



News Leader[®]



Vol. 36, No. 44

Fort Sam Houston — Home of Army Medicine

Nov. 4, 2004

Briefs . . .

339th MI Company activates

The 339th Military Intelligence Company (U.S. Army Reserve) will conduct its activation ceremony Sunday at 1 p.m. at MacArthur Field. The 339th MI Company is part of the 90th Regional Readiness Group and will support the 470th Military Intelligence Group in providing intelligence to U.S. Army South and U.S. Southern Command. For more information, call Sgt. 1st Class Ricardo Sanchez at 295-9465.

Commissary hours

The Fort Sam Houston commissary is open Veterans Day, Nov. 11.

Museum hours

Commemorate Veterans Day with a visit to the Fort Sam Houston Museum from 10 a.m. to 4 p.m. Nov. 11. The Museum is in Bldg. 123, Stanley Road. Call 221-1886.

Veterans Day closures

The Gen. Vogel Processing Center, Bldg. 367; the Student Personnel Processing Center, Bldg. 1290; and the Brooke Army Medical Center ID Card Office will be closed Nov. 11 and 12. Service resumes Nov. 15 at 7:30 a.m.

Officer candidates

Soldiers interested in attending Officer Candidate School must complete application packets and send them to the Personnel Management Branch by Dec. 1. Local interviews will be Dec. 8. For more information and an OCS application packet, stop by personnel, Bldg. 2263, Room 216, or call 221-1839.

Native American events

Fort Sam Houston celebrates National Native American Indian Heritage Month. For more information and events, go to page 7.

Recruit the Recruiter team

The Army's Recruit the Recruiter team briefings are 10 a.m. and 2 p.m. in Bldg. 2263, Room 101B. For more information, go to the Army Recruiting Web page at <http://www.usarec.army.mil/hq/recruiter/Index.htm> or contact your unit's retention NCO or career counselor.

Housing demolition safety

Demolition of 60 homes and associated carports in the Harris Heights neighborhood is under way. The work is scheduled for completion in January. Every effort is being made to minimize disruption of daily activities. People, especially children, should remain outside the demolition area and use caution when in the vicinity.

Fond farewell



Photo by Elaine Aviles

Staff Sgt. Anthony Joyner, 340th Quartermaster Company unit supply sergeant, shares a kiss with his 2-year-old granddaughter, Aryana, Oct. 28 at the company's deployment ceremony. The 340th QM Company deployed to Iraq on Friday. For story and photos, see page 20 and 21.

DoD suspends anthrax program

By Samantha L. Quigley
American Forces Press Service

WASHINGTON — The Defense Department has temporarily paused the anthrax vaccination program because of an injunction issued by the U.S. District Court for the District of Columbia.

Assistant Secretary of Defense for Health Affairs Dr. William Winkenwerder emphasized the injunction was not related to the safety or effectiveness of the vaccine, but rather to a technical issue as to whether the Food and Drug Administration followed a proper procedure when it issued a rule about the vaccine one year ago.

"I just would like to reassure everyone that the vaccine is safe and effective," Winkenwerder said. "The most definitive study was one that was independent, apart from the Department of Defense, done two years ago by the National Academy of Sciences.

"They looked at all the evidence," he said. "They said the vaccine is safe and effective against all forms of anthrax."

The vaccination program was also paused briefly in late 2003. That ruling was reversed roughly two weeks after being handed down. Officials hope that, as in 2003, the current legal issues will be resolved quickly and the program will restart in the near future, he said.

Winkenwerder said he didn't want to speculate what would be required of the Food and Drug Administration to work through these matters.

"Those really are legal issues that are being worked on by lawyers by the

See ANTHRAX on Page 3

Defense Act increases pay, provides benefits

By Jim Garamone
American Forces Press Service

WASHINGTON — President Bush signed the \$420.6 billion National Defense Authorization Act Oct. 28.

The bill makes up 19.9 percent of the total fiscal 2005 federal budget and 3.6 percent of the gross domestic product. Last year, the percentages were 20.2 percent and 3.8 percent, respectively.

The authorization act is the second of two bills that had to

become law for the Defense Department to operate. The first is the Defense Appropriations Act, which the president signed into law Aug. 5. The appropriations act provides the money; the authorization act gives DoD the OK to spend it.

The bill raises the end-strength level of the Army and Marine Corps by 20,000 and 3,000, respectively. Army end-strength will be set at 502,000; Marines, 178,000.

In addition, the bill funds a

3.5 percent across-the-board pay raise for service members and eliminates out-of-pocket expenses for housing by increasing the basic allowance for housing. The bill also makes permanent increases in hostile fire/imminent danger pay to \$225 per month and family separation pay to \$250 per month.

The bill also allows the base realignment and closure process to move forward. The House version of the bill would have delayed the process for two years.

The bill authorizes a number of programs for reserve-component service members.

On the medical side, it provides for up to 90 days of TRICARE coverage for reservists and their families who are mobilized. It also authorizes 180 days of transitional TRICARE health benefits for reservists, active-duty members and their families after separation from active duty.

In addition, members of the selected reserve earn a year's eli-

See PAY on Page 4

Post announces changes in gate operations

Story and photos by Phil Reidinger
Fort Sam Houston Public Affairs Officer

The Wilson Street gate will be closed effective 10 p.m. Nov. 14. This temporary gate was opened during the construction of the Dickman/Harry Wurzbach (West) gate at Dickman to allow traffic to enter off Broadway Street. The gate will remain closed except for emergency use.

The newly constructed Harry

Wurzbach gate at Dickman will open for post traffic Nov. 15 at 5:30 a.m. Gate operating hours will be Monday through Friday from 5:30 a.m. to 10 p.m. and on weekends and holidays from 8 a.m. to 10 p.m.

The new gate is designated for decal vehicles only. No visitor passes will be issued. The gate area includes one entrance and exit lane, a turn-



The newly constructed Harry Wurzbach (West) gate at Dickman Road will open Nov. 15.

See NEW GATE on Page 3

Anthrax immunization program suspended

On Oct. 27 the U.S. District Court for the District of Columbia issued an injunction against the current operation of the Anthrax Vaccine Immunization Program. This is similar to the injunction issued last December, at which time DoD paused the vaccination program pending clarification of the legal issues. That earlier injunction was lifted about two weeks later.

This new injunction is based on a conclusion by the Court that the Food and Drug Administration was required by its regulations to solicit additional public comments before finalizing its conclusion that anthrax vaccine is safe and effective for protection against inhalation anthrax. While the Department of Defense, Food and Drug Administration, and Justice Department pro-

ceed with steps to clarify these legal issues, DoD will again, effective immediately, stop giving anthrax vaccinations until further notice.

DoD remains convinced that the AVIP complies with all legal requirements and that anthrax vaccine is safe and effective.

(Source: Memorandum from the Secretary of Defense)



Donald H. Rumsfeld
Secretary of Defense

Fort Sam Houston News Leader

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New gate

Continued from Page 1

around lane, and an inspection area. Traffic at the intersection will be controlled by four-way stop signs and yield signs for right turns. During the morning rush hour, from 6 to 8 a.m., traffic flow at the intersection will be controlled by a police officer. Access control point procedures at the Harry Wurzbach and Stanley Road entrance will remain the same.

Nov. 10 through 14, new canopies will be installed at the Walters Street main entrance, the visitor entrance and the vehicle inspection areas.

Nov. 10 and 11, the visitor access control point will be incorporated into the current vehicle inspection area. The redesigned visitor access control point will allow two visitor entrance lanes and a maximum of four inspection lanes.

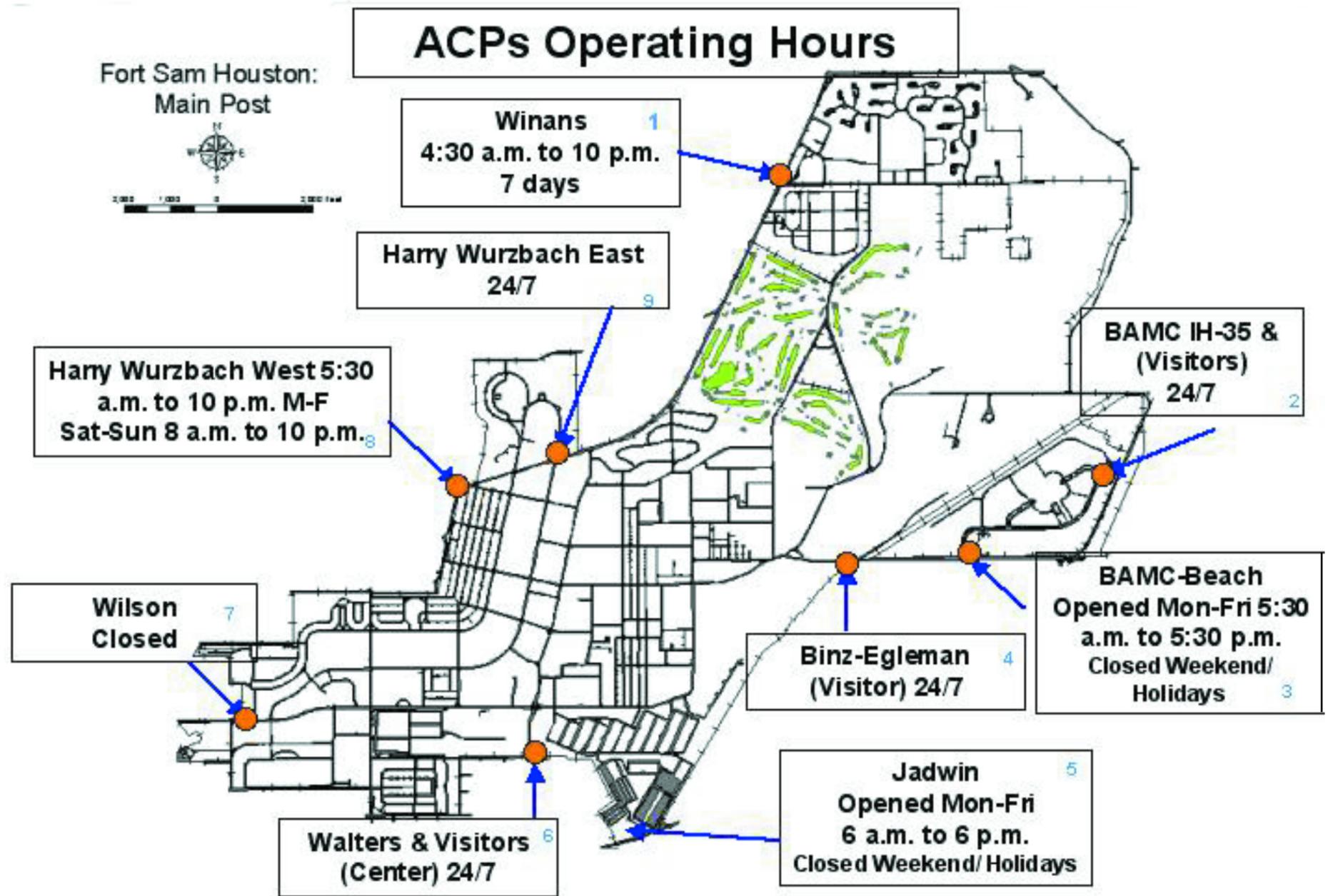
There will be no change in vehicle flow and access during the installation of the canopy. The work will be done at night from 6 p.m. to 5 a.m. to minimize traffic disruption during normal business hours. The inspection area canopy will be completed first, followed by the main entrance.

Nov. 12 and 13, a canopy will be installed at the main Walters Street decal entrance. All inbound traffic will be directed thru the visitor entrance. Traffic will not be allowed to exit Walters Street during installation from 6 p.m. to 5 a.m. During this time, the Jadwin gate will remain open for exiting traffic only to provide post access to Interstate Highway 35.

Another recent change is the opening of the new commercial vehicle gate at Jadwin, approximately 100 yards south of the old, closed Coliseum gate on the IH35 access road.



Traffic at the intersection of the new gate will be controlled by four-way stop signs and yield signs for right turns.



Anthrax

Continued from Page 1

Department of Defense, from the Justice Department, from the FDA working together to address the concerns that have been raised by this opinion," he said.

The results of the pause are unclear at this time, but Winkenwerder said DoD expects no more than a delay.

"Obviously attorneys ... have to get together to look at these issues and respond," he said. "We'll be able to say more about what will happen after that's done."

Despite the pause in the program, those servicemembers who have begun the vac-

ination program will continue with it once the injunction is lifted, Winkenwerder said.

However, because of the wording of the judge's opinion, servicemembers wanting to participate in the program voluntarily are unable to do so. After fulfilling government contracts, little of the current vaccine is available to the general public.

"We're hoping and planning ... to have a new anthrax vaccine with large amounts available," Winkenwerder said. "And maybe within a couple years' time, vaccine would be available to the general public."

Winkenwerder said the new vaccine is under development with the project being led by the Department of Health and

Human Services. The department's plan is to have 75 million doses produced within the next year, however, it would still have to go through testing and FDA licensing.

The concerted effort to produce and develop large quantities of the vaccine is being made to not only protect the troops, Winkenwerder said, but also the American public. That effort is necessary because there is still a threat of an attack using anthrax as a weapon, despite the fact that no weapons of mass destruction were found in Iraq, he said.

"There's clearly a continuing threat," he said. "We know from intelligence information and also from comments that have

been made by the leaders of the intelligence community that the terrorists ... have expressed an avowed interest in biological and chemical and nuclear weapons.

"They've spoken specifically about anthrax," Winkenwerder added. "With that kind of threat out there, it's really important that we take the steps that we must take to protect our people."

The vaccine is not the only way the government is working to protect the public from these threats. Winkenwerder named post-exposure antibiotic treatment and early-warning systems that can sample the air for an exposure as alternative protective measures.

Money matters: Fiscal Management Office keeps post cash flowing

Story and photo by Elaine Aviles
Fort Sam Houston News Leader

(This is the fifth in a series of Most Efficient Organization articles highlighting the MEO's eight new divisions. The MEO stood up Oct. 1.)

When the Most Efficient Organization stood up Oct. 1, many Department of Defense civilians shifted from one workplace to another, received salary changes or started a new job.

The result could have been chaos, but the Fiscal Management Office ensured a smooth transition in an area of deep concern for most people — their pocketbooks.

"It wasn't easy, but we made sure everyone got paid," said Bill Andrew, civilian payroll.

This MEO division, with 34 DoD and contract employees, has its hands in just about every money pot on post. FMO has three sections — payroll, financial management and budget — to ensure the post stays on track financially.

Civilian payroll, for obvious reasons, is one of the most sought after sections of FMO.

"We review information submitted by timekeepers and ensure time isn't missing," said Dee Raciti, civilian payroll customer service representative. "We also help people resolve payroll problems."

Although a visible area of FMO, civilian payroll is just one part of a multifaceted mission. FMO is also responsible for budget and financial management.

"We take care of the budget planning and execution for the garrison," said Alicia Hardy, FMO supervisory budget analyst. "This includes planning out how much



Dee Raciti, Fiscal Management Office customer service representative, trains Angela Ramirez, from Continuing Government Authority Headquarters, on her new duties as timekeeper.

we need, then executing, or spending the money. Of course, we have to keep accurate records of everything."

Additionally, FMO provides financial management services, such as dining facility collections, supply transactions for Fort Sam Houston's tenants and Global War on Terrorism transactions.

"When units mobilize and need supplies, we provide funding, track it and report," Hardy said.

The office is also responsible for preparation of the annual civilian pay schedule calendar. The calendar lists paydays and federal holidays for

Appropriated and Nonappropriated Fund employees.

Although they made the financial transition to MEO mostly transparent for civilian employees, FMO was not left unaffected.

"For the most part, we are doing business as usual," Hardy said. "We have the same responsibilities; however, we do not have the same authority as before the MEO."

For example, FMO no longer certifies funds. This role now falls to the Continuing Government Authority, DoD employees responsible for oversight of the MEO contract.

"In the past, a manager could certify documents like purchase requests and travel forms, anything that legally binds the government to spending money," Hardy said. "We now have to get someone from the CGA to certify. The MEO added an extra step."

The result is a slight delay in the approval process, a problem Hardy hopes will resolve with

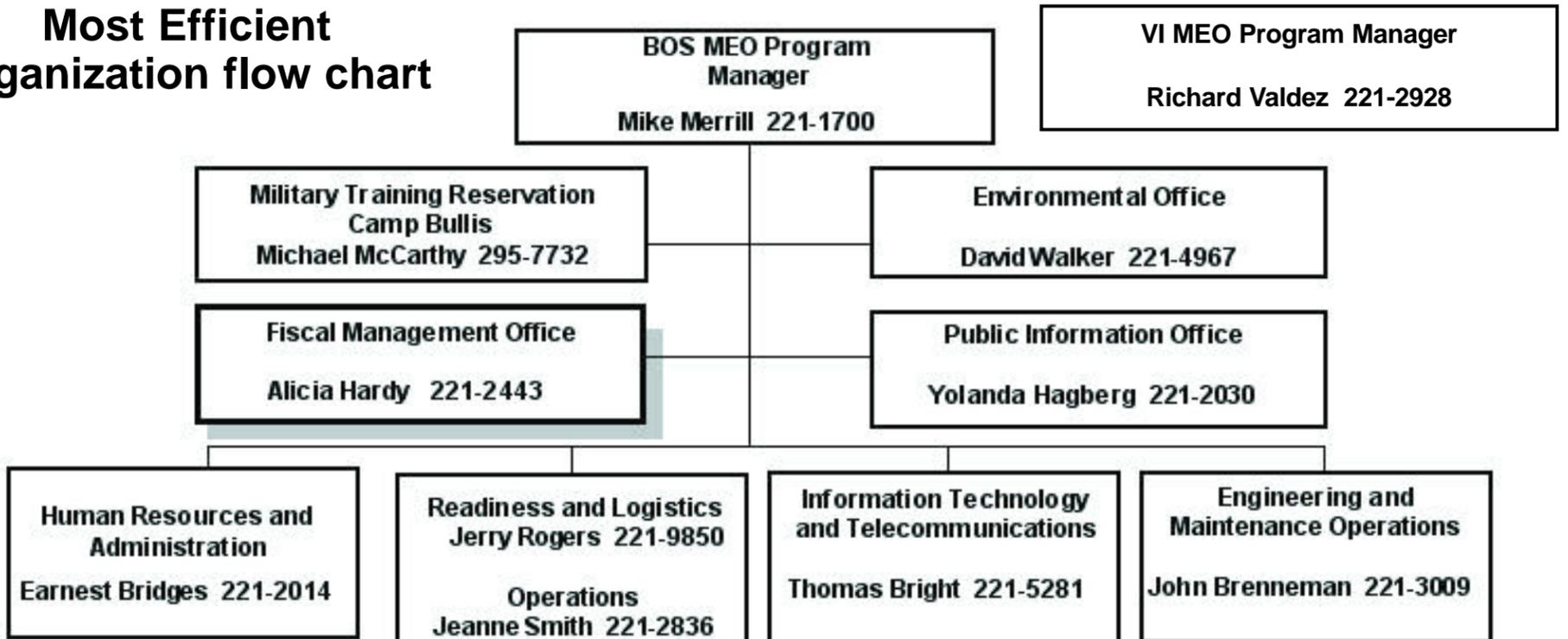
time.

FMO faces another challenge with a major upcoming relocation, from Bldgs. 122 and 140 to Bldg. 4196, slated for January.

"We're all adjusting and trying to work as a team," Hardy said. "FMO people know the importance of their job. We're the financial backbone of the post because we maintain the records of the garrison commander's funds. As a result, he knows what funding he has to accomplish his mission."

For more information about FMO, call Hardy at 221-2443.

Most Efficient Organization flow chart





Installation Fall Clean Up

Nov. 15 to 19



All government quarter residents are required to participate in Fall Clean Up. Residents are responsible for ensuring their areas are in compliance with the Family Housing Handbook. Additional requirements include coordination by the Senior Resident for area beautification of playgrounds, cul-de-sacs, sidewalks, parking areas and surrounding areas. Place large bulky items in dumpsters located in housing areas, or in front of quarters for pickup by unit sponsor. Separate and label hazardous material from other trash. For hazardous waste disposal, call 221-4842. For more information, contact your Senior Resident.

Inspection of all areas is scheduled for Nov. 18
PLEASE DO YOUR PART TO MAKE FORT SAM HOUSTON BEAUTIFUL

| Housing Area Senior Residents/Mayors | | | |
|--------------------------------------|------------------------|----------|-----------------------------|
| Inantry Post | CPT Shillingburg, John | 916-1701 | Watkins Terrace (Bondsteel) |
| Inantry Post | SGM Aviles, Heber | 221-1029 | Watkins Terrace (Kimbro) |
| Artillery Post | COL Roselli, John | 916-0727 | Watkins Terrace (Vidales) |
| Wheaton | COL Holcomb, John | 916-2720 | Watkins Terrace (Masks) |
| Graham | COL Rinehart, Carmen | 221-0077 | 221-6597 |
| Dickman | COL Stajdhar, Karl | 916-4001 | Watkins Terrace (Farr) |
| Gargas Or | COL Parker, Keith | 221-7902 | Watkins Terrace (Calugas) |
| Birkhead | MSG Johnson, Willie | 221-7612 | Watkins Terrace (Decker) |
| Patch | MSG Yullie, Rebecca | 221-0240 | Watkins Terrace (Odom) |
| Patch | MAJ Moren, Terry | 221-1690 | Watkins Terrace (Dean) |
| Chaffee | MSG Otjen, Darin | 295-9197 | 295-6972 |
| Chaffee | MSG Brooks, Michael | 221-1688 | Watkins Terrace (Gardner) |
| Chaffee Alternates | MSG Similton, Wendell | 221-6119 | Watkins Terrace (Gardner) |
| | | | Watkins Terrace (Burge) |
| | | | Watkins Terrace (Ashby) |
| | | | Watkins Terrace (Barkley) |
| | | | Watkins Terrace (Johnston) |
| | | | Watkins Terrace (Rodriguez) |
| | | | Watkins Terrace (Buckner) |
| | | | MSG Trepkovski, Timothy |
| | | | 221-8040 |
| | | | SFC Means, Donnie |
| | | | 221-4588 |
| | | | SFC Polite, Ronald |
| | | | 221-6876 |
| | | | SFC Shea, Gregg |
| | | | SFC Dulak, Steven |
| | | | 658-0892 |
| | | | SFC Rhodes, Patrick |
| | | | 295-4118 |
| | | | SFC Simmons, Wayne |
| | | | 221-3364 |
| | | | SFC Howard, Michael |
| | | | 221-6345 |
| | | | SFC Landry, John |
| | | | SFC Gambin, Gordon |
| | | | 221-1814 |
| | | | SSG Vizcarondo, Victor |
| | | | 916-2976 |
| | | | SFC Hoffman, Scott |
| | | | 295-4387 |
| | | | SFC Heatherly, Matthew |
| | | | 221-1826 |
| | | | SFC Robertson, Hal |
| | | | 791-9985 |
| | | | SFC Larvine, Harold |
| | | | 221-7681 |
| | | | SFC Gordon, James |
| | | | 221-6985 |

Pay

Continued from Page 1

gibility for TRICARE for each 90 days of service in a contingency.

"If a Guardsman or reservist has served for at least 30 days called up on a contingency operation, then had 90 days of service," said Dr. William Winkenwerder in an Oct. 29 interview, "for each 90 days of service, they're eligible for a full year of TRICARE coverage if they sign up for another year of reserve service."

Winkenwerder is assistant secretary of defense for health affairs.

The bill authorizes a new reserve-component educational assistance program tied to the Montgomery GI Bill. The provision has different rates, depending on the length of active-duty service. It is 40 percent for serv-

ice of 90 days to one year, 60 percent for one year to two years and 80 percent for more than two consecutive years.

The bill also speeds up concurrent-receipt payments for retirees rated 100 percent disabled. In the past, retirees had their pay docked dollar for dollar by the amount of disability payments the Department of Veterans Affairs paid them. Last year, Congress authorized a phase-in process that would eliminate the concurrent-receipt prohibition over a decade.

On the family- and bachelor-housing front, the bill eliminates a statutory ceiling on the privatization of housing. In the program, which allows DoD to leverage public money with private contractors, the services can build and renovate family and bachelor housing.

Retiree Activity Day educates, honors military retirees

Story and photos by Elaine Aviles
Fort Sam Houston News Leader

A vast range of health-care and retiree-related services drew more than 900 military retirees to Fort Sam on Saturday for the Retiree Activity Day.

The installation event is held annually to provide retirees updated health-care information, routine health screenings and a variety of retiree services.

"I think it's great," said Russell Evans, a Marine Corps retiree. "You're not ignored no matter how trivial the question might be."

The event featured dozens of booths representing just about every facet of health care, including blood pressure, vision screening, glaucoma pressure tests, oral cancer exams, and ear, nose and throat checks. A bloodmobile reminded people of the need for blood donations.

"I give blood as much as possible," said Esther Quesada, a regular blood donor. "It saves people's lives and it's especially important for the Soldiers in Iraq."

Other booths focused on retiree-specific information, such as insurance, Veterans Affairs, military-related associations, transition assistance and home security.

Medical officials encouraged retirees to consider signing up for medical care at the Camp Bullis Clinic since BAMC is at its capacity for primary care. The clinic offers full service with primary care, pharmacy, lab, X-ray, obstetrics and gynecology and pediatric services.

"Old folks like me sort of forget things," Evans said. "This reminds me to do stuff to take care of myself and survive another year."



Spc. Jordan Martin, Akeroyd Donor Center lab technician, performs a blood pressure check prior to drawing blood from Esther Quesada, a regular donor from Kingsville, Texas, in the Bloodmobile.



Shirlie Dowd, Troop Medical Clinic optometry intern, tests Isabel Pellerin's eyesight at the optometry booth.



(From left) Art Schmoker and Susan Schretenthaler, from the Army Nurse Corps Association, describe the association's mission to retired Chief Warrant Officer Gilbert Marmolejo.



Ellie Martinez, Brooke Army Medical Center preadmission nurse, administers a blood pressure check for retired Army Col. Ted Reinsch during Retiree Activity Day.



San Antonio Police Officer Wyman Herring familiarizes Eloisa Juarez with the dangers of drugs at the Retiree Activity Day.

National Native American Indian Heritage Month

Fort Sam Houston Events



Opening Ceremony 4 November 2004, 1130
Evans Auditorium
Bldg 1396 Garden Ave

Pow Wow 13 November 2004, 1000 – 2300
Youth Activities Center
Bldg 1705 3571 Winans Rd





Cultural Education, Entertainment and Food Sampling

Public is invited to attend

Mission permitting, commanders and directors should allow Soldiers / employees the opportunity to attend this event









If reasonable accommodation is required, contact 221-9401.

Collaboration improves Fort Sam housing, creates recreational facilities

The Department of the Army and Lincoln Military Housing are collaborating to form a partnership to own and operate military housing at Fort Sam Houston called Fort Sam Houston Family Housing, LP.

Formed under the authority of the Residential Communities Initiative, this public-private partnership will eliminate inadequate housing and provide Soldiers and their family members improved homes and high quality community and recreational facilities at Fort Sam Houston.

The partnership will result in the construction of new housing and housing improvements on post for the next 50 years. In March 2005, the partnership will assume responsibility and control over every aspect of family housing operations at Fort Sam Houston. In

response to the conditions identified within housing areas, the post housing development plan will have significant impacts during the five-year Initial Development Period.

The community will see demolition and replacement of 181 homes in Harris Heights. The demolition and replacement will occur in two phases. The plan also calls for major and minor renovations of 684 homes to include 386 historic homes. Renovations will take place during vacancies to minimize the inconvenience on the resident and to reduce intra-post moves. The current Officers Club will be converted to a 13,860-square-foot Resident Center. In addition, two village resident centers will be constructed at Watkins Terrace

and Harris Heights with pools at each resident center, as well as walking and running trails and sport courts.

The transition period for RCI will commence in December 2004 and will end when the transfer of operations is complete March 1. Town Hall meetings will be scheduled during the transition phase to keep residents informed.

Upon completion of replacement and renovation, the end state of housing inventory will remain the same at 925 total homes.

For more information, call Teresa ElHabr, RCI Program Manager, at 221-0948 or Patricia Baker at 221-0891.

The following table outlines the replacement, renovation schedule and end state designation for each village:

| | End State Designation | # Homes | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 |
|------------------------------|-----------------------|------------|-----------|------------|------------|------------|-----------|
| Staff Post | GO/SGO | 15 | ▲ 4 | ▲ 4 | ▲ 4 | ▲ 3 | |
| Infantry Post (Historic) | FGO | 21 | ▲ 7 | ▲ 8 | ▲ 6 | | |
| Infantry Post (Non-Historic) | FGO/CGO | 48 | | | | ▲ 33 | ▲ 15 |
| Hancock Area | CGO | 7 | | | ▲ 4 | ▲ 3 | |
| Artillery Post | SGO/FGO/CGO | 47 | ▲ 8 | ▲ 14 | ▲ 16 | ▲ 9 | |
| Wheaton Graham | SGO/FGO/CGO | 141 | | | ● 20 | ● 70 | ● 51 |
| Gorgas Circle | FGO | 15 | | | ● 5 | ● 5 | ● 5 |
| Patch-Chaffee | JNCO | 140 | | ▲ 20 | ▲ 60 | ▲ 60 | |
| Patch-Chaffee (New) | JNCO | 60 | | | | | |
| Watkins Terrace | JNCO | 250 | | ● 110 | ● 120 | ● 20 | |
| Harris Heights | CGO/SNCO | 181 | ◆ 40 | ◆ 82 | ◆ 59 | | |
| Total Homes | | 925 | 59 | 238 | 294 | 203 | 71 |
| Resident Centers | | | | ▲ 1 | ◆ 1 | ◆ 1 | ◆ 1 |

| | | |
|----------------|---|---------------------------------|
| Legend: | ◆ | Replacement or New Construction |
| | ▲ | Major Renovation |
| | ● | Minor Renovation |

Overseas holiday mailing deadlines



The recommended deadlines for sending mail from the United States to all overseas military mailing addresses for the holidays are listed below.

- Parcel post: Nov. 13.
- Space-available mail: Nov. 27.
- Parcel airlift mail: Dec. 4.
- Priority and first-class letters/cards: Dec. 11 (Dec. 6 for APO 093).
- Express mail military service: Dec. 20 (Not applicable for APO 093).
- People sending mail to an overseas APO or FPO should not use the geographical location. For example, do not use Baghdad, Iraq, on the address. This will cause the mail to be placed into the international mail system and may cause severe delays.

DO YOU KNOW WHAT IS ON YOUR CREDIT REPORT?

Would you like to get a credit report and have it reviewed by a credit specialist?

For more information on how you can do this, contact the Financial

Readiness Branch of Army Community Service at 221-1612.



PUBLIC NOTICE BY U.S. ARMY

Notice of intent to sign Finding of Suitability to Transfer for property at Fort Sam Houston, Texas

The Department of the Army is hereby giving notice of intent to sign a Finding of Suitability to Transfer (FOST) for property at the U.S. Army Installation in Fort Sam Houston, Texas based on the findings of the Environmental Baseline Survey (EBS). The EBS was conducted to identify the environmental condition of the subject properties associated with the implementation of a Community Development and Management Plan (CDMP) at Fort Sam Houston, under the Army's Residential Communities Initiative (RCI). The proposed action involves transferring responsibility for providing housing and ancillary supporting facilities to Fort Sam Houston Family Housing, Limited Partnership (FSHFH) a Limited Liability Corporation (LLC), comprised of the Army and Lincoln Military Housing, LLC, the Army's development partner.

In accordance with the CDMP, Fort Sam Houston proposes to convey approximately 927 on-post buildings to FSHFH, LLC. Assumption of operations is planned for early 2005. The FOST document states that the environmental condition of the property is suitable for transfer, in accordance with the Comprehensive Environmental Resources, Compensation, and Liability Act (CERCLA) of 1980, as amended.

The EBS and FOST are available for public review and comment from November 4, 2004 to December 4, 2004. Copies have also been provided to the following local libraries: San Antonio Public Library, 600 Soledad Plaza, San Antonio, TX; Fort Sam Houston Library, 2601 Harney, Bldg 1222, Fort Sam Houston, TX; and the Fort Sam Houston Public Affairs Office, 1212 Stanley Rd, Fort Sam Houston, TX. Copies of these documents are also available upon request from Department of the Army, Public Affairs Office, Attention: Mr. Phil Reidinger, 1212 Stanley Road, Fort Sam Houston, TX, 78234. Comments on the EBS and FOST should be submitted to Mr. Reidinger for receipt no later than November 30, 2004.

Combat challenge 232nd Med. Bn. completes 'Warrior Ethos' training

Story and photos by Capt. Rachel Wienke
232nd Medical Battalion

The Bulldog Medics from Bravo Company, 232nd Medical Battalion, completed "Warrior Ethos" training Saturday. The goal of the training was to hone the Soldiers' tactical skills to help prepare them to fight and save lives on the battlefield. The Soldiers employed mine and hand grenade trainers against simulated enemy targets and practiced survival skills for nuclear, biological and chemical environments.

As combat medics, they particularly enjoyed refining abilities to perform medical tasks such as evaluating a casualty, performing first aid for bleed-



Soldiers refine abilities to perform medical tasks on the battlefield such as casualty evaluation, triage and patient evacuation during "Warrior Ethos" training.



Soldiers learn tactical movement skills and battlefield survival techniques to prepare them to serve with combat units on the battlefield.

ing of an extremity, and preparing and sending medical evacuations. The Soldiers were challenged to react to direct and indirect fire and move as rapidly as possible across the muddy "battlefield," using high and low crawling techniques.

This "Warrior Ethos" training brings home to the Soldier medics the importance of combat-oriented skills that many of them will need to use shortly after graduation from the 91W Healthcare Specialist Course.

Drill Sgt. Desmond Smith was responsible for planning the event and leading the cadre and prior service Soldiers through the training.

Hunting safety tips

At Camp Bullis, one of the most important aspects of hunting is safety. With more than 913,000 hunters, Texas ranks second in the nation for number of people who hunt.

Here are just a few safety tips all hunters need to adhere to and pass on to younger hunters.

- Treat all weapons as if they are loaded and never rely on the gun safety
- Never point your firearm at anyone or anything you do not intend to shoot.
- Never shoot unless absolutely sure of your target and what might be beyond.
- Never practice shooting your weapon during a hunt. This should be done on a shooting range.
- Never cross a fence, climb a tree, enter a hunting stand, jump a ditch or



- stream with a loaded firearm.
- Never hoist a loaded firearm into your tree stand.
- Common sense is the best policy that you should always adhere to while hunting.
- Always tell someone where you are going and when you plan on returning.
- Always unload your firearm before riding in a vehicle, boat or ATV.
- Always be sure your barrel is free of obstructions.
- Always know your firearms effective range. Remember that wounded animals usually wander off and die.
- Always dress for the weather.
- Always carry a flashlight; you never know when you may find yourself in the hours of darkness.
- Always remember that alcoholic beverages and firearms don't mix.



Friends don't let friends ride without a safety helmet.

Army Family Team Building Classes

Level I Classes

Monday, 8:45 a.m. to Noon

Agenda includes the following:
 Family and Military Expectations (Great Expectations!)
 Impact of the Mission on Family Life
 Military Terms, Acronyms (Break the Code!)
 Military Customs & Courtesies
 Introduction to Military/Community Resources

Tuesday, 8:45 a.m. to Noon

Agenda includes the following:
 Basic Problem Solving (Show me how to fix it!)
 Chain of Command/Chain of Concern (Who's in charge?)
 Supporting Your Child's Education
 Benefits, Entitlements & Compensation
 Registration deadline is Friday, Nov. 5

Level II classes

Wednesday, Nov. 17, 8:45 a.m. to 3 p.m.

Military Grade and Command Structure
 Traditions, Customs, Courtesies and Protocol
 Benefits, Entitlements and Compensation
 Working Lunch: Networking with Community Agencies

Building a Resource Library
 Management Skills: Conflict Management

Enhancing Relationship Building

Thursday, Nov. 18, 8:45 a.m. to 3 p.m.

Management Skills: Communication Skills

Management Skills: Group Dynamics

Management Skills: Crisis and Coping

Working Lunch: Adapting to Change

Family Support Groups

Stress Management

Friday, Nov. 19, 8:45 a.m. to 3 p.m.

Intermediate Problem Solving

Volunteer

Management/Marketing/Experience

Management Skills: Understanding

Needs

Working Lunch: Time Management

Meeting Management

Introduction to Effective Leadership

Certificates

Registration deadline is Friday, Nov. 12

Please bring your own lunch, full kitchen available – drinks will be provided.

All classes are held in the Roadrunner Community Center, call the AFTB Office for more details at 221- 2705 or 221-2418.

It pays to quit smoking

By Dr. Virginia Yates
Martin Army Community Hospital

Every year, millions of people set New Year's resolutions to live healthier lifestyles. One of the biggest challenges in pursuing this goal is quitting smoking.

If the overwhelming risks for heart attacks, strokes, many types of cancer and lung disease are not enough to make a person quit, perhaps knowing the positive effects of stopping will help provide an incentive.

The American Cancer Society, in conjunction with the Centers for Disease Control and Prevention, has compiled the following description of the events in a smoker's body that begin within minutes of quitting.

Within 20 minutes after quitting smoking, the blood pressure and heart rate drop closer to normal, and temperature of the hands and feet increases to normal.

By eight hours after quitting, the level of oxygen in the blood increases closer to normal and the level of poisonous carbon monoxide in the blood lessens.

By 48 hours after quitting, the nerve endings begin new growth and the senses of taste and smell improve.

During the next one to nine months, coughing, sinus congestion and shortness of breath start to improve. The body has little sweepers called "cilia" in lung passages that clean away germs and dust. These are damaged by smoking. These begin to regrow during this time, reducing the risk of infections.

One year after quitting, a former smoker has cut the risk of heart disease by nearly one half



what it was when smoking.

Five years after quitting, when compared to a smoker, former smokers have cut their risk of lung, mouth, throat, and esophagus cancers by nearly half. In 5 to 15 years, the former smoker will have the same risk for stroke as someone that never smoked.

Ten years after quitting, rates for lung cancer are similar for former smokers and those who have never smoked.

Fifteen years after quitting, the former smoker has the same risk for heart disease as the person who has never smoked.

The Great American Smokeout on Nov. 18 is a great time to quit tobacco. For more information about tobacco cessation, visit <http://chppmwww.apgea.army.mil/dhpw/Population/Tobacco.aspx>

(Source: Fort Benning "Bayonet")

Smoke-free and courageous forever

Attend smoking cessation classes in the Health Promotion Center and learn how to find the courage to give up the nicotine habit forever, whether you smoke, dip or chew. Become one of our graduates and earn your "wings."

Health Promotion Center
Ward 3 West, BAMC
916-3352 or 916-5538



Health Promotion Center

November Class Schedule

| CLASS | DATE | TIME |
|-----------------------------------|-----------|--------------------|
| AD Self Care | Today | 8 to 10 a.m. |
| Introduction to Weight Reduction | Friday | 12 to 1:30 p.m. |
| Breastfeeding Support Group | Friday | 1 to 2:30 p.m. |
| Diabetes Foot Care | Monday | 1 to 2:30 p.m. |
| Office Yoga | Tuesday | 12 to 1 p.m. |
| Stress Management | Tuesday | 1 to 2:30 p.m. |
| Breast & GYN Cancer Support Group | Wednesday | 9:30 to 11 a.m. |
| Breastfeeding Support Group | 12 | 1 to 2:30 p.m. |
| Cholesterol | 15 | 9 to 11:30 a.m. |
| Diabetes Education | 15 | 12:45 to 4:30 p.m. |
| Breast Health | 16 | 9 to 10 a.m. |
| Arthritis | 16 | 9:30 to 11 a.m. |
| Office Yoga | 16 | 12 to 1 p.m. |
| Diabetes Education | 16 | 12:45 to 4:30 p.m. |
| High Blood Pressure | 17 | 9 to 12 a.m. |
| Breast & GYN Cancer Support Group | 18 | 1:30 to 3 p.m. |
| Back Pain | 18 | 1:30 to 3 p.m. |
| Body Fat Testing | 19 | 8 to 11 a.m. |
| Introduction to Weight Reduction | 19 | 12 to 1:30 p.m. |
| Breastfeeding Support Group | 19 | 1 to 2:30 p.m. |
| Diabetes Education | 22 | 12:45 to 4:30 p.m. |
| Diabetes Foot Care | 22 | 1 to 2:30 p.m. |
| Office Yoga | 23 | 12 to 1 p.m. |
| Diabetes Education | 23 | 12:45 to 4:30 p.m. |
| Breast & GYN Cancer Support Group | 23 | 5:30 to 7 p.m. |
| Office Yoga | 30 | 12 to 1 p.m. |

For more information, call the Health Promotion Center at 916-3352. Health classes are offered for Department of Defense civilians and military beneficiaries.

Army limits flu shots to trainees, deployed, high-risk categories

By Jerry Harben
U.S. Army Medical Command

The shortage of influenza vaccine this year has forced the Army to give top priority to troops in Korea and Central Command countries, initial-entry trainees, and beneficiaries such as retirees in medically higher-risk categories.

"There will not be total-force influenza vaccinations this year," Army Surgeon General Lt. Gen. Kevin C. Kiley said in a policy memorandum summarizing the Army's response to a national shortage of flu vaccine.

The shortage came about when British health officials rejected 48 million doses of flu vaccine produced by Chiron at its facility in the United Kingdom, due to bacterial contamination and production problems.

Some 1.8 million doses supplied by Aventis Pasteur are available for the Department of Defense, but DoD has more than 3.8 million service members and high-risk beneficiaries.

Vaccine on hand has been shipped to

Korea, Kuwait, Iraq, Afghanistan and other Central Command areas for vaccination of deployed troops. Soldiers scheduled to deploy to these areas also will receive vaccinations, as will trainees and instructors in basic combat training and advanced individual training.

As the remainder of available vaccine is delivered in November and December, officials said vaccinations also will be provided to beneficiaries considered high risk, which includes:

- children 6 to 23 months;
- adults 65 years and older;
- people 2 to 64 years old with underlying chronic medical conditions;
- women who are pregnant during the influenza season;
- residents of nursing homes and long-term care facilities;
- children 6 months to 18 years old on chronic aspirin therapy;
- out of home caregivers and household contacts of infants less than 6 months old; and
- health-care workers who have direct and regular contact with patients.

Beneficiaries in these categories should contact their local medical treatment facility to find out when vaccine is available, said Medical Command officials.

DoD is pursuing a contract with MedImmune, makers of FluMist, a flu vaccine spray administered through the nose. This can be used only by healthy people between the ages of 5 and 49 years, officials said. They said once FluMist is available, it may assist in vaccination of trainees, deploying troops and some health-care workers.

Flu vaccination is mandatory for Soldiers designated to receive it, officials said. They said flu is a contagious illness that can degrade the effectiveness of a unit.

Each year in the United States, flu is responsible for some 200,000 hospitalizations and 36,000 deaths, according to the Centers for Disease Control and Prevention. Symptoms include fever, sore throat, chills, cough, headache and muscle aches.

Federal Employees Health Benefits open season runs through Dec. 13

The annual Federal Employee Health Benefit Program open season will soon be under way.

The Office of Personnel Management has announced the open season will run from Monday through Dec. 13.

To provide employees with complete information on plans available, the Fort Sam Houston Civilian Personnel Advisory Center will host its annual Health Fair today from 9 a.m. to 2 p.m. at the NCO Club, Bexar Ball Room, 1395 Chafee Road. All 2005 carriers participating in the FEHB Program have been invited to this fair.

To enroll in or make changes to your current health plan, go to <https://www.abc.army.mil>, or call (877) 276-9287. If you have never used the Army Benefits Center, you will have to create a point of entry and a pin number. When creating your information, keep a copy of your latest leave and earnings statement or your SF 50 Notification Personnel Action on hand for reference. Changes will go into effect Jan. 9.

For more information, call Lisa Rowell at 221-0862 or e-mail lisa.rowell@us.army.mil.

Flu vaccine shortage

Due to current shortages, flu vaccine will not be given to the BAMC community at this time. Individuals seeking vaccination should consider obtaining it from local resources.

Individuals in the following groups should consider getting flu vaccine:

- All children 6-23 months of age.
- Household contacts and out-of-home caretakers of infants less than 6 months old.
- People 65 years of age or older.
- Residents of long-term care facilities housing persons with chronic medical conditions.
- People (any age) who have long-term health problems with heart disease, kidney disease, lung disease, metabolic disease (such as diabetes), asthma, anemia, and other blood disorders.
- Women who will be pregnant during the influenza season, second and third trimesters only.
- Health-care workers involved in direct patient care.

For more information, call Brooke Army Medical Center at 916-7FLU (7358).

Ethics Training

The following is a schedule for the ethics training for Army Medical Department Center and School and Fort Sam Houston military and civilian personnel:

Ethics Training Schedule

| Date | Time |
|---------|--------------------|
| Nov. 17 | 9:30 to 10:30 a.m. |
| Dec. 1 | 9:30 to 10:30 a.m. |
| Dec. 15 | 1:30 to 2:30 p.m. |

This training is mandatory and attendance will be reported to the Acting Secretary of the Army.

All training will be held in Evans Theater, Bldg. 1396, on Garden Avenue. No reservations are required and seating is on a first come basis.

Commanders and supervisors may contact Mario Rendon by e-mail at the Administrative and Civil Law Division, Office of the Staff Judge Advocate, AMEDDC&S and Fort Sam Houston, for an electronic copy of the sign-in sheets to verify their employees' attendance.

For more information, call the Ethics Counselor, AMEDDC&S and Fort Sam Houston, at 221-2373 or 221-0485.



Photo by Elaine Aviles

Military Police Officer Staff Sgt. Greg Houston checks his co-worker's tire pressure Wednesday while Staff Sgt. Louis Hill (far left) and Sgt. 1st Class Randy Teeter prepare to go out on patrol. Fort Sam Houston regulations require motorcyclists to wear gloves, long sleeves, reflective belts at night and when wearing dark clothing, light-color clothing in daylight, boots, pants, eyewear and face shields.

Motorcycles, Soldiers are deadly combination

By Brig. Gen. Joe Smith
Director of Army Safety

We lost 266 Soldiers to accidents in fiscal 2004 — the highest number since 1991. For those not deployed, a whopping 79 percent of those deaths occurred while the Soldiers were behind the wheel of a vehicle. In the Central Command theater, driving accounted for 60 percent of our accidental deaths.

Fiscal 2005 is quickly heading down the wrong path. To date, privately owned vehicle accidents account for 75 percent of the fiscal 2005 accidental deaths — this equates to one Soldier dying on the road every other day. We have already lost 13 Soldiers: nine of them died while in or on POVs on the road; three of those were on motorcycles.

We need to take a hard look at our high-risk Soldiers who ride motorcycles. Allow me to share the initial reports on three of the four last motorcycle fatalities.

1. While operating a motorcycle on a four-lane, grooved, concrete road after leaving a local club, the driver approached a "T" intersection in excess of 90 mph and failed to stop. As a result, the motorcycle contacted a 6-inch concrete curb and continued for 12 feet, striking the installation's chain-link perimeter fence. The driver and passenger were ejected from the vehicle, traveling over 100 feet each. The motorcycle came to rest 45 feet from the initial impact. Neither was wearing a helmet. The driver suffered serious injuries and the passenger died. Alcohol was involved.

2. While operating a motorcycle, the driver reportedly was "doing-wheelies" when he lost control and hit a guardrail. His helmet came off and he died in the crash.

3. While operating a motorcycle, the driver lost control and ran into a ditch. He was thrown

into oncoming traffic, where he was struck by a POV and killed.

We don't have them finalized, but the initial reports indicate two of the fatalities came when the drivers were "doing wheelies." Other Soldiers witnessed both events, yet no one spoke up. First-line leaders need to uncover and stop this type of dangerous activity.

My judge advocate general reports that our returning combat veterans have purchased thousands of motorcycles from Army and Air Force Exchange Service. We have no idea how many were purchased from other sources.

Motorcycle operation is the most risky type of vehicle driving. Others often don't see a bike on the road. Two wheels offer far less traction and control for the operator. The power-to-weight ratio is much higher than other transportation. Crash protection, even with personal protective equipment, is minimal. These factors and more are cause for leader concern and aggressive involvement. Leaders should find out who owns motorcycles in their formations and get to know what training and experience they have and discuss how they drive.

You can visit our Web site for POV Tool Box (3rd edition). I especially invite you to use the Motorcycle Operator/All Terrain Vehicle (ATV) Requirements and Individual Responsibilities Agreement and Commander's Policy on Motor Vehicle Violations/POV Safety. These tools may help with accountability if drivers fail to act safely during their motorcycle operations. Don't forget ASMIS-1 POV. This interactive risk-management tool works ... more than 115,000 assessments thus far and only one POV fatality. Use our tools, but more than that, stay engaged!

To leaders: please help your Soldiers by giving them incentives to act safely and consequences when they don't. Change their behavior while you still can — we don't want death to be their consequence.

Thrift Savings Plan open season starts

The Thrift Savings Plan open season runs through Dec. 31. Contribution percentages or dollar amount changes can be done via Internet at <https://www.abc.army.mil> or telephone at (877) 276-9287. Investment allocations can be changed via Internet at www.tsp.gov.

With matching government contributions to the Federal Employee Retirement System, TSP is one of the top government employee benefits. It is a vital part of the three-part retirement program - TSP, Social Security and pension. The Office of Personnel Management has advised employees under FERS who do not actively participate in Thrift Savings Plan contributions that they can expect a retirement annuity at or below poverty level. The contribution limits are 15 percent for FERS and 10 percent for CSRS employees. For more information, call Lisa Rowell at 221-0862 or e-mail lisa.rowell@us.army.mil.

Army Community Service

Family Advocacy Program Class Schedule

November 2004

| Class Title | Dates | Class Time |
|--|---------------------------|--------------------------|
| Anger Management Awareness | 15 | 11 a.m. to 12:30 p.m. |
| Basics of Breastfeeding | 17 | 10:30 a.m. to 12 p.m. |
| Beyond Your First Baby | 18 | 8 a.m. to 12 p.m. |
| Boys Only! | | |
| Ages 6-8 | Wednesday | 3 to 4 p.m. |
| Ages 9-10 | 17 | 3 to 4 p.m. |
| Building Effective Anger Management Skills Series 1-4 New Series (1-4) | Thursday and 18 | 11 a.m. to 12:30 p.m. |
| Commanders Training | 18 | 8 to 9:30 a.m. |
| Conflict Management | 8 | 11 a.m. to 12:30 p.m. |
| Coping with Difficult People | Wednesday | 1 to 2:30 p.m. |
| DivorceCare | Thursday and 18 | 11:30 a.m. to 12:45 p.m. |
| Getting Ready for Childbirth 1 and 2 | Thursday and 8 | 6 to 9 p.m. |
| Girl Talk! | | |
| Ages 6-8 | 10 | 3 to 4 p.m. |
| Ages 9-10 | 24 | 3 to 4 p.m. |
| Healthy Pregnancy | 22 | 12 to 3 p.m. |
| Helping Us Grow Securely (H.U.G.S.) Playgroup | Tuesday, 9, 16, 23 and 30 | 9 to 11 a.m. |
| P.A.I.R.S. (Couples Course) (Four-part series) | Wednesday, 10, 17 and 24 | 6 to 7:30 p.m. |
| SMART Girls | 18 | 4 to 5 p.m. |
| S.T.E.P. Program for Parents of School Age Children | 9, 16 and 23 | 1 to 3:30 p.m. |
| Stress Management I and II | 18 | 1 to 3 p.m. |
| Teen Talk | Thursday | 4 to 5 p.m. |
| The Middle Way Parenting Class | 8, 15, 22 and 29 | 6 to 8 p.m. |
| Truth or Consequences? (Three-part series) | 16, 23 and 30 | 4:30 to 5:30 p.m. |
| You and Your Baby | 10 and 24 | 8 to 12 p.m. |
| Saturday Marathon | 20 | 9 a.m. to 5 p.m. |

To sign up for classes or for more information, please call ACS Family Advocacy Program at 221-0349 or 221-2418.

Top Soldiers



Photo by Spc. Roman Kubyskovsky

(Far left) Lt. Col. Bruce McVeigh, 232nd Medical Battalion commander, and battalion Command Sgt. Maj. Keith Seidler (far right), present trophies to their annual award winners: (from left) Staff Sgt. Natasha Love, NCO of the Year; Sgt. 1st Class Lloyd Mason, Drill Sergeant of the Year; and Spc. Denver Wolf, Soldier of the Year. To earn top honors, Soldiers compete in an Army Physical Fitness Test, hands-on performance events and an oral board. A battalion recognition ceremony was Monday at Evans Theater. The winners will represent the battalion in the competitive categories in 32nd Medical Brigade competition.

Orientation eases overseas moves

The Relocation Assistance Program is conducting an Overseas Orientation Nov. 17 at the Roadrunner Community Center at 10 a.m. and 5 p.m. The orientations are targeted according to destination. The orientation will include entitlements, reimbursements, household goods shipments, employment, education, non-command sponsor tours and reunion tours. Overseas videotapes will be shown. For more information or a reservation, call Army Community Service at 221-2418.

232nd Med. Bn. Soldier and Junior Leader of the week



Courtesy photos

Soldier Leader of the Week

Pvt. Andrew P. Allgood, B Company, 232nd Medical Battalion, trains on a Claymore mine. Allgood joined the Army to obtain career skills and have an adventure. He wanted to join the Army even as a child. Allgood is from Indianapolis, Ind. His hobbies include wrestling and hanging out with friends and family. With one year of college behind him, he plans to attend Purdue University.

Junior Leader of the Week

Pfc. John H. Olivares, B Company, 232nd Medical Battalion, carries a Soldier with the fireman technique. Olivares hails from Brooklyn, N.Y. He joined the Army because he "always wanted to study medicine and saw enlisting as a good way to expose myself to the medical field." Olivares currently holds a bachelor's degree in finance and economics. His plans for the future are to finish his taxation master's degree and move up the ranks. He eventually plans to become a doctor.



Post Worship Schedule

Main Post Chapel, Bldg. 2200, phone number: 221-2754.

Catholic Services:

4:45-5:15 p.m. - Confessions - Saturdays
 5:30 p.m. - Mass - Saturdays
 9:30 a.m. - Mass - Sundays
 11:30 a.m. - Mass - Weekdays

Protestant Services - Sundays:

8 a.m. - Traditional Protestant
 11 a.m. - Traditional Protestant

Jewish Services: phone numbers: 379-8666 or 493-6660.

Fridays: 8 p.m. - Worship and 8:30 p.m. - Oneg Shabbat



Dodd Field Chapel, Bldg. 1721, phone numbers:

221-5010 or 221-5432.

Catholic Services - Sundays: 12:30 p.m. - Bilingual Mass

Protestant Services:

10:30 a.m. - Collective Gospel Protestant - Sundays

9:30-11:30 a.m. - Women's Bible Study (PWOC) - Wednesdays, childcare is provided

AMEDD Regimental Chapel,

Bldg. 1398, phone number: 221-4362.

Troop Catholic Mass: Sundays:

10 a.m. - 32nd Medical Bde. Soldiers

Troop Protestant Gospel Services:

Sundays: 11:30 a.m. - 32nd Med. Bde. Soldiers

Troop Protestant Service:

9 a.m. - 32nd Medical Bde. Soldiers



FSH Mosque, Bldg. 607A, phone numbers: 221-5005 or 221-5007.

1:30 p.m. - Jumma - Fridays

10:30 a.m. - Children's Religious Education - Sundays

7:30 p.m. - Adult Religious Education - Thursdays

Brooke Army Medical Center Chapel, Bldg. 3600, phone number: 916-1105.

Catholic Services:

8:30 a.m. - Mass - Sundays

11:15 a.m. - Mass - Sundays

11 a.m. - Mass - Weekdays

Protestant Services:

10 a.m. - Worship Service - Sundays

Noon - Worship - Wednesdays



232nd Medical Battalion Classroom, Bldg. 1380, phone numbers: 221-5005 or 221-5007. **Mormon Services:** 10:30 a.m. - Sundays

Web site: www.cs.amedd.army.mil/chaplain

November Interfaith Calendar . . .

12 Birth of Baha'u'llah * - Baha'i (Baha'i celebration of the birth of their founder and teacher. Refrain from work.)

12 Quds Day - Islam (Islamic time of proclaiming solidarity in support of oppressed Muslim people.)

12 Diwali - Sikh, Hindu (Hindu Festival of Lights symbolizing the human urge to move toward the light. Gift exchanges, fireworks and festive meals.)

12 Eid al Fitr - end of Ramadan - Islam (A 3 day Islamic fast marking the close of Ramadan. It is a festival of thanksgiving to Allah for enjoying the month of Ramadan. It involves wearing finest clothing, saying prayers, and fostering understanding with other religions.)

24 Guru Tegh Bahadur martyrdom - Sikh (Sikh time of remembering the execution of Teg Bahadur by the Moghul Emperor in India.)

25 Thanksgiving - Interfaith (American holiday for thanksgiving proclaimed by President.)

26 Day of Covenant - Baha'i (Baha'i celebration of the covenant given in the last will and testament of Baha'u'llah.)

26 Birthday of Guru Nanak dev Sahib - Sikh (Honoring of the birth of the first Sikh teacher who lived from 1469 -1539 c.e. Sacred readings, prayers, hymns, meals together.)

28 Ascension of Abdul'l-Baha * - Baha'i (Baha'i celebration of the rising of the spirit of Abdu'l-Baha to the heavenly dwelling.)

28 through Dec. 24 Advent - Christian (Christian time of preparation for observing the birth of Jesus Christ.)

Notes: * Usually begins at sundown the day before this date.

** Local customs may vary this date.

Mission Thanksgiving 2004

Celebrate this great American holiday with some great Americans - our sons and daughters in uniform.



If you want to open your home to two of Fort Sam Houston's trainee Soldiers for Thanksgiving Day, please call 221-3390 or 221-4362 before Nov. 17.

Post Pulse: How do you show your support for military members?



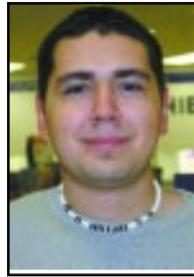
"I support our troops by serving here at the FSH Commissary and through other agencies."

Priscilla Szczepanik, commissary fish market manager



"I have a 'We support our troops' bumper sticker on my car. By working for AAFES, I provide them with the best customer service. Also, AAFES employees support our military by going to Iraq."

Connie Gaudet, AAFES jewelry department supervisor



"I have a yellow ribbon sticker on my car showing military support. I remember when my father was gone for an extensive period serving elsewhere, I would write to him."

Michael Vasquez, PX customer



"I show my support by working as a FSH civilian employee and assisting veterans on filing their VA claims and benefits that are entitled to them."

Becky Pollok, Army Career and Alumni Program center civilian employee

Army program offers support to disabled Soldiers, employers

The Army created the Disabled Soldier Support System, or DS3, to provide support to Soldiers who have become seriously injured in the service of their country. One goal of the DS3 Program is to meet the needs of disabled Soldiers who want the chance to work and the employers who want to actively recruit these outstanding men and women.

Disabled Soldiers have incurred wounds or injuries that limit their ability to serve on active duty, but, as disabled veterans like Senators Daniel Inouye and Bob Dole have shown, these men and women have the ability to succeed in life

and to contribute great things. These Soldiers have the same strong work ethic and desirable personal characteristics that have made Soldiers the focus of many company-recruiting campaigns. They have proved they can overcome unimaginable barriers and now they want to prove they can contribute to your bottom line.

Hiring disabled Soldiers is a smart move. Not only will you be adding a skilled and proven performer, but you may also be eligible for financial incentives. For more information about these incentives, check with the local office of the Department of Veterans Affairs.

The Army's DS3 initiative created a Web site (www.ds3soldierconnection.army.mil) that allows employers to make job opportunities available to disabled Soldiers. There is no charge for this service and no obligation other than a real desire to give Soldiers the opportunity to compete for jobs. A number of national employers have already stepped forward and are prominently listed on the Web site. Other employers who want to participate need only provide:

- The Web address for your Web site that lists available jobs. There is no need to create a special Web page or database. Your current Web site is acceptable.

- Your corporate logo as a graphic file. Your logo will be displayed on the DS3 Job Connections Web site.
- The name, telephone number and e-mail address of one of your employees who will serve as a point of contact for interested disabled Soldiers. This person will serve as an ombudsman who can help DS3 Soldiers evaluate job opportunities and resolve any questions they may have.

For more information, send an e-mail to ds3connection@resourceconsultants.com or call 571-226-5043 and ask for the DS3 Connection Coordinator.

FSH Independent School District

Weekly Campus Activities
Monday through Nov. 13

Fort Sam Houston Elementary School

Nov. 11
Veteran's Day holiday/student holiday

Nov. 12
Student holiday

Robert G. Cole Jr./Sr. High School

Monday
Fall "C" Awards at Moseley Gym, 6 p.m.
Regional Quarterfinals Volleyball, TBA

Tuesday
Girls BB vs. Southside at Cole, 6 and 7:30 p.m.
Senior class and band panoramic pictures, advisory

Regional Quarterfinals Volleyball, TBA

Nov. 11
Veteran's Day holiday/student holiday
JROTC: Veteran's Day ceremony at FSH National Cemetery

Nov. 12
Student Holiday
Dual Swim Meet #2 at SAISD Natatorium, 5 p.m.
Girls BB tournament at Uvalde, TBA

Nov. 13
UIL 29AA State Cross Country Meet at Round Rock, all day
Girls BB Tournament at Uvalde, TBA

Cole honors 'Principal's Students of the Month'



The Principal's Students of the Month for November pose for a picture. They are (left to right) Jordan Maney, ninth grade; Devante Dwyer, seventh grade; Casey Gresenz, eighth grade; Jonathan Simpkins, 12th grade; Michelle McClendon, 10th grade; and Ashley Hatton, 11th grade. Each month, Cole Jr./Sr. High recognizes one student from each grade level for outstanding attitude, citizenship and overall contribution to the school. The students are nominated by their teachers and one student is selected by the faculty from each grade level.

Courtesy photo

Dear Parents...



Do your children need a safety helmet?

For freedom's sake

Fort Sam Houston honors 340th QM Company Soldiers, families at deployment ceremony

Story and photos by Elaine Aviles
Fort Sam Houston News Leader

In an emotionally charged, packed auditorium, Fort Sam Houston leaders and family members gathered Oct. 28 to show their support for the deploying 340th Quartermaster Company.

The Soldiers left for Iraq just hours after the deployment ceremony for a year-long tour.

"You are what make this country great," said Air Force Brig. Gen. Toreaser A. Steele, vice commander, Headquarters Army and Air Force Exchange Service, during a speech to the Soldiers. "You are embarking on a very, very dangerous mission, and just like the thousands before you who have come home, I am confident you will come home too. And when you do, we will be here to welcome you back with open arms."

The crowd was packed with hundreds of family members. Many traveled thousands of miles to support their loved ones.

Staff Sgt. Anthony Joyner, a 340th QM Company unit supply sergeant, had family drive from North Carolina and Virginia to see him off.

"There's a lot of love in this room," he said. "It's very hard to leave, especially since my wife has surgery Nov. 10 but I've got to serve my country. My

job is critical."

The 340th QM Company provides field services, such as field laundry, clothing exchange, shower operations and lightweight textile renovation. The company served in Desert Storm, Noble Eagle and several overseas training exercises.

"When I was in Desert Storm, we were in different parts of the country. I didn't have a shower for 49 days," said Maj. Gen. George Weightman, Army Medical Department Center and School and Fort Sam Houston commander. "I wish you had been there. You have a great affect."

Weightman expressed his admiration for the Soldiers, just one part of a force that is serving during the longest sustained combat in the history of an all-volunteer Army.

"The people standing here have all volunteered to serve during a time of war," he said. "We've never had a better Army."

"After 9-11, I saw a newscaster ask an 8-year-old girl, 'What does patriotism mean to you?' She had a great answer. She said, 'It's taking care of America.' There's no better answer and that's what you are doing now," Weightman said to the Soldiers. "We appreciate your sacrifices, both Soldiers and families, to get ready for this mission and we thank you for what you are about to do."



Soldiers from the 340th QM Company bow their heads in prayer for the invocation delivered by Chaplain (Lt. Col.) James Benson during the deployment ceremony.



Soldiers from the 340th QM Company stand at parade rest on stage.



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during the deployment ceremony. Company Commander Capt. Mark Braswell stands proudly with his unit of 128 Soldiers deploying in support of Operation Iraqi Freedom.



Frank Vargas, from 340th QM Company, shares a moment with his daughter, 8-week-old Sara, and wife, Sherry.



Gen. George Gortman, Army Medical Department Center and School and Fort Sam Houston commander, and wife, Joan, speak with family members Oct. 28 for the deployment ceremony for the 340th Quartermaster Company.

Two-year-old Taylor Jackson waves a flag in honor of her father, Sgt. John Jackson, with help from her mother, Kendra Jackson. Jackson deployed to Iraq Friday for a year.

CHILD AND YOUTH SERVICES

Youth Happenings

Free After School Program

Youth Services offers an after school program for sixth through ninth graders weekdays until 6 p.m. YS will pick up children from either the elementary or junior/senior high school. Students go to the Youth Center, have a snack, work on homework, participate in clubs and do fun, innovative projects. They can join the 4-H club, photography club, a computer technology club and a variety of other clubs. YS can add areas of interest that appeal to parents and students. Students must be registered with Child and Youth Services, which has an \$18 annual fee, but the after school program for middle and high school students is free. For more information, call 221-3502.

Youth Services Seeks Volunteers

Youth Services is looking for volunteers to assist with youth programs, including coaches, computer-skilled people, people with craft hobbies or anyone who just cares about kids. For more information or to volunteer, call the Youth Center at 221-3502.

Open Recreation

School Age Services (kindergarten through fifth grade) offers after school opportunities and hourly care options. Hourly and open recreation must be reserved in advance by calling School Age Services at 221-4466. Children must be registered through Central Registration prior to using the School Age Program. To register, call Central Registration at 221-4871 or 221-1723.

Saturday Open Recreation

First through 12th graders can participate in open recreation at the Youth Center Saturdays. First through fifth graders meet from 3 to 8 p.m., sixth through eighth graders from 3 to 10 p.m. and ninth through 12th graders from 3 to 11 p.m. Activities include computer lab, arts and crafts, basketball, pool, ping pong and movies. People must be registered with Child and Youth Services to attend. For more information, call 221-3502.

Saturday Shuttle

Youth Services offers a Saturday shuttle to and from the Youth Center. There is no cost but parents with children 9 years old and younger must wait for the van and sign them in and out. The shuttle schedule is:

- 3 p.m. - leave the Youth Center
- 3:07 p.m. - Gorgas Circle (picnic tables)
- 3:10 p.m. - Schofield/ Dickman on Schofield
- 3:15 p.m. - Reynolds and Dickman on Reynolds
- 3:20 p.m. - Officer's Club tennis courts
- 3:25 p.m. - Artillery Post Road at bus stop
- 3:30 p.m. - Easley/ Infantry Post at bus stop 660
- 3:42 p.m. - Patch Road (playground)
- 3:46 p.m. - Patch Road (shoppette parking lot)
- 3:50 p.m. - Foulois/ Scott Road Harris Heights

3:54 p.m. - Forage/ Foulois
4 p.m. - Powless Guest House

The return shuttle will leave the Youth Center at 7:30 p.m. for those in fifth grade and below. There is also a shuttle that leaves at 9:30 p.m. for those in Middle School and at 10:30 p.m. for those in ninth grade and up. These shuttles are for youth who live on the installation.

Parents Wanted!!!!

Parents are invited to come to the Youth Center every third Saturday of the month from 6 to 9 p.m. to join the Youth Center staff and the teens and middle school youth in a game of basketball. Parents and staff try to outmaneuver the teens and score a few baskets. Refreshments are provided. For information, call the Youth Center at 221-3502.

Instructional Classes

If you are interested in instructional classes such as Tae Kwon Do, piano, quarterly babysitter training or gymnastics, call 221-4882 or 221-4871/1723. For babysitter training or information, call 221-4871 or 221-1723.

Piano Instructor Wanted

Youth Services seeks a certified piano instructor willing to teach first through 12th graders. Instructor must be able to teach on weekday afternoons and evenings or Saturdays. For more information, call the Youth Center at 221-3502.

Tae-Bo Classes

Youth Services offers Tae-Bo Wednesdays from 4:15 to 4:45 p.m. at the Youth Center. Classes are held in the gym and all youth are welcome to attend. The class is free. For more information, call the Youth Center at 221-3502.

Alternative Dance Class

Come join the Youth Services staff and volunteers for the next dance craze. The class includes salsa, hip hop, swing, country line dancing and more. Classes are Tuesdays from 5 to 5:30 p.m. For more information, call 221-3502.

Dance Classes

Dance classes are offered Saturdays at the School Age Services building, Bldg. 1705. The following classes times are available.

9:30 to 10:10 a.m. - 3- to 4-year-old ballet, tap and jazz class

10:10 to 11 a.m. - 5- to 7-year-old tap, ballet and jazz class

11 to 11:50 a.m. - 4-years-old and older cheerleading class

11:50 a.m. to 12:50 p.m. - 8-years-old and older jazz and hip hop class

The cost is \$26 for 40-minute classes, \$28 for 50-minute classes and \$30 for 60-minute classes. For more information or to sign up, call 221-3502 or 221-4882.

Aerobics

Youth Services offers a youth aerobics class Thursdays from 5:30 to 6 p.m. in the Youth Center gym. For more information, call 221-3502.

Cooking Classes

Youth Services offers cooking classes Thursdays from 4 to 6 p.m. at the Youth Center. This week the class will make pumpkin face cookies. For more informa-

tion, call 221-3502.

Basketball Registration

Youth Services basketball registration will run through Nov. 30 from 10 a.m. to 7 p.m. for 3- to 18-year-olds. The cost is \$45 for the first child and \$40 for siblings. For 3 and 4-year-olds, the cost is \$25 per child. Practice begins in December and games in January. A birth certificate, physical and CYSD registration are required to register. For more information, call 221-5513 or 221-3502.

Basketball Cheerleaders

Youth Services will have cheerleaders for basketball this year. Registration is will run through Nov. 30 from 10 a.m. to 7 p.m. The cost is \$20 for the first child and \$15 for siblings. Space is limited and cheering will be for home games only. Uniform will be T-shirts and black shorts. For more information, call 221-3502.

Youth Opportunities

Sixth through 12th graders seeking after school and weekend opportunities can call Youth Services at 221-4882 or CYS Central Registration at 221-4871.

Parent News

FCC Openings

Family Child Care offers home-based child care for ages 4 weeks to 12-years-old on and off post with certified providers.

Types of care are full day, part day, before and after school care, hourly care, extended hour care and long term care. Referral information and child registration are available at Child and Youth Services Central Registration, 221-4871 or 221-1723.

FCC is looking for family members interested in becoming certified FCC

providers to offer home-based child care. There is a no-cost start up plan. FCC will conduct training for new providers Nov. 15-19 from 8 a.m. to 4 pm. For more information, call 221-3820 or 221-3828.

PCI Headstart

Parent Child Incorporated/ Headstart program is currently taking applications.

PCI/Headstart is a federally funded program on post that provides free child-care. Patrons must meet federal guidelines. For more information, call 221-3788 or 221-3835.

CDC Wait List

If your child's name is on the wait list for full day care at the Child Development Center, check your status on the wait list from the day you complete the form; otherwise your child's name will be purged from the list. To check your status, call Central Registration at 221-4871 or 221-1723.

CDC Openings

The Child Development Center has full-time day immediate openings for 3 to 5-year-olds. To register, call Central Registration at 221-4871 or 221-1723.

CYS Meeting

CYS Parent Advisory Council will meet Nov. 16, 11:30 a.m. to 12:30 p.m. at the Child Development Center, 2530 Funston. Lunch will be provided. This is CYS parents' opportunity to learn of upcoming events, meet staff and address concerns.

Full Day Child Care

If you need full day care for children between the ages of 3 to 5-years-old, call Central Registration at 221-4871 or 221-1723.

NCO, Officers Clubs combine into Sam Houston Club

Over the past decade, a steady trend has developed across the Department of Defense; use of the club system is down. In an effort to continue to meet the expectations of club customers and deliver the best services possible, the Fort Sam Houston Club system will streamline its functions into one facility.

All club functions will operate at what is currently known as the NCO Club. When the transition begins, the NCO Club will be renamed the Sam Houston Club and a new era in the club system will commence.

In an effort to prepare for the transition, the last operational day of the Officers Club will be Dec. 31.

The completion of this transition will mark the beginning of new and exciting programs to come to Fort Sam Houston.

Events, services

Should you have a need for special catered functions, the Sam Houston Club and the Golf Club are available to assist the military community with their catering needs.

The Frame Shop and Barber Shop will continue to operate at the Officers Club building.

As part of the transition, the Thanksgiving Buffet will now be held at the Sam Houston Club. Information pertaining to price, times and reservations will be mailed directly to club members.

Starting in January 2005, Sunday Brunch will be held on the first and third Sunday of the month at the Sam Houston Club. The Sam Houston Club will continue to offer a quarterly Seafood Buffet Night along with the specialty brunches; such as Easter, Mother's and Father's Day.

For more information, go to www.fortsamhoustonmwr.com.

Membership dues

Current members of the Officers Club are invited to transfer their memberships to the Sam Houston Club.

Membership dues will be \$8 per month for all ranks, with the exception of widows' dues, which will remain \$5 per month. Members will continue to receive membership discounts, be able to cash personal checks, reserve party rooms two years in advance, receive monthly calendars and enjoy membership appreciation nights.

For more information, call the Administrative Office at 224-2721, the Catering Office at 224-2723 and the MWR Ticket Office at 226-1663.

Bingo

Community Bingo is held Thursday and Friday evenings and Saturday afternoons. For more information, call 224-2721.

(Source: Morale, Welfare and Recreation)



Sam Houston Club

| Mon | Tue | Wed | Thu | Fri |
|-----|---|--|--|--|
| 1 | 2 Fried Chicken Roast Beef w/ Mushroom Gravy Chef's Special | 3 Fried Catfish Cajun Pork Chops Jambalaya Chef's Special | 4 Fried/Baked Chicken BBQ Ribs Chef's Special | 5 Fried/Baked Fish Popcorn Shrimp Chef's Special |
| 8 | 9 Fried Chicken Baked Ham w/ Pineapple Sauce Chef's Special | 10 Too Hot for Your Mama Chicken (Mild Available) Spicy Beef Chef's Special | 11 <i>Veterans Day</i> Club Closed | 12 Club Closed (Except for Bingo) |
| 15 | 16 Fried Chicken Baked Chicken Chef's Special | 17 Chicken Fajitas Beef Enchiladas Taco Bar Chef's Special | 18 Fried/Baked Chicken BBQ Ribs Chef's Special | 19 Fried/Baked Fish Salmon Croquettes Chef's Special |
| 22 | 23 Fried Chicken Meatloaf w/ Brown Gravy Chef's Special | 24 Lemon Chicken Sweet & Sour Pork Vegetable Lomein & Egg Rolls Chef's Special | 25 <i>Thanksgiving</i> Buffet 11AM - 3PM <i>Reservations are Required</i> | 26 Club Closed (Except for Bingo) |
| 29 | 30 Fried Chicken Breaded Pork Cutlet Smothered Hamburger Steak Chef's Special |  | Lunch is served from 11 am—1 pm ALL YOU CAN EAT BUFFET \$5.95/\$4.95 for Club Members Includes: Beverages, Soup & Dessert | |

November 2004



Fort Sam Houston Officers Club

November 2004

Lunch is served from
11:00 A.M. TO 1:00 P.M.
LUNCH BUFFET
\$5.95/\$4.95 for Members

224-4211

We cater special events. Call
224-2721 Manuel would be more
than happy to assist you.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------------------------------|---|--|--|--|---|--|
| 7 Sunday Brunch 1000-1330 | 1 Egg Rolls/Fried Rice Salisbury Steak Chef's Special | 2 GOLDEN FRIED CHICKEN Spaghetti w/Meatsauce Chef's Special | 3 Gary's Smokehouse Ribs Chicken Pot Pie Chef's Special | 4 MEXICAN FOODS Chicken Fajitas Sliced Roast Beef Joe's Beans | 5 Fish Fry Baked Chicken TGIF 4:00 pm - 8:00 pm | 6  The Club is open for special functions only |
| 14 Club Closed | 8 Beef & Broccoli Hawaii Baked Ham Chef's Special | 9 GOLDEN FRIED CHICKEN Sausage & Peppers Chef's Special | 10 Gary's Smokehouse Ribs Meatloaf w/ Mushroom Gravy Chef's Special | 11 Club Closed | 12 Club Closed | 13 Club Closed |
| 21 Sunday Brunch 1000-1330 | 15 Schnitzel w/ Red Cabbage Beef Pot Roast Chef's Special | 16 GOLDEN FRIED CHICKEN Cod Fish in Creole Sauce Chef's Special | 17 Gary's Smokehouse Ribs Breast of Chicken Ala Coq Auvin Chef's Special | 18 MEXICAN FOODS Carne Guisada Tangy Teriyaki Wings Joe's Beans | 19 Fish Fry Southern Fried Fish BBQ Brisket Seafood Buffet 5:30 p.m. - 8 p.m. | 20 Club Closed |
| 28 Club Closed | 22 Lasagna Meatball & Onion Gravy Chef's Special | 23 GOLDEN FRIED CHICKEN Macaroni & Beef Casserole Chef's Special | 24 Gary's Smokehouse Ribs Chicken Fingers w/ French Fries Chef's Special | 25 Club Closed | 26 Club Closed | 27 Club Closed |
| | 29 Seasoned Pork Chops Hot Dog Bar w/ Chili Chef's Special | 30 GOLDEN FRIED CHICKEN Swiss Steak Chef's Special | <p>Need a room for your guests? Call 224-3295 \$25.00/night 10 suites available</p> <p><i>Happy Thanksgiving</i></p> | | | |

MWR

Recreation and fitness

Bench Press Contest

The next bench press contest is Saturday. Weigh in is from 9:30 to 10 a.m.; start time is 10:30 a.m. Register now for this competitive event promoting injury-free weight training. The cost is \$20 and all participants receive a T-shirt. For a registration form, download a copy at www.fortsamhoustonmwr.com by following the recreation and fitness link to the "fitness for your life program" or visit the Jimmy Brought Fitness Center.

Free Cycling Classes

Free introductory cycling classes are offered at the Jimmy Brought Fitness Center. Get your heart pumping with these fast paced rides set to music. Classes are Tuesdays and Thursdays from 6 to 6:45 a.m., Tuesdays and Thursdays from 11:45 a.m. to 12:30 p.m., Wednesdays from 4:45 to 5:30 p.m. and Saturdays from 9 to 9:45 a.m.

Archery Lessons

Individual and group archery lessons are available through the Outdoor Equipment Center.

Instruction is given at different levels of experience, from novice to expert. Children are welcome, however, a parent must accompany dependents under the age of 18. People should wear full shoes and no oversized shirts or shorts/trousers. For more information, call instructor Skip Dawson at 221-5225.

Equipment Rentals

The Outdoor Equipment Center offers a wide variety of recreational equipment for rent ranging from fishing boats to travel trailers and other camping equipment. Other items available for rental include large BBQ/smoker pits on trailers, canopies, tables, chairs, and play bouncers and dunking booths for unit gatherings or birthday parties. Utility trailers (both open and covered), are also available. For more information, call 221-5224, Monday through Friday, 8 a.m. to 5 p.m., or go to Bldg. 1111 on Forage Road.

Health and Wellness Fair

Stop by the free Health and Wellness Fair Monday from 10 a.m. to 2 p.m. at the Jimmy Brought Fitness Center. Event highlights include cholesterol screening, diabetes screening, proper weight training, raffles, nutrition information and much more. Participants who wish to have a cholesterol screening must fast 12 hours before the screening. Free food and T-shirts from 11 a.m. to 1 p.m. For more information, call Lucian Kimble at 221-2020.

60 Days of Fitness

The fitness center offers a motivating fitness and weight loss program to help people safely lose 15 pounds in 60 days using a point system. This self-paced program requires people to work out 45 out of 60 days and includes a seven-page fitness assessment, body fat analysis and body measurements.

Participants will also attend two 30-minute weight loss classes. Cost for the program is \$40, which includes a T-shirt. For more information, call Lucian Kimble at 221-2020.



New Trailers at Canyon Lake

New overnight accommodations will soon be available at the Fort Sam Houston Recreation Area at Canyon Lake. Funding has been approved to purchase and install 33 new mobile home trailers. Each trailer will have approximately 1,000 square feet with bedrooms, kitchens and air conditioning. Additionally, 10 rustic cabins overlooking the lake will be built. The recreation area offers a variety of activities including camping, fishing, boating and swimming. Have a family reunion or unit gathering in one of the picnic areas or pavilions. For more information and directions, call (830) 226-5357 or (888) 882-9878. Hours are Sundays to Thursdays from 8 a.m. to 6 p.m. and Fridays through Saturdays from 8 a.m. to 8 p.m.

Intramural Basketball (Male, Female and Co-ed)

Coaches meeting is Monday and the season starts Nov. 29. For more information, call Earl Young at 221-1180 or e-mail earl.young@samhouston.army.mil.



Hunting News

Camp Bullis gun hunting opens Saturday and will be available Saturdays and Sundays at 4:30 a.m. and 1:30 p.m. Refer to the Camp Bullis Hunting Guide on the Web at www.fortsamhoustonmwr.com/rfd/campbullis. Bow hunting will continue Thursdays through Mondays at 5:30 a.m. (closed Tuesdays and Wednesdays). For more information, call 295-7577 or 295-7529.

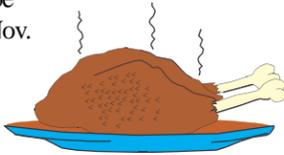
Intramural Fall Bowling Leagues

Letters of intent are due by Dec. 6, a coaches meeting is Dec. 13 and the season starts Jan. 10. For more information, call Earl Young at 221-1180 or e-mail earl.young@samhouston.army.mil.

Dining and entertainment

Officer's Club Turkeys and Hams To Go

Orders will be taken through Nov. 18. Prices are \$38.95 to \$79.50; no pick-ups after 3 p.m. Nov. 24. Call 224-4211 to place orders.



New Year's Eve Party

Celebrate New Year's at the Officers Club. Dinner is from 6:30 to 8 p.m. and breakfast from 12:30 to 1 a.m. Prices are \$35 per person and \$60 per couple. Reservations are required. For reservations, call 224-4211.

Sam Houston Club Thanksgiving Buffet

A Thanksgiving buffet is Nov. 25 from 11 a.m. to 3 p.m. Enjoy a traditional Thanksgiving dinner with all the trimmings. Cost is \$13.95 for members, \$15.95 non-members, \$6.95 for 7 to 11-year-olds and free for children 6 years old and under. Reservations are required. Call 224-2721 to make reservations.

Comedy Night and After Party

A comedy night and after party is Friday. Doors open at 7:30 p.m. and showtime is 9 p.m. Admission is \$12, which includes complimentary meal from

7:30 to 9 p.m. Tickets are available now. (No Bingo session Friday)

Golf Club

FSH Golf Club will conduct a Ladies Golf Clinic for experienced players every Tuesday through Nov. 16. Cost for the clinic is \$120. Start your holiday shopping early at the Pro Shop and take advantage of the great savings they have to offer.



Bowling Center Bowling lessons

Bowling lessons are Tuesdays; lessons are free to league bowlers and \$25 for non-league bowlers.

Family Bowling Day

Sundays are Family Bowling Day. Adults and children 12-years-old and older pay \$1.75 per game (children under 12 bowl free). Shoe rental is \$1. This excludes birthday parties and cannot be combined with other



special offers.

Soldier Appreciation

Soldier Appreciation is Saturdays from 11 a.m. to 8 p.m.; free shoe rental and medium soda with purchase of game.

Cyber Bowl

Cyber Bowl is Saturdays from 8 to 10 p.m. Cost is \$10 per person and \$5 per person under 12-years-old.

Harlequin Dinner Theatre

"Harvey," a comedy by Mary Chase, will be performed Nov. 17 through Dec. 18. Call the box office at 222-9694 for show times and tickets.

MWR Ticket Office

The Morale, Welfare and Recreation Ticket Office has tickets for "Riverdance" at the Majestic Saturday and Sunday, and "Hairspray" Dec. 2 to 5. The office also has Disney and Universal Studios tickets, and 2005 Entertainment Coupon Books. Additionally, 2005 season passes for Sea World and Fiesta Texas are now available. For additional ticket information and pricing, call 226-1663.

Trick or treat



Photo by Alexandra Nordeck

Sean, Takao and Matthew Sullivan dress up to participate in the Halloween Cyber Bowl Party Sunday at the Morale, Welfare and Recreation Bowling Center. Participants enjoyed Halloween-themed music, decorations, candy and a drawing for Rampage hockey tickets, phone cards and much more. Cyber Bowl is held every Saturday evening from 8 to 10 p.m. at the Bowling Center. For more information, call 221-4740 or 221-2683.

Enter to win Clint Black merchandise at the Bowling Center

Write the correct answer to this bowling trivia question on the line below, and you will be entered to win one of many Clint Black merchandise items. To enter, bring this form to the Bowling Center, Bldg. 2521, Schofield Road, by close of business Sunday. The drawing will be Monday. The contest is open to anyone with a valid Department of Defense ID card. MWR employees and their family members are not eligible to win. For more information, call 221-2926 or 221-2307.

Trivia Question:

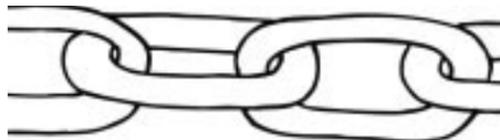
Who was voted Bowler of the Century by the "Bowlers Journal"?

Answer _____

Your Name _____

Rank/pay grade _____

Phone Number _____



COMMUNITY LINK



Happenings

Theatre auditions

The Harlequin Dinner Theatre is holding open auditions Nov. 29 and 30 for the Agatha Christie mystery "Ten Little Indians." Auditions will be from 7 to 8:30 p.m.. Other volunteers are needed as assistant director, stage manager, light and sound technicians, props and stage crew. Performances will be Wednesday through Saturday evenings from Jan. 12 through Feb. 19. For more information, call the Harlequin Dinner Theatre at 222-9694.

Air Force Village I opens

Air Force Village I has opened its doors to all honorably separated officers, their spouses, widows and widowers, and family members age 62 and older. Call (800) 762-1122 or www.airforcevillages.com.

Market Day for moms, Saturday

The Mom's Club of Central San Antonio is hosting a Market Day event Saturday from 10 a.m. to 2 p.m. at Northridge Park Baptist Church 2659 Eisenhower (at Chevy Chase). Moms can enjoy browsing vendors selling unique and memorable gifts. The playground next door, children's toy table and bake sale provide the perfect distraction while moms shop around. For more information, call Elizabeth Grasso at 826-3000.

Village of Lakeway Walk

The Colorado River Walkers volk-march club will host a 10-kilometer (6.2 mile) and 5-kilometer walk in village of Lakeway near Lake Travis in west Travis County on Saturday and Sunday. The walk starts in the Lakeway City Hall at 104 Cross Creek, between 8 a.m. and noon. For more information, call Stephanie Mentzer at (512) 832-8546 or e-mail zenteer@io.com, or visit the club's Web site at www.io.com/~zenteer/crw.

Military comptrollers luncheon

The Alamo Chapter of the American Society of Military Comptrollers invites all members and non-members to attend November's luncheon hosted by the 311th Human Systems Wing. Guest Speaker is Mr. Bill Herring from the Life Science Laboratory. The topic is "POW/MIA - The Search Continues." The luncheon is at the Brooks City Base Club on Tuesday from 11 a.m. to 1 p.m. For more information, call Wayne Wanner at 221-7029.

Veterans Day Dinner, Nov. 11

The Leukemia and Lymphoma Society's Team in Training will host a dinner and silent auction on Veterans Day, Nov. 11, at The Prickly Pear Southwest Bistro and Bar, 17776 Blanco Road, from 6 to 8 p.m. Tickets are \$35 and include dinner and door prize entry. Non-attending tickets are also available for \$35 and will earn a chance at a door prize. For tickets and more information, call Lt. Shawna Maley at 221-2028 or e-mail shawna.maley@dmrti.army.mil.

Cash and carry sale, Nov. 17

Items of property will be sold from 8 a.m. to 3 p.m. Nov. 17 in Bldg. 4191, Bay "E." Cash and checks with picture ID will be acceptable forms of payment. All sales are final and property is sold "as is." The items are from the previous sale and have been reduced in price. Items available for sale include microwave ovens, blankets, writing desk, desk chairs, nightstands, TV armoires, dressers, headboards, wingback

chairs, love seats, tables, wall art and more. All property listed is subject to continued use prior to sale. For more information, call Lonnie O'Haver at 221-4449/4950.

Pony Express ceremony, Nov. 20

The 16th Annual Pony Express Christmas Courier Swearing-In Ceremony is Nov. 20 at the U.S. Post Office, downtown across from the Alamo, at 10 a.m. Admission is free and open to the public.

Free trip for OIF, OEF veterans

Soldiers can earn a free trip back home, courtesy of the Army, to Michigan, Indiana, Ohio, Minnesota, Wisconsin, North Dakota, South Dakota or the Chicago area. The 3rd Recruiting Brigade at Fort Knox, Ky. is looking for volunteers to speak at Midwest schools. Soldiers willing to share their job training and experiences with students can call Mark Edwards at (502) 626-0698.

Volunteer

BAMC seeks volunteers

Brooke Army Medical Center is looking for active and upbeat volunteers to be "Partners in Healing." BAMC wants volunteers who understand the hardships of coping with illness or injury and who empathize with the special needs of patients. BAMC offers 130 positions to match each volunteer's skills and interests. To volunteer, call the Office of Volunteer Services at 916-5083.

Warrant officer candidates needed

The U.S. Army is looking for highly motivated Soldiers, Marines, Sailors and Airmen to fill its warrant officer ranks. Positions are open in all 45 specialties for those who qualify. Applicants with less than 12 years active federal service are encouraged to apply. For more information and forms/documents required to apply, visit the Web site: www.usarec.army.mil/warrant or call DSN 536-0484/0458/0488/0478/0271/1860. The toll free number is 1-800-223-3735, ext. 6 and the last four of the phone number.

Caremobile Drivers Needed

Caremobile Drivers work four hours a week using an electric cart to transport patients from the Brooke Army Medical Center parking area to the entrance of the hospital. Walking the distance of the large parking area in the heat or rain is often difficult for a parent with a sick child, patients undergoing cancer treatments, orthopedic patients and the elderly. If you would like to transport grateful patients, please call the Office of Volunteer Services at 916-5083.

Eczema study

The Brooke Army Medical Center dermatology clinic seeks patients 2 to 12 years old with a history of eczema for a research study. For more information, call Crystal Triplett, research coordinator, at 916-3931.

Education

Free computer training

The Employment Readiness Program has morning and afternoon session openings for family members seeking computer training for the job market. Automated training is available for Microsoft Office software, accounting, customer service, clerical and

typing skills (typing instruction also available in Spanish). For more information or to register, call Katja Lunsford at 221-0427 or Josie Gonzales at 221-0516. A valid military family member ID card is required.

Job search assistance

The Employment Readiness Program offers job search assistance to family members. Services include job search, resume writing, interview preparation, skills testing and more. For more information or to make an appointment, call Katja Lunsford at 221-0427 or Josie Gonzales at 221-0516. A valid military family member ID card is required.

Meetings

Lone Star Chapter

The Lone Star Chapter of the U.S. Army Warrant Officer Association meets at 7 p.m. on the third Monday of each month at VFW Post #8541, 2222 Austin Highway (between Eisenhower and Walzem Road). All active duty, retired, Reserve, National Guard and family members of current or former Warrant Officers are invited to attend. For additional information, contact Chief Warrant Officer Matthew Watterson at 295-8773 or e-mail matthew.watterson@us.army.mil

Officers' Wives and Widows Club

The Retired Officers' Wives and Widows Club meets at 11 a.m. on the fourth Monday of every month at Fort Sam Houston Officers Club. For reservations, call Arline Braswell at 822-6559.

Association seeks members

The Alamo Silver Wings Airborne

Association seeks members for their organization, VFW 9186. Join the spirit and tradition of airborne. Meetings are every third Thursday. For more information, call Joe Turella at 657-0028.

Purple Heart veterans sought

Purple Heart Veterans are invited to join the meeting of Military Order of the Purple Heart on the first Saturday of every month at 9 a.m. at the Roadrunner Community Center to learn more about combat related entitlements and claims benefits. Registration begins at 9 a.m. Bring your DD Form 214 and a short biography.

SMA seeks new members

The Fort Sam Houston Sergeants Major Association meets every third Thursday of the month at 6 p.m. in the FSH NCO Club. Army retired Sgt. Maj. Hector Viczaino, president of the association, extends a cordial invitation to all active duty and retired command sergeants major, sergeants major and master sergeants on the promotion list from all service branches to attend the meetings. For information, call Sgt. Maj. Tracey James at 221-7495 or Sgt. Maj. Jeff Lavender at 221-7674.

BOSS seeks single Soldiers

The Better Opportunities for Single Soldiers meetings are held on the first and third Wednesday of every month at 1:30 p.m. at the Hacienda Recreation Center. The BOSS committee was established to provide Soldier input to the commander, who uses the committee's recommendations to improve single Soldiers' Morale, Welfare and Recreation programs. For information, call Staff Sgt. Edward Castro at 221-8760.

Celebrate America's Military Week Wednesday to Nov. 11

AFA breakfast, today

The Air Force Association Combat Breakfast will be at the American Legion Alamo Post 2, 3518 Fredericksburg Road at 7:30 a.m. The keynote speaker is Col. Robert L. Howard, Medal of Honor Recipient. Cost is \$10 per ticket. Dress for military is duty uniform and business attire for civilians.

AUSA luncheon, Friday

An Association of the U.S. Army luncheon will be at the Fort Sam Houston NCO Club at 11:30 a.m. Cost is \$10 per ticket. The keynote speaker is Lt. Gen. Wayne Marty, Adjutant General, State of Texas. Dress for military is duty uniform and business attire for civilians.

Veterans Parade, Saturday

The U.S. Military Veterans Parade is at 1 p.m. at Avenue E and 3rd, along Avenue E to Houston Street, Houston to Alamo, Alamo to Commerce, Commerce to Milam Part, at San Saba. The parade is open to the public. The reviewing stand is at Alamo Plaza.

Airfest, Saturday and Sunday

Lackland Air Force Base hosts "AIRFEST 2004", from 9 a.m. to 5 p.m. both days. Opening ceremonies are 10 a.m. on Saturday. Tora, Tora, Tora and Aeroshell T-6 Demonstration

Team will perform both days, along with demonstrations by F-16, A-10, F-18, T-6 "Texan II," T-28, S2-B and Ultima 200-30S.

Combat Medic Retreat, Wednesday

A Combat Medic Retreat Ceremony is at the U.S. Army Medical Department Museum on the corner of Harry Wurzbach and Stanley Roads at 4:45 p.m. Visitors should enter at the Walters Gate, off Interstate Highway 35. Dress for military is duty uniform and business attire for civilians.

Veterans Day Ceremony, Nov. 11

A Veterans Day Ceremony will be at the Fort Sam Houston National Cemetery, 1520 Harry Wurzbach. The musical prelude starts at 9:30 a.m. and ceremony at 10 a.m. Keynote speaker is retired Brig. Gen. John W. Nicholson, Undersecretary for Memorial Affairs, Department of Veterans Affairs.

Buffalo Soldiers ceremony, Nov. 11

"Buffalo Soldiers" Veteran's Day Commemorative Ceremony will be at the San Antonio National Cemetery, 517 Paso Hondo from 1:30 to 2:30 p.m. The speaker is Col. Edward Maney, Fort Sam Houston Installation chaplain.

FORT FREEBIES

Freebies are published on a first come, first serve basis. Commercial advertisements are prohibited. The deadline is noon Monday. Freebies are intended for personal household goods and privately owned property, and may only be submitted by active, retired or reserve component military members and civilian employees working on Fort Sam Houston. To submit paid classified ads or commercial advertising, call Prime Time at 453-3300. To submit a Fort Freebie, e-mail to: news.leader@samhouston.army.mil or fax to 221-1198. Ensure your military/Fort Sam Houston civil service status, phone number and name appears on request. Limit of five items per entry.

For Sale: 1999 Ford Mustang, dark blue, five-speed with 72,000 miles, excellent condition, new tires, V-6, spoiler, tinted windows and power, \$5,650. Call 269-9905.

For Sale: 2002 Toyota Tundra Pickup-V8, silver sky metallic, SR5 access cab, six-and-a-half bed, 34,345 miles, auto, AM/FM cass/CD, PW, PL, tilt, cruise, aluminum wheels with locks, Manik polished stainless steel grill guard (retails for \$950 new), and much more, \$19,950 obo. Call 221-9917.

For Sale: 1997 Dodge Neon, 130,000 miles, cold air, new tires and inspection sticker, asking \$1,655 obo; and five-foot tool/utility bed for Chevy S-10 truck, \$30. Call 212-5004.

For Sale: Custom van for sale, 1990 Dodge B-250 custom high top van, new tires, new brakes, color TV/VCR, CB, dual updated a/c, 112,000 miles, nice interior, \$2,000. Call Ron at (830) 980-7786.

For Sale: Set of Firestone Wilderness P265/70/R16 with rims, \$375. Call Carmen at 386-1155.

For Sale: Dresser with mirror and chest

cabinet, black contemporary style, \$175; black entertainment center, contemporary, \$65; and single bed, wood headboard, frame, box spring and mattress, \$95. Call 241-1291.

For Sale: Wall to wall rug, black, approx. 11-by-13, \$100; Wieder two-station weight set \$175; piano, upright, black with stool, \$600; oak finish oval dining table with six chairs, \$190; and futon and twin bed with mattress set, bunks or separates, \$150. Call 224-8636 and view on <http://briefcase.yahoo.com/ennabesu>.

For Sale: Basketball goal, \$50; roller-skates, size 10 adults, exc., \$10; ceramic lamp set with shades, 24 inches, beige, \$25; Casio keyboard with stand, \$100; and racecar bed with mattress, dresser new, \$250. Call 697-9261.

For Sale: Hospital bed with trapeze electric; GE upright freezer, like new; loveseat (bed) single; and microwave. Call 656-6772.

For Sale: Off-white love seat and couch with matching lamps, coffee table, and two side tables in cherry wood finish, from clean nonsmokers house, only one-and-a-half years old, \$250. Call 656-5046.

For Sale: Hand-carved oriental wooden screen (room divider), carved on both sides, \$325; king-size bed complete with mattresses, \$125; antique sewing machine, \$75; and entertainment center, black, small, \$20. Call 490-8786.

For Sale: Oakwell Farms, built in 2001, near Fort Sam, 2600 square feet, 3/2.5 with study, master down, covered patio, nice size yard, community pool and tennis courts. Call 824-4770.

For Sale: FSBO house for sale, 3-2-2, in a quiet subdivision, ready for immediate move-in, located between Fort Sam and Randolph, inspected and appraised, selling at \$115,000, \$7,000 under appraisal, call for list of amenities, will show anytime; and 1996 Honda Odyssey, loaded, \$5,700 obo. Call 646-7371.

For Sale: Mini chopper motorcycle, \$300 firm; metal and glass lighted display case, \$75; round table, \$25; Barbie house with accessories, \$30; Call 223-1404.

Lost: Gray cat named Bonkers, missing since Oct. 25.. Call 212-5004.

CAREER CLIPS

The Army Career and Alumni Program office provides numerous services to eligible people in transition including job assistance. Information on these and other positions is available to ACAP customers in the ACAP Office, Bldg. 2264 or call 221-1213.

Trading Risk Analyst, San Antonio. Acts as a liaison between the trading, marketing and accounting departments; tracks and reconciles price risk inventory on a daily basis relating to sales, purchases, transfers, exchanges, and secondary costs.

LVN, San Antonio. Must be a graduate from an accredited school of nursing from at least one state or territory in the United States, a health care provider for a minimum of one year prior to employment by the contractor; have and maintain current certification in Basic Cardiac Life Support certified by documentation of training and skills.

Property Administrative Assistant, San Antonio. Responsible for the preparation and control of records, statistics and reports regarding operation, personnel changes; assists in the administration of programs, projects and processes specific to the operating unit served.