



# News Leader<sup>®</sup>



Vol. 36, No. 50

Fort Sam Houston — Home of Army Medicine

Dec. 16, 2004

## Briefs . . .

### Legal office closure

The Office of the Staff Judge Advocate's claims division, trial defense services and the Legal Assistance Office will be closed today from 11 a.m. to 4 p.m. for the OSJA holiday party. The office reopens Dec. 17. For emergencies, call the on-call officer at 286-6227.

### Demobilization ceremony

The 172nd Corps Support Group demobilization ceremony is Saturday at 10 p.m. at the Roadrunner Community Center. For more information, call Arthur Hastings at 221-2059.

### AFTB birthday celebration

The Fort Sam Houston community is invited to the Army Family Team Building 10th Birthday Celebration today from 5 to 7 p.m. at the Roadrunner Community Center. People can help recognize volunteer staff and the local winners of the Armed Services YMCA Art Contest. Birthday cake and light refreshments will be served. For more information, call Sue York or Amy Malec at 221-2705 or 221-2418.

### Museum holiday hours

The Fort Sam Houston Museum will be closed Dec. 25 and Jan. 1 but will be open Dec. 24 and Dec. 31, as well as Dec. 26 and Jan. 2 from 10 a.m. to 4 p.m. For more information, call 221-1886.

### News Leader hiatus

The Fort Sam Houston News Leader will not be published Dec. 23 or 30. Submissions for the Jan. 6 issue should be e-mailed to news.leader@samhouston.army.mil or faxed to 221-1198 no later than Jan. 3 at noon. For more information, call 221-0615.

## St. Nick starts his list



Photo by Elaine Aviles

Santa Claus finds out what's on children's wish lists while visiting the Fort Sam Houston PXtra. For more coverage of Fort Sam Houston's holiday happenings, see Pages 20 and 21.

## Texas governor honors injured Soldiers

By Nelia Schrum  
Brooke Army Medical Center Public Affairs

Texas Governor Rick Perry joined Brig. Gen. C. William Fox, Jr., Brooke Army Medical Center commander, Dec. 6 to present Purple Hearts to four Soldiers injured in Iraq who are recovering at BAMC.

The four Texas Soldiers included Sgts. Daniel Stubblefield and Cesar Trevino, Spc. Kristofer Clinkscales, and Pvt. Patrick Feges.

"These ceremonies are all about recognizing duty, honor and country," said Fox. "Today is a great opportunity to show dignity and respect to those Soldiers who were injured while serving their country."

The governor said the four Soldiers were heroes in every sense of the word and he considered the Purple Heart ceremony sacred.

"There are times when I am humbled just to stand alongside great Texans whose courage towers over all who come near."

Perry said that Americans are grateful for the Soldiers and their

See **GOVERNOR** on Page 3

## Personnel detachment deploys to Kuwait

By Elaine Aviles  
Fort Sam Houston Public Information Office

Fort Sam Houston leaders and families honored 328th Personnel Services Battalion Soldiers at a deployment ceremony Friday at the Roadrunner Community Center.

The Detachment 2 Soldiers left for Kuwait shortly after the ceremony for a 12- to 18-month deployment.

"You free up the warfighters by accomplishing personnel actions so they can go to war," said Maj. Gen. George Weightman, Army Medical Department Center and School and Fort Sam Houston commander. "Your role is absolutely essential."

The detachment will perform a wide range of personnel services in Kuwait, such as managing personnel information and casualty management systems, as well as the strength reporting database.

Although the work is nothing new for the Soldiers, the environment, for many, will be a new source of stress.

"Keep your game face on," Weightman said. "There are threats over there, but you're well prepared. Remember, you're there representing the

Army and the United States. Let that knowledge guide your actions."

While some have a few deployments under their belts, for others, like Sgt. Ene Warner, this will be a first.

"They prepare us well so we're ready," said Warner, a human resources specialist. "I'm going to focus on my mission, so those on the front lines can stay focused on theirs."

"It's hard to leave so close to the holidays but I'm ready to go," she added. "I bought a video cam so I can talk to and see family."

Staff Sgt. Alex Aranda, who has deployed twice before, said this type of communication is key.

"It's a lot different now than when I was in Desert Storm," he said. "There wasn't e-mail. Now it's easier to stay in touch. You shouldn't isolate yourself."

Spc. Angelica Carmona, who tearfully left her two sons, 5-month-old Isaac and 5-year-old Jose, said her co-workers will be a strong source of support.

"It's going to be hard but being with my friends will help," she said.

Support systems are also vital for the families left behind.

See **DEPLOYS** on Page 4

# Safety measures prevent accidents during holiday season



**Maj. Gen. George W. Weightman**  
**AMEDDC&S and Fort Sam**  
**Houston commander**

**By Maj. Gen. George W. Weightman**  
**AMEDDC&S and Fort Sam Houston commander**

The holiday season is upon us and we look forward to the New Year's celebration. This is a time for joyous celebrations, festive parties, traveling, and visiting friends and relatives. I encourage everyone to take advantage of this season and enjoy it with your loved ones. I also caution you that the holiday season brings an increased potential for serious accidents. My major concerns are winter and holiday driving, increased fire potential, and winter recreational activities.

Commanders and leaders will ensure that all members of their organizations receive a thorough safety briefing for the holiday season.

Accident potential always exists in the home. Ensure holiday decorations do not present a fire risk. Lighted candles should never be left unattended. Do not overload electrical circuits. If you are using a live tree, ensure it is watered regularly. Ensure smoke detectors are working

properly. Also, practice home evacuations with your family members. Do not ignore fire safety; it could save your life.

Those who plan to travel in their privately owned vehicles must incorporate risk management. Commanders and NCOs must personally review the travel plans of their Soldiers. The leading causes of Soldier fatalities in POV accidents are due to driving too fast for conditions, not using seatbelts or falling asleep at the wheel. Inspect your vehicle for safe performance; ensure you take the necessary equipment in case of an emergency. Drugs and alcohol can be fatal. Be responsible and never drink and drive.

Accident prevention is everyone's responsibility. Regardless of the activity, remain alert to hazards. Do not become a holiday statistic! Contact the Installation Safety Office for winter and holiday safety materials at 221-3866.

Let's all do our part to make this holiday season happy, joyous and accident free. Happy holidays! BE SAFE!

## Fort Sam Houston News Leader

This Army newspaper is an authorized publication for members of the Department of Defense. Contents of the News Leader are not necessarily the official views of, or endorsed by, the U.S. government or Department of the Army. It is published weekly by the Army Medical Department Center and School and Fort Sam Houston Public Affairs Office, 1212 Stanley Rd., Suite 4, Fort Sam Houston, Texas 78234-5004, telephone (210) 221-0615, DSN 471-0615. Printed circulation is 10,000. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the

violation is corrected. The editorial content of this publication is the responsibility of the director of public affairs. The News Leader is published by Prime Time, Inc., The Herald Newspaper Group, 17400 Judson Road, San Antonio, Texas 78247, telephone (210) 453-3300, a private firm in no way connected with the U.S. government, under exclusive written contract with the Army Medical Department Center and School and Fort Sam Houston public affairs office. The civilian printer is responsible for commercial advertising. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the U.S. Army or Prime Time, Inc., The Herald Newspaper Group of the product or services advertised. Stories and photos for publication consideration may be e-mailed to [news.leader@samhouston.army.mil](mailto:news.leader@samhouston.army.mil) or turned in on a floppy disc accompanied by hard copy, by noon Monday.

**Army Medical Department**  
**Center and School and**  
**Fort Sam Houston Commander**  
 Maj. Gen. George W. Weightman  
**Garrison Commander**  
 Col. Garry Atkins  
**Public Affairs Officer**  
 Phillip Reidinger  
**Public Information Officer**  
 Yolanda Hagberg  
**Editor/Writer**  
 Elaine Aviles  
**Staff Writer**  
 Shadi May  
**Layout Artist**  
 Lori Newman

# Governor

Continued from Page 1

defense of the nation and freedom-loving people across the globe.

The governor said the citizens of Texas also wanted to thank the BAMC staff.

"The people of Texas are grateful to the men and women at Brooke Army Medical Center for helping our brave Soldiers put their lives back together after serving their country in battle."

Perry told the injured Soldiers that Texans could never repay the great cost each Soldier incurred.

"Today and everyday after, we will honor the valor of your sacrifice and celebrate the legacy of your heroism which is the freedom we so cherish."

The governor said that America has been freedom's greatest friend and guardian.

"The proof is not in the rhetoric," said Perry. "It is in the eyes of thousands of American Soldiers who, like these four men, bear the scars of freedom."

Stubblefield, 23, entered the military in July 2000 as an

infantryman, continuing a family tradition of joining the military.

From Mineral Wells, he currently calls Fort Sam Houston home.

He deployed to Iraq in February from Schweinfurt, Germany. Sept. 1, he was hit by an improvised explosive device in Samarra, Iraq, sustaining shrapnel wounds to his right knee, left shoulder and neck.

Trevino, 25, from Laredo, is a combat engineer and has served in the military since July 1998. A former Marine from Laredo, he deployed with the 1st Cavalry out of Fort Hood, Texas.

Trevino sustained his injuries to his right arm, hand and hip Aug. 13 in Baghdad, Iraq, when he was hit with a mortar round.

Clinkscales, 22, was born in Dallas and now calls San Antonio home. A 2000 graduate of Alamo Heights High School, he entered the military as an infantry man and is an Army sniper.

Deploying from Fort Hood, Texas, Clinkscales was injured in Fallujah, Iraq, Nov. 10 when the building he was operating from



Courtesy photo

Texas Governor Rick Perry visits Dec. 6 with Purple Heart recipients recovering at Brooke Army Medical Center. Spc. Kristofer Clinkscales, Pvt. Patrick Feges, and Sgts. Daniel Stubblefield and Cesar Trevino received Purple Hearts for injuries sustained in the Global War on Terrorism.

was hit by a rocket. He sustained shrapnel injuries to his right arm and elbow.

Feges, 20, from Sugar Land,

entered the military in July 2003 as a food service specialist. He deployed to Iraq in August with the 2nd Battalion, 17th Field

Artillery, Camp Hovey, Korea. Hit by mortar rounds Nov. 1 in Ar-Ramadi, he sustained shrapnel wounds to his stomach.

## Tax center provides service, information to community

The word "taxes" inspires fear and frustration for many taxpayers. For some taxpayers, yearly changes in tax law and increasingly complicated instructions required to prepare income tax returns lead to this emotional response.

For other taxpayers, the fear of incurring penalties associated with the failure to pay taxes serves as the cause of such a reaction. The best means to secure peace of mind during tax season is education. This article offers a simple overview of the law of federal and state income taxation.

### How the system works

The first thing taxpayers should understand about their federal income tax is the graduated method by which the government calculates tax. For most people, the tax imposed on their income by the federal government is their single largest tax burden. Currently, the United States has six tax brackets, which are calculated at the following rates: 10, 15, 25, 28, 33 and 35 percent. Taxpayers are required to make periodic payments of their federal income tax over the course of the year and most people do so by having tax withheld from their paycheck each month.

The rate at which income is assessed is based upon two factors: the taxpayer's filing status and the amount of the taxpayer's "taxable income." A taxpayer's filing status (single, married filing jointly, married filing separately, head of household or qualifying widower) is generally deter-

mined by examining the taxpayer's relationship with others. A taxpayer's taxable income is measured by adding taxable sources of income, such as wages, capital gains and business income, and subtracting certain adjustments (alimony paid, contributions to IRAs and student loan interest payments), exemptions (based on age, blindness and filing status), and deductions (based on dependency).

If you are a single taxpayer (i.e., "filing Single"), your taxable income, up to \$7,150, will be taxed at a rate of 10 percent. Taxable income between \$7,151 and \$29,050 will be taxed at 15 percent. Similarly, taxation at the rate of 25 percent is imposed on taxable income between \$29,051 and \$70,350. To illustrate, a single taxpayer with a taxable income of \$5,000 will have to account for \$500 in federal income tax, as the taxable income falls entirely within the 10 percent tax bracket. If the same taxpayer made \$32,000, the first \$7,150 will be taxed at the 10 percent rate, the second \$21,900 will be taxed at the 15 percent rate, and the remaining \$2,950 will be taxed at the 25 percent rate. In this case, the taxpayer would have to account for approximately \$4,738 in federal income tax.

If you are married and filing a joint tax return with your spouse, your taxable income, up to \$14,300, will be taxed at a rate of 10 percent, as well. Taxable income between \$14,301 and \$58,100 will be taxed at a rate of 15 percent and tax-

able income between \$58,101 and \$117,250 will be taxed at a rate of 25 percent. For example, if a married couple files a joint return and their combined taxable income is \$50,000, the first \$14,300 of their income will be taxed at the 10 percent rate. The remaining \$35,700 will be taxed at a rate of 15 percent; therefore, they will have to account for approximately \$6,785 in federal income tax.

### Understanding state tax law

People can easily file a tax return through the post Tax Assistance Center, or the IRS Web site at [www.irs.gov](http://www.irs.gov). In addition to the federal income tax requirement, many people are also obligated to pay state income taxes as well.

People who are residents of Texas, Alaska, Florida, Nevada, Utah, Washington and Wyoming do not have a state income tax. Some states, like New Hampshire and Tennessee, only tax intangible assets like stocks and bonds and income from property rentals. Still, other states allow Soldiers to exclude a portion of their income based upon their military service.

How do you know if you are a resident of one of those states without income tax? Sometimes it is difficult to make that determination. This assessment is particularly difficult for people who move around a lot, as most service members do. You might be saying to yourself, "I'm stationed in Texas, so I must be a Texan now, right?" Unfortunately, it is not that simple.

If you are on active duty in the military, you are likely still a resident of the state you lived in when you joined, unless you took steps to change your residency. This is because federal law allows you to retain the residency you had when you entered the service even though you are not stationed in that state. If you decide to change your legal residence, people need to record the change by filling out a DD Form 2058.

To complicate matters further, civilian spouses who find local employment at each duty station they PCS to may be considered residents, part-year residents or non-residents depending on various state specific circumstances. The two primary factors for determining the type of residence are whether the spouse earned civilian wages in that state and the duration the spouse resided in the state. The filing requirements and tax rates for each type of residence vary by state and should be evaluated by a qualified state return preparer. The Tax Assistance Center will be offering limited state return services.

### Tax center opens soon

For more information about taxes, stop by the Fort Sam Houston Tax Assistance Center in the Officers' Club, Bldg. 407, on Dickman Road on or after Jan. 18 or call 295-1040. The center will host a grand opening Jan. 18 at 9 a.m. and will remain open until April 16.

(Source: Fort Sam Houston Tax Assistance Center)

## Officials announce 2005 basic housing allowance rates

The Department of Defense released the 2005 Basic Allowance for Housing rates Tuesday, continuing the department's initiative of reducing military members' out-of-pocket housing costs.

The planned increase in housing allowance funds for fiscal 2005 above the fiscal 2004 amount is about \$2.5 billion. The 2005 rates represent the final phase of the planned buy down

in out-of-pocket housing expenses. Other components of the increase are geographic rate protection and housing cost inflation.

Out-of-pocket expense, the portion of the typical member's housing cost the member is responsible for, has been reduced from 3.5 percent last year to zero this year. The 2005 rates represent the final phase in a series of steps taken to bring the average

member's out-of-pocket expense to zero by 2005. However, the actual expense for an individual may be higher or lower than that average, based on the actual choice of housing.

For Soldiers with dependents, average increases in the BAH are approximately 8 percent. A typical E-4 with dependents, for example, will find his BAH about \$47 per month higher than last year. An E-8 with dependents will have about

\$60 more in his paycheck.

An integral part of the BAH program is the provision of individual rate protection to all members. No matter what happens to measured housing costs, an individual Soldier in a given location will never see his BAH rate decrease. This policy assures that Soldiers who have made long-term commitments in the form of a lease or contract will not be penalized if the area's

housing costs decrease.

Geographic rate protection has also been provided to Soldiers. Geographic rate protection means that newly arrived service members to an area will not see BAH rates that are substantially less than current people's rates. The 2005 rates can be found at <https://secureapp2.hqda.pentagon.mil/perdiem/bah.html>.

(Source: Department of Defense news release)

# Deploys

Continued from Page 1

"It's important to have good support, whether its families or friends," said Aranda's wife, Senaida. "It helps me to know he's proud to do this; it's what he wants to do. I just want him to focus on his mission and get back home."

Sources of deployment support and assistance for Soldiers and their families:

www.cabc.samhouston.army.mil  
www.lifelines2000.org  
www.defenselink.mil  
www.afcrossroads.com  
www.hqda.army.mil  
www.deploymentlink.osd.mil  
www.nmfa.org

For more information about deployment support, call Chere' Harper, Army Community Service Mobilization/Deployment Readiness manager at 221-2705 or e-mail her at chere.harper@samhouston.army.mil.



Photos by Elaine Aviles

(Above) Spc. Angelica Carmona, 328th Personnel Services Battalion, shares a moment with her two sons, 5-month-old Isaac and 5-year-old Jose. Carmona left for Kuwait shortly after the deployment ceremony.

(From left) Spc. Annette Bolyard, Sgt. Angela Jones, Tommy King, Pfc. Sabrina Jackson and Sgt. Ene Warner talk after the deployment ceremony. The Soldiers are all from the 328th Personnel Services Battalion.



(Above) Senaida Aranda and her 1-year-old son, Elian, wave a flag for Staff Sgt. Alex Aranda, who deployed to Kuwait, at the 328th Personnel Services Battalion Deployment Ceremony Friday at the Roadrunner Community Center.

(Right) Sgt. Carlos Cruz, 328th Personnel Services Battalion, plays with his 1-year-old daughter, Elyse, shortly before deploying to Kuwait for more than a year.



## DoD announces next Iraq, Afghanistan rotations

**WASHINGTON, D.C.** — The Stryker Brigade in Alaska and a brigade of the Georgia National Guard are scheduled to begin deploying to Iraq in mid-2005, along with the returning 101st Airborne Division (Air Assault) and 4th Infantry Division, a brigade of the 10th Mountain Division and a brigade of the 1st Infantry Division from Fort Riley, Kan.

Two other brigades of the 10th Mountain division from Fort Drum, N.Y., will deploy to Afghanistan next year along with the headquarters of the Florida National Guard's 53rd Infantry

Brigade, Defense Department officials announced.

Department of Defense released a partial rotation list Tuesday of units scheduled for deployment to Afghanistan and Iraq in support of Operation Enduring Freedom and Operation Iraqi Freedom. As other units are identified and alerted, officials said subsequent announcements will be made.

### OIF rotation

For Operation Iraqi Freedom, the rotation is consistent with the current force structure in Iraq of 17 brigades and three division headquarters, DoD officials said.

The partial troop deployment list includes:

- 48th Infantry Brigade (Separate), Georgia Army National Guard
- 172nd Stryker Brigade Combat Team, Fort Wainwright, Alaska
- 1st Brigade, 10th Mountain Division, Fort Drum, N.Y.
- 101st Airborne Division, Air Assault (division headquarters and four brigades), Fort Campbell, Ky.
- 4th Infantry Division (division headquarters and four brigades), Fort Hood, Texas
- 1st Brigade, 1st Infantry Division, Fort Riley, Kan.

The 101st Airborne Division went into Iraq in March 2003 as part of the initial assault and began redeploying to Fort Campbell this past February. The 4th Infantry Division entered Iraq in April 2003 and returned to Fort Hood this past April.

The first units deploying to Iraq in the next rotation are scheduled to arrive in mid-2005, officials said, and successive units will deploy at various times through mid-2006.

### OEF rotation

For Operation Enduring Freedom, the 3rd and 4th Brigades and headquarters ele-

ments of the Army's 10th Mountain Division from Fort Drum, N.Y., will deploy to Afghanistan next year along with the headquarters of the Florida National Guard's 53rd Infantry Brigade.

This OEF rotation is consistent with the current force structure of three brigades and a division headquarters in Afghanistan, DoD officials said. They said the first units deploying to Afghanistan are scheduled to arrive in mid-2005, and successive units will deploy at various points through mid-2006.

(Source: Army News Service)

# More community-based programs to treat medical holdover Soldiers

By Sgt. 1st Class Tammy M. Jarrett  
Army News Service

WASHINGTON, D.C. — More Soldiers in the Medical Holdover Program may soon be able to receive health care in their hometowns as the Army expands the Community Based Health Care Organization program from five to eight organizations.

Medical holdover Soldiers are mobilized Reserve Component Soldiers who remain on active duty to receive medical treatment.

CBHCOs will open in Virginia and Alabama around Feb. 7 and a third in Utah around March 1, medical officials said during a media roundtable briefing Dec. 2.

The CBHCO program is an integral part of the Medical Holdover Program and was originally started to relieve pressure on medical facilities and installations, said Col. Mike Deaton from the Army Surgeon General Office.

"It is also a means for us to provide care to Soldiers while they live at home and work at nearby military facilities," said Deaton.

The current five programs, operating in Florida, Arkansas, California, Massachusetts and Wisconsin, service a total of 23 states and care for more than 1,100 Soldiers.

Deaton said the success of the Community Based Health Care Initiative pilot program led to the Army to expand the program to provide regional medical coverage across all 50 states.

"They have evolved from a pilot initiative to be an integral part of the MHO mission," Deaton said.

They ensure a high standard of medical care — bottom line, the CBHCO is a success story for the Army, its Soldiers and their families."

Deaton said the Medical Holdover Program is the Army leadership's top priority, and they are continuing to evaluate and improve the program.

"The Army is committed to taking care of its people and to providing the best possible health care — regardless of the Soldier's component and regardless of the nature of the illness or injury," said Deaton. "Our Soldiers

have volunteered to stand in harms way for our nation and they deserve the best in health care."

One such Soldier is Spc. Logan G. Brown, who received multiple injuries when his convoy was ambushed in Iraq July 22. Brown received emergency surgery and was eventually sent back to Fort Hood, Texas. The El Dorado, Ark., native now receives his care at CBHCO at Camp Robinson, Ark. He said when he returned from his 30-day convalescent leave from Fort Hood, his paperwork had been processed.

Brown said he couldn't ask for a better program. He's able to be with the people he loves; he didn't get thrown back into civilian life and the care and the leadership is genuine.

"You can tell they (case managers, doctors and platoon sergeants) really care about the Soldier and it means a lot to come home," said the humvee gunner with the 3-153rd Infantry, 39th Infantry Brigade.

Staff Sgt. Roberto Scott agrees with Brown on the quality of care provided by the CBHCOs. He received injuries to his neck, back and right arm in a helicopter accident in Afghanistan Sept. 17. He was medically evacuated back to Fort Drum, N.Y., where he spent nine months being treated for his injuries before entering the CBHCO at Hanscom Air Force Base, Mass.

Scott said he was amazed, from day one, by the quality treatment he has been receiving.

"I didn't believe I could find such health care," said the guardsman with E Battery (TA), 101st Field Artillery. "They really care about the health and welfare of each one of us."

Scott said being able to be with his family is key to his recuperation.

"The Army is committed to taking care of its people and to providing the best possible health care — regardless of the Soldier's component and regardless of the nature of the illness or injury."

Col. Mike Deaton  
Army Surgeon General Office

"By going home every night I feel that my condition, my well-being is much better," he said.

The program works either by assigning Soldiers to a military facility within 50 miles of their homes or finding a doctor who takes TRICARE. The case managers work at the CBHCO and the Soldiers are administratively handled.

Nearly 800 additional physicians, nurses, clerks and case managers have been hired or mobilized to help with the MHO mission. Based on projections from the Army Medical Department, the Army anticipates a peak of about 6,500 MHO

patients between now and January. Once all the CBHCOs are fully open for business, future MHO Soldiers will be afforded opportunity to use them instead of military installations.

The "saturation point" for the first (CBHCOs) was a capacity of 300. This has been expanded to 500 and additional manpower was mobilized to support them, said Col. Kevin Garrouette, Office of the Assistant Secretary of the Army for Manpower and Reserve Affairs. He said because all the personnel are mobilized, they can be moved around to other organizations if needed.

A \$23 million budget for next year has been set aside to run the CBHCOs, said Col. Barbara Scherb, who manages the program from Forces Command.

"This includes the infrastructure standings, sites up, computers and phone lines, the travel to move Soldiers to the special care where needed," she said, adding that health care will be an additional cost.

Scherb said the amount also does not include the cost to the military manpower budget in terms of the mobilized Soldiers.

# JTF trains in disaster readiness at Lackland AFB

## Fifth Army deploys task force to assist in natural, man-made disaster

By Master Sgt. C.S. Allbright  
Fifth U.S. Army Public Affairs

A joint task force, formed and trained by the Fifth U.S. Army, stands ready to assist the Federal Emergency Management Agency in the event of a catastrophic disaster. If local, state or federal assets can't meet the emergency needs, FEMA can reach out to the Department of Defense for help.

Last week, about 130 members of the Joint Task Force Consequence Management-West were activated in a training exercise at Lackland Air Force Base, Texas. The exercise tested people, procedures and equipment critical in the event of a natural or man-made disaster.

Brig. Gen. F.J. Prasek, JTF commander, called the exercise planning and execution a "collabo-

orative effort," because many people were involved from the 21-state area of Fifth U.S. Army and the larger military community.

Fifth Army's G-5 (Homeland Security Division) and two G-3 divisions (operations and training) played key roles in planning the exercise.

"From my perspective in logistics, we made a lot of progress since we started planning, delineating responsibilities and coordinating with Lackland," said Lt. Col. Carmen Schrock, JTF Headquarters Detachment commandant.

Among those accomplishments included training Soldiers in loading cargo and equipment. The Soldiers received new storage units used to ship equipment to any location.

Once activated last week, an

advance team preceded the main body to Lackland AFB. While the headquarters element arranged where the JTF was going to work, sleep and eat, the communications team established the deployment communications architecture. Miles of cables and connections made it possible for the JTF to not only talk to one another, but also the outside world through telephone, computer and satellite communications.

Soldiers from the 56th Signal Battalion, Fort Gordon, Ga., augmented the JTF communications cell. The 20 troops set up commercial phone lines as well as secure and non-secure Internet connections.

"Soldiers are getting real-world training on how to set up in an unknown environment. I'm really proud of them," said



Photo by Master Sgt. C.S. Allbright  
Rubin Alicea (right) and Mr. Marino Diaz, Fifth U.S. Army G-6 employees, re-coil seemingly endless miles of telephone and computer wires used after the Joint Task Force exercise at Lackland Air Force Base, Texas.

2nd Lt. Sharron Stewart, officer-in-charge of the Fort Gordon troops. "Communication is important for command and control purposes, so the commander can direct his assets where they're needed," she said.

Stewart realized just how important communications were to people after the Sept. 11 attacks. "It's necessary to communicate with people in an emergency, because it reassures them, allays their fears and lets them know what's going on."

Once the JTF was activated, participants were manifested at the Fifth Army Headquarters. They then boarded an aircraft at Kelly Air Field, Texas, to simulate the steps needed to get to an emergency site. After a briefing, they proceeded to Lackland AFB.

The exercise then began in earnest. JTF members responded to various situations such as an earthquake scenario staged in a state bordering the Mississippi River.

It took the combined efforts of JTF staff sections to successfully maneuver requests for assistance. JTF tapped into assets from various fields such as medical, transportation, engineering, communications and security.

After the event was over, Prasek told his JTF, "I'm proud of what we did." Prasek, who is the Fifth U.S. Army's deputy commanding general, said the staff was getting its "land legs," because the JTF was able to deploy to an unfamiliar environment and overcome obstacles to perform a required mission.

"We achieved my training objectives, which were to get people thinking and talking about what needs to be done," Prasek said.

The exercise provided a solid foundation to build upon for future JTF training events, Prasek said. The ultimate goal is to be prepared if called upon for any emergency within the Fifth U.S. Army area.



Photo by Debra Klenke-Smith

Fifth U.S. Army Soldiers palletize a load of equipment for the Joint Training Exercise at Lackland Air Force Base, Texas. Joint Task Force members prepared equipment for air transport.

## 'Emergency War Surgery' handbook reflects real-world lessons

Although called the 3rd U.S. Revision, the new edition of "Emergency War Surgery" represents an entirely different handbook both in style and content. All material is new and revised to reflect lessons learned from ongoing American involvement in Southwest Asia.

"The editors of this edition are to be congratulated for drawing on the experiences of numerous colleagues recently returned from tours of duty in Southwest Asia in order to provide as current a handbook as possible," said Dr. William Winkenwerder, Jr., assistant secretary of defense for Health Affairs.

The handbook takes a bulleted manual style in order to

optimize its use as a rapid reference. Drafted by subspecialty experts, it was then updated by surgeons returned from yearlong deployments in Iraq and Afghanistan. Illustrations are featured much more prominently than in the earlier edition.

"This revision of the 'Emergency War Surgery' handbook provides the information needed to save the country's and military's most precious resource: our Soldiers, Sailors, Airmen and Marines," said Lt. Gen. Kevin C. Kiley, Army surgeon general.

A collaborative effort of the Borden Institute at Walter Reed Army Medical Center, Washington, D.C., and the

AMEDD Center and School, the handbook is the essential tool for the management of forward combat trauma.

"Its intent, and the single-minded determination of the contributors, is the retention of lessons learned from recent, as well as past, battlefield surgery," said Col. Dave E. Lounsbury, director of the Borden Institute.

The "Emergency War Surgery" handbook is available on Army Knowledge Online and the Borden Institute Web site at [www.bordeninstitute.army.mil](http://www.bordeninstitute.army.mil). For more information, call Andy C. Szul at 202-782-7571 or e-mail him at [andy.szul@na.amedd.army.mil](mailto:andy.szul@na.amedd.army.mil).

(Source: Borden Institute press release)

# Country stars bring music, cheer to military families

## Spouses visit with loved ones in Iraq during concert

Story and photos by Esther Garcia  
Fort Sam Houston Public Affairs

The Vince Gill and Amy Grant holiday concert Dec. 6 at the SBC Center in San Antonio was an opportunity for nearly 300 Army families to enjoy seasonal music by popular country stars.

Gill and Grant invited families whose spouses are deployed in support of Operations Iraqi and Enduring Freedom from Fort Sam Houston and the San Antonio community to attend their concert for free.

Also, the Department of the Army, working with the spouses, made the concert special with a live feed from Baghdad, Iraq, of

several Soldiers whose families attended the concert. The family members were invited on stage to talk to their spouses during the concert.

Several families from Fort Hood, Texas, also attended the concert and were able to talk with their loved ones in Iraq.

"The concert was an unforgettable experience," said Alexandra Nordeck, who had the opportunity to see and speak to her husband, Sgt. Shaun Nordeck, at the concert. "Seeing my husband's face and being able to talk to him was the best Christmas present I could ask for. This was a great example of how everyone's thoughts and prayers continue to be with our Soldiers and their families."

With the audience to her back, Alexandra Nordeck walks on stage and visits with her husband, Sgt. Shaun Nordeck, during the Vince Gill/Amy Grant holiday concert. Nordeck has been away since March 2004 so this was a surprise and treat for both to be able to see each other.



Kathy Lauten and Grant watch as the audience sings "Happy Birthday" to Lauten's son, Nathan, during the holiday concert at the SBC Center Dec. 6. Lauten's husband, who is in Iraq, was not able to make it to Baghdad for the live feed. Nathan turned 9 years old Dec. 6.



Vince Gill, wife Amy Grant and their daughter, Corinne, perform holiday favorites.

## Movie superheroes, volunteers visit Soldiers, families at SFAC



Barbara Richmond, from the Jewish Federation, and volunteers from SBC Communications visit with Spc. Gerald Baker. "Everything is excellent. I use the SFAC everyday," Baker said. "Using the phones and computers I can keep in touch with my wife who had surgery last week."



Gene Moreno, SBC external affairs, Mr. Incredible and his son, Dash, present calling cards and gift bags to Soldiers at the Soldier and Family Assistance Center.

Story and photos by Esther Garcia  
Fort Sam Houston Public Affairs Office

Christmas came early for Soldiers and families at the Soldier and Family Assistance Center at Powless Guest House.

The Soldiers are recovering at Brooke Army Medical Center from wounds received while supporting Operations Iraqi and Enduring Freedom.

The Jewish Federation hosted a full dinner with entertainment at the center Dec. 14.

"We are grateful to the young men and women to be able to give them love and attention," said Barbara Richmond, from the Jewish Federation. "We are happy to pro-

vide them a home-cooked meal."

SBC Communication Inc. employees brought a few special guests: Mr. Incredible and his son, Dash, "The Incredibles" movie superheroes. The movie heroes and SBC Pioneers volunteers distributed gift bags to the real heroes at the center – the Soldiers. SBC also provided long distance calling cards and gifts, such as phones and fleece blankets with the "The Incredibles" characters for the Soldiers and families.

"It is wonderful to see the outpouring of support from the community for the troops," said Staff Sgt. Karl Faber, who recently arrived from Iraq. "It is good to come back and see the giving of so much good and support."



Spc. William Doyle, with Sgt. 1st Class David Rankin, checks out a goodie bag he received from SBC.

# Be aware of FSH stray animal policy

The Army Medical Department Center and School and Fort Sam Houston Regulation 40-3 explains animal control procedures at Fort Sam Houston.

Excerpts from the regulation are printed in accordance with AR 40-905:

1. Provost Marshal personnel will capture stray animals and transport them to San Antonio Animal Control as set forth in the contract between San Antonio Metro Health Department and U.S. Army Garrison, Fort Sam Houston. Before trans-

porting animals to the San Antonio Metro Health Department, PM personnel will scan for a microchip to identify animals registered with the FSH Veterinary Treatment Facility.

2. San Antonio Animal Control will impound stray animals for three days if the animal's owner cannot be identified and 10 days if the animal is microchipped or has some other form of identification.

3. Using microchip identification,

Veterinary Treatment Facility staff will attempt to contact the owners of positively identified pets that resided on post prior to being taken to animal control.

The entire regulation may be viewed at: [http://www.cs.amedd.army.mil/rmb/sn\\_regulations/AMEDDCS\\_FSH\\_Reg\\_40-3\\_Control\\_of\\_Animals\\_and\\_Pets.pdf](http://www.cs.amedd.army.mil/rmb/sn_regulations/AMEDDCS_FSH_Reg_40-3_Control_of_Animals_and_Pets.pdf)

People who live on post must register their pets at the Veterinary Treatment Facility. For more information, call the facility at 295-4260, Mondays through

Fridays from 8 a.m. to 4 p.m.

The Veterinary Treatment Facility does not offer after-hour emergency services. If a pet needs attention after business hours, people should contact their civilian emergency veterinarian.



# 232nd Medical Battalion triumphs at Brigade Holiday Challenge competition

The 232nd Medical Battalion dominated the annual Brigade Holiday Challenge event for the fourth year in a row Friday, beating the 187th Medical Battalion 73-55.

Soldiers from the two 32nd Medical Brigade training battalions competed in a variety of physical events that showcased Soldiers' physical abilities and stamina.

Soldiers pitted themselves in competitions such as 100-meter

sprints, 400-meter sprints, 2-mile relays, tug-of-war, M997 pull, free throws, soccer, three-legged race and a command litter race.

The competition was set to foster unit esprit de corps, and give Soldiers a chance for friendly competition.

The event was hosted by Col. Bradley Freeman, 32nd Medical Brigade commander.

(Source: 232nd Medical Battalion)



Photo by Elaine Aviles

Pvt. Philip Aguillon, 232nd Medical Battalion, tries to pull his team to victory during a tug-of-war contest at the Holiday Challenge.



Photo by Sgt. 1st Class Timothy Pettigrew

Pvts. Shamika Berry and Jeannine Forsyth, a 232nd Medical Battalion three-legged race team, sprints towards the finish line at the 32nd Medical Brigade Holiday Challenge Friday.

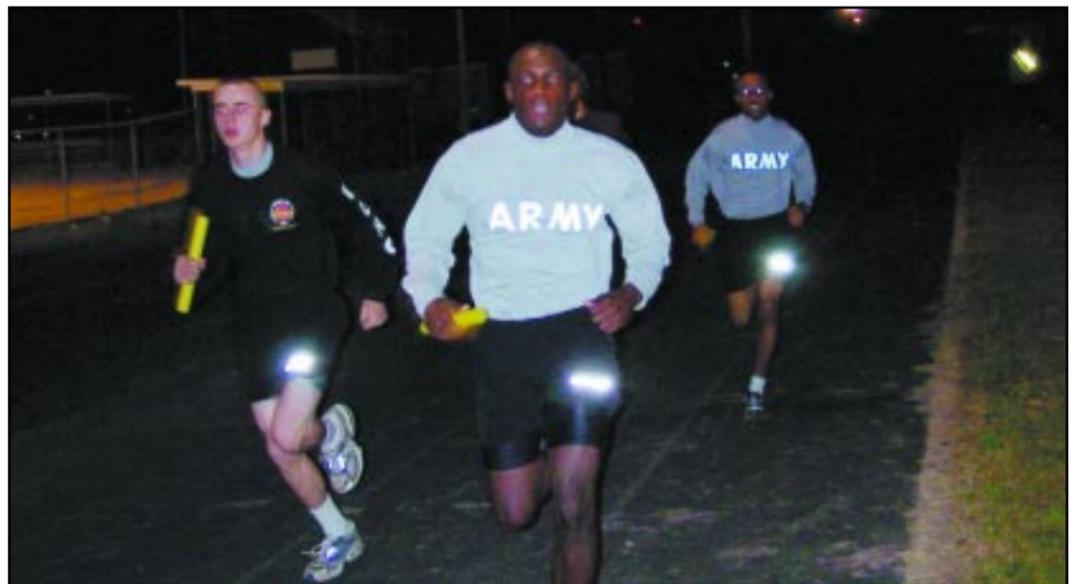


Photo by Sgt. 1st Class Timothy Pettigrew

Soldiers from the 187th and 232nd Medical Battalions head for the finish line during the 32nd Medical Brigade Holiday Challenge Friday.

# Fort Sam Houston Officers' Club hosts last social event

Story and photos by Esther Garcia  
Fort Sam Houston Public Affairs Office

The Society for the Preservation of Historic Fort Sam Houston hosted its last social event of the year at the Officers' Club Dec. 6. The Officers' Club will close Dec. 31.

Those in attendance relived their early memories of the club.

"Back then you had to belong to the club, or write a letter to the general explaining why you didn't join the club," said Rose Taylor.

Taylor and her husband, retired Col. Edward Taylor, met in San Antonio and spent their dating days in the Raven Room, the party room in the lower part of the club for singles. Taylor and his wife were married at the Officers' Club 40 years ago in 1964. Their daughter, Marie, was also married at the club 13 years ago.

"It is the end of an era, the closing of many memories," Edward said.

"I am sorry to see it close," said retired Col. Jackie Desobry. "I used to hang out in the Raven Room."



(Above) Officers' Club staff members pose for the last time together. Some will retire and some will move on to other jobs. (From left) Doris Palmer, Elten Wolfe, Tony Jackson, Gloria Hill, Betty Ramirez, Asako Wise, Carolina Mckinney and James Hardeman. Together, they have worked 117 years at the Officers' Club.

(Above Left) Thomas Pope, "The Pope," dressed in a World War II uniform, sings a selection of songs from the 30's to the present.

((Left) Retired Col. Mary Lucas talks with Grace Mary Cowie Williamson about old times at the Officers' Club. Williamson's mother was a hostess at the club when it opened in 1935.

# RCI approaches

## New housing plan to be implemented for Fort Sam Houston residents

The Department of the Army and Lincoln Military Housing are collaborating to form a partnership to be named Fort Sam Houston Family Housing, LP, which will own and operate military housing on post. Formed under the authority of the Residential Communities Initiative, this public-private partnership will eliminate inadequate housing and provide Soldiers and their family members with improved homes and high quality community and recreational facilities.

The FSHFH partnership will construct, improve and maintain Fort Sam's family housing for the next 50 years. This partnership will assume responsibility and control over every aspect of family housing operations on post. Formal transition is scheduled to commence Dec. 27 with transfer of operations to take place March 1, 2005.

One of the most important aspects during the transition period is the requirement for all residents to sign a lease. The lease will authorize the start of the current resident's Basic Allowance for Housing and start of an allotment to pay the monthly rent. The rent will equal the BAH "with dependents" for the senior service member authorized to live on post.

In order to facilitate a smooth transition, FSHFH has scheduled several dates and times to accommodate service members and their spouses to participate in RCI town hall meetings and lease signing events. The FSHFH team will provide the current residents at Fort Sam Houston information on the transition period, lease signing, FSH housing development scope, housing operations, upcoming events, processes and policies and procedures for living in privatized housing. Residents will be able to sign their

leases during the RCI town hall meetings which are scheduled as follows:

Roadrunner		Jan. 13	6 to 8 p.m.
Roadrunner		Feb. 10	6 to 8 p.m.
Lease signing events:			
BAMC	Outside BAMC Chapel	Jan. 11 to 12	7 a.m. to 2 p.m.
		Jan. 13 and 25	11 a.m. to 6 p.m.
NCO Club	Outside Dining Room	Jan. 13	11 a.m. to 1:30 p.m.
		Jan. 27	11 a.m. to 1:30 p.m.
AMEDDCS	Entrance of Blesse Auditorium	Jan. 18 to 20	8 a.m. to 12 p.m.
		Jan. 26	11 a.m. to 4 p.m.
Roadrunner	Training Room #1	Jan. 21 and 28	8 a.m. to 12 p.m.
		Feb. 4	8 a.m. to 12 p.m.

Residents or the spouses will need to bring the following items when they come to sign their lease:

- Military ID
- Driver's license
- General or Special Power of Attorney (if military sponsor is deployed)
- Pet information (FSH pet registration papers, updated shot records, micro-chip records)

For questions or additional information, call Teresa ElHabr, RCI program manager, at 221-0948 or Patricia Baker at 221-0891.

(Source: RCI Office)

## Crime Watch

### Secure Your Personal Property!

Fort Sam Houston has recently been visited by thieves stealing stereo equipment and other items from unsecured vehicles.

Protect your property by locking your vehicle or parking it in a locked garage. Remove valuable items from your vehicle. Secure bicycles, lawn equipment and other items in your locked shed or garage.

If you are going away for the holidays, contact the Military Police and fill out a "house watch" form.

Don't give thieves a chance!

Report suspicious activity to military police at 221-2222 or 221-clue.

## House Watch Program protects homes while residents travel

By Linda Furlow  
Provost Marshal Office

The House Watch Program is one item people should add to their checklist while planning a holiday vacation.

To sign up for the program, people simply need to visit the Military Police Station and provide their name, rank, unit, quarters' address, and beginning and ending dates of leave.

Residents also may want to leave a neighbor's telephone number in the event of suspicious activity. A trusted neighbor can further help deter larceny or damage by picking up mail, newspapers and turning on various lights.

The MPs will make frequent checks of quarters and ensure they are secure. While in the housing areas, police officers are still watching for unsecured property. A friendly "McGruff Ticket" will be issued as a reminder to lock up valuables, if people have left property unsecured.

Barracks residents going on leave during the holidays should inventory their property on a CSFS Form 4292 (Personal Property Record) and secure it before leaving. Residents can contact their unit to obtain or update a personal property record. People can obtain the form from their unit or the crime prevention section in Bldg. 2250.

The Personal Property Record form is recommended for everyone, not just barracks personnel. People should keep a copy of this form in their unit personnel folder and a copy in a safe place at home or other location. People should also take pictures of items and keep receipts. Engraving property with a driver's license number and state is recommended and helpful in returning property if stolen and recovered.

The Directorate of Emergency Services staff would like to commend Fort Sam Houston residents and employees for their continuing effort in working together to safeguard their community.

# Don't let energy costs dim holiday cheer

WASHINGTON, D.C. — Fun yet practical energy-efficiency tips from the Alliance to Save Energy can help reduce holiday stress and home winter energy costs.

**Don't let "Ole Man Winter" keep you** from lounging around in that new holiday nightgown and robe set. A well-insulated house will keep you cozy - and lower your heating costs - even while you are lightly clad. Appropriate insulation for your climate can increase indoor comfort and reduce home heating costs by as much as 30 percent.

**When you're done waiting for Santa or cuddling with your honey in front of a roaring fire**, don't forget to close the chimney flue. Leaving it open is like punching a foot-square hole in the roof and watching your money blow away.

**Too much "holiday cheer" at that party?** Don't worry - a programmable thermostat will "remember" for you to lower the heat when you leave the house empty to go to work or to the mall for a day of gift shopping, and to warm it up again shortly before you return.

**Be festive yet smart with holiday lighting:**

**Consider using energy-saving, solid-state light emitting diode holiday lights** and strands that use about 99 percent less energy than larger, traditional incandescent holiday bulbs and last up to 100,000 hours.

**Once you've lit the Hanukkah menorah**, use a dimmer switch to lower the lights. By the eighth night, you may not need any electric lights at all! And spin a dreidel - it uses no energy!

**Use timers to limit holiday light displays** to no more than six evening hours a day to curb energy use and costs, and to avoid having to remember to turn them on and off every day. Leaving lights on 24 hours a day will quadruple your energy costs and create four times the pollution.

**Lonely lights.** Untended lights can cause fires, so for safety's sake, always unplug interior holiday lights before going to bed or leaving the house.

**Pay the local kids to shovel your driveway.** Better to give them some extra spending money than to use it towards the purchase of a smog-producing, gas-guzzling snow blower.

**Decorate your home with "Energy Stars."** Appliances and electronics with the Energy Star label - the government's symbol of energy efficiency - can cut related home energy bills in each category up to 30 percent. Use the savings to jump-start your children's piggy bank accounts.

**No roasting chestnuts over an open halogen torchiere!** It can burn hot enough to cause a fire, according to the U.S. Consumer Product Safety Commission.

Instead, give yourself the gift of an energy-efficient Energy Star-labeled torchiere lamp, for a brighter, thriftier, safer holiday.

**When you're looking for that last stocking stuffer for the kids**, remember there's nothing wrong with gifts that are powered by the imagination, rather than by batteries or electricity.

**Strap on those cross-country skies or roller blades or ride your bike** to tour the neighborhood holiday decorations.

It's a great way to work off those extra holiday calories, and it's much cheaper than filling up your family sport utility vehicle.

**Although frost on windows may be charming in holiday movies**, it's uncomfortable in your own home. Depending on your financial capabilities, either cover single-pane windows with plastic film to avoid drafts, install storm windows or upgrade to energy-efficient windows with double panes and low-emissivity coatings to dramatically improve indoor comfort, add beauty to your home and save money during the holiday season and beyond.

**Unplug the video games** and turn off the millionth broadcast of "It's A Wonderful Life" on Christmas Eve and read your favorite holiday story instead. Your children may appreciate your attention and time, and you will be saving energy in the process.



**Instead of leaving your door open to carolers** and losing all that precious heat, pull on your parka and join in the fun. It's a great way to meet your neighbors, too!

**Make a New Year's resolution** that's good for your pocketbook and the environment. Get started on those energy-efficient home improvements you've been putting off for too long.

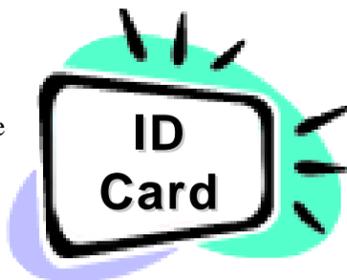
**Then you can give your family the extra gift of your time** while energy-efficient products and technologies do the work for you, reducing home energy and water bills and needless air pollution and increasing comfort day after day.

Additional year-round, energy-efficiency tips and numerous resources can be found on the Alliance's new consumer Web site, [www.ase.org/consumers](http://www.ase.org/consumers).

(Source: Alliance to Save Energy news release)

## Need an ID Card?

The ID Card Office, located in Bldg. 367, accepts appointments from 1 to 3:30 p.m. Monday through Friday. Normal walk-ins are still between the hours of 7:30 to 11 a.m. daily. To schedule an appointment, call 221-2278 or 221-0415. You can also obtain an ID Card at the Brooke Army Medical Center ID Card Office, located in the lower floor within the TRICARE Office. To schedule an appointment, call 916-0838.



## DO YOU KNOW WHAT IS ON YOUR CREDIT REPORT?

Would you like to get a credit report and have it reviewed by a credit specialist?

For more information on how you can do this, contact the Financial

Readiness Branch of Army Community Service at 221-1612.



# Waging war on colds and flu

By Carlla E. Jones  
U.S. Army Center for Health Promotion and Preventive Medicine

Influenza and colds are among the most common infections of the respiratory system and account for more health care provider visits each year than any other type of illness.

The Mayo Clinic reports that 20,000 Americans die each year from the flu, and another 200,000 must be hospitalized. The American Lung Association also reports that adults get an average of two to four colds each year. These colds usually occur between September and May.

Now is the time to consider what steps you will take to lessen your chances of being affected by these common respiratory ailments.

Since anyone can catch a cold or the flu, you should consider an aggressive prevention program to combat these illnesses. First of all, get enough rest. Your body needs time to rebuild and recharge. Make sure you are getting an average of seven to eight hours of sleep per night. Your body is more susceptible to illness when it is run down and overly tired.

Second, make sure to eat healthy foods everyday. Good nutrition choices will strengthen your body and your immune system. Cut back or eliminate junk food and increase your intake of fruits and vegetables. Make sure to drink plenty of fluids, especially water.

Third, get regular exercise. Your immune system will be stronger when you stay fit. In addition, an exercise program will also help you manage the stress in your life. Effective stress management is an excellent tool in combating many types of illness and disease.

And last, wash your hands frequently. Hand washing is one of the simplest and most effective ways to stop the spread of infectious diseases, like colds and flu. Use soap and water and be sure to scrub for 10 to 15 seconds. A good

way to teach children to wash their hands thoroughly is to tell them to scrub until they have said the alphabet all the way through, from A to Z. The soap combined with the scrubbing dislodges and removes germs.

Hand washing is especially important:

- Before, during and after food preparation.
- Before eating.
- After using the bathroom.
- After changing a diaper or handling pets.

You should also wash your hands more often if someone in your house is sick.

Other steps you can take to help prevent a cold or the flu include avoiding close contact with other individuals who are already sick and keeping your hands away from your nose and mouth.

The flu vaccine is also one of the best tools for preventing the flu. Check with your health care provider to see if you are eligible for a flu shot this year.

Finally, if you catch a cold or flu despite your best prevention attempts, make sure to:

- Drink plenty of liquids.
- Get more sleep than usual.
- Cover your nose and mouth when you cough or sneeze.
- Wash your hands frequently.

You should also limit close contact with other people, especially those who are vulnerable, like the elderly, small children or those in poor health.

Colds and flu attack the respiratory system of many people every year. Use all these tools in your arsenal to wage war on the spread of these infections.

More information about flu in the United States, including an influenza activity report update, is available at: <http://www.cdc.gov/ncidod/diseases/flu/fluvirus.htm>

(Adapted from a U.S. Army Center for Health Promotion and Preventive Medicine release)

## Blood is the fluid of life

The BAMC Blood Bank is running critically low on O Negative blood.

Akeroyd Blood Donor Center is reaching out to you for your support to accomplish a mission for life.

Contact the Donor Center to lend a helping hand. To donate blood now, call the Akeroyd Blood Donor Center at 295-4655 or 295-4989.



## Health Promotion Center December Class Schedule

Class	Date	Time
AD Self Care	Today	8 to 10 a.m.
Back Pain	Today	1:30 to 3 p.m.
Body Fat Testing	Friday	8 to 11 a.m.

For more information, call the Health Promotion Center at 916-3352. Health classes are offered for Department of Defense civilians, active-duty military, retirees and family members.

## Army Community Service

### Family Advocacy Program Class Schedule – December 2004

Class Title	Dates	Class Time
Management Skills Series 1 to 4 New Series (1-3)	Friday	11 a.m. to 1 p.m.
Commanders Training	Today	8 to 9:30 a.m.
DivorceCare	Today	11:30 a.m. to 12:45 p.m.
Holiday Stress I and II	Today	1 to 2:30 p.m.
Teen Talk	Today	4 to 5 p.m.
The Middle Way	Monday and 27	11 a.m. to 1 p.m.
Parenting Class – Truth or Consequences?	Tuesday and 28	4:30 to 5:30 p.m.

To sign up for classes or for more information, call the ACS Family Advocacy Program at 221-0349 or 221-2418.

# A good benefit for retirees

**TRICARE retiree dental program provides added value to hundreds of thousands of enrollees**

**By Shawn Bostad**  
**TRICARE Marketing Representative**

For more than six years, the TRICARE Retiree Dental Program has been helping Uniformed Services retirees including retired members of the Guard and Reserve and their families meet their dental health care needs. The TRDP provides its more than 810,000 enrollees with a comprehensive scope of benefits from crowns, bridges, dentures, orthodontics and dental accidents to routine cleanings and exams, fillings, root canals, gum treatment and oral surgery.

Service under the TRDP is available in all 50 United States as well as the District

of Columbia, Puerto Rico, Guam, the U.S. Virgin Islands, American Samoa, the Commonwealth of the Northern Mariana Islands and Canada.

TRDP enrollees can receive care from any licensed dentist of their choice within the service area. However, they can save even more by choosing to receive their dental care from one of the thousands of DeltaSelect USA and DeltaPreferred Option USA dentists providing treatment for TRDP.

Delta Dental of California has been administering the TRDP contract since 1998 and in May 2003 was awarded a new contract with the DoD to continue serving as the TRDP administrator into

2008. Under the terms of the renewed contract, TRDP continues to offer the same great scope of benefits, as well as

- an increase in the annual maximum and lifetime orthodontic maximum, to \$1,200 each;
- a family deductible cap of \$150 annually; an enrollment commitment of only 12-months;
- a waiting period of only 12-months for coverage of crowns, bridges, dentures and orthodontics at 50 percent of the program allowable amount and
- an expanded network of dentists in over 81,000 locations nationwide.

“We are excited about the enhancements that went into effect with the con-

tract renewal. These enhancements have made the TRDP an even greater value to our current and potential enrollees,” says Tom McDavid, director of Federal Marketing and Communications for Delta Dental. “Since the program began in 1998, not only have we far exceeded our initial enrollment projections, but we have retained a large percentage of our original enrollee base, which means that enrollees are satisfied with the TRDP, opting to remain enrolled beyond their initial commitment and using their program benefits.”

To receive a complete enrollment package or for more information about the TRDP, visit the Web site at [www.trdp.org](http://www.trdp.org) or call Delta toll-free at (888) 838-8737.

## Flu shots available

Flu shots for all military beneficiaries with valid ID card will be available on a walk-in basis at the Roadrunner Community Center, Bldg. 2797, Stanley Road, Friday from 8 to 11 a.m.

Flu shots will be given only to the following medically high-risk groups:

- People 65 years old and older
- People 2 years old and older with underlying long-term illness (heart or lung disease, metabolic disease (like diabetes), kidney disease, a blood disorder or a weakened

immune system, including people with HIV/AIDS

- Pregnant women
- People who live in nursing homes or other chronic-care places
- People who are 6 months to 18 years of age and take aspirin daily
- People who have or take care of a baby under 6 months old

People will be asked to complete a questionnaire prior to receiving a shot to determine if they are high risk. For more information, call 916-7358.

# Pearl Harbor heroes honored

## Veterans remember lost comrades at Fort Sam Houston

By Shadi May  
Fort Sam Houston News Leader

More than 15 of 32 San Antonio Chapter of Pearl Harbor survivors gathered at Fort Sam Houston's Officers' Club Dec. 7 to honor those who lost their lives and those who survived.

The number of World War II survivors, Pearl Harbor specifically, is drastically dwindling every day. Although not all members of the chapter were able to be there, some arrived on their own feet and some on canes or with a helping hand from a family member.

This was the last time the ceremony was held at Fort Sam's Officers' Club. The club closes at the end of the month as it consolidates with the NCO Club.

"I used to come to this club to dance 55 years ago. I don't know why they are closing this place," said Wallace Bloom, who was stationed at Wheeler Army Airfield on the day of the attack.

Bloom vividly remembers that day.

"They put a bullet in the trunk of my car as I was getting in it, so I decided I would run instead of driving. I picked up an emergency squad, and we went out as infantry to defend our buddies."

Bloom moved on to perform psychiatric screening of troops at

follow-on assignments. His message to Soldiers and troops going to or already in the war zones is, "Get all the training you can so that you are qualified for emergencies."

Steven Stoli, founder of The World War II Memorial Museum in San Antonio, was the ceremony's guest speaker.

"If it wasn't for the sacrifices you made, I would have grown up in a very ugly world, so would my children and grandchildren," said Stoli. "The proudest moment of my life was when my children and grandchildren were born, but my next proudest moment is me standing here to tell you thank you."

"Thank you for saving the world," Stoli said. "There is no other generation like you. Pearl Harbor will always be remembered. I thank you veterans for the fact that I can read this paper in English today."

Mary Kay Fillingim, Stoli's mother, was among the guests.

"The museum is our effort to keep memories, dedication of the veterans of Pearl Harbor and World War II so that the younger generation can learn, too," said Fillingim.

The veterans and guests were entertained by a local senior citizens singing group, Cadenza, who added a touch of nostalgia



(Above) Raynoldo Perez-Botello, 81, introduces his family to fellow Pearl Harbor survivors.

(Right) A picture of Raynoldo Perez-Botello at age 18 as a radioman third class in the Navy used in his own scrapbook collection.



by singing 1940s favorites such as "Sentimental Journey" and "You'd Be So Nice To Come Home To," to which couples danced.

"The first thing I remember when I think of that day is that I was eating breakfast and I heard an explosion. I thought it was a

volcano," said Raynoldo Perez-Botello, who was on USS Detroit. "I ran top side with a toast in my hand and saw the planes coming over."

Botello, 81, has been an active member and a regular attendee at these annual ceremonies and has a collection of photographs and

memorabilia of Pearl Harbor and World War II.

"It makes me proud. I want to teach our children. Everyone in my office knows about Dec. 7 because of my efforts," said Irene Botello-Hernandez, Botello's

See **HEROES** on Page 17

# Heroes

Continued from Page 16

daughter. "Dad has taught me patriotism."

"Dad has been kind of a rock for us. He is a proud, silent hero to us," said Ron, Botello's son. "He says that he was just there. He doesn't take credit for anything. I want our troops to remember the surprise attack on our people and stay ready to not be surprised any more."

"Well, we did it again," said Gene Camp, chapter's vice president, to Thad Stevens, chapter secretary and the event's master of ceremony.

Stevens was a signalman on duty aboard USS Monaghan when they went under attack. They were watching the tower and spotted the first plane.

"This one guy shouted, 'That's a Japanese plane,'" said Stevens. "You are trained to do certain things and you do it. You don't think about it." Stevens advises troops "to follow orders and do what you are trained to do."

Stevens was among many who expressed regret that not many people give importance to commemoration of historic events of such magnitude.

"We used to get calls from schools to talk to the kids, but we don't get that any more," sighed Stevens.

He advised the younger generation "to read their history."

"My granddaughter did a paper in college. People that are important to me remember," Stevens said.



(Above) Pearl Harbor survivors and their spouses enjoy a dance to World War II-era music.



Cadenza, a senior citizen singing group from Incarnate Word University in San Antonio, provides entertainment, singing 1940s favorites.



(Left) Steven Stoli, founder of San Antonio's World War II Memorial Museum and guest speaker, thanks the Pearl Harbor survivors for their sacrifices.

## Post Pulse: How can people keep their holiday spirit when away from loved ones?



"Keep friends close. Have things to do, a schedule of fun events like going to a tree lighting or the mall. Rekindle your youth."  
Timothy Webster, C Company, Academy Battalion



"You've got to surround yourself with family, friends. Use Army community advocates, who are there to help you through tough times."  
Sanaida Aranda and 1-year-old Elian



"Surround yourself with camaraderie and faith, as well as people who support you."  
Louis Castella, B Company, Academy Battalion



"Surround yourself with friends and family, especially with other wives whose husbands are deployed."  
Brenda Knight, military spouse

## Santa surprises 187th Medical Battalion Soldiers

Story and photo by 1st Lt. Michael Oakes  
187nd Medical Battalion

A surprise visitor showed up at the pre-Exodus Safety Stand-Down Saturday.

The safety stand-down, hosted by 187th Medical Battalion's C Company, was a full day dedicated to reinforcing safety issues to Soldiers going home for the holidays. Presentations by unit drill sergeants included safety, drinking and driving, illegal drug use, standards of conduct, and consideration of others.

Just after the Soldiers returned from lunch, an air horn blast announced the arrival of none other than Santa Claus bringing a red bag of candy canes.

Capt. James Fox's wife, Debbie, and daughter, Kari, were his escorts. Santa Claus explained he had flown all the way from the North Pole during this busy time of year because it was critical for Soldiers to understand the importance of safety during their Exodus leave.

Santa Claus addressed many safety and personal discipline topics and reminded Soldiers not to violate command policies before Exodus. They would not only risk getting coal in their stockings, but also disciplinary action that would cause their leave to be revoked. Santa reinforced to the Soldiers they must not use illegal drugs during Exodus and assured them that there would be a 100 percent urinalysis upon their return. This will be conducted despite the fact that he will already know who had been naughty and nice.



Santa Claus surprises Soldiers at the 187th Medical Battalion's C Company pre-Exodus Safety Stand-Down Saturday.

Santa Claus conducted a safety quiz and rewarded correct responses with a shower of candy canes. He also tested the Soldiers' Christmas trivia skills. Santa determined by the loudness of the Soldiers' cheers that Drill Sergeant Charles Cox was the most intimidating drill sergeant in C Company. Senior Drill Sergeant Kenneth Petty won the title of the nicest drill sergeant in C Company.

The author interviewed Santa before he departed Fort Sam Houston and was surprised to learn that the gift giver is very safety focused. He explained, for example, that the red suit and hat have nothing to do with tradition or hip style. In fact, he wears the red suit to increase his visibility to other drivers. He put similar reasoning behind Rudolph's red nose and the jingling bells on his sleigh.

## 232nd Med. Bn. Soldier and Junior Leader of the week

Pvt. Amanda Layton, Soldier of the Week for C Company, 232nd Medical Battalion, is from Port Orchard, Wash. Layton joined the Army for self discipline, maturity and to follow in her brother's footsteps, who is currently serving in Iraq. Layton is responsible for inputting the company's holiday leave information into the database and ensuring information is accurate and current.



Courtesy photos

Pvt. Duberliz Ananya, Junior Leader of the Week for C Company, 232nd Medical Battalion, is from Bethel, Conn. Ananya joined the Army for military experience and adventure. When she completes her training, she will return to Dartmouth College, N.H., where she is a sophomore and a member of the ROTC program. She said her family is proud of her and the commitment she made to herself and her country.



## Smoke-free and courageous forever

Attend smoking cessation classes in the Health Promotion Center and learn how to find the courage to give up the nicotine habit forever, whether you smoke, dip, or chew. Become one of our graduates and earn your "wings."

Health Promotion Center  
Room L31-9v, BAMC  
916-3352 or 916-5538



## 187th Med Bn family celebrates holidays

By 2nd Lt. Erin Thomas  
187th Medical Battalion

The 187th Medical Battalion celebrated the holiday season at the Roadrunner Community Center. The Holiday Blitz party was full of exciting activities, special guests and delicious food.

The event opened with welcome remarks by Lt. Col. John Collins, 187th Medical Battalion commander, who set a lighthearted mood for the party and greeted special guest, Command Sgt. Maj. Timothy Burke, Army Medical Department Center and School.

Capt. James Jones, A Company commander, then introduced the guests of honor. The battalion welcomed five wounded Soldiers who had recently returned from Operation Iraqi Freedom and are now staying at the Powless Guest House. Joining the battalion were Staff Sgts. Michelle Mitchell, Toni Wright and Michael Sutherland, Sgt. Constance Bell and Spc. Shannon Meche.

The battalion's Family Readiness Group gathered party gifts for each family and made beautiful centerpieces to adorn the festive tables. The highlight of the Holiday Blitz was the arrival of Santa Claus who sat for photos and presented gifts to the children.



Photo by Phil Reidinger

Staff Sgt. Michele Mitchell accepts a Christmas gift from the 187th Medical Battalion presented on behalf of the staff and cadre by Capt. James J. Jones, A Company commander. The battalion invited five Soldiers assigned to Brooke Army Medical Center Medical Hold Company as their guests during their battalion Christmas party.

## BAMC welcomes new CSM



Courtesy photo

Lt. Col. Ricardo Glenn, Brooke Army Medical Center troop commander, hands the guidon to incoming Command Sgt. Maj. Jackie McFadden at a Dec. 7 change of responsibility ceremony. McFadden, who reports to BAMC from Fort Sam Houston's 187th Medical Battalion, succeeds Command Sgt. Major Phyllis Joseph, who departed BAMC for Fort Jackson, S.C.

# BAMC celebrates holiday season



(Right) Members of the Medical Command Band provide holiday music during BAMC's tree lighting ceremony Dec. 2 in the BAMC Medical Mall.



Photo by Michael Dulevitz

(Below) Two-year old Erin Clement, granddaughter of Jessie Clement, from the BAMC Allergy Clinic, is caught red-handed taking an ornament from one of the six trees in the BAMC Medical Mall during the children's party Dec. 9.



Photo by Norma Guerra



Photo by Norma Guerra

Eve and Alex Gomez, grandchildren of Jose Perez from the Department of Logistics at BAMC, greet Santa as he arrives at the BAMC children's party in the Medical Mall Dec. 9.



(Right) Brooke Army Medical Center Commander Brig. Gen. C. William Fox, Jr., and his wife, Jan, flank Spc. Gabriel Garriga, who lit the BAMC holiday trees for the second year in a row. Garriga has been a patient at BAMC since being injured in the Global War on Terrorism in July 2003.



Photo by Michael Dulevitz



Photo by Norma Guerra

The Texas Children's Choir, under the direction of Bethany Hill, and accompanied by Dr. Thomas Hardaway, BAMC Behavioral Medicine chief, perform holiday selections during the BAMC children's party in the Medical Mall Dec. 9.

# Post holiday season opens with community reception, ball



(Above) Lt. Gen. Kevin C. Kiley and his wife, Babs, welcome Civilian Aide to the Secretary of the Army Louis Stumberg and his wife, Mary Pat, to the Commanders Holiday Reception at the Fort Sam Houston Officers' Club.

(Left) Army Medical Department commanders, Lt. Gen. Kevin C. Kiley, his wife, Babs; Maj. Gen. George Weightman, his wife, Joan; and Brig. Gen. C. William Fox, and his wife, Jan, host the annual commanders holiday reception for members of the post and civilian communities at the Officers' Club that traditionally begins installation holiday season social events.

Photos by Phil Reidinger



Chong Sun Mundy, wife of Col. James Mundy, accepts the Dr. Mary E. Walker Award presented by installation commander, Maj. Gen. George Weightman, recognizing her contributions to the Army Medical Department.



(Above) Sgt. 1st Class Nathan Bonds prepares to lead the Army Medical Department Center and School color guard into the main ballroom at the Sam Houston Club to post the colors during the installation holiday ball.

(Left) Cal Banker enjoys visiting with Sgt. Maj. Jimmie Jay and 1st Sgt. Charleszetta Jay during the Army Medical Department Center and School and U.S. Army Garrison Holiday Ball at the Sam Houston Club Friday.

# FSH Independent School District

Winter Break  
Monday through Dec. 31

School resumes Jan. 3

**Robert G. Cole Jr. /  
Sr. High School**

**Monday**

Boys' basketball tourney at Aransas Pass, 1 and 2:30 p.m.

**Tuesday**

Girls' basketball tourney vs. Incarnate Word at Cole, 11 a.m. and 12:30 p.m.

**Dec. 28**

Boys' basketball tourney at Devine, 9 a.m. and 12 p.m.

Girls' basketball tourney at Natalia, TBA

**Dec. 29**

Boys' basketball tourney at Devine, 10:30 a.m. and 3 p.m.

Girls' basketball tourney at Natalia, TBA

**Dec. 31**

Girls' basketball at Waelder, TBA

## Holiday serenade



Photo by Dr. Roland Rios

Cole Jr./Sr. High School students stop and enjoy Christmas music played by the 323rd Army Band tuba section. Tuba players include (left to right): Staff Sgts. Jesse Bolanos, Michael McKenna and Santos Godineaux, and Sgt. Jamie Lee Kelly.

### The Fort Sam Houston Independent School District

invites parents and community members to a

## Public Hearing

Jan. 12 at 5 p.m. in the Professional Development Center (1902 Winans Road, Bldg. 1908) to discuss the 2005 to 2006 school calendar. FSHISD is considering requesting a waiver from the Texas Education Agency to begin school

Aug. 15 instead of Aug. 22 as required by TEC §25.0811.

### Dear Parents...

Do your children need a safety helmet?



### Fort Sam Houston Independent School District

Exhibit C-2  
Statement of Revenues, Expenditures, and Changes in Fund Balances – Governmental Funds  
Year Ended August 31, 2004

Data Control Codes	10 General Fund	Shared Services Arrangement-Special Education	Capital Projects Funds	Other Governmental Funds	Total Governmental Funds	
<b>Revenues</b>						
5700	Local and intermediate sources	\$ 169,341	\$ 1,135,128	\$ 86,551	\$ 244,318	\$ 1,635,338
5800	State program revenues	6,849,968	165	-	165,474	7,015,607
5900	Federal program revenues	6,910,019	-	4,311,148	766,887	11,988,054
5020	Total revenues	13,929,328	1,135,293	4,397,699	1,176,679	20,638,999
<b>Expenditures</b>						
Current:						
0011	Instruction	6,470,759	670,059	-	512,446	7,653,264
0012	Instructional resources and media services	178,984	-	-	1,261	180,245
0013	Curriculum and instructional staff development	40,062	1,610	-	31,827	73,499
0021	Instructional leadership	246,212	206,875	-	1,226	454,313
0023	School leadership	711,995	8,338	-	2,724	723,057
0031	Guidance, counseling, and evaluation services	480,146	132,897	-	177,055	790,098
0033	Health services	93,325	6,956	-	888	101,169
0034	Student (pupil) transportation	312,914	28,525	-	5,195	346,634
0035	Food services	5,721	-	-	448,483	454,204
0036	Cocurricular/extracurricular activities	327,477	-	-	810	328,287
0041	General administration	608,963	21,024	-	1,481	631,468
0051	Plant maintenance and operation	1,083,839	45,478	-	18,361	1,147,678
0053	Data processing services	343,946	13,531	-	1,470	358,947
0080	Capital outlay	-	-	3,626,267	-	3,626,267
0093	Payments related to shared services arrangement	671,682	-	-	-	671,682
6030	Total expenditures	11,576,025	1,135,293	3,626,267	1,203,227	17,540,812
1100	Excess (deficiency) of revenues over (under) expenditures	2,353,303	-	771,432	(26,548)	3,098,187
<b>Other Financing Sources and (Uses):</b>						
7915	Operating transfers in	5,453	-	8,500,000	28,799	8,534,252
8911	Operating transfers out	(8,528,799)	-	-	(5,453)	(8,534,252)
	Total other financing sources and (uses)	(8,523,346)	-	8,500,000	23,346	-
1200	Net change in fund balances	(6,170,043)	-	9,271,432	(3,202)	3,098,187
0100	Fund balances at beginning of year	12,081,783	-	2,577,899	16,714	14,676,396
3000	Fund balances at end of year	\$ 5,911,740	\$ -	\$11,849,331	\$ 13,512	\$17,774,583

# In the spirit of giving

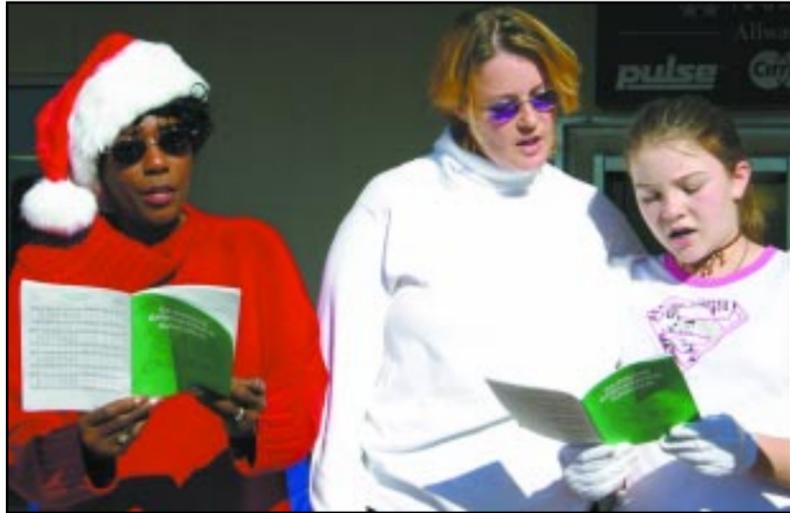
Helen Cooper plays hand bells with the Christmas and Hand Bell Choir while chapel volunteers hand out free ornaments to Fort Sam Houston Post Exchange customers Saturday.



Photos by Elaine Aviles



Alexandra Pusateri offers a free Christmas ornament to Post Exchange customers Saturday. Chapel volunteers gave away 2,500 ornaments at the PX Saturday and another 500 when caroling throughout post Wednesday. "I hope they take the ornaments and remember what the holidays are all about," said Col. Edward Maney, Fort Sam Houston installation chaplain.



(Left to right) Lena Garcia and Mary and Jennifer Hesterzink sing Christmas carols outside the Post Exchange during the chapel's ornament giveaway Saturday.

## POST WORSHIP SCHEDULE

**Main Post Chapel**, Bldg. 2200, phone number: 221-2754

**Catholic Services:**

4:45-5:15 p.m. - Confessions - Saturdays  
5:30 p.m. - Mass - Saturdays  
9:30 a.m. - Mass - Sundays

11:30 a.m. - Mass - Weekdays

**Protestant Services - Sundays:**

8 a.m. - Traditional Protestant  
11 a.m. - Traditional Protestant

**Jewish Services:** phone numbers: 379-8666 or 493-6660

Fridays: 8 p.m. - Worship and 8:30 p.m. - Oneg Shabbat

**Dodd Field Chapel**, Bldg. 1721, phone numbers: 221-5010 or 221-5432

**Catholic Services - Sundays:** 12:30 p.m. - Bilingual Mass

**Protestant Services:**

10:30 a.m. - Collective Gospel Protestant - Sundays  
9:30-11:30 a.m. - Women's Bible Study (PWOC) - Wednesdays, childcare is provided

**AMEDD Regimental Chapel**, Bldg. 1398, phone number: 221-4362

**Troop Catholic Mass:** Sundays:

10 a.m. - 32nd Medical Bde. Soldiers

**Troop Protestant Gospel Services:**

Sundays: 11:30 a.m. - 32nd Med. Bde. Soldiers

**Troop Protestant Service:**

9 a.m. - 32nd Medical Bde. Soldiers

**FSH Mosque**, Bldg. 607A, phone numbers: 221-5005 or 221-5007

1:30 p.m. - Jumma - Fridays

10:30 a.m. - Children's Religious Education - Sundays

7:30 p.m. - Adult Religious Education - Thursdays

**Brooke Army Medical Center Chapel**, Bldg. 3600, phone number: 916-1105

**Catholic Services:**

8:30 a.m. - Mass - Sundays

11:15 a.m. - Mass - Sundays

11 a.m. - Mass - Weekdays

**Protestant Services:**

10 a.m. - Worship - Sundays

Noon - Worship - Wednesdays

**232nd Medical Battalion Classroom**, Bldg. 1380, phone numbers: 221-5005 or 221-5007

**Mormon Services:** 10:30 a.m. - Sundays

**Web site:** [www.cs.amedd.army.mil/chaplain](http://www.cs.amedd.army.mil/chaplain)

### Christmas services at Fort Sam Houston chapels

**Collective Protestant**

Christmas Eve Service:

6:30 p.m. at Dodd Field Chapel

Christmas Eve Candlelight Service:

8 p.m. at Main Post Chapel

**Catholic Services**

Christmas Eve Family Mass:

5:30 p.m. at Dodd Field Chapel

Midnight Mass:

11 p.m. at Main Post Chapel

Christmas Day Mass:

9:30 a.m. at Main Post Chapel

For more information, call Main Post Chapel at 221-2754, Dodd Field Chapel at 221-5010 or 221-4569, or the Installation Chaplain Office at 221-5007, or go to <http://www.samhouston.army.mil/chaplain>.

# CHILD AND YOUTH SERVICES



## Youth Happenings

### Holiday operating hours

The Youth Center will be open Monday to Dec. 23 from 1 to 9 p.m. and will close Dec. 24 and 25. The center will open Dec. 27 to 30 from 1 to 9 p.m. and will close for New Year's Eve Dec. 31 and Jan. 1.

### Cooking classes

Youth Services offers the following December cooking classes at the Youth Center:

Friday - apple turnovers, 4 to 6 p.m.

Saturday - gingerbread houses, 4:30 p.m.

Monday - Christmas cookies, 3:30 p.m.

Dec. 23 - gingerbread cookies, 2 p.m.



### Crafts classes

The youth center will offer the following crafts classes for sixth through 12th graders:

Today - heart garland, 4 p.m.

Tuesday - gingerbread ornaments, 6 p.m.

Wednesday - Christmas cones, 7 p.m.

Dec. 27 - bottle top snowflakes, 2 p.m.

Dec. 28 - beeswax candles, 2 p.m.

Dec. 29 - jellybean jars, 4:30 p.m.

Dec. 30 - silly snowballs, 2 p.m.

### Parent-staff-teen basketball games

The staff and parents will challenge middle school students and teenagers to a series of basketball games Saturday from 8 to 10 p.m. This is a monthly event and the staff seeks parents to assist them in this lively competition.

### Basketball registration

Youth Services Basketball registration is ongoing from 10 a.m. to 7 p.m. for 3 to 17 year olds. The cost for 5 and older is \$45 for the first child and \$40 for all other siblings in the same family. The cost for 3 to 4 year olds is \$25 per child. Games begin in January. A birth certificate, physical and CYSD registration are required to register. To volunteer or for more information, call 221-5513 or 221-3502.



### Basketball cheerleaders

Registration for basketball cheerleading is under way. The youth center will register people from 10 a.m. to 7 p.m. The cost will be \$30 for the first child and \$25 for siblings. Space is limited and cheering will be for home games only. Uniform will be T-shirts and black shorts. For more information, call 221-3502.

### AHFSH soccer registration

Alamo Heights Fort Sam Houston Soccer League will sponsor spring soccer registration Jan. 8 and 15 from 9 a.m. to 3 p.m. The cost is \$50 per person. The uniform cost will be announced at a later date. For more information, call the Youth Center at 221-3502.



### Free after school program

Youth Services offers an after school program for sixth through ninth graders weekdays until 6 p.m. YS will pick up children from either the elementary school or high school. Students go to the Youth Center, have a snack, work on homework, participate in clubs and do fun, innovative projects. They can join the 4-H club, photography club, a computer technology club and a variety of other clubs. YS can add areas of interest that appeal to parents and students. Students must be registered with Child and Youth Services, which has an \$18 annual fee, but the after school program for middle and high school students is free. For more information, call 221-3502.

### Youth Services seeks volunteers

Youth Services is looking for volunteers to assist with youth programs, including coaches, computer-skilled people, people with craft hobbies or anyone who just cares about kids. For more information or to volunteer, call the Youth Center at 221-3502.

### Open recreation

School Age Services (kindergarten through fifth grade) offers after school opportunities and hourly care options. Hourly and open recreation must be reserved in advance by calling School Age Services at 221-4466. Children must be registered through Central Registration prior to using the School Age Program. To register, call Central Registration at 221-4871 or 221-1723.

### Parents wanted

Parents are invited to come to the Youth Center every third Saturday of the month from 6 to 9 p.m. to join the Youth Center staff and the teens and middle school youth in a game of basketball. Parents and staff try to outmaneuver the teens and score a few baskets. Refreshments are provided. For information, call the Youth Center at 221-3502.

### Saturday open recreation

First through 12th graders can participate in open recreation at the

Youth Center Saturdays. First through fifth graders meet from 3 to 8 p.m., sixth through eighth graders from 3 to 10 p.m. and ninth through 12th graders from 3 to 11 p.m. Activities include computer lab, arts and crafts, basketball, pool, pingpong and movies. People must be registered with Child and Youth Services to attend. For more information, call 221-3502.

### Saturday shuttle



Youth Services offers a Saturday shuttle to and from the Youth Center. There is no cost but parents with children 9 years old and younger must wait for the van and sign them in and out. The shuttle schedule is

3 p.m. - leave the Youth Center  
 3:07 p.m. - Gorgas Circle (picnic tables)  
 3:10 p.m. - Schofield/ Dickman on Schofield  
 3:15 p.m. - Reynolds and Dickman on Reynolds  
 3:20 p.m. - Officers' Club tennis courts  
 3:25 p.m. - Artillery Post Road at bus stop  
 3:30 p.m. - Easley/Infantry Post at bus stop 660  
 3:42 p.m. - Patch Road (playground)  
 3:46 p.m. - Patch Road (shoppette parking lot)  
 3:50 p.m. - Foulis/Scott Road Harris Heights  
 3:54 p.m. - Forage/Foulis  
 4 p.m. - Powless Guest House  
 The return shuttle will leave the Youth Center at 7:30 p.m. for those in fifth grade and below. There is also a shuttle that leaves at 9:30 p.m. for those in middle school and at 10:30 p.m. for those in ninth grade and up. These shuttles are for youth who live on the installation.

### Instructional classes

If you are interested in instructional classes such as Tae Kwon Do, piano, quarterly babysitter training or gymnastics, call 221-4882. For babysitter training or information, call 221-1723.

### Piano instructor wanted

Youth Services seeks a certified piano instructor willing to teach first through 12th graders. Instructor must be able to teach on weekday afternoons and evenings or Saturdays. For more information, call the Youth Center at 221-3502.

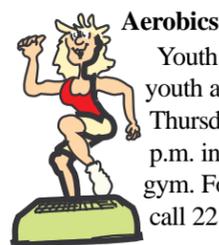
### Tae-Bo classes

Youth Services offers Tae-Bo Wednesdays from 4:15 to 4:45 p.m. at the Youth Center. Classes are held in the gym and all youth are welcome to attend. The class is free. For more information, call the Youth Center at 221-3502.



### Alternative dance class

Come join the Youth Services staff and volunteers for the next dance craze. The class includes salsa, hip hop, swing, country line dancing and more. Classes are Tuesdays from 5 to 5:30 p.m. For more information, call 221-3502.



### Aerobics

Youth Services offers a youth aerobics class Thursdays from 5:30 to 6 p.m. in the Youth Center gym. For more information, call 221-3502.

### Youth opportunities

Sixth through 12th graders seeking after school and weekend opportunities can call Youth Services at 221-4882 or Child and Youth Services Central Registration at 221-4871.

## Parent News

### Holiday closures

Child and Youth Services will observe all federal holidays. Parents need to check with the Child Development Center, Family Child Care provider, School Age Services, Youth Services for training holiday closures.

### PCI holiday closure

Parent Child Incorporated will be closed from 12 p.m. Friday through Jan. 3. Families in need of care during this time can contact Child and Youth Services Central Registration at 221-4871 or 221-1723 for assistance.

### FCC openings

Family Child Care offers home-based childcare for children 4 weeks to 12 years old on and off post with certified providers. Types of care are full day, part day, before and after school care, hourly care, extended hour care and long term care. For referral information and child registration, call Child and Youth Services Central Registration at 221-4871 or 221-1723. FCC is looking for family members interested in becoming certified FCC providers to offer home-based childcare, which offers a no-cost start up plan. For more information, call 221-3820 or 221-3828.

### PCI headstart

Parent Child Incorporated/Headstart program is currently taking applications. PCI/Headstart is a federally funded program on post that provides free childcare. Patrons must meet federal guidelines. For more information, call 221-3788 or 221-3835.

### CDC wait list

If your child's name is on the wait list for full-time day care at the Child Development Center, check your status on the wait list from the day you complete the form, or your child's name will be purged from the list. To check your status, call Central Registration at 221-4871 or 221-1723.

### CDC openings

The Child Development Center has full-time day openings for 3 to 5 year olds. To register, call Central Registration at 221-4871 or 221-1723.

### CYS meeting

Child and Youth Services Parent Advisory Council will meet Tuesday from 11:30 a.m. to 12:30 p.m. at the Child Development Center, 2530 Funston. Lunch will be provided. This is CYS parents' opportunity to learn of upcoming events, meet staff and address concerns.

# MWR

## Recreation and fitness

### Riding lessons

Riding lessons are available weekdays at the Equestrian Center Mondays, Tuesdays and Wednesdays from 10:30 a.m. to 4:30 p.m. Western, English and jumping lessons are offered. For more information, call 224-7207.

### Trail Rides

The Equestrian Center offers one-hour trail rides Saturdays and Sundays year round. People ages 7 and up are welcome; however, adults must accompany all children. Cost is \$20 per person. Riding times are 8:30 to 9:30 a.m., 10 to 11 a.m., 12:30 to 1:30 p.m. and 2 to 3 p.m. The center is at Bldg. 3550 on Hawkins Rd. off Binz-Engleman and is open Mondays through Fridays from 7 a.m. to 6 p.m. and Saturdays and Sundays from 7 a.m. to 5 p.m. For reservations or more information, stop by the center or call 224-7207.

### 60 Days of Fitness

Sixty Days of Fitness is a motivating fitness and weight loss program which helps people safely lose 15 pounds in 60 days using a point system. The self-paced program requires you to work out 45 out of 60 days and includes a seven-page fitness assessment, body fat analysis and body measurements. People will also attend two 30-minute weight loss classes. Cost for the program is \$40, which includes a T-shirt. For more information, call Lucian Kimble at 221-2020.

### Red Cross lifeguard class

The Jimmy Brought Fitness Center will sponsor a Red Cross lifeguard class. People must be 15 years old or older and have a valid Department of Defense ID card. The class is six days: Dec. 20 to 22 and Dec. 27 to 29 from

9 a.m. to 3 p.m. each day. Cost is \$165 and includes course materials and AED training. For more information or to register, call the pool staff at 295-8861.

### Free step aerobics

The Jimmy Brought Fitness Center offers free intermediate step aerobics classes Mondays, Wednesdays and Fridays from 6 to 6:45 p.m.

### Free cycling classes

Free introductory cycling classes are offered at the Jimmy Brought Fitness Center. Get your heart pumping with fast-paced rides set to music. Classes are Tuesdays and Thursdays from 6 to 6:45 a.m. and 11:45 a.m. to 12:30 p.m., Wednesdays from 4:45 to 5:30 p.m. and Saturdays from 9 to 9:45 a.m.

### Archery lessons

Individual and group archery lessons are available through the Outdoor Equipment Center. Instruction is given at different levels of experience. Children are welcome; however, a parent must accompany dependents under the age of 18. People should wear full shoes and no oversized shirts, shorts or trousers. For more information, call instructor Skip Dawson at 221-5225.

### Equipment rentals

The Outdoor Equipment Center offers a wide variety of recreational equipment for rent ranging from fishing boats to travel trailers and other camping equipment. Other items available for rental include large barbecue/smoker pits on trailers, canopies, tables, chairs and play bouncers and dunking booths for unit gatherings or birthday parties. Utility trailers, both open and covered, are also available. For more information, call 221-5224, Monday through Friday, 8 a.m. to 5 p.m., or go to Bldg. 1111 on Forage Road.

## Dining and entertainment

### Officers' Club

#### New Year's Eve party

Celebrate New Year's at the Officers' Club. Dinner is from 6:30 to 8 p.m. and breakfast from 12:30 to 1 a.m. Prices are \$35 per person and \$60 per couple. Price includes dinner, party favors, champagne and a breakfast buffet. Entertainment provided by Jim Lawrence. Reservations are required. For reservations, call 224-4211.

#### Sunday Brunch

The last Sunday Brunch at the Officers' Club is from 10 a.m. to 1:30 p.m. Cost is \$11.95 for members, \$13.95 for non-members, \$6.95 for children from 7 to 11 years old and free for children 6 and younger.

### Sam Houston Club

#### Bingo

Bingo is Thursdays and Fridays at 7 p.m., early bird start. Doors open at 5 p.m. Saturdays, 12:50 p.m., early bird start. Children 10 and up may play when accompanied by an adult. The club provides free buffet for all bingo players.

#### Super TGIF

During Super TGIF, festivities kick off at 4:30 p.m. with karaoke and disco at 6 p.m. Buffet is open with no cover charge.

#### New Year's Eve comedy bash

A New Year's Eve comedy bash is Dec. 31 at 7:30 p.m. Cost is \$35 per person and \$70 per couple. Price includes dinner until 9 p.m., midnight breakfast, door prizes, giveaways and champagne. For more information or reservations, call 224-2721.

### Golf Club

Do your holiday shopping at the Pro Shop and get 10 percent

off golf bags, shirts, shorts, windshirts and jackets. Don't forget balls and tees are great stocking stuffers. The Pro Shop is closed at noon Dec. 24 and all day Dec. 25. For more information, call the Pro Shop at 222-9386. Mulligan's Snack Bar is open seven days a week.

### Bowling Center

#### Bowling lessons

Bowling lessons are Tuesdays; lessons are free to league bowlers and \$25 for non-league bowlers.

#### Family Bowling Day

Sundays are Family Bowling Day. Adults and children 12 years old and older pay \$1.75 per game (children under 12 bowl free). Shoe rental is \$1.

#### Soldier Appreciation

Soldier Appreciation is Saturdays from 11 a.m. to 8 p.m.; free shoe rental and medium soda with purchase of a game.

#### Cyber Bowl

Cyber Bowl is Saturdays from 8 to 10 p.m. Cost is \$10 per per-

son and \$5 per person under 12 years old.

### Harlequin Dinner Theatre

"Harvey," a comedy by Mary Chase, will be performed through Saturday. "Ten Little Indians" will be performed Jan. 12 to Feb. 19. Call the box office at 222-9694 for show times and tickets.

### MWR Ticket Office

The MWR Ticket Office has Disney and Universal Studios tickets and 2005 Entertainment Coupon books. There are also 2005 season passes for Sea World and Fiesta Texas available. Disney Line offers special rates for military starting at \$349. Disney on Ice presents "Finding Nemo." Tickets are available for March 24 to 27. Tickets are \$12 for March 25 and 27. Starting January, the ticket office will be open Mondays through Fridays from 10 a.m. to 5 p.m. For more ticket information, call 226-1663.

## Intramural Basketball Standings

### As of Dec. 9

TEAM		WINS	LOSS
1st	Co B Acad Bn	2	0
2nd	232nd Med Bn	1	0
3rd	NMCRC	1	0
4th	5th Army	1	0
5th	DFAS (G.A.M.E)	1	0
6th	Co A STB	0	1
7th	DENTAC	0	1
8th	418th/591st	0	1
9th	135th FA	0	1
10th	470th MI	0	2
<b>Dec. 8</b>			
Co B Acad Bn	59	418th/591st	40
NMCRC	2	DENTAC	0 (Forfeit)
G.A.M.E	65	Co A STB	45
5th Army	63	135th FA	59
232nd Med Bn	69	470th MI	47
Co B Acad Bn	66	470th MI	59



# COMMUNITY LINK



## Happenings

### **Museum's Christmas on the Web**

The Fort Sam Houston Museum is running two special features on its Web site for the Christmas season. Go to [www.cs.amedd.army.mil/r/bc](http://www.cs.amedd.army.mil/r/bc) and click on the links to "A Soldier's Christmas" and "A Visit from St. Nicholas." The first slide show presents scenes of Soldiers' experiences from Christmas past, set to music. The second presents a parody of Clement Clark Moore's classic Christmas poem, "A Visit from St. Nicholas" from a military point of view.

### **Rainbow Kids auditions**

Fort Sam Houston's Youth Services will sponsor open auditions for The Rainbow Kids, a performing arts group, Jan. 15 for children 6 through 13 years old who like to sing, dance and perform comedy or special acts. The audition begins at 3 p.m. at the Fort Sam Houston School Age Services, Bldg. 1705, located off Winans and Dodd Roads across from the chapel. Children should have a routine prepared. For more information, go to The Rainbow Kids Web site at [www.geocities.com/azrainbowkids](http://www.geocities.com/azrainbowkids) or call the Fort Sam Houston Youth Center at 221-3502 or 221-4882, or School Age Services at 221-4466.

### **Commissary council meeting**

The quarterly Fort Sam Houston Post Exchange commissary council meeting is Friday at 9 a.m. at the commissary employee breakroom.

### **Christmas in Boerne**

Mark your calendars for a Hill Country Christmas treat at Boerne. Saturday, the historic retail corridor of Main Street will transform into an exciting holiday season spectacular of cultural events, shopping, fun and entertainment. The theme is A Cowboy's Christmas, Friday and Saturday. For more information and schedule, visit [www.ahillcountrychristmas.com](http://www.ahillcountrychristmas.com).

### **Comptrollers' holiday social**

The Alamo Chapter of the American Society of Military Comptrollers annual holiday social will be hosted by 5th U.S. Army Monday at the Fort Sam Houston Golf Club from 5 to 7 p.m. The social is open to members and their invited guest. There will be light hors d'oeuvres and a pay-as-you-go bar. ASMC requests members bring an unwrapped gift for donation to a children's shelter. For more information, call your organization's ASMC vice president or Deborah Rush, 221-2001, or e-mail [Rush@Fifth.army.mil](mailto:Rush@Fifth.army.mil).

### **Federal employee Spurs night**

The Alamo Federal Executive Board sponsors a federal employee Spurs basketball night Dec. 23 at 7 p.m. for the Spurs vs. Timberwolves game. Cost is \$31.85 or \$21.85, which includes tickets and a free hot dog, soda and ice cream. Deadline for ticket sales is today. For more information, call 444-5723.

### **Kindermusik**

The Oakwell Branch Library, 4134 Harry Wurzbach, offers a Kindermusik demonstration for 3- to 5-year-olds and their parents Jan. 6 at 10 a.m. To register, call 828-2569.

## Volunteer

### **Gift wrap booth volunteers**

Holiday Helping Hands, an organization of volunteers who support the Army community with commissary food vouchers and a toy warehouse, needs volunteers for its gift wrap booth at the post exchange parking lot. The booth is open through Dec. 23 from 9 a.m. to 9 p.m. For more information or to volunteer, call 295-2027 or go to [www.holidayhelpinghands.org](http://www.holidayhelpinghands.org).

### **BAMC seeks volunteers**

Brooke Army Medical Center is looking for active and upbeat volunteers to be "Partners in Healing." BAMC wants volunteers who understand the hardships of coping with illness or injury and who empathize with the special needs of patients. BAMC offers 130 positions to match each volunteer's skills and interests. To volunteer, call the Office of Volunteer Services at 916-5083.

## Professional Development

### **Green to Gold Briefs**

The Fort Sam Houston Education Center will provide monthly Green to Gold briefings for Soldiers interested in Green to Gold ROTC Scholarships. Briefings will be Jan. 18 and Feb. 22 in Bldg. 2247, The Army Learning Center, at 10 a.m. and 1 p.m. ROTC cadre from a local university will be present to advise.

### **Degree plans offered for Army health career specialists**

Soldiers interested in advancing their careers in physical therapy and nutrition care can earn their degrees through the Servicemembers Opportunity Colleges Army Degrees program. SOCAD programs allow Soldiers to earn credit toward an associate or bachelor's degree for Army training and military occupational specialty experience. SOCAD will also suggest alternatives for meeting the remaining degree requirements. Soldiers with MOS 91W, physical therapy specialist, and MOS 91M, nutrition care specialist, can visit the SOCAD Web sites at <http://www.soc.aascu.org/socad/91W.html> and <http://www.soc.aascu.org/socad/91M.html> for more information. They may also call 1-800-368-5622 or e-mail [socad@aascu.org](mailto:socad@aascu.org).

### **St. Mary's University Counselor at ESC**

St. Mary's University will have a counselor available at the Education Services Center, Bldg. 2248, upstairs daily in Room 206, from 11 a.m. to 1 p.m. To learn more about the master of arts in educational leadership program and teacher certification, call 226-3360 and schedule an appointment.

### **Job search assistance**

The Employment Readiness Program offers job search assistance to family members. Services include job search, resume writing, interview preparation, skills testing and more. For more information or to make an appointment, call Katja Lunsford at 221-0427 or Josie Gonzales at 221-0516. A valid military family member ID card is required.

### **Free computer training**

The Employment Readiness Program

has morning and afternoon session openings for family members seeking computer training for the job market. Automated training is available for Microsoft Office software, accounting, customer service, clerical and typing skills (typing instruction also available in Spanish). For more information or to register, call Katja Lunsford at 221-0427 or Josie Gonzales at 221-0516. A valid military family member ID card is required.

tradition of airborne. Meetings are every third Thursday. For more information, call Joe Turella at 657-0028.

### **BOSS seeks single Soldiers**

The Better Opportunities for Single Soldiers meet the first and third Wednesday of every month at 1:30 p.m. at the Hacienda Recreation Center. The BOSS committee was established to provide Soldiers input to the commander, who uses the committee's recommendations to improve single Soldiers' Morale, Welfare and Recreation programs. For information, call Staff Sgt. Edward Castro at 221-8760.

## Meetings

### **Association seeks members**

The Alamo Silver Wings Airborne Association VFW 9186 seeks members for their organization. Join the spirit and

## Family Action Plan gives voice to Soldiers', families' concerns

An Army Family Action Plan Community Forum is the first step in the process that conveys input from the Army family to leadership. The process lets Soldiers, Army civilians, retirees and their families identify what is working and what is not working in their community and the Army worldwide. It alerts commanders and Army leaders to areas of concern that need their attention and provides a mechanism for reporting back to the local community on the progress of the issues submitted.

The Army is the only branch of the Department of Defense that has such a program. This process has resulted in

the enhancement of local programs and quality of life, change in regulations and enactment of new legislation in support of military components.

Be a part of this important process. Submit issues to the 2005 FSH AFAP conference using the format provided. The program needs delegates representative of the community, including civilian employees, spouses of enlisted, NCO and officers, and retirees. Delegates attend pre-conference training and two-day conference Feb. 1 and 2. For a delegate application, call the AFAP program manager, Sue York, at 221-0275. Soldier delegates will be identified through their units.

### **Fort Sam Houston Army Family Action Plan (AFAP) 2005 Community Forum**

#### **Procedures For Submitting Issue Papers**

Please use the following format when preparing your paper. You may submit as many issues as you like. Use a new form for each issue. Use the form below as a guide or as the actual form.

- Type or print clearly.
- The document should be one page in length.
- Review your issue paper. Will someone else understand what the problem is, whom it impacts and what you want done to fix it?

**Make your voice heard – submit your issues by Jan. 15**

#### **Army Family Action Plan 2005 Community Forum Issue Submission Form**

**Issue:** (Summarize the problem/concern in a few words.) \_\_\_\_\_

**Scope:** (Define the issue/problem/concern in paragraph form. State the impact and validate with facts. Include any regulations, laws or policies of which you are aware that may impact the issue. Give enough information that the delegates will clearly understand the issue.) \_\_\_\_\_

**Recommendations (s):** (Tell us what you want to happen. Do not tell why; that is in the scope. Prioritize and number recommendations. Use strong descriptive verbs and end with a measurable outcome.) \_\_\_\_\_

Return completed Issue Submission Form to ACS/AFAP, Bldg. 2797, 2010 Stanley Road #95, Fort Sam Houston, TX 78234. Issues may also be submitted by e-mail to [Suella.York@samhouston.army.mil](mailto:Suella.York@samhouston.army.mil). E-mail submissions should be in the above format.

Provide as much of the requested information as you can on your issue. We understand you may not be familiar with the format. We need enough clear information in each section to understand the problem, its impact and what you want done about it.

- Use a separate page for each issue. You may duplicate this format.
- Personal information is optional and will be used for administrative purposes only. It will allow us to contact you for clarification of the issue if necessary, and provide feedback. Commanders or forum participants will not see it.

Issue Submitter's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Zip Code: \_\_\_\_\_ E-mail: \_\_\_\_\_

# FORT FREEBIES

Freebies are published on a first come, first served, basis. Commercial advertisements are prohibited. The deadline is noon Monday. Freebies are intended for personal household goods and privately owned property, and may only be submitted by active, retired or reserve component military members and civilian employees working on Fort Sam Houston. To submit paid classified ads or commercial advertising, call Prime Time at 453-3300. To submit a Fort Freebie, e-mail to [news.leader@samhouston.army.mil](mailto:news.leader@samhouston.army.mil) or fax to 221-1198. Ensure your military and Fort Sam Houston civil service status, phone number and name appears on request. Limit of five items per entry.



**For Sale:** Roll top desk, \$65; futon, \$60; computer desk, \$50; twin recliner, \$60. Call 662-0234.

**For Sale:** Cougar speed flite bow, refurbished with new strings, paid \$275, asking \$175; new 21-speed mountain bike, extras, road ready, paid \$350, asking \$250. Call 845-1152.

**For Sale:** Black diamond plate, tall corners for CJ Jeeps with cutouts, never been used, \$85 obo. Call 651-9168.

**For Sale:** Two huge lots side by side for sale in Mancke Park, within blocks to the Botanical Gardens, multi-unit zoned, steal both lots for \$32,000; 2000 Dodge 2500 Ram Diesel Truck, 4 by 4, perfect condition, 60K miles, leather interior, towing package, lots of extras, \$22,000; six-foot by eight-foot dog kennel fence panels, \$15 each. Call 916-5049 or 822-6587.

**For Sale:** Children's multigame table

for pool, ping-pong and hockey, interchangeable table tops, storage area, \$40. Call 648-0065.

**For Sale:** New in box, never opened, Pioneer DEA-1400 car CD player with detachable face, plays CD, CD-R and CD-RWs, \$100. Call 212-5004.

**For Sale:** Timing light, dwell tach meter, vacuum gauge and compression gauge, all for \$25. Call Fred at 494-8401.

**For Sale:** Spurs tickets, two family packets of four tickets each for the Dec. 23 game against the Minnesota Timberwolves and the Dec. 28 game against the Phoenix Suns, \$140 per packet. Call 846-1646.

**For Sale:** Gateway desktop computer, Windows 98, Internet accessible, Microsoft Excel and Word, Image Expert for a digital camera, \$250; three BDU sets, like new, small short, \$25 a set. Call 347-3126.

**For Sale:** Radar detectors - Passport

8500, \$125; Passport Solo S2 (cordless), \$100; Bel 980, \$75. Call Sgt. 1st Class Don Simpson at 221-0251.

**For Sale:** Chain link fence with gate, 4-feet high, 127-feet long with a 50-inch gate, paid \$1,000, will sell for \$500 firm. Call 223-7571.

**For Sale:** Upright General Electric freezer, 16-cubic feet, like new, \$100. Call 656-6772

**For Sale:** Looney Tunes bike with helmet and training wheels, \$10; Phycius tree, live, \$5; two DVD racks, \$5 each; Little Tikes coupe car, \$8; classic red tricycle, \$5. Call 821-5479.

**For Sale:** Three-piece bedroom, dresser, mirror and chest of drawers, \$150; bookshelf, \$25; six-drawer metal desk, \$35; Dirt Devil upright vacuum, \$20; Panasonic VCR, \$20. Call Sandy at 241-1291.

**For Sale:** Holiday frocks; ivory brocade front button knee length dress, pearl

and gold style buttons, sweetheart neckline, cap sleeves, never worn, size 12 petite, \$35; elegant black sequined evening jacket with crocheted black lace, below-the-knee dress, size 18 1/2, \$45. Call Cleo Brennan at 659-8166.

**For Sale:** Yamaha tenor saxophone, \$2,000; Sony 400 CD changer, \$150. Call 355-4330.

**For Sale:** M.I. Hummell collection, more than 140 styles, lots of old marks; German beer stein collection, some Metlachs. Call 223-0327.

**For Sale:** Casio keyboard, 137 tones, 100 rhythms, three step lessons, plus stand, \$85; Apex DVD player, \$20. Call 697-9261.

**For Sale:** 1988 F450 35-foot Euro cruise RV in good condition with queen-size bed, can sleep four to five people, comes with generator and a/c, 55,000 miles, \$12,000 firm. Call 566-3431.