

FORT SAM HOUSTON News Leader

JANUARY 25, 2013
VOL. 55, NO. 3



**DR. MARTIN
LUTHER KING JR.
OBSERVANCE**

**JAN. 25
Noon-1 p.m.
Roadrunner
Community
Center,
Building 2797**

A PUBLICATION OF THE 502nd AIR BASE WING — JOINT BASE SAN ANTONIO — FORT SAM HOUSTON

BAMC 'Goes Red' to raise awareness of heart disease

By Elaine Sanchez
BAMC Public Affairs

After a trip to see her grandsons, Gloria Magruder had trouble shaking back pain that came and went throughout the next day. She chalked it up to muscle pain from over-activity and decided to take a hot shower to ease the pain.

Her concern grew when her arm felt so heavy she couldn't lift it to wash her hair. She sought care, and while her X-ray was normal, her blood test showed she was having a heart attack.

"Heart attack symptoms can be subtle in women, which is why it's so important for women to stay in tune with their bodies," said Magruder, wife of retired Army Lt. Gen. Lawson Magruder. "I'm just glad I listened to mine."

Brooke Army Medical Center will join the nation Feb. 1 in celebrating "Go Red Day," the American Heart Association's nationwide movement to raise awareness of heart disease and ensure women like Magruder are aware of how to detect and prevent it.

Many people may associate heart disease with men, but few may realize it's the No. 1 killer of women in the United States, according to the AHA. One in three women will die of heart disease.

For men and women, risk factors include high blood pressure, high levels of LDL cholesterol, diabetes, obesity, physical inactivity and smoking.

To combat risk, the AHA recommends people use their birthday as a reminder to schedule a health checkup every year.

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Photo by Robert Shields

Stacey Dramiga, director of cardiac rehabilitation, monitors Gloria Magruder as she exercises as part of her cardiac rehabilitation program at San Antonio Military Medical Center.



Photo by Staff Sgt. Corey Baltos

Coast Guard Capt. Webster Balding (center), chief, preparedness division, Atlantic Area Five, discusses the role that the U.S. Coast Guard plays in counterdrug operations and maritime border security operations during the Concept of Support workshop Jan. 9. Mark Dawson (left), chief of Immigration Customs Enforcement, Homeland Security Investigations Domestic Operations, and Chris Abbott (right), acting director, plans division, Department of Homeland Security, look on.

ARNORTH-hosted Homeland Security/DOD workshop covers diverse topics

By Staff Sgt. Corey Baltos
ARNORTH Public Affairs

More than 50 senior government and military officials from throughout the nation attended the U.S. Army North-hosted Department of Homeland Security/Department of Defense 2014 Concept of Support workshop at the Joint Base San Antonio-Fort Sam Houston Rehearsal

of Concept (ROC) Drill Center Jan. 9 and 10.

The event focused on the nation's federal law enforcement agencies' future homeland security support requirements.

Among the key topics addressed by the representatives from the Department of Homeland Security, U.S. Northern Command, U.S. Army North, Joint Task

Force-North, National Guard Bureau, and the National Guard from Arizona, New Mexico, California and Texas, was the continuing need for the agencies to work jointly in their efforts to secure the nation's borders and safeguard our citizens.

Lt. Gen. William Caldwell IV, the commanding general

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President Obama takes oath of office recognizing military contributions

By Donna Miles
 American Forces Press Service

President Barack Obama took the ceremonial oath of office for his second term as the 44th U.S. president and commander in chief on the steps of the U.S. Capitol Jan. 21, honoring the men and women in uniform who have preserved America's freedoms throughout its history.

More than 5,000 military members – some participating in the inaugural parade, others playing musical accompaniment, firing artillery rounds into the sky or providing behind-the-scenes support – were

among more than a half million people who gathered on the National Mall to watch Obama and Vice President Joe Biden enter their second term.

Recognizing the draw-down of forces in Afghanistan and the ramping down of more than a decade of conflict, Obama offered high praise during his inaugural address for U.S. service members, their contributions and sacrifices.

“Our brave men and women in uniform, tempered by the flames of battle, are unmatched in skill and courage,” he said.

“Our citizens, seared by the memory of those



White House photo by Sonya N. Hebert

President Barack Obama takes the oath of office from Supreme Court Chief Justice John G. Roberts Jr., right, in a public ceremony at the U.S. Capitol before thousands of people in Washington, D.C., Jan. 21. Roberts administered the oath in an official ceremony at the White House Jan. 20.

we have lost, know too well the price that is paid for liberty. The knowledge of their sacrifice will

keep us forever vigilant against those who would do us harm.”

Obama expressed

hope for a more peaceful future, noting that Americans understand that “enduring security and lasting peace do not require perpetual war.”

Americans are “heirs to those who won the peace and not just the war, who turned sworn enemies into the surest of friends,” the president said.

“We must carry those lessons into this time as well.”

The president affirmed the nation's resolve to defend its people and uphold its values through both the “strength of arms and rule of law” –

See **OBAMA, P7**

Airmen urged to reenlist, extend, retire, separate before Feb. 15

By Tech. Sgt. Steve Grever
 Air Force Personnel
 Center Public Affairs

Air Force officials are encouraging active-duty Airmen who are eligible to reenlist, extend their current enlistment, retire or separate in March to complete these personnel actions through the myPers website and their base military personnel sections by Feb. 15 to avoid processing delays and military pay issues.

Airmen need to accomplish these actions because the Air Force is upgrading and transfer-

ring the Military Personnel Data System to the Defense Information Systems Agency's Defense Enterprise Computing Center in March.

The upgrade project is scheduled to take about 23 days to complete, during which time, MilPDS will not be available.

MilPDS is the records database for personnel data and actions that occur throughout every total force Airman's career.

MilPDS is also used to initiate Airman pay actions, maintain Air Force accountability and

strength data. MilPDS also supports a host of interactions with other active duty, Air Force Reserve and Air National Guard systems and processes that rely on this personnel data.

Reenlistment-eligible Airmen or Airmen with permanent change of station or retraining orders should contact their base MPS and initiate their reenlistment or enlistment extension paperwork by Feb. 15.

“Airmen who accomplish their reenlistment or enlistment extension by Feb. 15 should not

experience interruptions in their pay because their servicing MPS can process all appropriate transactions prior to the MilPDS upgrade,” said Michael McLaughlin, the Air Force Personnel Center reenlistments branch chief.

“Getting these personnel transactions completed and into the Defense Finance and Accounting Service system are the fastest means to update an Airman's pay and entitlements, which will reduce the need for DFAS to correct an Airman's pay record.”

Airmen can reenlist or extend their enlistment during the upgrade in March, but they may experience additional delays in processing these transactions to DFAS if their date of separation expires during the MilPDS upgrade period.

The Air Force processes more than 60,000 reenlistments and enlistment extensions annually.

AFPC officials are also encouraging active-duty Airmen who are eligible to apply for retirement or request a voluntary

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Correction

There is a correction to the article titled “Information technology user get new work order ‘remedy’” on Page 9 in the Jan. 18 edition of the News Leader. The last line should read “Remedy ITSM is scheduled for implementation the week of Feb. 8.” The News Leader staff regrets the error.

Edwards Aquifer Level

in feet above sea level as of Jan. 23

CURRENT LEVEL * = 654.7'

*determines JBSA water conservation stage

Normal - above 660'
 Stage I - 660'
 Stage II - 650'

Stage III - 642'
 Stage IV - 640.5'
 Stage V - 637'

For water restrictions, visit <http://www.502abw.af.mil>.



Weekly Weather Watch

	Jan 25	Jan 26	Jan 27	Jan 28	Jan 29	Jan 30
San Antonio Texas	74° Partly Cloudy	71° Cloudy	74° AM Clouds/PM Sun	76° AM Clouds/PM Sun	76° Mostly Cloudy	67° Partly Cloudy
Kabul Afghanistan	44° Sunny	45° Sunny	48° Partly Cloudy	49° Sunny	50° Sunny	46° Partly Cloudy

(Source: The Weather Channel at www.weather.com)

News Briefs

2013 JBSA Annual Awards Auditions

The Joint Base San Antonio Annual Awards Committee hosts auditions for emcees and national anthem singers at 3:30 p.m. Jan. 25 at the Robert D. Gaylor NCOA Auditorium on JBSA-Lackland. Members of all service branches of any rank are encouraged to audition. For more information, call 671-3722 or 565-3673.

JROTC All-Army Drill Meet Feb. 9

More than 700 Army Junior ROTC cadets will take part in the All-Army Drill Meet from 8 a.m. to 4 p.m. Feb. 9 at the Henry B. Gonzalez Conventions Center, 200 E. Market Street. Free parking is available at the San Antonio Federal Courthouse Building, 655 E. Durango Blvd. Top five winners will represent the 5th Brigade Army ROTC at the Army national competition April 6 at Fort Knox, Ky. For more information, click on <http://www.sahbgcc.com> or call 295-2014.

Large Troop Formations in METC Campus Area

With the Feb. 1 closure of the Slagel Dining Facility, motorists on Garden Street in the Medical Education and Training Campus area can expect large troop movements during meal times. Motorists are advised to expect delays and avoid the area if possible as troop formations head to the new DFAC for meals. In the near future, the Schofield Road access control point will be moving back near the railroad tracks and will open up other routes around the METC campus.

ASA Security Office Relocation

The Army Support Activity Security Office has relocated to the second floor of Building 2001 in Room 201. The new address is 1837 Army Blvd., which is in the west corner of the installation. Business hours are from 7:30 a.m. to 4:30 p.m. Fingerprinting for background investigations are only performed for government positions, with no appointment necessary. For more information, call 221-2829/2268/9611.

Spouses' Club Scholarships

Applications for the Spouses' Club of the Fort Sam Houston Area College Scholarship are being accepted. The

See NEWS BRIEFS, P6

SOUTHCOM commander stresses importance of Army South mission

By Robert R. Ramon
U.S. Army Public Affairs

Marine Gen. John F. Kelly paid a visit to U.S. Army South Jan. 15, his first since taking command of U.S. Southern Command in November 2012. U.S. Army South is the Army Service Component Command of SOUTHCOM.

SOUTHCOM's area of responsibility encompasses 31 countries and 15 areas of special sovereignty in Central and South America, and the Caribbean and covers about 15.6 million square miles.

Kelly said the AOR in which SOUTHCOM and Army South operate is an important one to the United States.

"What we do in this part of the world is very, very different than what some of the other folks are doing," Kelly said. "Clearly it's different than what they're doing in the Middle East, but it's



Photo by Jose Saez

Marine Gen. John F. Kelly (right), commander, U.S. Southern Command, receives a briefing by Maj. Gen. Frederick S. Rudesheim (left), U.S. Army South commander, at the ARSOUTH headquarters Jan. 15.

no less important. We have challenges in this part of the [world] and the nations down here want to partner with us."

During his one-day visit, Kelly met with Maj. Gen. Frederick S. Rudesheim, ARSOUTH commanding general, and other key com-

mand leaders before receiving a briefing on the current command structure and operations within the AOR.

Kelly also toured the Army South headquarters building and received capability demonstrations by Soldiers and civilians in several staff directorates.

In addition, Kelly and Command Sgt. Maj. Eric J. Geressy, SOUTHCOM senior enlisted advisor, made time to meet with several junior enlisted Army South Soldiers during a luncheon.

Throughout his visit, Kelly stressed the importance of the

ARSOUTH mission.

Kelly said narco-trafficking, part of a range of transnational threats, is a prime example of security challenges that require our region to work collectively and holistically with partner nations in order to mitigate the impact.

"[Nations within the region] have already been shouldering tremendous burdens in terms of drugs and narco-terrorism. Those are things that we want to help them get after," Kelly said.

"The issue of drugs is an influence in our country that costs nearly 200 billion dollars and somewhere around 30,000 lives a year, Kelly added. "The first line of defense is here under SOUTHCOM.

"I would say to all of the professionals, regardless of the uniform that you wear, what you do here is important and it has a direct effect on large cities and small towns in America."

Kelly also visited the U.S. Marine Corps Wounded Warrior Battalion at Brooke Army Medical Center.

AIRMEN from P2

separation in March to initiate these personnel actions through the virtual Military Personnel Flight application on the myPers website at <http://mypers.af.mil> as soon as possible.

"While a short-notice separation or retirement can be processed manually, we would like Airmen to be proactive and apply as soon as possible to process their request," said Maj. Michael Meek, the AFPC retirements and separations

branch chief.

"Typically, Airmen can apply for voluntary separation or retirement up to one year out."

Airmen will notice minimal processing delays if they initiate their retirement or voluntary separation applications before March. Processing these applications early will help base MPSs reduce their backlog of transactions to process after the MilPDS upgrade is completed.

Airmen who intend to voluntarily separate or retire can have

their approved dates of separation updated and potentially avoid being selected for a deployment or assignment.

The Air Force processes about 12,000 retirements and 23,000 separations annually.

Air Force Reserve members are not required to take any immediate actions unless they are notified by their MPS. The MPSs will receive specific instructions on critical personnel and pay processes related to accessions, unit training assemblies and par-

ticipation, mobilizations and activations and casualties.

These processes will continue to function during the upgrade. Other personnel and pay processes will be held during the cutover period and processed once the upgrade is complete. Servicing MPSs will notify their affected members as soon as possible of any required personnel actions.

More information is available on the ARPC public website at <http://www.arpc.afrc.af.mil> and

the myPers website at <http://mypers.af.mil>.

Air Force officials will continue to release additional information and guidance to the Air Force's manpower, personnel, services and pay communities and total force Airmen to continue to educate them on how the service will perform critical personnel and pay tasks during the MilPDS upgrade.

For more information about the MilPDS upgrade, visit the myPers website at <http://mypers.af.mil>.

Special Victims' Counsel eligibility expanded to include unprofessional relationships

By Tech. Sgt. Beth Anschutz
AETC Public Affairs

The new Special Victims' Counsel Program starting Air Force-wide on Jan. 28 will be expanded to basic military trainees and technical training students who have been involved in unprofessional relationships of a physical and sexual nature.

The SVC pilot program is designed to provide victims of sexual assault support throughout the military justice process by providing independent legal representation designed for victims' distinctive needs.

"The Special Victims' Counsel is a very important addition to the system of support we already have in place to help victims of sexual

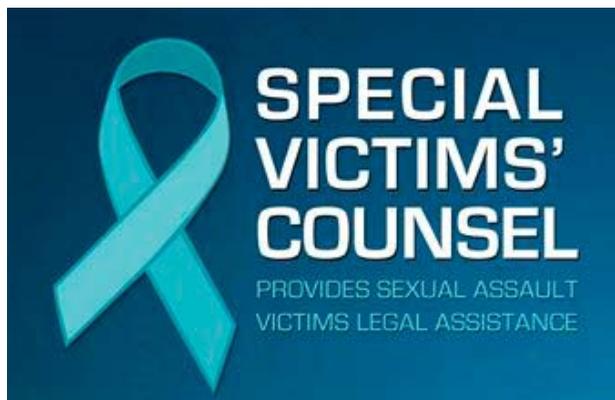
assault," said Gen. Edward A. Rice Jr., commander of Air Education and Training Command.

"It is an indication of how seriously we take the crime of sexual assault and how committed we are to addressing the needs of our Airmen who are victims of this offense."

The Special Victims' Counsel program entitles Air Force victims of sexual assault to legal counsel.

It also entitles some categories of dependents as well as sister service members who report being sexually assaulted by an Airman.

"In addition to the covered sexual assault offenses, entry-level Airmen who have been involved in an unprofessional relationship of



a physical and sexual nature with instructors or staff from basic military training or technical school will also be entitled to SVC services," said Lt. Col. Andrea R-Ferrulli, AETC Judge Advocate office.

Entry-level Airmen are generally those who have been in continuous active service for 180 days or less.

"Sexual assault victims will now have a lawyer to provide advocacy and advice throughout the investigatory and trial process, a process which can be difficult and intimidating at times," R-Ferrulli continued.

Last year, available sexual assault statistics showed 29 percent of victims who filed a report to have a sexual

assault investigated, changed their minds before the trial convened and instead indicated they were no longer interested in cooperating with the prosecution.

According to officials, this may indicate the Airmen had grown fatigued at the lengthy, sometimes confusing, process involved in prosecuting a sexual assault.

"By building and sustaining resiliency among sexual assault victims and empowering them to fully participate in the justice process, the program will strengthen the military justice system," R-Ferrulli said.

Any eligible victim, whether making a restricted or un-restricted report of sexual assault, may obtain a SVC through the sexual

assault response coordinator, who starts the referral process. The SVC program office will assign an SVC.

There are currently 60 military attorneys trained on how to effectively represent victims of sexual assault.

Each Special Victims' Counsel is an experienced litigator with courts-martial experience who was hand-selected by the judge advocate general of the Air Force.

They represent only the victim of sexual assault with complete attorney-client confidentiality.

For more information call the JBSA Sexual Assault Hotline at 210-808-SARC (7272) or the toll-free DOD Safe Helpline at 877-995-5247.

BAMC CELEBRATES MLK



Photo by Maria Gallegos

BAMC public affairs intern Marsha Huffman sings "A Change is Gonna Come" during Brooke Army Medical Center's Dr. Martin Luther King Jr. observance at the San Antonio Military Medical Center medical mall Jan. 17. More than 100 staff, patients and their families participated in the event. Taj Matthews, executive director of Claude and ZerNona Black Developmental Leadership Foundation, was the guest speaker at the event. He spoke about the importance in youth mentoring and how everyone can make a difference. "Let the past influence the future," Matthews said. "Be a part of the future."

News Briefs

from P3

Spouses' Club will award scholarship funds for the 2013-2014 academic year to select students with military affiliation to assist them with college expenses. Graduating high school students, dependent undergraduate students continuing their education and spouses who are current members of the Spouses' Club as of Dec. 1 are eligible to apply. Applications need to be postmarked no later than Feb. 28. For more information, go to the "Scholarship" area on the Spouses' Club of the Fort Sam Houston Area website at <http://www.scfsh.com>.

TSP Withdrawals Due to Hurricane Sandy

On Nov. 21, 2012, the Thrift Savings Plan made temporary changes to the financial hardship withdrawal rules for participants affected by Hurricane Sandy. Requests to TSP must be received by Jan. 25, 2013. For more info regarding the TSP withdrawal process, please contact TSP at (877) 968-3778 or visit the TSP website at <https://www.tsp.gov/representative/announcements/announcements.shtml>.

Spouse's Club Welfare Funds

Applications for the Spouses' Club of the Fort Sam Houston Area welfare fund are being accepted. Any non-profit organization that supports the welfare of the Armed Forces and their families located at Joint Base San Antonio-Fort Sam Houston and JBSA-Camp Bullis is eligible to apply. All information necessary can be found at <http://www.scfsh.com/> under the "Welfare" button on the left of the page. The application form is available for download and contact information is provided. Applications must be submitted by April 1.

Military Nurses and Ethical Issues during Wartime Deployments Research Study

Active duty or reserve component Nurse Corps officers who have been deployed to Iraq or Afghanistan are invited to participate in a research study about the types of ethical issues encountered in their practice and how these issues were managed in theater. Participants will be asked to take part in a 1 to 1 1/2 hour interview in person or by telephone and may also be asked to take part in a final presentation at

See **INSIDE, P24**

Army freezes hiring, cuts base ops, reduces training

By C. Todd Lopez
Army News Service

In advance of possible extreme budget cuts that could arrive in March, Army leadership has called for an immediate hiring freeze and spelled out other pre-emptive measures meant to help the service prepare for a fiscal cliff.

In a memo dated Jan. 16, Secretary of the Army John M. McHugh and Chief of Staff of the Army Gen. Ray Odierno laid out 15 "near-term" actions to help the Army "reduce our expenditure rate and mitigate budget execution risks in order to avoid even more serious future fiscal shortfalls."

"We expect commanders and supervisors at all levels to implement both the guidance contained in this memorandum and the detailed instructions to follow," wrote McHugh and Odierno. "The fiscal situation and outlook are serious."

First among those actions is an immediate freeze on civilian hiring, though Army leaders have left commanders with some latitude in the policy for "humanitarian and mission-critical purposes."

Also among employment-related measures spelled out in the memo is a termination of temporary employees when "consistent with mission requirements."

The memo also directs installation commanders to reduce base operations support for fiscal year 2013, which runs from Oct. 1, 2012 to Sept. 31, 2013, to levels that are about 70 percent of fiscal year 2012.

Commanders have been asked to reduce support to community and recreational activities and to also reduce utilities consumption "to the maximum extent possible."

Non-mission-essential training activities are also up for reduction. In particular, training not

related to maintaining "readiness for Operation Enduring Freedom, the Korean forward-deployed units, Homeland Defense and the Division Ready Brigade." Also targeted is conference attendance and professional training that is not mission essential.

The secretary and the chief have also directed installation commanders to cease facility sustainment activity that is not "directly connected to matters of life, health or safety," and to stop restoration and modernization projects.

Army senior leadership has also spelled out changes for Army acquisition, logistics and technology. All production contracts and research, development, testing and evaluation contracts that exceed \$500 million must be reviewed by the under secretary of defense for acquisition, logistics and technology.

The assistant secretary of the Army for



Photo by C. Todd Lopez

In advance of possible extreme budget cuts that could arrive in March, Army and Air Force leadership has called for an immediate hiring freeze and spelled out other pre-emptive measures meant to help the services prepare for a fiscal cliff.

acquisition, logistics and technology must also assess the impacts of "budgetary uncertainty" on science and technology accounts.

The secretary and chief of staff state civilian furloughs could be a "last resort" possibility in fiscal year 2013. "Therefore, no action should be taken with regard to furloughs without the express approval of the secretary of the Army."

Any measures taken

as a result of the Jan. 16 memo must be reversible, the document states.

"At this point, the steps should focus on actions that are reversible if the budgetary situation improves and should minimize harm to readiness," McHugh and Odierno wrote.

The memo also notes that "funding related to wartime operations and Wounded Warrior programs" will not be affected.

Air Force implements civilian hiring freeze

By Staff Sgt. David Salanitri
Air Force Public Affairs Agency

Air Force senior leaders directed a force-wide hiring freeze among other workforce actions in a memorandum sent to senior commanders Jan. 16.

The actions are part of the Air Force's efforts to pursue reversible or recoverable steps to avoid impacts to core readiness caused by the looming possibility of sequestration and budgetary shortfalls.

Civilian pay makes up a large share of the

Air Force's operating budget. With budgetary uncertainty and a projected fiscal year 2013 \$1.8 billion shortfall in the Air Force funding for overseas contingency operations, Air Force leadership is taking these immediate actions to reduce the force's expenditure rate.

The temporary hiring freeze applies to all positions that are open to applicants outside the Air Force for permanent, temporary and term vacancies in all appropriations, according to the memo.

Reassignments and promotions within the current work force will continue because they do not affect the current force size.

The memo, issued by Lt. Gen. Darrell Jones, deputy chief of staff for Manpower, Personnel and Services, Headquarters U.S. Air Force, Washington, D.C., states hiring actions already in progress where a selection was made and an entry on duty date already established will continue, and set EODs may remain.

External hiring ac-

tions where a job offer has not been made will be withdrawn. Exemptions from previous hiring controls do not carry over.

Additionally, commanders are directed to immediately release temporary employees, and not renew term employees.

All temporary and term employees, to include reemployed annuitants that are not considered mission critical, should be separated in accordance with already established procedures.

More specific guidance on actions related to the civilian workforce hiring freeze and management of temporary and term employees is being developed and will be distributed through command channels as soon as details are available.

"These are uncharted waters concerning the federal budget and the effect it will have on the Air Force," Jones said in the memo.

"It is imperative we work closely together to balance mission needs and minimize impacts to our dedicated civilian employees and their families."

JROTC CADETS GET HANDS ON AT METC



Photo by Kathy Salazar

McCollum High School Junior ROTC cadets look on as two of their peers listen to breathing sounds of a simulation mannequin while visiting the Medical Education and Training Campus interservice respiratory therapist program during a tour of Joint Base San Antonio-Fort Sam Houston Jan. 17.

OBAMA from P2

and with an arm extended to its friends as well as adversaries to help lay conditions for long-term peace.

“We will show the courage to try and resolve our differences with other nations peacefully – not because we are naive about the dangers we face, but because engagement can more durably lift suspicion and fear,” he said.

Meanwhile, “America will remain the anchor of strong alliances in every corner of the globe,” he

said. “We will renew those institutions that extend our capacity to manage crisis abroad, for no one has a greater stake in a peaceful world than its most powerful nation.”

The United States will support democracy around the world, “because our interests and our conscience compel us to act on behalf of those who long for freedom,” Obama said.

“And we must be a source of hope to the poor, the sick, the marginalized, the victims of prejudice – not out of

mere charity, but because peace in our time requires the constant advance of those principles that our common creed describes: tolerance and opportunity; human dignity and justice.”

Obama urged the nation to put partisanship aside and come together to support their universal ideals.

“With common effort and common purpose, with passion and dedication, let us answer the call of history, and carry into an uncertain future that precious light of freedom,” he said.

Did you know?

One of the best things about ICE is that people can let service providers know when they do a great job, not just for poor service.

It takes 5 minutes or less to submit a comment at <http://ice.disa.mil>.



Circuit Overload: fitness craze sweeps JBSA

By Deyanira Romo Rossell
MWR Marketing

A young second lieutenant in the Army, a 63-year-old retiree and a civilian Installation Management Command employee find themselves in the same place at the same time every Tuesday and Thursday, completely hooked on circuit training at the Jimmy Brought Fitness Center.

Recreation Assistant Hosea Talbert keeps them coming back for more using diversionary tactics like blasting Michael Jackson music to distract

his customers from the pain of 48 intense workout stations.

"What we do works for them," Talbert says, still energized after finishing up the hour-long program with about 35 customers.

"No matter what you do for a living or what your fitness level, this targeted approach to working out every muscle group will help you vastly improve your quality of life and will help you live longer."

Circuit training is sweeping Joint Base San Antonio-Fort Sam Houston because it keeps

things interesting while pushing fitness buffs to the limit.

Strength and agility exercises are combined with endurance or resistance stations, providing both cardiovascular and strength benefits.

Talbert's stations range from sprints in the center of the court, squats at one station and abdominal work on a bench. Each interval is 60 seconds.

While the group looks like they are feeling no pain, Talbert's circuit training class is resulting in quite a bit of gain and

some much-desired loss for his regulars.

"I'm sweating and I'm enjoying it. I've lost four pounds since starting the class a couple of weeks ago," said Niusulu Lori Ale, one of Talbert's loyal patrons. "I'm trying to get my abs back and a healthier me."

Talbert's class is at 11:30 a.m. every Tuesday and Thursday and for the early risers, another Jimmy Brought recreation assistant, Matt Rodriguez holds a circuit training class on Mondays at 5:30 a.m. and Fridays at 9:30 a.m.

During Talbert's class, Rodriguez works the floor to motivate the group and to assist with proper technique.

Amy Leon, a civilian employee with the IMCOM, is among those using their lunch hour for this exercise regimen. She doesn't miss a class.

"I come in and time it just right," Leon said, finishing up repetitions on a bar bell station. "I do 45 minutes of circuit training, rinse off and go back to work with more

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Photos by Deyanira Romo Rossell

Danielle Sample (right), a civilian employee with the 106th Signal Brigade, tries to make every one of Hosea Talbert's circuit training classes at the Jimmy Brought Fitness Center. For her, it makes getting back in shape more fun than other workout routines.



Recreation assistant Matt Rodriguez (left) trains 2nd Lt. Candice Hall, an Army nurse with Company A, Brooke Army Medical Center, during circuit training at the Jimmy Brought Fitness Center.

CJCS: Sequestration will hollow out force fast

By Jim Garamone
American Forces Press Service

The across-the-board spending cuts that would result if a “sequestration” mechanism in budget law kicks in March 1 will hollow out U.S. military forces faster than most Americans imagine, the chairman of the Joint Chiefs of Staff said Jan. 17.

Army Gen. Martin E. Dempsey said during a recent news briefing that if sequestration happens, the American military “will be less prepared in months and unprepared in a year.”

During an interview on his return trip from NATO meetings in Brussels, the general said the cuts would quickly bring about a new type of hollow force.

The chairman stressed

that deployed and deploying service members will be exempted from the effects of a sequester. The United States will not send any service member overseas without the best preparation, equipment and supplies possible, he said.

This actually covers a great many people. Service members in Afghanistan, Kosovo and Kuwait, aboard ships at sea, and flying and supporting deployed aircraft “will continue to have our unwavering support,” Dempsey said. “We have a moral obligation to make sure that they are ready and the next [unit] to deploy is ready.”

If sequestration is triggered March 1 – six months into fiscal 2013 – the department will have only six months to absorb those cuts, the chairman

noted. So, if the deployed force is ready, and the next force to deploy is getting ready, “there’s not going to be any operations and training money left for the rest of the force,” he said.

The forces after the “next to deploy” will be the ones hurting, Dempsey added.

The U.S. military force generation process is such that when a unit comes home from deployment, it generally dissipates. Coming back is the natural time for service members to transfer to other units, go to schools or get out of the service.

“It’s an important point to remember: in our force management model, we are constantly rebuilding units,” Dempsey said.

Rebuilding these units entails beginning with individual training and

working up through collective training.

For ground units, it starts with individual skills and moves through training at the squad, platoon and company levels. Battalion- and brigade-level training follows that, the general explained.

“That’s why I’m saying that we will be unprepared in a year, because we won’t be able to go to that level of collective training,” he said.

“Will we be able to go to the rifle range or go to the motor pool to turn a wrench? Sure. But we won’t be able to do the kind of live-fire training that pilots need. Flying hours [and] steaming hours will be cut back, and it’ll take about a year to feel the full effect.”

Sequestration will cause a hollow military, Dempsey said, albeit dif-

ferent from the hollow forces of the past. Personnel problems associated with the transition of the military from a drafted force to an all-volunteer force caused a hollow force in the late 1970s.

In the 1990s, personnel issues were fine, but there were problems with equipment.

“The military took a procurement holiday in order to protect to the greatest extent possible end strength and training,” the chairman said.

The kind of hollowness facing the military now is different, Dempsey said.

“We’ve got the people. We’ve got the equipment that we need,” he explained. “But we won’t have the ability to train.”

The Abrams tank is going to remain the king of the battlefield through 2025, but tankers will not be able to train on the tank or maintain it properly, Dempsey said.

“What we’re experiencing is the potential for hollowness related to readiness,” he added.

The lack of training opportunities could affect personnel. Dempsey noted that this generation of service members had incredible responsibilities in Iraq and Afghanistan.

“We pushed responsibility, authority, resources to the edge – to where captains and majors and lieutenant colonels had capabilities, responsibilities and authorities that I didn’t have as a major general,” he said.

With this generation, the military can’t “bring them back and sit them in a motor pool with no money to train,” Dempsey said.

“We haven’t even begun to model the effect of a prolonged readiness problem,” he said. “I can tell you that readiness problems always have an effect on retention.”

DOD focuses on financial health of military families

By Nick Simeone
American Forces Press Service

Since it can directly affect force readiness, the financial health of service members and their families is a high priority for the Defense Department, and a senior DOD official emphasized that January is a great time for military families to take stock of their financial situation.

As part of a Department-wide effort to encourage military families to avoid debt by creating a workable spending plan, Barbara Thompson, director of the Pentagon's office of Family Policy/Children and Youth outlined steps families can take and the resources that are available to them for achieving financial stability.

"The first step in attaining financial security is making a commitment to changing personal spending and

savings habits," Thompson recently told American Forces Press Service and the Pentagon Channel.

It's important, she said, that military families manage their income to meet financial obligations and achieve long term goals.

"When you map your money coming in against your money going out, you are one step closer to paying off debt, building savings and feeling confident about your financial status," Thompson said.

Eliminating debt is the key, but Thompson stressed not all debt is created equal. High-interest credit card debt, she said, should be paid off first.

"We know when we go through financial planning that it is important to look at our credit cards ... and if we don't pay off those credit cards every month (it's important to find out)

how much interest is being charged," Thompson said.

"If you overdid holiday spending," she added, "take some time to make a plan for paying off your debt and planning for next year's gifts."

Establishing an emergency fund is necessary to achieving financial stability, said Thompson, who recommended military families put a minimum of \$500 aside for unexpected expenses.

There are a range of tools and services available to military personnel and their families to help them create a spending plan and remain financially stable, Thompson said.

The service branches provide financial counselors at military bases, she said, and personal financial management assistance programs to help military families successfully plan for the future.

Thompson recommends

military families visit the website, militaryonesource.mil, to access money management tips and tools.

"There are all these different financial calculators and tips and tools to help you understand how you can meet your savings goals," she said.

Financial readiness is a priority for the Pentagon, Thompson said, because it can have a direct effect on mission and force readiness.

"When service members feel confident that their financial affairs are secure, they can focus on their mission without worrying about things at home," she said.

DOD officials also note that financial security is a force readiness issue in another key respect: falling into debt can jeopardize the ability of service members to maintain the security clearances they need to do their jobs.

FITNESS from P8

energy."

Petty Officer 2nd Class Robert Wilson is among the service members taking advantage of the rigor offered by the circuit training.

"I love it! It's a good work out and there are a lot of people in the class. The music is good and it keeps me motivated," Wilson said.

"We receive rave reviews on how circuit training is positively impacting the active duty physical fitness scores," said Jimmy Brought Fitness Center director Doug Price. "These classes are rapidly developing into a viral craze."

According to Price, the aerobics classes, including classes like boot camp and Zumba, has really expanded during the past two years. But the favorite class, by far, is the circuit training. All circuit training classes are free to FMWR patrons.

The Jimmy Brought Fitness Center is on Wilson Way, Building 320. For more information on the circuit training class or any other fitness programs at the Jimmy Brought, call 221-1234. For information on circuit training at the fitness center at the METC, call 808-5709.

BAMC from P1

Magruder is now undergoing cardiac rehabilitation at San Antonio Military Medical Center, where she's learning how to reduce her risk of further heart problems through a healthy lifestyle.

The rehab staff teaches patients everything from nutrition and exercise to smoking cessation.

"Each patient has individual goals, whether it's walking around their home without a walker or aspiring to run a marathon," said Stacey Dramiga, director of



American Heart Association



Learn and Live

BAMC's cardiac rehabilitation.

"We help them work toward these goals and consider it a success story when patients achieve them."

Patients also learn

to detect the warning signs of a heart attack, which can include chest discomfort; discomfort in other areas of the upper body such as arms, back, neck, jaw or stomach; shortness of breath; and

cold sweat, nausea or lightheadedness.

Most importantly, people should be in tune with their bodies and seek out emergency medical care whenever they suspect a problem,

Dramiga said.

Magruder credits her presence today to a healthy dose of intuition.

"Finding out you have heart disease takes the wind out of your sails," she said.

"But I'm staying in tune with my body, which gives me confidence that I'll be able to detect issues in the future."

People can learn more about heart disease and how to prevent it by attending BAMC's Go Red Day event from 9 a.m. to noon Feb. 1 in the San Antonio Military Medical Center Medical Mall.

The event, sponsored by the cardiac rehab section, will feature free risk assessments, educational materials and music by the 323rd Army Band "Fort Sam's Own."

ARNORTH from P1

of U.S. Army North and senior commander of Fort Sam Houston and Camp Bullis, opened the workshop and spoke of the importance of training together to overcome the potential of lack of communications that, at times, can exist between government agencies.

"We, the Army, need to do more training operations on the border – in support of other government agencies – to lessen the threat," he said.

While the Department of Homeland Security has the lead for securing America's borders, the Department of Defense also plays a key role by supporting the agency's efforts.

"DHS has the requirement to secure the borders," said Mark Werner, who serves with Counter Narcotic Threat Operations, U.S. Northern Command. "The Department of Defense has the unique capability to meet that need, through training, to enhance homeland security."

JTF-North, the U.S. Northern Command

element under the operational control of U.S. Army North, has been providing military-unique support assets and capabilities to law enforcement since 1989.

JTF-North's military support of homeland security operations assist federal law enforcement agencies' ability to interdict suspected transnational criminal organizations' activities.

The biggest threats to the nation's security, according to the U.S. Customs and Border Protection website, comes not only through the northern and southern borders but also from the maritime domain, where terrorists and traffickers attempt to smuggle narcotics, people and weapons into the United States.

"Threat brings us here," said Brig. Gen. Mark Stammer, the commanding general of Joint Task Force – North. "There are many different agencies working to secure our borders, but the threat lies between those jurisdictions. Events like this allow us to come together and merge our

separate authorities into a single effort to better combat the threat."

JTF-North provides support within the entire U.S. Northern Command area of responsibility, which encompasses the entire North American continent, to include the air, land and sea approaches.

Robert King, who serves with Customs and Border Protection, said he agreed with Stammer.

"A few years ago, it was just the Customs and Border Protection protecting our borders," Stammer said. "Now, there is more coordination in our efforts to meet our homeland security goals."

The improved coordination has proven valuable for those involved.

"The Department of Defense support operations have proven to be mutually beneficial to the federal agencies and the military – law enforcement gains much needed support and the military nets training benefits that are directly related to their duties," said Col. Tim Keeperts, director, plans and policy, JTF-



Photo by Staff Sgt. Corey Baltos

Lt. Gen. William Caldwell IV, commanding general of U.S. Army North and senior commander of Fort Sam Houston and Camp Bullis (left), along with ARNORTH Command Sgt. Maj. Hu Rhodes, take notes during the Department of Homeland Security/Department of Defense Fiscal 2014 Concept of Support workshop Jan. 9.

North.

Michael Donovan, campaign plans, U.S. Northern Command, said he credits workshops such as this for the increase in coordination between government agencies.

"These workshops bring together DHS, DOD, Title 10 and Title 32 assets to look at the problem holistically," he said. "Before, information

would be shared piecemeal. This is a better way to solve the problem."

While many people think of our border with Mexico when they hear the phrase "border protection," workshop members discussed the importance of protecting all of the nation's borders.

"As we gain success on

our southwest border, we must look at other areas for potential displacement," said King.

"It is imperative that we maintain and build flexibility and agility in our planning and response."

Throughout the workshop, the gathered leaders stated that the key for future success is communication.

ARNORTH course provides company commanders, first sergeants the leadership tools to help them succeed

By Staff Sgt. Corey Baltos
ARNORTH Public Affairs

Leading Soldiers can be one of the most challenging, yet rewarding, responsibilities in the Army, and to prepare for this vital mission, the Army provides its new commanders and first sergeants with the tools they will need to be successful.

At Joint Base San Antonio-Fort Sam Houston, new first sergeants and company commanders took advantage of the opportunity to enhance their leadership skills Jan. 14 through 18, attending the U.S. Army North's Company Commander and First Sergeant Training Course.

Seventeen new company commanders – along with eight first sergeants and a detachment non-commissioned officer – attended the training, which was mandated by the Chief of Staff of the Army in February 2012.

The 26 students learned how to best employ the Army programs and benefits which are designed to help Soldiers. During the course, Army North senior leaders shared their personal experiences and lessons learned in dealing with the gamut of issues they face in providing assistance to Soldiers, including financial, legal, administrative, medical and various other potential issues.

The course was invaluable, according to 1st Sgt. Mahlon Thomas, Headquarters and Headquarters Company, Brooke Army Medical Center.

"There is a lot of vital



Students at ARNORTH's Company Commander and First Sergeant Training Course pay attention as senior leaders discuss how to enhance their leadership skills.

information you need and may not have at your fingertips," Thomas said. "Having these subject-matter experts teaching us helps us build up our leader's book of contacts that we can use, when needed.

"The Army has done away with the Army-level first sergeants course," Thomas added. "While many of the things that were taught in that course are now being taught in the senior leaders' course, many things are not. That is why this course is important."

The students said they were pleased at the level of involvement by the senior leaders throughout the course.

"On the first day of the class, the Army North battalion commander and sergeant major spoke to us – and they have been with us in the class since then," said Capt. John Bannister, company

commander, Headquarters and Headquarters Detachment, 56th Signal Battalion.

"It is always good to get tips and guidance from senior leaders because they have been there and done it right."



Among the senior leaders providing tips and guidance was Maj. Gen. Adolph McQueen Jr., ARNORTH deputy commanding general for support.

"Being in command is a great opportunity,"

McQueen said. "It is also a great responsibility, because you have been allowed to serve Soldiers as leaders."

McQueen, who is a prior enlisted service member and has served at all levels of command, spoke to the group on the importance of there being a good relationship between the commander and first sergeant – and to make sure the command grew a little each day.

"Every command should look different each day; it is small steps, not big ones, that make a command team successful," he said.

The course also provided the leaders an opportunity to network and lean on each other for help.

"I found the ability to meet other commanders here helpful, because we all have many of the same challenges," said

Capt. Veronica Schoenborn, who took command of Company A, BAMC, in June 2012. "It helps to know that you can turn to one of them for guidance if needed."

Having the best tools to lead Soldiers is a vital task and the Army emphasizes the importance of teaching, coaching and mentoring its leaders to help ensure Soldiers are the best trained, equipped and prepared forces they can be.

Sgt. Maj. Timothy Ricks from Army North said the course is important because it provides the command team the basic knowledge on using the tools necessary to perform their leadership missions successfully.

"When you become a commander or a first sergeant, it is important to know what steps and procedures you need to take to prevent mistakes," Ricks said.

"This class provides the commanders and first sergeants an opportunity to meet and speak with the civilians and Soldiers who are dedicated to help them become more effective leaders in garrison."

McQueen told the assembled commanders and first sergeants to remember their first responsibility as a leader.

"You have Americans under your command who expect you to lead," he said. "At the end of the day, it is a joy to work with and train Soldiers."

Army North is scheduled to conduct the next commander and first sergeant training course March 11 through 15.

Photos by Staff Sgt. Corey Baltos

Maj. Gen. Adolph McQueen Jr., deputy commanding general for support, U.S. Army North, speaks to gathered leaders Jan. 16 about the importance of a strong command team and taking care of both the Soldiers and self during ARNORTH's Company Commander and First Sergeant Training Course.



Joint Base San Antonio

FORCE SUPPORT SQUADRON

Monthly Events

February

Service Member and Family Readiness

Playgroup offers interactive fun for parents and children

The Helping Us Grow Securely playgroup for parents and children up to age 5, meets each Tuesday, 9-11 a.m., at the Middle School Teen Center, Funston Rd., building 2515, on Fort Sam Houston for interactive and fun play. Registration is not required. For more information, call 221-0349 or 221-2418.

Members learn new resume techniques

The Randolph Airman and Family Readiness Center teaches new techniques for developing a resume Feb. 6, 9-10:30 a.m. For more information, call 652-5321.

Learn to start a business

Lackland Airman and Family Readiness hosts a class on starting a small business Feb. 8, 1-4 p.m. Topics include writing an effective business plan, selecting a good location and conducting market research. To sign up, call 671-3722.

Patrons get answers on immigration

Patrons with questions about citizenship and immigration issues are encouraged to attend the U.S. Citizenship and Immigration forum Feb. 12, noon-2 p.m., at the Fort Sam Houston Roadrunner Community Center, building 2797. To sign up, call 221-2418.

Key spouses meet

Lackland Airman and Family Readiness conducts a key spouses meeting Feb. 13, noon, for those who have been serving in their positions. For newly appointed spouses, a training session takes place Feb. 21, 9 a.m.-2 p.m., at the Randolph Airman and Family Readiness Center. To register, call 671-3722.

Class focuses on duty abroad

Service members and their families preparing to move overseas will find useful information at the monthly Overseas Orientation Class, Feb. 13, 10-11 a.m. and 5-6 p.m., at the Fort Sam Houston Roadrunner Community Center, building 2797. For more information, call 221-2418.

Teaching as a second career

Military members who are separating and interested in pursuing teaching as a second career are invited to a workshop at Lackland Airman and Family Readiness Center Feb. 15, 1-3 p.m. The workshop answers questions about eligibility and explains how alternative certification schools function. To sign up, call 671-3722.

Class prepares youth to stay home alone

Randolph Airman and Family Readiness Center hosts a class Feb. 17, 5-6 p.m., to prepare children ages 10 and older to be left unattended in base housing for short periods of time. Topics covered include policies, safety skills and proper telephone answering techniques. Children and parents must attend this training together. To register, call 652-5321.

Learn about survivor benefit planning

The Randolph Airman and Family Readiness Center familiarizes the service member and spouse with the options and advantages of a survivor benefit plan Feb. 19, 8-9:30 a.m. or 1-2:30 p.m. To sign up, call 652-3633.

Learn to be financially prepared

The Randolph Airman and Family Readiness Center offers a financial readiness class Feb. 19, 2-3:30 p.m., aimed at preparing today's Airmen for financial challenges through financial education and training. The class offers attendees ways to enhance their money management skills. For more information, call 652-5321.

Class teaches spouses re-integration skills

The Randolph Airman and Family Readiness Center hosts open arms, a workshop for spouses of returning military members Feb. 20, 1-2 p.m. The class offers coping strategies for the various challenges specific to reuniting couples and families and provides resiliency skills and resources. To register, call 652-5321.

Learn to be a sponsor

Fort Sam Houston Relocation Readiness hosts sponsorship training, Feb. 21, 2-3 p.m., at the Roadrunner Community Center, building 2797. The class covers essential skills necessary to sponsor a service member, while also providing critical information about the Fort Sam Houston community. To sign up, call 221-2418.

Poetry Slam sheds light on dating violence

In recognition of Teen Dating Violence Awareness Month, the Fort Sam Houston Family Advocacy Program hosts the third Annual "Stand, Speak, Listen Teen Poetry Slam," Feb. 23, 6-9 p.m., at the Roadrunner Community Center, building 2797. Military dependent teens, ages 13 to 18, are invited to perform or recite their original poetry to compete for cash prizes. The free event includes food, music, door prizes, dating awareness information and some special performances. For more information, call 292-3501 or 221-0349.

Transition to civilian life

Lackland Airman and Family Readiness holds a five-day Transition Assistance Program class Feb. 25-Mar. 1. Sessions are 7:45 a.m.-4 p.m. The curriculum ensures military members have a successful transition from military to civilian life. A pre-separation

briefing and completion of the DD Form 2648 are the prerequisites for attendance. To sign up, call 671-3722.

Learn to care for aging parents

The Randolph Airman and Family Readiness Center hosts a seminar Feb. 26, 3-4 p.m., that will help participants identify issues and find solutions regarding care of their aging parents. For more information, call 652-5321.

Learn to input resumes into USA Jobs

Learn how to use USA Jobs at the Randolph Airman and Family Readiness Center Feb. 28, 8:30-11 a.m. To sign up, call 652-5321.

Tour stops at historical sites

Relocation Readiness offers trails and tales, Feb. 28, 9 a.m.-12:30 p.m., at the Roadrunner Community Center, building 2797. The guided bus tour hits all the highlights on Fort Sam Houston. To sign up, call 221-2418.

Classes focus on computer skills

Patrons can take advantage of Microsoft Office classes including: Word, Access, Excel and PowerPoint. Classes are held at the Roadrunner Community Center, building 2797, 8 a.m.-noon. Registration is required. To sign up, call 221-2418.

Arts and Crafts

Learn to etch Champagne glasses

Lackland Arts and Crafts Center offers a Champagne glass etching class Feb. 6, 5:30-6:30 p.m. Patrons will complete a set of two Valentine's Day Champagne glasses using stencils and etching solution. The class fee is \$12 per person. To sign up, call 671-2515 by Feb. 4.

Learn to make glass charms

Lackland Arts and Crafts Center holds a Champagne glass charms class Feb. 6, 6:30-7:30 p.m. Patrons will use a variety of lamp work and holiday beads to complete a set of two Champagne glass charms. The fee is \$5 per person. To sign up, call 671-2515 by Feb. 4.

Valentine's "crafternoon" party

Lackland Arts and Crafts Center holds a Valentine's Day "crafternoon" party Feb. 9, 11 a.m.-2 p.m. Patrons will spend the day making greeting cards, jewelry art and stamping. The "crafternoon" will cap off with a Valentine theme movie at noon. The fee is \$10 per person. To sign up, call 671-2515 by Feb. 7.

JBSA FSS

JBSA FSS

Obtain auto services at bargain prices
 Randolph Auto Skills facility includes 12 work stalls, six lifts, a four-wheel alignment machine, a tire changer, brake lathe, and tools for check-out. Work stalls rent for \$3 per hour and \$4 per hour with a lift. There is a car wash adjacent to auto skills with three wash stalls and six vacuums.

The following services are offered: air conditioning service, wheel alignments, front end checks, wheel balancing, brake jobs, replacing struts and replacing shocks. The fee entitles customers to use the Actron Auto Scanner for On-Board Diagnostics II trouble codes. Customers may also order discounted parts through auto skills. For more information, call 652-2952.

Have your memories expertly framed
 The framers at the Randolph Community Services Mall help customers pick out the perfect custom frame for awards, special achievements or graduations. They will match any off-base price on a comparable custom framing job and customers will pay no sales tax. For more information, call 652-5142, option 3.

Bowling Center
Win money while bowling
 Randolph Colorama bowling takes place Feb. 1 and 15, 7 p.m. Customers who strike on the posted combination of colored pins will win money. The entry fee is \$15 per person with optional side pots available. For more information, call 652-6271.

Super Bowl party takes place at Skylark
 Lackland Skylark Bowling Center hosts a Super Bowl bowling party Feb. 3, 5-10 p.m., featuring two hours of glow-in-the-dark cosmic bowling, pizza, wings and a fountain drink for \$18.95 per person. For more information, call 671-1234.

CHEF'S COMPETITION
 Fri • Feb 22 • 7 p.m.
 Sign-ups begin Feb 5
 For information call the Parr Club at 652-4864 or visit www.randolphfss.com
 \$35 for members • \$45 for nonmembers
 The price includes all ingredients.
 Test your culinary skills... Against last year's winner!
 FORCE

Couples get special bowling evening
 Lackland Skylark Bowling Center holds a Sweetheart Bowl Feb. 9, 7-11 p.m. Couples enjoy two games of bowling each, shoe rental, a rose and candy kisses for \$14.75 per couple. For more information, call 671-1234.

Bowling Center celebrates Presidents' Day
 The Randolph Bowling Center celebrates Presidents' Day weekend Feb. 16-18, with a special bowling rate of \$2.50 (excluding Thunder Alley) per game, per person for the entire weekend. Shoe rental is \$2.25. For more information, call 652-6271.

Clubs
Have fun at Super Bowl
 Randolph clubs hosts several Super Bowl parties Feb. 3. The Nite Club opens at 11 a.m. for the tailgate party and Gil's Pub opens at 3 p.m. for a private VIP party. The Air City Bar and Grill opens at 11 a.m. with game festivities on all TVs starting at 4:30 p.m. Both clubs offer a 10-ounce ribeye steak with all the fixings for only \$10.95 for members or \$12.95 for nonmembers. There will be a grilled veggie quesadilla for only \$7.95 for members or \$9.95 for nonmembers. At half time, the clubs will offer complimentary chili and nachos served in both lobbies. Silver Eagle Distributors and the Bud Girls will be at the Kendrick Club during the pregame show with prizes and beer specials. Customers must be a Randolph club member to win. For more information, call 652-3056.

Lackland Gateway Club hosts a Super Bowl party Feb. 3, starting at 3 p.m. Patrons can watch the game on big-screen TVs, a DJ will entertain throughout the event, prizes will be awarded and a special menu will be available. For more information, call 645-7034.

Celebrate Valentine's Day at your clubs!
 Lackland customers celebrate Valentine's Day with dinner and a dance Feb. 14, 5:30-8:30 p.m., featuring live music by Sax on the Beach. The event includes dinner, dessert and Champagne. Prices are \$55 for dinner for member couples or \$65 for nonmember couples. Dinner for one is \$30 for members or \$35 for nonmembers. Advance purchase is required. Tickets are on sale at the cashier's cage. For more information, call 645-7034.

Randolph customers can celebrate with their significant other at the Parr Club Feb. 15. This special romantic evening begins with cocktails at 6 p.m., followed by a dinner buffet at 6:30 p.m., a dessert bar at 9 p.m. along with Champagne tasting. The price for this is \$100 per couple for members or \$120 per couple for nonmembers and includes a complimentary brunch during February. The price for just the dinner/dance is \$70 per couple for members or \$90 per couple for nonmembers. Entertainment will be provided by the Texas Chili Peppers, 8 p.m.-midnight. To make a reservation or for more information, call 652-4864.

Chef prepares special dinner
 Lackland Gateway Club presents a special chef's dinner Feb. 15, 5-8 p.m., which includes mahi mahi, rice pilaf, potatoes, broccoli, salad and rolls. The member's price is \$16.95 and nonmember's price is \$18.95. For more information, call 645-7034.

THE HARLEQUIN DINNER THEATRE PRESENTS
 (210) 222-9694
 January 17-February 16
MURDER is a Game
 FSS www.FortSamMWR.com

Club members honored with special dinner
 Lackland Gateway Club hosts a members' appreciation dinner Feb. 19, 5-8 p.m. with big band sounds and a ballroom dance contest. Members' dinner price is \$10.50 and nonmembers pay \$12.50 each. For more information, call 645-7034.

Community Programs
Harlequin serves up murder
 "Murder is a Game" runs until Feb. 16, Thursday-Saturday at the Fort Sam Houston Harlequin Dinner Theatre, building 2652, Harney Path. Dinner is at 6:15 p.m. and curtain is at 8 p.m. To make a reservation, call the box office at 222-9694.

Single service members meet for fun
 The Better Opportunities for Single Service Members meets Feb. 6 and 20, noon, at the BOSS room in Benner Barracks on Fort Sam Houston. The group offers service members recreational activities and volunteer opportunities. For more information, call 295-6867 or 221-3949.

Smooth jazz returns to historic theatre
 Back by popular demand, Army Entertainment presents Friday Night Jazz and Wine Feb. 8, 8 p.m., in the historic Fort Sam Houston Theater. Patrons can celebrate Valentine's Day early with live entertainment featuring, smooth jazz pianist David Benoit and saxophonist Paul Taylor. Doors open and cocktail hour begins at 7 p.m. Tickets are on sale now for \$35, plus a nominal service fee or \$45 at the door. Visit <http://goo.gl/RFmGK> or ArmyMWR.com to purchase tickets. The concert hotline number is 466-2020.

Tops in Blue showcases best in Air Force talent
 Tops in Blue holds its final performance with the 2012 cast Feb. 22, 7-9 p.m., at Lackland Bob Hope Performing Arts Center. The show is free and open to all DOD ID cardholders and their guests. Seating is first come, first served. Doors open 30 minutes prior to the performance. For more information, call 671-2619.

Singers compete to be the best in JBSA
 The singing competition that rocked Randolph every year since 2009 is coming again in 2013. Combine two popular singing competitions and you get Idol Factor! There has been a change in the music themes and a new category for groups has been added. Anyone with a DOD ID card, age 13 and older, can register to showcase their singing talent and compete for prize money totaling \$1,750. Registration is free but must be completed by March 22 and audition night is March 28. For more information, check www.randolphfss.com, or call 267-7358. JBSA Idol factor is sponsored by Randolph-Brooks Federal Credit Union and Broadway Bank.

Dogs learn obedience
 Lackland Arnold Hall Community Center holds dog obedience classes Saturdays, 10-11 a.m. Training is open to all breeds, ages 10 weeks and older, for \$50 per month. Proof of vaccination is required. Dogs must be non-aggressive toward other dogs and people. To sign up, call 671-2515.

Haircuts available at Community Center
 Shapin' Headz is open at the Ft. Sam Houston Community Center, building 1395, Chaffee Rd., giving folks a one-stop shop for food, tickets and haircuts. For more information, call 808-1374, 808-1376 or 808-1378.

Fitness and Sports
Push your limits
 Head to Randolph's Eberle Park Feb. 2, 7 a.m., and push the limits by running a 5k, biking 10 miles and then running a mile and a half. Do you accept? For more information, call 652-7263.

Lackland varsity softball looking for players
 Lackland men's varsity softball tryouts are Feb. 4-5, 5:30-7:30 p.m. Women's tryouts are Feb. 2, 10 a.m.-noon. All sessions are held on the Warhawk softball diamond. For more information, call 671-0854.

Teams needed for intramural volleyball
 Letters of intent for the Fort Sam Houston men's, women's and coed intramural volleyball teams are due Feb. 4. The season starts Feb. 19. The coaches and rules meeting is Feb. 7, 1 p.m., at the fitness center at the Medical Education Training Campus, Williams Rd., building 1369. For more information, call 808-5710.

Customers Zumba® to better fitness
 Mardi Gras Zumba® aims to help customers keep their New Year's resolutions on track Feb. 9, 10 a.m.-noon, at the fitness center on the Medical Education Training Campus, building 1369, Williams Rd. on Fort Sam Houston. The price for the two-hour class is \$12 and includes a t-shirt and snacks. To sign up, call 808-5709.

Runners celebrate Valentine's Day with a run/walk
 Celebrate Valentine's Day by running or walking a 5K at Randolph's Eberle Park Feb. 14, 7:30 a.m. This is a great way to work off all those Valentines chocolates. For more information, call 652-7263.

Become a member of the 100-Ton Club
 Head to the Rambler Fitness Center on Randolph Feb. 20 and become a member of the 100-Ton Club. You must lift 100 tons of weight on any free weight or plate loaded machine in one day. Stop by the front desk to pick up your log book. For more information, call 652-7263.

Intramural golf coaches meet
 DOD ID cardholders interested in coaching intramural golf will meet Feb. 20 and 27 and March 6, noon-1 p.m., at the Fort Sam Houston Golf Club at 1050 Harry Wurzbach Rd. Team rosters are due March 6 and the league gets underway March 18. For more information, call 808-5710 or 221-7173.

Central Post Gym reopens on Fort Sam Houston
 Customers have a new fitness center at their disposal on Fort Sam Houston with the reopening of the Central Post Gym. The gym is open 5 a.m.-7 p.m. weekdays and is closed on weekends and holidays. For more information, call 221-3593.

Get fit at Lackland
 Lackland Chaparral Fitness Center holds Zumba® classes Mondays, Tuesdays and Wednesdays at 4:15 p.m. There is a lunchtime class Wednesdays at noon. Classes are also available at the Bennett Fitness Center Tuesdays and Thursdays, 11 a.m.-noon.

United States Air Force
MISSION: AUDITION
 2013 Tops In Blue Worldwide Talent Search
 February 8 & 9: 7 pm (Doors open at 6:30)
 February 10: 6 pm (Doors open at 5:30)
 Bob Hope Performing Arts Center
 Bldg. 5408
 VOCALISTS INSTRUMENTALISTS DANCERS
 COMEDIANS MAGICIANS DRAMATISTS
 AUDIO, VIDEO & LIGHTING TECHNICIANS
 STAGING TECHNICIANS
 BIG RIG & BUS DRIVERS
 Scan for More Information
 For more information call 671-2619/2352
 FORCE lacklandfss.com CC

The fee is \$2 per session. For more information, call the Chaparral at 671-2401 or the Bennett at 925-4848.

Women learn self-defense
 Lackland Chaparral Fitness Center holds women's self-defense classes Mondays and Wednesdays, 4:30-5:30 p.m. The class fee is \$25 per month. For more information, call 671-2401.

Patrons get a total body workout
 Lackland Gillum Fitness Center holds a total body toning class Mondays, Wednesdays and Fridays, 11:30 a.m.-12:30 p.m. This is a high-energy class focusing on strength and cardiovascular fitness and weight loss. Sessions are free. For more information, call 977-2354.

Golf
Wounded Warrior golf tournament
 The monthly Wounded Warrior Four-Person Golf Tournament, Feb. 1, 12:30 p.m., at the Fort Sam Houston Golf Club, offers 18 holes and camaraderie for service members, their families and guests. The tournament costs \$35 for nonmembers and \$25 for members. The fee includes dinner and an entry to win prizes at the pro shop. For more information, call 222-9386.

Couples invited to Valentine scramble
 The Fort Sam Houston Golf Club, 1050 Harry Wurzbach Rd., hosts a Valentines Couples Scramble Golf Tournament Feb. 10, 12:30 shotgun start. The two-person scramble is open to male and female golfers. The fee is \$25 for members or \$35 for nonmembers. The fee includes greens fees, shared cart rental, food and prizes. For more information, call 222-9386.

Randolph Oaks hosts active-duty clinic
 Randolph Oaks Golf Course hosts a free golf clinic for active-duty service members Feb. 16, 9-11 a.m. For more information, call 652-4570.

Celebrates Presidents' Day with golf
 Randolph Oaks Golf Course hosts a Presidents' Day Golf Tournament Feb. 18. The tee times are 7-9 a.m. and the entry fee is \$10, plus green fees and cart rental. For more information, call 652-4570.

Golfers try latest golf equipment
 Lackland Gateway Hills Golf Course holds a multi-vendor Demo Day Feb. 23, 10 a.m.-2 p.m. Patrons can try out the latest golf equipment and meet industry representatives from TaylorMade, Titleist, Cobra, Nike and Ping. For more information, call 671-2517.

Information, Tickets and Travel
Medieval Fair tickets on sale
 Lackland ITT offers discount tickets for the Sherwood Forest Faire, Feb. 9-Mar. 31, located in McDade. The event features more than 130 artisans and 100 different daily performances with falconry, juggling, magic, music and more. For prices, call 671-3133.

Have fun at the Grand Casino

Randolph's 2013 trips to the Grand Casino in Louisiana are scheduled for March 19-20, May 14-15, July 16-17, Sept. 17-18 and Nov. 12-13. The trip includes round trip motor coach transportation, hotel accommodations and a voucher for \$23 from the casino. No reservations, cancellations or changes will be made within two weeks of trip. The cost for this trip is \$60 for double occupancy or \$120 for single occupancy. The bus departs at 7:30 a.m. and returns at approximately 9:30 p.m. the next day. For more information, call 652-5142, option 1.

Online travel service available for military families

Lackland ITT has launched www.jbsatravel.com, catering to the travel needs of the military community. Air, hotel and car rental planning can all be accomplished online. Customers can also complete a travel request for custom vacation packages and cruises. For more information, call 671-3133.

Library

Library provides virtual and traditional entertainment

Patrons are welcome to enjoy virtual fun at Gaming Day Feb. 3, 2:30-5:30 p.m., at the Keith A. Campbell Memorial Library, building 122, Harney Path on Fort Sam Houston. The library offers XBOX 360, PS3 and Wii, along with a host of old-fashioned board games. For more information, call 221-4702.

Library celebrates the Chinese New Year

Customers are invited to the annual Chinese New Year Parade and celebration Feb. 7, 10 a.m., at the Keith A. Campbell Memorial Library, building 122, Harney Path on Fort Sam Houston. For more information, call 221-4702.

Preschoolers entertained during story times

Stories, crafts and songs are all part of the weekly story time at the Keith A. Campbell Memorial Library at Fort Sam Houston each Thursday, 10 a.m. The next story times are Feb. 7, 14, 21 and 28. For more information, call 221-4702.

Library hosts heartfelt celebration

Celebrate Valentine's Day at the Keith A. Campbell Memorial Library, building 122, Harney Path on Fort Sam Houston during "Love to Read," Feb. 9, 2-3 p.m. This story time features heartfelt stories, fun games and crafts for young readers. For more information, call 221-4702.

Young readers enjoy story time

Young readers gather at the Randolph Library every Wednesday, 10 a.m., for a new reading adventure. The Randolph Library will have a guest reader from the African-American Association Feb. 13, 10 a.m., for preschoolers as well as an after-school presentation and talk with preteen and teen students, 3:30-4 p.m. For more information, call 652-2617.

Outdoor Recreation

Outdoor Recreation hosts flea market

Randolph Outdoor Recreation hosts its next flea market Feb. 16, 8 a.m.-1 p.m., at the Randolph Clinic parking lot. Head to Randolph's Outdoor Recreation in the Community Services Mall, building 895, and rent a space which comes with one six-foot long

table for \$15 (additional tables are \$3). The selling of firearms, animals, arts and crafts, food items and beverages is not permitted. For more information, call 652-5142, option two.

Camp Bullis hosts archery shoot

Archers are invited to compete in the Camp Bullis 3-D Archery Shooting Contest Feb. 23-24, 8 a.m.-1:30 p.m. There are 30 targets at 5-55 yards. The competition categories are novice to expert, shooting in groups from 3-5 people. The fun shoot is \$10 per person and the competition shoot is \$15 per person. For more information, call 295-7577.

Camp Bullis has hunting for exotic animals

Hunting is open for exotic wild hogs, goats and axis deer Friday-Sunday, 4-9 p.m., at Camp Bullis. Permit-holding hunters need to call Thursday morning no earlier than 8 a.m. for a reserve stand. Walk-in hunters are not permitted and all reservations must be made by phone. To make reservations, call 295-7577.

Sportsman Range open for target practice

The Camp Bullis Sportsman range is open Saturday-Sunday, 10 a.m.-2 p.m. The range offers DOD ID cardholders a place to shoot their personal pistols, rifles and shotguns. Firearms must be registered at Camp Bullis. The range may close unexpectedly because of weather or troop use. Range users should call before coming out for target practice. For more information, call 295-7577.

Bungalow special runs during February

Joint Base San Antonio Recreation Park at Canyon Lake offers a discount on one-bedroom bungalows during February. Patrons can rent a bungalow and stay three nights for the price of two. For more information, call 830-964-3575 or 800-280-3466.

Cabana rentals marked down to half price

During February patrons can rent one of the RV cabanas for \$22.50 per night, Monday-Thursday at JBSA Recreation Park at Canyon Lake. For more information, call 830-280-3466.

Youth Programs

Youth register for baseball

Lackland Youth Sports holds baseball registration Feb. 1-15. The program is open to ages 5-14 and the participation fee is \$45. For more information, call 671-2388.

Celebrate Valentine's Day with a dance

Preteens can celebrate Valentine's Day early at Randolph Youth Programs Feb. 8, 6-9 p.m. The cost is \$2 for members or \$4 for nonmembers. For more information, call 652-3298.

Preschool soccer registration underway

Lackland Youth Sports is taking registrations through Feb. 8 for First Steps soccer. The program teaches the fundamentals of soccer focusing on age-appropriate gross motor skills training for children ages 3-5. Parents are required to participate as an extension of the instructor. The fee is \$35 for one hour of instruction for six weeks. For more information, call 671-2388.

Register for youth soccer

Online registration is underway for the Alamo Heights-Fort Sam Houston Youth Soccer League. In the first step, customers

must register youth ages 5-19 and pay online at <http://ahfsh.cornerkicksystems.com/page/show/46690-registration-information>. The second step for patrons is to register for the league through Child, Youth & School Services, Parent Central, building 2797, by Feb. 8. Only players who are registered by Feb. 8 receive a discounted fee. Registration requires a current sport's physical. For more information, call Mr. Domingo Ramos at 221-5519.

Youth hosts family and teen talent contest

Randolph Youth Programs hosts a family entertainment event Feb. 15, 6 p.m., at the Airman and Family Readiness ballroom. Eligible youth 5-18 and family members will compete in solo, group, instrumental, singing and variety categories. Registration ends Feb. 11. For more information or to register, call Andrea Black at 652-3298.

Parents get a night off

Lackland Youth Programs and the Lackland Child Development Center hold Give Parents a Break/Parents' Night Out Feb. 22, 7-11 p.m. Childcare is provided for ages six weeks to 12 years old. Participants enjoy an evening of supervised fun, games and a snack. Preregistration is required. The fee is \$15. Fees may be waived with a Give Parents a Break referral. To sign up, call the Lackland Youth Center at 671-2388 or the Lackland CDC at 671-3675.

Register for youth sports

Registration for Randolph's spring sports takes place Feb. 1-28. All youth must have a current physical, immunizations and an online sports registration form on file. The cost is \$45 per child for t-ball, 5-6 years coed (must be 5 by March 15), coach pitch, ages 7-8; baseball and softball, 9-18 years. For more information, call 652-3298.

Baseball registration is in full swing

It's time to register youth, ages 3-12, for Fort Sam Houston youth baseball and then head out to the ball park. The registration runs Feb. 1-March 1. Youth must be registered at Child, Youth & School Services, Parent Central, building 2797, with a current sports physical. The cost is \$65. For more information, call Parent Central at 221-4871 or Mr. Domingo Ramos at 221-5513.



WWW.RANDOLPHFSS.COM
WWW.LACKLANDFSS.COM
WWW.FORTSAMMWR.COM

The who and what of the JBSA-Fort Sam Houston tax center

By Brian J. Novak

502nd Mission Support Group
Military Tax Assistance Center
Director

With the Joint Base San Antonio-Fort Sam Houston Military Tax Assistance Center opening Jan. 28, it is important to understand who the MTAC serves and the scope of the services provided.

First, the MTAC serves all active duty military members, military retirees and their dependents.

Unless you are otherwise authorized services as an active duty military member, retired military or their family members, the MTAC cannot prepare returns for civilian personnel,

military contractors and the general civilian population.

The center also does not provide services for reservists and guardsmen, unless they are on Title 10 orders for more than 30 days or just came off of extended active duty. The MTAC does not provide services for “gray-area” retired reservists. If a retired reservist or guard is receiving retirement pay, they are eligible for services.

If you are not sure if you authorized to have your taxes completed at the MTAC, a good rule of thumb is if you can obtain medical treatment from the San Antonio Military Medical Center, then you are eligible to



utilize MTAC services. If you are not sure, contact the MTAC at 295-1040 to clarify your authorization.

Second, if you are authorized to have your taxes completed at the MTAC, then the next question is what type of services does the MTAC provide?

The tax center can prepare most personal income tax returns and

the staff is certified by the IRS to complete basic, intermediate and military tax returns.

The MTAC can complete tax returns covering wages, interest, dividend, capital gains with basis, residential rental real estate, IRA distributions, pension, unemployment, and social security incomes and also complete Schedule C-EZ business

income returns for Child Development Center daycare providers.

The MTAC can complete tax returns that require Schedule A itemized deductions and education, residential energy, dependent care, retirement savings, child tax, additional child tax and earned income credits.

The staff at the tax center is specifically trained to prepare tax returns for military members with combat zone excluded pay and other military unique tax situations.

There are certain services that are outside the scope of the MTAC. For example, the tax center does not provide tax services for day

traders, capital gains without basis, people with three or more rental properties, sale of rental property, foreign earned income exclusion, returns requiring K-1s, farm income, foreign tax credits greater than \$600 and other returns deemed outside the scope by the MTAC director.

Again, any questions can be directed to 295-1040.

The staff of the JBSA-Fort Sam Houston Military Tax Assistance Center looks forward to providing those eligible with outstanding personal income tax preparation services in the weeks and months ahead.

Get your refund faster: tell IRS to direct deposit your refund to one, two or three accounts



People have several options for receiving your federal income tax refund. You can:

- Split your refund with direct deposits into two or three checking or savings accounts;
- Direct deposit your refund into one checking or savings account;
- Receive your refund as a paper check in the mail; or
- Buy up to \$5,000 in U.S. Series I Savings Bonds with your refund. (See <http://www.irs.gov/Individuals/Now-you-can-buy-U.S.-Series-I-Savings-Bonds-with-your-tax-refund-for-anyone> for more

information.)

Splitting your refund is easy. Use IRS' Form 8888, Allocation of Refund (Including Savings Bond Purchases). Just follow the instructions on the form.

If you want IRS to deposit your refund into just one account, use the direct deposit line on your tax form.

With split refunds, you have a convenient option for managing your money – sending some of your refund to an account for immediate use and some for future savings – teamed with the speed and

safety of direct deposit.

Your refund should only be deposited directly into accounts that are in your own name; your spouse's name or both if it's a joint account.

Whether you file electronically or on paper, direct deposit gives you access to your refund faster than a paper check.

Direct deposit also avoids the possibility that your check could be lost or stolen or returned to IRS as undeliverable.

(Source: <http://www.IRS.gov>)

Don't fall for phony IRS websites

The IRS warns consumers about a new tax scam that uses a website that mimics the IRS e-Services online registration page.

- The actual IRS e-Services page offers web-based products for tax preparers, not the general public. The phony web page looks almost identical to the real one.

The IRS gets many reports of fake websites like this. Criminals use these sites to lure people into providing personal and financial information that may be used to steal the victim's money or identity.

- The address of the official IRS website is <http://www.irs.gov>. Don't be misled by sites claiming to be the IRS but ending in .com, .net, .org or other designations instead of .gov.

The IRS website has information that can help you protect yourself from tax scams of all kinds. Search the site using the term “phishing.”

(Source: <http://www.IRS.gov>)

First Lady, Dr. Biden vow to continue 'Joining Forces'

By Donna Miles
American Forces Press Service

Lauding Americans' increased outpouring to service members, their families and veterans, First Lady Michelle Obama and Dr. Jill Biden, wife of Vice President Joe Biden, have vowed to continue leading the Joining Forces initiative during the next four years with a goal of creating a national culture of appreciation and support.

The mission of Joining Forces is "to rally

this nation to support our military families to make sure that we are supporting them – our troops and our veterans – as well as they have supported us," Obama said during an exclusive interview with Marine Corps Staff Sgt. Josh Hauser, a Pentagon Channel correspondent.

"Our belief is that everyone can do something," she said. "And we have seen the country step up in ways big and small."

Joining Forces has mobilized every sector of

society by encouraging employers to hire veterans and military family members, promoting efforts to cut through red tape to transfer professional licenses as military spouses move between states with their loved ones, and giving teachers the tools to help military children, the first lady noted.

"People have really reached out, and we have gotten such great response. We feel pretty good about that," Biden said. "And we are going to continue this for the next four years – to keep

pushing that and plugging away."

As they prepared to kick off the presidential inauguration weekend by hosting a tribute to military families Jan. 19, Obama and Biden told Hauser they've seen increasing understanding among the American people of the contributions and sacrifices service members and their families make every day.

"There is growing appreciation, but I think there is still more work to do," Obama said. "We want to keep shining that spotlight."

Recognizing the end of U.S. military operations in Iraq and the drawdown in Afghanistan, the first lady said support for service members, veterans and military families is more important than ever.

"That is not when it ends. That is when it begins," Obama said. "Because as families are making that transition to civilian life, it is going to be more important than ever before for us to show them how valued they are to us – and not just in words, but in deeds."

Obama and Biden said they are struck as

they meet with military families by their strength and resilience, and the maturity and adaptability of military children.

"They are learning to juggle responsibilities, dealing with their emotions and dealing with the highs and lows of life in very stressful, emotional conditions," she said. "And they are succeeding. They are successful, smart, bright young people."

The skills they are learning now will give them a leg up when they face other challenges in life, and an appreciation of the tradition of service that has made America great, Obama said.



White House photo

Participants listen as First Lady Michelle Obama delivers remarks during a nurses event at the University of Pennsylvania in Philadelphia April 11, 2012.

Five San Antonio areas amongst Texas' top 50 transportation challenges; two in top 5

By Carolyn Bonifas Kelly
TRIP Transportation Research

Drivers commuting to any of the Joint Base San Antonio locations can certainly vouch for the findings detailed in a report released Jan. 17 by TRIP, a Washington, D.C., based national nonprofit transportation research organization.

Of the 100 transportation challenges throughout Texas which were identified in the report, five out of the top 50 and two of the top five are located in the San Antonio area.

Deficient roads, highways and bridges and crowded or congested routes in Texas are posing mounting challenges to the state's residents, visitors and businesses in the form of lost time, increased vehicle operating costs and the financial burden of making needed transportation improvements.

The report, "Texas' Top 100 Transportation Challenges and the Improvements Needed to Address Them," identifies 38 segments of the state's major roads and highways that have significant levels of traffic congestion.

"Texas has many more transportation challenges than it has dollars to put towards fixing them," said Kirby Carpenter, president of the Texas Good Roads & Transportation Association. "While it will take a significant investment to improve Texas' transportation system, the state simply cannot afford not to address the mounting

deficiencies on our roads and bridges.

"Failure to adequately fund the state's transportation system will result in further deterioration and congestion and countless lost economic opportunities."

The top transportation challenges in the San Antonio area include at No. 3 the congestion on Interstate 35 from Loop 410 to FM 3009/Schertz Parkway. I-35 acts as the primary route for vehicle and truck traffic from the Texas border to San Antonio, Austin and Dallas/Fort Worth.

This section of I-35 carries significant truck traffic due to numerous industrial companies located nearby. Because the current traffic volume exceeds the capacity of the current roadway, significant bottlenecks form at the I-35/Loop 410 North and I-35/Loop 410 South interchanges.

Congestion could be eased by expanding the existing six to eight-lane facility to 14 lanes (with six managed lanes) from US 281/I-37 to FM 3009/Schertz Parkway. While the corridor is currently undergoing a planning and environmental study, no funding has been identified.

Coming in close behind at No. 5 is the congestion on Loop 410 from US 281 to I-35. This section of Loop 410 is the primary connection between San Antonio International Airport and I-35.

Again, the current traffic volume exceeds the capacity of the roadway, leading to choke-points on I-35 where

Loop 410 merges with I-35. Needed improvements to the I-35/Loop 410 Interchange would ease the existing bottleneck.

A bit further down the list at No. 23 concerns the congestion on Loop 1604 from Bandera Road to Culebra Road. This section is the primary access point to I-10 for numerous large subdivisions and businesses in the area.

Because the northwest side of San Antonio has experienced significant growth in recent years, the current traffic volume now exceeds the capacity of the roadway.

The current long-range plan includes expanding Loop 1604 from a four-lane divided highway to a six/eight lane expressway to include both toll and non-toll elements.

At No. 35 on the list is the congestion on Highway 281 from Loop 1604 to Stone Oak Parkway. This section is the primary corridor connecting downtown San Antonio to the rapidly growing north side of San Antonio.

The current roadway is not adequate to handle the existing amount of traffic, which is expected to grow significantly as the region continues to grow.

Improvements to Highway 281 would expand the mainlines to include both toll and non-toll roadways with two and three-lane frontage roads and non-toll northern interchange connectors at Loop 1604.

San Antonio's last

entry in the top 50 traffic snarls comes in at No. 43 overall and addresses the congestion on I-35 at Highway 281 to Loop 353 near Highway 90.

Loop 353 follows New Laredo Highway from I-35 on the southwest side of San Antonio towards the northeast and follows Nogalitos Street before ending at another point on I-35 just southwest of downtown San Antonio. The road is still a major artery for the city, providing access to the Port of San Antonio near JBSA-Lackland.

This section of I-35 also has a traffic volume that far exceeds its capacity. Significant

bottlenecks occur at the Highway 90 and I-37 interchanges. Widening the roadway and building additional interchanges would ease congestion on this section of roadway.

Enhancing critical segments of Texas' transportation system will boost the state's economy in the short-term by creating jobs in construction and related fields.

In the long term, these improvements will enhance economic competitiveness and improve the quality of life for the state's residents and visitors by reducing travel delays and transportation costs, improving access and mobility, improving

safety, and stimulating sustained job growth.

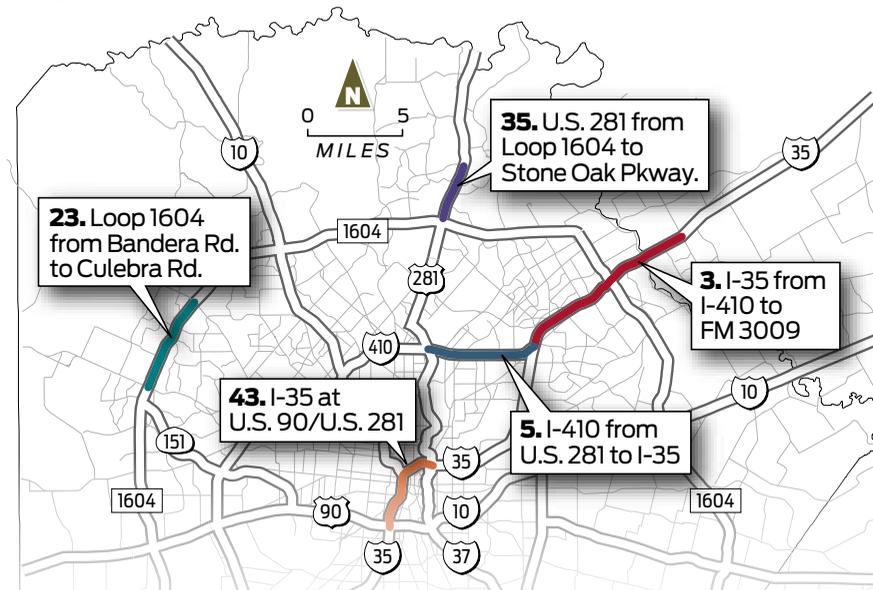
"Texas, which relies mostly on motor fuels taxes to pay for roads, is losing ground in trying to keep up with its mobility needs," said Lawrence Olsen, executive vice president of Texas Good Roads & Transportation Association.

"Investing in Texas' transportation system and eliminating these challenges by improving the condition and efficiency of the state's roads, highways and bridges will be an effective step in growing the state's economy, enhancing quality of life and making Texas an attractive place to live, work and visit," said Will Wilkins, TRIP executive director.

The complete report is available at <http://www.tripnet.org>.

Five sections of San Antonio highways ranked among worst in Texas

A Washington D.C.-based transportation research group ranked the state's worst transportation problems, looking at everything from congestion to deficient bridges. Five of the top 50 were in San Antonio and all congestion-related.



Source: TRIP (www.tripnet.org)

Illustration by Harry Thomas, courtesy San Antonio Express-News

FORT SAM HOUSTON INDEPENDENT SCHOOL DISTRICT
Exhibit C-2

**Statement of Revenues, Expenditures, and Changes in
Fund Balances - Governmental Funds**

Year Ended August 31, 2012

Data Control Codes		10	60	Other	98
		General Fund	Capital Projects Funds	Governmental Funds	Total Governmental Funds
Revenues					
5700	Local and intermediate sources	\$ 71,315	\$ 635	\$ 1,836,743	\$ 1,908,693
5800	State program revenues	9,551,720	-	4,374	9,556,094
5900	Federal program revenues	8,656,312	2,501,501	1,513,365	12,671,178
5000	Total revenues	<u>18,279,347</u>	<u>2,502,136</u>	<u>3,354,482</u>	<u>24,135,965</u>
Expenditures					
Current:					
0011	Instruction	7,973,987	-	1,941,178	9,915,165
0012	Instructional resources and media services	238,869	-	-	238,869
0013	Curriculum development and instructional staff development	189,586	-	236,184	425,770
0021	Instructional leadership	161,569	-	212,540	374,109
0023	School leadership	935,385	-	13,794	949,179
0031	Guidance, counseling, and evaluation services	434,516	-	197,786	632,302
0033	Health services	160,939	-	5,722	166,661
0034	Student (pupil) transportation	386,799	-	21,563	408,362
0035	Food services	13,598	-	612,667	626,265
0036	Cocurricular/extracurricular activities	432,286	-	-	432,286
0041	General administration	838,643	-	12,324	850,967
0051	Plant maintenance and operations	1,844,803	-	33,905	1,878,708
0052	Security and monitoring services	103,227	-	-	103,227
0053	Data processing services	924,164	-	42,177	966,341
0081	Facilities acquisition and construction	-	2,797,981	-	2,797,981
0093	Payments related to shared services arrangement	1,097,655	-	-	1,097,655
0095	Payments to Juvenile Justice Alternative Education Program	1,902	-	-	1,902
6030	Total expenditures	<u>15,737,928</u>	<u>2,797,981</u>	<u>3,329,840</u>	<u>21,865,749</u>
1100	Excess (deficiency) of revenues over (under) expenditures	<u>2,541,419</u>	<u>(295,845)</u>	<u>24,642</u>	<u>2,270,216</u>
1200	Net change in fund balances	2,541,419	(295,845)	24,642	2,270,216
0100	Fund balances (deficit) at beginning of year	12,519,683	682,296	34,974	13,236,953
3600	Fund balances at end of year	<u>\$ 15,061,102</u>	<u>\$ 386,451</u>	<u>\$ 59,616</u>	<u>\$ 15,507,169</u>

The financial statement notes are an integral part of this statement.

FSHISD WEEKLY CAMPUS ACTIVITIES JAN. 28 TO FEB. 2

Robert G. Cole Middle and High School

Jan. 28

Boys golf tourney at Hyatt Hill Country, 8 a.m.
Girls golf tourney at Quail Creek, 8:30 a.m.
Boys soccer vs. Hawkins, 5 p.m.

Jan. 29

Boys junior varsity/varsity basketball vs. Catula, 5 and 8 p.m.
Girls junior varsity/varsity basketball at Catula, 5 and 8 p.m.

Jan. 30

Final auditions for "Cole's Got Talent," high school mall, 4 to 7 p.m.
Girls soccer vs. Kennedy, 5 p.m.

Jan. 31

Middle school girls basketball vs. Catula, 5 and 6 p.m.
Middle school boys basketball at Catula, 5 p.m.
NEHS Poetry Night, high school mall, 4 to 5:30 p.m.

Feb. 1

Boys junior varsity/varsity basketball vs. Jourdanton, 5 p.m.
Boys soccer vs. Kennedy, 5 p.m.

Feb. 2

Band UIL solo and ensemble contest at Sam Houston High School
Senior parent appreciation party, high school mall, 3 to 5 p.m.



Exotic Hunts

Hunts are 4-8 p.m. on Joint Base San Antonio-Camp Bullis and will continue every Friday through Sunday evening until Feb. 17. Permit-holding hunters need to call Thursday morning no earlier than 8 a.m. for a reserve stand. Hunters seeking a second or third day may call beginning at noon for any stands which have not been selected. Walk-in hunters are not permitted and all reservations must be made by calling 295-7577.

Frosty 5K

Jan. 26, noon, Fitness Center on the Medical Education and Training Campus. Call 808-5709.

Ranger Jam XV

Players, ages 18 and older, can get their teams together for the Ranger Jam XV Varsity Basketball Tournament Jan. 26-27, at the Fitness Center on the Medical Education and Training Campus, Building 1669, Williams Road. The cost per team is \$350. Call 808-5710.

Exceptional Family Member Program Support Group

Jan. 28, 11:30 a.m.-12:30 p.m., Roadrunner Community Center, Building 2797. Call 221-2962 or e-mail usaf.502-fss-efmp@mail.mil.

Excel Level 3

Jan. 29, 8 a.m. to noon, Roadrunner Community Center, Building 2797. Call 221-2518 or 221-2705.

Saving and Investing

Jan. 29, 9-11 a.m., Roadrunner Community Center, Building 2797. To register call 221-0516 or 221-0427.

Unit Trauma Training

Jan. 29, 9 a.m.-2 p.m., Roadrunner Community Center, Building 2797. Call 221-1829.

Newcomer's Extravaganza

Jan. 29, 9:30-11 a.m., Sam Houston Community Center. The extravaganza is an opportunity to learn about JBSA-Fort Sam Houston and the San Antonio area as well

as meet representatives from many different organizations, programs and businesses. Call 221-1681 or 221-2418.

Helping Us Grow Securely Playgroup

Jan. 29, 9-11 a.m., Middle school Teen Center, Building 2515, for children up to 5 years old. Call 221-0349.

Budgeting

Jan. 29, 2 to 4 p.m., Roadrunner Community Center, Building 2797. To register or for more information, call 221-0516 or 221-0427.

PowerPoint Level 1

Jan. 30, 8 a.m. to noon, Roadrunner Community Center, Building 2797. Call 221-2518 or 221-2705.

CARE Team Training

Jan. 30, 10-11:30 a.m., Roadrunner Community Center, Building 2797, call 221-1829.

First Termer Financial Readiness

Jan. 30, noon-4 p.m., Roadrunner Community Center, Building 2797. Call 221-0516 or 221-0427.

PowerPoint Level 2

Jan. 31, 8 a.m. to noon, Roadrunner Community Center, Building 2797. Call 221-2518 or 221-2705.

Key Caller Training

Jan. 31, 8 a.m.-4 p.m., Roadrunner Community Center, Building 2797. Call 221-1829.

African-American Heritage Month Taste of Soul

Feb. 1, 11 a.m. to 1 p.m., JBSA-Randolph Youth Center Gym, cost is \$7, call 565-3736, 565-4904 or 652-2525.

Youth Baseball Registration Dates

Register children, ages 3 to 12, for JBSA-Fort Sam Houston youth baseball Feb. 1 through March 1. Child must be registered at Child, Youth and School Services, Parent Central, Building 2797, with a current sport's physical. The cost is \$65. For more information, call Parent Central at 221-4871 or the sports director at 221-5513 or 221-5519.

Soccer Registration Underway

Online registration is underway for the Alamo Heights-Fort Sam Houston Youth Soccer League. First, MWR patrons must register, their youth ages, 5-19 and pay online at <http://ahfsh.comerkicksystems.com/page/show/46690-registration-information>. Second, MWR patrons must register through Child, Youth and School Services, Parent Central, Building 2797, by Feb. 8. Only players who are registered by the Feb. 8 deadline receive a discounted fee. Registration requires a current sport's physical. For more information, call 221-5519.

Warfighter and Family Readiness Volunteer Fair

Feb. 8, 11 a.m.-1 p.m., Roadrunner Community Center, Building 2797, meet volunteer agencies, learn what opportunities are available, and how to register as a volunteer. Call 221-9848 or 221-2336.

African-American Heritage Month 3-on-3 Basketball Tournament

Feb. 8, 1-6 p.m., JBSA-Randolph Fitness Center, call 565-3736, 565-4904 or 652-2525.

National Prayer Breakfast

Feb. 12, 6:30-7:30 a.m., Sam Houston Community Center. Guest speaker is Chaplain (Brig. Gen.) Raymond Bailey, U.S. Army deputy chief of chaplains.

Murder is a Game at the Harlequin

Thursday, Friday and Saturday through Feb. 16, dinner is served at 6:15 p.m. and the show starts at 8 p.m. at the Harlequin Dinner Theatre, Building 2652 Harney Road. Call 222-9694 for tickets.

Teen Resilience Workshop

Feb. 19, 4 to 5 p.m., Building 2620 on the corner of Schofield and Scott Road. Call 808-6089 or visit <http://www.csfprep.army.mil>.

Polar Bear Aquathon

Feb. 23, 2 p.m., JBSA-Fort Sam Houston Aquatic Center, Building 3300, Williams Road. The event includes a 500 meter swim in a heated pool and a 5-mile run with three categories including men, women and a two-person relay. The cost is \$20 per person. To register,

visit http://www.fortsammwr.com/image/OfficialForms/Run_Registration-Form.pdf. Call 221-3593 for more information.

Teen Poetry Slam

Feb. 23, 6 to 9 p.m., Roadrunner Community Center, Building 2797, for teens 13 to 18 years old. Open to military ID card holders. Call 221-0349.

African-American Heritage Month Gospel Fest

Feb. 24, 3-7 p.m., JBSA-Randolph Chapel 1, call 565-3736, 565-4904 or 652-2525.

Military Saves Week Feb. 25 to March 1

For more information on Military Saves Week or help planning to improve your financial future call the Financial Programs at JBSA-Lackland 371-3722; JBSA-Randolph 652-5321 or JBSA-Fort Sam Houston 221-2330.

African-American Heritage Month 5K Fun Run/Walk

Feb. 28, 7:30-8:30 a.m., JBSA-Randolph Eberle Park, call 565-3736, 565-4904 or 652-2525.

Air Force Arts & Crafts Gallery

The 2013 Air Force Arts & Crafts Gallery Program requests submissions from artists, craftsmen and photographers in the armed forces and their family members around the world. Adults, teens ages 13-17 and youth ages 6-12 may submit 2- and 3-D art, photography and digital art. Three entries are permitted per person per category. Entries must be dropped off at the JBSA-Lackland Arts & Crafts Center, 1441 Patrick St., Building 7041. For more information, call 671-5508 or visit <https://www.usafservices.com/ArtsCraftsGallery.aspx>.

Golf Course Survey

Joint Base San Antonio is gathering feedback on its golf courses to improve operations and better meet the needs of patrons. The survey is online at <http://2013JBSAGolfCourseSurvey.questionpro.com>.

Central Post Gym Reopens on JBSA-FSH

MWR patrons have a new fitness center at their disposal on JBSA-Fort

Sam Houston with the reopening of the Central Post Gym, building 961, Patch Rd. The gym is open from 5 a.m.-7 p.m. weekdays and is closed on weekends and holidays. For more information, call 221-3593.

JBSA-Fort Sam Houston Ticket Office

The ticket office has discount tickets for Disney on Ice "Rockin' Everafter," April 10 through 14, at \$14 for plaza seating and \$44 for second row floor seating. Discounted tickets for the Spurs regular season games are also available. The ticket office is located in the Sam Houston Community Center and is open Tuesday through Friday, 10 a.m.-5 p.m. The ticket office will reopen Saturdays in spring 2013. Call 808-1378.

Sportsman Range

The range is open 10 a.m. to 2 p.m. Saturday-Sunday. DOD card holders may shoot their personal pistols, rifles and shotguns. Firearms must be registered at JBSA-Camp Bullis. The range may close unexpectedly because of weather or troop use. Range users should call before coming out for target practice. Call 295-7577.

Theater Arts Program

Children, ages 4 and up, can take the stage after a long day at school in the Theater Arts Program at School Age Services, Building 1705. The cost is \$80 for a month of biweekly classes. Classes are 4-5 p.m. for ages 4-6; 5-6 p.m. for ages 7-10; and 6-7 p.m. for ages 11 and up. Call 221-3381 for information.

Home Child Care Providers Needed

Family Child Care on JBSA-Fort Sam Houston is looking for family members interested in providing licensed child care in their homes. Providers can earn additional income at home, full or part time. For more information, call 221-3828.

Parent Central Customer Service Hours

JBSA-Fort Sam Houston Parent Central assists walk-in patrons from 8 a.m. to noon and 2 to 4 p.m. for registration and 12:30 to 1 p.m. for out processing and payments. Parent Central is located in Building 2797, on Fort Sam Houston. Call 221-4871.

Before and After School Care Registration

Register your child for before and after school care at JBSA-Fort Sam Houston Parent Central, 221-4871. Warriors in Transition and their family members should register at Soldier Family Assistance Center or call 916-6377. Registration is ongoing until full.

School Liaison Office

The JBSA-Fort Sam Houston School Liaison Office can assist patrons in registration, provide information about the local school system and community, educate parents on school policies, procedures, programs and schedules and home schooling. Call 221-2214/2256 or visit <http://www.fortsammwr.com/youth/slo.html>.

Story Time at the Library

Preschool children are invited to the weekly story time at 10 a.m. Thursdays, at the Keith A. Campbell Memorial Library, Building 1222 on Harney Path. Call 221-4702.

Thrift Shop Open

The JBSA-Fort Sam Houston Thrift Shop at 3100 Zinn Road, run by the Spouses' Club of the Fort Sam Houston Area, is open to all DOD cardholders and full of clothing, shoes, housewares, toys, books, furniture, jewelry and more. Hours are 9 a.m. to 2 p.m. Wednesday, Thursday and the third Saturday of each month. Consigned items are taken from 9 a.m. to 1 p.m. Donations are taken anytime during regular business hours. For more information, call 221-5794/4537 or click on <http://www.scfsh.com>.

Pet Consult Services Available at JBSA-Lackland

The JBSA-Lackland Veterinary Treatment Facility provides animal behavior consult services for family pets. The VTF's military animal behavior resident is scheduling appointments. The Army resident can assist pet owners with understanding their pet's behavior, and preventing, managing, or resolving pet behavioral problems. Common problems may include aggression, fear, anxiety, hyperactivity, inappropriate elimination and tail chasing. For details, call 671-3631/2245.

OUTSIDE THE GATE

For tickets visit <http://www.4th-annual-legacyball.eventsbot.com/> by Feb. 7. Call 652-4527, 652-7129 or 565-2665 for more information.

JROTC All-Army Drill Meet

More than 700 Army Junior ROTC cadets will take part in the All-Army Drill Meet from 8 a.m. to 4 p.m. Feb. 9 at the Henry B. Gonzalez Conventions Center, 200 E. Market Street. Free parking is available at the San Antonio Federal Courthouse Building, 655 E. Durango Blvd. Top five winners will represent the 5th Brigade Army ROTC at the Army national competition April 6 at Fort Knox, Ky. For more information, click on <http://www.sahbgcc.com> or call 295-2014.

St. Mary's University Neighborhood Walk

The LoneStar Walkers volksmarch club is hosting a 5k and 10k walk Jan. 26 starting at University Center Atrium at St. Mary's University, One Camino Santa Maria. Walks start between 10 a.m. and 1 p.m., finish by 4 p.m. For information, call 830-980-4080.

Legacy Ball

The 4th Annual Legacy Ball will be held 6 to 11 p.m. Feb. 15 at the J.W. Marriott Hotel Resort and Spa.

NEWS BRIEFS from P6

the end of the study. To participate, call 202-319-5719.

U.S. Air Force Office of Special Investigations Tip Line

Report crime or suspicious activity to the anonymous tip line by text message, online or download the smartphone app. Text AFOSI at 274637 (CRIMES) or visit <https://www.tipsubmit.com/webtips.aspx?agencyID=1111> or <http://www.osi.af.mil>.

CPAC Customer Care Center

People looking for job information can visit the new customer care center at the Civilian Personnel Advisory Center, Building 144, 2438 Stanley Road. Army civilian employees can also receive assistance with resetting passwords for the Electronic Benefits Information System and more. For more information, call 221-1425.

Wounded Soldier and Family Hotline

The Army chief of staff and the acting secretary of the Army established the Wounded Soldier and Family Hotline to give Soldiers and their families a place to share their concerns on the quality of

care received. It also provides Army senior leadership with a valuable tool to determine if appropriate resources are devoted to solving medical-related issues in timely and comprehensive fashion. The hotline is available around the clock at 1-800-984-8523, DSN 421-3700 or via email at wfsup-port@amedd.army.mil.

Army Benefits Center-Civilian's Newest Benefits Tool: eRetirement

The Army Benefits Center-Civilian offers the new eRetirement web application, located in the Employee Benefits Information System, which allows an employee to fill out a retirement application. Army-serviced employees, within one year of retirement, can fill out an application on the ABC-C secure website at <https://www.abc.army.mil> with a Common Access Card and then selecting the EBIS icon or web link. Next, employees enter their Social Security Number and Personal Identification Number. Click on the eRetirement button and complete all the forms listed. Once finished, print each form individually, review closely and sign any applicable forms. Finally, send the application to the ABC-C at 301 Marshall Avenue, Fort Riley, KS, 66442. ABC-C reviews the ap-

Van Autreve Sergeants Major Association

The SMA Leon L. Van Autreve Sergeants Major Association meets at 5 p.m. on the third Thursday of each month at the Longhorn Café, 1003 Rittiman Road. All active duty, Reserve, National Guard and retired sergeants major are invited and encouraged to attend. Call 221-0584 or 889-8212.

Foster a Puppy

The Department of Defense dog breeding program needs families to foster puppies for three months. Potential foster families need time and patience to raise a puppy age 12 weeks to six months, a stimulating and safe home environment and a desire to help raise a military working dog. Call 671-3686 for more information.

plication closely and sends a letter stating the application has been received. For more information on eRetirement, contact a benefits counselor at 1-877-276-9287 between 6 a.m. to 6 p.m.

Commissary Rewards Card

The Defense Commissary Agency's new commissary rewards card allows shoppers to download coupons directly onto the card and redeem them at checkout. For more information, visit your local commissary or go to <http://www.commissaries.com>.

Bicycle Helmets Required

Anyone who rides a bicycle, tricycle, motor drive bicycle or operates non-motorized transportation such as skateboards, kick-scooters and roller skates on an Air Force installation are required by Air Force Instruction 91-207 to wear a properly fastened and approved bicycle helmet. During hours of darkness, riders are required to wear a retro-reflective vest, jacket or outer garment containing retro-reflective material. In addition, bicycles should be equipped with a white front light (not a reflector) visible for 500 feet and red rear reflector or light visible from the rear of the bicycle from a distance of 300 feet.



FOR SALE: 1966 Mustang, red with black interior, 289 V8, automatic, power steering, drives great, \$8,000 obo. Call 722-3378.

FOR SALE: Dell laptop bag, \$15; 3-cubic-foot refrigerator, \$50; black entertainment center, \$40; Weber charcoal barbecue, \$25; small wood dresser, \$35. Call (512) 943-2314.

FOR SALE: New Rascal wheelchair with instruction manual included, \$700 obo. Call 661-3765.

FOR SALE: Grandfather clock, Whirlpool refrigerator, Whirlpool freezer, dining set, patio set and miscellaneous household items. Call (951) 489-9809.

To submit a Fort Freebie, e-mail fshnewsleader@gmail.com. Freebies run for one week unless the submitter calls to renew. Limit of five items per entry. For more information, call 221-2030.

CHAPEL WORSHIP SCHEDULE

PROTESTANT SERVICES

Main Post (Gift) Chapel

Building 2200, 1605 Wilson Way 8 and 11 a.m. - Traditional

Dodd Field Chapel

Building 1721, 3600 Dodd Blvd. 8:30 a.m. - Samoan

10:30 a.m. - Gospel

Army Medical Department

Regimental Chapel

Building 1398, 3545 Garden Ave. 9:20 a.m. - 32nd Medical Brigade

Collective Service

Brooke Army Medical

Center Chapel

Building 3600, 3851 Roger Brooke Rd. 10 a.m. - Traditional

Evans Auditorium

Building 1396, 1396 Garden Ave.

11:01 - Contemporary "Crossroads"

CATHOLIC SERVICES

Daily Mass

Brooke Army Medical Center Chapel

Building 3600,

3851 Roger Brooke Rd.

11:05 a.m., Monday through Friday

Main Post (Gift) Chapel

Building 2200, 1605 Wilson Way 11:30 a.m., Monday through Friday

Saturday

Main Post (Gift) Chapel

4:45 p.m. - Reconciliation 5:30 p.m. - Evening Mass

Sunday

8 a.m. - Morning Mass, AMEDD 8:30 a.m. - Morning Mass, BAMC 9:30 a.m. - Morning Mass, MPC 11:30 a.m. - Morning Mass, BAMC 12:30 p.m. - Morning Mass, DFC

JEWISH SERVICES

8 p.m. - Jewish Worship, Friday, MPC

8:30 p.m. - Oneg Shabbat, Friday, MPC

ISLAMIC SERVICE

1:30 p.m. - Jummah, Friday, AMEDD

LATTER DAY SAINTS SERVICES

1 p.m. - LDS Worship, Sunday, AMEDD

BUDDHIST SERVICES

1 p.m. - Buddhist Services, Sunday, AMEDD

For worship opportunities of faith groups not listed here, please visit the JBSA-Fort Sam Houston Chaplain's website at <http://www.samhouston.army.mil/chaplain>.

INSIDE from P23

Education and Training Office

The 502nd Force Support Squadron Education and Training Office offers a variety of military testing, including Professional Military Education, Career Development Courses and Defense Language Proficiency testing. PME Testing is conducted on Tuesdays, CDC on Wednesdays, and DLPT on Thursdays. Education and Training also offers Armed Forces aptitude testing such as the Armed Forces Classification Test and Armed Forces Officer Qualification Test. Tests are scheduled on an as-needed basis. To schedule military testing at JBSA-Fort Sam Houston, call 221-0852.

Basic Skills Education Program

Classes are Monday through Friday 7:30 a.m. to 3:30 p.m. for a period of 14 working days. Service members will receive instruction in reading comprehension, vocabulary, and math skills. The class is designed to teach basic college pre-

paratory skills to service members with a GT score less than 110. Call 221-1738 to enroll.

Stilwell House

The JBSA-Fort Sam Houston Stilwell House, a historic landmark since 1888, is open for tours, receptions and parties. The Stilwell House is managed by the Society for the Preservation of Historic Fort Sam Houston, Inc. a 501(C)(3) corporation not affiliated with the Department of Defense. Call 224-4030 or 655-0577.

Cloverleaf Communicators Club

Meetings are held the first and third Thursday of every month 11:45 a.m.-1 p.m. at San Antonio Credit Union, Stanley Road, in the conference room. Call 916-3406 or 221-8785 or visit <http://powertalkinternational.com/>.

Future Speakers on the Horizon

Enjoy food and develop public speaking and leadership skills the second and fourth Wednesday of

each month, noon-1 p.m. at the Joint Program Management Office, Building 4196. Call 295-4921.

Sergeant Audie Murphy Club

The SMA Leon L. Van Autreve Chapter of the Sergeant Audie Murphy Club meets the last Thursday of each month, noon-1 p.m. at the Army Medical Department Museum. All Sergeant Audie Murphy or Sergeant Morales members are invited and encouraged to attend. Call 221-4424 or 837-9956.

Retired Enlisted Association

Chapter 80 of the Retired Enlisted Association meets at 1 p.m. on the fourth Wednesday of each month at the JBSA-Lackland Gateway Club. Call 658-2344 for more information.

Lost Property

If you have lost any property on JBSA-Fort Sam Houston, call 221-2340. To claim items, you must have a form of photo identification and be able to identify the property.

Did you know?

One of the best things about ICE is that people can let service providers know when they do a great job, not just for poor service.

It takes 5 minutes or less to submit a comment at <http://ice.disa.mil>.

