



Briefs . . .

Fort Sam to change gate hours

Fort Sam Houston has changed the hours of three access control points. Effective Saturday, the Winans and Nursery ACPs will be operational from 4:30 a.m. to 10 p.m. weekdays and 6 a.m. to 10 p.m. weekends and holidays. Beginning Tuesday, the George Beach ACP hours will change from 5:30 a.m. to 5:30 p.m. weekdays to 5:30 a.m. to 7 p.m. weekdays and holidays, and closed on weekends. *See gate map on Page 4.*

Memorial Day ceremony

The Fort Sam Houston Memorial Day ceremony will be held Monday at 9:30 a.m. at the Fort Sam Houston National Cemetery. A musical interlude will begin at 9 a.m. The guest speaker will be retired Lt. Gen. Ricardo Sanchez. For more information, call 820-3891.

Museum closure

The Fort Sam Houston Museum will be closed Sunday in observance of Memorial Day.

Asian Pacific Expo

An Asian Pacific Expo will be held Saturday from 11 a.m. to 5 p.m. at the Fort Sam Houston Commissary parking lot. The expo will feature exhibition dances, vendors, food and the talent search finals. For more information, call Master Sgt. Ricky Evans at 295-0561 or contact a unit equal opportunity adviser. To request reasonable accommodation for a disability, call 221-0218.

Headquarters Co. change of command

Maj. Eric Wallis will relinquish command of Headquarters Company, 32nd Medical Brigade to Capt. Marcus Hurd at a change of command ceremony Wednesday at 2 p.m. at the Roadrunner Community Center, Building 2797, Stanley Road.

Transportation study results meeting

The Fort Sam Houston community is invited to the final public review of the Fort Sam Houston transportation study May 31 at 5:30 p.m. at the Region 20 Education Service Center Conference Center, second floor, 1314 Hines Ave. The study team will share its findings with the community and highlight various agency of jurisdictions' roles in this process.

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Top medics

Fort Sam Houston shines at Expert Field Medical Badge competition.



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Photo by Norma Guerra

Making time for Soldiers

Master Sgt. Dan Robles tells Army Chief of Staff Gen. George W. Casey Jr. about his experiences in the Army Ten-Miler at the Center for the Intrepid, the Army's state-of-the-art rehabilitation facility Tuesday. Casey also visited with wounded warriors at Brooke Army Medical Center. Robles is a bilateral amputee wounded by an improvised explosive device while on patrol south of Baghdad in April 2006. *See related story on Page 4.*

Army North responds to 'nightmare scenario'

By Bob Purtiman
U.S. Army North Public Affairs

It was set up to be the ultimate nightmare scenario — a Category 3 hurricane hitting Rhode Island, a nuclear detonation in Indiana and multiple terrorist attacks in Alaska.

Exercise Ardent Sentry, held April 30 to May 18, tested the full range of domestic incident management procedures with thousands of casualties and billions of dollars in damage. Local and state emergency responders in each affected region had exceeded their response capabilities, and they turned to the federal government for support.

Ardent Sentry presented a full range of training scenarios to

allow state, federal, Department of Defense, and non-governmental organizations and agencies to practice consequence management during a national crisis.

Army North, headquartered at Fort Sam Houston, had the opportunity to work side-by-side with federal and local counterparts in a civil support role on a scale that, until now, has only been simulated in exercises.

"There's no substitute for getting on the ground and working with our partners," said Brig. Gen. Mark Graham, Army North's deputy commander. "We can talk and show PowerPoint slides, but there's no substitute for working together."

See ARMY NORTH on Page 6

San Antonio Symphony performs at Fort Sam



Photo by Esther Garcia

David Cho, San Antonio Symphony conductor, salutes the crowd following his rendition of "Hoe Down from Rodeo" at the concert last year.

The Tobin Endowment Concert featuring the San Antonio Symphony will pay tribute to the military and the San Antonio community by performing at Fort Sam Houston Sunday at MacArthur Parade Field, corner of Stanley Road and Harry Wurzbach. Pre-concert activities will begin at 6 p.m. with activity booths and live entertainment by the U.S. Army Medical Band; the orchestra will begin at 8 p.m. The evening will conclude with a special tribute to our military forces featuring the "1812 Overture," and a spectacular fireworks show. The concert is free and open to the public.

The performance will be broadcast live on KLRN-TV, with opening remarks by Brig. Gen. P.K. Keen, commanding general, U.S. Army South.

Concertgoers can enter Fort Sam Houston through the Walters gate, off Interstate Highway 35, or the Harry Wurzbach gate. All guests age 16 and older must have a photo ID and all vehicles will be required to have insurance and updated registration stickers. Follow signs to The Tobin Endowment Concert once on the post.

Lawn chairs and blankets are welcome; however, do not bring large coolers or ice chests for security purposes. Please leave pets at home. For more information, call 554-1010 or visit www.sasymphony.org.

Keep safety in mind over holiday weekend

By Maj. Gen. Russell J. Czerw
Commander, Fort Sam Houston and AMEDDC&S

As we observe Memorial Day, I encourage all of you to think about its true meaning. Be sure to take time and reflect on those who served before us to protect the freedoms and liberties that we enjoy today. We best honor those who served before us by continuing to protect the gift of freedom. We owe it to them not to squander this gift through needless loss of life.

The Memorial Day weekend traditionally kicks off the "101 days of summer." These 101 critical days are a time of increased travel and a corresponding increase in off-duty fatalities. Statistics from the National Highway Traffic Safety Administration rank Memorial Day weekend as one of the deadliest holidays for alcohol-related traffic deaths. As we relax at lakes, beaches and parties, let us celebrate safely, and remember that alcohol impairs judgment and slows reaction time whether you are driving on the roadway or the waterways. Remember, drunk

driving is not an accident; it is a choice and 100 percent preventable.

Regardless of how you choose to celebrate Memorial Day, ensure that you examine the risks and take the appropriate steps to mitigate them. Leaders should focus their safety briefs on alcohol use, heat injury prevention, POV inspections, highway safety, seatbelt compliance, safe driving, boating, water sports, motorcycles and all

See **HOLIDAY WEEKEND** on Page 3

Fort Sam Houston News Leader

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PostPulse: Will the increase in gas prices affect your Memorial Day weekend plans?



"Yes, absolutely! I'm not traveling at all this weekend. It costs me \$60 to fill my SUV."

Ben Robertson



"No ma'am it doesn't affect our plans. We have planned to stay locally and clean out the garage."

Sgt. 1st Class Diana Istre



"Oh yes. The increased prices are reducing the ability to travel and where we go."

First Sgt. Glenn Newby



"Normally it would, but we are going to a grandson's birthday party in Houston. That super-sedes gas prices."

Linda Jonas

Safety Day emphasizes safety awareness

Story and photo by Cheryl Harrison
Fort Sam Houston Public Information Office

With the Memorial Day holiday this weekend, the 101 Critical Days of Summer begins. Fort Sam Houston and the Army Medical Department Center and School held a Safety Day event Tuesday emphasizing that the other 264 days of the year need to be treated equally.

Held in the Fort Sam Houston Club, the Safety Day event opened with remarks from Guadalupe Gomez, safety manager, and Col. Wendy Martinson, commander, Fort Sam Houston U.S. Army Garrison.

The guest speaker for the event was Col. George Bilafer, deputy commander of the U.S. Army Combat Readiness Center, Fort Rucker, Ala.

Bilafer presented a slide presentation of the Army's enhancement of Combat Readiness and the safety campaign called "Own the Edge." The gist of the campaign is that Soldiers can push themselves to the limit while maintaining control, giving them an advantage in any situation. It provides Soldiers with the skills and mind-sets to

evaluate the risk and make better decisions.

"Safety is a mind-set. We want our Soldiers operating on the edge. Our job as leaders is to train our Soldiers to take a risk, to be on the edge, yet not cross over it," stressed Bilafer. "I want the leaders to get personally involved and proactive with safety."

Leaders are responsible for their Soldiers' well-being on and off duty, and are accountable to the Army to maintain trained and combat-ready organizations. Statistics have shown that when leaders get involved with their Soldiers' decisions and plans, there are fewer accidents.

The slide show presented statistics, facts and video dramatizations depicting scenes of gross safety oversights. The viewers squirmed through an actor's stupidity, resulting in severe pain and in one case death. The presentation was an eye-opening reality.

Following the briefing, vendors were available with safety items and displays, as well as printed material. Exhibitors on hand were Body Built Office Supply, Fort Sam Houston Fire Prevention, Grainger Industrial Supply Company, Herman Miller Office Furniture, MSC

Industrial Supply Co., City Public Service, Occupational Safety and Health Administration, Texas Department of Transportation, and safety offices from Brooke Army Medical Center, Army Medical Department, Fort Sam Houston, U.S. Army Medical Command, U.S. Army North and U.S. Army South.

As the 101 Critical Days of Summer



Fort Sam Houston fire prevention specialists replenish supplies of sunscreen at their display table Tuesday. People are encouraged to remember to protect children and adults while enjoying the Texas sunshine.

kicks off, safety is a priority when it comes to summer activities. The focus needs to be placed on alcohol use, heat injury prevention, driving safety, seatbelt compliance, boating, water sports and motorcycle safety. Safety needs to be incorporated into not only daily lives, but off-duty hours as well.

For more information on safety issues, call the safety office at 221-3866 or visit <http://www.samhouston.army.mil/iso>.



Photo by Esther Garcia

Chavez prepares for SGM Academy

First Sgt. Paula D. Chavez relinquishes responsibilities of A Company, 264th Medical Battalion to Battalion Command Sgt. Maj. Stephen T. Maldonado, May 16 during the change of responsibility ceremony at MacArthur Parade Field. The incoming first sergeant is Roosevelt Nettles. Chavez also was promoted to sergeant major May 16 and will be attending the Sergeants Major Academy located at Fort Bliss, Texas.

Soldiers never give safety a day off

FORT RUCKER, Ala. — The U.S. Army commences its 101 Critical Days of Summer Safety campaign with a simple yet meaningful slogan, "Never Give Safety a Day Off."

Memorial Day through Labor Day marks the critical days when accidents and mishaps pose a greater risk to Soldiers and their Families, so this year's theme holds great value in sustaining the force and maintaining an Army Strong, said Brig. Gen. William H. Forrester, director of Army Safety.

"As we enter the 101 days of summer — think back to effective messages some of your previous leaders delivered," said Forrester. "One in particular I vividly recall was given by then Maj. Gen. Dick Cody, our commanding general. His message, delivered to the entire 101st Airborne

Division, was founded on the statistical analysis that predicted the division would lose two Soldiers to fatalities over the Memorial Day weekend. As we gathered shoulder to shoulder, with some 20,000 of our comrades, our division commander asked us all — 'Who in this crowd will we let die?'"

Each week, the U.S. Army Combat Readiness Center will publish articles containing information to help Soldiers use composite risk management in making sound judgments while on and off duty.

"My charge to you and our Army is a simple but an effective goal that proclaims 'I can save my life and that of my comrade,'" said Forrester.

(Source: U.S. Army Combat Readiness Center)

Holiday weekend

Continued from Page 2

terrain vehicle operations. For those planning to travel, use the Travel Risk Planning System, or TRIPS, located at the Combat Readiness Center Web site <https://crc.army.mil/home/>. When boating, use designated, nondrinking boat captains, water look-outs and approved personal flotation devices. Unfortunately, in fiscal year 2007, the Army has experienced several water-related off-duty fatalities.

Leaders also must emphasize sexual assault risks, prevention and responses in their holiday safety briefings. Guidance is available at www.sexualassault.army.mil.

Think creatively about the hazards we each face.

I hope you enjoy your holiday and the summer. But above all, I want you to enjoy it SAFELY!

'Click It or Ticket'

Post community urged to buckle up for safety

The Fort Sam Houston Police is out in force, participating in the "Click It or Ticket" law enforcement mobilization, according to Lt. Col. Darrel W. Andrews, Provost Marshal.

The national campaign, held this year from May 21 through June 3, helps enforce seat belt laws by mobilizing law enforcement officers to conduct seat belt checkpoints and zero tolerance seat belt enforcement.

In 2006, Texas had a safety belt use increase of 7 percentage points, moving from 83.2 to 89.9 percent. For Texas, National Highway Traffic Safety Administration estimates that up to 185 fatalities and



3,000 serious injuries are expected to be prevented, and \$600 million in economic costs saved.

"We appreciate the fact that many more people within the Fort Sam Houston community are using their safety belts, but there are still a lot of people in this jurisdiction who still don't think they need to buckle up," Andrews said. "Buckling up is easy and

smart.

"Fort Sam Houston law enforcement officers will be writing tickets for the people who just don't get it yet. It's simple. Click It or Ticket."

(Source: Fort Sam Houston Provost Marshal)

Briefs

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National Cancer Survivors Day

The Brooke Army Medical Center Cancer Program will honor cancer survivors and BAMC medical staff at a National Cancer Survivors Day event June 3 from 10:30 a.m. to 2 p.m. at Parking Lot C and the Medical Mall. Attendees can place a leaf on the "Tree of Life." The event includes entertainment, games, food, educational displays and hands-on activities. Friends and Family are welcome. For more information or reservations, call the BAMC Tumor Registry at 916-0108.

SJA closure

The Fort Sam Houston Office of the Staff Judge Advocate, to include the Claims Division and the Legal Assistance Office, will be closed June 14 for office maintenance and cleanup. For emergencies, contact the on-call officer at 393-3042.

1st LSO change of command

Col. Robert Hough will relinquish command to Lt. Col. Barry Robinson during the 1st Legal Support Organization change of command July 14 at 10 a.m. in the Roadrunner Community Center, Building 2797, Stanley Road.

BASOPS-MEO Esprit de Corps Day

The U.S. Army Garrison, Fort Sam Houston Base Operations-Most Efficient Organization Esprit de Corps Day will be held today. As a result, several offices will close or be minimally manned, to include the following:

- The Office of the Program Manager, BASOPS-MEO, will be closed.
- Operations and Training will be closed. All support requests will be verified for that day.
- The ID Card Section in Building 367 will be open with reduced staff for emergencies and appointments only. In/Out Processing will be closed.
- The Human Resources Student Processing Center, Building 1290, will be open with reduced staff.
- Database Management, Records Management and the Military Personnel Records offices will be closed.
- The Transition Office will be closed but will still conduct retirement briefings.
- The Reassignment Office will be open with reduced staff.
- Human Resources and Counseling at the Roadrunner Community Center will be closed.
- ITT will be open with reduced staff; the help desk will remain open.
- The ranges at Camp Bullis will not be scheduled for today.
- The Engineering and Maintenance Operations Service Call will close at 11 a.m. Calls after 11 a.m. will be transferred to post operators, who will take emergency calls only.
- EMO Real Estate and Engineering will close at 11 a.m.
- The Environmental Office will be available on an on-call basis only. Call 833-2246.
- Logistics will be closed.
- The Public Information Office will close at 11 a.m. After 11 a.m., call 379-5807.
- Unaccompanied Personnel Housing will close at 11 a.m.

Endocrinology moves to Wilford Hall

Effective June 11, Brooke Army Medical Center Endocrinology Services will move to Wilford Hall Medical Center as part of the base realignment and closure process. For follow-up appointments with Dr. Mark Wallace or Dr. Jack Edward Lewi, call 292-7017 or 916-9900. For more information or medication refills, call 292-7177, press option 3, then option 1. Patients followed by Dr. Maureen Koops will continue to be seen at BAMC in the Gastroenterology Clinic. For more information, call Phyllis Hall at 916-3647.

Army chief of staff boosts spirits at BAMC

By Elaine Wilson

Fort Sam Houston Public Information Office

The Army's top officer encouraged wounded warriors to continue the "marathon" to recovery Tuesday during visits to Brooke Army Medical Center and the Center for the Intrepid, the Army's state-of-the-art physical rehabilitation center here.

"Taking care of wounded warriors is the most important thing we can do," Army Chief of Staff Gen. George W. Casey Jr. said to post leaders and hospital staff prior to a tour of the burn center.

The visit to BAMC was the first for the new chief of staff, who had last visited Fort Sam Houston in the 90s when the hospital was still under construction. Casey said he's heard "nothing but wonderful things" about the medical center.

Known for its cutting-edge care, BAMC boasts the only Level I trauma center in the Army and the only burn center in the Department of Defense, and is one of only five hospitals in the nation with a dual accreditation in both areas.

The general's first stop, by personal request, was to the burn center. He was eager to visit 1st Lt. James Barclay, son of Casey's friend, Brig. Gen. James Barclay. The lieutenant was injured in Afghanistan last year when the vehicle he was riding in was hit by an improvised explosive device. Casey warmly greeted Barclay and his mother, Deborah.

"Thanks for coming by and seeing these guys; it means a lot to them," Deborah said to the general.

When Casey asked Barclay about his progress, the lieutenant projected another nine months of "painful" recovery.

"Then it's back to the grindstone?" Casey asked.

"Depends on the outcome," Barclay replied, referring to his long-term rehabilitation.

Casey asked how his wife, Sierra, felt about her husband's desire to return to duty. She said she was supportive of "whatever makes him happy ... as long as he doesn't get deployed again," she added with a smile.

Although BAMC leaders briefed Casey on the hospital's cutting-edge care and support of Family Members, the general seemed partial to personal testimony. As Casey chatted with patients and their Families, he asked them for their opinion of the care.

"They're doing a great job taking care of us," Cindy Sippel told the chief of staff as she sat by her son's bedside. Her son, Spc. Nicholas Bratland, was injured in Afghanistan in August. "It's pretty good if you can please a mom and a nurse at the same time."

"Tough road?" Casey asked Bratland. "It's getting better," he



Photo by Norma Guerra

Gen. George W. Casey Jr., Army chief of staff, meets Sgt. Shilo Harris and his wife, Kathreyn, Tuesday at Brooke Army Medical Center. Harris was wounded by an improvised explosive device in Iraq in February.

said. "They do a good job here."

Sippel said her son was a "tough kid." "We used to find it challenging to deal with his stubbornness when he was little, but we are grateful for it now."

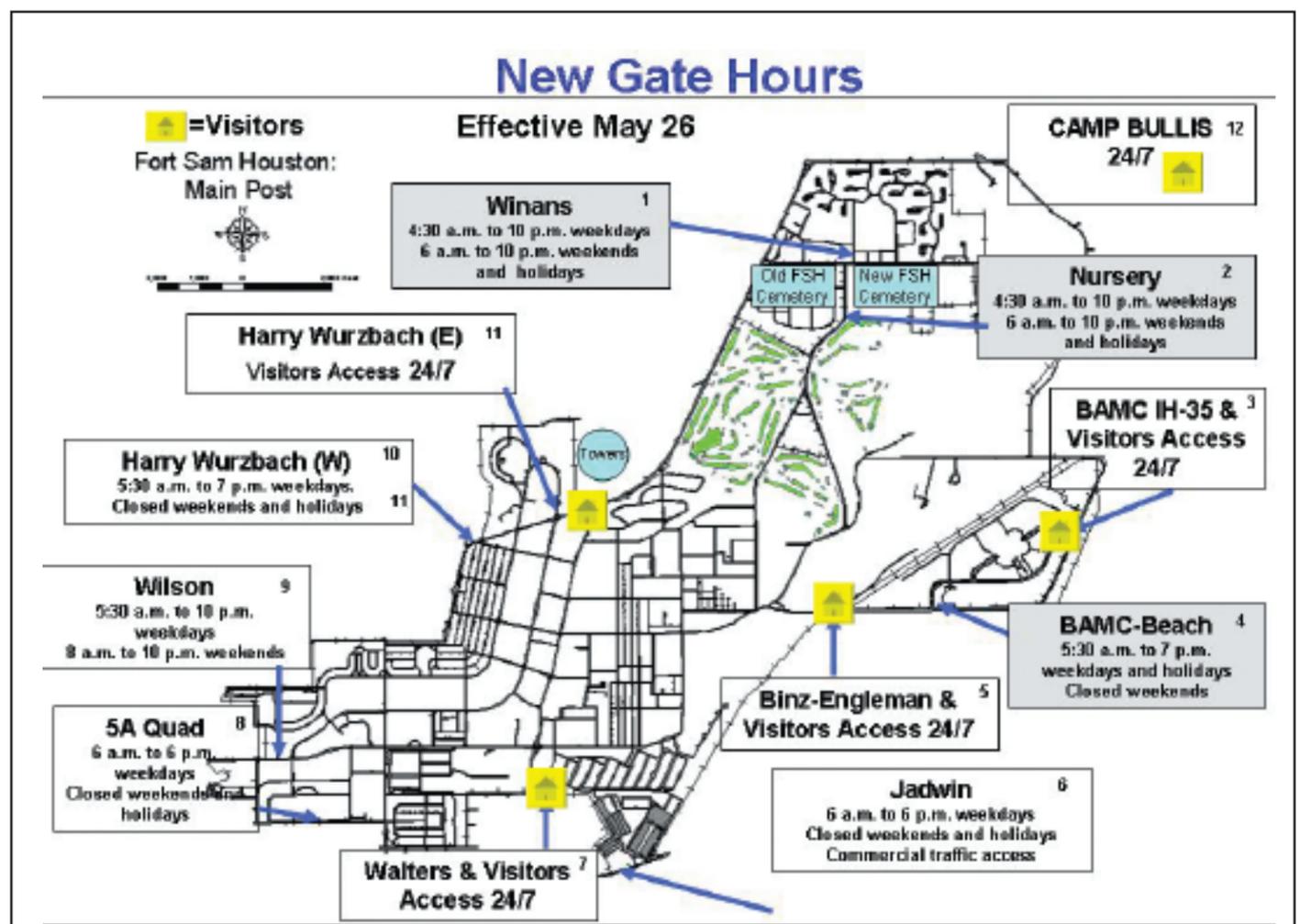
In the burn rehabilitation center, patients described the recovery process for Casey, which involves the constant flexing of body parts, such as fingers, to avoid rapid contraction of scar tissue. The general likened burn patients' recovery, which can take up to five years of painful rehabilitation, to a "marathon."

Acting BAMC Commander Col. Carlos Angueira told Casey about one "marathon" recovery with a miraculous outcome. Marine Sgt. Merlin German sustained burns on 97 percent of his body when he was injured in Iraq by an improvised explosive device in February 2005. He would not have survived 10 years ago; however, modern technology and medical advances have given service members with severe burns like German's a fighting chance, Angueira said.

"Merlin was able to dance with his mother at BAMC's Christmas Ball," Angueira said. "There wasn't a dry eye in the house."

Casey then toured BAMC's neighbor, the Center for the Intrepid, a \$50 million rehabilitation center funded by donations

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Army North

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Elements of U.S. Army North deployed to Rhode Island and Indiana on orders from U.S. Northern Command to support the Federal Emergency Management Agency and local and state officials.

Operational Command Post 2 – organized as Joint Task Force Falcon – and the Region I Defense Coordinating Officer and Element deployed to Providence, R.I., to respond to Hurricane Yvette.

To respond to the nuclear detonation in Indianapolis, the Region V Defense Coordinating Officer and Element deployed to Camp Atterbury, Ind.

Deploying these command and control elements is valuable not just for the military but also for federal, state and local officials who might not have worked with the military before, Graham said.

“It’s not as easy as it seems in a game or simulation to move units on a map,” he said. “Exercising together gives our interagency partners a better idea of the time and distance and how much support it takes to bring in military forces.”

The U.S. Northern Command-sponsored exercise



Photo by Sgt. Wendy Hall

Thomas Carreiro, Massachusetts Task Force 1 search and rescue team, updates Maj. Ramon Collazo, Operational Command Post 2 provost marshal, on search and rescue operations.

involved Canada and numerous federal, state and local agencies. The Homeland Security Council designated the exercise as one of the National Level Exercises for 2007.

On the ground in Rhode Island, Joint Task Force Falcon Commander Maj. Gen. Tom Matthews said the hurricane scenario brought together the diverse cultures and assets of local, state and federal agencies.

“Throughout the exercise we demonstrated the power of combining ‘Army Strong’ with joint service capabilities in a world-class civil response team,” Matthews said.

Participants across various agencies agree that the relationship between the Department of Defense, FEMA and the Department of Homeland Security has come a long way since Hurricane Katrina.

“The greatest success of the exercise was really starting to solidify the relationship between FEMA, DHS and NORTHCOM on how those three entities would work and coordinate in a disaster situation,” said Marty Bahamonde, FEMA spokesman for Region 1.

Bahamonde added that it was very beneficial to all parties. “We now know that a DCO will always be at our side.”

The Region V defense coordinating element is a good example of that. The element deployed with the FEMA Region V Emergency Response Team.

According to Col. Mike Chesney, Region V DCO, the military is responsible to the American people.

“We do have the responsibility when a disaster is of such magnitude and devastation that the American people can be assured that we will come and we will support our citizens,” Chesney said.

After the multi-day, multi-event exercise, there were



Photo by Bob Purtimean

Capt. Wayne Ludwig (right), Region I Defense Coordinating Element operations officer, discusses the location of the Joint Field Office with Air Force Col. Tim Duffy, Region I emergency preparedness liaison officer with 1st Air Force National Security Emergency Preparedness directorate.

lessons learned.

Col. Frank Kosich, the Region I DCO, said he learned during the exercise that fundamentally everyone wants the same thing – to provide for American citizens in time of need. And the exercise enhanced that sentiment.

“The only way to do this is as a project delivery team of sorts, with each providing commodities, services and capability to affect the desired outcome,” Kosich said. “We should expect no less of ourselves. Our citizens deserve nothing less than our best collective effort.”

Throughout each phase of the exercise, Army North collected observations and identified gaps. Graham, for example, started the exercise with a blank notebook and ended with just three blank pages. During the final week of the exercise, the command started implementing what Graham called “quick wins.”

See **ARMY NORTH** on Page 7

Army North

Continued from Page 6

“We identified some things that we learned in the first two weeks that we could fix before the end of the exercise,” he said. “So we developed new procedures to address those things and tested them in the last few days of the exercise.”

But Graham said some fixes won't be as easy.

“It's like a yard that needs watering,” he said. “We can fill in some gaps now, but some gaps are short term ones and some are long term. We'll prioritize those gaps and fix them – and we won't just fix the easy

ones, we'll have to fix the hard ones, too.”

Overall, Matthews said, the strength of the exercise was unity of effort with the shared and common purpose of helping Americans in a crisis.

“The confidence, improvements and relationships resulting from this exercise have enhanced our collective ability to fulfill our obligations to the citizens of the United States of America,” he said. “We have improved process, technology and interoperability. However, at the end of the day, the most important lesson learned was that in a crisis people are our most important asset.”



Photo by Bob Purtiman

U.S. Army North Task Force Falcon commanding general, Maj. Gen. Thomas Matthews (left), and Brig. Gen. Michael Fleming, assistant adjutant general for Florida, give an Ardent Sentry exercise update to Maine Sen. Susan Collins during her visit to the Joint Field Office at the Cranston Street Armory in Providence, R.I. Collins is the ranking member of the Homeland Security and Governmental Affairs Committee, which has jurisdiction over the Department of Homeland Security and is the Senate's chief oversight committee.

Army chief of staff



Photo by Norma Guerra

Gen. George W. Casey Jr., Army chief of staff, catches up with 1st Lt. James Barclay Tuesday during a visit to Brooke Army Medical Center. Casey is a friend of Barclay's father, Brig. Gen. James Barclay, director for the Joint Center for Operational Analysis in Virginia. The lieutenant was injured in Afghanistan in March 2006.

Continued from Page 4

from 600,000 Americans. The center caters to amputees and burn patients injured in the Global War on Terrorism. Wounded warriors demonstrated the center's capabilities, including a wave pool called the Flowrider, a variety of exercise equipment and an indoor firearms training facility.

In the gait lab, Casey took particular note of the rock path, used to accustom amputees to uneven walking surfaces. “I know how tough it is to walk on rocks when injured,” said the general, who is recovering from foot surgery.

Casey took time throughout the tour to talk to wounded warriors and their Families, thanking them for their service and sacrifice.

As he left the facility, Casey momentarily turned his attention from the wounded warriors to the hospital and CFI staffs. “Thank you for what you do. You have remarkable facilities,” he said.

“He was extremely impressed by the facilities, but I think he was even more impressed with the Soldiers and their attitude and spirit,” said Maj. Gen. Russell Czerw, commander, Fort Sam Houston and Army Medical Department Center and School.

Angueira said he believes Casey was “really marveled” at the facilities and “got a sense of the total commitment on the part of the hospital and staff who live and breathe the hospital mission, ‘We are dedicated to warrior service.’”

“Rather than just a briefing room, he got the testimony from the patients and Families,” the colonel added. “He was able to see firsthand the staff's dedication and the great level of care they deliver to our wounded warriors.”

Casey's next stops were U.S. Army North and U.S. Army South, both headquartered at Fort Sam Houston. He said his evening plans were to attend a San Antonio Spurs playoff game since he had scored “nosebleed” seats earlier in the day.

LNOs provide reassurance to wounded Soldiers

Story and photos by Minnie Jones
Fort Sam Houston Public Information Office

When wounded or ill Soldiers first arrive at Brooke Army Medical Center, they are likely to see a comrade from their division once they check into the emergency room.

These comrades, called casualty liaison officers, leave for Fort Sam Houston about two months prior to their unit's deployment to be in place and meet wounded or ill Soldiers returning from the combat zone, as well as their Family Members, when they process into BAMC in need of medical care.

Casualty liaison officers, also known as LNOs, have several responsibilities when it comes to aiding wounded

Soldiers; their primary focus is on the injured Soldier and his Family, which can range from getting personal hygiene items, and picking up prescriptions to locating them a place to stay while receiving medical care. They are here to reassure the Soldier that even though they are stationed away from their home station, there is someone at BAMC to help them in any way possible.

Another important responsibility of the LNO is to serve as a link between their respective commands and assist injured or ill Soldiers and their Families. They connect the injured Soldiers, their Families, the deployment unit and the rear detachment.

"We are on call 24/7; whenever a Soldier comes to BAMC we will be there to greet them. We don't only provide help to the Soldier but to their Families as well," said Master Sgt. Nelson Rosado, First Army Division West and Fort Carson, Colo.

You would think that dealing with the wounded and sick Soldiers can be depressing, but these Soldiers say that it is more inspirational than dispiriting. "The most rewarding

part of this job, when it comes to the amputees, is to see them leave the hospital walking," said Rosado. "It's an honor to do this job."

The Transition Support Center is located in BAMC on the first floor, and comprises seven Soldiers representing several Army installations, and LNOs from the Navy and Marines. There are also personnel in the office to address finance and entitlements issues.



Sgt. 1st Class Christopher Reddix (left) and Staff Sgt. Miguel Rodriguez handle numerous calls and day-to-day business in the Transition Support Center located at Brooke Army Medical Center.



Master Sgt. Nelson Rosado, First Army West and Fort Carson, Colo., discusses patient support with Staff Sgt. Timothy Fletcher, 1st Cavalry, Fort Hood, Texas.

Blood is fluid of life

The Brooke Army Medical Center Blood Bank is running critically low on AB negative blood. Akeroyd Blood Donor Center is reaching out to you for your support to accomplish a mission for life.

To donate blood now, call the Akeroyd Blood Donor Center at 295-4655 or 295-4989.





Photos by Esther Garcia

Tribute to armed forces

Riding the military service float, Master Sgt. Ronald Neal, U.S. Army Garrison operations NCO, joined by representatives from Randolph and Lackland Air Force Bases, Air Intelligence Agency and Brooks City-Base, waves to the crowd Saturday at the annual All American Armed Forces Parade in San Antonio. More than 50 entries from the local and surrounding communities participated in the parade honoring the armed forces, law enforcement and first responders.



(Left) Sgt. Hermelinda Rippstine, U.S. Army Garrison, rides atop the World War I ambulance during the All American Armed Forces Parade Saturday. This year's grand marshal was Lt. Col. Roy C. Russell, 37th Comptroller Squadron, Lackland Air Force Base.



(Right) Emily Zepeda, wearing red white and blue, waves to the crowd at the All American Armed Forces Parade Saturday from a wagon pulled by her father, Staff Sgt. Juan Zepeda, who is in the Army Reserves. Zepeda served in Desert Storm and Iraq.

Asian Pacific American Heritage Trivia Contest

1. Who is the stand-up comic who starred in All-American Girl, the first Asian American sitcom?
2. Who is the martial arts superstar who made his American debut in Lethal Weapon 4?
3. Who is the Oscar-nominated director of The Sixth Sense?
4. Who played Mr. Sulu in the original Star Trek series?
5. The Korean equivalent to "hello" in English means peace be with you. What is the basic Korean greeting equivalent to "hello" in English?

Submit answers to Julie.vasquex@amedd.army.mil. The first person to answer all five questions correctly will receive a prize. The correct answers will post in the next edition of the News Leader.

Congratulations to Tina Daniels, the winner of last week's Asian Pacific American Heritage Month Trivia Contest.

May 17 answers:

1. The white background symbolizes "cleanness of the people." A red and blue taeguk is in the center. The taeguk, known as taiji in Chinese, represents the origin of all things in the universe, holding the two principles of "Eum," the negative aspect rendered in blue, and "Yang," the positive aspect rendered in red, in perfect balance. Together, they represent a continuous movement within infinity, the two merging as one. Traditionally, the eight trigrams are related to the five elements of fire, water, earth, wood and metal. An analogy could also be drawn with the four western classical elements.;
2. Japan ;
3. Tsushima Strait;
4. King Sejong;
5. Sandra Oh.

'Boxing at the Brought' pre-sale tickets available

Fort Sam Houston
Morale, Welfare and
Recreation presents
"Boxing at the Brought"
June 9 at the Jimmy
Brought Fitness Center.
The doors will open at 5
p.m., and the first bout
will start at 6 p.m. Pre-



sale tickets will be avail-
able Monday through May 31 for \$3 each. The \$3 fee
includes a wristband for entry to the event and an official
event T-shirt. Purchase pre-sale tickets and receive an
entry for the MWR "Upgrade Package" which includes
floor seats and a photo with two-time World Boxing
Champion Jesse James Leija. An autograph session with
Leija will be held at the Jimmy Brought Fitness Center
from 5 to 5:45 p.m. Pre-sale tickets will be available for
purchase from 10 a.m. to 2 p.m. at the following locations:
Brooke Army Medical Center, Monday; Rocco Dining
Facility, Tuesday; Army and Air Force Exchange Service
on post, Wednesday; and the Sam Houston Club, May 31.
For more information, call 221-2020 or 221-1180.



Photo by Jennifer Meyers

Trick shot

Award-winning celebrity
golfer, Dennis Walters, a
paraplegic and honorary
lifetime member of the
Professional Golf
Association,
demonstrates how to
tee-off with a rubber
hose golf club. Walters
gave a golf clinic for
wounded warriors May
18 at the Fort Sam
Houston Golf Club.

Sports Briefs . . .

Softball tryouts

Players are needed for the men's and women's post softball
team. For more information or to tryout, call Earl Young at 221-
1180 or e-mail earl.t.young@us.army.mil.

MS 150 'Bike to the Beach'

Registration is open for the 2007 Valero Multiple Sclerosis
150 "Bike to the Beach" for the National Multiple Sclerosis
Society, Lone Star Chapter. The MS 150 will begin at the AT&T
Center Oct. 20, with an overnight stay at Coastal Bend College in
Beeville, Texas, and finish in Corpus Christi at the Texas State
Aquarium. Register online at www.ms150.org or in person at the
National Multiple Sclerosis Society South Texas Regional Office,
9830 Colonnade Blvd., Suite 130, by May 31. Registration fee is
\$25 per person with a minimum pledge of \$300.

'Dig' it up

Ten teams participated in the Asian Pacific
Heritage Month Volleyball Tournament at the
Jimmy Brought Fitness Center May 12. Team
Stateside took first place in the tournament, fol-
lowed by The Makeles in second place and Hard
Times in third. The Spirit Award was awarded to
Team Family and the MVP Award to Eddie Bueno
from Team Stateside.

The event was sponsored by the Installation
Equal Opportunity and Equal Employment
Opportunity offices, with help from Earl Young,
Jimmy Brought Fitness Center, and the
Officiating Association for providing referees and
scorekeepers to support the volleyball event.



Courtesy photo

What does 'no' mean to a toddler?

By Wendy Dolan
Family Advocacy Program Educator

Most parents or caregivers of toddlers have probably told their child, "no" only to have them grin and do it anyway. Children may know parents don't want them to do it and may know they are going to get a negative reaction; however, they do it anyway. This is because children ages 3 and younger do not understand "no" in the way adults do. No is an abstract term, and they have not developed an understanding of cause and effect.

Developmentally, toddlers need to explore. They want to be autonomous and do things by themselves. Their job at this age is to explore and experiment; this is how they learn. According to Dr. Jane Nelson, "Positive Discipline the First Three Years," toddlers lack the internal control to stop this developmental need to touch and explore. When a toddler continues to play with the dog dish despite hearing no, it is not because he is disrespecting or disobeying. It is because he developmentally cannot stop. It is very confusing to a child to be punished for doing what

he is developmentally programmed to do. The key is supervision and there is no substitution for it. It is important to create a safe environment that allows children to explore safely. Parents should limit play areas to contained areas with age-appropriate toys, and remove any objects they do not want children to play with or that they could break. If they break something, keep in mind they are not misbehaving, that it is the adult's responsibility to remove the objects. For example, rather than punishing a toddler for running into the street, it is best to not let her play near a busy street. If

ful parenting tools for toddlers. Toddlers have a very short attention span and can easily be distracted. If a toddler is doing something a parent does not want him to do, simply redirect him toward a more acceptable, safe object. For example, toddlers often love to touch the computer. If this is a problem, change the environment. If two children are fighting over a toy, distract them with another toy. If the child continually touches the television, breakable items, magazines, etc., give him something else to play with and remove him from the area. Avoid spanking, lecturing or engaging in a power struggle by simply moving the child on to something else. Remember, the behavior is not intentional misbehavior, and toddlers do not learn from punishment.

The change from infant to toddler can be busy and challenging. All parents want their children to be capable and confident. This happens in an environment of kindness and firmness, not punishment. Providing a safe environment where they can explore within limits will help them grow and learn. Keep in mind that children perceive, comprehend and interpret the world much differently than adults do.

For more information, call Wendy Dolan at 221-0326 or e-mail wendy.dolan@samhouston.army.mil.

Brooke Army Medical Center June Wellness schedule

Class	Date	Time	Location
Asthma Management	5, 12, 19 26	2 to 3:30 p.m.	BAMC, Health Promotion Center, lower level, Room L31-9V
Body Fat Testing	15	8 to 10 a.m.	For class information, call Nutrition Care at 916-7261.
Breast and GYN Cancer Support Group	13	9:30 a.m.	For class location, call 916-3352.
Diabetes Management	4, 5, 11,12, 18, 19 and 26	Call for more information	To participate, call Lila Kinser at 916-0794.
Diabetes Management (Pre-diabetes)	6	Call for more information	To participate, call Lila Kinser at 916-0794.
Diabetic Foot Care	11	1 p.m.	To schedule, call Family Medicine Service at 916-7932.
Weigh for Health (weight management)	14 and 21	1 to 2 p.m.	For class information, call Nutrition Care at 916-7261.
Weigh for Health (Weigh to Stay) Active Duty Military	6 and 13	2 to 3:30 p.m.	For class information,call Nutrition Care at 916-7261.
Yoga	Wednesdays	12 to 1 p.m.	BAMC, fifth floor, Room 531-14.
Tobacco Cessation Orientation	6 and 20	3:30 to 4:30 p.m.	BAMC, fourth floor conference room, Room 413-11. For more information, call 916-9900 and choose option No. 4.

a child continually crawls up the stairs, place a safety gate or play in an area away from the steps. Since he will not "learn" from being punished, we need to set up a safe environment and be prepared to respond quickly. Toddlers respond very well to redirection. Nelson reports that redirection is one of the most power-

Post Worship Schedule

Main Post Chapel, Building
2200, 221-2754

Catholic Services:

4:45 to 5:15 p.m. -
Confessions - Saturdays
5:30 p.m. - Mass - Saturdays
9:30 a.m. - Mass - Sundays
11:30 a.m. - Mass - weekdays

Protestant Services - Sundays:
8 a.m. - Traditional Protestant
11 a.m. - Traditional Protestant

Jewish Services: 379-8666 or
493-6660

8 p.m. - Fridays - Worship and
8:30 p.m. - Oneg Shabbat

Dodd Field Chapel, Building
1721, 221-5010 or 221-5432

Catholic Service: 12:30 p.m.
- Mass - Sundays

Protestant Services:
10:30 a.m. - Collective Gospel
Protestant - Sundays

9:30 to 11:30 a.m. - Women's
Bible Study (PWOC) -
Wednesdays, child care is
provided.

Samoan Protestant Service:
8:30 a.m. - Sundays

**Brooke Army Medical Center
Chapel, Building 3600, 916-1105**

Catholic Services:
8:30 a.m. - Mass - Sundays
11 a.m. - Mass - Sundays
11 a.m. - Mass - weekdays

Protestant Services:
10 a.m. - Worship Service -
Sundays
12 p.m. - Worship - Wednesdays

AMEDD Regimental Chapel,
services are held at Evans
Auditorium, Building 1396, 221-
3297

Catholic Mass: 8 a.m. -
Sundays

Protestant/Gospel Service:
9:30 a.m. - Sundays

Christian education: 11 a.m.
-Sundays

**Church of Jesus Christ of
Latter Day Saints:**

9:30 a.m. - Sundays at NCO
Academy

FSH Mosque, Building 607A,
221-5005 or 221-5007

10:30 a.m. - Children's
Religious Education - Sundays
1:30 p.m. - Jumma - Fridays
7:30 p.m. - Adult Religious
Education - Thursdays

Installation Chaplain's Office,
Building 2530, 295-2096

Contemporary service:
11:01 a.m. - Sundays

Web site:
[www.samhouston.army.mil/
chaplain](http://www.samhouston.army.mil/chaplain)

Protestant Women of the Chapel

The Protestant
Women of the
Chapel meet
Wednesdays from
9:30 to 11:30 a.m.
and Thursdays from
6:30 to 7:30 p.m at the
Dodd Field Chapel. Childcare is pro-
vided for up to age 5. Visitors are
welcome. For more information, call
Lois Griffith at 226-1295 or visit
[www.samhouston.army.mil/chap-
lain/pwoc](http://www.samhouston.army.mil/chaplain/pwoc).



Staff Sgt. David Vise (right), and Sgt. 1st Class Quantrell Washington (left) encourage Capt. Bridgett Washington to continue the road march. Washington completed the march within five seconds of the mandatory time of three hours.



Photo by Minnie Jones

Top medics

Fort Sam Houston shines at EFMB competition

By Esther Garcia
Fort Sam Houston Public Affairs Office

One hundred and thirty-nine Soldier medics from installations around the country converged at Camp Bullis May 13 to compete for the coveted Expert Field Medical Badge. At the end of the week-long competition only 14 earned the badge. Out of the 14, eight are from Fort Sam Houston.



Photo by Esther Garcia

Pfc. Victor Abdon takes apart and puts back together his M-16 assault rifle as part of the weapons skills testing portion of the EFMB competition.

“It was very hard and challenging,” said Capt. Robert Crouch, Fort Campbell, Ky.

“It is a lot different than before. Back then we had stations only. The battlefield effect is more realistic now,” said Capt. Mark Hayden, officer in charge of the competition and commander, Training Support Company, 32nd Medical Brigade.

The EFMB has changed a lot since 1965. The EFMB program has been transformed into a testing event that more closely mirrors what medics are required to do in the contemporary operational environment, according to Academy of Health Science test control officer.

The rigorous competition for the EFMB began May 13 with a written test. The Soldier medics must pass the 100-question written test to continue in the competition. The candidates are tested on the medical and warrior skills they commonly perform during deployments.

From May 14 to May 18, the candidates were put through three grueling combat medic lanes. Each lane includes challenging Soldier skill tasks that take more than an hour to complete.

The competition tested the candidate’s ability to extricate casualties from a crashed vehicle and place them onto a litter; treatment and movement of mock casualties, with a variety of injuries from open wounds to missing limbs during a battlefield scenario with loud direct fire; and proper knowledge of medical evacuation of casualties, communication tasks and nuclear biological chemical tasks. Candidates also had to maneuver through a day and night land navigation course which took several hours to complete.

“The lanes test the candidate’s warrior skills by integrating weapons use, moving under direct fire, a two person carry or drag, and load and evacuation platform,” said Sgt. 1st Class Ronnie Morris, in charge of combat medic lane 1.

With the sounds of gunfire and bombs exploding



Photo by Esther Garcia

Capt. Jenny Stewart, commander, B Company, 264th Medical Battalion, prepares to place a wounded patient on a litter after removing the patient from a crashed vehicle.

coming from the surrounding woods, candidates maneuvered through several obstacles such as barbed wire, a platoon ambush, smoke, and the transporting of patients on litters over high and low walls. Candidates also were tested on their ability to properly load patients on a field ambulance, to include the Stryker Medical Evacuation Vehicle. Additionally, the Army Physical Fitness Test, Weapons Qualifications and Cardiopulmonary Resuscitation Certification are components of the EFMB.

The EFMB competition ended with a grueling 12-mile road march.

“Earning the Expert Field Medical Badge is a physically and mentally demanding challenge that easily surpasses the efforts required by any other type of Army Medical Department testing,” said Col. John Cook, commander, 32nd Medical Brigade, at the awards ceremony May 18. “The demands that have been placed on these Soldiers were incredibly complex and simulated the intensity and rigors involved in providing medical care under combat conditions.”

Cadre assigned to the 264th Medical Battalion provided the challenging and realistic venue for the competition.



Photo by Esther Garcia

(Above) Using his medical skills, Pfc. Victor Abon (left) prepares to treat a mock casualty after removing the patient from the battlefield. Abon took home the coveted Expert Field Medical Badge.



Photo by Esther Garcia

(Right) Pfc. Victor Abon, Fort Campbell, Ky., prepares to carry a mock casualty from the battlefield away from direct fire. Candidates are judged on the proper way to carry a patient to a safety zone.



Photo by Minnie Jones

First Lt. Hunter Smith, Special Troops Battalion, 4th Infantry Division, Fort Hood, Texas, crosses the finish line first during the Expert Field Medical Badge road march with a time of 2:29. Smith said, "The last mile was the hardest."



Photo by Esther Garcia

Pfc. Victor Abon triages a wounded Soldier on the battlefield prior to moving to a safety zone.

Congratulations to the 2007 EFMB recipients!

- Pfc. Victor Abon, 7-17 Cavalry, Fort Campbell, Ky.
- Spc. Caitlin Bradley, 10th Combat Support Hospital, Fort Carson, Col.
- Capt. Robert Crouch, 563d Aviation Support Battalion, Fort Campbell, Ky.
- Staff Sgt. James Finder, 187th Medical Battalion, Fort Sam Houston
- *Spc. Jamiell Goforth, 404th Aviation Support Battalion, Fort Hood
- Sgt. Walter Huley, William Beaumont Army Medical Center, Fort Bliss
- Second Lt. Brian Ipock, 187th Med. Bn., Fort Sam Houston
- Staff Sgt. Howard Markel, NCO Academy, Fort Sam Houston
- Capt. Deon Maxwell, 2nd Medical Brigade, Fort Sam Houston
- Sgt. Christopher Slaughter, Brooke Army Medical Center, Fort Sam Houston
- First Lt. Hunter Smith, Special Troops Battalion, 4th Infantry Division, Fort Hood
- Second Lt. Kyle Stevens, BAMC
- Capt. Bridget Washington, 232nd Med. Bn., Fort Sam Houston
- Sgt. Shawn White, BAMC

*Distinguished Honor Graduate



Photo by Esther Garcia

Staff Sgt. Mora Jara prepares to call for medical evacuation during the communication task testing at the Expert Field Medical Badge competition at Camp Bullis.

Fort Sam Houston Independent School District

Weekly Calander Monday through June 2

Correction: Last week's calendar incorrectly stated that the Cole High School Graduation would be held Sunday. The graduation will be held June 1 at Laurie Auditorium at 7 p.m.

Fort Sam Houston Elementary School

Monday

School holiday/Memorial Day

Tuesday

First grade awards assembly in classroom, 8 a.m.
Fourth grade awards assembly in cafeteria, 9 a.m.
Third grade awards assembly in cafeteria, 1:30 p.m.
Sixth grade Splash Town field trip

Wednesday

Early dismissal – kindergarten through fourth grade, 2 p.m.
Early dismissal – fifth and sixth grade, 2:30 p.m.

May 31

End of fourth nine weeks
Report cards sent home
Pre-kindergarten awards assembly in classroom, 9:30 a.m.
Early dismissal – pre-kindergarten through fourth grade, 11 a.m.
Early dismissal – fifth and sixth grade, 11:30 a.m.
FSHISD monthly school board meeting in Professional Development Center, 11 a.m.
Last day of school

Robert G. Cole Jr./Sr. High School

Monday

School holiday/Memorial Day

Tuesday

Senior community project
Semester exams
Senior Women's Luncheon

Wednesday

Early dismissal, 1:15 p.m.
Senior class trip
Semester exams

May 31

Semester exams
FSHISD monthly school board meeting in Professional Development Center, 11 a.m.
Early dismissal, 1:15 p.m.
Last day of school
End of fourth nine weeks

June 1

Graduation rehearsal, 9 a.m.
Graduation at Laurie Auditorium, 7 p.m.

Silver gleams at Cole High School

Story and photo by retired Lt. Col.
Robert Hoffmann

Robert G. Cole Jr./Sr. High School

Academics and athletics, two diverse but integral aspects of high school life, were celebrated in a monumental way this month at Robert G. Cole High School. Two Cole students advanced to the state finals in their respective activities and came back with silver trophies.

Junior Caitlin Mester placed second in the state competition in UIL Ready Writing held May 5 at the University of Texas at Austin campus. Caitlin, the only representative from District 30-2A to qualify for state, beat out 60 students for her honor. Caitlin is also active in Academic Decathlon, and is a member of both the National Honor Society and the Spanish National

Honor Society. Her ultimate goal is to attend medical school and become a family practitioner.

Sophomore Greg Washington, who is no stranger to those who follow Cougar sports, placed second in the 100-meter dash at the State 2A Finals Track Meet May 12, also held at UT Austin.

"The one through three runners were neck and neck throughout the whole race," said Washington. "The winner leaned farther than I did at the finish.

"Racing at state was a good experience, especially with me being a sophomore," continued Washington. "It will get me ready for next year."

Washington is also an exceptional Cole Cougar football running back, earning a place in the All-District 1st team and All-City 2nd team this past fall.



Cole Sophomore Greg Washington and Junior Caitlin Mester excelled this month in diverse competitions. Greg earned second place in the State 2A Finals Track Meet in the 100-meter dash. Caitlin earned second place in the State UIL Competition in Ready Writing.

Fort Sam Houston Elementary School parent is a hero

By **Dr. Kathy Maxwell**

Fort Sam Houston Elementary School

Sgt. 1st Class Jeff Emry, operations and security NCO in charge, U.S. Army Medical Information Technology Center, and parent of Fort Sam Houston Elementary School fifth grader, Lyndsey, did not foresee that actions he would take on a school field trip would be considered heroic. His only role on last week's field trip was supposed to be that of a parent chaperone.

Emry accompanied the Fort Sam Houston Elementary fifth graders on a field trip to the downtown River Center IMAX to view science and social studies

films addressing the fragility of the earth and the need to protect the environment.

Afterward, the fifth graders moved to the food court to enjoy a picnic-style lunch and a musical performance group.

In order to take pictures of the students enjoying their day out, Emry positioned himself on the mall steps. Suddenly, he heard a plopping noise on the water. He noticed the top of a child's head and a hand in the river. A little boy, 2 or 3 years old, was struggling to stay above water, dog paddling, and reaching for the side. Emry quickly reached over and pulled the toddler out of the water. The child came out of the water gasping for air.

"I heard a faint plop," said Emry. "One of the students had thrown an apple into the river right below my feet. I thought that was what I heard fall into the water."

"As I looked down, I saw the top of a child's head and a hand. It took one or

two seconds for (it) to register with me just what I was seeing," continued Emry. "As the child's crown and hand were coming up for the second time, I reached into the water and pulled him up by the arm."

The toddler's older brother had pushed him into the river. A crowd of about 50 people gasped when they observed the child being pushed into the river. Emry was the only adult close to the river to attempt to save the child.

The child's mother, listening to the musical performance, observed what had happened and came to retrieve him. She thanked Emry.

Had it not been for Emry's quick assessment of the situation, quick response time and strength, the child would have drowned. It served as an example to the students of a responsible and caring citizen. Emry is a hometown hero.

Public meeting to discuss budget, proposed tax rate

The Fort Sam Houston Independent School District will hold a public meeting May 31 at 10 a.m. in the Professional Development Center located at 1908 Winans Road, San Antonio. The purpose of this meeting is to discuss the school district's budget. Public participation in the discussion is invited.

Child and Youth Services

Summer camp registration

Summer camp registration for School Age Services and Middle School and Teens is ongoing at Central Registration, Building 2797, from 8 a.m. to 5 p.m. until spaces are full. Children must be registered with Child and Youth Services. To register, patrons must provide sponsor's Leave and Earnings Statement and spouse's W-2 form, two local emergency designees, an \$18 registration fee per child and child's Social Security number. A current immunizations record and a health assessment for kindergarten through fifth grade is required. There is a non-refundable deposit for School Age Services.

Parent Advisory Council meeting

The Child and Youth Services Parent Advisory Council will meet June 19 from 11:30 a.m. to 12:30 p.m. at the Child Development Center. Lunch will be provided. All CYS patrons are encouraged to attend. This is an opportunity to meet staff, attend parent workshops and learn of upcoming events.

Off-post childcare options

The Army Child Care in Your Neighborhood program offers military families more childcare options in the local community. There are two childcare centers and 25 civilian providers in areas surrounding Fort Sam Houston for use by local Army families. The centers and providers are monitored to ensure they meet Army standards. For more information, call Family Service Association at 431-7570 or Fort Sam Houston Central Registration at 221-4871.

FCC providers

Family Child Care is looking for family members interested in becoming certified FCC providers. There is a no-cost start-up plan. For more information, call 221-3828.

Family Child Care Online

Family Child Care Online is a marketing tool that allows parents to take a virtual tour of FCC homes. In addition, parents can read about the provider's philosophy of care, hours of operation and background. This

online tool can be accessed through the Child and Youth Services Central Registration office in Building 2797 from 8 a.m. to 4:30 p.m.

Sport physicals

Patrons interested in summer and fall sports should make appointments for a sport physical now. Patrons will need a sport physical to register. Patrons must be registered with Child and Youth Services to participate in sports. For more information or registration requirements, call Central Registration at 221-4871 or 221-1723.

Volunteer coaches needed

Youth Services is seeking volunteers to coach summer basketball and volleyball, and fall football. Applicants must clear a background check. Application packets can be picked up at Central Registration, Building 2797, or the Youth Services sports office, Building 1630.

Summer basketball registration

Register for Night Hoops Summer Basketball League for ages 9 to 17. Patrons must be registered with Child and Youth Services. At the time of registration, patrons must provide a current sport physical that is valid through the entire season, Leave and Earnings Statement, spouse's W-2 form, current shot record for kindergarten through fifth graders, child's Social Security number, two local emergency contacts, \$18 registration fee and \$45 activity fee. For registration requirements, call Central Registration at 221-4871. For more sports information, call the sports office at 221-5519.

Fall football, cheerleading

Register for fall football and cheerleading for ages 5 to 14. Patrons must be registered with Child and Youth Services. At registration, patrons must provide a current sport physical that is valid through the entire season, Leave and Earnings Statement, spouse's W-2 form, current shot record for kindergarten through fifth graders, child's Social Security number, two local emergency contacts, \$18 registration fee and \$60 football fee and \$50 cheerleading fee. For registration requirements, call Central Registration at 221-4871. For more sports information, call the sports office at 221-5519.

SKIES Unlimited classes available

The Child and Youth Services SKIES Unlimited program will offer classes for children ages 6 to 18 who are registered with CYS.

School of Languages

- German: Monday, 30-minute classes from 9 to 10:30 a.m. for beginner, intermediate and advanced students, located in Building 2530.
- German: Monday through Wednesday, 90-minute classes, from 3:30 to 5 p.m. and 5 to 6:30 p.m. for beginner, intermediate and advanced students, located in Building 1630A.
- Arabic: Thursday, 90-minute classes from 3:30 to 5 p.m. and 5 to 6:30 p.m. beginner and intermediate students, located in Building 1630A.

To determine the child's skill level and for prices, call the instructor, Rabiaa Gardner, at 744-2304.

School of Music

Piano lessons will be held every Tuesday in 30-minute increments from 10 a.m. to 12 p.m. and 4 to 6 p.m. one half hour per week, in Building 2018. The cost for each lesson is \$20. Lesson books are to be purchased by the students.

School of Sports

Tennis lessons will be held Monday through Friday from 3:30 to 4:30 p.m. for 5- to 6-year-olds and 3:30 to 6:30 p.m. for 6- to 18-year-olds. Lessons are held at the tennis court on the corner of Hardee and Scott streets on Fort Sam Houston. Children must furnish own tennis racket and missed lessons will not be made up. The cost is \$50 a month for the one-hour class and \$150 a month for the three-hour class.

Payment is due on a monthly basis and registration is required with Child and Youth Services prior to the first class. The first month's fees are due at time of registration at Building 2797. Fees are due and payable at the beginning of each month, and can be paid at the Child Development Center, Building 2530; School Age Services, Building 1705; or the Middle School and Teens, Building 1630. Missed lessons will not be made up. For more information, call 221-1723 or 221-4871.

Community Recreation

MWR Web site, Information Hotline

Access information about Morale, Welfare and Recreation events, activities and programs 24 hours a day. For more information, call the hotline at 295-3697 or visit www.fortsamhoustonmwr.com.

Equestrian Center summer youth camp

The Equestrian Center is accepting registrations for youth ages 7 to 17 for its Summer Youth Horsemanship Camp. The camp consists of a one-week session held from 9 a.m. to 3 p.m. each day. The first session begins June 11; the last session ends Aug. 10. The registration fee is \$195 and a \$25 deposit is required. For more information, call 224-7207.

West Corporation job fair cancelled

The West Corporation Job Fair Friday, located at the Army Community Service, Building 2797, has been cancelled. This event will be rescheduled at a later date. If you have any questions, please contact Jennifer Swiger at 221-0516.

Outdoor pool opens

The Aquatic Center will be open daily starting Friday from 12 to 8 p.m. Admission is free. For more information, call 221-4887 or 221-1234.

Sail Away with Books

The Keith A. Campbell Library Summer Reading Club will begin June 1. "Sail Away with Books!" is the theme for youth interested in exploring the wonderful world of books.

The program is open to students in preschool through eighth grade. Sign up at the library and get a cloth book bag with a SeaWorld ruler, pencil and "Here's to the Heroes" flyer.

Prizes are available to readers who meet the reading requirements. Participants that read over 1,000 total pages during the summer may enter to win a SeaWorld backpack filled with SeaWorld passes and prizes. The program ends in August with the award of the SeaWorld backpack. For more information, call 221-4702 or 221-4387.

Veterinary vaccination clinic

A vaccination clinic for healthy pets will be held June 2 from 8 a.m. to 2 p.m. at the Fort Sam Houston Veterinary Clinic. For more information or to schedule an appointment, call 295-4260 or 295-4265.

Paintball Adventure

Visit the Lackland Outdoor Adventure Center for information on paintball tournaments and events. Paintball park hours are Saturdays from 9 a.m. to 5 p.m. and Sundays from 1 to 5 p.m. For more information, call 925-2998 or 925-5532.

Golf Course, 222-9386

Discounted golf lessons

Discounted golf lessons are available for military family members at the Fort Sam Houston Golf Club. Lessons will be 30 minutes per session and are available either in a package of 10 lessons for \$150 or individual private lessons for \$30 each. For more information, call James Benites at 355-5429 or 222-9386.

Summer Junior Golf Camps

The Fort Sam Houston Golf Course will host junior golf camps through the summer. There are two one-week sessions, June 4 through 8 and June 25 through 29, Mondays through Fridays, 8 to 10 a.m. The cost for a one-week session is \$60. The junior golf camps are designed for three different age groups: 7 to 9 years old, 10 to 12 years, and 13 to 16 years of age. The instructions consist of putting, chipping, etiquette, safety and more. For more information, call James Benites at 355-5429.

Fathers' Day golf tournament

The Fort Sam Houston Golf Club will host a Fathers' Day Tournament June 17. The shot gun time for the two-person scramble event will be 12:30 p.m. Entry fees for the tournament are \$35 for members and \$50 for non-members. There will be net and gross prizes awarded after the tournament

at a dinner and awards ceremony. For more information, call 222-9386.

Dining and Entertainment

Sam Houston Club, 224-2721

Family-Style Sunday brunch

There is something for the entire family at Sunday Brunch. Brunch is held the first and third Sunday of each month. The next brunch will be held June 3 from 10 a.m. to 1:30 p.m. at the Sam Houston Club. Features include a chocolate fondue station, complimentary champagne and an international food station. The cost is \$15.95 for non-members, \$13.95 for members and \$7.95 for children 6- to 11-years-old. Children 5-years-old and younger eat free. For more information, call 224-2721.

Summer bash

Join the Sam Houston Club June 22 for outdoor fun at the first summer bash. Festivities begin at 4:30 until 8 p.m. on the back patio. There will be free barbecue, live musical entertainment and activities for the entire family. Everyone is welcome and door prizes will be provided. For more information, call 224-2721.

Harlequin Dinner Theatre, 222-9694

The comedy, "Proposals," by Neil Simon, will play Wednesday to June 30. Tickets are \$24.95 on Wednesdays and Thursdays; \$27.95 on Fridays and Saturdays. Doors open at 6:15 p.m., the buffet from 6:30 to 7:30 p.m., and the show begins at 8 p.m. For more information or to make reservations, call 222-9694.

MWR Ticket Office, 226-1663

Pepsi 400 NASCAR tickets

Tickets are available at the Morale, Welfare and Recreation Ticket Office for the Daytona International Speedway's 2007 Pepsi 400 July 7. Buy the All-American package for \$72, a savings of \$20, and receive one Pepsi 400 Grandstand ticket and event hat. A pre-race pass to the Nextel Fanzone is \$46.50. This is a NASCAR-sponsored event. Parking is free. To purchase a ticket, stop by or call the ticket office at 226-1663 or 224-2721. For more information, visit www.daytonainternationalspeedway.com. The ticket office will operate with extended summer hours through August. The ticket office is open Tuesday through Friday from 10 a.m. to 5 p.m., Saturdays from 10 a.m. to 2 p.m. and closed Sunday and Monday.

Coushatta casino resort trip

The MWR Ticket Office and the Sam Houston Club will sponsor a trip to the Coushatta Casino Resort in Kinder, La. The bus will depart from the Sam Houston Club June 5 at 7 a.m. and return June 6 at 10 p.m. The cost is \$49 per person and includes roundtrip motor coach transportation, overnight hotel accommodations, continental breakfast at hotel and one \$23 coupon from the casino. Participants must be at least 21 years old and possess a valid photo identification at all times. Reservations are needed at the ticket office by June 1. For more information, call 226-1663 or 224-2721.

Events

Military Officers Association of America

The Military Officers Association of America-Alamo Chapter luncheon will be held today at 11:45 a.m. at the Sam Houston Club. The guest speaker will be retired Navy Capt. Shelley Marshall, MOAA's National Scholarship Fund development officer. The cost for the luncheon is \$16 per person. For more information or to make reservations, call 228-9955 or e-mail moaa-ac@sbcglobal.net.

Free Father's Day message

Service members can send free Father's Day messages online to www.stripes.com through Friday. Messages will be published June 16 in Stars and Stripes Mideast, European and Pacific editions. Greetings will also be online for viewing at www.stripes.com starting June 16. For more information, call Maria Luisa Hernandez at 202-761-0914.

Wounded Warrior Bar-B-Que

The Viet Nam Vets and Legacy Vets Motorcycle Club will sponsor a Wounded Warrior Bar-B-Que Saturday from 12 to 5 p.m. at the Veterans Foreign War Post 2059, 3202 Ackerman, Kirby, Texas. The event is open to the public. For more information, call 661-4072.

'Memorial Memories'

The community is invited to view "Memorial Memories" Sunday at 2:30 p.m. at the University of Texas at San Antonio Institute of Texan Cultures, 801 S. Bowie St. Memorial Memories is a musical tribute to America's military men and women, past and present. The event will include swing sounds of the 1940s and 1950s performed by the Sentimental Journey Orchestra, the Memphis Belles singing trio and songstress Jesse Boatright. The event is free. For more information, call 458-2330.

'Operation Howl'

Howl at the Moon and Fort Sam Houston Morale, Welfare and Recreation will present "Operation Howl" Sunday at 5 p.m. at Howl at the Moon, downtown San Antonio. Enter to win a party for up to 100 people at the Sam Houston Club Ticket Office. Department of Defense personnel and dependants will receive no cover and will be able to compete in games and contests for \$1,000 in cash and prizes. An all-you-can-eat catered buffet for \$5 and drink specials will be available. The event will also include a rock and roll dueling piano show. For more information, call 224-2721 or 226-1663.

Auditions for Harlequin Dinner Theatre

The Harlequin Dinner Theatre will hold open auditions for "Never Too Late," a comedy by Sumner Arthur Long Monday and Tuesday from 7 to 8:30 p.m. Performances will be in the evenings from July 18 to Aug. 18. For more information, call 222-9694.

Newcomers' Extravaganza

A Newcomers' Extravaganza will be held Tuesday from 9:30 to 11 a.m. at the Sam Houston Club. The extravaganza is mandatory for all permanent party in-processing Soldiers, lieutenant colonel and below, within 60 days of arrival. Soldiers, civilians and family members will have the opportunity to learn about Fort Sam Houston and the San Antonio area. Participate in giveaways, drawings, registration and social activities. For more information, call the Army Community Service, Relocation Assistance Program at 221-2705 or 221-2418.

Trifecta Car Show

Have lunch at the Sam Houston Club Tuesday or Wednesday and possibly win a complementary one-day pass to the Trifecta Car Show, which will be held June 2 and 3 at the Freeman Coliseum. Entry for the competition is free and winners get a chance to compete at the Las Vegas Specialty Equipment Marketing Association Show finals. Visit caraudiomag.com for more details. Passes will be provided courtesy of Texas Heatwave.

Preservation Month awards

The San Antonio Conservation Society will sponsor an award ceremony Wednesday from 6 to 8 p.m. at the Yturri-Edmunds Historic Site, 128 Mission Road. The ceremony will recognize projects located in historic district and conservation district neighborhoods. Ticket admission is \$10. To make reservations, call 224-6163 by Friday.

Pacific Combat Living History Program

The Pacific Combat Living History Program will be held June 9 and 10 with

shows at 10:30 a.m., 1 and 3:30 p.m. at the Pacific Combat Zone of the National Museum of the Pacific War, Fredericksburg, Texas. The admission is \$3 for adults and \$2 for children. For more information, call 830-693-9707.

Honorary bat boys

Nominations to become an honorary bat boy for the San Antonio Missions home games throughout the summer will be accepted for military youth 18 years old and younger. Honorary bat boys help on the field at a game, receive a Missions cap and special T-shirt, tickets for their family to attend the game, and participates in the on-field opening ceremonies at Missions home games Friday, Saturday or Sunday. To register, send in a post card with the nominee's name, age and phone number on a 3-by-5 inch card to: San Antonio Missions Baseball Club, Kraft Singles Honorary Batboy, 5757 Highway 90 W., San Antonio, Texas 78277.

Pack 23 Cub Scouts

Join the Cub Scouts on Fort Sam Houston. Boys going into first grade (or 7 years old) through fifth grade are invited to join Pack 23 and experience the fun of Cub Scouting. Pack 23 has a fun summertime program that includes water sports, hikes and den meetings. The activities are used to achieve the aims of scouting: citizenship training, character development and personal fitness. For more information, e-mail Jennifer Tucker at jtuckerpack23@yahoo.com or Peter Moons at peter.moons@us.army.mil.

Training

Hiring Lubbock police officers

The Army Career and Alumni Program Center will host an information briefing for people interested in a law enforcement career with the Lubbock Police Department May 31 from 8 a.m. to 4 p.m. in Building 2263, Classroom B100. For more information, call Lubbock Police Department Recruiting Officer Corey Nunley at 877-975-2964.

Army Knowledge Online training

Army Knowledge Online hands-on training will be held June 19 and 20 from 1 to 4 p.m. at Willis Hall, Building 2841, classroom 2105C. The training will include starting an account, white pages, searching, quick links, self service, files, site map and network. For more information, call Julie Gueller at 221-6203.

Resume Writing Workshop

The Family Employment Readiness Program will offer a "How To" Resume Writing Workshop June 20 from 9 to 11 a.m. at Army Community Service, Building 2797. Reservations are requested. This workshop is free to all military ID cardholders. For more information, call Jennifer Swiger at 221-0516.

Force tracking system training

The Information Management Training Branch will provide training courses for all active military services for May, June or September. The Force XXI Command Brigade and Below-Blue Force Tracking System is a digital, Battle Command Information System that provides on the move, near-real-time battle command information to tactical combat, combat sup-

port and combat service support leaders and soldiers. FBCB2 is a key component of the Army Battle Command Systems. FBCB2-BFT supports situational awareness down to the Soldier and platform level across all battlefield functional areas, echelons, and forms the principal digital command and control system for the Army at brigade and below. To register, enter the ATRRS system course number 5K-F21/012-F46. For more information, call Marvin Danzy at 221-0640 or e-mail marvin.danzy@amedd.army.mil, or Hartense Green at 221-2216 or e-mail hartense.green@amedd.army.mil.

Meetings

Chess club

The on-post chess club meets Mondays from 5 to 7 p.m. in the Brooke Army Medical Center Medical Mall. The club is open to military and their family members, civilians and patients; experience is not necessary. Chess sets are provided on site. For more information, call Michael Oakes at 550-3153.

Volunteer

101st Screaming Eagle Vets sought

The 101st Airborne Division Association, with headquarters at Fort Campbell, Ky., is seeking "lost" Screaming Eagle veterans who served with the division during its history from World War II to Iraq. Activities include the 62nd National Reunion in Omaha, Neb., August 8 to 11; and special programs to comfort wounded warriors and assist today's Eagles and their families. For more information, call 931-431-0199, ext. 35, or visit www.screamingeagle.org.

Smoking cessation assistance

Wilford Hall Medical Center is conducting a study to evaluate an innovative approach to smoking cessation. Project Health Improvement Through Changing Habits offers assistance for people who want to quit smoking by providing smoking cessation medications and two different minimal contact programs. Participation is open to active duty service members, dependents and retirees from any branch of the military who receive medical care through Wilford Hall Medical Center. For more information, call 292-2909.

Lackland seeks dental patients

The Periodontics Department of the Comprehensive Dentistry residency at the Dunn Dental Clinic on Lackland Air Force Base is screening patients for dental care limited to periodontal disease in the dental residency. All eligible recipient categories are screened, including retirees and dependents. To schedule an evaluation, people should have their general dentist fax a consultation to the Periodontics Department at 292-2681 or call 292-6365.

Mentor volunteers

Father Flanagan's Girls and Boys Town of San Antonio is looking for mentors to help children improve their reading skills. For more information, call Janet Pedrotti at 271-1010 or e-mail pedrottij@girlsandboystown.org.

Submission guidelines:

Freebies are published on a first-come, first-served basis. The deadline is noon Monday. Freebies are intended for personal household goods, and may only be submitted by active, retired or reserve military members and civilian employees working on Fort Sam Houston. Real estate ads will not be published. To submit a Fort

Freebie, e-mail news.leader@samhouston.army.mil or fax to 221-1198. Freebies run for one week unless submitter calls to renew. Limit of five items per entry. For more information, call 221-1031.



For Sale: Bissell floor vacuum, \$15; VCR, \$10; queen-size bed, \$195; white bookshelf, \$20; commercial copier, \$150. Call 241-1291.

For Sale: Teak grandfather clock, \$400; Marble and wrought iron over-the-toilet space saver, \$75; Antique marble top dresser with mirror, \$250; two antique sled beds with mattresses, \$450; Rustic-style entertainment cabinet with doors, holds 36-inch or larger television with lots of storage and shelves, \$200 obo. Call 262-5501.

For Sale: Three-piece solid wood bedroom set, large dresser with two attached mirrors, queen headboard, two drawer night stand, \$300. Call 661-7253.

For Sale: Two color TVs, 13 inches, in excellent condition, \$40 each. Call 680-1079.

For Sale: Round above ground pool, 4-feet by 18-feet

diameter with filter, pump and many accessories. Liner needs replacing and must be willing to disassemble and remove from premises. Make offer. Call 221-9917.

For Sale: 1992 Cadillac Deville, needs engine work, \$800 obo. Call 532-3740.

For Sale: Toyota Tacoma Limited, four door, 8,500 miles, \$22,500; black leather sofa and recliner, \$295; trailer, approximately 4 feet by 5 feet, \$175; Bassett crib with mattress, \$125; AKC male golden retriever, \$225. Call 633-3859.

For Sale: Italian inlaid handcrafted game table includes checker, backgammon, roulette, card table pieces and four chairs, \$500 obo. Call 471-1462 or to see pictures of the table, visit <http://sanantonio.craigslist.org>.

For Sale: Sears X-Cargo Sport 2-5v, 20-cubic-foot

car top carrier, all hardware included, in excellent condition, will fit most SUVs and vans, \$50. Call 310-1285.

For Sale: Sony big screen DPL 65-inch TV, \$800 obo, German Shrunk, very beautiful, \$1,500 obo; Proto Rail paintball gun with aftermarket trigger, \$400 obo. Call 918-0345.

For Sale: Authentic Burberry Nova check small hobo tote with dust jacket and strap, in excellent condition, \$175; bassinet with mattress, \$30; three-tier blue diaper cake, \$30; baby shower corsage blue, \$10; Longaberger baskets with liner and protectors, various styles. Call 666-0374, after 6 p.m.

Multi-Family Garage Sale: May 26 at 7:30 a.m. at 363 Wagon Crossing, Universal City off of Kitty Hawk (between Topperwein and 1604).