

News Leader

FORT SAM HOUSTON

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**SMA
LEON VAN
AUTREVE
WRATH
LAYING
CEREMONY**

**JUNE 14
5 p.m.
Fort Sam
Houston National
Cemetery**

"One Team, Supporting Military Missions and Family Readiness!"

Wong takes command of BAMC, Southern Regional Medical Command

By **Diana L. Struski**
Director, Strategic
Communications, Southern
Regional Medical Command

With more than 400 Army Soldiers and Air Force Airmen from 11 military treatment facilities on the parade field, plus 300 guests from throughout Texas, Maj. Gen. M. Ted Wong assumed command of Southern Regional Medical Command and Brooke Army Medical Center

June 2 from Brig. Gen. Joseph Carvalho, Jr. Lt. Gen. Eric B. Schoomaker, U.S. Army Surgeon General and commanding general, U.S. Army Medical Command, officiated the change of command.

Wong has held a variety of clinical and staff assignments during his career, including currently serving as the 26th Chief of the Army Dental Corps.

He was also the for-

mer deputy commanding general for Readiness, Western Regional Medical Command and the commanding general at William Beaumont Army Medical Center, Fort Bliss, Texas.

Wong also served as the ninth commander of the U.S. Army Dental Command, with responsibility for the operational missions of all Army dental activities and dental

See BAMC, P5



Photo by Kara L. Carrier

(From left, back row) Maj. Gen. M. Ted Wong; Lt. Gen. Eric Schoomaker; Brig. Gen. Joseph Carvalho, Jr.; and (standing front row) commander of troops Col. Kyle D. Campbell, Chief of Staff of Southern Regional Medical Command, prepare to inspect Medical Command's Army and Air Force troops June 2.

Maj. Gen. Reuben Jones (left) and Command Sgt. Maj. Abe Vega (right) prepare to case the Family and Morale, Welfare and Recreation Command's colors June 3, 2011, to mark the deactivation of the organization at Fort Sam Houston while Lt. Gen. Rick Lynch watches.

Photo by
Evan Dyson



Army MWR integrated into Installation Management Command

By **Tim Hips**
IMCOM Public Affairs

Lt. Gen. Rick Lynch, commanding general of the Installation Management Command, presided over a ceremony marking the integration of the Army's Family and Morale, Welfare and Recreation Command into the Installation Management Command June 3.

The ceremony on the Fort Sam Houston parade field completed the Family and Morale, Welfare and Recreation Command's Base Realignment and Closure law-mandated move from

Alexandria, Va., to Texas.

Immediately after the FMWRC Command colors were uncased and presented, they were retired during a deactivation ceremony that formally made Army Family and MWR programs part of IMCOM and marked the creation of a Family and MWR Programs (G9) Division.

The mission of the newly established G9 is to serve the needs and interests of each individual in the Army community for the duration of

See FMWRC, P10

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Fort Sam Houston Post Exchange putting the heat on crime

 By Nicole Kochenburger &
 Maria Barrera
 Fort Sam Houston Post Exchange

Despite the use of closed circuit television cameras with DVR technology, expanded use of electronic article surveillance and an aggressive youth awareness campaign, theft at the Fort Sam Houston Post Exchange rose 25 percent last year, from 81 incidents in 2009 to 101 in 2010.

The Army & Air Force Exchange Service, which has contributed more than \$2.4 billion to Air Force Services and Army Family and Morale, Welfare and Recreation Command programs in the past 10 years, continues to focus its efforts on reducing theft.

“Shoplifting at the exchange results in a reduced return on investment to our primary shareholders – the military community,” said general manager Kenneth Klein.

“Because the exchange is a command with a mission to return earnings to quality of life programs, people who steal from the exchange don’t only harm themselves, but directly impact FMWRC’s ability to complete its mission,” Klein added.

If shoplifting is suspected, the exchange’s loss prevention office turns the issue over to local law enforcement.

During an average week, one to 10 people are invited back to the AAFES loss prevention offices after being caught shoplifting, Klein said, adding that there is no one specific group that steals more than another.

“We have kids from

10 to 17, active-duty Soldiers, spouses and civilian contractors,” he said.

“The punishment for being caught stealing results in a minimum of a person’s AAFES privileges being suspended for six months, which includes the PX and all of the eating establishments on post.”

In addition to possible disciplinary action and/or criminal prosecution, the Federal Claims Collection Act allows AAFES to enact a flat, administrative cost (civil recovery)



of \$200. There may be further fees, in addition to the Civil Recovery Program, depending on the condition of the stolen merchandise.

Thought of the Week

The history of the world is full of men who rose to leadership by sheer force of self-confidence, bravery and tenacity.

— Mahatma Gandhi

The Army and Air Force Exchange Service employs closed-circuit video surveillance systems and in-house undercover detectives to help combat shoplifting. Shoppers can help in the fight against shoplifting by reporting shoplifters to an AAFES employee.

**Photo by Senior Airman
 Nestor Cruz**

Weekly Weather Watch

| | Jun 9 | Jun 10 | Jun 11 | Jun 12 | Jun 13 | Jun 14 |
|--------------------------|----------------------|----------------------|----------------------|---------------------|---------------------|---------------------|
| San Antonio Texas | 97° Partly Cloudy | 98° Partly Cloudy | 96° Partly Cloudy | 98° Mostly Sunny | 97° Mostly Sunny | 97° Mostly Sunny |
| Kabul Afghanistan | 91° Sunny | 93° Mostly Sunny | 92° Sunny | 91° Sunny | 92° Sunny | 94° Sunny |
| Baghdad Iraq | 109° Sunny | 107° Sunny | 106° Sunny | 99° Sunny | 100° Sunny | 99° Sunny |

(Source: The Weather Channel at www.weather.com)

News Briefs

Department of Justice Hiring Presentation

The Army Career and Alumni Program will host a hiring presentation by the director of Veteran Employment Services from the Department of Justice June 13 at 9 a.m. at the ACAP Center, Room B-100 in Building 2263. To register, call 221-1213.

SMA Leon Van Autreve Wreath Laying Ceremony

The Noncommissioned Officer's Academy will host a wreath laying ceremony honoring Sgt. Maj. of the Army Leon Van Autreve June 14 at 5 p.m. at the Fort Sam Houston National Cemetery.

Technology Expo

Network Enterprise Center will host the Fort Sam Houston Technology Expo June 15, 10 a.m.-2 p.m. at the Sam Houston Club. More than 30 exhibitors will demonstrate the latest in secure communication technology, secure workstations, biometrics, engineering and IT products, storage solutions, distance learning and more. Call 443-561-2432 for information.

187th Med. Bn. Change of Command

Lt. Col. Thomas Bundt will relinquish command of the 187th Medical Battalion to Lt. Col. Soo Lee Davis during a change of command ceremony June 17 at 8 a.m. at MacArthur Parade Field.

FLTCIP Open Season

The Federal Long Term Care Insurance Program Open Season runs through June 24. The FLTCIP offers numerous options that support long-term care in a home environment. Eligible applicants are active Federal and U.S. Postal Service employees and their spouses/same-sex domestic partners and active members of the uniformed services and their spouses who are not currently enrolled in the FLTCIP. Submit an application online at <http://www.LTCFEDS.com> or call 1-800-582-3337. For more information, call 221-2526.

See NEWS, P22

ARMY TRAINING IN THE 21ST CENTURY: Honing the X-factor in a volatile, uncertain environment

The sword is more important than the shield, and skill is more important than either. The final weapon is the brain. All else is supplemental."

— John Steinbeck

By L.A. Shively
FSH News Leader

Training Soldiers for excellence on and off the battlefield by leveraging mental and emotional resources is the mission of the Comprehensive Soldier Fitness-Performance and Resilience Enhancement Program, opening a new building on Fort Sam Houston with a June 2 ribbon cutting.

Scientific studies have shown a link between thought and performance, according to Lt. Col. Gregory Burbelo, CSF-PREP program manager.

"Emerging science over the last few decades on human performance suggests that regardless of context, the X-factor for success — excellence in high performance — lies in our ability to leverage our mental and emotional

resources for skills on demand; especially when it matters most," Burbelo said during his remarks at the ceremony.

The traditional approach to building mental and emotional strength used only tough physical, technical and tactical training, with an implicit expectation that mental and emotional strength emerged as a result.

CSF-PREP teaches specific mental and emotional skills such as deep breathing for relaxation, clearing the mind and focusing on the target as well as visualizing success.

The program also provides team building in the learning enhancement program and can be applied to a unit, mission or an individual.

World-class athletes use the same techniques to win competi-

tions. But athletes and Soldiers operate in different environments.

While an athlete practices for several years for an event that may take hours or just minutes to complete, a Soldier fights in an asymmetrical context that is 24/7; and who's participation in the fight may result in life-long consequences at both the physical and psychological levels.

"This asymmetric fight has been best described using the acronym VUCA which stands for volatile, uncertain, complex and ambiguous," Burbelo said, adding that it is extremely difficult to actually prepare for certain events, or to know exactly what to expect in the type of situations existing today in such places as Iraq and Afghanistan.

See CSF-PREP, P22

(From left) Dr. Robin Tefft, CSF-PREP site manager; Col. Mary Garr, 502nd Mission Support Group commander; retired Sgt. Joshua Michael and Lt. Col. Gregory Burbelo, CSF-PREP program manager, cut the ribbon officially opening the new CSF-PREP building.
Photo by Ed Dixon



Photo by Staff Sgt. Keith Anderson

Lt. Gen. Guy Swan III, commanding general, U.S. Army North, presents the Purple Heart Medal to retired U.S. Air Force Tech. Sgt. Ray Johnson Jr. June 2 on behalf of his father, Tech. Sgt. Ray Johnson, who died during WWII.

Army North honors memory of WWII POW

By Staff Sgt. Keith Anderson
ARNORTH Public Affairs

A prisoner of war killed 69 years ago was finally recognized, as Lt. Gen. Guy Swan III, commanding general, U.S. Army North, presented the Purple Heart Medal to retired U.S. Air Force Tech. Sgt. Ray Johnson Jr. June 2 on behalf of his father, Army Air Corps Tech. Sgt. Ray Johnson, who died during WWII.

Personnel from U.S. Army North and members of the Military Order of the Purple Heart, Alamo Chapter 1836, attended the ceremony in the Army North main conference room.

Johnson Jr. was 7 years old when his father, Ray, died in the Japanese prison camp Cabanatuan, which was located near Cabanatuan City in the Philippines, in 1942.

Swan spoke with those gathered at the Purple



Heart ceremony about Ray's courage in surviving the infamous Bataan Death March before he arrived at the camp.

"If you fell behind, or fell out of the ranks or resisted in any way, you were either beaten with clubs or rifle butts, bayoneted or shot," Swan said.

Johnson Jr. said survivors of Cabanatuan eventually visited his family and spoke to him about how his father died.

"My father died of dysentery, malaria and starvation," he said.

Leaders at Army North and the Military Order of the Purple Heart, Alamo Chapter 1836, worked to ensure Johnson received the honor he deserved.

"It's been fantastic; I've had a lot of help," Johnson Jr. said. "It's been 69 years, but we got it done."

HHC Army Support Activity welcomes new commander

By Lori Newman
FSH News Leader

Leadership of the Army Support Activity's Headquarters and Headquarters Company changed hands June 1 during a ceremony at the Fort Sam Houston flagpole as Capt. Lionel Q. Lowery II relinquished command to Capt. James Blevins.

The Soldiers of the company provide Honor Guard services to veterans throughout 63 south Texas counties – more than 1,200 times a year.

"The Soldiers take this seriously," explained Frank Blakely, ASA manager. "This is important work for them.

"Additionally, they are able to provide full military honors at Fort Sam Houston National Cemetery with the caisson," Blakely added.

"They do this an average of twice a week, almost 100 times a year."

Part of HHC's duties include installation support functions such as posting state and territorial flag displays, putting up canopies and chairs for ceremonies and providing cannon salutes.

Most of the Soldiers in HHC are assigned to the unit on compassionate assignment to have access to medical care for a sick or terminally ill family member.

"[Capt. Lowery] was a passionate advocate for his Soldiers. He worked every day with counselors, physicians, therapists and chaplains on behalf of his Soldiers and their families," Blakely said, listing a multitude of Lowery's other accomplishments during his command of the HHC.

Blakely thanked Lowery and

his family and offered them best wishes for the new challenges and opportunities ahead of them.

"[Capt. Blevins] is well prepared," Blakely said. "He knows the terrain; he knows the unit and he has all the tools in his kit to be successful, and more importantly, he wants the job."

Lowery thanked his family and all those who helped and mentored him during his command.

"This is indeed an honor for me," said Blevins, the incoming commander.

During the ceremony, Soldiers demonstrated some of the tasks they perform as part of their duties while assigned to the HHC, including folding the American flag and loading cannons. One of the caisson horses also took part in the ceremony.



Photo by Doug Meyer

Frank Blakely (center), Army Support Activity manager, passes the Headquarters and Headquarters Company guidon to incoming commander Capt. James Blevins (left) during a ceremony at the post flagpole June 1.

HEADQUARTERS AND HEADQUARTERS COMPANY 32ND MEDICAL BRIGADE CHANGE OF COMMAND

1st Sgt. Jorge Lopez (right) presents the Headquarters and Headquarters Company, 32nd Medical Brigade guidon to Maj. Eli Lozano (center) during a combined change of command ceremony May 16 at Blesse Auditorium. Lozano relinquished command of HHC, 32nd Med. Bde. to Col. William Lachance, 32nd Medical Brigade commander, (left), who waits to receive the guidon to officially recognize the relinquishment.

Photo by Esther Garcia



TRANSITIONS



1st Sgt. Roderick Batiste (left) presents the Noncommissioned Officer's Sword to 32nd Medical Brigade Command Sgt. Maj. Harry Tharp (right) signifying his relinquishment of responsibilities of Headquarters and Headquarters Company, 32nd Medical Brigade, during a change of responsibility ceremony May 16 at Blesse Auditorium.

Photo by Esther Garcia

NOWAK ASSUMES COMMAND OF OFFICER STUDENT COMPANY



Capt. Bryan Nowak (center) assumes command of Company A, 187th Medical Battalion, during a change of command ceremony at the Maj. Gen. Spurgeon Neel plaza April 22. The company provides command and control administrative and logistical support to cadre and students attending the officer basic and officer advance courses. Nowak most recently served as an instructor for the Basic Officer Leader Course.

Photo by Phil Reidinger



Photo by Dwayne Snader

Maj. Gen. M. Ted Wong (left) receives the Southern Regional Medical Command's colors from Lt. Gen. Eric Schoomaker (center), Army Surgeon General and Commanding General of U. S. Army Medical Command, signifying Wong's charge of the command.

BAMC from PI

clinics around the world.

He now commands the Southern Regional Medical Command, which is the largest medical region with 11 MTFs in 10 states, plus the Commonwealth of Puerto Rico.

SRMC provides command and control of MTFs and other assigned units to promote, sustain and enhance the health of beneficiaries with an emphasis on soldier readiness, warriors in transition, and military families.

Support of units, Soldiers and Families throughout the entire Army Force Generation process with high quality, flexible and tailored health services is also provided by

Southern RMC.

As a dual-hatted commander, Wong also leads Brooke Army Medical Center, the world's largest Army medical center with the only burn unit and level one trauma center in the Department of Defense.

In 2008, ground was broken for construction of a new addition to BAMC. The final phases of the 760,000-square-foot construction and 288,000-square-foot renovation projects at BAMC are taking place.

These projects total more than \$800 million in support of the 2005 Base Realignment and Closure actions and include realigning inpatient services from Wilford Hall Medical Center at Lackland Air Force Base to BAMC.

NATIONAL NURSE'S WEEK

(From left) Col. Kelly A. Wolgast, U.S. Army Medical Command chief nurse executive, and Sgt. Maj. Dena Jimenez, MEDCOM senior clinical NCO, celebrate and honor nurses during the annual National Nurses Week cake cutting ceremony in early May at the MEDCOM headquarters. The theme "Nurses Trusted to Care" symbolizes the dedication and achievements of nurses throughout the year in providing quality and safe patient care. The annual celebration is to heighten awareness of the value of nursing and help educate the public on duties they perform to meet the health care needs of the American people. National Nurses week is observed each year from May 6-12, the birthday of Florence Nightingale, founder of modern nursing.

Courtesy photo



Planning, flexibility key to smooth move this summer

By Shannon Carabaja
Lackland AFB Public Affairs

Several weeks into the peak personal property movement season, Joint Base San Antonio Personal Property Processing Office officials are encouraging customers to take steps to ensure a smooth move.

Service members commonly know the period between Memorial Day and Labor Day as "PCS season," which refers to permanent-change-of-station moves.

Nearly 50,000 personal property movements are anticipated during the peak season, typically May 15 through July 30, according to Tech. Sgt. Armagan Butler, NCO-in-charge of the Lackland PPPO.

Butler said transportation service providers are sometimes forced to turn back short-notice shipments due to lack of capability in the peak movement months.

She recommends that service members begin planning their move when they receive orders.

"As soon as members receive their orders, they should visit <http://www.move.mil> to create a Defense Personal Property System account and initiate their move," Butler said.

"It is vital for responsible PPPO's to receive members' orders and all necessary shipment documents at least 30 to 45 days prior to requested pack and pick up dates," she added.



Courtesy illustration

Joint Base San Antonio Personal Property Processing Office officials are encouraging customers to take steps to ensure a smooth move.

"These steps will enable members to receive their requested shipment dates."

Seeking assistance immediately will also al-

low time for the selected TSP to arrange a pre-move survey and align the necessary manpower and equipment.

TMO officials recom-

mend several other steps to ensure a smooth move:

Purge household items that haven't been used in the past 12 months or are no longer needed. Disposing of or donating unneeded items will lessen the possibility of exceeding household goods weight allowance which, in turn, will reduce the potential of being billed for expenses above the allowable limit.

Alert the PPPO if you haven't been contacted by a TSP 10 days prior to the first requested pack and pick up dates. While rules require the TSP to contact you within three days of accepting your shipment to arrange a pre-move survey, making contact

with PPPO will initiate the necessary inquiry to the JPPSO to ensure the move is on track and allow time for unavoidable adjustments.

When possible, move during an off-peak time. While many factors necessitate the need to move during the busiest time of the year, PPPO officials recommend moving personal property after July 15 when possible.

For more information, contact the Lackland Personal Property Processing Office at 671-2821, the Fort Sam Houston PPO at 221-1605 or 2812 or visit the Military Surface Deployment and Distribution website at <http://www.sddc.army.mil>.

AQUATIC CENTER OPEN FOR SUMMER FUN



Photo by Deyanira Romo Rossell

The Aquatic Center at Building 3300 on Williams Road opened May 28 and despite construction, families and service members are finding their way to the water. An alternate route, which includes going around Fort Sam Houston Elementary School, gives pool goers access to the Aquatic Center. The center features a 50-meter Olympic-size swimming pool, three amusement-park-style water slides, three full-time lap lanes, a kiddie pool, a playground and male and female locker rooms with showers. The pool is open daily from noon to 8 p.m. For more information or directions, call 221-4887.

FORT SAM HOUSTON HONORS MILITARY RETIREES



Photo by Staff Sgt. Keith Anderson

Eight service members and a Department of the Army civilian officially retired before family, friends and well-wishers during the post retirement ceremony at the Fort Sam Houston Quadrangle May 26. The retirees are: (from left) Col. Stephen Walker, deputy commander, 321st Civil Affairs Brigade, U.S. Army Reserve; Col. Alfred Carter, director, deputy chief of staff, Operational Protection Directorate and Provost Marshal, U.S. Army South; Col. James Larsen, chief, Training, Exercises and Education, U.S. Army North; Lt. Col. Lawrence Hallstrom, chief, Basic Officer Leader Course at Fort Sam Houston; Maj. Carlos Valenzuela-Durr, support operations officer, 4th Expeditionary Sustainment Command, Army Reserve; Chief Warrant Officer 4 Gregory Welker, senior counter intelligence technician, U.S. Army South; Master Sgt. Samuel Ruiz III, senior maintenance supervisor; 4th Battalion, 5th Air and Missile Defense Regiment, Fort Hood; Sgt. 1st Class Anthony Speight, operational rations noncommissioned officer in charge, Headquarters, Veterinary Command; and Emily Chlebowski, biological laboratory technician, Department of Defense Veterinary Food Analysis and Diagnostic Laboratory. "This ceremony marks the culmination of the successful careers of nine people who have had proud and distinguished time in service," said Maj. Gen. Simeon G. Trombitas, U.S. Army South commanding general, who hosted the ceremony. "These nine people have a combined total of 240 years in service to our nation. Like all service members, they have made immense sacrifices during their time in service to our nation."

FMWRC from P1

their association with the military. Family and MWR programs are proof of the Army's commitment to support and care for all who defend the nation and their Family members.

"At garrisons around the world, Family and MWR services and programs provide a source of balance for the men and women in uniform by fostering an environment where Soldiers and Families can thrive," said Maj. Gen. Reuben Jones, former FMWRC commanding general.

"Soldiers and Families know that the Army cares and they see the tangible evidence of that support each and every day as they link with Army assistance and support services," he said.

"As we integrate into the Installation Management Command, we will

remain steadfast in our commitment to Soldiers and Families," Jones added. "We will never forget that the long-term strength of our all-volunteer Army depends on the well-being of Soldiers and their Families."

Precursor MWR programs began around the start of the 20th century. In 1903, Congress authorized the Army to build, operate and maintain PXs, libraries, schools, recreation centers and gymnasiums for the troops. By the mid-1940s, Special Services was created to oversee the rapidly expanding programs.

By the end of World War II, Recreation Services, the Army Exchange and the Soldier Show were all part of MWR. Family programs, however, remained few.

During the 1960s and '70s, a few programs were created for Fami-

lies, but it wasn't until 1983 that the Army experiences a culture change regarding Families.

"We played an important role in the development of modern Army life," said Jones, now the deputy commander for operations for the Installation Management Command.

"We've come a long way from the mentality of 'If the Army wanted you to have a Family, it would have issued you one' to the first Army Family Symposium in 1981," he said, "The publication in 1983 of the Army Family's White Paper by then Army Chief of Staff, Gen. John A. Wickham Jr., which truly revolutionized the Army's thinking. The Army recognized the integral support role of the Soldiers' Families."

Wickham's White Paper led to the creation

of the Community and Family Support Center on Nov. 23, 1984. More emphasis was placed on supporting Soldiers' Families when the organization was renamed the Family and Morale, Welfare and Recreation Command on Oct. 24, 2006.

"In the 27 years since CFSC – now FMWRC – came into existence, what a dramatic shift in how Family and MWR programs operate on the garrisons and what services they provide," Jones said. "Through all of the name changes, the mission of Family and MWR has remained constant."

Lynch expressed the importance of MWR to the nearly 200 Soldiers, Family members, employees and friends attending the ceremony.

"You all, the employees of FMWRC, look in the mirror and the re-

flection back is somebody who sacrifices themselves for the greater good and makes an impact on the lives of the people that serve our nation in uniform and their Families and great civilians every day," Lynch said.

"So we are where we are based on what you've done, and you should be very proud of that," Lynch added. "You should know that what you do is as important as what the Soldiers on the field of battle do today, because you're back here taking care of their Families."

Lynch assured the audience that FMWRC's deactivation would not negatively affect MWR programs and services.

"The merger of these two commands has nothing to do with efficiencies," he said. "It has everything to do with effectiveness. The great efforts that we're doing

at Headquarters IMCOM, now merged with FMWRC, amplified the activities that take place at the garrison level ... so we can do even a better job taking care of our Soldiers, our civilians, and their Families.

"We're going to increase the output, but we're going to do it in a more effective manner... we're going to take all this to the very next level. I could not be more encouraged and I could not be more optimistic."

Jones agreed.

"I'm a believer that change is change and that better certainly is better," said Jones, who compared MWR's evolution to that of music recorded on 8-tracks, cassettes, CDs and MP3 players. "Is this organization going to be better? You betcha.

"Hey, the next level is here," Jones said. "Better is here."

WHMC dialysis unit prepares for move to BAMC

By Linda Frost
59th Medical Wing Public Affairs

After 50 years of saving lives, the valve to the water room in the dialysis unit at Wilford Hall Medical Center was shut off May 27, marking the closure of five decades of providing treatment to chronic dialysis patients.

The unit is scheduled to relocate to Fort Sam Houston as part of the 2005 Base Realignment and Closure Law to transition all inpatient services to Brooke Army Medical Center.

"We are combining our forces and strengths at BAMC, and the final result will be a bigger and better dialysis support center for our patients," said Lt. Col.

(Dr.) Laveta McDowell, the flight commander of nephrology, 59th Medical Operations Squadron.

Dialysis is a treatment for kidney failure. It can allow individuals to live productive and useful lives, even though their kidneys no longer work adequately.

The dialysis unit at Lackland Air Force Base opened in 1961, when dialysis was at the cutting edge of research and technology.

"Most of the Air Force nephrologists in the past five decades trained here," said McDowell, who also serves as the nephrology consultant to the Air Force Surgeon General. "This unit has provided guidance to all the other bases includ-

ing the new dialysis system at the Craig Joint Theater Hospital at Bagram Air Base, Afghanistan."

The closure of the unit was a sad moment for many. About 30 people gathered to watch Bobbie Anderson shut off the water valve. Anderson has worked in dialysis for 28 years. She has spent 18 years at Wilford Hall training doctors, nurses, and technicians on the dialysis unit.

"I chose to work in Hemodialysis as long as I did because of the camaraderie," said Anderson. "This was truly a unit that treated everyone like family."

The group cheered

See DIALYSIS, P13



Photo by Harold China

Bobbie Anderson gives a thumbs up as she turns off the dialysis unit at Wilford Hall Medical Center May 27. The unit will be relocated to Fort Sam Houston as part of the Base Realignment and Closure process to move all inpatient services to Brooke Army Medical Center. Anderson has been the backbone of the dialysis unit, training many doctors, nurses, and technicians for more than 18 years at Wilford Hall Medical Center. Most of the Air Force nephrologists in the past five decades trained on this dialysis unit.

'Rodeo' validates 14th MI Battalion's maintenance program

By Capt. Shanttel Stowers
4th Military Intelligence Battalion

This really was their first rodeo, but the 14th Military Intelligence Battalion still hit MacArthur Field May 9 with enthusiasm and esprit de corps, and in the process, validated their maintenance program

with a variety of trials and tasks.

During the unit's first Maintenance Rodeo, each team of 20 Soldiers had to accomplish five tasks.

These included preventive maintenance checks and services (PMCS) for faults; trailer backing; Humvee pull; tire change; fireman's

carry and donning of mask; and weapons disassembly, reassembly and functions check.

The rodeo was conducted as a team relay, where preparation, proficiency, time management and teamwork were the essential components for a winning team. Penalties were assessed and hard to avoid, and ultimately determined the winning team.

The teams had to find four faults on a Humvee that had been pre-positioned on the vehicles by the battalion's motor sergeants. Soldiers had to identify all faults utilizing their technical manual for the vehicle.

Backing up a trailer is no simple task. The Soldiers at this station had to pull the trailer to the Humvee, connect the

trailer, and then perform an S-curve, backing the trailer into a predetermined parking space without touching any cones.

The Humvee pull was a test of endurance and strength, as well as teamwork. Soldiers had to accomplish this task using a tow strap and their own muscles, as they were required to pull the vehicle 50 meters.

The tire change challenge tested the Soldiers' ability to safely and quickly change a tire as a team.

The fireman's carry involved Soldiers carrying an "incapacitated casualty" 25 meters to a secure vehicle. While enroute to the end of the lane, a simulated gas attack occurred, which required the participants



Soldiers break down weapons at the final station of the maintenance rodeo.

to don their protective masks as well as place a mask on their casualty.

In the weapons assembly and disassembly, Soldiers had to prove their proficiency on several weapon systems. For this task the Soldiers had to disassemble and reassemble two M16s, one M249 and one M9, and com-

plete a functions check in order to take their team to the finish line.

This was an individual task, but the team could not head to the finish line until all members were clear.

In the end, Company B won the competition, and

See RODEO, P16



Photos by 2nd Lt. Eric Guerrero

Soldiers scramble to safely change a tire on a Humvee.

DIALYSIS from P11

with pride for what the dialysis unit had meant to them.

"We cheered with pride for the patients we saved there; for the skills we learned that made us the best down range; for the feeling of family we had," McDowell added.

"One nurse told me that our dialysis unit inspired her in her career choice when she was a technician," she explained. "She has gone on to be the nurse manager of a large dialysis unit.

That sort of story is common among many who've worked here."

On Sept. 15, all inpatient services from Wilford Hall will be in place at BAMC, or the new San Antonio Military Medical Center.

Until that time,

dialysis support for inpatients at WHMC will continue with the use of portable machines, peritoneal dialysis, and a new machine for hemodialysis treatment for intensive care unit patients.

"This is the machine that is used in the field hospital in Afghanistan," McDowell said. "By using it here, we are simultaneously providing cutting-edge care for our patients and training our medics with equipment they will use to save the lives of our wounded warriors in the future

"Our staff is excited about the move to this new location and our patients can expect the same high quality, patient-centered care they experienced at Wilford Hall," she said.

Army launches new 'Don't Ask, Don't Tell' repeal website

By Sharonda Pearson
Army News Service

In preparation of the repeal of the "Don't Ask, Don't Tell" policy, the Army has launched a new website to provide service members and their families the most up-to-date information about the change.

The website features current news articles, key facts, frequently asked questions and additional resources. It is just one of the many training resources the Army implemented to educate the force and minimize misconceptions about the repeal.

"It's a way for the Army to provide the latest and greatest informa-

tion about the repeal to Soldiers, family members and the public," said Lt. Col. Timothy M. Beninato, public affairs advisor to the Assistant Secretary of the Army for Manpower and Reserve Affairs and Army G-1.

Current policies remain in effect, and the "Don't Ask, Don't Tell," or DADT, law will stay in place until 60 days after the president, secretary of defense and chairman of the joint chiefs of staff certify that the repeal can be implemented "consistent with the standards of military readiness and effectiveness, unit cohesion, and military recruiting and retention."

To ensure the transi-

tion is as seamless as possible, the Army has adopted a three-tier training approach to ensure that repeal of DADT doesn't undermine force readiness, recruitment and retention.

Tier one targets special staff and key individuals like chaplains, lawyers, and inspectors general. Tier two focuses on commanders and supervisors. Finally, tier three focuses on the rest of the force.

Available resources include presentation slides with narration, scripts, frequently asked questions, vignettes, DOD policy guidance, implementation plans and service-specific material.

To improve the depth

and breadth of feedback, the Army's DADT site contains a comment section where visitors can provide feedback or ask questions about the policy.

"Currently, the chain of command is the primary means for asking questions, which can significantly limit non-military individual's ability to ask questions about the repeal," Beninato said.

Beninato said senior leaders felt it was essential to provide another forum where all interested parties would have the opportunity to ask questions and comment.

The DADT Repeal website can be viewed at <http://www.army.mil/dadt>.

Warriors prove endurance, perseverance at CFI MiniTry

A wounded warrior takes part in the 500-meter swim. More than 80 people participated in non-competitive sports, consisting of a 500-meter swim, 10-mile bicycle ride and a two-mile run.



Photos by Maria Gallegos

Warriors complete the 10-mile bicycle ride in the MiniTry held at Fort Sam Houston as the crowd cheers them May 27.

By Maria Gallegos
BAMC Public Affairs

Enduring the blistering Texas heat, wounded warriors proved their endurance and perseverance at the Brooke Army Medical Center's 4th annual Center for the Intrepid Memorial Day MiniTry, held May 27 at Fort Sam Houston.

More than 80 wounded warriors participated in a trio of non-competitive sports, consisting of a 500-meter swim, 10-mile bicycle ride and a two-mile run. The event was followed by a community brunch for participants, family members, staff and volunteers.

The event allowed the Soldiers to challenge themselves in different sports, ultimately motivating and encouraging them throughout their rehabilitation process. The event also provides a community event where patients, staff and family members can interact in a non-clinical environment.

"This event is almost like having a reunion. Wounded warriors from the past and present join together to support each other and take their rehab to the next level," said Kari Roth, CFI lifeguard. "It is not about competing against each other, it's about what you can do for yourself. It's not about a tangible prize you



can hold. The real prize is making it to the finish line."

Participants included Operation Iraqi Freedom and Operation Enduring Freedom patients from Brooke Army Medical Center, Walter Reed Army Medical Center and Canadian

(Left) Sgt. Legrand Strickland's son, Nathan, walks with his Dad's wheelchair in the two-mile walk. Families are invited to participate with their love ones to provide support and encouragement as they complete the activities.

soldiers.

"I believe each participant builds a strong sense of satisfaction and accomplishment knowing they have succeeded in doing something that they did not think possible earlier in their rehab," said Maj. Terrance Fee, CFI officer-in-charge of Orthopedic and Rehabilitation Department.

"They are surprised to see what they can do," Fee added. "Even the Canadian team was very excited to see how our service members rehabilitate and invited us to try out a Winter MiniTry somewhere in Northern Canada so that we can experience the opposite of Texas summer heat. We'll see what happens."

"Troy [CFI PT staff] nagged me to take part in this event, I finally agreed and here I am," said Sgt. Ashton Wallace, a left leg amputee

who finished the two-mile challenge in his wheelchair. "If I am here next year, I would like to try to do all three activities. This really boosts my self esteem and motivation."

Sgt. Legrand Strickland, who lost both legs above his knees in Afghanistan, finished his two-mile walk with his family. He mentioned he was not tired in finishing his walk but it was difficult to maneuver his legs. He also finished the 500-meter swim and the 10-mile bicycle ride.

"I'm not tired of walking because I use to be a runner before I was injured," Strickland said. "It was just hard to get my legs to move with the prostheses but I am proud of myself for finishing all three activities."

"He's cool," said Strickland's son, Nathan.

"I'm so proud of him; he came a long way since the injury," added his wife, Carrie.

The event is a joint effort of many organizations that came together in making this year's Mini-Try a success, Fee said, thanking the Paralympics Military Program, Challenged Athletes Foundation, Operation Comfort, Wounded Warrior Project, Disabled Sports USA, Morale Welfare Recreation, the 502 Force Support Squadron, Alamo City Gator Club and the Jason George Memorial Foundation.

ARSOUTH hosts Latin America Army Section Chief conference

By Eric R. Lucero
ARSOUTH Public Affairs

U.S. Army South hosted the U.S. Army Section Chief and Military Personnel Exchange Program conference May 22 through 27 at the command's headquarters at Fort Sam Houston.

The conference provided a forum for staff from the Department of the Army headquarters, U.S. Southern Command, Training and Doctrine Command, and other conference guests to better understand how to synchronize their efforts in support of the ARSOUTH mission and the ARSECs' partner nation army programs and activities, and to facilitate future coordination.

Maj. Gen. Simeon G. Trombitas, ARSOUTH's commanding general, also took the opportunity to reiterate his vision and engagement strategy for partner nation armies in the SOUTHCOM region.

The ARSECs are foreign area officers assigned to partner nation countries to act as a direct link between the U.S. Army and partner nation militaries and to serve as a singular point of contact within American embassy country teams to coordinate and deliver all army-to-army assistance.

"Everything the U.S. Army does in support of a country in Latin America and the Caribbean gets funneled through an ARSEC," said Col. Ehrich D. Rose, ARSOUTH operations director. "They are able to have access and coordinate the type of support that ARSOUTH provides to build, enhance or sustain various capabilities within a partner nation; all under the rubric of theater security cooperation."

ARSECs are typically selected as foreign area officers after serving approximately seven years in their respective career fields.

Once selected, they undergo up to four years of specialized training to ensure they have the language, and foreign area cultural and technical skills to perform the tasks requested of them. After training is complete, they begin their two-to-three-year assignment

as an ARSEC.

Given the remote nature of their assignment, the ARSEC/MPEP conference offers the participants a chance to gather valuable networking and situational awareness training to carry out the ARSOUTH mission, commander's intent, and address regional issues with key agency resources and officials.

"This conference provides direct interaction with the commanding general. That interaction is important to under-

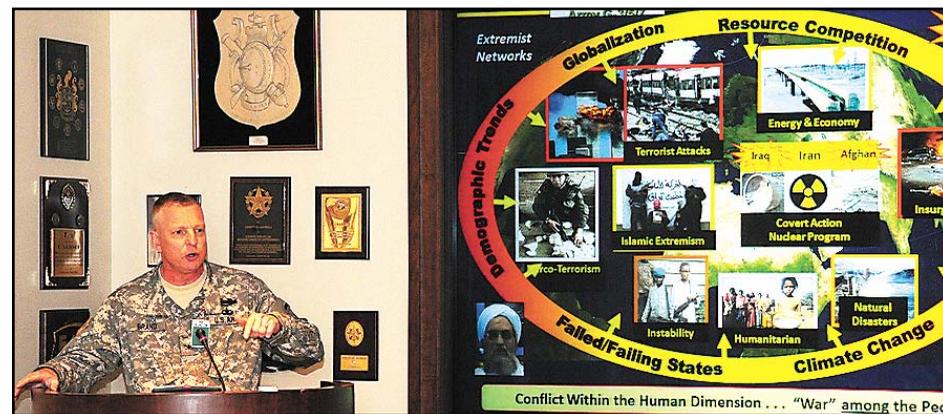


Maj. Gen. Simeon G. Trombitas (center), U.S. Army South commanding general, provides closing remarks for the Latin America Army Section Chief and Military Personnel Exchange Program conference.

standing the direction that Army South is going and how we support that," said Lt. Col. Ian Lyles, the ARSEC to Argentina.

"The ARSEC conference provides a forum for interaction, where we share our best practices and lessons learned, and is also a mentoring opportunity where the senior officers that are getting ready to leave or move on can talk and provide guidance to the new guys that are coming in," Lyles added.

The conference included roundtable discussions that provided ARSOUTH a chance to understand the various



Col. Matt Brand, deputy director of strategy, plans and policy for the Department of the Army headquarters, provides a strategic environment presentation during the Latin America Army Section Chief and Military Personnel Exchange Program conference May 22 at ARSOUTH headquarters.

to understanding and building partner nation capacity and enhancing regional stability.

"The Department of the Army gains a great deal through fostering and

partner nation capacity, we are able to expand their ability, in many cases to be able to solve their own problems, or in some cases, to augment U.S. military forces."

ARSOUTH's efforts have led to measurable increases in partner nation capacity and the willingness of partner nations to assist in United Nations peacekeeping operations worldwide.

El Salvador has deployed 11 rotations of soldiers in support of Operation Iraqi Freedom, while the Dominican Republic, Honduras and Nicaragua have all provided military support for combat operations in Iraq.

As of March 2011, 14 countries in the ARSOUTH region were contributing more than 7,000 observers and troops to 14 United Nations peacekeeping missions worldwide.

"There is a reciprocal nature in theater security cooperation," Rose said. "By building the capacities of our partners, collectively, that makes us better."

The ARSECs are the conduit through which many of these programs are planned, coordinated and executed.

Latin America and the Caribbean have traditionally been important to the U.S. because of shared culture and heritage, Rose said. In nearly every country in Latin America, the United States is a primary trading partner.

It is equally important to promote security and stability in this hemisphere and throughout the world.

Col. Matt Brand, deputy director of strategy, plans and policy for headquarters DA, believes that the ARSECs are a key component in this process.

"Simply put, without the ARSECs we couldn't do it. They are the fundamental, necessary piece of this puzzle that we need," said Brand. "They are absolutely critical. Without the ARSECs, the whole thing falls apart."



Photos by Eric R. Lucero



Photo by 2nd Lt. Eric Guerrero

Soldiers pull a Humvee 50 meters in a rodeo event.

RODEO from P12

according to Lt. Col. Kris Arnold, battalion commander, "It was Bravo Company's extensive preparation and training for the rodeo that helped them succeed."

The Maintenance Rodeo was the culminating event to close out the battalion's command maintenance program prior to deploying overseas, and it was designed to build unit cohesion and esprit de corps within the battalion.

"The 14th Military

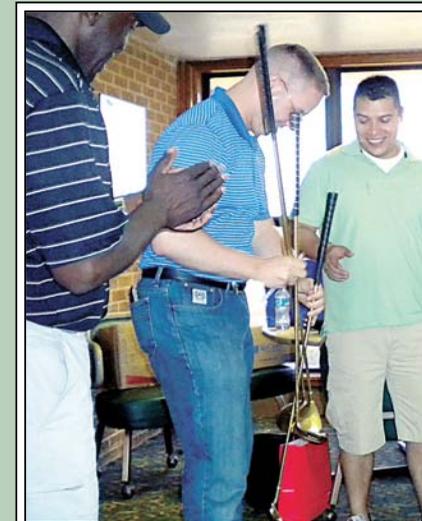
Intelligence Battalion's command maintenance program was a categorical success," Arnold said. "We started with four vehicles last summer and quickly expanded to 27, developing a solid command maintenance program from scratch after redeploying [last year].

"The program not only successfully maintained our vehicles and equipment, but also ensured all Soldiers in the battalion were well trained on how to properly conduct equipment maintenance."

HHBN, ARMY NORTH GOLFERS ATTACK LINKS DURING EARLY CELEBRATION OF ARMY BIRTHDAY



Col. Wayne Shanks prepares to launch a ball downrange as Randy Mitchell selects an iron for his shot during a golf scramble tournament June 3 at the Gateway Hills Golf Course at Lackland Air Force Base.



Photos by Sgt. Maj. Eric Lobsinger

Capt. Loron Grantham (center) presents the now-famous "Gold Clubs" to Maj. Rene Rodriguez (right) after he and his teammates earned "honors" for last place during a golf tournament June 3, as Command Sgt. Maj. Eddie Fields, Headquarters and Headquarters Battalion, U.S. Army North (left), leads a round of applause. The HHBN golfers were among the 15 four-person teams competing during the battalion's inaugural Army Birthday Golf Tournament at the Gateway Hills Golf Course at Lackland Air Force Base. At the conclusion of the ceremony, awards were also presented for first through third place, longest drive, closest to the hole and longest putt.

Lt. Col. Shannon Miller (second from right) presents the winning trophy to Ted Roels (left), 1st Sgt. David Roels, Sgt. Glenn Griffo and David Clark after the team nabbed top honors during a golf tournament June 3 at the Gateway Hills Golf Course at Lackland Air Force Base.



SWAN LAUNCHES FIRST PITCH OF SAN ANTONIO MISSIONS GAME

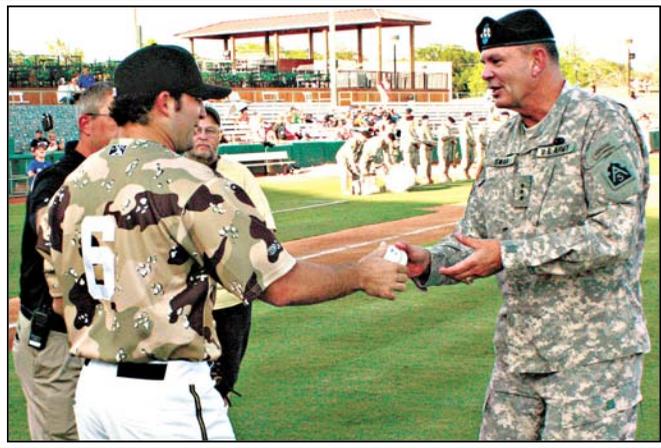


Photo by Sgt. Maj. Eric Lobsinger

San Antonio Missions first baseman Cody Decker hands the ball back to Lt. Gen. Guy Swan III, commanding general of U.S. Army North, after Swan threw out the ceremonial first pitch June 1 to kick off Military Appreciation Night, hosted by the San Antonio Missions, at San Antonio's Nelson Wolff Municipal Stadium. The Missions, a Double-A affiliate of the San Diego Padres, trailed 2-0 from the top of the 1st inning until coming back to tie the game in the bottom of the 9th and earning a hard-fought 3-2 victory in the 10th. Following Swan's first pitch, Lt. Col. Deon Green, deputy staff judge advocate, Army North, belted out the national anthem as the Army North color guard posted the colors.

Obama nominates Dempsey as JCS chairman, Winnefeld as vice chairman

By Jim Garamone
American Forces Press Service

President Barack Obama announced his choices as chairman and vice chairman of the Joint Chiefs of Staff May 30 during a Rose Garden ceremony.

Obama intends to nominate Army Gen. Martin E. Dempsey as chairman and Navy Adm. James A. Winnefeld as vice chairman. Dempsey is currently the Army chief of staff and Winnefeld is the commander of U.S. Northern Command.

Dempsey will replace Adm. Mike Mullen when his term ends Sept. 30,

and Winnefeld will replace Marine Gen. James Cartwright when his term ends in July.

The president

intends to nominate Gen. Ray Odierno to succeed Dempsey at the Army post.

The Senate must approve the nomina-

tions and the president called on the body to act expeditiously so the military transition will be "seamless."



Photo by Petty Officer 1st Class Chad J. McNeeley

President Barack Obama announced Army Gen. Martin E. Dempsey as his choice as chairman of the Joint Chiefs of Staff during a Rose Garden ceremony May 30, 2011. In this photo, Navy Adm. Mike Mullen, chairman of the Joint Chiefs of Staff, speaks with General Dempsey May 29 prior to the 2011 National Memorial Day Concert at the U.S. Capitol in Washington, D.C.

Customer Management Services lends voice to customers

By Dr. Katherine Harris
Customer Service Officer

Customer Management Services is an installation-based program that continuously seeks and uses customer

feedback to evaluate and improve both the delivery and receipt of Joint Base programs and services.

CMS is a key component because a big portion of the customer service mission entails collecting and assessing data to determine how well installation services support service member and family readiness.

The program uses an integrated service delivery of three tools for enhancing customer services, assessing customer feedback and improving processes – individual, constituent group and leadership.

The individual tool is the ICE system. ICE is a user-friendly program that provides an avenue for customers to voice their opinion

on what they like and don't like and suggest improvements to service providers.

Leaders can then take advantage of that information to prevent small problems from becoming large ones, increase satisfaction with service or make decisions to redirect resources that better meet customer needs.

Don't forget, you are a few keystrokes away from being the change you want to see. Move to action and submit an ICE comment at <http://www.samhouston.army.mil>. When you arrive there, click on the ICE logo at the bottom of the home page.

The second tool is the constituent group. Community FIRST, AFAP (Army Family Action



Plan) and the Air Force Caring for People Forums are organized to capture ideas and issues about improving quality of life programs and activities for Fort Sam Houston/JBSA..

So what is FIRST? The term stands for Feedback, Issues, Resolutions, Solutions, Today.

The Community FIRST program identifies issues, develops resolutions and solutions, and provides feedback. Community FIRST is a

program that gathers issues from the community, which are then reviewed, and sent to the appropriate squadron leaders or agency for action.

The issue is worked and the feedback is reviewed by an installation-wide Community Action Information Board/ Quality of Life Council to determine the final disposition. Issues that cannot be resolved at the local level are submitted to the yearly

AFAP and/or Caring for People Forum.

The leadership tool of CMS affords mission commanders and leaders the opportunity to weigh-in.

An annual Customer Service Assessment focuses on mission commanders and constituents with a comprehensive survey rating performance, importance and priority of services.

You are the key to this process. Every day you use the various facilities and services on JBSA. You see where there are problems and you have ideas on how to fix them.

Let us know your ideas. Your input matters. For more information about the Customer Management Service program, call 221-2543.

Force Support Squadron

Family & MWR

Announcements

EDGE! Summer Fun and Activities

Now registering children in first through 12 grades for June activities. To register, call 221-4871 or visit <https://webtrac.mwr.army.mil>.

Win a Trip for Two

Enter for a chance to win a trip for two to an Armed Forces Recreation Center. Visit <http://www.armymwr.com/travel/recreationcenters/> before June 15.

Canyon Lake Joint Base Weekend Getaway

Aug. 5-8, \$70 per person, includes room and meals. Must be 18 or older to participate, payment due by July 15. Call 221-4242.

Junior Golf Clinics

Register now for junior golf clinics held 9-11 a.m., July 11-15 and Aug. 8-12 at the Fort Sam Houston Golf Club, 1050 Harry Wurzbach Road. Cost is \$100 per

student. Call 222-9386.

Microsoft Office Classes

June 14 – Word Level 1
June 15 – PowerPoint Level 1
June 16 – PowerPoint Level 2
June 21 – Word Level 2

Classes are 8 a.m.-noon at the Roadrunner Community Service, Building 2797. To register, call 221-2518/2705.

Calendar of Events

June 9

Mandatory Initial First Term Financial Readiness

The class is 10 a.m.-noon at the Roadrunner Community Center, Computer Lab Building 2797. To register, call 221-1612.

Single Parenting

Classes are June 9 and 16, 11 a.m.-1 p.m. at the Red Cross, Building 2650. This two session parenting class provides skills uniquely designed for single parents. To register, call 295-0313 or 221-0349.

A Midsummer Knight's Read

The event is 1-4 p.m. at Keith A. Campbell Memorial Library, 2011 Harney Path. Activities include

making a medieval banner. Call 221-4702/4387.

Couple's Enrichment

Classes are June 9, 16 and 23, 5:30-7 p.m. at the Roadrunner Community Center, Building

Outdoor Movie Nights

June 24, "Life as We Know It" at the flagpole

June 25, "Megamind" at Dodd Field

July 8, "The Green Hornet," rated PG-13, at the flagpole

July 9, "Gnomeo and Juliet" at Dodd Field

July 22, "Battle: Los Angeles" rated PG-13, at the flagpole

July 23, "Yogi Bear" at Dodd Field

All movies begin at dusk around 8-8:30 p.m. The movie time will get later as daylight remains longer. Bring chairs or blankets and enjoy free popcorn, snow cones and cotton candy. Call 221-2418/2704.

2797. This three session class centers on reconnecting with your partner. To register, call 295-0313 or 221-0349.

A Musical Splendor

This year's entry into the 2011 Festival of the Arts begins at 7 p.m. at the Hacienda Recreation Center, Building 1462 Garden Road. Call 224-7250.

June 10

FRG for Command Leadership

The class is 8 a.m.-noon at the Roadrunner Community Center, Building 2797. To register, call 221-1829/0946.

Wounded Warrior Golf Scramble

Scramble begins at 1 p.m. with a shotgun start at the Fort Sam Houston Golf Club. Register

up to two players to participate. Fees are \$25/member and \$35/non-member, includes cart rentals, prizes and the social following the scramble. Participants must be in an authorized pass or leave status. Call 222-9386.

June 11

Key Caller Training

The training is 9 a.m.-3 p.m. at the Roadrunner Community Center, Building 2797. Bring a bag lunch. To register, call 221-1829/0946.

June 13

Debt Liquidation

The class is 2 to 4 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-2380.

Driver's Education Course

SKIES Unlimited Driver's

Education Course is June 13-July 6, 5-7 p.m. at the Family Child Center, Building 1630A Sultan Rd. Students, ages 14-18 receive 32 hours of classroom instruction and 14 hours of behind-the-wheel driving instruction. Cost per student is \$365. Register by June 10. Call 221-3381, 771-2148 or 221-4871.

June 14

Interviewing Skills and Dress for Success

The class is 9 a.m.-noon at the Roadrunner Community Center, Building 2797. To register, call 221-0516/2705.

H.U.G.S. Playgroup

The group for children up to age 5 meets Tuesdays, 9-11 a.m. at the Middle School Teen Center,

See MWR, P20



Announcements

Logistics Officer Association Scholarship

The Alamo Chapter of the Logistic Officer Association is accepting applications for the 2011 scholarship program. All Enlisted Personnel and DOD Civilians up to GS-09, seeking advancement in a logistics related career field are encouraged to apply. All application packages must be received by June 27. Call 652-9433 or visit <http://www.ioanational.org/chapters/index.php?id=46>.

Calendar of Events

June 11 Sunrise Walk

The Randolph Roadrunners volksmarch club will host a 5k and 10k walk starting at the Taco Cabana #251, 1130 North Loop 1604 West. Walks start between 6-8:30 a.m.; finish by 11:30 a.m. Call 723-8574 or visit <http://www.randolphroadrunners.info>.

June 17 Army Birthday Ball

The annual ball hosted by Army South and Installation Management Command begins at 5:30 p.m. at the Marriott Rivercenter Hotel. Tickets are \$60, must purchase by June 10. Menu choice is dual plate of chicken and beef or vegetarian strudel. Call 221-3919 for information on dress and tickets.

June 20 Warrant Officer Association

The Lone Star Silver Chapter will meet at 7 p.m. at Chacho's & Chulucci's, 8614 Perrin Beitel Rd. All active duty, retired, Reserve, National Guard warrant officers and family members are invited. Call 221-7327 or 666-9818.

June 22 Lone Star Tactical & Aviation Expo

The expo will be held 9 a.m.-5 p.m. in Arnold Hall on Lackland Air Force Base. Call 757-708-4136 or 757-416-6360.

June 23 Veteran Information Program

The "Veteran Education & Training Benefits and Opportunities" program will be held 6:15-8:30 p.m. at The Neighbor-

hood Place, 3014 Rivas St. Meet veteran service advocates and learn about federal, state and local education and training benefits. This event is free. Babysitting services will be available. Reserve a seat by June 20. Call 832-3009 or email veteran2004-VIP@yahoo.com.

June 26 AUSA Golf Tournament

The Alamo Chapter, Association of the United States Army, will host the 14th Annual "For the Soldier" Golf Tournament at 11:30 a.m. at the Fort Sam Houston Golf Course. To sign up as a team or individually, visit the Fort Sam Houston Golf Course or <http://www.alamochapterausa.org>. Call 421-7782 for information.



For Sale: Storage cabinet, 30 inches by 17 inches by 60 inches,

\$17; 4 foot by 8 foot by 1/2 inch plywood sheets, new, \$4.50 each; new 8-panel wire pet pen, foldable, 2 feet by 4 feet by 16 feet, \$45; handcrafted flower hangers, each holds three pots, \$8 each; 52-inch ceiling fan. 3-speed, five blades, \$12; Sunbeam gas barbecue grill, \$15. Call 313-0061.

MWR from P19

Funston Road Building 2515 for interactive play. Call 221-0349/2418.

Baby Talk

This new parent discussion group meets Tuesdays, 1-2:30 p.m. at Dodd Field Chapel. Call 221-0349/0655.

Using Credit Wisely

The class is 2-4 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-2380.

June 15 Nurturing Parenting Seminar

This two-part seminar is June 15 and 29, 11 a.m.-1 p.m. at the Red Cross, Building 2650. Call 221-0349.

Mandatory Initial First Termer Financial Readiness

The class is noon-2 p.m. at the Education Center, Building 2248. To register, call 221-1612.

June 17 Dive-In Movie

"Tangled" begins at dusk at the Fort Sam Houston Aquatic Center, Building 3300 Williams Road. Inner tubes or floating chairs allowed in pool, no rafts or air mattresses. Call 221-4887.

June 19 Father/Son or Daughter Golf Tournament

The tournament begins at 12:30 p.m. with a shotgun start at the Fort Sam Houston Golf Club, 1050 Harry Wurzbach Road. Cost is \$25/members and \$35/non-members. Sign up by June 17. Call 222-9386.

Readers of all ages invited on a medieval quest

By Deyanira Romo Rossell
502nd FSS Marketing

The Keith A. Campbell Memorial Library in Building 1222 at 2601 Harney Road on Fort Sam Houston is registering children, teens and adults for their summer reading program, "A Midsummer Knight's Read."

This medieval quest includes prizes for participants who meet reading goals and activities to keep minds entertained and challenged during the long summer break.

"This year, we have joined libraries throughout the Department of Defense in the United States and overseas who are offering the same program," said Robbye Durham, supervisory librarian. "Because we know many of our families will be moving, we want to make sure they can start here and pick up the reading program at their new home."

Kindergartener Adalynn Acton and her grandmother were waiting at the front door of

the library to sign up for the summer reading program.

"Adalynn was so excited to sign up for our summer reading program that she arrived here before we opened and is officially our first participant," Durham said. "It's wonderful to

see such enthusiasm about books among our young children. We look forward to a great summer for all our readers."

Col. Mary Garr, 502nd Mission Support Group commander, also joined the library team in encouraging children to put reading at the top of

their summer plans.

Talking to students at Fort Sam Houston Elementary School June 1, Garr listed off some of her favorite books for children including the Berenstain Bears, Magic Tree House and Little Critter.

She asked the children, "How many of you will read this summer?" Receiving a resounding "yes", Garr challenged the students to read a hundred books during their break.

"If you want to grow up to be smart, get a good education and a good job, you need to exercise your brain by reading," she told the students.

With the focus on medieval times there is an abundance of books on knights, swords and

dragons to entertain readers of all ages.

Just as importantly, year-round the Keith A. Campbell Memorial Library serves as a destination for Common Access Card registration, online training and resources for materials

in the service member's career field.

The library also offers service members a place to gather in their free time, providing Internet use, gaming systems, as well as book and DVD checkout.

For more information, call 221-4702 or 221-4387.



Fort Sam Houston Elementary Kindergartener Gabriela Lopez Correa (center) is off to a great summer, following a pep talk on the importance of reading by 502 Mission Support Group commander, Col. Mary Garr and Robbye Durham, supervisory librarian at the Keith A Campbell Memorial Library.



Justus Holden, a pre-school student at Fort Sam Houston Elementary, tries on a foam claw, one of the many medieval-themed prizes that await students at the Keith A Campbell Memorial Library in celebration of their summer reading program, "A Midsummer Knight's Read." Courtesy photo

CSF-PREP from P3

“Therefore the best thing we can do is to prepare how we will respond and how well we respond is tied to self awareness and our ability to self regulate. This facility is geared toward providing the mental skills needed to be more self aware, more self regulating, resilient with the ability to thrive in a VUCA world.”

CSF-PREP training is especially helpful for wounded warriors Burbelo said, introducing retired Sgt. Joshua Michael, who

uses the principles he learned to achieve a greater-than-expected goal as a realtor in San Antonio.

Michael said he earned \$1 million his first year in business and he enjoys what he is doing, even in this shifting economy. “I love it. I am booming.”

Michaels was wounded in Iraq in 2006 with three consecutive traumatic brain injuries. He was sent to Fort Sam Houston to recover and get his life skills back.

“The CSF-PREP helped me do that. I learned how to

mentally focus and how to set smart and attainable goals. I actually blew all of my expectations out of the water,” Michaels said.

If a particular goal is not attainable as originally set, Michaels redirects his efforts, or focuses from a different perspective rather than get frustrated and quit.

Formally the Army Center for Enhanced Performance, CSF-PREP was established in the fall of 2006 at Fort Bragg, N.C. according to Burbelo.

Currently head-

quartered at West Point, N.Y., the program has grown to 11 sites around the U.S. and supports multiple missions around the Army from Special Operations to deploying Forces Command units; including the Warrior Transition Command and outlying WTUs.

Several audits and numerous smaller studies show the program is effective Burbelo said.

“A rigorous program of evaluation of tens of thousands of Soldiers and leaders tells us we’re clearly providing added value

and closing a gap in Army need.”

“I believe Fort Sam Houston is an ideal location for this capability, specifically as it relates to the importance of providing critical support to the medical community,” Burbelo said.

“This ribbon cutting ceremony is the culmination of three years of comprehensive planning, designing and building;” said Jill Wierzba, CSF-PREP performance enhancement specialist, “not just of the facility, but for redefining the future.”

NEWS from P3

Gazebo Concert

Army Surgeon General Lt. Gen. Eric Schoemaker will host a concert June 26 at 7 p.m. at the gazebo on Staff Post Road.

Wilford Hall Emergency Department Closing

The Wilford Hall Medical Center Emergency Department will close effective June 30 and become an Urgent Care Center effective July 1. Emergency services are still available at Brooke Army Medical Center. For minor illnesses or injuries, call 916-9900 for an appointment with your primary care manager prior to coming to the Urgent Care Center for care.

NEC Fee Schedule

The Fort Sam Houston Network Enterprise Center Fiscal Year 2012 IT Fee Schedule is available. The charges for service reflect the current mandate by the Network Command to use standardized cost models across CONUS Army Installations. Visit NEC website at <http://www.samhouston.army.mil/nec/policies.aspx> to view the schedule. Call 221-4565 for information.

Edwards Aquifer Level

in feet above sea level
as of June 8

CURRENT LEVEL* = 643.5'

*determines JBSA water conservation stage

Normal - above 660'

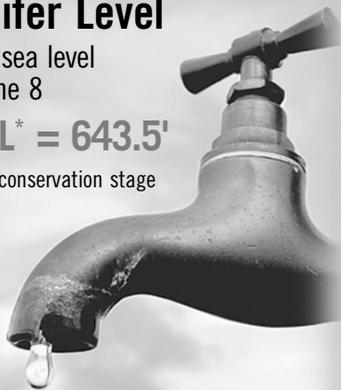
Stage I - 660'

Stage II - 650'

Stage III - 642'

Stage IV - 640.5'

Stage V - 637'



REMINDER CALENDAR

- June 9** A Midsummer Knight's Read, 1-4 p.m., Keith A Campbell Library
- June 9** A Musical Splendor, 7 p.m., Hacienda Recreation Center
- June 10** Wounded Warrior Golf Scramble, 1 p.m., FSH Golf Club
- June 17** Dive-In Movie "Tangled", dusk, Aquatic Center
- June 17** 236th Army Ball, 5:30 p.m., Marriott Riverwalk Hotel
- June 19** Father/Son or Daughter Golf Tournament, 12:30 p.m., FSH Golf Club
- June 22** 502nd Mission Support Group Family Safety Day, 10 a.m.-2 p.m., Roadrunner Community Center
- June 26** Army Surgeon General's Gazebo Concert, 7 p.m.

Rocco Dining Facility Menu Building 2745, Schofield Road

*Dining Room Breakfast Hours:
Monday-Friday 6:15-8:15 a.m.,
weekends and holidays 8-9:30 a.m.*

Friday - June 10

Lunch - 11 a.m. to 1 p.m.

Vegetable soup, corn chowder soup, Creole macaroni, chipper fish, meat loaf, vegetarian burritos, fried fish, brown rice, O'Brien potatoes, Japanese vegetable stir fry, carrots, fried cabbage

Dinner - 5 to 7 p.m.

Chicken pot pie, barbecued beef cubes, lemon baked fish, cheese tortellini with marinara, steamed rice, mashed potatoes, stewed tomatoes, spinach

Saturday - June 11

Lunch - noon to 1:30 p.m.

Cream of chicken soup, pepper pot soup, baked chicken breasts, pork chops with pineapples, hamburger yakisoba, cheese manicotti with marinara, redskin potatoes, wild rice, calico cabbage, herbed broccoli

Dinner - 5 to 6:30 p.m.

Blackened fish, chicken fajitas, stuffed green peppers, vegetar-

ian nuggets, steamed rice, garlic roasted potato wedges, squash and carrot medley, pinto beans

Sunday - June 12

Lunch - noon to 1:30 p.m.

Cream of broccoli soup, tomato rice soup, roast beef, turkey enchiladas, stuffed fish, vegetable pasta primavera, southwestern rice, mashed potatoes, corn on the cob, green beans

Dinner - 5 to 6:30 p.m.

Grilled steaks, breaded shrimp, hamburgers, cheeseburgers, Cajun grilled chicken sandwiches, vegetable pizza, grilled cheese sandwiches, baked potatoes, baked potato bar, sauteed onions and mushrooms, mixed vegetables, broccoli, french fries

Monday - June 13

Lunch - 11 a.m. to 1 p.m.

Cream of potato soup, minestrone soup, Chinese five spice chicken, meat loaf, spicy Italian pork chops, spinach tortellini with marinara, spicy brown rice, mashed potatoes, peas and carrots, green beans

Dinner - 5 to 6:30 p.m.

Chicken tetrazzini, Caribbean fish, grilled ham steaks, eggplant parmesan, Kansas medley rice, mashed potatoes, asparagus, squash and carrot medley

Tuesday - June 14

Lunch - 11 a.m. to 1:00 p.m.

(Army Birthday- \$7 meal cost)

Cream of mushroom soup, tomato rice soup, shrimp cocktail, grilled steak with peppers-mushrooms and onions, herbed roasted chicken, barbecued spareribs, spicy baked fish, cheese pita pizza with veggies, garden stacked turkey or beef burger, grilled polish sausage on sub roll, whipped sweet potatoes, red beans and rice, broccoli, corn on the cob, stir fry vegetables, seared paprika potatoes, onion rings, french fries

Dinner - 5 to 7 p.m.

Herbed baked chicken, barbecued pork chops, spicy baked fish, cheese enchiladas, red beans and rice, rosemary roasted potato wedges, rice pilaf, corn O'Brien, stir fry cabbage, pork chops Mexicana

Wednesday - June 15

Lunch - 11 a.m. to 1 p.m.

Cream of tomato soup, chicken gumbo soup, baked chicken and rice, fish parmesan, beef lasagna, vegetable lasagna, oven browned potatoes, caviar medley rice blend, lima beans, vegetable stir fry, chicken gravy

Dinner - 5 to 7 p.m.

Grilled hamburger steaks, chicken cacciatore, lemon baked fish, sweet potatoes, black beans, corn, steamed rice, mashed potatoes, stewed tomatoes, green beans

Thursday- June 16

Lunch - 11 a.m. to 1 p.m.

Chicken vegetable soup, cream of potato soup, oven baked fried chicken, Cajun baked catfish, barbecued pork spareribs, meat loaf, hopping john rice, candied sweet potatoes, steamed rice, mustard greens, corn on the cob, peas

Dinner - 5 to 7 p.m.

Braised pork chops, chicken and Italian vegetable pasta, cheese enchiladas, chili macaroni, southwestern rice, O'Brien potatoes, savory squash, black-eyed peas, broccoli

Menus are subject to change without notice