

FORT SAM HOUSTON News Leader

“One Team, Supporting Military Missions and Family Readiness!”

Honoring a legacy

Sgt. 1st Class Hashim Husien, Staff Sgt. Lori Naifeh, Staff Sgt. Brenda Bolmer, Staff Sgt. Maria Leto, and Staff Sgt. Arian Pickens, Noncommissioned Officer Academy, post the colors at the Martin Luther King Jr. wreath presentation ceremony Jan. 18. Groups represented city, county, civic and individuals laid wreaths at the statue of Martin Luther King Jr. located on the corner of New Braunfels and East Houston street. The ceremony included the National Anthem, the Black National Anthem, America the Beautiful, and words of encouragement from the keynote speaker, Dr. Bernard Harris Jr., the first African-American to walk in space.



Photo by Esther Garcia

Catch a ride to BAMC

By Kari Thresher
SAMBIO Public Affairs

Brooke Army Medical Center staff and volunteers are bracing for a change. The Base Realignment and Closure law, which calls for the relocation of the inpatient medical function of Lackland Air Force Base's 59th Medical Wing to BAMC, will bring thousands more employees and students to the already congested campus.

To prepare the hospital for the additional personnel and patients, a 5,000-space parking structure is being erected. To facilitate the construction of this garage,

the consolidated tower and central energy plant on the BAMC campus, a construction “bubble” will be erected and about 2,300 parking spaces eliminated. Because of this, all BAMC personnel will go into a mandatory satellite-parking situation at the end of January until the garage is complete in early 2011.

On the BAMC campus, lots A, B and D have closed to staff and will become patient, visitor parking lots only, and lot F is now “Carpool only.” Lot G will close to staff, but remain open for ven-

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Tax center opens for business with ribbon cutting

By Minnie Jones
Fort Sam Houston Public Affairs

The Fort Sam Houston tax center held a ribbon-cutting ceremony Jan. 14 to announce the opening of the center just in time for the 2009 tax filing season.

The Fort Sam Houston Joint Tax Center is open through April 15 and is located at 2420 Liscum Road, Building 133,

directly behind in the Staff Judge Advocate's building. The tax center offers free tax preparation and filing assistance of federal and state income taxes to active-duty servicemembers, Reserve, National Guard and retirees.

Volunteer servicemembers and civilians staff the tax center and operate under the Internal Revenue Service Volunteer Information Tax Assistance pro-

gram. More than 23 volunteers have donated their time to help file returns this season.

Soldiers and their Family members should bring a copy of last year's tax return, all income information, a list of itemized deductions, Social Security cards for all individuals, identification card and child and disabled dependent information if applicable. If a spouse is away, bring a signed power of attor-

ney form.

“We have 23 servicemembers working full-time from the various commands on post. Our Noncommissioned Officer in Charge is Sgt. 1st Class Quinshaun Hawkins and Staff Sgt. Alfred Wyatt is the section sergeant in charge of the BAMC Satellite office. In addition, we have a handful of very experi-

See TAX CENTER P8

VISIT NEWS LEADER ONLINE: WWW.SAMHOUSTON.ARMY.MIL/PUBLICAFFAIRS



Forum addresses key community groups, commanders

By Phil Reidinger
Fort Sam Houston Public Affairs
Officer

The first Fort Sam Houston Community Information Forum took place Jan. 14 at the Sam Houston Club.

The CIF was hosted by Fort Sam Houston Commander, Maj. Gen. Russell Czerw and U. S. Army Garrison Commander, Col. Mary Garr.

The forum established by Garr for commanders of tenant units and directors of Defense Department activities located on the installation provides an

opportunity to showcase command community events and programs and communicate information about post operations which support mission readiness and quality of life of installation tenant command and activities.

According to Garr, the monthly face-to-face agenda is an opportunity for her to meet and connect with community leaders and share information. Most importantly, the forum also is a venue to get feedback about commanders' requirements for garrison mission readiness support and quality

of life of members of their organizations as the command balances requirements with available resources.

Tenant commanders, unit chiefs of staff, senior enlisted advisers, leaders of Family readiness groups, housing area mayors and Fort Sam Houston Independent School

District leaders met with garrison staff directors who presented highlights of garrison support activities.

The CIF will be held monthly, every second Wednesday, from 4:30 to 6 p.m. at the Sam Houston Club.

See FORUM P8

Weekly Weather Watch						
	Jan. 22	Jan. 23	Jan. 24	Jan. 25	Jan. 26	Jan. 27
San Antonio	77° Partly Cloudy	81° Partly Cloudy	65° Partly Cloudy	63° Partly Cloudy	67° Rain Chance	67° Partly Cloudy
Kabul Afghanistan	48° Clear	46° Clear	46° Overcast	44° Rain Chance	46° Rain Chance	48° Rain Chance
Baghdad Iraq	64° Clear	62° Clear	62° Partly Cloudy	66° Overcast	68° Partly Cloudy	68° Clear

(Source: Weather Underground at www.wunderground.com)

Thought of the Week

In honor of Martin Luther King Jr., a passage King often quoted: "He (the Lord) has told you, O mortal, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?" (Micah 6:8, NRSV)
(Source: Fort Sam Houston Chaplain's Office)

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News Briefs

201st MI Bn. change of command

The 201st MI Battalion change of command ceremony will be held Jan. 23 at 8 a.m. on MacArthur Field. Lt. Col. John Strycula will relinquish command to Lt. Col. Dennis Lewis. For more information, call 295-6458.

Community FIRST focus group for retirees

The Community FIRST Retirees focus group will be held Jan. 28 from 8 to 11:30 a.m. in the Garrison Command Conference Room, Building 122, 1206 Stanley Road. If you are a retiree from any branch of the military service, and would like to attend, call the customer service officer at 221-2543 or e-mail samh.cms@conus.army.mil. To submit an issue or recommendation visit www.samhouston.army.mil/cms/Form_ComFirst.asp, and click on, "submit an issue or recommendation." Issues will be electronically submitted to the Customer Management Services office.

Fort Sam Houston Technology Exposition

The Directorate of Information Management will host the Fort Sam Houston Technology Exposition Jan. 28 from 10 a.m. to 2 p.m. at the Sam Houston Club. The event is free and open to all military, civilian and contract personnel. More than 30 exhibitors will be on hand demonstrating the latest in emerging technologies. For more information or to request a company or technology call, Natalie Tier at 301-596-8899, ext. 227, or e-mail Tier@ncsi.com. To pre-register, visit www.FederalEvents.com, click on "Fort Sam Houston," and choose the Government/Military link.

Change of Command

Col. Kathy Chambers will relinquish command of the Great Plains Regional Medical Command Community Based Health Care Organization Task Force to Col. Jane Anderholt Feb. 2 at 9 a.m. at the Wood Auditorium. For more information, call 221-0335.

SAEDA/DPSEC class

The Subversion and Espionage Directed Against the U.S. Army and Operations Security class will be held Feb. 4 from 10 to 11:30 a.m. at Blesse Auditorium. Attendees must bring their Common Access Card to sign in. For more information, call the Army Medical Department Center and School Security Office at 221-8841 or 221-8199.

See NEWS BRIEFS P4

"I have a dream that one day this nation will rise up and live out the true meaning of its creed: 'We hold these truths to be self-evident, that all men are created equal.'"

Fort Sam Houston celebrates Dr. Martin Luther King Jr.

By Sgt. Joshua Ford
U.S. Army North Public Affairs

"I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin, but by the content of their character," said by Martin Luther King Jr. during his infamous "I have a dream" speech.

Americans today should take heart to the speech that paved the way for a long, hard road to equality in America.

Fort Sam Houston servicemembers, family and friends came together Jan. 15 for the commemoration of Martin Luther King Jr. at the Jimmy Brought Fitness Center, hosted by U.S. Army North.

Command Sgt. Maj. George Nieves, ARNORTH, opened the ceremony thanking all for attending the commemoration for King.

"This holiday is a time for Americans to reflect on bringing equality in a non-violent way. Again, I thank you for extending your support, bless you," Nieves said.

After Nieves' opening remarks, a city of San Antonio representative presented a resolution signed by San Antonio Mayor, Phil Hardberger

proclaiming Jan. 19, 2009, Martin Luther King Day.

Once the proclamation was read eight students from the Fort Sam Houston Elementary School read famous quotes by King.

Col. Quill Ferguson, assistant chief of staff communications, ARNORTH, was the guest speaker for the event.

Ferguson opened

with, "Fort Sam Houston lets have a discussion this morning. Put yourself back in time to the 1960s; a dark period in our history."

"Lynching and imprisonment of innocent black men was routine. Now look a few weeks ago America elected a black president," Ferguson said, acknowledging how far America has come towards equality.

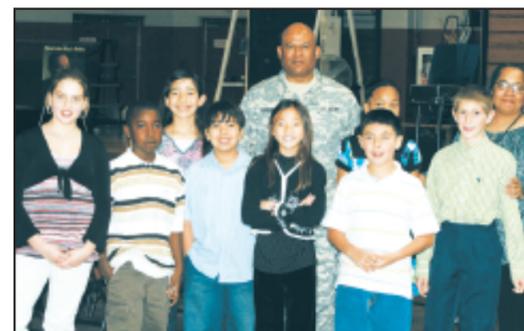
Ferguson continued to talk about King's accomplishments, how they have brought America closer as a community by getting us away from the hate and bigotry that once divided our country.

"Our theme today is 'A Day On, Not a Day Off,'" Ferguson continued, Fort Sam Houston, lets recommit to service, keep America strong and never ever allow the color of a man's skin define his purpose and worth in life."



Courtesy photos

Command Sgt. Maj. George Nieves, U.S. Army North, presents Col. Quill Ferguson, chief of communications, ARNORTH, a proclamation signed by San Antonio Mayor Phil Hardberger declaring Jan. 19, 2009, Martin Luther King Day during the MLK ceremony Jan. 15 at the Jimmy Brought Fitness Center.



Col. Quill Ferguson, chief of communications, U.S. Army North, stands with children from the Fort Sam Houston Elementary School for a photograph. The children said famous quotes by Martin Luther King Jr. during the ceremony.

News Briefs

from P3

NCO, Soldier of the Year competition

The 2009 Great Plains Regional Medical Command NCO and Soldier of the Year competition will be held Feb. 22 to 27 at Camp Bullis. The oral boards and awards ceremony will be held at the Holiday Inn Select on Loop 410. For more information, call Sgt. 1st Class Corey Foy at 295-2205.

Education Center using CMT

All Education Centers in the Army Continuing Education Services West Region are using the Customer Management Tool web-based module to track customer traffic and streamline services. People using the Education Center will sign in on the CMT computer. A counselor may view the names of waiting customers. After the counseling session is completed, the Soldier will automatically be e-mailed a link to the ICE survey to provide feedback. The CMT web-based module system has been reviewed by the Freedom of Information Act Officer, and deemed appropriate since Social Security Number information is not being captured. The Fort Sam Houston Education Center is open Monday through Friday from noon to 1 p.m. The Education Center will be closed the second and fourth Thursday of the month from 7 to 10 a.m. for training. For more information or to set up an appointment with a counselor, call 221-0605, 221-1429 or 221-1634.

On-post housing available

Lincoln Military housing has two-bedroom homes available for E1 to E6, three-bedroom homes available for O4 to O5, and four-bedroom homes available for W1 to O3. Soldiers who would like to apply for housing need to bring in their latest end-of-month Leave and Earning Statement, Defense Enrollment Eligibility Reporting System enrollment documentation and I.D. card to the resident community center location that provides service for their respective rank and bedroom requirements. Ranks E1 to E6 requiring two bedrooms call 824-9587 or visit the Harris Heights Community Center, 3751 Patch Road. Ranks O1 to O6 requiring two, three or four bedrooms call 270-7638 or visit the Lincoln Resident Center, Building 407, Dickman Road. For more information or availability, call LMH at 270-7638 or e-mail ftsamhoustonquestions@lpsi.com.

Soldiers celebrate MLK birthday at Hacienda Recreation Center

By Ben Paniagua
Hacienda Recreation Center

About 170 Soldiers from the 32nd Medical Brigade were treated to a night of celebration in honor of Martin Luther King's birthday Jan. 15 at the Hacienda Recreation Center.

King was born Jan. 15, 1929 in Atlanta, Georgia. This year marked his 80th birthday and the Soldiers at the Hacienda, celebrated his birthday with enough gusto as if he (King) had attended it in person, it would have made him proud.

The guest speaker for the event was Command Sgt. Maj. Marshall Huffman from the Academy Brigade, Army Medical Department Center and School, Fort Sam Houston. Huffman is a 25-year veteran; the audience listened with rapt attention during his riveting speech.

While talking to the young audience, Huffman said that King "gave black and poor people hope and a sense of

dignity. His philosophy of non-violent direct action, and his strategies for rational and non-destructive social change, galvanized the conscience of this nation and reordered its priorities."

April 4, 1968, while standing on the balcony of the Lorraine Motel in Memphis, Tenn., James Earl Ray assassinated King. He (King) leaves a legacy, still regarded and revered as one of the most significant milestones in the history of the world. For this contribution, he became the youngest person, to win the Nobel Peace Prize in 1964," said Huffman.

"This was a very interesting program," said Spc. Andrew Monnin from Company G, 232nd Medical Battalion. "I thoroughly enjoyed the command sergeant major's speech and the trivia part of the program."

The Soldiers in attendance was treated to some jazz music, performed by the 323rd Medical Command Band's Jazz Combo, led by 1st



Courtesy photo

Col. Randall Anderson (right), commander, 32nd Medical Brigade presents a proclamation signed by San Antonio Mayor Phil Hardberger declaring Jan. 19, 2009, Martin Luther King Day to guest speaker Command Sgt. Maj. Marshall Huffman from the Academy Brigade, Army Medical Department Center and School, as his wife, Patricia looks on.

Sgt. Stephen Mohacey. Refreshments consisting of cake and punch were served.

"I found it very interesting and very informative," said Pvt. Mikal Wagner from Company B, 264th Medical Battalion. "I am really glad I came to see this."

The program was presented in partnership between the Hacienda Recreation Center

and the Equal Opportunity Program from the 32nd Medical Brigade. HQ's Company, 32nd Medical Brigade hosted the event that was sponsored by Eisenhower National Bank, Biotest, Central Catholic, Sprint, Century 21, Gallop, sponsored it and Associates, DeVry University and TLC Laser Eye Centers.

Continuing his dream ...



Photo by Esther Garcia

Members of the Fort Sam Houston community participate in the annual 2009 Martin Luther King Jr., March in San Antonio Jan. 19. Staff assigned to the Equal Employment Opportunity office, who organized the post's participation, and Army Medical Department Center and School Command Sgt. Maj. Howard Riles, join thousands of people from the San Antonio community, which included adults and children, special groups, schools, universities, and local political officials in the march. The march began at 10 a.m. at the MLK Freedom Bridge, MLK Drive, and ended at Pittman-Sullivan Park. The march is aimed at remembering and continuing the legacy of Dr. Martin Luther King Jr.

CSA praises NCOs says two more tough years ahead

WASHINGTON - The Army's chief of staff said Jan. 14 that the Year of the NCO actually consolidates two decades worth of thanks to noncommissioned officers.

Gen. George W. Casey Jr. began his breakfast speech to members of the Association of the United States Army by reiterating that 2009 was the Year of the NCO, something that hadn't been recognized since 1989. Speaking at AUSA's Institute for Land Warfare breakfast in Arlington, Va., he said NCOs have been the glue that keeps the Army together, particularly since Desert Shield and Desert Storm.

He said the Army set out to show its appreciation this year to NCOs on three tracks - to recognize them for what they provide the Army and country; to inform the country about what a national asset it has, and to enhance what the Army can do for NCOs.

"When you go around the world and talk to different armies, they say they want to be like us, like our sergeants. I watched the Iraqi soldiers who were just mesmerized by what our sergeants are doing," Casey said. "We want to enhance what we are doing for the NCOs, so we have initia-

tives that we'll bring on line this year that will enhance how we develop our noncommissioned officers and enable them to gain even more skills."

After a round of applause for the NCOs at the breakfast, Casey told the 400-strong audience the Army still has two tough years ahead, saying that he sees deployments and "committed strength going up slightly and staying up maybe until about the middle of (2010) when we start seeing a net reduction in deployed forces."

"That's going to put continued pressure on the force," he said, "so we're not out of the woods yet."

Casey said the Army has been "out of balance" since the summer of 2007 because the Army is deploying at an unsustainable rate. He explained

that it is "unsustainable from the perspective of sustaining our Soldiers and Families and developing the flexibility to do other things." He added that while the Army has made progress over the last year and a half, there are still two tough years ahead for the service.

The Army is on track with recruiting and retention and expects to meet both goals by year end. Last year, he said, 290,000 men and women enlisted or re-enlisted in the Army, Guard and Reserve. "That's a staggering number," he said.

Casey also said the Army needs to increase the dwell time Soldiers have.



Photo by Staff Sgt. Gabriel Morse

Army Chief of Staff Gen. George Casey Jr. prepares to present a campaign streamer during a ceremony Dec. 22 in Baghdad. His speech Jan. 14 morning at the AUSA Institute of Land Warfare Breakfast warned that the Army must be prepared for two more years of heavy deployment tempo.

"As I've looked at this over the last 20 months or so ... it's become clearer and clearer to me that increasing the time Soldiers spend at home is the most important element to getting ourselves back in bal-

ance," he said. "Soldiers will need increasingly more time at home because of the cumulative effects of repeated deployments to get themselves back in balance."

(Source: Army News Service)

Army Family Action Plan conference nears

By Cheryl Harrison
Army Community Service, Marketing

The Fort Sam Houston Army Family Action Plan conference will be held Feb. 4 through 6 at the Sam Houston Club, to bring about change that directly affects the well-being of Soldiers and Army Families.

During the conference, issues of concern will be solicited from community members and will be provided to leaders, who will work toward a resolution. Many of the issues can be resolved by the installation at the local level. Issue forms are submitted, and delegates develop and rank them. Issues that require a higher level of authority are sent to the major command and to the Department of the Army.

AFAP will celebrate 25 years of history and success with this year's annual conferences. AFAP was created in 1980 through focus groups; it

became fully developed with the first official AFAP Conference held in July 1983.

The AFAP mission is to help Army leaders address the needs and concerns of the total Army Family. The program enlists representatives from around the world to identify and prioritize issues that will improve the standard of living in the Army.

The Army Family Action Plan is input from the people of the Army, to Army leadership. It's a process that allows Soldiers (Active, Reserve and National Guard), retirees, civilians and their Families to say what's working and what isn't as well as what they think will fix it. It alerts commanders, and Army leaders to areas of concern that need attention and it gives them the opportunity to quickly put plans into place to work toward resolving the issues.

AFAP started as the brainchild of Army spouses, and the Army is the only branch of the

Department of Defense with such a program. Since the first conference in 1983, AFAP has been responsible for 102 changes to legislation, the revision of 152 policies and regulations, and improvements to 168 programs and services at Department of the Army level.

Soldiers and Family members are invited to become a delegate and share ideas; volunteer to help with this year's conference; or be a member of the local AFAP Advisory Committee.

The first step in the process is Fort Sam Houston community members preparing and submitting issue forms with recommendations. This is the most important aspect of the process because this input provides the basis for the local AFAP conference.

The next step in the conference process is the gathering of delegates and the conference work group staff volunteers to act as facilitators,

The Fort Sam Houston Army Family Action Plan conference will be held Feb. 4 through 6 at the Sam Houston Club.

recorders, transcribers and issue support staff. These people are referred to as the FRTI team. Delegates will be selected from the garrison and tenant commands to represent a cross-section of the Fort Sam Houston community.

Then there is the conference itself. Delegates are divided into groups to evaluate and prioritize issues with the support of the FRTI team. Subject matter experts are on hand to provide pertinent information on each issue under discussion. At the conference closing session, each work group provides a report of the top ranked issues to command and installation leadership.

Following the conference, an action officer reviews and provides feedback to the individuals who submitted issues.

Lastly, the garrison commander convenes a steering committee to facilitate action on the issues selected by the delegates.

A plan of action is developed for each issue; those requiring higher coordination are forwarded to Installation Management Command-West Region for further consideration.

Now is the time to submit issues online at <https://fas-intranet.amedd.army.mil/cms/Form/ComFirst.asp>. There are 30 AFAP box locations throughout the post with issue forms. Some of the locations are Brooke Army Medical Center, Army Community Service, the Post Exchange, commissary and in/out processing.

The form is self explanatory and easy to complete. Submit as many issues as you like, using a new form for each issue. Another way to be involved in this year's conference is to volunteer. Volunteers are needed to serve as delegates, facilitators, issue support or recorder.

For more information, call Brian Dougherty at 221-1653 or e-mail samh.afap@conus.army.mil.

RIDE from P1

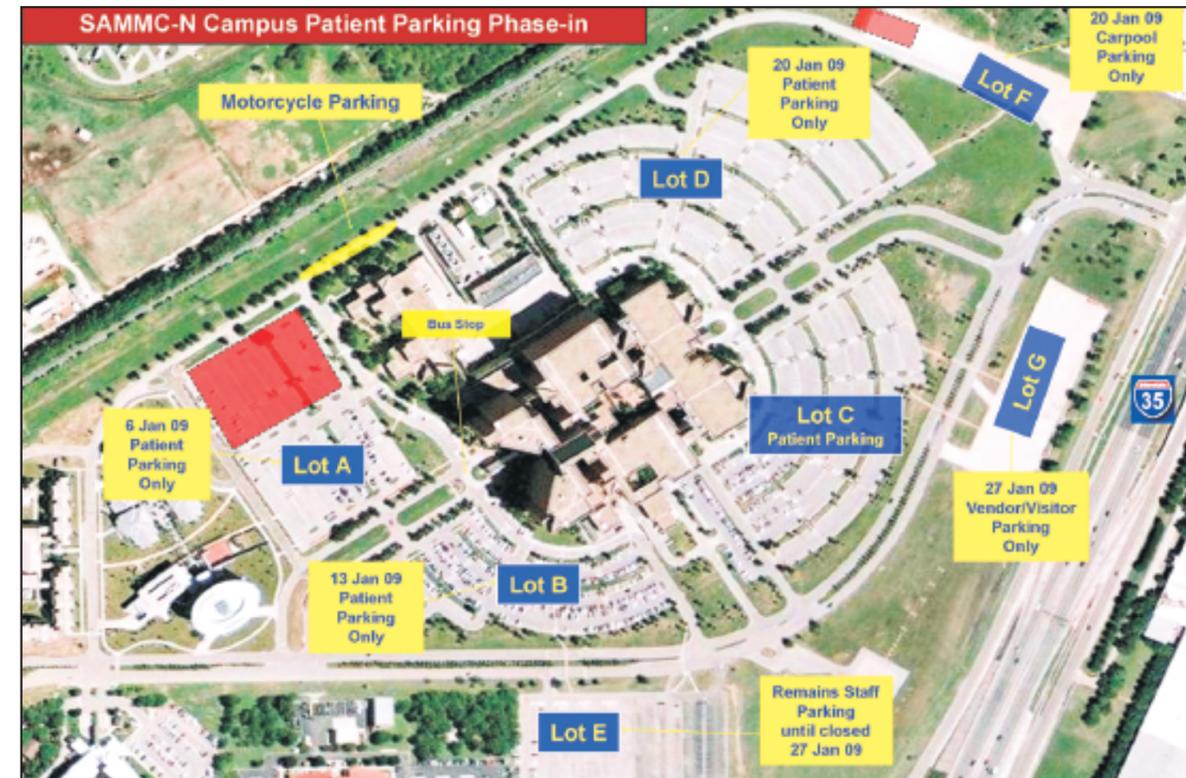
dors and visitors only beginning next Tuesday.

Also on Tuesday, lot E will close to BAMC personnel to allow the construction company to create a secure area for construction of the parking garage. This bubble will close portions of lots B and C in February. The good news for BAMC patients is that once the construction bubble is in place and all staff are parking in satellite lots on Fort Sam Houston, there will be 1,209 available spaces for patients and 198 handicapped spaces. There will be no loss of patient or disabled parking.

The first shuttles begin running at 5 a.m. from the Binz-Engleman lot, also known as the Archery lot; 5:20 a.m. from the PAL lot; 6 a.m. from the PX lot; 6:20 a.m. from Southbeach I lot, and 6:30 a.m. from Southbeach II lot and the Stanley Road lot.

At all times, any bus boarded at BAMC will stop at every lot needed. During non-peak hours of 8 a.m. to 2:30 p.m. and 6:30 p.m. through 1 a.m., buses will run about every 15 minutes. Between 1 and 5 a.m., buses will not run on a schedule, but a shuttle can be arranged by calling the BAMC Provost Marshall Office at 916-7000.

Staff may park on the BAMC campus between 4 p.m. and 5 a.m. and weekends and holidays. The only exceptions to mandatory satellite parking are staff with handicapped or disabled veteran plates, carpoolers, motorcycle and bicy-



cle riders and personnel with medical appointments.

The mission at BAMC is dedication to warrior service

and the staff lives that ethos every day. Although this satellite parking program will be a temporary inconvenience, the

outcome will better serve warriors in the future. The bus schedule, satellite parking maps, and a list of frequently

asked questions are available on the SAMMC Web site at <http://sammc.amedd.army.mil/> under SAMMC News.

TAX CENTER from P1

enced volunteers, including at least three civilians, who will be helping us out from time to time," said Capt. Benjamin Coats, officer in charge, Tax Center.

What to bring

To prepare and electronically file income taxes, bring the following documents to the tax center:

- Military I.D.
- Social Security card for your spouse and all dependents
- All income documents (W-2s, 1099s, interest statements, etc.)
- Last year's tax return, if available
- A check for electronic fund transfer if direct deposit is

desired

- Power of Attorney, if signing for spouse

Also, bring documents or information substantiating any tax credits or deductions for:

- Dependent childcare
- Education credits
- Interest on education loans
- Form 1040 Schedule A; bring itemized expenses including charitable contributions, medical receipts, tax preparation fees, union dues, etc.

The center is open from 9 a.m. to 5 p.m. Tuesday through Thursday and 9 a.m. to 2 p.m. Saturdays. The Brooke Army Medical Center satellite office will be open Monday through Friday from 9 a.m. to 4 p.m. For more information, or to make an appointment, call 295-1040 or 295-0061.



Photo by Minnie Jones

(Left) Col. Mary Garr, U.S. Army Garrison commander and Capt. Benjamin Coats, officer in charge, Fort Sam Houston Tax Center, ceremonially open the center with a ribbon cutting ceremony, Jan. 14. The Tax Center is located in Building 133, directly behind the Staff Judge Advocate's building on Liscum Road.

Tax Tip: choosing the correct filing status

It's important to choose the correct filing status as it determines an individual's standard deduction, the amount of tax owed and any refund owed to an individual.

There are two things to consider when determining filing status:

First, marital status on the last day of the year determines an individual's filing status for the entire year. Secondly, if more than one filing status applies, choose the one that gives a person the lowest tax obligation.

Here are the five filing status options:

Single. This will generally apply to anyone who is unmarried, divorced or legally separated according to state law.

Married Filing Jointly. A married couple may file a joint return together. If a spouse died during the year, an individual may still file a joint return with that spouse for the year of death.

Married Filing Separately. A married couple may elect to file their returns separately.

Head of Household. This generally applies to tax-

payers who are unmarried. An Individual must also have paid more than half the cost of maintaining a home for themselves and a qualifying person to qualify for this filing status.

Qualifying Widow(er) with Dependent Child. People may be able to choose this filing status if their spouse died during 2006 or 2007, have a dependent child and meet certain other conditions.

For more information, visit www.irs.gov or call 800-TAX-FORM (800-829-3676).

(Source: Internal Revenue Service)

FORUM from P2

Highlights of the January meeting included discussion about the Installation Force Protection Exercise, Jan. 13 and 14 and a scheduled training resource meeting for tenant commands scheduled for April 2 and 3.

The Camp Bullis presentation addressed the ongoing renovation of hutments that includes central air conditioning and heating systems, insulation, and finished walls and ceilings.

Commanders were advised that personnel requesting replacement I.D. Cards or DEERS updates for lost and stolen identification need two forms of photo I.D. for replacement.

Commands requesting bicycle racks should submit DA Form 4283 (Work Request) through command channels to Public Works Directorate. Public Works topics also included an advisory that the Wilson Way detour will be required March 30 and the entire street project will not be completed until July 23.

Beginning Jan. 28, the Scott-Beach Gate will be open 24/7.

The Army Family Action Plan Conference will be held Feb. 4 through 6 at the Sam Houston Club and commanders are encouraged to support the garrison endeavor to identify quality of life requirements that will be forwarded to Department of the Army for funding.

The next CIF is scheduled for Feb. 11. For more information about the CIF, call Angela Parkhill at 221-0564.

BAMC, WHMC consolidate dermatology clinics

By Col. Sandra Osswald
San Antonio Military Medical Center
Dermatology Clinic

"This move supports the continued BRAC renovation and construction projects that will provide continued quality care to our beneficiaries in state of the art facilities."

Col. Michael Murchland
Dermatology Service Chief, San Antonio Military Medical Center.

The Dermatology clinics at Brooke Army Medical Center and Wilford Hall Medical Center begin phase two, of restructuring as part of the Base Realignment and Closure process to form new, more consolidated Dermatology clinics in WHMC by February.

"This move supports the continued BRAC renovation and construction projects that will provide continued quality care to our beneficiaries in state of the art facilities," explained Col. Michael Murchland, dermatology service chief, San Antonio Military Medical Center.

The majority of dermatology services will be at WHMC and will offer outpatient dermatology appointments to all military beneficiaries, clinical services will include Pediatric

and Procedural Dermatology, Mohs surgery, LASER therapy, Phototherapy and Patch testing.

Inpatient services will continue to be available at both WHMC and BAMC. Only a part-time provider will remain at BAMC with availability for a small number of outpatients. New outpatient appointments will be limited to active military members assigned to Fort Sam Houston. Phototherapy services will continue to be offered at BAMC as well, subject to space availability.

WHMC currently houses Dermatology in two separate areas, 1A and 1G. Starting in February, the SAMMC

Dermatology clinic will no longer be located on 1G. The clinics will be located on floors 1A and 2A of Wilford Hall's "A" wing.

Make appointments through the Consult and Appointment Management Office at 916-9900. Patients who have other questions or concerns should call the clinic at 292-DERM (3376) for assistance. Patients are encouraged to verify the location of their appointments for this service when making appointments, particularly as there are several dermatology locations. For more information about medical BRAC issues, access the SAMMC Web site at www.sammc.amedd.army.mil/.

**3-D archery shoots**

A 3-D archery shoot will be held Jan. 24 and 25 and Feb. 28 and March 1. Registration is from 8 to 10 a.m. The shoots include 30 3-D targets. The cost per person on Sunday is \$15 for competitive and \$10 for non-competitive shoot. For more information, call the Camp Bullis Recreation Center at 295-7577.

Softball coaches needed

Coaches are needed for Garrison softball. Coaches must submit resumes by Jan. 26 to Earl Young, 1212 Stanley Road Building 124, STE 20, Fort Sam Houston, TX, 78234 or dropped off at the Jimmy Brought Fitness Center. For more information, call 221-3185.

Softball tryouts

Post men's and women's softball tryouts will be held Feb. 2 to 6 p.m. at 6:30 p.m. Rain dates are Feb. 9 to 13 at 6 p.m. For more information, call 221-3185.

Lifeguard classes

The Jimmy Brought Fitness Center will host weekend Lifeguard Classes Feb. 10 and 11, Feb. 17 and 18, Feb. 24 and 25 and Feb. 31 and Mar. 1. All classes will be held at the Jimmy Brought Fitness center from 8:30 a.m. to 4:30 p.m. Cost is \$160 per class. For more information, call Ignacio Flores at 221-1234.

Intramural racquetball

Fort Sam Houston intramural racquetball season will begin Feb. 17. Letters of intent must be received by Feb. 2. Letters of intent may be sent to Earl Young, 1212 Stanley Road, Building 124, Ste 20, Fort Sam Houston, TX, 78234 or e-mailed to earl.t.young@us.army.mil. For more information, call 221-3185.

Intramural volleyball

Fort Sam Houston intramural volleyball season will begin Feb. 18. Letters of intent must be received by Feb. 2. Letters of intent may be sent to Earl Young, 1212 Stanley Road, Building 124, Ste 20, Fort Sam Houston, TX, 78234 or e-mailed to earl.t.young@us.army.mil. For more information, call 221-3185.



Announcements

Stock Show and Rodeo

The FMWR Ticket Office will sell San Antonio Stock Show and Rodeo tickets Feb. 5 to 22. Cost is \$40 per person. For more information, call 226-1663.

Family Child Care Amnesty Month

January is Family Child Care Amnesty Month. Family members who provide child care in on-post housing must be certified through Child, Youth and School Services. Any caregiver that contacts Family Child Care during this period may be allowed to continue care while completing certification. For more information, call 221-3828.

One-on-one budget counseling

Financial Readiness offers one-

on-one budget counseling at Army Community Service, Building 2797. For more information or to schedule an appointment, call 221-1612.

Debt management planning

Financial Readiness offers debt management planning at Army Community Service, Building 2797. For more information or to schedule an appointment, call 221-1612.

AFTB program volunteer needed

Army Community Service is seeking an Army Family Team Building master trainer volunteer program manager. The duties are to assist in planning and coordinating of classes and recruiting of instructors, marketing and promoting AFTB classes and maintaining AFTB files. For more information, call 221-9181 or 221-2705.

Harlequin Dinner Theatre

The Harlequin Dinner Theatre presents, *The Unexpected Guest*, a mystery by Agatha Christie, now through Feb. 21. This thriller is set in a foggy estate in Wales; the mystery opens as a stranger walks into a house to find a man murdered and his wife standing over him with a gun. Tickets are \$31 for Friday and Saturday performances; and \$28 for Wednesday and Thursday performances. Discounts are available for military and students. The theater opens for salad bar and cocktails at

6:15 p.m., the buffet is open from 6:30 to 7:30 p.m. and the show begins at 8 p.m. The box office is open from noon to 5 p.m. weekdays and from 1 to 5 p.m. on Saturdays. The Harlequin Dinner Theatre offers Late Night Cabaret on Saturdays from 10 p.m. to 2 a.m. For more information, or to make reservations, call the Harlequin Dinner Theatre at 222-9694.

CYSS Talent Show

Child, Youth and School Service is currently accepting applications for the 2009 CYSS Talent Show. All talents are welcome. Interested participants ages three to 18 years may register through Feb. 7. For more information, call any of the CYSS facilities or call Central Registration at 221-4871.

RV Park at Canyon Lake closes for upgrades

Fort Sam Houston Recreational Area RV Park at Canyon Lake will close for some major work beginning the first of the year for about 30 days. Upgrades will be performed on 10 pad sites that will include utility and sewage connections; an adjacent 10-foot by 20-foot concrete patio and cover with charcoal barbecue grill and a fire ring. The electrical pedestal will have 50 amp, 30 amp and 15 amp RV outlets. In addition, six other back-in RV pad sites will be upgraded. Only the RV park portion of

the recreational area will be closed. The remainder of the park including cottages, cabins, tents and dry camping will be open. The marina will also be fully operational. For more information, call 830-226-5357.

Lunch at the Club

Stop by the Sam Houston Club during the week for lunch. The buffet-style lunch is served from 11 a.m. to 1 p.m. Tuesdays through Fridays. The cost is \$6.95 for members and \$7.95 for non-members. For more information, call 224-2721.

Fort Sam Houston Golf Club

The Fort Sam Houston Golf Club is open to the public and features two 18-hole championship golf courses offering an excellent challenge for golfers of all skill levels. In addition, the golf club offers private lessons, specialty clinics, Junior Golf Tournaments, plays host to 14 tournaments per year and provides full service catering. Be sure to visit Mulligan's Snack Bar for some great food. For more information, call 222-9386.

Calendar of Events

TODAY

General resume writing class

The Army Community Service

Family Employment program will host a general resume' writing class Jan. 22 from 8 a.m. to 12 p.m. at ACS, Building 2797, in the new computer lab. Interviewing skills, techniques, and how to dress for success will also be topics of discussion. This class will be offered twice a month. For more information and to register, call 221-2705.

Microsoft Excel 2 class

A Microsoft Excel 2 class will be held Jan. 23 from 8 a.m. to 12 p.m. at Army Community Service, Building 2797, in the computer lab. The class will cover calculating with advanced formulas, sorting and filtering data. For more information or to sign up, call 221-1841 or e-mail jennifer.lobo@us.army.mil.

Infant massage classes

The Army Community Services New Parent Support Program will hold infant massage classes for babies from birth to one year old Jan. 22 from 10 to 11:30 a.m. The program will be held in five weekly sessions. Massage benefits may include helping babies and parents sleep better and longer, decrease stress and crying, and may help relieve baby's discomfort caused by gas or colic. Infant massage helps promote bonding and attachment between babies and their caregivers. For more information or to register, call 221-0655.

Healthy pregnancy class

The Army Community Service Family Advocate Program will hold a healthy pregnancy class Jan. 22 from 1 to 3 p.m. in Building 2797. Learn about proper nutrition, exercise, things to avoid and other valuable resources. Attendees will receive a free copy of *What to Expect When You're Expecting*.

See FMWR P14

Austin Cain, 5 years old, gives his aunt, Spc. Jessica O'Connell, a kiss on the cheek. Austin said, "I feel excited because Jessica is going to spend three days with me and play with me on my swing set." This is O'Connell's second deployment and is very happy to be home.



Spc. Kevin White, with his daughter in his arms, Aniyah, 20 months old, is surrounded by his family who came from Dallas to meet him and includes his sister Jasmine, mother Lisa Hartford, cousin Bertha Burns and aunt Gwen Taylor.



Families enjoyed refreshments and watched video slides of the 591st Medical Logistics Company while assigned to Iraq as they waited for their loved ones to arrive at the welcome home ceremony held Jan. 15 at the Roadrunner Community Center.



Members of the Fort Sam Houston community and 591st Medical Logistics leaders greet the Soldiers as they arrive inside the Roadrunner Community Center. The 591st Medical Logistics Company returned home following a 15 month deployment in support of Operation Iraqi Freedom.

591st Medical Logistics Company receives a warm welcome

Photos and story by Esther Garcia
Fort Sam Houston Public Affairs Office

Excitement was in the air as wives, husbands, aunts, nieces, nephews, sisters, brothers, grandmothers, and babies carrying red, white and blue balloons, small U.S. flags, flowers and welcome signs filled the Roadrunner Community Center Jan. 15 waiting for the arrival of the 591st Medical Logistics Company. After 15 months in Iraq more than 80 Soldiers were coming home.

As the Soldiers entered through a side door of the Army Community Service building, they were greeted by a receiving line consisting of Brig. Gen. James Gilman, commanding general, Great Plains Regional Medical Command and Brooke Army Medical Center; Col. Mary Garr, commander, U.S. Army Garrison; Col. Richard Gullickson, commander, 21st Combat Support Hospital; Lt. Col. Keith Rigdon, commander, 61st Multifunctional Medical Battalion; Great Plains Regional Medical Command and BAMC Sgt. Maj. Donna Simmons; Fort Sam Houston Chaplain Gil Richardson; and

U.S. Army Garrison Command Sgt. Maj. Pedro Class.

Marching on stage the ceremony began with the National Anthem by the Army Medical Command Band and the invocation by Chaplain Richardson.

"They did a great job," said Gilman, host for the ceremony.

Gilman continued, "We have the best equipped, best trained, best led Army the world has ever know, and it has resulted in the best supported Army medically the world has ever known. The result of that is the lowest rate of deaths from wounds seen in any major combat."

Gilman said these are the Soldiers responsible for the inspection and maintenance of medical equipment without which the doctors and nurses could not function.

"They are the unsung heroes of the U.S. Army Medical Department. Nobody appreciates them anymore than I do," said Gilman. "I can't tell you how important their job is."

The 591st MLC deployed November 2007. The unit received, stocked and shipped medical items, ran a single and multi-vision optical lens fabrication and

repair lab, and provided a medical maintenance shop for customers assigned to missions supporting Operation Iraqi Freedom. During the unit's 15 month deployment, the company reported servicing more than 400 different units on a monthly basis.

The Families were just glad to have them home safe and sound.

Spc. Kevin White's Family, who came from Dallas, included his mother, sister, cousin, and aunt. "I missed him terribly and I am glad to have him home," said his mother, Lisa Hartford. Kevin is her only son. "His Dad and I work for the City of Dallas, and the entire city is waiting for him."

"It has been a long journey," said Staff Sgt. Jorge Perez, whose 3 year old son could not stop touching his face.

Prior to the arrival of the unit, the Families enjoyed refreshments such as popcorn, a variety of cookies and drinks as they watched video slides of the unit while deployed in Iraq. Sgt. Edmund Perez, president, Better Opportunity for Single Soldiers, offered free trinkets and information about the BOSS program.



Brig. Gen. James Gilman, commanding general, Great Plains Regional Medical Command and Brooke Army Medical Center, welcomes home the Soldiers of the 591st Medical Logistics Company. "They did a great job and nobody appreciates them more than I do," said Gilman.



Staff Sgt. Jorge Perez Sr., gets a big hug from his son, Jorge Jr., 3 years old at the welcome home ceremony for the 591st Medical Logistics Company.

FMWR from P10

For more information, call 221-0349 or 221-2418.

Investment Class

An Investment Class will be held Jan. 22 from 2 to 4 p.m. at Army Community Service, Building 2797, 2010 Stanley Road, training room 1. Class space is limited. For more information or to register, call 221-1612.

FRIDAY**Women encouraging women**

Army Community Service Family Advocacy Program will hold Women Encouraging Women lunchtime semi-

nar Jan. 23 from noon to 1 p.m. at Army Community Service, Building 2797. The topic will be boundaries. Learn how to set healthy boundaries, control habits, and money and time for spouse and children. For more information or to register, call 221-0349 or 221-0600.

SUNDAY**Learn how to play Texas Hold'em**

The Fort Sam Houston Club will host Learn How to Play Texas Hold'em Jan. 25 from 1 to 3 p.m. There will be a \$5 fee per player. Sam's Sports Bar will be open with specials throughout the day. Snacks will be provided. Players must be 18 years or older. For

more information, call 224-2721.

MONDAY**Microsoft Excel 1 class**

A Microsoft Excel 1 class will be held Jan. 23 from 8 a.m. to 12 p.m. at Army Community Service, Building 2797, in the computer lab. This class will introduce the Excel workbook, edit and format data and how to use basic formulas. For more information or to sign up, call 221-1841 or e-mail jennifer.lobo@us.army.mil.

Unit Trauma Training

Unit Trauma Training will be held Jan. 26 from 9 a.m. to 2 p.m. at the Army Community Service, Building 2797. The intent of this training is to assist unit leadership, FRG leaders, Care Teams, Casualty Assistance Officers, Casualty Notification Officers and community agencies in knowing how to help Soldiers, Families and the unit when different trauma events occur. Register by Jan. 26 at 4 p.m.

Auditions for 'Pump boys and Dinettes'

The Harlequin Dinner Theatre will hold open auditions for "Pump Boys and Dinettes," a musical revue Jan. 26 from 7 to 8:30 p.m. both nights with Missy Miller directing. There are roles for two women and four men. People who come to audition should have a

musical number prepared. Other volunteers are needed for lights, sound, props and stage crew. For more information, call the Harlequin Dinner Theatre at 222-9694.

TUESDAY**Newcomers' Extravaganza**

The mandatory Newcomers' Extravaganza will be held Jan. 27 from 9:30 to 11 a.m. at the Sam Houston Club. The newcomers' Extravaganza is for all permanent party in-processing Soldiers, lieutenant colonel and below, within 60 days of their arrival to Fort Sam Houston. The extravaganza is an opportunity to learn about Fort Sam Houston and the San Antonio area; meet representatives from many different organizations, programs and businesses. Commanders and supervisors are encouraged to allow Soldiers and civilian employee's administrative time to attend. Soldiers, spouses and Families are welcome, as are civilians new to the area. For more information, call the ACS Relocation Assistance Program at 221-2705 or 221-2418.

Identity Theft

An Identity Theft class will be held

Jan. 27 from 2 to 4 p.m. at Army Community Service, Building 2797, 2010 Stanley Road, training room 1. Class space is limited. For more information or to register, call 221-1612.

WEDNESDAY**Microsoft Word 2 class**

A Microsoft Word 2 class will be held Jan. 28 from 8 a.m. to 12 p.m. at Army Community Service, Building 2797, in the computer lab. For more information or to sign up, call 221-1841 or e-mail jennifer.lobo@us.army.mil.

Mandatory First Term Financial Readiness

A Mandatory First Term Financial Readiness (online) will be held Jan. 28 from 9 to 11 a.m. at Army Community Service, Building 2797, 2010 Stanley Road, training room 1. Class space is limited. For more information or to register, call 221-1612.

Lunch and Bowl

The Fort Sam Houston Bowling Center will host Lunch and Bowl Wednesdays from 11 a.m. to 1 p.m. For more information, call 221-4740.

Nurturing parent program for parents, teens

By Cheryl Harrison

Army Community Service, Marketing

In the 1963 movie musical, "Bye, Bye, Birdie" Harry MacAfee, portrayed by actor Paul Lynde, sang a song entitled "Kids!" The song asked the age-old question, what's the matter with kids today?

Forty-six years later parents might ask the same question, only to realize that there is nothing wrong with them. They just need lots of guidance, love and nurturing from a strong relationship with their family.

According to subject matter experts in the Family Advocacy Program, once a parent gets past the diapers, occasional epidemics of head lice in elementary school and a full night of sleep every night, it doesn't mean their job is over. It just might require

learning new ways to handle the struggles the teen years seem to involve.

Parents want a more enriching and nurturing relationship with their teen. Nurturing is an essential part of life. It is defined as the ability to care for and foster growth in us and others. More importantly, developing the relationships between adults and teens in a nurturing way helps children to become more fully functioning adults. Sometimes parents need to go back to school per say to find new ways to nurture their strange and exciting pre-adults without disregard for the important role of mom or dad, experts say.

Army Community Services will hold a new class entitled "Nurturing Parenting of Teens." The Nurturing Parent

program is an internationally recognized program highlighted for enhancing the self worth, empathy, discipline, and empowerment of its participants. It is designed for Families with teens to participate together to promote a stronger relationship between them. The teens have their own curriculum that mirrors that of the caregiver, and the activities are designed to be completed together.

The main focus of the program is on the Family as a system, building understanding to help the members feel better about themselves and engage in happy and healthy interactions. Activities will be discussed introducing a variety of concepts and participants will explore ways to improve communication, handling stress and anger, power struggles, taking responsibility for actions, and self esteem.

All parents are encouraged to sign up with their teen, for this program that will instruct them how to build better rela-

Classes begin Feb. 5 from 5:30 to 8:30 p.m. at the Dodd Field Chapel, Building 1721. The classes meet once a week for eight weeks and will end April 2.

tionships. Teens will also learn how to understand the parents and adults in their life as well.

Classes begin Feb. 5 from 5:30 to 8:30 p.m. at the Dodd Field Chapel, Building 1721.

The classes meet once a week for eight weeks and will end April 2. Childcare for siblings will be provided. For more information, or to sign up, call 221-0349 or e-mail thelma.kegley@us.army.mil.

Fort Sam Houston ISD meets AYP

Fort Sam Houston Independent School District

Weekly Campus Activities — Jan. 26 to 31

Fort Sam Houston Elementary School	and 8 p.m.
Jan. 28	Boys' soccer at Holy Cross, 4:30 p.m.
FSHISD School Board Meeting in Professional Development Center, 11 a.m.	Girls' soccer vs. Feast at Cole, 5 p.m.
Jan. 31	Jan. 28
Spirit Day	FSHISD School Board Meeting in Professional Development Center, 11 a.m.
Robert G. Cole Middle and High School	Jan. 29
Jan. 26	Middle School GATE Field Trip
Cole Middle and High School	Jan. 30
Student of the Month breakfast in middle school conference room, 8:30 a.m.	Girls' soccer vs. St. Anthony at Cole, 4:30 p.m.
Girls' golf tournament at Buckhorn Golf Club in Comfort, (leave Cole at 7 a.m.)	Girls' JV/V basketball vs. Brooks, 5 and 6:30 p.m.
Jan. 27	Boys' JV/V basketball vs. Brooks Academy, 5 and 8 p.m.
Girls' JV/V basketball at Comfort, 5 and 6:30 p.m.	District swim meet at Palo Alto, TBA
Boys JV/V Basketball at Comfort, 5	Jan. 31
	Junior ROTC Military Ball at Holiday Inn Riverwalk, 7 to midnight

School board meeting

The Fort Sam Houston Independent School District board of trustees will meet Jan. 28 at 11 a.m. at the FSHISD Professional Development Center, 1908 Winans Road.

The Fort Sam Houston School District received final notice that the district and both schools met federal Adequate Yearly Progress standards reauthorized in the 2001 No Child Left Behind Act. The Texas Education Agency announced that 75 percent of Texas schools and 67 percent of school districts met or exceeded the 2008 federal AYP standards.

The federal standards are based on three major areas: graduation rates for high schools and districts; attendance rates for elementary schools; and participation and passing rates on state tests for grades third to eighth and 10th. The AYP system also looks at the performance of the following student groups: African American, Hispanic, white, economically disadvantaged, special education and limited English proficient.

Preliminary results released in October had indicated that Robert G. Cole Middle and High School and Fort Sam Houston Elementary School met AYP, but the district did not meet the federal

standards. The district filed an appeal with the Texas Education Agency because of concerns regarding the math results of some of our special education students.

"After examining our special education math scores, it was evident that five students who took the TAKS-Alternate exam were included in the AYP participation calculations, but not included in the performance calculations, even though their test results showed they had passed the math assessment," said Dr. Gail Siller, FSHISD superintendent. "TEA reviewed our documentation and found that we did indeed meet AYP standards."

"We're so pleased that TEA granted our district's AYP appeal," added Siller. "Missing even one of 29 indicators will cause a district or campus not to meet the AYP standard."

FSHISD students exceeded federal standards with 100 percent student participation and 91 percent passing the reading/English language arts test. Ninety-nine percent of the students participated in the math test with an overall 80 percent passing rate. Cole High

School Class of 2007 achieved a graduation rate of 92 percent while the elementary and middle school exceeded the 90 percent attendance rate.

The tests used to determine the federal evaluations are the Texas Assessment of Knowledge and Skills, which 90 percent of the students in these grades take, and three new variations of TAKS that are used for students with disabilities.

One new exam called the TAKS-Alternate (TAKS-Alt), is given to students who have significant cognitive disabilities and was included in the AYP calculations for the first time this year are TAKS (Accommodated) and TAKS-Modified (TAKS-M).

TAKS (Accommodated) is an on-grade level TAKS that contains some modifications, such as the elimination of field test items. Most students with disabilities who need some testing modifications take TAKS (Accommodated). TAKS-M is also an on-grade level test, that has additional modifications such as fewer items and fewer answer choices.

(Source: FSHISD)

Community

Announcements

Disney's Armed Forces Salute

Now through Dec. 23 each active or retired member of the U.S. military may obtain one complimentary five-day "Disney's Armed Forces Salute" ticket with Park Hopper and Water Park Fun and More options. All tickets and options are non-transferable and must be used by Dec. 23. A similar offer is in place at Walt Disney Land in California. For more information, visit www.disney-world.com/military.

friends. The companion tickets do not include either the Park Hopper or Water Park Fun and More options, but the ticket can be upgraded to add either option, or both, for an additional \$25, plus tax, per option. This ticket is valid for five days of admission into four Walt Disney theme parks, plus a total of five visits to a choice of Disney water park, DisneyQuest indoor interactive theme park or certain other attractions. During the same period active or retired U.S. military personnel may also make a one-time purchase (up to a maximum of five) five-day "Disney Armed Forces Salute Companion" tickets for \$99 per ticket, plus tax, for Family members and

Calendar of Events

TODAY

Troops to Teachers seminar

The Army Career and Alumni Program will host a Troops to Teachers seminar Jan. 22 from 1 to 3 p.m. at ACAP, Building 2263, classroom B100.

The seminar is open to anyone wanting to become a teacher. For more information or to register, call 221-1213.

FRIDAY

Small business seminar

The Army Career and Alumni Program will host a small business seminar Jan. 23 from 9 to 11 a.m. at ACAP, Building 2263, classroom B100. Representatives from the Small Business Association Veterans Business Outreach Center will discuss HUB, state procurement opportunities, subcontracting opportunities and small business financing. For more information or to register, call Alma Muro at 956-292-7555.

WEDNESDAY

Fort Sam Houston Technology Exposition

The Directorate of Information Management will host the Fort Sam Houston Technology Exposition Jan. 28 from 10 a.m. to 2 p.m. at the Sam Houston Club. The event is free and open to all military, civilian and contract personnel. More than 30

exhibitors will be on hand demonstrating the latest in emerging technologies. For more information or to request a company or technology call, Natalie Tier at 301-596-8899, ext. 227, or e-mail Tier@ncsi.com. To pre-register, visit www.FederalEvents.com, click on "Fort Sam Houston," and choose the Government/Military link.

JAN. 29

Financial planning, pre-retirement seminar

The Alamo Federal Executive Board in collaboration with the Fort Sam Houston Civilian Personnel Advisory Center will hold a financial planning and pre-retirement seminar Jan. 29 from 9 a.m. to 4 p.m. in the Evans Theater, Building 1396. This seminar is for federal employees interested in long or short-range retirement planning and learning about a particular retirement system. Topics will include retirement systems; Thrift Savings Plan; Social Security Benefits; Federal Employees' Group Life Insurance and Survivor Benefits, and other topics. Bring the following statements with

you, a current leave and earnings, TSP statement and an annual Social Security statement. To register, call Lena Boutelle at 221-0639, or e-mail lena.m.boutelle@us.army.mil. Reservations are required.

JAN. 30

American Society of Military Comptrollers

The Alamo Chapter of the American Society of Military Comptrollers will host a luncheon Jan. 30 from 11 a.m. to 1 p.m. at the Sam Houston Club, Building 1395, Chaffee Road in the Crockett Room. The luncheon will be co-hosted by the Association of Government Accountants. The guest speaker is Dr. Keith Phillips, senior economist and policy adviser at the Federal Reserve Bank of Dallas, San Antonio Branch. The topic will be the 2009 economic environment. Members and non-members are welcome to attend. This seminar is worth one hour of Continuing Professional Education credit. For more information or reservations, call Gwendolyn Sewell at 536-6112. Reservations are due by Jan. 26.

For Sale Fort Freebies

Submission guidelines:

Freebies are published on a first-come, first-served basis. The deadline is noon Monday. Freebies are intended for personal household goods, and may only be submitted by active, retired or reserve military members and civilian employees working on Fort Sam Houston. Real estate and employment ads will not be published. To submit a Fort Freebie, e-mail news.leader@conus.army.mil or fax to 221-1198. Freebies can only be ran twice. Limit of five items per entry. For more information, call 221-0615.

For Sale: Battery powered pink Razor scooter, one seat, excellent condition, \$125. Call 464-6761.

For Sale: Two love seats, \$150; futon with two mattress covers, \$125; sofa table, \$75; 28 inch television, \$75; 16 inch television, \$50; two Bose 601 speakers, \$100. Call 272-0282.

For Sale: Oak entertainment center on wheels 50 inches high by 55 inches wide, three shelves, storage compartments, fits 28 inch television, \$100. Call 496-9304.

For Sale: Dresser, light wood, \$45; office chair, black, adjustable high level, \$20; computer desk, \$30; two drawer metal filing cabinet, \$15; washer, \$125. Call Sandy 241-1291 or 637-7322.

For Sale: Kitchen table, round,

pedestal base, four chairs, solid oak, new, \$200; black sofa sleeper, ideal for child's room, new, \$100; 50-inch projection television, \$200 obo. Call 697-9261 or 363-4056.

For Sale: Wood-grain wall unit entertainment center, 6 feet high by 5 feet wide by 17 inches deep, \$150; Authentic Burberry Nova Check small hobo tote with dust jacket, 9 inches wide by 6 inches high by 2.5 inches deep with 8 inch strap, \$175; Baby crib, needs refinishing, \$25; Mauve recliner, frame slightly bent, \$40; three-tier diaper cake, blue. Call 852-9927.

For Sale: Ralph Lauren handbag with matching wallet, like new, \$85; pethouses, medium, \$40; pethouses, large, \$70; baby backpack with frame, \$35; barbecue grill,



Main Post Chapel, Building 2200, 221-2754

Catholic Services:

4:45 p.m. - Reconciliation - Saturdays
5:30 p.m. - Mass - Saturdays
9:30 a.m. - Mass - Sundays
11:30 a.m. - Mass - weekdays

Protestant Services - Sundays:

8 a.m. - Collective Protestant
11 a.m. - Collective Protestant
Jewish Services: 379-8666 or 493-6660
8 p.m. - Fridays - Worship and 8:30 p.m. - Oneg Shabbat

Dodd Field Chapel, Building 1721, 221-5010 or 221-5432

Catholic Services:

9:15 to 11:15 a.m. - Catholic Women of the Chapel Enrichment or Bible Study - Mondays
12:30 p.m. - Mass - Sundays

\$25; dance shoes, \$12. Call 633-3859.

For Sale: Four 16 inch tires, \$50; exerciser, \$200; two bikes, \$35 each; buffet, \$75; custom-made pethouse, \$225. Call 633-2247.

For Sale: Chihuahua puppy, \$150; Refrigerator with freezer, 4 feet tall, \$95; Risistol hat, size 7 1/4, \$65; Coach hobo

Protestant Services:

10:30 a.m. - Gospel Protestant - Sundays
9:30 to 11:30 a.m. - Protestant Women of the Chapel meeting - Wednesdays, child care is provided
6:30 to 7:30 p.m. - Protestant Women of the Chapel meeting - Thursdays, child care is provided
Samoan Protestant Service: 8:30 a.m. - Sundays

Brooke Army Medical Center Chapel, Building 3600, 916-1105

Catholic Services:

8:30 a.m. - Mass - Sundays
11 a.m. - Mass - Sundays

Protestant Services:

10 a.m. - Worship Service - Sundays
Episcopal/Lutheran Rite services:
12:30 p.m. - Traditional worship - Thursdays

handbag, new, \$195; James Avery bracelet, \$150. Call 221-2690.

For Sale: Solid oak wall unit entertainment center, 73 inches high by 59 inches wide by 22 inches deep, excellent condition, \$150; Thomasville solid wood bunkbed, two twin beds with mattress, \$350. Call 858-4259.

Center for the Intrepid, first floor, 916-1105

Christ for the Intrepid services:

5:30 p.m. - Coffee and fellowship - Sundays
6 p.m. - Contemporary worship - Sundays

AMEDD Regimental Chapel, Building 1398, 221-4362

32nd Medical Brigade Student services

Catholic Mass: 8 a.m. - Sundays
Contemporary Protestant Service: 9:30 a.m. - Sundays

Muslim Jumma: 1:30 p.m. - Fridays

Fort Sam Houston Library, Building 1222, 221-4702

Church of Jesus Christ of Latter Day Saints:

8:30 a.m. - Sundays

Installation Chaplain's Office, Building 2530, 295-2096

Contemporary Protestant: 11:01 a.m. - Sundays

Web site: www.samhouston.army.mil/chaplain

For Sale: Two used professional sports bikes, men's-style with crossbar, one blue Novara Randonee, \$49; one red Novara Strada, \$69; both for \$100. Call 659-6741.

Wanted: Tin for patio area, good condition; used privacy fence boards, in good condition. Call 550-7371.