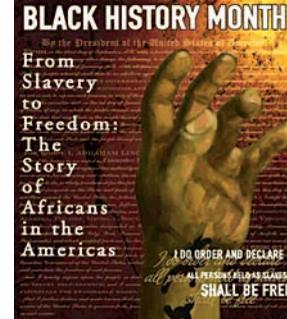




FEB. 10, 2011
 VOL. 53, NO. 6

"One Team, Supporting Military Missions and Family Readiness!"



**FORT SAM
 CELEBRATES
 BLACK HISTORY
 MONTH**
 Feb. 23,
 11:30 a.m.
 Roadrunner
 Community
 Center

New Braunfels gate opens for outbound traffic temporarily

By Steve Elliott
 FSH News Leader

The North New Braunfels Avenue gate will open Feb. 15 for outbound traffic during rush hour on weekdays on a temporary basis. Also, starting March 15, approximately 3,500 fewer vehicles a day will be coming in the Walters Street gate.

According to Ray Acuna, operations officer for the 502nd Security Forces Squadron, the North New Braunfels Avenue gate at Grayson Street, next to U.S. Army North headquarters, will be opened for outbound traffic only from 3:30 to 5:30 p.m. Mondays through Fridays starting Feb. 15. (See map on page 11)

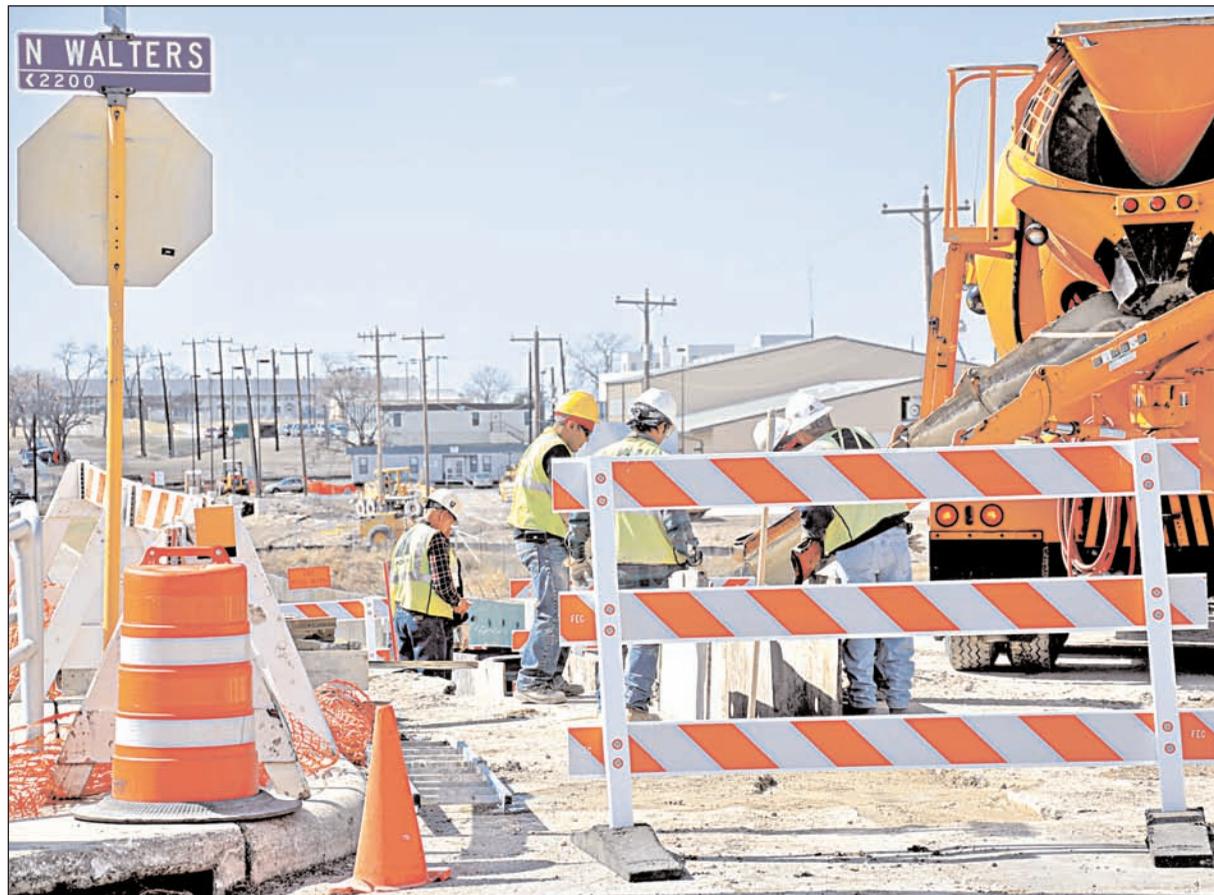


Photo by Steve Elliott

See GATE P11

Construction on Walters Street outside Fort Sam Houston will improve access and traffic flow to and from the installation.

U.S. Army South conducts U.S., Colombian army staff talks

By Robert Ramon
 U.S. Army South Public Affairs

U.S. Army South hosted the Colombian army commander and other key Colombian army leaders at Fort Sam Houston Feb. 1 through 4 for bilateral staff talks between the U.S. and Colombian armies.

U.S. Army South commanding general Maj. Gen. Simeon

G. Trombitas welcomed the Colombian army commander, Gen. Alejandro Navas, to discuss common interests and concerns in order to seek ways to address them to each country's mutual benefit.

"The purpose of these staff talks is to combat transnational threats throughout our hemisphere by sharing ideas based on our experiences,"

Navas said.

Army South, as the U.S. Army's executive agent, hosted the four-day staff talks in an effort to provide a strategic forum between the armies in order to develop professional partnerships and increase interaction.

"I'm extremely proud of the fact that Colombia is one of our strongest allies," Trombitas

said. "We've worked together for almost 70 years in trying to maintain balance and peace in our world."

Navas made similar comments speaking of the strong and enduring relationship between Colombia and the U.S.

"We are side-by-side with the U.S. and ready to meet all of the challenges throughout the hemisphere," Navas said.

Colombia and the U.S. share many interests and security concerns including illicit drugs, weapons, criminal activities and transnational terrorism.

The staff talks provide a forum for both armies to develop strategic objectives in order to advance the partnership and capitalize on the capabilities of

See ARSOUTH P3



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Clarifying fire reporting procedures, use of surge protectors

By Joseph L. Miyasaki

Lead Fire Inspector, 502nd
CES/CEF

There have been several recent fire incidents at Fort Sam Houston involving surge protectors that were not immediately reported to Fire and Emergency Services or considered as emergencies.

This is due to personnel falsely assuming these types of incidents did not need to be reported because the fire was extinguished upon discovery or burned out prior to discovery.

The following guidelines are provided to clarify misconceptions on fire reporting procedures and provide guidance on proper use of surge protectors.

- All fires must be reported, including those extinguished upon discovery and those burned out prior to discovery. Fire and Emergency Services personnel will respond to determine safety of the scene and conduct an initial investigation.

- Any person discovering a fire (regardless of type or size), or conditions that may indicate fire (odor of smoke, gaseous fumes), explosive hazards, hazardous spills or other, will immediately alert all personnel in the building to evacuate and will report it to the FES by the quickest means available.

- The FES will be notified by dialing 911. Dialing 911 from a government line will connect directly to FSH Central Emergency Dispatch. If dialing 911 from a commercial, cellular, or post housing telephone, you will be calling San Antonio/Bexar 911. You

must identify yourself as being on Fort Sam Houston or Camp Bullis and request for San Antonio/Bexar 911 to connect you to FSH Central Emergency Dispatch.

Every year, thousands of fires in the U. S. result from surge protectors, power strips, extension

cords, and electrical cords. Listed below are some related tips for safety.

- Extension cords and portable power strips are for temporary use only and are not to be used as permanent wiring or outlets. If additional outlets are needed they are to be

installed by qualified personnel and coordinated properly through proper channels.

- Retail surge protectors are designed for only light loads such as computers, printers, and low amperage equipment. They are not to be used for fans, heaters, cof-

feemakers or equipment with similar loads.

- Use only surge protectors that have an internal circuit breaker. With these, the breaker will trip to prevent fire if overloaded or shorted.

- All units shall be UL

See FIRE P10



Photo courtesy of Unplggd.com

Some older apartment and houses with few electrical outlets may force residents to plug in too many devices per outlet.

Weekly Weather Watch

	Feb. 10	Feb. 11	Feb. 12	Feb. 13	Feb. 14	Feb. 15
San Antonio	48° Sunny	56° Sunny	65° Sunny	69° Sunny	72° Mostly Sunny	70° Partly Sunny
Kabul Afghanistan	48° Partly Cloudy	46° Rain/Snow	45° Rain/Snow	46° Rain/Snow	47° Rain/Snow	48° Sunny
Baghdad Iraq	63° Sunny	62° Sunny	56° Sunny	59° Sunny	62° Sunny	58° Showers

(Source: Weather Underground at www.wunderground.com)

News Briefs

Black History Month Events

Feb. 16 — Soul Food Taste, 5 p.m., Lackland Air Force Base Fisher House

Feb. 23 — Expo, 10 a.m., Building 171, Port San Antonio

Feb. 23 — Fort Sam Houston Observance, 11:30 a.m., Roadrunner Community Center

Feb. 25 — Brooke Army Medical Center celebration, 11:30 a.m. in the medical mall.

National Prayer Breakfast

The Fort Sam Houston National Prayer Breakfast will be held at 6:30 a.m. at the Sam Houston Community Center. The guest speaker is Chaplain Brig. Gen. Donald Rutherford. Suggested donation is \$6. Call 221-5007 or 221-1932.

WHCA Recruiting Team Briefs

The White House Communications Agency Recruiting Team will conduct a briefing Feb. 14 at 9 a.m. at Dodd Field Chapel, 1721 Dodd Blvd., Building 1721. WHCA is looking for highly dedicated and professional Airmen and Soldiers to provide state of the art communications support to the President. Positions include communications, audio-visual, administrative and support fields. You must be able to obtain and keep a Top Secret security clearance, have no history of derogatory information, and be able to serve in a four-year Presidential Support Duty billet. Interested enlisted personnel with less than 17 years of service are encouraged to attend the briefing. Call 202-757-5148, DSN 284-2000 ext. 7-5148 or visit <http://www.disa.mil/whca>.

110th Army Nurse Corps Birthday Celebration

A birthday celebration for the 110th anniversary of the Army Nurse Corps will be held Feb. 11, 3:30-5 p.m. at the Army Medical Department Museum. The guest speaker is Col. Kelly Wolgast, chief nurse executive, Army Medical Command. Call 221-4074.

Medical Stability Operations Course

The Defense Medical Readiness Training Institute and the Civil-

See NEWS P4

Army surgeon general presents top 10 initiatives

By Rob McIlvaine
Army News Service

Army Surgeon General Lt. Gen. Eric B. Schoomaker announced his Top 10 initiatives for Army medicine Jan. 27.

Schoomaker spoke to health care professionals from around the world at the Army breakout session on the last day of a week-long Military Health System conference at National Harbor, Md.

The overall focus of the conference was to harness the power of 130,000 health care professionals and achieve the Quadruple Aim Performance Goals of medical readiness, experience of care, population health and per capita cost of care.

But the highlight on the final day was the Army Surgeon General's focus on his Top 10. These were:

- Soldier Medical Readiness
- Comprehensive Behavioral



Photo by Rob McIlvaine

Gen. Richard A. Stone, U.S. Army's deputy surgeon general for Mobilization, Readiness, and Reserve Affairs (left), discusses Soldier Medical Readiness points with Army Surgeon General Lt. Gen. Eric B. Schoomaker.

Health System of Care

- Culture of Trust
- Implementation of mTBI/Concussive Injury Protocols
- Development of Medical Home Implementation
- Pain Management Task Force/Comprehensive Pain

Management

- Implementation of the U.S. Medical Command/Office of the Surgeon General elements of Health Promotions and Risk Preventions
- Base Realignment and Closure Completion and Transition

ARSOUTH from P1

each nation and lessons learned by each.

"This week, we helped to maintain and strengthen the great relationship that we've had with the Colombian army," Trombitas said.

"We've been able to lay a course of interoperability that will sustain us throughout the year and allow us to better support each other as we pursue our objectives throughout the hemisphere."

The staff talks were concluded on Feb. 4 with Navas and Trombitas signing the minutes. The minutes outlined three broad objectives in which both staffs agreed to work together and coordinate activities during the upcoming year.

The armies agreed to enhance the openness of information sharing in order to better support all areas of

cooperation.

In combined arms doctrine and training, the armies will share lessons learned and appropriate tactics, techniques and procedures allowing for greater interoperability in the future.

The armies will also work toward standardizing and disseminating Colombian army air assault doctrine and training across the Colombian army enterprise. This will serve to maximize resources and effectively face identified threats.

The U.S. Army has engaged in annual bilateral staff talks with the Colombian army since November 2009. This meeting marks the second time the two armies have met for staff talks.

The meeting scheduled for 2010 was postponed due to Army South's deployment to Haiti in order to assume com-

- Physical Disability Evaluation System Legislative Initiatives for the Army chief of staff
- Army Medicine's Role in Enterprise Transition.

Prior to listing the top 10, a multitude of teams and individuals from Army medical centers around the world were presented with awards, including Beneficiary Counseling and Assistance Coordinators, Debt Collection Assistance Officers, The Surgeon General's Annual Excalibur Awards, Military Treatment Facility Performance Awards and Access to Care Performance Awards.

While 10 initiatives were announced, a few garnered special attention by Schoomaker.

Soldier medical readiness

Soldier Medical Readiness is spearheaded by Gen. Richard A. Stone, who assumed duties as the U.S. Army's deputy sur-

See MEDCOM P16



(Left to right) Colombian Gen. Alejandro Navas and Maj. Gen. Simeon G. Trombitas sign memorandums of understanding during the U.S. and Colombian army staff talks closing ceremony at the U.S. Army South headquarters Feb. 4. Photo by Sgt. Maj. Rick Black

mand of Joint Task Force-Haiti and Operation Unified Response.

Strengthening the relationship with the Colombian army through these talks will have lasting effects on peace and stability throughout the hemisphere, Trombitas said.

"It helps us to have good and strong allies and this week helped strengthen that alliance," Trombitas said. "It has been extremely successful

from our perspective both in achieving our goals and strengthening our relationship with the Colombian army."

Trombitas said he is not only impressed with the Colombian army as a whole, but also by their commander as an individual.

"I'm very glad to know that in Colombia we have a commander of the caliber of General Navas leading their army into the future."

News Briefs

NEWS from P3

Military Medicine Center for Disaster and Humanitarian Assistance Medicine will co-sponsor operational level course Feb. 23-25 at the Doubletree San Antonio Downtown Hotel. The course is designed to prepare military health care professionals (E7-E9 and O3-O6) to serve as part of the military health support for stability operations. MSOC is open to tri-service active duty, Reserve, Guard, and U.S. Public Health Service medical department personnel, as well as other U.S. Government agencies involved in stability operations. To register, visit <https://events.cdham.org>.

New Voice Mail System Rescheduled

Due to constraints, the Network Enterprise Center voice mail system migration from Meridian Mail to the Call Pilot system is rescheduled for the week of Feb. 23. This upgrade will improve security standards. All voice mail services for Fort Sam Houston, Camp Bullis and Camp Stanley will be affected. Customers will be able to access Call Pilot system Feb. 23. Call 808-MAIL (808-6245) for information.

JBSA Annual Awards Ceremony

Inaugural Joint Base San Antonio Annual Awards Ceremony will be held Feb. 25, 6 p.m. at the Gateway Club Fiesta Ballroom, Lackland Air Force Base. Reserve seats by Feb. 23, call 395-2389.

Civilian Medical Jobs

The Civilian Corps of the U.S. Army Medical Command is seeking to fill a variety of health care positions in over 70 locations within the Army Medical Department. Visit <http://www.civilianmedicaljobs.com> to view and apply for current openings.

Attention BAMC Pharmacy Customers

Customers of the Fort Sam Houston Community Pharmacy, Brooke Army Medical Center Main Outpatient Pharmacy, Warrior Pharmacy, Camp Bullis Pharmacy should begin refilling prescriptions by calling 916-8700 or 1-800-771-3455 or online at <https://sammc.amedd.army.mil>. Customers can also access the refill website by utilizing the computer kiosks located throughout BAMC.

Academy commandant to be next Sergeant Major of the Army

By C. Todd Lopez
Army News Service

Army senior leadership announced Feb. 6 that Command Sgt. Maj. Raymond F. Chandler III will serve as the 14th sergeant major of the Army.

Chandler currently serves as the 19th commandant of the Army Sergeants Major Academy at Fort Bliss, Texas. He enlisted in the Army in 1981 as a 19E armor crewman. He will replace Sgt. Maj. of the Army Kenneth O. Preston as the Army's senior enlisted advisor and spokesman of the enlisted corps.

During his nearly 30-year career, Chandler has served in tank crewman positions and has had multiple tours as a troop, squadron and regimental master gunner.

"It's huge shoes that I have to fill, following Sergeant Major of the Army Preston," Chandler said. "But I am humbled and excited about the opportunity. And we'll see what the future holds, and what Soldiers and Families tell me we need to look at – and I'll work that with Army leadership to try and make those changes that best support them."

Chandler said he knows some of the challenges he'll help the Army face while serving as SMA are the same the Army is working on now: maintaining the force, reconstituting the force, and building resiliency in the force.

"We have got to maintain the combat-seasoned force that we have been so successful at sustaining over the past nine years," Chandler said. "We have an Army that is unparalleled in its lethality and its willingness and ability to conduct operations around the world. So I think that is the first thing, to maintain the combat-sea-

soned force."

Chandler also said he knows it's important for Soldiers to have more dwell time with their Families.

"This has been a very difficult and long war the Army has been in, and we have some work to do to help it reconstitute as we build dwell time over the next couple of years," he said.

The new SMA is also impressed with efforts the Army is making at building resiliency into the force – in particular with the Comprehensive Soldier Fitness program.

"Programs like CSF and the new Master Resilience Training that we are developing for the Army and producing for the Army, along with the Army Family Covenant, is going to help us build a more resilient force for the long term," he said. "We are in a period of persistent conflict and this is not going to go away anytime soon – so we have got to build a more resilient force that can see us through the challenging times."

Chandler also said he's fortunate to have participated in developing at the Sergeants Major Academy some of the concepts driving noncommissioned officer development today – including the advancement of structured self development.

"One of the things I've been fortunate to partake in while here at the Sergeants Major Academy is to really understand SMA Preston's vision for the NCO Corps," Chandler said. "Structured Self Development ... (was) built here at the Sergeants Major Academy, and I have been intimately familiar

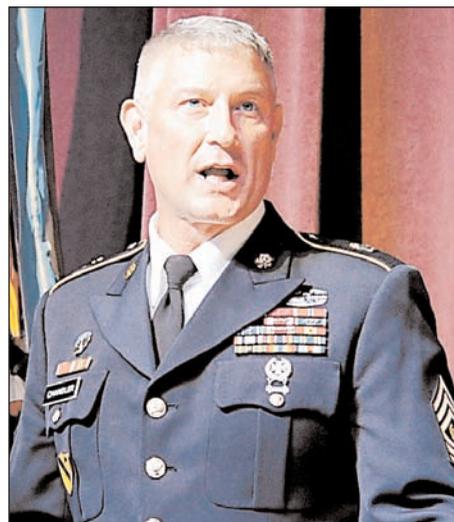


Photo courtesy U.S. Army
Command Sgt. Maj. Raymond F. Chandler III will serve as the 14th sergeant major of the Army.

with that process and where we are trying to go. From my perspective, I will continue to sustain and move forward those initiatives that have started with SMA Preston."

While Chandler said he's familiar with some of what he'll be working on as the next sergeant major of the Army, he also said that he is not bringing his own agenda to the job — and that he serves at the discretion of the chief of staff.

"I have no priorities at this point, except to provide predictability for Soldiers and their Families," Chandler said. "I do not come into this position with some set agenda or group of things that I personally want to fix or look into. I serve at the whim of the CSA and he is going to tell me what he wants me to focus on, and from there I move forward."

Chandler will likely serve the bulk of his time as sergeant major of the Army alongside Gen. Martin E. Dempsey, currently the commander of the Army's Training and Doctrine Command. Dempsey was nominated to be the next chief of staff of the Army.

Chandler and Dempsey share a working relationship today – Chandler's position as commandant of the USASMA falls under Dempsey's TRADOC. The two have also worked together as part of the Third Armored Cavalry Regiment. There, Dempsey was Chandler's regimental commander, while Chandler served as a first sergeant in the regiment.

Chandler was chosen as the next sergeant major of the Army by Chief of Staff of the Army Gen. George W. Casey Jr. That selection is something Chandler said he never considered during his career.

"I never thought in my wildest dreams I would ever be in a position to be considered for the SMA," Chandler said. "So, I never dreamed about being SMA, or thought about it. For me, I was a squadron command sergeant major in combat. And that is what I aspired to do."

When serving as sergeant major of the Army, Chandler will spend time on Capitol Hill, discussing Army needs and concerns before both the Senate and the House. He will also likely meet with the President of the United States, and will spend much time traveling alone and with the chief of staff of the Army to visit Soldiers and their Families throughout the Army.

Chandler said the new role for him will not distract him from what he is at his core.

"I am a Soldier – and I happen to be a sergeant major," Chandler said. "But that doesn't change the fact that I came from the same rank and the same position that those young privates and sergeants and first sergeants are in today. And that's the tie that binds us together – those shared experiences. There is a responsibility to represent the Army at various events and engagements. But at the end of the day, my place is with the Soldiers and their families in the Army and that's where I intend to be."

'They Stood, They Spoke, They Listened' 2nd Annual Teen Poetry Slam, success for all who attended

By Cheryl Harrison
Warfighter and Family
Readiness, Marketing

Snow, nor ice, nor cold of night hindered the success of the Family Advocacy Program 2nd Annual Teen Poetry Slam held Feb. 5 at the Roadrunner Community Center.

A poetry slam is described as the competitive art of performance poetry with a dual emphasis on writing and performance. It encourages poets to focus on what they are saying and how they are saying it. In

this instance, young teens between 13-19 years old expressed their feelings with words they created through poetry.

The poetry slam originated in 1984, when construction worker and poet Marc Smith started a poetry reading at a Chicago jazz club, the Get Me High Lounge, looking for a way to bring life into the open mic format. The series, and its emphasis on performance, laid the groundwork for the brand of poetry that would eventually be exhibited in the poetry slam.

In an effort to bring awareness to teen dating and violence FAP and the Child and Youth Services EDGE (experience, develop, grow and excel) program held several workshops for interested teens who wanted to learn how to express themselves through original words, music or acting.

The workshops allowed local poets to be on hand to demonstrate their own poetic style, encourage teens to express their feelings with words and learn the definition and rules of a poetry slam, all in prepa-



Photo by Cheryl Harrison

(From left) Ariana Brown, first place winner; Kellee Greenwood, second place winner and Brandon Woods, third place winner, receive gift cards for their performances during the 2nd Annual "Stand Speak Listen" Teen Poetry Slam held Feb. 5 at the Roadrunner Community Center.

ration for the big event.

Chandra Peterson, FAP educator said, "We felt a poetry slam was a great way to encourage literacy, creative writing and build self-esteem in our teens. At the same time it would be a great

opportunity to get them invested and make others aware of teen dating violence."

Fort Sam Houston's Teen Poetry Slam was open to all civilians, military and I.D. cardholders. With an open microphone

before the actual competition began, the audience knew without a doubt they were in for a treat when the competitors performed.

Andrea Sanderson, a

See POETRY P10

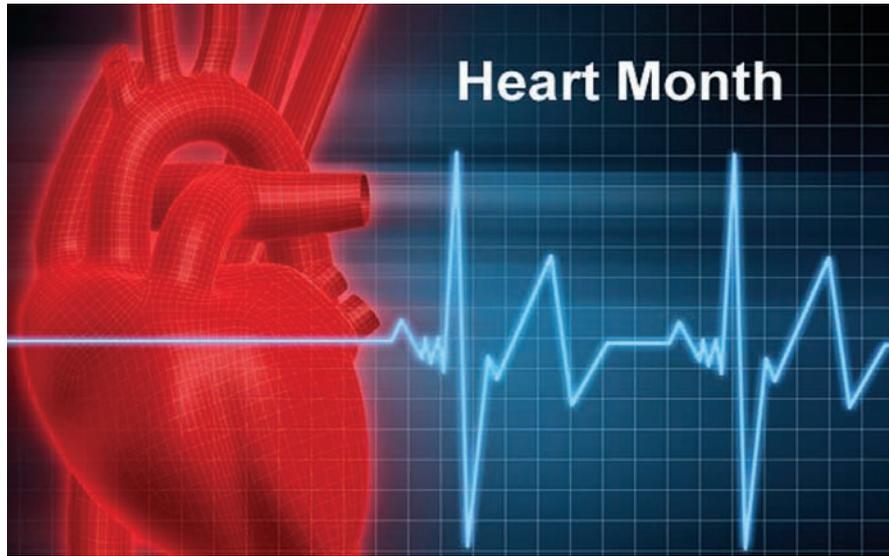
American Heart Month aims to improving cardiovascular health

By Danielle Martin
U.S. Army Public Health
Command (Provisional)

Cardiovascular disease is the No.1 killer of both men and women in the United States. Almost 2,300 Americans die every day from cardiovascular diseases. That's one person every 38 seconds.

Cardiovascular diseases claim more lives each year than cancer, chronic lower respiratory diseases and accidents combined.

Every year, approximately 785,000 Americans have their first heart attack. Another 470,000 Americans who have already had at least one heart attack will have another one.



Because of these high statistics, Congress since 1963 has required the President to proclaim February "American Heart Month." This effort is led by the American Heart Association.

In 1999, the AHA set impact goals to reduce cardiovascular disease and risk by 25 percent by 2010. Despite the above statistics, the impact goals for 2010 were met, with a 27.8 percent

decline in the cardiovascular death rate.

However, statistics have also shown an increase of 27 percent in the total number of inpatient cardiovascular operations and procedures.

A new impact goal has been set for 2020. This goal is aimed at improving the cardiovascular health of all Americans by 20 percent, while reducing deaths from cardiovascular disease by 20 percent.

There are many steps that you can take to increase your overall cardiovascular health.

Know the risk factors for cardiovascular disease:

- High cholesterol
- High blood pressure
- Diabetes
- Tobacco use (within the past year)
- Diets high in saturated fats, cholesterol, high salt and high sodium
- Physical inactivity
- Obesity
- Excessive alcohol use

• Family history
To lower your risk of developing cardiovascular disease:

- Eat a healthy diet.
 - Maintain a healthy weight.
 - Exercise regularly.
 - Don't smoke.
 - Limit alcohol use.
 - Have your cholesterol checked.
 - Monitor your blood pressure.
 - Manage your diabetes.
 - Take your medicine.
 - Talk with your health care provider.
- For more information, consult the American Heart Association website at <http://www.americanheart.org> and the Centers for Disease Control and Prevention website at <http://www.cdc.gov/heartdisease>.

DRAGON DANCE AT THE LIBRARY



Photo by Jen Swee

Children at the weekly story time at the Keith A. Campbell Memorial Library celebrate Chinese New Year, complete with a dragon dance, Feb. 3. Moms, grandmothers, and others looked on while children enjoyed creating a festive parade.

POETRY from P6

local poet and “slammer” known as “Vocab” acted as the master of ceremonies for the evening’s event adding humor and lots of poetic influence to the evening.

The doors to the Roadrunner opened at 5 p.m. with an open microphone for poets who weren’t there to compete but had something to share through their words. Two young poets, 12-year-old Deja Woods and older teen Cole James Kiorchen ignored their stomach butterflies

and shared their words, while 10 slam participants anxiously waited to compete.

The evening’s mood was set with low lighting, high tables and chairs and about 85 pairs of listening ears in the audience as the slam competitors took their place to ‘stand and speak.’

As the competition unfolded, the teenagers read and expressed feelings of anger, hurt, and pain as well as love, kindness and compassion; all original works of 10 young adults who had something to say. They

stood, they spoke and the audience listened.

At the end of the slam, the winners were announced and presented with gift cards. Third place, a \$50 gift card, was presented to Brandon Woods; second place, a \$75 gift card, was awarded to Kellee Greenwood and first place, a \$100 gift card, was awarded to Ariana Brown.

As the evening drew to an end, the participants, audience and teens came away with a better understanding of teen dating and violence.

“One in three girls and one in seven boys will be sexually assaulted by the time they are 17,” said Rape Crisis Center counselor Chloe Power.

“When you leave here tonight you will know where to send a friend you know that has been

affected by some form of violence.”

Also on hand was Sonia Coutee, director of the Children’s Services at the Family Violence Prevention Service.

“We are one of the biggest advocates against teen violence. It is a prevalent problem, one that teens don’t want to admit has happened,” Coutee said.

Ashley Duran, FAP educator voiced her thoughts about the evening’s event, “What an incredible night of poetry. The poets had the courage to stand up, to speak from their hearts and we were able to listen to the next generation of poets. I am so happy to have seen teens, parents and Soldiers come out to support this special event which brings attention to the issue of teen dating violence.”

FIRE from P2

(Underwriters Laboratory) or Electrical Testing Laboratories approved.

• Surge protectors do wear out with use and from power surges. If the unit or its wiring becomes hot to the touch, immediately remove and replace the unit. The electrical load and the unit need to be checked for overloading.

• Surge protectors are not suitable for or to be used in moist areas.

• Each surge protector is to be plugged into an outlet and not “daisy-chained or piggy-backed.” This is where a unit is plugged into another surge protector or portable power strip. This practice causes overloading.

• Do not locate a surge protector or power strip where the unit would be

covered with carpet, furniture or any other item that will limit or prevent air circulation.

• Check all surge protectors on a regular basis to ensure that they are not damaged and fully engaged in the outlets.

• Never use a three-to-two-prong adapter to power a surge protector or power strip. It should always have a three-prong grounded plug.

• All appliances and electric outlet near water should be protected by ground fault circuit interrupter (GFCI) units.

For a list of surge protectors that have been recalled, log on to the Consumer Product Safety Commission website at <http://www.cpsc.gov/> and conduct a product search for “surge protectors.”



Have feedback for a post customer service provider?

Go to the Interactive Customer Evaluation Web site at <http://ice.disa.mil> and voice your opinion today.

GATE from P1

Acuna added that approximately 3,500 vehicles that have been entering the Walters Street gate daily for parking, due to construction near Brooke Army Medical Center, will be returning to that area as the new BAMC multi-level parking garage is scheduled to open March 15.

“Use caution when exiting Fort Sam Houston, as there is a traffic light that will be controlling the exiting traffic, as well as the turning movements from North New Braunfels Avenue to Grayson Street and from Grayson Street to North New Braunfels Avenue,” Acuna said.

“This is a temporary gate opening while construction is going on for the Walters Street entry control point.”

This is being done in an effort to divert some

traffic away from the construction area on Walters Street between that gate and Interstate 35.

As reported in the Oct. 28, 2010 edition of the Fort Sam Houston News Leader, this area is receiving a \$4,185,031.75 facelift, thanks to a contract awarded to Yantis Company by the San Antonio City Council, which approved an ordinance Aug. 5 for the project.

The project will widen Walters Street from four to six lanes, with a raised median including curbs, sidewalks, driveway approaches, bike lanes, turn lanes at major intersections and necessary drainage improvements.

This project is funded through the City’s 2007-2012 Bond Program, Local Agency Managed (LAM) funds and the Metropolitan Planning Organization. Funding

partners include the Texas Department of Transportation, San Antonio Water System, and CPS Energy.

CPS Energy will replace gas piping for a section of the project. SAWS will upgrade sewer and water lines for a section.

“Fort Sam Houston at Joint Base San Antonio continues to experience challenges with traffic congestion on and off the installation roadways,” 502nd Air Base Wing commander Brig. Gen. Leonard Patrick wrote in a letter dated Jan. 12, which was sent to San Antonio District 2 Councilwoman Ivy R. Taylor. Her district encompasses the eastern area around Fort Sam Houston. “There are two construction projects currently underway that are impacting our ability to

circulate traffic in a timely manner.

“These projects are the Walters Street reconstruction, which began in October 2010, and the replacement of the Scott Road entry control point, which began in November 2010,” the letter continued. “As the projects are scheduled to be completed in May 2012, I expect congestion issues to continue for the next 18 months.

“The 502nd Mission Support Group has developed this solution requiring a temporary opening of our North New Braunfels Avenue gate, which should divert traffic from Walter Street and provide another avenue for motorists,” Patrick said, outlining the plan for the North New Braunfels Avenue gate.

“Joint Base San

Antonio will work closely with the (San Antonio) city engineering staff to ensure all community concerns are addressed.” Col. Mary Garr, 502nd MSG commander, met with Taylor Jan. 25 and talked about the proposed temporary gate opening.

“She understands our position,” Garr said. “We also talked about congestion at all the Fort Sam Houston gates, including George Beach and Binz Engleman and also what we are discussing with City Public Works to mitigate both short term and long term. City engineers and Public Works have assured us that they can support it as well.”

“In light of the anticipated traffic pattern changes as a result of construction, it was a wise decision to provide limited access from the

New Braunfels Street gate,” Taylor said.

At another location on Fort Sam Houston, the construction of troop walk crossings near the Medical Education and Training Campus will cause some road closures and detours, according to Mark Boenisch of the 502nd Civil Engineering Squadron’s Programs Flight.

“Locations that will be affected include Garden Avenue south of McGee Road, between the NCO academy and the unit chapel,” Boenisch said.

“This construction will be accomplished with one lane closed at all times and will be monitored by temporary traffic signals. One-lane traffic will be maintained 24/7 With these signals.”

See GATE P12

GATE from P11

In addition, Scott Road will have two crosswalks installed between Harney and Hardee Roads, Boenisch added.

Southbound traffic will be maintained throughout the construction and northbound traffic will be detoured via Harney east, North on Patch and west on McGee and then back to Scott.

“The construction of these crosswalks will begin Feb. 15 and are expected to take from two to three weeks,” Boenisch said. “This is to allow crews to construct one lane at a time and allow for proper curing of the underlying concrete with maintaining traffic flows through the areas.”

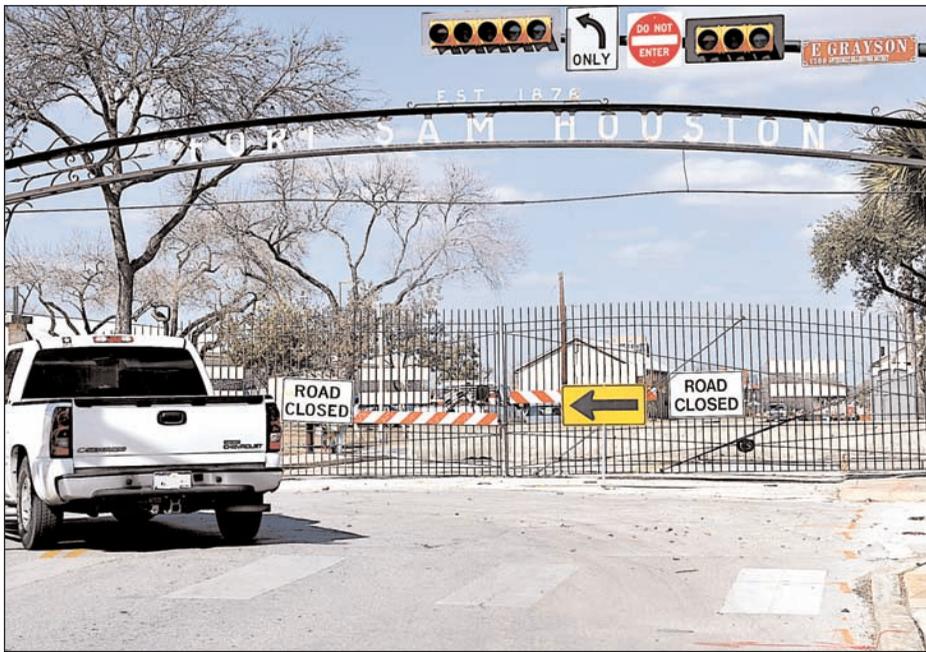


Photo by Steve Elliott

The North New Braunfels Avenue gate will open for outbound traffic from 3:30 to 5:30 p.m. weekdays on a temporary basis.

Armed Forces boxers coming to Lackland AFB

It's been two years since Lackland Air Force Base hosted a Armed Forces-level Championship, when the military's best basketball players last took its courts in 2008.

Now, it's the pugilists' time – and they'll be here in force.

Marine, Army and Navy boxers arrive at Lackland's gates Feb. 13, with the Armed Forces Boxing Championships beginning Feb. 15.

The Army team is coming off a title win, with seven gold medal winners in 2010.

A seven-day event, all-service teams have two days before the single-elimination starts with the preliminary bouts Feb. 15.

The bouts, including

the finals on Feb. 18, will be held at the Chaparral Fitness Center.

Playing host to the boxing action, manager Richard Brown has helped operate numerous all-service level competitions in the past, including the last Armed Forces boxing tournament at Lackland in 2007.

"It's a huge undertaking," Brown said. "We have to make arrangements and accommodations for all the services."

A lot of effort has been focused on coordinating lodging, repainting the gym's entire exterior and interior, and other preparations.

Foremost, the ring will be transported to the Chaparral from the Bennett Fitness Center, where the Air Force Box-

offs were held in January.

In addition, all the services flags will be displayed in the gym, along with the official Armed Forces flag.

In all, 212 Sports and Fitness staff members are expected to help with the preparation and operation of the tournament, which Brown said will draw a capacity crowd at the fitness facility.

The boxing room and racquetball area will be closed to the public until Feb. 19 after the boxing teams depart.

The draw for matchups for each weight class is at 10 a.m. Feb. 14 at the Gateway Club's Officer Lounge, and a ceremony the same day at the Chaparral, 5:30 p.m., will precede the tournament's first bout.

Gold medals are awarded to boxers who win their weight classes.

Team medals are awarded to the two services that earn the most points - one point for a semifinal win and two points for a victory in the finals.

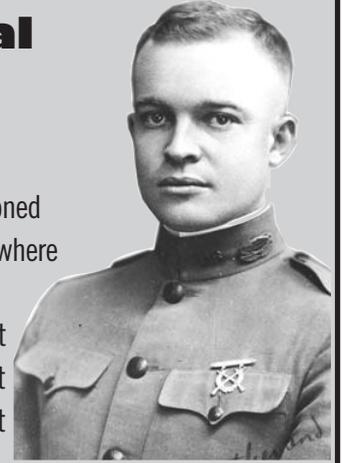
Sanctioned by USA Boxing as a national qualifying event, any Armed Forces boxer who wins his or her weight class earns an invitation to the National Championships in Colorado Springs, Colo., scheduled for June. This year, an Armed Forces weight class champion also qualifies for the boxing team trials for the 2012 Olympics.

(Source: Lackland AFB Public Affairs)

Military Historical Trivia

Q: When Dwight D. Eisenhower was stationed at Fort Sam Houston, where were his quarters?

- A. 688 Infantry Post
- B. 178 Artillery Post
- C. 179 Artillery Post
- D. All of the above



A. The answer is "D." Dwight D. Eisenhower served at Fort Sam Houston from 1915 to 1917 and again in 1941. He lived in Building 688 from 1915 to 1917 while he was a second lieutenant in the 19th Infantry and 57th Infantry. When he returned as Chief of Staff of the Third Army in 1941, he initially moved into 178 Artillery Post because the quarters originally designated for the chief of staff (179 Artillery Post) was being renovated. When those renovations were done, Eisenhower moved to 179 Artillery Post.

Army North Soldiers enhance skills through

By Sgt. 1st Class Manuel Torres-Cortes
ARNORTH Public Affairs

During the Revolutionary War, "Baron" Friedrich Wilhelm von Steuben, a former Prussian officer, was brought in to teach marksmanship training to Continental Army Soldiers, and he clearly demonstrated the importance and the effectiveness of properly placing volleys of fire against enemy forces.

A little more than 223 years later, Soldiers from U.S. Army North's Headquarters Support Company concentrated on modern principles of advanced rifle marksmanship during live-fire weapons training Jan. 20 at the Camp Bullis Military Training Reservation in San Antonio.

The training, however, was not with muskets but rather with current weapons: the M-16A2 Rifle and the M-9 Berretta Pistol.

"This training is excellent in developing confidence in our junior and senior noncommissioned officers," said Maj. Rene Rodriguez, commander, headquarters support company, Army North. "It also sets the pathway for the same NCOs receiving this training in their future

assignments to lead qualification ranges and lead Soldiers."

Learning close-quarter combat skills is as paramount in today's Army as it was in the past as Soldiers continue to learn different and more effective ways to use their combat equipment.

Although the mission requirements in Army North do not call for carrying a weapon on a daily basis, maintaining basic Soldiering skills remain a top priority for the command.

"The procedures and techniques for implementing the program are designed to improve Soldiers' understanding of common firing principles to allow them to become more proficient marksmen and to increase their confidence in applying their firing skills in real-world contingency operations," said Sgt. 1st Class Barney Muller, range noncommissioned officer in charge, HSC, Army North.

Soldiers rehearsed reflexive fire from the standing, unsupported firing position and a modified firing position in which they squatted slightly forward as they fired to steady themselves. The modified position provided them a stable base to react to returning fire. Soldiers also rehearsed rapid, semiautomatic fire training, with continuous, rapid single shots.

"Every Soldier must be proficient in their warrior tasks," said Sgt. 1st Class Somphot Hongtong, range safety, operations noncommissioned officer, Army North. "If the mission requires us to defend ourselves and our citizens, then we will be able to perform that mission."

Many of the Soldiers said they appreciated the opportunity to practicing their basic Soldiering skills.

"I enjoyed the training," said Staff Sgt. Kalisha Heard, an Atlanta native who serves as an intelligence analyst with Army North. "Due to my break in service and frequent PCS moves, I was overdue for advanced rifle marksmanship training. I was able to regain my confidence with the M16A2 and familiarize myself with the M9."

The training for Soldiers today is much more complex when compared to the straight-line shooting of the Colonial days. However, many of the principles taught by the famous "Baron" in 1776 remain paramount today – the solid foundation of marksmanship.

Soldiers must know their weapons and maintain a high level of proficiency to be able to engage the enemy with precision.

"The Global War on Terror is not set in one battlefield or environment, and

Marksmanship Training

reflexive drills and different firing postures are very good for Soldiers to learn and become proficient at," said Staff Sgt. Nathan Haselhorst, communications noncommissioned officer, Army North. "Reflexive fire, for one, is especially essential for those who convoy a lot or conduct foot patrols to help keep themselves and their battle buddies safe in a combat zone."



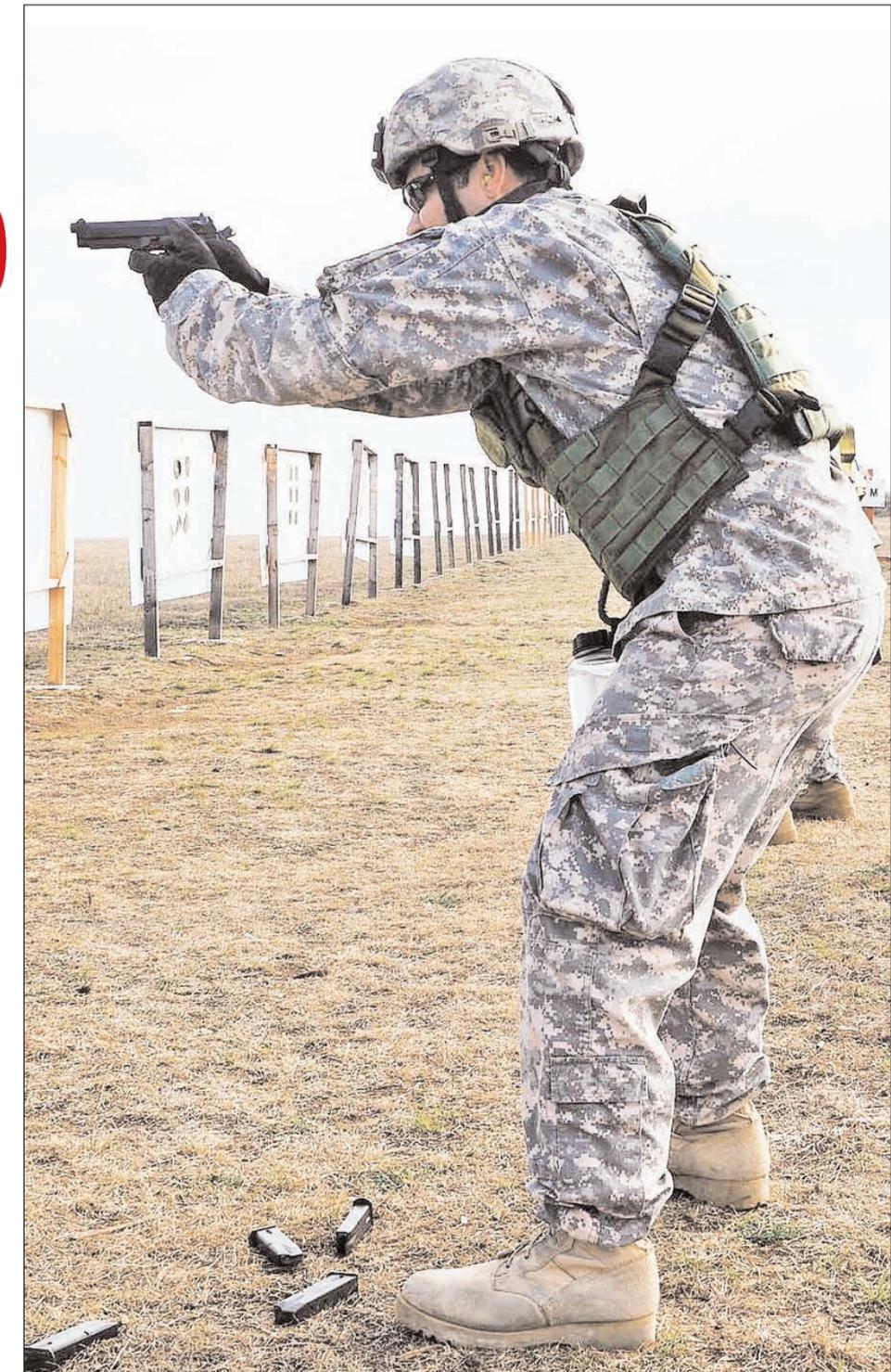
Staff Sgt. Kalisha Heard, intelligence analyst, Headquarters Support Company, U.S. Army North, fires an M-16A2 Rifle Jan. 20 during the company's advanced marksmanship training at the Camp Bullis Military Training Reservation.



Sgt. 1st Class Somphot Hongtong, (left) operations noncommissioned officer, Headquarters Support Company, U.S. Army North, explains the position of the aperture site on the M-16A2 Rifle to Capt. Philip Lee, attorney, Army North.



A U.S. Army North Soldier fires an M-9 Berretta Pistol during advanced marksmanship training conducted by Army North's Headquarters Support Company.



Photos by Sgt. 1st Class Manuel Torres-Cortes
Sgt. 1st Class Antonio Turberville, operations noncommissioned officer, Headquarters Support Company, Army North, fires an M-9 Berretta Pistol during advanced marksmanship training.

MEDCOM from P3

geon general for Mobilization, Readiness, and Reserve Affairs about two years ago.

The purpose of this program has been to ensure that all deploying Soldiers are medically and psychologically fit, and all returning Soldiers receive quality assessments to identify any medical or psychological conditions and provide evaluation and treatment services.

“There’s a substantial effort on the part of the Army to really move the physical disability evaluation system, which is also on the Top 10, on to the next level, and that is to get us, as a MEDCOM, out of that process and really move us to a fitness-for-duty evaluation and pass on to the VA the physical disability adjudication,” Stone said.

Comprehensive behavioral health

In the years since the U.S. became engaged in the war on terror, behavioral health care providers across the Army have developed innovative ideas and programs, said Col. Rebecca Porter, chief of the Behavioral Health Division, Office of the Surgeon General.

In 2006, the Army established a readiness model, called Army Force Generation, which was designed to efficiently generate trained and ready forces for combat-ant commanders at sustainable levels, Porter said.

A year ago, MEDCOM established the Comprehensive Behavioral Health System of Care, or CBHSC, working group to standardize and coordinate care across the

Army, she said. She added the the objective was to optimize care and maximize limited resources to ensure the highest quality care to Soldiers.

Currently, CBHSC is working to develop an integrated behavioral health information-technology system that will facilitate the use of standardized clinical data to optimize care, according to a chart Porter showed conference attendees.

TBI/concussive injury protocols

Unlike a severe traumatic brain injury, a concussion or mild TBI may not be readily identified, said Col. Barbara Springer, director of Rehabilitation & Reintegration Division in the Office of the Surgeon General.

Recognizing the importance of early detection, the Department of Defense and Department of Veterans Affairs have established system-wide screening and assessment procedures to identify concussion/mTBI in service members and veterans, she said, at the soonest opportunity and through multiple points of care.

“The reason why this was put into place is because Soldiers will not take themselves out of the fight, just like athletes won’t take themselves out of the game. So we had to put in policy to ensure that everybody is checked out,” Springer said.

Currently in Afghanistan, there is a network of advanced concussion care resources, she said.

“For example, the Army stood up three level II concussion-care restoration centers in RC-East. And next month, the

Army will stand up three more in RC-South,” said Springer.

“And these restoration centers are really vital because they will keep Soldiers in the fight,” Springer explained. “They can come in and get the care they need for their initial symptoms, because most concussions will get better within hours or a couple of days. If they do need more care, then they can go to Level III Concussion Care Programs and that’s where advanced neuro-imaging and advanced special services are available.”

“Also, there are neurologists, neuro-psychologists, occupational therapists and physical therapists who all work together to help keep our forces strong. These folks are also supported by TBI Tele-Health throughout the region,” Springer continued.

The Soldiers will be educated, she said, so that they know what TBI is, understand the symptoms, and know they will get better.

“We will be remembered in this war for many things,” Schoomaker said.

“(We’ve had) many improvements on the battlefield, not the least of which is trauma improvements, and medevac and infectious diseases, but (also for) our ability in the field in what’s been called CPR for the brain so that a Soldier or warrior in combat will receive prompt care, evaluation and rehabilitation as close to the point of injury as possible.

“I think (this) will have a dramatic effect on reducing long-term consequences, both physical and psychological, on

21st century warfare,” Schoomaker said.

Comprehensive pain management

“Effective management of pain from the battlefield back, I think, is going to have implications that far go beyond the immediate relief of pain,” Schoomaker said.

During the past nine years of conflict, and because Soldiers have been arriving back home in pain, the Army community, with partners in the Air Force and the Navy, began a number of initiatives, said Col. Chester Buckenmaier, Army Regional Anesthesia & Pain Management Initiative director.

“We have a pain infusion system out on the battlefield for the first time in history,” Buckenmaier said.

Pain continues to be the number-one reason people seek medical care in the United States.

“I chartered the Pain Management Task Force in August 2009 to provide recommendations for an Army Medical Command comprehensive pain-management strategy that is holistic, inter-disciplinary, and multi-modal in its approach; uses state of the art/science modalities and technologies; and provides optimal quality of life for Soldiers and other patients with acute and chronic pain,” Schoomaker said in a recent article in U.S. Medicine, a monthly publication that serves health care professionals.

Since then, the Comprehensive Pain Management Campaign Plan was published in September and a pain workshop was held at the Special Operations

Medical Association conference in December.

In the coming months, regional medical centers will continue to standardize interdisciplinary pain management centers, a pain education curriculum will be implemented, and establish an integrative medicine consultant, Buckenmaier said.

Culture of trust

“Each of these programs reinforces our commitment to the needs of our patients and will be implemented based on the foundation of trust,” Schoomaker said in the recent article for U.S. Medicine.

A culture of trust, said Schoomaker in the same article, is a shared set of attitudes, values, and practices that distinguish Army medicine’s commitment to its beneficiaries to provide the highest quality and access to health services.

“Trust, along with transparency, creates the conditions in which our internal talent thrives, our patients receive the best care, and our stakeholders trust that we, Army medicine, deliver what we say we will deliver,” he said.

The culture of trust is being implemented this year and the phased roll out will consist of on-site training, skill building and other training initiatives, Schoomaker said.

“The culture of trust supports our vision of bringing value and inspiring trust. Trust is the foundation of Army medicine, and I have charged Maj. Gen. Patricia Horoho, deputy surgeon general, to champion a Center of Excellence to execute a unified strategy, standardizing processes and improving customer-

service processes, focusing on outcome measures, and strengthening our culture of trust,” Schoomaker said.

The Army break-out session came to a close with the photo of a Soldier.

“Look into the eyes of this Soldier,” Schoomaker said.

“This is Sergeant Major Gallagher. He’s the former command sergeant major for one of the battalions in the 3rd Infantry Division. He was made famous, you may recall, in a series of pictures in which he was taking cover behind a vehicle and returning fire, even as his medic dressed a wound in his leg.

“You can see the fatigue in his eyes, you can see the strain of multiple deployments. What you may not see is the psychological strain, the addiction to alcohol he had to overcome.

Sergeant Major Gallagher is now the sergeant major of the Army Wounded Warrior Program.

“This is who we work for. And we have to be supportive of him and everything that is on his mind. Our job is to take rocks out of his rucksack meaning, to unburden him and her, in the case of a female Soldier, of what keeps them from being effective.

“(We must) relieve pain in a holistic way, that doesn’t degrade performance and lead to addiction. If we do this, this Soldier is going to be much more powerful and resilient and will be protected. And that’s your responsibility. You need to be out there, aggressively interacting with your communities to make that happen,” Schoomaker said.

Force Support Squadron

Family & MWR

Announcements

American Red Cross Life Guard Certification Classes

Classes start soon at the Jimmy Brought Fitness Center's Indoor Pool. Registration is \$160 and includes all books required. Participants will receive first aid instruction, cardiopulmonary resuscitation mask and CPR automated external defibrillators for infant, child and adult. To register, call 221-1234.

Scholarships for Military Children

The Scholarship for Military Children Program awards \$1,500

scholarships to qualified military dependents. Applications are currently available and due Feb. 22. For more information on eligibility and applications, contact the Fort Sam Houston Commissary, visit <http://www.militaryscholar.org> or call 221-4678.

Jimmy Brought Fitness Center Renovation

Jimmy Brought Fitness Center is currently under HVAC renovation. The Fitness Center entrance is relocating to the west side of the facility. Lobby based cardiovascular machines will relocate to the basketball courts. TV service in the lobby area will discontinue. Racquetball courts will be limited to two courts by same day reservations between 10 a.m.-8 p.m., Monday-Friday, all other hours and weekends are open play, call

221-1234 for reservations. Aerobic classes will move to racquetball court No. 4. In an effort to reduce costs and improve efficiency, towel service will discontinue March 1.

CYS Services Talent Showcase

The Child, Youth and School Services Talent Showcase to be held Feb. 26 from 6-8 p.m. A dance will follow from 8-10 p.m. There are no auditions and everyone is encouraged to participate. Practices will be held Saturdays through Feb. 19, 5:30-7:30 p.m. at the Youth Center, Building 1630-A. Call 221-4781.

"And Then There Were None" at the Harlequin Dinner Theatre

The Harlequin Dinner Theatre presents a critically acclaimed

adaptation of Agatha Christie's murder mystery "Ten Little Indians." Performances are each Thursdays, Fridays and Saturdays through Feb. 19. Dinner is served at 6:15 p.m. with an 8 p.m. curtain. Tickets are \$33/civilians, \$30/military, \$26/students, and \$16.50/children 12 and under. Call 222-9694 for reservations and directions.

English as a Second Language

The class meets Mondays and Wednesdays, 5-7:30 p.m. at Roadrunner Community Center, Building 2797, use back entrance. To register, call 221-1681/9698.

Exceptional Family Member Program

A support group meets Wednesdays, 6-7:30 p.m. at School

Age Services, Building 1705, Dodd Boulevard. Child care and dinner provided. Registration is required. Call 221-2604.

H.U.G.S. playgroup

The playgroup for parents and children birth to 5 years old meets Tuesdays, 9-11 a.m. at the Middle School Teen Center, Funston Road, Building 2515. Call 221-0349/2418.

Microsoft Office Classes

Feb. 15 – Word Level 2
Feb. 16 – Excel Level 3
Feb. 17 – Access Level 1
Feb. 22 – Word Level 3
Feb. 23 – Excel Level 1
Feb. 24 – Access Level 2
Classes are 8 a.m.-noon at the Roadrunner Community Service, Building 2797. To register, call 221-2518/2705.

Calendar of Events

Feb. 10 Single Parenting

The class is Feb. 10 and 17 from 11a.m.-12:30 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-0349.

Learning the Basics of Texas Medicaid Waiver Programs

The class is 11:30-1:30 p.m. at the Roadrunner Community Center, Building 2797. Call 221-0600/9826.

Immigration and Naturalization Services

Services will be available noon-2 p.m. at the Roadrunner Community Center, Building 2797. Call 221-9698/1372.

5 Love Languages

Classes will be held Feb. 10, 17 and 24 from 5:30-7:30 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-0349/2604.

Feb. 11 Children in the Middle

Classes are Feb. 11 and 18, from 1-4:30 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-0349/2604.

Breastfeeding Support Group

The group meets 2-3:30 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-0326/0349.

Why Mars and Venus Collide

The class is noon-1 p.m. at the Brooke Army Medical Center nutrition conference room. Learn the difference between gender behaviors. Call 221-03349.

Feb. 12 Key Caller Training

The training is 9 a.m.-3 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-1829/0946.

Feb. 14 Savings and Investing

The class is 2-4 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-2380.

Feb. 15 Federal Resume Writing

The class is 9 a.m.-noon at the Roadrunner Community Center, Building 2797. Registration is mandatory. Call 221-0427/0516.

Stress Management

The class is 11 a.m.-12:30 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-0349.

Credit Report, Where Do You Stand?

The class is 2-4 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-2380.

Family Readiness Support Assistant Training

The training is Feb. 15-16 from 8 a.m.-3:30 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-1829/0946.

Feb. 16 Mandatory Initial First Termer Financial Readiness

The class is noon-2 p.m. at the Education Center, Building 2248. To register, call 221-1612.

Naturalization ceremony held at Cole High School

By Jayne Hatton
FSHISD

Forty individuals swore an oath of allegiance to the United States of America and became naturalized citizens during a ceremony Jan. 28, hosted by U.S. District Judge John Primomo held in the Robert G. Cole High School Mall.

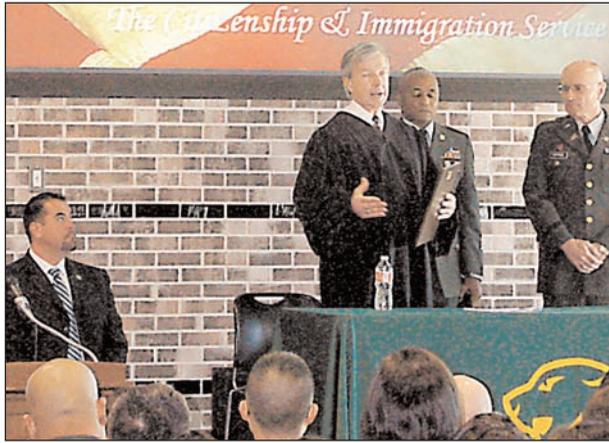
Primomo asked to hold the ceremony at Cole High School in recognition of the service the Junior ROTC students, who, under the leadership of Lt. Col. Robert Hoffmann and 1st Sgt. John Clinton, have provided Color Guard honors at naturalization ceremonies held in a courtroom for 16 years.

“American heroes and

patriots of past generations have fought for, gained and passed on a priceless heritage of freedom, ideals, traditions and achievements in many fields,” said Dr. Gail Siller, Fort Sam Houston Independent School District superintendent and guest speaker for the event. “It is our job to protect and strengthen that heritage.”

Siller ended with a quote from Teddy Roosevelt, the 26th president of the United States, “The first requisite of a good citizen in this republic of ours is that he (or she) shall be able and willing to pull his own weight.”

“The naturalization ceremony was an amazing experience,” said sen-



Courtesy Photo

ior Charles Christman. “I realized that no one can take away the rights and freedom I have as a U.S. citizen. My parents may take away my phone or car keys when I do some-

thing wrong, but there is no one in this world who can take away my freedom and rights except for me.”

“Attending the naturalization ceremony, I

have realized the truly special nature of the event,” said Cole student, Luke Walton. “Seeing so many countries represented put into perspective exactly how diverse our nation is.”

The Junior ROTC Color Guard opened the ceremony, followed by the Cole choir singing “God Bless America,” under the direction of Dan Vasquez. Cole Middle School receptionist, Sherrie Medellin, sang the “National Anthem” and Nancy Hildenburg’s culinary arts class provided refreshments.

One former naturalized citizen in the audience commented that this was the most moving and meaningful naturalization event he had ever attended.

NOMINEES FOR BOARD OF TRUSTEES NEEDED

The Fort Sam Houston Independent School District will be accepting nominations for three positions on the Board of Trustees. Nominees for the Board of Trustees can be active duty military members assigned to Fort Sam Houston, a military Family member residing on Fort Sam Houston or a civilian employed on Fort Sam Houston. Nominees need to be at least 18 years of age; have an anticipated retention date at Fort Sam Houston through April 13, 2013; be a registered voter in the state of Texas; have never been convicted of a felony and have been a resident in the state of Texas for 12 months on or before April 30, 2011. Individuals nominated must volunteer and be willing to serve on the Board of Trustees without pay. Nominees must submit their resume and memorandum by close of business Feb. 24 to the School Liaison Office in Building 2792. Call 221-2256 or 221-2214.

**FORT SAM HOUSTON INDEPENDENT
SCHOOL DISTRICT
WEEKLY CAMPUS ACTIVITIES
FEB. 14-19**

**Fort Sam Houston
Elementary School**

Spring Book Fair all week

Feb. 15

Pastries with the Principal,
9 to 10 a.m.
Student Council meeting,
3 to 4:30 p.m.

Feb. 16

Western Day-Square
Dancing:

Second grade, Rooms 6, 8
and 9 – 8:45 to 9:30 a.m.

First grade, Rooms 26, 27
and 28 – 9:30 to 10:15 a.m.
Kindergarten, Rooms 12, 13
and 14 – 9:30 to 10:15 a.m.

Third grade, Rooms 19, 20
and 21 – 8:45 to 9:30 a.m.

Fourth grade, Rooms 36, 37
and 38 – 8 to 8:45 a.m.

Feb. 17

Cougar Connection –
Internet Safety! with Melanie
Morgan, 11:30 a.m. to noon

Western Day-Square
Dancing:

Second grade, Rooms 10
and 11 – 8:45 to 9:30 a.m.

First grade, Rooms 5, 29
and 30 – 9:30 to 10:15 a.m.
Kindergarten, Rooms 16, 17
and 18 – 9:30 to 10:15 p.m.

Third grade, Rooms 7, 22
and 23 – 8:45 to 9:30 a.m.

Fourth grade, Rooms 24, 59
and 60 – 8 to 8:45 a.m.

Feb. 18

Spirit day
Book Fair Family Night,
5 to 7 p.m.

**Robert G. Cole Middle and
High School**

Feb. 14

Boys Golf at Woodlake Golf
Course, 8 a.m.

Feb. 15

Seniors will complete the
Apply Texas application in
the Technology Building,
8:30 a.m. to 1 p.m.

Cole Baseball Scrimmage at
Natalia, Junior Varsity 5:30
p.m. and Varsity 6:30 p.m.
JV/V Boys Basketball vs.
Luling at Cole, 6 and
7:30 p.m.

Varsity Girls Basketball
bi-district game, TBA

Feb. 16

Sixth and ninth grade stu-
dents will register on-line for
2011-12 classes (Note:
Students must have parent
signature on their choice
sheets)

Junior class ring delivery
during lunch

Feb. 17

Seventh and 10th grade stu-
dents will register on-line for
2011-12 classes (Note:
Students must have parent
signature on their completed
choice sheet before they will
be allowed to register online)

Feb. 18

Eighth and 11th grade stu-
dents will register on-line for
2011-12 classes (Note:
Students must have parent
signature on their completed
choice sheet before they will
be allowed to register online)

Varsity Baseball Scrimmage
vs. Lytle, 4 p.m.

Girls Varsity Basketball area
playoffs, TBA

Junior ROTC Fort Worth Drill
Meet

Feb. 19

Junior ROTC Fort Worth Meet
UIL one act play rehearsals
in Moseley gym, 1 to 3 p.m.

FSH school board members' contributions honored

By Jayne Hatton
FSHISD

Fort Sam Houston Independent School District administrators, teachers and students joined educators across the state to gratefully acknowledge the invaluable contributions that school board members make to their communities. Texas schools traditionally celebrate School Board Recognition Month in January.

"FSHISD school board members make decisions about educational programs based on community values, needs and expectations," said FSHISD Superintendent Dr. Gail Siller. "They translate the needs of students into policies, plans and goals that impact the lives of the approximately 1,400 students who attend Robert G. Cole Middle/High School and Fort Sam Houston Elementary School."

Members of the school board include Deborah E. Seabron, president; Dr. Eustace S. Lewis, vice-president; Jane A. Crow, secretary; Keith A. Toney, member and Jeanne Warren, member.

FSHISD has a five-member Board of Trustees, nominated by the 502nd Mission Support Group commander and appointed by the State Board of Education. Prior to the formal nomination, a panel of installation representatives from the various commands interview board applicants and makes recommendations to the commander.

Seabron is the board president, having been a member since 2004. Seabron is the superviso-

ry management analyst in the Plans, Analysis and Integration Office for the 502nd Mission Support Group. She has 32 years of federal service in various positions and agencies including the Army, Air Force and Internal Revenue Service. Seabron is a graduate of the class of 2009 Texas Association of School Boards Leadership Program.

Lewis is an instructional systems specialist with the Medical Education & Training Campus, Academics. Lewis joined the board in May 2000, has been re-elected numerous times and has served as vice-president since 2005. In September 2003, he was one of only 36 board members from Texas to graduate from the Leadership TASB 2002-2003 program, earning him the prestigious "master trustee" designation.

Crow is program director of the Child Development Center, Division of Family and



Courtesy Photo

Robert G. Cole junior Aidan Dochnal, expresses thanks to school board member Jane Crow for public service.

Morale, Welfare and Recreation. She is the newest member of the FSHISD Board of Trustees. Installed in 2007, she was re-elected in 2009 and currently serves in the position of secretary. Crow is a 2010 graduate of the Leadership TASB program, earning the distinction of master trustee.

Toney is a school liaison officer for Fort Sam Houston. Toney has been

a member of the board since 1998, serving as its president for nine years. He was selected as a member of the Texas Association of School Boards' Leadership Class of 2000, earning him the prestigious master trustee designation.

Toney is a member of the Bexar Presidents' Institute and the National Caucus of Black School Board Members.

Warren, a board member since May 2001, is the Fort Sam Houston youth services director. Her commitment and dedication to the children of Fort Sam Houston military personnel has remained strong and enduring. She has been with the Youth Services program since 1989 and has served on many advisory groups. Warren's involvement with the Robert G. Cole's Campus Educational Improvement Council has provided her with insight into the dynamics of an educational environment.

COLE ACADEMIC DECATHLON TEAM



Courtesy Photo

(From left) Katelyn Juni, Sabrina Newsome, Shelby Tallent, Taylor Kane, Ryan Swan, Hayley Morrill, A.J. Bray and Ruby Gibson, members of the Robert G. Cole High School academic decathlon team competed in a regional competition Jan. 21-22 in Corpus Christi. The team placed fourth in regional competition and is ranked eighth in the state of Texas. Because of the team's high state ranking, they have been invited to compete at the state meet Feb. 24-27 in San Antonio.



Announcements

BAMC Auxiliary

The Brooke Army Medical Center Auxiliary is currently accepting nominations for the 2010-2011 board. The auxiliary supports the patients of BAMC and the military community through service projects and special events. Call 223-6820 for information.

Summer Employment Opportunities

Visit the USA Jobs website for summer employment opportunities at all the military installations around San Antonio. Positions are available for clerical, lifeguards, recreation aides, computer clerks and general laborers. To search jobs, visit <http://jobsearch.usajobs.gov/A9DeptAirForce.aspx>.

Spouses' Club Scholarships

Spouses' Club of the Fort Sam Houston area is now accepting applications for 2011 Scholarships and Welfare distributions.

Applications are available at <http://www.scfsh.com>. Application deadline is April 1. For scholarship info, call 241-0811 and for welfare info, call 789-3861.

SMA Leon L. Van Autreve Sergeants Major Association

The SMA Leon L. Van Autreve Sergeants Major Association meets the third Thursday of each month at 5 p.m. at the Harris Heights Community Center on Patch Road. All active duty, Reserve, National Guard and retired sergeants major are invited and encouraged to attend. Call 221-3887 for information.

Cloverleaf Communicators Club

The Cloverleaf Communicators Club is open to military, family members and civilians who are interested in developing or enhanc-

ing their leadership and communications skills. Meetings are held the first and third Thursday of every month 11:45 a.m.-1 p.m. at San Antonio Credit Union, Stanley Road, in the conference room. Call 916-3406 or 221-8785 for information or visit <http://powertalkinternational.com/>.

Youth Soccer League Registration

The Alamo Heights Fort Sam Houston Soccer League is currently registering boys and girls, 4-18 years old for spring soccer recreational or competitive teams. Visit <http://www.ahfsh.org> or call 725-2283 for information.

Calendar of Events

Feb. 12 Yoakum Walk

The LoneStar Walkers volks-march club will host a 5k and 10k walk starting at Fat Albert's BBQ & Icehouse, 614 Irvine St. in Yoakum. Walks start between 10 a.m. and 1 p.m., finish by 4 p.m. Call 378-4080 or e-mail swrd@gvtc.com.

Chocolate Day at Botanical Garden

Celebrate the story of chocolate with food demonstrations, music and chocolate plants at the San Antonio Botanical Garden, 555 Funston St. Call 207-3255.

Feb. 13 Steel Magnolia CD Signing at the Exchange

Country duo Steel Magnolia will be at the Fort Sam Houston Exchange at 6 p.m. to sign their debut CD.

Feb. 17 MOAA Alamo Chapter

The Military Officers Association of America will hold a luncheon at Air Force Village 11. Social hour begins at 11 a.m. with lunch at 11:45 a.m. Guest speaker is retired Lt. Gen. Loyd Utterback, chief executive officer of Air Force Village. Menu choice is chicken cordon blue or sliced sirloin with mushrooms, \$15 per person. Reserve by Feb. 14, call 228-9955 or e-mail moaa-ac@sbcglobal.net.

REMINDER CALENDAR

- Feb. 11** Military Appreciation Night at the San Antonio Stock Show and Rodeo, 7:30 p.m., AT&T Center
- Feb. 22** FSH Newcomer's Extravaganza, 9:30-11 a.m., Sam Houston Community Center
- Feb. 23** FSH National Prayer Breakfast, 6:30 a.m., Sam Houston Community Center
- Feb. 23** FSH Black History Month Observance, 11:30 a.m.-1 p.m., Roadrunner Community Center
- Feb. 24** Consolidated Retirement Ceremony, 11 a.m., FSH Quadrangle
- Feb. 26** 5K Fun Run/Walk, 9 a.m., Jimmy Brought Fitness Center

Feb. 19 Pflugerville Walk

The Colorado River Walkers volksmarch club will host a 5k and 10k walk starting at the Pflugerville Recreation Center, 400 Immanuel Road in Pflugerville, Texas. Walks start between 8 a.m. and 12 noon, finish by 3 p.m. Call 512-480-0291 or visit <http://www.coloradoriver-walkers.org>.

Feb. 21 Warrant Officer Association Meeting

The Lone Star Silver Chapter of the U.S. Army Warrant Officer Association will meet at 7 p.m. at Chacho's & Chulucci's, 8614 Perrin Beitel Rd. All active duty, retired, Reserve, National Guard warrant officers and family members of current or retired warrant officers are invited. Call 375-9895 or 666-9818.



For Sale: Blue/green Leapster 2, case, charger, and 3 games: Cars, Backyardigans, WALL-E, used for 2 months, \$100. Call 716-307-7747.

For Sale: U.S. Air Force physical training warm-up suit, size X-large long, good condition, \$40; assorted woodland BDUs and desert BDUs, \$5 each. Call 658-1643.

For Sale: 2003 Toyota Tacoma Limited, 20K miles, \$18,500 obo; memory foam sofa, clean, \$175; truck front grill with reversible hitch, like new,

\$375; cargo security shade for medium-size SUV, \$65; baby backpack on frame, \$30. Call 633-3859.

For Sale: Long hair male Chiwawa, shots, registration papers, \$175; female Chiwawa, tiny, registration papers, 9 months old, shots, \$275; 4 foot wide truck bed extender, \$225; Stetson brown felt hat, size 7, \$75; medium-size dog carrier, \$15. Call 221-2690.

For Sale: Oak entertainment center, \$125 obo; Beanie Babies, various styles and prices. Call 550-7371.

For Sale: Kid's chairs, \$5 each; antique large iron wheels, \$100; tall white cabinet, \$50; Cardiogliders exerciser, new, \$175;

Butane/propane tank, 150 gallon, \$425. Call 633-2247.

For Sale: Decorating for various occasions, reasonably priced; playhouse, \$100; boy's boots, size 10, \$25; maternity clothes, one new pant set size 2XL, women's size 18 and up, fair prices; ladies' red leather boots, size 7 1/2, \$60. Call 412-2151.

For Sale: Toddler car seat, \$35; knick knack tables, \$12; oak coffee table, \$95; kid's bike, \$35; Little Tikes desk with attached seat, \$15. Call 219-4327.

For Sale: Entertainment center with many shelves, \$50 obo; 36-inch Toshiba TV, \$275; baby monitor, \$20. Call 289-3130.

Rocco Dining Facility Menu

Building 2745, Schofield Road

Dining Room Breakfast Hours:

Monday-Friday 6:15-8:15 a.m.,
weekends and holidays 8-9:30 a.m.

Friday – Feb. 11

Lunch – 11 a.m. to 1 p.m.

Lemon baked fish, fried fish, barbecued chicken, meat loaf, simmered pig's feet, cottage fried potatoes, red beans and rice, fried cabbage, yellow squash, fried okra

Dinner – 5 to 7 p.m.

Chicken and dumplings, pepper steak, baked ham, broccoli-cheese and rice, steamed rice, baked sweet potatoes, corn on the cob, cauliflower, turnip greens

Saturday – Feb. 12

Lunch – noon to 1:30 p.m.

Hungarian goulash, cheese tortellini, grilled chicken breasts, roast pork, buttered egg noodles, red potatoes, broccoli polonaise, Brussels sprouts, succotash

Dinner – 5 to 6:30 p.m.

Breaded pork chops, herb baked fish, roast turkey, rice frittata, mashed potatoes, Spanish rice, cornbread dressing, mixed vegetables, asparagus, green beans

Sunday – Feb. 13

Lunch – noon to 1:30 p.m.

Grilled pork chops, fried chicken, cheese manicotti, baked fish, mashed potatoes, Mexican rice, corn, lima beans, spinach

Dinner – 5 to 6:30 p.m.

Pork adobo, chili macaroni, lemon baked fish, broccoli-cheese and rice, O'Brien potatoes, rice pilaf, steamed rice, broccoli, carrots, black-eyed peas

Monday – Feb. 14

Lunch – 11 a.m. to 1 p.m.

Creole chicken, baked chicken, Salisbury steaks, spaghetti with meat sauce, oven glo potatoes, red beans and rice, green beans, creole, carrots, zucchini squash

Dinner – 5 to 7 p.m.

Onion-lemon baked fish, roast

pork, barbecued roast pork, Italian-style veal steaks, macaroni and cheese, red potatoes, peas and carrots, cauliflower polonaise, cauliflower

Tuesday – Feb. 15

Lunch – 11 a.m. to 1 p.m.

Beef stir fry, broccoli quiche, beef enchiladas, barbecued spareribs, lemon-baked fish, Spanish rice, steamed rice, O'Brien potatoes, pinto beans, calico cabbage, green beans

Dinner – 5 to 7 p.m.

chicken enchiladas, vegetable stuffed peppers, ginger pot roast, grilled chicken breasts, fried chicken, parsley potatoes, Mexican rice, corn, spinach, Spanish beans

Wednesday – Feb. 16

Lunch – 11 a.m. to 1 p.m.

Roast pork, Cajun baked fish, meat loaf, spaghetti with meat sauce, vegetable lasagna, mashed potatoes, lyonnaise rice,

carrots, herb broccoli, corn on the cob

Dinner – 5 to 7 p.m.

Baked fish, chili macaroni, fried fish, polish sausage, rice frittata, macaroni and cheese, paprika potatoes, steamed rice, broccoli, mixed vegetables

Thursday- Feb. 17

Lunch – 11 a.m. to 1 p.m.

Chicken cacciatore, jaegerschnitzel, baked chicken breasts, Cantonese spareribs, eggplant parmesan, steamed rice, fried rice, parsley buttered potatoes, fried okra, corn combo, Chinese fried cabbage

Dinner – 5 to 7 p.m.

Savory baked chicken, grilled ham steaks, potato frittata, sweet and sour chicken, parsley potatoes, steamed rice, cauliflower, black-eyed peas, green beans

Menus are subject to change without notice