



Fort Sam Houston News Leader



Vol. 39, No. 22

Fort Sam Houston – Home of Army Medicine

June 7, 2007

Briefs . . .

Check CAC expiration date

People should call the ID card section for an appointment two to three weeks prior to the expiration date on their Common Access Card. If the card is already expired, then cardholders will need to bring two types of identification, such as a driver's license and Social Security card. One of the two types must be a photo ID. The expired CAC cannot be used as identification. For appointments, call 221-0415 or 221-2278.

'Boxing at the Brought'

The Fort Sam Houston Morale, Welfare and Recreation will hold "Boxing at the Brought" Saturday at the Jimmy Brought Fitness Center. The doors open at 5 p.m. Arrive early between 5 and 5:45 p.m. for an open autograph session with two-time World Boxing Champion Jesse James Leija and NABF Welterweight Champion Golden "24-Karat" Johnson. The first boxing match begins at 6 p.m. Admission is \$5. For more information, call 221-2020 or 221-1180.

Legal office closure

The Staff Judge Advocate, Claims Division, and the Legal Assistance office will be closed Monday from 11 a.m. to 1 p.m. for an office function. For emergencies, contact the on-call officer at 393-3042.

Flag Day ceremony

A Flag Day ceremony will be held in memory of retired Sgt. Maj. of the Army Leon L. Van Autreve and fallen comrades June 14 from 5 to 5:45 p.m. at the Fort Sam Houston National Cemetery. For more information, call Sgt. 1st Class Claude Hutchison at 221-2240 or 382-8833.

See BRIEFS on Page 3

Fiesta for Life

Cancer survivors celebrate life at a National Cancer Survivors Day event at Brooke Army Medical Center.



See story on Pages 12 and 13

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Courtesy photo

Soldiers meet 'The Muscles from Brussels'

Marine Cpl. Eric Morante, 2nd Battalion, 7th Marine Regiment, 1st Division, 29 Palms, Calif., visits with martial artist and movie star Jean-Claude Van Damme, who has made over 30 films, to include his latest, "Until Death." The Belgian-born actor, also known as the "The Muscles from Brussels," visited with wounded warriors at Brooke Army Medical Center Saturday after autographing copies of his latest movies and posters at the Fort Sam Houston Post Exchange. Morante was wounded April 20 in Iraq by an improvised explosive device blast; he suffered an above-the-knee amputation. Van Damme's visit was a welcome respite for all the wounded he visited.

New nursing facility nears completion

By Cheryl Harrison
Fort Sam Houston Public Information Office

In an official groundbreaking ceremony Nov. 17, 2005, eight distinguished guests broke ground on what was to become the future world-class teaching facility known as Dunlap Hall. Not quite 19 months later, the building is just about finished, with the exception of furniture and equipment.

The Department of Nursing Science will be at home in the new facility with 50 staff members and about 1,500 students a year. With Col. Pat Patrician at the helm, the department coordinates and conducts formal institutional programs of instruc-

tion for nursing officers and enlisted personnel to support the Army Medical Department's mission of providing health care for Soldiers and their Families.

The schoolhouse will support the U.S. Army Graduate Program in Anesthesia Nursing, the Practical Nurse Course, the Operating Room Specialist Program and several of the Army Nurse Professional Development Courses.

"Right now we are in four different locations: Aabel Hall, Willis Hall, Building 615 and the combat medic training area. This new facility will be really convenient, the first time the entire department will be in one location," said Patrician.

See NURSING FACILITY on Page 4

Post celebrates Army's birthday, Flag Day

Maj. Gen. Russell Czerw, commanding general, Army Medical Department Center and School and Fort Sam Houston, will host the Army's 232nd birthday and the 230th anniversary of "Old Glory" on June 14 at 7 p.m. at MacArthur Parade Field, corner of Harry Wurzbach and Stanley Road, Fort Sam Houston.

The ceremony will include Soldiers dressed in period uniforms who will add 178 battle streamers to the U.S. Army flag.

The Almost Patsy Cline Band from Bandera, Texas, will entertain with country and western favorites to include Lee Greenwood's "God Bless the USA." The United States Army Medical Command "Rock" Band will perform songs from Earth, Wind and Fire as well as current rock and country favorites.

The public can enter Fort Sam Houston through the Walters gate off of Interstate Highway 35, or the Harry Wurzbach gate.



Photo by Esther Garcia

(From left) Lanette Pennel, bass guitar and vocals; Vicki Gillespie, keyboard and vocals; and Dave Kemp, electric and acoustic guitar and vocals, members of the Almost Patsy Cline Band from Bandera, Texas, will entertain at the 232nd Army birthday and 230th Flag Day ceremony June 14.

New scam targets military spouses

WASHINGTON — The American Red Cross is warning military spouses about a new identity-theft scam that targets family members of deployed troops.

The Red Cross was alerted of the scam earlier this month, said Devorah Goldberg of the Red Cross.

The scam involves a person with an American accent calling a military spouse, identifying herself as a representative of the Red Cross, and telling the spouse that her husband was hurt in Iraq and was medically evacuated to Germany. The caller then says that doctors can't start treatment until paperwork is completed, and that to start the paperwork they need the spouse to verify her husband's Social Security number and date of birth.

It is hard to determine how many spouses have been targeted by this scam, Goldberg said, as there are many ways for spouses to report problems like this. However, one confirmed report was enough for the Red Cross to act, she said.

"We know that it happened to one person; it was probably going to happen to others, and we wanted to be prudent and alert people," she said.

American Red Cross representatives typically do

not contact military members or dependents directly and almost always go through a commander or first sergeant, according to a Red Cross news release.

Military family members are urged not to give out any personal information over the phone if contacted by unknown individuals, including confirmation that their spouse is deployed.

In addition, Red Cross representatives contact military members or dependents directly only in response to an emergency message initiated by a family member, the news release said. The Red Cross does not report any type of casualty information to family members; the Defense Department will contact families directly about family members' injuries.

It is a federal crime, punishable by up to five years in prison, for a person to fraudulently pretend to be a member of, or an agent for, the American Red Cross for the purpose of soliciting, collecting, or receiving money or material, according to the news release.

Any military family member that receives such a call is urged to report it to their local family readiness group or military personnel flight.

(Source: American Forces Press Service)

Mandatory ethics training

Soldiers and civilian employees must attend one hour of face-to-face ethics training taught by an ethic attorney in 2007, as directed by the Secretary of the Army. The following classes will be taught in Blesse Auditorium, Willis Hall, Building 2841:

Today from 1 to 2 p.m.

July 12 from 9 to 10 a.m.

Aug. 13 from 1 to 2 p.m.

Sept. 10 from 9 to 10 a.m.

Oct. 17 from 1 to 2 p.m..

Soldiers and civilian employees whose official duties include a procurement function (this includes Government Purchase Card holders and approving officials) must also attend a second hour of acquisition ethics training. This second hour will be taught immediately following the first hour of ethics training in Blesse Auditorium on the following days:

Today from 2 to 3 p.m.

July 12 from 10 to 11 a.m.

Dec. 14 from 2 to 3 p.m.

For more information, call Gerald R. Krimbill, Shelby Tanner or Capt. White at 221-2373 or 221-0485.

Fort Sam Houston News Leader

This Army newspaper is an authorized publication for members of the Department of Defense. Contents of the News Leader are not necessarily the official views of, or endorsed by, the U.S. government or Department of the Army. It is published weekly by the Army Medical Department Center and School and Fort Sam Houston Public Affairs Office, 1212 Stanley Road, Suite 4, Fort Sam Houston, Texas 78234-5004; 210-221-0615, DSN 471-0615. Printed circulation is 10,000.

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Briefs

Continued from Page 1

SJA closure

The Fort Sam Houston Office of the Staff Judge Advocate, to include the Claims Division and the Legal Assistance Office, will be closed June 14 for office maintenance and cleanup. For emergencies, contact the on-call officer at 393-3042.

New Camp Bullis manager

Lt. Col. Dennis LeMaster will relinquish command of Camp Bullis Training Site June 15 at 9 a.m. at the Camp Bullis Parade Field. Inclement weather site is the Camp Bullis Theater, Building 5900, on Military Highway.

MEPS change of command

Cmdr. Mery-Angela Katson will relinquish command of the San Antonio Military Entrance Processing Station to Cmdr. Tracy Carullo June 20 at 10 a.m. in the Roadrunner Community Center, Building 2797, on Stanley Road. O-5s and E-9s are requested to make reservations prior to June 18 at noon to 295-9031 or e-mail manuel.garcia@mep-com.army.mil.

Retirement ceremony

A retirement ceremony for Command Sgt. Maj. Kenneth Fyffe, Installation Management Command – West Region, will be held June 22 at 9 a.m. in front of Building 1000.

Senior Leader EO Training

A Senior Leader Equal Opportunity Training will be held June 26 from 8 to 10 a.m. at Wood Auditorium in the Medical Command Headquarters, Building 2792. Majors through colonels, sergeants major through command sergeants major, and GS-13s and above are required to attend one session per fiscal year. For more information, call Master Sgt. Ricky Evans at 295-0561.

Civilian professional development

A representative from the Army G3/5/7 will present an "Army Civilian Leaders for the 21st Century Media Blitz Briefing" June 28 and 29 starting at 9 a.m. and 1:30 p.m. each day in Evans Theater, Building 1396. The briefings are open to all civilian employees and will educate employees on the new civilian professional development and leadership systems, and also will include important information on the new Civilian Education System. For more information, call Cynthia Taylor, Directorate of Human Resources, at 221-0107.

187th change of command

Lt. Col. Patricia Darnauer will relinquish command of the 187th Medical Battalion to Lt. Col. Michael Hershman June 29 at 8 a.m. at MacArthur Parade Field. To reserve a seat, call Beatrice Gamble at 221-1696 or e-mail Beatrice.gamble@amedd.army.mil by June 15.

1st LSO change of command

Col. Robert Hough will relinquish command to Lt. Col. Barry Robinson during the 1st Legal Support Organization change of command July 15 at 10 a.m. in the Roadrunner Community Center, Building 2797, Stanley Road.

Politicians visit wounded warriors at BAMC, reiterate need for Soldier support

Story and photo by Jen D. Rodriguez
Brooke Army Medical Center Public Affairs

It's not everyday in a wounded Soldier's life that two congressmen and one house majority leader show up to chat.

But that was the case May 30 when U.S. Congress Majority Leader Steny Hoyer, Congressman Ciro Rodriguez and Congressman Charlie Rodriguez met with about seven wounded Soldiers and their families during a short visit to Brooke Army Medical Center.

The purpose of the visit was to meet with patients and their families, tour the burn ward physical therapy facility and discuss funding priorities for Base Realignment and Closure construction with post leaders.

However, the latter wasn't the case as the congressmen spent most of their time chatting with wounded warriors.

"We met with some extraordinary injured Soldiers who are appreciative of the hands-on service they're getting (at BAMC)," said Hoyer.

Gonzalez added, "We listened from the individuals for particular needs and how to address them. Congress needs to do what's needed for the Soldiers."

One thing that Hoyer, Rodriguez and Gonzalez learned from BAMC leaders is that more resources are needed to help in the healing process of the Soldiers.

"We're saving lives more than in past wars," said Hoyer, "but seeing injuries that are much more adverse than ever which challenges the medical staff."

Hoyer said more resources are needed in order for BAMC to



Staff Sgt. Juan Amaris shares his story of how he was injured and the care he has received thus far at Brooke Army Medical Center with Congressman Charlie Gonzalez, U.S. Congress Majority Leader Steny Hoyer and Congressmen Ciro Rodriguez, during a May 30 visit at the hospital.

do its job professionally.

"There must be a stable funding flow in a timely manner. As a nation it's our moral responsibility to provide all the resources that Soldiers need to get healed," he said. "Congress has to make sure they give the resources in order for the hospitals to do their job."

He said not doing our job on time "hurts BAMC from doing their job."

Hoyer charged everyone to continue to care for the Soldiers, "lift them up, honor them and support our troops."

Army introduces new enlistment bonus

FORT KNOX, Ky.— The U.S. Army Recruiting Command introduced two new enlistment incentives yesterday.

A bonus of up to \$51,864 is available to recruits signing up for a two-year enlistment in more than 45 active-Army military occupational specialties.

A maximum combined bonus for a three-year enlistment was also raised to \$25,000 for MOSs. The previous maximum amount for a three-year enlistment was \$10,000, or \$20,000 for a limited number of priority MOSs.

A bonus of up to \$51,864 is available to recruits signing up for a two-year enlistment in more than 45 active-Army military occupational specialties.

Qualified recruits who enlist for two years plus training are eligible for an enlistment bonus of up to \$15,000, which can be combined with the Montgomery GI Bill and Army College Fund of \$36,864. These incentives are available to qualified recruits

who enlist in one of more than 45 job specialties, including fire support specialist (13F), signal support systems specialist (25U), petroleum supply specialist (92F), pharmacy specialist (68Q) and health-care specialist (68W).

Payment of bonuses for which recruits qualify begins after completion of basic combat and advanced individual training.

For more information, visit www.goarmy.com.

(Source: U.S. Army Recruiting Command)

IMCOM accepts applications for mentoring program

Partnership to develop future leaders

By Mary Tanzer

Program Manager, Installation Management Command's Mentorship Program

ARLINGTON, Va. — The U.S. Army Installation Management Command is accepting applications through June 11 for the fiscal 2008 Centralized Mentoring Program.

Employees who are GS-11 through GS-13, or equivalents, and are covered by the National Security Personnel System, may apply to be matched with senior leaders for a one-year mentoring partnership.

Mentees complete a one-week shadow assignment, stretch assignments, eLearning courses and regular meetings with their mentors.

The Mentoring Program is designed to develop high-potential

employees into well-rounded managers at the middle or senior level by preparing them to assume higher levels of responsibility. Headquarters IMCOM centrally funds the program.

Senior leader volunteer mentors also are being solicited, and will be matched with selected mentees.

Applications require supervisors' approval, and garrison applicants require endorsement from the garrison commander or manager or the deputy garrison commander. Region applicants require an endorsement from region director or designee. Applicants at Headquarters IMCOM must obtain their supervisors' and division chiefs' approval.

Announcements and application forms are available at www.imcom.army.mil/site/hr/wfdhcmp.asp. Applicants selected for the program will attend a two-day orientation in October.

For more information or to apply, call Mary Tanzer at (703) 602-5487 or DSN 332-5487, or e-mail Mary.Tanzer@hqda.army.mil.

Summer gazebo concerts

The following gazebo concerts will be held at the gazebo located on Staff Post Road:

- June 24 at 7 p.m., hosted by Col. John Cook, commander, 32nd Medical Brigade.
- July 22 at 7 p.m., co-hosted by Col.

Wendy Martinson, commander, U.S. Army Garrison Fort Sam Houston; and Randall Robinson, director, Installation Management Command-West.

- Sept. 23 at 6 p.m., hosted by Brig. Gen. James Gilman, commanding general, Brooke Army Medical Center and Great

Plains Regional Medical Command.

Bring lawn chairs and blankets and enjoy an evening of music provided by the U.S. Army Medical Command Band. The public is invited to enter at the Walters gate off of Interstate Highway 35. A valid photo ID is required for everyone age 16 and older.

Precautions make motorcycling fun not fatal

By Lori Yerdon
U.S. Army Combat Readiness Center

FORT RUCKER – Although May's National Motorcycle Safety Awareness month ended, Soldiers, Family members and Department of Defense civilians need to keep in mind that safe motorcycle practices are a year-round responsibility.

Last month, in support of the national campaign, the Army increased awareness of motorcycle safety in an effort to help its riders prepare for peak riding months and increase safety awareness. However, three Soldiers were still injured and one killed in motorcycle accidents.

While more bikes than ever are registered on Army installations – about 35,000 – safety officials expect the number of accidents to increase proportionately.

However, "accidents can be reduced, and many times prevented, by choosing the correct motorcycle and having the proper equipment and training," stated Sgt. Maj. of the Army Kenneth O. Preston in his Leader's Book Notes for April 2007.

In fiscal 2006, 49 Soldiers were killed in motorcycle accidents. Two-thirds of those fatalities were sergeants or above and over the age of 25. This shows that no matter what a person's rank or riding experience level might be, they can be placed in a bad situation, Brig. Gen. Doyle D. "Don" Broome deputy commanding general of U.S. Army Cadet Command, said.

Broome, was involved in an accident while riding his motorcycle last year. The general credits his survival of the accident to training, while others credit the wear of personal protective equipment. "I slid down the highway at about 35 mph, but was wearing all of my PPE and survived the accident," Broome said. "The same cannot be said for those who died in motorcycle accidents last year, many of whom were not wearing the proper PPE."

Preston also pointed out in his Leader's Book Notes for April 2007, that the Motorcycle Mentorship Program is another way leaders can set the example for younger, less experienced Soldiers, Family members and DoD civilians. Though Broome has been riding motorcycles



Photo by Elaine Wilson

James Stubblefield takes a tire pressure reading to demonstrate how to perform a pre-ride maintenance check for Frenchie Santini. Stubblefield is president of the Rough Riders Motorcycle Riding Club, a private organization at Fort Sam Houston dedicated to passing safe riding practices on to other riders.

since he was a 14-year-old, he's taken the Motorcycle Safety Foundation Course twice. The MMP is a focused effort where more experienced riders can mentor those that are new to motorcycling, creating a positive environment for conduct and behavior while riding, Preston said.

Many posts and units have established mentoring organizations which Soldier riders can get involved in. Additionally, all Soldiers are required to attend a Motorcycle Safety Foundation course prior to riding a motorcycle. MSF courses are free of charge and can be scheduled through installation safety offices.

Don't become a statistic – prepare to ride by following these simple guidelines:

- Make sure driver's licenses have motorcycle endorsements. Motorcycle safety foundation courses are required and provided by U.S. Army installations to Soldiers and DoD civilians free of charge. Consult the Installation Safety Office on local classes and policies.
- Wear a helmet and other protective gear to include prop-

er eye protection, full fingered gloves, long trousers, long sleeved shirt or jacket, high visibility garments (bright color for day and retro-reflective for night) and leather boots or over-the-ankle shoes.

These requirements for Personal Protective Equipment apply to Soldiers at all times, whether riding on or off post. PPE not only provides comfort and protection from the elements, but also prevents injuries and is a means for other motorists to see a rider that's wearing reflective material.

- Don't have a drink and then drive. Consuming alcohol and driving a motorcycle or any motorized vehicle greatly enhances your chances of having an accident. Alcohol affects those skills essential to operate a motorcycle – balance and coordination.

- Preventive maintenance checks and services aren't just for military vehicles. T-CLOCS was developed by the Motorcycle Foundation to assist motorcycle drivers with the inspection of a motorcycle. The inspection covers the areas that should be checked before operating or purchasing a motorcycle such as tires and wheels, controls, lights, oil, chassis and lights. For the complete inspection list, visit the USACRC Web site.

- Consider joining a motorcycle club. The USACRC MMP Web site has information on clubs Army-wide as well as safety tips, events and best practices for Soldiers. Currently there are 56 organizations.

For more information on motorcycle safety, visit one of the following Web sites:

- U.S. Army Combat Readiness Center at <https://crc.army.mil>
- U.S. Army Combat Readiness Center, Motorcycle Mentorship Program at <https://crc.army.mil/mmp>
- National Highway Traffic Safety Administration at www.nhtsa.dot.gov
- Motorcycle Safety Foundation at www.msf-usa.org

For more information regarding Fort Sam Houston's mandatory motorcycle safety program, call 221-3836 or visit www.samhouston.army.mil/iso/.

Nursing facility

Continued from Page 1

The project, located downhill from the Sam Houston Club and above the AMEDD chapel, was built by local San Antonio firm Satterfield and Pontikes Construction, Inc. The actual design is by the Army Corps of Engineers out of Fort Worth, and features about 55,000 square feet on two levels, with a cost of \$11.1 million dollars.

"This building is a military new construction project," said Rebecca Ward, project integrator, Headquarters, U.S. Army Medical Command supporting AMEDD Center and School. "A normal MilCon is programmed for a certain year,

but the project was moved up in time, before the original programmed fiscal year, due to the urgent need for an instructional facility.

"There is usually more time to plan for initial outfitting, which is furniture, medical equipment, supplies and computers, etc," Ward said. "We have had a shorter amount of time to coordinate these things and still achieve the same outcome. Normally we would have three to five years to build a facility of this size. But because this is an insert, things are moving at the pace it is."

"Also this is a standard for other facilities coming up with the Base

Realignment and Closure. The builders are going for a higher scale and it will be a beautiful building when all is said and done."

Patrician said, "The building is just about finished; we are waiting on furniture. Once that comes in it will start a cascade of installing furniture, medical equipment, computers and classroom-support equipment."

"The building was built with flexibility in mind; classrooms that can be subdivided into two or more," Patrician said. "It will have five classrooms with partitions. When partitions are used



Photos by Cheryl Harrison

Col. Patricia Patrician, chief, Department of Nursing Science, Academy of Health Sciences, Army Medical Department Center and School, tests the waters at the newly installed surgical sinks in the Dunlap Hall schoolhouse. A bank of 10 sinks is set up to allow instructors to view the students as they learn the proper way to wash hands for surgical sterility.

we will have nine classrooms."

"Also, everything was designed with 'going green' in mind, electric sensor lighting and water faucets. The colors are all earth tones giving an executive feel and vinyl tile and carpet throughout," added Ward.

Dunlap Hall is dedicated to Brig. Gen. Lillian Dunlap, former chief of the Army Nurse Corps, for contributions to AMEDD nursing during her career, which spanned more than 30 years of service.

A grand opening ceremony is slated for late autumn.



A worker completes the work on walkways leading into the second floor of the nearly completed Dunlap Hall, home of the Department of Nursing Science, slated for grand opening in the fall.

Share achievements with Family, friends back home

Hometown News Program highlights accomplishments

By Minnie Jones

Fort Sam Houston Public Information Office

Fort Sam Houston personnel who want to share news of their accomplishments and achievements with Family Members and friends back home can participate in the Army and Air Force Hometown News Program.

The Hometown News Release Program, administered by the Fort Sam Houston Public Affairs Office, is designed to help Soldiers highlight their accomplishments in hometown newspapers.

Active duty, Reserve, Guard and Department of Defense civilians are welcome to fill out a Hometown News Release, Department of Defense Form 2266, and forward it to the Public Information Office. The Public Information Office will then forward the form to the Air Force News Service Agency for distribution to every media outlet within a 50-mile radius of the zip code specified on the form.

Fort Sam Houston personnel can submit a Hometown News Release for any newsworthy event to include:

- Commissioning;
- Monthly, quarterly and annual awards;
- Transfers;
- Decorations;
- Arrivals and appointments;

- Reenlistments and retirements;
- Advanced training school;
- Primary Leadership Development or NCO Academy graduation;
- Training exercises;
- Civilian length of service pins;
- Interservice or international sports competitions;
- Changes of command;
- Deployments; and
- Promotions.

Individual achievement medals can be submitted but must be an Achievement Medal or higher, and must be submitted with a copy of the citation. For reenlistments, people should indicate how many years the reenlistment is for; for retirements, include the number of years served. Pictures can also be included with a Hometown News Release, but ensure there is a release if using copyrighted photographs.

Once a form is submitted to the Public Information Office, it takes about eight weeks from submission to publication in hometown newspapers. Inform Family Members and friends to look in their hometown newspapers under the "Community Section" or "Military News."

For a submission, complete DD Form 2266 and submit it to the Fort Sam Houston Public Information Office via fax at 221-1198 or e-mail HometownNews@samhouston.army.mil.

For more information, call Minnie Jones at 221-1139 or e-mail minnie.l.jones@us.army.mil, or call Olivia Mendoza at 221-0546 or e-mail olivia.mendoza@us.army.mil.



Photo by Olivia Mendoza

Buckle up

Sgt. Michelle Medrano conducts a seat belt check on Wilson Road. The Fort Sam Houston Police were out in full force Monday to make sure motorists had their seat belts buckled. Although Monday was the last day of the national safety belt campaign, "Click It or Ticket," police officers are on the lookout for seat belt violators year round.

Blood is fluid of life

The Brooke Army Medical Center Blood Bank is running critically low on AB negative blood.

Akeroyd Blood Donor Center is reaching out to you for your support to accomplish a mission for life.

To donate blood now, call the Akeroyd Blood Donor Center at 295-4655 or 295-4989.



Smoke-free, courageous forever

Attend smoking cessation classes in the Health Promotion Center and learn how to find the courage to give up the nicotine habit forever, whether you smoke, dip or chew. Become one of our graduates and earn your "wings." Visit the Health Promotion Center, Room L31-9V, Brooke Army Medical Center, or call 916-3352 or 916-5538.



Future shoppers

Soldiers check out commissary benefit

By Ben Paniagua
Hacienda Recreation Center

The Fort Sam Houston Better Opportunities for Single Soldiers Program kicked off the 2007 Commissary Awareness Campaign with a bang May 19 at the Fort Sam Houston Commissary.

The interservice campaign is conducted in conjunction with the Defense Commissary Agency and U.S. Army BOSS programs, plus the other military



Soldiers from B and D companies, 232nd Medical Battalion, compete in Banana Pong. For the game, Soldiers used a banana tied around their waist to bump a ball across the finish line.

services' single service member initiatives, in an effort to introduce young service members to what is available at installation commissaries military wide.

Many young Soldiers have the perception that commissaries are only for military Families and retired military. DeCA is trying to dispel that myth through commissary awareness campaigns.

More than 100 advanced individual training and initial entry training Soldiers from the 232nd Medical Battalion attended the campaign kickoff to tour the commissary and participate in a variety of games conceived by the BOSS Soldiers. Pvt. Bobby Grady, D Company, won the hot dog eating contest, and Pfc. Vittario Allen and Pvt. Vicki Porteous, both from B Co., took first place for the grocery bagging and cart relay. In this contest, teams of Soldiers competed against each other by racing with one teammate in a cart while the others ran to a table full of groceries. The team that raced the fastest to the table, bagged the groceries and made it back to the finish line was the winner.

The Banana Pong game was one of the highlights of the afternoon. Five Soldiers raced to the finish line by pushing a ball with a banana tied to their waist. Pvt. Trout Summer, B Co., won first place.

The final game of the campaign kickoff was the Slogan Shopping Spree. Soldiers were given a list of six commercial slogans and a hand cart. They raced to find all six products in the commissary, with help from commissary customers, and the first to make it back to the finish line won. Pfc. Willie Justice, B Co., was declared



Courtesy photos

Soldiers compete in a Slogan Shopping Spree. For the relay, teams of Soldiers were given a list of six commercial slogans and a hand cart, and had to race to see who could accurately find all six products and make it back to the finish line first. Soldiers were allowed to ask commissary patrons for assistance with the sometimes cryptic slogans.

the winner.

The Soldiers enjoyed a free barbecue with hot dogs, chips and drinks provided by the commissary, and had the chance to win door prizes to include five \$25 gift certificates, six gift bags with commissary products and two T-shirts. The BOSS Program provided various gifts such as BOSS mugs, gift bags and decks of cards.

"It was a great event. I had a lot of fun," said Grady. "It was my first time in the commissary and I was very impressed with the bakery."

Coordinating the Fort Sam Houston campaign were Spc. Milfred Williams, BOSS acting president; Staff Sgt. Rhonda Nimblette, BOSS treasurer; Sgt. 1st Class Lakecia Griffin, senior drill sergeant, B Co.; Staff Sgt. Amy Montgomery, drill sergeant, D Co.; Yvonda Fletcher, commissary store manager; and Jessica Cardosa, commissary produce manager, who also acted as the tour guide for the Soldiers.



Jessica Cardosa, produce manager at the Fort Sam Houston Commissary, conducts a tour of the commissary for Soldiers from B and D companies, 232nd Medical Battalion. The tour was part of a Commissary Awareness Campaign designed to encourage young Soldiers to shop at the commissary.

The Fort Sam Houston BOSS Program will submit a scrapbook of the event to an interservice competition. If they win, the award money, provided by DeCA, will go into the various installation Soldier funds to further improve Soldiers' quality of life.

Commissary quick fact

Shoppers save an average of 30 percent or more on their purchases compared to commercial prices — savings worth more than \$2,700 annually for a family of four.

School's always in session at Fort Sam

Education Office offers year-round opportunities

By Elaine Wilson
Fort Sam Houston Public Information Office

In an Army of shrinking budgets, government cutbacks and ever-increasing wartime demands, one benefit has not just remained, but is on the rise – education.

From the G.I. Bill and Army Tuition Assistance to a plethora of online courses, Soldiers have more educational choices than ever before. But whether seeking an associate's degree or striving for a master's, the best place to start the quest for higher learning is the education office.

"We can help Soldiers improve their (General Technical) scores, help Soldiers and Families get ready for college; we do anything to help the Soldiers," said Marva Woods, instructor for the Fort Sam Houston Education Office.

The office includes two Army education counselors who review transcripts, help guide potential students down the right degree path and offer information on various institutes of higher learning. Just down the hall, representatives from military-

friendly colleges, such as Wayland Baptist University and Webster's University, are on hand to discuss their programs and classes, many of which are offered with busy Soldiers' schedules in mind.

"We have a lot of Soldiers who come here without a lot of college credits but with several (Advanced Individual Training) school courses or a lot of credits from numerous universities due to (permanent change of station) moves," said Ralph Rodriguez, education service officer. "Some colleges will give up to 90 hours for past experience and military training, and others will accept most of the credits from other schools.

"If you come in and get a free evaluation you may be surprised at how close you are to a degree."

Soldiers also are welcome to test out of certain undergraduate college courses at the education office by taking free CLEP or DANTES tests. While test administrator Vickie Maupin can administer most tests at the office, there are a few exceptions, such as Graduate Record Examinations. Students will have to go to a public test center to take the GRE, which is required by many graduate schools. They also will have to pay up front for the test, but the Army will reimburse the expense if a receipt is submitted.

Additionally, in the Army Learning Center, Woods is available to assist with study review, whether to raise GT scores, ace a CLEP test or English language and math improvement.

"Knowledge is power," said Staff Sgt.

"If you come in and get a free evaluation you may be surprised at how close you are to a degree."

Ralph Rodriguez
Education Service Officer

Martha Parker, who was online at the center studying to improve her GT score. "It's a very important program, and a great benefit to have the opportunity to work on test scores."

The education office also offers other valuable study aids at their library, where bookshelves are lined with field manuals, although, "The library has been downsizing," said Rodriguez. "Most of these manuals are online."

To cater to the computer-minded Soldiers, the library area contains 23 computers where service members can go online for distance learning or just to check their e-mail.

While counselors are always available to answer questions about Army TA and the G.I. Bill, service members can save themselves a trip to the education office by first visiting the GOARMYED Web site, which features a variety of education information and an online TA application.

"The TA system is all electronic now," said Rodriguez; however, the system requires up-to-date information on all Soldiers who want to pursue their college education. Soldiers should visit the Web site to update their common application prior to visiting the education center for additional enrollment into GOARMYED.

TA pays for classes toward associate's,

bachelor's and master's degrees, as well as certifications at accredited universities; however, it does not pay for continuing education courses. "If in doubt about a course, call or come by the education office to verify the class is covered under TA," said Rodriguez.

The G.I. Bill application also is online. The benefit is available to service members who paid for the option in basic training and already have served 24 months. To receive benefits, students can fill out a VA Form 1990 online at <http://www.gibill.va.gov> or at the education center with help from Belinda Robinson. "You can get up to \$36,000 in education benefits," said Rodriguez.

While a large portion of its business is local, the education center isn't limited to Fort Sam Houston personnel. It supports a region that stretches from San Marcos to Houston to Brownsville to Del Rio.

"We're a small office but we're powerful in our potential to help Soldiers," said Rodriguez. "Just stop by and we'll do our best to help you achieve your education goals."

For more information, call 221-9881 or stop by the education office on New Braunfels, just off of Stanley Road. For information on Army TA, visit <https://www.goarmyed.com>, and for the G.I. Bill, visit <http://www.gibill.va.gov/>.

WOULD YOU LIKE TO LIQUIDATE YOUR CREDIT CARD DEBT? IT CAN HAPPEN.

The Financial Readiness Program at Army Community Service offers this service. For more information, call 221-1612.



How to display the U.S. flag

Flag Day, a day to pay respect and honor the U.S. flag, is celebrated each year on June 14. The following are a few tips for people wanting to display their flags:



Displaying the flag outdoors

When the flag is displayed from a staff projecting from a window, balcony or a building, the union should be at the peak of the staff unless the flag is at half staff.

When it is displayed from the same flagpole with another flag - of a state, community, society or Scout unit - the flag of the United States must always be at the top except that the church pennant may be flown above the flag during church services for Navy personnel when conducted by a Naval chaplain on a ship at sea.

When the flag is displayed over a street, it should be hung vertically, with the union to the north or east. If the flag is suspended over a sidewalk, the flag's union should be farthest from the building.

When flown with flags of states, communities or societies on separate flag poles which are of the same height and in a straight line, the flag of the United States is always placed in the position of honor — to its own right.

- The other flags may be smaller but none may be larger.

- No other flag ever should be placed above it.

- The flag of the United States is always the first flag raised and the last to be lowered.

When flown with the national banner of other countries, each flag must be displayed from a separate pole of the same

height. Each flag should be the same size. They should be raised and lowered simultaneously. The flag of one nation may not be displayed above that of another nation.

Raising and lowering the flag

The flag should be raised briskly and lowered slowly and ceremoniously. Ordinarily it should be displayed only between sunrise and sunset. It should be illuminated if displayed at night. The flag of the United States of America is saluted as it is hoisted and lowered. The salute is held until the flag is unsnapped from the halyard or through the last note of music, whichever is the longest.

Displaying the flag indoors

When on display, the flag is accorded the place of honor, always positioned to its own right. Place it to the right of the speaker or staging area or sanctuary. Other flags should be to the left.

The flag of the United States of America should be at the center and at the highest point of the group when a number of flags of states, localities, or societies are grouped for display.

When one flag is used with the flag of the United States of America and the staffs are crossed, the flag of the United States is placed on its own right with its staff in front of the other flag.

When displaying the flag against a wall, vertically or horizontally, the flag's union (stars) should be at the top, to the flag's own right, and to the observer's left. (Source: <http://www.usflag.org>)

Going places

Congratulations to Army Reserve Staff Sgt. Jennifer Hansen for her selection as an honors legal intern at the Washington Headquarters Services Office of General Counsel at the Pentagon, where she is working for the summer. Hansen is the daughter of David Hansen, command language program manager, 470th Military Intelligence Brigade, and Eneida Hansen, special security officer for U.S. Army South. Hansen attends St. Mary's University in San Antonio, where she just completed her first year of law school.



Staff Sgt. Jennifer Hansen

Mother's Day poetry contest winner

Mother's Day was May 13 and Lincoln Military Housing encouraged children of on-post residents to submit a poem about their mother to housing. The best poem won a spa gift certificate for their mom. Kerra Rockward took first place and a \$50 gift certificate, and Amanda Casarez took second place and a \$25 gift certificate.

Here is the winning poem:

My Mother...

Today's the day we celebrate you!

The amazing woman

who

never stops caring or giving ...

You taught me...

How to be honest and real ...

How to work hard for I what I want
and give everything I've got ...

How to never stop asking questions ...

How to learn from each new

experience ...

How to care for as many people as

I can ...

Your love ...

Inspires

Comforts

Renews

Supports and

Encourages Me!

I hope you know how much

You're loved and appreciated for

Being the wonderful mother and

Woman that you are!

You bring a beautiful

Message of God's

Love to my life

Everyday!

Mother you were meant to shine,

You were born on this special day!

Happy Mother's Day!

Father's Day bowling party

Lincoln Military Housing will recognize dads June 15 from 2 to 5 p.m. Enjoy the afternoon together with pizza and bowling. All family housing residents are invited.

For photos and upcoming activities, residents can visit LMH's interactive Web site at www.samhoustonlpc.com. For more information, call LMH at 270-7638.

May Survey of the Month

Betty Grathwhol

May Yards of the Month

723 Patch

678 B Infantry Post

3003 Foulis Pass

432 Graham



Sports Briefs . . .

Softball tryouts

Players are needed for the men's and women's post softball team. For more information or to tryout, call Earl Young at 221-1180 or e-mail earl.t.young@us.army.mil.

Intramural golf standings

June 1 Final Standings

Place	Team	Points
Hogan Division		
1st	*USAISR #1	204
2nd	*USARSO #1	203.5
3rd	*5th Recruiting	181
4th	*BAMC #1	177
5th	*USAG	174.5
6th	GPRMC	173
7th	*MEDCOM #1	164
8th	Bunker #1	137
9th	*470th MI	144
10th	*120th	44
Daly Division		
1st	*ARNORTH	207.5
2nd	DMS Demons	207
3rd	MWR	203.5
4th	USAISR #2	179
5th	MEDCOM #2	169.5

6th	*264th Med. Bn.	164
7th	BAMC #2	158
8th	DCDD	139
9th	Bunker #2	90
10th	*DMRTI	79.5

*Commander's Cup Rep

**Top two teams in each division played in the championship round Tuesday.

Intramural Spring Softball Standings

May 31

Team	Win	Loss
264th Med. Bn.	9	0
ARNORTH	7	1
USARSO	7	4
NCOACAD	6	3
USAG	6	6
BAMC	6	7
4th Recon.	3	8
Silver Sluggers	2	8
470th MI	1	9

May 31

264th Med. Bn.	14	4th Recon.	3
264th Med. Bn.	14	Silver Sluggers	3
NCOACAD	24	Silver Sluggers	7

USARSO supports Spurs



Photo by Jose Rodriguez

The U.S. Army South Color Guard presents the colors May 30 during the fifth game of the NBA Western Conference Championship at the AT&T center in San Antonio. The USARSO color guard includes (from left) Sgt. Eric Pardo, Staff Sgt. Ragnar Jamieson, Sgt. Daniel Ramirez, Sgt. Angelina Montemoino and Pfc. Joseph Gutierrez. The San Antonio Spurs won the Western Conference Championship against the Utah Jazz, and will play Game 1 of the Finals against the Cleveland Cavaliers tonight.

Brooke Army Medical Center June Wellness schedule

Class	Date	Time	Location
Asthma Management	Tuesday, 9 and 26	2 to 3:30 p.m.	BAMC, Health Promotion Center, lower level, Room L31-9V
Body Fat Testing	15	8 to 10 a.m.	For class information, call Nutrition Care at 916-7261.
Blood Pressure Management	20	9 a.m. to 12 p.m.	BAMC, Health Promotion Center lower level, Room L31-9V. For more information, call 916-9900 and choose option No. 4.
Breast and GYN Cancer Support Group	Wednesday	9:30 a.m.	For class location, call 916-3352.
Diabetes Management	Monday, Tuesday, 18, 19 and 26	Call for more information	To participate, call Lila Kinser at 916-0794.
Diabetic Foot Care	Monday	1 p.m.	To schedule, call Family Medicine Service at 916-7932.
Weigh for Health (weight management)	14 and 21	1 to 2 p.m.	For class information, call Nutrition Care at 916-7261.
Weigh for Health (Weigh to Stay) Active Duty Military	Wednesday	2 to 3:30 p.m.	For class information, call Nutrition Care at 916-7261.
Yoga	Wednesdays	12 to 1 p.m.	BAMC, fifth floor, Room 531-14.
Tobacco Cessation Orientation	20	3:30 to 4:30 p.m.	BAMC, fourth floor conference room, Room 413-11. For more information, call 916-9900 and choose option No. 4.

Army Community Service June Financial Readiness Schedule

Class	Date	Time
Personal Financial Management	Today	2 to 4 p.m.
Understanding Your Credit Report	Tuesday	2 to 4 p.m.
Financial Planning	14 and 19	2 to 4 p.m.
Identity Theft	21	2 to 4 p.m.
Checkbook Maintenance	26	2 to 4 p.m.

- Personal Financial Management – Information on credit report, maintaining budgets and effective savings plans.
- Understanding your Credit Report – Pulling your individual credit report, reviewing, correcting and updating your credit report.
- Financial Planning – Information on savings, credit and establishing budgets.
- Identity Theft – Information on how not to become a victim, how to recognize and what to do if you become a victim of identity theft.
- Checkbook Maintenance – Offered for personnel referred by the command for abusing and misusing check-cashing privileges. All personnel can attend this class.

All classes are held in Building 2797, 2010 Stanley Road, Training Room 1. Class space is limited. To register for classes or for more information, call Lydia Rodriguez at 221-1612.

Post Worship Schedule

Main Post Chapel, Building 2200, 221-2754

Catholic Services:

4:45 to 5:15 p.m. - Confessions - Saturdays
5:30 p.m. - Mass - Saturdays
9:30 a.m. - Mass - Sundays
11:30 a.m. - Mass - weekdays

Protestant Services - Sundays:
8 a.m. - Traditional Protestant
11 a.m. - Traditional Protestant

Jewish Services: 379-8666 or 493-6660

8 p.m. - Fridays - Worship and
8:30 p.m. - Oneg Shabbat

Dodd Field Chapel, Building 1721, 221-5010 or 221-5432

Catholic Service: 12:30 p.m. - Mass - Sundays

Protestant Services:
10:30 a.m. - Collective Gospel Protestant - Sundays
9:30 to 11:30 a.m. - Women's Bible Study (PWOC) - Wednesdays, child care is provided.

Samoan Protestant Service:
8:30 a.m. - Sundays

Brooke Army Medical Center Chapel, Building 3600, 916-1105

Catholic Services:
8:30 a.m. - Mass - Sundays
11 a.m. - Mass - Sundays
11 a.m. - Mass - weekdays

Protestant Services: 9:30 a.m. - Sundays at NCO Academy

10 a.m. - Worship Service - Sundays

12 p.m. - Worship - Wednesdays

AMEDD Regimental Chapel, services are held at Evans Auditorium, Building 1396, 221-3297

Catholic Mass: 8 a.m. - Sundays

Protestant/Gospel Service: 9:30 a.m. - Sundays

Christian education: 11 a.m. - Sundays

Church of Jesus Christ of Latter Day Saints:

FSH Mosque, Building 607A, 221-5005 or 221-5007

10:30 a.m. - Children's Religious Education - Sundays
1:30 p.m. - Jumma - Fridays
7:30 p.m. - Adult Religious Education - Thursdays

Installation Chaplain's Office, Building 2530, 295-2096

Contemporary service: 11:01 a.m. - Sundays

Web site:

www.samhouston.army.mil/chaplain

Protestant Women of the Chapel

The Protestant Women of the Chapel meet Wednesdays from 9:30 to 11:30 a.m. and Thursdays from 6:30 to 7:30 p.m. at the Dodd Field Chapel. Childcare is provided for up to age 5. Visitors are welcome. For more information, call Lois Griffith at 226-1295 or visit www.samhouston.army.mil/chaplain/pwoc.



Vacation Bible School

The Installation Chaplain's Office will sponsor Vacation Bible School July 9 to 13 from 5:30 to 8:30 p.m. at Dodd Field Chapel's "Avalanche Ranch." Each day children will sing songs, play teamwork-building games, nibble "chuck wagon chow," take on a daily challenge to celebrate God's love, experience Bible adventures and collect "Bible Memory Buddies." Each day will conclude with a "Showtime Roundup" celebration that helps participants live what they've learned. Family Members and friends are welcome to attend the Roundup, which begins each day at 8 p.m. For more information, call Brian Merry, Installation Chaplain's Office, at 221-5006 or e-mail Brian.r.merry@us.army.mil.

Rebuilding New Orleans trip

Participants are needed to assist in "rebuilding" New Orleans. The trip is tentatively scheduled for the first week of August, and will be a Wednesday through Sunday evening. People need to call to reserve a spot as soon as possible. For more information, call Brian Merry, Installation Chaplain's Office, at 221-5006 or e-mail brian.r.merry@us.army.mil.

Cole's 2007 graduates earn \$9.5 million

By Dr. Gloria Davila

Fort Sam Houston Independent School District
Associate Superintendent

The 72 graduating seniors of the Robert G. Cole High School Class of 2007 were honored in a ceremony June 1 at Trinity University's Laurie Auditorium. The graduating seniors generated more than any other graduating class in the history of the high school, more than \$9.5 million in scholarship offers.

After the senior class entered the auditorium in a formal graduation processional, members of the Cole Junior ROTC Cadets posted the colors and senior Tierra Boykins led the audience in the Pledge of Allegiance. Graduate Tommy Leeds acknowledged all those responsible for the success of the members of the class of 2007.

In attendance were Maj. Gen. Russell J. Czerw, commander, Army Medical Department Center and School and Fort Sam Houston; Brig. Gen. James Gilman, commander, Great Plains Regional Medical Command and Brooke Army Medical Center; and Col. Wendy Martinson, commander, U.S. Army Garrison Fort Sam Houston.

Student Council President Chelsea Woodard, senior class president Anne Cenney and Valedictorian Roy Aviles presented a pictorial tribute to the graduating class entitled "The Past, Present, and Future" that celebrated the unique personality, variety of experiences and numerous accomplishments. The multimedia presentation was prepared by graduating seniors Nicole Ham and Chelsea Woodard.

Fort Sam Houston Independent School District Board of Trustees President Keith Toney accepted Cole Principal Dr. Roland Rios' certification that the seniors assembled had met all state and district requirements for a high school diploma and declared them graduates of Robert G. Cole High School.

In addition to Toney, Eustace Lewis, FSHISD board of trustees vice-president; Dr. CEM Maxwell, board secretary; and Jeanne Warren and Deborah Seabron, board members, attended the graduation ceremony.

Senior Class President Anne Cenney presided over the class' formal tassel turn, signifying that the seniors were now high school graduates.

Cole's 27 honor graduates were presented honor graduate medals by their parents. Honor graduates were accorded the honor of wearing a gold graduation robe.

Magna Cum Laude honor graduate status was achieved by Roy Aviles, Tierra Boykins, Anne Cenney, Cshakenah Fisher, Lionel Lowery III, and Lisa Marie Nieves. These students maintained a grade point average of 96 to 99 for all classes taken during their four-year high school career.

Twenty-one Cole students graduated with Cum Laude honors, a distinction earned by those students who maintain a grade point average of 90 to 95 for all classes taken their high school career. Cum Laude graduates included Ryan Boyles, Kathryn Bruce, Sarah Clark, Sarah Clark, Devon Daley, Alexander Dochnal, Allison Erickson, Chaquille Hicks, Christopher Huffman, Thomas Leeds, Cameron Lucke, Brittany Maas, Kathryn Marcrum, Michelle McClendon, James Phillips, Fabian Rodriguez, Stephen Sult, Melissa Velez, Kurt Walker, Chelsea Woodard and Jasmine Young.

Faculty sponsors of the senior class



Courtesy photo

Robert G. Cole High School graduate Roy Aviles is joined by happy parents Sgt. Maj. Heber and Jutta Aviles at Saturday's graduation ceremony. As the student with the highest academic rank, Roy was designated Valedictorian. He will attend Texas A&M University at College Station on a four-year ROTC scholarship.

were Rita Hansen, Nancy Hildenberg, Lt. Col. retired Robert Hoffmann, Dr. Martin McCall and Jackie Stott. Coordinating the graduation ceremonies were Cole administrators Dr. Roland Rios, Susan Hawkinson and Elizardo Hernandez; counselors Julie Coffey and Victoria Wood; and Dr. Dee Dee Lewis, special education campus coordinator.

Summer work hours for Fort Sam Houston school district posted

By Dr. Gloria Davila

Fort Sam Houston Independent School District Associate Superintendent

The Fort Sam Houston Independent School District Administrative Office will observe summer work hours through July 27. The district's Administrative Office will be open Monday through Thursday from 7:30 a.m. to 5 p.m., and closed Fridays. Regular hours will resume July 30.

Fort Sam Houston Elementary School will observe summer work hours through June 28 and will be open Monday through Thursday from 8 a.m. to 11:30 a.m. and 12:30 to 3:30 p.m., and closed Fridays. The school office will be closed July 2 through July 27, reopening July 30.

Robert G. Cole Jr./Sr. High School will observe summer work hours through June 28 and will be open Monday through Thursday from 8 to 11:30 a.m. and

from 12:30 to 3:30 p.m., and closed Fridays. The school office will be closed June 29 through July 25, reopening July 26.

The Military Coop, which provides special education services for Lackland, Randolph and Fort Sam Houston school districts, will be open Monday through Friday from 7:30 a.m. to 4 p.m. through June 29. The coop office will be closed July 2 through Aug. 3, reopening Aug. 6.



(Above) "Donna the Clown" entertains children with balloon creations at BAMC's National Cancer Survivors Day event.

(Left) Debra Ochoa places her leaf on the Tree of Life. Ochoa was diagnosed with colon cancer in 2002. She works at the Fort Sam Houston Youth Services Center and said that it is her work that keeps her going.



"Otis," a therapy dog for the Delta Society, was a big hit with all attendees at the National Cancer Survivors Day held at BAMC. "Otis" was rescued from a truck stop where he had been abandoned before finding his home with Delta. The society is a source of therapy and comfort for patients and beneficiaries at Brooke Army Medical Center and works with BAMC's Department of Ministry and Pastoral Care.



Massage therapy was offered to event attendees. The value of massage as a therapeutic tool was welcomed by those who took advantage of the free 10-minute session.



Susie Ferrise (far left), Brooke Army Medical Center coordinator for the National Cancer Survivors Day event, watches the festivities with Brig. Gen. James Gilman, commander, BAMC and Great Plains Regional Medical Command, and wife, Jeffri. Gilman read the proclamation kicking off the event.



Capt. Renee Cole, chief, Health Promotions, Brooke Army Medical Center, discusses the importance of diet in the battle against cancer and maintaining a healthy lifestyle.

Fiesta for Life

Cancer survivors celebrate life at BAMC event

Cancer survivors celebrated their triumphs and shared their challenges in the battle with cancer during a Fiesta for Life celebration Sunday at Brooke Army Medical Center.

More than 450 survivors, friends and Family Members gathered for the event, which was hosted by BAMC in honor of National Cancer Survivors Day, celebrated throughout the nation each year on the first Sunday in June.

BAMC Commander Brig. Gen. James K. Gilman started off the celebration – which took place outside the hospital and in the Medical Mall – with a proclamation and BAMC Command Sgt. Maj. Craig Layton, spoke about his personal battle with prostate cancer.

“Cancer can be a difficult and lonely road,” he said at the end of his speech. “Trying to balance doctor appointments, treatments and side effects with life, work and family can deplete even the most determined ... That’s why a day like today is so important.”

One by one, more than 200 survivors placed a paper leaf on a green board, eventually forming a “Tree of Life.” On each leaf was the survivor’s name, age and type of cancer.

As the cancer survivors walked up to the Tree of Life and added their own leaf, Family Members were there with cameras or even just a hug and a smile.

“I am not allowing cancer to slow me down,” said Eddyth Worley, who was there with her 2-year-old grandson Tripp.

Worley was first diagnosed with ovarian cancer in 1981. Since then, she’s had three additional forms of cancer found. A bone marrow transplant, radiation treatment and 10 different chemotherapy treatments, and her resolve resembles that of most of the survivors.

“This is why I fight hard,” she said as she pointed to Tripp.

Attendees enjoyed a free lunch while the Medical Command Jazz Band played in the background and survivors shared their stories. Therapy dogs roamed the grounds, and the cadence of congo-like drums could be heard as survivors pounded out a rhythm. Drumming has become a very popular form of therapy.

Inside, there was information about nutrition, clothing, free art lessons, free massages and even free Reiki treatments. Reiki is a Japanese method of attempting to balance one’s energy in a non-invasive, holistic manner.

“It’s an exciting day, especially since I am sharing it with my family,” Worley said. “It also enables us to share our story with others who are going through the same thing. Everyone I have met here today has now become my extended family.”

“It was a successful day” said Suzie Ferrise, event coordinator. “We are hoping this becomes an annual event for us.”

(Source: BAMC Public Affairs)



Courtesy photos

Two-year-old Tripp Voight places his grandmother’s leaf on the tree of life. Eddyth Worley was diagnosed with four types of cancer since 1981. She has ovarian cancer, lung cancer, stomach cancer and intestinal cancer, one of which is incurable. Worley attended the event, family in tow, to celebrate her continued living despite her prognosis.



Brooke Army Medical Center’s Command Sgt. Maj. Craig Layton (left) holds a Goffin’s cockatoo named “Izit” with assistance from the birdman, Bill Jordan, at BAMC’s first National Cancer Survivors Day event. Jordan works at BAMC’s Optometry Clinic.

Post Pulse: What are your plans for summer vacation?



"First swim lessons, then go to grandma and papa's for two weeks. Then come back."

Christopher Rath, 9



"I'll be coming to the pool with my friends and going to ballet, tap and jazz dance classes."

Kelsey Garner, 13



"We are going to have swim lessons here at the aquatic center and then I go to Cub Scout camp."

Blake Tucker, 9



"I go to dance. I'm a full-time dance student, and I'll hang around the pool."

Ashton Schifani, 11

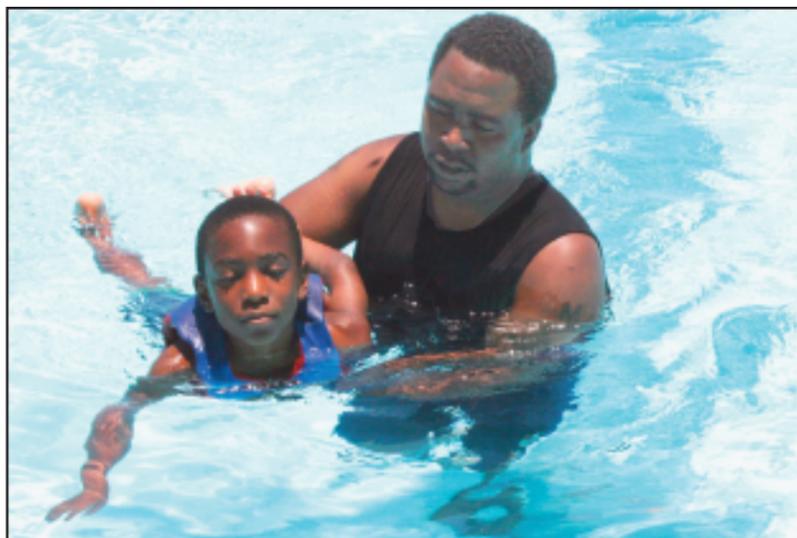


"To go to granny and grandpa's house in Arkansas."

Dustin Williams, 9



Dive into summer fun



Photos by Olivia Mendoza

(Above, left) Swimmers of all ages get a cool start to a long, hot summer at the Fort Sam Houston Aquatic Center, located on W.W. White Road. The pool is now open daily for the summer from 12 to 8 p.m. Admission is free for Department of Defense ID cardholders. For more information, call 221-4887 or 221-1234.

(Above, right) Edward Moore gives a one-on-one swim lesson to his 8-year-old son, Kyree, at the Fort Sam Houston Aquatic Center Monday. Formal swim lessons are available at the Aquatic Center through July 23. Register in person weekdays from 11 a.m. to 6 p.m. The cost is \$40 per student and includes lessons, certificate of completion, class photo and T-shirt. For more information, call 221-4887 or 221-1234.

Football field trip

(From left) Sgt. 1st Class Cedric Davis, Sgt. 1st Class Laura Mincey and Sgt. Thomas Labeth, representing Fort Sam Houston, presented the game ball to the referee on the field May 27 during the Austin Wranglers Military Appreciation Game vs. the Philadelphia Soul. Fort Sam Houston Morale, Welfare and Recreation purchased 750 tickets so military members could attend the arena football game. "What a great way to celebrate Memorial Day weekend with the family and some action-packed Arena Football," Davis said. In addition to presenting the game ball, the three Soldiers were able to watch the game with their families in a suite provided by the Wranglers and were presented with an Austin Wranglers jersey and autographed Deion Sanders football.



Photo by Dana Davis



Water Conservation

Tip of the Week

Watering your lawn in the early morning minimizes evaporation and waste. A hearty rain can eliminate the need for watering for up to two weeks.

Serve Your Country One Patient at a Time

210-692-7376

HEALTHCARE.GOARMY.COM

Community Recreation

MWR Web site, Information Hotline

Access information about Morale, Welfare and Recreation events, activities and programs 24 hours a day. For more information, call the hotline at 295-3697 or visit www.fortsamhoustonmwr.com.

KRAFT Family Appreciation Night

KRAFT salutes Fort Sam Houston at Military Family Appreciation Night Sunday at 4:05 p.m. with the San Antonio Missions Baseball organization at Wolff Stadium. Several pre-game activities for the military will be held. Military Family Nights recognize and thank military personnel in San Antonio and surrounding areas for their service. Ticket vouchers can be picked up today at the Fort Sam Houston Bowling Center, Golf Club, Sam Houston Club, library, Jimmy Brought Fitness Center or Army Community Service. The vouchers can be converted to free general admission tickets at Wolff Stadium or may be used to upgrade the seats with a small additional payment. For more information, call 221-2606 or 221-9904. The Salute to Military Families is sponsored by KRAFT.

Martial arts demo, autograph session

Fort Sam Houston Morale, Welfare and Recreation and the Randolph and Lackland Air Force Base Services will host movie premieres of the critically acclaimed movie "The Prodigy" to select audiences this month. In addition to the movie premiere, Fort Sam Houston MWR is partnering with Beyond the Buzz Marketing to host a martial arts demonstration by martial arts expert Ron Balicki and an autograph session with the actors and director at the Fort Sam Houston Post Exchange. The movie premiere will be shown exclusively to advanced individual training and initial entry training Soldiers at the Hacienda Recreation Center today at 6:30 p.m. However, the martial arts demonstration and autograph session are open to the general public. The martial arts demonstration will take place Friday from 11:30 a.m. to 12:30 p.m. at the Jimmy Brought Fitness Center. The autograph session will follow at the PX from 12:45 to 1:45 p.m. For more information, call 221-2606 or 225-1305.

Heart of Texas Triathlon #2

The Fort Sam Houston Heart of Texas Triathlon #2 (300 meter/20 km/5 km) will be held June 17. Both events begin at 7:30 a.m. at the Aquatics Center. For more information or to register, call 221-2020 or 221-1234.

Equestrian Center youth camp

Registration for the Summer Youth Horsemanship Camp will continue until classes are full at the Equestrian Center. Camp is for youth ages 7 to 17 and consists of a one-week session held from 9 a.m. to 3 p.m. each day. The first session begins Monday; the last session ends Aug. 10. The registration fee is \$195 with a required \$25 deposit. For more information, call 224-7207.

Outdoor pool is open

The Aquatic Center outdoor pool is open daily from 12 to 8 p.m. for the summer. Admission is free. For more information, call 221-4887 or 221-1234.

Summer swim lessons

Registrations for Red Cross swimming lessons will continue until classes are full at the Aquatic Center. Individuals must register in person Monday through Friday from 11 a.m. to 6 p.m. The cost is \$40 per student and includes lessons, certificate of completion, class photo and T-shirt. Payment is due

at time of registration. Lessons are conducted in two-week sessions held Monday through Friday from 8:15 to 9:15 a.m. and 10:45 to 11:45 a.m. Four summer sessions will be offered. For more information, call 221-4887 or 221-1234.

Sail Away with Books

The Keith A. Campbell Library Summer Reading Club is under way. The theme is "Sail Away with Books!" The program is open to students in pre-school through eighth grade. Sign up at the library and get a cloth book bag with a SeaWorld ruler, pencil and a "Here's to the Heroes" flyer. Prizes are available to readers who meet the reading requirements. Participants who read more than 1,000 total pages during the summer may enter to win a SeaWorld backpack filled with SeaWorld passes and prizes. The program ends in August. For more information, call 221-4702 or 221-4387.

Woodworking hobbies, projects

Visit the Wood Skills Center at Randolph Air Force Base for all of your woodworking needs. Customers can select from a variety of finished products such as flag boxes, coin holders and shadow boxes, or other unique items can be special ordered. In addition, the wood center's staff can assist do-it-yourself carpenters with their individual projects. After certification on the Wood Skills Center equipment, patrons can use the facility located in Building 895 to make all of their woodworking projects. For more information on the Beginners Woodworking Class or parent/child classes, call 652-7422.

Golf Course, 222-9386

Summer junior golf camps

The Fort Sam Houston Golf Course will host junior golf camps throughout the summer. The next session will be held June 25 through 29 from 8 to 10 a.m. The cost for a one-week session is \$60. The junior golf camps are designed for three different age groups: 7 to 9 years old, 10 to 12 years old and 13 to 16 years old. Campers will be instructed on putting, chipping, etiquette, safety and more. For more information, call James Benites at 355-5429.

Father's Day golf tournament

The Fort Sam Houston Golf Club will host a Father's Day Tournament June 17. The shot gun time for the two-person scramble event will be 12:30 p.m. Entry fees for the tournament are \$35 for members and \$50 for non-members. There will be net and gross prizes awarded after the tournament at a dinner and awards ceremony. For more information, call 222-9386.

Dining and Entertainment

Sam Houston Club, 224-2721

Father's Day Brunch

Take dad to Sunday Brunch at the Sam Houston Club for a Father's Day Brunch June 17 from 10 a.m. to 1:30 p.m. The brunch features a chocolate fondue station, complimentary champagne and an international food station. The cost is \$15.95 for nonmembers, \$13.95 for members and \$7.95 for children 6 to 11 years old. Children 5 years old and younger eat free. Reservations are encouraged. To make reservations and for more information, call 224-2721.

At the Copa

Support the Better Opportunities for Single Soldiers during their performance of "At the Copa" June 28, from 7 to 8:30 p.m. at the Hacienda Recreation Center. "At the Copa" is one of Fort Sam Houston's entries in the 2007 U.S. Army Festival of the Performing Arts. The variety show features civilian and military vocalists, dancers and musicians performing in a nightclub setting. For more information, call 224-7250.

Great Getaways Sweepstakes

Register for a chance to win an all-inclusive grand prize vacation package for two at one of four Armed Forces Recreation Centers. The sweepstakes is open to Service Members, retirees, DoD civilians and their Families, age 18 or older. Those eligible may enter through Aug. 31. For more information or to enter, visit <http://www.afrcresorts.com/sweepstakes>.

Texas Hold 'em

Sign up now for a new round of Texas Hold 'em July 13 at the Sam Houston Club from 6 p.m. until a winner is declared. Register by July 11 for \$20, which includes a special meal and unlimited soft drinks. The first-place winner will receive a \$700 travel voucher for Southwest Airlines, second place receives a \$300 Army and Air Force Exchange Service gift card and third place receives a \$200 AAFES gift card. For a complete list of prizes and official rules, visit the Sam Houston Club. Players must be at least 21 years old to participate. For more information or to reserve a seat, call 224-2721 or 226-1663.

Harlequin Dinner Theatre, 222-9694

The comedy, "Proposals," by Neil Simon, will play through June 30. Tickets are \$24.95 Wednesdays and Thursdays, and

\$27.95 Fridays and Saturdays. Doors open at 6:15 p.m., the buffet is from 6:30 to 7:30 p.m. and the show begins at 8 p.m. For more information or to make reservations, call 222-9694.

MWR Ticket Office, 226-1663

The Morale, Welfare and Recreation ticket office has discounted tickets for Splashtown. The tickets are for daily entrance and sell for \$8. Also available are tickets for the Daytona International Speedway's 2007 Pepsi 400, SeaWorld season passes and more. The ticket office's summer hours are extended through August. The hours are Tuesdays through Fridays from 10 a.m. to 5 p.m., Saturdays from 10 a.m. to 2 p.m. and closed Sundays and Mondays. For more information, visit www.fortsamhoustonmwr.com or call 226-1663 or 224-2721.

Child and Youth Services

HUGS play group

Join other parents and children for an interactive parent and child play group, which meets Tuesdays from 9 to 11 a.m. at Dodd Field Chapel. The Help Us Grow Securely play group, sponsored by the Family Advocacy New Parent Support Program, is for children up to age 5. Registration is not required. For more information, call Wendy Dolan at 221-0326.

Summer camp registration

Summer camp registration for School Age Services and Middle School and Teens is ongoing at Central Registration, Building 2797, from 8 a.m. to 5 p.m. until spaces are full. Children must be registered with Child and Youth Services. To register, patrons must provide sponsor's Leave and Earnings Statement and spouse's W-2 form, two local emergency designees, an \$18 registration fee per child and child's Social Security number. A current immunizations record and a health assessment for kindergarten through fifth grade is required. There is a non-refundable deposit for School Age Services.

Parent Advisory Council meeting

The Child and Youth Services Parent Advisory Council will meet June 19 from 11:30 a.m. to 12:30 p.m. at the Child Development Center. Lunch will be provided. All CYS patrons are encouraged to attend. This is an opportunity to meet staff, attend parent workshops and learn of upcoming events.

FCC providers

Family Child Care is looking for family members interested in becoming certified FCC providers. There is a no-cost start-up plan. For more information, call 221-3828.

Off-post childcare options

The Army Child Care in Your Neighborhood program offers military families more childcare options in the local community. There are two childcare centers and 25 civilian providers in areas surrounding Fort Sam Houston for use by local Army families. The centers and providers are monitored to ensure they meet Army standards. For more information, call Family Service Association at 431-7570 or Fort Sam Houston Central Registration at 221-4871.

Family Child Care Online

Family Child Care Online is a marketing

tool that allows parents to take a virtual tour of FCC homes. In addition, parents can read about the provider's philosophy of care, hours of operation and background. This online tool can be accessed through Child and Youth Services Central Registration, Building 2797, from 8 a.m. to 4:30 p.m.

Sport physicals

Patrons interested in summer and fall sports should make appointments for a sport physical now. Patrons will need a sport physical to register. Patrons must be registered with Child and Youth Services to participate in sports. For more information or registration requirements, call Central Registration at 221-4871 or 221-1723.

Volunteer coaches needed

Youth Services is seeking volunteers to coach summer basketball and volleyball, and fall football. Applicants must clear a background check. Application packets can be picked up at Central Registration, Building 2797, or the Youth Services sports office, Building 1630.

Summer basketball registration

Register for Night Hoops Summer Basketball League for ages 9 to 17. Patrons must be registered with Child and Youth Services. At the time of registration, patrons must provide a current sport physical that is valid through the entire season, Leave and Earnings Statement, spouse's W-2 form, current shot record for kindergarten through fifth graders, child's Social Security number, two local emergency contacts, \$18 registration fee and \$45 activity fee. For registration requirements, call Central Registration at 221-4871. For sports information, call the sports office at 221-5519.

Fall football, cheerleading

Register for fall football and cheerleading for ages 5 to 14. Patrons must be registered with Child and Youth Services. At registration, patrons must provide a current sport physical that is valid through the entire season, Leave and Earnings Statement, spouse's W-2 form, current shot record for kindergarten through fifth graders, child's Social Security number, two local emergency contacts, \$18 registration fee and \$60 football fee and \$50 cheerleading fee. For registration requirements, call Central Registration at 221-4871. For sports information, call the sports office at 221-5519.

SKIES Unlimited classes available

The Child and Youth Services SKIES Unlimited program offers classes for children ages 6 to 18 who are registered with CYS.

School of Languages

- German: Monday, 30-minute classes from 9 to 10:30 a.m. for beginner, intermediate and advanced students, located in Building 2530.
- German: Monday through Wednesday, 90-minute classes, from 3:30 to 5 p.m. and 5 to 6:30 p.m. for beginner, intermediate and advanced students, located in Building 1630A.
- Arabic: Thursday, 90-minute classes from 3:30 to 5 p.m. and 5 to 6:30 p.m. beginner and intermediate students, located in Building 1630A.

To determine the child's skill level and for prices, call the instructor, Rabiaa Gardner, at 744-2304.

School of Music

Piano lessons will be held every Tuesday in 30-minute increments from 10 a.m. to 12 p.m. and 4 to 6 p.m. one half hour per week, in Building 2018. The cost for each lesson is \$20. Lesson books are to be purchased by the students.

School of Sports

Tennis lessons will be held Monday through Friday from 3:30 to 4:30 p.m. for 5- to 6-year-olds and 3:30 to 6:30 p.m. for 6- to 18-year-olds. Lessons are held at the tennis court on the corner of Hardee and Scott streets on Fort Sam Houston. Children must furnish their own tennis racket and missed lessons will not be made up. The cost is \$50 a month for the one-hour class and \$150 a month for the three-hour class.

Payment is due on a monthly basis and registration is required with Child and Youth Services prior to the first class. The first month's fees are due at time of registration at Building 2797. Fees are due and payable at the beginning of each month, and can be paid at the Child Development Center, Building 2530; School Age Services, Building 1705; or Middle School and Teens, Building 1630. Missed lessons will not be made up. For more information, call 221-1723 or 221-4871.

Events

ASMC Community Project

The American Society of Military Comptrollers will sponsor a community cleanup project Saturday from 9 a.m. to 12 p.m. at the Sunshine Plaza Apartments, 455 E. Sunshine Drive, San Antonio. The project involves light cleaning for senior residents. School students can earn a certificate for up to three hours of community service. To volunteer, call Denise Perryman at 652-5328 or e-mail denise.perryman@randolph.af.mil.

Flag Retirement Ceremony

Veterans of Foreign Wars James B. Sprague Memorial Post 8541 will host the annual District 20 Flag Retirement Ceremony June 14 at 6 p.m. at 2222 Austin Highway in San Antonio. The ceremony is open to the public. For more information, call 655-2944.

'Night of a Thousand Stars'

The United Way Volunteer of the Year Awards dinner, "Night of a Thousand Stars," will be held June 14 at 7 p.m. in the Henry B. Gonzalez Convention Center, Ballroom C. The cost is \$35. Come support Fort Sam Houston volunteers. For more information or reservations, call Sue York at 221-9821.

Flag Day ceremony

A Flag Day ceremony will be held June 14 at the Plaza of the Presidents of the National Museum of the Pacific War in Fredericksburg, Texas. The ceremony is free and open to the public. For more information, call 830-693-9707.

USO Canteen Dance

The United Services Organization will revisit the 1940s for the third annual USO Canteen Dance June 15 at the Omni San Antonio Hotel. The nostalgic fundraising event will feature the Sentimental Journey Orchestra performing big band music, dancing, a swing dance contest and a silent auction of World War II memorabilia. Tickets are \$40 each or a table of 10 for \$400. For more information, call Julie Nichols at 227-9373, ext. 12.

Lupus Education Program

The Lupus Foundation of America will conduct a Spanish-speaking free public education program, "Lupus Now: State-of-the-Art Approaches from the Experts," for patients, families and health professionals June 16 from 1 to 4:30 p.m. at the University of Texas at San Antonio, Health Sciences Center Auditorium, 7703 Floyd Curl Drive, San Antonio. To register online, visit <http://www.lupus.org/registration> or call 1-866-430-6870. For more information, call Susan Drinan Bowes at 202-349-1153.

Soldier golf tournament

The Alamo Chapter of the Association of the U.S. Army will sponsor its 10th annual "For the Soldier" golf tournament June 18 at the Fort Sam Houston Golf Course; soft spikes are required. The cost is \$80. All proceeds will be used to benefit Soldiers and their Families. For more information, call retired Command Sgt. Maj. Correa at 771-3514 or e-mail ccorreal@satx.rr.com.

West Corporation job fair

The Family Employment Readiness Program will spon-

sor a small hiring seminar with West Corporation June 22 from 10 a.m. to 2 p.m. at Army Community Service, Building 2797. West Corporation, located in Universal City, is looking for employees to fill inbound customer service and call center positions. Starting wage is \$9 per hour. For more information, visit www.westemployment.com or call Jennifer Swiger at 221-0516.

MOAA-Alamo Chapter luncheon

The Military Officers Association of America-Alamo Chapter luncheon will be held June 28 at the Lackland Air Force Base Gateway Club; the social hour begins at 11 a.m. and the luncheon at 11:45 a.m. The guest speaker will be Brig. Gen. (Dr.) David G. Young III, who will discuss Base Realignment and Closure developments, TRICARE changes, and the new clinic and pharmacy center. The cost is \$16 per person. For more information or reservations, call 228-9955 by June 25 or e-mail moaa-ac@sbcglobal.net.

Honorary bat boys

Nominations to become an honorary bat boy for the San Antonio Missions home games throughout the summer will be accepted for military youth 18 years old and younger. Honorary bat boys help on the field at a game, receive a Missions cap and special T-shirt, tickets for their family to attend the game, and participates in the on-field opening ceremonies at Missions home games Friday, Saturday or Sunday. To register, send in a post card with the nominee's name, age and phone number on a 3-by-5 inch card to: San Antonio Missions Baseball Club, Kraft Singles Honorary Batboy, 5757 Highway 90 W., San Antonio, Texas 78277.

Youth essay contest

Military children are invited to participate in a youth essay contest, on the topic, "The Person I Admire." The contest is open to children age 18 and younger eligible to use Services and Morale, Welfare and Recreation facilities at participating bases. The contestants' essays should include name, age, telephone number and the base with which they are associated. Essays should be postedmarked before July 10 and mailed to: San Antonio Missions Baseball Club, Post Cereal Youth Essay Contest, 5757 Highway 90 W., San Antonio TX 78277.

NCFC for enrolled beneficiaries

The North Central Federal Clinic, a joint Air Force/Veterans Affairs medical facility located off Loop 1604 and Interstate Highway 281, only serves beneficiaries who are enrolled or assigned to that particular clinic. All other active duty military members and other personnel are not eligible to use the NCFC's pharmacy, lab or radiology services. For more information, call 483-2900.

Training

Resume Writing Workshop

The Family Employment Readiness Program will offer a "How To" Resume Writing Workshop June 20 from 9 to 11 a.m. at Army Community Service, Building 2797. Reservations are requested. This workshop is free to all military ID cardholders. For more information, call Jennifer Swiger at 221-0516.

Army Knowledge Online training

Army Knowledge Online hands-on training will be held June 27 from 1 to 4 p.m. and July 11 from 8:30 to 11:30 a.m. at Willis Hall, Building 2841, Room 2105C. The training will include starting an account, white pages, searching, quick links, self service, files, site map and network. For more information, call Julie Gueller at 221-6203.

Force tracking system training

The Information Management Training Branch will provide training courses for all active military services in June or September. The Force XXI Command Brigade and Below-Blue Force Tracking System is a digital, Battle Command Information System that provides on-the-move, near-real-time battle command information to tactical combat, combat support and combat service support leaders and Soldiers. FBCB2 is a key component of the Army Battle Command Systems. To register, enter the ATRRS system course number 5K-F21/012-F46. For more information, call Marvin Danzy at 221-0640 or e-mail marvin.danzy@amedd.army.mil, or Hartense Green at 221-2216 or e-mail hartense.green@amedd.army.mil.

Meetings

Audie Murphy Club meeting

The Sergeant Audie Murphy Club will meet June 28 with a member's lunch at 11:30 a.m. and the meeting at 12 p.m. at the Sam's Sports Bar inside the Sam Houston Club. Sergeant Audie Murphy and Sergeant Morales members are invited. New members are always welcome. For more information, call 1st Sgt Clay Istre at 286-4033 or 332-0722.

Volunteer

Lackland Periodontics Department seeks patients

The Wilford Hall Medical Center Department of Periodontics at Lackland Air Force Base seeks patients with specific needs for treatment in the Periodontics Residency Program. Applicants must be active duty military, a retiree or a Family Member, and recently determined by a dentist to require periodontal specialty treatment. Individuals enrolled in the Dependents' Dental Plan are not eligible for treatment unless they have exceeded their annual coverage. Eligible patients must obtain a written consult from their referring dentist. People can fax the consult to "Attention, Periodontics" at 292-5193, or stop by the MacKown Dental Clinic. Patients will be selected for treatment based on the needs of the periodontal training program. For more information, call 292-4773.

Smoking cessation assistance

Wilford Hall Medical Center is conducting a study to evaluate an innovative approach to smoking cessation. Project Health Improvement Through Changing Habits offers assistance for people who want to quit smoking by providing smoking cessation medications and two different minimal contact programs. Participation is open to active duty service members, dependents and retirees who receive medical care through Wilford Hall Medical Center. For more information, call 292-2909.

Submission guidelines:

Freebies are published on a first-come, first-served basis. The deadline is noon Monday. Freebies are intended for personal household goods, and may only be submitted by active, retired or reserve military members and civilian employees working on



Fort Sam Houston. Real estate ads will not be published. To submit a Fort Freebie, e-mail news.leader@samhouston.army.mil or fax to **221-1198**. Freebies run for one week unless submitter calls to renew. Limit of five items per entry. For more information, call 221-1031.

For Sale: 2005 Ford FX4 Supercab, silver and black, leather, fully loaded, 20K miles, one year remaining on warranty, \$25K. Located on BAMC Tuesday thru Friday. Call Chief Tollison at 228-365-6115.

For Sale: INSTY patio-car cover, 12 feet by 20 feet, \$100; brass twin bed frame, \$25; Canon BJC-5000 printer, \$25; weights 2-25lbs, \$20. Call 370-3123.

For Sale: Variety of indoor and outdoor plants; wood daybed with trundle, \$100; four-drawer dark wood chest, \$50; wood dollhouse with furniture and other accessories, \$100. Call 260-3975 or 223-4606.

For Sale: Portable basketball hoop, \$20; 13-inch color TVs \$40 each. Call 680-1079.

For Sale: Solid hardwood table, 48 inches by 36 inches, rustic finish with four chairs, in excellent condition, \$500; Pennair Legend li Pool Cleaner, in excellent condition, \$250; Canon Ae-1 Program 35 mm camera, includes two lens, flash and other extras, \$200. Call 697-9261 or 363-4056.

For Sale: Male golden retriever \$145; female Boston terrier, \$275; Whirlpool dishwasher, \$125; refrigerator, 3 feet by 3 feet, works great, \$85; oversized mauve leather chair, \$295; van and

SUV, third seat, \$40. Call 633-3859.

For Sale: 2004 Harley-Davidson VROD-B, silver with black frame, 10,500 miles, includes two keys with alarm, stage 1 kit, D&D 2-into-1 exhaust comes with three helmets and kit for rear seat, \$14,000 obo. Call 336-2532.

For Sale: Antique fainting couch, \$300; upright freezer, \$100; desk with spiral legs, \$75; pair of chairs, \$60. For photos or information, call 265-1803.

For Sale: Jazzy motorized wheelchair with detachable foot rest and instruction booklet, \$1,050. Call 661-3765.

For Sale: 1994 Corvette, red, tinted windows, leather seats, Pioneer system, 40K miles, \$16,000. Call 680-1079.

For Sale: Complete inventory of jewelry, items include a collection of earrings, pins, necklace pendants and many more.

Jewelry is made from an assortment of natural and semi-precious gemstones in jade, coral, hematite, malachite, and Austrian crystal, complete inventory, \$9,950. Call 577-8106 or 625-0272.

For Sale: Army female enlisted dress blues, size 10, \$175. Call 885-5325 or leave a message at 590-9977.

For Sale: Men's Breitling Superocean watch, black face

with date, mint condition, includes SN, all papers and original packaging, \$1,995; navy blue "Baby Trend" double jogger stroller, \$65; large pet door insert for sliding glass door, \$25. Call 265-3140.

For Sale: New dining room set, table with four chairs, \$450; plus a matching baker's rack for free. Call 320-4857 weekdays after 5:30 p.m., Saturdays and Sundays, 9 a.m. to 10 p.m.

For Sale: Antique marble top dresser, \$400; rustic style entertainment center, \$200; upright Kenmore freezer, \$250; refrigerator/freezer with icemaker, \$200; teak grandfather clock, \$400. Call 262-5501.

For Sale: Color TV, in good condition, \$55; tube tester with instruction booklet, \$15; Underwood typewriter, \$60; left-handed golf clubs, \$160. Call 227-6590 or 414-8265.

Moving Sale: June 15 and 16, 8 a.m. to 2 p.m., 3457 Rock Hill View, Schertz. Antiques, crystal, dishes, linens, furniture, appliances, crafts, sewing and lots of good stuff. For more information, call 566-2169.

Free to Good Home: Dachshund, good with kids and other dogs, just needs lots of love, includes dog bed and crate. Call 507-2612 after 5 p.m.