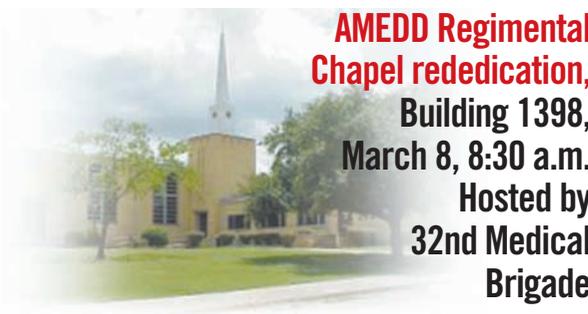


AMEDD Regimental Chapel rededication,
 Building 1398,
 March 8, 8:30 a.m.
 Hosted by
 32nd Medical
 Brigade



BAMC construction reaches next phase

The Base Realignment and Closure project to expand Brooke Army Medical Center is moving into an accelerated phase of construction with the completion of the structural steel frame of the hospital's seven-story addition.

To celebrate, a "Topping Out" ceremony was held Feb. 25 to mark the placement of the last steel girder needed at the top of the addition to finish the frame.

The final beam was signed by several members of the San Antonio military community including Maj. Gen. Russell Czerw, commander, Fort



Photo by Kari Thresher
 Army Col. Mary Garr, garrison commander, signs her name to the last steel girder to be placed in the new construction expanding BAMC during a "Topping Out" ceremony.

See BAMC P6

CENTENNIAL OF MILITARY FLIGHT



Photo by L.A. Shively
 Air Force Gen. Stephen R. Lorenz (left), commander, Air Education and Training Command, Randolph Air Force Base, and Army Maj. Gen. Russell J. Czerw, commander, Fort Sam Houston and Army Medical Department Center & School, salute after placing a wreath dedicating the commemoration of the Centennial of Military Flight celebration, March 2. Behind Lorenz and Czerw is the "Yellow Bird," a replica of the Wright 'B' Flyer Lt. Benjamin Foulois used during his experiments with military applications of aircraft in 1910. Don Gum (center), sitting in the pilot's seat, taxied the aircraft across MacArthur Parade Field during the ceremony.

ARSOUTH Soldier receives Bronze Star for service in Iraq

Warrant Officer Abelardo Villarreal (right) stands with Maj. Gen. Simeon Trombitas, U.S. Army South commander after being awarded the Bronze Star in a ceremony held in front of the U.S. Army South Headquarters, Fort Sam Houston.

Photo by Alex Delgado



By Alex Delgado
 ARSOUTH Public Affairs

Warrant Officer Abelardo Villarreal, currently assigned to U.S. Army South, was awarded the Bronze Star in front of the U.S. Army South Headquarters, Feb. 19.

Maj. Gen. Simeon Trombitas, commander of Army South, presented the

award to Villarreal for outstanding service while assigned as an intelligence noncommissioned officer for the 2nd Battalion, 7th Cavalry Regiment, 4th Heavy Brigade Combat Team, 25th Infantry Division in Mosul, Iraq.

Villarreal was assigned there from Oct. 31, 2007 to Jan. 28, 2009 in support of Operation Iraqi Freedom.

"His efforts led to the capture and retention of the insurgents ultimately saving the lives of Soldiers," said Trombitas. "Those efforts also provided security and stability to the city of Mosul."

Villarreal single-handedly developed all the intelligence products for the battalion,

See BRONZE STAR P9

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Soldiers, Families top Army priorities, leaders say

By Lisa Daniel

American Forces Press Service

Funding programs to support Soldiers and their Families is the Army's top priority in the new fiscal year, the service's secretary and chief of staff told a Senate panel Feb. 23.

Army Secretary John M. McHugh, a former Congress member who served on the House Armed Services Committee, returned to Capitol Hill to give his assessment of where the Army stands and where it needs to go.

"I found an Army clearly fatigued by nearly nine years of combat," McHugh told the Senate Armed Services Committee. "But through it all, they are more resilient."

To sustain and improve that resilience, McHugh and Army Chief of Staff Gen. George W. Casey Jr. spoke for the need to improve Soldiers' "dwell time" at home between deployments, as well as Army Family support and mental health programs.

"We remain out of balance," McHugh said. "Our all-volunteer force is a national treasure. If we wish to sustain it, Soldiers and their Families must be our top priority. For those of us in the Army Family, it is the top priority."

The Defense Department's fiscal 2011 budget request includes \$1.7 billion to fund what McHugh called "vital" Family programs such as those to provide respite care and spousal employment, and to open some 50 child care centers and

seven youth centers.

"We sign up the Soldier, we sign up the Family," McHugh said.

Casey agreed that keeping Families happy is critical. "Keeping our Families understanding that we really are committed to them over the long haul is essential to holding this force together," he said.

er," he said.

The most important element for putting the Army "back in balance," Casey said, is to increase the time Soldiers are home between deployments.

"What we continue to see across the force is the cumulative effects of these deployments," he

said. Army studies show two to three years of dwell time is needed to recover from one year of deployment, he added.

The Army has increased dwell time from 12 to 18 months and plans that by the end of next year all Soldiers would have two years at home following one year of deployment, Casey said.

"When you're only home for a year, you barely have time to finish your leave before it's time to go back," he said. "We've discovered that the difference between 18 months at home and

12 months is significant."

Casey went on to say a two-year dwell time will be even more significant to help Soldiers and Families, and also to train units more broadly for various operations.

The proposed budget builds on increases this year in funding for base operations, and the Army is conducting a mid-year review to assess base programs, McHugh said, adding that funding will not be cut for Family programs.

"As our installations look for ways to operate

See PRIORITIES P12



Photo by D. Myles Cullen

Secretary of the Army John McHugh talks with Sen. John McCain (R-Ariz.) and Sen. Joseph Lieberman (I-Conn) prior to the Senate Armed Services Committee for the Army's 2011 fiscal year budget in Washington, D.C., Feb. 23.

Thought of the Week

You must regulate your life by the standards you admire when you are at your best. — John M. Thomas
(Source: Bits & Pieces)

Weekly Weather Watch

	March 4	March 5	March 6	March 7	March 8	March 9
San Antonio	 67° Partly Cloudy	 65° Chance of Rain	 65° Chance of Rain	 68° Chance of Rain	 74° Chance of Rain	 74° Partly Cloudy
Kabul Afghanistan	 51° Chance of Rain	 51° Clear	 51° Chance of Rain	 59° Clear	 59° Clear	 62° Chance of Rain
Baghdad Iraq	 62° Clear	 69° Scattered Showers	 78° Clear	 82° Partly Cloudy	 80° Scattered Showers	 91° Partly Cloudy

(Source: Weather Underground at www.wunderground.com)

News Briefs

Forage Avenue Closure

Due to the construction of the Medical Education Training Center Campus Integration Plan, Forage Avenue at the Sam Houston Club will be closed. Other parking will be available in the area for club patrons. This action is a BRAC Initiative.

Rededication of the AMEDD Chapel

The 32nd Medical Brigade will host a rededication of the AMEDD Regimental Chapel March 8, 8:30 a.m., Building 1398. Call 221-0236/3231/3390.

Hiring Heroes Resume Workshop/Career Fair

The Hiring Heroes Resume Workshop will be held March 8, 9 a.m.-4 p.m. and the Career Fair will be held March 9, 9 a.m.-3 p.m., both at the Sam Houston Club. See page 22 for more details.

Women's History Month

The Fort Sam Houston Women's History Month Commemoration will be held March 30, 11:30 a.m.-1 p.m. at Army Community Service, Building 2797. Call 295-0561.

Military Tax Assistance Centers

The Fort Sam Houston Military Tax Assistance Center is located in Building 158, the hours are Tuesday-Friday, 9 a.m.-5 p.m. and Saturdays, 9 a.m.-2 p.m. Call 295-1040 or 221-1040. The Brooke Army Medical Center, located in the BAMC library, is open Monday-Friday, 9 a.m.-4 p.m. Call 916-1040.

Pre-Command Course

The course will be held March 22-25 for all new first sergeants and company commanders. The intent is to provide new company leadership a full understanding of garrison resources available to assist them during their time in command at FSH. The briefings will begin at 8:30 a.m. in Building 2398, across from the Lemon Lot, on Scott Road. The briefing will come from various garrison organizations the first three days with a tour of training facilities at Camp Bullis on the fourth day. To register, call 221-1586 or 221-2241.

Soldiers compete, win NCO and SOY awards



Photo by Kelly Schaefer

Command Sgt. Maj. Donna Simmons (center), Brooke Army Medical Center and Southern Regional Medical Command (Provisional) Command, with the competitors for the 2010 NCO/SOY competition.

By Maria Gallegos
BAMC Public Affairs

The Southern Regional Medical Command (Provisional) Noncommissioned Officer and Soldier of the Year Competition took place at Camp Bullis, Feb. 8-12.

"Every noncommissioned officer and Soldier that came from the 11 military health care facilities are all winners," said Command Sgt. Maj. Donna M. Simmons during her opening remarks.

"But only one Soldier and one NCO will have the honor to

represent the Southern Regional Medical Command at the U.S. MEDCOM Command 2010 NCO and Soldier of the Year 'Best Warrior' Competition."

Twenty-one best-of-the-best warriors throughout the medical region came together to

compete against each other to capture the title and were challenged with a myriad of vigorous tests including an Army Physical Test, Weapons Qualification; Day and Night Land Navigation; a written

See AWARDS P10

BAMC receives awards at Military Health Systems Conference

Brooke Army Medical Center was recognized as the top performer and the most improved in the Evidence Based Medicine compliance category of all Army Medical Centers during Medical Command's Winter Performance Awards ceremony at the Military Health Systems Conference, National Harbor, Md., in January.

BAMC was also recognized as being the winner of the Access to Care Award in the Medical Center Peer Group and received

checks totaling \$360,000.

Four award categories included Workload, Evidence Based Medicine, Patient Satisfaction and Access to Care.

Workload awards recognized Military Treatment Facilities and Dental Regions for gains of more than 5 percent in either inpatient or outpatient workload. Twenty-four MTFs and five Dental Regions were recognized.

Evidence Based Medicine and Patient Satisfaction Awards

were given to the three commands with the best overall performance within their respective peer group, and to the three commands that have shown the greatest improvement over a year ago within their peer group.

The Access to Care Award was presented to the three Military Treatment Facilities that best supported the Army Medical Department's Access to Care Campaign.

(Source: BAMC)



Courtesy Photo

Brig. Gen. W. Bryan Gamble, deputy commander, Southern Regional Medical Command (Provisional) and Lt. Gen. Eric B. Schoomaker, Army surgeon general hold checks totaling \$360,000.

Neel was Army aviation medicine pioneer, father of 'DUSTOFF'

By Dan Gower
AMEDDC&S

Maj. Gen. Spurgeon Hart Neel Jr. leaves a lasting legacy as a true pioneer of U.S. Army aviation medicine.

He was the Army's first aviation medical officer, the first medical officer to receive flying status and developed the principles of aeromedical evacuation of battlefield casualties.

Neel established the Aviation Branch within the Office of the Surgeon General and became its first chief, later designing the Aviation Medical Officer Badge and becoming its first recipient. He also chaired the board that tested, evaluated and recommended the use of the helicopter in medical evacuation roles.

His programs, innovations, helicopter modifications, and procedures laid the foundations of aviation medicine, and he was instrumental in developing a system of rapid evacuation of wounded Soldiers off the battlefields of Korea and Vietnam by use of helicopters. Thousands of Soldiers' lives were saved as a result of rapid transport to medical care. This concept now extends to use in the civilian community.

Just a few of his many other accomplishments include the development of the Flight Surgeon MOS, command of the 44th Medical Brigade in Vietnam, and being the impetus for the Military Assistance to Safety and Traffic (MAST) Program. Neel is also well known as "The Father of DUSTOFF," which is the code name for medical evacuation. In Vietnam, the Army formed "dustoff" units, which evacuated about

380,000 patients.

At the U.S. Army Medical Department Center & School on Fort Sam Houston, the Maj. Gen. Spurgeon Neel DUSTOFF Memorial Plaza is also dedicated in his honor. In the plaza's center is a UH-1 Huey DUSTOFF aircraft, which Neel helped design, that stands in memory of the 214 DUSTOFF warriors killed during the Vietnam War.

Just across from the Center and School is the U.S. Army Medical Department Museum, to which Neel and his wife, Alice, dedicated their post-retirement lives to the establishment and endowment of this museum.

The Neels donated thousands of dollars and countless hours of their time to ensure that this dream came true. Alice even served as a volunteer in the Museum Gift Shop, raising money for the museum's funding.

Before joining the military, Neel went to Memphis State University, where he studied pre-med in order to get a Regular Army Commission. He received his medical degree from the University of Tennessee, College of Medicine, and completed his internship at Methodist Hospital in 1943.

Following his internship, Neel entered military service and completed his medical residency program in radiology at Santa Anna Army Air

Base, Calif., in 1944. By the end of World War II, he was commanding a medical company in Europe.

As Chief, Field Medical Service Branch, Medical Field Service School from 1952 to 1953, Neel developed procedures based on Korean War experience, which led to the establishment of helicopter ambulance medical detachments and recognition of helicopter evacuation as a medical mission. These teams are still the basis of today's helicopter ambulance companies.

In January 1955, Neel served as a medical member of the Department of the Army board that conducted design competitions to select the new standard Army utility helicopter. Of more than a dozen competitive proposals, the Bell candidate was selected. This aircraft ultimately became the UH-1 "Huey."

As a surgeon, Military Assistance Command in Vietnam from 1965 to 1966, Neel developed requirements for and coordinated introduction of medical air ambulance units during the buildup. He established the Saigon Office of the Far East Joint Medical Regulating Office, which managed patient movements within and from the Republic of Vietnam during the war. He

coordinated the U.S. Army aeromedical evacuations for the Marines, Republic of Vietnam Air Force, Allied Forces, and Republic of Vietnam civilians.

As surgeon and hospital commander at the U.S. Army Aviation Center, Fort Rucker, Ala., from 1961 to 1964, Neel established the U.S. Army Aeromedical Research Laboratory, established the director of the Department of Aeromedical Education and Training in the U.S. Aviation School, established the formal Aviation Medicine Consultation Service, and coordinated the design and initiated construction of Lyster Army Hospital, which has a specialized aviation medicine capability.

In the 1970s, Neel advocated civilian air ambulance systems and oversaw formation of the 507th Medical Company, which provided military assistance to safety and traffic. By rescuing more than 5,000 civilians from car wrecks, floods and trauma cases in and around San Antonio, MAST further promoted air ambulance service. Neel's concept, put into practice and refined over time, has saved countless lives and his concept of flying ambulances is used daily to help civilians and troops at war.

Neel is credited with publishing 36 articles pertinent to



Maj. Gen. Spurgeon Hart Neel Jr.

both civilian and military medicine, and especially to the area of aviation medicine. He held eight unit command positions during his career, from a platoon all the way up to the U.S. Army Health Services Command at Fort Sam Houston.

Neel's ventures after retiring kept him involved in medicine. He was a Clinical Associate Professor Family Practice at the University of Texas Health Science Center in San Antonio and a Patient Care Coordinator for the Bexar County Hospital District, with daily involvement in utilization review, quality assurance, and risk management. He was a Professor of Occupational Aerospace Medicine for the University of Texas, School of Public Health, MPH Program in San Antonio.

From 1977 to 1980, Neel also maintained an active private practice in Occupational Medicine with Occupational Health Associates in San Antonio.

Neel was born in Memphis, Tenn., on Sept. 24, 1919, and passed away in San Antonio June 6, 2003. He is buried in the Fort Sam Houston National Cemetery.

First African American to graduate West Point honored in play

By L.A. Shively
FSH Public Affairs

Commanding the stage, actor George (Bob) Snead brought the lost epic of Army 2nd Lt. Henry Ossian Flipper's struggles and achievements to life in front of a packed house.

Flipper was the first African American to graduate from the United States Military Academy at West Point, though he was not the first to enter the institution.

His story has been rarely told, but Snead's research led to creation of a one-act play, "Held in Trust," he presented through dramatic monologue at the Harlequin Dinner Theatre, Feb. 25, commemorating February as Black History month.

After graduating with civil engineer's credentials, Flipper was assigned to the 10th U.S. Cavalry in 1877, one of only two black cavalry regiments organized after the Civil War.

Born into slavery in Georgia, his commission

as an officer of the regular Army and assignment to the cavalry was the realization of a personal dream according to Snead.

Flipper was emancipated in 1865 while still a boy, managed to become well-educated, and was nominated to West Point by Georgia congressman James Freeman.

Unfortunately, his years at West Point were unhappy. Snead relates in his play that because Flipper was the solitary African American at the academy, the Corps of Cadets gave him 'the silence.' Cadets refused to communicate with him in any way other than through official orders.

"He will be ignored as though he doesn't exist," Snead related.

Flipper was given 'silence' from the day he entered the academy. Other cadets resigned or committed suicide, but Flipper endured a full four years of 'silence' and graduated.

His solitude followed



Flipper

Photo courtesy U.S. Military Academy West Point

him into active duty. As the only black officer in the 10th, Flipper had no social life except during official functions. His friendship with a white woman was scoffed at, caused him trouble and, Snead believes, led to court-martial for the offense of theft – misappropriation of Company funds.

Flipper was dishonorably discharged, stripped of his commission but not of his Army-earned civil engineer's credentials, and not sentenced to



Photo by L.A. Shively

Army veteran George (Bob) Snead portrays the life of 2nd Lt. Henry Ossian Flipper during a Black History commemoration at the Harlequin Dinner Theatre.

prison. Others convicted of the same offense had been stripped of their credentials and sentenced to a federal penitentiary.

"Why not Flipper?" asks author C. F. Eckhardt in his article for "Texas Escapes Online Magazine."

"When Flipper walked out of Fort Davis amidst the turned backs of the troops with 'Rogue's March' playing in the background, his next stop was El Paso. There, waiting for him, was a

fully-equipped civil engineer's office. On the desk were contracts for civil engineering work—most particularly surveying across Western Texas, New Mexico, and Arizona. Many of those contracts came directly from the War Department and involved work to be done for the U.S. Army," Eckhardt wrote.

Perhaps the contracts were the Army's attempt at reconciliation.

Flipper maintained his innocence and sought to clear his name throughout his life. In 1999, President William Clinton posthumously pardoned Flipper, 59 years after his death and 117 years after his dismissal from

See BLACK HISTORY P7

EXCEPTIONAL YOUTH



Photos by Lori Newman

Vincent Allen, Middle School and Teen Center director, presents Joe Kauffman The Fort Sam Houston Youth of the Year Award. Kauffman will represent the youth of Fort Sam Houston in all activities that require youth involvement in the community to include Town Hall meetings, National Boys & Girls Club of America events, National 4-H events and City Council events. He was voted Youth of the Year by the Middle School and Teen Center staff and a board of community representatives. He is an active participant in the HIRED! Apprenticeship Program, the Keystone Club, and was also awarded Youth of the Quarter for October-December 2009.



Briana Samuel was voted Youth of the Quarter by the Middle School and Teen Center staff for her active participation in the center's activities and clubs such as the BGCA TORCH Club and SMART Girls Club which are positioned to help build leadership, self-esteem and self-worth, and learn to nurture mental and physical well-being.

CEREMONY HONORS MOH RECIPIENT



Photos by Esther Garcia

Maj. Gen. Simeon Trombitas, commanding general, Army South, speaks at the memorial ceremony for Army retired Col. Robert Howard, attended by numerous friends and veterans from the community, who came to say a final farewell to their friend and comrade. Also attending was former Army North commander Lt. Gen. Freddy McFarren and Maj. Gen. Russell Czerw, Fort Sam Houston commanding general, who sang "I'll Always Love You" as tribute. Howard, a Vietnam War veteran and a Medal of Honor recipient who died Dec. 23, was buried at Arlington National Cemetery. Trombitas read quotes from three military members who had known and served with Howard and described him as honest, hardworking, patriotic, and who lived by the Army Values.



Army retired Sgt. Maj. Benito Guerrero, Alamo Silver Wings Airborne Association, presents Victoria Batey, granddaughter of Col. Robert Howard, with a portrait of her grandfather that was on display at the memorial ceremony held at Dodd Field Chapel Feb. 27. Army retired Maj. Gen. Alfred Valenzuela, former Army South commander, presented her with the U.S. Flag. The ceremony included speeches by various veterans' organizations; a memorial prayer by former post chaplains, retired Army Col. Gil Richardson and retired Army Col. Edward Maney, currently chief, Casualty Assistance. Maney sang "Amazing Grace." The Army Medical Command Band sounded taps and ended the ceremony with the musical selection "Ballad of the Green Berets."

BAMC from P1

Sam Houston and Army Medical Department Center & School and U.S. Army Garrison Commander Col. Mary Garr.

Several coins were also affixed to the beam representing a variety of military commands.

The completion of the structural steel frame allows the project's focus to shift toward finishing exterior walls, plumbing and electrical components.

The seven-story addition will expand BAMC by approximately 760,000 square feet and provide space for 200 more beds, a Level 1 trauma center, operating rooms, clinical and administrative space, and an extension of BAMC's internationally-acclaimed burn center.

The next phase of con-



Courtesy Photo

Brooke Army Medical Center is moving into an accelerated phase of construction with the completion of the structural steel frame of the hospital's seven-story addition.

struction is expected to more than double the roughly 500 construction workers currently on site and increase the pace of construction as the project moves toward its completion deadline

in 2011.

Already, more than one million labor hours have been devoted to the project.

(Source: U.S. Army Corps of Engineers)

470th MI Brigade FPD helps fight crime in Dominican Republic

By Gregory Ripps
470th MI Brigade Public
Affairs

Although much of the world has focused on Haiti since the earthquake, a 470th Military Intelligence Brigade Force Protection Detachment has been involved with Haiti's neighbor, the Dominican Republic, for almost five years, helping that country to develop technology to improve its law enforcement.

In 2005, Blaise Smith, special agent in charge of the FPD, identified the need for a technological solution to help correct a collection gap deficiency within the Dominican Republic's repatriation

process and criminal records. Smith determined that there were five weaknesses in the existing process:

- Information obtained by Dominican authorities was based on an honor system.
 - Background checks were not performed on individuals captured or detained, which led to the third weakness.
 - No functional database was maintained for the Dominican Republic.
 - Individuals had to be released within 48 hours.
 - Authorities did not know if they were releasing a wanted criminal, a terrorist, drug smuggler or illegal migrant.
- "Clearly a new capability and strategy was

needed," Smith concluded.

The strategy that was developed included: stopping or deterring illegal migrants from leaving the Dominican Republic; interdicting them at high sea and repatriating them; and in the event the migrants reached Puerto Rico, repatriating them as soon as possible to the Dominican Republic.

Shawn Porter, 470th MI Brigade biometrics division identity operations manager, said the SAC and the FPD began working to provide an initial biometric capability for the Dominican Republic.

Between August 2005 and February 2007, a

number of conferences and working groups were conducted to develop a solution to this problem.

These meetings culminated in the signing of the Biometric Initiative Memorandum of Agreement between the U.S. and the Dominican Republic.

The agreement, which was signed by U.S. Ambassador Hans Hertell and Lt. Gen. Ramon A. Aquino Garcia of the Dominican Republic Armed Forces, agreed to establish and to support a project to enhance the law enforcement capabilities of the Dominican Armed Forces.

One of the specific requirements from the MOA was to recruit quali-

fied personnel from within the Dominican military to coordinate the details of a training program for joint counter-narco-terrorism operations.

At the end of 2009, the Dominican Republic had 20 Biometric Automated Toolsets that perform like the FBI's Integrated Automated Fingerprint Identification System.

"The IAFIS provides automated fingerprint search capabilities, latent searching capability, electronic image storage, and electronic exchange of fingerprints and responses," Porter explained.

"With the BAT system, local databases pass information, both biometric and biographical, to the central headquarters

so that all Dominican Republic sites will have the most current criminal information on subjects."

U.S. Southern Command, in coordination with the brigade's Biometrics Division, led by Porter, has been trying to sustain the current progress and help capitalize on future capabilities.

"As the biometric enterprise matures and advances, the Dominican Republic can advance its forensics capability," said Porter.

"With the leadership of the new SAC, James Evans, the Dominican Republic will have another advantage of utilizing a more robust forensics capability."

BLACK HISTORY from P5

the Army.

Flipper was quite successful as a civilian engineer traveling and working in Mexico, South America and Alaska.

An interesting fact not covered in Snead's portrayal was that Flipper spoke Spanish, French, and German fluently. He also learned several Native American languages, including Athabaskan, the language of the Apaches.

Eckhardt also noted that Flipper was the only non-Yaqui ever to view the Yaqui Easter ritual and survive. Apparently Flipper filmed and pho-

tographed the ceremony in 1900. Though the film was a staple in college-level American Indian anthropology courses for two decades, it mysteriously vanished.

"I knew his struggles in the military and could identify with him," Snead said. "He was born into slavery, grew up in the South - his life is fascinating."

Snead retired from the Army after 30 years as dual-rated aviator with 41 air medals, three Purple Hearts and three Bronze Stars among other decorations. He currently serves on the Texas Commission on the Arts.

News Leader survey online

Visit <http://www.samhouston.army.mil/publicaffairs>. For more information, call 221-0615 or 221-2030.

Clothesline Project not about dirty laundry

By Cheryl Harrison
ACS Marketing

The Fort Sam Houston Unit Victim Advocates became hands-on supporters of the Clothesline Project Feb. 25 during their quarterly refresher training.

The Clothesline Project honors survivors of sexual assault, who use the T-shirts to express their experiences and by those who support the victims.

The purpose of the project is to help with the healing process: educate, document and raise awareness of the extent of the problem of sexual assault and to provide a military-wide network of support and encouragement.

In the classroom of the

32nd Medical Brigade's Wagner Hall, 52 Soldiers shared markers, fabric paint, and pens to get their message across the front of 31 T-shirts.

Some chose to work alone. Soldiers from the Noncommissioned Officer Academy created their design as a group effort.

Theresa Anderson, Sexual Assault Response coordinator said, "I was very excited about this project. We modified the original idea to fit our needs and we had the UVAs do the shirts. Sometimes it can be difficult to get a survivor to do a shirt. It was a fun way to relay this important message."

Three representatives from the Army Community Service

judged originality, the best representation of Fort Sam Houston, and the type of message on the shirt.

The winning shirt will be sent to the Pentagon for the Department of Defense SAPRline Courage project, April 7 through 30, where 600 T-shirts from SARCs are chosen and displayed at the national level.

"It was difficult to choose just one to go forward because they were all good," said Sergio Perez, Fort Sam Houston SARC.

The design by Sgt. 1st Class Tarquennis Payne, Company E, 232nd Medical Battalion was chosen because it depicted a strong message, displayed his unit and the



Photos by Cheryl Harrison

Sgt. First Class Priscilla Knight-McCleary and Sgt. Stefen Alexander, both from the Institute of Surgical Research, work on T-shirts for the Clothesline Project Feb. 25 during their Unit Victim Advocate Refresher Training Class.

phone number to call for help.

All 31 shirts will be on a mobile display in the Rocco Dining Facility, the 232nd DFAC, during FSH Fiesta festivities and in ACS, Building 2797, during the reading and signing of the proclamation declaring April as Sexual Assault Awareness Month.

The Sexual Assault

Awareness Month kickoff ceremony and proclamation signing will be held April 7 from 4 to 5 p.m., culminating with a candlelight vigil.

Other events include: "16 Sex Signals" shows, April 6 through 15 at various locations, with a post-wide show April 13 and 14 at ACS, Building 2797; Lunch and Learn, April 21 with the topic

"Child Sexual Assault;" the 32nd Medical Battalion's Denim Day, April 20; and a 5k run/walk against violence April 24 at the Jimmy Brought Fitness Center.

Anderson also reminds everyone of upcoming quarterly UVA refresher classes: May 13, June 17, Sept. 16 and Dec. 2. For more information, call 221-0918.



Sgt. First Class Tarquennis Payne, Company E, 232nd Medical Battalion, holds his T-shirt up. Payne's T-shirt was chosen by three judges to be the representative from Fort Sam Houston to hang in the Pentagon. His shirt best filled the criteria needed to be chosen number one, represented FSH, originality and the message against sexual assault.



Photo by Alex Delgado

Warrant Officer Abelardo Villarreal renders a salute to Maj. Gen. Simeon Trombitas, U.S. Army South commander, after being awarded the Bronze Star in a ceremony held in front of the U.S. Army South Headquarters.

BRONZE STAR from P1

making it possible for 25th ID Soldiers to plan and execute their missions efficiently.

Despite working in a small intelligence cell responsible for a growing battle space which incorporated all of Mosul, Villarreal was able to track large numbers of insurgents who were operating in the area.

He created a program that tracked all insurgent cells and their affiliations. The program also tracked enemy activity and threat patterns which translated to fewer friendly casualties and higher mission success.

“I feel tremendous pride in what our battalion was able to accomplish a few years ago,” Villarreal said. “The local Iraqi population was able to enjoy some days of peace, which further aided us because they alerted us to insurgent

activity.”

Villarreal kept his leadership updated on the changing enemy situation, the structure of the insurgent groups, and enemy tactics.

Many of his products were incorporated by the battalion and were distributed to all the units in the area. As a result, 19 enemy caches were discovered and more than 400 insurgents were captured including 42 key individuals.

Villarreal’s family, Ramona, his wife of more than 12 years, and daughters Jordan and Maya, stood by his side as he received the award.

His parents, Abelardo Villarreal Sr. and Melba Villarreal from McAllen, Texas attended the ceremony.

“I’m very proud of him” Melba said. “I always knew he was capable of great things.”

“See it, Send it”

- Texting: 834-4531
- E-mail: FtSamHoustonPolice@conus.army.mil
- Phone: 221-CLUE (2583) Leave a Message
- Phone: 221-2222 Military Police Desk

Take the Dare and Be Aware



Photo by Kelly Schaefer

Spc. Joseph Gray (right) positions a mock restrained detainee for guarding in the Army Warrior Task lane.

AWARDS from P3

exam to include an essay; Army Warrior Task testing; and Combatives.

The first challenge began with a written exam and an essay on the first day of their arrival.

An early morning wake-up call at 3:45 a.m. got Soldiers to the APFT. Warriors zeroed their weapons in the brisk and windy weather conditions to prepare for the firing range competition, followed by Day and Night Land Navigation course.

The third day consisted of numerous critical warriors' tasks and concluded with the warriors going head to head during the double elimination Combatives event.

On the fourth day of the event, warriors gave an oral board presentation in front of ten senior-level board members who evaluated appearance, military bearing and knowledge of key areas.

Warriors were then tested on their knowledge of the new Army Service and Class A uni-

forms as they individually performed inspections on both during the Mystery event.

After totaling the final scores, the NCO and SOY winners were announced on the last day of the event.

Sgt. William Rene Rosa, a laboratory technician from the Department of Pathology and Laboratory Services at Brooke Army Medical Center, won the SRMC Noncommissioned Officer of the Year award. He also competed in the SOY competition last year.

"It's a humbling experience; I competed last year which had tough competitors, so for this year I trained harder to secure a victory for SRMC. I want to thank all my sponsors and leadership for helping me prepare for this victory," Rosa said.

Soldier of the Year was won by Spc. Scott Freeman from Blanchfield Army Community Hospital, Fort Campbell, Ky.

"Now I will focus on competing in the next level of the competition.

I'm thankful for my leadership and for their support in giving me this opportunity to excel," Freeman said.

"Feels great, I'm accomplishing and competing in male-dominated sports and hopefully will inspire future Soldiers, especially females. God bless all the competitors," said Pfc. Dennie O'Connell from Fort Sill, Okla.

"This was an excellent event. The competition was established to provide special recognition to those NCO's and enlisted Soldiers demonstrating outstanding military achievement. I hope that all who competed take these tasks back to their home station and train their fellow Soldiers and leaders," said Acting Commander Southern Regional Medical Command Brig. Gen. W. Bryan Gamble.

Winners of this year's competition will compete March 13-20 in the MEDCOM 2010 NCO and Soldier of the Year Best Warrior Competition in Oahu, Hawaii.

Brain Injury Awareness Month highlights facts about head trauma

By Ken Breaux and
Maren Cullen

Defense and Veterans Brain
Injury Center

March is Brain Injury Awareness month and the Defense and Veterans Brain Injury Center will host various activities at San Antonio military installations promoting the Brain Injury Association of America's current campaign, "A concussion is a brain injury. Get the facts."

Traumatic Brain Injury has been labeled a "signature injury" of the current conflicts in Iraq and Afghanistan. It also occurs in non-combat settings in association with motor vehicle accidents, sports injuries, assaults and falls.

In 2009, the Department of Defense reported 20,199 cases of TBI among military service members.

According to the DoD traumatic brain injury is defined as "a blow or jolt to the head or a penetrating head injury that

disrupts the function of the brain."

Not all blows or jolts to the head result in a TBI. The severity of such an injury may range from "mild," characterized by a brief change in mental status or consciousness, to "severe," involving an extended period of unconsciousness or amnesia after the injury.

More significant TBI can result in short- or long-term problems with independent function. The vast majority of TBI fall into the mild category also known as "concussion."

A concussion is caused by a bump, blow or jolt to the head, or from a blow to the body that causes the head to move rapidly back and forth.

Most concussions involve a brief period of altered consciousness, characterized as being dazed or confused without a loss of consciousness. Some common signs and symptoms of

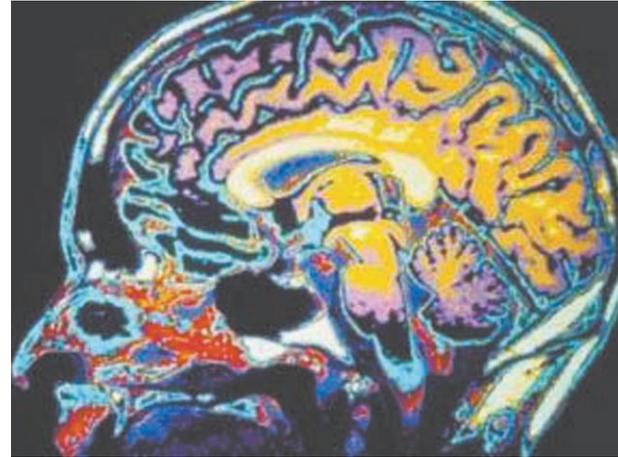
concussion include headaches, dizziness, memory loss, concentration difficulties, irritability, fatigue, and anxiety or depression.

These symptoms may be noticeable immediately, or within the first few days after the injury, and normally resolve rapidly.

Research on TBI in the civilian population suggests that approximately 85 percent of individuals experience resolution of post-concussive symptoms within three to six months after a single concussion.

There are many reasons why symptoms persist. The course of recovery is individual and varies, depending on the cause of injury as well as the environment or setting in which the injury occurred. If symptoms persist or interfere with normal activities, follow up with a physician is important.

Please join the DVBIC and the Brooke Army Medical Center TBI Clinic the week of March 8 to



Courtesy photo

March is Brain Injury Awareness Month: A roadside explosion throws a Soldier against the side of his vehicle, with force that shakes his brain inside his skull. Another Soldier is in a traffic accident on the way to work, her head thrown forward into the windshield. A family member takes a hard fall during a sports game, hitting his head on the ground. Different situations, but often the same result - a mild traumatic brain injury, better known as a concussion.

11 for interactive brain activities and an informational display in the BAMC Medical Mall.

A resource table will be located at the Ft. Sam Houston Post Exchange March 17.

Additional information about traumatic brain injury and Brain Injury Awareness Month can be found at www.DVBIC.org or www.biausa.org. You

may also contact the Defense and Veterans Brain Injury Center at 292-6755.

The Defense and Veterans Brain Injury Center is a congressionally-mandated program that represents a unique collaboration between the Department of Defense, Department of Veterans Affairs and two civilian partners. DVBIC was founded in 1991, and is funded through the DoD. There are 19 sites nationwide, as well as a site at Landstuhl, Germany. In 2007 DVBIC was designated as the Primary Operational TBI Component of the Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury. DVBIC has been in San Antonio since 1992, providing TBI-specific evaluation, treatment and follow-up to active duty military personnel.

ADMIRABLE SERVICE



Photo by Ed Dixon

Sgt. Maj. Roderick Johnson, U.S. Army South; Chief Warrant Officer 5 Robert Jordan, DoD Veterinary Service Activity; Col. Joanne McElligott, Medical Readiness Training Command; and Master Sgt. Timothy Penton, 512th Engineer Detachment, U.S. Army South were honored Feb. 25 during a combined retirement ceremony at Army Community Service.

PRIORITIES from P2

more efficiently, our Family programs will be sacrosanct – they will not be touched,” he said. “That doesn’t mean we won’t ask questions about whether things are operating efficiently.”

As an example of efforts to improve Soldier resilience, Casey introduced Sgt. 1st Class Jeff Lawson, one of four Soldiers he presented to the committee. Lawson is one of 600 Soldiers sent to a University of Pennsylvania program to become a “master resiliency trainer.”

The training is part of the Comprehensive Soldier Fitness program that began in October and is designed to balance and strengthen Soldiers’ physical and mental resilience, Casey said.

Under the program, the Army increased its mental-health specialists-to-Soldiers ratio to 1-to-

600 – though regulations require only a 1-to-700 ratio – to provide treatment in combat theaters, McHugh said. Still, the Army is 600 mental health providers short of its overall requirement of 4,304, he said.

“The way you get people to understand it’s OK [to get treatment] is by acting like it’s OK by providing that type of care,” McHugh said. “I don’t want to suggest we have this perfect; we don’t. But it’s something we work on every day and are improving every day.”

The proposed budget also completes the realignment of bases ordered by the 2005 Base Closure and Realignment Act, Casey said. The service is halfway through re-stationing that should be complete next year, affecting 300,000 Soldiers and their Families, but also improving their quality of life, he said.

The budget also

restructures the force to prepare for changing operational needs. Those changes include standing down some jobs, including 200 tank companies, and standing up others, such as police and Special Forces, Casey said.

“We are converting, retraining and equipping 150,000 Soldiers for new jobs,” he said. “This will be the largest organizational transformation of the Army since World War II, and we have done it while fighting two wars.”

The Army has completed 90 percent of its goal that began in 2004 of changing its 300 brigades from Cold War to modular formations, Casey said, adding that the changes follow the Navy and Marine Corps operational models that give sustained land forces to combatant commanders while allowing for unexpected contingencies.

Company B, 232nd Medical Battalion establishes winning tradition

By 1st Lt. Shawn Brooks
232nd Medical Battalion

Soldiers and cadre from Company B, 232nd Medical Battalion had cause for celebration – they competed in, and won, the “A vs. B” Commander’s Cup competition, Feb. 3.

The A vs. B Commander’s Cup is a competition that gained its tradition in the middle of 2008 and has been going on with every training cycle for five iterations.

It is a battalion-level

competition between Company A and Company B – neighbors and arch rivals.

Soldiers from both companies are always trying to outdo one another in all aspects of training, informally competing in academics, physical training and general motivation.

Often, at the end of the day, the two companies will duel it out singing cadences back and forth, fostering unit morale.

The A vs. B competition included ultimate football, ladies basketball

and men’s basketball conducted over a two-day period. One company had to win at least two of the three events.

Company B won all three events for a clean sweep.

On day one, Soldiers crowded around the ultimate football field to watch Company B win 84-35.

Other Soldiers piled in to the brigade gym to watch the Company B ladies basketball team hand Company A the loss, 35-19.

On day two, with

stakes not quite so high, the men’s basketball teams fought for pride.

Both teams played hard, but ultimately Company B came away victorious with a score of 39-25 to seal the sweep.

When asked about the competition, Company B Soldier, Pvt. 2nd Class Stephanie Langenfeld responded with, “If winning isn’t everything, why do they keep score?”

“Motivation! Hooah! Bravo company sets the standard,” said Pvt. 1st Class Jordan Draheim. “That was a high-speed competition and the victor was obvious.”

Battalion Commander Lt. Col. Peter Lehning presented the Commander’s Cup trophy to Company B commander Capt. Lovie Mathis in a short ceremony.

Capt. Mathis, in good

humor, then presented a decorated broom signifying the sweep of all three events to Company A Commander Capt. Dennis Segui.

This sweep was long awaited. The previous four competitions had all been won by Company A making this victory that much sweeter for Company B students and cadre.



Bench Press Contest

The Jimmy Brought Fitness Center will hold a Bench Press Contest March 13. Weigh-in will be held 8:30-10:30 a.m., event starts at 10:45 a.m. Open to both military and public, entry fee is \$20 and all participants receive a T-shirt. Call 221-1234.

Intramural Spring Softball

All individuals possessing a DoD card who are at least 18 years old and not participating in an academic athletic association may participate in intramural sports. Individuals must submit a letter of intent by March 21 via e-mail earl.t.young@us.army.mil or mail to Earl Young, 1212 Stanley Rd. Building 124, Ste. 20, Fort Sam Houston, TX 78234. Call 221-3003.

Intramural Soccer

All individuals possessing a DoD card who are at least 18 years old and not participating in an academic athletic association may participate in intramural sports. Individuals must submit a letter of intent by March 21 via e-mail earl.t.young@us.army.mil or mail to

Earl Young, 1212 Stanley Rd. Building 124, Ste. 20, Fort Sam Houston, TX 78234. Call 221-3003.

Intramural Spring Flag Football

All individuals possessing a DoD card who are at least 18 years old and not participating in an academic athletic association may participate in intramural sports. Individuals must submit a letter of intent by April 2 via e-mail earl.t.young@us.army.mil or mail to Earl Young, 1212 Stanley Rd. Building 124, Ste. 20, Fort Sam Houston, TX 78234. Call 221-3003.

Intramural Basketball Standings As of Feb. 25

TEAM	W	L
1st BAMC	16	2
2nd HHC, 32nd Med. Bde.	13	5
3rd SA Recruiting	12	6
4th 321st Civil Affairs	12	6
5th 5th Rec. Bde.	11	7
6th 591st Med. Log.	10	7
7th ARSOUTH	10	8
8th HHD, 470th MI	7	10
9th 106th SIG Bde.	3	15
10th B Co, 264th Med. Bn.	2	16

Intramural Bowling Standings As of Feb. 23

TEAM	W	L
1st 470th MI #1	19	5

2nd Do Right Crew (BAMC #1)	15	9
3rd 470th MI #2	14	10
4th Pin Heads	12	12
5th The Barrack Obowlers (G, 232nd)	11.5	12.5
6th Copasetic	11.5	12.5
7th X Factor	11	13
8th BAMC #2	1	23

32nd Medical Brigade Men’s Basketball League

Team standings as of Feb. 25

	W	L
B Co., 232nd #1 Med. Bn.	8	0
D Co., 232nd Med. Bn.	6	2
B Co., 264th #1 Med. Bn.	5	1
B Co., 232nd #2 Med. Bn.	5	2
B Co., 264th #2 Med. Bn.	4	3
B Co., 187th Med. Bn.	3	3
C Co., 232nd Med. Bn.	3	4
C Co., 264th Med. Bn.	2	6
C Co., 187th Med. Bn.	1	7

32nd Medical Brigade Women’s Basketball League

Women Schedule Revision #3 - Final as of Feb. 12

	W	L
D Co., 232nd Med. Bn.	7	0
C Co., 232nd Med. Bn.	6	1
B Co., 232nd #1 Med. Bn.	4	3
C Co., 264th Med. Bn.	2	5
B Co., 232nd #2 Med. Bn.	2	5
B Co., 187th Med. Bn.	1	6

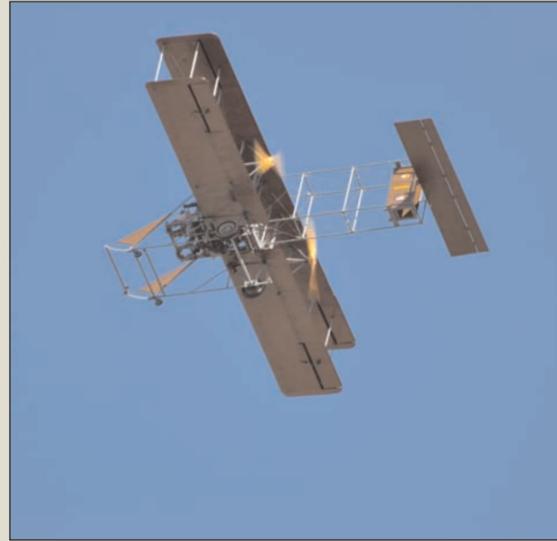


Have feedback for a post customer service provider?

Go to the Interactive Customer Evaluation Web site at <http://ice.disa.mil> and voice your opinion today.

CENTENNIAL OF MILITARY FLIGHT CELEBRATION

A crowd of nearly 1000 people enjoyed watching replica Wright "B" Flyer aircraft soar and taxi at the MacArthur Parade Field. A cadre of re-enactors, dressed in period uniforms, set up camp; and military and civilian dignitaries spoke about the past and future of military aviation during the March 2 ceremony commemorating Lt. Benjamin Foulois' foray into the air in a heavier-than-air craft, on the same date 100 years earlier.



Amanda Wright Lane, great grandniece of Orville and Wilbur Wright, and "Yellow Bird" pilot Don Gum taxi onto MacArthur Parade Field during the Centennial of Military Aviation celebration, March 2.

Photo by Steve Elliott



Rich Stepler and Don Stroud, Wright "B" Flyer pilots, performed a demonstration flight of their "Brown Bird" March 2, over MacArthur Parade Field at Fort Sam Houston, Texas, during the Foulois Centennial Military Flight Celebration event.

Photo by Lance Cheung



U.S. Army Garrison Commander Col. Mary Garr and Amanda Wright Lane ride in a restored 1910 Cadillac as part of the centennial ceremony.

Photo by Steve Elliott



Photo by Lori Newman

Retired Maj. Gen. Patrick Brady, a member of the Army Aviation Association of America Hall of Fame was the keynote speaker for the Centennial of Military Aviation ceremony. Brady served more than 34 years in the Army and received over 70 awards including two Distinguished Service Medals, the Defense Superior Service Medal, The Legion of Merit, six Distinguished Flying Crosses, two Bronze Stars and a Purple Heart.



Members of the Texas Military Forces Living History Detachment wearing early 1900-era uniforms march on the MacArthur Parade Field during the centennial celebration.

Photo by L.A. Shively



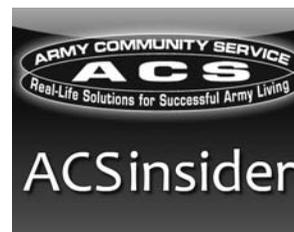
Aircraft from the Centex Wing of the Air Force fly over MacArthur Parade Field near the end of the centennial celebration March 2.

Photo by Steve Elliott

Photos by L.A. Shively
Above: The "Brown Bird" a Wright "B" Flyer replica soars over the MacArthur Parade Field in a reenactment of Lt. Benjamin Foulois' first flight in a military aircraft, March 2, 1910.
Below: The Brown Bird can be seen in the air over the "Yellow Bird" on the ground during the reenactment.

'ACS Insider' live podcast launched

By Cheryl Harrison
ACS Marketing



It is now official: Army Community Service has launched the "ACS Insider," a series of podcasts highlighting programs and services.

The first podcast began Jan. 25 with episode one, "Warrior and Family Support Center."

Preparation for the first podcast began several months ago with interviews conducted at the WFSC that would give listeners an idea of what goes on inside the center.

Sandra March, spouse of Staff Sgt. Jason March, a wounded warrior at WFSC, was more than happy to share her experiences.

"Everybody here knows who you are and knows your name. It's like coming home," she said during the interview.

Charles Dominguez, currently an employee of

the WFSC also lauded the benefits he received from the center.

"The WFSC is basically our home. We've been adopted. My daughter has grown up here. She is considered the mascot. This is our Family now," Dominguez said. He is also a wounded warrior and former Army specialist.

Judith Markelz, WFSC program manager said, "Everybody needs to be needed. That is why we are here."

Scott Daniels, ACS employee and creator of the podcast series said, "We hope the podcasts will bring a greater awareness of what Army Community Service has

to offer. There is a misconception that if you are coming here, something is wrong, there is a stigma attached and that is not the case. ACS is more pro-active, we want to help Families."

Daniels explained that podcasts will be rotated monthly.

Streaming video is planned for later this year. Each new episode will take the listener "behind-the-scenes" with in-depth interviews with the people responsible for delivering services, and Soldiers and Family members.

Readers are encouraged to check out the current podcast by visiting <http://www.acsinsider.com>. Click the link "Listen to Episode 1" and audio will stream to the desktop.

Those with suggestions for future episodes, or for more information about the podcasts, call 221-2418 or 221-2705.

FORT SAM HOUSTON INDEPENDENT SCHOOL DISTRICT WEEKLY CAMPUS ACTIVITIES MARCH 8-13 TEXAS PUBLIC SCHOOLS WEEK

Fort Sam Houston Elementary School March 8

PTO meeting in Room 51, 8 a.m.

Robert G. Cole Middle and High School March 8

UIL concert contest, TBA

Cougar Pride Club meeting in media center, 5:30 p.m.

March 9

UIL concert contest, TBA

Josten's delivers senior class announcement/invitations, 12:45 to 1:17 p.m.

(Note: no personal checks will be accepted on the day of delivery.)

JROTC Blood Drive in Pryor Hall, 3 to 7 p.m.

Baseball vs. Holy Cross at Cole, 4 p.m.

March 11

Varsity boys and girls Dominion Invitational, 8 a.m.

Boys basketball state tournament at Erwin Center in Austin, Texas, TBA

Varsity boys and girls track meet at Comfort finals only, half day

Principals Tea in Professional Development Center – Transitions between Grades and Schools, 9 a.m.

March 12

Varsity boys and girls Dominion Invitational, 8 a.m.

Boys basketball state tournament at Erwin Center in Austin, Texas, TBA

Cole High School Open House, 2:30 to 4 p.m.

Baseball vs. St. Anthony at Sanchez Spencer Field San Antonio, 6 p.m.

March 13

Varsity boys and girls Dominion Invitational, 8 a.m.

Boys basketball State tournament at Erwin Center in Austin, Texas, TBA

UIL One Act Play rehearsals in Moseley gym, 1 to 3 p.m.

AMEDDC&S hosts Cole science students

By Robert Hoffman
FSHISD

Cadavers and blood samples: not exactly a normal day for Robert G. Cole High School students.

That was the idea as

students from Cole's Anatomy and Biology classes spent a whole school day at the Army Medical Department Center & School touring and receiving hands-on instruction from the faculty.



Courtesy photo

Robert G. Cole High School senior, Nicole Fee, prepares a mannequin for an x-ray during her class visit to the Army Medical Department Center & School, Feb. 24.

In its second year, "Project Protégé" was the brain-child of Cole science teacher Joe Wyckoff and former Cole counselor Julie Coffey.

"Our objective was to provide students with an interactive experience, delivered by highly trained medical personnel in outstanding facilities," Wyckoff said.

"The full support of AMEDDC&S Commander, Maj. Gen. [Russell] Czerw, and specifically Col. Donna Whittaker, dean, Academy of Health Sciences and Sgt. Maj. Jeffery Lavender, chief enlisted instructor, Med Lab, Pharmacy and Radiology Programs, was instrumental in designing this experience for our students.

"Teaching anatomy is one thing, but actually being able to see and touch a cadaver is a totally different experience," Wyckoff said.

Dr. Eustace Lewis,

COLE COUGARS ADVANCE IN PLAYOFF



Courtesy photo

The Robert G. Cole High School boys' basketball team defeated Lexington 55-28 in Class 2A Regional Quarterfinal action March 1 in a game played in Kyle, Texas. Led by 21 points from senior Jarrod Griffin and 17 from sophomore Brice King, the Cougars' hot shooting and stifling defense kept the Eagles at bay the entire evening. Next up will be the regional semifinal matchup with the Hitchcock Bulldogs at 8 p.m. March 5 at Seguin High School. The winner of that game will play in the regional final at noon on Saturday against the winner of Hallettsville vs. Santa Rosa.

instructor at the Anatomy and Physiology Branch and FSHISD School Board

See STUDENTS P18

Elementary students celebrate Black History

By Kathy Maxwell
FSHISD

Fort Sam Houston Elementary Exemplary Fine Arts, Music and Theater classes shared their study of an American Black leader, Shirley Chisholm, with the students of Fort Sam Houston Elementary School in two special performances directed by Sandra Fergins and Connie Beck.

Before the student performances began, Curtis Johnson, a U.S. track and field Olympic competitor in 2000, and the father of two FSH Elementary students, identified his three keys to success, goal setting, determination, and hard work.

Tonya Hyde said, "The fact that we have an U.S. Olympic competitor that set his goals as an 8-year-old child is such a powerful message for our students. They can actually see the results of setting goals as a child."

For the dramatic presentation, students studied the historical significance



Courtesy photo

Curtis Johnson (right) United States Track and Field 2000 Olympics competitor shares three keys to success during elementary Black History Celebration. (From left) Keith Toney, FSHISD school board member, fifth-grade student Nik Hammonds, and Olympian Curtis Johnson.

of Shirley Chisholm's work. The readers' theater presentation, "Shirley Chisholm: Unbought and Unbossed" by Kathleen Conkey, was performed by Kaitlyn Ramirez, Ray Cornett, Havilyn Bryant, Faitasi Lefiti, Savannah Gomez, Lilly Collette, Jesse Rose, Genesis King, Noah Willoughby, John Mlymarek, Cheyenne McCloskey, Mattie Harvey, Megan Musslewhite, Dakota Thompson, Jazlynn Ajel,

Anja Burkman-Flaig, Ben Miller and Tyler Lynd.

Two performers shared their comments. Jose DeLeon said, "I really enjoyed rehearsing and performing with the dance team." Fifth grader Genesis King, said, "I liked the chance to learn, sing, and share information about my heritage and history."

At the conclusion of the dramatic presentation, the dance team performed an original dance to Michael Jackson's

"Wanna Be Startin' Somethin."

Solos were performed by Romeo Carr and Davonte Marsh. The fifth grade Exemplary Music students performed a moving rendition of "We Are the World" with the second grade students.

Fifth grader Nik Hammonds, shared his thoughts, "I really liked the dance team performance and the song." "We Are the World."

A special dramatic segment recreated histor-

ical perspectives on the lives of two African American inventors. The segments were presented by Andrea Eastland's second grade students: Meghan Kane, D'Andre Bowman, Melissa Price, Emma Garcia, Hank Lehning, Dominic Brown, Ernesto Garcia, Evan Jimenez, and Jared Gibson, as well as Deborah Botello's second grade students: Shandarius Smith, April Proctor, Marco Burkman-Flaig, Grant Harvey, Mackenzie Mason, Joni Stallion, Alex Ajel, Hannah Bethard, and Anthony Kirillon.

Choral performers, Luv Ta Prayz, directed by Jerome Robinson of True Vision Church, performed three vocal numbers portraying the historical perspective of Black History through song.

Special acknowledgements were made for the design and creation of the Black History banner by art teacher Andrea Garcia.

STUDENTS from P17

Vice President shared, "The students were highly engaged during the presentation. They asked good questions and were focused on the learning."

"These students were goal-oriented with many having an interest in either the medical or engineering field," Lewis said .

Students were broken into two groups, depending on which class they were enrolled in, and experienced such things as the actual handling of a cadaver, preparing a mannequin for x-rays, typing blood samples and identifying bacterial infections through a microscope. The students involved were unanimously enthusiastic about the experience.

"Touching the cadaver was a lot more informational than diagrams in a textbook," said senior Nicole Fee. "I am going to study pre-med at the University of the Incarnate Word, and this made me even more excited about getting started."



Announcements

Discount Spurs Tickets

A limited amount of discounted Spurs tickets are available for purchase at the Sam Houston Club, Building 1395, for several upcoming games. DoD Cardholders can purchase \$23 Fan Zone tickets and \$85 lower level tickets for the March 5 game against the New Orleans Hornets, as well as the April 2 game against the Orlando Magic. There are also \$30 Fan Zone tickets and \$115 lower level tickets available for the March 26 game against the Cleveland Cavaliers. Tickets include a shoot-around pass to watch pre-game practice.

Tickets will only be available up until the Tuesday before each game. Call 226-1663.

Bataan Death March

Ten active duty military athletes will have the opportunity to participate in the annual Bataan Death March Memorial Run held at White Sands Missile Range, N.M. Runners may participate in the heavy and light divisions both are mixed-member groups of five persons for each division. Call 385-8248. The deadline for individuals to sign up is March 5.

WebTrac Enrollment

Parents can now enroll their children in after school programs using WebTrac. The site allows parents to access a wide range of services offered by Army garrison installations worldwide. Simply select a location and browse the site as a guest or create an account to view activities, services and make payments online. Type in a key word, select the age, gender or grade of your child and a list of pro-

grams will appear, along with a description of the service or activity, fees, dates, location, number of seats available and more. Visit <https://webtrac.mwr.army.mil>.

After School Pick-up

School Age Services now offers off-post after school pick-up. SAS will pick up students from the following schools: Royal Ridge, Wilshire Elementary, St. Pius X and East Terrell Hills Elementary. Children must be registered for the afterschool program. Fees are assessed according to total family income category. Call Parent Central at 221-4871/1723 or SAS at 221-4466/4455.

Babysitter Training

A 4-H Babysitter Program will be offered on a continuing basis at the Middle School and Teen Center, Building 2515. Teens will learn about the ages and stages of child growth and development, safety, food and nutrition, how to handle emergencies, appropriate activities to implement with children, and the

business of babysitting. The eight-week course costs \$15 and is open to students ages 13-18. Register at Parent Central, Building 2797 or call 221-3164.

HIRED! Apprenticeship Program

The HIRED! Apprenticeship Program provides 15- to 18-year-old youth with meaningful, professionally managed career-exploration opportunities in Family and Morale, Welfare and Recreation operations. Apprentices will gain valuable work experience and training that will better equip them with the skills needed for a highly competitive job market. A cash award is offered upon successful completion of the term. Apply now for our next term! Applications are available at Parent Central, Building 2797. Call 884-7485.

Parent and Child Swim Lessons

The Jimmy Brought Fitness Center can help unmask the way to safe and fun water habits for parents and children ages 6 months to 3 years, make positive memories enhance motor skills, confidence and independence. DoD card holders call 221-1234 for enrollment. Lessons begin March 28 and are held Sundays at 3 p.m. The cost is \$25 per child.

Spring Break Camp

Don't fret about who will be watching the children over spring break. Child, Youth & School Service programs have geared up to offer youth a Spring Break Camp. Space is limited. Call Parent Center at 221-1725 to register your child for camp.

H.U.G.S. Playgroup

Helping Us Grow Securely playgroup for parents and children ages birth to 5-years-old meets Tuesdays, 9-11 a.m. at Dodd Field Chapel, Building 1721. Registration is not required. Call 221- 349/2418.

Baby Talk

New Parent Support Program offers "Baby Talk" Tuesdays, 2-3:30 p.m. at Dodd Field Chapel for parents with children newborn to 12-months-old. Call 221-0349/0655.

Exceptional Family Member Program Support Group

The support group meets Wednesday evenings, 6-7:30 p.m. at School Age Services, Building 1705, Dodd Boulevard. The group is facilitated by Mutual Enrichment through Learning and Discovery and is open to Soldiers and military Families with special-needs members. Child care and dinner is provided. Registration is required. Call 221-2604.

Parent Central

The Central Registration office at 2010 Stanley Road, Building 2797, is now Parent Central. All services, hours and numbers remain the same. Parent Central is open Monday-Friday, 8 a.m.-5 p.m. and by appointment only after 4:30 p.m. The office is closed every first and third Friday. Call 221-4871/1723.

Calendar of Events

MARCH 4 Microsoft PowerPoint Level 2

The class will be held 8 a.m.-noon at Army Community Service, Building 2797 in the computer lab. Some computer basics, completion of PowerPoint Level 1 and registration required. Call 221-2518.

Mandatory Initial First Termmer Financial Readiness

The class will be held 10 a.m.-noon at the Army Community Service, Building 2797 in the computer lab. To register, call 221-1612.

MARCH 5 Getting Ready for Childbirth

The class will be held 1-4 p.m. at Army Community Service, Building 2797. Call 221-0349/2418.

MARCH 6 The University of Texas at Austin Open House

The Middle School and Teen Center and the HIRED! Apprenticeship program will provide transportation to the University of Texas at Austin for the Explore UT Open House. The tour will leave the MST Center at 8 a.m. and return by 7 p.m., lunch will be included.

Seating is limited and permission slips need to be submitted no later than March 5. Call 221-3164 or visit www.utexas.edu/events/exploreut.

MARCH 8 Stress Management

The class will be held 11 a.m.-12:30 p.m. at Army Community Service, Building 2797. To register, call 221-0349/2418.

Budget Development

The class will be held 11:30 a.m.-12:30 p.m. at the San Antonio Credit Union. To register, call 221-1612.

Credit Report, Where Do You Stand?

The class will be held 2-4 p.m. at Army Community Service, Building 2797. To register, call 221-1612.

MARCH 9 Microsoft Word Level 1

The class will be held 8 a.m.-noon at Army Community Service, Building 2797 in the computer lab. Some basic computer skills and registration required. Call 221-2518.

Post-Deployment Planning Training

The training will be held 9-10:30 a.m. at Army Community Service, Building 2797. To register, call 221-2705 or e-mail samh.acs.mob.deploy@conus.army.mil.

Home Buying 101

The class will be held 2-4 p.m. at Army Community Service, Building 2797. To register, call 221-1612.

Women Encouraging Women

The class will be held noon-1 p.m. at Army Community Service Building 2797. The topic of discussion is "Practice Good Eating Habits." Bring a lunch and meet new friends. Call 221-0349/2418.

MARCH 10 Microsoft Excel Level 1

The class will be held 8 a.m.-noon at Army Community Service, Building 2797 in the computer lab.

YOUTH SPORTS AND FITNESS



Courtesy photo

Child, Youth, & School Services has many wonderful programs that are offered to the Fort Sam Houston Community. Youth Sports and Fitness offers year-around opportunities for children of all ages. Fort Sam Houston youth basketball and soccer seasons are running strong. FSH YS&F teams compete against teams from other military installations and Boys and Girls Club programs. Every year, the sports program partners with the Alamo Heights Soccer League for the spring and fall soccer seasons. Baseball and softball are currently underway. For more information, call Parent Central at 221-4871.

MWR from P19

Basic computer skills and registration required. Call 221-2518.

Overseas Orientation

The training will be held 10 a.m.-5 p.m. at Army Community Service, Building 2797. This class is for everyone who is relocating to an overseas assignment. To register, call 221-2418/2705.

Negotiating Conflict

The training will be held March 10 and 17, 11 a.m.-noon at Army Community Service, Building 2797. To register, call 221-0349/2418.

Debt Liquidation

The class will be held 11:30 a.m.-12:30 p.m. at the San Antonio Credit Union conference room. To register, call 221-1612.

Mandatory Initial First Termer Financial Readiness

The class will be held at noon at the Education Center, Building 2248. Class space is limited. Call 221-1612.

Sexual Assault Annual Training

The training will be held 2-3 p.m. at Army Community Service, Building 2797. This class is designed for those who may have missed their annual sexual assault training at their unit. Attend this class and receive credit, so that the

unit can comply with AR 600-20, CH. 8. Call 221-0349.

Truth or Consequences

The four-part series will be held each Thursday in March, 5:30-7 p.m. at the Red Cross, Building 2650. Teens will discuss peer pressure, be give tools to improve decision making skills, develop effective conflict management skills and enhance self-esteem. To register, call 221-0349/0221.

MARCH 11 Doctor Dad

The class will be held 8 a.m.-4:30 p.m. at the Randolph Air Force Base Airmen and Family Readiness Center, 555 F Street West, Building 693. This workshop covers topics such as treating minor cuts and scrapes, when to call a doctor, how to make your home child-safe, and how to keep your child healthy. To register, call 221-0349 or 652-5321.

Health Fair

The health fair will be held 10 a.m.-1 p.m. at the Jimmy Brought Fitness Center. Nutrition and health experts will provide cholesterol, blood pressure and diabetes screenings, tips on healthy eating, fitness and injury prevention and educational information on prostate, colon and dental health. The event is free and open to the public. Call 221-1234.

Family Advocacy Program Annual Training

The training will be held 1-2:30 p.m. at the Red Cross, Building 2650. This class is designed for those who may have missed the annual Domestic Violence and Child Abuse Identification and Reporting Training at their unit. This is an annual requirement under the AR 608-18. To register, call 221-0349/2418.

What Does EFMP Mean to Me?

The class will be held 1:30-4 p.m. at Army Community Service, Building 2797. This class is held the second Thursday of each month to answer all the questions you may have about how Exceptional Family Member Program can help you and your Family. Call 221-2604/0285.

MARCH 12 Warrior Scramble

The monthly Warrior Scramble will begin at 1 p.m. at the Sam Houston Golf Club. Call 221-5863.

MARCH 16 AFTB Level 3

The class will be held March 16-18, 8:30 a.m.-2 p.m. at Army Community Service, Building 2797. Learn leadership skills focusing on listening, self-esteem, personality traits, building a cohesive team, problem solving and effective public/media relations. This class can be taken without attending level one and two. To register, call 221-2611.



COMMUNITY

Announcements

Optometry Event

The Optical Laboratory is test new eyeglass frames March 10, 17 and 24, 1-3:45 p.m.; April 7, 12:30-3:15 p.m.; and April 14, 1-3:45 p.m. at Army Community Service, Building 2797. All active duty, permanent party service members who currently wear glasses are eligible to receive the new frames, no students please. Wear your current prescription eyeglasses or bring a prescription that is less than one year old. Do not wear contact lens. Call 221-7990.

BAMC Seeks Pet Teams

Brooke Army Medical Center staff is seeking pet teams, handlers with their pet dog, to serve at the hospital for 6 months. The dog owner must provide certification by an authorized trainer and have certification of wellness from a veterinarian within the last six months to be eligible to volunteer. Call 808-4980.

Calendar of Events

MARCH 6

National Museum of the Pacific War

The Admiral Nimitz Foundation is proud to bring two authors who experienced the War in the Pacific to the National Museum of the Pacific

War in Fredericksburg March 6, 1:30 p.m. R.V. Burgin and Sid Phillips will present remarks about the war in the Museum's recently-opened George H.W. Bush Gallery at 311 E. Austin Street. The event is free and open to the public. Visit <http://www.PacificWarMuseum.org>.

Norse, Texas walk

The Texas Volkssport Association will host two 10k and 5k walks March 6-7 starting at Our Savior's Lutheran Church, 152 County Road 4145, Clifton, Texas. Walks start between 8 a.m. and 1 p.m., finish by 4 p.m. Call 496-1402 or visit www.walktexas.org.

Via Roadeo

The Via 2010 Bus/Van/Maintenance Roadeo will be held March 6, 9 a.m.-4 p.m. at Nelson Wolff Stadium, 5757 West U.S. Highway 90. Event includes a car and vintage bus showcase, family activities, food and children's bike roadeo and safety class. The event is free and open to the public. Call 362-2370.

MARCH 13

ASMC Alamo City Chapter, Habitat for Humanity Project

Volunteers are needed March 13, 7:45 a.m.-3:30 p.m. to assist in the construction of a new community of 17 homes in the Palo Alto Heights area. Due to safety concerns, minors under 14 years old are not allowed on site. American Society of Military Comptrollers will work as a team on a single house under the direction of

a house leader. Tasks include painting, landscaping, general carpentry, and use of power tools. Call 671-9228 or 223-5203.

MARCH 15

Warrant Officer Association

The Lone Star Silver Chapter of the U.S. Army Warrant Officer Association will meet March 15, 7 p.m. at Chacho's & Chulucci's, 8614 Perrin Beitel Rd. (near NE Loop 410). All active duty, retired, reserve, National Guard warrant officers and Family members of current or retired warrant officers are invited. Call 295-6596 or 666-9818.

MARCH 18

AMEDD Museum Speaker Series

Frank G. Hutchinson will speak at the Army Medical Department Museum March 18 at 5 p.m. Hutchinson recently climbed Mount Everest to take two books containing the names of fallen warriors from both the Afghanistan and Iraq Wars to the top of that mountain. This journey was also a personal tribute to Hutchinson's father, a major who served 20 years in the military as a decorated Vietnam veteran. Call 221-6358.

San Antonio Herb Society Meeting

Hospitality tables will be open at

6:30 p.m., meeting begins at 7 p.m. at the San Antonio Garden Center located at the corner of Funston and N. New Braunfels. Chefs Rene Maldonado and Charles Harzman from "Here's to Yum Bistro" will present a program on cooking with herbs. Free and open to the public. Visit <http://www.sanantonioherbs.org>.

MARCH 20

Neighborhood Beautification Initiative

Volunteers are needed March 20 to assist with housing painting, brush collection, vacant lot and yard clean-up and other special projects around the area bound by North-Hood Street, South-Carson Street, West-Ash Street and East-Ervin Street. A neighborhood command post will be located at St. Stephen Baptist Church parking lot, 2011 East Carson, from 9 a.m.-3 p.m. To volunteer, call 207-4681/4683.

MARCH 23

American Society of Military Comptrollers

The Alamo Chapter of the American Society of Military Comptrollers luncheon will be held March 23, 11 a.m.-1 p.m. at the Parr Club, Randolph Air Force Base. The guest speaker is Col. Terry Ross, comptroller, 502nd Air Base Wing. The topic is "Joint Basing from the

REMINDER CALENDAR

- March 5** Warriors Monthly Scramble Golf Tournament, 1:30 p.m., FSH Golf Club
- March 8** Fort Sam Houston Hiring Heroes Resume Workshop, 9 a.m.-4 p.m., Sam Houston Club
- March 9** Hiring Heroes Career Fair, 9 a.m.-3 p.m., Sam Houston Club
- March 9** Re-Engineering of the Combat Medic Ceremony, 10 a.m., AMEDD Museum
- March 11** Health and Wellness Fair, 10 a.m.-1 p.m., Jimmy Brought Fitness Center
- March 12-May 15** Army Emergency Relief Fund Campaign
- March 14** Daylight Savings Time Begins
- March 15-19** Spring Break for Area Schools

FM Perspective." Call 652-4408 by March 17 for reservations.

MARCH 31

AUSA Luncheon

The Alamo Chapter of the Association of the United States Army will host its quarterly luncheon March 31, 11:30 a.m. at the Sam Houston Club. The guest speaker is

Lt. Gen. Ricky Lynch, commander, Installation Management Command. The luncheon is open to everyone and provides great professional development and networking opportunities. Tickets are \$13 and can be purchased online at <http://www.alamochapterausa.org>. Call 494-6266.

Religious Briefs

Catholic Women of the Chapel

The Fort Sam Houston Catholic Women of the Chapel invite all March 5 for 8:30 a.m. Rosary and 9 a.m. Mass, program and social at Dodd Field Chapel. Program will feature Ron Brown, representative from "Haven for Hope," the new homeless shelter in San Antonio. Call 757-3423.

Protestant Women of the Chapel

The Fort Sam Houston Protestant Women of the Chapel is inviting all women to their weekly Bible studies Wednesdays, 9:30-11:30 a.m. and Thursdays 6:30-8 p.m. at Dodd Field Chapel. There are seven different book studies you may choose. The studies are innovative, interactive and taught by spirit-led women. Call 863-6361 or e-mail amhouston@pwoc.org.

Holy Week Chapel Activities

March 1	Catholic Penance Service, 7 p.m., AMEDD Chapel
March 4	National Prayer Breakfast, 6:30 a.m., Sam Houston Club
March 28	Palm Sunday - Normal Worship Service Schedule Protestant Choir Cantata, 11 a.m., Main Post Chapel
March 29	Jewish Seder, call Lay Leader at 379-8666 for information.
March 30-31 and April 5-6	Jewish Passover Jewish Passover
April 1	Holy (Maundy) Thursday (Catholic) Mass of the Lord's Supper, 5:30 p.m., Main Post Chapel 7 p.m., AMEDD Chapel (Protestant) Living Last Supper, 7 p.m., Main Post Chapel
April 1	Jewish Sabbath Passover, 8 p.m., Main Post Chapel; Kosher food following
April 2	Good Friday (Catholic) Passion, noon, Main Post Chapel Mass, 7 p.m., AMEDD Chapel
April 3	(Catholic) Easter Vigil, 7 p.m., Main Post Chapel
April 4	EASTER Sunrise Service, 6:30 a.m., Evans Theater Regularly Scheduled Worship Service Schedule
April 6	Jewish YESKOR Memorial Service (Eighth Day of Passover) (call 379-8666 for information)



Main Post Chapel, Building 2200, 221-2754

Catholic Services:
4:45 p.m. - Reconciliation - Saturdays
5:30 p.m. - Mass - Saturdays
9:30 a.m. - Mass - Sundays
11:30 a.m. - Mass - weekdays
Protestant Services - Sundays:
8 a.m. - Collective Protestant
11 a.m. - Collective Protestant
Jewish Services: 379-8666 or 493-6660
8 p.m. - Fridays - Worship and 8:30 p.m. - Oneg Shabbat

Dodd Field Chapel, Building 1721, 221-5010 or 221-5432

Catholic Services:
9:15 to 11:15 a.m. - Catholic Women of the Chapel
Enrichment or Bible Study - Mondays
12:30 p.m. - Mass - Sundays
Protestant Services:
10:30 a.m. - Gospel Protestant - Sundays
9:30 to 11:30 a.m. - Protestant Women of the Chapel meeting - Wednesdays, child care is provided
6:30 to 7:30 p.m. - Protestant Women of the Chapel meeting - Thursdays, child care is provided
Samoan Protestant Service:
8:30 a.m. - Sundays

Brooke Army Medical Center Chapel, Building 3600, 916-1105

Catholic Services:
8:30 a.m. - Mass - Sundays
11 a.m. - Mass - Sundays
Protestant Services:
10 a.m. - Worship Service - Sundays
Episcopal/Lutheran Rite services:
12:30 p.m. - Traditional worship - Thursdays

Center for the Intrepid, first floor, 916-1105

Christ for the Intrepid services:
5:30 p.m. - Coffee and fellowship - Sundays
6 p.m. - Contemporary worship - Sundays

AMEDD Regimental Chapel, Building 1398, 221-4362

32nd Medical Brigade Student services
Catholic Mass: 8 a.m. - Sundays
Contemporary Protestant Service: 9:30 a.m. and 11:01 a.m. - Sundays
Muslim Jumma: 1:30 p.m. - Fridays

Installation Chaplain Office, Building 2530, 221-5007

Church of Jesus Christ of Latter Day Saints:
8:30 a.m. - Sundays

Web site:

<http://www.samhouston.army.mil/chaplain>



For Sale: 10-speed bikes, three available, needs new tubes, some cleaning, \$20 each or \$50 for all. Call 253-278-9927.

For Sale: Adjustable country dining table with four chairs, excellent condition, \$100; Whirlpool electric stove, white with black oven door, excellent condition, \$100. Call 269-1475.

For Sale: Solid oak entertainment center, \$200; solid wood, gel burning fireplace, not a heater, \$250; beige wrought iron day bed frame and spring, no trundle, \$75; double sided make-up stand, \$65; Dyson Animal vacuum cleaner, \$200. Call 637-0299 or 264-1952.

For Sale: 19-inch Dell monitor, \$79; 1992 Ford Econoline custom van, serviced regularly, records available, cloth seats, four reclining captain chairs, convertible sofa bed, clothes rack, AM-FM stereo radio, TV/VCR, used regularly, new alternator, good tires, trailer hitch, \$1,799. Call 659-6741.

For Sale: Small 1.5 cubic foot refrigerator, black, \$40; metal bed frame, \$20; Kenmore washer, \$75; ironing table, \$5; television stand, black with glass door, \$30. Call 241-1291.

For Sale: 1 year old Shih-Poo, all shots up to date, micro-chipped, \$150. Call 363-9685.

HIRING HEROES CAREER FAIR HELPS SOLDIERS FIND JOBS AFTER MILITARY

The Hiring Heroes Career Fair provides opportunities for Soldiers looking into what is available as a second successful career after completion of their military service.

Resume Workshop

A day-long resume workshop will be held March 8, 9 a.m.-4 p.m. at the Sam Houston Club, 1395 Chaffe Road. Assistance will be provided by subject matter experts to help attendees with federal (Resumix) and civilian resume documents. Personnel are encouraged to begin preparation now for the Hiring Heroes Career Fair. Call the Army Career and Alumni Program Center, 221-1213, to begin your pre-separation requirements and resume orientation. Federal resume classes are also available for your planning.

Hiring Heroes Career Fair

The semi-annual Hiring Heroes Career Fair will be held March 9, 9 a.m.-3 p.m. at the Sam Houston Club. This DoD-sponsored event is expected to attract over 75 federal, corporate and contract exhibitors whose sole focus is to speak to warriors about employment opportunities after military service. Attendees are highly encouraged to bring their resumes to the event to expedite the initial steps of the employment information and the hiring process. The event is specifically organized for injured service members, their spouses,

and caregivers.

San Antonio Military Community Job Fair

The semi-annual San Antonio Military Community Job Fair hosted by the local military installations, the Disabled American Veterans, and the Texas Workforce Commission will be held March 24, 9:30 a.m.-3 p.m. at the Live Oak Civic Center, off Interstate Highway 35 at the Pat Booker Road exit. Call 653-9494.

Warrior Transition Battalion Hiring Heroes Van Schedule March 8-9

Resume Workshop - March 8, 9 a.m.-4 p.m.

The van will depart from Powless Guest House at 8:30 a.m., 11 a.m., noon, 1 p.m. and 2 p.m.

The van will depart the Sam Houston Club at 11:30 a.m., 12:30 p.m., 1:30 p.m., 2:30 p.m. and 4 p.m.

Hiring Heroes Career Fair, March 9, 9 a.m.-3 p.m.

The van will depart from Powless Guest House at 8:30 a.m., 10 a.m., 11 a.m., noon, 1 p.m. and 2 p.m.

The van will depart the Sam Houston Club at 10:30 a.m., 11:30 a.m., 12:30 p.m., 1:30 p.m., 2:30 p.m. and 3 p.m.

Due to limited parking at the event location Warriors in Transition and their Family members are highly encouraged to use this transportation.

For more information, call ACAP at 221-1213.

Rocco Dining Facility Menu

Building 2745, Schofield Road

Friday - March 5

Lunch - 11 a.m. to 1 p.m.

Barbecued chicken, turkey porcupines, meat loaf, fried catfish, baked kielbasa sausage, macaroni and cheese, baked potatoes, mashed potatoes, northern beans, collard greens, corn, carrots
Dinner - 5 to 7 p.m.

Breaded pork chops, teriyaki baked chicken, chicken and Italian vegetable pasta, potato frittata, cornbread dressing, baked potatoes, lyonnaise rice, tomato and okra gumbo, cauliflower combo, green peas

Saturday - March 6

Lunch - noon to 1:30 p.m.

Scalloped potatoes and ham, fried chicken, grilled tuna patties, baked sweet Italian sausages, red beans and rice, mashed potatoes, baked potatoes, glazed carrots, pinto beans, Brussels sprouts
Dinner - 5 to 6:30 p.m.

Grilled knockwurst, Swiss steaks with brown gravy, ham, macaroni and tomatoes casserole, salmon croquettes, broccoli, rice and cheese casserole, lyonnaise rice, au gratin potatoes, mixed vegetables, yellow squash, asparagus

Sunday - March 7

Lunch - noon to 1:30 p.m.

Roast turkey, barbecued spareribs, blackened catfish, mushroom quiche, baked potatoes, oven glo potatoes, brown rice, wax beans,

corn on the cob, turnip greens, turkey gravy

Dinner - 5 to 6:30 p.m.

Chili macaroni, breaded pork fritters, lemon-garlic baked fish, chicken fajitas, baked egg noodles and cheese, steamed rice, Mexican rice, stir-fry vegetables, yellow squash, French-fried okra

Monday - March 8

Lunch - 11 a.m. to 1 p.m.

Cheddar chicken and broccoli Alfredo, beef lasagna, roast fresh ham, honey-ginger chicken breast, fried catfish, rice frittata, au gratin potatoes, French-fried eggplant, stewed tomato and okra gumbo, broccoli
Dinner - 5 to 6:30 p.m.

Spicy Italian pork chops, country-fried steaks, honey-glazed Cornish hens, turkey-stuffed cabbage rolls, marinara sauce with rigatoni noodles, baked potatoes, wild rice, mashed potatoes, lima beans, carrots, French-fried cauliflower

Tuesday - March 9

Lunch - 11 a.m. to 1 p.m.

Barbecued chicken, roast beef, cheese enchiladas, beef enchiladas, Cajun baked fish, Spanish rice, steamed rice, parsley-buttered new potatoes, Mexican corn, black-eyed peas, spinach
Dinner - 5 to 7 p.m.

Beef fajitas, meat loaf, chicken cordon bleu, grilled ham steaks, broccoli quiche, refried beans with

cheese, mashed potatoes, rice pilaf, zucchini squash, peas and carrots, fried cabbage

Wednesday - March 10

Lunch - 11 a.m. to 1 p.m.

Sauerbraten, roast turkey, onion-lemon baked fish, country fried steaks, sweet Italian sausages, red beans and rice, baked potatoes, grilled potato patties, mashed potatoes, herb broccoli, mixed vegetables, sweet and sour red cabbage
Dinner - 5 to 7 p.m.

Grilled knockwurst, spaghetti with meat sauce, baked chicken, vegetable lasagna, cottage fried potatoes, lyonnaise rice, baked potatoes, wax beans, asparagus, lima beans

Thursday - March 11

Lunch - 11 a.m. to 1 p.m.

Pepper steak, grilled tuna patties, roast pork, fried chicken, baked egg noodles with cheese, brown rice, garlic-roasted potato wedges, fried rice, lyonnaise green beans, Chinese fried cabbage, cauliflower with cheese sauce

Dinner - 5 to 7 p.m.

Salisbury steaks, lemon baked fish, chicken stir-fry, grilled pork chops, vegetable stuffed peppers, au gratin potatoes, steamed rice, baked potatoes, peas and carrots, yellow squash, vegetable stir fry

Menus are subject to change without notice