

*“One Team, Supporting Military Missions and Family Readiness!”*

## ‘Don’t Ask’ repeal plan progressing quickly, officials say

By Karen Parrish  
 American Forces Press Service

The plan to end the ban on gay men and lesbians serving openly in the military is progressing quickly, senior Defense Department officials said in Washington, D.C., Jan. 28.

Clifford L. Stanley, undersecretary of defense for personnel and readiness, and Marine Corps Gen. James E. Cartwright, vice chairman of the Joint Chiefs of Staff, spoke to Pentagon reporters in the first of a series of briefings that will chart the department’s progress in implementing the repeal of the

law known as “Don’t Ask, Don’t Tell.”

“My sense is [we have a] really good working relationship with the services as we do this, ... not only the service chiefs, but the senior enlisted,” Stanley said. “You get good vibes about where we are in terms of cooperation [and] information coming forth.”

President Barack Obama signed the repeal into law Dec. 22, with provisions ensuring the repeal will not take place until 60 days after he, Defense Secretary Robert

See DADT P10



Photo by R. D. Ward

Under Secretary of Defense for Personnel and Readiness Dr. Clifford Stanley, and Vice Chairman of the Joint Chiefs of Staff Marine Corps, Gen. James Cartwright hold a Pentagon press briefing Jan. 28 to explain to reporters what steps the Department of Defense is taking to prepare for the implementation of new legislation concerning homosexuals openly serving in the U.S. Armed Services.

## DEFENSE SECRETARY PRESENTS PURPLE HEART



Photo by Chondra Perry

Secretary of Defense Robert M. Gates presents 1st Lt. Larkin O’Hern with the Purple Heart Jan. 29 at Brooke Army Medical Center for wounds received while serving in Afghanistan. For photos of other wounded warriors who received Purple Hearts recently, turn to Page 3.

## Fort Sam Houston tax center open for business

By Lori Newman  
 FSH News Leader

The Fort Sam Houston Military Tax Assistance Center officially opened Jan. 31 with a ribbon-cutting ceremony marking the beginning of the tax season.

Military and civilian volunteer tax preparers stood ready as the ribbon was cut by Maj.

Gen. Perry Wiggins, deputy commanding general, U.S. Army North; Col. Mary Garr, commander of the 502nd Mission Support Group; Brian Novak, director of the Fort Sam Houston Military Tax Assistance Center and chief of Legal Assistance; and Sgt. 1st Class Alberto Martinez, noncommissioned officer in-charge of the

Fort Sam Houston Military Tax Assistance Center.

“We have approximately 19 Soldiers from across Fort Sam volunteering [at the tax assistance center] and each one of them is trained and certified by the IRS to run our tax center,” Novak said.

Garr thanked the military and civilian tax preparers for their serv-

ice, as well as their commanders for allowing them to volunteer at the tax assistance center.

“This is very much a joint effort,” she said. “We are one military – one team, in taking care of all our service members, their Families and retirees.

“I guarantee that when you come out of

See TAX P21



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# Programs aim to support military spouses, Families

By Jian DeLeon

Emerging Media, Defense Media Activity

A new whole-of-government approach will bring the federal government's vast reach to help millions of service members and their families, a senior Defense Department official said Jan. 27.

"This is a very exciting time for those of us who have been working hard to support military families," said Barbara Thompson, director of the Pentagon's office of family policy and children and youth, said during a "DODLive" bloggers roundtable.

Thompson said the backing of President Barack Obama, First Lady Michelle Obama, and Dr. Jill Biden, wife of Vice President Joe Biden, behind the effort to garner the support of every federal agency "is really quite amazing."

For the past year, numerous federal agencies and the National Security Council have been working on a report, titled: "Strengthening Our Military Families: Meeting America's Commitment."

That 23-page report was released Jan. 24 in response to a presidential directive soliciting agencies for a more coordinated, comprehensive approach to improving federal support for military families.

Now, Thompson said, the next step is getting the word out about these new programs to the people they are supposed to support, noting that several teams and committees are in place to ensure an effective strategic commu-

nications plan.

One of the teams, she noted, has been set up by Navy Adm. Mike Mullen, chairman of the Joint Chiefs of Staff and a staunch advocate of social media.

"We are working with

a variety of entities to make sure that we have a very solid communication plan to get this information down to the military families," Thompson said.

Some of the efforts under way include increasing the availability

of child care and expanding spouse-employment programs to all military services. To support those stationed overseas, the spouse employment program has partnered with overseas companies in South Korea, Japan and Germany, Thompson said.

"We're looking at pro-

viding more user-friendly information on how to acquire a federal job with [the Office of Personnel Management]," she said, "and we'll be tracking how many spouses are employed by the federal government to see if all of

See PROGRAMS P7



Photo by Elaine Wilson

President Barack Obama announces a whole-of-government initiative to benefit military families as Jill Biden, wife of Vice President Joe Biden, and First Lady Michelle Obama look on during a Jan. 24 White House event.

## Weekly Weather Watch

	Feb. 3	Feb. 4	Feb. 5	Feb. 6	Feb. 7	Feb. 8
San Antonio	34° Cloudy	46° Partly Cloudy	63° Sunny	67° Sunny	62° Mostly Sunny	49° Mostly Sunny
Kabul Afghanistan	48° Light Rain	46° Rain	49° Mostly Sunny	48° Scattered Showers	48° Rain/Snow Showers	49° Scattered Snow
Baghdad Iraq	56° Sunny	52° PM Light Rain	54° AM Light Rain	57° Sunny	59° Sunny	61° Sunny

(Source: The Weather Channel at www.weather.com)

## News Briefs

### Temporary Opening of North New Braunfels Gate

To alleviate congestion caused by ongoing construction projects on and near Fort Sam Houston the North New Braunfels gate will temporarily open to outbound traffic beginning Feb. 15 from 3:30-5:30 p.m. Monday to Friday.

### New Voice Mail System Rescheduled

Due to constraints, the Network Enterprise Center voice mail system migration from Meridian Mail to the Call Pilot system is rescheduled for the week of Feb. 23. This upgrade will improve security standards. All voice mail services for Fort Sam Houston, Camp Bullis and Camp Stanley will be affected. Customers will be able to access Call Pilot system Feb. 23. Call 808-MAIL (808-6245) for information.

### BHT Ribbon-Cutting

The Joint Center of Excellence for Battlefield Health and Trauma Research Center ribbon-cutting ceremony will be held Feb. 4 at 9 a.m. The facility is adjacent to Brooke Army Medical Center.

### Black History Month Events

Feb. 5 – Gospel Musical, 6 p.m., Gateway Chapel, Lackland Air Force Base

Feb. 9 – Annual Luncheon, 11 a.m., Gateway Club, LAFB

Feb. 16 – Soul Food Taste, 5 p.m., LAFB Fisher House

Feb. 23 – Expo, 10 a.m., Building 171, Port San Antonio

Feb. 23 – Fort Sam Houston Observance, 11:30 a.m., Roadrunner Community Center

### WHCA Recruiting Team Briefs

The White House Communications Agency Recruiting Team will conduct briefings on Lackland Air Force Base Feb. 10 at 1 p.m. at the Arnold Hall Community Center, 1560 Stewart St., Building 5506, and Fort Sam Houston Feb. 14 at 9 a.m. at Dodd Field Chapel, 1721 Dodd Blvd., Building 1721. Positions include communications, audio-visual, administrative and support fields. You must be able to obtain and keep a Top Secret security clearance, have no history of derogatory information, and be able to serve in a four-year Presidential

See NEWS P4

## SOLDIERS RECEIVE PURPLE HEARTS FOR ACTIONS IN AFGHANISTAN



Photo by Maria Gallegos

Brig. Gen. Harry Miller Jr., acting senior commander at Fort Drum, presented two Purple Hearts medals at BAMC Jan 26. (Left) Pfc. Curtis Yetman was assigned to Headquarters and Headquarters Company, 2nd Battalion, 30th Infantry, 4th Brigade Combat Team, serving as an infantryman in Afghanistan when his vehicle was struck by an improvised explosive device while on a patrol, resulting in his combat injuries Jan 7. (Right) Cpl. Jerome Elliott, an infantryman, was hit by an improvised explosive device Jan. 7 while on patrol resulting in his combat injuries. He was assigned to Company D, 2nd Battalion, 30th Infantry, 4th Brigade Combat Team in Afghanistan.

## ARMY CHIEF OF STAFF PRESENTS PURPLE HEART



Courtesy Photo

Gen. George Casey Jr., chief of staff of the Army, presents a Purple Heart medal to Spc. Logan Hathorn, at Brooke Army Medical Center Jan. 21 as his wife, Tanya, looks on. Hathorn, a combat engineer assigned to 287th Engineer Company, was injured when his vehicle was struck by an improvised explosive device during a clearance mission Jan. 4.

## 502nd ABW Quarterly and Annual Award Winners

### 502nd Air Base Wing 4th Quarter award winners:

502nd Air Base Wing Junior Enlisted Member of the Quarter

**Senior Airman Matthew Thomas**, 802 Mission Support Group, Lackland Air Force Base

502nd Air Base Wing Noncommissioned Officer of the Quarter  
**Staff Sgt. Jacob Martinez**, 902nd MSG, Randolph AFB

502nd Air Base Wing Senior Noncommissioned Officer of the Quarter  
**Master Sgt. Jeremy Powell**, 902nd MSG, Randolph AFB

502nd Air Base Wing Company Grade Officer of the Quarter

**2nd Lt. Annette Geringer**, 502nd Air Base Wing (WSA), Fort Sam Houston

502nd Air Base Wing Civilian Wage Grade of the Quarter

**Benjamin Bustos Jr.**, 902nd Force

Support Squadron, Randolph AFB  
502nd Air Base Wing Civilian Non-Appropriated Fund of the Quarter  
**Laura Ruiz**, 502nd FSS, Fort Sam Houston

502nd Air Base Wing Civilian Non-Supervisor of the Quarter, Category I  
**Ronald T. Price**, 902nd Civil Engineer Squadron, Randolph AFB

502nd Air Base Wing Civilian Non-Supervisor of the Quarter, Category II  
**Cynthia Clarke**, 802nd Communications Squadron, Lackland AFB

502nd Air Base Wing Civilian Non-Supervisor of the Quarter, Category III  
**H.D. Eisenhauer**, 502nd ABW, Fort Sam Houston

502nd Air Base Wing Civilian Supervisor of the Quarter  
**Shirley P. Lozares**, 902nd Comptroller Squadron

### 502nd Air Base Wing Annual Award Winners:

502nd Air Base Wing Junior Enlisted Member of the Year

**Airman 1st Class Fernando Avila**, 802nd MSG, Lackland AFB

502nd Air Base Wing Noncommissioned Officer of the Year  
**Staff Sgt. Diana Guinn**, 802nd MSG, Lackland AFB

502nd Air Base Wing Senior Noncommissioned Officer of the Year  
**Senior Master Sgt. Eliezer Cruz**, 902nd MSG, Randolph AFB

502nd Air Base Wing First Sergeant of the Year

**Master Sgt. Roderick Walker**, 802nd MSG, Lackland AFB

502nd Air Base Wing Company Grade Officer of the Year

**Capt. Kevin Watts**, 802nd CPTS (WSA), Lackland AFB

502nd Air Base Wing Civilian Wage Grade Of the Year

**Homer Evans Jr.**, 802nd CES, Lackland AFB

502nd Air Base Wing Civilian Non-Appropriated Fund of the Year  
**Brian Milkovich**, 802nd FSS, Lackland AFB

502nd Air Base Wing Civilian Non-Supervisor of the Year, Category I  
**Richard Campos**, 802nd CONS, Lackland AFB

502nd Air Base Wing Civilian Non-Supervisor of the Year, Category II  
**Christopher Patten**, 802nd SFS, Lackland AFB

502nd Air Base Wing Civilian Non-Supervisor of the Year, Category III

**Lori Phipps**, 802nd SFS, Lackland AFB

502nd Air Base Wing Civilian Supervisor of the Year  
**Mark Tharp**, 802nd FSS, Lackland AFB

## News Briefs

### NEWS from P3

Support Duty billet. Interested enlisted personnel with less than 17 years of service are encouraged to attend the briefing. Call 202-757-5148, DSN 284-2000 ext. 7-5148 or visit <http://www.disa.mil/whca>.

### 110th Army Nurse Corps Birthday Celebration

A birthday celebration for the 110th anniversary of the Army Nurse Corps will be held Feb. 11, 3:30-5 p.m. at the Army Medical Department Museum. The guest speaker is Col. Kelly Wolgast, chief nurse executive, Medical Command. Call 221-4074 for information.

### Medical Stability Operations Course

The Defense Medical Readiness Training Institute and the Civil-Military Medicine Center for Disaster and Humanitarian Assistance Medicine will co-sponsor operational level course Feb. 23-25 at the Doubletree San Antonio Downtown Hotel. The course is designed to prepare military healthcare professionals (E7-E9 and O3-O6) to serve as part of the military health support for stability operations. MSOC is open to tri-service active duty, Reserve, Guard, and U.S. Public Health Service medical department personnel. To register, visit <https://events.cdham.org>.

### JBSA Annual Awards Ceremony

Inaugural Joint Base San Antonio Annual Awards Ceremony will be held Feb. 25, 6 p.m. at the Gateway Club Fiesta Ballroom, Lackland Air Force Base. Reserve seats by Feb. 23, call 395-2389.

### Attention BAMC Pharmacy Customers

Customers of the Fort Sam Houston Community Pharmacy, Brooke Army Medical Center Main Outpatient Pharmacy, Warrior Pharmacy, Camp Bullis Pharmacy should begin refilling prescriptions by calling 916-8700 or 1-800-771-3455 or online at <https://sammc.amedd.army.mil>. Customers can also access the refill website by utilizing the computer kiosks located throughout BAMC.

# Wounded warriors corralled for 'Cowboy Breakfast' at WFSC

By Sgt. 1st Class Manuel Torres  
Army North Public Affairs

While most of San Antonio began their commutes to work, the team at Cowboy Breakfast honored more than 600 wounded warriors, service members and their Families gathered at the Warrior and Family Support Center Jan. 27.

Cowboy Breakfast volunteers said they knew one of the best ways to show their support and gratitude for the sacrifices of the Soldiers would be donating 3,000 breakfast tacos to the WFSC.

"The Cowboy Breakfast Board is honored to have the privilege to serve our military personnel undergoing treatment and their caregivers," said Chuck Christian, chairman of the Cowboy Breakfast Foundation.

The Cowboy Breakfast, in its 33rd year, has been a long-standing tradition in the local community and one of the main

events preceding the San Antonio Stock Show and Rodeo.

The Second Annual WFSC Cowboy Breakfast provided the local community an opportunity to interact with troops and continue to build upon the relationship with the military installation. In all, more than 30 local residents and city officials participated.

"I'm here to serve and honor those who serve my country," said Susan Reed, Bexar County district attorney. "This is so special and important to us because we must continue our support in our local community as 'Military City USA.'"

The mission of the WFSC



Graig Lindsey, head chef for Cowboy Breakfast Foundation, thanks Soldiers for their service and encourages them to get second and third helpings of breakfast tacos during the during the Warrior and Family Support Center's 2nd Annual Cowboy Breakfast Jan. 27.

team is to provide coordinated services for patients, their next-of-kin and extended Family members, said Judith Markelz, director of the WFSC.

Although the primary focus is on Operation Iraqi Freedom and Operation Enduring Freedom

warriors, the facility also provides support for Family members in helping to ensure they receive emotional support and answers to their medical questions.



Photos by Sgt. 1st Class Manuel Torres-Cortes

Spc. Wendy Brickhouse (left), a medic and an injured Soldier, speaks with Robbie Halbardier (right) and Mechelle Kwader during the Warrior and Family Support Center's 2nd Annual Cowboy Breakfast Jan. 27. Halbardier and Kwader are both volunteers from the Pioneer Flour Company, who donated their time to serve breakfast to the Soldiers, their Family members and caregivers.

See COWBOY P7

## 401st Military Intelligence Company ensures marksmanship is on target

By Staff Sgt. Walter Woodard  
401st Military Intelligence Company

While the Army is constantly changing, one fact remains: Basic Rifle Marksmanship is the cornerstone of any effective Army unit and the quintessential skill of any Soldier, whether line infantryman or intelligence analyst.

It is the last line of defense against the enemy. In order to stay alive, Soldiers must be able to precisely attack the enemy and effectively defend themselves – not just point, shoot and

hope one of the rounds hits its mark.

To qualify with the M16 rifle, Soldiers have to score a minimum of 23 out of 40 rounds on targets at the pop-up target range.

Amid dismal statistics of some Army units failing to meet annual BRM qualification requirements, the 401st Military Intelligence Company has achieved a company-wide 95 percent qualification rating with the M16.

The company provides multi-disciplined, strategic and tactical



Photo by Spc. Natalie Sampson

A Soldier from the 470th Military Intelligence Brigade takes aim to qualify with the M16 rifle on the Camp Bullis Range.

intelligence and support to the Southern Command Area of Responsibility as a subordinate unit of the 470th MI Brigade.

"BRM was and is simple, and hasn't ever changed," said 1st

Sgt. Carlton Green, the company's first sergeant, who is responsible for the training. "It's much akin to being an effective

See 401ST P7

# AMEDDC&S assists Ghanaians with disaster response planning and training

The Army Medical Department Center & School Department of Combat Medic Training recently sent two military medical subject experts with disaster response experience to the city of Accra in the African nation of Ghana to conduct disaster response training.

Sgt. Maj. Tony Williams and Sgt. First Class Israel Salinas provided briefings and facilitated discussions regarding processes, procedures, and lessons learned from U.S. disaster response operations.

The purpose of the mission was to provide military-to-military information exchange between medical representatives from the U.S. Army and the Ghanaian Level II hospital professionals.

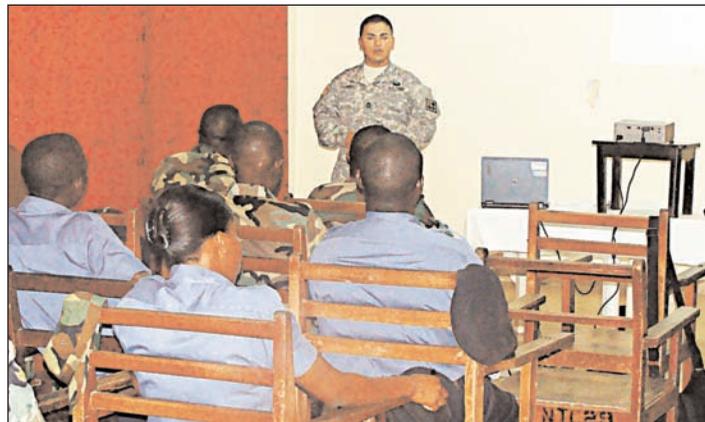
Williams and Salinas, assigned to the 32nd Medical Brigade, toured Ghana's 37th Military Army Level II hospital to observe Ghana military medicine at work and illustrate to show their Ghanaian counterparts Army hospital capabilities and capacity to deal with emergencies and

natural disasters.

Discussions addressed planning, mitigation, response and recovery aspects of local disasters in Accra, as well as the importance of surge capability, incident command centers and mass casualty drills.

Together, the two teams developed a conceptual framework on

See GHANA P18



Sgt. First Class Israel Salinas trains Ghanaian military members on mass casualty situations and emergency preparedness. Salinas is with the Army Medical Department Center & School's Department of Combat Medic Training.

Photo by Sgt. Maj. Tony Williams

# Army assists Families of Fallen with special vehicle decal, gate access

By William Bradner  
FMWRC Public Affairs

During a Survivor Outreach Services working group meeting last year, several participants expressed difficulty in gaining access to military installations to take part in SOS programs and support services.

Survivors, including parents of fallen Soldiers, do not always have a DOD identification card, and are frequently required to obtain a visitor or temporary vehicle pass to enter garrisons.

Soon survivors will be able apply for a Survivor Decal – much like the standard installation access decal – for their vehicle, greatly improving their ability to access the programs designed to support them.

“My intent is to implement access control procedures making it easier for survivors to enter Army garrisons,” said Lt. Gen. Rick D. Lynch, commander of the Army Installation Management command and assistant chief of staff for Installation Management.

“I want all security personnel manning our entrance gates to recognize these very special Army Families and welcome them with special respect for their sacrifice and service,” he added.

IMCOM Protection Services Division, along with the Family and Morale, Welfare and Recreation Command SOS and Marketing Offices, created the decal and application, usage and implementation guidance for Army

garrisons.

According to Maj. Gen. Reuben Jones, commanding general, FMWRC, this new initiative underscores the Army’s commitment to providing support services to the survivors of fallen Soldiers for as long as they need or desire.

“Families of the fallen deserve our respect, gratitude and the very best support, and services that we can provide,” said Jones.

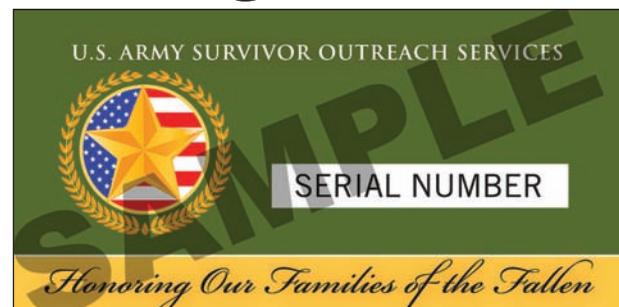
Each garrison SOS Support Coordinator or equivalent Army Community Service staff member has the responsibility of working directly with survivors to assist them in the application process, which includes registering with the installation’s vehicle registration system.

Current DOD Physical Access Control policy requires everyone seeking entrance to a military installation to stop at the gate and present government-issued, photo identification.

Acceptable forms of identification include a state issued driver’s license or state ID card. Survivors must still follow that policy, but once they have obtained a decal, they will no longer be required to apply for a visitor’s pass each time they enter an installation.

Judy, a survivor who frequently visits a media/game room dedicated to her son in the Fort Sam Houston Family Center, is very grateful that the decals will soon be available.

“I hate having to go through the ‘survivor’ and



‘are you military?’ explanations over and over...” she said. “I reply with ‘My son was in the army but...’ It brings me to tears every time I have to have that conversation.”

The decal is only valid on Army garrisons.

This is just one of the many ways the Army “will reassure survivors that they are forever members of the Army Family,” Lynch said.

Survivor Outreach Services is an Army-wide program designed to provide dedicated and comprehensive support to

survivors of deceased Soldiers.

It includes a comprehensive survivor services program designed specifically to meet the needs of our survivor population – with dedicated resources, and a commitment to providing first class service – for as long as the family desires.

For more information about the decals or SOS in general, visit <http://www.MyArmyOneSource.com> or call the Fort Sam Houston Army Community Services office at 221-2705/2418.

**SUPPORT from P2**

the federal agencies who have committed to employing of military spouses see an increase in that availability.”

In addition, the Interior Department will open up national parks to wounded warriors to aid in rehabilitation and recovery and will offer more conservation jobs to military youth.

The main focus of the communication plan will be communicating the availability of these new programs and initiatives to the military families they are intended to support, Thompson said.

“We realized how important the strategic communication plan is going to be,” she said, “because while we have this wonderful opportunity for the federal government to get behind military families, the military families need to know what is available now to them. So that is going to be the work of the next few months.”

This, Thompson said, will save military families from having to go to every federal agency’s website to figure out what they’re doing to support military

**“This is a very exciting time for those of us who have been working hard to support military families.”**

— *Barbara Thompson, director of the Pentagon’s office of family policy and children and youth*

families. The concept of having one website has been discussed, she said, but officials realize that people access information differently and have their favorites.

While a dedicated website to these new programs is still up in the air, Thompson said, it’s evident that social media and blogs will play a big part in making sure the right people see the information.

“Social networking is the way to go, and we know that,” she said. “And I think that it’s going to be really important for this to be enduring – that our families have to take advantage of the programs that are going to be available to them.”

**COWBOY from P4**

The program’s main goal is in rehabilitation, which involves learning to cope with war-related disabilities as individuals, as couples and as Families.

“It makes me feel like other people care about us wounded warriors,” said Spc. Wendy Brickhouse, an injured Soldier, who enjoyed the breakfast and camaraderie. “We are far away from our Family and friends, and it’s nice that people take time out to do

**401ST from P4**

Soldier – shoot, move and communicate.

“With BRM, it’s breathe, release, aim, squeeze and practice,” Green added. “The only change about BRM is the methodology and presentation of the Preliminary Marksmanship Instruction.”

Whereas only a few years ago PMI was conducted with shadow boxes, and dime and washer drills, Army technology has advanced to the point of effectively being able to virtually replicate the range experience



Soldiers sit back and enjoy a breakfast taco during the Warrior and Family Support Center’s 2nd Annual Cowboy Breakfast Jan. 27.

Photo by Sgt. 1st Class Manuel Torres-Cortes

things like this for us. It gives us motivation, and a positive attitude takes our rehabilitation a long way.”

The relationship between the military and civilian community in San

Antonio is historically one of honor, trust and mutual commitment.

“This is our way to show our appreciation to those who have served us,” Christian said. “With our sponsors’ help, we

were able to wake up early and begin preparing for this event. This is our second year doing it.

“It’s a lot of work and a lot of effort, but I love it – and I am honored to do it for them.”

rience via the Engagement Skills Trainer 2000. The EST facility at Fort Sam Houston is located on Hardee Road.

“At the 401st, we just incorporated and translated past BRM tactics, techniques and procedures into modern Army technology and presentation,” Green continued. “Couple that with competent NCOs, and it all falls into place.

“BRM training is a big part of taking care of Soldiers,” Green said. “In order to take care of Soldiers, you have to train them properly.

When you train them properly, they return home from war. That turns into taking care of the Soldiers’ families, which then motivates the Soldier. It’s a self-sustaining cycle.”

Green said they “start from scratch” by going through rosters to determine the NCOs to oversee all the marksmanship training.

“NCOs then conduct PMIs within their respective sections via Power-Point presentations and hands-on training as well as with graphic training aids,” Green said.

“Next we take the

Soldiers to the EST 2000, where they actually get a chance to virtually qualify on an electronic range. Once qualified there, we go to the range. Once qualified there, we ‘wash, rinse and repeat,’ annotating the trained and proficient personnel where applicable.”

The Soldiers go to the range monthly. When a Soldier comes up as being within 30 days “out of tolerance,” the process repeats.

“Train, qualify and track. Shoot, move and communicate,” Green said. “It’s just being a Soldier, really.”

# Rubenstein receives distinguished alumni award from Baylor

Maj. Gen. David Rubenstein, commanding general of the U.S. Army Medical Department Center & School and chief of the Army Medical Service Corps, received the Distinguished Alumni Award from the Baylor Alumni Association Jan. 21 in Waco.

Former Texas governor Mark White – a 1962 Baylor graduate and 1965 law graduate – was emcee of the event.

The Distinguished Alumni Award, presented annually since 1965 as the highest honor the Baylor Alumni Association bestows, recognizes Baylor graduates whose records of service in their professions and vocations have merited the honor and acclaim of

peers and colleagues.

Rubenstein, who earned a master's in health administration from the Baylor-Army program in 1989, has been called one of the hundred most influential people in American health care.

The general spent more than two years as the U.S. Army's deputy surgeon general, as well as a three-year stint as chair of the American College of Healthcare Executives, an international professional society of more than 30,000 health care executives.

In the summer of 2010, Rubenstein became commanding general of the AMED-DC&S, which trains and

educates 37,000 students a year. Most of his students will be combat medics.

As chief of the Army Medical Service Corps, he is responsible for the "lifecycle management" of 4,600 active members of the medical corps, as well as for providing support to 4,500 Reserve members.

During the alumni association's Hall of Fame awards event, 18 other awards were presented to alumni and friends of Baylor University.

*(Source: The Baylor Line, Baylor Alumni Association.)*



**Photo by Egon Schlottmann**

Maj. Gen. David Rubenstein receives the Distinguished Alumni Award from (left to right) former Texas Governor Mark White, Baylor Alumni Association president George Cowden III and BAA CEO Jeff Kilgore.

# Actor D.B. Sweeney visits with Soldiers, wounded warriors



(Above) Actor D.B. Sweeney visited with combat medics assigned to the 232nd Medical Battalion during the combat trauma lanes training and thanked the men and women for their service. Sweeney also visited with inpatients at Brooke Army Medical Center. During lunch he visited with military personnel at the largest dining facility on post and ended his visit at the Warrior and Family Support Center. Sweeney is well known for his roles in "Fire in the Sky," "Memphis Belle," "Cutting Edge" and "Spawn" and has also made numerous television appearances on shows such as "Jericho," "CSI: Crime Scene Investigation" and "Lonesome Dove."



Actor D.B. Sweeney autographs the cast of Sgt. 1st Class Terry Ligman during a visit at the Center for the Intrepid as part of his tour to Fort Sam Houston Jan. 26. Sweeney visited with wounded warriors and their families at the CFI. He spoke privately with the wounded warriors, took pictures with them and distributed videos of his film "Two Tickets to Paradise."



Photos by Esther Garcia

Actor D.B. Sweeney jokes around after signing an autograph for 1st Sgt. Bobby Golden while visiting the Warrior and Family Support Center. The actor has also initiated a program where other celebrities write letters of support to military personnel. The letters can be seen at <http://www.letters-fromhollywood.army.mil>.

**DADT from P1**

M. Gates and Navy Adm. Mike Mullen, chairman of the Joint Chiefs of Staff, certify the military services are ready.

As part of the briefing, officials distributed copies of two memos containing the department's guidance on repeal implementation. The first, signed by Gates, sets a planning deadline of Feb. 4. The second, which Stanley signed, outlines policy changes.

"Strong, engaged and informed leadership will be required at every level to implement the repeal ... properly, effectively, and in a deliberate and careful manner," Gates' memo read in part.

"This is not, however, a change that should be done incrementally. The steps leading to certification and the actual repeal must be accomplished

across the entire department at the same time," the memo continued.

Gates' guiding principles for implementation stress respect for individuals and common across-the-services standards, while prohibiting harassment, unlawful discrimination and policies based solely on sexual orientation.

Gates directed that a repeal implementation team lead the process to develop plans, update policies and train the force.

"What you're going to see as we move forward, we have actually three tiers as we get to the training part," Stanley said.

The three levels of training begin with policy makers, chaplains, lawyers and counselors; continue with leaders including commanding officers, senior noncom-

missioned officers and senior civilians; and culminate with troops across the services.

Cartwright said the tiers don't have to be sequential, and the services can conduct the levels of training as they see fit.

Present at today's briefing were Virginia "Vee" Penrod, deputy assistant secretary for military personnel policy and chairwoman of the repeal implementation team, and Marine Corps Maj. Gen. Steven Hummer, the team's chief of staff.

Penrod said the team has worked for several weeks with service representatives to develop training guidance, modules and plans.

"We expect to have those accomplished next week," she said. "It's been a joint effort, with not only the military departments but [also] the Joint Staff, to develop consis-

tent training."

Hummer said the team is developing a "standardized commander's toolkit" for the training effort. The services can tailor the toolkit to ensure the training meets their specific needs, he added. The training packets will include videos featuring the service commanders, presentations outlining policy considerations, and a series of vignettes trainers can use to spur audience discussions.

The team also is charged with preparing progress reports and updating Gates every two weeks on policy development and training progress.

"We know, when you're dealing with two and half million people and a new policy, that we're probably going to have some discovery as we go," Cartwright said.

The two-week updates provide a feedback mechanism that will allow defense and service leaders to track what they've learned, react, and then move forward, he added.

"That will all be considered in the so-called calculus of when we go to the secretary and the chairman to certify," the vice chairman said.

Stanley's memo detailed military policy changes that will happen when repeal takes place. Defense officials emphasized that any changes will not take effect until repeal is implemented, and that all current policies remain in force in the meantime.

Most policies will not change, including those covering standards of conduct, equal opportunity, personal privacy, military benefits, medical treatment and duty

assignments. But recruiting, re-accessions and separation policies will change. Sexual orientation will no longer serve as a bar to enlistment or a return to the military, or as a reason for dismissal.

Stanley said that while the department doesn't see the need for many policy changes, there is a definite need for policy clarification.

"We are fundamentally focused right now on our leadership, professionalism, discipline and respect," he said. "I have to underscore that every person who serves and who wears a uniform - and to include our civilians, who are working within the Department of Defense - they take an oath. And that oath breaks into that foundation of leadership, professionalism, discipline and respect."

# Mullen: workplace flexibility focuses on Families, children

By Cheryl Pellerin  
American Forces Press Service

Military families, and especially children in those families who have grown up against the backdrop of 10 years of war, are the focus of the military's effort to make workplace flexibility an increased priority, the chairman of the Joint Chiefs of Staff said Feb. 1 in Washington, D.C..

Navy Adm. Mike Mullen spoke during a news conference announcing a new partnership on workplace flexibility between the Society for Human Resource Management and the Families and Work Institute.

"People are our absolutely most impor-

tant resource, and we've said that [during] the totality of my career," Mullen said.

"All of us who have led, whether in peace or in war, we know that," the admiral said. "But what's happened over the course of the last 10 years is that we have moved to a much broader and deeper understanding of what that means."

The focus on flexibility began in March 2010, when President Barack Obama spoke at a White House forum about modernizing the federal workplace to meet the needs of today's employees and their families.

For military leaders, Mullen said, a decade of war has put a new focus

**"People are our absolutely most important resource, and we've said that [during] the totality of my career,"**

— *Navy Admiral Mike Mullen*

on families.

"I'm in the best military that has ever existed and in great part because of our families, but we have got to continue to change," he said, noting that the services have put a great deal of effort into spouses' needs and those of the 70 to 80 percent of military households in which both parents work.

Such dual career-path

households are "a requirement as seen by families these days," the chairman said.

"But what is emerging is a requirement, from my perspective, [is the need] to understand much more the needs of children" in those families, he added.

Because of the time service members have spent away from home, the chairman said, many

children have spent years without their fathers or mothers.

"We've got 15-year-old kids who, from the beginning of the time they started to understand what their parents did," have lived in the shadow of war, Mullen said. "We've got 18- and 19-year olds who were 10 when the war started, and they went off to college this

year or last year and don't know their parents that well because Mom or Dad – mostly Dad – has been away for at least 50 percent ... of their teenage years."

The services must hold on to such families, Mullen said. To do so, he added, "We're going to have to reach into different places than we've reached in the past."

The services must listen to those who have been at home and consider how to create the kind of flexibility and excellence that have made today's military superb, the chairman said.

"This is an imperative for us," he added. "This is a strategic imperative for our country."

# Army Enterprise e-mail migration to begin this month

By Siobhan Carlile

7th Signal Command Public Affairs

Feeling slightly intimidated by all the high tech terminology surrounding the imminent Enterprise Email migration? Although the road toward Enterprise e-mail may seem complicated, there is a clear map, leaders know where the effort is headed, and the economy sized e-mail box Soldiers have now is about to become a luxury sedan, about 40 times bigger.

There is more great news. Soldiers moving to a new assignment will be able to turn on their computers and instantly access their e-mail. While this may sound too good to be true, by

the end of this year it will be reality for Army personnel.

During 2011, all Army e-mail users will migrate to Enterprise e-mail service. Instead of accessing e-mail through local e-mail servers at each installation, they will reach through the network to access e-mail services from centralized servers known as the Department of Defense cloud.

The migration of e-mail services to the Defense Information Systems Agency, or DISA, is part of a larger DoD effort to consolidate information technology services, improve capabilities, and reduce overall costs.

Key advantages of Enterprise e-mail:

- Access to e-mail anywhere, at any time, from any authorized, CAC-equipped computer
- E-mail accounts remain active during duty station moves and unit relocations
- Share individual, organizational, and resource calendars across the enterprise
- Find e-mail addresses and contact information of Army and DoD e-mail users at other locations across DoD
- Send e-mails with larger attachments than is currently allowed
- 4 gigabytes of online e-mail storage for standard e-mail account holders
- 500 megabyte webmail accounts for those who don't normally use Army e-mail to perform their duties

The migration to this new capability begins in mid-February 2011 with an initial "fielding" to about 2,000 selected e-mail users, according to Brig. Gen. LaWarren Patterson, commanding general, 7th Signal Command (Theater).

"This first step will allow the Army to refine the migration process and ensure a smooth transition. It will provide a validation of migration techniques, e-mail functionality, and system management procedures," Patterson said.

Immediately following successful migration of this first wave of users, HQDA staff are scheduled to begin migration in March. The rest of the Army will begin migration immediately there-

after, with the migrations completed Armywide by the end of December 2011, according to Patterson.

As migration dates draw near, affected personnel are being notified with e-mails explaining the steps they need to take before their e-mail accounts are migrated.

"Users will have all of the assistance they need before, during and after the migration," Patterson said.

"7th Signal Command will provide teams to augment our Network Enterprise Centers, or NECs, as they assist users with executing migration tasks. NETCOM will coordinate support with Army commands for migration of e-mail accounts managed by other informa-

tion technology (IT) service providers," he said.

"We are confident that a coordinated effort among all Army organizations will lead to success in this important move toward consolidated Enterprise IT services," Patterson said.

In preparation for migration, all users can perform some simple maintenance tasks that will help the transition go smoothly according to Herman Wells, Enterprise Services director, 7th Signal Command (Theater). "Clean up your mailbox as much as possible. The smaller the mailbox, the smoother the migration. Delete messages and calendar items that are no

See EMAIL P13

**E-MAIL from P12**

longer necessary to keep. Minimize network-stored PSTs (personal folder files). There's nothing that stops a user from creating a local PST and moving the PST back into the online mailbox after migration," he said. "During the preparation period prior to migration, NECs and transition teams will provide detailed information on exporting and importing contacts" he added.

Blackberry users must ensure it's turned on the night prior, and in a spot with a strong signal. If it loses signal and is not communicating with the Blackberry Exchange Server properly, the device will have to be adjusted manually the following day, according to Wells.

"Keeping customers in the loop and happy is important during this transition. We expect some challenges with Blackberry users since each will require touch labor," Wells said.

The Army Signal Corps leadership is leading from the front during the move to Enterprise e-mail.

"It was determined that if you are a communications leader (CIO/G6, NETCOM, Fort Gordon) you will come on board first. If the e-mail service is good enough for a general officer, then it is good enough for a private," Wells said. "This is different from the way some information technology upgrades have been done in the past. The high-ranking officers and civilians were last. Everyone else had to put

up with inconveniences while software problems were worked out. Not so this time."

During this transition it is critical that customers participate in the process. There has been a concerted effort underway to provide resources and forums so e-mail account holders can ask questions and offer input.

One way to find answers to common questions about Enterprise e-mail is through the 7th Signal Command Enterprise e-mail Frequently Asked Questions website at <https://www.us.army.mil/suite/page/646647>.

To post your own questions and participate in an interactive discussion, go to the Enterprise e-mail Discussion Forum on MilBook at <https://www.kc.army.mil/book/th>

read/7900.

For more in-depth engineering and project information, visit the Enterprise e-mail Project Documents Website at [https://www.intelink.gov/wiki/Army\\_Enterprise\\_Email](https://www.intelink.gov/wiki/Army_Enterprise_Email).

And, as always, you can contact your IMO or local NEC for information and assistance.

**Enterprise Email Q&A**

Q: Will my email address change?

A: Your email address will change.

- The basic domain name is @mail.mil. Everyone will have an address ending this way.

- Address will contain first.name.middle.initial.last name (numbers for similar names e.g., john.j.smith123@mail.mil)

- Uniformed (Army) servicemembers will also have @us.army.mil alias. Other services will have their own alias.

- Each account will use the appropriate "persona extension" identifying the persona for that specific account (.mil, .civ, .ctr, etc.). This extension is critical for users with multiple personas (such as military reservist who is also a contractor) in order to distinguish between their accounts and to meet DoD requirements. For example, a person with military reservist and contractor

personas would have accounts for both john.a.doe335.mil@mail.mil and john.a.doe335.ctr@mail.mil

Q: What will happen if people try to send email to my old address?

A: Although you will have a new e-mail address, you will continue to receive e-mail addressed to your old address for at least 6 months. It's recommended you change your business cards and begin advising friends and coworkers to use your new e-mail address soon after migration.

# VA tweaks automation to speed up benefits for Post-9/11 GI Bill

By Samantha Reho  
Army News Service

A new automation system will speed up the turn-around time for veterans and Soldiers to receive new benefits under the latest version of the Post-9/11 GI Bill, Veterans Affairs officials said Feb. 1.

The system should help process claims in as little as 25 days, as compared to the 59 days it took in the fall of 2009 when claims were manually processed, said VA Acting Under Secretary for Benefits Mike Walcoff.

Walcoff and other VA officials discussed the automation system now being implemented during a media conference call Jan. 31 in Washington, D.C.

They also discussed new GI Bill benefits to take effect later this year under legislation signed by President Obama Jan. 4.

Walcoff added that supplemental claims – in which a previously-enrolled veteran is registering for a future semester – are now being processed in a record 13 days rather than the 48.5 days it took in 2009.

“Changes that we made and the automation that’s been provided to us puts us in a really good position to be able to continue to deliver benefits on time,” said Walcoff.

Implementing the new automation and a highly-disciplined process, known as the Agile Development Process,

sparked a “new approach inside VA,” according to Roger Baker, VA’s chief information officer and assistant secretary for information and technology.

“We are highly confident we will not see things go back to the fall of ‘09,” Baker said.

In addition, new benefits under the Post-9/11 GI Bill were announced last month and will take effect Aug. 1. Changes in benefits include:



- adding benefits for on-the-job training, apprenticeships, some flight training, correspondence courses and non-college degree programs;
- capping private school

- tuition costs at \$17,500 each year;
- prorating housing to the training time and terminating the pay during holidays;
- allowing students on

active duty to receive the stipend for books and supplies; — counting National Guard service for emergencies called by state governors as qualifying time for educational benefits.

VA officials said eligible veterans can expect to receive direct mailings in the coming months regarding the changes. They said question-

and-answer hotlines will also soon be available.

Since 2009, the VA has issued \$8.1 billion in benefits to about 440,000 veterans under the Post-9/11 GI Bill.

# Behavioral health evaluations before deployment can reduce suicidal thoughts, study says

By Jerry Harben  
U.S. Army Medical Command

Identifying Soldiers for behavioral health problems before they deploy to a combat zone, and then coordinating continuing care for those Soldiers while they are overseas, can reduce suicidal thoughts, psychiatric disorders and other problems, according to a study published in the *American Journal of Psychiatry*.

The study was conducted with more than 20,000 Soldiers assigned to Multinational Division-Center in Iraq during 2007 and 2008.

Three brigade combat teams (BCT) of the 3rd Infantry Division were screened for behavioral health issues during pre-deployment processing at Fort Stewart, Ga. Three brigade combat teams from other installations did not receive the same screening and provided a comparison group.

Only 2.9 percent of the screened troops presented for psychiatric or behavioral-health disor-

ders in the first six months of deployment, compared to 13.2 percent of the comparison group.

These Soldiers also had lower rates of combat operational stress reactions (15.7 percent versus 22 percent), expressing thoughts of suicide (0.4 percent versus 0.9 percent) and gestures toward suicide (0.1 percent versus 0.2 percent).

Only 0.6 percent received duty restrictions for behavioral health reasons, and 0.1 percent were evacuated from the theater for those reasons, compared to 1.8 percent and 0.3 percent, respectively, in the comparison group.

The co-primary investigators for the study were Col. George N. Appenzeller, then division surgeon of the 3rd Infantry Division and now commander of the Army hospital in Alaska, and Maj. Christopher H. Warner, then the division's staff psychiatrist and now a student in the Army Command and

General Staff College.

Assisting with the study were Capt. Jessica R. Parker, chief of the Warrior Restoration Center at Fort Stewart; Dr.Carolynn M. Warner, then surgeon for Fort Stewart's warrior transition unit; and retired Col. Charles W. Hoge, senior scientist at Walter Reed Army Institute of Research and The Army Surgeon General's consultant for neuropsychiatry.

Military behavioral-health screening in past wars focused on identifying Soldiers who should not deploy. This process differed in attempting to improve care for Soldiers during their deployments.

This system shifted away from the traditional mental-health paradigm of attempting to predict future behavior or inability to cope," Warner said.

"Rather, the purpose of this process was to ensure that we were not deploying unsafe Soldiers based on present conditions, and ensuring that we were linking those

who were deploying with the in-theater assets so that they could stay in the fight.

The result is an effective process that enhances Soldier and unit safety," Warner said.

Soldiers in the 3rd Infantry Division who were preparing to deploy to Iraq were evaluated by primary-care health professionals and asked about behavioral-health treatment, use of medications and suicidal or homicidal thoughts.

Those who were identified as needing more screening were interviewed by a psychiatrist, psychologist or licensed clinical social worker.

They were evaluated using Department of Defense guidelines established in 2006 to ensure that Soldiers under treatment for behavioral-health conditions were stable for deployment, and to facilitate ongoing care for those who required further treatment in the deployed environment. All care was coordinated through the unit health care

providers.

During the first six months of each brigade combat team's deployment, behavioral-health problems were monitored using a standard mandatory reporting and tracking system used throughout Iraq.

The most important component of this program, according to the investigators, was the coordination of care in theater.

"A unique aspect to this study was the requirement for BCT surgeons and the division psychiatrist to track and monitor all of these Soldiers during their deployment and coordinate in-theater care for those on medications and those who received waivers," Appenzeller said.

"This was accomplished through medical management by the unit-assigned primary-care providers who deployed with the Soldiers, to ensure ongoing Soldier confidentiality."

Of the 10,678 Soldiers who underwent the pre-

deployment screening process, the screening process identified 819 (7.7 percent) who required an evaluation with a behavioral-health professional, including 347 (3.3 percent) who were taking a medication for a sleep or behavioral-health problem.

After evaluation, only 48 (less than half a percent) were unable to deploy because of a serious behavioral-health problem, 26 had their deployment delayed one to two months for behavioral-health treatment, and all of the remaining Soldiers with behavioral-health concerns deployed with ongoing support in theater. Soldiers who needed ongoing care were seen regularly by unit medical providers.

The program assisted Soldiers to complete the deployment successfully.

"The study is informing ongoing revisions to pre-deployment processes and the response to new ... requirements for pre- and post-deployment mental-health assessments," Hoge said.

# METC:

## Doing great things

By Larry Coffey

Navy Medicine Support Command Public Affairs

Milestones continue to be reached and student numbers are on the rise since the doors opened at two of five instructional facilities at the expansive multi-service Medical Education & Training Campus at Fort Sam Houston on June 30, 2010.

With the April 21 relocation of the Naval Hospital Corps School from Great Lakes, Ill., METC should be fully operational ahead of the Sept. 15, 2011, deadline established by the 2005 Base Closure and Realignment Commission initiative.

"Our folks are doing great things," said Rear Adm. Bob Kiser, METC commandant. "With full awareness of the storied heritage of our individual services, and building upon the collective legacy of excellence that has always been our communal touchstone, we at METC are creating a future that all of us can be proud of: training the world's finest hospital corpsmen, medics, and techs and supporting our nation's ability to engage globally.

"I am absolutely filled with pride and honored beyond words to be counted as part of this inaugural crew," Kiser added.

Highlights since the opening include the METC's first class in the new facilities, the service-specific Navy Radiology class that began July 7, 2010, and the opening of the METC dining facility Oct. 1. At 80,000 square feet and having the capability to serve 14,400 meals a day – at a rate of 4,800 every 90 minutes – the dining facility is the largest in Department of Defense.

Since June 30, the remaining three of five instructional buildings have opened and are either in use or preparing for classes.

The joint Navy, Army and Air Force milestones and the impact to military medicine were emphasized by senior military medical leaders at the Annual Military Health System Conference in National Harbor, Md., Jan. 24 through 27.

Vice Adm. Adam M. Robinson Jr., the U.S. Navy surgeon general, discussed the importance of METC and the need for proper education and training.

"It's about the ability to train and educate a fully ready force in order to deliver health care anytime, anywhere," Robinson said. "We need to standardize our training and education across the Navy Medicine

Enterprise, across the services, and across the MHS.

"This will eliminate gaps and overlaps, increase efficiencies through resource sharing, and integrate learning strategies," the admiral added. "METC will help us achieve this."

Army Pvt. Camille Faulkner, a METC Dental Specialist Course student, is one of 1,350 joint and allied students participating in one of 19 programs. She said she is benefitting from METC's top-notch facilities and exceptional inter-service education and training.

"I enjoy training with the other services," said Faulkner, a Copley, Ohio, native with six months in the Army. "We get a chance to ask questions about the other branches and get real answers. I think our training is getting us ready to be well prepared."

Rear Adm. Eleanor Valentin, commander of Navy Medicine Support Command, said training with other services is an important aspect of the METC mission.

"The mission of METC is to produce the world's best military health care personnel to support the nation and the vision is to be the nation's leader in military medical education and training," said Valentin, who has oversight of Navy Medicine's education and training programs.

"This mission and vision guided us to ensure METC provides curriculum and education that preserve each service's identity while creating an environment where our enlisted professionals can learn from their counterparts in their sister services."

Air Force Tech Sgt. Brianna Hunt is a surgical course instructor who moved from Sheppard Air Force Base in Wichita Falls, Texas, as part of the METC consolidation. She said she appreciates METC's realistic training and equipment and compared and contrasted the METC and Sheppard facilities.

"The facility at Sheppard consisted of two large operating rooms," said the Winters, Calif., native. "We currently have nine operating rooms that are smaller, which is more realistic.

"We believe that the operating rooms that are more to scale force the students to be more aware of their proximity to the sterile fields, therefore decreas-



Chief Hospital Corpsman Gentry Lloyd (right) goes over schematics for the repair of dental equipment in a class at the Medical Education & Training Center.



Gentry Lloyd (far right) goes over how to set up the dental examination chair in a dental technician laboratory at the Medical Education & Training Center.

ing the risk of contamination," Hunt added.

Hunt and her tri-service METC instructor counterparts use interactive smart podiums that are connected to electronic curriculum and training tools. Robust Internet and intranet services include e-mail and blended learning via a web-based learning management system called BlackBoard that uses real-time testing that allows for immediate test results and grades.

Medical enlisted training programs from five Army, Navy and Air Force medical training centers have already moved – or are in the process of moving – to San Antonio for consolidation.

METC's footprint covers more than 2 million square feet on Fort Sam Houston. Two new Navy dormitories and one Air Force dormitory will house 1,200 personnel each.

Two other dormitories are currently being built nearby



Hospital Corpsman Second Class Misty Carlisle instructs Airman Basic Alejandro Esparza on how to set up the back table and sterile field in an operating room during a surgical technician class at the Medical Education & Training Center.



Photos by Steve Elliott

Capt. Rosalind Asiedu (right) of the Ghana Air Force trains with Army Sgt. Eric Genge on taking X-rays of Genge's scapula, or shoulder blade, during a class at the Medical Education & Training Center.

for Army students, with one housing 1,200 Soldiers and the other taking care of 600 Army students.

The METC campus will train more than 24,500 students annually in 58 instructional programs with an average daily student load of approximately 8,000 when fully operational. By service, student breakdown includes approximately 45 percent Army, 31 percent Navy and 24 percent Air Force.

International students are now attending METC

as part of an international program that is scheduled to grow. There is also a distance learning program in the works and plans for educational research projects.

"This place is brand new with a college campus feel to it," said Navy Petty Officer 1st Class Christal Pierce, a Surgical Technology Course instructor and Chicago



Hospital Corpsman Second Class Misty Carlisle (center) instructs Airman Basic Alejandro Esparza (left) and Navy Hospital Apprentice Marcel Buckley (right) on proper scrub technique as part of their surgical technician class at the Medical Education & Training Center.

### METC SNAPSHOT

Currently, there are 1,286 students attending 54 classes at METC:

- Behavior Health: 3 classes, 104 students
- Biomedical Technician: 12 classes, 168 students
- Cytology: 1 class, 9 students. A-6; N-3
- Dental Assistant: 3 classes, 103 students
- Dental Laboratory: 5 classes, 39 students
- Advanced Dental Lab: 2 classes, 11 students
- Diagnostic Ultrasound: 1 class, 6 students
- Histopathology: 1 class, 12 students
- Medical Laboratory: 3 classes, 198 students
- Nuclear Medicine: 1 class, 16 students
- Nutrition and Diet Therapy: 1 class, 17 students
- Patient Administration: 2 classes, 114 students
- Pharmacy: 4 classes, 123 students
- Physical Therapy: 1 class, 33 students
- Radiographer: 8 classes, 188 students
- Respiratory: 1 class, 15 students

native.

"I have always felt Navy Medicine has been at the forefront of education and training," Pierce said. "Having deployed in the past, I believe it is very important to train like you work, so the METC collaboration will only enhance our readiness to assist when necessary."

## How to get prior year tax information from the IRS

Taxpayers who need certain prior year tax return information can obtain it from the Internal Revenue Service. Here are nine things to know if you need federal tax return information from a previously filed tax return.

1. There are three options for obtaining free copies of your federal tax return information – on the web, by phone or by mail.

2. The IRS does not charge a fee for transcripts, which are presently available for the current tax year as well as the past three tax years.

3. A tax return transcript shows most line items from your tax return as it was originally filed, including any accompanying forms and schedules. It does not reflect any changes made after the return was filed.

4. A tax account transcript shows any later adjustments either you or the IRS made after the tax return was filed. This transcript shows basic data – including marital status, type of return filed, adjusted gross income and taxable income.

5. To request either transcript online, go to <http://www.irs.gov> and look for our new online tool called “Order A Transcript.” To order by phone, call 800-908-9946 and follow the prompts in the recorded message.

6. To request a 1040, 1040A or 1040EZ tax

return transcript through the mail, complete IRS Form 4506T-EZ, Short Form Request for Individual Tax Return Transcript. Businesses, partnerships and individuals who need transcript information from other forms or need a tax account transcript must use the Form 4506T, Request for Transcript of Tax Return.

7. If you order online or by phone, you should receive your tax return transcript within 5 to 10 days from the time the IRS receives your request. Allow 30 calendar days for delivery of a tax account transcript if you order by mail using Form 4506T or Form 4506T-EZ.

8. If you still need an actual copy of a previously processed tax return, it will cost \$57 for each tax year that you order. Complete Form 4506, Request for Copy of Tax Return, and mail it to the IRS address listed on the form for your area. Copies are generally available for the current year as well as the past six years. Please allow 60 days for actual copies of your return.

9. Visit <http://www.irs.gov> to determine which form will meet your needs. Forms 4506, 4506T and 4506T-EZ can be found at <http://www.irs.gov> or by calling the IRS forms and publications order line at 800-TAX-FORM (800-829-3676).

(Source: IRS.gov)

### Ghana from P5

how the Ghanaian military medical professionals should respond to emergencies and disasters specific to their area of the world.

“We basically toured areas that played a major role when dealing with mass casualties and their nerve cell once a mass casualty operation was set in motion,” Williams said.

“We focused on the movement of patients throughout the mass casualty process, with detailed focus on the triage area, emergency room, X-Ray, medical laboratory and other clinical areas which could facilitate disaster emergency medical care,” Williams added.

“Maj. Mila Adambilla, Maj. Richard Mensah and Cpl. Frederick Asare, along with other members of the

class, gave detailed responses to questions we asked concerning their roles and responsibilities in a natural disaster action plan,” Williams said.

Salinas said he was impressed with the organization and Ghanaian National Disaster Management Organization and the systems they have in place to deal with emergencies and natural disasters.

“I believe this calibration of information should be followed up on at least on a yearly basis,” Salinas said. “Maybe the Ghanaian soldiers should visit the U.S. to find out more about how our response centers conduct business.”

Williams said that the mission was a great opportunity to engage with counterparts from another country about response to medical emer-

gencies.

At the end of the training, Williams and Salinas presented 10 participants of the training the Department of Combat Medic Training coin of excellence on behalf of the Department of Combat Medic Training and everyone received a Certificate of Training from Williams to commemorate the training event.

“The week spent in Ghana teaching a variety of topics related to military medical response disasters are yet another way our Center and School touches the lives of so many,” wrote Maj. Gen. David Rubenstein, AMEDDC&S commanding general, in a memorandum to the center and school staff.

*(Source: Army Medical Department Center and School Department of Combat Medic Training)*

# TRICARE improves online communication, access

By Donna Miles  
American Forces Press Service

Additions to the TRICARE military health plan's website are giving beneficiaries easier access to their personal health data, more convenient appointment scheduling and better communication with their health care providers, the top TRICARE official reported Jan. 21.

TRICARE Online, the military health system's patient portal, already enables users who get care at a military treatment facility to schedule appointments, track their medications, order prescription refills and view and even download their personal health records, Navy Rear Adm. (Dr.) Christine S. Hunter told American Forces



Press Service.

Later this year, patients also will be able to get their laboratory and X-ray results through the portal, along with secure messaging from their health care providers, Hunter said.

"You will be able to go there and it will say you have two messages from your doctor," she explained. "You will click on it, and it may be the nurse telling you that you are overdue for something, and maybe a lab result and an explanation of the findings."

The next goal will be

to expand these capabilities so beneficiaries can track what immunizations they received and when, and get a "heads up" from their health care provider when they're due for their next one, she said.

Meanwhile, TRICARE plans to increase the number of clinics that offer online appointment scheduling and tailor the process to offer the broadest selection of openings so beneficiaries can select what's most convenient for them.

In addition, health care providers will begin

## Almost 311,500 active users have logged into the system over the past year.

using the portal to get patients to fill out forms and questionnaires at their convenience before they arrive for their appointments.

TRICARE Online offers the best of both worlds, Hunter said. It helps to build a closer relationship between beneficiaries and their health care providers while taking advantage of technology and health care tools to make that relationship more convenient and accessible 24/7.

Beneficiaries increasingly are taking advan-

tage of the new capability. Almost 311,500 active users have logged into the system over the past year, officials reported, with an average of 2,800 new user registrations each week.

Since January 2010, beneficiaries have scheduled almost 200,000 medical appointments and requested more than 61,500 prescription refills through the system.

During the week of Jan. 9 to 16 alone, they scheduled almost 3,000 appointments and

refilled more than 1,000 prescriptions.

TRICARE officials also report increased use of the "blue button" feature that enables beneficiaries to access their personal health data and, if they choose, save it to a file on their computer.

Since Sept. 25, 2010, officials reported more than 4,000 downloads in .pdf format and more than 1,700 downloads in .txt format. Last week's figures show 486 .pdf downloads and 187 .txt downloads.

Hunter said this feature is particularly helpful because it enables beneficiaries to download their records when they need to seek medical care away from their regular health care facility, and empowers them to better partner with providers about the treatment they receive.

# Soldier medics learn about Martin Luther King Jr.

By Ben Paniagua

FSH Family and Morale, Welfare and Recreation

Approximately 125 Soldier medics from the 32nd Medical Brigade were moved as they watched the original television footage of the March 23, 1963 "I Have A Dream" speech given by Martin Luther King Jr., at the Washington Mall.

The event was part of the Martin Luther King Jr. celebration held at the Hacienda Recreation Center Jan. 7.

"This program was really powerful," said Pvt. Rodney Lattisan, Company G, 232nd Medical Battalion. "It's nice to look back and see what was given up for us."

Immediately after the movie clip, Delores Walker, an entertainer with the "Powerhouse Divas" in San Antonio, sang a heartfelt rendition of the song "A Change is Gonna Come," which was a powerful complement to the speech.



Photo by Sgt. 1st Class Timothy Harris

Delores Walker, an entertainer with the "Powerhouse Divas" in San Antonio, sang a heartfelt rendition of the song "A Change is Gonna Come" as part of the Hacienda program.

"It was very deep and motivating," said Navy HN Antonio Armenteros, a pharmacy tech at the Medical Education & Training Campus training at Fort Sam Houston. "I came in today feeling rather frustrated, but listening to Ms. Delores sing that song really inspired me."

Cake and punch were served to the Soldiers and prize drawings were held at the end of the celebration.

The program was conducted in partnership between the Hacienda Recreation Center and the equal opportunity advisor from the 32nd Medical Brigade.

## BLACK HISTORY MONTH KICKS OFF



Photo by Lori Newman

(From left) Command Sgt. Maj. Derrick Taylor, 106th Signal Brigade command sergeant major; Sgt. 1st Class Melanie Locklear, Fort Sam Houston and U.S. Army North Equal Opportunity Advisor; Col. Chris Haigh, 106th Signal Brigade commander and Sgt. 1st Class Ahmand Brown, 106th Signal Brigade Equal Opportunity Advisor, cut the cake to kick off Black History Month Feb. 1 at the post exchange. Taylor provided a brief history of how Black History Month began and Haigh read the proclamation signed by San Antonio Mayor Julian Castro. "We must always remember that we are interrelated by one spirit," Taylor concluded. "It is imperative that we treat everybody with dignity and respect, regardless of our differences."

**TAX from P1**

this, you are going to be very glad you had the opportunity to do this," the colonel said. "Our ability to support the tax process is a key benefit for our military and their Families."

"With all the other stressors going on in our life today, the last thing we want to add to it is the stress of getting our taxes done," the colonel added.

Garr said the tax assistance center processed more than 3,300 income tax forms last year, saving more than \$7.3 million in tax refunds and about \$592,000 in tax preparation fees for service members, military retirees and their Families.

Joint Base San Antonio legal offices provide free tax preparation and e-filing of both federal and state income tax returns for active duty, Reserve, National Guard, retired military members and their families.

The Fort Sam Houston Military Tax Assistance Center is located at 2272 Rattlesnake Road, off

Wilson Way and between the Jimmy Brought Fitness Center and the Main Post Chapel. The hours are 8:30 a.m. to 5 p.m. Monday through Friday by appointment only. Call 295-1040 to set

up an appointment.

The Brooke Army Medical Center satellite location opens Feb. 7. The BAMC location hours are 9 a.m. to 5 p.m. Monday through Friday. To make an appointment,

call 916-1040.

The Lackland Air Force Base Tax Center is located in Building 7065, Room 321B. Hours of operation are 8 a.m. to 4 p.m. Monday through Thursday by appoint-

ment only, call 671-5847.

The Randolph AFB tax center is located in Building 202. Hours of operation are 8 a.m. to 4 p.m. Monday through Thursday and 8 a.m. to 2 p.m. Friday. To make an

appointment, call 652-1040.

Individuals who prefer to self-prepare and file can download forms at <http://www.IRS.gov> or pick them up at any of the JBSA tax centers.



**Photo by Lori Newman**

Brian Novak, director of the Fort Sam Houston Military Tax Assistance Center and chief of Legal Assistance; Sgt. 1st Class Alberto Martinez, noncommissioned officer in charge of the Fort Sam Houston Military Tax Assistance Center; Col. Mary Garr, commander of the 502nd Mission Support Group and Maj. Gen. Perry Wiggins, deputy commanding general, U.S. Army North, cut the ribbon officially opening the Fort Sam Houston Military Tax Assistance Center Jan. 31.

# Rampage Hockey Cool School Education Day for Fort Sam Houston Elementary

By Dr. Kathy Maxwell  
Fort Sam Houston Elementary

Anticipation hung in the air at the AT&T Center Jan. 26, as 350 Fort Sam Houston Elementary students joined more than 8,000 other students waiting to enter the AT&T Center for the Rampage hockey game against the Abbottsville, (Canada) Heat.

Each year, the AT&T Center and its sponsors host a Cool School Education Day.

This year's special day was built around the San Antonio Rampage hockey team.

The event was set to coincide with pre-TAKS learning and focused on a push to stay in school. Each child was given a Cool School Education Day booklet filled with learning activities in every

subject using hockey facts.

An anonymous benefactor made this trip possible for third, fourth, and fifth grade students along with staff and chaperones. Not only did the benefactor fund the trip, the donor assured that every attendee from Fort Sam Houston Elementary received a hot dog, water and an apple for lunch.

"The game began with an opportunity to celebrate diversity through exposure to the Canadian National Anthem," said Tonya Hyde, Fort Sam Houston Elementary School principal. "The commentator moved quickly towards making the case for staying in school by sharing with students how things learned in school are applicable to everyday

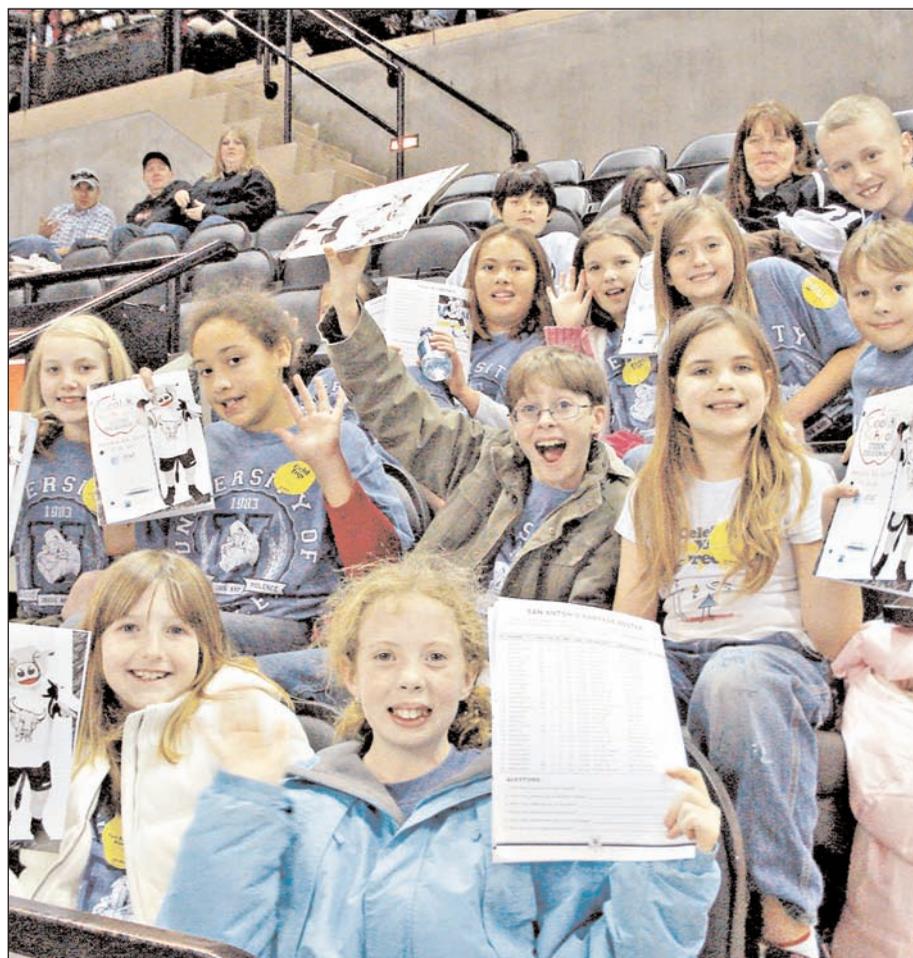
life, including sports and specifically hockey."

Sports commentators provided facts and made relevant connections to happenings on the court with reading, math and science concepts.

Students from Brandon Jones' fourth grade class followed the game activity closely to complete venn diagrams, respond to challenging math problems, and collect data for scientific inquiry.

Learning did not stop at the game, each student received a game day workbook full of TAKS formatted questions and extension activities to complete at home or school.

Fifth grade teacher Betsy Menck added, "The kids had an amazing time, and they loved the workbooks. The day was great and engaging! They also took great pride in being featured as a class on the jumbo-tron."



Courtesy photo

Fort Sam Houston Elementary students enjoy Cool School Education Day at the Rampage hockey game Jan. 26.

## Military Historical Trivia

Q. Which division conducted an airborne assault near Brackettville, Texas, in 1942?

- A. 82nd Airborne Division
- B. 101st Airborne Division
- C. 88th Infantry Division
- D. 2nd Infantry Division



A. The answer is "D." The 82nd, 88th and 101st were activated in 1942. The 2nd Infantry Division, which had been at Fort Sam Houston since 1919, made the airborne assault. (This was somewhat of a trick question as "airborne assault" implied that the troops arrived at the battlefield by air. Arrival by parachute, glider or air-landing transports are included. The 2nd Infantry Division arrived by transport and glider.)

## FSHISD WEEKLY CAMPUS ACTIVITIES FEB. 7-12

### Fort Sam Houston Elementary School

#### Feb. 11

Spirit day  
Early release, 11 a.m.

### Robert G. Cole Middle/High School

#### Feb. 7

Cougar Pride Club meeting in Cole Media Center, 5:30 p.m.

#### Feb. 8

V Boys Basketball vs. Stockdale, 8 p.m.  
JV Boys Basketball vs. Stockdale in Moseley Gym, 5 p.m.  
JV/V Girls Basketball vs. Stockdale, 5 and 6:30 p.m.  
Baseball Scrimmage vs. Natalia at Cole, 4 p.m.

#### Feb. 9

Girls Soccer vs. Kennedy at Mata Stadium, 5 p.m.

#### Feb. 11

Early release day, 11:40 a.m.  
Cowboy Breakfast before school  
Baseball Scrimmage at Natalia, 4 p.m.  
Boys JV/V Basketball at Randolph, 6 and 7:30 p.m.

#### Feb. 12

UIL One Act Play rehearsal in Moseley Gym, 1 to 3:30 p.m.

FORT SAM HOUSTON INDEPENDENT SCHOOL DISTRICT EXHIBIT C-2 Statement of Revenues, Expenditures and changes in Fund Balances (Deficit) - Governmental Funds. Year Ended Aug. 31, 2010						
Data Control Codes		10	Major Special	60	198	
		General Funds	Revenue Fund-Special Education SSA	Capital Project Funds	Other Gov. Funds	Total Gov. Funds
	<b>Revenues</b>					
5700	Local and intermediate sources	\$ 147,302	1,369,502	\$ 659	\$ 316,459	\$ 1,833,922
5800	State program revenues	7,432,146	—	—	69,805	7,501,951
5900	Federal program revenues	<u>9,616,824</u>	—	<u>2,376,814</u>	<u>2,951,229</u>	<u>14,944,867</u>
5000	Total revenues	<u>17,196,272</u>	1,369,502	<u>2,377,473</u>	<u>3,337,493</u>	<u>24,280,740</u>
	<b>Expenditures</b>					
	Current:					
0011	Instruction	8,607,802	931,615	—	1,593,140	11,132,557
0012	Instructional resources and media services	267,167	—	—	—	267,167
0013	Curriculum development & instructional staff development	247,906	—	—	295,442	543,348
0021	Instructional leadership	163,229	228,515	—	—	391,744
0023	School leadership	1,040,548	11,229	—	5,917	1,057,694
0031	Guidance, counseling, and evaluation services	506,087	50,496	—	201,442	758,025
0033	Health services	139,899	18,530	—	—	158,429
0034	Student (pupil) transportation	385,212	13,364	—	177,172	575,748
0035	Food services	14,838	—	—	590,339	605,177
0036	Cocurricular/extracurricular activities	396,151	—	—	—	396,151
0041	General administration	828,970	23,203	60	(2)	852,231
0051	Plant maintenance and operations	1,834,896	59,240	—	12,794	1,906,930
0052	Security and monitoring services	12,703	—	—	—	12,703
0053	Data processing services	599,481	29,923	—	491,112	1,120,516
0081	Facilities acquisition and construction	—	—	2,405,386	—	2,405,386
0093	Payments related to shared services arrangement	<u>896,938</u>	<u>2,959</u>	<u>—</u>	<u>80,596</u>	<u>980,493</u>
6030	Total expenditures	<u>15,941,827</u>	<u>1,369,074</u>	<u>2,405,446</u>	<u>3,447,952</u>	<u>23,164,299</u>
1100	Excess (deficiency) of revenues over (under) expenditures	<u>1,254,445</u>	<u>428</u>	<u>(27,973)</u>	<u>(110,459)</u>	<u>1,116,441</u>
	<b>Other Financing Sources (Uses)</b>					
7915	Operating transfers in	—	—	1,000,000	99,097	1,099,097
8911	Operating transfers out	<u>(1,099,097)</u>	<u>—</u>	<u>—</u>	<u>—</u>	<u>(1,099,097)</u>
7080	Total other financing sources (uses)	<u>(1,099,097)</u>	<u>—</u>	<u>1,000,000</u>	<u>99,097</u>	<u>—</u>
1200	Net change in fund balances	155,348	428	972,027	(11,362)	1,116,441
0100	Fund balances at beginning of year	<u>8,976,765</u>	<u>(44)</u>	<u>67,358</u>	<u>7,571</u>	<u>9,051,650</u>
3000	Fund balances at end of year	<u>\$ 9,132,113</u>	<u>\$ 384</u>	<u>\$ 1,039,385</u>	<u>\$ (3,791)</u>	<u>\$ 10,168,091</u>

### Have feedback for a post customer service provider?

Go to the Interactive  
Customer Evaluation Web site at  
<http://ice.disa.mil> and voice  
your opinion  
today.







# Force Support Squadron

Family & MWR

## Announcements

### Texas vs. The Nation Discount Tickets

Family and MWR Ticket Office is selling tickets to the College Senior All-Star game, Texas vs. The Nation, Feb. 5 at the Alamodome. Tickets are \$6/general admission and \$26/student-line with a free coke and hotdog voucher. Active duty military can enter for a chance to call The Nation team's 30th offensive play. Visit <http://www.FortSamHoustonMWR.com> or call 226-1663 for details.

### American Red Cross Life Guard Certification Classes

Classes start soon at the Jimmy Brought Fitness Center's Indoor Pool. Registration is \$160 and includes all books required. Participants will receive first aid instruction, cardiopulmonary resuscitation mask and CPR automated external defibrillators for infant, child and adult. To register, call 221-1234.

### Intramural Volleyball and Racquetball

DOD I.D. cardholders who are at least 18 years old and not participating in an academic athletic association may participate in intramural sports. Letters of intent may be submitted in person to the sports office located in the Brigade Gym or faxed to 221-3184. Call 221-3003.

### Scholarships for Military Children

The Scholarship for Military Children Program awards \$1,500 scholarships to qualified military dependents. Applications are currently available and due Feb. 22. For more information, contact the FSH Commissary, visit <http://www.militaryscholar.org> or call 221-4678.

### CYS Services Talent Showcase

The Child, Youth and School Services Talent Showcase to be held Feb. 26 from 6-8 p.m. A dance will follow from 8-10 p.m. There are no auditions and everyone is encouraged to participate. Practices will be held Saturdays through Feb. 19, 5:30-7:30 p.m. at the Youth Center, Building 1630-A. Call 221-4781.

### "And Then There Were None" at the Harlequin Dinner Theatre

The Harlequin Dinner Theatre presents a critically acclaimed adaptation of Agatha Christie's murder mystery "Ten Little Indians." Performances are each Thursdays, Fridays and Saturdays through Feb. 19. Dinner is served at 6:15 p.m. with an 8 p.m. curtain. Tickets are \$33/civilians, \$30/military, \$26/students, and \$16.50/children 12 and under. Call 222-9694 for reservations and directions.

### Jimmy Brought Fitness Center Renovation

Jimmy Brought Fitness Center is currently under HVAC renovation. The Fitness Center entrance is relocating to the west side of the facility. Lobby based cardiovascular machines will relocate to the basketball courts. TV service in the lobby area will discontinue. Racquetball courts will be limited to two courts by same day reservations between 10 a.m.-8 p.m., Monday-Friday, all other hours and weekends are open play, call 221-1234 for reservations. Aerobic classes will move to racquetball court No. 4. In an effort to reduce

costs and improve efficiency, towel service will discontinue March 1.

## Calendar of Events

### Feb. 3 FRG Leader's/FRSA Forum

The Family Readiness Group Leader's and Family Readiness Support Assistant Forum is 6-7:30 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-1829/0946

### Feb. 4 Monthly Warrior Golf Scramble

The scramble begins at 1 p.m. at the Fort Sam Houston Golf Course. To register, call 221-5863.

### Feb. 5 Post-wide Flea Market

The flea market will be held 7 a.m.-1 p.m. at Command Pavilion on Stanley Road. Call 221-5224/5225 for information.

### Hearts Apart

This spouse's support group meets 1-3 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-9698/1372.

### Teen Poetry Slam

The Slam will be held at the Roadrunner Community Center, Building 2797. The doors open at 5 p.m. with open microphone, 5:30-6:15 p.m.; the Slam will begin at 6:30 p.m. This is a free event with door prizes, a DJ, refreshments and cash prizes. The competition will include military affiliated teens between 11-18 years of age from across San Antonio. Call 221-2055 or 295-0313.

### Feb. 6 BOSS Super Bowl Bash

The bash is from 4 p.m. until the game is over at the BOSS Zone in Banner Barracks. There will be four big screens to watch the game on, free refreshments, prize giveaways. Come early for a Madden Xbox Tournament at 2 p.m. To register for the tournament, visit Fort Sam Houston's Family and MWR Facebook page, find the Pre-Superbowl Bash Madden Xbox Tournament Event and click "I'm Attending." Call 221-4242.

### Feb. 7 Unit Family Readiness

The training is 10-11 a.m. at the Roadrunner Community Center, Building 2797. Call 221-1829/0946.

### Using Credit Wisely

The class is 2-4 p.m. at the Roadrunner Community Center, Building 2797. Call 221-2380.

### Feb. 8 General Resume Writing

The class is 9 a.m.-noon at the Roadrunner Community Center, Building 2797. Registration is mandatory, class size is limited. Call 221-0427/0516.

### Re-Entry Workshop

The workshop is 10-11 a.m. at the Roadrunner Community Center, Building 2797. Call 221-1681/2705.

### Basics of Breastfeeding

The class is 12:30-2 p.m. at the Roadrunner Community Center, Building 2797. Call 221-0349/0326.

### Debt Liquidation

The class is 2-4 p.m. at the Roadrunner Community Center, Building 2797. Call 221-2380.

### Building Effective Anger Management Skills

The class is Feb. 8, 10, 15, 17, 22

See FMWR P27



## Announcements

### Summer Employment Opportunities

Visit the USA Jobs website for summer employment opportunities at all the military installations around San Antonio. Positions are available for clerical, lifeguards, recreation aides, computer clerks and general laborers. To search jobs, visit <http://jobsearch.usajobs.gov/A9DeptAirForce.aspx>.

### Youth Soccer League Registration

The Alamo Heights Fort Sam Houston Soccer League is currently registering boys and girls, 4-18 years old for spring soccer recreational or competitive teams. Visit

<http://www.ahfsh.org> or call 725-2283 for information.

### SMA Leon L. Van Autreve Sergeants Major Association

The SMA Leon L. Van Autreve Sergeants Major Association meets the third Thursday of each month at 5 p.m. at the Harris Heights Community Center on Patch Road. All active duty Reserve, National Guard and retired sergeants major are invited and encouraged to attend. Call 221-3887 for information.

### Foster a Military Working Dog Puppy

The Department of Defense Military Working Dog Breeding Program is looking for families to foster puppies from 12-weeks to 6 months old. Call 671-3686 for information.

### Cloverleaf Communicators

The Cloverleaf Communicators Club is open to military, family members and civilians who are

interested in developing or enhancing their leadership and communications skills. Meetings are held the first and third Thursday of every month 11:45 a.m.-1 p.m. at San Antonio Credit Union, Stanley Road, in the conference room. Call 916-3406 or 221-8785 for information or visit <http://powertalkinternational.com/>.

### Group Lifestyle Balance Program

Brooke Army Medical Center has implemented a program at the Troop Medical Clinic aimed toward long-term weight loss through healthy eating and physical activity. Participants must be 18 years or older and a military beneficiary. Call 808-2312 for information.

### Spouses' Club Scholarships

Spouses' Club of the Fort Sam Houston area is now accepting applications for 2011 Scholarships and Welfare distributions. Applications are available at

<http://www.scfsh.com>. Application deadline is April 1. For scholarship info, call 241-0811 and for welfare info, call 789-3861.

### Lost/Unclaimed Property

If you have lost any property on Fort Sam Houston, call 221-2340 to inquire or claim the following items: bicycles, Samsung cell phone, Sanyo cell phone, gold ring, makeup bag, Wells Fargo key chain credit card, wallets, and a Texas driver's license. You must have a form of photo identification and be able to identify the property.

## Calendar of Events

### Feb. 5 AACA Annual Gospel Fest

The African American Cultural Association will host the "Annual Gospel Fest," 6 p.m. at the Gateway Chapel, Lackland Air Force Base. The program is free. Call 671-9329 or 977-6545 for information.

### Feb. 6 New Sweden and Manda School Walk

The Selma Pathfinders volksmarch club is hosting a 5k and 10k walk starting at the Manda School House, 16306 Manda Carlson Road in Manor. Walks start between 9 a.m. and noon, finish by 3 p.m. Call 496-1402.

### Feb. 10 RecruitMilitary Career Expo

A free hiring event for veterans and spouses will be held 11 a.m.-3 p.m. at Sunset Station - Depot 4, 1174 E. Commerce. Visit <http://www2.recruitmilitary.com> for information on employment opportunities.

### Feb. 12 Yoakum Walk

The LoneStar Walkers volksmarch club will host a 5k and 10k walk starting at Fat Albert's BBQ & Icehouse, 614 Irvine St. in Yoakum. Walks start between 10 a.m. and 1

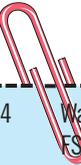
p.m., finish by 4 p.m. Call 378-4080 or e-mail [swrd@gvtc.com](mailto:swrd@gvtc.com).

### Feb. 17 MOAA Alamo Chapter

The Military Officers Association of America will hold a luncheon at Air Force Village 11. Social hour begins at 11 a.m. with lunch at 11:45 a.m. Guest speaker is retired Lt. Gen. Loyd Utterback, chief executive officer of Air Force Village. Menu choice is chicken cordon blue or sliced sirloin with mushrooms, \$15 per person. Reserve by Feb. 14, call 228-9955.

### Feb. 21 Warrant Officer Association

The Lone Star Silver Chapter of the U.S. Army Warrant Officer Association will meet at 7 p.m. at Chacho's & Chulucci's, 8614 Perrin Beitel Rd. All active duty, retired, Reserve, National Guard warrant officers and family members of current or retired warrant officers are invited. Call 375-9895 or 666-9818.



# REMINDER CALENDAR

- Feb. 4** Warriors Monthly Scramble Golf Tournament, 1:30 p.m., FSH Golf Course, \$25 entry fee
- Feb. 5** Post-wide Flea Market, 7 a.m.-1 p.m., MacArthur Parade Field Command Pavilion
- Feb. 5** Teen Poetry Slam, 5:30 p.m., Roadrunner Community Center
- Feb. 6** Duathlon Bike/Run, 8 a.m., Jimmy Brought Fitness Center
- Feb. 6** BOSS Super Bowl Bash, 4 p.m., Banner Barracks
- Feb. 8-9** Coushatta Casino Trip, leaves 7 a.m. from the Sam Houston Community Center
- Feb. 9** Community Information Forum, 4:30-6 p.m., Sam Houston Community Center
- Feb. 11** Military Appreciation Night at the San Antonio Stock Show and Rodeo, 7:30 p.m., AT&T Center
- 

**FMWR from P26**

and 24 from 5:30-7 p.m. at the Roadrunner Community Center, Building 2797. Call 221-0349/0221.

### Feb. 9 FAP Commander/Senior Leader Training

The training is 8-10 a.m. at the Roadrunner Community Center, Building 2797. Call 221-0349/0626.

**Bringing Baby Home**

The class is Feb. 9 and 23, 9 a.m.-12:30 p.m. at the Red Cross, Building 2650. Call 221-

0349/0326.

**Overseas Orientation**

The class is 10-11 a.m. or 5-6 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-1681/2705.

**Sexual Assault Training**

The training is 2-3 p.m. at the Roadrunner Community Center, Building 2797. Call 221-1505.

**ScreamFree Parenting**

The class is Feb. 9, 16 and 23 from 11 a.m.-1 p.m. Roadrunner Community Center, Building 2797. To register, call 221-0349/2055.

### Feb. 10 5 Love Languages

Classes are Feb. 10, 17 and 24 from 5:30-7:30 p.m. at the Roadrunner Community Center, Building 2797. Learn your partner's love language, improve your understanding of each other and explore communication styles. To register, call 221-0349/2604.



### Main Post Chapel, Building 2200, 221-2754

**Catholic Services:**

4:45 p.m. - Reconciliation - Saturdays  
5:30 p.m. - Mass - Saturdays  
9:30 a.m. - Mass - Sundays  
11:30 a.m. - Mass - weekdays  
**Protestant Services - Sundays:**  
8 a.m. - Collective Protestant  
11 a.m. - Collective Protestant  
**Jewish Services:** 379-8666 or 493-6660  
8 p.m. - Fridays - Worship and 8:30 p.m. - Oneg Shabbat

### Dodd Field Chapel, Building 1721, 221-5010 or 221-5432

**Catholic Services:**

9:15 to 11:15 a.m. - Catholic Women of the Chapel Enrichment or Bible Study - Mondays  
12:30 p.m. - Mass - Sundays  
**Protestant Services:**  
10:30 a.m. - Gospel Protestant - Sundays  
9:30 to 11:30 a.m. - Protestant Women of the Chapel meeting - Wednesdays, child care is provided  
6:30 to 7:30 p.m. - Protestant Women of

**Web site:** <http://www.samhouston.army.mil/chaplain>

the Chapel meeting - Thursdays, child care is provided  
**Samoa Protestant Service:**  
8:30 a.m. - Sundays

### Brooke Army Medical Center Chapel, Building 3600, 916-1105

**Catholic Services:**

8:30 a.m. - Mass - Sundays  
11:30 a.m. - Mass - Sundays  
**Protestant Services:**  
10 a.m. - Worship Service - Sundays

### AMEDD Regimental Chapel, Building 1398, 221-4362

**32nd Medical Brigade Student services**

**Catholic Mass:** 8 a.m. - Sundays  
**Contemporary Protestant Service:**  
9:30 a.m. and 11:01 a.m. - Sundays  
**Muslim Jumma:** 1:30 p.m. - Fridays

### Installation Chaplain Office, Building 2530, 221-5007

**Church of Jesus Christ of Latter Day  
Saints:** 8:30 a.m. - Sundays

**FSH National Prayer Breakfast**

The Fort Sam Houston National Prayer Breakfast will be held Feb. 23 at 6:30 a.m. at the Sam Houston Community Center. Call 221-5004 or 221-2755 for information.



**For Sale:** Golf clubs, 735CB Titleist 4-PW irons, stiff steel shaft, \$170. Call 373-8469.

**For Sale:** Cedar chest, \$65; ProForm treadmill, \$100; bookshelf, can be used as desk or entertainment center, light wood, \$50; display corner curio cabinet, glass, \$60; sleeper sofa and loveseat, light brown, \$95. Call 241-1291.

**For Sale:** Dining room set includes expandable table, six chairs, china hutch and buffet, country French, buttermilk color, \$900; Dell Inspiron PC with 17-inch flat screen monitor, \$325. Call 697-9261.

## Rocco Dining Facility Menu Building 2745, Schofield Road

*Dining Room Breakfast Hours:*  
Monday-Friday 6:15-8:15 a.m.,  
weekends and holidays 8-9:30 a.m.

**Friday - Feb. 4****Lunch - 11 a.m. to 1 p.m.**

Ginger pot roast, tempura fried fish, grilled turkey patties, oven fried chicken, cheese tortellini, pork fried rice, mashed potatoes, stewed tomatoes, green beans Creole, broccoli, brown gravy, veggie burgers

**Dinner - 5 to 7 p.m.**

Roasted pork loin, grilled chicken breasts, stuffed green peppers, barbecued roast pork, broccoli-rice-cheese, baked sweet potatoes, steamed rice, black-eyed peas

**Saturday - Feb. 5****Lunch - noon to 1:30 p.m.**

Beef stroganoff, baked chicken, mustard-dill baked fish, mushroom quiche, egg noodles, mashed potatoes, spinach, okra and tomato gumbo, Harvard beets, veggie burgers

**Dinner - 5 to 6:30 p.m.**

Barbecued spareribs, baked chicken, grilled ham steaks, cheese manicotti, steamed rice, rice pilaf, mashed potatoes, corn, cauliflower combo

**Sunday - Feb. 6****Lunch - noon to 1:30 p.m.**

Rice frittata, grilled chicken breasts, barbecued pork chops, fried catfish,

red beans and rice, buttered potatoes, fried okra, broccoli, carrots

**Dinner - 5 to 6:30 p.m.**

Chicken parmesan, knockwurst with sauerkraut, mushroom quiche, roast pork, red potatoes, macaroni and cheese, waxed beans, veggie burgers

**Monday - Feb. 7****Lunch - 11 a.m. to 1 p.m.**

Roast turkey, chicken cacciatore, chili macaroni, cheese tortellini, mashed potatoes, brown rice, cauliflower au gratin, corn combo, collard greens, garlic bread, veggie burgers

**Dinner - 5 to 7 p.m.**

Beef lasagna, cheese ravioli, spicy baked fish, Swiss steaks no gravy, Swiss steaks with brown gravy, scalloped potatoes and onions, brown rice, glazed carrots, asparagus

**Tuesday - Feb. 8****Lunch - 11 a.m. to 1 p.m.**

Baked chicken breasts, meat loaf, tamale pie, barbecued ham steaks, vegetable stuffed peppers, cottage fried potatoes, Mexican rice, steamed rice, cauliflower, broccoli combo, pinto beans, jalapeno cornbread, veggie burgers

**Dinner - 5 to 7 p.m.**

Lemon pepper baked fish, broccoli quiche, pork chops Mexicana, Salisbury steaks, grilled pork chops, rice pilaf, steamed rice, mashed

potatoes, spinach, yellow squash, Brussels sprouts, veggie burgers

**Wednesday - Feb. 9****Lunch - 11 a.m. to 1 p.m.**

Beef stroganoff, roast pork, barbecued roast pork, herb baked fish, vegetable lasagna, egg noodles, red potatoes, cauliflower parmesan, cauliflower, corn O'Brien, French-style green beans, veggie burgers

**Dinner - 5 to 7 p.m.**

Simmered knockwurst, Swiss steaks with tomato sauce, baked chicken breasts, tuna and noodles, cheese manicotti, brown rice, paprika-battered potatoes, okra and tomato gumbo, sauerkraut, carrots, brown gravy, veggie burgers

**Thursday - Feb. 10****Lunch - 11 a.m. to 1 p.m.**

New England boiled dinner, chicken stir fry, chicken pot pie, grilled pork chops, potato frittata, mashed potatoes, fried rice, steamed rice, cabbage, carrots, corn on the cob, brown gravy, veggie burgers

**Dinner - 5 to 7 p.m.**

Chicken parmesan, broccoli quiche, beef bulgogi, baked fish, tempura fried fish, rice with parmesan, steamed rice, oven browned potatoes, yellow squash, veggie burgers

*Menus are subject to change without notice*