



# Fort Sam Houston News Leader



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Fort Sam Houston – Home of Army Medicine

June 2, 2005

## Briefs . . .

### **Retreat, wreath laying ceremony**

The NCO Academy will conduct a retreat and wreath laying ceremony to honor the memory of Sgt. Maj. of the Army Leon Van Autreve June 14 at 5:15 p.m. at the Fort Sam Houston National Cemetery (to the right of the Sam Houston Circle). The public is invited.

### **Army Birthday, Flag Day concert**

Award winning bluegrass singer Rhonda Vincent will join Fort Sam Houston to celebrate the Army's 230th Birthday and the 228th Anniversary of "Old Glory" June 14 at 7 p.m. at MacArthur Parade Field, corner of Harry Wurzbach and Stanley Roads. The ceremony will include Soldiers dressed in period uniforms who will add 174 campaign streamers to the Army flag followed by a rifle salute in honor of the Soldiers who served during each of the campaigns. Vincent, named 2004 Entertainer of the Year, will perform with her band the "Rage" following the ceremony. Her latest album is "One Step Ahead" on Rounder Records.

### **Army mandates IA training**

To protect data from internal and external threats, the Army established a directive requiring all computer users Army-wide to complete information assurance training no later than Saturday. To access the training, civilians and active duty should go to the Army's e-Learning Program at <http://usarmy.skillport.com>. Once logged onto SkillSoft, click Catalog and then Government IA training. People must have an Army Knowledge Online account to access the system. Contractors should go to [www.ia.gordon.army.mil](http://www.ia.gordon.army.mil) to complete the training requirement. For more information, call Julie Gueller at 221-2010.

### **Sexual harassment training**

The Civilian Personnel Advisory Center will offer Prevention of Sexual Harassment training June 28 from 1 to 3 p.m. at the Equal Opportunity Office, Building 142, in the basement. People should submit their nominations for attendance no later than June 17 via e-mail to [TRNG.FSHCPAC@samhouston.army.mil](mailto:TRNG.FSHCPAC@samhouston.army.mil). Phone nominations will not be accepted. For more information, call Lena M. Boutelle, human resources assistant, at 221-0639.

### **CSM farewell luncheon**

A farewell luncheon will be held in honor of U.S. Army Garrison Command Sgt. Maj. Johnny Gray June 22 at 11 a.m. at the Sam Houston Club. Cost is \$10. RSVP by Monday to company representative or Sgt. Rippstine at 842-2464.

### **Changes of command Special Troops Battalion**

The Special Troops Battalion change of command ceremony will be

See **BRIEFS** on Page 3



Photo by Bart Keyes

Lt. Gen. Robert T. Clark, Fifth U.S. Army commander, Col. Richard Rayfield, director of plans and policies, Joint Information Operations Center, Navy Commander George Fadok, deputy director of operations, Joint Information Operations Center, and Col. Mary Kay Hertog, 37th Training Wing commander, Lackland Air Force Base, prepare to present a wreath to honor the nation's fallen heroes at Fort Sam Houston National Cemetery Memorial Day Ceremony.

## San Antonio, Fort Sam Houston remember military heroes

By Shadi May  
Fort Sam Houston Public Information Office

Thousands gathered at the Fort Sam Houston National Cemetery Monday to honor the service and sacrifice of America's military members.

"On this day, we honor the lives lost in battle so that peace and freedom prevail," said Maj. Dawn Garcia, Brooke Army Medical Center Department of Nursing Agency coordinator and nurse recruiter, and the ceremony's keynote speaker. "While in Baghdad, I'd lay in my bed at night listening to the constant whirl of helicopters come and go, wondering who had given their 'all,' — whose son, daughter, husband, wife, father or mother."

Garcia shared her moving battlefield stories with the public.

"Soldiers passed through our hands by the thousands," she

added. "We sent them home in wheelchairs or on crutches, some badly disfigured, bearing scars — seen and unseen and sometimes in body bags, wrapped lovingly inside in woolen Army blankets clearly marked U.S. — but we always sent them home."

Although Memorial Day was originally established as the "Decoration Day," a time for the nation to decorate with flowers the graves of veterans who fought in the Civil War, today, it is a day to remember all who serve the nation in the military.

"As I look out on this cemetery, I am convinced that it is here where we find the true reason for our country's greatness," said Paula Haley, Fort Sam Houston National Cemetery assistant director, during her opening remarks. "We have been blessed with great men and woman, who believe our freedom is worth dying for."

See **MEMORIAL DAY** on Page 16 and 17

## BRAC 2005 comes at 'perfect time' to help Army 'reset'

By Sgt. 1st Class Doug Sample  
American Forces Press Service

WASHINGTON, D.C. — The 2005 Base Realignment and Closure recommendations could not have come at a better time as the Army begins realigning units overseas and looks for a clearer picture on where to put them, service leaders said during a media roundtable May 26 in the Pentagon.

On May 13, Defense Secretary Donald Rumsfeld proposed the closure of 15 active Army bases, seven leased bases, 176 Army Reserve installations, and 211 Army National Guard facilities.

"The timing for this BRAC has been perfect for the Army because it has allowed us through our analysis process to figure out the right location to reset units from over-

seas as we bring them back," said Geoffrey Prosch, principal deputy assistant Army secretary for installations and environment.

"The analysis has given us that fidelity, and it has also enabled us to validate where we are standing up these 10 new brigades," he said, referring to the Army's transformation to a modular force structure that calls for an increase from 33 to 43 maneuver brigades.

Meanwhile, Prosch said, BRAC 2005 will allow the Army to meet its goal of streamlining its portfolio of installations, part of which is being done through an integrated global presence and basing strategy.

That strategy, he said, will determine how units and assets overseas will be "reset and relocated."

In Europe, he said, some 148 installations are expected to close and thousands of

troops and their families returned to the United States.

According to the Army's new basing strategy for units returning from overseas, the 1st Armored Division headquarters and three heavy brigades will go to Fort Bliss, Texas, while a brigade from Korea will head to Fort Carson, Colo.

The 1st Infantry Division headquarters and an aviation brigade will be based at Fort Riley, Kansas. Several small maneuver-enhancement brigades and support units will go to Fort Knox, Ky.

Craig College, deputy assistant secretary of the Army for infrastructure analysis and director of the Army Basing Study Group, said several units will deactivate overseas, and Soldiers from those units will be reassembled elsewhere.

See **PERFECT TIME** on Page 4

# Barracks policy changes impact 'geographic bachelors'

Married Soldiers who are voluntarily separated from their families will no longer be authorized space in Army barracks under a new policy that went into effect earlier this year.

Vernona Aslim, a housing management specialist with the Army Chief of Staff Installation Management, said the new policy is a continued effort to provide quality housing for single Soldiers, and to create a better tool in matching up the programming and requirements for unaccompanied personnel housing.

Soldiers entitled to basic allowance for housing at the "with dependent" rate, who

are voluntarily separated from their family members, are no longer authorized assignment to permanent party barracks in the continental United States, Hawaii and Alaska. The policy does not apply to overseas locations.

Aslim said this change comes at a time when the Army is making numerous changes in the way it houses single Soldiers via the "Holistic Barracks Strategy" approved by the Secretary of the Army in January. The housing change for geographic bachelors supports the strategy initiative ensuring housing entitlements for single Soldiers can be met,

and all permanent unaccompanied personnel housing facility categories match the identified permanent party housing requirements.

In March, the Army authorized single staff sergeants to live off post and provided the Installation Management Agency with \$250 million to repair the Army's most deficient barracks under the Barracks Improvement Program, Aslim said.

Geographical bachelors in all rank categories will transition to local community housing through attrition whether caused by permanent change of station orders,

renovations being made through BIP, deployment or for the convenience of the government as determined by the local command, Aslim said. The local on-post Housing Services Office or the Community Housing Relocation and Referral Services is ready to assist Soldiers in securing affordable and safe off-post properties whether they choose to rent or purchase homes.

For more information on the new policy, see "Hot Topics" on the ACSIM Web site at <http://www.hqda.army.mil/acsimweb/homepage.shtml>.

(Source: Army News Service)

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## Briefs cont. . . .

June 10 at 7:45 a.m. at the MacArthur Parade Field. Lt. Col. Barbara Holcomb will assume command from Lt. Col. Steven Bolint.

### 314th Military Intelligence Bn.

The 314th Military Intelligence Battalion will sponsor a change of command ceremony June 14 at 7 a.m. at the parade field west of the 37th Training Wing Headquarters building at Lackland Air Force Base. Lt. Col. Peyton E. Smith will relinquish command to Lt. Col. Christopher P. Himsl. The 314th MI Bn. falls under the 470th Military Intelligence Group at Fort Sam Houston. For more information, call Sgt. Deborah Herman, 314th MI Bn. Public Affairs Office, at 671-0989.

### Camp Bullis

The Camp Bullis installation change of command will be June 16 at 10 a.m. at the Camp Bullis Parade Field. Lt. Col. Jimmie O. Keenan will relinquish command to Lt. Col. Denis LeMaster.

### 232 Medical Brigade

The 232nd Medical Brigade will have its change of command ceremony June 17 at 8 a.m. at the MacArthur Parade Field. Lt. Col. Bruce W. McVeigh will relinquish command to Lt. Col. Brian J. Kueter.

### Great Plains Region

The Great Plains Regional Medical Command change of command will be June 22 at 8 a.m. at the MacArthur Parade Field. Brig. Gen. C. William Fox Jr. will relinquish command to Col. James K. Gilman.

### MEDLOG, 519st and 418th

The 591st and 418th Medical Logistics Companies will conduct their changes of command ceremonies June 23 at 8 a.m. and 11 a.m. respectively at the Post flag pole.

### Regimental farewell, welcome

The Army Medical Department Regiment commander and sergeant major farewell and welcome ceremony will be located at the Dustoff Memorial Plaza June 23 at 2:30 p.m.

## Housing update

### Pest control

Lincoln Military Housing will provide pest control services for the interior and exterior of all Fort Sam Houston Family Housing. Any resident that requires exterminator services should call the "Lincoln at Your Service" request line at (888) 578-4141 or submit requests on the Web site at [www.samhoustonlpc.com](http://www.samhoustonlpc.com).

### Harris Heights construction

Galaxy Builders has started the demolition process in Harris Heights. The area has been fenced off for the protection of the remaining Harris Heights residents and construction crews. The Harris Heights gate on Harry Wurzbach will remain open throughout the day as a construction site entrance and is restricted to construction traffic only. For more information, call Ron Bennett at 226-5597.

# DoD readies Biometric ID System

Photo and story by Gerry J. Gilmore  
American Forces Press Service

WASHINGTON, D.C. – The Defense Department is fine-tuning a \$75 million biometric identification system designed to improve force protection at U.S. military bases in Iraq, according to officials involved with the project.

At a recent system demonstration, DoD officials said the state-of-the-art system will use biographical data, facial photographs, fingerprints and iris scans collected from Iraqis and other non-U.S. citizens who want to work on U.S. bases in Iraq to develop ID cards that can't be counterfeited.

Biometrics is defined as measurable physical or behavioral characteristics that can be used to identify people. Work on the new biometrics-based system began in late January, when then-Deputy Defense Secretary Paul Wolfowitz pushed for an improved base-access system to provide better protection for U.S. troops in Iraq.

The need for a better way to screen people coming onto U.S. bases in Iraq was illustrated by the Dec. 21, 2004, bombing of a military dining facility in Mosul. That blast killed 22 people, including 14 U.S. Soldiers, and wounded at least 50. It was first thought the dining hall had been hit by a rocket attack.

Further investigation of the Mosul bombing pointed to the likelihood that a suicide bomber had infiltrated the base — one non-U.S. person killed couldn't be identified — and set off the explosion.

"This is a force-protection initiative," a DoD official noted at the system demonstration. He pointed out that the new ID cards contain embedded information that can't be altered. "This badge will be able to uniquely identify that person as the right person. You can't counterfeit it; you can't tamper with it," he said.

Base employees who are issued new biometric ID cards will be required to pass through security-control points where the badges will be electronically checked, he explained.

During the demonstration project, managers showed how fingerprints and iris scans are gathered and the data put into computers, how ID cards are printed and how new ID cards are checked and verified by stationary and mobile scanners.

Employee information gathered at enrollment points will be forwarded to self-contained control stations. The control stations feature independent power, heating and air-conditioning systems, all a necessity in an austere, forward-deployed environment like Iraq. The control stations will process the enrollment data to produce



A technician scans in a person's iris for input into DoD's biometric ID computer database during a recent demonstration of the system.

the biometrically-enabled ID card.

Steve Hooks, a former FBI special agent and biometric project consultant, said at the demonstration that "DoD is trying to develop an identification capability so that we can identify unknowns (and) terrorists. These individuals applying for an ID card will have background checks based on those conducted for U.S. military personnel and DoD civil servants."

The biometric ID system has been developed to protect troops and save lives, said Army Maj. Gen. Conrad Ponder, the chief integration officer for the Army's chief information office, who attended the recent demonstration. "That's what we're all about," he added.

Ponder said he was impressed with the demonstration. "We're developing a significant new capability for force protection. This prototype is a solid first step, and we'll continue improving the systems as we get closer to fielding (the system)."

Project managers are now working closely with U.S. Central Command officials who attended the briefing to resolve any remaining issues. The new system will be implemented in Iraq as soon as possible, officials said.

## TRICARE has a one-year deadline to file claims

TRICARE beneficiaries who file their own claims should remember that, with few exceptions, claims must be filed within one year of the date of medical service or from the date of discharge from an inpatient facility. Beneficiaries also have one year from the date they receive medication to file for reimbursement of pharmacy claims. Additionally, the one-year filing deadline applies to those who file on behalf of individuals with other health insurance.

The deadline applies to both TRICARE Standard beneficiaries as well as to TRICARE Prime enrollees who obtain emergency or urgent care outside of the TRICARE region in which they are enrolled. TRICARE Prime and

Extra providers are required to file claims on a beneficiary's behalf, and must also meet the one-year requirement.

TRICARE beneficiaries who use non-network pharmacies to obtain their prescription drugs pay full price at the pharmacy and then must file a claim to obtain reimbursement. Beneficiaries may obtain claim form (DD 2642) from a TRICARE Service Center, Beneficiary Counseling and Assistance coordinator or Health Benefits advisor at their military treatment facility; by mail from the TRICARE Management Activity, 16401 E. Centretech Parkway, Aurora, CO 80011-9043; or online at [www.tricare.osd.mil/claims](http://www.tricare.osd.mil/claims).

By law, other health insurance held by

TRICARE beneficiaries must be the first payer for covered benefits, including covered pharmacy services. TRICARE pays first when prescriptions not covered by OHI are covered by TRICARE or when OHI coverage is exhausted. In either case, beneficiaries must obtain an Explanation of Benefits from the OHI indicating their OHI does not cover the medication or that the benefit limits of the OHI have been reached.

There are exceptions to the one-year timely claims filing deadline. For more information on exceptions and for claims requirements, beneficiaries may visit the TRICARE Web site at [www.tricare.osd.mil](http://www.tricare.osd.mil). (Source: TRICARE Management Activity)

## Residential Military Housing starts tree trimming project

Lincoln Military Housing has completed a thorough evaluation of the trees and shrubs within the Fort Sam Houston Family Housing to initiate a tree trimming project. The scope of work has been finalized, and contracts are signed with Davey Trees and Gratr Landscape, two companies chosen to allow the project to be completed in seven weeks.

A Class III tree trimming, which started Tuesday, will continue through the second week of July. The trimming will include the removal of deadwood down to a 2-inch diameter and larger, clearance over roofs, liability and risk reduction, slight elevation over lawn areas and the removal of dead and dying trees. Dead and dying trees will be marked with orange or red tape. Once the tree is removed, the stump will be ground down.

Shrub pruning will begin two weeks after the tree trimming has started. Shrub pruning will include pruning all shrubs of 8 feet or less, removing all excessive growth and height, clearing pathways and patios and clearing growth from structures to 6 feet. A pruning schedule will be delivered to the residents during the week of June 13.

Davey Trees will trim the trees within Staff Post, Artillery Post and Hancock, Infantry Post, and Wheaton, Graham, Dickman and

Gorgas Circles. Gratr Landscape is responsible for Patch, Chaffee and Watkins Terrace. The trimming schedule is as follows:

Village	Start Date	Completion Date
Staff Post	May 31	Friday
Artillery Post/Hancock	Monday	June 14
Infantry Post	June 15	June 21
Wheaton Graham	June 15	June 30
Gorgas Circle	June 23	June 27
Patch Chaffee	May 31	June 17
Watkins Terrace	June 20	July 8

Tree trimming will be completed by ground crews as well as crews that trim within the trees. Tree trimming is very dangerous, and the contractors abide by stringent safety guidelines to protect their employees, the residents and the assets around the areas. In order for the contractors to maintain a safe job site, families need to remain in their homes or play in other areas while the work is being completed in their yard.

For more information, call LMH Office at 270-7638.

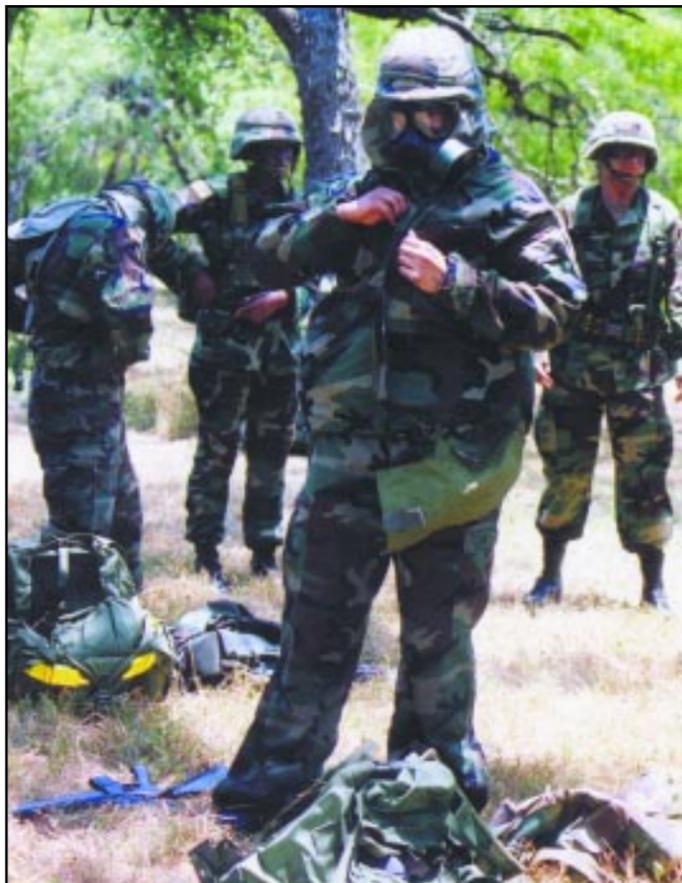
(Source: Residential Military Housing Office)

# 187th Medical Battalion training reinforces combat skills



(Left) Sending a radio request for medical evacuation is a basic battlefield skill required by all Soldiers.

Photos by Esther Garcia



Soldiers from 187th Medical Battalion react to a simulated chemical attack warning and are graded by battalion senior staff members. Attending training in various medical specialties, the Soldiers are required to validate knowledge of battlefield skills during lanes training and testing conducted by the battalion at Salado Creek training area on May 21.

(Right) The 187th Medical Battalion Common Task Testing incorporates realistic combat scenarios involving tactical movements that incorporate enemy engagements, securing patient collection points, triage and treating patients prior to evacuation.



## Community donation



Photo by Shasta Bell

Mike Blair, General Manager of Fiesta Auto Group presents a \$10,750 check to Col. Garry Atkins, Fort Sam Houston Garrison commander for The Soldier, Family Assistance Center during a ceremony on May 28. The donation was part of a month-long sales promotion held at Fiesta Auto Group. For every car sold by the dealership's sales team in March, a \$50 contribution was made to the SFAC to support events and activities for Soldiers and their families treated at Brooke Army Medical Center.

## Army announces new Combat Action Badge design

The Army announced May 27 the design for the Combat Action Badge.

The design was approved by Gen. Peter J. Schoomaker, Army chief of staff.

The CAB, featuring both a bayonet and grenade, may be awarded to any Soldier performing assigned duties in an area where hostile fire pay or imminent danger pay is authorized, who is personally present and actively engaging or being engaged by the enemy, and performing satisfactorily in accordance with the prescribed rules of engagement, according to its authorizing language. Award is not limited by one's branch or military occupational specialty.

"Warfare is still a human endeavor," Schoomaker said. "Our intent is to recognize Soldiers who demonstrate and live the Warrior Ethos."

"The Global War on Terrorism and its associated operations will be the first era of conflict considered for this award," said Lt. Col. Bill Johnson, Human Resources Command chief of military awards. "September 18, 2001, is the effective date for the new award. That is when President Bush signed Senate Joint Resolution 23, authorizing the use of



The new Combat Action Badge will be available in clothing sales stores later this summer.

military force against those responsible for the recent attacks launched against the United States."

The CAB will go into immediate production and should be available late this summer or early fall through unit supply and military clothing sales stores.

For more information, visit U.S. Army Badges, The Institute of Heraldry Homepage, <http://www.tioh.hqda.pentagon.mil/badges/UnitedStatesArmyBadges.htm>.

(Source Army News Release)

## Perfect time

Continued from Page 1

In all, he said, more than 47,000 troops from overseas will be reassigned to units in the United States.

Those Soldiers, he added, will return as "individual replacements and fill out new modular brigades throughout the Army." Still, any move back home by troops overseas will not likely happen before summer 2006.

College said several heavy brigades in Germany slated for Fort Bliss won't get orders to the U.S. until the BRAC Commission make its final recommendation and the plan gets approval from

Congress and the president. That action will not come before late fall or winter, he said.

"I don't see any units moving in large numbers until the summer of 2006, and I suspect those wouldn't be large numbers," College said. "I would expect to see the process accelerated in the years 2007 to 2009."

College also added that no move would take place until the installation or the local community is ready to accept the influx of Soldiers and their families.

He pointed out that Army secretary Francis Harvey and Army Chief of Staff Gen. Peter J. Schoomaker have been

"adamant" that installations and communities are prepared to accept the new units. "That means things like housing, schools, and that panoply of support services that any family, whether you wear a uniform or not, needs to be able to function," College said.

"We will ... ensure quality of life is enhanced, and we're not going to move people until the communities and facilities and the installation are ready for them," he explained.

However, just as important for the Army is that BRAC 2005 will save the service billions over the next two decades, money that will further support

Army transformation.

BRAC 2005 is anticipated to generate a 20-year gross savings of about \$20.4 billion, and a net savings of \$7.6 billion for the Army.

That figure is "three to four times higher" than the savings of the four previous BRAC rounds combined, College said.

In addition, he said, closing overseas facilities will save the Army \$2.5 billion more annually and \$28 billion over 20 years.

Said Prosch, "Our big goal is to win the war, transform the Army, and get resources to accomplish the first two."

# Program returns wounded Guard, Reserve troops home to recover

By Donna Miles  
American Forces Press Service

WASHINGTON, D.C. — When wounded active-component Soldiers get sent home from a deployment for medical care, they're generally treated directly at their home bases.

Not so for their reserve-component counterparts. Typically they return to their mobilization stations and get assigned to a medical hold company. There, sometimes hundreds or even thousands of miles away from their homes and families, they receive follow-on medical care that can stretch out for months.

The Army has come up with a solution that's proving to be the best medicine of all: Community-Based Healthcare Organizations.

These new offices arrange for wounded troops to live at home while getting medical care in their communities through a military facility or civilian TRICARE provider, explained Lt. Col. Linda Womack, commander of the CBHCO here.

"We're getting these Soldiers off the installations and back to their homes with their families," said Womack, whose CBHCO office here is among eight nationwide. "This is the best thing the Army has done in a long time for the Reserve and Guard."

Experience shows that troops recover

faster when their friends and families are around to support them, she added.

"The best care for them is when they can go home and be with their own families and sleep in their own beds," agreed 1st Lt. Kevin Hurtt, the unit's executive officer.

The arrangement takes a lot of the stress off families of wounded Guard and Reserve troops too. Womack said she's heard many stories about spouses quitting their jobs and booking hotel rooms so they could be near their loved ones recovering from injuries far from home.

"The CBHCO program also helps relieve pressure on medical facilities and installations," said Lt. Col. Jeanie Mencer, a nurse practitioner.

Now, while living at home, participants can frequently get treatment from their own family doctor, provided that doctor participates in TRICARE," said Lt. Col. Toni Walters, a case manager who arranges participants' primary and specialty care.

But for participants, signing on for the program means more than being idle between doctor's appointments. Each gets a temporary-duty assignment near home and reports for duty every day, Womack explained.

Womack's office identifies duty sites, within 50 miles of service members' homes, and lays out the groundwork about what Soldiers can and can't do due to their medical profiles.

"Typically, troops do administrative work, answer phones, conduct inventories, even help local recruiters," Womack said.

Col. Nancy Clark, a CBHCO case manager supervisor, said keeping Soldiers on duty "adds to their sense of purpose and usefulness" as they recover, while benefiting the units they serve.

"But they know that their first job is to get better," Mencer said.

Accountability is a big issue. Sgt. 1st Class Demetrius Smith, platoon sergeant at the CBHCO, calls Soldiers at their worksite each day to conduct what Womack calls a "telephone formation."

"We can't see them face to face every day, but we can check in to make sure they're on the job and see how they're doing," she said. It's also a way to identify any problems the Soldier is having during recovery that the CBHCO staff can help with.

Just wrapping up its first year of operation, the CBHCO staff here is managing 275 Soldiers' health care, and Womack said the program is getting "nothing but positive feedback" from participants.

"This program is just great," said Sgt. 1st Class Gary Weston, a Missouri National Guardsman who just signed on with the program.

Weston's deployment to

Baghdad, Iraq, was cut short due to severe back injuries that worsened with constant wear of a flak vest. Back at his mobilization station at Fort Leonard Wood, Mo., he started undergoing physical therapy and traction. Each weekend, he drove two-and-a-half hours to his home to see his family — something he acknowledges wasn't the best medicine for his ailing back.

Now that he's joined the CBHCO program, Weston is able to live at home, get his medical care locally, and continue to contribute in whatever way he can to help his fellow guardsmen still in Iraq.

"With this program, everyone is a winner all the way around," he said.

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# DMRTI celebrates C4's 25th anniversary

The Defense Medical Readiness Training Institute celebrated the Combat Casualty Care Course's 25th year of providing medical readiness training April 27.

The event was hosted by Col. Alan Moloff, DMRTI commander, and emceed by Lt. Brian Haack, C4's operations branch officer.

Guests included Major Gen. Charles B. Green, Wilford Hall Medical Center commander; Brig. Gen. Thomas W. Travis, 311th Human Systems Wing commander at Brooks City Base; and other local military leaders.

"While we are officially here today to commemorate the 25th anniversary of the C4, we really should celebrate the fact that 25 years ago the C4 was the 'third checkpoint' on the journey that would lead to today's military medical system," said retired Col. Barry Wolcott, ceremony's keynote speaker and the original C4 director. "This medical system entails an all-volunteer force whose professionals at all levels and all skill areas are educated and trained — as a matter of course rather than as a matter of exception — to rapidly provide appropriate levels of integrated and joint medical support to deploying and deployed forces in a fashion that enhances



Courtesy photo

Col. Alan Moloff is presented a proclamation from San Antonio city official, Ed Davis, proclaiming April 27 as C4 25th Anniversary Day.

rather than degrades force projection. We should really celebrate that the vision that created C4 is today's accepted reality."

The main ceremony commenced with a convoy ambush scenario featuring an aeromedical evacuation operation by an Army Blackhawk, and concluded with a special presentation to the original C4 staff.

The day's events also included a visitors' tour of C4 training sites, speeches on current C4 and DMRTI operations, a special presentation from the state of Texas and the city of San Antonio, and a picnic reception that included a static display of various medical evacuation vehicles, and a timeline display of C4's history and operations.

(Source: DMRTI Public Affairs Office)

## County heroes



Photo by Melissa Castillo

(From right) Bexar County District Attorney Susan Reed, Bexar County Judge Nelson Wolff, Commissioners Paul Elizondo, Tommy Adkisson, Sergio Rodriguez and Lyle Larson present Kim Smith, mother of Pfc. Robert Franz, a Bexar County Distinguished Citizen certificate. The Commissioners Court members presented certificates to the families who are county residents of 23 members of the Armed Services killed in support of Operations Iraqi Freedom and Enduring Freedom. The court presented the certificates "in remembrance of honorable duty, sacrifice and service to our nation in defending our freedom on behalf of Bexar County citizens." During the presentations, family members shared their stories and Kim Smith read the poem "In a Mother's Eyes." Presented for the first time this year, the court will present certificates to families each year prior to Memorial Day.



## Spotlight your unit

The Public Information Office welcomes articles, photos or story idea submissions for the Fort Sam Houston News Leader.

To submit a story or idea or for more information, call 221-0615, e-mail [news.leader@samhouston.army.mil](mailto:news.leader@samhouston.army.mil) or stop by the office in Building 124 (second floor).

# Planning can save heartache for military retirees, their families

**DENVER, CO.** — Life can find ways to catch us unprepared. Falling in love, unanticipated fortune or finding the perfect secret fishing hole. Sometimes, it's the pleasant surprises that add the spice to make life interesting and worthwhile.

But it's the surprises that bring the anxious moments and unforeseen heartache, especially to those close to us, that are best avoided.

For some, the idea of death is an unpleasant thought — one best avoided. Unfortunately, death itself cannot be avoided, and the failure to plan can cause additional stress for spouses and families when they are least able to cope with it.

"Families can get overwhelmed when tragedy strikes," said Navy Capt. Karl Bernhardt, director of Retired and Annuitant Pay for the Defense Finance and Accounting Service. "Many of the retirees we support have wives, husbands and families who are left with unfinished business when the retiree passes away. Unfortunately, many have no idea that action is required to notify DFAS of the death in order to avoid overpayments of retired pay."

In addition to maintaining the pay accounts of active and reserve military members, DFAS administers the Military Retirement Fund and pays approximately two million retirees each month.

"We make every effort to strike a balance," Bernhardt

said. "On one hand, we need to make sure each retiree is paid the right amount on time. On the other, we have a responsibility to safeguard the fund on behalf of the American taxpayers. When a retiree dies, his or her entitlement to retired pay ends, and any payments made after that must be recovered."

DFAS is required to recover all overpayments. In many cases, this means simply transferring funds from the retiree's bank account back to DFAS. However, if the funds have been spent or distributed, debt collection efforts can be initiated to reclaim the money. This can be especially difficult for elderly spouses.

When a military retiree dies, a number of federal, state and local agencies have procedures for notifying DFAS. These include the Social Security Administration, Veteran's Administration, military service casualty assistance offices, and state and local veteran affairs offices. Overpayments occur when spouses and families fail to contact these agencies, or DFAS itself, and notify them that the deceased was a military retiree.

"It falls to the spouse, children or close friends to take care of many things, including the termination of retired pay," Bernhardt said. "In many cases, the survivors don't know the requirements or procedures. Months later, they are burdened with collection efforts. It's a situation that

can be lessened or eliminated with a bit of planning."

The casualty assistance offices of the Army, Navy, Air Force and Marine Corps encourage retirees to develop a checklist for their spouse and families to help them navigate the difficult transition when the retiree dies. Most military base casualty assistance or retired affairs offices can help in completing this list, or lists can be downloaded from the Internet from service and veteran organization Web sites.

According to Bernhardt, a few hours spent gathering the information for the list will save months of aggravation and grief later on. "The checklist can be kept with a retiree's will and other legal documents. When the time comes and those documents are needed, the checklist is ready to guide the survivors through the legal and governmental processes. I would recommend putting the notification of DFAS near the top of the list."

DFAS Retired and Annuitant Pay Services maintains a customer contact center staffed with experts in all aspects of retired pay. The center can be contacted at (800) 321-1080. Callers who select the menu option for death notifications receive a higher priority and are routed to staff members who can assist them in terminating retired pay and initiating the process for survivor's benefits.

(Source: Defense Finance and Accounting Service)

## Akeroyd Blood Center urges donors to give '5 in '05'

The Akeroyd Blood Center challenges eligible blood donors to give five donations during 2005 during its "5 in '05" campaign.

Participating donors will receive a "5 in '05" card and be recognized at a special ceremony at the end of the year.

For more information on the "5 in '05" program, call the Akeroyd Blood Center at 295-4655 or 295-4989 or stop by the center at 1240 Harney Road between 7:30 a.m. and 3 p.m. weekdays. (Source: Akeroyd Blood Center)



## Need an ID Card?

The ID Card Office, located in Building 367, accepts appointments from 1 to 3:30 p.m., Monday through Friday. Normal walk-ins are still between the hours of 7:30 to 11 a.m., daily. To schedule an appointment, call 221-2278 or 221-0415. You can also obtain an ID Card at the Brooke Army Medical Center ID Card Office, located in the lower floor within the TRICARE Office. To schedule an appointment, call 916-0838.





Photo by Esther Garcia

Maj. Gen. George W. Weightman, commander, Army Medical Department Center and School and Fort Sam Houston, greets Brig. Gen. Charles Rodriguez, incoming commander for the Texas National Guard and Erica Gonzaba, 2005 Miss Fiesta San Antonio, during the military banquet held at the Sam Houston Club on May 25, hosted by the League of United Latin American Citizens, Council No. 4619.

## LULAC honors Armed Forces

By Phil Reidinger  
Fort Sam Houston Public Affairs Office

The local San Antonio chapter of the League of United Latin American Citizens celebrated the 76th anniversary of the organization by honoring service men and women who have served in Iraq and Afghanistan during a banquet at the Sam Houston Club on May 25.

The chapter members invited the San Antonio area service members to thank them as representatives of the Armed Forces for volunteering to protect the nation.

Archbishop Patrick Flores gave the invocation and former U.S. Representative Ciro Rodriguez served as the master of ceremonies. The welcome address by Fort Sam Houston commander, Maj. Gen. George W. Weightman, highlighted the contributions of Hispanic men and women serving in the military. Weightman noted that the patriotism and valor of Hispanics are represented in the number of Hispanics who have been awarded the Congressional Medal of Honor.

Brig. Gen. Charles G. Rodriguez, nominated to become the new Texas Adjutant General, was the keynote speaker. Rodriguez noted his own fami-

ly's dedication to military service reflecting that his father was awarded the CMH while serving as a colonel in the Army. He said that men and women serving today come into the military from all walks of life and all ethnic backgrounds. They are patriots he said because of their courage, commitment and sacrifice.

Rodriguez said that Texas National Guard units deployed to Iraq and Afghanistan typically spend 16 months away from their jobs and their families, including 12 months in Iraq and Afghanistan following mobilization training. "The 56th Infantry Brigade is in Iraq and in December, we will deploy more than 1,700 Soldiers to Iraq and Afghanistan," he said. "The Texas Air Guard F-16 and C-130 crews also serve on 120-day rotations to Iraq and Afghanistan."

Rodriguez emphasized that every service member has a different story and motivation for serving. "It could be the example of one or more relatives or family influence based on a foundation of love of family and parental guidance that reinforces persistence, love of learning and integrity or doing the right thing," he said. "And, many Latinos and Latinas have taken lessons learned in the military to civilian life."

Rodriguez concluded by emphasizing that service in the Armed Forces is an equal opportunity challenge that involves hardship and sacrifices by Soldiers and their families.

### **Ethics Training**

Ethics training for U.S. Army Medical Department Center and School and Fort Sam Houston Garrison units are June 21 at 9 a.m. in Blesse Auditorium, Building 2841 and July 7 at 9 a.m. in Evans Theater, Building 1396. The training takes about one hour.

The Secretary of the Army requires every Soldier and civil service employee to attend ethics training annually. The staff judge advocate and officials from the AMEDDC&S and post will present the training and maintain sign-in rosters for commanders and supervisors to verify attendance of their employees. People can access the sign-in rosters by opening the Adobe Acrobat Reader and the SJA ethics roster folder on the G drive. For more information, call Gerald Krimbill, Shelby Tanner or Capt. Brian Underdahl at 221-2373 or 221-0485.

# TROOP SALUTE



## 232nd Medical Battalion



### Soldier of the Week

**Name:** Spc. Jason Mills  
**Unit:** E Company, 232nd Medical Battalion  
**MOS:** 91W, health care specialist  
**Hometown:** Austin, Texas  
**Time in service:** Five months  
**Future goals:** Become an officer  
**Why did you volunteer for service?** To obtain discipline, direction, and to be able to say that I answered when my country called  
**Latest Accomplishment:** Improved physical training score by 30 points



### Junior Leader of the Week

**Name:** Pvt. Mario Baker  
**Unit:** E Company, 232nd Medical Battalion  
**MOS:** 91W, health care specialist  
**Hometown:** York, Pa.  
**Time in service:** Six months  
**Future goals:** Go back to school and finish Bachelor's degree  
**Why did you volunteer for service?** I wanted a job that I could be proud of doing.  
**Latest Accomplishment:** Being named Junior Leader of the Week

## 187th Medical Battalion



### Officer of the Week

**Name:** 1st Lt. Daniel Greene  
**Unit:** A Company, 187th Medical Battalion  
**AOC:** 72D (65D in training)  
**Hometown:** Logan, Utah  
**Time in service:** Three years  
**Future goals:** Become a physician's assistant  
**Reason for enlisting:** Exciting and unique opportunities for service in the Army  
**Latest accomplishment:** Camped on Mount Rainier in the middle of winter

## Tiger of the Month



Courtesy photo

Pvt. Holly Garred won the honor of Tiger of the Month for May in C Company, 187th Medical Battalion. Garred is an Advanced Individual Training student for the 91D, operating room specialist. She joined the Army because she wanted to help injured Soldiers in Iraq and was interested in medicine. Originally from Vale, Ore, Garred's future goals in the military are to go to the physician's assistant program and become an officer. Learning about all the different types of surgeries and instruments is what she enjoys the most about the 91D course.

## Smoke-free and courageous forever

Attend smoking cessation classes in the Health Promotion Center and learn how to find the courage to give up the nicotine habit forever, whether you smoke, dip or chew. Become one of our graduates and earn your "wings."

Health Promotion Center  
 Room L31-9v, Brooke Army Medical Center  
 916-3352 or 916-5538



## West point warrior



Photo by Mike Dulevitz

The U.S. Army Military Academy Glee Club performs "The Corps" May 25 for a wounded warrior, 1st Lt. Paul Bubliss, who is recovering at Brooke Army Medical Center's Burn Center. Bubliss, a 2003 graduate from West Point, was injured April 24 by an improvised explosive device while deployed with Fort Lewis' 25th Infantry Division to Operation Iraqi Freedom.

## Kerrville remembers



Photo by Lauren Hall

"We remember each one who gave up their tomorrows so we can have our today," said Brig. Gen. Joe Prasek, Fifth U.S. Army deputy commander, during the "Heroes All" Memorial Day event held in Kerrville, Texas on May 26.

# SPORTS

## Intramural Spring Softball Standings

As of May 28

Team	W	L
Academy Battalion	11	0
5th Army	10	3
BAMC	9	3
Fire Department	7	4
War Pigs (Co A, STB)	6	4
USARSO	6	5
NMCRC	3	9
Mil Honors	2	9
Tigers (NMCRC)	1	10
USARSO Dawgs	1	12
MEPS	2	8 (Dropped)

## Intramural Golf Standings

As of May 28

Team	Total Points
Garrison #1	275
Garrison #2	269
USARSO Dawgpound	264
GPRMC	263
DENTAC	258
BAMC #1	254.5
SWRO Duffers	236.5
Academy Bn. #1	228.5
USAISR	227
MEDCOM #1	225.5
MISFITS	219
MEDCOM #2	213
BAMC Troop Command	207
Bunker Busters	199.5
5th Recruiting Bde.	195.5
Academy Bn. #2	123
DENCOM Extractors	116
SWRO Scramblers	115.5
Enforcers	24
SWRO Woodhackers	0

## Play ball



Photos by Shasta Bell

(Above) The Fort Sam Houston Color Guard presents the colors as Sgt. 1st Class Bernadette Henderson sings the national anthem at the Fort Sam Houston Military Appreciation Missions game May 25.



(Left) Sgt. Morris Harris, who received a Purple Heart Medal in 2004 and is recovering at Brooke Army Medical Center, throws the first pitch at the Fort Sam Houston Military Appreciation Missions game May 25. The event is sponsored by General Mills, San Antonio Missions and Fort Sam Houston Morale, Welfare and Recreation.

## SPORTS BRIEFS . . .

### 'For the Soldier' Golf Tournament

The Alamo Chapter of the Association of the United States Army will sponsor its eighth annual "For the Soldier" Golf Tournament June 27 at the Fort Sam Houston Golf Course. Cost is \$75 for non-club members and \$55 for members. Soft spikes are required. All proceeds will be used to benefit Soldiers and their families. For more information, call (830) 228-5482 or e-mail [director@alamochapterausa.org](mailto:director@alamochapterausa.org) or go to [www.alamochapterausa.org](http://www.alamochapterausa.org).

## Health Promotions June Classes

Class	Date	Time
Weigh for Health	Friday	12 to 1:30 p.m.
Breastfeeding Support Group	Friday	1 to 2:30 p.m.
Adult Asthma	Friday	2 to 3:30 p.m.
Diabetes Education	Monday	12:45 to 4:30 p.m.
Winning Combinations	Monday	1 to 2:30 p.m.
Colonoscopy	Tuesday	10:30 to 11:30 a.m.
Diabetes Education	Tuesday	12:45 to 4:30 p.m.
Breast and GYN Cancer Support Group	Wednesday	9:30 to 11 a.m.
Fibromyalgia Treatment Group	Wednesday	1 to 3:30 p.m.
Weigh to Stay	Wednesday	3 to 4 p.m.
Breastfeeding Support Group	10	1 to 2:30 p.m.
Pediatric Asthma	10	2 to 3:30 p.m.
Diabetes Education	13	12:45 to 4:30 p.m.
Diabetes Foot Care	13	1 to 2:30 p.m.

To sign up for classes or for more information, call Health Promotions at 916-3352.

## Army Community Service

### Family Advocacy Program June Class Schedule

Class Title	Dates	Class Time
Anger Management Awareness	13	11 a.m. to 12:30 p.m.
Basics of Breastfeeding	15	10 to 11:30 a.m.
Boys Only!		
Ages 6 to 8	Wednesday	9 to 10 a.m.
Ages 9 to 10	22	9 to 10 a.m.
Building Effective Anger Management Skills Series (5 and 6)	today and 9	11 a.m. to 12:30 p.m.
New Series	23 and 30	11 a.m. to 12:30 p.m.
Child Safety	13	1 to 2:30 p.m.
Coping with Difficult People	20	1 to 2:30 p.m.
Getting Ready for Childbirth 1 and 2	23 and 30	9 a.m. to 12 p.m.
Girl Talk!		
Ages 6 to 8	29	9 to 10 a.m.
Ages 9 to 10	15	9 to 10 a.m.
Healthy Pregnancy	20	9 a.m. to 12 p.m.
Helping Us Grow Securely (H.U.G.S.) Playgroup	Tuesday, 14, 21 and 28	9 to 11 a.m.
S.T.E.P. Program for Parents of School Age Children	10, 17 and 24	1 to 3:30 p.m.
S.T.E.P. Program for Parents of Teens	Tuesday and 14	11 a.m. to 12:30 p.m.
Stress Management I and II	Tuesday and 14	1 to 2:30 p.m.
Truth or Consequences?	Tuesday, 14 and 21	4:30 to 5:30 p.m.
You and Your Baby	Wednesday and 22	8 a.m. to 12 p.m.

Class space is limited. To register or for more information, call Army Community Service Family Advocacy Program at 221-0349 or 221-2418.

# Protect your skin from dangerous sun rays

By Maj. Mark Hall  
Irwin Army Community Hospital, Fort Riley, Kan.

Over exposure to the sun's invisible rays – ultraviolet A and ultraviolet B – can cause skin damage. The damage can be immediate as well as long term, with effects ranging from sunburn, rashes and cell or tissue damage to premature wrinkling and skin cancer.

Many skin changes that often are identified with aging actually result from skin damage by too much sun.

Experts estimate that a significant percentage of our exposure to sun occurs by age 18. That's why it's especially important to apply sunscreens with a minimum SPF of 15 (preferably SPF 30) about 30 minutes before children go outdoors. Infants 1-year-old and younger should be kept out of direct sunlight.

The two most common kinds of skin cancer are Basal Cell Carcinoma and Squamous Cell Carcinoma.

BCC accounts for 80 to 90 percent of all skin cancers in the United States. It is a slow growing cancer that seldom spreads to other parts of the body.

SCC also rarely spreads, but it does so more often than BCC. A less common skin cancer, Malignant Melanoma, appears and spreads rapidly to other parts of the body.

The most common warning sign of skin can-

cer is a change on the skin, especially a new growth or sore that doesn't heal. Skin cancer has many different appearances. For example, it may start as a small, smooth, shiny, pale or waxy lump. Sometimes the lump bleeds or develops a crust. Skin cancer can also appear as a flat, red spot that is rough, dry or scaly.

BCC and SCC are found mainly on areas of the skin that are exposed to the sun — the head, face, neck, hands and arms. However, skin cancer can occur anywhere.

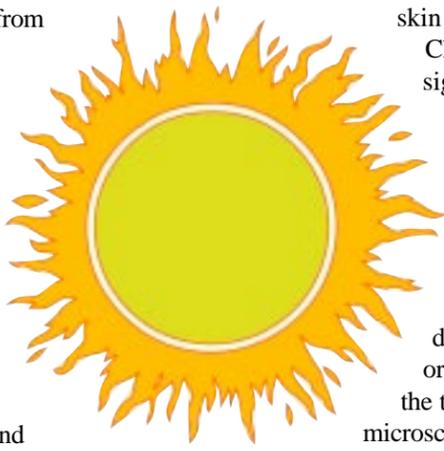
Changes in the skin are not sure signs of cancer. It is important to see a doctor if any symptom lasts longer than four to six weeks.

BCC, SCC and MM are generally diagnosed in the same way. When the skin does not look normal to the doctor, he will take a biopsy (all or part of the growth) and have the tissue examined under the microscope by a pathologist or a dermatologist.

The doctor considers a number of factors to determine the best treatment of skin cancer, such as the location of the cancer, its size and whether or not the cancer has spread beyond the skin. The doctor's main objective is to destroy the cancer completely while causing as little scarring as possible.

Most skin cancers can be removed quickly and easily by surgery.

For more information about skin damage or skin cancer, log on to <http://www.aad.org> or <http://www.acs.org>.



## Use your head . . .

Children on post are required to wear safety helmets when riding a bike, skateboard or scooter.



## Farewell note



Courtesy photo

Chief Warrant Officer Five John Fraser, bandmaster, 323rd Army Band, addresses his friends and coworkers during a farewell ceremony. Fraser will assume a new position as the 10th Mountain Division Band commander at Fort Drum, N.Y. He has served as the Army Medical Command Band commander at Fort Sam Houston since June 5, 2001.

## CAREER CLIPS

**Case Manager, San Antonio:** A minimum of five years in clinical practice for population to be served is required; utilization management and discharge planning experience preferred; licensed as a registered nurse in the State of Texas is required.

**Alzheimers Program Coordinator, San Antonio:** Will be in charge of planning and coordinating programs and activities that provide life-enriching activities for the Arbors residents; provide training and coaching to associates in all aspects of the Memory Enhancement and Life Enrichment Program.

**Vice President of Patient Care Services, San Antonio:** Five years in a nursing leadership position at assistant level or higher in a hospital of equivalent size; knowledge of current delivery of care systems and concepts.

*The Army Career and Alumni Program office provides numerous services to eligible people in transition including job assistance. Information on these and other positions is available to ACAP customers in the ACAP Office, Building 2264, or call 221-1213.*

**Nearly 75%**  
of all cycling  
deaths are  
due to head  
injuries.



# RELIGIOUS HAPPENINGS . . .

## **Wives of warriors**

Deployed spouses support group in affiliation with Protestant Women of the Chapel meet every second and fourth Wednesday of the month at the Dodd Field Chapel at noon for worship, fellowship and support. For more information, call Wendy at 559-3497 or e-mail whfeagler@yahoo.com.

## **PWOC Bible study**

The Protestant Women of the Chapel offers a summer Bible study every Wednesday in June from 9:30 to 11:30 a.m. at Dodd Field Chapel. The summer session will study the book "Becoming a Contagious Christian" by Mark Mittelberg, Lee Strobel and Bill Hybel. Free child care will be provided. For more information, call Jenifer Sones, PWOC publicity, at 271-3174.

## **OCF Bible study**

The Officers' Christian Fellowship will study Colossians. The group will meet for dinner at 6 p.m. followed by Bible study at 7 p.m. June 10 and 17; July 1, 8, 15 and 29; and Aug. 19 and 26 at 6 p.m. at 1008 Gorgas Circle (near old Brooke Army Medical Center). For more information, call Lt. Col. Bob Griffith at 226-1295 or e-mail rgriffith3@satx.rr.com.

# INTERFAITH CALENDAR . . .

**Friday** - Sacred Heart of Jesus - Roman Catholic Christian occasion to pay homage to Christ's all encompassing love for humanity. Solemn worship is observed.

**Saturday** - Immaculate Heart of Mary - Catholic Christian honoring of Mary, mother of Jesus.

**June 9** - Ascension - Orthodox Christian recognition of the departure of Jesus from Earth after the resurrection, perhaps the earliest observed celebration in Christianity. It is observed with worship, to include prayers and music.

**June 13 to 14** - Shavuot \* - Jewish celebration of Moses' descent from Mount Sinai with the 10 Commandments. Plants and flowers are used in decorations.

**June 16** - Martyrdom of Guru Arjan Dev Sahib - Sikh time of remembering those who have suffered for the faith. Observed by reading the Guru Granth Sahib.

**June 16** - Ganga Dussehra \*\* - Hindu honoring of the sacred river Ganga, which flows from the Himalayas to the Bay of Bengal.

\* Usually begins at  
sundown the day  
before this date.

\*\* Local customs  
may vary on this date.

# POST WORSHIP SCHEDULE

**Main Post Chapel**, Building 2200,  
221-2754

## **Catholic Services:**

4:45 to 5:15 p.m. - Confessions -  
Saturdays

5:30 p.m. - Mass - Saturdays

9:30 a.m. - Mass - Sundays

11 a.m. - Mass - Weekdays

**Protestant Services** - Sundays:

8 a.m. - Traditional Protestant

11 a.m. - Traditional Protestant

**Jewish Services:** phone numbers:

379-8666 or 493-6660

Fridays: 8 p.m. - Worship and 8:30

p.m. - Oneg Shabbat

**Dodd Field Chapel**, Building 1721,  
221-5010 or 221-5432

**Catholic Services** - Sundays:

12:30 p.m. - Bilingual Mass

**Protestant Services:**

10:30 a.m. - Collective Gospel

Protestant - Sundays

9:30 to 11:30 a.m. - Women's Bible

Study (PWOC) - Wednesdays, child  
care is provided.

**AMEDD Regimental Chapel**,  
Building 1398, 221-4362

**Troop Catholic Mass:** Sundays:

10 a.m. - 32nd Med. Bde. Soldiers

**Troop Protestant Gospel Services:**

Sundays: 11 a.m. - 32nd Med. Bde.

Soldiers

**Troop Protestant Service:**

Sundays: 9 a.m. - 32nd Med. Bde.

Soldiers

**Samoan Protestant Service:**

Sundays: 12:30 p.m.

**FSH Mosque**, Building 607A, 221-  
5005 or 221-5007

1:30 p.m. - Jumma - Fridays

10:30 a.m. - Children's Religious

Education - Sundays

7:30 p.m. - Adult Religious

Education - Thursdays

**Brooke Army Medical Center  
Chapel**, Building 3600, 916-1105

**Catholic Services:**

8:30 a.m. - Mass - Sundays

11 a.m. - Mass - Sundays

11 a.m. - Mass - Weekdays

**Protestant Services:**

10 a.m. - Worship Service - Sundays

Noon - Worship - Wednesdays

**Evans Auditorium**, 221-5005 or 221-  
5007

**Mormon Services:** 9:30 to 11:30

a.m. - Sundays

**Web site:**

[www.samhouston.army.mil/chaplain](http://www.samhouston.army.mil/chaplain)

# Post Memorial Day ceremony



(Right) Keynote speaker Maj. Dawn Garcia, assigned as the Department of Nursing agency coordinator and nurse recruiter at Brooke Army Medical Center, speaks of her experiences while deployed to Iraq at a Memorial Day Ceremony at Fort Sam Houston National Cemetery.

*Continued from Page 1*

As of today, there have been 14 Soldiers who have made the ultimate sacrifice in Iraq and Afghanistan and are buried at Fort Sam Houston National Cemetery.

Among the ceremony's attendees were Bill Page, a former pilot who flew in World War II, Korea and Vietnam and Garceau, another pilot who flew an F-16 over Baghdad on Christmas Day of last year.

"This is a good example of passing the baton from the generation to our new generation," said Haley. "If you have to go to the gravesite of our Soldiers who have been killed, stand at the foot of their grave and salute them."

There are more than 100,000 gravesites at Fort Sam Houston National Cemetery. Although a challenging task, boy scouts, scouts, the students from Cole High School, and members of the Red Hat Society placed American flags on each gravesite. At the time of the year flags are placed on each grave.

"But one lesson that will stay with us forever is that the flag symbolizes the same thing; whether it waves softly in the autumn sky over a football game, or lies silently on the surface of an American Soldier's uniform, or is draped across the coffin of a Soldier who gave his 'all,'" added Garcia. "It symbolizes sacrifice, hope, and in the end, it symbolizes home."



(Above) More than 40 area military, veteran and civic organizations parade around the "Circle of Flags" in a colorful and solemn wreath laying ceremony honoring fallen veterans as part of Memorial Day ceremony.



Capt. Randall T. Campbell watches his two sons Brenden and Dustin while Dustin, Den 3, Boy Scouts Pack 172, hammers a flag into the ground at Fort Sam Houston National Cemetery.



Photo by Esther Garcia  
Felipe O'Brien, squad leader for the Memorial Service Detachment honors detail, directs three rifle volleys at the Memorial Day Ceremony in remembrance of all veterans who have served the Nation.



Members of the Younger Generation Chorus provided music for thousands gathered at Fort Sam Houston National Cemetery. The Chorus of Plano is a non-profit, premiere children's chorus through 13 representing Collin County, Texas.

# mony honors fallen heroes



Retired Lt. Col. Sue Brannon plays traditional bagpipes and leads a procession to the "Circle of Flags" at Fort Sam Houston National Cemetery during the traditional wreath laying. **Photos by Bart Keyes**



Photo by Olivia Mendoza, holding the flag in place, in place at the Fort Sam



Lt. Gen. Robert T. Clark, Fifth U.S. Army commander, salutes as the Joint Service Color Guard presents the colors to begin the annual Memorial Day ceremony.



Robert Shrylock (left) and Jack Prendable share a few "Sea Stories" prior to the Memorial Day ceremony. Shrylock is a retired Navy chief petty officer and a Pearl Harbor survivor. Prendable is a retired Navy first class petty officer. Both "Old Salts" are active members of the San Antonio Fleet Reserve Association.



sical entertainment for the y. The Younger Generation with members from age 9



Emma Ortega, Master Sgt. Michael Aaron Beard and Capt. Rachel Wienke, members of the Native American community, interact with visitors prior to their presentation of the warriors memorial tribute at the Fort Sam Houston National Cemetery.

# MWR

## Recreation and fitness

### Free comedy show tickets

Free admission tickets for those 21 years and older are now available for the Latino Comedy Show featuring Jesse Pangelini, James Ponce and Tommy Munoz. The show starts at 8 p.m. on June 10 at Sunset Station. Doors open at 7 p.m. Pick up tickets from the following MWR facilities: the Bowling Center, Library and Jimmy Brought Fitness Center. For more information, call 221-2307 or 221-2926.

### Aerobics classes

The Jimmy Brought Fitness Center offers a variety of aerobics classes Monday through Friday. Visit the fitness center for a schedule including yoga, water aerobics, step and cycling classes.

### MWR car wash

Stop by the Fort Sam Houston Morale Welfare and Recreation Auto Craft Shop in Building 2410, on the corner of Funston and Schofield, to use one of the two car wash bays. The center also features an automobile vacuum cleaner. The hours of operation are Wednesday through Friday from 1 to 9 p.m., and Saturday and Sunday from 9 a.m. to 5 p.m. For more information, call 221-3962.

### AC service at the Auto Craft Shop

Get ready for summer with air conditioning service at the Auto Craft Shop. All AC services are \$30 plus the cost of Freon and a \$2 environmental fee. Visit the MWR Web site at [www.portsamhoustonmwr.com](http://www.portsamhoustonmwr.com) for a \$5 off coupon. For more information, call 221-3962.

### Archery lessons

The Outdoor Equipment Center offers individual and group archery lessons. Instruction is given at the level of experience. Children are welcome, but must be accompanied by an adult if under the age of 18. Participants should wear full-covered shoes and not wear oversized shirts or pants. For more information, call the Archery Shop at 221-5225.

### Youth horsemanship camp

Students ages 7 through 18 can learn proper riding forms as well as a variety of horse care techniques during any of the eight five-day sessions available through August. The cost is \$175. For registration information, call 224-7207.

### Aquatic Center

The Aquatic Center is now open. The 50-meter Olympic size swimming pool is open daily from noon to 8 p.m. The center has three amusement park-style water slides, a kiddie pool and locker rooms with showers. For more information, call the Jimmy Brought Fitness Center at 295-8861.

### Swimming lessons

Swimming lessons are available at the Aquatic Center Monday to June 17, June 20 to July 1, July 11 to 22 and July 25 to Aug. 5. For more information, call the Jimmy Brought Fitness Center at 295-8861 or visit [www.portsamhoustonmwr.com](http://www.portsamhoustonmwr.com) under the recreation link.

### Catfish pond at Camp Bullis

The catfish pond is open Saturdays and Sundays from noon to 6 p.m. The pond is pay-as-you-go. Catfish are \$1.75 per pound, live weight. Catch and release is not authorized. A fishing license is not required, and there is no daily fee. For more information, call 295-7577.

## Dining and Entertainment

### Sam Houston Club, 224-2721

#### Bingo

Big bucks bingo is scheduled for Saturday. A \$10,000 payout is guaranteed.

#### Lunch buffet

The Sam Houston Club features an "All You Can Eat" lunch buffet which includes beverage, deluxe salad bar, soup and dessert Monday through Friday from 11 a.m. to 1 p.m.

### Bowling Center, 221-3683

#### Rock n' Bowl

Rock n' Bowl is June 11 from 7 to 9 p.m. The cost is \$10 per person which includes shoes, hotdog and a soda. This summer's kick-off event features black light bowling and live music by San Antonio's hottest DJ.

#### San Antonio military double tournament

This tournament is scheduled for July 23 and 24. Registration is \$30 per doubles team and open to all Department of Defense ID cardholders. A \$400 first prize will be awarded.

#### Unit bowling

Special unit rates are available.

#### Family Bowling Day

Every Sunday, adults and children 12 and up pay

\$1.75 per game (children under 12 bowl free). Shoe rental is \$1.

#### Soldier appreciation

Soldier appreciation day is Saturdays from noon to 6:45 p.m. The center offers free shoe rental and medium soda with purchase of game.

#### Cyber Bowl

Cyber Bowl is Saturdays from 7 to 9 p.m. The cost is \$10 per person 12 and up and \$5 per person under 12.

### Golf Club, 221-4388

#### "Putt for Dough" contest at the Golf Course

Win a \$10,000 prize in the "Putt for Dough" contest at the Fort Sam Houston Golf Course June 15 at 5 p.m. on the putting green. To win, players must make a 10-foot, 25-foot and 50-foot putt. To sign up, visit the Pro Shop by 9:45 a.m. on June 10. Fifty players will be selected to participate. Drawing will be held in the Pro Shop on June 10 at 10 a.m. No purchase is necessary. For more information, call 221-4388.

#### Summer Junior Camp at Golf Club

Instruction on putting, chipping, etiquette, safety, irons, driver, fairway and woods is available at the Golf Club. The cost is \$110 and includes a new set of clubs.

#### Golf lessons

Private customized and personalized instruction are offered at the golf course.

#### Pro Shop sale

A Father's Day sale will feature 10 percent off all iron sets, bags, wood, wedges, and Dexter and Etonic shoes. A Wilson Jack pack, which includes two DZ balls and hat, is \$20.

### Around the Corner frame shop

Visit the post frame shop located at the lower level of the former Officers' Club, 407 Dickman Road, for engraving, plaques, medals and trophies as well as combat medic statues, military coin racks and flag cases.

### Harlequin Dinner Theatre

The theater presents "Crimes of the Heart" featuring Beth Henley Wednesday through Saturday evenings through July 2. Discounts are available for military and students. For show times and tickets, call the box office at 222-9694.

### MWR Ticket Office

The ticket office has discount tickets available for various events. Through August, ticket office hours are Tuesdays through Fridays 10 a.m. to 5 p.m., Saturdays 10 a.m. to 2 p.m., and closed Sundays and Mondays. For more information, call 226-1663 or visit [www.portsamhoustonmwr.com](http://www.portsamhoustonmwr.com).

# 2005 Festival of the Performing Arts starts tonight

By Ben Paniagua  
Hacienda Recreation Center

Fort Sam Houston's entries in the 2005 U.S. Army Festival of the Performing Arts competition begins tonight and continues through Saturday. The following programs will compete with other Army installations in the continental United States:

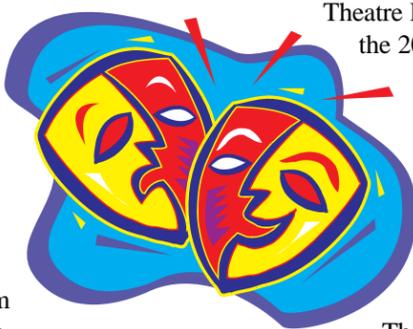
## BOSS presents Soldier Supermodel Search

Eleven male and female Soldiers will compete for the title of Fort Sam Houston Supermodel 2005 tonight at 7 p.m. at the Hacienda Recreation Center. The Soldiers will compete in casual and formal attire. Soldier entertainment will include vocalists, musicians and dancers, who will perform in between modeling segments. The

program will compete in the Better Opportunities for Single Soldiers Variety Show category and is presented by the Fort Sam Houston BOSS Program. All monies won in this competition will go into the Fort Sam Houston BOSS Program Fund and will be used to improve the quality of life of single Soldiers living on the installation. The show is free and open to the military community.

## Harlequin Dinner Theatre presents 'Crimes of the Heart'

"Crimes of the Heart," a comedy/drama, is Fort Sam Houston's entry in the



Theatre Production category of the 2005 U.S. AFPA competition. The production will be judged on Friday by a panel of judges from Community Family Support Center. Presented by the Harlequin Dinner Theatre on post, the play, by Beth Henley tells the story of three Southern sisters who reunite to reminisce about their childhood. Admission is \$19.95 per person on Wednesdays and Thursdays and \$22.95 per person on Fridays and Saturdays. Price includes a full meal and the play. Cocktails start at 6 p.m., salad bar opens at 6:15 p.m., dinner is served at 6:30 p.m. and the play begins

promptly at 8 p.m. Reservations are requested.

## The Rainbow Kids

A talent variety show presented by The Rainbow Kids of Fort Sam Houston will be Fort Sam Houston's entry in the Children's Variety Show category of the 2005 U.S. AFPA competition. The show will be presented at the Hacienda Recreation Center on Saturday at 7 p.m. The performers consist mostly of dependent children of military personnel and features Broadway tunes, pop songs and dances. The program is presented in partnership with the Fort Sam Houston BOSS Program. The show is free and open to the military community.

For more information on any of these events, call Ben Paniagua at 224-7250.

## Post Pulse: What does Memorial Day mean to you?



"To pay respect to veterans who have fought for our country's freedom."  
Yolanda Dugie,  
Cadet



"Recognizing the fallen Soldiers of World War I and World War II and to thank them."  
Kevin Cardenas,  
Tenderfoot



"To place American flags at the grave of Soldiers who fought during wars."  
Amy Villaret,  
Brownie



"Basically to honor our fallen troops who served our country."  
Shawn Easton,  
Life Scout

## CHILD AND YOUTH SERVICES



### Youth Happenings

#### Summer camp registration

The middle school and teen summer camp registration is ongoing for sixth through 10th grades at the Youth Center Monday through Friday from 10 a.m. to 8 p.m. There will be a variety of camps offered this year to include sports camp, culinary arts and computer camp. Camp will run from 6 a.m. to 5 p.m. followed by open recreation at the YC. The cost will range from \$65 to \$80 per week. Camp price includes breakfast, lunch, snack and activities during the week. Some camps have limited spaces. For more information, call Youth Services at 221-3502.

#### YS shuttle unavailable

Youth Services no longer has a shuttle to pick up or take children home. Parents of school age children will need to bring them to the Youth Center and sign them in and will need to pick them up and sign them out before 8 p.m. every Saturday. YS will continue to pick up youth from school Monday through Friday.

#### Youth Services volunteers

YS is always looking for volunteers to

assist with youth programs such as golf, roller hockey and tennis. They also need sports coaches, computer skilled people, craft experts and clerical experts. For more information, call the Youth Center at 221-3502.

#### Cooking classes

Cooking classes are held every Friday afternoon from 4 to 5 p.m. This Friday, youth will make mud pudding.

#### Free after school program

Youth Services offers a free after school program for sixth to ninth graders Monday through Friday until 6 p.m. YS will pick up children from the school (either the elementary or the high school). At the Youth Center, they have a snack, work on homework, participate in clubs and do fun, innovative projects at the 4-H club, photography club and the computer tech club. Youth must be registered with Child and Youth Services for an \$18 annual fee, but there is no cost for the program. For more information, call 221-3502.

#### Youth sports registration

There are still openings for the base-

ball, softball and T-ball season. Youth Services will be open from 10 a.m. to 7 p.m. for those interested in playing this season. The cost will be \$45 for the first child, \$40 for the second and \$35 for the third child of the same family. Children must be registered with Child and Youth Services and bring a birth certificate and proof of a physical. The cost for 3- and 4-year-olds first step T-ball is \$30 per child. For more information, call 221-3502 or 221-5513.

#### Youth cheer clinic

Youth Services will hold a weekly cheer clinic at the Youth Center. There will be two different age groups: 5- to 8-year-olds who will meet Wednesday from 6 to 7 p.m. and 8- to 12-year-olds who will meet Mondays from 6 to 7 p.m. The cost will be \$30 per month per child. All participants must be registered with Child and Youth Services. For more information, call 221-3502 or 221-5513.

## Parent News

### ArmyFCC.com

Fort Sam Houston Family Child Care Program is now on ArmyFCC.com, a Web-based information and referral tool for parents interested in FCC. The Web site includes both a public and a private section describing each installation's program and more information on providers. Soldiers and qualified civilians must be registered through Child and Youth Services to benefit from any CYS programs to include FCC. For more information, call CYS Central Registration at 221-4871 or 221-1723.

### FCC providers

Family Child Care is looking for family members interested in becoming certified

FCC providers. There is a no-cost start-up plan. For more information, call 221-3820 or 221-3828.

### Home-based child care

Family Child Care offers home-based child care for ages 4 weeks to 12 years on and off post with certified providers. FCC offers full day, part day, before and after school care, hourly care, extended hourly care and long term care. For referral information or child registration, call Child and Youth Services Central Registration at 221-4871 or 221-1723.

### CDC preschool program

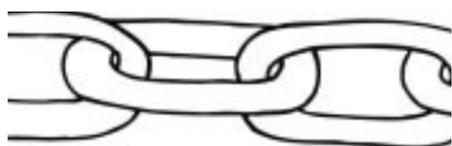
The Child Development Center is conducting a survey for interest in the fall 2005 part day preschool program. Part day options would be three- and five-day preschool from 9 a.m. to 2 p.m. and would run through the school year. Lunch would be provided. To put your child's name on the preschool list, call Central Registration at 221-4871 or 221-1723.

### PAC meeting

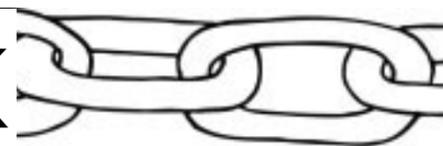
Child and Youth Services Parent Advisory Council meeting will be June 21 from 11:30 a.m. to 12:30 p.m. at the Child Development Center, 2530 Funtston. Lunch will be provided. This is CYS parents' opportunity to learn about upcoming events, meet staff and address concerns.

### Check wait list

Patrons on the full-time day care wait list at the Child Development Center should check their status on the wait list to avoid losing status. To check status, call Central Registration at 221-4871 or 221-1723.



# COMMUNITY LINK



## Happenings

### PC sale at BAMC

FSM Leasing will conduct a sale of the personal computers coming off lease on the back loading dock of Brooke Army Medical Center Friday from 12 to 6 p.m. and Saturday from 10 a.m. to 3 p.m. The sale will cease once all of the PCs are sold, and they will be sold on a first-come first-served basis. Payments can be made by cash, money order, certified check, credit card or personal check with proper reviews. For more information, call Herb Jones at 916-3132.

### Bicycle safety rodeo

There will be a Bicycle Safety Rodeo and Safety Helmet Clinic Friday from 9 to 11:30 a.m. at the corner of Winans Road and Dodd Boulevard (School Age Services). Children may bring their bicycles to the event. Parking will be available across the street at the Dodd Field Chapel parking lot. For more information, call the Safety and Occupation Health Office at 221-3823.

### Book signing and lecture

Bob Welch, author of "American Nightingale," will be at Army Medical Department Museum Gift Shop June 23 at noon to sign copies of his book followed by a lecture and reception at 5 p.m. For more information, call 226-0265 or e-mail amf@satx.rr.com.

### "Leapin" Deacon book signing

Retired chaplain (Col.) Conrad N. Walker, widely known as the "Leapin Deacon," will come to Fort Sam Houston Friday and Saturday for three book signing sessions. Walker is a highly decorated combat chaplain who has ministered to Sky Soldiers in Vietnam. He will be at the Army Medical Department Center and School student bookstore from 10 a.m. to 12 p.m., and the AMEDD Museum bookstore from 1:30 to 4 p.m. Friday and at the Post Exchange from 11 a.m. to 1 p.m. Saturday.

### Robert Skimin's book signing

Robert Skimin, a retired Army artillery officer, paratrooper and Army aviator, will sign his latest book, "Footprints of Heroes, American Revolution to the War in Iraq," at the Post Exchange Sunday from 12:30 to 2:30 p.m. The book covers major heroes and obscure ones in all branches of the service in all of U.S. wars from Medal of Honor recipients to a black nurse who was awarded the Soldier's Medal.

### Build-a-green house class

Master gardener, Dr. Tom Harris, will teach a class on building an affordable 12 feet by 12 feet, double-walled green house using plastic walls and a wood frame June 11 at San Antonio Botanical Garden. Harris will discuss how to set a foundation, erect walls and bring in water and electricity, among other things. The cost is \$30. For more information or to register, call North East Community Education at 657-8866 or visit the Web site at www.neisd.net.

### KLRN training on child care

KLRN will host free Family, Friends and Neighbors training sessions in San Antonio in English and Spanish for those who care for children at home. Each session consists of a series of five fun-filled workshops that provide essential informa-

tion to help children grow and develop, with a focus on improving the quality of informal child care in San Antonio. The Spanish sessions start today. For more information, call 270-9000, extension 2265.

### Spina Bifida pool party

The Spina Bifida Association and Warm Springs Sports will sponsor a pool party for families of children with disabilities Saturday from 11 a.m. to 2 p.m. at the Warm Springs Hospital pool, 5101 Medical Drive. For more information, call SBA at 653-1800 or WSS at 592-5358.

### Fredericksburg walk and swim

The Volkssportverein Friedrichsburg Volksmarch club will sponsor a 10-kilometer (6.2 miles) and 5-kilometer walk and 300-meter swim in Fredericksburg, Texas June 11. The start point is at the Golden Hub Community Center located at 1009 North Lincoln between 7 a.m. and noon, to finish by 3 p.m. The swim will start at the Lady Bird Johnson Municipal Park and Swimming Pool two miles south of downtown Fredericksburg on State Highway 16 (Adams Street) between 8:30 a.m. and noon, to finish by 1 p.m. For more information, call Elizabeth Crenwelge at (830) 997-2533 or view the walk brochure at <http://www.walktexas.org>.

### Kraft youth essay contest

Kraft Foods, under its "Salute to Military Families" program, will sponsor a youth essay awarding three \$1,000 U.S. Savings Bonds. To enter the contest, military children should write an essay, not to exceed 1,000 words, on "The Person I Admire." The essay should be postmarked before Aug. 1 and mailed to San Antonio Missions Baseball Club, Post Cereal Youth Essay Contest, 5757 Highway 90 West, San Antonio, TX, 78277. For more information, call 221-2307.

### Bat boy (girl) opportunity

Kraft Foods will honor military children with its bat boy program. The honorary bat boys (or girl) will receive a Missions cap and special T-shirt, tickets for the family to attend the game, and participate on the field for the opening ceremonies at home games Friday, Saturday or Sunday. To register for bat boy, send a post card to the San Antonio Missions Baseball Club at Kraft Singles Honorary Bat boy, 5757 Highway 90 West, San Antonio, TX, 78277. For more information, call 221-2307.

### Free SeaWorld admissions

Anheuser-Busch adventure parks will salute the men and women of the armed forces and their families throughout 2005 under its "Here's to the Heroes" special. Military members and as many as three direct dependents may enter any one of Anheuser-Busch's SeaWorld, Busch Gardens or Sesame Place parks with a single-day complimentary admission. Eligible members can either register online at [www.herosalute.com](http://www.herosalute.com) or in the entrance plaza of participating parks, and must show a Department of Defense photo ID. For more information, visit [www.herosalute.com](http://www.herosalute.com).

### San Antonio walking tour

The Army Community Service Relocation Program and the United Service Organizations will offer a downtown San Antonio walking tour today from 9 a.m. to 1 p.m. Tour participants

will meet at the Roadrunner Community Center at 8:45 a.m., and board transportation to the USO in downtown San Antonio. For more information, call ACS at 221-2418.

### Disc golf tournament

The Randolph Metrocom Chamber of Commerce and City of Live Oak will host the sixth annual Disc Golf Tournament Saturday at 10 a.m. at Live Oak Park. For more information, call 653-9140, extension 212.

## Volunteer

### UFE procedure available

The department of interventional radiology at Wilford Hall Medical Center is accepting patients for nonsurgical treatment of symptomatic uterine fibroids. Uterine artery embolization is a minimally invasive, safe and effective procedure that can be performed for most patients with symptomatic uterine fibroids. People who desire an evaluation should call 292-5262 and ask for Maj. George Leon, Lt. Col. David Condie or Lt. Col. Thomas Seay.

### WHMC periodontics seeks patients

The Wilford Hall Medical Center Department of Periodontics at Lackland Air Force Base seeks patients with specific needs for treatment in the Periodontics Residency program. Applicants must be a military retiree, family member of a retiree or family member of an active duty member and have been recently determined by a dentist to have an existing periodontal condition. Eligible patients must have a written consult from their referring dentist and can either bring it to MacKown Dental Clinic or fax it to 292-5193. For more information, call 292-7273.

### BAMC needs volunteers

Brooke Army Medical Center seeks volunteer drivers for its caremobiles, which transport patients from the BAMC parking lot to the clinic entrance. The hospital also needs volunteers for its patient library to distribute materials to clinics and patients. For more information, call Laura Hansbrough at 916-5083 or Jessica Veillux at 916-3862.

## Professional Development

### AFTB instructor trainer course

Army Family Team Building will offer an instructor trainer course June 15 and 16 from 6 to 9 p.m. and June 18 from 9 a.m. to 3:30 p.m. The class topics include "Speaking on Your Feet," "Methods of Instruction," and "Instruction Aids." The training is a required course for AFTB instructor trainers and the pre-requisite for master trainer. For more information, call the AFTB staff at 221-0275.

### Home-based Career Development

The Army Community Service will host a Home-Based Career Development Program workshop June 9 from 8:30 a.m. to 3:30 p.m. for job seekers and career changers who would like to work from home. The program is designed by Staffcentrix training company, and will be hosted through the Family Employment Readiness Program at the ACS building. It is free but limited to 35 participants. To complete an online application, log on to

[http://www.msvas.com/HBCDP\\_FSH.htm](http://www.msvas.com/HBCDP_FSH.htm). For more information, call Josie Gonzales, Family Employment Readiness Program Manager, at 221-0516.

### AFTB course in Spanish

Army Family Team Building will offer its AFTB Level I classes in Spanish Monday from 8:30 a.m. to 5 p.m. at the Roadrunner Community Center. The class will provide information on the Army culture, acronyms, benefits and entitlements and other topics. For more information or to register, call the AFTB staff at 221-0275.

### St. Mary's offers teaching degree

St. Mary's University is taking applications for the Master of Arts in Educational Leadership for fall 2005. Qualified candidates may become teacher certified in Texas with 18 hours of graduate work while pursuing the master's program. Classes are held on Fort Sam Houston and campus. Active duty and retired military, Department of Defense employees and spouses of these groups can receive 50 percent off tuition per three-hour course. For more information, call Judy Olivier, 226-3360 or visit their office in Building 2248, room 206.

### Free computer training

Family members of active duty military personnel may receive computer training to prepare for the job market through the family employment readiness program. Automated, self-paced training is available on all Microsoft Office software (Word, Excel, Access, PowerPoint), Windows, Outlook, QuickBooks (accounting), customer service, clerical and typing skills. Typing instruction is also available in Spanish. For more information, call Katja Lunsford at 221-0427.

## Meetings

### Comptrollers luncheon

The Alamo Chapter of the American Society of Military Comptrollers will host its June luncheon at Fort Sam Houston Golf Club June 23 from 11 a.m. to 1 p.m. This month's luncheon will be the annual hail and farewell to ASMC officers. Reservations need to be made by June 19. For more information, call Wayne Wanner, Headquarters U.S. Army Medical Command, at 221-7029.

### BOSS seeks single Soldiers

The Better Opportunities for Single Soldiers meet the first and third Wednesday of every month at 1:30 p.m. at the Hacienda Recreation Center. The BOSS committee was established to provide Soldiers input to the commander, who uses the committee's recommendations to improve single Soldiers' Morale, Welfare and Recreation programs. For more information, call Staff Sgt. Edward Castro at 221-8760.

### USAWOA Lone Star Chapter

The Lone Star Chapter of the United States Army Warrant Officers Association will meet at 7 p.m. on the third Monday of each month at VFW Post #8541, 2222 Austin Highway (between Rittiman and Eisenhower). All active duty, retired, Reserve, National Guard and family members of current or former warrant officers are invited to attend. For more information, call Randy Blackburn at 295-2143 or e-mail [randy.blackburn@samhouston.army.mil](mailto:randy.blackburn@samhouston.army.mil).

# FORT FREEBIES



*Freebies are published on a first-come, first-served basis. Commercial advertisements are prohibited. The deadline is noon Monday. Freebies are intended for personal household goods and privately owned property, and may only be submitted by active, retired or reserve component military members and civilian employees working on Fort Sam Houston. Real estate ads will not be published. To submit paid classified ads or commercial advertising, call Prime Time at 453-3300. To submit a Fort Freebie, e-mail to news.leader@samhouston.army.mil or fax to 221-1198. Ensure your military and Fort Sam Houston civil service status, phone number and name appear on request. Freebies run for one week unless submitter calls to renew. There is a two-week maximum and a limit of five items per entry. For more information, call 221-1031.*

**For Sale:** G-709 Ninja racing, 49cc, gas packet blue bike with electric start feature, new, \$275. Call 224-8260.

**For Sale:** Hewlett Packard 8280 tower CPU with CD writer plus, 192 MB Memory, 334 MHZ Intel Pentium II, with XP Professional edition installed, WIN 95 CD, includes original system CDs and all manuals, Sony 15-inch multimedia color monitor with speakers, model CPD-120VS, excellent picture and contrast, \$175. Call 722-5256 and leave a message.

**For Sale:** Drop arm commode with lift out pail and height adjustment for disabled, \$35; shower bench with height adjustment for disabled, \$25; wheelchair seat cushion

with zip cover, \$5. E-mail anarmyfamily@gmail.com for pictures or call 568-3883.

**For Sale:** Four-piece black luggage set, includes tote bag, \$35; Folklorico girls dance outfit, medium skirt, blouse, belt, \$50; Flamenco skirt (child's medium), hat and scarf, \$30; video chair, \$10, dress blues, 40-inch jacket, trousers, 30-inch or 32-inch by 31-inch (has about 2-inch hem), \$100. Call Victor Ortiz at 295-6906 or 295-6905.

**For Sale:** Little Tykes play set with two slides, excellent condition, new \$300, will sell for \$100. Call Maj. Mitchell at 223-3926 or 916-4821.

**For Sale:** 2003 Dodge Durango, 32K miles, \$18,000. Call 646-8472.

**For Sale:** 2002 Itasca Sunova motor home, 31 feet long with slide, accessories too numerous to mention, 5,500 miles, must sell, \$60,000; 2003 Honda Civic EX tow car, 13,000 miles for the motor home, \$15,000, will sell both for \$72,000 obo. Call Mac at 437-0042.

**For Sale:** Four-person hot tub, a/c power, \$400 obo; electric motor scooter, razor E 200 with charger, \$50. Call Jerry at 859-4135 or 930-8772.

**For Sale:** Trip package, four days, three nights lodging to more than 400 locations in North America (Canada and Mexico included), select the destination and plan to travel by 31 July; must be used by that date and

submitted for acceptance at least 21 days before desired travel date; purchased for \$399, will take \$200. Call 771-7480.

**For Sale:** Technics AV control stereo receiver, SA-GX505, \$75; Sherwood compact disc player, CD-1180C/1182R, \$40; Sherwood stereo double cassette deck, DD-1230R, \$60; Kenwood automatic return turntable, KD-291R/KD-291C, \$40; Bose 201 series direct and reflecting speakers with matching stands, \$60; all wiring and cables are included along with all instruction manuals; all items are in excellent condition; will sell each item separately or the entire setup for \$250 obo. Call 590-4854.