



**San Antonio  
 Martin Luther  
 King Jr. March**  
 JAN. 17, 10 a.m.

from the MLK Academy to Pittman-Sullivan Park in downtown San Antonio

*“One Team, Supporting Military Missions and Family Readiness!”*



# EAST BEATS WEST

West Team Defensive Back Charles Jackson runs through a crowd of East defenders after receiving a punt during the U.S. Army All-American Bowl at the Alamodome Jan. 8. For more about the game, turn to Pages 14 and 15.

Photo by  
 Tech. Sgt. Sean M. Worrell

## Preston talks past, present and future of Army

By Steve Elliott  
 FSH Newsleader

“The U.S. Army has become a family business for many of us, with our sons and daughters also now serving,” said Sergeant Major of the Army Kenneth O. Preston to those gathered at the meeting of the Alamo Chapter of the Association of the United States Army at the Sam Houston Club Jan. 7.

“Today’s Soldiers bring unmatched skills, far beyond their MOS (Military

Occupation Specialties). They also bring their values to the Army, and those values started at home,” Preston added. “We now have 230,000 Soldiers deployed in 80 countries around the world. I am very proud of their service and what they do for the Army and for our nation.”

In addition to attending the AUSA luncheon, Preston was also in San Antonio to take part in activities related to the U.S. Army All-American Bowl at the Alamodome Jan. 8. He awarded the U.S. Army Player of the

Year Award to East running back Demetrius Hart during the game and also presented the Herman Boone Championship Trophy to the winning East team after the game.

“In February 2010, we had the Quadrennial Defense Review which concluded that the U.S. military must balance resources and risk among four major objectives,” said Preston, who serves as the Army Chief of Staff’s personal adviser on all enlist-

See PRESTON P10



Photo by Steve Elliott  
 Command Sergeant Major of the Army Kenneth O. Preston speaks to attendees of the Alamo Chapter of the Association of the United States Army luncheon at the Sam Houston Club Jan. 7.



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# Chairman calls for military self-examination

By Donna Miles  
American Forces Press Service

As the military enjoys tremendous support from the American people, the chairman of the Joint Chiefs of Staff said today, now is the time to step back, assess the impact of 10 years of war and ensure the institution remains on course.

Navy Adm. Mike Mullen, opening a leadership conference Jan. 10 at the National Defense University at Fort McNair, Washington, D.C., called for a proactive self-examination – institutionally and by individual leaders – and appropriate course corrections, as needed.

The chairman called today's all-day conference – titled "Military Professionalism: Introspection and Reflection on Basic Tenets and the Way Ahead" – "an opportunity to begin a conversation and debate about who we are, what we have become, and how that matches up to who we should be."

"For something like this, which is at the heart of who we are, we can't do enough self-examination," he told the attendees, key leaders of the military education and training community.

"This is not self-flagellation," he added. "This is examination to make sure we understand it and that we keep feeding it back to raise those who will lead, in the not-too-distant future, our military and, in fact, our country."

Echoing a message Defense Secretary Robert M. Gates sent during a speech at Duke University in September, Mullen

cited a growing chasm between the American people and the military

that depends on their support for its very survival. Gates noted during

that speech that less than 1 percent of the U.S. population has shouldered the national security burden, and he expressed concern that Americans are losing contact with those who make up its military.

Today, Mullen said that although most Americans have tremendous goodwill toward their men and women in uniform, by and large they have little true connection to who

See MULLEN P10

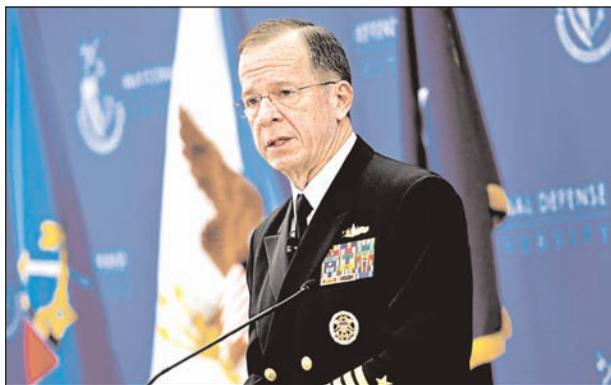


Photo by Navy Petty Officer 1st Class Chad J. McNeeley  
U.S. Navy Adm. Mike Mullen, chairman of the Joint Chiefs of Staff, addresses audience members at the National Defense University Conference on Military Professionalism in Washington, D.C., Jan. 10.

### Thought of the Week

Poverty is the worst form of violence.

— Mahatma Gandhi

### Weekly Weather Watch

	Jan. 13	Jan. 14	Jan. 15	Jan. 16	Jan. 17	Jan. 18
San Antonio	49° Mostly Cloudy	54° Chance of Rain	63° Chance of Rain	70° Partly Cloudy	70° Clear	67° Clear
Kabul Afghanistan	42° Chance of Rain	39° Chance of Snow	41° Clear	46° Scattered Clouds	48° Clear	51° Clear
Baghdad Iraq	60° Clear	60° Clear	59° Chance of Rain	57° Scattered Clouds	59° Clear	57° Clear

(Source: Weather Underground at www.wunderground.com)

## News Briefs

### **Martin Luther King Jr. Observance**

An observance will be held today from 11:30-noon in the Brooke Army Medical Center medical mall. Call 916-7365 for information. The San Antonio MLK march will take place Monday at 10 a.m. from the MLK Academy to Pittman-Sullivan Park in downtown San Antonio. Visit <http://www.sanantonio.gov/mlk/> for information.

### **Wound/Ostomy Clinic Moving**

The wound/ostomy clinic at Brooke Army Medical Center will move from the hospital's seventh floor west to the second floor of the hospital's medical mall in the general surgery clinic area. The wound/ostomy clinic will be closed today for the move to transitional space. Services and appointments will resume at the new location Jan. 14. Call 916-3334.

### **BAMC Outpatient Burn Clinic New Location**

The burn center outpatient clinic at Brooke Army Medical Center is located in the BAMC Annex (formerly C Lot Trailer No. 15), east of the hospital's medical mall entrance. Space is limited inside the new facility; patients are encouraged to bring only one immediate family member when they come for appointments. Clinic hours are Monday-Friday 7:30 a.m. to 4 p.m. Call 916-9116.

### **BAMC Allergy Clinic New Location**

The Brooke Army Medical Center Allergy and Immunization Clinic has moved to D Lot Clinic T4A, located outside the BAMC Women's Health Clinic, follow the sidewalk to the elevated walkway. Clinic T4A previously was designated Trailer 17. The clinic is open for appointments Monday-Friday 7:30 a.m. to 3:45 p.m. Allergy shots and immunizations are not provided on Wednesday and Friday afternoons. For information, call 916-3011. To book an appointment, call 916-9900.

### **Pass and I.D. Operation Moving**

The 502nd Security Forces Squadron will move the main Pass and I.D. office (Vehicle Registration) operations from Building 367 to Building 260, located at the southeast corner of Wilson and N. New Braunfels Avenue. The move will take place Tuesday and Wednesday; there will be limited

See NEWS P4

# MLK Day of Service: Make a difference

By Lt. Gen. Guy C. Swan III  
Commanding General,  
Army North



Lt. Gen. Guy C. Swan III

On Jan. 17, our great nation celebrates the life of Dr. Martin Luther King Jr. and a national day of community service to honor his legacy.

Dr. King once said, "Life's most persistent and urgent question is: 'What are you doing for others?'" This year, I challenge all of you here at Fort Sam Houston to answer that question by coming together to serve our neighbors and com-

munity. This year will mark the 25th anniversary of this day as a federal holiday and is the only federal holiday observed as a national day of service –

it's a "day on, not a day off." The MLK Day of Service is a way to transform Rev. Dr. Martin Luther King Jr.'s life and teachings into community action that aims to help solve

some of our social problems.

The MLK Day of Service is the perfect time for you to answer Dr. King's challenge to do something for others. Your service may meet a tangible need, or it may meet a need of the spirit.

Dr. King devoted his life to advancing equality, social justice and opportunity for all. He set big goals, focused relentlessly on results and achieved historic change.

Today, we need to foster a new generation to take action to solve problems in our community – get out there and make a difference!

## Embrace the DBIDS process, register as soon as possible

By Brig. Gen. Leonard A. Patrick  
Commander, 502nd Air Base  
Wing/Joint Base San Antonio



Brig. Gen. Leonard A. Patrick

There's a good chance you've been hearing about the new installation security technology getting tested throughout Joint Base San Antonio. At least, I hope you have been getting the word.

This technology is new to Joint Base San Antonio, but it has been in operation at many other installations in the United States and around the world for several years. It's called the Defense Biometric Identification System or DBIDS.

This is a Department of Defense owned and operated system developed as a force protection tool, and we are required to use it to manage personnel identity and access onto our installations. We want to ensure people entering our installations are who they say they are.

At the core of this system is a personal database which, at present, meshes with the Defense Eligibility

Reporting System.

Everyone who needs routine access to Joint Base San Antonio installations will be required to register their current DOD ID

cards at one of the many sites available on Lackland and Randolph Air Force Bases and Fort Sam Houston. I've included a list of those locations at the end of this article.

People required to register include military members, civilian workers, contractors, dependents over 16 years old and retirees. When retirees register their ID cards, they will see no changes in access privileges.

A benefit of DBIDS in JBBSA is once you're registered on one installation, you are automatically registered on all JBBSA installations, because we share a common database. In the

long-term (still under development), once you're in DBIDS, you'll be registered for access to every DOD installation worldwide.

The process is simple. Take your ID card to the registration site, where it will be scanned into the data repository. Your credentials are authenticated at this point. You'll then have your fingerprints taken electronically. The whole process takes about five minutes.

During the DBIDS phase-in process, guards at the gates will use handheld biometric scanners which will be run over the bar-code on the back of your ID card. This will verify the authenticity of your credentials at our access points. Many lost and unauthorized IDs have been discovered throughout the country thanks to this system.

Lackland and Randolph are currently operationally testing the system intermittently at the base gates, so you may encounter a back-up from time-to-time as the process is refined. I ask that you be patient and have

your ID card ready.

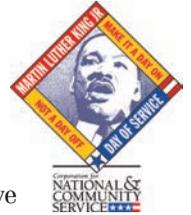
Fort Sam Houston has completed DBIDS installation and is conducting DOD ID card registration. Eventually, this system will save time since the handheld scanners can verify an ID in an instant.

You may initially view the DBIDS registration and verification process as an inconvenience, but people who would attempt to enter our installations with nefarious intent will stop at fake or steal an ID.

Because biometric screening includes physical attributes unique to an individual and non-physical attributes, security breaches are far less likely. That ultimately serves to protect our installation assets, most notably our workers and your families.

I'd encourage you to embrace the DBIDS process and register as soon as possible, because when the system is fully implemented in nine months or so, your routine entry to our Joint Base San Antonio installations will depend on it.

## SA MLK March info



For those attending San Antonio's Martin Luther King, Jr. Commemorative March Monday, the following information has been made available from Sgt. 1st Class Melanie Locklear, Installation and Army North Equal Opportunity Advisor. "For the last two years, buses have not been available from the City of San Antonio due to funding. To car pool/follow to St. Philips College, we will meet at

See MLK INFO P16

Fort Sam Houston registration sites:  
Building 367 (In/Out Processing), Building 1290 (recruit area) and Building 260, near the 502nd Mission Support Group Inspector General office

Lackland AFB registration sites:  
Visitor Control Center, Building 2196 and Military Personnel Section, Building 5616, Room 109

Randolph AFB registration sites:  
Visitor Control Center, Building 1032 and Military Personnel Section, Building 399

## News Briefs

### NEWS from P3

access during this time, full operating capability will resume at Building 260 Jan. 20. A contingent will remain in Building 367 assisting those new CAC card holders enroll into the DBIDS program. Those personnel already in possession of a CAC card or persons requiring DBIDS credentials will register at Building 260. Approved Authorizing Officials overseeing contractors on the installation will conduct all proper credentialing through the new office. Building 260 will continue to issue vehicle registration decals upon request as well as register personally owned weapons. Persons requiring accessibility assistance will continue to use Building 367 for their registration requirements.

### BAMC Outpatient Pain Management Clinic Moving

The outpatient pain management clinic at Brooke Army Medical Center will move Jan. Wednesdays through Jan. 21 from its current location in the hospital's seventh floor west bed tower to its new permanent location on in the hospital's first-floor medical mall. The clinic will reopen Jan. 24. The new waiting area will be adjacent to the hospital's main pharmacy. The hours are Monday-Friday 7:30 a.m. to 4:30 p.m. Call 916-2888.

### Lost and Unclaimed Property

If you have lost any property on Fort Sam Houston this year, call 221-2340. Items include: Schwinn bicycle, Huffy bicycle, RoadMaster bicycle, Next bicycle, Recon bicycle, Samsung cell phone, Sanyo cell phone, gold ring, several wallets and a Texas drivers license. Items will be retained for an additional 45 days and disposed of if the owner is not identified. To claim above items, people must have a form of photo identification and be able to identify the property.

### BRAC Transitions Center

The Workforce Solution Alamo BRAC Transition Center at Fort Sam Houston is available to help military, civilians, their spouses and family members who had to quit their job to follow the active member to San Antonio, find employment in the local area. The transition center is located at 1422 E. Grayson Street, which is across the street from the Quadrangle in the old Bank of America building. Hours of operation are 8 a.m. to 5 p.m. Call 277-2722 for information.



Maj. Gen. Gerard Caron, Air Force Assistant Surgeon General for Dental Services (far left) and Chief Master Sgt. Thomas Davis, Air Force Dental Career Field Manager (far right), pose with the 19 students of Dental Assistant Graduation Class 101006 Dec. 15.

# First AF dental assistants graduate from METC

By Esther Garcia  
AMEDDC&S Public Affairs

The Medical Education and Training Campus celebrated the first U.S. Air Force Dental Assistants class graduation with a ceremony on Dec. 15.

To celebrate this historic event, the 882nd Training Group, commanded by Col. Lista Benson, and her staff, invited Maj. Gen. Gerard Caron, Air Force Assistant Surgeon General for Dental Services, to visit the METC campus as the keynote speaker at the graduation ceremony.

Caron began his day with a mission brief from Benson prior to the graduation ceremony. The briefing provided an update on new and ongoing projects at METC.

Caron then toured the various dental training facilities located in Medical Instructional Facility 2, one of five MIFs in METC. The next stop was a visit to the Air Force dormitory, followed by a tour and lunch at the new dining facility.

Joining Caron and Benson on the tour were distinguished guests Natalie Kaweckj, president, American Dental Assistant's Association; Cynthia Durley, executive director, Dental Assisting National Board; Dr. Angela Canada, 882nd TRG Director of Training and Education; Chief Master Sgt. Thomas

Davis, Air Force Dental Career Field Manager; and retired Air Force Chief Master Sgt. Terry Harford.

"This is a history making class, the first class of dental assistants to graduate from METC," said Caron to the 19 graduates preparing to graduate and the METC leaders in attendance.

"The facilities are spectacular. I have spent enough time looking at architect drawings, but to see students in them, students in class, students in dorms and coming and going from the DFAC ... it is a day to make you extremely proud," continued Caron.

"This did not happen overnight and there is a group of people in this room who can especially relate to what a process this was to get here," the general said.

Caron said when the 2005 Base Realignment and Closure Act became law, the services came together to figure out how to accomplish the merger of all of the training institutions. This was not easy, because each of the services felt they had the best program.

"And the truth of it is, each of the services was right; each service had the best program," Caron said. "They had the best program that had evolved to support their own service's unique mis-

See METC P9



Col. Lista Benson, commander, 882nd Training Group, presents Maj. Gen. Gerard Caron a thank-you gift for his participation as keynote speaker in the ceremony.



Staff Sgt. Tanisa Sommerville, instructor, Dental Laboratory, shows Maj. Gen. Gerard Caron crowns used in training.



Maj. Gen. Gerard Caron watches as student Staff Sgt. Kenneth MacComber pours liquid in a denture mold.

Photos by  
Esther Garcia

# 14th MI Battalion Soldiers practice 'infantry' skills

By Maj. Susan Galich  
14th Military Intelligence  
Battalion

Over a recent four-day period, the 14th Military Intelligence Battalion conducted a Warrior Tasks and Battle Drills field training exercise on Camp Bullis that incorporated realistic scenarios and training aids for the Soldiers of all three of its companies.

The centerpiece of the training was foot-marching, in squad lanes, to a mock Afghan village to gather intelligence. On the way, the Soldiers encountered small arms fire from "insurgents" and simulated improvised explosive devices.

"The platoon leader and platoon sergeant worked together to con-

trol the platoon's movement and call in control measures," said Maj. Chad Wetherill, A Company commander. "The Soldiers scanned their sectors of fire, not sure what might come next, but knowing that a small arms engagement or IED contact would be likely, based on their initial patrol brief.

"Three quarters of a mile into the movement, the lead element of the platoon made contact with a four-man dismounted enemy element armed with small arms," Wetherill continued. "After dealing with the initial engagement, the platoon continued movement but later made contact with an IED, treated its 'casualties' and called in for casualty

evacuation."

To evacuate the "casualties" (as identified by the exercise observer/controllers), Soldiers submitted a nine-line medical evacuation request to "higher headquarters."

In response, C Company, 149th Aviation Battalion, Texas Army National Guard, deployed a UH-60 helicopter to evacuate the "casualties." After the helicopters departed, the squad reconstituted and continued its mission to the village.

Once there, the Soldiers practiced movement through urban terrain, interacting with the local populace, and using every Soldier as a sensor to gather information. The squad then reported information of intelli-



Photo by Gregory Ripps

Sgt. 1st Class Jared Anderson keeps watch with an M-16 rifle as a helicopter arrives to evacuate a "casualty." Soldiers of the 14th Military Intelligence Battalion practiced medical evacuation as part of their warrior tasking and battle drills at Camp Bullis, Texas, Dec. 7.

gence value to higher headquarters.

The field exercise also included convoy training, Humvee egress training and chemical-biological-

radiological-nuclear training.

With the Convoy Trainer, Soldiers applied troop-leading procedures to convoy operations as

they "drove" through cities in Afghanistan reacting to IEDs, vehicle-borne IEDs and other contact in completing their "mission." The Humvee Egress Assistance Trainer gave Soldiers an opportunity to practice teamwork reacting to a Humvee rollover.

The exercise culminated with a review of how to respond to CBRN attacks and mask confidence drills using a chemical environment chamber.

Wetherill said the question he often hears is, "Since I'm a military intelligence Soldier (a 35M), why do I need to train on these infantry tasks?"

See 14TH MIB P18

# Gates recommends Dempsey as next Army chief of staff

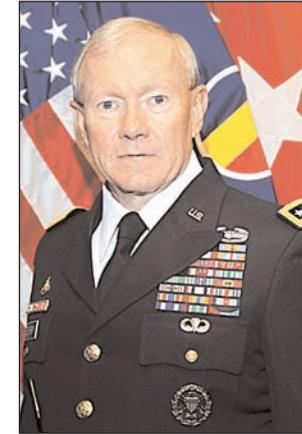
By Jim Garamone  
American Forces Press Service

Defense Secretary Robert M. Gates has recommended to President Barack Obama that he nominate Army Gen. Martin E. Dempsey to be the next Army chief of staff.

Gates made the announcement at a Pentagon news conference Jan. 6.

If nominated by the president and confirmed by the Senate, Dempsey would succeed Gen. George W. Casey Jr., who has served as Army chief of staff since April 2007 and will retire after more than 40 years of service.

Dempsey, 58, is com-



**Gen. Martin E. Dempsey**

mander of the Army's Training and Doctrine Command, at Fort Monroe, Va.

Dempsey served as the acting commander of U.S. Central Command upon the retirement of Navy

Adm. William Fallon in 2008. He took up the Training and Doctrine Command's reins in December 2008.

Dempsey commanded the 1st Armored Division in Iraq in 2003 and 2004, and he served as commander of the Multi-national Security Transition Command in Iraq from 2007 to 2008.

He was commissioned as a second lieutenant following graduation from the U.S. Military Academy at West Point, N.Y., in 1974. He was assigned to Germany as an armor officer, and he served with the 3rd Armored Division during Operation Desert Storm.

# Street names change on Fort Sam Houston

By Sherri Youngs  
502nd Civil Engineer Squadron

The Department of Defense has directed all installations to implement addresses using the U.S. Postal Service zip+4 addressing system.

This requires all buildings on DOD installations to be identified by street address instead of facility number. Fort Sam Houston began to implement these changes Jan. 1 and has undertaken a post-wide readdressing initiative that has assigned street addresses meeting the new standards to all facilities that receive, or may receive mail.

In some cases, there will be no change to a building's address. In

other cases, not only will the address change, but new street names had to be implemented in conjunction with the address renumbering, due to conflicts with street names already in use in Bexar County.

Since the advent of the Federal Emergency Management Agency's National Incident Management System, federal installations and local communities coordinate their actions regarding addressing conventions to enhance their mutual emergency response capabilities.

This will bring Fort Sam Houston into compliance with Bexar Metro 911 and USPS standards for addressing and street names.

New street names were reviewed and approved by an historic review committee and were chosen for their descriptive commemoration of the historic function of the section of the post where they are located. New street name signs will be provided for all renamed streets or intersections requiring new or revised signage.

To facilitate a smooth transition to the new addresses the U.S. Postal Service will keep the old addresses in their database for a minimum of one year and will continue to deliver mail to the old address as well as to the new addresses during the transition period. For Lincoln Housing residents, the USPS will

continue to deliver mail to both the old and the new addresses until Dec. 31, 2012.

Providing the post with Bexar Metro 911 and USPS compliant addressing will support two vital initiatives. It will allow the Postal Service to use automated mail processing equipment to sort the mail and deliver it more easily and efficiently. It also brings Fort Sam Houston into full compliance with Bexar County's 911 emergency response-based addressing system.

For more information, call the 502nd CES at 221-4890. For Lincoln Housing residents, call Patricia Baker at ASA RCI Housing at 221-0891.

Old Street Name	New Street Name	Old Street Name	New Street Name
1st Street	Sustainment Street	Ingram Road	Ingram Path
2nd Street	Signal Road	Lawton Road	Lawton Pass
3rd Street	Rattlesnake Road	Liscum Road	Meyer Road
7th Street	Commissary Road	N. New Braunfels	N. New Braunfels Avenue
8th Street	Conservation Street	Parker Road	Parker Hill Road
9th Street	Engine House Street	Rawley E. Chambers	Chambers Pass
10th Street	Paymaster Street	Scott Road	Winfield Scott Road
11th Street	Subsistence Street	S-2	Soapsuds Row
12th Street	Chinese Camp Street	S-4	Gun Shed Road
13th Street	Supply Street	S-5	Dragon Valley Road
14th Street	Wheelright Street	S-6	Museum Road
15th Street	Engineer Street	SR-14	Manchu Road
16th Street	Procurement Street	SR-16	Officers Loop
17th Street	Storage Street	SR-21	Howitzer Road
22nd Street	Replenish Street	SR-26	Trooper Road
23rd Street	Chemical Street	SR-27	Brackenridge Avenue
24th Street	Jadwin Street	SR-31	Bandmaster Road
24th Street	Requisition Street	SR-36	Camp Travis Road
A Road	Stock Road	Taylor Road	MG Taylor Road
B Road	Artificer Street	W.W. White Road	Cpl. Johnson Road
C Road	Cantonment Street	W.W. White Road	Petroleum Drive
Crockett Road	Crockett Pass	Watkins Boulevard	Watkins Path
Foulois Road	Foulois Pass	Williams Road	Williams Way
Hancock Road	Hancock Pass	Wilson Street	Wilson Way
Hardee Road	William Hardee Road		
Harney Road	Harney Path		
Humphrey Road	Humphrey Way		
Infantry Post Road	Easley Street		

## SWIOC CHANGE OF COMMAND



**Photo by Capt. Anthony John**

Col. John M. Diaz (right), commander, U.S. Army Reserve Information Operations Command, transfers the Southwest Information Operations Center guidon to incoming SWIOC commander Lt. Col. Steven R. Moon during a change of command ceremony in Blesse Auditorium Jan. 9. SWIOC is a subordinate command of Army Reserve Information Operation Command assigned to the U.S. Army Reserve Joint and Special Troops Support Command. The SWIOC is one of five units designated to provide computer network defense operations in support of the Department of Defense and has been deployed to Afghanistan, Iraq, Kuwait and Haiti.

# Severe dry winter wildfire danger predicted for Texas

By Joseph L. Miyasaki  
502nd Civil Engineering  
Squadron

Meteorologists with the National Weather Service and officials from the Texas Forest Service are predicting a severe winter wildfire season.

These experts say high winds and dry conditions are setting the stage for vast and destructive fires throughout the state. TFS reports that in the last five years, 10 such firestorms destroyed 1,065 structures and killed 22 people.

It is estimated that 90 percent of all Texas wildfires are caused by human activity. In 2009, four wildfires consumed more than 400 acres of vegetation on Camp

Bullis training areas.

Everyone can help prevent wildfires. Here are some precautions:

1. Units training on Camp Bullis must have approval from Range Control to use Pyrotechnics including tracer ammunition.

Use of Ground Burst Simulators, smoke grenades and similar devices require approved burn barrels.

2. Be careful when pulling off a road or driving into a field. Hot catalytic converters can ignite vegetation.

3. If you smoke in your car, extinguish cigarettes in vehicle ashtrays. Never toss a cigarette out of a car window, and don't put cigarettes out on the ground. Dispose of smoking materials only in

approved containers.

4. Avoid burning trash. The greatest single cause of wildfire is sparks or burning trash blown into the air because debris is not properly contained. Even a barrel covered with a screen can allow a spark to escape, igniting nearby vegetation. Burning of trash is prohibited on Fort Sam Houston and Camp Bullis.

5. Keep a fire extinguisher and water handy when working outdoors with equipment that gets hot, or involves sparks, such as welding equipment. Water down outdoor work areas in advance if possible. Hot Work Permits are required to be obtained from the Fire Prevention office.

6. Don't use fireworks. Do respect burn bans when your county officials declare them. Fireworks are prohibited to be used on Fort Sam Houston and Camp Bullis.

7. Residents should monitor weather predictions on the National Weather Service website at <http://www.nws.noaa.gov> and take precautions when winds are high, humidity is low and precipitation is scarce. For Texas Forest Service information you can log on to <http://texasforestservicetamu.edu/main/default.aspx>

For more information, contact the Fire Prevention office at Building 4196 or call 221-5452/4798.

## METC from P4

sion consistent with their own doctrine and honoring their own proud heritage.

"This task required the group to look beyond heritage, beyond doctrine and beyond mission to the core task, and that is caring for our patients," Caron said. "And if our patients are to be cared for in the way in which their service and their sacrifice demanded to be honored, then those had to be put aside, and the students had to come first, and the training had to be put in place, so that you (the students) have the training and skills to take care of those patients."

The general credited the flag officers steering the transition committee, the integration office, the people from the various

schoolhouses who all came together to produce a campus where modern evidence based course material was being taught in state-of-the-art facilities using the most up-to-date technology both in terms of patient care and teaching.

"With those building blocks firmly in place, they have put back into it with people who will give you the focus on the service mission, the doctrine and the proud heritage," he said.

"You have a skill you can always continue to use. Even if you don't choose to continue in the dental career, the things that you learned in terms of the values and the standards and how to apply yourselves will enrich you for the rest of your lives, so hold on to your core values and you will not fail," Caron said.

**MULLEN from P2**

they are or what they represent.

That's a dangerous situation for the military, which can't survive without public support, Mullen said.

"Our underpinning, our authorities, everything we are, everything we do comes from the American people," he said. "And we cannot afford to be out of touch with them. To the degree we are out of touch, I think is a very dangerous course."

The chairman cited changes in the American public's perception of the military during the span of his own career.

During the 1970s, he said, the public largely blamed the military for failures in Vietnam, resulting in deep organizational scars that remain today. Then, during the 1980s, personal accountability began to erode within the military, the chairman told the group.

"We were much more focused on the image of who we were, the communications of who we were, particularly when things got tough," Mullen

said. "And I saw too many not stand up who should have stood up from an accountability standpoint. And it bothered me to no end. For me, accountability is at the heart of this."

In the 1990s, incidents such as the Tailhook scandal — sexual misconduct by officers during a 1991 private organization convention — exposed questions about institutional responsibility, Mullen said, and the importance of putting the good of the military institution over that of individuals.

While declining to speak about the recent firing of the commanding officer of the USS Enterprise while an investigation continues, Mullen said situations like this underscore the need for self-assessment within the military.

"We have to have a true compass ethically. We have to have a true compass morally. We have to have a true compass inside our profession," he said.

Mullen emphasized that he has no reason to believe the military has deviated dramatically from its "true compass,"

but he urged leaders to act now to take stock of gradual changes within the organization.

Just as leaders learn from their successes, he told the group, they also must learn the important lessons of their failures. He noted "difficult times" during the past 10 years when they may have faced moral or ethical challenges, or situations in which leaders fell short. He also recognized instances when the military has failed to live up to its responsibility to remain apolitical.

"There were things that were outside who we are as a country, who we are as a military," he said. "The true measure is how you pick yourself up off the deck, dust yourself off, learn the lessons and move forward."

"It goes to this accountability discussion," he added. "All of this is tied to: 'Who are we? What is our profession? What are the principles we care most about?'" Mullen said. "And in everything we do, we have got to keep those principles front and center — for ourselves and for those that come along."

**PRESTON from P1**

ed-related matters, particularly in areas affecting Soldier training and quality of life.

The QDR is a legislatively-mandated review of Department of Defense strategy and priorities. The QDR will set a long-term course for DOD as it assesses the threats and challenges that the nation faces and re-balances DOD's strategies, capabilities, and forces to address today's conflicts and tomorrow's threats.

"The first is to prevail

in today's wars and protect against counterinsurgency strikes. Second, we must engage other nations to increase their capacity and help countries to protect themselves," said the sergeant major, who has served as the U.S. Army's top enlisted leader since Jan. 15, 2004.

"Third, we need to partner with non-government organization, home and abroad, like with the Red Cross' efforts in Haiti, where 5,500 Army Soldiers were there to help the country recover

from their devastation.

"We also need to be able to defeat hybrid threats and hostile states," said Preston, a Mount Savage, Md., native who is the longest serving Sergeant Major of the Army. "There are many organizations trying to bring about our downfall."

"Now is the time to be a recruiter for the U.S. Army," Preston said on a lighter note. "There is a waiting list to enter the service and we can be proud as we look to the future."

# Casey: Army rebalance to be complete by October

By J.D. Leipold  
Army News Service

Despite budget cuts, Army Chief of Staff Gen. George W. Casey Jr. said he expects the service to no longer be out of balance by the end of this fiscal year.

Casey spoke at the Association of the U.S. Army's Institute of Land Warfare breakfast Jan. 6, and said the Army will soon reach the balancing goals it set in 2004.

"We will have finished rebalancing, moving Soldiers out of Cold War skills to skills more relevant and necessary today to the tune of 150 to 160,000 Soldiers," he said. "Taken together, it's a fundamentally different Army than it was on Sept. 11, 2001. We had a good Army then, but we have a

great combat-seasoned Army that is organized in a way that makes it much more versatile and relevant today.

"As I go around, I see we're starting to breathe again, that people are getting instead of 12 or 13 months at home between deployments, they're getting 18 to 24 months," Casey said. "And that's a good thing, believe me. We needed that."

"We expect by the beginning of fiscal year 2012 that units deploying will deploy with an expectation of one year out to two years back for the active Army and one year out to four back for the Reserve Component," he said.

Casey said the Army was close to finishing off bringing in the additional

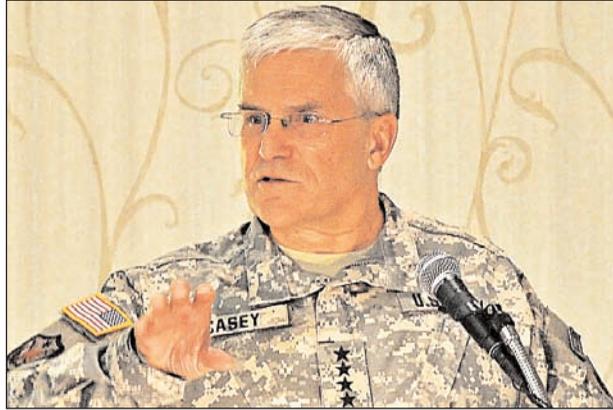


Photo by J.D. Leipold

Army Chief of Staff Gen. George W. Casey Jr. told members of the Association of the U.S. Army that the service should complete its rebalance by October of 2011.

22,000 Soldiers who had been authorized in 2007 by the Bush administration, and that the draw-down in Iraq has played a large role in the increase in dwell time.

"A couple of words

about the environment, and I think this is critical. This war's not over. We're involved in a long-term ideological struggle against the global extremist network that has attacked us on our

soil. They're not going to quit. They're not going to give up," he said.

"So as we look out there at that environment, I see that our greatest challenge over the next three to five years is the need to maintain our combat edge while we reconstitute this force and continue to build resilience for the long haul," he continued.

To maintain the combat edge, Casey said the Army was working to bring back strategic flexibility and held a first-ever full-spectrum operations rotation exercise against a hybrid threat down at the Joint Readiness Training Center in October.

"Two things that struck me the most as

I sat on a hill with a company, the company commander, the first sergeant, platoon sergeants and platoon leaders preparing their defense. They'd been up for 36 hours and these guys are sitting there and working through things. They're talking about what they did right and what they did wrong. Wow, that level of intensity is something we can all be proud of," he said.

"And, the second thing I saw which I actually expected, was that when these companies and platoons close with the enemy, they are absolutely lethal," Casey said. "We know how to fight at that level and that is a huge

See CASEY P12

**CASEY from P11**

strength.”

Casey said keeping and maintaining a combat edge requires continuous adaptation due to the uncertainty and complexity of the environment — weapons of mass destruction, technology, trends, safe havens — but he feels confident in how far the Army has come.

“If you’d asked me in 2007 if we’d have been able to maintain the pace and the tempo that we do maintain, I’d have said, ‘you’re nuts,’” he admitted. “We’re still a volunteer force, so it’s a great tribute to the men and women in our armed forces that we’re able to do that.”

He praised the Reserve Components, saying he had never seen relationships between the components better than today,

adding that half of Army Reserve and National Guard Soldiers are combat veterans, “and that makes us a fundamentally different Army.”

Addressing Soldier and family issues, Casey said the Comprehensive Soldier Fitness program, which started in October of 2009, continues to grow and is a major part of the equation in building resilience for the long haul.

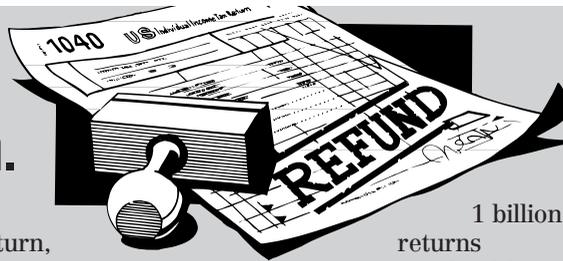
“We’ve been at war today for almost a decade and the cumulative effects of war are still with us, and they’re going to be for a while, so we have to deal with those effects,” he said. Casey added that active-duty suicide rates for 2010 were down for the first time since 2004, crediting the efforts of Army suicide-prevention programs.

Casey also recognized Sgt. Maj. of the Army Kenneth O. Preston as the longest-serving sergeant major of the Army, with more than seven years as the Army’s top enlisted leader. That recognition garnered a standing ovation for Preston, who was in attendance. Preston is slated to retire in March with 36 years of service.

“When you think about the list of things I’ve talked about and then throw in BRAC (base realignment and closure) and the 398,000 Soldiers, families and civilians moving all around, all to be done by Sept. 15,” he said. “No other organization in the world could have done all that at the same time, especially while we’re deploying 100 to 200,000 Soldiers to Iraq and Afghanistan.”

# TOP 10 TAX TIME TIPS

## It's that time of the year again.



The income tax filing season has begun and important tax documents should be arriving in the mail. Even though tax returns are not due until April, getting an early start will make filing easier. Here are the Internal Revenue Service's top 10 tips that will help your tax filing process run smoother than ever this year.

**Start gathering your records** — Round up any documents or forms you'll need when filing your taxes: receipts, canceled checks and other documents that support income or deductions you're claiming on your return.

**Be on the lookout** — W-2s and 1099s will be coming soon; you'll need these to file your tax return.

**Use Free File** — Let Free File do the hard work for you with brand-name tax software or online fillable forms. It's available exclusively at <http://www.irs.gov>. Everyone can find an option to prepare their tax return and e-file it for free. If you made \$58,000 or less, you qualify for free tax software that is offered through a private-public partnership with manufacturers. If you made more or are comfortable preparing your own tax

return, there's Free File Fillable Forms, the electronic versions of IRS paper forms. Visit [www.irs.gov/freefile](http://www.irs.gov/freefile) to review your options.

**Try IRS e-file** — After 21 years, IRS e-file has become the safe, easy and most common way to file a tax return. Last year, 70 percent of taxpayers - 99 million people - used IRS e-file. Starting in 2011, many tax preparers will be required to use e-file and will explain your filing options to you. This is your chance to give it a try. IRS e-file is approaching

1 billion returns processed safely and securely. If you owe taxes, you have payment options to file immediately and pay by the tax deadline. Best of all, combine e-file with direct deposit and you get your refund in as few as 10 days.

**Consider other filing options** — There are many different options for filing your tax return. You can prepare it yourself or go to a tax preparer. You may be eligible for free face-to-face help at an IRS office or volunteer site. Give yourself time to weigh all the different options and find

the one that best suits your needs.

**Consider Direct Deposit** — If you elect to have your refund directly deposited into your bank account, you'll receive it faster than waiting for a paper check.

**Visit the IRS website again and again** — The official IRS website is a great place to find everything you'll need to file your tax return: forms, publications, tips, answers to frequently asked questions and updates on tax law changes.

**Remember this number: 17** — Check out IRS Publication 17, Your Federal Income Tax on the IRS website. It's a comprehensive collection

of information for taxpayers highlighting everything you'll need to know when filing your return.

**Review! Review! Review!** — Don't rush. We all make mistakes when we rush. Mistakes will slow down the processing of your return. Be sure to double-check all the Social Security Numbers and math calculations on your return as these are the most common errors made by taxpayers.

**Don't panic!** — If you run into a problem, remember the IRS is here to help. Try <http://www.irs.gov> or call toll-free at 800-829-1040.

*(Source: IRS.gov)*

# EAST 13, WEST 10

## East's beastly defense tests West's football all-stars

By Steve Elliott  
FSH News Leader

After a start that saw neither team in the U.S. Army All-American Bowl cross the 50-yard line or make a first down for much of the first half, the East team finally found its mojo in the fourth quarter and pulled out a 13-10 victory over the West high school football all-stars at the Alamodome Jan. 8.

The patriotic buzz from the variety of pre-game ceremonies were about the only thing keeping the record crowd of 37,893 awake during the first quarter as the teams snoozed along for a combined seven punts and four first downs.

A dominant performance by the East defensive line in the second half snuffed out every chance the West offense could muster.

Schools from San Antonio and surrounding areas like Seguin and Cibolo had the game's highest local representation, with six area players invited. There has been a local player in the game's previous 10 editions, and 22 total area alumni.

Local players included Seguin offensive lineman Joseph Cheek, Sam Houston defensive lineman Quincy Russell, along with defensive tackle Marquis Anderson and linebacker Ryan Simmons of Steele.

Steele head coach Mike Jinks, who coached the Steele Knights to a Class 5A state championship Dec. 18, was chosen as an assistant coach for the West team.

West running backs, which included Madison's Aaron Green and Steele's Malcolm Brown, were kept from gaining



Photo by Steve Elliott

Herman Boone, for whom the U.S. All-American Bowl championship trophy is named, presents the trophy to the winning East team during the post-game ceremony. The East team came back to score all their points in the fourth quarter to win, 13-10.

ground for the bulk of the game. Brown, who has committed to the University of Texas Longhorns, had seven yards on three carries and saw most of his action as a fullback or in pass protection plays.

Brown also said after the game he wasn't concerned about the Longhorns' poor record this year or the coaching staff changes taking place in Austin. "I'm just going to go up there and do my best."

Green, who is set to become a Nebraska Cornhusker, had 11 rushing yards on two runs. Green met with dozens of Nebraska fans after the game and said he hoped he could make them proud when he arrives in Lincoln in the fall.

The East held the West to minus-20 rushing yards, which included 12 sacks for 61 yards. Aaron Lynch (Island Coast High School, Coral Gables, Fla.) and Ray Drew (Thomas County High School, Thomasville, Ga.) both had 2-1/2 sacks to lead the way for the beast from the East.

A break in the inaction came in the second quarter as the West took a 3-0 lead as placekicker Ben Pruitt of The Woodlands High School, The Woodlands, Texas, kicked a 22-yard field goal with 7:23 left in the half. The

play was set up on an interception by defensive back Stefan McClure of Vista High School in Vista, Calif.

In the third quarter, the West team padded their lead as quarterback Cody Kessler (Centennial High School, Bakersfield, Calif.) hit wide receiver Jaxon Shipley (Brownwood High School, Brownwood, Texas) for a 35-yard touchdown with 8:22 remaining in the third for a 10-0 lead. Kessler has committed to the University of Southern California, while Shipley will head to UT.

The West held their lead into the fourth quarter when quarterback Teddy Bridgewater (Miami Northwestern High School, Miami, Fla.) hit WR Miles Shuler (Long Branch High School, Long Branch, N.J.) for a 22-yard touchdown with 10 minutes left to close the gap to 10-6.

Two minutes later, the East team got the ball back two minutes later after the West turned it over on downs. East running back James Wilder (Plant High School, Tampa, Fla.) keyed the game-winning, 65-yard TD drive when he took the ball in from three yards for the final score. Wilder finished with 39 yards and the touchdown on nine carries. He also caught a 17-yard pass during the scoring drive.

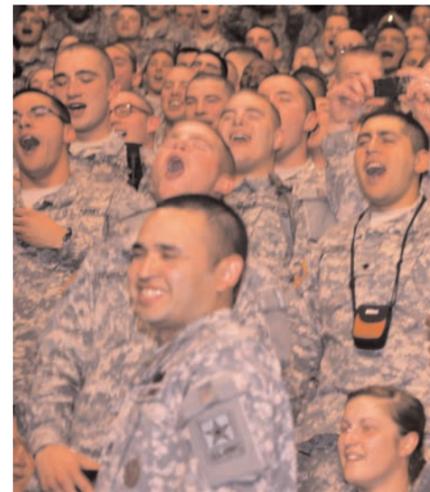


Photo by Steve Elliott

Soldiers in the stands give a big "Hooah!" during the game at the Alamodome Jan. 8. A total of 37,893 people attended the game, a new record for the U.S. Army All-American Bowl.

Although he didn't score during the game, Demetrius Hart (Dr. Phillips High School, Orlando, Fla.) had had eight carries for 100 yards for the East and was selected the most valuable player. Hart was the first player in All-American Bowl history to rush for 100 yards, with the bulk of it coming on a 69-yard run in the third quarter.

"The coaches were looking for somebody to step up and put the team on their shoulders," Hart said after the game. "I figured it might as well be me. I had a lot of help from the guys in front of me opening up holes for me to run through."

"I'm just humbled when you think of the players like (Minnesota Vikings running back) Adrian Peterson who played in this game and I was the only one to ever break 100 yards running," Hart added.

Hart also made some news when he



U.S. Army All-Americans Malcom Brown, Ryan Simmons and Marquis Anderson of Steele High School in Cibolo pose with their head coach, Mike Jinks, who was an assistant coach for the West squad.

Photo by Steve Elliott

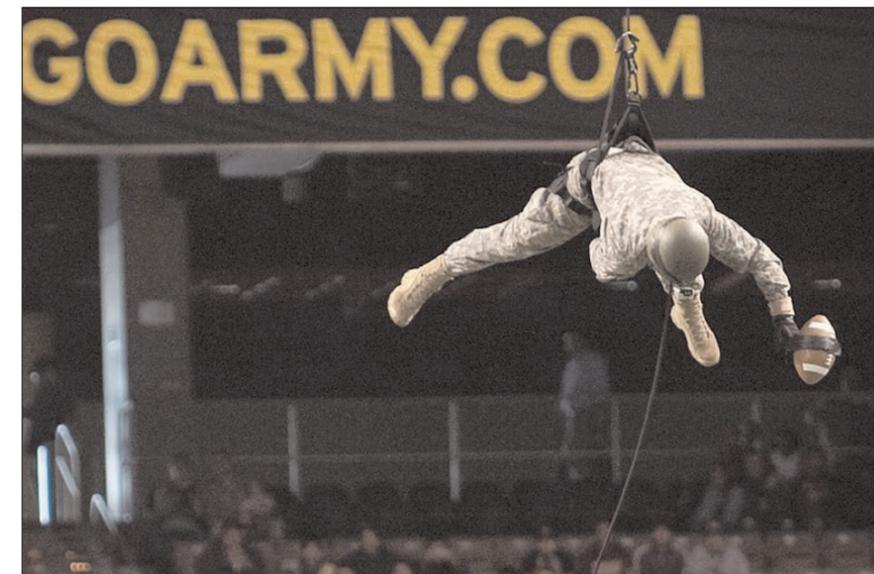


Photo by Tech. Sgt. Sean M. Worrell

A member of the U.S. Special Forces repels from the rafters of the Alamodome with the game ball.

announced during the game he will attend the University of Alabama. He had committed to the University of Michigan Wolverines earlier in the season, but changed his mind when Michigan head coach Rich Rodriguez was fired.

Hart told the Mobile (Ala.) Press-

Register the reason for his change of heart was "The Michigan coaching change, plus (Alabama) coach (Nick) Saban and I have a good relationship."

The win by the East team also broke a 5-5 stalemate between East and West that dates back to the first All-American Bowl in 2000.

## Army North, Fort Sam Houston ensure successful activities for U.S. Army All-American Bowl

By Staff Sgt. Keith Anderson  
ARNORTH Public Affairs

U.S. Army North, along with many other units at Fort Sam Houston, tackled the responsibilities of supporting U.S. Army All-American Bowl activities Jan. 4 through 9 and scored a proverbial touchdown in ensuring that the nation's premier high school football game went smoothly.

Army North, as the Army's senior command on the installation, helped plan and coordinate local military support among multiple Army commands for escorts, transportation, logistics and other requirements.

Soldiers from Army North, Army South, Brooke Army Medical Center, Army Support Activity and the Army Medical Department Center & School performed duties as escort officers, escort noncommissioned officers, drivers and medics.

Additionally, more than 2,500 AMEDDC&S trainees filled the Alamodome stands and presented an invaluable Army presence for the thousands attending the game and watching the nationally televised contest on NBC.

"This year's All-American bowl was a huge success, and we couldn't have done it without partners like U.S. Army North and the Fort Sam Houston community," said Mike Mensch, program manager, U.S. Army All-American Bowl, U.S. Army Accessions Command.

The East squad defeated the West in a hard-fought 13-10 victory before a record crowd of 37,893 at the Alamodome Jan. 8. Thousands of community members took advantage of an opportunity to participate in the bowl's other events, such as the Army Strong Zone, a 129,000-square foot interactive display area at Sunset Station, and watched the East and West team practices throughout the week as well as the National Combine for underclassmen football players.

At the Army Strong Zone in Sunset Station, several commands headquartered at Fort Sam Houston set up displays to inform people about the many missions and functions of Army organizations,



Photo by Staff Sgt. Keith Anderson

Lt. Gen. Guy Swan III, commanding general, U.S. Army North, welcomes military leaders, honorees, players, coaches, band members, cheerleaders and others to the U.S. Army All-American Bowl at the Alamodome during a welcome barbecue Jan. 6. "Today and this weekend is really the start of the next phase of your lives," said Swan, to bowl participants. "Do not take this recognition lightly. This is a privilege; this is a responsibility. You are role models to a lot of people in your hometowns and around the country. And, we want to you to continue to be the leaders that you are, and we're just very, very proud to have you with us."

which included exhibits by Army North, the U.S. Army Installation Management Command, the Family and Morale, Welfare and Recreation Command and AMEDDC&S.

Army North showed off its Sentinel and smaller Emergency Response Vehicle; also in the area were virtual simulators for flying in an Army helicopter, parachuting, and those offering a chance to compete in a rock wall climb or performing in a rock band video game.

Standing in front of Army North's large black Sentinel, Alan Hendren and Mark Couture, both telecommunications and satellite specialists at Army North, threw out mini-fooballs to spectators and spoke with the curious passersby about the unit's imposing black super truck and its role in helping Army North accomplish its mission.

The most common questions were "What do you do? Do you go overseas?"

**BOWL from P15**

and “What does the truck do?” Hendren said, adding that many of the young visitors also sought the flashlights, first aid kits, mouse pads and various other items adorned with the Army North emblem.

Couture, who has participated in many displays with the Sentinel at various events, said this one was special.

“Usually I’m explaining the truck to distinguished visitors and leaders, but explaining the vehicles to young people and the general public, and telling them how Army North serves the American people – it was rewarding.”

Many people were gratified to learn about Army North’s mission.

“It’s nice to know that when something happens, you guys come in, set up communications and help,” said Michelle Taylor, a native of Britton, Mich. Michelle and her husband, Rod Taylor, were in San Antonio on their honeymoon and



**Photo by Staff Sgt. Keith Anderson**

Alan Hendren (right), telecommunications and satellite specialist, U.S. Army North, hands out Army North mouse pads, smart books and other giveaways to the “Sea Dragons” from San Antonio’s Southwest High School at the Army Strong Zone Jan. 6.

decided to stop by the Army Strong Zone.

Paul Ibsen, a retired New York City police officer from Port Murray, N.J., said he was impressed with the capabilities of the Sentinel to connect over voice, data, phone, UHF and VHF, satellite and across multiple spectrums of emergency communications.

“It just makes sense, especially patching communications between local emergency responders and federal agencies,” Ibsen said. “During 9/11, one of the problems we had was communica-

tion between law enforcement, fire, the FBI and others.”

John Myhre, ARNORTH executive services specialist, worked in the All-American Bowl’s Joint Visitors Bureau, where he help make arrangements for the many distinguished visitors to Bowl.

“It was rewarding to me personally and professionally to see how much work went into it and to see the support from the community in San Antonio,” Myhre said. “And now that I’ve done it, I’d gladly do it again.”

**MLK INFO from P3**

(ACS parking lot) 2010 Stanley Road at 7:30 a.m. Monday, with a departure at 8 a.m. The march begins at 10 a.m. at MLK Academy, located in the 3500 block of MLK Drive and end at Pittman-Sullivan Park, 1101 Iowa.

“We will park at St. Philips College and catch the VIA transportation from there. The MLK March is expected to draw more than 100,000 adults and children.”

The commemorative program begins at approximately noon. The guest speaker will be Dr. Mary Frances Berry, the first black woman to head

a major research university, was appointed Assistant Secretary of Education by President Jimmy Carter in 1977, and became commissioner and vice chairman of the United States Commission on Civil Rights in 1980.

Special musical guest is gospel artist Earnest Pugh, a winner of two 2010 En Sound Music Awards.

According to the VIA Metropolitan Transit website (<http://www.sanantonio.gov/mlk/marcroute.aspx>), VIA will operate special event Park and Ride service to the City of San Antonio 2011 MLK march.

Park and Ride service to the march will be offered from the Alamodome, the Freeman Coliseum and St. Philip’s College. Look for directional lot signage at each facility. Buses will take passengers to the march between 8 a.m. and 10 a.m., and return trips will run from noon to 4:15 p.m., from Pittman Sullivan Park.

The fare is \$1.10 one way (\$2.20 roundtrip) with discounted fare of 55 cents one way (\$1.10 roundtrip) available to children ages 5-11, senior citizens 62 and over, Medicare recipients, and students with a valid VIA reduced fare ID card.

# Nominations for 2011 Soldier Show due Jan. 18

By William Bradner  
Family and MWR Command

Nominations for performer and technician positions in the 2011 U.S. Army Soldier Show are being accepted through Tuesday.

"The packets need to be here on the 18th," according to Andy Gilliam, Army Entertainment Division director, "because we're opening them up and making audition selections on the 19th."

AED is seeking vocalists, dancers, and musicians to perform, as well as lighting, audio, video, costuming and stage technicians to support the performers. The Soldier Show is a high-energy live musical that showcases the talents of

Soldiers. National Guard and Army Reserve Soldiers must be activated by their units to be eligible.

"It's the toughest job you'll ever love," explained Gilliam.

"The courage it takes for these Soldiers to get on stage and perform a 75-minute routine is tremendous," he explained. "Not only do we take them out of their comfort zone and make them do things they are not used to, we ask them to do it in six weeks. This includes the vocal training, choreography, scene/costume transitions, set build and tear down, and more."

The Soldier performers and technicians also are their own road crew, setting up and breaking

down the stage and lighting at each of the 70-plus stops the tour makes worldwide each year. They tour primarily by bus in the continental U.S., with a handful of overseas performances at the end of the season.

"To successfully manage this tour, all Soldiers gain strength from each other, Family members, religious beliefs, physical training and self preservation," Gilliam said.

"Once a Soldier becomes comfortable with the daily routine and confident with their performance, they shine. They shine because they put their heart and soul into something they love to do for the many men and women who play a part in protecting our way of life, be it military, civilian,

Family members, or retirees."

The selection of nominees through local installation and/or regional level competitions is encouraged, but not required. Interested Soldiers may self nominate by sending their packets directly to the AED offices.

All nominations must include an official Department of the Army photo, a copy of the Soldier's enlisted or officer record brief, current physical test scores, and a copy of the latest NCO Evaluation Report or Officer Evaluation Report.

Performers must also submit a video-audition on DVD and technicians are required to submit a resume and photos of past work.



Courtesy of Family and Morale, Welfare and Recreation Command  
Soldiers rehearse for the 2010 Soldier Show.

Complete details on the nomination process are available on [ArmyMWR.com](http://ArmyMWR.com).

AED officials will review all packets and select 12-20 Soldiers to travel to Fort Belvoir, Va., for live auditions. All travel costs will be paid for by the Family and MWR Command. Soldiers selected through the

audition process will be attached to AED through Nov. 30, 2011, and must have a letter of release from their command, endorsed by a battalion-level or equivalent officer.

Nominations should be sent to: U.S. Army Soldier Show, Attn: 2011 Selection Committee, P.O. Box 439, Fort Belvoir, VA 22060.

# Former Army officer pedals across USA raising awareness for veterans

By Steve Elliott  
FSH News Leader

Duty, honor and America. Three words every military veteran has lived for and understands well, but does the rest of America get it?

Doug Adams, a retired Army lieutenant colonel, and his wife Deb Lewis, a retired Army colonel, have made it their mission to bring attention to veterans' needs and issues and encourage contributions and assistance to veteran and military support organizations.

"We want to educate and inspire Americans to pay attention to what really helps our veterans and military, and to raise

awareness and strengthen ongoing efforts that are doing just that," Lewis said during a visit to the Warrior and Family Support Center at Fort Sam Houston Jan. 7. "Unless we take care of our military veterans and Families, we won't have the country we have today."

The way this couple has decided to get the message is a unique one. Adams decided that cycling through all 50 states in a year's time, stopping along the way to visit military installations, share stories and raise awareness among people about the stress of military deployments.

Since beginning Oct. 7, 2010, the couple has notched 4,000 miles

through 20 states. When the tour is finished Oct. 8, Adams said they will have completed at least 16,000 miles on the journey.

Adams said he completes about 60 miles a day, weather permitting. Lewis follows along in a colorfully decorated recreation vehicle with their car in tow. Lewis coordinates each stop of the trip, makes sure Adams stays healthy and does daily updates for their website and Facebook, Twitter and YouTube pages.

People interested in what Adams, Lewis and their dog, Daisy, are experiencing during this cross-country trek can click on <http://www.DutyHonor>

America.com for a detailed look at their goals, stories from the road and also find out what they can do to help veterans.

"What we tell people is 'If you need help, get it. If you can help, offer it,'" Adams said. "People need to choose to get involved, whether they are a veteran or someone who wants to help out. Find out what organizations in your area are doing. If you know a veteran or the Family of one, stop by and ask them what they might need help with."

"Pay attention to find just one thing that might be really helpful to our military and veterans, and do something about it" Lewis added.



Photo by Steve Elliott

Deb Lewis, Doug Adams and Daisy pose outside the Warrior and Family Support Center with Doug's bike and the RV they use during the Duty, Honor, America cross-country tour.

14TH MIB from P5

The major said the answer is: all 35Ms assigned to an interrogation battalion – such as the 14th MI Battalion – who are expected to deploy as a Joint Interrogation and Debriefing Center are required to perform basic Human Collection Team operations.

And because HCTs tend to operate as attachments to ground-holding combat arms units, all 35Ms must be proficient in basic, tactical Soldier/leader skills to ensure completion of their mission and to ensure their survivability while accomplishing the mission.

"Ensuring Soldiers and leaders are prepared for any mission when they leave the 14th MI Battalion is a key task in our training plan," said Wetherill.

## Military Historical Trivia

When Lt. Benjamin Foulois was serving in the Philippines, who was his doubles tennis partner?

- A. Arthur MacArthur
- B. Leonard Wood
- C. George C. Marshall
- D. John Clem

Answer is B. Although MacArthur, Marshall and Clem were all contemporaries of Foulois, it was Maj. Gen. Leonard Wood, whose ideas on the physical fitness of Soldiers would have a lasting impact on the U.S. Army, who was actually Foulois' doubles partner. Wood also commanded the 1st U.S. Volunteer Cavalry, popularly known as the Rough Riders during the Spanish-American War and had the future President Theodore Roosevelt as his second in command.

## Public hearing to discuss FSHISD annual performance report

The Fort Sam Houston Independent School District invites all parents and community members to a public hearing Jan. 25 at 11 a.m. in the Professional Development Center, 1902 Winans Rd., Building 1908, for public discussion of the 2009-2010 Fort Sam Houston Independent School District Annual Performance Report. The hearing will be held in conjunction with the regularly called meeting of the Fort Sam Houston Independent School District Board of Trustees.

## FORT SAM HOUSTON INDEPENDENT SCHOOL DISTRICT WEEKLY CAMPUS ACTIVITIES JAN. 17-22

Fort Sam Houston Elementary School

school holiday

**Jan. 17**  
Martin Luther King Day – school holiday

**Jan. 18**  
Beginning of third nine weeks Student Council meeting, 3 to 4:30 p.m.

**Jan. 20**  
Report cards sent home Cougar Connections: TAKS TIPS with FSHES Counselors, 11:30 a.m. to noon

**Jan. 21**  
Spirit Day Attendance lunch on stage Ms. Dryden's Life Skills Field Trip to Commissary, 9:30 a.m. to noon

**Robert G. Cole Middle and High School**

**Jan. 17**  
Martin Luther King Day –

**Jan. 18**  
Begin third nine weeks JV/V Boys Basketball vs. Randolph at Cole, 5 and 8 p.m. Varsity Girls Basketball vs. Randolph at Cole, 6 p.m.

**Jan. 19**  
Seventh grade Great Graduation in Moseley gym during eighth period Girls Soccer vs. St. Mary's Hall at Cole, 4:30 p.m.

**Jan. 20**  
Boys Soccer vs. Antonian at Cole, 5 p.m.

**Jan. 21**  
JV/V Boys Basketball at Luling, 5 and 8 p.m. JV/V Girls Basketball at Luling, 5 and 6:30 p.m.

**Jan. 22**  
UIL One Act Play rehearsals in Moseley gym, 1 to 3 p.m.

## SCHOLARSHIP RECEPTION



Photo by Robert Hoffmann

Four-Year Army ROTC scholarship recipients (from left) Dominique Edmonds (Wake Forest), Shelby Tallent (Texas A&M), Tara Hutchison (Baylor) and Stephanie Aviles (TCU) meet with U.S. Army Cadet Command Commander, Maj. Gen. James McDonald at a reception Jan. 6 at the Westin Riverwalk Hotel. The reception was held in conjunction with U.S. Army All-American Bowl activities. Edmonds, Tallent and Aviles are seniors at Fort Sam Houston's Robert G. Cole High School; Hutchison attends Canyon High School in New Braunfels.





## Announcements

### Group Lifestyle Balance Program

Brooke Army Medical Center has implemented a program at the Troop Medical Clinic aimed toward long-term weight loss through healthy eating and physical activity. Participants must be 18 years or older and a military beneficiary. Call 808-2312 for information.

### Freedom Award Nominations

National Guard and Reserve members and their families are encouraged to nominate employers that have provided exceptional support to Guard and Reserve employees beyond the federal law requirements. Nominations may be submitted at <http://www.FreedomAward.mil> through Jan. 17.

### Foster a Military Working Dog Puppy

The Department of Defense Military Working Dog Breeding Program is looking for families to foster puppies from 12 weeks to 6 months old. Call 671-3686 for information.

### Cloverleaf Communicators Club

The Cloverleaf Communicators Club is open to military, family members and civilians who are interested in developing or enhancing their leadership and communications skills. Meetings are held the first and third Thursday of every month 11:45 a.m.-1 p.m. at San Antonio Credit Union, Stanley Road, in the conference room. Call 916-3406 or 221-8785 for information or visit <http://powertalkinternational.com/>.

## Calendar of Events

### Jan. 17

#### Warrant Officer Association Meeting

The Lone Star Silver Chapter of the U.S. Army Warrant Officer Association will meet at 7 p.m. at Chacho's & Chulucci's, 8614 Perrin Beitel Rd. All active duty, retired, Reserve, National Guard warrant officers and Family members of current or retired warrant officers are invited. Call 375-9895 or 666-9818.

### Jan. 20

#### FSH Preservation Society

The Society for the Preservation of Historic Fort Sam Houston will meet at the Stilwell House, 626

Infantry Post. A light lunch will be served at 11 a.m. following by retired Sgt. Harry Shaw, a former member of the 82nd Airborne Division. Visitors are welcome. Call 527-9513 or 824-1917 for information.

#### MOAA Luncheon

The Alamo Chapter of the Military Officers Association of America will hold a luncheon at the Fort Sam Houston Golf Club. Social hour begins at 11 a.m., lunch will be served about 11:45 a.m. The cost is \$15. Menu choice is chicken piccata or baked Pollock with lemon butter. For reservations, call 228-9955 or e-mail [moaa-ac@sbcglobal.net](mailto:moaa-ac@sbcglobal.net).

### Jan. 22 Boerne, Texas Walk and Bike Events

The BTC Oddsports Club volkswalk club will hold a 5k and 10k walk and a 25k bike event starting at the Boerne Middle School South, No. 10 Cascade Caverns Rd. in Boerne. Events begin between 8 a.m. and 1 p.m., finish by 4 p.m. For information, call 204-9301.

### Jan. 30 Building Strong Families Workshop

Gather insight on families, children, marriage and finance during a

See **COMMUNITY P23**

# Force Support Squadron

Family & MWR

## Announcements

### Jimmy Brought Fitness Center Repairs

Repairs to the air conditioning system at the Jimmy Brought Fitness Center are underway. During each phase of repairs, equipment or activities may be relocated for continued use; however, some activities may be suspended until the repairs are complete. Call 221-1234.

### Know More. Save More. Text FORTSAM to 839863.

To receive limited text messages

## Religious Briefs

### Living by Faith

A new religious education program will begin Jan. 19 through April 14 at the Dodd Field Chapel. There will be activities and classes for Kindergarten-age through adults. Classes include resiliency training, financial peace, scripture,

for community events, restaurant specials, discount tickets to secret sales events and more text FORTSAM to 839863. Subscription is free, and interests can be updated at any time by visiting <http://www.fortsamhoustonmobile.com>. Standard text messaging rates apply.

### Exceptional Family Member Program

A support group meets Wednesdays, 6-7:30 p.m. at School Age Services, Building 1705, Dodd Boulevard. Child care and dinner provided. Registration is required. Call 221-2604.

### H.U.G.S. playgroup

The playgroup for parents and children birth to 5 years old meets Tuesdays, 9-11 a.m. at the Middle

Catholic faith, marriage and parenting as well as children's classes. Dinner is at 5:45 p.m. and classes start at 6:30 p.m. Child care is provided. Call 221-5006 for information.

### National Prayer Breakfast

The Fort Sam Houston National Prayer Breakfast will be held Feb. 23 at 6:30 a.m. at the Sam Houston Community Center. Call 221-5004 or 221-2755 for information.

School Teen Center, Funston Road, Building 2515. Registration is not required. Call 221-0349/2418.

### Baby Talk

The group meets Tuesdays 1-2:30 p.m. at Dodd Field Chapel. Call 221-0349/0655.

### English as a Second Language

The class meets Mondays and Wednesdays, 5-7:30 p.m. at Roadrunner Community Center, Building 2797, use back entrance. This class is free and designed especially for foreign-born spouses to improve reading comprehension, vocabulary and pronunciation. Classes are appropriate for the beginner, intermediate and advanced student with individualized group instruction. To register, call 221-1681/9698.

### Microsoft Office Classes

Jan. 13 – Excel Level 2  
Jan. 18 – PowerPoint Level 2  
Jan. 19 – Access Level 1  
Jan. 20 – Excel Level 3  
Jan. 25 – Word Level 3  
Jan. 26 – Access Level 2  
Jan. 27 – Publisher

Classes are 8 a.m.-noon at the Roadrunner Community Service, Building 2797. To register, call 221-2518/2705.

### Mandatory Initial First Term Financial Readiness

Classes are Jan. 13, 20 and 27 from 10 a.m.-noon at the Roadrunner Community Center, Building 2797. To register, call 221-1612.

### Teen Poetry Slam Workshops

To prepare for the 2nd Annual Stand. Speak. Listen. Teen Dating Violence Awareness Poetry Slam Feb. 5, workshops will be offered to help with writing and performing skills. The workshops are Jan. 19 and 26 from 5-6:30 at the Roadrunner Community Center, Building 2797. Call 221-2055 or 295-0313.

## Calendar of Events

### Jan. 13 EFMP, Contents of the I.E.P.

Exceptional Family Member Program will offer "Contents of the Individualized Educational Plan from 11:30 a.m.-1 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-2962/0600.

### Immigration and Naturalization Services

Services will be available noon-2 p.m. at the Roadrunner Community Center, Building 2797. Call 221-1628.

### Couples Enrichment

Classes are Jan. 13, 20 and 27 from 5:30-7 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-0349 or 295-0313.

### Jan. 14 Post Deployment Planning

The class is 9-10:30 a.m. at the Roadrunner Community Center, Building 2797. To register, call 221-1829/0946 or e-mail [samh.acs.mob.deploy@conus.army.mil](mailto:samh.acs.mob.deploy@conus.army.mil).

### Breastfeeding Support Group

The group meets 2-3:30 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-0326/0349.

### Jan. 15 Hearts Apart

The group for spouses of service members who are geographically separated meets 1-3 p.m. at the Roadrunner Community Center, Building 2797. Call 221-1681/9698.

### Jan. 17 Saving and Investing

The class is 2-4 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-2380.

### Jan. 18 General Resume Writing Class

The class is 8:30 a.m.-noon at the Roadrunner Community Center, Building 2797. Registration is mandatory, class size is limited. Call 221-0427/0516.

### Credit Report, Where do you Stand?

The class is 2-4 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-2380.

### Jan. 19 CARE Team Training

The training is 10-11:30 a.m. at the Roadrunner Community Center, Building 2797. To register, call 221-1829/0946.

### Stress Management

The class is 11 a.m.-12:30 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-0349.

### Women Encouraging Women (en espanol)

The group meets noon-1 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-0349/9425.



### Main Post Chapel, Building 2200, 221-2754

#### Catholic Services:

4:45 p.m. - Reconciliation - Saturdays

5:30 p.m. - Mass - Saturdays

9:30 a.m. - Mass - Sundays

11:30 a.m. - Mass - weekdays

#### Protestant Services - Sundays:

8 a.m. - Collective Protestant

11 a.m. - Collective Protestant

**Jewish Services:** 379-8666 or 493-6660

8 p.m. - Fridays - Worship and 8:30 p.m. - Oneg Shabbat

### Dodd Field Chapel, Building 1721, 221-5010 or 221-5432

#### Catholic Services:

9:15 to 11:15 a.m. - Catholic Women of the Chapel Enrichment or Bible Study - Mondays

12:30 p.m. - Mass - Sundays

#### Protestant Services:

10:30 a.m. - Gospel Protestant - Sundays

9:30 to 11:30 a.m. - Protestant Women of the Chapel meeting - Wednesdays, child care is provided

6:30 to 7:30 p.m. - Protestant Women of

Web site: <http://www.samhouston.army.mil/chaplain>

the Chapel meeting - Thursdays, child care is provided

#### Samoan Protestant Service:

8:30 a.m. - Sundays

### Brooke Army Medical Center Chapel, Building 3600, 916-1105

#### Catholic Services:

8:30 a.m. - Mass - Sundays

11:30 a.m. - Mass - Sundays

#### Protestant Services:

10 a.m. - Worship Service - Sundays

### AMEDD Regimental Chapel,

Building 1398, 221-4362

32nd Medical Brigade Student services

**Catholic Mass:** 8 a.m. - Sundays

**Contemporary Protestant Service:**

9:30 a.m. and 11:01 a.m. - Sundays

**Muslim Jumma:** 1:30 p.m. - Fridays

### Installation Chaplain Office,

Building 2530, 221-5007

Church of Jesus Christ of Latter Day

Saints: 8:30 a.m. - Sundays

## Rocco Dining Facility Menu

Building 2745, Schofield Road

### Breakfast Dining Room Hours:

Monday-Friday 6:15-8:15 a.m., weekends and holidays 8-9:30 a.m.

### Friday - Jan. 14

**Lunch - 11 a.m. to 1 p.m.**

Lemon baked fish, barbecued spareribs, fried chicken, cheese manicotti, mashed potatoes, macaroni and cheese, baked potatoes, fried cabbage with bacon, corn on the cob, broccoli

### Dinner - 5 to 7 p.m.

Spaghetti with meat sauce, vegetable stuffed peppers, breaded pork chops, barbecued pork chops, mashed potatoes, hopping john rice, fried okra, turnip greens

### Saturday - Jan. 15

**Lunch - noon to 1:30 p.m.**

Beef and broccoli, chicken breasts in orange sauce, cheese tortellini, grilled chicken breasts, rice pilaf, rigatoni and cheese, mashed potatoes, stewed okra and tomatoes, collard greens, black-eyed peas

### Dinner - 5 to 6:30 p.m.

Roast turkey, chili macaroni, chipper fish, mushroom quiche, cornbread dressing, Aztec beans and rice, mashed potatoes, spinach, cauliflower, green beans

### Sunday - Jan. 16

**Lunch - noon to 1:30 p.m.**

Beef tacos, beef tamales, chicken pot pie, Mexican pork chops, potato frittata, Spanish rice, paprika potatoes, broccoli combo, corn

### Dinner - 5 to 6:30 p.m.

Scalloped ham and potatoes, honey-ginger chicken breasts, spaghetti with meat sauce, broccoli-rice-cheese casserole, O'Brien potatoes, rice pilaf, fried cauliflower, carrots

### Monday - Jan. 17

**Martin Luther King's Birthday Lunch - noon to 1:30 p.m.**

Fried fish, baked fish, barbecue spareribs, baked chicken, cheese ravioli, macaroni and cheese, scalloped potatoes and onions, rice pilaf,

cauliflower, fried okra, carrots

### Dinner - 5 to 7 p.m.

Roast pork loin, Salisbury steaks, noodles Jefferson, chicken parmesan, baked potatoes, mashed potatoes, green beans nicoise, oriental mixed vegetables

### Tuesday - Jan. 18

**Lunch - 11 a.m. to 1 p.m.**

Tamale pie, cheese enchiladas, Salisbury steak with gravy, Mexican chicken breasts, fried chicken, Spanish rice, lyonnaise potatoes with green onions, Mexican corn, cauliflower combo

### Dinner - 5 to 7 p.m.

Pork chops mexicana, lemon-pepper baked fish, chicken stir fry, mushroom quiche, parsley-garlic buttered potatoes, rice pilaf, carrots, green beans

### Wednesday - Jan. 19

**Lunch - 11 a.m. to 1 p.m.**

Apple-glazed corned beef, lemon baked fish, fried fish, pepper steak,

cheese ravioli, parsley-buttered red potatoes, brown rice, broccoli

### Dinner - 5 to 7 p.m.

Baked polish sausage with sauerkraut, country fried steak, baked ham, grilled turkey patties, spaghetti vegetable quiche, hopping john rice, paprika-buttered potatoes, fried okra, carrots

### Thursday - Jan. 20

**Lunch - 11 a.m. to 1 p.m.**

Pork chop suey, Szechwan chicken, baked tuna and noodles, grilled citrus chicken breasts, potato frittata, steamed rice, mashed potatoes, fried rice, vegetable stir-fry, mixed vegetables

### Dinner - 5 to 7 p.m.

Creole macaroni, sweet and sour pork, Swedish meatballs, lemon baked fish, broccoli quiche, mashed potatoes, steamed rice, spinach, fried okra

Menus are subject to change without notice



**For Sale:** Dining room set with expandable table, six chairs, china hutch, buffet, country French style, buttermilk color, \$900; Dell Inspiron PC with 17-inch flat screen monitor, \$325; computer corner desk, printer cart, medium oak, black task chair, \$75. Call 697-9261.

**For Sale:** Battery powered scooter, like new, manual and instructions included, \$400 obo. Call 504-638-4168 or 649-0512.

**For Sale:** Oak entertainment center, \$125 obo; Beanie Babies, various styles and prices. Call 550-7371.

**For Sale:** 9-month-old female Chihuahua, shots, \$250; boy's boots, size 10, \$25; 4 foot wide truck bed extender, \$225; Stetson brown felt hat, size 7, \$75; medium-size dog carrier, \$15. Call 221-2690.

**For Sale:** 1994 Toyota small truck, great condition, \$3,900 obo; memory foam sofa, clean, \$175; truck front grill with reversible hitch, like new, \$350; cargo security shade for medium-size SUV, \$65; baby backpack on frame, \$30. Call 633-3859.

**For Sale:** Child's chair, \$5; large antique iron wheels, \$100 pair; metal truck tool box, \$150;

Cardiogliser exercise machine, \$175; 150-gallon butane/propane tank, \$425. Call 633-2247.

**For Sale:** Small/medium air tailgate, \$30; porcelain dog dolls with clothes, 24 inches tall, \$95; 3 foot by 3 foot ballet scene, framed and numbered, \$50; 10-month-old male maltipoo, \$250; entertainment center, \$50. Call 221-2123.

**For Sale:** Toddler car seat, \$35; knick-knack tables, \$12; oak coffee table, \$95; child's bike, \$35; Little Tikes desk with attached seat, \$15. Call 219-4327.

**For Sale:** Entertainment center with many shelves, \$50 obo; 36-inch Toshiba TV, \$275; Volvo dash mat, \$25; box of boy's clothes, size 4/5, \$12; baby monitor, \$20. Call 289-3130.

**For Sale:** Four-string bass guitar with amplifier, \$700 obo; framed Korean flag, \$75; baby crib with mattress, \$100; Little Tikes cot-tage playhouse, \$95. Call 221-2690.

**For Sale:** Party decorations for a various occasions, reasonably priced; playhouse, \$100; Trends stroller, \$15; maternity clothes, various sizes and prices; assorted baby toys, \$5 and up. Call 412-2151.

**Free to good home:** 18-month-old Chihuahua, 5 1/2 pounds, great with kids, all papers and shots. Call 883-7547.

**Found Dog:** Male yellow Lab found outside Pershing Gate, neutered, about 55 lbs., obeys commands, leash trained. Call 313-1000.

# REMINDER CALENDAR

- Jan. 13** Martin Luther King Jr. Observance, 11:30 a.m.-noon, BAMC Medical Mall
- Jan. 17** MLK Day, Federal Holiday
- Jan. 17** MLK March, 10 a.m., downtown San Antonio
- Jan. 23** Duathlon Bike/Run, 8 a.m., Jimmy Brought Fitness Center
- Jan. 25** FSH Newcomers Extravaganza, 9:30-11 a.m., Sam Houston Community Center
- Jan. 27** Consolidated Monthly Retirement Ceremony, 11 a.m., FSH Quadrangle
- Jan. 29** 5K Fun Run/Walk, 9 a.m., Jimmy Brought Fitness Center

## COMMUNITY from P21

free workshop 4-7 p.m. at the Trinity Baptist Church, 319 E. Mulberry. Dinner and child care provided, advance reservations required. Call 733-6201.

## Feb. 5 AACA Annual Gospel Fest

The African American Cultural Association will host the "Annual Gospel Fest," 6 p.m. at the Gateway Chapel, Lackland Air Force Base. The program is free. Call 671-9329 or 977-6545 for information.