



Fort Sam Houston News Leader



Vol. 39, No. 6

Fort Sam Houston – Home of Army Medicine

Feb. 15, 2007

Briefs . . .

Stock Show & Rodeo military days

Military Family Appreciation Day will be held Friday at the 2007 Stock Show and Rodeo. Active duty military personnel and their families will receive free admission to the grounds with a military ID card. Military families can upgrade their admission to attend the rodeo or concert by purchasing a rodeo ticket for \$6 at the Rodeo Ticket Office located on the southwest corner of the AT&T Center. Parking admission is not included. For more information, call 221-2606 or 221-9904.

BAMC Blood Drive Month

Brooke Army Medical Center blood drives will be held today, Wednesday and Feb. 28 in the BAMC Medical Mall. For more information, call Sammie Edwards, armed services blood donor recruiter, at 295-4655 or 295-4989.

Museum closure

The Fort Sam Houston Museum will be closed Sunday in observance of Presidents Day. The museum will resume operations Wednesday.

Newcomers' Extravaganza

February's Newcomers' Extravaganza will be held Tuesday from 9:30 to 11 a.m. at the Sam Houston Club. Attendance is mandatory for all permanent party military members E-1 through O-6 within 60 days of arrival to Fort Sam Houston. For more information, call Alicia Tyson at 221-2705 or 221-2418.

Traffic safety classes

Local Hazards Training and Intermediate Traffic Safety Training classes will be held Feb. 22 and March 8 and 22 from 8 to 11 a.m. at Building 4196 in the Public Works Scheduling Room. Local Hazards Training is required for Army personnel newly assigned to an Army installation, and Intermediate Traffic Safety Training is required for Soldiers under age 26 newly assigned to an Army installation. For more information or to register, call Richard Edges at 221-3857 or e-mail richard.edges@samhouston.army.mil.

Rampage tickets available

Tickets for Rampage Military Appreciation Night Feb. 23 are available at the Morale, Welfare and Recreation ticket office in the Sam Houston Club. Ticket prices are \$12 and \$16, which includes a free food voucher. For more information, call 226-1663.

Black History Month documentary

The Fort Sam Houston Museum is showing the 55-minute documentary, "The Tuskegee Airmen—They Fought Two Wars." The documentary will run continuously throughout February in honor of Black History Month. For more information, call 221-1886.

BAMC tax center

The Brooke Army Medical Center Military Tax Assistance Center is open to assist active duty, retirees, and Reserve and National Guard service members on orders for more than 30 days. The tax center is open Mondays through Fridays from 9 a.m. to 4 p.m., and is located on the fifth floor of BAMC in Room 513-19 (Pediatrics Ward). For more information or to make an appointment, call 916-1040. Walk-in service is available on a first-come, first-served basis for 1040EZ filers only.

See BRIEFS on Page 2

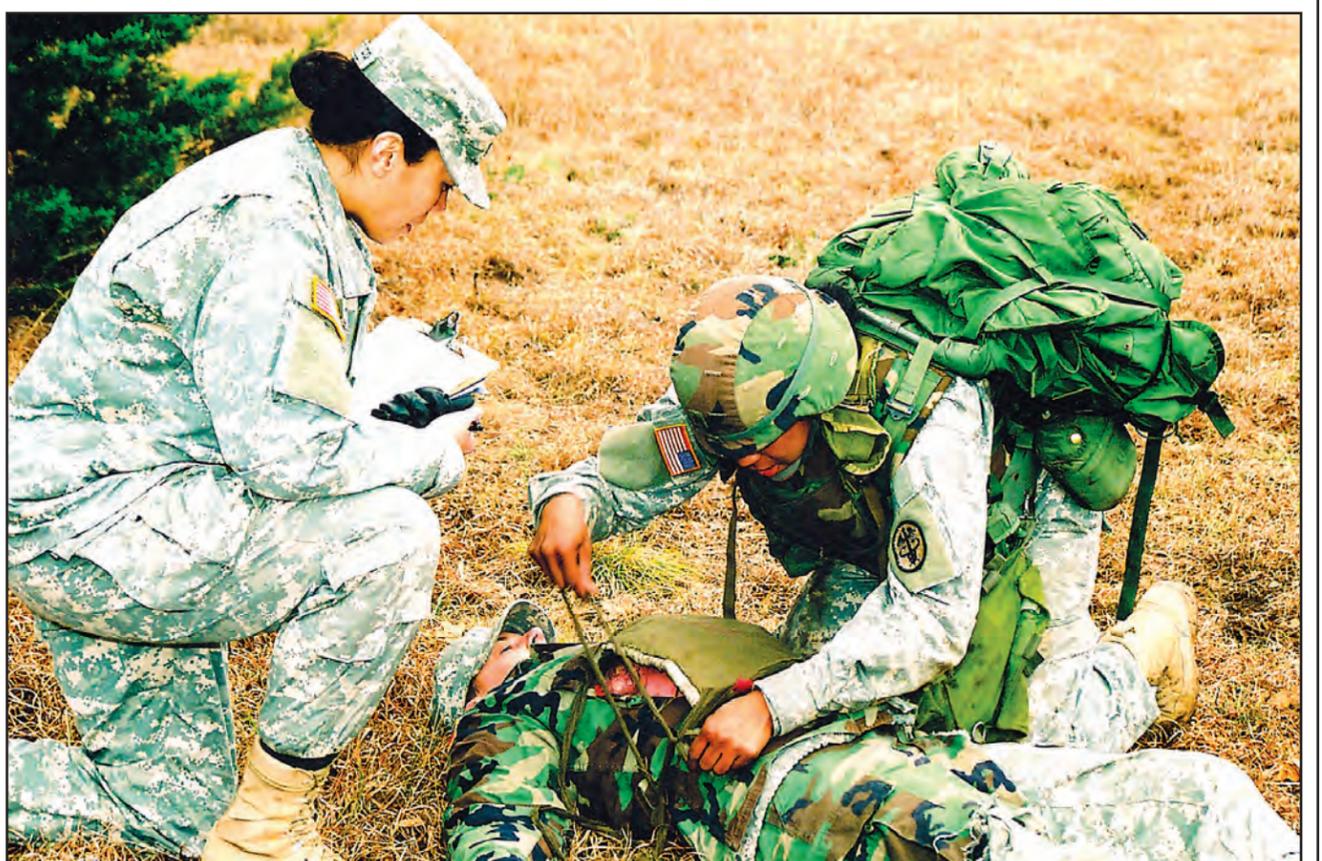


Photo by Esther Garcia

Under pressure

Sgt. 1st Class Raquel Dantzer evaluates Sgt. Kathleen Turner as she treats a wounded casualty during the Warrior Task competition at Camp Bullis. Turner, from the Pacific Regional Dental Command, and 22 other candidates from various regional and district Dental and Veterinary Commands competed for NCO and Soldier of the Year for their respective commands. See related story on Pages 14 and 15.

Korean War veteran recognized for combat valor

By Elaine Wilson
Fort Sam Houston Public Information Office

A Korean War veteran was awarded the Bronze Star with "V" device Feb. 2, more than 50 years after he risked his own life to save the lives of his fellow Soldiers.

Brig. Gen. P. K. Keen, commander, U.S. Army South, presented the medal to 77-year-old Silvestre Acebedo in front of a crowd of family and friends at the Army Medical Department

Museum. When awarded for bravery, the medal is the fourth highest combat award of the U.S. Armed Forces.

"It's never too late to recognize a great contribution to our nation," said Keen at the ceremony. "This awards ceremony is an opportunity for us to reflect on the selfless efforts of countless men and women who have answered the call to service in far away places and ... who have performed valiantly, such as Silvestre Acebedo."

As a tribute to their comrade, six vet-

erans who served with Acebedo during the Korean War attended the ceremony.

Maj. Gen. Russell Czerw, installation commander, also attended the ceremony to pay tribute to the heroic Soldier. He felt compelled to speak when he saw the other Korean War veterans in attendance. "We can't do anything alone; we're part of a team," he said to the veterans. "Thank you for your service."

See COMBAT VALOR on Page 4

This is only a test

Mass notification system upgraded to meet Soldiers' training needs

By Elaine Wilson
Fort Sam Houston Public Information Office

Fort Sam Houston may get a bit louder Tuesday as the post's new mass notification system goes online.

The post's six-tower mass notification system sounds bugle calls, exercise messages and alert warnings, to include tornado and flood alerts.

The post initiated the system upgrade, which includes a higher volume and new chip sets, to better accommodate the training needs of 32nd Medical Brigade Soldiers.

"The old system's bugle calls didn't match the brigade's training schedule," said Don Wyman, unit readiness specialist, Directorate of Plans, Training, Mobilization and Security. Bugle calls are musical signals that announce scheduled and

certain non-scheduled events on an Army installation, such as reveille, mess call and retreat.

Not only was the timing of the calls off, but the calls being sounded were not the right ones. "When the system was installed two years ago, only generic bugle calls were scheduled so the calls didn't match the events that were occurring on post," Wyman said.

Rather than tackle the task of changing timers on each of the six towers and trying to input the correct calls, the Department of Homeland Security stepped in with funding, and the Federal Signal Corporation installed new chip sets on each tower. Homeland Security funds and upgrades notification systems on federal installations, Wyman said.

Along with new bugle calls, "the new system has a lot more power," Wyman said.

Subsequently, as the system comes online Tuesday, the post community may notice the mass notification system sounds a bit louder.

"If you hear bugle calls, it's just the new system coming on board," Wyman said.

See MASS NOTIFICATION SYSTEM on Page 4

Commander stresses holiday safety over Presidents Day weekend

By Maj. Gen. Russell J. Czerw
Commander, Fort Sam Houston and AMEDDC&S

America's presidents have represented many states, held different occupations and faced difficult challenges. However, each president answered the same call — the call to serve the American people. Let us not forget that this holiday is in their honor. This Presidents Day weekend will also afford our Soldiers, civilian employees and their family members the opportunity to take pleasure in various recreational and leisure activities. I encourage all of you to enjoy your holiday endeavors, with "safety" as the watchword. Every effort must be made to make it safe by minimizing risk.

Privately owned vehicle accidents continue to kill more Soldiers than all other accidents in the Army. Leaders at all levels must reinforce that POV safety is critical and must be stressed during

our pre-holiday safety briefings. Buckle up, don't drink and drive, know your surroundings, consider the weather conditions and observe speed limits are all definitive examples of incorporating risk management into everything we do.

All leaders will conduct pre-holiday safety briefings with their Soldiers and civilian employees. I recommend the following topics be included in your briefing: POV safety, seat belt use, and recreational safety (cycling, swimming, etc). Emphasize the dangers of operating a POV when fatigued, speeding and drinking alcoholic beverages or taking medication. This deadly combination is the No. 1 killer of Soldiers.

Additionally, please have your leaders emphasize sexual assault risk, prevention and response in their safety briefings; guidance is available at <http://www.sexualassault.army.mil/>.

Enjoy the holiday and be safe!

Briefs

Continued from Page 1

Fort Sam tax center

The Fort Sam Houston Military Tax Assistance Center is open Tuesdays through Fridays from 9 a.m. to 5 p.m., Saturdays from 9 a.m. to 2 p.m. and closed Sundays and Mondays. The center is located behind the Legal Office in Building 133. Tax returns will be completed on an appointment-only basis, with the exception of 1040EZ filers, who can walk in. For more information or to make an appointment, call 295-1040 or 295-0061 or visit <http://www.sam-houston.army.mil/tax/index.html>.

AKO training

Army Knowledge Online Hands-On Training will be held March 13 from 8:30 to 11:30 a.m. and 1 to 4

p.m. For more information, call Julie Gueller at 221-6203.

Army Emergency Relief kick off

The Annual Army Emergency Relief Fund Campaign will be conducted Army-wide March 1 through May 1. At Fort Sam Houston, the campaign period will be April 1 through May 1. The kick-off meeting for project officers and key personnel will be held March 14 at 10 a.m. at the Roadrunner Community Center, Building 2797 on Stanley Road. Details for conducting the campaign will be discussed and campaign materials will be distributed at that time. Names of selected project officers and key workers should be reported to the AER office no later than March 1. For more information, call the AER office at 221-1612.

Fort Sam Houston News Leader

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Army Medical Department
Center and School and
Fort Sam Houston Commander
Maj. Gen. Russell Czerw
Garrison Commander
Col. Wendy Martinson
Public Affairs Officer
Phillip Reidinger
Editor/Writer
Elaine Wilson
Staff Writer
Cheryl Harrison
Layout Artist
Lori Newman

USARSO to conduct exercise in Central America

By Eric Atkisson
U.S. Army South Public Affairs Office

Soldiers and civilians from U.S. Army South will deploy to several locations in Central America next month as part of an exercise called "Fuerte Apoyo," Spanish for strong response.

The main purpose of the exercise is to practice coordinating disaster relief and humanitarian assistance operations in response to a natural catastrophe, like the deadly hurricanes that hit the region in 1998 and 2005. The exercise will involve setting up a Joint Task Force headquarters at Soto Cano Air Base, Honduras; conducting Humanitarian Support Over-the-Shore operations at Puerto Quetzal, Guatemala; improving coordination between all of the agencies involved, both United States and host-nation; and supporting the logistical deployment of humanitarian assistance materiel to Guatemala and Belize.

About 160 personnel from USARSO will establish a command post at Soto Cano to serve as the JTF headquarters. The headquarters will provide command and control and operational oversight of the HSOTS operations at Puerto Quetzal, as well as the deployment of task force equipment and personnel to Guatemala and Belize for New Horizons 2007.

HSOTS is the process of loading and unloading humanitarian assistance material from Navy ships without the benefit of deep, draft-capable, fixed-port facilities. HSOTS operations like this occur when Army and Navy

forces work together under the command of a joint force commander. In this exercise, the Navy will ship equipment and supplies from San Diego; Beaumont, Texas; and Norfolk, Va., to Puerto Quetzal, which will then be carried by line-haul to base camps in Guatemala and Belize for New Horizons.

After the equipment and personnel safely arrive at the various base camps, JTF Fuerte Apoyo will transfer command and control to JTF Bravo, also stationed at Soto Cano. JTF Bravo is U.S. Southern Command's contingency response force for Central America, and is normally responsible for command and control of New Horizons exercises.

New Horizons exercises are conducted annually in Central and South America. They employ U.S. military personnel, predominantly from reserve units, to provide much-needed medical, veterinarian and engineering support to remote communities throughout Latin America and the Caribbean. This year's task force in Guatemala will build two clinics, two schools and three wells in the San Marcos region, while conducting two medical readiness training exercises that will treat up to 1,000 citizens a day from March 19 through 29 and April 16 through 26.

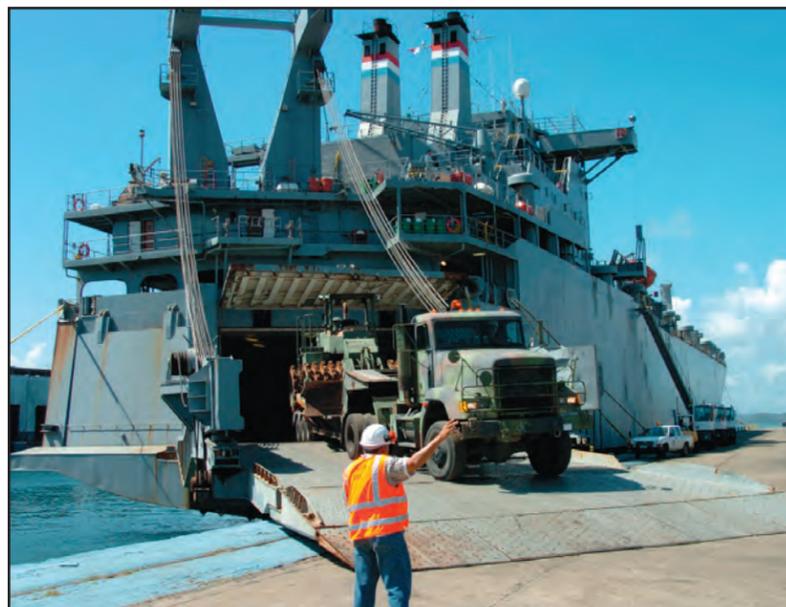


Photo by Miguel Negron

Army equipment is off-loaded from a Navy ship during Humanitarian Support Over-the-Shore operations in Panama in 2005.

The task force in Belize will build four schools and conduct a MEDRETE in the Belize District from April 14 to 28, as well as a dental readiness training exercise in the Orange Walk Multi-Purpose Complex from March 10 to 24.

For more information, call the USARSO Public Affairs Office at 295-6693 or e-mail usarso.pao@sam-houston.army.mil.

AMEDD memorial honors fallen heroes

Story and photo by Cheryl Harrison
Fort Sam Houston Public Information Office

What was once a blank wall in a lobby is now a memorial to enlisted Army medics who have fallen in the Global War on Terrorism. The memorial is called the Army Medical Department Enlisted Fallen Heroes of the Global War on Terrorism.

"One day I was sitting in my office and got word that one of my friends was killed in action. He wasn't a medical guy, but the idea struck me to build this memorial," said 1st Sgt. Richard Watson, from the Noncommissioned Officer Academy at Fort Sam Houston.

"I came up with the idea and spoke to my buddy about building the case. We got the approval from the commandant and we built it together on our own time," added Watson.

Watson's co-worker and friend, Staff Sgt. Jermaine Thomas, also from the academy, used personal time to design and build a display case to place against the wall. Housed in the beautifully crafted case are donated memorabilia from Soldiers

who have lost their lives on the battlefield.

The large shadow box displays awards, photos, patches, coins, a T-shirt, flag, helmet, boots and a program from a memorial service honoring one of the fallen Soldiers.

On the wall hangs a plaque with 68 names and dates from May 28, 2003, to the latest entry, Jan. 20, 2007; all names of fallen enlisted medics.

"Our intent is to honor those enlisted members of AMEDD who have fallen," Watson said.

Many items have been donated by family members of the fallen Soldiers. As soon as items are received, Watson tags them and puts them on display.

Other pieces on display in the case are an Iraqi bayonet; cultural items; a license plate; Iraqi drill and ceremony manual; currency; a deck of cards; fabric from Iraqi uniforms; shoes, which were a gift from Afghanistan; Afghani money; and a local "peace" pipe.

An opening ceremony will be held in the near future. For more information about the memorial or to donate, call Watson at 221-2571.



First Sgt. Richard Watson, Noncommissioned Officer Academy, tags and displays donated items for a memorial called the Army Medical Department Enlisted Fallen Heroes of the Global War on Terrorism.

My daughter wears Army boots

Family ties abound at medic graduation

By Cheryl Harrison
Fort Sam Houston Public Information Office

About 343 Soldiers from B Company, 232nd Medical Battalion graduated Feb. 6, becoming the newest medics in the Army.

"This is a special occasion," said guest speaker Command Sgt. Maj. Craig Layton, command sergeant major for Great Plains Regional Medical Command and Brooke Army Medical Center. This is the largest class I have ever seen graduate. The Class of 17-06. Hooah, Army Strong!"

Layton went on to congratulate the Soldiers and said, "Your decision to serve this country as a member of the U.S. Army as a medic tells me a great deal about you. It

tells me you have internalized the warrior ethos: 'I will always place the mission first, I will never accept defeat, I will never quit and I will never leave a fallen comrade.'

"Such a decision is not made lightly; it took a lot of weighty consideration. A personal decision to serve one's country is not derived from the desires for personal fame or monetary rewards. It is a decision rooted in the values that we hold as Americans — the values that surround patriotism, freedom, democracy and a willingness to maintain a way of life, the American way of life, even at great personal expense," continued Layton.

Layton lauded the family members who were there to support their Soldier medics. He described the roots of service as deeply embedded.

"This is what being an American is all about, the freedoms given to us by our forefathers and expressed in the Constitution and the Bill of Rights. If freedom was a label it would say 'Made in America,' said Layton. "9/11 changed the lives of Americans forever, but it did not shatter the cohesiveness of Americans. You are part of

America's foundation. We have set the standard of the freedoms for the world."

As you serve our great nation, at a time our president asked for our support, freedom is our watch word, and as Soldiers we inspire to serve," concluded Layton.

One particular Soldier in the graduating class whose roots are deeply embedded with military service was Spc. Melissa Holifeild. Holifeild crossed the stage to receive her certificate as her father, retired Command Sgt. Maj. Earnie Holifeild, U.S. Army Special Forces, sat and watched proudly.

"I was in the Army for 28 years, 1973 to 2001," Holifeild said. "Melissa decided to go to college. She called me about a year ago or maybe not quite that long and said, 'Hey, daddy, I'm going in the Army and I want to be an officer.' I laughed and said I'll never salute you. She didn't get it. But then she called and said I am going in enlisted. I said why?"

Black History Month

Post Pulse: Do you think we have made any progress since the Civil Rights Movement?



"I think it has, but seeing is believing."
Ed Garcia



"Yes. I think we've gotten more global and accepting of different people and cultures."
Lt. Col. Carol Bowen



"We've made progress, but not nearly enough."
Jennifer Morris



"I think we have, but that's my perspective. Watching Tony Dungy win the Super Bowl was cool, and I think that someday it would be nice to not have to designate a man by being a black quarterback or black coach."
Michelle Dooley

Luncheon highlights life of Buffalo Soldier

Story and photo by Minnie Jones
Fort Sam Houston Public Information Office

Master of Ceremony Phyllis Bergen, from the Fort Sam Houston Equal Employment Opportunity Special Emphasis Program Office, set the stage Feb. 8 for the guest speaker at the post's annual Black History Month Luncheon at the Sam Houston Club.

Bergen asked the audience to imagine themselves back in the 1870s on a Texas frontier post. "It's very hot, almost a hundred degrees in the shade. All of sudden you hear the voice of a crusty old cavalry sergeant coming toward you, rambling on about being proud to serve."

In walks Buffalo Soldier Master Sgt. Emanuel Stance, F Company, 9th U.S. Cavalry, portrayed by guest speaker Master Sgt. Lee Coffee, a Buffalo Soldier historian and motivational speaker. As Stance, Coffee is dressed in a blue union uniform; the jacket is single-breasted with gold buttons and yellow sergeant's chevrons.

Stance introduces himself to the audience. He begins his story by telling the audience what led him to join the

Army. He reflects back to his Uncle Rufus who taught him how to read and write and "One day I looked up and he was gone. Then I reckoned he'd never come back," he said. Stance later learned his uncle joined the cavalry.

Stance joined Oct. 2, 1866, and during his 21 years with the cavalry, he spent some time here, in the city of San Antonio, and throughout the state of Texas.

In June of 1867, the 9th Cavalry moved to Fort Davis, Texas, where they were charged with protecting stage and mail routes, building and maintaining forts, and establishing law and order in a vast area full of outlaws, Mexican revolutionaries and raiding Comanches, Cheyennes, Kiowas and Apaches.

Theory has it that the Plains Indians named the men Buffalo Soldiers. Stance told the audience about the origin of the term Buffalo Soldier. "Some say it's on account of the hair on top of our head." He said others applied the label because "of the courage and determination we showed as troopers on the battlefield," adding, "It's kind of respectful of us." It's believed that the Indians felt that like the mighty

See **BUFFALO SOLDIER** on Page 5



Master Sgt. Lee Coffee, a Buffalo Soldier historian and motivational speaker, portrays Buffalo Soldier Master Sgt. Emanuel Stance, F Company, 9th U.S. Cavalry, Feb. 8 during the Black History Month Luncheon at the Sam Houston Club.

Combat valor

Continued from Page 1

Acebedo distinguished himself in August 1950 while serving as a platoon commander with the 2nd Infantry Division in the Republic of Korea. The corporal's platoon was ordered to help extract Companies I and K, 9th Regimental Combat Team, from an enemy ambush. When a fellow crew member was wounded, Acebedo manned all four .50 caliber machine guns on an M-16 vehicle while under heavy enemy fire. According to the citation, his bravery significantly contributed to the safe extraction of the infantry troops, with only three wounded.

"The Korean War is often referred to as the forgotten war, but we have not forgotten," Keen said. "... because of the efforts of individual Soldiers, such as Mr. Acebedo, we were able to protect the Republic of South Korea from being overtaken — a nation that has since developed into a stalwart democracy, a powerful economic force and a committed ally to the U.S."

Acebedo's heroism, while appreciated by his fellow Soldiers, fell by the wayside during what Keen called "a fierce and difficult war." His family later battled to get him the recognition he deserved, but met with little success, until they met Col. Ralph Hockley.

"We were in the same outfit," said Hockley, president of

the Second Infantry Division-Korean War Veterans Alliance. "We met at a reunion three years ago. He told me his story and said no one would listen."

Hockley, who had assisted others with obtaining medals, asked Senator Kay Bailey Hutchison, of Texas, to assist with the medal quest. The medal was approved a short time after. "To get a medal, you have to have done something beyond the call of duty. Anyone who does that is deserving of a medal," said Hockley, also a recipient of the Bronze Star with "V" device.

"Sometimes in our military, our bureaucracy moves slow, sometimes slower than other times," Keen said. "But today is evidence that it nevertheless does move. We are accomplishing a mission by recognizing a true hero who has given to our country and is evidence that the fight goes on in recognizing our heroes who have served our country."

"Wars are not won by machines such as tanks, aircraft missiles or weapons systems, they are won by individual Soldiers and other service men and women," Keen added. "We are evidence today that it is men like Mr. Acebedo who stand up and put boots on the ground and defend our country when it calls."

Acebedo said he was honored to receive the recognition, especially with two generals present. He added that



Brig. Gen. P.K. Keen, commander, U.S. Army South, congratulates 77-year-old Silvestre Acebedo after presenting him with the Bronze Star with "V" device Feb. 2 at the Army Medical Department Museum. Retired Col. Ralph Hockley (far right), president of the Second Infantry Division-Korean War Veterans Alliance, helped Acebedo obtain the medal.

he is still ready to serve. "If I was young, I'd go to Iraq. I might do it."

Czerw said he doesn't doubt it for a moment. "If we could put a uniform on him, I think he would come back."

Mass notification system

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Mass Notification System Emergency Warning Messages

The Mass Notification System is pre-programmed with seven standard alert messages. Each emergency warning message is preceded by a siren and will play twice when activated, with the exception of the "All Clear" which plays six times. The system also has the capability for real time voice broadcasts through the Motorola Radio set.

- Tornado Warning - repeated twice.
- Severe Thunderstorm Warning - repeated twice.
- Flash Flood Warning - repeated twice.

- Shelter in Place Warning - repeated twice.
- All Clear Message - repeated six times.

Exercise and Test Messages

Each of these messages will repeat the word six times and will be followed by a real time voice announcement or two iterations of the Westminster Chimes.

- Exercise Message.
- Test Message.

Daily Bugle Calls

Selected bugle calls have been taken

from Appendix A, Field Manual 12-50, Army bands. The calls and times are listed below:

Monday through Friday

- 5:10 a.m. First Call
- 5:30 a.m. Reveille
- 6:10 a.m. Assembly and Mess Call
- 7:15 a.m. Drill Call
- 11:30 a.m. Recall and Mess Call
- 12:30 p.m. Drill Call
- 4 p.m. Recall
- 5:15 p.m. First Call
- 5:25 p.m. Assembly
- 5:30 p.m. Retreat and To The Colors

- 10 p.m. Tattoo
- 11 p.m. Taps

Saturday

- 5:25 p.m. Assembly
- 5:30 p.m. Retreat and To The Colors
- 10 p.m. Tattoo
- 11 p.m. Taps

Sunday

- 9:30 a.m. Church Call
- 5:25 p.m. Assembly
- 5:30 p.m. Retreat and To The Colors
- 10 p.m. Tattoo
- 11 p.m. Taps

Army boots

Continued from Page 3

"It's because of the opportunities," explained the younger Holifield.

Holifield entered the service under the Army civilian acquired skills program. The opportunities referred to include education benefits, a bonus to pay off education debt and she received an E-4 rating.

"I have been in since June," Melissa said. "I've heard my whole life to join the Army, and I was in denial. The idea just kept coming up. I saw what it did for my father and how he made it a career. I joined for so many different reasons, but mainly inspiration."

Melissa said she will now train to be an Army nurse. "Then it's back home and to serve my unit in California; I am a reservist. As soon as I get my (registered nurse) I am looking at an Army

commission. I want to be a nurse anesthetist."

Holifield said her inspiration came from her father. "Parents can be overbearing as it is so I have stayed out of her decisions. But I couldn't be more proud," her father said.

Lt. Col. Brian Kueter, 232nd Medical Battalion commander, emphasized family bonds as he thanked those in attendance, "I appreciate all who are here today. The VIPs today are the great Soldier medics of B Company. The only reason they are here today is because of the outstanding family members who are here to support them as they graduate from this great training program. We couldn't do this without you.

"You are an integral part of our nations time of need; allowing us to borrow your loved ones to teach them the most precious of skills, to save lives on the battleground."

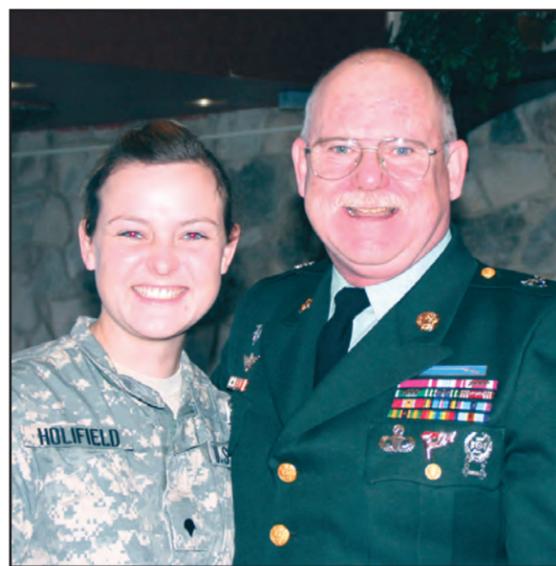


Photo by Cheryl Harrison

Spc. Melissa Holifield, B Company, 232nd Medical Battalion, gets a hug of congratulations from her father, retired Command Sgt. Maj. Earnie Holifield Feb. 6 at her graduation.

Buffalo Soldier

Continued from Page 4

buffalo, the Buffalo Soldiers fought ferociously to the end.

The Soldier went on to tell the audience about the events that led to him receiving the Medal of Honor. In a condensed version, Stance said his patrol had gone after some horses that some Indians had stolen. "By the time the dust settled, we had those horses," he said. "Then we went and made us a camp and ate us some hardtack — it's made with flour, water and a whole heap of imagination."

In reality, Stance's patrol of 10 privates from F Troop, 9th U.S. Cavalry rode out from Fort McKavett, Texas, to punish the Kickapoo Indians for raiding local settlements and to look for two captured chil-

dren. The Buffalo Soldiers attacked a band of Indians herding stolen horses. The patrol battled with the Indians over several days, the aggressive action by the Buffalo Soldiers caused the Indians to retreat and led to the rescue of two white children. For this battle, Stance was cited for gallantry in action as an Indian scout at Kickapoo Springs, Texas, on May 20, 1870. He was the first African-American to win the country's highest military honor in the post-Civil War period. His citation read, "for Valor in the Battle of Kickapoo Springs."

Stance said, "I want you to know that when I joined the Army, I didn't join for no medal," he said. "I joined so I could Soldier for my country — earn my keep — and gain the respect of being called a man." Stance stayed with that organization

until his death on Dec. 25, 1887.

Stance, quoting Fredrick Douglas, a famous African-American abolitionist, said, "Once let the black man get upon his person the brass letters, U.S., let him get an eagle on his button, and a musket on his shoulder and bullets in his pockets, and there is no power on earth which can deny that he has earned the right to citizenship in the United States."

When asked why he chose Stance to portray, Coffee said, "Because he was a full-blown character. He had flaws, human characteristics that all of us can resonate from, because he was not perfect. There were others, but they were too stellar. Stance could read and write and had a very important characteristic, he believed in himself; and Stance was killed by his own

men, which was a very important story, and he was the first Medal of Honor recipient. Those things made me choose him."

Coffee said the story of the Buffalo Soldiers isn't just African-American history — it is American history. Tying into this year's theme, "From Slavery to Freedom; The Story of Africans in the Americas," "I think people need to know that we built the country as slaves," Coffee said. He called to mind other African-Americans that have fought throughout military history, noting that free blacks and slaves have participated in every American war.

The luncheon also included a dance performance by Cole High School's Cougar Steppers and a reading of President Bush's proclamation declaring February Black History Month.

Don't get blindsided by unexpected expenses

By William Bradner
Family and MWR Command Public Affairs

Prepare for tomorrow through 'Military Saves'

ALEXANDRIA, Va. — For most Soldiers, a savings account is something that's not on their agenda, and in many cases, if they think about it at all, it's in a vague, sometime-in-the-future sort of way.

"Maybe after my next promotion, I'll start saving," or "I just can't afford to put anything away, I'm living month-to-month right now" is an all-too-common frame of mind.

Regardless of the rank or marital status, Soldiers who make regular deposits to a savings account are by far the minority, and even fewer are planning for retirement, according to recent surveys by the Thrift Savings Plan, a voluntary retirement plan for Department of Defense employees and uniformed service members. TSP recently surveyed almost 20,000 uniformed and civilian federal employees and discovered that less than 21 percent of active duty service members are saving for retirement. Lack of funds was cited as the largest reason for not contributing to a savings or retirement account.

However, it's not just the distant, retirement future that service members should be worried about. The immediate future ... this week ... today ... is just as important to save for.

Unexpected medical expenses, new brakes on a car, replacing uniforms, parking or speeding tickets, emergency dental work ... if one thing is certain, it's that life happens. In fact, it happens regardless of whether or not you have the money to cover its expenses.

Americans take out an estimated \$2 billion a year in payday loans, which often charge as much as 500 percent interest, to cover emergency expenses. A modest savings account in each household could end the need for predatory lenders. It could also mean the difference between staying afloat and falling into serious debt.

For Soldiers, the risk of falling behind financially carries even more problems; severe debt can result in the loss of security clearances and disciplinary or administrative actions. It also adds to their stress if they are deployed, as they're distracted about payments, repossessions or the welfare of their dependents rather than the mission they're facing. Financial security directly impacts Army readiness and reduces stress for Soldiers and their dependents.

To combat this, the Defense Department has designated Feb. 25 through March 4 as Military Saves Week. This is part of the DoD Financial Readiness campaign, and the purpose is to encourage Soldiers and their families to establish positive fiscal management habits through savings and financial planning.

The Army's Family and Morale, Welfare and Recreation Command, with the Office of the Chief of Public Affairs, is coordinating the Army's response to Under Secretary of Defense David Chu's message urging all departments to participate in Military Saves Week.

DoD has teamed with the Consumer Federation of America to provide tools, resources and financial counseling to service members through the Web site www.militarysaves.org. FMWRC is also supporting the effort through a month-long media campaign encouraging Soldiers and their families to participate, and special events through the Better Opportunities for Single Soldiers network to encourage single Soldiers to be more fiscally responsible.

Many installation credit unions and banks will participate by offering reduced minimum deposits for savings accounts and special offers to service members to entice them to make short- and long-range savings plans.

It doesn't have to be much. Cutting out the morning stop at the coffee shop on the way to work can save more than \$40 a month. Paying credit cards on time to avoid service fees adds as much as \$25 a month more. Simply going to the post library rather than the name-brand bookstore frees up money to put in a savings account, and using post recreation facilities — theaters, bowling alleys, gas stations, gyms and clubs — not only frees up money in the budget from the reduced costs of the items and services, it saves on gas, oil, and wear and tear on a personally owned vehicle.

Programs like the TSP and Savings Deposit Program make it easy for

Soldiers to save, and there are huge tax and savings benefits to Soldiers who participate in these programs while deployed.

Most Soldiers have \$50 or more that they can put away, if they really sit down, make a plan and stick to it. In less than a year, they can go from "I never have enough money" to "I'm confident we can face an emergency, if it comes."

The local Army Community Service Center and www.militarysaves.org can show the way. People can also find more information about Military Saves and financial planning online at www.armymwr.com and at local banks and credit unions.

Don't just think about doing it. Soldiers should think of protecting finances and their family in the same way they think about protecting their country — it's not something to put off until "someday."

Army Community Service

Financial Readiness Class Schedule

Financial Planning

The class includes information on savings, credit and establishing budgets. The class will be held today from 2 to 4 p.m.

Identity Theft

The class consists of information on how not to become a victim, how to recognize and what to do if you become a victim of identity theft. The class will be held Tuesday from 2 to 4 p.m.

Checkbook Maintenance

This class is offered for personnel referred by the command for abusing and misusing check-cashing privileges. The class will be held Feb. 22 from 2 to 4 p.m.

Classes are held in Building 2797, 2010 Stanley Road, Training Room 1. Class space is limited. To register for classes or for more information, call ACS Financial Readiness at 221-1612.

CYBER CRIME ALERT

'Keyloggers' obtain TSP funds from unsuspecting participants

The computers of several Thrift Savings Plan participants were infected with keystroke logging software in late December. "Keylogging" software allows criminals to record all key strokes made by computer users and learn their TSP PIN and other account information.

Officials were able to identify about two dozen participants who had relatively small amounts withdrawn from their accounts and electronically forwarded to fraudulent accounts. The government is working with the financial companies involved for a refund; however, the total amount of loss involved is about \$35,000. All affected participants have been notified.

Officials emphasize that account information was not improperly obtained from

the TSP record-keeping system. There was no evidence of any successful attacks against the system to identify a PIN and thus obtain access. Officials have concluded that "keyloggers" obtained the information by monitoring participants' keystrokes as they entered their TSP information into their computers.

The cases identified all involved electronic funds transfers. Criminals prefer this "paperless" way to steal money. As an added security measure, TSP has discontinued making these electronic payments for online transactions.

While anyone can be a victim of key-



logging, individuals whose computers are not protected with updated security software, to include firewalls, anti-virus and spyware detection, are most vulnerable. TSP participants are encouraged to ensure the adequacy of security on their computers by installing keylogger protection and promptly closing their browser after each visit to their TSP account information on the Web site. This practice should be followed for all online access to any financial account.

To prevent future incidents, TSP officials are working with the U.S. Secret Service, which has found that personal information is increasingly available on

keylogger lists available through criminal networks.

TSP officials will work to ensure the TSP Web site security is current and that the risk of fraudulent activity is reduced to the greatest extent possible. For more information, visit www.tsp.gov.

The Joint Task Force for Global Network Operations offers free antivirus software for Department of Defense personnel to use on home computers. To download, people can visit https://www.jtfgno.mil/antivirus/home_use.htm from a .mil computer system. They will need to authenticate with their Common Access Card and PIN.

(Source: U.S. Army Criminal Investigation Command)

New handbook helps Soldiers survive first 100 days in Iraq

By Paul D. Prince
Army News Service

WASHINGTON — A new handbook on how Soldiers can survive their first 100 days in Iraq is now available at <https://call2.army.mil/new/toc.asp?document=2393>.

"Soldier Handbook: Surviving Iraq" was developed due to the increased casualty rate during the first 100 days of a unit's deployment in support of Operation Iraqi Freedom, according to Col. Steven Mains, director of the Center for Army Lessons Learned at Fort Leavenworth, Kan.

The handbook educates Soldiers on how not to become complacent to potential dangers and to be mindful of resourceful enemies who closely observe U.S. tactics to adapt their attack strategies, said Mains.

The handbook is based on responses from more than 1,700 Soldiers — captains, lieutenants and Soldiers from the ranks of staff sergeant and below. About 1,000 of the responses were taken from interviews with redeploying units in Kuwait and Soldiers at Fort Hood, Texas; Fort Carson, Colo.; and Fort Stewart, Ga.

The Soldiers were asked questions pertaining to individual Soldier behavior, unit leadership, equipment and pre-deployment training.

"Our intention was to learn from the Soldiers what they thought contributed to their survival in Iraq," said Milton Hileman, senior military analyst for CALL. "We asked them to focus their answers as if they were talking from one Soldier to another."

The remaining responses came from a 23-question survey that CALL placed on its Web site.

"We were pleased with numerous responses we received from many of the Soldiers," said Hileman. "The Soldiers in many cases were very insightful."

"Several Soldiers came up to me after filling out the survey and said 'Thank you for asking,'" said James Gebhardt, senior military analyst for CALL. "They had a sense of self-worth and self-importance."

Among other recommendations, many Soldiers recommended:

- Staying aware of their surroundings.
- Listening to their leaders.
- Avoiding routine or predictable patterns.
- Following standard operating procedures.
- Using protective gear and armored vehicles.

The handbook will be made available in paper format this month.

Get screened

Routine exams vital for early cancer detection

By Capt. Kyndra Jackson
Army Public Health Nursing

Cervical cancer is just one of many cancers that affect women and it does not discriminate. It doesn't care how old you are or the color of your skin. In 2006, in the United States, an estimated 9,710 women were diagnosed with cervical cancer, and 3,700 American women will die from the disease.

According to the Centers for Disease Control and Prevention, about half of the cervical cancers currently diagnosed in the United States are in women who have never received a Pap test and an additional 10 percent occur in women who have not been screened within the past five years. If detected early, cervical cancer is almost 100 percent curable. Routine well-woman exams are the key to early detection.

The human papillomavirus is the most significant factor for cervical cancer. There is a definitive link between infection with certain types of HPV and cervical cancer and its precursors. Infection with HPV can cause changes in cervical cells that can be detected through pap testing. The most common cancer-causing types of the virus are types 16 and 18. Although there are several types of HPV, these two specific types cause more than 70 percent of all cervical cancer.

The Pap test is the screening test available for cervical

cancer. The Pap test, also called a Pap screen, is a way to examine cells collected from the cervix, the lower, narrow end of the uterus. The main purpose of the Pap test is to find abnormal cell changes that may arise from cervical cancer or before cancer develops. A Pap test and pelvic exam are important parts of a woman's routine health care because they can detect abnormalities that may lead to invasive cancer of the cervix. When detected early, these abnormalities can be treated before cancer develops. Since the development of the Pap test in the 1940s, the number of cervical cancer deaths has decreased from 35,000 a year to less than 5,000 a year.

Liquid-based cytology is the most widely used technology for cervical screening today. The liquid-based cytology method is approved by the Food and Drug Administration as "significantly more effective" than the conventional Pap smear for detection of cervical abnormalities. This is due to its ability to make detection of cervical abnormalities easier. This technology is the screening method used by Brooke Army Medical Center.

The American Cancer Society and the American College of Obstetricians and Gynecologists recommend the following preventive measures:

- Women should be screened for cervical cancer about three years after they start having sexual intercourse. Screenings should start by the time a woman is 21 years old.

If detected early, cervical cancer is almost 100 percent curable. Routine well-woman exams are the key to early detection.

- Women should be screened every year with a regular Pap test or every one to two years with a liquid-based Pap test until age 30.
- Women 30 and over who have three negative results on annual Pap tests can be rescreened with a Pap test alone every two to three years or with annual Pap test screening or a Pap test with the addition of the HPV test. If both Pap test screening and the HPV test are negative, rescreening should occur no sooner than three years.

Today in the United States, about 50 million women receive an annual Pap test for cervical cancer. With continued education and awareness, that number can be increased. Get the word out and talk about cervical health screenings. Talk to your mothers, daughters, sisters, family and friends.

For more information on the Pap test or cervical cancer, contact a health care provider, Army Public Health Nursing at 295-2326, or visit www.cdc.gov, www.cancer.org or www.acog.org.

Children's Dental Health Month 'Sweet tooth' can lead to decay

Today's children are consuming foods and drinks high in sugar and starches more often, and in larger portions, than ever before. "Junk" food and drinks have replaced nutritious beverages and food for many people.



For example, the average teenage boy in the United States consumes 81 gallons of soft drinks each year. Alarmingly, a steady diet of sugary foods and drinks can ruin teeth, especially among those who snack throughout the day. Common activities may contribute to the tendency toward tooth decay, such as "grazing" habitually on foods with minimal nutritional value and frequently sipping on sugary drinks.

When sugar is consumed over and over again in large, often hidden amounts, the harmful effect on teeth can be dramatic. Sugar on teeth provides food for bacteria, which produces acid. In turn, the acid can eat away the enamel on teeth.

There are many food products that have some type of sugar. Many of these foods contain important nutrients and add enjoyment to eating. But, there is a risk for tooth decay from a diet high in sugars and starches. Sugars and starches can be found in everything from bread to pretzels to salad dressing, so read labels and plan carefully for a balanced, nutritious diet for you and your children.

For more information on Children's Dental Health Month or healthy dental habits, visit the American Dental Association Web site at <http://www.ada.org/>.

(Source: Fort Sam Houston Dental Activity)

Sports Briefs . . .

Flag football tournament

The second annual Texas Flag Football Association spring pre-season flag football tournament will be held Saturday and Sunday at 8 a.m. on the green belt across from the Military Police station on the corner of New Braunfels and Wilson Street. This is a double elimination with consolidation flag football tournament. The event is open to the public. For more information, call Earl Young at 221-1180.

Intramural golf

If interested in participating in the intramural golf league, call Earl Young at 221-1180 or e-mail earl.young@samhouston.army.mil. A coaches meetings will be held Feb. 26 and March 13 at 12 p.m. at the Fort Sam Houston Golf Course. League play starts April 3.

Intramural soccer

Letters of intent for intramural soccer are due March 2. Send letters to Earl Young at 1212 Stanley Road, Suite 20, Fort Sam Houston, Texas 78234-5020 or e-mail earl.young@samhouston.army.mil. A coaches and rules meeting is will be held March 12 at 1 p.m. at the Jimmy Brought Fitness Center. The season begins April 3. For more information, call 221-1180 or 221-1234.

Intramural spring softball

Send letters of intent for intramural softball by March 5 to Earl Young at 1212 Stanley Road, Suite 20, Fort Sam Houston, Texas 78234-5020 or e-mail earl.young@samhouston.army.mil. A coaches and rules meeting will be held March 9 at 1 p.m. at the Jimmy Brought

Fitness Center. The season begins April 2. For more information, call 221-1180 or 221-1234.

Men's and women's softball tryouts

Players are needed for the men and women's post softball team. For more information, call Earl Young at 221-1180 or e-mail earl.young@samhouston.army.mil.

Ice hockey players needed

Ice hockey players of all skill levels are needed to play. For more information, call Jason Hess at 977-3210.

Wrestling officials needed

The Texas Wrestling Officials Association-Alamo Area Chapter seeks volunteers to officiate youth and high school wrestling events in South Texas. For more information, call Tod Dicks, association president, at 599-6233 or e-mail todandbev@sbcglobal.net, or call Doug Conrey, association commissioner, at 494-5474 or e-mail dconrey@sbcglobal.net.

All-Army sports program

If interested in participating in the All-Army Sports Program, the Department of the Army Sports Office offers an online application process that gives Soldiers the opportunity to submit applications from anywhere in the world and track them as they are being processed. The All-Army online application program is a Web-based information system that allows any Soldier with Internet access to apply for any All-Army sport. Visit <https://armysports.cfsc.army.mil> for a direct link to the All-Army application process. For more information, visit <http://www.armymwr.com/portal/recreation/sport-sandfitness/application> or call the All-Army Sports Office at 1-888-875-7529.

Blood is fluid of life

The Brooke Army Medical Center Blood Bank is running critically low on AB negative blood. Akeroyd Blood Donor Center is reaching out to you for your support to accomplish a mission for life.

To donate blood now, call the Akeroyd Blood Donor Center at 295-4655 or 295-4989.



Troop Salute



232nd Medical Battalion

Soldier of the Week

Name: Spc. Kelly Rhen

Unit: D Company

Career Field: 68W combat medic

Time in service: Six months

Reason for joining the Army: My sister was a medic and I was looking for a challenge.

Latest accomplishment: First time go on the National Registry of Emergency Medical Technicians and Female Iron Medic

Future goals: To make the Army a career and always max my PT test.



Junior Leader of the Week

Name: Pfc. Derrick Simmons

Unit: D Company

Career field: 68W combat medic

Time in service: Seven months

Reason for joining the Army: To send home Soldiers.

Latest accomplishment: Iron Medic and passed NREMT

Future goals: To become an officer before I turn 25

264th Soldiers explore officer opportunities

By Amy Gagnon
12th Brigade Recruiting Operations Officer

The M6 (practical nurse) students assigned to C Company, 264th Medical Battalion received a short break Jan. 29, after an intense exam, to learn about the opportunities available to Army officers.

Guest speakers from 12th Brigade Army ROTC and the local U.S. Army Health Care Recruiting Team were invited into the classroom to give presentations on the Green to Gold Program, the Simultaneous Membership Program (for reserve component Soldiers) and the Direct Commissioning program.

The Green to Gold Program offers enlisted Soldiers two ways to earn a bachelor's degree: the Green to Gold Scholarship Option, which is for Soldiers who are considering leaving active duty to attend college; and the Green to Gold Active Duty Option, which is for Soldiers

who want to remain on active duty and attend college.

The Simultaneous Membership Program allows selected enlisted members of the U.S. Army Reserve or National Guard to simultaneously participate in any Army ROTC program.

Direct Commissioning gives the Army the flexibility to obtain officers with specific skills when needed, such as medical and legal professionals.

Students were then invited to a pizza luncheon where they spoke to a few Army cadets attending St. Mary's Army ROTC program. One of the cadets, Cadet Theodore Flestado, a prior 91W medic, was on active duty when he applied for a two year Green to Gold scholarship. He was accepted into the program and is now a contracted cadet with the Army ROTC pursuing his goal to become an Army officer.

For more information on officer opportunities, visit <http://www.goarmy.com>.

Protestant Women of the Chapel

The Protestant Women of the Chapel meet Wednesdays from 9:30 to 11:30 a.m. and Thursdays from 6:30 to 7:30 p.m. at the Dodd Field Chapel. Childcare is provided for up to age 5. Visitors are welcome. For more information, call Lois Griffith at 226-1295 or visit www.samhouston.army.mil/chaplain/pwoc.



Post Worship Schedule

Main Post Chapel, Building 2200, 221-2754

Catholic services:

4:45 to 5:15 p.m. - Confessions - Saturdays

5:30 p.m. - Mass - Saturdays

9:30 a.m. - Mass - Sundays

11:30 a.m. - Mass - weekdays

Protestant services - Sundays:

8 a.m. - Traditional Protestant

11 a.m. - Traditional Protestant

Jewish services: 379-8666 or 493-6660

8 p.m. - Fridays - Worship and 8:30

p.m. - Oneg Shabbat

Dodd Field Chapel, Building 1721, 221-5010 or 221-5432

Catholic service: 12:30 p.m. - Mass - Sundays

Protestant services:

10:30 a.m. - Collective Gospel

Protestant - Sundays

9:30 to 11:30 a.m. - Women's Bible

Study (PWOC) - Wednesdays,

childcare is provided.

Samoan Protestant service: 8:30

a.m. - Sundays

Brooke Army Medical Center Chapel, Building 3600, 916-1105

Catholic services:

8:30 a.m. - Mass - Sundays

11 a.m. - Mass - Sundays

11 a.m. - Mass - weekdays

Protestant services:

10 a.m. - Worship - Sundays

12 p.m. - Worship - Wednesdays

AMEDD Regimental Chapel, Building 1398, 221-4362

Catholic Mass: 8 a.m. - Sundays

Protestant service: 9 a.m. - Sundays

Christian education: 10 a.m. -

Sundays

Gospel service: 11 a.m. - Sundays

Church of Jesus Christ of Latter

Day Saints:

9:30 a.m. - Sundays at Evans

Auditorium

FSH Mosque, Building 607A, 221-5005 or 221-5007

10:30 a.m. - Children's religious

education - Sundays

1:30 p.m. - Jumma - Fridays

7:30 p.m. - Adult religious education

- Thursdays

Installation Chaplain's Office, Building 2530, 295-2096

Contemporary service: 11:01 a.m. -

Sundays

Web site:

www.samhouston.army.mil/chaplain

Fort Sam Houston Independent School District Weekly Calendar Monday through Feb. 24

Fort Sam Houston Elementary School

Monday

Presidents Day, school holiday

Tuesday

Grades three and five TAKS* reading
Grade four TAKS* writing
Grade four SDAA** II writing

Wednesday

Early dismissal – Pre-kindergarten through fourth grade, 2 p.m.
Early dismissal – fifth and sixth grade, 2:30 p.m.

Feb. 22

FSHISD School Board Meeting in Professional Development Center, 11 a.m.
DENTAC Team visits elementary

Feb. 23

PTO Board Meeting, 8:30 a.m.

Spirit day

Robert G. Cole Jr./Sr. High School

Monday

Presidents Day, school holiday
Baseball vs. St. Mary's, 12 p.m.

Tuesday

Grades seven, nine, 10 and 11 TAKS* testing
Grades seven and 10 SDAA** testing

Wednesday

TAKS* Exit Level Math Exam
Grades nine and 10 SDAA** reading testing

Feb. 22

SDAA** testing
FSHISD School Board Meeting in Professional Development Center, 11 a.m.

Baseball – Navarro Tournament, TBA

Feb. 23

TAKS – Exit Level Social Studies retest
Black history program in Moseley Gym
Baseball – Navarro Tournament, TBA
Golf - Pleasanton Eagle Invitational at Pleasanton Country Club

Feb. 24

Baseball – Navarro Tournament, TBA
Golf - Pleasanton Eagle Invitational at Pleasanton Country Club
UIL one act play rehearsal in Moseley Gym, 1 to 4 p.m.
*TAKS – Texas Assessment of Knowledge and Skills Test – state mandated
** SDAA – State Developed Alternative Assessment Test – state mandated

Cole celebrates rodeo

By retired Lt. Col. Robert Hoffman
Robert G. Cole Jr./Sr. High School

Getting into the San Antonio Rodeo spirit, Cole Jr./Sr. High School students and faculty celebrated rodeo with a variety of events the week of Feb. 5.

The rodeo spirit and celebration kicked off before school Feb. 7 with a “Cowboy Breakfast” served outside the Cole Family Living Building. The break-

fast was the brainchild of Cole special education teacher Fernando Caldera.

“This year was the best year yet,” Caldera said. “I think seeing the students eating and visiting with each other was the best.”

The “Go Rodeo Chili Cook-off” was a big hit with several teams vying for the honor of “best chili” at both junior and senior high lunches. The chili selections ranged from mild to hot, and excel-

lent to interesting. A “Chili King and Queen” were crowned from members of the Cole faculty. Receiving the honors were English teacher Queen Velma Uriegas and King Fernando Caldera.

The week's activities concluded Friday with the Third Annual Poetry Slam, conducted during the lunch periods. Students presented original poems to the delight of classmates and faculty.

See **RODEO** on Page 16

Elementary School student wins essay contest

By Dr. Kathy Maxwell
Fort Sam Houston Elementary School

The James McHenry Chapter of the National Society of the Daughters of the American Revolution named Carter Joy Howell, a Fort Sam Houston Elementary School fifth grader, regional level winner in the American History Essay Competition. The essay topic was “Jamestown Colony Is Settled.” The writing topic was selected to celebrate the 400th anniversary of the founding of Jamestown Colony, Va.

All fifth grade language arts students were offered the opportunity to submit an essay for the competition through the James McHenry Chapter of the NSDAR, San Antonio. Essays from Fort Sam Houston Elementary School were submitted by Nicole Casarez, Gabby Coleman, Jessica Conklin, Megan Daknis, Erin Darnauer, Lyndsey Emry, Timmy Frock, Marissa Griffith, Ally Henry, Carter Howell, Shelby Hubbard, Ethan Kelly, Kelsey King, Morgen Lewis, Amer Mitchell, Darius Murria, Rose-Marie Ota, Jasmine Plummer, Eric Ramos, Bree Randle, Mikea Reid, Teryn Richardson, Jackie Valdez and Rylan Williams.

An awards ceremony was held Feb. 8 in the Fort Sam Houston Elementary cafeteria. Karla Galindo, NSDAR representative, presented each student who entered the competition with a certificate of commendation.

Carter will also be honored by the James McHenry



Photo by Dr. Gloria Davila

Carter Joy Howell (right), Fort Sam Houston Elementary fifth grader, was named the regional level winner in an essay contest sponsored by the James McHenry Chapter of the National Society of the Daughters of the American Revolution. Joining Carter at the ceremony are (from left) Karla Galindo, NSDAR representative; Dr. Kathy Maxwell, fifth grade teacher and sponsor; and Carter's mother, Lt. Col. Sheri Howell.

Chapter of the NSDAR March 20 with a luncheon, a certificate and a savings bond. Carter's essay advanced to competitions at the state and national levels.

Dental, Veterinary Commands select NCO, Soldier of the Year

Story and photos by Esther Garcia
Fort Sam Houston Public Affairs Office

The Veterinary Command and the Dental Command proudly announced their NCO and Soldier of the Year winners at an awards ceremony at the Sam Houston Club Feb. 9, following four days of rigorous competition.

For the second time, VETCOM and DENCOM combined their resources and held one NCO and Soldier of the Year competition.

“By pooling our efforts together it enabled us to accomplish with less effort because both of the commands are small,” said Sgt. 1st Class Albert Coates, Department of Veterinary Command. “You get a larger group, they get to build that cohesion and motivation is much higher. It saves time, energy and resources.”

Twenty-three candidates from the seven regions of DENCOM and the five regions and 17 districts from VETCOM arrived at Fort Sam Houston Feb. 5 to begin the competition for the prestigious title of NCO or Soldier of the Year to represent their respective command.

“It builds camaraderie between the two commands and gets us all together,” said Col. Clifford Walker, commander, VETCOM.

“The NCO and Soldier of the Year competition is very important. It shows the training and puts the jewel in the crown of our training, so that when we compete, especially when we can do it with another major command, it gives us a leg up and lets us know how we are doing” said Col. Larry Hanson, DENCOM commander.

VETCOM

Representing VETCOM, Sgt. Heather Holubmitchell, from Marion, Kan., was selected the NCO of the Year. Holubmitchell, Southeast Regional VETCOM, is assigned to Fort Rucker, Ala.

“I feel honored, surprised. Everyone I competed with is well-rounded, are excellent Soldiers. It is a great honor, and I appreciate everyone for giving me this chance,” said Holubmitchell.

The Soldier of the Year is Spc. Christine Hendricks, a veterinary assistant from Jacksonville, Fla. Hendricks, with the Southeast Region VETCOM, is assigned to Mayport Naval Base.

“It is an honor to compete with everyone else. I strongly encourage any new Soldiers to go before the



Sgt. Heather Holubmitchell, (bottom), Southeast Regional Veterinary Command, defends herself with the guard position during hand to hand combat with Sgt. Deborah Green, Army Dental Laboratory. Hand to hand combat was one aspect of the Warrior Task competition held at Camp Bullis. Holubmitchell won the NCO of the Year competition for VETCOM.

boards and competitions, especially if they plan to remain in the military.”

Hendricks said the competition was an outstanding experience.

“It was rough. I hadn’t trained in this type of terrain, so that was a challenge in itself. All the tasks were very challenging,” said Hendricks.

Two months ago Hendricks reenlisted for six more years in the military with the veterinary corps. “Since I was little I wanted to be a Soldier, right out of high school and here I am,” said Hendricks, who has two brothers who she said are very proud of her.

DENCOM

Sgt. Jose Guillen, from El Banco, Columbia, was selected as the NCO of the Year for DENCOM. Guillen, North Atlantic Regional DENCOM, is assigned to Fort Meade, Md., and has been in the military for 11 years.

“This is my second time around. I wanted to prove to myself that I could do it. My wife pushed me, and she motivated me to come here and thanks to her I was chosen as the NCO of the Year.”

Referring to the competition, Guillen said, “It was tougher this time, it made everyone put their best foot forward. It was challenging, both physically and mentally.”

Spc. Godfrey Otieno, from Arlington, Texas, was selected as Soldier of the Year. Otieno, Eastern Regional DENCOM, is assigned to Kaserlautern, Germany.

The win was a welcome addition to an already successful year for Otieno. Two months ago Otieno was selected as the Soldier of the Year for all of Europe.

Otieno recommended that all Soldiers should get out there and see how the boards work. “The competition was really hard,” he said. “I missed some things, but did extra good on others.”

The competition included a physical fitness test, a 6.2-



Staff Sgt. Maria Martinez, Western Regional Dental Command, reports the location of explosives devices to higher headquarters during the Warrior Task competition at Camp Bullis. Martinez received the Sergeant Dustin Atkins Leadership Award for her outstanding performance while competing for NCO of the Year.

mile road march, written exams and essays, an oral board, M-16 zero and M-16 qualification, and day and night land navigation.

The warrior task competition included, “jumping out of a deuce and a half reacting to an explosive device; direction and distance, where the candidate is given meters to walk to reach a destination; reacting to a chemical attack; reacting to direct and indirect fire; reacting to incoming fire; transporting patients; triaging patients; calling for medical evacuation; and hand to hand combat,” said Sgt. 1st Class Kevin Gill, with the Department of Veterinary Science.

“It’s hard, realistic training for the Soldiers. It tests their warrior ethos,” said Sgt. 1st Class Tory Gray, senior drill sergeant and NCO in charge for the competition.



Sgt. Heather Holubmitchell transports a wounded patient during the Warrior Task competition at Camp Bullis.



(Above) Senior Drill Sgt. Torey Gray distributes grade sheets to proctors who will grade the candidates competing in the Warrior Task competition Feb. 8 at Camp Bullis. The Warrior Task competition involved several stations that covered scenarios testing the candidate's reactions to explosive devices, patient triage, chemical attack and incoming fire.

(Right) Drill Sgt. Karen Branham evaluates Sgt. Kathleen Turner, Pacific Regional Dental Command, as she carries a wounded patient during the Warrior Task competition at Camp Bullis.



(Left) Col. Clifford Walker, Veterinary Command commander, congratulates Spc. Christine Hendricks, Southeast Regional Veterinary Command. Hendricks won the Soldier of the Year competition for VET-COM.



(Right) Col. Larry Hanson, Dental Command commander, presents the Army Commendation Medal to Spc. Godfrey Otieno, Eastern Regional DENCOC, at the awards ceremony for the NCO and Soldier of the Year competition for Veterinary Command and DENCOC. Otieno was named the Soldier of the Year for DENCOC. Standing next to Otieno is his first sergeant, Jorge Rodriguez, from Landstuhl Dental Activity.



Col. Larry Hanson, Dental Command commander, and Sgt. Maj. Richard Orona present the trophy to Sgt. Jose Guillen, North Atlantic Regional Dental Command, for winning the NCO of the Year competition for DENCOC.



Sgt. Juan Marin, Western Regional Veterinary Command, receives the Sergeant Dustin Atkins Leadership Award from former Dental Command Sgt. Maj. Stephen Spadero for his outstanding performance while competing for NCO of the Year. Atkins is the only 68E dental assistant who lost his life in support of Operations Iraqi and Enduring Freedom.



(From left) Veterinary Command Sgt. Maj. Jose Rodriguez, Southeast Region VETCOM Commander Col. John Proctor, Sgt. Maj. Patricia Navarro and VETCOM Commander Col. Clifford Walker congratulate Sgt. Heather Holubmitchell, who was selected as NCO of the Year for VETCOM.

Rodeo

Continued from Page 13



Photo by Lt. Col. Robert Hoffmann

The winning high school chili cookoff team (from left) Louis Sifuentes, Cole math teacher, and seniors Anne Ceney, Lisa Nieves, Allison Erickson and Ryan Boyles celebrate their victory. The judge for the cookoff was Larry Ransom, Cole athletic director.

Fort Sam Houston Elementary celebrates 100th day of school

What would 100 children look like in one classroom? That was a question for the 100th day of school as 100 kindergarteners piled in through the door of Room 16.

Every year around this time public school teachers and students celebrate the 100th day of school. This year was no exception. The 100th day was celebrated Feb. 1.

Elementary teachers are always seeking fun, high-energy ways to incorporate math into the daily routine while addressing state-mandated objectives. The 100th day celebration was the answer for the week.

All over Fort Sam Houston Elementary School were expressions of 100isms. Popsicle sticks, dots, pennies, counters, bears, names, shoes, "good mornings" and hugs were prevalent in consistent quantities of 100.

Measurement was the focus in three kindergarten and first grade classes. Some students were counting and measuring steps and rice grains while others were stringing ditalini pasta noodles.

The second grade math activities were more complex, but they were just as fun and some were hands-on. A few third graders were working word problems and practicing their problem-solving skills and strategies while using 100 as the basis for the math problems.

Each day children brought in bags and boxes from home filled with 100 items. The items were sorted and counted by ones and tens. Older children used the items for skip counting, addition, subtraction, and in one case multiplication. Some of the items used were rocks, cereal, candy, buttons, marbles, rubber bands, shells, bells, crayons, pocket cars, stickers, beads, seeds and marshmallows.

Healthy treats and snacks were prepared and served using measurements of 100 ounces and 100 cups.

Every kindergartener sported a personalized "100 hat" and necklace. Several individual classroom teachers read the book "100th Day of School," by Joan Holub, to the students.

In talking with teachers about this celebration, one learns that there are as many activities and ways to celebrate as there are teachers, children and parents. When asked about the origin of the 100th day celebration, Mary Ellen Georgoulakis responded, "I am not certain how it originated. It is a great celebration of math for children. In fact, it is great fun for everyone."

For more information about celebrating the 100th, visit <http://www.siec.k12.in.us/~west/proj/100th>.

(Source: Fort Sam Houston Elementary School)

School board meeting

The Fort Sam Houston Independent School District Board of Trustees will meet Feb. 22 at 11 a.m. at the FSHISD Professional Development Center, 1908 Winans Road.

Parade tickets for sale

The Cole Cougar Pride Club is selling parade tickets for the upcoming 2007 Battle of Flowers Parade April 27 and the Fiesta Flambeau Parade April 28. The seats are located along the 100th block of East



Commerce Street, adjacent to the park in front of San Fernando Cathedral. The area has easy accessibility to parking and food vendors. Tickets are \$8 and all proceeds will benefit the students of Robert G. Cole Jr./Sr. High School and Project Graduation. To purchase tickets, call Randy Teeter at 296-9071.

Scholarships for Military Children program opens for 2007

By Kevin Robinson
Special to the News Leader

FORT LEE, Va. – Gas prices are biting into the family budget, interest rates are rising and college tuition is outpacing inflation. At least some relief is in sight for military families as the Scholarships for Military Children program opens for 2007.

Applications for the \$1,500 scholarships are available at 264 commissaries worldwide or can be downloaded through links at <http://www.commissaries.com>,

<http://www.militaryscholar.org> or <http://www.dodea.edu>.

"Scholarships for Military Children is a wonderful military community program," said Patrick Nixon, Defense Commissary Agency director and chief executive officer. "Nearly 3,000 scholarships totaling over \$4 million have been awarded since the first awards were given in 2001."

Most of the funds are donated by manufacturers, brokers and suppliers selling groceries in commissaries, and every dollar donated to the program by industry or

the general public goes to fund the scholarships. The program is administered by the Fisher House Foundation.

Applications for 2007, which includes an essay on "how and why" the applicant would change an historical event, must be turned in at a commissary by close of business on Wednesday. At least one \$1,500 scholarship will be awarded at every commissary location with qualified applicants.

The program is open to unmarried children under age 21 (23 if enrolled in school) of military active-duty, Reserve,

Guard and retired personnel. Eligibility will be determined using the Defense Enrollment Eligibility Reporting System database. Applicants should ensure that they, as well as their sponsor, are enrolled in the DEERS database and have a current ID card.

The applicant must be planning to attend, or already attending, an accredited college or university full time in the fall term of 2007, or enrolled in a program of studies designed to transfer directly into a four-year program.

Community Recreation

Focus group participants needed

The Directorate of Morale, Welfare and Recreation needs individuals to participate in a focus group discussion Wednesday. The focus group will discuss possible restructuring opportunities at the Sam Houston Club. Information collected from participants will be used to supplement relevant survey findings. For more information, call 221-9904. Deadline to sign up is Friday.

B.G. Johnson 10K

The 2007 B.G. Johnson 10K run will be held Saturday at 8 a.m. at the 32nd Medical Brigade Gym. For more information, call 221-1234 or 221-2020.

Red Cross lifeguard training

The next Red Cross lifeguard class will begin Sunday at the Jimmy Brought Fitness Center pool. The training consists of four sessions to be held Saturday and Sunday from 8 a.m. to 5 p.m. The certification is a minimum requirement for employment as a lifeguard. Participants must be at least 15 years old and pass a pre-test that consists of a 500-meter swim and a 20-yard swim holding a 10-pound object. The cost is \$185 and includes all books, first-aid instruction, cardiopulmonary resuscitation mask and CPR AED for infant, child and adults. Payment is not required until after the pre-test is passed. For more information, call 221-1234.

Yoga, pilate classes

Free yoga classes are held Fridays from 5 to 6 p.m., Saturdays from 8 to 9 a.m. and Wednesdays from 9 to 10 a.m. at the Jimmy Brought Fitness Center. Pilate classes are Tuesdays and Thursdays from 4:30 to 5:30 p.m. at the Jimmy Brought Fitness Center. The cost for each class is \$2 per person. For more information, call 221-2020 or 221-1234.

Yoga, pilate instructors needed

Yoga and pilate instructors are needed at the Jimmy Brought Fitness Center to teach yoga and pilate classes. For more information, call 221-2020 or 221-1234.

5K fun run/walk

A 5K fun run/walk will be held Feb. 24 at 9 a.m. at the Jimmy Brought Fitness Center. The registration fee is \$10 per person. For more information, call Will Lloyd or Lucian Kimble at 221-2020 or 221-1234.

3-D archery shoot

A 3-D Archery Shoot will be held Feb. 24

and 25 with registration from 8 to 10 a.m. This competitive shoot includes 30 3-D animal targets placed at unknown distances ranging from 10 to 40 yards in woodland settings. Awards are given to the top three in each class. The cost is \$15 per person. Minis and cubs shoot free with a paid adult and a playground is available for younger children. For more information, call the Camp Bullis Outdoor Recreation Center at 295-7577.

Run and bike duathlon

The Fort Sam Houston 5K/14 mile/5K duathlon #2 will be held Feb. 25 at 7:30 a.m. starting at Brigade Gym. For more information, call Will Lloyd or Lucian Kimble at 221-2020 or 221-1234.

Health and Wellness Fair

The Jimmy Brought Fitness Center recognizes Healthy Heart Month and will host a free Health and Wellness Fair Feb. 28 from 10 a.m. to 1 p.m. Activities include cholesterol screening, diabetes screening, proper weight training, nutritional information, door prizes and more. Participants who wish to have a cholesterol screening must fast 12 hours before their test. For more information, call 221-2020 or 221-1234.

Air Force Tops and Blue

The 2006 Tops In Blue cast will give a final performance for military members and their families Feb. 23 at 7 p.m. in the Bob Hope Theater, Building 5408, Lackland Air Force Base. The doors open at 6 p.m. This is a free, family-oriented and lively entertainment event. Seating is first come, first served. For complete information, call 671-2619 or 671-3920.

Arts and crafts

Framing, fineline engraving and instructional classes are held at the Arts and Crafts Center, Building 895, Randolph Air Force Base. Services include custom framing and engravings for personal items such as stained glass, trophies and desk sets. Instructional classes provide lessons in basic beaded jewelry, quilting, framing and pastel painting. The Arts and Crafts Center is open Tuesday and Wednesday from 10 a.m. to 7 p.m., Thursday and Friday from 10 a.m. to 6 p.m., and Saturday from 9 a.m. to 4 p.m. For more information on services and the instructional class schedule, call 652-5142.

Paintball adventure

For information on organized paintball activities or future tournaments and events, call outdoor recreation at Lackland Air Force Base at 925-5532.

Transfer home movies to DVD

The Arts and Crafts Center at Lackland Air

Force Base can transfer 8 mm home movies to DVDs. The cost is \$7.50 per hour plus the cost of the disc. For more information, call 671-2515 or 671-2269.

Boxing at the Brought IV

Boxing at the Brought IV will be held March 17 at the Jimmy Brought Fitness Center at 6 p.m. The doors open at 5 p.m. The match-ups are expected to be more fierce and competitive than before. Participating boxers must be registered with USA Boxing and be training 30 days prior to the event. If interested in participating as a boxer at the event, call Earl Young at 221-1180 or e-mail earl.young@samhouston.army.mil. For more information, call 221-2020 or 221-1234.

Dining and Entertainment

Sam Houston Club, 224-2721

Family-style Sunday brunch

Brunch is held the first and third Sunday of each month. The next brunch will be held Sunday from 10 a.m. to 1:30 p.m. at the Sam Houston Club. The brunch features a kids' meal station, a chocolate fondue station, complimentary champagne and an international food station. The cost is \$13.95 for nonmembers, \$11.95 for members and \$7.95 for children 6 to 11 years old. Children 5 years old and under eat free. For more information, call 224-2721.

Texas Hold 'Em

High stakes fun will be held at the Sam Houston Club with the Texas Hold Em tournament March 30 from 6 to 10 p.m. and March 31 from 10 a.m. to 2 p.m.. This is a double elimination tournament. Elimination prizes will be provided, and the first place winner will receive a \$500 Army and Air Force Exchange Services gift card. More details are coming soon. For more information, call 224-2721.

Membership has its privileges

Become a member of the Sam Houston Club and receive special benefits such as a free first month of membership. Members also receive a benefits card that gives the chance to get free items such as Sunday brunch, weekday lunch, bowling games, a bingo package and dinner theater show from various MWR activities. Club members can select one of the complimentary services after using or participating in 10 paid activities at the Sam Houston Club. For more information, call 224-2721.

All-you-can-eat lunch buffet

Enjoy lunch at the Sam Houston Club with friends, family and colleagues. A wide selec-

tion of food items including a deluxe salad bar, soup and dessert are offered daily at the all-you-can-eat lunch buffet. The buffet is served Tuesday through Friday from 11 a.m. to 1 p.m. Eat in or take-out service is available. Delivery is also available for a minimum of 10 orders. Cost is \$6.95 for nonmembers, \$5.95 for members. For more information, call 224-2721.

Golf Club, 221-9386

Warriors Monthly Scramble Golf

Register up to four players in the Warriors Monthly Scramble held the first Wednesday of each month at the Fort Sam Houston Golf Club. The next tournament is March 7. Shotgun start time is at 12:30 p.m. The entry fee is \$20 per person and includes cart rental, prizes and social following the scramble. Participants must be in an authorized pass or leave status. Register at the Golf Club's Pro Shop. For more information, call 222-9386. In April, Warriors Scramble moves to the first Friday of each month.

Bowling Center, 221-3683

Quick-Play bingo

Quick-Play bingo units are available at the Fort Sam Houston Bowling Center. Quick-Play is a personal handheld device that allows patrons to play bingo by using simple touch-screen technology. Choose up to four bingo cards to play at the same time. Each unit is lightweight and easy to use. The device can be used by bingo enthusiasts who want to play alone at a time convenient to them or by bowling center patrons awaiting their chance to bowl. For more information, call the bowling center at 221-3683.

Harlequin Dinner Theatre, 222-9694

The Agatha Christie mystery, "The Mousetrap," will be performed at the Harlequin Dinner Theatre through Saturday. Performance tickets are \$24.95 Wednesdays and Thursdays and \$27.95 Fridays and Saturdays. Doors open for salad bar and cocktails at 6:15 p.m. with a buffet from 6:30 to 7:30 p.m. The play begins at 8 p.m. Military discounts are available. To make reservations or for more information, call 222-9694.

MWR Ticket Office, 221-1663

Tickets for the 2007 San Antonio Stock Show and Rodeo are on sale at the MWR Ticket Office located inside the Sam Houston Club. The Rodeo will be held today through Feb. 18. The ticket office is open Tuesday through Friday from 10 a.m. to 5 p.m. For more information, call 226-1663 or 224-2721.

Child and Youth Services

CYS talent show

The second annual Child and Youth Services Talent Show will be held Saturday from 7 to 9 p.m. at the Roadrunner Community Center, Building 2797. Talent categories include dance, vocals, step, comedy and more. The public is invited to watch Fort Sam Houston's youth, ages 3 to 18, display their talents. For more information, call Central Registration at 221-4871 or 221-1723.

Parent Advisory Council meeting

The Child and Youth Services Parent Advisory Council will meet Tuesday from 11:30 a.m. to 12:30 p.m. at the Child Development Center. Lunch will be provided. All CYS patrons are encouraged to attend. This is an opportunity to meet the staff and learn of upcoming events and parent education opportunities.

Baseball registration

Registration for youth baseball will be held through March 9 at Central Registration for children ages 3 to 17. Participants must be registered with Child

and Youth Services. To register, patrons must have a current sport physical, updated shots for kindergarten through fifth grade, Child's Social Security number, two local emergency designees; sponsor's Leave and Earning Statement, spouse's W-2 form. There is a \$18 registration fee and \$45 baseball fee. If financial documentation is not provided patrons will be placed in the highest income category. For more information, call Central Registration at 221-4871 or 221-1723.

Sports registration requirements

Registration for any Child and Youth Services sports requires a current sport physical and shot records for children fifth grade and younger; two local emergency designees; \$18 registration fee; activity fee; the child's Social Security number; sponsor's Leave and Earnings Statement and spouse's W-2 form. Patrons who do not provide income verification will be placed in the highest income category.

Intermittent childcare

Child and Youth Services provides hourly care for families seeking intermittent childcare. Children must be registered with CYS. Care is based on availability and must be reserved in advance. School Age Services

offers five to 10 free hours of open recreation to registered SAS users Monday through Friday from 3 to 6 p.m. for first through fifth grade children and must not exceed two days per week. For more information, call Central Registration at 221-4871 or 221-1723.

Instructors needed for SKIES

The Schools of Knowledge, Inspiration, Exploration and Skills seeks instructors in the following areas: dance, swimming, cooking, self-defense, art, voice, gymnastics, ceramics, stained glass, basic automobile, rollerskating, SAT/ACT preparation, astronomy, basic budgeting, science exploration, languages and sewing. SKIES instructors must successfully pass background clearances, be current in infant, child and adult cardiopulmonary resuscitation and first aid. Classes will be taught at Fort Sam Houston for ages 3 through 18, when age appropriate. For more information, call 221-0497.

Baseball coaches needed

The Child and Youth Services Sports Program is recruiting for volunteer baseball coaches. Applicants must consent and clear background checks. For more information, call 221-4871 or 221-5513.

Youth Happenings

Youth Center closure

The Youth Center will be closed Monday in observance of President's Day. It will reopen Tuesday during normal hours.

Cooking classes

Cooking classes will be held every Friday and Saturday with the following schedule:

Friday - country crunch pancakes
Saturday - chili burgers
Feb. 23 - pizza casserole
Feb. 24 - sausage and rice skillet

Parent/staff/youth basketball

The Youth Center will host parent/staff/youth basketball games Feb. 24 at 8 p.m. Parents are encouraged to join the staff and challenge the youth. For more information, call 221-3502.

School clubs

The club meeting schedule for middle school and teenage youth is as follows:
Today - Passport to Manhood, 5 p.m.
Wednesday - Photography club, 5 p.m.
Feb. 26 - Ultimate Journey club, 5 p.m.

Black History Month trivia contest

1. Dr. Mae Jemison is famous for doing what?
2. Her book, "Poems on Various Subjects, Religious and Moral," gained attention in both England and the United States. There is also a local San Antonio high school named after her. Who is she?
3. Which president issued an executive order requiring integrated units in the armed forces?
4. The Mississippi Freedom Summer Project in 1964 set out as a project to assist blacks in getting registered to vote. Things went very wrong; what happened?
5. What one item has become most synonymous with assisting those slaves who used the

Underground Railroad to gain their right to freedom?

People should e-mail trivia contest answers to Gayle.Ellis@amedd.army.mil or deliver them in a sealed envelope addressed to Gayle Ellis, BEP committee member, Room 1335, Building 2841, no later than the Tuesday following the publication of the questions. The first person to submit the correct answers will win a prize and have their name published, along with the answers, in the next edition of the News Leader. For more information, call Ellis at 221-7709. Feb. 8 trivia contest answers are:

1. It's a historical account of the men and women of the black press who gave a voice to Black America.
2. 40 acres and a mule.
3. New York Congresswoman Shirley Chisholm
4. She was a world-renowned aerobatic pilot, skydiver and air show performer, and she opened the frontier of aviation for African-Americans.
5. Medgar Evers.

The winner for the Feb. 1 trivia contest was Sgt. 1st Class Rosetta Lee. The winner for the Feb. 8 trivia contest was Evelyn Naylor. Congratulations!

Black History Month DVDs, videos

The Fort Sam Houston Museum has a variety of audiovisual materials available to support Black History Month activities to include "African Americans In World War II: A Legacy of Patriotism & Valor" on DVD, and "America's Black Warriors: Two wars to Win," on DVD and VHS. For more information or a full list of titles, call the Fort Sam Houston Museum at 221-1886.

Events

Sergeant Audie Murphy selection board

The Sergeant Audie Murphy Club Selection Board candidate packets are due Friday. The Installation Board will convene Feb. 23 at 6 a.m. in the 32nd Medical Brigade Conference Room, Building 902. For more information, call Sgt 1st Class Tiffany Reid at 295-4442 or e-mail tiffany.reid@amedd.army.mil, or call Sgt 1st Class Diana Istre at 221-9925 or e-mail diana.istre@amedd.army.mil.

VFW 'Buddy Poppy' fundraiser

The VFW Post 8111 will hold a "Buddy Poppy" fundraiser Saturday from 9 a.m. to 6 p.m. at the Main Post Exchange. Proceeds from the event will go to the Cole High School Junior ROTC scholarship program.

OCSC February luncheon

The Officer and Civilian Spouses' Club will host a luncheon Tuesday at 11 a.m. at the Sam Houston Club. Due to the cancellation of January's luncheon, this month's theme is "Italian Bistro Bingo." Italian food will be served for lunch and bingo will be played. The cost is \$14. For reservations, call Sigrid Reitstetter at 226-8806. For information on membership, call Susan Luciano at 475-9973.

'RecruitMilitary' career fair

The "RecruitMilitary" Career fair will be held Feb. 22 from 11 a.m. to 3 p.m. at the Eisemann Center, 2351 Performance Drive, Richardson, Texas. The career fair is free and open to veterans, personnel who are transitioning from active duty, Reserve, Guard, and military spouses. For more information or to register, visit www.recruitmilitary.com or call Bill Offutt at 202-693-4717 or e-mail offutt.william@dol.gov.

MOAA luncheon

The Military Officers Association of America, Alamo Chapter will host a luncheon Feb. 22 at 11 a.m. at the Randolph Air Force Base Officer's Club. The guest speaker will be retired Navy Reserve Capt. John Woody, the national president of The Gamewardens of Vietnam Association. The cost of the luncheon is \$15. For more information or reservations, call 228-9955 or e-mail moaa-ac@sbcglobal.net.

Hospital Corps Anniversary Social

The U.S. Army Medical Department Hospital Corps will hold an Anniversary Social Feb. 23 at 4:30 p.m. at the Army Medical Department Museum. The guest speaker for the event will be retired Army Command Sgt. Maj. Sandra Townsend. Dress is casual. The cost is \$5. For more information, call Sgt 1st Class Dantzler at 221-7732 or e-mail raquel.dantzler@amedd.army, or call Sgt 1st Class Reid at 295-4442 or e-mail tiffany.reid@amedd.army.mil.

OCSC chocolate tour, massage

The Officer and Civilian Spouses' Club will host a tour of the Schokolad Chocolate Factory, 19141 Stone Oak Parkway, Feb. 23 beginning at 1 p.m. Massage sessions will also be offered at 2 and 3 p.m. The cost for a massage is \$39.99. The tour will meet at the commissary

parking lot at 12 p.m. to carpool. For more information or reservations before Tuesday, call Alicia Utz or e-mail A-to-z@earthlink.net.

Harlequin open auditions

The Harlequin Dinner Theatre is holding open auditions Feb. 26 and 27 from 7 to 8:30 p.m. for the play "The Supporting Cast," a comedy by George Furth. Auditions will be both nights with William C. Champlin directing. There are openings for one man and four women. Volunteers are also needed for assistant director, stage manager, light and sound technicians, props and stage crew. For more information, call 222-9694.

'The Bus Stop' at Harlequin

The Harlequin Dinner Theatre presents "The Bus Stop," a play by William Inge, Wednesday through Saturday Feb. 28 through March 31. Prices are \$27.95 Fridays and Saturdays and \$24.95 Wednesdays and Thursdays. Military and students discounts are available. The house opens at 6:15 p.m., with the show beginning at 8 p.m. The box office is open from weekdays from 12 to 5 p.m. and Saturdays from 1 to 5 p.m. For more information or reservations, call 222-9694.

Cloverleaf speech contest

The Cloverleaf Communicators will host a Speech Contest March 1 from 11:30 a.m. to 1 p.m. at the Sam Houston Club in the Crockett Room. Four speakers will compete. The international training in communication organization teaches members good communication techniques while enhancing their organization and leadership skills. For more information, call Deborah Bowman at 221-6517 or Mariea Shelton at 916-3406.

Senior Games of San Antonio

The Senior Games of San Antonio will be held March 23 through April 1 at several city-wide locations with competitions ranging from archery to volleyball. Applications are available at the Barshop Jewish Community Center, local Barnacle Bill's, all WellMed medical groups, Parks and Recreation locations and most bowling alleys. Participants can also register online at www.saseniorgames.com. Registrations must be received at the JCC by March 11. The Games are open to adults ages 50 and older. For more information, call the Senior Games Hot Line at 302-6820.

Hiring Heroes career fair

The Hiring Heroes career fair will be held March 27 from 9 a.m. to 3 p.m. at the Fort Sam Houston Club, 1395 Chaffee Road. Attendees should bring copies of their résumé and be prepared to meet with recruiters. For assistance with résumé building, call the Army Career and Alumni Program at 221-1213 or the Family Member Employment Assistance Service Program at 221-0516. For more information, call Michael Main at 221-0619 or e-mail michael.main@samhouston.army.mil.

ROA offers scholarships

The Reserve Officers Association is accepting applications for the Henry J. Reilly Memorial Scholarship. Applications are available online at www.roa.org/site/PageServer?pagenam=reilly_scholarship. The submission deadline is April 10. A minimum of 60

scholarships will be awarded to graduate and undergraduate children and grandchildren of members. For more information, e-mail henry.david.Pendleton@us.army.mil.

SA Symphony military discounts

The San Antonio Symphony 2006-2007 concert series consists of 12 classical concerts, six pop concerts and four special events. The concerts are held Fridays and Saturdays at 8 p.m. at the Majestic Theatre. Military discounts are available. For reservations, call Karen Cramer at 554-1000 or e-mail cramer@sasymphony.org. For dates and feature artist, visit www.sasymphony.org.

Meetings

Sergeant Audie Murphy Club meeting

The Sergeant Audie Murphy Club, SMA Van Autreve Chapter, will hold a meeting today from 11 a.m. to 1 p.m. at the Sam Houston Club Sports Bar. For more information, call Sgt 1st Class Tammy Crawley at 215-3325.

Warrant Officer Association meeting

U.S. Army Warrant Officer Association - Lone Star Chapter meets the third Monday of the month at 7 p.m. at the VFW Post 8541, 2222 Austin Highway, between Perrin Beitel and Eisenhower roads. All active duty, retired, Reserve, National Guard warrant officers, and family members of current or retired warrant officers are invited. For more information, call Bill Strout at 590-2642 or e-mail bstrout@texas.net, or call Suzan Farrell at 378-0422 or e-mail susan.farrell@us.army.mil.

Retired Officers' Wives, Widows meet

The Retired Officers' Wives and Widows Club will meet March 27 at 11 a.m. at the Sam Houston Club. Guests are welcome. For more information or reservations, call Arline at 822-6559.

Disabled American Veterans meeting

The Disabled American Veterans, Alamo Chapter 5, will hold a meeting Saturday at 10 a.m. at the Rolling Oaks Christian Church, 7150 Stahl Road, behind Wal-Mart. For more information, call Albert Erazo at 651-7303, Duck Hendershot at 830-624-1949, or visit www.davalmot.org.

SAMC study group

The Sergeant Audie Murphy Club, SMA Van Autreve Chapter, conducts a study group Tuesdays and Thursdays from 11:45 a.m. to 12:45 p.m. in Building 1350 for Soldiers preparing for competition boards. For more information, call Master Sgt. Adrienne Berkley at 295-4545 or 737-4540 or e-mail Adrienne.Berkley@us.army.mil; or call Sgt. 1st Class Tiffany Reid at 295-4442 or e-mail Tiffany.reid@amedd.army.mil.

Training

Green to Gold briefings

The Fort Sam Houston Education Center will host Green to Gold briefings for Soldiers interested in the ROTC program through March 7 at 9 a.m. and 1 p.m. in the Army Learning Center, Building 2247, Stanley Road. The Army ROTC cadre from The

University of Texas at San Antonio, along with the 12th ROTC Brigade Recruiting Office, will be present to conduct the briefings and provide additional guidance. For more information, call 295-2005.

FRG mobilization training

The Army Community Service Mobilization, Deployment and Stabilization training will be held March 1 from 11:30 a.m. to 1 p.m. in Building 2797, Stanley Road. This training is required for Family Readiness Group leaders and unit liaisons. Training will cover revised regulations and policies and will provide an opportunity to exchange "best practices." For more information or to make reservations, call 221-0946.

FRG Basic Leadership training

The Army Community Service Basic Leadership training and workshop will be held March 8 from 8:30 a.m. to 3:30 p.m. in Building 2797, Stanley Road. This training is required for FRG leaders and unit liaisons. The workshop will cover the basics for establishing an FRG; attendees will receive additional tools for continued success. To schedule briefings at the unit or to make reservations for future training, call 221-0946.

Green to Gold program (UTSA)

The Army ROTC program at The University of Texas at San Antonio is seeking enlisted Soldiers who are interested in becoming Army officers upon completion of a bachelor's degree. For more information, call Capt. Chez Varela at 458-5607, e-mail chez.varela@utsa.edu or visit <http://www.armyrotc.utsa.edu/>.

Homeland Security courses

The University of Texas at San Antonio offers graduate certificates in Security Studies: Homeland Security and Defense. Classes begin in the spring semester. For more information, call James Calder at 458-7671 or e-mail james.calder@utsa.edu.

Volunteer

Endodontics patients needed

The Department of Endodontics at MacKown Dental Clinic on Lackland Air Force Base seeks patients who need root canal therapy. Applicants must be a military retiree, family member of a retiree or family member of active duty and have been recently diagnosed by a dentist as having an endodontic condition requiring root canal therapy. Patients should obtain a written consult from their referring dentist and fax it to 292-6431 or bring it to the MacKown Dental Clinic during normal duty hours. For more information, call 292-7214.

Denture patients needed

The Prosthodontics Department at Wilford Hall Medical Center seeks a limited number of patients who are need of new complete dentures. Applicants must be a military retiree, a family member of a retiree or a family member of an active duty military member and must have a need for a new set of complete dentures. Individuals enrolled in the Dependents' Dental Plan are not eligible for treatment, unless they have exceeded their annual coverage. For more information, call 292-4208.

Submission guidelines:

Freebies are published on a first-come, first-served basis. The deadline is noon Monday. Freebies are intended for personal household goods, and may only be submitted by active, retired or reserve military members and civilian employees working on Fort Sam Houston. Real estate ads will not be published. To submit a Fort

Freebie, e-mail news.leader@samhouston.army.mil or fax to 221-1198. Freebies run for one week unless submitter calls to renew. Limit of five items per entry. For more information, call 221-1031.



For Sale: 1967 Cadillac Deville, two-door convertible, light blue with white leather interior and white top. Call 386-3066.

For Sale: 1994 Chevrolet Corvette, red, tinted windows, leather seats, Pioneer system, 39K miles, \$16,500. Call 647-8786.

For Sale: 2005 model Trek Session 77 free ride bike, small size, \$1,500 obo. Call 945-7627.

For Sale: RCA 61-inch big screen TV, in excellent condition, \$700 obo. Call 310-1770, leave message.

For Sale: Canon CanoScan LIDE 20 flatbed scanner with software, \$25; HP and CD Writer 8230e with software, \$20; HP 932c desk jet printer with software and cartridges, \$20. Call 725-5131.

For Sale: UBH II large Bass Hunter boat has seats and is wired, has not been used or registered, \$500 obo. Call 386-8355.

For Sale: Toshiba Cinema Series 27-inch TV includes Signature 2000 cassette recorder and Toshiba SD 1600 DVD video recorder, in excellent condition, \$250 obo; Durapella microfiber sofa, cocoa color, less than two years old, no stains, in excellent condition, \$250 obo. Call 590-4854.

For Sale: Two Little Tykes race car beds, one twin size with toy box hood, red, \$125; one toddler size, blue, \$75. Call 497-0991 or 347-4558.

For Sale: Left-handed golf clubs 3-9 PW, 1-3-5 woods with bag, \$150, 20-inch color TV, cable ready with remote, \$45; CRT tube tester model 800, \$20; HAM radio icon 260/AE, \$160; Big Bertha titanium Hawkeye, 3 and 5 woods, \$125 each. Call 227-6590 or 213-3347.

For Sale: Black weather guard tool box with lock and extender for truck, will fit F150 trucks, \$250 obo and \$100 for extender. Call 826-5357.

For Sale: Monterrey rustic table with four chairs, in

excellent condition, \$500; Canon AE-1 program 35MM camera includes two lens, flash and other extras, \$200; Medicus 2000 dual-hinged swing trainer includes DVD, manual and adjustment tool, \$95; Affinity 60 degree lob wedge, \$15; golf pull cart, \$15. Call 697-9261 or 363-4056.

For Sale: 1992 Ford Magnum conversion van, loaded, luxury interior complete with dual air and heat, AM/FM stereo system, TV and VCR, electric rear cloth bench, four captain's chairs, maintenance records, \$3,000. Call 659-6741.

For Sale: Sofa, \$195; white desk with hutch and matching dresser, \$375; dinette with four chairs, \$120; Signature 19-inch TV, \$45; dinette with three chairs, \$130. Call 648-6321.

For Sale: Upright piano with bench, \$350 obo; treadmill, \$250 obo; oak day bed with mattress, \$150 obo; refrigerator, \$100 obo; upright dresser, \$75 obo. Call 845-309-2765.

For Sale: All bicycle parts. Call 967-6359.

Wanted: Moving boxes. Call 538-8133 or 627-1223.