

# FORT SAM HOUSTON News Leader

"HOME OF ARMY MEDICINE"

## Construction brings changes to Fort Sam



Photo by Olivia Mendoza

The north entrance at Scott Road is designated for the proposed construction bubble across from the Harris Heights housing area. This construction bubble is a dedicated construction area that is separated from the rest of the post by an approved security fence, making the area "off post" for all practical purposes, part of an effort to balance construction access onto the post with incoming and outgoing traffic, safety, security, noise and cost.

By Cheryl Harrison  
Fort Sam Houston Public Information Office

Take a drive around the grounds of Fort Sam Houston and one thing is evident; construction is going on all over post. With construction comes more people, more traffic and the inevitable inconveniences involved.

According to Randy Holman, deputy director, Base Realignment and Closure, San Antonio will be the recipient of a lot of missions as a result of BRAC.

"With all the changes coming, there is a need to renovate and expand," he said. "That entails a future of three-and-a-

half years of construction, and the U.S. Army Corps of Engineers has started to launch some of that construction.

"In terms of BRAC, we're dealing with a construction program that's mandated by law, that we must complete, with the mission functions transferred, by Sept. 15, 2011," Holman added.

The San Antonio BRAC Program is a construction and renovation initiative that is intended to provide the facilities and infrastructure necessary to implement the 2005 BRAC legislation. BRAC mandates relocating several

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## AMEDD instructor honored for sacrifices

Story and photo by Elaine Wilson  
Fort Sam Houston Public Information Office

An instructor from the Army Medical Department Center and School received a Purple Heart medal for injuries sustained in Iraq during a ceremony Friday at the Department of Combat Medic Training.

Installation Commander Maj. Gen. Russell Czerw presented the medal to Sgt. 1st Class James Jeane, a tactical trauma instructor for DCMT.

Czerw praised Jeane for his heroism and service. "This is truly a great day, a great honor," he said.

Jeane was wounded Feb. 26, 2006, in Mosul, Iraq, when working with a scout platoon on a raid. After the raid, the platoon chased a suspected terrorist out of the mosque compound. As the platoon followed in a Stryker, they were

struck by a vehicle-borne improvised explosive device, which exploded less than 10 feet from Jeane's position. He was hit in the head by shrapnel.

"He had to learn how to walk and talk again, feed himself again. Think about that as a mission order," Czerw said.

After time spent at Walter Reed Army Medical Center in D.C. and the Veterans Affairs Poly Trauma Rehabilitation Center in Virginia, Jeane was nearly recovered by October 2006. He started teaching at Fort Sam Houston in November 2006.

Jeane said he was determined to stay in the Army and thanked numerous people for helping to make it happen.

"They brought me on board and didn't categorize me as a Traumatic Brain

See **SACRIFICES P5**



Maj. Gen. Russell Czerw, commander, Fort Sam Houston and Army Medical Department Center and School, pins a Purple Heart medal on to Sgt. 1st Class James Jeane's uniform Friday at the Department of Combat Medic Training.

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# Commander stresses holiday safety

By Maj. Gen. Russell J. Czerw  
Commander, Fort Sam Houston and AMEDDC&S

We will celebrate Presidents Day Monday, paying homage to all of the distinguished individuals who have held the highest office of our nation. This holiday weekend is set aside for Families and friends to honor those who have served as our president. Every effort must be made to make it safe and enjoyable for all.

Safety success continues to be attributed to composite risk management factors.

- Leadership involvement, which equates to command emphasis on safety.
- The importance of improving the Soldier's ability to identify hazards, assess

the risks those hazards impose, and implement controls to mitigate those risks.

- Enforce and adhere to standards set by leaders and Soldiers.
- Improve self-discipline.

We must continue to live by these CRM factors for success during our everyday activities.

In the first quarter of fiscal year 2008, accidents claimed the lives of 31 Soldiers. These accidents are a result of a serious breakdown of managing risks. Privately owned vehicle accidents continue to kill more Soldiers than all other accidents. POV safety is critical and must be stressed during pre-holiday safety briefings.

Commanders and noncommissioned officers must be personally involved to influence the safety climate, risk management practices, leadership, and high performance of your Soldiers. Ensure your safety briefings address seat belt use, dangers of operating a POV when fatigued, speeding, drinking alcoholic beverages, and other off-duty activities.

People do not become a holiday statistic if they remain alert to the hazards and use composite risk management to reduce, or avoid them. Remember our nation needs you. Take care of yourselves and your Families. Let's keep this holiday weekend accident free. Be safe and enjoy the holiday.

# Army tests enlistment incentive in San Antonio

The Army has begun offering an enlistment incentive to prospective recruits in five test markets, to include San Antonio.

The incentive provides money to make a down payment on a home or funds to help start or buy a business.

Through the new Army Advantage Fund, a person who joins the regular Army for a five-plus year enlistment and chooses a qualifying military job is eligible for up to \$40,000. Those enlisting in the Army Reserve are eligible for up to \$20,000 for a five-plus year enlistment.

The Army started offering the AAF Feb. 5 in five test markets: Albany, N.Y.; Cleveland; Montgomery, Ala.; San Antonio; and Seattle.

Results in the test markets will determine whether the program is eventually offered nationwide.

The AAF reflects research showing nearly all young Americans value home and small business ownership because they offer independence and financial security. But they also believe buying a

house is harder than it was for their parents and that starting a small business is a major financial challenge.

"America's Soldiers truly are the strength of our nation, and they deserve the best support, stability, and compensation available in return for their dedication to our country," said Lt. Gen. Benjamin

Freakley, commanding general of Accessions Command. "The Army has a long legacy of preparing young Americans for success through skills training and education-based programs such as the G.I. Bill and the Army College Fund. This new offering demon-

See INCENTIVE P5



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## News Briefs

### 2008 San Antonio Stock Show & Rodeo

#### Military Appreciation Days

The 2008 San Antonio Stock Show and Rodeo Military Family Appreciation Day will be held Friday. Active-duty military personnel and their Families will receive free admission to the grounds with a military ID card. The Stock Show and Rodeo combined Military Appreciation Day with their Dollar Day, which feature rides, hot dogs, popcorn and sodas in the carnival for \$1 each. Military Families can upgrade their admission to also attend the rodeo by purchasing a rodeo ticket for \$6 at the southwest corner of the AT&T Center. Parking admission is not included. For more information, call 221-9904 or 221-1151.

#### Quadrangle closure

The Quadrangle will be closed today from 6 a.m. to 12 p.m.

#### Museum closure

The Fort Sam Houston Museum will be closed Sunday in observance of Presidents Day. The museum will reopen to visitors Wednesday. For more information, call 221-1886.

#### Black History Month observance

The 232nd Medical Battalion will host the 32nd Medical Brigade's Black History Month Commemoration Feb. 28 from 6:30 to 7:30 p.m. at the Hacienda Recreation Center. The event is free and open to all initial entry training students. For more information, call Staff Sgt. Prince at 221-3748.

#### Anniversary of first military flight

Fort Sam Houston will celebrate the 98th anniversary of Lt. Benjamin Foulois' first military flight March 3 at 11 a.m. at the main post flagpole on Stanley Road. Col. Walter Golden, deputy commanding general and assistant commandant, Fort Rucker, Ala., will be the keynote speaker. The ceremony is hosted by The Stinsons Flight No. 2, Order of the Daedalians and the Jack Dibrell/Alamo Chapter of the Army Aviation Association of America. The public is invited. Inclement weather site is Blesse Auditorium, Willis Hall, on Stanley Road.

#### Tax time

The Fort Sam Houston Garrison Tax Center is located in Building 133, immediately behind the Office of the Staff Judge Advocate, and the BAMC satellite office is located in the basement level of BAMC, in suite L46-8B. The garrison and BAMC centers are taking appointments. To schedule an appointment with the garrison tax center, call 295-1040; for the BAMC tax center, call 916-1040.

See NEWS BRIEFS P4

# Colombian army commander visits U.S. Army South

By Eric Attkisson  
U.S. Army South Public Affairs Office

Gen. Mario Montoya Uribe, Colombia's national army commander, visited the U.S. Army South headquarters in San Antonio last week.

A veteran of more than 35 years in uniform, Montoya's career prior to assuming his army's highest post included commands at the company, battalion, brigade and division level, as well as assignments as the cavalry school director, commander of the Caribbean Joint Command and army intelligence director.

"For the nearly 40 years this man has served in uniform, his country has been at war," said U.S. Army South Commander Maj. Gen. Keith Huber, introducing Montoya to his staff. "It's hard for any of us to imagine what that must be like. It's incredible."

Montoya thanked Huber and his staff for their nation's unwavering support over the years.

"For us," he said, "you are the best friends. You are the best allies."

"Everybody in my country believes you are the best friends," he added.

During the course of his briefing to the U.S. Army South staff, Montoya highlighted his army's impressive success against the Revolutionary Armed Forces of



Photo by Doug Meyer

Gen. Mario Montoya Uribe (left), the Colombian army commander, briefs the staff of U.S. Army South Jan. 29 about his army's remarkable progress against the Revolutionary Armed Forces of Colombia. Seated to the right is U.S. Army South commander, Maj. Gen. Keith Huber.

Colombia, or FARC. Through a combination of political and military efforts, including generous amnesty programs and a stronger army presence in areas previously dominated by the FARC, Colombia has seen the FARC's numbers drop from a peak of around 16,900 in 2001 to a current estimate of 8,500.

See COMMANDER VISITS P7

# U.S. Army South commander addresses AUSA

By Sgt. 1st Class Dave Thompson  
U.S. Army South Public Affairs

A robust crowd of about 250 Soldiers and civilians of the Association of the U.S. Army Alamo Chapter met at the Sam Houston Club for a luncheon Feb. 4 to enjoy a catered meal and to hear an uplifting speech by Maj. Gen. Keith Huber, commanding general of U.S. Army South.

The general began with a story of how he had asked a sergeant major to guess the number of general officers currently serving in the Army, to which the response was, "Too many."

Huber then said, with self-deprecating humor, "I may well be the example of people getting promoted out of curiosity."

Huber thanked the Soldiers and their Families and told them he was honored and humbled to be among them.

"When I talk to parents who have loaned their most precious

resources, their sons and daughters [to serve in the military], I am amazed at their strength and resolve," said Huber. "The human dimension of our profession is that we ask people to die for their country. Our Families are the heroes."

The general spoke of the mission of U.S. Army South and its vital role to promote security, stability and prosperity with partner nations in the Americas. He outlined his vision to take U.S. Army South from an acronym (referring to the old nickname USARSO) to a fresh prospective of cultural awareness and cooperation.

"We defend and protect and set the conditions that any Family would want," said Huber. "We are here to ask [nations in Latin America and the Caribbean] how we can make a contribution to their team and allow them to serve as a stabilizing factor



Courtesy photo

Maj. Gen. Keith Huber, U.S. Army South commander, receives an award from Association of the U.S. Army Alamo Chapter's retired Command Sgt. Maj. Dennis Lafferty at an AUSA luncheon Feb. 4.

in their region."

Since its inception in 1950, AUSA has worked to support all aspects of national security while advancing the interests of America's Army and the men and women who serve.

The luncheon concluded with an awards ceremony honoring Huber and two others.

## News Briefs

from P3

### National Prayer Breakfast

The Fort Sam Houston National Prayer Breakfast will be held Feb. 22 from 6:15 to 8 a.m. at the Sam Houston Club. The guest speaker will be Chaplain (Brig. Gen.) Donald Rutherford, Army deputy chief of chaplains. The cost is a \$2 donation. Tickets will be available starting Monday and can be purchased through a Unit Ministry Team.

### Security officers needed

Walden Security is accepting applications for security professionals to fill immediate openings at Fort Sam Houston. The requirements are a high school diploma or GED, ability to pass a background check, drug screen, and reliable transportation. Ideal candidate is customer-service focused with security experience. Competitive pay and benefits are offered. To apply, stop by 2404 New Braunfels Ave. at Fort Sam Houston or call 221-1786.

### Wilford Hall Neurology Clinic moves

The neurology clinic at Wilford Hall Medical Center will move from the hospital's third floor to the sixth floor as part of the Base Realignment and Closure process. The clinic phones and computer systems will be down for up to 48 hours secondary to the move and will hopefully have a minimal impact on patient access. However, patients requiring immediate refills or care should call their primary care physician for assistance. Patients will check in on the sixth floor beginning Monday.

### Wilford Hall Podiatry Clinic moves

The podiatry clinic at Wilford Hall Medical Center has moved from the hospital's second floor to the basement. The clinic provides comprehensive medical and surgical treatment of a wide variety of foot and ankle disorders. The clinic also provides lower-extremity evaluation for custom and over-the-counter orthotics. Patients now check in at Room BA92. For more information, call 292-4122.

# President addresses military Families

## Programs focus on Family care improvements

WASHINGTON — President George W. Bush discussed the vital role of military Families, including Army Families, during the Jan. 28 State of the Union address to the nation from Washington, D.C.

Army leaders appreciated the president's important remarks and echoed many of them, noting Army plans to expand Family assistance efforts under the Army Family Covenant while continuing improvements to many existing services.

"Our military Families also sacrifice for America," Bush said. "They endure sleepless nights and the daily struggle of providing for children while a loved one is serving far from home. We have a responsibility to provide for them. So I ask you to join me in expanding their access to childcare, creating new hiring preferences for military spouses across the federal government, and allowing our troops to transfer their unused education benefits to their spouses or children. Our military Families serve our nation, they inspire our nation and tonight our nation honors them."

"Military Families make extraordinary sacrifices as their loved ones advance the cause of freedom around the world," said Army Secretary Pete

"Our military Families also sacrifice for America. We have a responsibility to provide for them. So I ask you to join me in expanding their access to childcare, creating new hiring preferences for military spouses across the federal government, and allowing our troops to transfer their unused education benefits to their spouses or children."

President George W. Bush

Geren. "Military Families hang together. They help each other out — neighbors helping neighbors. In the military, the bond of Family extends beyond bloodlines. Military Families take care of military Families."

"We're absolutely committed to ratcheting up what we're doing for our Families," said Army Chief of Staff Gen. George W. Casey Jr. "We're re-expressing our support for Families and our prioritization of Families and putting our money where our mouth is."

The Army recognizes the sacrifices by Families and is working to deliver a quality of life that military Families so often have forfeited by virtue of frequent relocation or isolation. Proposed initiatives requiring legislative changes for Army Families include:

- Make GI Bill Benefits Transferable.

The Montgomery GI Bill generally covers 36 months of education at a value of about \$40,000. Today, 97 percent enroll, but only 70 percent actually use the benefit; and very few use all of it. This initiative would allow transfer to Family members of the unused benefit.

• **Enhance Military Spouse Careers.** Military Families move every few years. This initiative would provide richer opportunities to gain or sustain a promising career. This proposal would significantly expand an existing pilot program allowing military spouses to continue education at local universities or technical schools; create merit-based military spouse internships within the federal government to open the door to a possible federal

See PRESIDENT P6

# Garrison receives CFC Gold award

Story and photo by Olivia Mendoza  
Fort Sam Houston Public Information Office

The Fort Sam Houston U.S. Army Garrison was presented the Superior Achievement Gold Award for the 2007 Combined Federal Campaign Feb. 7 at Army Community Service.

Additionally, 65 organization workers were recognized for their hard work and dedication and received a Certificate of Appreciation for Outstanding Service from Garrison Commander Col. Wendy Martinson.

"The real testament is everyone was very dedicated at this installation in doing good deeds," said Martinson. "The truth is we all surpassed the goal by 14 percent with the help of the organization workers and the marketing strategy."

The 2007 CFC ran from Sept. 11 to Nov. 21 with a goal of \$102,952. The

garrison exceeded that goal with donations totaling \$117,060.62.

Martinson complimented Cynthia Taylor, Fort Sam Houston CFC project officer, by saying, "Cynthia did a tremendous job in motivating and encouraging everyone to participate in this most important event."

Pamila Richter, loan executive officer for the CFC, presented the Gold Award to Martinson and thanked the garrison for the support and help in exceeding the goal for 2007.

In closing, Martinson asked all the organization workers to stand and be



Col. Wendy Martinson (center), commander, U.S. Army Garrison, accepts the Gold Award for the U.S. Army Garrison 2007 Combined Federal Campaign during a ceremony Feb. 7 at Army Community Service. On hand for the presentation were Cynthia Taylor (left), Fort Sam Houston CFC project officer, and Pamila Richter, loan executive officer for the CFC.

recognized for their commitment in representing the Army community.

### SACRIFICES from P1

Injury or a wounded warrior, they treated me like everyone else," Jeane said.

"When you run into wounded warriors, don't draw conclusions," Jeane added. "Just do what you can to help out."

In his remarks, Jeane thanked his wife, Sunshine, for her support through the years. The couple have five children, ages 12, 8, 6, 4 and 1.

Also at the ceremony were several members of The Military Order of the Purple

Heart, which is an organization of wounded combat veterans. The organization's members attend just about every Purple Heart ceremony as well as visit wounded warriors in recovery.

"We can't go back to combat to help our comrades who didn't make it, but we can help the servicemen and women coming back now," said Antonio Roman, Texas chief of staff, Military Order of the Purple Heart. "We've been there so we can relate to what they're going through. Visiting

with them doesn't just help heal them, it heals us too."

The Purple Heart is the oldest military decoration in the world presently in use and the first American award made available to the common Soldier. The decoration is awarded to members of the U.S. armed forces who are wounded by an instrument of war in the hands of the enemy. It is also awarded posthumously to the next of kin in the name of those who were killed in action or die of wounds received in action.

### INCENTIVES from P2

strates the Army continues to understand what young Americans consider critical to their future."

People in the five test markets eligible for AAF must meet the following criteria:

- No prior military service
- For Regular Army or Army Reserve enlistees
- Must join for three to five years, depending on AAF bonus amount the enlistee desires
- Must choose an eligible Military Occupational Specialty
- Be a high school senior (as

long as graduating with a diploma) or a high school graduate (includes home-schoolers)

Score within categories I-III (minimum score: 50 percent) on the military aptitude test.

Soldiers and Army civilians can get \$2,000 for each person they refer who enlists, completes basic training and graduates advanced individual training.

For more information on the Army Advantage Fund, visit <http://www.armyadvantagefund.com>.

(Source: U.S. Army Recruiting Command)

**PRESIDENT from P4**

service career; and grant military spouses direct-hire status for placement in suitable jobs anywhere in the federal government.

- **Enact "Dole-Shalala" Commission Recommendations.** The president urged Congress to act promptly on the proposals put forward by the bipartisan Commission on Care for America's Returning Wounded Warriors headed by Bob Dole and Donna Shalala.
- **Quality Childcare.** Two-

thirds of military Families stationed in the United States live off base, sometimes in remote areas. They consistently report difficulty in locating childcare, especially for infants, at the price and quality available at on-base facilities. Sometimes the on-base facilities need more capacity. This initiative would establish joint ventures with the private sector to make the same high-quality care presently provided on base to all military Families, at a

comparable price. At the same time, the Army would accelerate its plan for the construction of additional or expanded on-base childcare facilities where that is appropriate.

Beyond these ongoing and planned initiatives, the U.S. Army is committed to the Army Family Covenant of services and facilities for Army Families nationwide and overseas. This covenant formally recognizes the sacrifices made on the home-front while the Army is at

war and pledges funding for existing Family programs and services; increases the accessibility and quality of health care; improves Soldier and Family housing; ensures excellence in schools, youth services and childcare; and expands education and employment opportunities for Family members.

Last year, the Army moved \$100 million into Family support programs to jump-start Family programs. Examples included hiring additional full-time staff in Army Community Services as well as expanding childcare, respite care and youth services. The Army is reworking future budgets to sustain this increased level of investment in Families. The Army Family Covenant represents a \$1.4 billion commitment this year to improving the quality of life for Army Families.

The Army has listened to the feedback of Families and acted on their behalf. For example, on Army installations across the nation construction is booming. To support a growing force and their Families, more than 42 child development centers have been built, with 133 more programmed in the coming years. 20,000 family housing units have been built or renovated, with 59,000 more scheduled.

To overcome the limitations of geography for those

families not living near an Army post, the Army is establishing the Army Integrated Family Support Network. This communications network promotes efforts integrating and synchronizing Family support services. These include basic services, such as information, referrals and training for Family Readiness Groups. It also jump starts funding for 80 community liaisons, the eArmyFamily messaging system, as well as new training for Army Community Service and reserve Family-program staff.

In the area of childcare and youth services, the Army has eliminated garrison childcare registration fees, eliminated off-post childcare registration fees in Army off-post programs, and eliminated fees for extended duty day childcare. For Wounded Warriors, the Army reduced full and part-day childcare fees in Army-operated or sponsored childcare programs, and now provides free hourly care in Army-operated programs during medical appointments.

Army leaders across the nation have led in implementing these improvements, in order to provide Soldiers and Families a quality of life that is commensurate with their service.

(Source: U.S. Army News Release)

**COMMANDER VISITS from P3**

In 2007 alone the Colombian army fought 2,581 engagements that resulted in the capture of 5,233 terrorists, the death of 2,970 more, and the voluntary surrender of 1,404. Attacks against the people and infrastructure of Colombia have dropped dramatically, as has the number of hostages in captivity, from around 800 in 2005 to a current estimate of 450. Among them are three U.S. contractors captured in February 2003.

"Remember the first law of the Romans," said Montoya. "Security. You know that if there is no security, there is no social investment, there is no economic development, there is no freedom."

The improved security in Colombia has borne impres-

sive results: unemployment is down and imports, exports, tourism, foreign investment and the gross domestic product have all risen dramatically in recent years.

But as Montoya himself concedes, there is still much work to be done.

This July in Bogotá, the Colombian army co-hosts the annual Senior Enlisted Leaders Conference, a forum led by U.S. Army South that brings together enlisted leaders from throughout Latin America and the Caribbean to discuss the professionalization of their respective non-commissioned officer corps.

A few years ago, Colombia built a command sergeants major academy modeled after the U.S. Army's, part of a continuing effort to transform the way their own army operates and fights in a conflict that has

spanned the entirety of Montoya's distinguished career.



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# Fort Sam civilian earns award for selfless service

By Elaine Wilson  
Fort Sam Houston Public Information Office

Grady Peavy Jr. is a well-liked man, yet many people dread the sight of him. He's had doors slammed in his face, been cursed at and left standing in driveways for hours.

But he doesn't take any of it personally. As part of a casualty and mortuary affairs team, Peavy understands the denial, and grief.

"When Family members see the government car and notification officer, particularly if they have a deployed Soldier, they know," said Peavy, a mortuary affairs officer at Fort Sam Houston. "And they don't want to let you in, because they don't want it to be real."

Peavy joins just about every team, comprising an officer and chaplain, making a notification in the local area. He is not required to go; he chooses to do so to answer questions the team may not be able to.

Peavy's desire to go above and beyond is just one of the many reasons he was presented with a Legion of Honor Award Feb. 2 in Schulenburg, Texas, by The Chapel of Four Chaplains, a nonprofit organization

that advocates cultural harmony and religious tolerance.

The Legion of Honor Award publicly recognizes and honors people whose lives model unconditional service to community, nation and humanity without regard to race, religion or creed, according to the Four Chaplains Web site. Distinguished recipients of the Legion of Honor Award include Presidents Harry Truman, Dwight Eisenhower, James Carter and Ronald Reagan.

"It was a huge honor," said Peavy. "It was a chance meeting that led to this award, but one I'm grateful for."

Peavy said his first encounter with the Four Chaplains organization was at a Burger King on his way to a military funeral in Houston.

The group struck up a conversation with Peavy, having seen him in the restaurant many times. One man in particular, Robert Baker, was impressed when he learned about Peavy's job and decided Peavy would be a perfect candidate for the award.

"I talked to him about what he does; he has a hard job, a thankless job," Baker said. "But he always has a nice smile and a way about him. This award is for selfless, sacrificial service

to the community, and he goes out of his way for others."

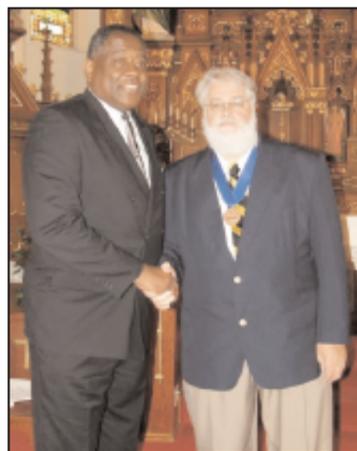
Peavy is one of six casualty and mortuary affairs personnel at Fort Sam Houston. He is responsible for assisting Family members with funeral arrangements, as well as providing benefit information. The office is busy with a territory of 63 counties in Texas.

Part of his job entails attending funerals to oversee the military portion of the ceremony.

"Among other tasks, we ensure the flag is cased and presented properly," Peavy said. "The Families are happy to see us. They don't expect us to come but are grateful that we're doing this for their son or daughter."

If a Soldier was killed in support of Operations Iraqi or Enduring Freedom, a general officer attends the funeral to present the American flag to the Family. Peavy recalls one general who was particularly concerned about the details of the ceremony, wanting to ensure everything was perfect.

"I found out later his son had been killed in Iraq," Peavy said. "I understood then why he cared so deeply about the details. He knew each Family member deserved the absolute



Courtesy photo

Robert Baker (right), from The Chapel of Four Chaplains organization, congratulates Grady Peavy Jr. for earning the Legion of Honor Award, which was presented to Peavy Feb. 2 in Schulenburg, Texas.

best."

Peavy also arranges for Families to be by their loved one's bedside when a doctor determines that the visit is necessary to recovery or the prognosis is poor. While combat wounds are a

See **SELFLESS SERVICE P11**

# MWR facilities shine in Army competition

By Jennifer Morris  
Morale, Welfare and Recreation

Each year, Fort Sam Houston's Hacienda Recreation Center and Harlequin Dinner Theatre compete in the Army's Festival of the Arts and Recreation Program Events Competition.

In June, both facilities entered into the competition: the Harlequin with the play "Proposals" and the Hacienda with the Better Opportunities for Single Soldiers' variety show, "At the Copa."

After months of waiting, the results of the competition are in – both facilities won a variety of awards.

The Harlequin swept the competition in the play production category. "Proposals" was awarded first place in the following categories: Outstanding Production of a Play, Outstanding Direction - Bruce Shirky, Outstanding Set Design - Bruce Shirky and William Champlin, Outstanding Lighting Design - Bruce Shirky and William Champlin, Outstanding Costume Design - Yvette Oakes-Crabtree, Outstanding Performance by an Actor in a Leading Role - Jim Parker, Outstanding Performance by an Actress in a Leading Role - Danielle King, Outstanding Performance by an Actor in a Supporting Role - Ryan

Jeanes, and Outstanding Performance by an Actress in a Supporting Role - Elisabeth Anne Wenzel.

The Harlequin also received third-place awards for "Proposals" in the following categories: Outstanding Performance by an Actress in a Leading Role - Sarah Manacapilli, Outstanding Performance by an Actor in a Supporting Role - Frankee Harris, and Outstanding Performance by an Actress in a Supporting Role - Dyane Hayes.

The Hacienda and BOSS production of "At the Copa," a musical variety show, won top honors as well. The production won first place in the following categories: Outstanding BOSS Variety Entertainment Production, Outstanding Producer - Ben Paniagua, Outstanding Director - Ben Paniagua, Outstanding Emcee - Ivella Dennis and Staff Sgt. Cornelius Whitaker, Vocal Soloist - Male - Pvt. Marvin Zapf, Vocal Soloist - Female - Staff Sgt. Antoinette Boukouch, Instrumental Group - The Tracie Lynn Band, Outstanding Vocal Group - Zapf and Whitaker, Outstanding Set Design - Robert Breazeale, Outstanding Lighting Design - Breazeale, Outstanding Sound Design - Greg Trest and Outstanding Costume Design - Dixie Wertz.



Courtesy photo

Michael Waldrop (left), deputy to the garrison commander, congratulates award recipients from the Hacienda Recreation Center and Paul Matthews, director, Family and Morale, Welfare and Recreation, during the MWR Quarterly Awards Recognition Presentation.

"At the Copa" also received second-place honors for the outstanding vocal group comprising Boukouch and Ivella Dennis, and third place for an instrumental solo by Pvt. Christopher Rossi.

For their awards, the Harlequin Theatre and Hacienda Recreation Center each received \$5,000.

Not only did both the Hacienda and Harlequin come away with accolades and honors, but Fort Sam Houston was awarded first place in the Garrison Awards for the 2007 competition due to the outstanding showing

by BOSS and the Harlequin.

Ben Paniagua, Hacienda manager, has been involved with this festival for more than 20 years and serves as the installation's point of contact. His duties this year consisted of coordinating the production guides for both the Harlequin and BOSS Program and producing and directing the BOSS presents "At the Copa" variety show entry.

"It is a great honor to guide these Soldiers to team up and create an award-winning production," Paniagua said.

## Housing extends mock billing until May

Lincoln Military Housing has extended mock utility billing until May for Fort Sam Houston residents. The first actual bills will be mailed out in June.

Lincoln Military Housing has been issuing mock bills since July under the Resident Utility Program.

To date, residents have received six mock bills from Ista, the third-party-billing company hired by LMH. Ista is responsible for calculating baselines for each profile, distributing mock bills, and ultimately the actual bill to the resident.

The mock bills distributed to residents have identified their consumption baseline, actual consumption, and the mock charge or credit due as a result of exceeding or falling below their baseline. Under the program, residents are rewarded for energy conservation or charged for excess utility consumption.

During this six-month period, housing has evaluated the program and is implementing changes to smooth the transition into actual billing:

- As mentioned, mock billing will be extended to May.
- The current "baseline" will be increased by adding a 10 percent buffer above and below the average baseline. Residents will be responsible for usage above the buffer zone and LMH will reimburse residents for savings below the buffer zone. February invoices should reflect the increased baselines.
- Neighborhood meetings are being held to explain the Resident Utility Program.

Other than the changes listed above, the Resident Utility Program will continue to be processed as identified below:

### Monthly Baseline Consumption Calculation

- All homes of same or similar size are considered one profile.
- The established profile of homes is used to calculate the specific baseline consumption.
- To calculate the current baseline consumption per profile:

- Remove any home of zero usage from profile
- Remove unoccupied homes from profile
- Remove partial homes of partial billing periods (move-ins/move-outs)
- Remove top 5 percent and bottom 5 percent of high- and low-energy consumers
- Calculate baseline consumption per profile
- The average is considered the baseline per profile

- A 10 percent buffer above and below the average baseline will be identified. The resident will be responsible for usage above the buffer zone and LMH will be responsible to reimburse the resident for savings below the buffer zone
- Residents are only responsible for their consumption of gas and electric. Water will not be a factor in the Resident Utility Program.

LMH continues to review monthly consumption and is repairing or investigating homes with spikes in consumption, homes with extremely low consumption and maintenance concerns.

Other items that LMH is reviewing globally:

- Tracking exterior lighting to ensure light poles are metered separately or resident receives credit for light poles' consumption. Credit letters will be issued prior to start of actual billing.
- Review of all profiles to ensure homes are placed in proper profiles.
- Completing maintenance repairs as requested by residents - air filter changes, weather stripping, inspecting HVAC systems and hot-water heaters.

If a resident discovers or suspects exterior lighting is attached to their home, they should contact LMH at 270-7638. Residents should also contact LMH or ista at [www.ista-direct.com](http://www.ista-direct.com) with any questions or concerns about mock billing.

(Source: Residential Communities Initiative)

## Post Pulse

How do you keep the spark of romance glowing everyday, not just on Valentine's?



*"I try to balance my time with the needs of my wife. I give her space and individual time for the things that are important*

*to her, because she gives so much time to me."*

**Capt. Lonnie Hodges, U.S. Air Force, assigned to U.S. Army Graduate Program in Anesthesia Nursing**

*"Mostly through humor. We laugh together a lot."*

**Carolyn Lancaster, wife of a retired Army Soldier**



*"I make sure to focus on doing the little things. I've been married to my wife, Desiree, for 14 years and those are things that*

*seem to get forgotten."*

**1st Lt. Chris Spencer, 350th HRC, Fort Sam Houston**

*"I just stay happy and humble. It is easy to be humble when you are with someone you love as much as they love you."*



**Pfc. Jessica Banda, C Company, 187th Medical Battalion**



Photo by Esther Garcia

## Mardi Gras celebration

(Left) Sgt. Emanuel Herrera and Lt. Col. Ray Rivas enjoy themselves during the Mardi Gras party held at the Warrior and Family Support Center Feb. 5. The center celebrated Mardi Gras with traditional Mardi Gras food, such as gumbo with white rice, and for dessert, cake and cookies. The Warrior and Family Support Center, located at the Powless Guest House, is a place where wounded warriors and their families can come by and relax between their doctor's appointments and enjoy a variety of activities coordinated by Judith Markelz, program manager. Herrera said Judith helped him overcome his fear of mingling in crowds and began visiting the center. "Everyone takes care of each other here," he said. He likened Judith to the lady who lived in a shoe with too many children and didn't know what to do. "Judith has so many warriors, she doesn't know what to do," said Herrera.

### Blood is fluid of life

The Brooke Army Medical Center Blood Bank is running critically low on AB negative blood. Akeroyd Blood Donor Center is reaching out to you for your support to accomplish a mission for life. To donate blood now, call the Akeroyd Blood Donor Center at 295-4655 or 295-4989.



## SELFLESS SERVICE from P9

common reason, Peavy assists with illnesses and injuries as well.

"If the Family lives outside of a 50-mile radius, the Army will pay for up to three primary Family members to come to the hospital," Peavy said. "Our responsibility is to get the invitational travel orders to get the Family to the bedside. Every detail is important. When you're dealing with people's lives, you can't drop the ball."

Most of Peavy's time is spent discussing benefits with Family members, a conversation that usually takes place just weeks after the funeral.

"It takes a special person to do what he does," said James Stokes, chief, Casualty and Mortuary Affairs. "It's a rewarding job, but a tough one to do."

His job may be tough, but Peavy is known for his warmth and positive spirit, one that he attributes to his religion. "I believe that when people die, they're not there anymore," Peavy said. "My satisfaction comes from knowing that I am helping the Family."

### Kennedy High School JROTC visits post



Photos by Esther Garcia

Col. Mustapha Debboun, chief, Medical Zoology Branch, welcomes Kennedy High School Junior ROTC students, from San Antonio, to the "bug" lab located at the Army Medical Department Center and School. Debboun answered questions about the new mosquito tent developed by the Army for use by Soldiers in the battlefield. The students then had the opportunity to look at different species of bugs on display and through microscopes. The students also visited the motor pool to learn about other military occupational specialties, stopped at the Jimmy Brought Fitness Center and ended their tour with lunch at the Rocco Dining Facility.



Junior ROTC students from Kennedy High School visit the patient simulator room Feb. 6 as part of their tour of Fort Sam Houston. Edward Norwood, chief, administration/operations, Department of Combat Medic Training; and Christopher Kwader and Kevin Moore, instructors for the course, provided an overview of the combat medic course, talked about their experiences in the military and the importance of continuing their education.

**Fort Sam Houston Fiesta & Fireworks T-Shirt Design Contest**

**Calling all artists!**  
The Fort Sam Houston military and civilian community is invited to participate in the post's Fiesta & Fireworks T-Shirt Design Contest.

Fort Sam Houston Fiesta & Firework place April 20 beginning at 1 p.m. and at 9 p.m. Events include entertainment military equipment display, carnival rides and drinks.

Design format: 8 inches wide by 10 inches long, and must represent Fort Sam Houston. Select no more than five bright colors for the T-shirt.

Submit entries via e-mail to [lucille.miller@us.army.mil](mailto:lucille.miller@us.army.mil) or [esther.garcia1@us.army.mil](mailto:esther.garcia1@us.army.mil) or bring a DVD to Building 124, Lucy Miller, Morale, Welfare and Recreation, or Esther Garcia, Public Affairs Office.

Deadline: Feb. 29  
Judging will take place March 4 by senior leadership from the various tenant commands.

Prizes: One winner will be selected. A military winner will receive \$100 cash, the first printed T-shirt, framed, and \$100 for the company/unit fund. A civilian winner will receive \$100 cash and the first printed T-shirt, framed. The T-shirt will be sold at the post fiesta event.





# Sports

## Race to the Top

Can you make it all the way? Stop by the Jimmy Brought Fitness Center March 10 to 14 to prove you've got what it takes to make it to the top. This month the goal is to reach the top of the Tower of Americas, a total of 952 steps on the stepmill machines at the fitness center. This competition is

free and T-shirts are \$10. For more information, call 221-1234 or 221-2020.

## Intramural volleyball

Intramural volleyball begins Monday for men's, women's and coed volleyball teams. For more information, call 221-3185 or e-mail earl.t.young@us.army.mil.

## Intramural golf

Coaches meetings for intramural golf will be held Tuesday, March 11 and 18 from 12 to 1 p.m. at the Fort Sam Houston Golf Course. Rosters are due March 18. The league begins April 1 at 5:30 p.m. For more information, call 221-4388 or 221-3185, or e-mail earl.t.young@us.army.mil.

## Intramural flag football

Letters of intent for spring flag football are due April 4. A coaches and rules meeting will be held April 8 at 1 p.m. at the Brigade Gym. The season begins April 14. Send letters of intent to Earl Young, 1212 Stanley

Road, Building 124, Suite 20, Fort Sam Houston, Texas 78234. For more information, call 221-3185 or e-mail earl.t.young@us.army.mil.

## Intramural softball

Letters of intent for intramural spring softball are due March 3. A coaches and rules meeting will be held March 11 at 1 p.m. at the Brigade Gym. The season begins April 7. Send letters of intent to Earl Young, 1212 Stanley Road, Building 124, Suite 20, Fort Sam Houston, Texas 78234. For more information, call 221-3185 or e-mail earl.t.young@us.army.mil.

## Intramural soccer

Letters of intent for intramural soccer are due March 3. A coaches and rules meeting will be held March 10 at 1 p.m. at the Brigade Gym. The season begins April 7. Send letters of intent to Earl Young, 1212 Stanley Road, Building 124, Suite 20, Fort Sam Houston, Texas 78234. For more information, call 221-3185 or e-mail earl.t.young@us.army.mil.

## Intramural tennis

Letters of intent for intramural tennis are due April 2. A coaches and rules meeting will be held April 7 at 1 p.m. at the Jimmy Brought Fitness Center. The season begins April 14. Send letters of intent to Earl Young at the Brigade Gym. For more information, call 221-3185 or e-mail earl.t.young@us.army.mil.

## Basketball camp

The Ten Star All Star Basketball Camp will be taking applications from boys and girls ages 10 to 19. Players selected to the All American Team may be eligible for a college basketball scholarship. Summer camp is available for boys and girls ages 6 to 18 of all skill levels. For more information, call 704-373-0873 or visit [www.tenstarcamp.com](http://www.tenstarcamp.com).

## Intramural basketball standings

| Feb. 7          | Win | Loss |
|-----------------|-----|------|
| Team            |     |      |
| MRTC Magicians  | 8   | 2    |
| East Recruiting | 6   | 4    |
| ISR             | 6   | 6    |
| USARSO          | 6   | 7    |
| ARNORTH         | 5   | 7    |
| ACA Hawks       | 4   | 6    |
| NOSC Navy       | 2   | 6    |
| WTB             | 2   | 8    |



# Health

## Is smokeless tobacco worth using?

By Brad Taft

U.S. Army Center for Health Promotion and Preventive Medicine

"Smoking is bad. I know that. But look, I don't smoke, I chew. That's a lot better choice, right?"

That depends.

Chewing tobacco is a choice that depends on two things: what you want to get out of using smokeless tobacco and the price you're willing to pay to get what you want.

You are the Army's most important asset. Nothing should get in your way as you live out your strength of character, your strength of will and your strength of purpose.

The problem is that smokeless tobacco does get in your way because it is highly addictive. The drug nicotine makes smokeless tobacco addictive, and the amount of nicotine you get from a dip of chewing tobacco is three to four times the amount delivered by a cigarette.

Just like any other addiction, addiction to smokeless tobacco takes things away from you:

- Money — each year hundreds of dollars of your hard-earned money gets put in your mouth and then spit out.
- Health — you may develop problems with your teeth, mouth and stomach from the chemicals in smokeless tobacco; as well, there's the possibility

of heart problems and cancer.

- Priorities — everything starts to revolve around you being able to have a chew.

If you can't get through the day without chewing tobacco then you probably are addicted.

According to the U.S. Centers for Disease Control and Prevention, the nicotine in tobacco makes it as tough to break free of addiction to heroin or cocaine.

However, you can free yourself from smokeless tobacco addiction. The annual Great American Spit Out is Feb. 21. The Army Toolkit for GASpO 2008 has some good resources as do

the sites listed below. Check them out and talk to your health care provider about beating the addiction to smokeless tobacco.

- Army Toolkit — GASpO 2008 <http://chppm-www.apgea.army.mil/dhpw/PopulationTobaccoCessation.aspx> (scroll down to "Great American Spit Out.")
- Centers for Disease Control and Prevention — [http://www.cdc.gov/healthmarketing/entertainment\\_education/tips/tobacco.htm](http://www.cdc.gov/healthmarketing/entertainment_education/tips/tobacco.htm).
- National Institute of Dental and Craniofacial Research — <http://www.nidcr.nih.gov/HealthInformation/DiseasesAndConditions/SpitTobacco/default.htm>.



## National Children's Dental Health Month

Each February, the American Dental Association sponsors National

Children's Dental Health Month to raise awareness about the importance of oral health in children. Developing good habits at an early age and scheduling regular dental visits helps children get a good start on a lifetime of healthy teeth and gums.

The following tips can help parents with feeding infants:

- Use a "baby-sized spoon" to help baby learn how to swal-

low and use tongue and teeth.

- Avoid tasting food with baby's spoon to prevent the spread of bacteria that causes tooth decay.
- Use a drinking cup with two han-

dles to allow baby to self-feed.

- To prevent contamination of food in the jar, serve foods in a separate dish while feeding.

(Source: U.S. Army Dental Activity)



A \$16 million renovation on Building 2000 is under way. The building has been vacant since 1993. Once the renovation is complete it will serve as the new home of Installation Management Command-West. The command is currently housed in Building 1000 with U.S. Army South.



Photo by Cheryl Harrison



Courtesy drawing

An artist rendition of the Joint Center of Excellence for Battlefield Health and Trauma Research. This project, located in Zone 2, concerns the construction of offices and laboratory space, as well as renovation of portions of the U.S. Army Institute of Surgical Research.



Photo by Olivia Mendoza

The Jadwin Road Access Control Point has been designated as the entry point for Zones 1 and 4. Strictly used as an entry for commercial vehicles and heavy equipment, the Jadwin gate is open Monday through Fridays from 6 a.m. to 6 p.m. and closed on weekends. Certain gates are being designated as entry points for trucks, heavy equipment, and construction crews that are assigned to defined work zones. This alleviates traffic congestion for the people who live and work on Fort Sam Houston.

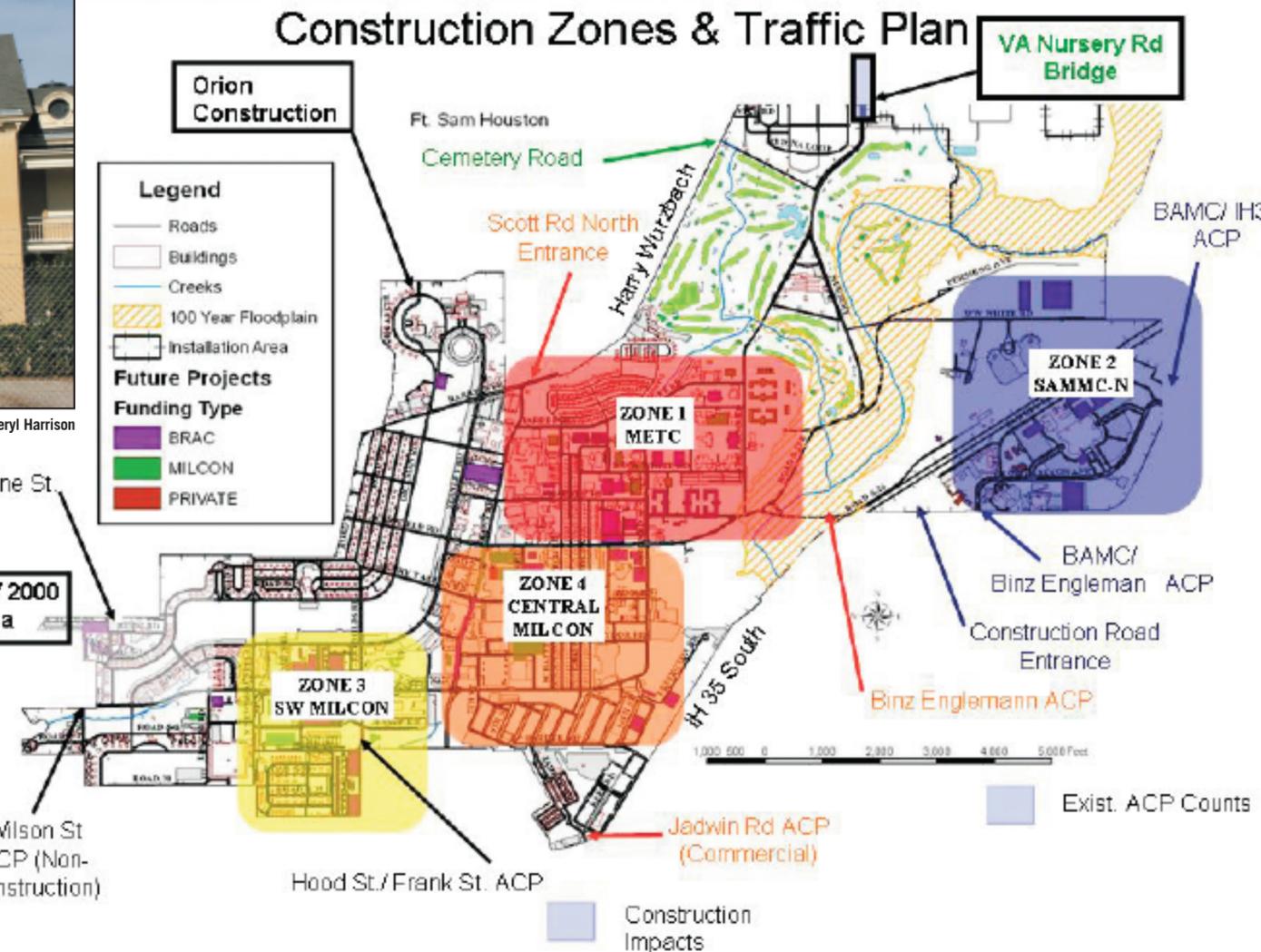


Photo by Cheryl Harrison



Photo by Cheryl Harrison

CONSTRUCTION from P1

administrative and medical training missions to San Antonio, as well as consolidating certain missions that already exist at local installations.

Coupled with \$2 billion of BRAC construction, there are also numerous community initiatives to enhance the post. With the projected incoming population, the commissary, Post Exchange, services and functions that support a community will be beefed up. Several hundreds of millions of dollars will be moving in the Army and Air Force Exchange project, for example, in the lifestyle center, which will begin in about the year 2009. The lifestyle center is an area planned to house the PX, commissary, theater, restaurants and hotel.

"Construction will not take place in residential areas on post. Truck access is being shifted away from these areas. In terms of impact on individuals, it is not unlike when work is done on a homeowner's property, requiring the residents to alter their normal patterns. As for post construction, there may be some inconveniences, such as having to take slightly different routes around post. In the end, however, these projects represent a huge win for personnel and their families," said Holman.

The BRAC Program and related military construction activity on installations across San Antonio will involve building and renovating 78 major facilities that amount to more than 6 million square feet of space. Fort Sam Houston, including Camp Bullis, Lackland Air Force Base and Randolph Air Force Base will all be affected by the program, but at different times and to varying degrees. The overwhelming bulk of the work will take place on Fort Sam Houston.

As a community, the Fort Sam Houston population will be affected. Construction can create certain compromises, but the Corps of Engineers and JPMO have sought the means to ease the minds of those involved.

Operations will not be shut down, such as medical services available to the community. Hospital operations will not be curtailed or shut down, so medical care will continuously be available to Soldiers and to the community.

An effort is being made to inform the community with signage, as road improvements, building renovations, and construction move forward. The Texas Department of Transportation is planning renovations to the Walter Street entry point, with six lanes of traffic.

Certain gates are being designated as entry points for trucks, heavy equipment, and construction crews that are assigned to defined work zones. This alleviates traffic congestion in the local community around Fort Sam Houston. Three gates will be devoted to construction access through the use of what are called construction bubbles. A construction bubble is a dedicated construction area that is separated from the rest of the post by an approved security fence, making the area "off post" for all practical purposes.

Fort Sam Houston is divided into four construction zones as shown on the map. The following is a list of BRAC and non-BRAC construction and renovation projects associated with the four zones that either have recently been awarded to contractors, or are currently under way.

lowing is a list of BRAC and non-BRAC construction and renovation projects associated with the four zones that either have recently been awarded to contractors, or are currently under way.

Construction Zone 1

- Building 1350 – This project involves renovation of trainee barracks wings and the Battalion Command area of Building 1350.
- Building 2791 – This project concerns renovation of barracks of Building 2791, as part of the Training Barracks Upgrade Program. This project is connected to a future BRAC-funded renovation of Building 2264, which is currently serving as swing space for the renovation of 2791.
- Dickman Road repairs (adjacent to Zone 1)
- Projected for Fiscal Year 2008
- Medical Education and Training campus dorms 1 and 2.
- METC dining facility.
- METC telephone switch.
- METC Headquarters administration.
- METC instructional facilities 1 and 2.
- METC Instructional facilities 3 and 4.
- Grow the Force – Company Operations facilities.
- Budge Dental clinic

Construction Zone 2

- Joint Center of Excellence for Battlefield Health and Trauma Research – This project concerns the construction of offices and laboratory space, as well as renovation of portions of the U.S. Army Institute of Surgical Research. This complex, adjacent to Brooke Army Medical Center, is intended to help integrate the combat casualty care research missions and functions of all the military services.
- Projected for Fiscal Year 2008
- Archery range parking lot
- San Antonio Military Medical Center – North
- Brooke Army Medical Center Burn Rehab Addition/Alteration

Construction Zone 3

- Projected for Fiscal Year 2008
- Physical Evaluation Board
- Battle Command Training Center

Construction Zone 4

- Fort Sam Houston Youth Center – This project involves construction of a recreational youth center to support the increasing youth population on the installation.
- U.S. Army South Hardstand – This involves construction of a paved parking lot and fencing with lighting.
- Projected for Fiscal Year 2008
- Primary Health Clinic
- Underdetermined Zone for Fiscal Year 2008
- U.S. Army South Vehicle Maintenance Facility

Northwest 2000 Area

- Buildings 2000 and 2007 – This project involves repairs to Buildings 2000 and 2007 to condition them for general administrative use.
- Building 2001 – This project involves maintenance and repair of Building 2001.



# School

## Fort Sam Houston Independent School District Weekly Calendar – Monday to Feb. 23, 2008

### Fort Sam Houston Elementary School

#### Monday

Presidents Day/student holiday

#### Feb. 21

Parent workshop for all grades — “Measurement Lab,” 11:30 a.m. to 12 p.m.

TAKS information night, 5:30 p.m.

#### Feb. 22

Spirit day

### Robert G. Cole Middle and High School

#### Monday

Presidents Day/student holiday

#### Tuesday

Fifth grade parent meeting in middle school mall, 6 p.m.

Eleventh grade parent meeting in cafeteria, 6:30 p.m.

Baseball vs. St. Anthony at Incarnate Word University, 7:30 p.m.

#### Feb. 21

Middle School “Show Your Skills” talent show in middle school mall, 4:30 p.m.

Baseball - Navarro tournament, TBA

#### Feb. 22

Baseball - Navarro tournament, TBA

Golf - Pleasanton Eagle Invitational at Pleasanton Country Club, TBA

TBA

#### Feb. 23

Baseball - Navarro tournament, TBA

Golf - Pleasanton Eagle Invitational at Pleasanton Country Club, TBA

TBA

Junior varsity/varsity girls' and boys' track meet at Dilley High School, all day

UIL One Act Play rehearsal at Jefferson High School

# Highlight achievements in hometown newspapers

By Minnie Jones

Fort Sam Houston Public Information Office

Fort Sam Houston personnel who want to share news of their accomplishments and achievements with family members and friends back home can participate in the Army and Air Force Hometown News Program.

The Hometown News Release Program, administered by the Fort Sam Houston Public Affairs Office, helps Soldiers highlight their accomplishments in hometown newspapers.

Whether active duty, reservist, Guard or a Department of Defense civilian, you can fill out the Hometown News Release, the Department of Defense Form 2266, and forward it to Public Affairs. PA will then forward the form to the Air Force News Agency for distribution to every media outlet within a 50-mile radius of the zip code specified on the form.

Fort Sam Houston personnel can submit a Hometown News Release for any newsworthy event to include: commissioning; monthly, quarterly and annual awards; transfers; decorations; civilian length of service pins; assump-

### Army Hometown News Categories

Below are some of the Army categories currently in the Hometown News Service's system:

- Promotions
- Awards and decorations
- Arrivals and appointments
- Changes of command
- ROTC
- Military school graduations
- Primary Leadership Development or any
- NCO Academy graduation
- Any advanced training school
- Reenlistment
- Retirement
- Sports competitions (inter-service or international)
- Training exercises

tion of command; deployments; and promotions.

Individual achievement medals can be submitted but must be an Achievement Medal or higher, and the award must include a copy of the citation with the submission. With re-enlistments, indicate how many years you are re-

See HOMETOWN NEWS P24

# MWR

Morale Welfare & Recreation

## Recreation and Leisure

### Valentine's Day mixer

The Fort Sam Houston Better Opportunities for Single Soldiers Program will host a BOSS Valentine's Day mixer at the Sam Houston Club today at 7 p.m. Enjoy an evening of food, drinks, music and camaraderie. The event is open to all permanent party Soldiers, Families and DoD civilians. There will be a DJ, finger foods and beverages. Alcoholic beverages will be available for purchase from the Sam Houston Club with proper identification. This event is not for single Soldiers only; married couples are encouraged to attend and meet other Soldiers and Family members. For more information, call Spc. Moore at 221-8317.

### Golf Demo Day

The Fort Sam Houston Golf Club will host a Golf Demo Day Feb. 21 from 9 a.m. to 3 p.m. Come out and test the latest in golf club technology and take your game to a higher level. Representatives from major

manufacturers will be presenting their latest golf products. Everyone is invited to come to the driving range and hit the latest irons, woods and wedges at no cost. A variety of vendors, including Ping Golf, Taylor Made, Callaway Golf and Wilson Golf will be on hand. The Golf Club will offer additional savings on selected special orders placed during the event. The club will also give away door prizes between 11 a.m. and 2 p.m.

## Dining and Entertainment

### MWR Ticket Office

The MWR ticket office is open Tuesdays through Fridays from 10 a.m. to 5 p.m. Discounted tickets are available for local attractions as well as theme parks like Disney World and Universal Studios. For more information, visit [www.fortsamhoustmwr.com](http://www.fortsamhoustmwr.com) or call 221-1663 or 224-2721.

### Sam Houston Club

#### Karaoke Fridays

Come by the Sam Houston Club Fridays at 5 p.m. for free karaoke. Practice your vocals or just come out and have fun with friends to celebrate the end of another long work

week. For more information, call 224-2721.

### Harlequin Dinner Theatre

#### 'Appointment with Death'

The Agatha Christie mystery, "Appointment with Death," is playing through Saturday at the Harlequin Dinner Theatre. Tickets are \$28 Wednesdays and Thursdays and \$31 Fridays and Saturdays. Doors open at 6:15 p.m. for salad bar and cocktails, with a buffet from 6:30 to 7:30 p.m.; the show begins at 8 p.m. Military discounts are available. For more information or to make reservations, call 222-9694.

#### Auditions for 'The Star-Spangled Girl'

The Harlequin Dinner Theatre will hold open auditions Feb. 25 and 26 from 7 to 8:30 p.m. for "The Star-Spangled Girl," a comedy by Neil Simon. William Champlin is directing this comedy. There are roles for two men and one woman, ages 20s to 30s, as well as other volunteers including an assistant director, stage manager, light and sound technicians, props and stage crew. Performances will be Wednesday to Saturday evenings from April 9 to May 10. For more information and directions to the theatre, call 222-9694.

## Army Community Service

### Couple's enrichment

The Family Advocacy Program will offer a three-part couple's enrichment class that focuses on reconnecting with your partner. Understanding gender differences, commitment and intimacy are just a few of the topics to be discussed. Talking with other married couples can help improve your own relationship. For more information or to register, call 221-0349 or 221-2055.

### 'Precious Minds'

This eight-week parenting education program focuses on giving parents, grandparents, expectant parents and caregivers insight into seeing the world through the eyes of children. Participants learn interesting topics focusing on the development of children from birth through 48 months. Refreshments will be provided, as well as free childcare. Classes are Tuesday and Feb. 26 from 6 to 8 p.m. For more information, call 221-2705.

### Mandatory checkbook maintenance

The Financial Readiness Program will hold a checkbook maintenance class today from 2 to 4 p.m. in Building 2797. The checkbook maintenance

class is open to all Department of Defense personnel although participants are often referred by their commanders to attend. Seating is limited. For more information or to register, call 221-1612.

### Understanding your credit report

The Financial Readiness Program will hold an understanding your credit report class Tuesday from 2 to 4 p.m. in Building 2797. The class provides information on how to obtain, review, correct and update an individual's credit report. Seating is limited. For more information or to register, call 221-1612.

### Identity theft

The Financial Readiness Program will hold an identity theft class Feb. 26 from 2 to 4 p.m. in Building 2797. The class provides information on how to avoid becoming a victim, how to recognize signs and what to do if you become a victim. Seating is limited. For more information or to register, call 221-1612.

### Commanders' training

A mandatory Family Advocacy Program training will be held Feb. 28 from 8 to 10 a.m. The IAW AR 608-18 training is required for commanders, first sergeants and senior leaders within 45 days following assumption of command. It provides a FAP overview and insight about the command role in reporting domestic violence. The training examines leadership roles, how to report abuse, and how to prepare for the Case Review Committee to support Soldiers and their Family members. For more information, call 221-2720.

See MWR P21

## MWR from P20

## Child and Youth Services

### Parent Advisory Council

A Child and Youth Services Parent Advisory Council meeting will be held Tuesday from 11:30 a.m. to 12:30 p.m. at the Child Development Center. PAC meetings are held the third Tuesday of each month. Lunch will be provided. All CYS patrons are encouraged to attend. This is an opportunity to meet staff, attend parent workshops and learn about upcoming events. For more information, call 221-4871 or 221-1723.

### Saturdays at School Age Services

School Age Services will be opened the second and fourth Saturdays of every month from 2 to 6 p.m. Children from first to fifth grades will have a fun-filled afternoon at the School Age Services, Building 1705, Winans Road. Saturday marks the start of the new hours with contests, Family bingo and Valentine craft activities with music and computer activities. SAS will be open again Feb. 23 with more interactive activities. For more information, call 221-4466.

### Baseball registration

Youth baseball registration will be held Monday through March 28. Patrons need to be registered with Child and Youth Services. To register, patrons need to have a current sport physical (valid for the entire season), \$45 activity fee, two local emergency fees, the child's Social Security number and updated shots record. For more information, call Central Registration at 221-4871 or 221-1723.

## Youth talent show

The 2008 Youth Services Talent Show will be held Feb. 23 from 7 to 9 p.m. at the Army Community Service, Building 2797. Come out and cheer on a variety of performers, including comedians, dancers, models, step-pers, poets, speakers, singers and musicians. For more information, call 221-4871 or 221-1723.

### Central Registration

Central Registration is open Monday through Friday from 8 a.m. to 5 p.m. in Building 2797. Walk-ins and appointments are welcome; patrons are seen after 4 p.m. by appointment only. To register for Child and Youth Services programs, patrons must provide current shot records (kindergarten through fifth grade), two local emergency designees, a health assessment/sport physical within the last year (sport physicals must be valid for the entire sports season), child's Social Security number, sponsor's Leave and Earnings Statement, spouse's W2 form, \$18 registration fee and activity fee payment. For more information, call 221-1723 or 221-4871.

### SKIES Unlimited Classes

The Child and Youth Services Schools of Knowledge, Inspiration, Exploration and Skills Unlimited program offers language, music and sports classes for children ages 6 to 18 who are registered with CYS. The first month's fee is due at the time of registration at Building 2797. For more information, visit the Child Development Center, Building 2530; School Age Services, Building 1705; or Middle School and Teens, Building 1630; or call 221-1723 or 221-4871.

# Black History Month Trivia Contest

1. In 1866, what university was established in Nashville, Tenn., for former slaves by the American Missionary Association and, in 1872, became the first African-American college to receive a class A rating by the Southern Association of Colleges and Secondary Schools?

2. Born in West Africa and later kidnapped and enslaved at age 7, she went on to become a renowned poet without any formal schooling. She was simply tutored by the family that took her in and learned the English

language in 16 months.

3. As early as 1688, the Quakers held a formal protest against what?

4. As early as 1924, this noted black dermatologist was recognized for equal treatment of patients, regardless of class or race. He is known for his work and research in trying to find a cure for leprosy and syphilis.

People should e-mail trivia contest answers to [Gayle.Ellis@cen.amedd.army.mil](mailto:Gayle.Ellis@cen.amedd.army.mil) no later than Tuesday. The first person to submit

the correct answers will win a prize and have their name published, along with the answers in the next edition of the News Leader. For more information, call Ellis at 221-7709.

The answers to the Feb. 7 trivia questions are:

1. Frank Robinson
2. Federally Aided Housing.
3. President Ronald Reagan
4. Baltimore, Md.
5. "Lift Every Voice and Sing" The winner of the Feb. 7 trivia contest is Leslie Tyson.



# Community

## Events

### Black and White Ball

The Randolph Black Cultural Awareness Association presents the first annual Black and White Ball Sunday at 6:30 p.m. at the Randolph Air Force Base Enlisted Club. Cost is \$30 per person. Attend an evening of fine dining and entertainment with live jazz, poetry, DJ and dancing. For more information, call Capt. Kim Wallace at 565-0578 or Chief Master Sgt. Sharon Rhodes at 652-7161.

### Name the snack bar

The Randolph Oaks Golf Course is conducting a "Name the Snack Bar" contest. Be creative; just fill out the form at the Pro Shop customer service counter with a suggested name by Feb. 29. The person with the winning name will receive \$100 in food and beverage coupons. For more information, call 652-4653.

### Free comedy show

Laugh till your sides hurt! Brad Garrett, three-time Emmy Award winning actor and comedian, best

known for his roles on the TV sitcom "Everybody Loves Raymond" and "Til Death," will present an evening of adult comedy Feb. 26 at 8 p.m. at the Lackland Air Force Base Gateway Club. Admission is free; everyone ages 18 and up is welcome. For more information, call 645-7034.

### Rummage Sale

The Junior League of San Antonio, Inc. will host the 84th annual Rummage Sale March 1 from 10 a.m. to 6 p.m. and March 2 from 12 to 3 p.m. at the Freeman Coliseum, 3201 E. Houston. Admission is free. For more information, call 225-1861 or visit [www.jlsa.org](http://www.jlsa.org).

### Multiple Sclerosis walk

More than 2,000 San Antonio residents will take steps toward making a world free of Multiple Sclerosis March 1 during the 2008 Walk MS. Registration begins at 7 a.m. and the MS walk starts at 9:30 a.m. at the AT&T Center. Participants can walk, run or skate the 1K or 5K route. For more information, call Debbie Pope at 800-323-4873, ext. 2286, e-

mail [Debbie.pope@txh.nmss.org](mailto:Debbie.pope@txh.nmss.org) or visit [www.walkmstexas.org](http://www.walkmstexas.org).

### NAF job fair

The Civilian Personnel Advisory Center Non-appropriated Funds division will hold a job fair March 1 from 9 a.m. to 3 p.m. at the Sam Houston Club. Positions available include recreation aids, custodial workers, child and youth program assistants, summer hire positions and much more. Participating organizations will conduct on-the-spot job interviews. For more information, call the NAF human resources office at 221-1600 or 221-9058.

### Women's Healthcare Forum

Registration is open for the Women's Healthcare Forum, which will be held April 4 and 5 at the George R. Brown Convention Center in Houston. Fort Sam Houston health care professionals are invited to participate in the highly acclaimed continuing medical education conference on comprehensive and integrative health care for women. Health care professionals can register for \$75; a 50 percent discount. To obtain the discount, register using priority code WHFH804. To register, visit <https://www.expotracs.com/whf/2008/houston>. For more information, visit <http://www.womenshf.com>.

### Cowboys for Heroes

The Third Annual "Cowboys for Heroes" will host a celebration April 11 from 6 to 9 p.m. and April 12 from 9 a.m. to 6 p.m. at the Fort Sam Houston Equestrian Center. There will be live music, entertainment, Family activities, food and an opportunity to meet professional rodeo cowboys. The event is free and open to the public. The Equestrian Center is located off Binz Engleman; turn after the railroad tracks and before the gate to post.

## Volunteer

### Wilford Hall seeks volunteer workers

Wilford Hall Medical Center seeks volunteers for "step saver" cart drivers or administrative duties in the hospital clinics. Volunteers must be 15 years or older. People interested in volunteering can stop by the Volunteer Services Office, Room 1C33. Hours of operation are Mondays through Fridays from 8:30 to 11:30 a.m. and 12:30 to 3:30 p.m. For more information, call 292-6591.

### Pediatric patients needed

The Department of Pediatric Dentistry, 59th Dental Training Group, seeks 6- to 10-year-old patients in need of dental treatment. Patients who are on the United Concordia Dental Plan may qualify. Patients selected must be capable of tolerating traditional in-chair dental treatment without sedation. Interested parents of all eligible active duty or retiree beneficiaries can arrange for a dental screening by contacting Staff Sgt. Dianet Santos at 292-4072 or e-mail [dianet.santos@lackland.af.mil](mailto:dianet.santos@lackland.af.mil).

## Meetings

### Warrant Officer Association

The Lone Star Silver Chapter of the U.S. Army Warrant Officer Association will host a meeting Monday at 7 p.m. at Chacho's & Chulucci's, 8614 Perrin Beitel (near Loop 410). All active duty, retired, Reserve, National Guard warrant officers and Family members of current or retired warrant officers are invited. For more information, call Juan Gomez at 295-6596 or e-mail [juan.gomez@us.army.mil](mailto:juan.gomez@us.army.mil), or Suzan Farrell at 378-0422 or e-mail [suzan.farrell@us.army.mil](mailto:suzan.farrell@us.army.mil).

### Spouses' Club

The Spouses' Club will host a Bingo luncheon Tuesday at 11 a.m. at the Sam Houston Club. There will be a baked potato bar with spring salad. Cost of the luncheon buffet will be \$14. For more information or to reserve by Friday, call Sigrid Reistetter at 226-8806 or e-mail [Sigrid.reistetter@us.army.mil](mailto:Sigrid.reistetter@us.army.mil).

### Federal Employed Women lunch, seminar

The Federal Employed Women Alamo City Chapter is sponsoring "Having a problem? Who do you call?" Feb. 21 at 11:30 a.m. at the Sam Houston Club, 1395 Chaffee Road. Lunch buffet cost is \$7 to \$8. The event is free and everyone is invited to attend. For more information or to make reservations, call Roz Wise at 373-8798.

### Retired Officers' Wives, Widows' Club

The Retired Officers' Wives and Widows' Club of San Antonio will host a luncheon Feb. 26 at 11 a.m. at the Sam Houston Club. Schultz Nursery will present a timely program on container gardening. For more information or reservations, call Arline at 822-6559.

## Training

### Senior Leader Equal Opportunity Training

The training will be held March 11 from 1:30 to 3:30 p.m. at the Wood Auditorium, Medical Command Headquarters, Building 2792, across from Army Medical Department Center and School helicopter. This training is mandatory for colonels and above, and sergeants major and command sergeants major. It is also highly encouraged for majors, lieutenant colonels, GS-13 and above. For more information, call Master Sgt. Ricky Evans at 295-0561 or Sgt. 1st Class Rosalba Chambers at 221-4240.

### American Red Cross classes

American Red Cross will host the following classes: "Community First-Aid and Safety" consisting of first-aid, cardiopulmonary resuscitation (infant to adult) and automated external defibrillator training Saturday and March 15; and "babysitting" class March 1 in Building 2650, on the corner of Patch and Hatch Roads. For more information, call 221-3355.

# Thrift Savings Plan workshop to educate contributors

By Bob Purtiman  
Army North Public Affairs

A Thrift Savings Plan training workshop will be held Wednesday and Feb. 21 at the Fort Sam Houston Golf Course in the Salado room. There will be two sessions each day — 7:30 to 11:30 a.m. and 12:30 to 4:30 p.m.

There will also be a special session for anyone within 10 years of retirement or separation conducted Feb. 22 from 8 to 10 a.m. in the auditorium at Army Community Service, Building 2797.

"The seminar is open to military and civilian personnel whether they are registered in the Thrift Savings Plan or not," said Julia Bondurant, Army North Family support program manager. "Most people have heard of TSP and may know a lot about how it

works; however, the most intriguing part is the investment programs — the individual TSP funds, how to manage the investment, the 2010, 2020, 2030, and 2040 L Funds, loans, and withdrawals."

The four sessions, conducted by a trainer from the Federal Retirement Thrift Investment Board, provide an overview of the TSP for federal employees and military members while the special session discusses TSP in relation to pre-separation, retirement, and reduction in force. Each

session is limited to 60 people. The pre-separation/retirement session has unlimited seating; however, registration is still required.

"For people who have other programs they currently invest in (i.e. stocks, bonds, money market), the TSP is another available option," explained Bondurant. "On the

other hand, there are people who don't think they make enough money or have enough money after paying bills to invest; this is a great opportunity to find out if the TSP is something that will work for them."

Bondurant said the post community should consider attending because there are few resources available that will answer questions about TSP. This seminar will allow attendees to get the most up-to-date information from an expert.

She added that it is important for people planning to attend to inform their supervisor because the mission comes first. Attendance will be taken and this will be considered the employee's official place of duty.

To register, visit [www.sam-houston.army.mil](http://www.sam-houston.army.mil) and scroll down to the "Learn about TSP" button at the bottom of the left-hand menu. A registration form will appear after clicking, complete the registration form.

For more information, call Bondurant at 221-4088 or Linda Green at 295-8516.

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# For Sale Fort Freebies

**For Sale:** Shed, fits under carport in Harris Heights, 8 feet wide by 12 feet long, \$300 obo. Call 386-8355.

**For Sale:** Bunk bed with desk, dresser, shelves and ladder, \$150 obo; banquet table with folding legs, 6 feet long, \$25; computer desk,

\$15; Singer sewing machine in wood cabinet, \$50 obo; girls medium-size bike, \$25 obo. Call 651-9046.

**For Sale:** Murray go-cart, \$200 obo; IMPEX powerhouse home gym, new, \$100; Klippermate Racquet Stringer, \$95 obo. Call Robert at 931-801-7251.

### Submission guidelines:

Freebies are published on a first-come, first-served basis. The deadline is close of business Friday. Freebies are intended for personal household goods, and may only be submitted by active, retired or reserve military members and civilian employees working on Fort Sam Houston. Real estate ads will not be published. To submit a Fort Freebie, e-mail [news.leader@conus.army.mil](mailto:news.leader@conus.army.mil) or fax to 221-1198. Freebies run for one week unless submitter calls to renew. Limit of five items per entry. For more information, call 221-0546.

**For Sale:** 1992 Honda Accord, green, 200K miles, four-door, automatic, recently rebuilt transmission, power windows and locks, cruise control, moon roof, AC, CD player, \$3,500 obo. Call Eric at 789-3553.

**For Sale:** Antique dresser, \$10; 27-inch TV, \$20. Call Elaine at 916-

1817 or 254-371-5506.

**For Sale:** GE 21-cubic foot refrigerator, \$150; GE electric stove, clean, works fine, \$50. Call 688-2445.

**For Sale:** 1992 Ford custom deluxe conversion van, loaded, regular maintenance, new tires and starter, \$2,995; solid wood sewing

cabinet, \$149. Call 659-6741.

**For Sale:** Dark wicker settee and two chairs with cushions, \$275; trailer, 4 feet wide by 8 feet long, \$700 obo. Call 650-0337.

**Free:** Chain link fence with gate, 60 feet, you remove from backyard, 433 Graham Road. Call 881-9906.



### Carpoolers wanted

A registered nurse/case manager is seeking someone to carpool with three to five times a week, from the Highway 281 and Bitters/Jones Maltzberger area. He works at Brooke Army Medical Center Monday through Friday from 7:30 a.m. to 4:30 p.m. If interested or for more information, call Lt. Col. Jerry Gonzales at 916-6812 or page 513-0460 or e-mail [jerry.gonzales@amedd.army.mil](mailto:jerry.gonzales@amedd.army.mil).

### HOMETOWN NEWS from P19

enlisting; for retirements, include the number of years you have served.

Pictures can also be included with a Hometown News Release. Make sure you obtain a release to use copyrighted photographs.

The Hometown News Program generates thousands of news releases every year. It is a great way to announce achievements. Tell

Family members and friends to look for your news in the "Community Section" or "Military News" of your hometown newspaper starting about eight weeks after submission.

Complete the DD Form 2266 and submit it to PA by fax at 221-1198 or by e-mail to [HometownNews@samhouston.army.mil](mailto:HometownNews@samhouston.army.mil).

For more information, call 221-1139 or 221-0546; or e-mail Minnie Jones at [minnie.l.jones@us.army.mil](mailto:minnie.l.jones@us.army.mil) or Olivia Mendoza at [olivia.mendoza@us.army.mil](mailto:olivia.mendoza@us.army.mil).