highlights of assignments include: Fort Richardson, Alaska, Fort Dix, N.J. Following residency, he served in Panzer Kaserne Dental Clinic, in Boeblingen, Germany; followed by assignment to Margetis Dental Clinic, Fort Knox, Ky., and Dental Clinic 5, Fort Bragg, N.C.

From 1989 to 1992, he was commander of the

257th Medical Detachment at Fort Bragg and in Southwest Asia. From 1992 to 1994, he served as the Dental Corps Staff Officer at the Army Medical Department Personnel Proponency Directorate, Fort Sam Houston, Texas and was commander of the Fort Bragg Dental Activity from 1994 to 1996. From 1996 to 2001, he served at the Army Office of The Surgeon General as the Dental Corps staff officer and senior Dental Corps staff officer. Leeds was commander, U.S. Army Dental Command, from 2001 to 2003. From June 2003 until his retirement, he was assigned as chief, Department of Dental Science, Academy of Health Sciences, U.S. Army Medical Department Center and School here. Leeds is married to the former Carol Ann Adik and they have four children.

Col. Darrell W. Childers, U.S. Army Dental Activity, Fort Sam Houston, Texas, retired Sept. 1, after 24 years of military service.

Childers completed AMEDD Officer Basic Training at Fort Sam Houston, Texas in 1980. His first assignment was U.S. Army Dental Activity, Fort Lewis, Wash., where he served as a general dentist. In 1981, Childers was assigned to the 464th Medical Detachment (DS), Kaiserslautern, Germany. He was next assigned to the U.S. Army Dental Activity, Fort Hood, Texas.

In 1988, following completion of the AMEDD Officer Advanced Course, Fort Sam Houston, Texas, Childers was assigned to the Logistical Support Unit, Sinai, Egypt as senior dental officer for the Multinational Force and Observers. His next assignment was to the U.S. Army Dental Activity, Fort Sam Houston, Texas, as chief, Restorative Dentistry at Budge Dental Clinic.

In 1993, Childers was assigned to U.S. Army Dental Activity, Fort Meade, Md. to attend Orthodontic Residency Training.

In 1995, Childers was assigned to 163rd Medical Battalion (DS), Yongsan, Korea where he served as 18th Medical Command Orthodontic Consultant and OIC, Dental Clinic #3.

Upon completion of his overseas assignment in 1997, he was assigned to the U.S. Army Dental Activity, Fort Hood, Texas, where he served as chief, Orthodontics and Orthodontic Mentor in the Comprehensive Dentistry Residency Program.

In 1999, Childers was assigned to U.S. Army Dental Activity, Fort Sam Houston, Texas, where he served as senior Army staff orthodontist for the Tri-Service Orthodontic Residency at Lackland Air Force Base, Texas.

Childers' military education includes the AMEDD Officer

Continued on Page 21

Basic Course, the Combat Casualty Care Course, the AMEDD Officer Advanced Course, and the Command and General Staff College. He earned a Bachelor of Arts degree in biology from Trinity University, San Antonio, Texas, a Doctor of Dental Science degree from UT Health Science Center in San Antonio, Texas, and an Orthodontic Certificate from the U.S. Army Medical Department.

Childers is married to the former Susan Mickelson and they have two sons.

Col. Daniel F. Battafarano, Brooke Army Medical Center, Fort Sam Houston, Texas will retire effective Oct. 1 following 21 years of military service.

Battafarano received a Bachelor of Science degree in biology from the University of Scranton in 1977, Master of Arts in biology from Bryn Mawr College in 1979 and graduated from the Philadelphia College of Osteopathic Medicine in 1983.

He entered active duty service with a direct commission to the Army from the Health Professions Scholarship Program and completed a transitional internship and Internal Medicine residency at Brooke Army Medical Center in 1987. After residency training, he served as an internist for three years at 98th General Hospital in Nurnburg, Germany.

Battafarano then completed a Rheumatology fellowship at Fitzsimons Army Medical Center from 1990-1992. He returned to Brooke Army Medical Center as assistant chief of Rheumatology.

From 1997-1998, Battafarano served as deputy director for Medical Education, MEDCOM, in support of Graduate Medical Education and as director of the HPSP student programs and Continuing Medical Education Program for the Army.

From 1998-2000, he was assigned as chief, Department of Medical Science and course director for 11 triservice medical allied health science schools. In addition, he was director for the design of the 91W Health Care Specialist (Combat Medic) Curriculum and Army sustainment training programs.

In July 2000, he was appointed as director of Medical Education at Brooke Army Medical Center and became Associate Dean for all Army and Air Force GME programs in San Antonio.

In 2002, he established the Department of Hospital Education at Brooke Army Medical Center with oversight of all hospi-

tal staff education and formal physician, nursing and allied health education programs.

Battafarano is board certified by the American Board of Internal Medicine for both Internal Medicine and Rheumatology. He is a Fellow of the American College of Physicians and a Fellow of the American College of Rheumatology. He has faculty appointments at the Uniformed Services University of the Health Sciences, the University of Texas Health Science Center-San Antonio, and at Baylor University Graduate School. He has numerous presentations and publications. He has been selected to many Who's Who organizations, and awarded the "A" proficiency designator in Rheumatology from The Army Surgeon General.

He is a graduate of the Officer Basic Course, the Officer Advanced Course, the Combat Casualty Course, the Advanced Trauma Life Support Course, the Advanced Cardiac Life Support Instructor Course, the Combat Casualty Management Echelon III Course and the Command and General Staff College.

Battafarano is married to former Maj. Karen Pietryka and they have four children.

Col. Tim D. Gordon, U.S. Army Medical Department Center and School, Fort Sam Houston, Texas, retired Sept. 1 following 27 years of military service.

Gordon entered the military following graduation and com-

missioning from the University of California, where he received a BS in biochemistry.

His first duty assignment was as a Medical Platoon Leader, 1/63 Armor. Gordon served next as the S1/Adjutant of the 1st Medical Battalion. His first overseas tour was in Korea where he was assigned to the 106th Medical Detachment (Veterinary Service). Following his overseas tour, Gordon served in his next field assignment as the Executive Officer of the 8th Combat Support Hospital. His next assignment was as commander, 629th Medical Company. Gordon served as an instructor and branch chief (as the only AMEDD officer) assigned to the Signal School.

Gordon then served as the chief, Division Medical Operations Officer, Division Support Command, 1st Armored Division. He served as the S3/Plans, Operations, and Intelligence Officer, 47th Support Battalion, 2nd Brigade, 1st Armored Division during Operation Desert Shield/Desert Storm.

Gordon served in the Individual Training Division, AMEDDC&S. He served as chief, Plans and Operations and deputy Force Medical Officer, overseas during Operation Provide Promise-United Nations Protection Force. He served as the director, Officer Basic Course and

chief, Simulation and Exercises Branch, Department of Healthcare Operations, Academy of Health Sciences, AMED-DC&S. Gordon served as the deputy assistant program manager, Health Affairs, Office of the Program Manager, Saudi Arabian National Guard.

He served as the Commander, 261st Area Support Medical Battalion. Gordon served as chief, Readiness and Training, Health Care Operations Directorate, Office of The Army Surgeon General/U.S. Army Medical Command.

Gordon served as the chief, Concepts and Requirements Division, Directorate of Combat and Doctrine Development. His

final assignment was as director, Directorate of Combat and Doctrine Development. Gordon served in CONUS assignments at Fort Bragg, N.C.; Fort Ord, Calif.; Fort Gordon, Ga.; Fort Sam Houston, Texas, and Fort Riley, Kan. His overseas assignments include Korea, Germany, the former Republic of Yugoslavia, and Saudi Arabia.

His military education includes the Army Medical Department Officer Basic and Advanced Courses, the Combined Arms and Services Staff School, and the U.S. Army Command and General Staff College.

He and his wife Debbie have two sons.

Child and Youth Services news



3-Day Part Day Preschool Program will start Sept. 8. Orientation for 3-Day Part Day Preschool will be Aug. 31 at 9 a.m. in the PCI, Bldg. 1720. Central Registration staff will contact individuals who are not registered with CYS. Currently, CYS is surveying interest for a 2-day Part Day Preschool Program. Call Central Registration to put your child's name on the list. Fees will be based on Total Family Income.

Family Child Care (FCC) offers home-based child care for ages 4 weeks to 12 years on and off post with certified providers. Types of care are full day, part day, before and after school care, hourly care, extended hour care and long term care. Referral information and child registration are available at Child and Youth Services Central Registration, 221-4871 or 221-1723. FCC is looking for family members interested in becoming certified FCC providers to offer home based child care. There is a no-cost start up plan. For more

information, call 221-3820 or 221-3828.

CYS Parent Advisory Council (PAC) meeting will be held Sept. 21, 11:30 a.m. to 12:30 p.m. at the Child Development Center, 2530 Funston. Lunch will be provided. This is the CYS parents' opportunity to learn of upcoming events, meet the staff and address any concerns.

Parent Child Incorporated (PCI) Headstart program is currently taking applications. PCI/Headstart is a federally funded program that provides free childcare for parents who meet the federal poverty guidelines.

For information and eligibility, call 221-3788 or 221-3835.

CDC Categories Effective Oct. 1, fee structure at the CDC will be as follows: Category I- \$196 from \$181; Category II- \$295 from \$290; Category III- \$349 from \$346; Category IV- \$404 from \$393; Category V- \$462 from \$454 and Category VI- \$522 (no change). Hourly care will be \$2.50 an hour for patrons in Category I and \$3.50 and hour for Category II through VI. CDC's fee structure is based on Department of Defense policy and must be implemented consistently within and across Installation Management Agency Regions. This ensures consistency

and predictability of CYS fee structure and procedures for Army patrons as they move from installation to installation and Region to Region.

The Child Development Center has full day immediate openings for ages 3 to 5 years. To register call Central Registration at 221-4871 or 221-1723.

Child Development Center Waiting List - If your child's name is on the Wait List for full day care at the Child Development Center, check your status on the wait list from the day you complete the form; otherwise your child's name will be purged from the list. To check your status, call Central Registration at 221-4871 or 221-1723.

Instructional Classes - If you are interested in instructional classes such as Tae Kwon Do, piano, quarterly babysitter training or gymnastics, call 221-4882 or 221-4871/1723. For babysitter training or information, call 221-4871 or 221-1723.

School Age Services (Kindergarten - 5th grade) offers After School and Weekend Open Recreation (Open recreation available to children in 1st - 5th grade) opportunities and After School Hourly Care options. Hourly and Open recreation must be reserved in advance by calling School Age Services at 221-4466. Children must be registered through Central Registration prior to utilizing the School Age Program. To register, call Central Registration at 221-4871 or 221-1723.

MWR Recreation and Fitness

Army Dillo Half Marathon – Sign-up now for the Army Dillo Half Marathon, Sunday, Sept. 26. Registration fees are \$30 for teams, \$25 for individual until Sept. 22. After Sept. 22, \$40 for teams, \$35 for individual. Race day registration begins at 6 a.m. The race starts at 7 a.m. from the Brigade Gym. Download a registration form online at www.fortsamhoustonmwr.com or pick one up from the Jimmy Brought Fitness Center.

Hunter Education Class – In accordance with new Army regulations, every person hunting on Army land is required to successfully complete a hunter education course. This requirement will become mandatory at Camp Bullis for the 2005 Hunting Season. The next class will be conducted Sept. 21-24, 6 - 10 p.m. at Bldg. 2618, new Veterinary building located next to the gas station and across from the Auto Craft shop. For information or to register, call Staff Sgt. William Hickman at 221-7640 or 641-7878. Dates for classes in 2005 will be published on the Web site www.fortsamhoustonmwr.com, early next year.

Aquatic Center New Pool Hours – The Aquatic Center, 3300 Williams Rd., will be open until Labor Day for open Monday - Friday, 11 a.m. - 1 p.m. lap swim, and 5- 8 p.m. open swim. On Saturday, Sunday and holidays the center will be open from noon to 8 p.m. The center also offers three slides, a kiddie pool and playground.

Aerobathon Sept. 18 – Get moving for three hours of non-stop fun including step moves, abs and low impact aerobics. The next aerobathon will be held Sept. 18, 9 a.m. - noon at the Jimmy Brought Fitness Center. Cost is \$10 and participants will receive a T-shirt.

AC Service Available – The Auto Craft shop, located at the corner of Schofield Rd. and Funston Rd., offers air-conditioned service for your vehicle for just \$30 plus the cost of Freon and a \$2 environmental fee. We carry R-12 and 134A refrigerants. The Auto Craft Shop is open Wednesday – Friday, 1 - 9 p.m. Saturday and Sunday from 9 a.m. - 5 p.m. For information, call 221-3962.

Equipment Rentals – The Outdoor Equipment Center now has softball and flag football kits available for rent. Attention hunters: Hunting season is fast approaching and we now have targets for sale. Visit the center at Bldg. 1111, Forage Ave. Monday-Friday, 8 a.m.-5 p.m. or call 221-5224. A full listing of available equipment is also online at www.fortsamhoustonmwr.com.

Archery Lessons at the Equipment Center – Individual and group archery lessons are now available through the Outdoor Equipment Center. Instructions are provided at individual's level of experience, from novice to expert. Children are welcome, however, a parent must accompany any dependents under the age of 18. For safety reasons, patrons must wear full shoes and no oversized shirts or shorts/trousers. For information, call Skip Dawson at 221-5225.

Trail Rides – The Equestrian Center offers one-hour trail rides every Saturday and Sunday all year long. Children ages 7 and up are welcome, however, an

adult must accompany them. Cost is \$20 per person. Reservations are required and may be made by visiting the Equestrian Center or by phone at 4-7. Riding times are as follows: 8:30-9:30 a.m.; 10-11 a.m.; 12:30-1:30 p.m.; 2-3 p.m. The center is located in Bldg 3550, Hawkins Rd., off Binz-Engleman and is open Monday-Friday: 7 a.m.- 6 p.m.; Saturday-Sunday: 7 a.m.- 5 p.m.

Summer Fun at Canyon Lake - The Fort Sam Houston Recreation Area at Canyon Lake offers a variety of recreation activities including camping, fishing, boating and swimming. Have a family reunion or unit gathering in one of the covered picnic areas or pavilions. Enjoy the overnight accommodations including mobile home rentals, screened cabanas and tent camping sights. From Fort Sam Houston take I35 North to exit 191 (Farm road 306), continue 17 miles until you see the sign to Fort Sam Houston Recreation Area. Turn left onto Jacob Creek Park Road and the center is 1/2 mile down on the right. Hours are Sunday-Thursday: 8 a.m.-6 p.m. Friday-Saturday: 8 a.m.-8 p.m. Phone numbers: from the 210 area code: 830-226-5357 (no fee) outside the 210 area code: 1-888-882-9878.

60 Days of Fitness – A motivating fitness and weight loss program

designed to help lose 15 pounds in 60 days using a point system. This self-paced program requires a workout 45 out of 60 days and includes a seven-page fitness assessment, body fat analysis and body measurements. Participants will also attend two 30-minute weight loss classes. Cost is \$20, which includes a T-shirt. For information, call Lucian Kimble at 221-2020.

Pilates Class - A new Pilates class is now offered at the Jimmy Brought Fitness Center every Tuesday and Thursday at 4:45 p.m. Cost is \$2 per class or \$24 for a 16 class pass. For information, call Lucian Kimble at 221-2020.

MWR Ticket Office

Get your tickets for main attractions at the ticket office!

Disney and Universal Studios tickets – Call now through Sept. 29 and all U.S. active military will receive a 40 percent discount on rooms at all Disney Resorts. For reservations, call (407) 939-7424 and mention "Package Code EVU."

Concert tickets – We have tickets for **Julio Iglesias**, Sept. 30 and **Johnny Mathis**, Oct. 3.

2005 Entertainment Coupon Books for sale, cost is \$20 per book.

For additional ticket information and prices, call 226-1663.



NASCAR coming to the FSH Commissary soon . . .

Sept. 5, 10 a.m. to 4 p.m.

- Car simulator, get into the racing action
- Free Ragu Sloppy Joes served
- Free die-cast racing cars for the kids
- Raffle, NASCAR trivia for a chance to win T-shirts, hats, koolies and much more
- Great savings on "Top Sponsor Brands" like Hellmans, Ragu and Country Crock



MWR Youth Happenings

Free After School Program for Middle School Students - Youth Services offers an After School program for Middle School youth grades 6-9 on Monday through Friday after school until 6 p.m. YS will pick up your child from the Elementary or the Jr./Sr. High School and take your child to the Youth Center. After a snack the student will work on homework, participate in clubs and other fun innovative projects. Students can join the 4-H Club, Photography Club, Computer Tech Club and a variety of other clubs. The best feature of this program is that this is a free

program. However, students must register with Child and Youth Services for an annual fee of \$18. For information, call 221-3502.

Football and Cheerleading Registration - Football and cheerleading registration is ongoing at the Youth Center Monday through Friday from 10 a.m. to 7 p.m. The cost for football is \$55 for the 1st child, \$50 for the 2nd and \$45 for the 3rd child. Cheerleading is \$50 for the 1st child, \$45 for the 2nd and \$40 for the 3rd. A birth certificate, current physical, shot records and current CYSD registration are required.

Soccer Registration - Alamo Heights Fort Sam Houston Soccer League registration will be held at the Youth Center on Saturday, Aug. 21 and 28 from 9 a.m. to 3 p.m. The cost is \$50 for youth ages 10 and under and \$50 plus \$15 for uniforms for 11 and up. Birth certificate and physical are needed and youth must be CYSD registered. For more information call 221-3502/5513.

Middle School and Teen Pool Party - Youth Services will hold a Pool Party at the Fort Sam Houston Pool for youth in 6th grade through 12th grade on Friday, Aug. 13 from 8 to 11 p.m. The cost will be \$3 per person. All youth must be a CYSD member to attend this pool party. There will be food, music, and lots of water fun! The Youth Center will close that night at 8 p.m. There will be a van shuttle leaving from the pool at 10:30 p.m. for all ages. For more information, call 221-3502.

Youth Service Volunteers - YS is looking for volunteers to assist with youth programs. We need coaches, computer skilled people, crafty people and those who care about kids.

If you have a special interest or hobby that you would like to share with kids, you can share it at the Youth Center. For information, call the Youth Center at 221-3502.

Saturday Open Recreation - Open recreation for youth in grades 1-12 is held at the Youth Center on Saturdays. Activities include computer lab, arts and crafts, basketball, pool, ping-pong, movies, and more. Youth must be registered with Child and Youth Services to be eligible. For information, call 221-3502. Open recreation hours for youths in grades 1-5, 3-8 p.m.; youths in grades 6-8, 3-10 p.m.; and youths in grades 9-12, 3-11 p.m.

Parents Wanted - Parents are needed at the Youth Center every third Saturday of the month from 6-9 p.m. to join the Youth Center Staff team and play basketball against the teens and middle school students. Parents and staff try to out maneuver the teens and score a few baskets. Come join us in a game or to cheer and enjoy refreshments.

Tae-Bo - Join the youth services staff as they conduct Tae-Bo Classes every Wednesday from 4:30-5 p.m.



Saturday Shuttle - YS offers a Saturday shuttle to and from the Youth Center. There is no cost for this service but parents of children 9 and under must wait for the van and sign them in and out of the van with the YS staff member. The Shuttle schedule is as follows:

- 3 p.m. - Leave the Youth Center
- 3:07 p.m. - Gorgas Circle (picnic tables)
- 3:10 p.m. - Schofield/Dickman on Schofield
- 3:15 p.m. - Reynolds and Dickman on Reynolds
- 3:20 p.m. - Officer's Club tennis Courts
- 3:25 p.m. - Artillery Post Road at Bus Stop
- 3:30 p.m. - Easley/Infantry Post Bus Stop 660
- 3:42 p.m. - Patch Road (playground)
- 3:46 p.m. - Patch Road Shoppette Parking lot
- 3:50 p.m. - Foulois/Scott Road Harris Heights
- 3:54 p.m. - Forage/Foulois
- 4 p.m. - Powless Guest House

The return Shuttle will leave the Youth Center at 7:30 p.m. for those in 5th grade and below; at 9:30 p.m. for those in Middle School and at 10:30 p.m. for those in 9th grade and up. The shuttle service is only for youth who live on Fort Sam Houston.

Que Pasa?



Cultural Homestay International seeks host families

Cultural Homestay International, a non-profit educational exchange program, has many exchange students waiting to be placed with host families for the upcoming school year. Ideal families should be willing to open their home to the world and accept a new culture into their life. To volunteer, contact Ruth Chislett, CHI Academic Coordinator, at (210) 862-2711 or (800) 777-5724. To learn more about CHI, visit www.chinet.org.

Continuing Education System, Bldg. 2248, to review educational goals with a professional guidance counselor. For information, call 221-1738.

Direct commissioning program

The U.S. Army Health Care Recruiting Team is looking for qualified applicants for their direct commissioning program. Anyone working toward a bachelors' degree in any science, nursing, physics, nutrition or engineering may qualify to become an Army officer. The program is open to active duty, reserve, National Guard and civilians. For information, call Capt. Beverly S. Scott at 692-7376, (877) 570-8053 or e-mail Beverly.Casiano@usarec.army.mil.

Community events

Comfort 150th Anniversary Jubilee Walk, Sept. 11

The Hill Country Volkssportsverin volksmarch club will host a 10-kilometer (6.2 mile) and optional 5-kilometer walk event on Sept. 11. The walk will be held in conjunction with the 150th Jubilee anniversary celebration of the founding of Comfort, Texas. For more information on the anniversary celebration go online to www.comfort-texas.com/Jubilee.htm. For information on the walk call John Bohnert at 830-995-2421 or e-mail Tina Bohnert at: tina.bohnert@comfort.txed.net.

Spicewood Vineyards Walk, Sept. 11-12

The Selma Pathfinders volksmarch club will host a 10-kilometer and optional 5-kilometer walk at the Spicewood Vineyards in Spicewood, Texas on Sept. 11-12. For more information on the walk contact Phyllis Eagan at (210) 496-1402, or e-mail milchene@juno.com, and visit the club's Web site www.geocities.com/Yosemite/Gorge/8195/.

Officer and Civilian Spouses' Club Luncheon, Sept. 21

The Officer and Civilian Spouses' Club September Luncheon will feature San Antonio Express-News columnist Susan Yerkes. Plan to attend the OCSC luncheon on Sept. 21, 11 a.m. at the Fort Sam Houston Officers' Club where you will hear award-winning columnist Susan Yerkes speak on "San Antonio Salsa: Putting the Spice in Life." As an added attraction and a fundraising project, the OCSC will also sponsor the yearly jewelry sale in the Wainwright Room from 10 a.m. - 1:30 p.m. with jewelry from James' Jewelers of Bangkok, Thailand. For reservations, call Sigrid Reitstetter at 226-8806 by noon Sept. 17 and specify your menu choice of either a hot chicken entrée for \$12 or a cold assorted salad plate for \$11.

Flamenco Dancing class at NE Community Center

Adults and teens are welcomed to a six-week introductory class in flamenco dancing with Image Dance Company in Windsor Park Mall. Students will learn arm work, foot work and castanet playing as they learn the basics of this fiery Spanish dance. The class begins Sept. 25 at 3 p.m. For more information or to register, call North East Community Education at 657-8866 or visit the web page at www.neisd.net. Contact: Mary Fisher, 657-8866 ext. 235.

International Dancing, Fridays

Put down the remote and get some exercise! The San Antonio Parks and Recreation Department sponsors international dancing every Friday at 7:30 p.m. at the Lions Field Recreation Center located at 2809 Broadway. No partners necessary. For information call Jimmy at 520-4701 or Nelda at 342-2905.

Volunteer

BAMC seeks volunteers for 'Partners in Healing'

Brooke Army Medical Center is looking for active and upbeat volunteers to be "Partners in Healing." BAMC wants volunteers who understand the hardships of coping with illness or injury and who empathize with the special needs of patients. BAMC offers 130 positions to match each volunteer's skills and interests. To volunteer, call the Office of Volunteer Services at 916-5083.

U.S. Army seeks Warrant Officer candidates

The U.S. Army is looking for highly motivated Soldiers, Marines, Sailors, and Airman to fill its Warrant Officer ranks. Positions are open in all 45 specialties for those who qualify. Applicants with less than 12 years active federal service are encouraged to apply. For more information and forms/documents required to apply, visit the Web site: www.usarec.army.mil/warrant or call DSN 536-0484/0458/0488/0478/0271/1860. The toll free number is 1-800-223-3735, ext. 6 and the last four of the phone number.

SHARE seeks host families for international students

SHARE is looking for host families for international exchange students for the upcoming school year. The students speak English; are covered by medical insurance and have spending money for their personal expenses. Host families provide a bed, meals, as well as friendship, understanding, and a genuine desire to share the American way of life.

Traditional two-parent families (with or without children), single parents or adults, and retired couples have enjoyed hosting one of our bright students. For information, call Yvette Coffman at 1-800-941-ERDT (3738) or visit www.sharesouthwest.org.

Education

FMEA Resume Workshop, Sept. 8

Family Member Employment Assistance will offer a Resume workshop on Sept. 8, 9 a.m. to noon. It is not enough to just have a resume, you need to have the right resume to increase the chances of landing the interview. Reservations are required and seating is limited to family members of active duty service members, retired service members and current DoD civilians. For information, contact Pat Fory at 221-2705 or Katja Lunsford at 221-0427 or e-mail at patricia.fory@samhouston.army.mil or katja.lunsfor@us.army.mil.

FMEA Color Analysis Workshop, Sept. 10

Family Member Employment Assistance will offer a Color Analysis Workshop on Sept. 10, 9 a.m. to 12:30 p.m. The Color Analysis Workshop will help you determine what colors are best for you and how to use these colors to plan a versatile, yet flattering wardrobe. Reservations are required and seating is limited to family members of active duty service members, retired service members and current DoD civilians. For more information, contact Pat Fory at 221-2705 or Katja Lunsford at 221-0427 or e-mail at patricia.fory@samhouston.army.mil or katja.lunsfor@us.army.mil.

Herbs for the landscaper and chef class

Master Gardener and Naturalist Margie Christopher will share secrets for growing and using herbs at Reagan High School on Wed., Sept. 22. She will discuss how to incorporate herbs into a landscape and demonstrate how to use them in dishes such as Lavender Cookies, Herb Dinner Rolls, Fresh Herb Garden Salsa and more. The one-night class begins at 6:30 and costs \$22 plus a \$3 food sampling fee. For more information or to register, call North East Community Education at 657-8866 or visit the web page at www.neisd.net. Contact: Mary Fisher, 657-8866 ext. 235.

Tuition assistance available for active duty Soldiers

Tuition assistance for active duty Soldiers is \$4,500 per fiscal year with a cap of \$250 per semester hour to include fees. The current policy of \$4,500 per year is still in effect for the U.S. Army in fiscal year 2004. Soldiers will need a degree plan from the university or college they are attending no later than completion of nine semester hours. This is a regulatory requirement that must be complied with prior to continuing in any college program. Visit the Army

Meetings

SACAA seeks new members

The San Antonio Caribbean American Association was formed in April, and the goal is to promote a working knowledge of the diverse and common elements of culture, the fostering of cultural awareness, the understanding, and appreciation of cultural heritage and the provision of a social atmosphere of togetherness. For information call Master Sgt. Perry at 310-0123, Cassandra Reefer at 659-9150 or Pauline Coleman 659-7258.

USAWOA - Lone Star Chapter

The Lone Star Chapter of the U.S. Army Warrant Officer Association meets on the third Monday of each month at 7 p.m. at VFW Post #8541, 2222 Austin Highway (between Eisenhower and Walzem Road). All active duty, retired, Reserve, National Guard and family members of current or former Warrant Officers are invited to attend. For information, contact CW2 Matthew Watterson at 295-8773 or at matthew.watterson@us.army.mil

Purple Heart veterans sought

Purple Heart Veterans are invited to join the meeting of Military Order of the Purple Heart on the first Saturday of every month, 9 a.m. at the Roadrunner Community Center to learn more about combat related entitlements and claims benefits. Registration begins at 9 a.m. Bring your DD For 214 and a short biography.

FSH Sergeants Major Association seeks new members

The Fort Sam Houston Sergeants Major Association meets every third Thursday of the month, 6 p.m. in the FSH NCO Club. Army retired Sgt. Maj. Hector Viczaino, president of the association, extends a cordial invitation to all Active Duty and retired command sergeants major, sergeants major and master sergeants on the promotion list from all service branches to attend the meetings. For information, call Sgt. Maj. Tracey James at 221-7495 or Sgt. Maj. Jeff Lavender at 221-7674.

BOSS seeks single Soldiers

The Better Opportunities for Single Soldiers meetings are held on the first and third Wednesday of every month, 1:30 p.m. at the Hacienda Recreation Center. The BOSS committee was established to provide Soldier input to the commander, who uses the committee's recommendations to improve single Soldiers' Morale, Welfare and Recreation programs. For information, call Staff Sgt. Edward Castro at 221-8760.

Fort Freebies

Freebies are published on a first come, first serve basis. Commercial advertisements are prohibited. The deadline is noon Monday. Freebies are intended for personal household goods and privately owned property, and may only be submitted by active, retired or reserve component military members and civilian employees working on Fort Sam Houston. To submit paid classified ads or commercial advertising, call Prime Time at 453-3300. To submit a Fort Freebie, e-mail to: news.leader@samhouston.army.mil or fax to 221-1198. Ensure your military/Fort Sam Houston civil service status, phone number and name appears on request. Limit of five items per entry.



For Sale: Rug, telescope, round whicker chair, electric Scooter, office desk, all in excellent condition and will sell to highest offers. Call Stella at 270-1825 or Terry at 639-7773.

For Sale: Basketball system, \$85; Pre-lit 7 1/2 ft. Xmas tree, \$120; coffee table and 2 end tables, \$65; washer, \$100; 2 dryers, \$75 each. Call 691-9613.

For Sale: New Gazelle Power Plus with power pistons, remote control, bottle holder, workout video and manual, \$200; Hoover Floormate, \$75. Call 568-3883 or e-mail chemical-

dragonfamily@satx.rr.com.

For Sale: Super capacity 465 Whirlpool electric stove "white" in excellent condition, \$130; white baby crib with mattress, \$65. Call 662-8901 or 325-7538.

For Sale: Oak-finish China cabinet, \$125. Call 590-2126.

For Sale: Mako TS-3 six-string guitar, \$100; Dulcimer, \$75; String Banjo, \$100. Call 744-5492 or (830) 393-3323.

For Sale: Baby crib with mattress, white wash oak, \$170; open hutch and

buffet, \$170; entertainment center, white wash oak, height 72" by 60" wide, \$60; Whirlpool dehumidifier, \$80; also have inexpensive carpets. Call 497-2606.

For Sale: 7 ft. long, high backed, blue sofa, \$100; blue Franklin recliner/rocker loveseat, \$100. Call 599-0506.

For Sale: Handcrafted solid oak dining room table with 5 chairs and 1 bench, \$425 obo. Call 226-9568.

Free to good home: Black female Lab mix, spayed, shots current with kennel and accessories. Call 670-2083.

Career Clips



The Army Career and Alumni Program office provides numerous services to eligible people in transition including job assistance. Information on these and other positions is available to ACAP customers in the ACAP Office, Bldg. 2264 or call 221-1213.

Population Health Program Coordinator - San Antonio. Analyze AMEDD beneficiary population data to identify prevent and disease program management. Analyze and evaluate program outcomes. Design engineer identified program changes.

Ultrasound - San Antonio. AB and vascular imaging. Comprehensive knowledge of OB GYN, ABD, small parts anatomy, physiology, pathology, and physics. Facility values strong interpersonal and organizational skills. ARDMS certified or eligible.

Account Executive - San Antonio. Achieve annual territory case and EBITDA goals. Establishes product mix goals to further distribution customers. Targets key end-users to pull product through distribution. Manages all program and promotional spending with budget. Trains distributor personnel.

San Antonio Military Community Job Fair Sept. 22, 9:30 a.m. to 3 p.m.

Live Oak Civic Center, 8101 Pat Booker Road

Sponsored by:

- Fort Sam Houston Army Career & Alumni Program
- Fort Sam Houston Family Member Employment Assistance Program
- Lackland Air Force Base Transition & Career Focus Programs
- Randolph Air Force Base Transition & Career Focus Programs
- Webster University Alumni Association
- Texas Workforce Commission

For information, call the Fort Sam Houston ACAP Center at (210) 221-1213