



# Fort Sam Houston News Leader



Vol. 38, No. 12

Fort Sam Houston – Home of Army Medicine

March 23, 2006

## Briefs . . .

### Sergeant Audie Murphy Club induction

A Sergeant Audie Murphy Club induction ceremony will be held Friday at 3 p.m. in Blesse Auditorium. For more information, call Master Sgt. Dwight Wafford at 221-9314 or Sgt. 1st Class Diana Istre at 221-9925.

### AECP ceremony

The Army Medical Department Enlisted Commissioning Program will commission new second lieutenants into the U.S. Army Friday at 9 a.m. at 32nd Medical Brigade Headquarters, Building 902. The AECP provides eligible active duty Soldiers the opportunity to complete a bachelor's degree in nursing, become a registered nurse and be commissioned in the Army Nurse Corps. For more information, call Capt. Carolyn Carden, commander of the AMEDD Student Detachment, at 221-3201 or Anna Prescott at 221-5582.

### Change of responsibility

First Sgt. Jessie J. Hall will relinquish responsibility of D Company, 187th Medical Battalion, to 1st Sgt. David J. Roberts during a change of responsibility ceremony March 31 at 7:30 a.m. at Building 1002, D Company.

### Transfer of authority

Brig. Gen. Philip Hanrahan will transfer authority of the 90th Regional Readiness Group to the 208th Regional Support Group, commanded by Col. Jimmie Jaye Wells, during a transfer of authority ceremony April 2 at 10 a.m. in Blesse Auditorium.

### Change of command

Col. Gail L. Gerding will relinquish command of the Task Force Community Based Health Care Organization, part of the Great Plains Regional Medical Center, to Col. Mary Katherine Chambers during a change of command ceremony April 5 at 8 a.m. in Blesse Auditorium.

### Pharmacy improvements

Patients filling prescriptions at the newly renovated Fort Sam Houston Community Pharmacy can expect shorter wait times and ample parking. Located in Building 2401 on Scott and Allen Roads, the Fort Sam Houston Community Pharmacy is open Monday through Friday from 9 a.m. to 5 p.m. Call 916-8700 to use the automated refill system.

### Unit Prevention Leader Seminar

Fort Sam Houston's Army Substance Abuse Program will sponsor a Unit Prevention Leader Seminar April 10 to 14 in Willis Hall, Room 2206. This is a mandatory class for UPLs currently on orders to collect drug-testing specimens for their unit. Certificates of completion may be used for promotion points. Reservations will be on a first-come, first-served basis, and registration must be done via e-mail. For more information or to register, e-mail April.Johnson-Walker@samhouston.army.mil or Angela.Moss@samhouston.army.mil.

See BRIEFS on Page 3



Photo by Art Sanchez

## Final round

A coach gives his boxer a pep talk during a bout Saturday at the Jimmy Brought Fitness Center. Nearly 700 spectators attended Boxing at the Brought II, which included 20 bouts and boxers from Fort Sam Houston and gyms throughout Texas. See related story and photos on Pages 16 and 17.

# Post reaches historic milestone with preservation program certification

By Yolanda Hagberg  
Fort Sam Houston Public Information Office

A ceremony held in front of the Stilwell House Friday marked a significant milestone in the history of Fort Sam Houston.

The Chairman of the Advisory Council of Historic Preservation John L. Nau III and U.S. Army Garrison Commander Col. Wendy Martinson signed the official certification of the Army Alternate Procedures program, making Fort Sam Houston the first Army installation to implement a self-directed historic preservation program.

"Fort Sam Houston is the first installation in the Army to have a historic Army Alternate Procedures program cer-

tification by the Advisory Council of Historic Preservation. Certification by the ACHP is the last step in the process as Fort Sam moves forward to implement its historic properties management plan," said Nau.

The AAP streamlines the process Army installations can elect to follow to satisfy the requirements of Section 106 of the National Historic Preservation Act. This process allows installations to implement standard operating procedures for historic properties in their Integrated Cultural Resource Management Plans and to implement actions for five years without formal project-by-project review.

"When we first met with the Army to talk about which installations would be

the pilots, we learned that Fort Sam Houston was to be one of the first. As the Department of Defense's largest national historic landmark, with more than 300 historic structures, we knew that Fort Sam Houston was the right place to start," said Nau.

"You can all be proud, that after seven years of hard and stern consultations, we are here today to sign onto a plan that will change the way that Fort Sam applies the process of the National Historic Preservation Act," said Nau, recognizing Fort Sam Houston staff for their efforts in the long process leading up to the certification.

See PRESERVATION on Page 4

## BAMC Soldiers depart for OIF deployment

By Michael Dulevitz  
Brooke Army Medical Center Public Affairs

Seven Brooke Army Medical Center Soldiers departed Monday to join Fort Hood's 21st Combat Support Hospital for a yearlong deployment to Iraq.

The seven BAMC Soldiers include an administrator, pharmacist, physical therapist and three nurses.

The 21st CSH will deploy in the next few weeks for its second rotation in support of Operation Iraqi Freedom. The CSH is set to provide health care at several locations in Iraq including Camp Bucca and Abu Ghraib.

During the next several weeks, 21st CSH personnel will complete mobilization requirements and undergo further training to ready the unit for the deployment.

At the send-off ceremony, BAMC Commander Brig. Gen. James K. Gilman said it was a big day in the Army careers of the deploying Soldiers.

"We will be here to see them off and we will be here to welcome them home," he said, adding that Soldiers' family members were now part of his family. "That means if you need anything, or are having a problem and can't get it resolved, that you can come to me and I will help you."

The 21st CSH most recently augmented the health care needs of Louisiana following Hurricane Katrina. The 21st CSH's mission was to provide emergency Level III health care to civilian and military personnel in support of the post-hurricane re-population of Greater New Orleans.

See BAMC SOLDIERS on Page 4

### Inside . . .

From the Top . . . . .	.2
Sports . . . . .	.10
Religion . . . . .	.12
Health . . . . .	.13
School . . . . .	.14 and 15
MWR . . . . .	.20
Child and Youth Services . .	.20
Community . . . . .	.21
Fort Freebies . . . . .	.22

# Army changes tattoo policy

By J.D. Leipold  
Army News Service

**WASHINGTON** — The Army has revised its policy on tattoos in an effort to bolster recruitment of highly qualified individuals who might otherwise have been excluded from joining.

Tattoos are now permitted on the hands and back of the neck if they are not “extremist, indecent, sexist or racist.” Army Regulation 670-1, which was modified via a message released Jan. 25, also now specifies: “Any tattoo or brand anywhere on the head or face is prohibited

except for permanent makeup.”

For women, allowable makeup would be permanent eyeliner, eyebrows and makeup applied to fill in lips, officials said. They said permanent makeup should be conservative and complement the uniform and complexion in both style and color and should not be trendy.

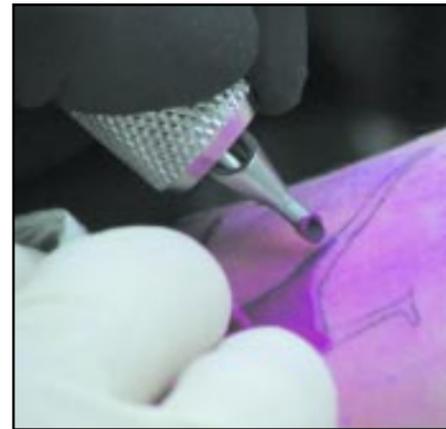
The change was made because Army officials realized the number of potential recruits bearing skin art had grown enormously over the years.

About 30 percent of Americans between the ages of 25 and 34 have tattoos, according to a Scripps Howard News

Service and Ohio University survey. For those under age 25, the number is about 28 percent. In all, the post-baby boom generations are more than three times as likely as boomers to have tattoos.

As a result of tattoo attitude changes, Army Regulation 670-1, chapter 1-8E (1) has been modified. Additionally, paragraph 1-8B (1) (A) was revised to state: “Tattoos that are not extremist, indecent, sexist or racist are allowed on the hands and neck. Initial entry determinations will be made according to current guidance.”

See **TATTOO POLICY** on Page 4



Courtesy photo

The Army has modified its regulations to permit tattoos on the back of Soldiers' necks and hands.

## Fort Sam Houston News Leader

This Army newspaper is an authorized publication for members of the Department of Defense. Contents of the News Leader are not necessarily the official views of, or endorsed by, the U.S. government or Department of the Army. It is published weekly by the Army Medical Department Center and School and Fort Sam Houston Public Affairs Office, 1212 Stanley Road, Suite 4, Fort Sam Houston, Texas 78234-5004; (210) 221-0615, DSN 471-0615. Printed circulation is 10,000. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected. The



editorial content of this publication is the responsibility of the director of public affairs. The News Leader is published by Prime Time, Inc., The Herald Newspaper Group, 17400 Judson Road, San Antonio, Texas 78247; (210) 453-3300, a private firm in no way connected with the U.S. government, under exclusive written contract with the Army Medical Department Center and School and Fort Sam Houston Public Affairs Office. The civilian printer is responsible for commercial advertising. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the U.S. Army or Prime Time, Inc., The Herald Newspaper Group of the product or services advertised. Stories and photos for publication consideration may be e-mailed to news.leader@samhouston.army.mil or turned in on a disc accompanied by hard copy, by noon Monday.

**Army Medical Department  
Center and School and  
Fort Sam Houston Commander**  
Maj. Gen. George W. Weightman  
**Garrison Commander**  
Col. Wendy Martinson  
**Public Affairs Officer**  
Phillip Reidingner  
**Public Information Officer**  
Yolanda Hagberg  
**Editor/Writer**  
Elaine Wilson  
**Staff Writer**  
Cheryl Harrison  
**Layout Artist**  
Lori Newman

# Briefs cont. . . . Korean War veteran receives Purple Heart

## Brigade run

The 32nd Medical Brigade will sponsor a brigade run "Viva Fiesta" April 14 at 5:30 a.m.; the assembly area is the BG Johnson Track Field.

## Upcoming housing events

Fort Sam Houston family housing residents will be receiving a "Headquarters, Department of Army Resident Assessment" survey. Survey input will be used to help make better decisions on how housing dollars are spent. Answers are strictly confidential. For more information, call Clara Greenway at 221-0881 or Patricia Baker at 221-0891.

The Lincoln Military Housing will be closed March 31 for its annual awards banquet. LMH will respond to all emergency maintenance requests. For more information, call 270-7638.

## Fill up faster at Car Care Center

The Army and Air Force Exchange Service Car Care Center, Building 2610 on Schofield Road, now offers two-way traffic at the gas pumps. Since the large majority of cars have their gas tanks located on the driver's side, the previous restriction to one-way traffic resulted in long lines on one side of the pumps, while the other side remained mostly unused.

## Officer and Civilian Spouses' Club

### Annual Tour of Homes

Visit selected homes on Fort Sam Houston during the Officer and Civilian Spouses' Club's Annual Tour of Homes April 1 from 10 a.m. to 3 p.m. Tickets are \$10 prepaid and \$15 on the day of the tour. Tickets will be sold Saturday from 10 a.m. to 2 p.m. at the Post Exchange, commissary and Golf Club. Proceeds from the tour will benefit the welfare and scholarship funds. For more information, call Liz Schreckhise at 270-2114 or Licia Rothfuss at 222-9464.

### Board members needed

The Officer and Civilian Spouses' Club seeks active members to fill board positions for the coming year. For more information, call Kandice Collins at 222-9043.

### Welfare distribution

The Officer and Civilian Spouses' Club makes welfare contributions on an annual basis every May. Applications for welfare funds are available at the information desk of the Roadrunner Community Center on Stanley Road. Any nonprofit organization located on Fort Sam Houston and Camp Bullis supporting the welfare of the armed forces and their families may apply. Applications must be post-marked by April 1.

### Scholarship applications available

The Officer and Civilian Spouses' Club provides scholarships to high school seniors and college students continuing their education, as well as a scholarship for a military spouse. Applications must be postmarked by April 1. For more information, call Judith Markelz at 410-0958.

## Tax center open for business

The Tax Assistance Center is open Mondays, Wednesdays and Fridays from 9 a.m. to 5 p.m.; Tuesdays and Thursdays from 9 a.m. to 9 p.m.; and Saturdays from 9 a.m. to 1 p.m. at the 1st Legal Support Organization, Building 133A, 2420 Liscum Road, behind the Garrison Staff Judge Advocate Office. For more information, call 295-1040 or 295-0061 or visit <http://www.samhouston.army.mil/tax/index.html>.

## Ammunition supply closures

The Fort Sam Houston Ammunition Supply Point will be closed on the following dates for inventory in 2006: Monday to March 31, June 26 to 30 and Sept. 11 to 15. For emergency requests, call 221-1065 or 669-5173.

Story and photos by Esther Garcia  
Fort Sam Houston Public Affairs Office

Jesus Vega, a veteran of the Korean war, was presented the Purple Heart Medal for wounds received 55 years ago in Korea defending a place called Hill 700 in the central Korean mountain range, a conflict later dubbed "Battle of Bloody Ridge."

Family members watched proudly as the patriotic ceremony, held March 17 at City Hall, began with the presentation of the colors by the Fort Sam Houston Army Medical Department Center and School Color Guard, led by Staff Sgt. Kimberly Bradford, followed by the national anthem, sung by Staff Sgt. Robin Farland.

With assistance from the office of Councilwoman Patti Radle, District 5, Vega was able to receive his long-awaited medal.

"My staff told me that Mr. Vega wanted a very simple ceremony. He said that it is not a celebration but an honor to receive the medal. This caused me to reflect in what he means by that," said Radle.

"In honoring, I think it is a point of recognizing someone who fulfilled a promise, someone who fulfilled their duty, and was willing to fulfill their word and their promise in spite of what consequences lay for that person. This was a man who promised to give all, was there, when he could have lost his life. We are here to thank him for his commitment in willing to give all for others," said Radle.

"It is an honor to be here and always



Brig. Gen. David Rubenstein, assistant surgeon general for force sustainment, U.S. Medical Command, presents the Purple Heart Medal and a certificate to Jesus Vega for injuries sustained in the Korean War.



(From left) District 5 Councilwoman Patti Radle; Brig. Gen. David Rubenstein, assistant surgeon general for force sustainment, U.S. Medical Command; and San Antonio Mayor Phil Hardberger congratulate Jesus Vega and his wife, Aurora, following a presentation of the Purple Heart Medal at a ceremony Friday at City Hall.

an honor to work with our veterans and with those still serving today," said Phil Hardberger, mayor of San Antonio.

"We are a military city, and we have been as long as San Antonio has been a city. We are fortunate to be the home of Mr. Vega and many other American heroes; heroes from all wars that America has fought. I am proud to live in a city where patriotism is never out of fashion, where patriotism and service to country are prized, honored and valued," said Hardberger.

Vega enlisted in the Army in December of 1950. Upon completion of basic training at Fort Riley, Kan., he was sent directly to Korea with the 2nd Infantry Division, 9th Regiment. Vega was wounded Sept. 9, 1951, when his regiment came under heavy fire and grenade attacks from enemy bunkers when the regiment attempted an attack on Hill 700.

Brig. Gen. David Rubenstein, assistant surgeon general for force sustainment, U.S. Medical Command, who presented the certificate and medal to Vega, shared the story of then 17-year-old Pfc. Jesus Vega.

"Vega's amazing story is a story of courage and dedication of an individual Soldier that has been told time and time again by America's sons and daughters," said Rubenstein.

Rubenstein said Vega was wounded protecting his fellow Soldiers. He was evacuated by helicopter to a mobile surgical hospital, then treated in country. As with many Soldiers before and after him, he wanted nothing more than to get

back to his unit to serve with his friends.

"His story is the story of the 9th Infantry Regiment, called 'Manchu,' one of our oldest regiments, and they have a creed that says, 'no enemy will penetrate my defenses, I am at my best when conditions are at their worst, I am motivated by service to my country, I am ready to carry freedom's flag, I am a Manchu warrior,'" said Rubenstein.

The regiment earned the nickname Manchu when members were dispatched to assist the Chinese government with the Boxer Rebellion and the China Relief Expedition. Manchus are expected to complete a 25-mile foot march called the "Manchu Mile" every quarter. Infantry Soldiers who complete the march are authorized to wear a special belt buckle on their uniforms.

"Mr. Vega, you earned the medal the hard way," said Rubenstein.

"We are here today to honor and recognize an American Soldier, an American patriot and an American hero who demonstrated military merit," said Rubenstein.

The original Purple Heart, designated as the Badge of Military Merit, was established by Gen. George Washington by order from his headquarters at Newburgh, N.Y., Aug. 7, 1782.

"As a family we are extremely proud of my father, he is a humble man and did not expect all this. When he received it (the medal) in the mail, he thought, this is it. He is in awe of all this," said Nora Gonzales, Vega's eldest daughter.

# Post schedules radio system upgrade

By Cheryl Harrison  
Fort Sam Houston Public Information Office

The Fort Sam Houston trunking land mobile radio system is scheduled for upgrade during the months of April and May.

The National Telecommunications and Information Agency mandate for migration to narrow banding will ensure all base, mobile and handheld radios are compatible.

The radio system is used by first responders and many tenants throughout Fort Sam Houston, Camp Bullis and Brooke Army Medical Center.

The system was mandated to upgrade to digital narrow band by the end of May. Without the upgrade, radios currently planned for or supported by the existing wideband system may not function correctly with-

out reprogramming and hardware upgrade. Some radio models are not compatible and will require replacement of radio units.

"The current system is antiquated and failing," said Jane Schlinke, Directorate of Information Management. "Also, parts are no longer available for replacement."

The upgrade will require the system to be down May 24 from 7 a.m. to 5 p.m. First responders will not be able to use the system and have to go conventional if necessary.

Once the new system is in place, there will be a wide area of communication for this area to include Lackland Air Force Base, Randolph Air Force Base, Camp Bullis and Fort Sam Houston.

For more information about the upgrade, call Schlinke at 221-0612.



## Preservation

Continued from Page 1

The certification comes at an important time as Fort Sam Houston expects tremendous growth resulting from Base Realignment and Closure 2005, which will involve construction of new facilities and renovation of historic properties, according to Phil Reidinger, Fort Sam Houston Public Affairs officer.

"Your visit to Fort Sam Houston and participation in this ceremony as the chairman of the National Advisory Council on Historic Preservation supports our continuing efforts to sustain the heritage that our historic buildings represent," said Martinson, prior to signing the certificate.

"Fort Sam Houston is not a museum or a national park. The post continues to grow – adding new buildings and more missions – with a tremendous sphere of influence in national defense," said Martinson.

The garrison commander cited examples of buildings on post that have been renovated such as the Beach Pavilion Complex, which now serves as the Army Medical Command Information Technology Center, "wired" for world-

wide communications supporting medical operations. Buildings like the Quadrangle, the Army Band building and the former Brooke Army Medical Center are great examples of adaptive re-use and renovation of historic buildings, Martinson said.

"We chose the historic Stilwell House as the site for this ceremony today because it is a symbol of our partnership with the Society for the Preservation of Historic Fort Sam Houston," Martinson said.

"We intend to continue pursuing preservation initiatives with the support of our long-standing affiliation with the San Antonio Historical Society, the Bexar County Historic Commission and the Texas State Historic Preservation Office.

"Our ability to work together and our interest in adaptive re-use to preserve our buildings as meaningful assets to our mission is the cornerstone of our success."

Following their remarks, Nau and Martinson walked to the table in the front porch of the Stilwell House and signed the AAP certification, making Fort Sam Houston the first Army installation to implement a self-directed historic preservation program.

### Army Alternate Procedures steps

The steps leading up to the implementation of the AAP are several. First, the garrison commander makes a determination and documents the decision to use the AAP. Next, the Historic Properties Component plan is developed in consultation with stakeholders. The HPC undergoes internal Army review, followed by a review by consulting parties and public. Next, the Advisory Council of Historic Preservation reviews the HPC and certifies the plan. The HPC is implemented by the installation for a period of five years.

Other installations currently undertaking the certification process include Fort Benning, Ga.; Fort Sill, Okla.; Fort Hood, Texas; and the U.S. Army garrisons in Alaska and Hawaii.



Photo by Yolanda Hagberg  
John L. Nau III, chairman of the Advisory Council of Historic Preservation, and Col. Wendy Martinson, U.S. Army Garrison commander, sign the certification of the Army Alternate Procedures program, making Fort Sam Houston the first Army installation to implement a self-directed historic preservation program.

The AAP provides better management of the Army's historic properties through a planning approach to compliance, closer integration with the military mission and by encouraging new and innovative means for stakeholder involvement.

## BAMC Soldiers

Continued from Page 1



Photos by Nelia Schrum

A seven-member health care team from Brooke Army Medical Center will deploy to Iraq in the next few weeks. The team includes (front row from left) Capt. Tammie Jones and Capt. Adriana Ortiz-Coffie; (back row from left) Lt. Col. Christine Johnson, Maj. Brian Boutillier, Maj. Harold Sano, 1st Lt. Andrea Nolan and Capt. Cheryl Powell.

(Right) Brooke Army Medical Center Commander Brig. Gen. James Gilman addresses the deploying Soldiers and their families Monday at the send-off ceremony.



Lt. Col. Ricardo Glenn bids farewell to Maj. Brian Boutillier Monday as he boards the bus for Fort Hood, Texas. Command Sgt. Maj. Jackie McFadden looks on.



## Tattoo policy

Continued from Page 2

The Army has never allowed indecent tattoos on any part of the body, G1 officials pointed out.

The new policy allows recruits and all Soldiers to sport tattoos on the neck behind an imaginary line straight down and back of the jawbone, provided the tattoos don't violate good taste.

"The only tattoos acceptable on the neck are those on the back of the neck," said Hank Minitrez, Army G-1 Human Resources Policy spokesman. "The 'back

of the neck is defined as being just under the ear lobe and across the back of the head. Throat tattoos on that portion of the neck considered the front, the ear lobe forward are prohibited."

Soldiers who are considering putting tattoos on their hands and necks should consider asking their chain of command prior to being inked.

"While the Army places trust in the integrity of its Soldiers and leaders, if a Soldier has a questionable case regarding tattoos, he or she should seek the advice of the local commander through the chain

of command," added Minitrez.

Should a Soldier not seek advice and have tattoos applied that aren't in keeping with AR-670, the command will counsel the Soldier on medical options, but may not order the Soldier to have the tattoos removed. However, if a Soldier opts not to take the medical option at Army expense, the Soldier may be discharged from service.

The Army's new policy, however, does not mean Soldiers should rush out and have the backs of their necks or their hands entirely covered in decorative art, Minitrez said.

"The Army does not have a percentage policy for tattoos," Minitrez said. "As long as tattoos do not distract from good military order and discipline and are not extremist, racist, sexist or indecent they're permitted."

Soldiers with tattoos should have personnel files notated by their leaders that the Soldier is in line with AR-670, officials said. Though not mandatory, having the notation entered serves as back-up documentation at a follow-on command which might feel the tattoos don't meet Army regulations.

## Women's History Month

# Retiree helps pave way for female Soldiers

By Elaine Wilson

Fort Sam Houston Public Information Office

When Kasha Zilka went through Army basic training, she never touched a weapon, trained in the field or dropped facedown to pound out pushups.

Yet, she was expected to perform equal to or better than her male counterparts, not an easy task in a skirt and blouse more suited for an afternoon tea than a day in the field.

But in 1967, the 18-year-old private didn't waste any time worrying about women's equality; she was too busy trying to succeed in a world dominated by men.

"Today, the military is probably one of the best equal opportunity employers in the United States," said Zilka, who would eventually achieve the rank of sergeant major. "But, it hasn't always been that way."

As a child in rural Minnesota, one of 15 children, Zilka was more focused on God than country. After graduating from high school at age 17, she believed she had a calling to become a nun.

"A wise nun said I was too young and needed to see more of the world," she said. "I decided to go to college, but the financial means wasn't there for me to go."

She decided to follow in her father's and two older brothers' footsteps and join the Army, which offered a GI Bill for college tuition.

The requirements to join were a bit more challenging for Zilka than for the men in her family. Along with being a high school graduate, women could not be married or pregnant, and mental health and police checks were conducted in every state the applicant had resided in for the past 10 years. Two moving traffic violations disqualified an applicant. Additionally, women had to pass testing with a minimum score 32 points higher than the male minimum.



Courtesy photo

Kasha Zilka helps present an award to Milburn Stone, also known as "Doc" from Gunsmoke, while serving on recruiting duty in 1969.

The stringent enlistment standards were designed by leadership to ensure the Army "accepted as few risks as possible in mental, physical and moral qualifications," according to "The Women's Army Corps, 1945-1978" by Bettie J. Morden.

Zilka sailed through the requirements and became one of 9,700 women in the Women's Army Corps. After graduating from basic training at Fort McClellan, Ala., she attended technical training for social work procedures at Fort Sam Houston, one of two women in a class of 40 men.

"I remember walking down the sidewalk at Fort Sam to the jeers of 'quack quack,' (a play on the word WAC) and listening to the off-color 'jody' calls of the special forces when they ran by the WAC barracks every morning," she said.

Zilka's first assignment was to Fitzsimmons Army Medical Center in Aurora, Colo., where she was met with a less than enthusiastic welcome.

"I was told they had a woman working there before but she didn't work out and I probably wouldn't work out, but I could assume the duties anyway," Zilka said.

The comment fueled Zilka's desire to succeed. She was assigned to a psychiatrist on a locked ward to do intake interviews on newly admitted patients, almost all from Vietnam. She was asked to wear a doctor's white coat because "it was felt the patients would respect the authority the garment represented," she said.

It was during that assignment that Zilka was commanded by a female captain and sergeant first class, and she first set her sights on achieving that rank herself. "Sergeant first class was the highest rank I'd been exposed to; I didn't believe women could go any higher."

Zilka found positive female role models within her unit and was praised for her work but still found it difficult to be accepted as a "contributing, effective member," she said. "Women were often labeled as a nymphomaniac, lesbian, husband hunter or someone's ugly sister. We were judged by our looks rather than our capabilities."

Dating was nearly impossible, Zilka said. "If you turned down a man, you would be labeled a lesbian. The problem was being choosy without getting labeled."

Zilka told of a male brigadier general who wrote a WAC colonel in 1964 to ask for a female officer and NCO who could organize a WAC in the Republic of Vietnam. He spelled out his prerequisites in detail, requesting a WAC officer who was "extremely intelligent, an extrovert and beautiful. The NCO should have the same qualities, plus be able to type."

The standards may have been high for female Soldiers, but the benefits were sorely lacking. Women were not entitled to VA benefits or a military funeral; spouses and children of WAC members did not receive medical benefits, on-base family housing or commis-



Photo by Elaine Wilson

Kasha Zilka (right) shows Rose Zamudio, secretary to the Army Medical Department historian, an Order of Military Medical Merit coin Monday at the AMEDD Center and School.

sary and exchange privileges; women could not marry without a commander's approval; and pregnancy or an abortion resulted in an immediate discharge.

Despite the odds, Zilka progressed through the years, from recruiting duty to NCO in charge of psychology services at Fitzsimmons. She was the first woman on the Army Medical Department Senior Enlisted Advisory Council and the first woman in charge of the Health Service Division at Personnel Command in Alexandria, Va. She retired in 1997 after a 30-year career.

Throughout the years, she became an eyewitness to the evolution of equality in the military. "There have been so many changes since my entry into the military," she said.

The Gulf War and Operations Iraqi and Enduring Freedom were particularly significant in showing the changing role of women in the military, she said.

"We are no longer medics and typists serving in rear areas; there were 41,000 women in Operation Desert Storm and 11,000 serving in Iraq working as doctors, nurses, pilots, medics, mechanics, truck drivers, clerks and in a host of other specialties. OIF and OEF show that America is ready for Army women, all of whom volunteered, to serve throughout the Army and not be excluded from combat jobs.

"Now, when we think of Soldiers we don't visualize only young men," Zilka said. "We will remember the young women who also dedicate their time, talent and yes, their very lives, protecting our nation."

Although retired, Zilka still hasn't stopped being an impetus for change. She shares her experiences with others as a speaker at various luncheons and ceremonies throughout the year. She also works for the Order of Military Medical Merit, a private organization dedicated to recognizing excellence and promoting fellowship and esprit de corps among AMEDD personnel, and is a volunteer at the AMEDD Museum.

# Soldier medics celebrate Women's History Month

By Ben Paniagua  
Hacienda Recreation Center

More than 175 Soldier medics from the three battalions in the 32nd Medical Brigade packed the auditorium of the Hacienda Recreation Center March 16 to celebrate Women's History Month.

Soldiers enjoyed an educational and entertaining evening filled with drama, trivia games, refreshments and musical performances.

In a dramatic skit written and directed by Ben Paniagua, Hacienda manager, Drill Sgt. Cornelius Boyd gave a stirring performance as Rosa Parks that overwhelmed the audience.

Presented as a one-woman show, Boyd's Rosa Parks told the young audience about how she went on to become one of the most famous women in history by starting the Civil Rights Movement with her refusal to give up her seat to a white man in a segregated Montgomery, Ala., bus.

She ended her skit with "... after all the hate, after all the prejudice we face, after all the violence in this world, it is still a beautiful world."

Pfc. Dale Camella, of E Company, 232nd Medical Battalion, said she was "truly impressed" with the turn out. "I feel that everyone benefits from ceremonies such as this because it reminds us of the strong people who have fought for the freedoms we have today."

A trivia game on famous women in history proved to be popular with the Soldiers, with prizes for the winners. Staff Sgt. Robin Farland, who recently won third place in the United States Army Stars of Tomorrow Competition, entertained the



Photo by Kelly Jones

Drill Sgt. Cornelius Boyd stars in a one-woman show about Rosa Parks during the Women's History Month celebration March 16 at the Hacienda Recreation Center. The play was written and directed by Ben Paniagua.

audience and received a standing ovation.

The evening was summed up by Pvt. Angela Tuper who said, "It was a very uplifting show that was very inspirational to the Soldiers (in regard to) the past, present and future. It made us look at the heroes lying inside of us and what a difference one person can make in history."

The program was presented by the Hacienda Recreation Center and the 32nd Medical Brigade Equal Opportunity Office. The Soldiers were treated to pastries and refreshments provided by the sponsors of the program, Balfour Rings, the MILES Program and Army and Air Force Exchange Service.



Photo by Kelly Jones

## Generous donation

The Soldier and Family Assistance Center received a \$2,500 donation from the San Antonio Rampage hockey team March 11 at the AT&T Center. The SFAC, Red Cross, Family Support Center at Lackland Air Force Base, Texas, and Fisher House each received proceeds from the Rampage jersey auction held Jan. 20. Judith Markelz (right), SFAC program manager, accepted the check on behalf of the SFAC from Rick Carden, director of hockey business operations for the San Antonio Rampage.

# St. Patrick's Day celebration



Photos by Esther Garcia

(Above) Fort Sam Houston Military Ambassador Staff Sgt. Juan Perez, D Company, 187th Medical Battalion, waves to the crowd Saturday during San Antonio's 39th annual St. Patrick's Day Parade. The driver of the military vehicle is Spc. Javier Barreto and the vehicle commander is Sgt. Carlos Sabillon, of E Company, 264th Medical Battalion.



(Above, left) San Antonio's 39th annual St. Patrick's Day Parade is an opportunity for the Army to celebrate Celtic and Irish American heritage. The parade included dignitaries, marching units, floats, clowns and antique cars.

(Left) The Alamo City Community Marching Band was one of the more than 100 entries that participated in the 39th annual St. Patrick's Day Parade. The Alamo City Community Marching Band will join the Army Medical Command Band for the Fort Sam Houston Fiesta Fireworks April 23.



Photo by Olivia Mendoza

## Learning about life on post

Future Soldiers from Victoria Recruiting Station, Texas, look over the shoulder of Jerome Kiddas as he demonstrates a CT scan of a human chest during a tour Friday at Brooke Army Medical Center. Twenty Soldiers visited Fort Sam Houston and BAMC during the tour. The Victoria Recruiting Station encourages future Soldiers to visit Army installations so they can find out what is available for them and better understand the life of a Soldier.

## Troop Salute

### 232nd Medical Battalion



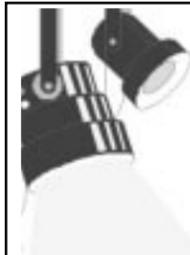
#### Soldier of the Week

**Name:** Pfc. Jamie Wright  
**Unit:** A Company  
**Hometown:** Alma Center, Wis.  
**Reason for joining:** To get money for college and start my career in nursing.  
**Hobbies:** Playing sports and reading



#### Junior Leader of the Week

**Name:** Pfc. Chris Woods  
**Unit:** A Company  
**Hometown:** St. George, Ga.  
**Reason for joining:** To get money to finish college and continue on to graduate school.  
**Hobbies:** Football, bowling and reading



## Spotlight your unit

The Public Information Office welcomes articles, photos or story idea submissions for the Fort Sam Houston News Leader.

To submit a story or idea or for more information, call 221-0615, e-mail [news.leader@samhouston.army.mil](mailto:news.leader@samhouston.army.mil) or stop by the office in Building 124 (second floor).

# BAMC inducts 36 Soldiers into NCO Corps

By Maj. Larry Crowl

Brooke Army Medical Center Public Affairs

Brooke Army Medical Center inducted 36 Soldiers into the NCO Corps March 14.

The final inductee to walk across the BAMC stage was Sgt. Ernesto Godoy, a veteran of the Global War on Terrorism, who sustained severe injuries to both of his legs when an improvised explosive device hit his Humvee. Now able to stand with his fellow NCOs, Godoy embodied the dedication and spirit of the group.

The NCOs were reminded of the proud history of the Corps. As the ceremony began, sergeants dressed in period uniforms echoed the contributions and commitments made by NCOs throughout the years.

Along with the formality of the ceremony was a message and a call to duty. The Great Plains Regional Medical Center and BAMC's Command Sgt. Maj. Craig Layton issued a challenge to the new inductees, "be proud of what you do each and everyday."

The inductees were reminded of the requirements of the NCO Creed: "Competence is my watch-word. My two basic responsibilities will always be upper-

most in my mind — accomplishment of my mission and the welfare of my Soldiers."

These two basic yet vital responsibilities were reinforced by the keynote speaker, Sgt. Maj. Edward Norwood, who serves as the chief instructor for combat medic training. After recognizing the new inductees for their demonstrated excellence, Norwood invited the new NCOs to embrace the greatness that is within each of them.

He challenged the NCOs to not only uphold the two basic responsibilities of the creed, but "close the educational gap, create a higher standard of personal conduct and seek self-improvement to provide the best possible leadership for our Soldiers."

"We look to our young NCOs to be better than we were," said Norwood. "NCOs like you, who strive to be great, will catapult our Corps to heights unknown."

The new NCOs include:

**BAMC's Headquarters Company** – Sgts. Tonya Purcell, Shareef Abdulla, Terrin Blanchard, Allan Funk, Rebecca Magnaer, Katheryn Rodriguez, Shantyl Branch, Anwar Harrell and Joseph Mupo;

**A Company** – Sgts. Tylia Landrum,



Photo by Norma Guerra

Great Plains Regional Medical Command and Brooke Army Medical Center Command Sgt. Maj. Craig Layton administers the NCO oath to the newly promoted BAMC inductees.

Natalie Trujillo and Jose Pujalte;

**B Company** – Sgts. Daniel Deguzman, Kirstin Turner, Delvon McDaniel, Reginald Edwards, Margiretia Prieto, Marcos Garcia and Nicole Mathis;

**C Company** – Sgts. Tiffany Anderson, Tiffany Spivey, Joshua Finley and Christopher Ochieng;

**Institute of Surgical Research** – Sgts. Alfonso Romero, Joseph Myles, Claudia Romero, Patrick Ysaquarre, Shane Elders, Joy Nelson, Vincent Evans, Pamela Watts and Christopher Palmer; and

**Medical Hold Company** – Sgts. Christopher Chandler, Jon Smith, Charles Naegele and Ernesto Godoy.



Photos by Maj. Larry Crowl

## Winning spirit

(Above) Wounded warriors from the Global War on Terrorism, along with staff from Brooke Army Medical Center, are honored at center court Friday when the Spurs faced off with the Phoenix Suns during a BAMC-sponsored Night at the Spurs.

(Right) The Brooke Army Medical Center Color Guard presents the colors Friday to start the Spurs vs. Suns game. The Spurs held off the run-and-gun Suns with a 108-102 victory. The win helps the Spurs remain in the race for the Southwest Division title and the best record in the Western Conference.



**Serve Your Country One Patient at a Time**  
 210-692-7376  
 HEALTHCARE.GOARMY.COM  
 U.S. ARMY

## Sports Briefs . . .

### Golf Course groundbreaking ceremony

The Golf Course groundbreaking ceremony will be held Monday from 10 to 11 a.m. at the Salado Course to mark the beginning of a two-phase renovation to the tees and greens. The ceremony is open to the public, and a social will immediately follow in the clubhouse. For more information, call 221-5863.

### Golf league play begins

Intramural golf team captains will meet today at 12 p.m. at the Golf Course Clubhouse. League play starts April 4. For more information, call Earl Young at 221-1180.

### Intramural tennis

If interested in coaching or participating in intramural tennis this season, call Earl Young at 221-1180 or 221-1234 or e-mail Earl.Young@sam-houston.army.mil.

### Ten Star All Star Basketball Camp

Applications will be accepted for the Ten Star All Star Summer Basketball Camp. Boys and girls ages 10 to 19 are eligible to apply and the camp is by invitation only. Past participants include Michael Jordan, Tim Duncan and Vince Carter. College basketball scholarships are available for players selected to the All-American team. For a free brochure, call (704) 373-0873.

### 'Hoop it Up' basketball tour

Team Championships International will sponsor the "Hoop it Up" three on three basketball tour Saturday and Sunday from 9 a.m. to 5 p.m. at the Alamodome, 100 Montana St. Basketball players of all ages and abilities can participate. The event is free and open to the public. "Hoop it Up" offers 36 divisions for male, female and coed teams. This tour affords an opportunity to qualify for the 2006 World Championships hosted by Disney's Wide World of Sports Complex in Florida. For more information, call (888) 997-PLAY (7529) or visit [www.HoopItUp.com](http://www.HoopItUp.com).

### 'Race for the Cure'

The ninth annual Komen San Antonio Race for the Cure will be held April 1 at the Alamodome. Everyone is invited to join the Brooke Army Medical Center team. To join the BAMC team, visit the Komen Web site at [www.sakomen.org](http://www.sakomen.org), click on "join an existing team," click on "search for a team," enter BAMC Medical Mile Steppers and fill out a registration form. For more information, call Susie Ferrise at 916-2261 or Sandy Terrazzino at 916-4457.

### MWR hotline

Information about MWR events, activities and programs is available 24 hours a day. For more information, call the MWR hotline at 295-3697 or visit [www.fortsamhoustonmwr.com](http://www.fortsamhoustonmwr.com).

# Tour opens doors to post's most historic homes

Story and photo by Cheryl Harrison  
Fort Sam Houston Public Information Office

The Fort Sam Houston Officer and Civilian Spouses' Club will host a guided tour of Fort Sam Houston's most historic homes April 1 from 10 a.m. to 3 p.m.

The tickets for the annual Tour of Homes will be available for purchase Saturday from 9 a.m. to 2 p.m. at the Post Exchange and commissary. Tickets are \$10 in advance; or \$15 on the day of the event at the Stilwell House.

"All the money earned during this popular event goes toward two very worthy programs: one half will go to our scholarship fund and the other to our welfare fund," said Liz Schreckhise, chairperson for the Tour of Homes and OCSC treasurer.

"The tour last year was very well received and was the first tour held in 20 years," said Schreckhise.

"We hope the tour will raise about \$8,000 for our scholarships and welfare funds," said Licia Rothfuss, co-chair and fundraising chairperson for the club. "Our welfare fund helps many organizations on post."

The organizations helped financially in 2005 were the Family Advocacy Program,

Army Family Team Building, Soldier and Family Assistance Center, Girl Scouts of Fort Sam Houston, Cole High School, Military Child Education Coalition and "It's Not Easy being Green Conference." Scholarships were awarded to five high school seniors, one undergraduate and one spouse.

This year's tour will include 13 homes on post. Several of the homes are rumored to be especially noteworthy. A home on Post Road will be decked out with the Christmas spirit to include a display of collectible village houses.

"We are very excited about the homes on the tour this year. One of the homes is called the "Gone with the Wind" house because of the beautiful Victorian-era décor," said Joan Weightman, OCSC adviser.

Other homes on the tour include the Stilwell House, Staff Infantry housing, Artillery Post, Dickman and Graham housing. The Pershing house is also included on the tour.

Each of the homes on the tour will have hostesses to escort ticket holders. Tickets are available for ID cardholders. The homes are not stroller accessible.



Preparing for the home tour are (from left) Licia Rothfuss, co-chairperson for the Tour of Homes; Joan Weightman, Officer and Civilian Spouses' Club adviser; and Liz Schreckhise, Tour of Homes chairperson. This was a home featured in last year's tour and other similar houses will be in this year's tour.

The OCSC is a nonprofit organization that benefits not only its membership, but many organizations on post. The group has a membership of about 120 and offers an opportunity for spouses to meet new

people and to mentor the younger or new spouses of Soldiers.

For more information about the OCSC or the home tour, call Schreckhise at 270-2114 or Rothfuss at 222-9464.

## Religious Happenings . . .

### **Easter Sunrise Service**

There will be an outdoor ecumenical Easter Sunrise Service April 16 at 6:45 a.m. next to the Main Post Chapel.

### **Chapel youth group**

The Fort Sam Houston chapel youth group meets Sundays from 5 to 7 p.m. at the Main Post Chapel. The group is open to seventh through 12th graders, and is sponsored by the chapel congregations. The theme, "Where Faith and Life Meet," is incorporated in fun activities, Bible applications and off-post events. Adults are invited to help and join in the fun. For more information, call Joanne Benson at 599-0157.

### **PWOC weekly Bible studies**

The Protestant Women of the Chapel invites women in the Fort Sam Houston community to weekly Bible studies at Dodd Field Chapel. The daytime study meets Wednesdays from 9:30 to 11:30 a.m.; and the evening study meets Thursdays at 6:30 p.m. Childcare is provided for both studies. For more information, call Lois Griffith at 226-1295 or visit <http://www.cs.amedd.army.mil/chaplain/Womensministry/>.

### **PWOC seeks homeschool moms**

The Protestant Women of the Chapel invites women who homeschool their children to attend PWOC programs Wednesdays from 9:30 to 11:30 a.m. at Dodd Field Chapel. For more information, call Jenifer Sones at 271-3174 or e-mail [jecsones@earthlink.net](mailto:jecsones@earthlink.net).

### **Officers' Christian Fellowship**

The Officers' Christian Fellowship meets on the first and third Sunday of every month at 1008 Gorgas Circle, near the old Brooke Army Medical Center building. Study is from 4:30 to 7 p.m. and includes a home-cooked meal. Participants are studying "The Minor Prophets." For more information, call Lt. Col. Robert Griffith at 226-1295 or 221-8857 or e-mail [rgriffith3@satx.rr.com](mailto:rgriffith3@satx.rr.com) or [robert.griffith1@amedd.army.mil](mailto:robert.griffith1@amedd.army.mil).

## Blood is fluid of life

The Brooke Army Medical Center Blood Bank is running critically low on AB Negative blood.

Akeroyd Blood Donor Center is reaching out to you for your support to accomplish a mission for life.

Contact the donor center to lend a helping hand.

To donate blood now, call the Akeroyd Blood Donor Center at 295-4655 or 295-4989.



## Post Worship Schedule

**Main Post Chapel**, Building 2200, 221-2754

### **Catholic services:**

4:45 to 5:15 p.m. - Confessions - Saturdays

5:30 p.m. - Mass - Saturdays

9:30 a.m. - Mass - Sundays

11:30 a.m. - Mass - weekdays

**Protestant services** - Sundays:

8 a.m. - Traditional Protestant

11 a.m. - Traditional Protestant

**Jewish services:** 379-8666 or 493-6660

8 p.m. - Fridays - Worship and

8:30 p.m. - Oneg Shabbat

### **Protestant services:**

10 a.m. - Worship service - Sundays

12 p.m. - Worship - Wednesdays

**AMEDD Regimental Chapel**, Building 1398, 221-4362

**Troop Catholic Mass:** Sundays:

11 a.m. - 32nd Med. Bde. Soldiers

**Troop Protestant gospel service:**

9:45 a.m. - 32nd Med. Bde.

Soldiers - Sundays

**Troop Protestant service:**

8:30 a.m. - 32nd Med. Bde.

Soldiers - Sundays

**FSH Mosque**, Building 607A, 221-5005 or 221-5007

10:30 a.m. - Children's religious education - Sundays

1:30 p.m. - Jumma - Fridays

7:30 p.m. - Adult religious education - Thursdays

**Evans Auditorium**, 221-5005 or 221-5007

### **Mormon service:**

9:30 to 11:30 a.m. - Sundays

**Installation Chaplain's Office**, Building 2530, 295-2096

### **Contemporary service:**

11:01 a.m. - Sundays

### **Web site:**

[www.samhouston.army.mil/chaplain](http://www.samhouston.army.mil/chaplain)

**Dodd Field Chapel**, Building 1721, 221-5010 or 221-5432

### **Catholic service:**

12:30 p.m. - Mass - Sundays

### **Protestant services:**

10:30 a.m. - Collective gospel

Protestant - Sundays

9:30 to 11:30 a.m. - Women's Bible

Study (PWOC) - Wednesdays, child

care is provided.

### **Samoan Protestant service:**

12:30 p.m. - Sundays

**Brooke Army Medical Center Chapel**, Building 3600, 916-1105

### **Catholic services:**

8:30 a.m. - Mass - Sundays

11 a.m. - Mass - Sundays

11 a.m. - Mass - weekdays

## National Poison Prevention Week

# Store products out of children's reach

March 19 through 25 is National Poison Prevention Week. The theme of the National Poison Prevention Week is "Children act fast ... so do poisons!"

Parents are urged to store products out of their children's reach at all times, and to be aware of children's growing needs to explore and experiment. Such natural curiosity can lead to poisonings when chemicals or materials are within reach and parents are not paying close attention.

The following are suggested ways to poison-proof a home:

- Never leave a child unattended, even for a second. Children are naturally curious and very quick.
- Store all medications, household products and chemical products in a locked cabinet, out of the reach and sight of children.

- Store food and household products in separate areas. Many dangerous household products come in containers that look like food and drink containers and can cause mistaken usage.

- Keep all household and chemical products in their original containers. Never store these products in a food container.
- Always store medications in original containers with child-proof caps, out of the sight and reach of children.
- Never call medicine "candy." Medicines and candies look alike to a child and they cannot tell the difference.
- Do not take medications in front of children. Children like to imitate adults.
- Vitamins are medicines. Keep them locked up and out of reach. Vitamins with iron can be very dangerous to a child if taken incorrectly.

- Store purses, diaper bags and tote bags of visitors out of children's reach as they may contain medications or dangerous products.

- Know the names of plants in your yard and home. A nursery or cooperative extension can give you information.
- Keep any poisonous plants away from children and pets.
- Teach children to always ask first before putting anything in their mouths.
- Lead poisoning is a serious medical problem. Children may be exposed to different lead sources in the home. Small children may chew on windowsills, eat paint chips or suck on their hands, exposing themselves to lead dust. Older furniture, such as cribs, playpens or wooden chairs may contain lead-based paint.
- Another potential source of poisoning for

small children is carpet cleaners. Toys and hands may come in contact with cleaner when they are on the floor and can be transferred to the mouth.

- Keep a bottle of syrup of ipecac in your home but do not use it unless instructed by your physician or the poison center.
- Keep the phone number of the poison center near your phone, (800) 222-1222.

Everyone would like to think of their homes as being safe places, but the fact is that there are many poisonous substances lurking in the home that can be very dangerous for children and adults too. Heeding these prevention tips is the best way to make sure your home remains "Home Safe Home." Keep family members safe and be aware of potential hazards.

(Source: National Safety Council.org)

### Brooke Army Medical Center Health Promotions – March Class Schedule

Class	Dates	Time	Place
* Asthma Management	Tuesday	2 to 3:30 p.m.	BAMC, Health Promotion Center lower level, Room L31-9V
Breast-feeding Class	Fridays	1 to 2:30 p.m.	BAMC, OB/GYN fifth floor conference room
Cholesterol Management	Tuesday	10 a.m. to 12:30 pm	BAMC, Health Promotion Center lower level, Room L31-9V
Diabetes Management	Monday Tuesday	Call for more information	BAMC, Call 916-0794 to participate
Diabetes Management (Pre-Diabetes)	Wednesday	Call for information	BAMC, Call 916-0794 to participate
* Tobacco Use Cessation B	Tuesday	5 to 6:30 p.m.	BAMC, fourth floor conference room, Room 413-11
* Tobacco Use Cessation C	today and 30	3 to 4:30 p.m.	BAMC, fourth floor conference room, Room 413-11
Yoga	Wednesday	12 to 1 p.m.	BAMC, fifth floor, Room 531-14

\* To schedule these classes, call 916-9900 and choose option number 4. For more information, call 916-3352.

### Army Community Service

#### Family Advocacy Program – March Class Schedule

Class	Dates	Time
Boys only! (Ages 9 to 11)	Monday	4 to 4:30 p.m.
Management Skills, Series (1 to 4)	Monday	4:30 to 6 p.m.
New evening series (1 to 3)	Wednesday	4:30 to 6 p.m.
Commander's Training	today	8 to 9:30 a.m.
Getting Ready for Childbirth (Series 1 and 2)	today and 30	9 a.m. to 12 p.m.
Helping Us Grow Securely (H.U.G.S.) Playgroup	Tuesday	9 to 11 a.m.
SOLVE (Series 1 and 2)	Monday	2 to 3:30 p.m.
S.T.E.P. Program for Parents of School-Age Children (Series 1 to 4)	today and 30	1 to 2:30 p.m.
S.T.E.P. Program for Parents of Teens (Series 1 to 4)	Tuesday	11 a.m. to 12:30 p.m.
Truth or Consequences? (Series 1 to 4)	Tuesday	4:30 to 6 p.m.
Saturday Marathon	Saturday	9 a.m. to 5 p.m.

Class space is limited. To register for classes or for more information, call ACS Family Advocacy Program at 221-0349 or 221-2418.

## Elementary School News

# Elementary science fair labeled success

By Dr. Kathy Maxwell

Fort Sam Houston Elementary School

The Fort Sam Houston Elementary School fifth annual Science Fair was held March 9, before spring break.

More than 360 students from grades three to six entered projects. Nineteen first place, 20 second place and 19 third place ribbons were awarded for projects that demonstrated outstanding scientific method.

One third of the projects entered in the fair addressed the earth sciences while nearly 60 percent of the remaining projects addressed consumerism issues, to include paper towels, toilet paper, tooth-

paste, dish soap, batteries and household cleaners.

The projects were judged by more than 40 medical, government service and private industry personnel, as well as private citizens. The majority of the judges were medical and science professionals from the Army Medical Department Center and School, thanks to the support of Col. Richard L. Agee, AMEDDC&S chief of staff.

"I am amazed with the fresh approaches to problem solving demonstrated by the third and fourth grade students," said John Shaw, CEO of the XPEDITE Group. "There is clear evidence of education as it

relates to their role models here at Fort Sam Houston. This is a definite advantage."

"There is clear demonstration of a comprehension of the scientific method," added another judge, John Davies. "The level of parent involvement is clearly present."

The co-chairs for the science fair were Rhonda Francis, sixth grade teacher; and Lynnette Mohr, fourth grade teacher. The science fair committee included teachers Kasha Squires, Andrea Eastland, Stacey Carter, Lee Ann Agee, Abigail Parrish, Gail Helt, Carolyn Absher and Brenna Howell.

Parents and community members viewed science projects before the win-

ners were announced at the award ceremony conducted by Principal Jayne Hatton.

The following are the first place winners:

**Third grade** - Mackenzie O'Brien, Sydney Otto, Taylor Mecum, Colton Jacobsmeyer and Colleen Juni;

**Fourth grade** - Bradley Ferre, Kelsey King, Mardio Lattimore, Donte Simon and Alex Arounleut;

**Fifth grade** - Brandon Schreckhise, Michela Broulliard, Kylie Benjamin, Abigail Crofts and William Starnes; and

**Sixth grade** - Jessica Kiss, Randolph Jackson, Robert Garcia and Victoria Lewis.

## High School News

# Sports update: Cole baseball faces tough opponents

Pre-spring break play for the Cole Cougar baseball team saw both wins and losses against local area teams.

In the Atascosa County Baseball Tournament, the Cougars played stiff competition in San Antonio Christian, which ended with a score of 3-2. They bounced back with a 10-0 victory over South San Antonio West Campus in the second round. Cole lost the consolation game against Pleasanton 9-2. Leading batters were Matt Newcomer, 6-12 with three doubles, and Ryan Boyles, 6-11 with three doubles.

In other play, the Cougars lost to a tough SA Christian squad 6-0 for the second time this season. The team then won

over St. Gerard 18-9. The offense was paced by Ryan Boyles, 4-6 at bat and six RBIs, and Matt Newcomer, who hit an inside-the-park homerun. Cody Oswald and James Raymond each batted 3-4. Cole's current record is 3-3.

Coaching for the Cougars is Darrell Kurek, Cole history teacher.

Other members of the Cougar baseball team are Weston Collins, Tommy Leeds, Tim McCoole, Pat Newcomer, Paul Parker, Doug Raymond, Steven Rhodes, Shane Russe, Stephen Sult, Tim Ta, Kurt Walker, Mike Walker and Jason West. Carlton Hogan is the manager for the team.



Courtesy photo

Ryan Boyles, No. 5, gets ready to hit the ball thrown by the pitcher from St. Gerard. The Cougars beat St. Gerard 18-9 and now have a 3-3 record. Boyles batted 4-6 and had six RBI's.

### ***Fiesta parade tickets on sale***

The Cole Jr./Sr. High School Cougar Pride Club is selling tickets to the Battle of Flowers Parade and the Fiesta Flambeau Parade. Tickets are \$8. For more information, call Lana Dochnal at 226-2746.

## FSH Independent School District Weekly Calendar - Monday to April 1

### FSH Elementary School

#### Wednesday

Early dismissal – kindergarten to fourth grade, 2 p.m.  
Early dismissal – fifth and sixth grade, 2:45 p.m.

#### March 31

Spring individual pictures  
Spirit Day

### Robert G. Cole Jr./Sr. High School

#### Monday

Student of the month photos in the mall area, 9:50 a.m.

District 27AA Ready Writing

#### Tuesday

Association of Texas Small Schools Band  
MS Region band auditions at La Vernia, Texas, TBA

Reading Proficiency Test in English in Room 5, 8 a.m. to 3 p.m.

#### Wednesday

Boy Scout meeting in cafeteria, 5:30 to 8 p.m.

Cole baseball at Navarro, 7 p.m.

#### March 30

Golf team – Navarro Panther invitational at Woodlake Country Club

Tennis – Brakenridge tournament at Fairchild Tennis Center, 8 a.m.

Cheerleading workshop in Moseley Gym, 4 to 6 p.m.

#### March 31

District 27AA UIL academic meet at Cole

Tennis – Brakenridge tournament at Fairchild Tennis Center, 8 a.m.

Tennis – Brakenridge tournament at Fairchild Tennis Center, 8 a.m.

#### April 1

Cole baseball at Comfort, 6 p.m.

Tennis – Brakenridge tournament at Fairchild Tennis Center, 8 a.m.

Tennis – Brakenridge tournament at Fairchild Tennis Center, 8 a.m.

# Historic homes in Staff Post receive updates

Fort Sam Houston Family Housing Development Group has been steadily renovating homes in the Staff Post housing area, with the last home scheduled to be completed in June.

The historic homes, located within the National Historic Landmark District, were built around 1881 for general and staff officers. The 15 homes represent the most prestigious housing on Fort Sam Houston and face a large parade ground adjacent to the historic Quadrangle.

Staff Post's unique, large homes have been well maintained and are being upgraded to meet current housing needs. Renovation includes exterior painting and repair of the houses and out-buildings as well as cleaning of the exterior limestone.

There are minor issues with drainage and basement water intrusion, making it necessary to re-grade around the homes. Additionally, landscape upgrades are addressing drainage issues and uniformity.

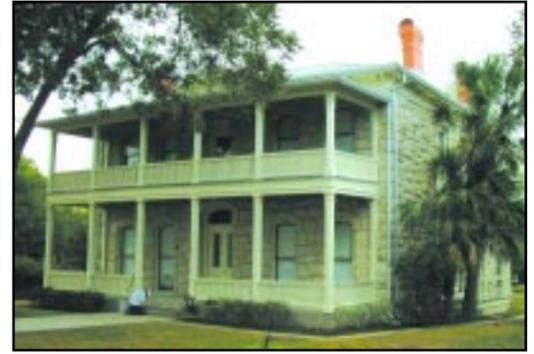
Some of the Staff Post homes will also receive interior renovation, to include kitchen and bath upgrades as needed. The homes' hardwood floors and fireplaces will remain; however, the fireplaces will not be useable.

Exterior renovations have been accomplished while the homes are occupied; however, interior renovations will take place after a house is vacant.

Houses are also being renovated in Artillery Post, Infantry Post, Wheaton Graham, Patch Chaffee and Gorgas Circle.

For more information, call the Fort Sam Houston Family Housing Development Group at 226-5597 or the Residential Communities Initiative office at 221-0891.

(Source: RCI)



Staff Post 1 (after renovation)

## School board meeting

The Fort Sam Houston Independent School District Board of Trustees will hold a regular meeting March 30 at 11 a.m. at the Fort Sam Houston ISD Professional Development Center, 1908 Winans Road.

## Water-saving tips

- When washing dishes by hand, don't let the water run while rinsing. Fill one sink with wash water and the other with rinse water.
- Evaporative coolers require a seasonal maintenance checkup. For more efficient cooling, check your evaporative cooler annually.
- Check your sprinkler system frequently and adjust sprinklers so only your lawn is watered and not the house, sidewalk or street.
- Run your washing machine and dishwasher only when they are full and you could save 1,000 gallons a month.
- Avoid planting turf in areas that are hard to water such as steep inclines and isolated strips along sidewalks and driveways.

(Source: Fort Sam Houston Environmental Office)





Photo by Art Sanchez

Eric Castillo, from the Extreme Boxing Club, throws a punch at Rashean Ellis, from the Fort Sam Houston Boxing Club.



Photo by Art Sanchez

James Cone awards a first-place trophy to the winner of a bout. Cone is a former professional boxer who fought on the same ticket as Joe Lewis in the 1940s.

# Soldiers, civilians duke it out at post boxing event

By Elaine Wilson

Fort Sam Houston Public Information Office

Forty boxers took to the ring Saturday at the Jimmy Brought Fitness Center for Fort Sam Houston's second major boxing event in a year.

Nearly 700 spectators turned out for Boxing at the Brought II, a sequel to the Dec. 10 boxing event that marked the official return of the sport to post after a more than 30-year hiatus.

"The outside boxing clubs really enjoyed the caliber of the event," said John Rodriguez, of the Jimmy Brought Fitness Center. "Most of the boxers from small towns are used to small events. Some kids said it was like Madison Square Garden in here."

The open event pitted Soldiers from the newly formed Fort Sam Houston Boxing Club against boxers from throughout Texas, including Houston, Corpus Christi, Austin and Del Rio.

The bouts were divided into sub-novice, novice and open, and boxers were matched up based on experience, weight and age.

"In some cases, Soldiers fought each other," said Kevin Majors, volunteer boxing coach. "Our goal was just to get everyone in a bout."

"It was difficult to match everyone, especially females, due to weight class," Rodriguez added.

Jessica Maxwell, a Soldier assigned to Brooke Army Medical Center, fought her first bout that evening. She didn't win but is eager to box again. "I've always been interested in boxing," she said. "It wasn't what I thought it would be. It was a lot more mental and physical than I thought."

The event also served as a showcase for aspiring Junior Olympic hopefuls, with boxers as young as 10 years old in the ring.

"There was a great spirit of competition, but the event was more about encouraging participation and improving skills," Rodriguez said.

"With Boxing at the Brought II, interest is growing. The support from commanders is great," said Dannie Williams, a former All-Army Boxing coach and now volunteer coach at Fort Sam Houston.

The crowd dwindled throughout the night, but the hard-core fans stayed until the end of the four-hour event. Boxing fan Felipe Serratos drove about eight hours from Monterrey, Mexico, to see the bouts.

"I like boxing. This was very nice, especially the little kids and the women boxers," he said.

Another fan drew attention from the crowd. James Cone or "Irish Jimmy Cone," a former professional boxer, flew in from Indiana for Boxing at the Brought. The 82-year-old boxer fought on the same ticket as Joe Lewis in the 1940s.

"This was a great match," he said. "We need to have more of them."

Rodriguez agrees. The post has already scheduled Boxing at the Brought III for October. Rodriguez said he also would like to organize a closed show for military athletes only.

"We are very supportive of the sport and want to keep the warrior spirit going," he said.

Boxing at the Brought II was sanctioned by the South Texas Boxing Association, the governing body for amateur boxing in south Texas. The association also supplied the officials and judges.

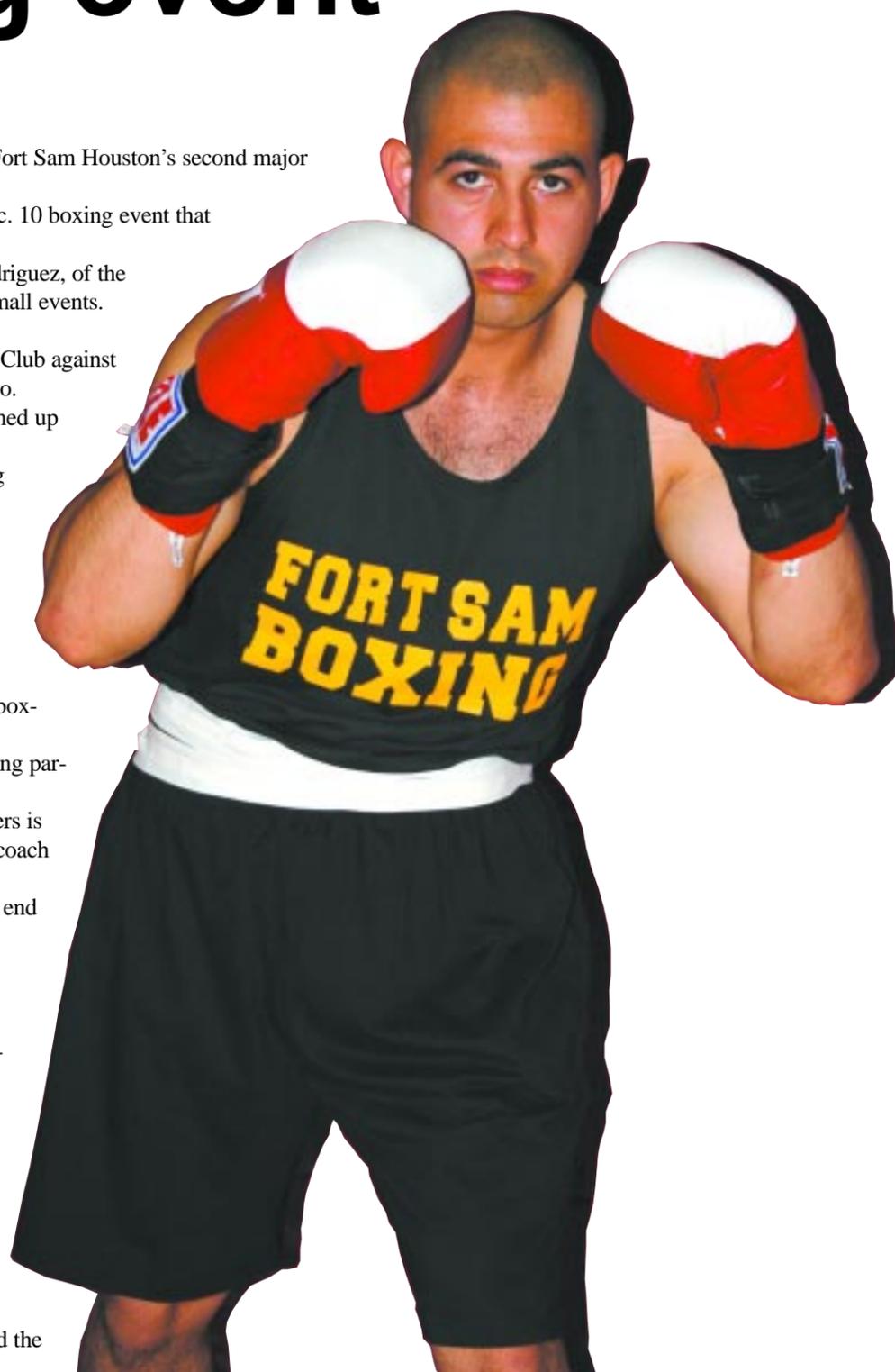


Photo by Laurence Gonzalez



Photo by Art Sanchez  
Fort Sam Houston coach Dannie Williams gives instructions to sub-novice light heavyweight Terry Benjamin between rounds.



Photo by Art Sanchez  
(Above) A boxer throws a left punch during a bout Saturday at the Jimmy Brought Fitness Center. The Boxing at the Brought II was Fort Sam Houston's second major boxing event in a year.

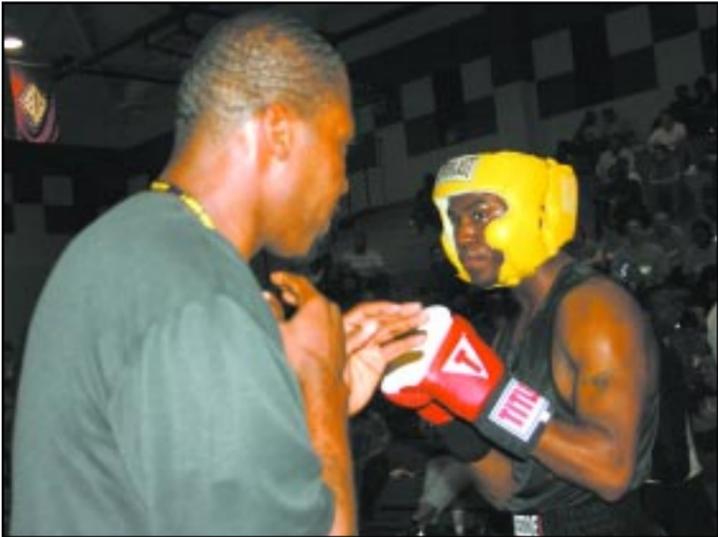


Photo by Elaine Wilson  
(Left) Fort Sam Houston coach Kevin Majors prepares welterweight Rashean Ellis for his bout with warm-up drills.

Photo by Elaine Wilson



Photo by Laurence Gonzalez  
John Bauer, from Fort Sam Houston Boxing Club, is cornered during a bout.



Photo by Elaine Wilson  
Referee Arturo Sousa gives a female boxer a standing eight count to give her a chance to get her bearings.



Photo by Laurence Gonzalez



Photo by Art Sanchez  
(Above) Referee Pete Garza raises Rashean Ellis' hand in victory over his opponent.

(Left) A young boxer has his hand wrapped prior to a bout. Boxers 10 years old and up competed in the event Saturday.

# Post Pulse: Monday was the first day of spring. What do you most like about spring?



*"The temperatures — it's not too hot or too cold, it's just right."*

**Spc. Timeki Bingham**



*"I'm a big sports fan, so the NBA and NCAA basketball play-offs; those are the main things I look forward to."*

**Ronnie Brannon**



*"I look forward to the start of baseball season and to seeing all the flowers come into bloom, since this will be my first spring in San Antonio."*

**Air Force Capt. Nathan Clement**



*"I look forward to warmer temperatures and being able to go outside."*

**Heather Higginbotha**



*"Women in bathing suits."*

**Pfc. Brian Hume**

## MWR hotline

Information about MWR events, activities and programs is available 24 hours a day. For more information, call the MWR hotline at 295-3697 or visit [www.portsamhoustonmwr.com](http://www.portsamhoustonmwr.com).

## Community Recreation

### Sealed bid auction

Non-appropriated funds will accept sealed bids on two horses currently located at the Fort Sam Houston Equestrian Center. The horses range in age from 23 to 27 years. The purchaser will be responsible for removing the horses from the Equestrian Center premises. The horses may be viewed by appointment. Sealed bids will be accepted until close of business April 12. Bids will be opened April 14 at 8 a.m. For more information, call the Equestrian Center at 224-7207, or Cynthia Tripoli or Joe Cavanagh at 221-3185.

### Hike Government Canyon

A guided three to five mile hike will be held April 8 in Government Canyon. The cost is \$18 per person which includes transportation, lunch, guide, entrance fee and photos. The hike is open to ages 12 and older, and children under 18 must be accompanied by a parent or guardian. Sign up by March 31. For more information, call Jeffrey Heagerty at 221-5554 or e-mail [jeffrey.heagerty@samhouston.army.mil](mailto:jeffrey.heagerty@samhouston.army.mil).

### Lifeguard class

The Jimmy Brought Fitness Center will sponsor a Red Cross lifeguard class April 1 and 2, and April 8 and 9 from 8:30 a.m. to 5:30 p.m. each day. Participants must be 15 years old and up. Cost is \$165 and includes course materials and AED training. No Department of Defense ID card is required for this class. For more information or to register, call 295-8861 or 221-1234.

### Federal tax forms

Federal tax and supplemental forms for 2005 are available at the Fort Sam Houston Library. Tax forms from previous years through 1997 are also available. For more information, call 221-4702.

### Cruiser bikes for rent

New men's and women's cruiser bikes are available for rent at the Outdoor Recreation Center. Cost is \$3 a day or \$5 for the weekend. Cost includes bicycle helmet and combination lock. For more information, call 221-5225, or visit the Outdoor Recreation Center at 1111 Forage Ave.

### Canyon Lake trailer renovations

The Fort Sam Houston Recreation Area at Canyon Lake will continue to have trailers available for rent through March 31. After this time, trailers are scheduled for renovation and construction. More information on the availability of future reservations will be available at the end of March. Only mobile homes will be affected by the construction: the marina, cabana and beach will not be affected. For more information, call (830) 226-5357 or (888) 882-9878.

### Intramural sports

People interested in a team sport should consider joining an intramural varsity sports league. Participation in intramural sports enhances individual morale and unit esprit de corps, promotes teamwork and encourages individuals to reach high levels of physical fitness. For more information or to join, call 221-1180.

## Dining and Entertainment

### Sam Houston Club, 224-2721

#### Club membership special

Get the first month of membership free when becoming a Sam Houston Club member. Membership benefits include discounts on Sunday brunch, lower prices for weekly

buffet lunch, valuable coupons for special events and a monthly newsletter.

#### Lunch buffet

The Sam Houston Club features an "All You Can Eat" lunch buffet, which includes beverage, deluxe salad bar, soup and dessert, Monday through Friday from 11 a.m. to 1 p.m. The cost is \$5.95 for members and \$6.95 for nonmembers.

#### Bingo

Play bingo every Thursday and Friday; doors open at 5 p.m., and Saturday, doors open at 11 a.m. Youth 10 and older may play when accompanied by an adult. There is a free buffet for all bingo players.

### Bowling Center, 221-3683

#### Bowling championship

The Bowling Center will sponsor a free bowling championship April 8 and 9 starting at 12 p.m. on both days. Any five members of the same unit may form a team. There is no requirement to enter averages. The top two teams will be given individual awards. The registration deadline is April 3. For more information or to register, call John Fryman at 221-3683.

#### 'Bowl-A-Jam'

"Bowl-A-Jam" is Saturdays from 7 to 10 p.m. The cost is \$8 per person, which includes shoes and one order of fries per lane. Stop by for music and fun.

### Golf Club, 221-4388

#### March special

Get 10 lessons for \$150. Open to men and women of any level of experience. To register, call 355-5429.

### Harlequin Dinner Theatre, 222-9694

The Harlequin Dinner Theatre presents "The Curious Savage," a comedy by John Patrick, Wednesday through Saturday evenings through April 1. Prices are \$26.95 Fridays and Saturdays and \$23.95 Wednesdays and Thursdays. Military discounts are available. The box office is open

from 12 to 5 p.m. weekdays and 1 to 5 p.m. Saturdays. For more information or to make reservations, call the Harlequin Dinner Theatre at 222-9694.

### MWR Ticket Office, 226-1663

Tickets are available for the 48th Annual Ebony Fashion Fair Sunday at 5 p.m. in Laurie Auditorium, Trinity University. Season passes to Fiesta Texas, Disney World and Universal Studios are also available. For more information, call 226-1663 or 224-2721.

### March Madness

The Bowling Center will host March Madness through April 7. Participate in a Turkey Tournament Wednesdays and Thursdays and Final Four Fridays.

Bowl one game Wednesdays or Thursdays between 9:30 a.m. and 5 p.m. and receive one free entry form to select the team that could possibly win the 2006 NCAA Basketball Tournament. For every strike bowled, receive an additional entry form (maximum three per person). Entries for the Turkey Tournament will not be accepted after Monday. Grand prize for the Turkey Tournament is \$300 cash and two round-trip airline tickets courtesy of Southwest Airlines.

Final Four Fridays is a chance to win an additional \$100 cash. Bowl all you want Friday nights from 9 p.m. to 12 a.m. for \$4.95 per person, including shoes. Wear any basketball apparel and receive an entry form to enter the \$100 cash drawing.

The 2006 Bowling Center March Madness promotion is sponsored by MWR, First Command Financial Planning, Home Depot, Southwest Airlines and San Antonio Federal Credit Union.

For more information, call the Fort Sam Houston Bowling Center at 221-4740.



## Child and Youth Services

### Youth Services registration

Youth Services registration is Mondays through Fridays from 8 a.m. to 5 p.m. at the Roadrunner Community Center, Central Registration, Building 2797, Stanley Road. Central Registration takes walk-ins and appointments. To register, parents need to bring current shot records, name and telephone number of two local emergency contacts, physical exam or well baby check completed within the last 12 months with physician's signature affixed, child's Social Security number and proof of total family income such as a current leave and earnings statement or pay stub. There is an \$18 annual registration fee per child, maximum \$40 per family of three or more registering participants. For more information, call Roxanne Lacy at 221-4871 or Arlene Alvarez at 221-1723.

### Summer camp registration

Early onsite middle school/teen and School Age Services summer camp registration will be held April 10 to 14 from 9 a.m. to 6 p.m. at Building 1705 for active duty only. Registration for the community and active duty will be held April 17 to 21 at Building 1630 A from 9 a.m. to 6 p.m. Registration is required for the camps even if currently using the program. A one week non-refundable deposit will be required. A current Child and Youth Services membership is required to participate. For membership registration, parents must bring a current leave and earning statement, current immunizations for kindergarten to fifth grade, physical for kindergarten to fifth grade, two local emergency designees and \$18 for the registration fee. For more information, call Central Registration at 221-4871 or 221-1723.

### Free after-school program

Youth Services offers a free after-school program for sixth to 10th graders Monday through Friday until 6 p.m. YS will pick up children from the school (either the elementary or the high school). At the Youth Center, they will have a snack, work on homework, participate in clubs and do fun, innovative proj-

ects at the 4-H club, photography club and the computer tech club. Youth must be registered with Child and Youth Services. The annual fee is \$18, but there is no cost for the program. For more information, call 221-3502 or 221-4871.

### Youth Services volunteers

Youth Services is looking for volunteers to assist with youth programs such as golf, roller hockey, tennis, computers and arts and crafts. Volunteers with typing or filing skills are needed for the administrative office. For more information, call the Youth Center at 221-3502.

### Open recreation

School Age Services will offer open recreation the second and fourth Saturday of each month from 2 to 6 p.m. in Building 1705. Activities include computers, arts and crafts, table and board games, gym activities and special events. All children must have a current Child and Youth Services registration pass. Parents must sign children in and out of the School Age building. For more information, call School Age Services at 221-4466.

### Baseball, T-ball, softball registration ongoing

Registration for youth baseball is ongoing from 8 a.m. to 5 p.m. at the Roadrunner Community Center, Central Registration, Building 2797. To register, parents must pay a \$45 activity baseball fee and bring updated immunizations for fifth graders and below, sports physical and a current leave and earnings statement. All participants must have a current Child and Youth Services membership. For more information, call 221-4871 or 221-1723.

### Girls' basketball needs players

Youth Sports still has openings in the 13- to 14-year-old girls' basketball team. The cost is \$45. For more information, call Youth Services at 221-3502 or 221-5513.

### Piano lessons available

Piano lessons are offered Monday through Saturday from 3:30 to 8 p.m. The cost is \$60 per month for four 30-minute lessons. Classes are for ages 6 to 18 and children must be registered with Child and Youth Services. For more information or to sign up, call 221-4871 or 221-9613.

### Parent Advisory Council meeting

The Child and Youth Services Parent Advisory Council will meet April 18 from 11:30 a.m. to 12:30 p.m. at the Child Development Center. Lunch will be provided. All CYS patrons are encouraged to attend. This is an opportunity to meet staff, learn of upcoming events and attend parent education opportunities.

### Part-day preschool program

Patrons interested in the part-day preschool program at the Child Development Center can call Central Registration at 221-4871 or 221-1723. Preschool is Monday through Friday from 9 a.m. to 2 p.m. Fees are based on total family income.

### Home-based child care

Family Child Care offers home-based child care for ages 4 weeks to 12 years on and off post with certified providers. FCC offers full-day, part-day, before- and after-school care, hourly care, extended hourly care and long-term care. For referral information or child registration, call Central Registration at 221-4871 or 221-1723.

### Family Child Care Online

Family Child Care Online is a marketing tool that allows parents to take a virtual tour of FCC homes. In addition, parents can read about the provider's philosophy of care, hours of operation and background. This online tool can be accessed through the Child and Youth Services Central Registration office at Building 2797 from 8 a.m. to 4:30 p.m.

### CDC waiting list

To remain on the waiting list for the Child Development Center parents are advised to check their status every 90 days. To check status, call the Child and Youth Services Central Registration office at 221-4871 or 221-1723.

### FCC providers

Family Child Care is looking for family members interested in becoming certified FCC providers. There is a no-cost start-up plan. For more information, call 221-3820 or 221-3828.

## Events

### Fisher House Golf Tournament

The annual Fisher House Golf Tournament at The Dominion Country Club will be held April 10; tee time is 1:30 p.m. Tournament cost is \$110 per person, and includes green fees, cart fee, box lunch and dinner, T-shirt and assorted prizes. For more information, call Ellyn Gilbert at 481-1161 or Irene Meadows at 403-0199.

### Annual Tour of Homes

The Fort Sam Houston annual Tour of Homes will be held April 1 from 10 a.m. to 3 p.m. Tickets are \$10, or \$15 on the day of the tour. Tickets are available Saturday from 10 a.m. to 2 p.m. at the Post Exchange, commissary and Golf Club. Tickets are also available at the Officer and Civilian Spouses' Club luncheons. For more information, call Liz Schreckhise at 270-2114 or Licia Rothfuss at 222-9464.

### MOAA luncheon

The Military Officers Association of America – Alamo Chapter, will sponsor a luncheon today at 11 a.m. at the Gateway Club at Lackland Air Force Base. The guest speaker will be Judith Markelz, program manager for the Soldier and Family Assistance Center at Fort Sam Houston. The luncheon is open to active duty and former officers, reservists, retirees and surviving spouses. The cost is \$15 and tickets can be purchased at the door. For more information or reservations, call 228-9955.

### Stieren Arts Enrichment Series

Trinity University presents Libby Larsen, one of America's most performed living composers, today and Friday at 8 p.m. in the Ruth Taylor Recital Hall. Saturday, her presentation will be on "The Future of the Concert Hall in America." The presentation will be preceded by a concert of her chamber music performed by Trinity faculty and students. Friday, Larsen will speak on "The Future of the Concert Hall in America." The Trinity Chamber Singers will also perform during her presentation. Both events are free and open to the public. For more information, call 999-8212.

### St. Patrick's Day dance

The Irish Cultural Society will host a St. Patrick's Day dance Saturday from 7:30 p.m. to 12:30 a.m. at the Knights of Columbus Hall, 6909 Camp Bullis Road. The event will feature the Noel Henry's Irish Show band. Cost is \$15 per person. For more information and to make reservations, call Kay Delaney at 342-5334.

### 'Muster Days' at Camp Mabry

The Texas National Guard will host "Muster Days" April 1 and 2 at 9 a.m. at Camp Mabry, West 35th Street, Austin, Texas. The weekend will feature military exhibits, World War II battle re-enactments, parade, a band concert, an F-16 flyover, food booths and activities for children. The event is free and open to the public. For more information, call Master Sgt. Jeff Cline at (512) 782-5467 or (512) 782-5659.

### AACOG accepting nominations

The Alamo Area Council of Governments is now accepting nominations for the 2006 AACOG Regional Awards. Forms must be submitted by May 1 at 4 p.m. Nomination forms can be obtained from the AACOG offices at 8700 Tesoro Drive, Suite 700, by fax at 225-5937 or online at [www.aacog.com/](http://www.aacog.com/) award. Categories for nomination are Regional Citizen of the Year, Corporate Citizen of the Year, Community Project of the Year and Governmental Regional Project of the Year. Nominations are open to the public. For more information, call 362-5204 or e-mail [mail@aacog.com](mailto:mail@aacog.com).

### Archeologist discusses discoveries

Trinity University presents Andrea Berlin, a professor of Biblical archeology, today at 7 p.m. in Northrup Hall, Room 040. Her pres-

entation will be "The Phoenicians and the Maccabees: Excavations at Tel Kedesh, Israel." The event is free and open to the public. For more information, call 999-7653.

### St. Philip's presents 'Ain't Misbehavin'

The St. Philip's College Department of Fine Arts will present a local production of the popular Broadway musical revue "Ain't Misbehavin" Friday, Saturday, March 31 and April 1 at 8 p.m. Matinees will be Sunday and April 2 at 2:30 p.m. in the theater of the Watson Fine Arts Center. Admission is \$10 for the general public and \$5 for students and seniors. For more information, call 531-3321.

### ROA offers college scholarships

The Reserve Officers Association will award up to 60 \$500 Reilly Scholarships this year to undergraduate and graduate students for the 2006-2007 school year. Undergraduate applicants must be the children, grandchildren or spouses of ROA members. Graduate applicants must be ROA members. ROA membership is open to any officer (active, Reserve, National Guard, retired or former) of the seven uniformed services: Army, Navy, Air Force, Marine Corps, Coast Guard, Public Health Service or National Oceanic and Atmospheric Administration. To join ROA, call (800) 809-9448 or visit [www.roa.org](http://www.roa.org). For more information, call Chandra Oliphant (800) 809-9448, ext. 730.

### San Antonio Symphony

For a special San Antonio Symphony ticket offer, purchase two concerts tickets, get a third one free. Active or retired military can present a military ID at the box office starting two hours before each concert and receive a 50 percent discount on the ticket price. Offer is good for new orders and for a limited time only. See the "Spirit of America" Friday and Saturday at 8 p.m. and Sunday at 2 p.m. with Danny Rodriguez. For tickets, call 554-1000, ext.152 or 554-1010. For more information and upcoming events, visit [www.sasymphony.org](http://www.sasymphony.org).

### Old Tunnel Wildlife Area walk

The Kerrville Trailblazers Volksmarch Club will host a 5K and 10K walk Saturday at the Old Tunnel Wildlife Management Area "The Bat Tunnel" between Comfort and Fredericksburg, Texas. For more information, call Edna Platte at (830) 257-2185 or e-mail [platte@kctc.com](mailto:platte@kctc.com).

### Canyon Lake Area walk

The New Braunfels Marsch-und Wandergruppe Volksmarch Club will host a 10K walk April 1 starting at the Community Resource and Recreation Center of Canyon Lake at 125 Mabel Jones Drive, below Canyon Dam. For more information, call Helgard Suhr-Hollis at (830) 625-6330 or visit [www.muw.walktexas.org/](http://www.muw.walktexas.org/).

### Senior Games of San Antonio

The Barshop Jewish Community Center will host the 2006 Senior Games of San Antonio from March 31 to April 9. Save \$5 by registering before Friday. The registration fee is \$20 and applications can be obtained at the Barshop JCC, all Wellmed Medical Management and Barnacle Bill's locations, and most bowling alleys, cycling shops and running stores or register at [www.saseniorgames.com](http://www.saseniorgames.com). Applications must be received by Friday. For more information, call the Senior Games Hotline at 302-6820.

### Vet Center offers free counseling

The Department of Veterans Affairs Vet Center in San Antonio offers free, confidential counseling sessions to combat veterans and their families. Sexual trauma counseling also is available to veterans who experienced sexual assault or harassment while on active duty. Veterans must have a DD Form 214 as proof of eligibility. Walk-ins are welcome. For more information, call the center at 472-4025, visit [www.va.gov/rcs](http://www.va.gov/rcs) or stop by the Vet Center at 231 W. Cypress, next to San Antonio College.

### Fiesta ticket sales

Tickets for Fiesta events will go on sale March 31 at the Fiesta San Antonio

Commission's Consolidated Ticket Sales office, 2611 Broadway. Ticket sale hours at The Fiesta® Store are Monday through Friday from 10 a.m. to 6 p.m. and Saturday from 10 a.m. to 3 p.m. Tickets are limited. For more information, visit [www.fiesta-sa.org](http://www.fiesta-sa.org).

### Disney 'CareerStart' program

Disney "CareerStart" recruiters are interviewing candidates for a paid opportunity at the Walt Disney World Resort near Orlando, Fla. Interested students must attend a presentation hosted by a Disney "CareerStart" recruiter or an online presentation to interview for the program. The program is open to anyone who has earned a diploma or GED in the past 18 months, and to high school students graduating this spring. Participants must be at least 18 years old prior to arrival date. For more information, e-mail [wdw.disneycareerstart.recruiting@disneyworld.com](mailto:wdw.disneycareerstart.recruiting@disneyworld.com) or visit [www.disneycareerstart.com](http://www.disneycareerstart.com).

## Meetings

### Sergeants Major Association

The Fort Sam Houston Sergeants Major Association has temporarily changed its meeting time to April 13, May 18 and June 15 at 5 p.m. in the Sam Houston Club. All active duty and retired sergeants major and command sergeants major (E-9 from all services) are welcome to participate in this community-based fraternal association. For more information, call Command Sgt. Maj. Timothy Burke at 221-8050 or Command Sgt. Maj. Stephen Paskos at 221-1676.

### Native plant society meeting

The Native Plant Society of Texas, San Antonio Chapter, will meet Tuesday at 7 p.m. in the Lions Field Adult Center, 2809 Broadway at E. Mulberry in Brackenridge Park. The social seed and plant exchange will be at 6:30 p.m. Speaker Ernest Moran of the San Antonio River Authority will present, "Riparian Habitat along the San Antonio River." For more information, call 733-0034 or visit [www.npsot.org/SanAntonio](http://www.npsot.org/SanAntonio).

## Training

### AFTB offers Level II, III training

Army Family Team Building offers AFTB Level II and III training Tuesdays and Thursdays through March from 6 to 9 p.m. at the Roadrunner Community Center, Building 2797. Students learn interpersonal skills, how to develop relationships and leadership skills. Drinks and snacks will be provided. For reservations, call 221-2705 or 221-2418.

### Army seeks warrant officers

The U.S. Army seeks highly motivated Soldiers, Marines, Sailors and Airmen to fill its warrant officer ranks. Positions are open in all 41 specialties. Current application shortages include military intelligence, special operations, ammunition technician and many more. For more information, call (502) 626-0328, 626-0466, 626-0484, 626-0458, 626-0271 or 626-1860; or call toll free at (800) 223-3735, ext. 6 and enter the last four digits of the phone number; or visit [www.usarec.army.mil/warrant](http://www.usarec.army.mil/warrant).

### 416th IMA Detachment openings

The 416th Individual Mobilization Augmentee Detachment has openings for all ranks. The unit provides training opportunities for Individual Ready Reserve and IMA Soldiers to earn retirement points to achieve creditable years of service toward retirement Thursday evenings. For more information, call Col. John Daly at 859-9214 or e-mail [john.daly1@us.army.mil](mailto:john.daly1@us.army.mil).

### University of Phoenix representative

The University of Phoenix online representative, Eric Hager, will visit the Fort Sam Houston Education Center, Building 2248, Room 201, April 4 from 10 a.m. to 2 p.m. For more information or to sign up, call 221-1738, Eric Hager at (602) 421-

4491 or e-mail [eric.hager@phoenix.edu](mailto:eric.hager@phoenix.edu).

### USAA job clinic

The Family Employment Readiness and Army Career and Alumni Program office will host a clinic with a USAA recruiter March 31 from 8 to 10 a.m. at the Roadrunner Community Center. A valid military or dependent ID card is required; bring resume. A USAA recruiter will be available until 12 p.m. for those who are unable to attend the clinic. No reservations are required for this session. For more information and reservations, call Gabriele Dias at 221-0516 or Jennifer Swiger at 221-0427.

### 'Troops to Teachers' briefing

The Army Career and Alumni Program will host a "Troops to Teachers" and "Spouses to Teachers" briefing April 7 from 1 to 3 p.m. at the Army Career and Alumni Program, Building 2263, Room B-100, Stanley Road. Meryl Kettler, the state coordinator of TTT and STT, will brief about programs and will be available to answer questions afterwards.

### St. Mary's University education office

A St. Mary's University representative is available Mondays and Tuesdays from 8:30 a.m. to 4 p.m. and Fridays from 8:30 a.m. to 12:30 p.m. in Building 2248, Room 206, to assist individuals interested in pursuit of a master's degree in teacher certification. For more information, call Iona Million at 226-3360.

## Volunteer

### Post volunteers needed

The Fort Sam Houston Army Volunteer Corps needs volunteers to help enhance and augment paid staff in programs and organizations in the Fort Sam Houston community. Volunteers are needed at the American Red Cross, Army Community Service, Brooke Army Medical Center Volunteer Program, BAMC Retirees Group, Fort Sam Houston Mentor Program, the Fisher Houses, Installation Chaplain's Office, Soldier and Family Assistance Center, Youth Services and many other organizations. For more information, call Kim Taylor at 221-0921 or e-mail [kimberly.taylor2@samhouston.army.mil](mailto:kimberly.taylor2@samhouston.army.mil).

### Conservation Society needs volunteers

The San Antonio Conservation Society needs volunteers to help build and set up booths for the "A Night in Old San Antonio" event April 25 to 28. For more information, call Glenda Duffin at 226-5188.

### Study seeks effects of deployment

Lt. Col. Mona Ternus, a Reserve nurse and a professor at the University of New Mexico, College of Nursing, is conducting a study to identify issues associated with deployment and military mothers of adolescent children. Women who deployed between January 2003 and June 2005, with an adolescent between the ages of 12 to 18 can participate. The survey is anonymous and takes about 30 minutes. A certificate will be issued at the end of the survey. To participate in the study or for more information, visit <http://hsc.unm.edu/consg/ternus/Invitation.htm> or e-mail [mternus@salud.unm.edu](mailto:mternus@salud.unm.edu) or call Lt. Col. Ternus at (505) 272-4142

### Wilford Hall conducts vascular study

The vascular surgery service at Wilford Hall Medical Center has been chosen to participate in a national trial looking at the effectiveness of "Stent Graft" treatment of abdominal aortic aneurysms versus standard open repair. The trial is named "Positive Impact of Endo Vascular Options for Treating Aneurysms Early," or PIVOTAL. The study will evaluate patients diagnosed with small aneurysms to see if there is an advantage to treating the aneurysms at an earlier or smaller stage. For more information, call the Wilford Hall Vascular and Endovascular Surgery Clinic at 292-5924.

**Submission guidelines:**

Freebies are published on a first-come, first-served basis. The deadline is noon Monday. Freebies are intended for personal household goods, and may only be submitted by active, retired or reserve military members and civilian employees working on Fort Sam Houston. Real estate ads will not be published. To submit a Fort

Freebie, e-mail to [news.leader@samhouston.army.mil](mailto:news.leader@samhouston.army.mil) or fax to 295-0512. Freebies run for one week unless submitter calls to renew. Limit of five items per entry. For more information, call 221-1031.



**For Sale:** GE 24.9-cubic foot side-by-side refrigerator, white, new, \$800 obo. Call 658-1643 after 6 p.m.

**For Sale:** 1988 Ford Bronco, \$2,600 obo. Call (830) 980-2940.

**For Sale:** Occasional table set with rectangular coffee table, tables are framed in wood with beige tile center and bent antique ironwork legs, \$250 obo. Call 818-6585.

**For Sale:** Care Bear full size sheet set, \$10; black recliner/glider with ottoman, \$50. Call 697-9261.

**For Sale:** RANS rocket recumbent bike, 21-speed, \$250. Call Dennis at 860-9217.

**For Sale:** Contemporary Ashley sofa, sage green with off-white piping, new, \$250 obo. Call 875-5890.

**For Sale:** Wood futon with dark blue cushion, \$100. Call 373-7095.

**For Sale:** Kid's three-in-one game table, includes pool, pingpong and air hockey, \$45; child's electric guitar with tuner, strap, pics and instructions, \$50; youth golf clubs with bag, \$50. Call 220-1928.

**For Sale:** 1994 Toyota Tercel, automatic, CD stereo, four-door, AC and new tires, needs engine work, \$550. Call 262-5501 or 566-2169.

**For Sale:** 1995 Palomino roll up, slide-in truck camper, \$1,900; signed and numbered unframed prints: Long Grey Line with West Point Seal by Ben Maile, \$3,500; and The Commander and First Sergeant by Don Stivers, \$2,400. Call 497-8139 or 386-0373.

**For Sale:** Horses and 2006 foals, all registered with American Quarter Horse Association or American Public Health Association, \$700 to \$2,500. Call 445-4299 or

visit <http://wawhite.net/dthorses>.

**For Sale:** White and natural finish dining table with six chairs, \$125; full size wooden bar with Okinawa ladies on front of bar, \$150; two wooden bar stools, \$30. Call 650-0337.

**For Sale:** 2004 Land Rover Freelander, silver, 25,000 miles, four-door wagon/sport utility, V6, automatic, \$22,700 obo; 2004 Jeep Liberty Sport, black, 17,000 miles, four-door wagon/sport utility, V6, automatic, two-wheel drive, tinted windows, \$16,000 obo. Call 745-1526.

**For Sale:** Philco record player in wood cabinet, 72 inches long, 23 inches tall and 16 inches wide, four speed auto record changer AM/FM, \$80; 7-foot tall cat tower with five raised platforms, grey and blue carpet, \$175. Can e-mail pictures on request. Call 659-1120.

**For Sale:** 1996 Volkswagen Cabrio con-

vertible, black, 119,000 miles, \$1,900. Call 916-3168 or 481-3389.

**For Sale:** MTX 500-watt thunder amp two-channel, two 10-inch MTX speakers in speaker boxes, \$225. Call 538-8391.

**For Sale:** Washer and dryer, \$100; sofa and love seat, \$100; three scooters, \$15 each; boy's bike, \$25; toddler bike, \$5. Call 221-5806 days or 828-3910 evenings.

**For Sale:** Three prom dresses, sizes 7, 9 and 14, \$25 each; books, non-fiction and fiction, starting from 25 cent to \$1 each. Call 332-0975.

**Yard Sale:** March 24 and 25 at 363 Wagon Crossing, Universal City. In case of inclement weather sale will be cancelled.

**Free To Good Home:** Medium size mixed breed dog, good disposition, less than one year old, spayed and short haired. Call 916-3168 or 481-3389.