



## Briefs . . .

### Tax center open for business

The Tax Assistance Center is open. The hours are Mondays, Wednesdays and Fridays from 9 a.m. to 5 p.m.; Tuesdays and Thursdays from 9 a.m. to 9 p.m.; and Saturdays from 9 a.m. to 1 p.m. at the 1st Legal Support Organization, Building 133A, 2420 Liscum Road, behind the Garrison Staff Judge Advocate Office. For more information, call 295-1040 or 295-0061 or visit <http://www.samhouston.army.mil/tax/index.html>.

### Walters Street gate update

Phase one of the Walters Street Access Control Point upgrade project will continue through Feb. 3. The exit lane will remain open; however, the two inbound lanes will be closed for about 30 days. All traffic, with or without a decal, must enter through the two inbound visitor's entrance lanes. Upon entry, drivers must turn right on Parker Street or go straight on 7th Street in front of the clothing sales facility; 7th Street will be one way north to Wilson Street. To avoid delays, motorists who use the Walters Street entrance are encouraged to use an alternate ACP.

### Accident Avoidance training

Accident Avoidance training class is today from 8 a.m. to 12 p.m. in Building 902. All military personnel under age 26 are required to take a minimum of four hours of classroom instruction in traffic safety. Commanders and supervisors are encouraged to send personnel who have been convicted of a serious moving traffic violation or were at fault in a traffic accident. The course is also open to civilian personnel. To sign up, call Mitch Geary at 221-3824.

### Change of command ceremony

Lt. Col. Mark DiTrollo will assume command of the Southwest Information Operations Center from outgoing commander, Col. Richard Blumberg, at a change of command ceremony Saturday at 3 p.m. at the Roadrunner Community Center, Building 2797.

### EEO seeks committee members

The Fort Sam Houston Equal Employment Opportunity Office is recruiting for committee members for the following programs: Black Employment Program, Hispanic Employment Program, Asian/Pacific American Employment Program, Native American/Alaskan Native Employment Program and Federal Women's Program. For more information, call Glennis Ribblett at 221-9401.

See BRIEFS on Page 3

### Inside . . .

From the Top . . . . .	2
Sports . . . . .	8
MWR . . . . .	9
Child and Youth Services . .	10
School . . . . .	11
Religion . . . . .	13
Community . . . . .	16
Fort Freebies . . . . .	17



Col. Wendy Martinson, U.S. Army Garrison commander, asks questions about the new units from the shell of a new Harris Heights home during a site visit Jan. 11 with (from left) Allyson McKay, operations director for Lincoln Military Housing; Chris Franklin, project manager for Galaxy Builders, Ltd; and Ray Ferland, Residential Communities Initiative development manager.

# Harris Heights housing demolished, rebuilt

Story and photo by Cheryl Harrison  
Fort Sam Houston Public Information Office

Col. Wendy Martinson, U.S. Army Garrison commander, made a site visit to the housing area on Hardee Road Jan. 11 to get a first look at the future Harris Heights housing area, which is currently under construction.

When finished, 181 modern homes will be offered to senior NCOs and junior officers in the ranks of E-7 to O-3.

The old homes, considered beyond repair or renovation, were vacated, then razed last year.

"There are seven different styles with five elevations," said Chris Franklin, project manager for Galaxy Builders, Ltd. at Fort Sam Houston. "Eighteen of the units are designed for handicapped or are handicap accessible."

"There will be two styles of one-story handicap accessible homes and the rest of the units are two stories," said Ron Bennett, project manager for Fort Sam Houston Family Housing Development.

The homes will be up-to-date, with carpet, laminate plank or vinyl floor coverings. Kitchens will be equipped with dishwashers, garbage disposals and stoves with range hoods. Each unit will have a rear or side entry garage and carport, with plenty of storage off the garage. Each home features three or four bedrooms,

with a master suite. The total square footage will be about 1,700 to 2,200 square feet.

"The homes are designed with the front of the house facing the street and some even have big front porches. These were designed with the idea of people talking to their neighbors and getting to know the families around them," said Allyson McKay, operations director for Lincoln Military Housing.

The exteriors will be finished with hardy plank, brick or stucco siding.

"These are homes designed for families. The area will be a residential

See HARRIS HEIGHTS on Page 4

# SecArmy lauds Fifth U.S. Army/ARNORTH during visit

By Master Sgt. Sally Toomey  
5th U.S. Army/Army North Public Affairs

The Secretary of the Army commended Fifth U.S. Army/Army North leadership for implementing an aggressive plan to restructure the command while assuming missions of Homeland Defense and Support to Civil Authorities during catastrophic emergencies.

During a visit to Fifth U.S. Army/ARNORTH Headquarters Jan. 9, Dr. Francis J. Harvey said developing strong relationships with the Federal Emergency Management Agency and other civil agencies, and state of the art communications capabilities will be key in supporting Homeland Defense plans and military response during emergencies.

"I believe there are a lot of communications systems that we are developing that have great applicability to Homeland

Defense and your unique missions," Harvey said.

Fifth U.S. Army/ARNORTH was organized as the Army Service Component Command for U.S. Northern Command, supporting USNORTHCOM in its homeland defense missions and providing military support to civil authorities when needed throughout the United States. Fifth U.S. Army/ARNORTH exercised these capabilities in support of Hurricanes Rita and Katrina in September and October. Since then, the command has continued planning and executing its ambitious plan to resource the unit with personnel, facilities and equipment.

As Fifth U.S. Army/ARNORTH surges toward the October 2006 deadline to be fully mission capable, the commander, Lt. Gen. Robert T. Clark, said acquiring resources of personnel, equipment and funding continue to be a priority.

See SECARMY on Page 4

# Soldiers may be reimbursed for protective gear

By Maj. Paul Cucuzzella  
U.S. Army Claims Service

WASHINGTON, D.C. — Soldiers may now file claims and receive reimbursement for protective equipment privately purchased between Sept. 11, 2001, and July 31, 2004.

A provision of the 2005 Defense Authorization Act allows for the reimbursement if service members weren't issued equivalent equipment prior to deployment in Operations Noble Eagle, Enduring Freedom or Iraqi Freedom.

There is no need for Soldiers to purchase protective equipment on their own, said Col. Thomas W. Spoehr, director of

materiel for the Army's G8.

"There are no shortages; in fact, there is excess in the theater to accommodate lost, damaged or otherwise missing body armor," Spoehr said. "All who need the armor have it, and secondly, Army body armor is the best military body armor in the world. Anything you could procure commercially would not be as capable."

The Army began reimbursing Soldiers Nov. 21 up to \$1,100 for any single item such as protective body armor, combat helmets, ballistic eye protection, hydration systems, summer-weight gloves, and knee and elbow pads.

A Soldier may be reimbursed for the

purchase of a complete outer tactical vest, or for the separately purchased components of an OTV, to include small arms protective insert plates, according to the U.S. Army Claims Service.

Soldiers can also be paid for these items if the items were purchased for them by someone else, such as members of their family.

Current active duty or reserve component Soldiers who seek reimbursement should complete and file a DD Form 2902 with the first field grade commander in their current chain of command.

Soldiers must provide proof of deployment, such as deployment orders or a DD

Form 214 noting deployment, and copies of all receipts or other proof of purchase for the items claimed, and turn in all reimbursable items to their unit at the time the claim is filed.

If Soldiers are not in possession of some or all of the items, they should submit a written statement explaining why the items are not available, officials said.

Former Soldiers and survivors of deceased Soldiers should complete a DD Form 2902 and mail it directly to the U.S. Army Claims Service at the address provided in block 12 of the form. Forms must

See **PROTECTIVE GEAR** on Page 4

## Fort Sam Houston News Leader

This Army newspaper is an authorized publication for members of the Department of Defense. Contents of the News Leader are not necessarily the official views of, or endorsed by, the U.S. government or Department of the Army. It is published weekly by the Army Medical Department Center and School and Fort Sam Houston Public Affairs Office, 1212 Stanley Road, Suite 4, Fort Sam Houston, Texas 78234-5004; (210) 221-0615, DSN 471-0615. Printed circulation is 10,000. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected. The



editorial content of this publication is the responsibility of the director of public affairs. The News Leader is published by Prime Time, Inc., The Herald Newspaper Group, 17400 Judson Road, San Antonio, Texas 78247; (210) 453-3300, a private firm in no way connected with the U.S. government, under exclusive written contract with the Army Medical Department Center and School and Fort Sam Houston Public Affairs Office. The civilian printer is responsible for commercial advertising. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the U.S. Army or Prime Time, Inc., The Herald Newspaper Group of the product or services advertised. Stories and photos for publication consideration may be e-mailed to news.leader@samhouston.army.mil or turned in on a disc accompanied by hard copy, by noon Monday.

Army Medical Department  
Center and School and  
Fort Sam Houston Commander  
Maj. Gen. George W. Weightman  
Garrison Commander  
Col. Wendy Martinson  
Public Affairs Officer  
Phillip Reidinger  
Public Information Officer  
Yolanda Hagberg  
Editor/Writer  
Elaine Wilson  
Staff Writer  
Cheryl Harrison  
Layout Artist  
Lori Newman

# Dr. Martin Luther King Jr. Day

## Post ceremony commemorates champion of civil rights

Story and photos by Elaine Wilson  
Fort Sam Houston Public Information Office

Post leaders, Soldiers and community members gathered to honor civil rights giant Dr. Martin Luther King Jr. at a commemorative ceremony Jan. 12 at the Roadrunner Community Center.

The ceremony included a recitation of King's quotes by Fort Sam Houston Elementary School students, a performance of "Lift Every Voice and Sing" by Staff Sgt. Robin Farland and a rousing speech by special guest Dr. Carey H. Latimore IV, an assistant professor of history at Trinity University and licensed Baptist minister.

Col. Wendy Martinson, U.S. Army Garrison commander, opened the commemoration with a brief tribute to King.

"This day is a time that has come to symbolize the nation's remembrance of the life and works of Dr. King and his

message of brotherhood and nonviolence in promoting social, political and moral change within our society," said Martinson. "There is an everlasting spirit in his words and actions that bear remembrance and repeating, not only on this day, but throughout the year as we strive, as Americans, to live in harmony with our rich cultural diversity."

In his speech, Latimore explained King's vision and urged the audience to listen to King's "prophetic voice."

"The real Martin Luther King was more complex and more deep than we are taught in schools," Latimore said. "As I see a society bankrupt of vision, bankrupt of direction ... we need visionaries such as Martin Luther King."

In today's society, people have gotten to the point where they don't want to look at anything bad, Latimore said.

"When is the last time you saw poverty on TV? Or people struggling? We like to talk about prosperity but we don't like to talk about the other side of life," he said.

As to the progress that has been made, King would say "good," Latimore said. However, "he would also say we have created a neighborhood without the ethical commitment to make it a brotherhood."

"Was the reaction we had to the destruction of New Orleans, the reaction of a neighborhood or a brotherhood?" he asked. "Our society has lost the ideals of creating a brotherhood."

Latimore said King would say, despite the progress, there is still a long way to go.

"Why are we patting ourselves on the back for the progress we have made when so much work has yet to be done? We have so much concern for people in other countries, where



Col. Wendy Martinson, U.S. Army Garrison commander, thanks Fort Sam Houston Elementary School students (from left) Marlene Renz, Sean Deaton, Tavian Bush and Ethan Fleming for their contribution to the Dr. Martin Luther King Jr. commemorative ceremony.



Dr. Carey H. Latimore IV, an assistant professor of history at Trinity University, speaks to the audience at the Dr. Martin Luther King Jr. commemorative ceremony.

is the concern for our own?"

"The majority of people who live (in prisons) are minorities," Latimore said. "Would King say this was a good thing? Would King approve of racial profiling? Would King approve of jury prejudice?"

"If King was alive today, I would imagine he would say that we have lost our ability to love," he said. "King would challenge us to awaken from our comfort zones, love those who are different from us, love those who have hurt us."

Above all, King would encourage people to make a difference, Latimore said.

"One person can move mountains. As you go out of here and commemorate his legacy, think about what you can do. Step out of here with faith in yourself to make change, and help make a society where justice flows like a river and righteousness as an everlasting stream."



Staff Sgt. Robin Farland sings "Lift Every Voice and Sing" Jan. 12 at the opening of the post's Dr. Martin Luther King Jr. commemorative ceremony.

## Briefs cont. . . .

### Retirement ceremony

Fort Sam Houston will honor its January retirees at a consolidated retirement ceremony Jan. 26 at 7:45 a.m. at MacArthur Parade Field.

### BAMC driveway closure

The Brooke Army Medical Center Main Bed tower entrance driveway is closed for construction through Friday. The Main Bed tower entrance doors and walkway are still available for use.

### BAMC parking lot closure

Parking lot A, south entrance at Brooke Army Medical Center, is closed to ensure the safety of BAMC visitors and patients during the construction of the Center of the Intrepid. Drivers should be vigilant and drive slowly in lot A due to an increase of pedestrian traffic.

### Ammunition supply closures

The Fort Sam Houston Ammunition Supply Point will be closed on the following dates for inventory in 2006: March 27 to 31, June 26 to 30 and Sept. 11 to 15. For emergency requests, call 221-1065 or 669-5173.

## Pacific commander thanks wounded warriors

Story and photo by Nelia Schrum  
Brooke Army Medical Center

Five Soldiers who sustained injuries while deployed to Iraq were honored at a Jan. 10 Brooke Army Medical Center Purple Heart ceremony.

Lt. Gen. John M. Brown III, who commands U.S. Army Pacific Command, awarded the medals for injuries sustained in the Global War on Terrorism to Sgt. Daniel Casara and Spcs. Geoffrey Beatty, Charles DuPree, Robert Buck and Andy Martinez.

"I am thrilled, honored and humbled to be in the presence of these heroes and to honor them for their sacrifices," he said. "The Purple Heart is a physical symbol of an investment in the United States of America." Brown also thanked the hospital staff for their commitment to restoring injured service members to health.

Casara, an Army National Guard Soldier who hails from Chicago, Ill., sustained bilateral fractures and a right hip dislocation Sept. 23, when an improvised explosive device hit his armored personnel carrier.

Beatty and DuPree both suffered burn injuries Oct. 29 when their Humvee was



Five Soldiers injured in the Global War on Terrorism while deployed to Iraq are honored for their sacrifices at a Jan. 10 Brooke Army Medical Center Purple Heart ceremony. The Purple Heart recipients are (from left) Spc. Charles DuPree, Sgt. Daniel Casara, Spc. Robert Buck, Spc. Geoffrey Beatty and Spc. Andy Martinez.

hit by an IED. Both Army National Guard Soldiers were assigned to the 3rd Infantry Division.

Wounded in Mosul, Iraq, May 22, Buck also sustained burn injuries from an IED while he was conducting route

clearance operations.

Texas native Martinez, who normally works in personnel administration, received his medal for orthopedic and shrapnel injuries he suffered in September from an explosion while conducting convoy sweeps.

# Tax Assistance Center is open, ready to assist

With people still recovering from the holiday season, another, more dreaded season at hand — tax season.

Almost all Soldiers must file a federal income tax return, and many should receive a refund. Most Soldiers also must file a return in their state of domicile (state of legal residence).

Although tax forms can be confusing, assistance at Fort Sam Houston is readily available. Each company-sized unit has an officer or a senior NCO appointed as the unit tax adviser. UTAs received tax training from the Internal Revenue Service and are the Soldier's first point of contact for tax forms and tax preparation assistance.

Soldiers may go to the Tax Assistance Center for tax forms, preparation assistance and electronic filing, which is much quicker than mailing returns. Commercial tax preparers often charge more than \$50 for electronic filing. With a free electronically filed return from the Fort Sam Houston Tax Assistance Center, refunds are typically generated within seven to 10 business days.

Although many off-post tax preparers offer "instant" or "rapid" refunds, this service is actually a loan against tax refunds. First, people pay the preparation fee, which can range from \$50 to \$100, then, the service fee for the "instant" loan against the refund, which can be between \$25 and \$30. Finally, the tax preparers charge bank fees, or interest, against the "refund" amount. Thus, the fees charged on these "instant" refunds can equal an annualized interest rate of about 450 percent.

The earlier people file their tax return, the sooner they will receive their tax refund, if eligible. People can file their

return after they receive all tax documents, including W-2s, any 1099s and other tax documents. People who had more than one employer in 2005 will need a W-2 form from each employer. Army W-2 forms will be posted on the My Pay Web site by Saturday; visit <https://mypay.dfas.mil/mypay.aspx>. People should ensure they have all tax documents before making an appointment.

The deadline for filing 2005 federal tax returns is April 15. Federal tax regulations now allow an automatic six-month extension to file using a single form, Form 4868. This replaces the two-step process under which an automatic extension was only allowed for four months, generally until Aug. 15. However, taxpayers must still pay any owed taxes by the April 15 deadline. If late, people will owe interest and penalties on the unpaid amount.

Military members stationed outside of the United States can qualify for an automatic extension of time until June 15 without filing a Form 4868. This applies to people who live outside the United States and whose main place of business or post of duty is outside the United States. It also includes people in the military or naval service on an assigned tour of duty outside the United States for a period that includes the due date of the return. People who take advantage of this extension won't incur penalties, but will be charged interest on any amount not paid by the regular due date until the date the tax is paid.

People who are serving in a combat zone automatically qualify for a 180 day filing and payment extension calculated from the date of arrival back from the

combat zone. Also, if in the combat zone during tax filing time from January through April, add that amount of time to the automatic 180 days. During the extended time, people will not accrue interest or penalties.

People who did not receive tax forms or have questions about completing their returns, should contact their UTA or the Tax Assistance Center.

For more information or an appointment, call the Tax Assistance Center at 295-1040 or 295-0061, or visit the center at Building 133, 2420 Liscum Road, behind the SJA building. The Tax Assistance Center is open Mondays, Wednesdays and Fridays from 9 a.m. to 5 p.m., Tuesdays and Thursdays from 9 a.m. to 9 p.m. and Saturdays from 9 a.m. to 1 p.m.

People can park behind the Tax Assistance Center at the Benner Barracks; handicapped parking is in front of the JAG office on Stanley Road, with a side entrance ramp for access.

The BAMC Satellite Office, located on the fifth floor, will be open Monday to

Friday from 9 a.m. to 5 p.m. For appointments, call 916-7852.

For more tax information, visit the IRS Web site at <http://www.irs.gov>. Watch future issues of the News Leader for tips on tax filing.

(Source: Tax Assistance Center)



Photo by Olivia Mendoza

Col. Karen Judkins, staff judge advocate; Capt. Katherine Evans, Tax Assistance Center officer in charge; Maj. Gen. George Weightman, installation commander; and Capt. Jennifer Droz, 1st Legal Support Office, cut the ribbon Wednesday at the grand opening of the Tax Assistance Center. The center is located in Building 133A, 2420 Liscum Road, behind the Judge Advocate General building.

## Harris Heights

Continued from Page 1

community with parks and playgrounds," said Stuart Seal, director of Marketing and Business Development for Galaxy Builders.

The first 40 houses will be ready for occupancy by the end of March or early April.

"Once the first 40 houses are complete, they will be occupied. Then the next phase continues within a fenced area for safety," Seal said.

"Many Soldiers are finding alternate

housing now, but the new housing will make a big difference," said Col. Wendy Martinson, U.S. Army Garrison commander, during her site visit Jan. 11. "I appreciate all the efforts that are being made for our Soldiers."

The recent warm, dry weather made the progress of construction move along according to schedule. "I also understand that there have been no safety mishaps. That is wonderful. Thank you for being so conscientious and thinking about the needs of our Soldiers," Martinson said.



Photo by Cheryl Harrison

Command Sgt. Maj. Pedro Class (right) and Ray Ferland (left) discuss future homes sites for Harris Heights from an unfinished home's porch.

## SecArmy

Continued from Page 1

"Today we do have the command established and we continue to develop policies and procedures," Clark said. "But, we learned a lot from (Hurricanes) Katrina, Wilma and Rita."

From those lessons, Clark explained, his staff continues to develop manning plans, training programs and equipment needs to ensure the structure of Fifth U.S. Army/ARNORTH exactly meets the demands of its Defense Support to Civil Authorities and Homeland Defense missions.

To accomplish these missions, Fifth U.S. Army/ARNORTH will maintain two operational command posts that are ready to deploy in response to emergencies throughout the United States. Training exercises planned over the next several months will test the capabilities of these command posts.

The command has also created positions for defense coordinating officers

within each of the 10 FEMA regions nationwide. These officers serve as liaisons in coordinating state and federal requests for military support with USNORTHCOM.

Civil support missions include domestic disaster relief operations that occur during wild fires, hurricanes, floods and earthquakes. Support also includes managing the consequences of a terrorist event employing a weapon of mass destruction. During such an emergency, Fifth Army/ARNORTH provides assistance to a primary federal agency such as FEMA, when tasked by the Department of Defense through USNORTHCOM.

Under its new organization, Fifth Army/ARNORTH is also responsible for training and readiness oversight of certified Civil Support Teams. Twelve of these teams are being organized within the National Guard to provide personnel trained in search and rescue, response to weapons of mass destruction or biological weapons attacks, as well as other specialized capabilities.



Courtesy photo

Secretary of the Army Dr. Francis J. Harvey (seated right) and Veterans Affairs Secretary, the Honorable Jim Nicholson (seated left) listen as Col. Tom Smith, Fifth U.S. Army/Army North surgeon, explains the command's capabilities for medical support during emergencies.

# Six new officers enter Army Nurse Corps

Story and photo by Cheryl Harrison  
Fort Sam Houston Public Information Office

Six enlisted Soldiers were commissioned to the rank of second lieutenant through the Army Medical Department Enlisted Commissioning Program Friday.

The AECP provides eligible active duty Soldiers the opportunity to complete a bachelor's degree in nursing, become a registered nurse and be commissioned in the Army Nurse Corps.

The program was initially approved for Soldiers in the 91C practical nurse career field, but in 1994, the program opened up to all Soldiers regardless of career field. Currently, a maximum of 75 Soldiers may be funded annually to participate in the AECP program.

The morning's ceremony began with an invocation by Capt. Chris Edwards and welcome and introductions by Col. Bradley D. Freeman, 32nd Medical Brigade commander. Col. Pat A. Patrician, chief, department of nursing science,

Academy of Health Sciences, brought words of encouragement and congratulations to the commissionees.

"The most noble of all professions is nursing," Patrician said. "It is an awesome honor, to care for those who entrust you with their health needs.

"We have the only organization requiring a four-year baccalaureate degree, with one third of the profession holding a master's degree, and 1 to 2 percent that have gone on to receive their Ph.D.s," Patrician said.

The ceremony culminated with Patrician presenting the oath of office and commissioning the newly appointed officers.

Receiving the oath were Sgt. Gabriel Beltran, Spc. Kristina Jacobs, Sgt. 1st Class Consuelo N. Reed, Sgt 1st Class

Joyce Angelina Rosado-Hughes, Staff Sgt. Patrick B. Simon and Sgt. 1st Class Consuelo V. Whitehurst.

After the pinning on of rank, family members were allowed to come forward and congratulate the new Army officers.



Col. Pat Patrician gives the oath of office to six newly commissioned officers during a ceremony Friday.

## December survey of the month

Alice Orta

## December yards of the month

822 Patch  
6460-B Calugas Court  
406 Dickman  
12 Staff Post

## December decorations of the month

2700 Marvin R. Wood  
5200 Barkley Circle  
471 Wheaton  
177 Artillery



## January survey of the month

Kristin Fardella

## January yards of the month

2900 Marvin R. Wood  
4901-B Ashby Circle  
415 Dickman  
623 Infantry

## Protective gear

Continued from Page 2

be accompanied by copies of proof of deployment and proof of purchase, and the items for which reimbursement is sought. Shipping costs for delivering items to the Claims Service are compensable and can be noted on the DD Form 2902.

Eventually, the Army will have enough sets of armor to become a normal issue item, even in the United States. The goal is to have 800,000 sets by second quarter

2006, officials said.

"The Army has fielded roughly 700,000 sets of Interceptor Body Armor as of today," Spoehr said. "We are meeting all our established goals."

Claimants can download a printable DD Form 2902 at [www.jagc-net.army.mil](http://www.jagc-net.army.mil) under "Client Services and Links." For more information, call (301) 677-7009, ext. 431. All claims must be filed by Oct. 3.

(Note: Army News correspondent John Reese contributed to this article.)

# Top medical administrator attains first star

By Jerry Harben  
U.S. Army Medical Command

One of the Army's top medical administrators was promoted to brigadier general Friday at the Fort Sam Houston Golf Club.

Brig. Gen. David A. Rubenstein is the Army's assistant surgeon general for force sustainment. In this position he supervises logistics, health care contracting, installations, facilities and information management for Army medical units.

Rubenstein, who has 28 years of service in the Army, commanded the 30th Medical Brigade and was the V (U.S.) Corps command surgeon in Heidelberg, Germany, before his current assignment.

He previously commanded Landstuhl Regional Medical Center in Germany; the 21st Combat Support Hospital at Fort Hood, Texas; Task Force Medical Eagle in Bosnia and Herzegovina; the 18th Surgical Hospital (MASH) at Fort Lewis,

Wash.; and Headquarters Company, 307th Medical Battalion (Airborne), 82nd Airborne Division at Fort Bragg, N.C.

Lt. Gen. Kevin C. Kiley, Army Surgeon General and Medical Command commander, presided over the promotion ceremony. He said Rubenstein's repeated selection for command positions is evidence of his "proven performance and exceptional potential." As further evidence of Rubenstein's exceptional ability, Kiley said this is the first time in his memory when two officers of the Army Medical Service Corps have held brigadier general rank at the same time. Brig. Gen. Sheila Baxter, chief of the Medical Service Corps, was among some 300 people present at the ceremony.

"We are an (Army Medical Department) at war. We desperately need to mentor and reward young Soldiers and leaders," Kiley said.

Rubenstein thanked many people who have helped him in his career, but made

special mention of a chair at the front of the room, containing a single yellow rose, which he said represented military service members in combat.

"I recognize it is our Soldiers on the battlefield for the last 230 years that allow us to be here," he said.

In addition to command positions, Rubenstein's other assignments have been with the 3rd Medical Battalion, 7th Infantry Regiment;



Photo by Ed Dixon

Lt. Gen. Kevin C. Kiley (left), Army Surgeon General and Medical Command commander, congratulates Brig. Gen. David A. Rubenstein, Army assistant surgeon general for force sustainment, after his promotion, as Patricia Rubenstein observes.

Eisenhower, Madigan, and Beaumont Army Medical Centers; DeWitt Army Community Hospital; the Office of The Surgeon General; Europe Regional Medical Command; and the Army Medical Department Academy of Health Sciences.

He is a graduate of Texas A&M University and the Army War College. He earned a master's degree in health administration from Baylor University and a master's degree in military art and science (history) from the Army's Command and General Staff College.

Among his awards and decorations are the Department of Defense Legion of Merit, Army Meritorious Service Medal, Army Commendation Medal, Army Achievement Medal,

Armed Forces Expeditionary Medal, Humanitarian Service Medal, NATO Medal, Overseas Ribbon, Military Outstanding Volunteer Service Medal, Army Superior Unit Award and German Proficiency Badge (Gold).

Rubenstein also has earned the Expert Field Medical Badge, Master and Canadian Parachutist Badges, Ranger Tab, German Marksmanship Badge, Army Staff Identification Badge, The Surgeon General's "A" professional proficiency designator and German Sports Badge.

He is listed in four Who's Who publications and has been included in Modern Healthcare's 2003 and 2004 lists of the 100 most influential people in health care.

Rubenstein is a board-certified health-care executive and has attained Fellow status in the 30,000-member American College of Healthcare Executives.

He has authored professional articles, has two books on military medical history in progress and has served as a book reviewer in such professional military journals as Military Review, Army and Military Medicine.

**WOULD YOU LIKE TO LIQUIDATE YOUR CREDIT CARD DEBT?**

**IT CAN HAPPEN.**

The Financial Readiness Program at Army Community Service offers this service. For more information, call 221-1612.



**ICE**

**Have feedback for a post customer service provider?**

Go to the Interactive Customer Evaluation Web site at <http://ice.disa.mil> and voice your opinion today.

# Army revises infant sleep position practices

By Margaret McKenzie

U.S. Army Community and Family Support Center Public Affairs

**ALEXANDRIA, Va.** — The U.S. Army Community and Family Support Center has revised infant sleep position strategies in Child and Youth Services programs, including Family Child Care homes, to help reduce the risk of sudden infant death syndrome.

“We are continuing to raise awareness about SIDS, not only for CYS staff and FCC home providers, but also for families,” said Maryalice Howe, CFSC Child Development Center program manager. “It is important that those interested, involved and caring for infants understand this prevention information.”

SIDS claims the lives of nearly 3,000 infants a year in the United States. Babies less than 1-year-old may appear healthy when they go to sleep and then, for no apparent reason, SIDS strikes.

“SIDS can’t be predicted, but steps can be taken to reduce the risk and ultimately save babies’ lives,” Howe said.

Army CYS embraces caregiving practices that raise awareness about SIDS.

“For years, the Army Child and Youth Services programs have participated in the ‘Back to Sleep Campaign’ to prevent SIDS,” Howe said. “One of many CYS preventive measures has been to support and involve families in risk prevention by requiring parents of infants in Army Child and Youth Services programs to sign infant sleep position agreements highlighting the importance of infant safe sleep practices.”

The American Academy of Pediatrics recently released new guidelines on preventing SIDS. Army CYS has directed its programs to update SIDS policies and procedures. The update includes reviewing all infant sleep position agreements to ensure requirements are met.

“CYS programs also are required to provide mandatory on-the-job training to caregivers and Family Child Care providers to further raise people’s awareness and to ensure safe infant sleep practices,” Howe said. This training must be documented on annual training plans.

Infant sleep position recommendations include:

- Place infants on their backs to sleep and at naptime.
- Side sleeping is no longer recognized as a reasonable alternative to sleeping on the back. This position has been found to be unstable. It increases

See **INFANT SLEEP** on Page 8

# Good habits create safer work environment

By Jonathan Moore

Marine Corps Logistics Base

**BARSTOW, Calif.** — Great progress in injury prevention has been made over the years in occupational safety and health, yet there are still on-the-job injuries. As health care costs continue to rise, so do the Federal Employee Compensation Act costs that each installation must pay. The cost is not only in workers’ compensation but also in lost productivity, medical care and administrative expenses.

With good work habits people can anticipate, identify, assess and control risk in the workplace.

Good work habits start with understanding and following the safety rules and standards in a consistent manner. People should also be safety watchers for their co-workers and speak up if they see an unsafe act occur. People should let their supervisor, safety committee representative or collateral duty safety officer know if a person, work process or shop condition is unsafe.

Workers’ Compensation reports that more than 90 percent of accidents are of a recurring nature. This shows that most accidents are avoidable if good work habits are followed. The following are tips to help develop safe work habits:

**Hazard recognition** — By constantly being on the lookout for hazards, people can enhance their own safety. In watching for hazards, consider not just the obvious, but also hazards which might suddenly appear through another person’s action or a chain of unusual circumstances.

Whenever a hazard is detected, report it.

**Avoid indifference** — People may know the right way to do their particular job, but just ignore procedures. Indifference on the job can lead to trouble and accidents.

**Eliminating daredevil behavior** — Most people have tried out a daredevil stunt or taken a chance. How about standing on the top rung of a ladder? Most people know that is a safety hazard, but do it anyway. Eliminating daredevil behavior is another human factor that can prevent injury on the job and at home.

**Setting a good example** — Think about how actions at work and at home may affect the attitudes of others. If a veteran employee follows the safety rules, then the newer employee may follow their lead. But, if people condone the unsafe acts of others, then that behavior may become the “culture” of the company.

**Avoid impulsiveness** — Haste is a trait that often leads to accidents. People are using their time foolishly if they don’t take the time to be safe.

**Control impatience** — If people let their emotions get out of control, an accident can easily occur. Statistics prove that on-the-job violence is on the increase in this country. There should be programs in place to identify potential problems before tempers get out of control, as well as programs to offer avenues of help to employees.

**Proper training and instruction** — Job training and safety go hand in hand. While the supervisor is responsible for training, each employee must be responsible to ask questions if instructions are not clear or if there are any doubts about procedures. Unfortunately, some experienced employees may be so familiar with their jobs that they become inattentive, and this too is hazardous.

Ultimately, the responsibility for developing safe work habits belongs to every employee.

For more information or for assistance in improving workplace safety, call Guadalupe Gomez, installation safety director, at 221-3866.

## Post Pulse: What do you plan to do with your pay raise?



"I am going to put more into my Thrift Savings Plan."

Larissa Hill-Mitchell



"I'll possibly invest it in a piece of property when I go back home."

Pvt. Jena Harris



"After taxes it's not going to be that much, but I'll probably increase the (percentage) contribution to my Thrift Savings Plan."

Reginald King



"I'll use it for PCS-related expenses and to stay in touch with my family."

Pvt. Samuel Kuehmichel



"To help out with college tuition expenses."

Mary Ellen Stevens

## Sports Briefs . . .

### Intramural Sports

Spring intramural sports begin in February. Send letters of intent to Earl Young, 1212 Stanley Road, Building 124, Suite 20, Fort Sam Houston, TX 78234.

### Flag Football

Letters of intent are due Feb. 6; coaches meeting is Feb. 14 at 1 p.m.; and the season begins Feb. 21.

### Racquetball

Letters of intent are due Feb. 6; coaches meeting is Feb. 13 at 1 p.m.; and the season starts Feb. 21.

### Soccer

Letters of intent are due Feb. 2; coaches meeting is Feb. 7 at 1 p.m.; and the season begins Feb. 13. Coaches meetings are held at the Jimmy Brought Fitness Center. For more information, call 221-1180 or 221-1234 or e-mail Earl.Young@samhouston.army.mil.

### Softball tryouts

Post softball tryouts for men and women are from Jan. 31 to Feb. 4 at 6:30 p.m. (rain dates are Feb. 7 to 11). Men practice at Leadership Field, and women practice at Lady Leadership Field. For more information, call Earl Young at 221-1180 or e-mail earl.young@samhouston.army.mil.

### Intramural billiards

Season starts today. For more information, call 221-1180 or e-mail earl.young@us.army.mil.

### Ten Star All Star basketball camp

Applications are being evaluated for the Ten Star All Star Summer Basketball Camp. The camp is by invitation only for boys and girls ages 10 to 19. College basketball scholarships are available for players selected to the All-American team. For more information, call (704) 373-0873.

## Web 'phishers' bait unwary users

By Jennifer Downing  
Army News Service

WASHINGTON, D.C. — Thieves may be phishing for your personal information. If you're not vigilant, you could become one of more than 2.3 billion people who fell victim to this growing trend on the Internet last year.

Users of Army Knowledge Online are just as susceptible to phishing scams and should take precautions to protect their information and identity just as members of other Web portals such as America Online and Yahoo, said AKO chief of operations, Lt. Col. Kenneth Blakely.

"Phishing is an attempt by someone to capture your credentials, your user ID and password, so they can impersonate you on the Web," said Blakely. "This has become one of the easiest ways for them (phishers) to get access to resources they shouldn't have access to."

### How they trap you

The newest trigger being used to steal your information takes the form of an official-looking e-mail asking recipients to update their account or billing information.

Blakely said the biggest phishing threat for the Army is when a user is linked to a site that is similar to AKO, but is a replica. Because users are familiar with the site, they would proceed without caution and enter their information.

"When you go to login, they have captured your information," said Blakely. "Phishing is much easier for them than trying to crack into it (AKO) with hacking tools."

### Protect yourself

How can you protect yourself from being phished out of the pond? Blakely said people should be careful about who is authorized to view their information on AKO.

"It is critical that AKO users take the time to configure their AKO accounts so their data is only presented to the people it should be presented to," he said.

It is important that all users look at the location bar when logging into their accounts. The secure version of the Web site is <https://www.us.army.mil>; anything else is not a true AKO address.

Blakely said AKO administrators are working to protect user's information.

"Our best line of defense is updating the system so a user can login with a (common access card) and will only be able to change a password or open a guest account using a CAC," he said.

The times they are a changing, but with change needs to come awareness and alertness.

"AKO, while it is a great tool for the Army, it is not unique in the Web world," said Blakely. "We do represent the U.S. Army. We get attention on the Web that others don't get. We need to keep that in mind."

## Infant sleep

Continued from Page 7

the risk of infants rolling over on their stomachs.

- Exceptions requested by a child's physician due to a medical condition are still permissible with detailed, written instructions by physicians.

Along with placing infants to sleep on their backs, AAP recommends several other measures to help prevent the risk of SIDS:

- Use a firm crib mattress covered by a sheet.
- Remove soft objects and loose bedding from cribs (such as pillows, quilts, comforters and stuffed toys).
- Dress infants lightly. The room temperature should be comfortable to a lightly clothed adult.
- Place infants with their heads to one side for one week and then change to the other side to prevent misshaping of the baby's head.
- Avoid extensive time in a car seat carrier or bouncer to ensure upper body muscle development.
- Place infants on their tummies for play time out of the crib when infants are awake and someone is watching them. This helps ensure infants devel-

op upper body muscle. It also supports normal development through listening, observing and interacting with others.

FCC providers caring for infants in home environments should follow these practices:

- Avoid exposing infants to second-hand smoke.
  - Avoid placing infants on pillows, waterbeds, sofas or soft mattresses.
  - Avoid using commercially marketed "SIDS devices" as a way to reduce the risk of SIDS. There is no evidence that the use of such products reduces the risk.
- "CYS, through its preventive strategies and with help from caregivers, Family Child Care providers and parents will continue to help reduce the risk of SIDS," Howe said.

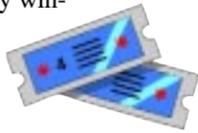
For more information about SIDS, visit

AAP at [www.aap.org](http://www.aap.org),  
Healthy Child Care  
America at [www.healthchildcare.org](http://www.healthchildcare.org) or the  
National Institutes of  
Health Back to Sleep  
campaign at [www.nichd.nih.gov/sids/sids.cfm](http://www.nichd.nih.gov/sids/sids.cfm).

## Recreation and Fitness

### Win free San Antonio Stock Show and Rodeo tickets

MWR will award several lucky winners rodeo ticket packs at the Jimmy Brought Fitness Center, Bowling Center and Golf Club. Each pack includes two grounds admission, two tickets for the Stock Show and Rodeo Feb.10 or Feb.17 and one \$20 voucher for the carnival. For a chance to win tickets, stop by these facilities before Jan. 31. Discount tickets can also be purchased at the MWR ticket office. For more information, call 226-1663.



### Canyon Lake trailer renovations

The Fort Sam Houston Recreation Area at Canyon Lake will continue to have trailers available for rent until Feb. 28. After this time, the trailers are scheduled for renovation and construction. More information on the availability of future reservations will be available at the end of March. Only mobile homes will be affected by this construction; the marina, cabanas and beach will not be affected. For more information, call (830) 226-5357 or (888) 882-9878.

### Water safety instructor course

If interested in becoming a swim instructor, sign up now for a six session course that begins Friday. Participants will receive Red Cross certification upon completion. The cost is \$175 and includes a book and materials. No military ID is required. For more information, call 295-8861 or 221-1234.

### Get fit

Stop by the Jimmy Brought Fitness Center to participate in one of the heart-pounding aerobics classes such as kick-boxing, karate, cardio step, body sculpture, seniors' fitness, super abs, stretching and cycling. For more information, call 221-2020.

### Intramural sports

People interested in a team sport should consider joining an intramural/varsity sports league. Participation in intramural sports enhances individual morale and unit esprit de corps, promotes teamwork and encourages individuals to reach high levels of physical fitness. For more information or to join, call 221-1180.

### 3-D archery at Camp Bullis

The next archery shoot is Jan. 28 and 29. Check-in is from 8 to 10 a.m. This competitive shoot includes 30 3-D animal targets placed at unknown distances ranging from 10 to 40 yards in woodland settings. Awards are given to the top three in each class. The cost is \$15 per person. Minis and cubs shoot free with a paid adult, and a playground is available for younger children. For more information, call the Camp Bullis Outdoor Recreation Office at 295-7577.



## Dining and Entertainment

### Sam Houston Club, 224-2721

#### Newcomers' Extravaganza

The Newcomers' Extravaganza will be Jan. 31 from 9:30 to 11 a.m. at the Sam Houston Club. This event is mandatory for all permanent party military members E-1 through O-6 within 60 days of arrival to Fort Sam Houston. Everyone who attends the extravaganza will receive a voucher for a \$4.95 lunch at the Sam Houston Club following the event. For more information, call Alicia Tyson at 221-2705 or 221-2418.

#### Sunday brunch

The next Sunday brunch is Feb. 4 from 10 a.m. to 1:30 p.m. The cost is \$11.95 for members, \$13.95 for non-members, \$6.95 for children ages 6 to 11 and free for children 5 and under. For more information, call 224-2721.

#### New family-style brunch

The Sam Houston Club will offer an updated Sunday brunch Feb. 19 from 10 a.m. to 1:30 p.m. The family-style brunch features an international food station, champagne fountain, chocolate fondue fountain and children's food station. The cost is \$11.95 for members, \$13.95 for non-members, \$6.95 for children ages 6 to 11 and free for

children 5 and under. For more information, call 224-2721.

#### Lunch buffet

The Sam Houston Club features an "All You Can Eat" lunch buffet, which includes beverage, deluxe salad bar, soup and dessert Monday through Friday from 11 a.m. to 1 p.m. The cost is \$5.95 for members and \$6.95 for non-members.

#### Bingo

Play bingo every Thursday and Friday; doors open at 5 p.m., and Saturday, doors open at 11 a.m. Youth 10 and older may play when accompanied by an adult. There is a free buffet for all bingo players.

### Bowling Center, 221-3683

#### Bowl-A-Jam



Bowl-A-Jam is Saturdays from 7 to 10 p.m. The cost is \$8 per person, which includes shoes and one order of fries per lane. Stop by for music and fun. For more information, call 221-3683.

### Golf Club, 221-4388

#### January special on golf lessons

Get 10 lessons for only \$150. Open to men and women of any level of experience. To register, call 355-5429.



### Harlequin Dinner Theatre

"Black Coffee," a mystery by Agatha Christie, is on stage through Feb. 18. Prices are \$26.95 Fridays and Saturdays and \$23.95 Wednesdays and Thursdays. There are discounts for military. Doors open for salad bar and cocktails at 6:15 p.m., the buffet is served from 6:30 to 7:30 p.m. and the show begins at 8 p.m. For reservations, call the Harlequin Dinner Theatre at 222-9694.

### MWR Ticket Office at Sam Houston Club

Discounted tickets for the San Antonio Stock Show and Rodeo are on sale. The rodeo runs Feb. 3 to 19. Also, Disney and Universal Studios season passes are on sale. Tickets for Laser Quest in San Antonio are \$6.50 and a family fun pack for five is \$32.50. For more information, call the ticket office at 226-1663.

## Child and Youth Services

### Youth Services registration

Youth Services registration will be Mondays through Fridays from 8 a.m. to 5 p.m. at the Roadrunner Community Center, Central Registration, Building 2797, Stanley Road. To register, parents need to bring current shot records, name and telephone number of two local emergency contacts, physical exam or well baby check completed within the last 12 months with physician's signature affixed, child's Social Security number and proof of total family income such as a current leave and earnings statement or pay stub. There is an \$18 annual registration fee per child, maximum \$40 per family of three or more registering participants. For more information, call Roxanne Lacy at 221-4871 or Arlene Alvarez at 221-1723.

### Youth Services volunteers

Youth Services is looking for volunteers to assist with youth programs such as golf, roller hockey, tennis, computers and arts and crafts. Volunteers with typing or filing skills are needed for the administrative office. Parents and teens can also volunteer to help in the concession stands Saturdays during football season. For more information, call the Youth Center at 221-3502.

### Free after-school program

Youth Services offers a free after-school program for sixth to 10th graders Monday through Friday until 6 p.m. YS will pick up children from the school (either the elementary or the high school). At the Youth Center, they will have a snack, work on homework, participate in clubs and do fun, innovative projects at the 4-H club, photography club and the computer tech club. Youth must be registered with Child and Youth Services. The annual fee is \$18, but there is no cost for the program. For more information, call 221-3502 or 221-4871.

### Basketball registration



Basketball registration is ongoing. Players and coaches are needed. For more information, call the Youth Sports Office at 221-5513.

### Youth baseball registration

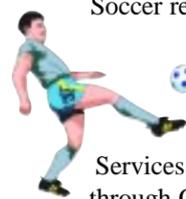
Registration for youth baseball will be Jan. 30 through Feb. 27 from 8 a.m. to 5



p.m. at the Roadrunner Community Center, Central Registration, Building 2797. Registration will be on site at Youth Services from Feb. 27 through March 3 from 11 a.m. to 7 p.m. To register, parents must pay a \$45 activity baseball fee and bring updated immunizations for fifth graders and below, sports physical and a current leave and earnings statement. All participants must have a current

Child and Youth Services membership.

### Soccer registration



Soccer registration is ongoing until Jan. 31. Military-affiliated participants will need to have a Child and Youth Services membership available through Central Registration. For more information, call the Child and Youth Services at 221-1725.

### Cooking classes

The Youth Center offers cooking classes Fridays from 5 to 6 p.m. For more information, call 221-3502.

### Parent Advisory Council meeting

The Child and Youth Services Parent Advisory Council will meet Feb. 21 from 11:30 a.m. to 12:30 p.m. at the Child Development Center. Lunch will be provided. All CYS patrons are encouraged to attend. This is an opportunity to meet staff, learn of upcoming events and attend parent education opportunities.

### Family Child Care Online

Family Child Care Online is a marketing tool that allows parents to take a virtual tour of FCC homes. In addition, parents can read about the provider's philosophy of care, hours of operation and background. This online tool can be accessed through the Child and Youth Services

Central Registration office, Building 2797, from 8 a.m. to 4:30 p.m.

### Part-day preschool program

Patrons interested in the part-day preschool program at the Child Development Center can call Central Registration at 221-4871 or 221-1723. Preschool is from 9 a.m. to 2 p.m. Monday through Friday. Fees are based on total family income.

### Home-based child care

Family Child Care offers home-based child care for ages 4 weeks to 12 years on and off post with certified providers. FCC offers full-day, part-day, before- and after-school care, hourly care, extended hourly care and long-term care. For referral information or child registration, call Central Registration at 221-4871 or 221-1723.

### FCC providers

Family Child Care is looking for family members interested in becoming certified FCC providers. There is a no-cost start-up plan. For more information, call 221-3820 or 221-3828.

### CDC waiting list

To remain on the waiting list for the Child Development Center, parents are advised to check their status every 90 days. To check status, call the Child and Youth Services Central Registration office at 221-1723 or 221-4871.

## Fort Sam Houston Independent School District

Weekly Calendar – Monday to Jan. 28

### Fort Sam Houston Elementary School

*G.A.T.E. testing*

#### Wednesday

Early dismissal – kindergarten to fourth grade, 2 p.m.  
Early dismissal – fifth and sixth grade, 2:45 p.m.  
Public hearing to discuss 2006-2007 school year calendar in Professional Development Center, 4:30 p.m.

#### Jan. 26

Fort Sam Houston ISD school board meeting and annual performance report public hearing in Professional Development Center, 11 a.m.  
Mentor dinner "Western Roundup," 5 p.m.

#### Jan. 27

Parent Teacher Organization board meeting, 10 a.m.  
Spirit day

### Robert G. Cole Jr./Sr. High School

#### Tuesday

Seventh and 11th grade writing Texas Assessment of Knowledge and Skills test (state mandated) field test  
Seventh to 12th grade State-Developed Alternative Assessment test (state mandated) and Locally Determined Alternate Assessments test  
Girls' basketball vs. Blanco in Moseley Gym, 5 and 6:30 p.m.

Boys' junior varsity basketball vs. Blanco at Jimmy Brought Fitness Center, 5 p.m.

Boys' varsity basketball vs. Blanco in Moseley Gym, 8 p.m.

Girls' soccer at Feast School, 4:30 p.m.

#### Wednesday

Boy Scout meeting in cafeteria, 5:30 to 8 p.m.  
Seventh to 12th grade SDAA and LDAA test

#### Jan. 26

FSHISD school board meeting and annual performance report public hearing in Professional Development Center, 11 a.m.

#### Jan. 27

Girls' basketball at Comfort, 5 and 6:30 p.m.  
Boys' basketball at Comfort, 5 and 8 p.m.

District championship swim meet-Palo Alto, TBA

#### Jan. 28

District championship swim meet-Palo Alto, TBA

# FSH school board to review district performance report

By Dr. Gloria Davila

Fort Sam Houston Independent School District

The Fort Sam Houston Independent School District board of trustees will review the district's Annual Performance Report for the 2004-2005 school year Jan. 26 at 11 a.m. at the Fort Sam Houston ISD Professional Development Center, 1908 Winans Road. The public is invited to attend.

As required by law, a public hearing is held for public discussion of the report. Information contained in the report will be published and disseminated to the public to include the 2004-2005 Academic Excellence Indicator System Report received from the Texas Education Agency, campus performance objectives, the 2004-2005 Violent or

Criminal Incidents Report and a report from the Texas Higher Education Coordinating Board.

The AEIS report comprises student performance and profile sections for the district and campuses. The student performance indicators include passing rates for the Texas Assessment Knowledge and Skills and the State Developed Alternate Assessment, test participation rates, attendance rates, and completion and dropout rates.

Additionally, other indicators include percent of high school students completing an advanced course, percent of graduates completing the Recommended High School Program, Advanced Placement examination results and college entrance examination participation and scores. The profile section of the

AEIS report contains information on the district and campus educational programs, personnel and finances. The entire report can be found on TEA's Web page at <http://www.tea.state.tx.us/perfreport/aeis/>.

The report on Violent or Criminal Incidents includes a statement of the number, rate and type of violent or criminal incidents that occurred on each campus, information concerning school violence prevention and intervention policies, and evaluation results conducted under the Safe and Drug Free Schools and Communities Act.

The THECB report includes information about student performance in post-secondary institutions during the first year enrolled after graduation from high school.

### Board of trustees meeting

The Fort Sam Houston Independent School District board of trustees will meet at the Fort Sam Houston ISD Professional Development Center, 1908 Winans Road, for a regular meeting Jan. 26 at 11 a.m.

## High School News

# Cole senior makes all-state band

By retired Lt. Col. Robert Hoffmann

Robert G. Cole Jr./Sr. High School

Luis D. Maldonado, a member of the Cole High School band, was selected to the 2006 Association of Texas Small School Bands All-State Band.

He was chosen for this honor after competitive auditions held throughout the state at region and area levels. Maldonado plays the tenor saxophone at school under the direction of Jon Philippus, Cole High School band director.

More than 9,000 high school band students from across Texas auditioned in 20 different regions for a place in their respective all-region bands. The top chairs in each region advanced to

one of the five area auditions held last weekend across the state, and only 240 of 1,300 students were selected for all-state honors.

Maldonado was selected to the ATSSB All-Region Band in November, along with Quinton Crabb, clarinet; Jake Buchanan, snare drum; and James Phillips, French horn. He was then selected to the area tryouts in Orange Grove, Texas, where he earned a place on the ATSSB All-State Band.

Maldonado, son of Luis and Teofila Maldonado, will graduate in May. Besides band, he is a member of the soccer and swimming teams. He is also active in the Student 2 Student initiative and the Fellowship of Christian Athletes.

## Post Worship Schedule

**Main Post Chapel**, Building 2200, 221-2754

**Catholic Services:**

4:45 to 5:15 p.m. - Confessions - Saturdays

5:30 p.m. - Mass - Saturdays

9:30 a.m. - Mass - Sundays

11:30 a.m. - Mass - weekdays

**Protestant Services - Sundays:**

8 a.m. - Traditional Protestant

11 a.m. - Traditional Protestant

**Jewish Services:** 379-8666 or 493-6660

Fridays: 8 p.m. - Worship and 8:30 p.m. - Oneg Shabbat

**Dodd Field Chapel**, Building 1721, 221-5010 or 221-5432

**Catholic Services:** 12:30 p.m. - Mass - Sundays

**Protestant Services:**

10:30 a.m. - Collective Gospel Protestant - Sundays

9:30 to 11:30 a.m. - Women's Bible Study (PWOC) - Wednesdays, child care is provided.

**Brooke Army Medical Center Chapel**, Building 3600, 916-1105

**Catholic Services:**

8:30 a.m. - Mass - Sundays

11 a.m. - Mass - Sundays

11 a.m. - Mass - weekdays

**Protestant Services:**

10 a.m. - Worship Service - Sundays

12 p.m. - Worship - Wednesdays

**AMEDD Regimental Chapel**, Building 1398, 221-4362

**Troop Catholic Mass:**

10 a.m. - 32nd Med. Bde. Soldiers - Sundays

**Troop Protestant Gospel Services:**

11 a.m. - 32nd Med. Bde. Soldiers - Sundays

**Troop Protestant Service:** 9 a.m. - 32nd Med. Bde. Soldiers - Sundays

**Samoan Protestant Service:** 12:30 p.m. - Sundays

**FSH Mosque**, Building 607A, 221-5005 or 221-5007

10:30 a.m. - Children's Religious Education - Sundays

1:30 p.m. - Jumma - Fridays

7:30 p.m. - Adult Religious Education - Thursdays

**Evans Auditorium**, 221-5005 or 221-5007

**Mormon Services:** 9:30 to 11:30 a.m. - Sundays

**Installation Chaplain's Office**, Building 2530, 295-2096

**Contemporary service:** 11:01 a.m. - Sundays

**Web site:** [www.samhouston.army.mil/chaplain](http://www.samhouston.army.mil/chaplain)

## Religious Happenings . . .

### **PWOC launches new studies**

The Protestant Women of the Chapel will launch a new semester of Bible studies. The daytime study meets Wednesdays at 9:30 a.m. and the evening study begins today at 6:30 p.m., both at Dodd Field Chapel. Childcare is provided for both studies. For more information, call Carolyn Wafford at 223-3856 or Lois Griffith at 226-1295, or visit the chapel Web site at <http://www.cs.amedd.army.mil/chaplain/Womensministry/>.

### **Fort Sam Houston PWOC retreat**

The Protestant Women of the Chapel will host an annual retreat Feb. 10 through 12 at the T Bar M Ranch in New Braunfels, Texas. All women from the Fort Sam Houston community are invited to attend. Renee Teetsel, a military spouse from Fort Riley, Kan., will speak on sexual purity in marriage. Registrations must be received by Feb. 3. For more information and to register, call Elizabeth Parker at 437-1341.

### **PWOC seeks homeschool moms**

The Protestant Women of the Chapel invite women who homeschool their children to attend PWOC programs Wednesdays from 9:30 to 11:30 a.m. at Dodd Field Chapel. For more information, call Jenifer Sones at 271-3174 or e-mail [jecsones@earthlink.net](mailto:jecsones@earthlink.net).

### **Sermon series**

The 11:01 Crossroads Contemporary Service announces a sermon series called "David at the Crossroads." The sermon series by Chaplains Yvonne Hudson and Darin Olson will search the scriptures for the turning points in the life of the Old Testament prophet. The children's church program, grades kindergarten through sixth, is ongoing during Sunday worship time. Services are Sundays at 11:01 a.m. at the Installation Chaplain's Office, Building 2530, Funston Road next to Burger King. For more information, call Carolyn Wafford at 271-3661 or Chaplain Yvonne Hudson at 295-2096.

### **Financial Peace University**

Financial Peace University, a new 13-week program, will be offered Wednesdays from 5:15 to 6:45 p.m. starting Feb. 1 at the Installation Chaplain's Office, Building 2530, Funston Road next to Burger King. The Christian faith-based course, developed by Dave Ramsey, is designed to teach people how to get out of debt, stay out of debt and build wealth. For more information, call Carolyn Wafford at 271-3661 or Chaplain Yvonne Hudson at 295-2096.

# Stop it!



## Army battles against sexual harassment in workplace

Story and photos by Elaine Wilson  
Fort Sam Houston Public Information Office

Jennie\* was a new employee on post, eager to do a good job and strive for promotion. Her supervisor seemed nice enough at first, but then the comments began. It started with a few jokes, comments about her body and how well her clothes fit her. It escalated into leering looks, lingering touches and sexual innuendoes. Afraid of being labeled as a troublemaker or damaging her chances for advancement, Jennie kept silent. And, the harassment continued.

Or, was it harassment?

Unlike other black and white topics like drinking and driving or assault, sexual harassment has varying shades of gray.

As the civilian complaints manager for

the Fort Sam Houston Equal Opportunity Office, it's Marie Jangaon's job to help people navigate through the touchy, landmine-ridden topic of sexual harassment.

The first step to prevention, she said, is to understand the definition.

Sexual harassment is a form of sex discrimination that violates Title VII of the Civil Rights Act of 1964. According to the U.S. Equal Employment Opportunity Commission, unwelcome sexual advances, request for sexual favors and other verbal or physical conduct of a sexual nature constitute sexual harassment when:

- Submission to or rejection of this conduct explicitly or implicitly affects an individual's employment;
- It unreasonably interferes with an individual's work performance; or
- It creates an intimidating or offensive

work environment.

Within this definition, sexual harassment is divided into two types — quid pro quo and hostile working environment.

Quid pro quo means something for nothing, or "You scratch my back and I scratch yours," Jangaon said.

This type of harassment involves an employer or supervisor and employee.

"If your supervisor approaches you and asks you out for a drink to talk about a future position or a performance appraisal, that's quid pro quo," Jangaon said.

In an Army command climate/human relations survey from 2004, of the Soldiers surveyed who reported who had sexually harassed or assaulted them, one-half reported they were sexually harassed or assaulted by an NCO.

"If harassment charges are substantiated,

the charge is punishable under the Uniform Code of Military Justice," said Master Sgt. Michael Boehringer, Fort Sam Houston EO adviser.

A recent sexual harassment case in Missouri illustrates possible consequences for civilians. TNT Logistics employee Kendra Lynn was awarded \$6.8 million dollars in a sexual harassment verdict Friday for her supervisor's conduct in the workplace, according to the Kansas City Business Journal. Lynn said her supervisor commented about her body or sex on five occasions in two months. Lynn also claimed that the supervisor struck her buttocks with a belt while making an inappropriate remark.

When facing harassment by a supervisor or boss, people may not speak up for fear of reprisal, but that is the simplest avenue of resistance.

"Reprisal is against the law," Jangaon said. "You have to speak up and let the person know the comments or actions are making you uncomfortable. Be up front about it in a nice way. If that doesn't work, you can explore other options for help.

"Supervisors should be careful and aware of how their actions are being interpreted," she said. "There are serious consequences for harassment that can range from suspension to loss of job."

The second type of harassment, hostile work environment, can be anything from nude pictures in a cubicle to recurring tales of sexual exploits on Monday mornings.

People may not mean harm when telling their dirty jokes or sexually explicit stories, but harassment lies in the impact, not the intent, Jangaon said.

"An employee may have no idea that what he is saying is offensive to some females, or males, in the room," she said. "But, if someone takes offense and the jokes keep coming, that can be construed as sexual harassment."

While some people may not realize the



While 90 percent of sexual harassment is male to female, 5 percent of incidents are same sex and 1 to 4 percent are female to male.

impact of their actions, other employees may be afraid to say anything out of fear of being accused for a simple look or comment. However, a one-time dirty joke or leering stare won't cut it, Jangaon said. "Sexual harassment has to be pervasive and offensive, unless there is one severe incident such as assault."

Additionally, a court is going to rule on what a reasonable person would find offensive, she said. "The key word is reasonable. People who are very sensitive or overly callous won't be the norm."

For those who have been "getting away" with their behavior for a while, Jangaon said a hostile environment doesn't have to happen overnight.

"Someone could wake up on the wrong side of the bed and decide the jokes aren't so funny anymore," Jangaon said. "Just because the harassment has been continuing for a while doesn't make it right."

The harassment does not, as commonly believed, happen just male to female. While 90 percent of incidents are male to female, 5 percent are same sex and 1 to 4 percent are female to male, according to a sexual harassment training video called Sexual Harassment: New Roles/New Rules.

"There may be a group of macho guys working at a construction site and a new guy starts and he likes wine and cheese more than beer and pretzels," Jangaon said. "The guys may question his sexuality and treat him in a demeaning manner. This is same sex harassment."

The percentages of same sex and female to male harassment are low, but that may not be indicative of the number of incidents, Jangaon said.

"A harassed male may just quit and go to another job," she said. "In many incidents, whatever the gender, a lot of people may not report because they feel it's their own fault, whether it's their dress, conduct or they have kept quiet for too long."

While the topic can be confusing with its varying perceptions, the keys to prevention are simple common sense and respect, Jangaon said.

"If you want to compliment your co-worker, tell her you like her outfit. Don't say you like the way her butt looks in her pants," she said. "If you ask a co-worker on a date, and he or she says no, don't get vindictive and spread rumors or refuse to take no for an answer."

Other prevention tips include:

- Look but don't touch.
- Actually, don't look either. A look can be just as offensive as a touch. "Seeing is a biological function, but staring or leering is not," Jangaon said.



Blocking a passageway is a physical form of sexual harassment. Harassment can also be verbal and nonverbal.

- Do unto others as you would have done to you. Imagine your sister, brother, spouse, parent or child is in the room. Would you still say the same things?
- Harassment is in the eye of the beholder. The intent isn't as important as the impact on the recipient.
- Use common courtesy and common sense. Have respect for others and behave with decorum in the workplace.

While some cases are open to interpretation, one area of sexual harassment remains strictly black and white — the Army's zero tolerance policy, which states that sexual harassment is unacceptable conduct and will not be tolerated.

"I will not tolerate sexually harassing behavior by any member of (Medical Command)," said Lt. Gen. Kevin Kiley, MEDCOM commander, in a Dec. 13, 2005, policy letter. "Sexual harassment adversely impacts readiness and affects mission accomplishment."

In the 2004 Army command climate/human relations survey, one-fifth or 21 percent of all Soldiers surveyed reported they were sexually harassed or assaulted by one or more people in the last 12 months. Findings also indicated that most Soldiers were not aware of reporting procedures and protocols outside of their immediate chain of command and design-

nated Equal Opportunity representatives.

"There are other avenues of help," said Boehringer. "People can go to their chaplain, military police, primary care manager or call a hotline."

The Prevention of Sexual Abuse training is required biannually.

Jangaon and Boehringer also offer POSH training at the organizational level.

"There may be a lot of joking around, which can turn into sexual harassment," Jangaon said. "I visit the workplace and let them know the consequences of continued behavior."

"Sexual harassment is taken very seriously by the command," Jangaon added.

If a Soldier or civilian employee feels harassed, the victim can report the complaint by calling the Equal Opportunity Hotline at 295-0647 or make an informal complaint, following the chain of command. If behavior persists, the victim can file a formal written complaint on a DA Form 7279-R within 60 days of the incident.

For more information, call Jangaon at 221-9194 or Boehringer at 221-9276.

\* Jennie's name was changed to protect her privacy.

(Editor's Note: The photos shown are for illustrative purposes only)

## Forms of Sexual Harassment

**Verbal:** Off-color jokes; sexual comments; threats; reference to co-workers as honey, babe or dear; whistling at passers-by to indicate a perception of their physical appearance; cat-calls; or other sounds associated in general with a sexual connotation.

**Nonverbal:** Leering; ogling; displaying sexist cartoons and pictures; sexually suggestive notes; or displaying sexually provocative magazines, posters or calendars.

**Physical contact:** Touching, patting, hugging, grabbing, blocking a passageway, unsolicited back or neck rubs, physical assault or rape.



Sexual harassment must be pervasive and offensive unless there is one severe incident such as assault.



A sexual harassment prevention tip is to look but don't touch, even if the touch is meant innocently. The intent of the touch isn't as important as the impact.

## Events

### Rainbow Kids open auditions

Fort Sam Houston's Youth Services will hold open auditions for the Rainbow Kids, a performing arts group, Saturday at 2 p.m. at the Fort Sam Houston School Age Services building, located off Winans and Dodd Roads, across from the chapel. Auditions are open for boys and girls ages 6 through 13 who like to sing, dance and perform comedy or special acts. For more information, call Ron Joy at 348-8014 or 295-2093 or e-mail [rj96707@yahoo.com](mailto:rj96707@yahoo.com); the Youth Center at 221-3502 or 221-4882; or School Age Services at 221-4466.

### Kids Club

Early ON and KLRN Kids Club will host a special event at South Park Mall Feb. 4 from 10 a.m. to 2 p.m. Walkaround Ord from PBS' "Dragon Tales" will make a special appearance. Early ON is part of the kindergarten readiness program. For more information on Early ON, call 657-6278 or visit [klrn.org/earlyon](http://klrn.org/earlyon). For more information about KLRN Kids Club, call 270-9000 or visit [klrn.org/klrnkids](http://klrn.org/klrnkids).

### Black History Month observation

St. Philip's College will observe Black History Month in February. The theme is "Celebrating Community: A Tribute to Black Fraternal, Social and Civic Institutions." A series of exhibits, dramatizations, panel discussions, musical performances and educational events will take place throughout the month on the main campus at 1801 Martin Luther King Drive. For more information, call 531-3260 or visit [www.accd.edu/spc](http://www.accd.edu/spc).

### 'Cat on a Hot Tin Roof'

The Barshop Jewish Community Center and the Sheldon Vexler Theatre present "Cat on a Hot Tin Roof" Feb. 2 through 25, with performances Thursdays at 7:30 p.m., Saturdays at 8 p.m. and two Sunday matinees, Feb. 5 and 19 at 2:30 p.m. For more information, call 302-6835.

### 'Dr. Dolittle'

The Barshop Jewish Community Center and The Sheldon Vexler Theatre present "Dr. Dolittle" Feb. 7 through 26, Tuesday, Wednesday and Thursday at 10:30 a.m.; Feb. 15 at 7 p.m.; and Sunday matinees, Feb. 12 and 26 at 2:30 p.m. The theater is located on Northwest Military Highway at Wurzbach Parkway. Reservations are required. For more information, call 302-6835.

### Texas Independence Day

A Texas Independence and Flag Day celebration will be held in front of the Alamo March 2 at 12 p.m. sponsored by the Daughters of the Republic of Texas. This event commemorates the signing of the Texas Declaration of Independence during the siege of the Alamo. The event will honor the military, especially the historic contribution of Fort Sam Houston. Also, the military base schools of San Antonio will be honored. Col. Richard Agee, chief of staff of AMEDDC&S, will be the guest speaker. A reception will follow at Alamo Hall. The public is invited.

### Free entry to parks

Anheuser-Busch is honored to salute the men and women of the armed forces and their families. Throughout 2006, members of the military and as many as three direct dependents may enter any one of Anheuser-Busch's SeaWorld, Busch Gardens or Sesame Place parks with a single day complimentary admission.

## Training

### Military intelligence recruiting

The 6th Battalion, U.S. Army Reserve, seeks Soldiers to fill military intelligence positions at Camp Bullis. For more information, call Sgt. 1st Class Barbara Richardson at 295-7629.

### Army health care recruiting

A health care professional's greatest calling is to serve the Soldiers who defend our nation's freedom. The U.S. Army offers virtually every health care specialty found in the civilian sector. Call an Army health care recruiter to learn about opportunities for direct commissions, scholarships, internships and residencies at 692-7376 or visit [www.healthcare.goarmy.com](http://www.healthcare.goarmy.com).

### Army physician assistant program

The United States Army is looking for qualified Soldiers to attend the Interservice Physician Assistant Program at the Army Medical Department Center and School at Fort Sam Houston. Graduates of the course receive a commission as a second lieutenant and a master's degree from the University of Nebraska. For application procedures, reference Army Regulation 601-20, The Interservice Physician Assistant Training Program, or visit [www.cs.amedd.army.mil/ipap](http://www.cs.amedd.army.mil/ipap). Local Army education centers can also assist applicants. For more information, call (502) 626-0386, DSN 536-0386, (800) 223-3735, ext. 6-0386 or e-mail [ipap@usarec.army.mil](mailto:ipap@usarec.army.mil).

### Recruit the recruiter team

The Recruit the Recruiter Team will brief all specialist through sergeants first class regarding the benefits, challenges and qualifications of recruiting duty Wednesday and Jan. 26 from 9:30 a.m. to 1:30 p.m. in Building 2263, Room B101. For more information, call Sgt. 1st Class Perez at 626-0465 or Staff Sgt. Hadley at 221-0951.

### Range Safety Officer class

The Range Safety Officer class is Fridays from 1 to 3 p.m. in Building 6107, Room 1A, at Camp Bullis. People should reserve a seat in advance. For more information or to arrange for training on another day, call Mabel Rodriguez at 295-7616 or e-mail [mabel.rodriguez@samhouston.army.mil](mailto:mabel.rodriguez@samhouston.army.mil), or Patricia Jennings at 295-7686 or e-mail [patricia.jennings@samhouston.army.mil](mailto:patricia.jennings@samhouston.army.mil).

### Green to Gold briefing

The Fort Sam Houston Education Center provides monthly Green to Gold briefings for Soldiers interested in Green to Gold ROTC scholarships. Capt. Chez Varela, from St. Mary's University, will be available to answer questions Monday at 11 a.m. and 12 p.m. at Building 2247, next to the education center, in the training room. For more information, call 221-9881.

### Medical information management

The Army Medical Department Information Management Conference will be Feb. 9 through 11, and the Health Information Management Systems Society '06, will be Feb. 12 through 16. The AMEDD Center and School, the MEDCOM Information Management Directorate, and the USAMITC Project Management Division have teamed up to offer a set of sessions designed to build career enhancement in areas most requested. For more information, call Dr. Barbara Erickson at 221-8492. For more information about other AMEDD IM tracks, call Duke Williams at 221-7274.

### Workforce Recruitment Program

The Workforce Recruitment Program for college students with disabilities is now accepting applications from post organizations. Authorizations will be on a first-come, first-served basis. Under this program students may be employed for 14 weeks anytime between May 15 and Sept. 30. Applications are due no later than Jan. 27. Send submissions to Glennis. [Ribblett@samhouston.army.mil](mailto:Ribblett@samhouston.army.mil). For more information, call Glennis Ribblett at 221-9401.

### Community education classes

North East Community Education's spring session will hold classes in February and March. Classes are offered at many locations.

For more information or to register, call North East Community Education at 657-8866 or visit [www.communityed.neisd.net](http://www.communityed.neisd.net).

### University of Phoenix representative

The University of Phoenix online representative Eric Hager will visit the Fort Sam Houston Education Center, Building 2248, Feb. 14, March 7 and April 4 from 10 a.m. to 2 p.m. in Room 201. For more information or to sign up, call 221-1738, Eric Hager, military liaison, at 602-421-4491 or e-mail [eric.hager@phoenix.edu](mailto:eric.hager@phoenix.edu).

### Separating service members training

The Army Career and Alumni Program Center will host an all day session for separating service members interested in training for automotive or marine technology positions Monday from 7:30 a.m. to 4 p.m. in Room B100 in the basement of Building 2263 on Stanley Road. A representative from Universal Technical Institute will be available. No appointment is necessary. For more information, call 221-1213.

### SDDC workshop

The Surface Deployment and Distribution Command will host the Western Regional Training workshop from Feb. 6 through 9 at the St. Anthony Wyndam Hotel in San Antonio. The workshop will showcase SDDC's expanded distribution and deployment mission. The theme is "Synchronizing the Plan" and is geared for functional level personnel, active duty, reserve component, National Guard and Department of Department civilians, to include installation transportation officers and contractors who work for DoD. For more information, visit [www.sddc.army.mil](http://www.sddc.army.mil).

### Free computer training

Family members of active duty military personnel can receive computer training for the job market through the Family Employment Readiness Program. Automated, self-paced training is available on all Microsoft Office software that includes Word, Excel, Access, Power Point, Windows, Outlook, QuickBooks (accounting), customer service, clerical and typing skills. Typing instruction is also available in Spanish. For more information, call Gabriele Dias at 221-0516 or Jennifer Swiger at 221-0427.

## Meetings

### ROWW meeting

The Retired Officer's Wives and Widows Club of Fort Sam Houston will meet Monday at 11 a.m. with lunch at 11:30 a.m. at the Sam Houston Club. The cost is \$12. The program will feature Elizabeth Shannahan demonstrating chair exercises and Robbye Hogg's slide show on Africa. For reservations, call Arline Braswell at 822-6559.

### Native Plant Society of Texas

The San Antonio Chapter of the Native Plant Society of Texas will meet Tuesday at 7 p.m. at Lions Field Adult Center, 2809 Broadway at E. Mulberry. The meeting will feature Deedy Wright, master gardener, who will present, "Landscaping with Native Plants." For more information, call 733-0034 or visit [www.npsot.org/SanAntonio](http://www.npsot.org/SanAntonio).

### SCUCISD future planning meeting

Schertz-Cibolo-Universal City Independent School District will hold future planning meetings Monday and Jan. 30 and Feb. 6 at 6:30 p.m. in the Dobie Junior High cafeteria, 395 W. Borgfield Road, Cibolo, Texas. Roy Richard and Dr. Tom DeKunder will chair the meetings to discuss a facility plan to present at the February school board meeting. The meetings are open to the public. For more information, call 945-6232.

### Comptroller luncheon

The Alamo Chapter of the Military Officers of America will host a luncheon Jan. 26 at 11 a.m. at the Randolph Air Force Base Officers' Club. The speaker will be

U.S. Army retired Col. Vaughn Caudill, former comptroller of the Joint Task Force at Guantanamo Bay. Active duty military officers, former officers, members of the Reserve and National Guard, retirees and their surviving spouses are invited to attend. The cost is \$13. Tickets can be purchased at the door, but reservations should be made by calling the Alamo Chapter office at 228-9955 or e-mail [ac@sbcglobal.net](mailto:ac@sbcglobal.net).

### Homeschool meeting

A meeting for parents who homeschool their children, or are considering doing so, will be Jan. 26 at 6 p.m. at School Age Services, Building 1705. For more information, call Keith Toney, school liaison officer, at 221-9613 or 295-4806.

### Comptroller symposium

The Alamo City Chapter of the American Society of Military Comptroller will host the 2006 Professional Development Symposium Feb. 6 and 7 at Retama Park. The theme for this year's symposium is, "Riding The Waves of Change." Certified defense financial manager testing will be available both days. Deadline for pre-registration is Friday. On site registration will be available. For more information, contact an ASMC representative.

### BOSS seeks single Soldiers

The Better Opportunities for Single Soldiers meets the first and third Wednesday of every month at 1:30 p.m. at the Hacienda Recreation Center. The BOSS committee was established to provide Soldiers input to the commander, who uses the committee's recommendations to improve single Soldiers' Morale, Welfare and Recreation programs. For more information, call Staff Sgt. Micaela Reyes at 221-8947.

## Volunteer

### Pneumonia vaccination

People over age 65 or who have a chronic medical condition, and have not had the pneumococcal vaccination in the past five years, are advised to consult a doctor to see if they are eligible for this vaccine. Pneumococcal vaccination has been proven to substantially reduce severe pneumococcal pneumonia and other pneumococcal infections and can be covered under health care benefits if eligible. For more information, call Capt. Vincent Marconi at 292-7653.

### Student exchange program

The American Scandinavian Student Exchange International Program needs area representatives to host exchange students. Representatives will receive training and will be reimbursed for expenses. This is a valuable opportunity for high school exchange students to experience the American way of life. For more information, call (800) 473-0696 or (409) 745-2433.

### Marching band seeks members

Officials of the Alamo City Community Marching Band have open registration for their 2006 marching band. Seating will be accepted in all sections of the band to include flags and twirlers. Anyone 18 years old or older is encouraged to apply. The band practices Mondays from 7 to 9 p.m. at the American Legion Hall, 3518 Fredericksburg Road. For more information, call 733-0120 or visit [www.alamocityband.org](http://www.alamocityband.org).

### Girl Scouts seek volunteers

Girl Scouts of the San Antonio area are looking for adults to lead Girl Scout troops in the community. Help young girls grow up to be strong, confident and compassionate. Volunteers do not have to have a daughter in a troop to help. For more information, call Carla Mendez at 349-2404, ext. 217 or e-mail [cmendez@sagirlscouts.org](mailto:cmendez@sagirlscouts.org).

## Submission guidelines:

Freebies are published on a first-come, first-served basis. The deadline is noon Monday. Freebies are intended for personal household goods, and may only be submitted by active, retired or reserve military members and civilian employees working on Fort Sam Houston. Real estate ads will not be published. To submit a Fort Freebie, e-mail to [news.leader@samhouston.army.mil](mailto:news.leader@samhouston.army.mil) or fax to **295-0512**. Freebies run for one week unless submitter calls to renew. Limit of five items per entry. For more information, call 221-1031.



**For Sale:** Moving boxes (65) with packing paper, all sizes. Call Harry Ruthrauff at 393-7415.

**For Sale:** Frigidaire gallery washer and dryer, side by side, electric, sold together, \$350; dining table with four chairs, \$100. Call 221-7816 days or 687-4574 evenings.

**For Sale:** Yamaha piano in excellent condition. Call 599-9252.

**For Sale:** Baby walking stroller, \$10; TV corner cabinet, \$75; man's bowling ball, \$5; black slat table, extendable, \$15. Call 656-7840.

**For Sale:** Brother sewing machine, \$50. Call 838-0222.

**For Sale:** Stingray high performance out-

board hydrofoil stabilizer for 75-200 horsepower motor, \$25. Call 221-3549.

**For Sale:** Chain link fence, 12 feet by 12 feet, about 6 feet high, \$150. Call 223-3926.

**For Sale:** Two loft beds with desk, \$75 each. Call Ingrid at 277-1234.

**For Sale:** Whirlpool upright freezer, 19.5 cubic feet, \$250. Call 637-1151.

**For Sale:** Video rocker, \$10; White ball putter, \$20; Care Bears full-size sheet set, \$10; Disney videos, \$5 each. Call 697-9261.

**For Sale:** Panasonic VCR, \$20; Tappan microwave oven, \$20; girl's Roadmaster bicycle, \$40; Cannon fax machine, \$35; Sunbeam coffee maker, \$8, call 204-9677.

## Career Clips

**Disease education, tele-health nurse, San Antonio** – Provides health education and utilization management services to members; makes outbound calls to assess patients; documents assessments and interventions; communicates pertinent information to the patient's clinician; and handles inbound/outbound day-to-day monitoring of patients.

**Manager, San Antonio** – Plans and develops the reimbursement program through the direct supervision of the assistant superintendent, financial operations; coordinates the intake and documentation of financial and demographic data associated with admissions to state mental health facility; and coordinates and supervises use of automated systems.

**Bank servicing manager, San Antonio** – Experience in servicing deposits, credit cards, consumer loans or home equity products; three years banking operations experience; two years management, project management or other leadership experience; one year of recent call center experience and knowledge of call center management tools.

*The Army Career and Alumni Program office provides numerous services to eligible people in transition including job assistance. Information on these and other positions is available to ACAP customers in the ACAP Office, Building 2264, or by calling 221-1213.*