



# Fort Sam Houston News Leader



Vol. 38, No. 24

Fort Sam Houston – Home of Army Medicine

June 15, 2006

## Briefs . . .

### Summer Gazebo Concert

Maj. Gen. George W. Weightman, commander, Army Medical Department Center and School and Fort Sam Houston, will host a summer concert June 25 at 7 p.m. at the gazebo on Staff Post Road. Bring lawn chairs and blankets and enjoy the sounds of the Army Medical Command Band featuring hits from the 1960s to today's hits. The concert will also include guest singers from different units on post. Vehicles without government decals should enter at the Walters gate off of Interstate Highway 35.

### Mass Notification System

There will be a test of the Fort Sam Houston Mass Notification System Friday at 1 p.m. The Fort Sam Houston Mass Notification System re-programming was completed June 9. The test will consist of a warning message followed by playing the Westminster Chimes. The test is being conducted to evaluate sound levels and installation coverage prior to bringing the system online for daily use.

### Newcomers' Extravaganza

A Newcomers' Extravaganza will be held June 27 from 9:30 to 11 a.m. at the Sam Houston Club, Building 1395, Chaffee Road. The extravaganza is mandatory for all permanent party in-processing Soldiers, lieutenant colonel and below, within 60 days of their arrival. Attendees will have the opportunity to learn about Fort Sam Houston and the San Antonio area. Supervisors are encouraged to allow Soldiers and civilian employees administrative time to attend. Families are welcome. For more information, call the Army Community Service Relocation Assistance Program at 221-2705 or 221-2418.

### Travel warning

People should use caution when visiting the border cities of Ciudad Acuna and Piedra Negras, adjacent to Del Rio and Eagle Pass, Texas, respectively. The cities are already off limits to Laughlin Air Force Base, Texas, military personnel. Recent violent criminal activity in Ciudad Acuna involved a gunfight during daylight hours which resulted in multiple deaths.

### Harry Wurzbach gate

Effective today, the new Harry Wurzbach East gate, adjacent to The Towers, is designated a visitor access control point. Daily passes will be provided to visitors who wish to enter the post for official business. Drivers must have a current driver's license and if asked, must provide proof of insurance and registration. Vehicles with expired inspection stickers will not be allowed on post. All passengers, 16 years and older, must also have a valid photo ID card.

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Photo by Lionel Lowery III

## Handle with care

Spc. Jeremy Naeve "whips" a block of C-4, which was used to detonate nearly 1,000 pounds of explosives at Camp Bullis June 2. Naeve is one of the 20 Soldiers of the 797th Explosive Ordnance Company at Fort Sam Houston who ensure the safety of people on and off post. See related story and photos on pages 16 and 17.

# Garrison tightens belt

By Elaine Wilson  
Fort Sam Houston Public Information Office

With diminishing supplies, cancelled contracts and a lack of government cars or phones, the severity of the budget crunch has been driven home for the employees and customers of the U.S. Army Garrison at Fort Sam Houston.

"I know it's tough out there," said Garrison Commander Col. Wendy Martinson at a Command Information Meeting June 7 at the Roadrunner Community Center. "I wish I could give a silver sentence to ease the pain, but I can't. But rest assured we are doing everything we can to keep this boat afloat."

The Garrison's financial problems are due to an Installation Management Agency funding shortfall, according to an IMA news release. IMA attributes the shortage

to unbudgeted "fact-of-life" costs such as fuel increases, physical security costs and foreign currency exchange rate differences.

Since IMA funds the U.S. Army Garrison at Fort Sam Houston, as well as 116 other posts worldwide, the "garrison is severely impacted," Martinson said.

Fort Sam Houston's \$26 million shortfall may be eased in coming days if Congress approves the Pentagon's request for a \$722 million supplemental, but the post's money woes won't be over, IMA officials said, as the Army still must maintain combat readiness across the force and continue its transformation.

In the meantime, Garrison employees are tightening their belts, turning in government cell phones, Blackberries, credit cards and cars, and attempting to accomplish the mission with swiftly diminishing supplies.

"We haven't paid our utility bill since March," said Fort Sam Houston Public Affairs Officer Phillip Reiding. "With a 1.4 million dollar energy bill a month, we'll owe more than \$4 million at the end of this month."

It may be lights out at Fort Sam Houston since "Other than civilian payroll, we are not getting any other resources," Martinson said, adding that furloughs and reductions in force, or RIFs, are not an option for permanent employees. "They will continue to get paid."

Temporary and term employees, however, are being released as quickly as legally possible, according to an IMA release, with the exception of those who directly support life, health, safety and the Global War on Terrorism.

Contractors are also feeling the impact

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# USARSO trains K-9s, handlers

By Air Force Maj. Carol McClelland  
U.S. Military Group, Ecuador

**QUITO, Ecuador** — U.S. Army South conducted a four-day training course for 20 Ecuadorian K-9 handlers and their dogs May 22 to 25.

The handlers were South American military members from 22 provinces throughout Ecuador.

Sgt. 1st Class David Barnes, of USARSO, has 17 years of dog-handling expertise. He said language barriers didn't affect training, particularly when it came to the dogs.

"Dogs are like a 5- to 7-year-old child," Barnes said. "Some are smarter than others."

"It takes knowledge, patience and lots of practice using institutional or book knowledge. And it takes repetition — if you want a child to do something, you apply techniques. A dog under-

stands body position and tone so it doesn't matter if the words used are in Spanish, English or German."

Barnes encouraged the handlers to offer additional praise to the K-9s. The U.S. instructors also asked the class to critique their colleagues following scenarios based on techniques learned earlier in the week. Students included whether or not the handler gave enough praise or correction to his dog during the scenario in the after-action reviews.

While one air force member awaited his feedback, he knelt down and began petting his German Sheppard, Rex. Barnes didn't let the moment go unnoticed and broke into the session saying, "The best training going on today is what he's doing right now with that dog. He's bonding with him."

Subofficial (E-7 equivalent) Stalone Cruz, an air force canine supervisor, explained that in their service, the dog stays with the same handler, even when the airman

See USARSO on Page 4

# National Museum Registry seeks Soldiers' stories

WASHINGTON — Soldiers past and present now have a unique opportunity to share their stories through the Registry of the American Soldier.

Managed by the Army Historical Foundation, the Web-based registry is a celebration of the service and sacrifice of Soldiers from 1775 to today, at home and abroad, in peace and in war.

The Registry will be permanently displayed at the National Museum of the U.S. Army when it opens in 2011 at Fort Belvoir, Va. It will also remain accessible via the Internet, according to Dick Couture, the foundation's director of Donor Marketing and Data Management.

Each Registry entry will include the Soldier or veteran's name, rank, hometown and service history. Because the Registry is to serve as a link between those who have served and the American public, Couture encourages participants to share their personal stories.

"They all have a story to tell, and we want to hear about it in their words. Their memories and personal experiences will bring Army history to life and make it memorable for future generations," Couture said.

The names and service histories of more than 18,000 Soldiers and veterans have already been entered at [www.armyhistory.org](http://www.armyhistory.org).

"Our vision for the Registry of the American Soldier is to recognize the Soldier, the stalwart who fought to give us our freedom 230 years ago and who has ensured it ever since," said Couture.

Current Soldiers and Army veterans can enroll in the Registry of the American Soldier at [www.armyhistory.org](http://www.armyhistory.org). Spouses, parents, children and friends can also enroll serving and former Soldiers, to include deceased Army veterans.

(Source: Army News Service)

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# Retired infantryman honors wounded warrior at BAMC

By **Nelia Schrum**

Brooke Army Medical Center Public Affairs

An infantryman recovering at Brooke Army Medical Center was awarded a Purple Heart Friday for burn wounds he sustained from a blast while searching for a cache of weapons in Mosul, Iraq.

Pfc. Daniel Stackhouse, 22, received the medal from retired Lt. Gen. Glynn Mallory Jr., an infantryman and the former commander of the Sixth United States Army located at the Presidio of San Francisco in California.

Mallory and his wife, Linda, who now reside in San Antonio, are BAMC volunteers in the Burn Center.

"I'm deeply honored and humbled for the opportunity to participate in this significant ceremony for a combat wounded Soldier," said Mallory.

Commenting on the difficult and lengthy recovery process for burn patients, Mallory said he had a real appreciation and gratitude for the entire staff of BAMC and particularly for the work and dedication of the Burn Center staff.

"The doctors, nurses and technicians treat the patients as if they are their own family – guiding them through the recovery maze," he said.

Mallory said he was reminded of his favorite verse from "America the Beautiful" every time he participated in a Purple Heart ceremony. The verse, "O beautiful for heroes proved, in liberating strife, who more than self

their country loved and liberty more than life," links the long legacy of military members who have served the nation.

He said every generation of Americans has answered the nation's call when in peril. "Today's Soldiers eagerly step forward to serve selflessly in perhaps the most difficult and challenging war the nation has experienced."

Terming the Purple Heart as a badge of courage and valor, Mallory said, "I told Pfc. Stackhouse he should wear this medal with pride the rest of his life."

A native of Camp Pendleton, Calif., Stackhouse was joined at the ceremony by his parents, Jeanette and David Stackhouse.

"It was a rough day, when we were notified of the injuries," Jeanette said.

"I'm very proud of him and his brother (also a military member, now serving in Iraq). Both of my sons wanted to fight for their country."

Stackhouse is assigned to the 172nd Stryker Brigade and will soon be returning to Fort Wainwright, Alaska. Upset that he could not return to Iraq to be with his fel-



Photo by Kelly Schaefer

Retired Lt. Gen. Glynn Mallory presents Pfc. Daniel Stackhouse a Purple Heart Friday for blast injuries he sustained near Mosul, Iraq, while searching for a weapons cache in February.

low Soldiers after his injury, the infantryman said the next best thing would be welcoming his unit back.

"I can't wait until the team comes home," Stackhouse said.

## DoD working to identify troops affected by VA data theft

By Sgt. Sara Wood  
American Forces Press Service

WASHINGTON — The Defense Department is working to determine exactly how many active duty and Reserve service members could be affected by the recent theft of personal information from a Department of Veterans Affairs employee's home, a DoD official said June 7.

DoD is working equally hard to ensure service members are informed about the issue and protected, said Bill Carr, deputy undersecretary of defense for military personnel policy.

"We're going to make it easy by working with VA for service members," he said. "There's nothing that could be done for the military that the Defense Department won't do on their behalf, as quick and as convenient as we can."

VA announced yesterday that the personal data of as many as 1.1 million active duty service members, 430,000 members of the National Guard, and 645,000 members of the reserves could be included in the information,

which was loaded onto discs and taken home by a VA employee in May. The employee loaded some of the information onto his laptop computer, which was later stolen from his home.

The numbers reported yesterday are preliminary findings and represent the worst-case scenario, Carr said.

When DoD learned June 1 that some current service members could have been affected by the data loss, officials asked Veterans Affairs for all the Social Security numbers in the database available to the employee, Carr said. These numbers were checked against databases at the Defense Manpower Data Center, which maintains military personnel information, he said.

"There's still a chance, because (the VA) provided the database with all the possibilities the employee might have had, that when we double-check the content of the (discs), then the problem might be less than first

**"There's nothing that could be done for the military that the Defense Department won't do on their behalf, as quick and as convenient as we can."**

—Bill Carr

Deputy undersecretary of defense

reported," Carr said.

For now, people should assume that 80 percent of the active-duty force and 90 percent of the Selected Reserve — National Guard and Reserve members affiliated with units — are vulnerable to personal data theft, Carr said. The vulnerable information includes names, Social Security numbers and dates of birth, he said.

Veterans Affairs keeps personal information on current military members because the department administers benefits like the Montgomery G.I. Bill and Service members' Group Life

Insurance, which are issued during active duty and after separation, Carr said. The information ensures service members receive their benefits quickly and accurately, he said.

Carr said DoD should have more firm numbers of who could be affected in a couple of days, but for now all service members should be vigilant and look for changes in their credit or financial status. Service members can use credit monitoring services, and any fraudulent activity should be reported immediately, he said.

Veterans Affairs has indicated that it is going to pursue credit-monitoring services for those affected by the data loss, Carr said.

Service members seeking more information on the data loss or advice on how to protect themselves can go to a special Web site and a toll-free telephone number for those possibly affected by the data loss: <http://www.firstgov.gov> and 800-FED-INFO (800-333-4636). Each features up-to-date news and information on the data

compromise. The site provides links to many other sites dealing with credit monitoring, Carr said.

The Web site also provides steps on how to check credit reports, how to guard against identity theft and who to call if an individual believes any fraudulent activity is occurring with his or her personal information.

Information relating to the defeat of identify theft also is available at the Military OneSource Web site.

When DoD officials have a better idea of how many people are affected, they will establish a searchable Internet database so people can find out if their information was compromised, Carr said. In the event of an identity theft resulting from this information loss, it is not yet clear whether VA will be responsible to assist or compensate the service member, he said.

For more information, visit the FirstGov Web site at <http://www.firstgov.gov/veteransinfo> or Military OneSource at <http://www.militaryonesource.com/skins/MOS/home.aspx>.

### Briefs continued from Page 3

#### Nursery Road gate

Saturday and Sunday, the Nursery Access Control Point gate will be closed for the installation of a canopy. The gate off Harry Wurzbach, adjacent to the Army Reserve Center, will remain open 24 hours to allow traffic in and out of the area. Traffic to and from the Watkins Terrace Housing area, Dodd Field Chapel, and other Morale, Welfare and Recreation facilities can travel to the main post via the new Harry Wurzbach East ACP. The Winans ACP will remain open 24 hours on both days or until construction is completed. The closure of the Nursery ACP will not affect traffic at the Fort Sam Houston National Cemetery.

#### Command Information Meetings

The post community is invited to Fort Sam Houston's Command Information Meetings. A meeting will be held today from 9:30 to 11 a.m. at the Evans Theater, Building 1396.

#### Retirement, Honor Medic ceremony

A retirement and Honor Medic ceremony for Col. Richard Agee, chief of staff, Army Medical Department Center and School, will be held June 22 at 5 p.m. at the Fort Sam

Houston main flagpole on Stanley Road. For more information, call Sgt. 1st Class Stephen Welch at 221-4558.

#### Audie Murphy induction ceremony

A Sergeant Audie Murphy Club induction ceremony will be held June 23 at 4 p.m. at the Roadrunner Community Center, Building 2797. For more information, call Sgt. 1st Class Brande Dietrich at 221-0240 or Sgt. 1st Class Isaac Day at 916-5991.

#### Annual HIV training

Fort Sam Houston, Camp Bullis and Brooke Army Medical Center personnel can schedule their annual HIV training by calling Debra Spencer, of the Department of Preventive Medicine, at 926-5216 or 295-2326.

#### MCS birthday celebration

The Fort Sam Houston Silver Caduceus Society will sponsor a Medical Service Corps 89th birthday celebration June 30 from 1 to 3 p.m. at the Army Medical Department Museum. The speaker will be Brig. Gen. David Rubenstein, assistant surgeon general for force sustainment.

# 'Click it or Ticket' results are in

Story and photo by Cheryl Harrison  
Fort Sam Houston Public Information Office

The Fort Sam Houston police participated in the recent "Click it or Ticket" enforcement mobilization campaign to enforce the importance of safety belts. The campaign strategy used several media methods to get the word out about safety belts to include national television, billboard, newspaper and radio advertising, in the effort of public awareness.

The results are in and the numbers tell it all. This year 2,332 vehicles were stopped, with 73 tickets written for non-compliance of seat belt usage. Of the 73 tickets written, civilian personnel on post received the majority; military personnel received 20 tickets and 16 were issued in

four other categories; 86 percent were given to males and the remaining percent were female drivers; and 86 percent occurred on Fort Sam Houston and 14 percent were on Camp Bullis.

Staff Sgt. Ronald Shaw, Directorate of Emergency Services, traffic investigations division said, "All vehicles stopped were inside the installation and tickets were issued to anyone not wearing seat belts. The usual excuse for not wearing their safety belts was that they forgot or that they were reaching for something.

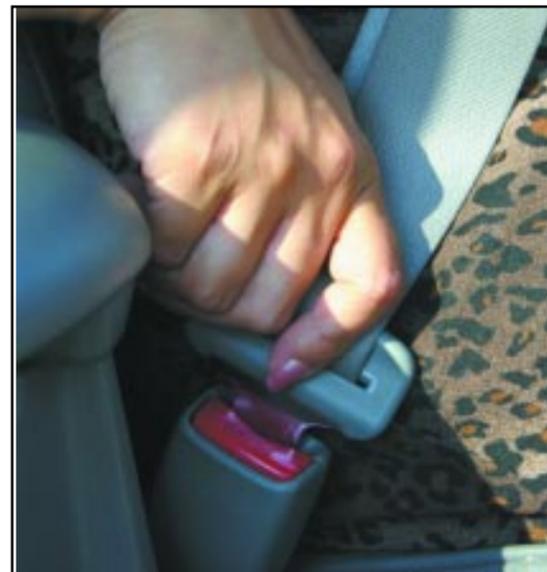
"I would say 80 percent of the folks receiving tickets were cooperative and took their tickets without complaint," said Shaw.

Seat belt tickets issued on post are treated seriously. Tickets issued for seat

belt violations are sent to the U.S. court in downtown San Antonio and must either be paid or contested in court. If the ticket is ignored a warrant for arrest is issued.

According to Texas state law, only those passengers in the front seat must be buckled unless they are under the age of 16, but keep in mind that only applies off post. Seat belt usage is required by each individual in the vehicle on military installations.

The goal of the "Click It or Ticket" campaign was not to give out tickets, but to influence people to buckle up and prevent injuries and fatalities. The campaign played a critical role in the continuing effort to keep people safe on the nation's roads and highways.



## USARSO

Continued from Page 1

moves to another base, unlike the U.S. handlers.

Cruz has 24 years experience with the dogs, including about 30 parachute jumps with a dog strapped to his lap — a procedure aimed at defending air force bases and ports. Despite his extensive experience, Cruz admitted he learned some new techniques and saw the importance of the joint training.

"This is the first time training together," he said. "We're all learning at the same time and we're all learning the same technique. It's very good to have the same techniques and now we will apply and teach them to our colleagues."

"When we started this seminar on Monday, the marines, army and air force members sat apart, separated," said USARSO Sgt. Maj. Lonnie Crook, the primary coordinator for the seminar, at the graduation. "What I saw today was a team of dog trainers. Stay in contact with each other, remain tight, friends; work together for the betterment of your military, not just the post you're on."

(Right) Nick, a Labrador retriever, is anxious to attack the padded Ecuadorian decoy, while his handler practices a newly acquired back tie and leash technique.



Courtesy photos

(Above) Sgt. 1st Class David Barnes, of U.S. Army South, observes K-9 controlled attack techniques while Nick, a Labrador retriever, gives the "bad guy" a good workout.

(Top left) Rex, a German shepherd, sinks his teeth into a padded arm during K-9 controlled attack training in a joint seminar held in Quito, Ecuador, May 22 to 25.

## Garrison

Continued from Page 1

of the budget crunch.

"Contractors are being released and all service contracts will be reduced or cancelled by June 26," Martinson said. The exceptions are the same as for temporary and term employees.

"I understand it will have an impact, but I don't want it to impact our mission," Martinson said. "There is no doubt in my mind that there will be a reduction in services, but I don't foresee mission failure."

As examples of anticipated service cutbacks, Martinson said there will be a reduction in the number of days and operating hours of some Garrison service centers: the ID Card Section will operate on an appointment basis only, some programs in the Army Community Services program will be temporarily cancelled and delays in response times to service calls should be expected.

She said the Garrison is compiling a list of service impacts resulting from the budget shortfall, and the list will be released by the end of the week.

Although the budget woes may dim the lights at Fort Sam Houston in the near future, the future is bright for the post, Martinson said, particularly with several major commands and more than 11,000 people moving on post

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—Col. Wendy Martinson  
Commander, U.S. Army Garrison

due to the Base Realignment and Closure decision.

"The good news is Fort Sam Houston is a growing community," Martinson said.

Martinson described upcoming changes to the post, including the evolution of the Army Medical Department Center and School into a joint medical training center, the expansion of Brooke Army Medical Center to accommodate in-patient functions from Wilford Hall Medical Center and the migration of IMA Headquarters from Washington, D.C. to post.

To accommodate the increase in missions and people, Fort Sam Houston will gain a few quality-of-life improvements such as a two-story main exchange, health clinic and fitness center.

BAMC will see a decrease in its ongoing parking crunch with two 2,500 car garages to help manage more cars due to the BAMC expansion, as well as the addition of the Center for the Intrepid and two Fisher Houses, which are still under construction.

With so many changes on the horizon, Martinson said now is the time to put safety first, particularly for motorcyclists.

"We're losing Soldiers to motorcycle accidents every week," she said. "Please exercise safety both on the road and off of it."

For more information on safety or for safety training, call 295-SAFE (7233) or visit <https://crc.army.mil>.

Martinson said she will continue to have Command Information Meetings to pass on information. "We have tremendous challenges in front of us with the budget and BRAC, but we have a road map that will help us move forward. I feel confident we can tackle and overcome the challenges ahead of us."

# Save gas, team up to drive to BAMC

As the construction at Brooke Army Medical Center continues, BAMC leaders continue to deal with the challenging task of providing adequate parking to meet the needs of patients, visitors and staff.

To save money and improve parking, BAMC leaders are encouraging the staff to try out the new BAMC carpooling program or VIA's new "vanpooling" program.

### BAMC carpooling program

Starting Monday, additional parking spaces will be designated as carpooling only and made available to BAMC staff members who wish to participate in the program.

To register for the BAMC carpooling program, people should visit the

BAMC Provost Marshal Office, Room L43-17 (lower level), and provide names of at least two people per vehicle who will participate in the program, along with the days planned for carpooling.

### VIA vanpooling program

In VIA's new vanpool program, at least six people share the ride to work while splitting the cost of the van rental and the fuel. Vans are available in models that can accommodate seven, 12 or 15 passengers, and they are rented on a monthly basis.

One member of the group is selected to be the driver, and maintains the van in return for riding free.

The cost of a vanpool can range from about \$50 to \$150 per month, per person.

The price depends on the size of the van, the number of riders, the commute distance and whether or not an employer helps subsidize the cost; VIA kicks in a subsidy discount of \$20 per person, per month. Insurance, roadside assistance and maintenance are all included in the cost.

Vanpools can be set up to travel just about anywhere, as long as the trips start or end in Bexar County. Vanpools typically start at a central pick-up point that members of the group decide will work best for them, whether a VIA park-and-ride facility, grocery store, church or anywhere they can easily assemble and leave their cars for the day. At the end of the day, they all return to the same

point to go home. If an emergency arises and any member of the vanpool needs to leave work earlier or later than normal, there is a Guaranteed Ride Home option that will provide them with transportation.

For more information on vanpooling or for help recruiting a group, call VIA at 362-2555 or e-mail [vanpool@viainfo.net](mailto:vanpool@viainfo.net).

VIA will sponsor a briefing to provide specific details of the program for BAMC staff June 27 at 11 a.m. in the BAMC auditorium (fourth floor). For more information, call the BAMC Provost Marshal Office at 916-1007.

(Source: BAMC Provost Marshal Office)

### Carpooling Advantages

- Less stress commuting to and from work
- Financial savings due to sharing commuting costs
- Increases free time for riders
- Reduces air pollution due to emissions
- Reduces the need for parking



Photo by Olivia Mendoza

### Drop and give me 100

LucianKimble, Fitness Center supervisor for the Jimmy Brought Fitness Center, looks on as Rangel Mercedes and Jerry Layton, future Soldiers from the U.S. Army Houston Recruiting Company, perform push-ups during a visit June 9. Future Soldiers are brought to Fort Sam Houston to learn about the life of and benefits offered to Soldiers.

# Privacy matters

## Identity theft can compromise more than finances for military

**DALLAS** — Widespread reports concerning identity theft have prompted many past and present military members to re-evaluate the security of their personal information. As recent news reports have highlighted, data such as Social Security numbers, passwords and birthdates must be closely guarded in a digital world.

“Whether active duty or retired, it’s very important to keep a close eye on your financial statements to make sure there aren’t any unexpected charges or other out-of-the-ordinary activity,” said the Army and Air Force Exchange Service’s Chief Financial Officer Mike Howard. “With that said, unless suspicious activity has been found, there’s really no reason to close credit cards or bank accounts.”

With more than 1.4 million accounts, the military exchanges’ proprietary Military STAR® credit card relies on a variety of safeguards to ensure its cardholders’ privacy is secure. Used worldwide at Army, Air Force, Navy, Marine Corps and Coast Guard exchanges, this all-services card has become a trusted tool for troops shopping in military exchanges from Baghdad to Fort Bragg.

“We restrict access to nonpublic personal information about our cardholders to those associates who have a need to know for the performance of their duties,” said Howard. “We maintain strict physical, electronic and procedural safeguards to guard nonpublic personal information.”

Considering many Military STAR® cardholders are or have been active partic-

ipants in the Global War on Terrorism, the exchanges recognize that the sensitivity of military personnel’s private information goes beyond the threat of a fraudulent purchase.

If personal information is compromised, the Federal Trade Commission recommends the following actions be taken immediately:

- Contact the fraud department of one of the three major credit bureaus:

Equifax: 800-525-6285; [www.equifax.com](http://www.equifax.com); P.O. Box 740241, Atlanta, Ga., 30374-0241

Experian: 888-EXPERIAN (397-3742); [www.experian.com](http://www.experian.com); P.O. Box 9532, Allen, Texas, 75013

TransUnion: 800-680-7289; [www.transunion.com](http://www.transunion.com); Fraud Victim Assistance

Division, P.O. Box 6790, Fullerton, Calif., 92834-6790

- Close any accounts that have been tampered with or opened fraudulently.

- File a police report with the local police or the police in the community where the identity theft took place.

- File a complaint with the Federal Trade Commission by contacting the FTC’s Identity Theft Hotline at 877-438-4338, online at [www.consumer.gov/idtheft](http://www.consumer.gov/idtheft) or by mail at Identity Theft Clearinghouse, Federal Trade Commission, 600 Pennsylvania Avenue NW, Washington DC 20580.

For more information on the Military STAR® Card, visit [www.aafes.com](http://www.aafes.com) and click on the Military STAR® Card icon. (Source: AAFES news release)

### Emergency numbers



**Dial 911** when calling from a Fort Sam Houston or Camp Bullis telephone number prefix.

**Dial 554-4713** when calling from a cell phone or from anywhere on Fort Sam Houston other than the post telephone number prefixes.

On Camp Bullis, **dial 295-7517** from a cell phone or non-Camp Bullis prefix.

The fire prevention office has phone stickers for these numbers. Stop by Building 4196, Room A37 or call 221-5452.

### Need an ID Card?

The ID Card Office, located in Building 367, accepts appointments from 12:45 to 3 p.m., Monday through Friday. To schedule an appointment, call 221-2278 or 221-0415. You can also obtain an ID card by appointment only at the Brooke Army Medical Center ID Card Office, located in the lower floor within the TRICARE Office. To schedule an appointment, call 916-0838.



## Sports Briefs . . .

### 'For the Soldier' tournament

221-1180.

The Alamo Chapter Association of the U.S. Army will sponsor the "For the Soldier" golf tournament July 17 at 1 p.m. at the Fort Sam Houston Golf Club. The tournament will help the chapter's continuing efforts to provide support to Soldiers and community programs. People can sign up their team or enter individually at [www.alamochapterausa.org](http://www.alamochapterausa.org). For more information, call retired Command Sgt. Maj. Carlos Correa at 771-3514.

### Golf tournament

A Red, White and Blue tournament will be held at the Fort Sam Houston Golf Club July 2 with a shotgun start time at 12 p.m. Door prizes will be awarded in addition to prizes for team, hole-in-one, closest to the pin and longest drive. The event is a two-person scramble, but players may sign up individually or as a pair. The cost for members is \$35; guests pay \$55. Registration fee includes golf cart, green fee, awards and dinner. The event is open to the public. For more information or to register, call the Golf Club Pro Shop at 222-9386.

### All-Army men's softball camp

The application deadline to participate in the 2006 All-Army men's softball trial camp is June 28. The trial camp will be held Aug. 23 through Sept. 15 at Fort Sam Houston. Players chosen for the team will participate in the Armed Forces Championships held at Eglin Air Force Base, Fla., from Sept. 16 to 21 and in Oklahoma City, Okla., from Sept. 29 through Oct. 1. If interested, apply online at <https://armysports.cfsc.army.mil>. For more information, call Earl Young at

### Summer soccer

#### Soccer camp

The Alamo Heights Fort Sam Houston Summer Soccer Camp will be offered on the following dates:

- **Monday to June 23:** Full day camp 8:30 a.m. to 4:30 p.m. for under 9 to under 16, \$165
- **June 26 to 30:** Half day camp 8:30 to 11:30 a.m. for under 5 to under 9, \$95; half day camp 5:30 to 8:30 p.m. for under 5 to under 9, \$95; and advanced camp 5:30 to 8:30 p.m. for under 10 to under 16, \$95.
- **July 31 to Aug 4:** Full day camp 8:30 a.m. to 4:30 p.m. for under 9 to under 16, \$165; and team camps 8:30 a.m. to 4:30 p.m. for under 9 to under 16, \$165.

The camp includes a free ball and T-shirt. For more information, call 288-7071, e-mail [sfirth@challengersports.com](mailto:sfirth@challengersports.com) and reference the Alamo Heights Fort Sam Houston Summer Soccer Camp, or visit <http://www.ahfsh.org>.

### Boxers, coaches needed

The Jimmy Brought Fitness Center seeks individuals interested in participating as boxers and coaches in Boxing at the Brought III. The event will be held in October. Boxers and coaches must be registered with USA Boxing and training 30 days prior to the event. Pre-registration and pairing of boxers will begin Sept. 28. For more information on USA Boxing registration and Boxing at the Brought III, call the Morale, Welfare and Recreation Sports Branch, Boxing Club at 221-1532 or 221-1342, or e-mail [douglas.stanley@samhouston.army.mil](mailto:douglas.stanley@samhouston.army.mil) or [john.m.rodriguez1@samhouston.army.mil](mailto:john.m.rodriguez1@samhouston.army.mil).

### Intramural Spring Softball Standings for June

Team	Win	Loss
264th Bn	11	2
USARSO	9	3
5th Army	6	3
Bad News Bears (STB)	6	6
BAMC	6	7
Fire Department	6	8
NMCRC	4	9
Band	1	9

### Intramural Golf Standings

June 8	Team	Points
1st	GPRMC	201.5
2nd	USAG #2	196
3rd	5th Recruiting Bde	186
4th	*USARSO #1	185.5
5th	*MEDCOM #1	178
6th	Bunker Busters	170
7th	BAMC	168.5
8th	*ISR #1	166.5
9th	DMS Demons	151
10th	MEDCOM #2	148.5
11th	MWR	146.5
12th	USARSO #2	146.5
13th	264th Med Bn	142
14th	DMRTI	131.5
15th	ARNORTH	131
16th	ISR #2	116.5

\*Commander's Cup Rep

# Water conservation measures in effect

By Shasta Bell

Morale, Welfare and Recreation

Hot, dry summer conditions bring the issue of water conservation to the forefront on Fort Sam Houston.

Water conservation procedures on Fort Sam Houston are based on measures adapted by the San Antonio Water System, and a major component of its conservation plan focuses on the use of reuse water.

Reuse or recycled water is considered a Type I "nonpotable" resource. While reuse water is virtually harmless to human contact, it is not meant for human consumption.

"The differences between purification systems renders reuse water one step below drinking water and equivalent to bath water. Reuse water has certain purification procedures that are close to the potable water process, but the restrictions on detoxification levels vary," said Jackie Schlatter, natural and cultural resources specialist at the Fort Sam Houston Environmental Office.

Reuse water is the primary source of irrigation for industrial and commercial companies, to include parks, golf courses, schools, industrial facilities and athletic fields. The water resource is used for landscape irrigation, industrial cooling water

and river preservation.

## Conservation measures

The dependence on reuse water as a key water resource increases when drought conditions are in effect on Fort Sam Houston because of its unrestricted use.

SAWS owns the nonpotable water reserve. Organizations must establish contractual agreements and purchase their water supply from SAWS.

The reuse water supply reaches Fort Sam Houston by way of a waterline that stretches east to west through San Antonio. Fort Sam Houston gets its supply from the west side, which runs along Harry Wurzbach Road to Winans Road and empties into Salado Creek.

"The waterline pipes are located along the roadside and are pink and purple in color which makes them easy to distinguish. You can see them on post near the Leadership softball fields and on Harry Wurzbach," said Schlatter.

The Fort Sam Houston Golf Course, Dodd Field, Recreation Vehicle Park, Army Medical Department Museum and the 1600 and 3800 area plants are reuse landscape irrigation users.

Reuse water is also used for cooling towers or air conditioning chillers at various locations on post.

Early predictions are that more water

restrictions will be imposed in San Antonio as aquifer levels are expected to continue decreasing. Aquifer measurements this month indicate that the level is at 657.4 feet, which is 5.9 feet below the historical June average.

SAWS implements Stage I water restrictions when the water level drops to 650 feet. The Department of Defense enforces Stage I restrictions when the water level lowers to 657.5 feet for five consecutive days.

Currently, the post is close to being under Stage I water restrictions. In accordance with the Water Reduction Program and Phase I Reduction Plan, landscape irrigation is prohibited between 10 a.m. and 8 p.m. daily. Activities that waste water, such as car wash fundraisers, are also prohibited during this stage.

## Golf course receives exemption

However, water restriction exceptions are granted in rare circumstances, such as in the case of the Fort Sam Houston Golf Course, which has begun a renovation of its greens and tees on the Salado Course.

Golf course grounds require damp conditions at all times in order for the turf to develop and grow. To retain moisture on the grounds, the irrigation system has to remain operative 24 hours a day. Since this phase of the renovation project

encompasses the growing season, the golf course was granted a temporary exemption from watering restrictions.

The landscape irrigation exemption to allow watering between 10 a.m. and 8 p.m. only applies to the 18 holes on Salado Course that are under renovation. A computer-controlled irrigation system is installed on the course and aids in conserving the reuse water supply at the golf course. The CCIS monitors the irrigation levels in the soil by measuring the rainfall total to the need for additional irrigation.

"After 2003, rainfall totals have consistently declined which created increased demand for reuse water," said Schlatter.

Data indicates there are many benefits for using nonpotable water, but one of the most significant reasons relates to its long-term cost savings.

"Reuse water saves us from going over our potable water cap, and, therefore, cost savings can be applied to (Base Realignment and Closure) growth instead of used as penalty payments," said Schlatter.

For more information on water conservation measures on Fort Sam Houston, call Schlatter at 221-5093. For information on the Salado Course renovation project, call 221-5863.

## Water-saving tips

- Install an instant water heater on the kitchen sink so the water does not run while it heats up.
- Use a grease pencil to mark the water level of the pool at the skimmer. Check the mark 24 hours later. The pool should lose no more than a quarter inch each day.
- Cut back on rinsing if a dishwasher is new. Newer models clean more thoroughly than older ones.
- Use a screwdriver as a soil probe to test soil moisture. If it goes in easily, do not water. Proper lawn watering can save thousands of gallons of water annually.
- When selecting flowers or shrubs, choose a low water use plant for year-round landscape color and save up to 550 gallons each year.
- Avoid overseeding the lawn with winter grass. Once established, rye grass needs water every three to five days, whereas dormant Bermuda grass needs water only once a month.

(Source: Fort Sam Houston Environmental Office)

## 101 Critical Days of Summer

### Leading causes of recreation deaths and injuries:

- Drowning
- Water sports
- Falls
- Outdoor recreation
- Team and contact sports

The beginning of summer means it is time to play ball, go fishing, hike, camp or just have a backyard barbecue. Whatever the situation, apply risk management when planning those activities. Most of the things that can hurt a person or go wrong are easy to anticipate and avoid. Take active steps to keep success in Operation Iraqi Freedom from being marred by mishaps on leave.

### Boating safety

Water fun depends on the individual, the equipment and the others around enjoying leisure time on in or near the water. The responsibilities of water safety are:

- Make sure everyone on the boat uses approved personal floatation devices.
- Learn to swim.
- Don't drink while boating.
- Tell someone where you are headed, and your approximate return time.
- Check weather conditions. If a storm is seen or heard, head back to land.

(Source: <http://www.safetycenter.navy.mil>)



Photo by Michael E. Dukes

## Job hunting

Maj. Shauna Snyder, a personnel officer, and Capt. Morris Beard, a physician assistant, both from Fort Sam Houston, interview two Army National Guard Soldiers June 2 at the Army Training and Doctrine Command Wounded Warrior Job Fair at Walter Reed Army Medical Center in Washington, D.C. The Pennsylvania Guardsmen, Staff Sgt. Quentin Kephart (right) and Sgt. Jeremy Funk (second from right), are recovering from injuries received while serving in Iraq. Both Guardsmen said they were intrigued by the possibility of becoming instructors at Fort Sam Houston.

# 228th CSH gains new commander



Courtesy photo

Col. Lester McGilvray (right) hands the 228th Combat Support Hospital color to Brig. Gen. Lie-Ping Chang, commander, 807th Medical Command, June 3 during a change of command ceremony. Col. Purry Wacker (center) assumed command of the 228th CSH, one of only two multi-component Army Reserve units. During the ceremony, Wacker spoke about teamwork and communication and how critical these components are in the successful operation of a large unit like the 228th. McGilvray will take Wacker's prior position as deputy chief for Reserve affairs at U.S. Army MEDCOM Headquarters.



## Volunteer Spotlight

### Teresa Parker

**Volunteer job title:** Volunteer supervisor for the Soldier and Family Assistance Center

**Volunteer hours per month:** 30 hours

**How long have you been volunteering at the SFAC?** One year

**What do you find most rewarding?** Being able to give back to our Soldiers and their family members, especially those coming back from Operations Iraqi Freedom and Enduring Freedom.

**Note:** The Soldier and Family Assistance Center, located in the Powless Guest House near Brooke Army Medical Center, provides coordinated services to patients, next-of-kin and extended family members with a primary focus on Operations Iraqi Freedom and Enduring Freedom Soldiers.



## Troop Salute

### 232nd Medical Battalion



#### Soldier of the Week

**Name:** Pfc. Jessie Betzler

**Unit:** E Company

**Hometown:** Sioux Falls, S.D.

**Reason for joining the Army:** Because I wanted to do something different. I am also interested in pursuing a medical career and thought joining the Army as a medic would give me experience.



#### Junior Leader of the Week

**Name:** Pvt. Sarah Lamporelli

**Unit:** E Company

**Hometown:** Albany, N.Y.

**Reasons for joining the Army:** I joined the Army to gain some direction in my life and to serve my country.

# Army teen gets fired up about firefighting

By Lionel Lowery III  
Special to the News Leader

*Note: Lionel Lowery III is writing a series of articles on various careers and volunteer opportunities military youth can pursue. This week, Lowery explored the field of firefighting.*

A day in the life of a firefighter is not an easy task. Firefighters face long days of physical fitness and vehicle maintenance to ensure their readiness in case of a call.

The training pays off, however, since they only have about a minute and a half to answer a call, get dressed and head toward a location.

I put on all of the equipment, but my time didn't measure to theirs. Even though the equipment was bulky and heavy (an added 45 pounds), it was nothing compared to the heat. When I took the gear off it looked like I had just walked out of a sauna.

My favorite part of experience was learning about the Personal Alert Safety System, or PASS, which is located on the

compressed air tank. If a team member falls the system is implemented by the inactivity and calls for help with constant beeps that steadily increase in volume. The alarm goes off every 20 seconds, and firefighters reset it by moving around. PASS is very helpful because firefighters can locate fallen members quicker and easier.

I also enjoyed interviewing Adam Martinez and John Cupell, who explained the essence of being a firefighter.

## Here are my top five tips to begin the transformation into a firefighter:

**Courage** — it takes a lot to go into a burning building

**Compassion**

Have to be strong emotionally and physically

**Sense of humor**

**Flexibility**

## Rewards of firefighting

The friends, camaraderie

Saving people's lives

Making sure everyone comes out successfully while answering a call

## Future opportunities

Firefighters have a lot of opportunities,

both in and out of the military. A background as a firefighter will prepare you for future jobs with city or county fire departments, government organizations or industrial firms where you'll be accountable for managing firefighters and performing rescue efforts.

## Want to volunteer ...

Contact the Fort Sam Houston Fire Department at 221-2727 a few weeks before Fire Prevention Week, which is Oct. 8 to 14, to see if you can volunteer and help with their activities.

## Inform others about fire safety...

Help spread the word about fire safety by entering in the Fire Prevention Week Poster Contest. The Fire Department sponsors a poster contest for area schools throughout San Antonio. Children in pre-kindergarten through 12th grade are



Courtesy photo

Lionel Lowery III poses in front of a fire truck at the Fort Sam Houston Fire Department Saturday. He visited the fire department to learn about firefighting and pass on ideas for job and volunteer opportunities to other military youth.

encouraged create posters that display the significance of fire safety and education. Information about the contest will be dispersed to San Antonio area schools during the first week of September.

## Career Clips

### Home Health Director of Nursing, San Antonio -

Responsible for day-to-day management and clinical operations of the agency which includes planning, organizing, developing and directing the management. Responsible for monitoring of appropriate staffing, productivity and third party payor issues.

**Collections operation manager, San Antonio** - Develop and implement specific plans, policies and programs as well as manage and participate in supply chain teams to meet planned and forecasted collection results within expense allocations. Manage portfolio seasonality, staffing shortages, prior performance impacts and implementation of new products, treatments and strategies.

*The Army Career and Alumni Program office provides numerous services to eligible people in transition including job assistance.*

*Information on these and other positions is available to ACAP customers in the ACAP Office, Building 2263, Room B099 or by calling 221-1213.*

Serve Your Country  
One Patient  
at a Time  
210-692-7376

HEALTHCARE.GOARMY.COM

U.S. ARMY

### **Calling all unit commanders**

Do you have new Family Readiness Group and key personnel in your unit?  
Have your FRG leaders and unit liaisons attended Family Readiness Group training?  
When was your last unit ongoing readiness briefing?  
OpReady has the information your Soldiers' families need for success in the military.  
To schedule your briefings at the unit or Army Community Service, or to reserve space in FRG leader training, call Jutta Aviles at 221-0946.

### **Spotlight your unit**

The Public Information Office welcomes articles, photos or story idea submissions for the Fort Sam Houston News Leader.

To submit a story or idea or for more information, call 221-0615, e-mail [newsleader@samhouston.army.mil](mailto:newsleader@samhouston.army.mil) or stop by the office in Building 124 (second floor).



# Robert G. Cole Jr./Sr. High School Honor Roll

Many of the Robert G. Cole students have attained academic success for the fourth nine weeks of the 2005 – 2006 school year. To qualify for the two honor rolls, students must earn the following grades: A Honor Roll – a grade of 90 or higher in all classes; A/B Honor Roll – a grade of 80 or higher in all classes with at least one grade of 90 or higher.

## A Honor Roll

### Seventh grade

Stephanie Aviles  
Hayley Benjamin  
Shantal Goodwill  
Carlton Hogan  
Taylor Kane  
Gretchen Newcomer  
Megan Renz

### Eighth grade

Yeralis Cabrer-River  
Troy Griffith  
Margaret Manalo  
Amber Wessies

### Ninth grade

Casey Gresenz  
Kathryn Rarig

### Tenth grade

Jennifer Gibson  
Caitlin Mester  
Patrick  
Newcomer

### Eleventh grade

Tiara Ellison  
Lionel Lowery

## AB Honor Roll

### Seventh grade

Abigail Abrahamson  
Katelyn Brinnen  
Justine Dintelmann  
Ashley Erickson  
William Garza  
Jacob Gibbons  
Briana Gordon  
Stephen Griffin  
Anysha Harris  
Jennifer Henry  
Stephen Hines  
Katelyn Juni  
Connor Kelly  
Ashton Lagutchik  
Rebecca Lavender

Valerie Layton  
Luamalai Mapu  
Domonique Mincey  
Benjamin Pedro  
Caitlin Prenovost  
Sarah Quick  
Anetone Sailiata  
Ariel Schwallie  
Nell Simpson  
N' dea Spivey  
Mollie Starnes  
Devante Terrell  
Lakin Thomas  
Donhvan Vallejos  
Kayanna Wade  
Sean Walker  
Madeline Warden

### Eighth grade

Joseph Bradley  
Melissa Brouillard  
Rebekah Brown  
Zachary Compton  
Megan Davis  
Almetta Douglas  
Devante Dwyer  
Diondra Gardner  
Sally Gore  
Shaquira Hall  
Brittini Hatch  
Matthew Howick  
Craig Layton  
Emily Martin  
Ryan McGhe-Coleman  
Justin Meyers  
Reid Pesnell  
Alec Porter  
Matthew Prasek  
Javier Reyes  
Trevor Richardson  
Matthew Rinehart  
Michael Rinehart  
Giana Rodriguez  
Daniel Ruiz  
Michael Sees  
Nelson Sepulveda

### Tenth grade

Joseph Bradley  
Melissa Brouillard  
Rebekah Brown  
Zachary Compton  
Megan Davis  
Almetta Douglas  
Devante Dwyer  
Diondra Gardner  
Sally Gore  
Shaquira Hall  
Brittini Hatch  
Matthew Howick  
Craig Layton  
Emily Martin  
Ryan McGhe-Coleman  
Justin Meyers  
Reid Pesnell  
Alec Porter  
Matthew Prasek  
Javier Reyes  
Trevor Richardson  
Matthew Rinehart  
Michael Rinehart  
Giana Rodriguez  
Daniel Ruiz  
Michael Sees  
Nelson Sepulveda

Adam Shaw  
Milena Summers  
Karen Thompson  
Lindsey Wafford

### Ninth grade

Breanna Andrews  
Coria Bowen  
Alexandria Boykins  
Ryan Brock  
Clara Buchanan  
Keily Burd  
Carlos Buzo  
Kelsey Charlton  
Kymber Cooper  
Jeremy Crawley  
Calylla Gritz  
Elishia Harris  
Corey Liker  
Nicole Norelli  
Rakies Salvant  
Grace Simpson  
Catherine Smith

### Tenth grade

essica Bagg  
Samantha Benson  
Martha Brown  
Quinton Crabb  
Timothy Fletcher  
Demonica Gonzalez  
Acosta  
Darius Graham  
Daniel Heaney  
Kanesha Howard  
Shaniqueia Johnson  
Jessica Jordan  
Bethany Langford  
Wesley Lavender  
Lorenzo Luckie  
Jordan Maney  
Ezekiel Nickels  
Dustin Reitstetter  
Zekerra Rogers  
Lindsey Saddler  
Jacob Stonecipher  
Katherine Teeter

### Eleventh grade

Roy Aviles  
Tierra Boykins  
Anne Cenney  
Alexander Dochnal  
Allison Erickson  
Gregory Farris-Burrel  
Cshakenah Fisher  
Cameron Lucke  
Whitney Miller  
Lisa Nieves  
Amber Otjen  
Dianisse Plaza  
Douglas Raymond  
Fabian Rodriguez  
Yaritsis Sepulveda  
Stephen Sult  
Melissa Velez  
Kurt Walker

## Notice of public meeting to discuss budget and proposed tax rate

The Fort Sam Houston Independent School District will hold a public meeting at 1:30 p.m. on June 29, 2006 in the Professional Development Center, 1908 Winans Road, San Antonio, Texas. The purpose of this meeting is to discuss the school district's budget that will determine the tax rate that will be adopted. Public participation in the discussion is invited.

The tax rate that is ultimately adopted at this meeting or at a separate meeting at a later date may not exceed the proposed rate shown below unless the district publishes a revised notice containing the same information and comparisons set out below and holds another public meeting to discuss the revised notice.

### Comparison of Proposed Budget with Last Year's Budget

The applicable percentage increase or decrease (or difference) in the amount budgeted in the preceding fiscal year and the amount budgeted for the fiscal year that begins during the current tax year is indicated for each of the following expenditure categories:

Maintenance and operations \_\_\_\_\_5.1\_\_\_\_% increase or \_\_\_\_\_% (decrease)

Debt service \_\_\_\_\_% increase or \_\_\_\_\_% (decrease)

Total expenditures \_\_\_\_\_% increase or \_\_\_\_\_% (decrease)

### Fund Balances

The following estimated balances will remain at the end of the current fiscal year and are not encumbered with or by a corresponding debt obligation, less estimated funds necessary for operating the district before receipt of the first state aid payment:

Maintenance and Operations Fund Balance(s)	\$9,000,000
Interest & Sinking Fund Balance(s)	\$ -0-

**Note:** The Texas Education Code requires school districts to give notice to patrons and taxpayers by publishing the "Notice of Public Meeting to discuss Budget and Proposed Tax Rate" before adopting a budget and setting a tax rate. However, Fort Sam Houston Independent School District is located on federal property and thus has no power to levy and collect school taxes. The district receives federal impact aid in lieu of property taxes for school funding.



# One in five Americans develop skin cancer

Story and photo by Susan Huseman  
U.S. Army Garrison Hessen Public Affairs Office

**HANAU, Germany** — Skin cancer affects one in five Americans, with more than 1 million new cases diagnosed each year, according to the American Academy of Dermatology.

Carlos Harris, a 67-year-old retired first sergeant and skin cancer survivor, knows firsthand about the effects of over-exposure to the sun. He is being treated for basal cell carcinoma.

Harris has had three surgeries to remove cancerous growths. His forehead and left temple are scarred, and where the skin and underlying tissue were surgically cut out there are now depressions.

"I was 30 when I started to get these spots on my face. They started to turn brown, got infected and scabbed over," said Harris.

The scabs came and went, but the brown spots stayed. Finally, Harris went to a doctor and was diagnosed with skin cancer. He currently receives cryotherapy treatments, by which the cancerous cells are frozen and killed.

"I will have to use medication for the rest of my life," said the fair-skinned Harris. He will also have to avoid the sun.

Skin cancer can occur anywhere on the

body, but is most common where the skin gets the greatest exposure to sunlight - face, neck, hands and arms.

There are three types of skin cancer, said Dr. (Maj.) Juan Pico, an internal medicine physician at the Hanau Health Clinic.

"The most common is basal cell skin cancer. It is usually seen on sun-exposed areas of the body. You can notice it by the shiny, pearly white border around the skin lesions," he said. It is highly treatable when caught early, and preventable with sun block.

The second most common type is squamous cell skin cancer.

"It is usually found on the face, and in and around the mouth. A lot of dental professionals find this type of cancer in people who use smokeless tobacco," Pico said.

The most malignant skin cancer is melanoma, which becomes visible as moles darken and the borders become irregular.

"There may be different shades of color within the same mole. This lesion is more dangerous because it has the ability to metastasize and spread to other organs. But it can be treated if caught early," he said.

Fair-skinned people are most vulnerable to skin cancer, as are those who had

sunburns at an early age or a family history of skin cancer.

The best defense against skin cancer, Pico said, is sun safety. Wide-brim hats, long sleeves and sun block with an SPF 15 to 30 is best. High-risk people should use an SPF of 30 to 45, applying frequently if swimming or sweating.

Pico also recommended avoiding the noonday sun, but cautioned that sun exposure occurs even on cloudy days.

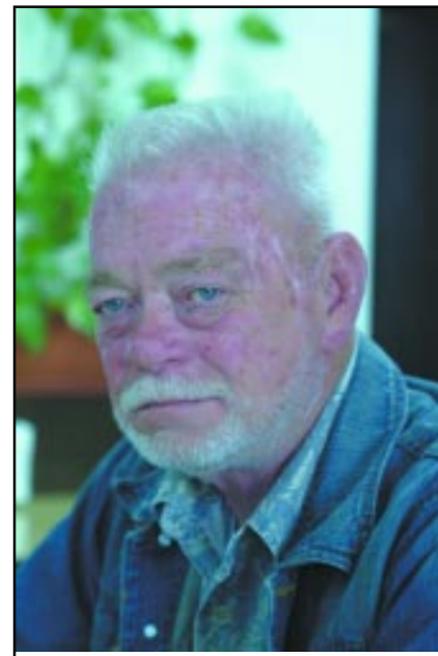
"There's a popular misconception that if the day is not sunny you won't be exposed to harmful UVA/UVB rays. Not true," said Pico, "especially for those with blonde or red hair, fair skin or freckles.

UVA rays tan skin; UVB rays are stronger and cause burns. Both are harmful and can lead to skin cancer, which is why people should avoid tanning beds, he said.

People with multiple or changing moles should see a dermatologist once a year to monitor and biopsy any suspicious moles.

"Definitely any mole that is getting bigger or changing should be brought to the attention of your primary care physician," said Pico.

While some people are willing to brave



Retired 1st Sgt. Carlos Harris of Buedingen, Germany, has undergone three surgeries to remove skin cancer.

the risks of cancer to achieve a tan, Harris said "looking good" doesn't keep the cancer at bay.

"It's a mistake to lie out in the sun or go to these tanning salons or use a sun lamp. You have to take care of what you have," he said.

(Source: Army News Service)

## Army Community Service

### Family Advocacy Program – June Class Schedule

Class	Dates	Time
B.E.A.M.S. (six-part series) (Building Effective Anger Management Skills)	Monday and 26	11 a.m. to 12:30 p.m.
B.E.A.M.S. (series 5 and 6)	Wednesday, and 28	4:30 to 6 p.m.
Commanders' Training	29	8 to 9:30 a.m.
Helping Us Grow Securely (H.U.G.S.) Playgroup	Tuesday and 27	9 to 11 a.m.
Negotiating Conflict	Tuesday	1 to 2:30 p.m.
S.T.E.P Early Childhood	today and 22	11 a.m. to 12 p.m.
S.T.E.P. Program for Parents of School Age Children	22 and 29	1 to 2:30 p.m.
S.T.E.P. Program for Parents of Teens	Tuesday and 27	11 a.m. to 12:30 p.m.
Middle Way Parenting	today, 22 and 29	5:30 to 7:30 p.m.
Truth or Consequences?	Tuesday and 27	4:30 to 6 p.m.
Healthy Pregnancy	Monday and 28	9 a.m. to 12 p.m.
You and Your Baby	Wednesday and 28	8 a.m. to 12 p.m.
Breast-feeding Class	Wednesday	6 to 9 p.m.

For more information, call 221-0349 or 221-2418 or visit [www.fortsamhoustmwr.com](http://www.fortsamhoustmwr.com).  
Classes are open to all military, family members and DoD civilian ID cardholders.

## Brooke Army Medical Center

### Health Promotion Center – June Class Schedule

Class	Date	Time	Place
* Asthma Management	Tuesday and 27	2 to 3:30 p.m.	BAMC Health Promotion Center lower level, Room L31-9V
* Blood Pressure Management	Wednesday	9 a.m. to 12 p.m.	Hospital Education conference room, seventh floor Call Nutrition Care at 916-7261
Body Fat Testing	Monday	8 to 11 a.m.	Call Nutrition Care at 916-7261
Cholesterol Management	Tuesday and 28	1 to 2:30 p.m. 10 to 11:30 a.m.	BAMC Health Promotion Center (Class is by consult only)
Diabetes Management	26 and 27	Call for information	BAMC, call Lila Kinser at 916-0794
* Tobacco Use Cessation A	Monday	3 to 4:30 p.m.	Army Community Service, Building 2797, Stanley Road
* Tobacco Use Cessation B	Tuesday	5 to 6:30 p.m.	BAMC, fourth floor conference room, 413-11
* Tobacco Use Cessation C	today and 29	3 to 4:30 p.m.	BAMC, fourth floor conference room, 413-11
Weigh for Health (Weight Management)	today	1 and 2 p.m.	Call Nutrition Care at 916-7261

For more information, call 916-3352.

\*Call 916-9900 and choose option 4..

## Blood is the fluid of life

The Brooke Army Medical Center Blood Bank is running critically low on AB negative blood.

Akeroyd Blood Donor Center is reaching out to you for your support to accomplish a mission for life.

Contact the donor center to lend a helping hand.

To donate blood now, call the Akeroyd Blood Donor Center at 295-4655 or 295-4989.



# Bomb s EOD Soldi

By Elaine Wilson  
Fort Sam Houston Public Information Office

Tucked away miles from civilization, Explosive Ordnance Disposal Soldiers from the 797th Explosive Ordnance Disposal Squadron destroyed nearly 1,000 pounds of explosives June 2.

The mission was part training and preparation for destroying munitions that could harm civilians. The procedures that need to be second nature by the time they are needed.

“We are constantly training,” said Staff Sgt. Brett Fisher. “But it’s necessary – we have to know how to handle everything from firecrackers to nuclear weapons.”

While nuclear bombs aren’t a common threat, Explosive Ordnance Disposal Soldiers at Fort Sam Houston, there are numerous other explosives they deal with as they support 65 southern states from just north of Austin, Texas, down to the Gulf of Mexico. Their mission is to identify, render safe, demilitarize and destroy explosive hazards, both on and off the battlefield.

“We augment federal and state agencies and help out in locations where there are no military units, such as Johnson City, (Texas). Even though the San Antonio Police has a bomb squad, “they call on us to deal with military ordnance.”

They are often asked to come to Camp Bullis to check out munitions found on training areas. “We’re sometimes called out to dispose of old unexploded ordnances,” said Staff Sgt. Morrison, company commander.

Although needed locally, their support extends across Texas. The Secret Service also calls on them to sweep buildings where the president or foreign dignitaries will make an appearance that can involve travel to places as far as India and China.

Stateside or overseas, safety is always an issue when dealing with explosives; however, the company’s multifaceted mission gets decidedly more dangerous in the war zone. Downrange, the majority of explosives are UXOs and improvised



Photo by Elaine Wilson

Master Sgt. Dennis Dezso and Sgt. Matthew Boyce lay detonation cord for the destruction of nearly 1,000 pounds of explosives during a training exercise at Camp Bullis.

Staff Sgt. Brett Fisher uses a radio transmitter to trigger an explosion at Camp Bullis. Explosive Ordnance Disposal Soldiers either use a radio frequency or a timed fuse for detonation.



Photo by Elaine Wilson



Explosive Ordnance Disposal Soldiers prepare a detonating device prior to the destruction of munitions at Camp Bullis.

Photo by Lionel Lowery III



Spc. Gina Nelson places explosive munitions at Camp Bullis, the munitions date back to World War II. “It’s a good cause,” said Nelson. “It’s not like you wouldn’t want to do anything else.”

# quad

## ers put their lives on the line to help others

in the heavy brush of Camp Bullis,   
 nance Company detonated nearly 1,000

t real world. The Soldiers were   
 ers as well as practicing proce-   
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t Sgt. Ruben Stoeltje.   
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explosive devices rather than the forgotten munitions and suspicious packages more common stateside. IEDs in particular, have become a topic of increasing concern for military leaders as service members’ lose their lives and limbs to IED attacks.

The Soldiers are all too familiar with these hazards; they returned Aug. 4 from a seven-month deployment to Iraq, just about a year after a deployment to Afghanistan in support of Operation Enduring Freedom.

“We were anxious to go; we wanted to get out there and defeat the people placing the IEDs,” said Sgt. Matthew Boyce, EOD team member.

In Iraq, EOD Soldiers stand by until called to investigate a cache of munitions or, in many cases, an already exploded ordnance. In the case of an explosion, a two-person EOD team travels to the site to investigate, Boyce said.

The investigation is two-fold. The EOD Soldiers are not only looking for more explosives but also examining the site to try to determine what the enemy was targeting and the time and location of detonation.

“These Soldiers have a tremendous amount of responsibility on their shoulders,” said Morrison. “The team leader is usually a staff sergeant, who runs the show. It’s rare to have this amount of responsibility on a Soldier of that rank; it’s usually an officer or first sergeant.”

EOD Soldiers, regardless of rank, have one driving thought — “Soldiers are depending on us,” Boyce said.

The danger of the job was driven home for many when the unit lost a Soldier during their 2005 deployment to Iraq, a tough loss for the tight-knit unit of 20.

“Staff Sgt. Daniel Gresham was killed by an IED,” said Stoeltje at the company’s homecoming from Iraq. “It is good to be home, but it is bittersweet because Gresham is not with us. However, he will always be in our hearts.”

Although dangerous, the rewards of their job seem to outweigh the risks for EOD Soldiers.

“I joined the Army on Sept. 11, 2001,” Pfc. Tim Brochu said, adding that date was not a coincidence. “I got mad and joined so I could contribute in some way. We make a big difference to Americans and Iraqis.

“I love my job,” Brochu said. “It’s risky, but bottom line is our job makes a big difference. It’s the best job in the Army.”

For more information about EOD, call 221-1004, DSN 471-1004, or visit the company at Building 2427, Suite 60, 2698 Scott Road .

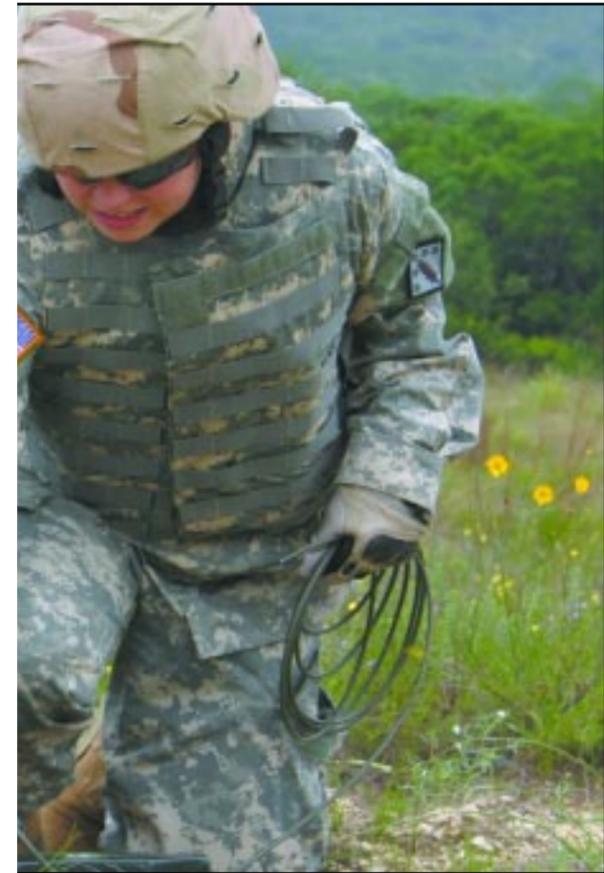
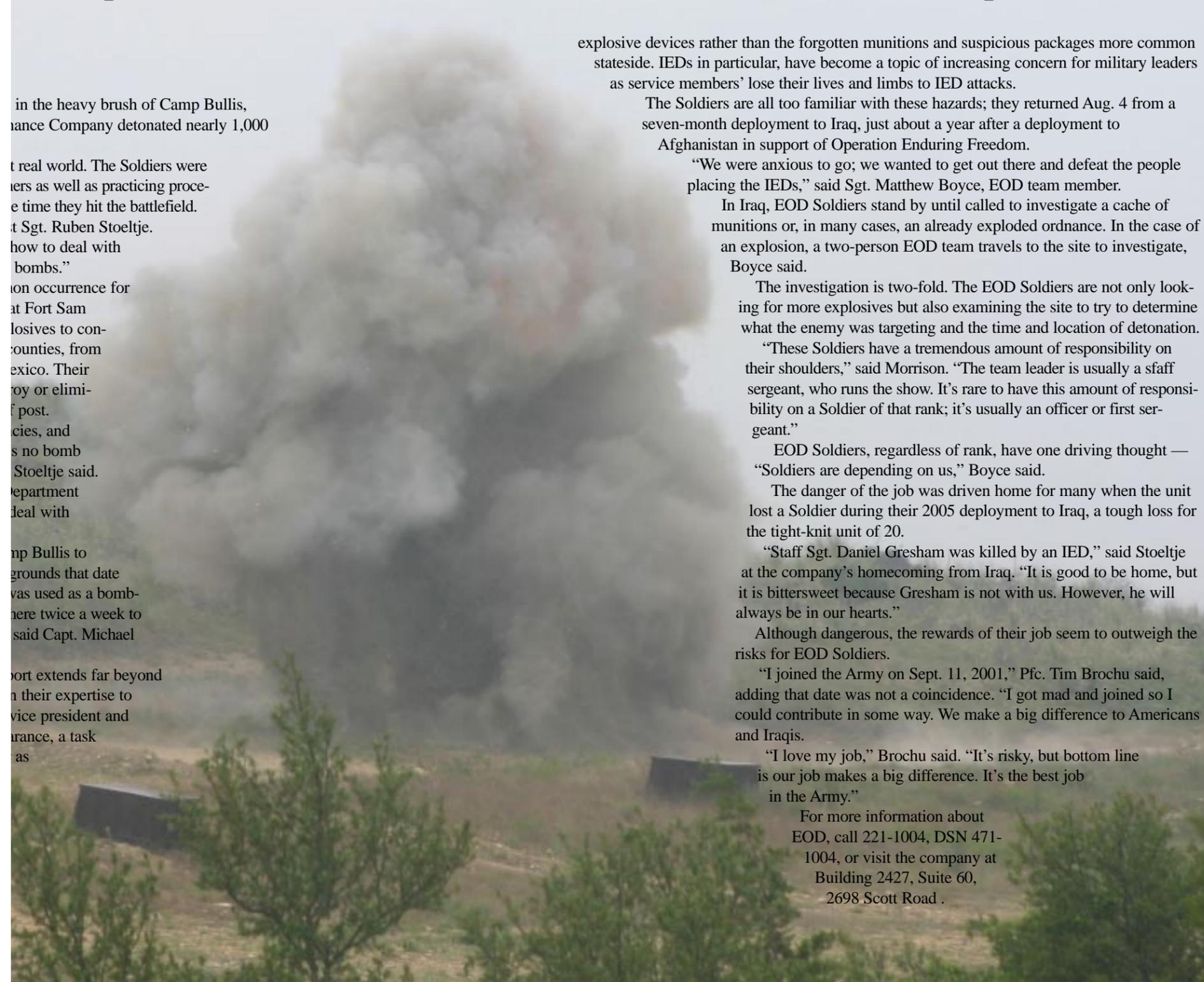


Photo by Elaine Wilson

in preparation for demolition of munitions found at   
 k to World War II. “The job is dangerous but it’s for   
 allenging, but I learn something new every day; I



Courtesy photo

Explosive Ordnance Disposal Soldiers lay explosives for a demolition in Iraq. Soldiers of the 797th Explosive Ordnance Company deployed to Iraq in 2005.

## Post pulse: What do you want for Father's day?



*"Time with my son because teenagers get so busy; the greatest gift you can give someone is time together."*

**Dennis Stuckey**



*"I want my daughters to call. One is a (Hurricane) Katrina survivor back in New Orleans finishing up her master's and the other is in Boulder, Colo."*

**Joe Drane**



*"I asked for a child seat for my bike so I can take my 5-year-old daughter with me when I bike ride."*

**Capt. Craig Strong**



*"I would like a day on the lake with the kids."*

**Lt. Col. Kevin Charlton**

## Send military fathers a 'Gift from the Homefront'

**DALLAS** — With 73,280 military fathers currently deployed in support of contingency operations, there will be no shortage of dads spending Father's Day far from loved ones. This year, any American can help bridge the gap between the front lines and the homefront with a "Gift from the Homefront" gift certificate.

Whether the "Gift from the Homefront" is redeemed by a Soldier for a Military Exchange Global Prepaid Phone card to call home, a CD for an Airman to

send a child or a card that lets a Marine tell her dad she is thinking of him, troops know what's best when it comes to the support their families need. Accepted at any Army and Air Force Exchange Service facility, including more than 50 exchanges scattered throughout Operations Iraqi and Enduring Freedom, exchange gift certificates give troops the best Father's Day gifts possible — flexibility and choice.

"From the reservist with a young child back home to the active duty Airman who

just left his mom and dad for the first time in his life, Father's Day holds special meaning to the entire military family," said AAFES' Chief of Corporate Communications Lt. Col. Debra Pressley. "Something as simple as a PX/BX gift certificate can go a long way in making a Father's Day far from home just a little more bearable for a deployed Soldier, Airman, Marine or Sailor."

Any American, can share their support for troops deployed to Iraq, Afghanistan and elsewhere overseas or away from

home this Father's Day by visiting [www.aafes.org](http://www.aafes.org) or calling 877-770-4438. From there, "Gifts from the Homefront" are sent to individual service members (designated by the purchaser) or distributed to "any service member" through the Air Force Aid Society, American Red Cross, Coalition to Salute America's Heroes, Fisher House, Operation Homefront, Operation Interdependence®, Soldier and Family Assistance Center or United Services Organization.

(Source: AAFES)

## Religious Happenings . . .

### **Bible study break**

The Sunday afternoon Officers Christian Fellowship Bible study will not be held during the summer. A Bible study will begin in September with full details to be publicized at a later date. A Tuesday study will be held from 11:30 a.m. to 12 p.m. in Room 1408 of Willis Hall, Building 2841. For more information, call Lt. Col. Bob Griffith at 385-8451 or e-mail robert.griffith1@amedd.army.mil.

### **Chapel youth group**

The Fort Sam Houston chapel youth group meets Sundays from 5 to 7 p.m. at the Main Post Chapel. The group is open to seventh through 12th graders and is sponsored by the chapel congregations. The theme, "Where Faith and Life Meet," is incorporated in fun activities, Bible applications and off-post events. Adults are invited to help and join in the fun. For more information, call Joanne Benson at 599-0157.

### **Designated offerings**

Designated offerings are accepted each quarter through the Installation Chaplain's Office for different organizations. The designated offerings for the next quarter include: Saturday and Sunday, Retired Priest of Laredo, Catholic only.

### **Women's summer Bible study**

Protestant Women of the Chapel will hold a summer Bible study today, and June 29 from 6:30 to 8 p.m. at Dodd Field Chapel. The study, "Extraordinary Women: Refresh Your Spirit," will feature nationally recognized speakers on DVD, including Lois Evans, Ruth Graham, Michelle McKinney Hammond, Lisa Whelchel and Julie Clinton. Free childcare will be provided for children 5 and under. For more information, call Lois Griffith at 226-1295.

## Post Worship Schedule

**Main Post Chapel**, Building 2200,  
221-2754

#### **Catholic services:**

4:45 to 5:15 p.m. - Confessions -  
Saturdays

5:30 p.m. - Mass - Saturdays

9:30 a.m. - Mass - Sundays

11:30 a.m. - Mass - weekdays

**Protestant services** - Sundays:

8 a.m. - Traditional Protestant

11 a.m. - Traditional Protestant

**Jewish services:** 379-8666 or 493-  
6660

8 p.m. - Fridays - Worship

8:30 p.m. - Oneg Shabbat

#### **Protestant services:**

10 a.m. - Worship service - Sundays

12 p.m. - Worship - Wednesdays

#### **AMEDD Regimental Chapel,**

Building 1398, 221-4362

**Troop Catholic Mass:** Sundays:

11 a.m. - 32nd Med. Bde. Soldiers

**Troop Protestant gospel service:**

9:45 a.m. - 32nd Med. Bde.

Soldiers - Sundays

**Troop Protestant service:**

8:30 a.m. - 32nd Med. Bde.

Soldiers - Sundays

#### **FSH Mosque**, Building 607A, 221-

5005 or 221-5007

10:30 a.m. - Children's religious

education - Sundays

1:30 p.m. - Jumma - Fridays

7:30 p.m. - Adult religious

education - Thursdays

#### **Evans Auditorium**, 221-5005 or 221-

5007

#### **Mormon service:**

9:30 to 11:30 a.m. - Sundays

#### **Installation Chaplain's Office**, Building

2530, 295-2096

#### **Contemporary service:**

11:01 a.m. - Sundays

#### **Web site:**

[www.samhouston.army.mil/chaplain](http://www.samhouston.army.mil/chaplain)

**Dodd Field Chapel**, Building 1721,  
221-5010 or 221-5432

#### **Catholic service:**

12:30 p.m. - Mass - Sundays

#### **Protestant services:**

10:30 a.m. - Collective gospel

Protestant - Sundays

9:30 to 11:30 a.m. - Women's Bible

Study (PWOC) - Wednesdays,

childcare is provided.

#### **Samoan Protestant service:**

12:30 p.m. - Sundays

#### **Brooke Army Medical Center**

**Chapel**, Building 3600, 916-1105

#### **Catholic services:**

8:30 a.m. - Mass - Sundays

11 a.m. - Mass - Sundays

11 a.m. - Mass - weekdays

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## MWR hotline

Information about MWR events, activities and programs is available 24 hours a day at 295-3697 or visit [www.portsamhoustonmwr.com](http://www.portsamhoustonmwr.com).

## Community Recreation

### Equestrian summer youth camp

Register for the Equestrian Center Summer Youth Horsemanship Camp for youth ages 7 to 17. Camp consists of a one-week session held from 9 a.m. to 3 p.m. each day. Registration fee is \$175. A \$25 deposit required. For more information, call 224-7207.

### Outdoor pool opens

The Aquatic Center is open daily from 12 to 8 p.m. For more information, call 221-4887.

### Swim class registration

Registration for Red Cross swimming lessons are held from 11 a.m. to 7 p.m. at the Aquatic Center. Cost is \$35 per person for two-week lessons. Classes are Monday through Friday from 8:30 to 9:15 a.m. and 11 to 11:45 a.m. through Aug. 4. For more information, call 221-1234 or 221-4887.

### Splash pad availability

The splash pad located in the Dodd Field area is reserved for School Age Services Monday through Friday from 1 to 4 p.m. Before or after those times it is open to the community. The splash pad is available for birthday parties for a \$25 dollar fee. For party reservations or more information, call Youth Services at 221-4882 or 221-3502. Reservations have priority at the splash pad.

## Dining and Entertainment

### Red, White and Blue tournament

A Red, White and Blue Tournament will be held at the Fort Sam Houston Golf Club July 2 with a shotgun start time at 12 p.m. Door prizes will be awarded in addition to prizes for team, hole-in-one, closest to the pin and longest drive. The event is a two-person scramble, but players may sign up individually or as a pair. Cost for members is \$35, and guests pay \$55. Registration fee includes golf cart, green fee, awards and dinner. Open to the public. For more information and to register, call the Golf Club Pro Shop at 222-9386. Tournament sponsors are Morale, Welfare and Recreation, Brooke Owens of Keller Williams Realty, First Command Financial Planning, Texas Department of Veterans Foreign Affairs and Eisenhower National Bank.

### Sam Houston Club, 224-2721

### 'Bring in the summer' super TGIF

Join us for "Bring in the summer" super TGIF Friday from 5 to 9 p.m. at Sam's Sports Bar inside the Sam Houston Club. Enjoy karaoke and a free hamburger and

hot dog bar. The drink special for the evening is the "Summer Splash" for \$2.50. For more information, call 224-2721.

### Bowling Center, 221-3683

#### '101 Days of Summer' bowling

Youth in kindergarten through 12th grade can earn up to 101 free games by participating in the "101 Days of Summer" bowling promotion through Sept. 4. Eligible youth will receive one free game of bowling with one paid game at the Fort Sam Houston Bowling Center. Each day a youth participates in the promotion, the youth will receive one game card. At the end of the promotion, participants can enter one of their game cards into a drawing for the chance to win a prize. Prizes include a DVD player, an iPod Shuffle, video games and the soundtrack and book from the movie "Hoot." The first place grand prize includes an all-expense paid trip for four to an Aly and AJ concert sponsored by Hollywood Records. The second grand prize includes a private screening of New Line Cinema's "How to Eat Fried Worms." For more information, call 221-3683.

#### Eighties Day

Bowl for 80 cents a game and rent shoes for 80 cents every Sunday from 2 to 8:30 p.m. at the Fort Sam Houston Bowling Center. For more information, call 221-3683.

#### Family fun bowling

The Family Rent-A-Lane special is every Friday from 5 to 8:45 p.m. through Sept. 1 at the Fort Sam Houston Bowling Center. The cost is \$20 per lane, including unlimited bowling and shoe rentals. The offer is available to groups up to eight people. Smaller groups and individual bowlers can still enjoy unlimited bowling for \$5.95 every Friday from 9 p.m. to 12 a.m. For more information, call 221-3683.

### Golf Club, 221-4388

#### Watering on Salado Course

Due to the renovation project, the Fort Sam Houston Golf Club will water the greens and tees on Salado Course from 6 a.m. to 8 p.m. daily. This phase of the project is expected to continue through October, which is the growth season. Reused water will be used to hydrate the greens and tees in accordance with the Water Use Reduction Program and Phase I Conservation Plan. Watering the landscape is essential to promote the natural growth of grass on the course. For more information, call 221-5863.

#### Ladies golf lessons

A ladies golf clinic for beginners will be held Tuesday from 6 to 7 p.m. Cost is \$120. To register, call 355-5429.

#### Junior golf lessons

A Junior Golf Camp will be held Monday through 30 from 8 to 10 a.m. at the Fort Sam Houston Golf Course. The camp is for youth 7 to 16 years old of any level of experience. Cost is \$120. For more information and to register, call 355-5429.

#### 'Beat the Heat' golf cart special

Members of the Fort Sam Houston Golf Club can purchase a Member Advantage Card and receive 10 individual 18-hole golf cart rentals at a discounted rate of \$100, a \$30 savings. This special members' rate is available through July 31. Cards are available at the pro shop. For more information, call 222-9386.

### Harlequin Dinner Theatre

The comedic production of "I Hate Hamlet," by Paul Rudnick, is playing at the Harlequin Dinner Theatre. Tickets are \$23.95 Wednesdays and Thursdays and \$26.95 Fridays and Saturdays. The house opens for salad bar and cocktails at 6:15 p.m., the buffet is open from 6:30 to 7:30 p.m. and the show begins at 8 p.m. The box office is open from 12 to 5 p.m. weekdays and 1 to 5 p.m. Saturdays. Military discounts are available. For more information or reservations, call 222-9694.

### MWR Ticket Office

The Ringling Bros and Barnum & Bailey circus is here. Tickets are available. The MWR Ticket Office has extended its hours of operation through August and is open Tuesday through Friday from 10 a.m. to 5 p.m. and Saturday from 10 a.m. to 2 p.m. For more information, call 226-1663 or 224-2721.

### 2006 Festival of the Performing Arts

The 2006 Festival of the Performing Arts is set for another year of competitive Army-wide entertainment. Fort Sam Houston's award-winning performances in 2005 is generating optimism for this year's showcase of talent. Support Fort Sam Houston as it is represented in two categories of competition this year.

#### Dancing with Soldiers

Members of the Fort Sam Houston Better Opportunities for Single Soldiers program will present "Dancing with Soldiers" in the BOSS Variety Show category June 29 at 7 p.m. at the Hacienda Recreation Center. Six dance couples, one Soldier and one civilian dance instructor will compete for cash prizes and trophies. Admission is free and open to the public. For more information, call 224-7250.

#### 'I Hate Hamlet'

The live production of "I Hate Hamlet" will be performed at the Harlequin Dinner Theatre in the Theatre Production category June 30 at 6 p.m. The cost is \$22.95 per person. For more information and to reserve tickets, call 222-9694.

## Child and Youth Services

tion fee is required for membership. For more information, call Central Registration at 221-4871 or 221-1723.

### Track registration

Registration for track is ongoing from 8 a.m. to 5 p.m. at the Roadrunner Community Center, Central Registration, Building 2797. To register, parents must pay a \$75 activity track fee and bring updated immunizations for fifth graders and below, current sports physical and a current leave and earnings statement or pay stub. All participants must have a Child and Youth Services membership. For more information, call 221-4871 or 221-1723.

### Free after-school program

Youth Services offers a free after-school program for sixth to 10th graders Monday through Friday until 6 p.m.

Youth Services will pick up children from the school (either the elementary or the high school). At the Youth Center, they will have a snack, work on homework, participate in clubs and do fun, innovative projects at the 4-H club, photography club and the computer tech club. Youth must be registered with Child and Youth Services. The annual fee is \$18, but there is no cost for the program. For more information, call 221-3502 or 221-4871.

## Youth Services registration

Youth Services registration is Mondays through Fridays from 8 a.m. to 5 p.m. at the Roadrunner Community Center, Central Registration, Building 2797, Stanley Road. Central Registration takes walk-ins and appointments. To register, parents need to bring current shot records, name and telephone number of two local emergency contacts, physical exam or well baby check completed within the last 12 months with physician's signature affixed, child's Social Security number and proof of total family income such as a current leave and earnings statement or pay stub. There is an \$18 annual registration fee per child, maximum \$40 per family of three or more registering participants. For more information, call Roxanne Lacy at 221-4871 or Arlene Alvarez at 221-1723.

### Summer camp registration

Summer Camp registration for middle and high school teens, grades six through 12, is ongoing at the Roadrunner Community Center, Central Registration, Building 2797. Registration is required for camps even if currently using the program. A one-week non-refundable deposit will be required. A current Child and Youth Services membership is required to participate. For membership registration, parents must bring a current leave and earnings statement or pay stub and two local emergency designees. An \$18 registra-

### Pre-kindergarten Jump Starter program

A Pre-K Jump Starter program will be held in the fall for patrons who would like a part-day enrichment program for preschool children, 4 and 5 years old. Please complete this survey and return it to the Fort Sam Houston Child Development Center or Central Registration office, Building 2797, Stanley Road, before July. Additional surveys are available at the Central Registration office. To participate, patrons must be registered with Child and Youth Services. For more information, call 221-4871 or 221-1723.

YES! I am interested in the Pre-K Jump Starter program for my child(ren) who are 4 to 5 years old.

\_\_\_\_\_ 5-day Pre-K Jump Starter program - Monday through Friday, 9 a.m. to 2 p.m.

\_\_\_\_\_  
Child's Name

\_\_\_\_\_  
Sponsor's Name

\_\_\_\_\_  
Telephone Number

\_\_\_\_\_  
Child's Name

\_\_\_\_\_  
Sponsor's Name

\_\_\_\_\_  
Telephone Number

## Events

### 'Ready To Learn Workshops'

KLRN in partnership with local libraries are hosting the "Ready To Learn" workshops now through August at various locations throughout San Antonio. The workshops help prepare children for school. The sessions are free and open to parents and children up to 8 years old. Each session features a free book and activity to take home. For more information and workshop locations, call Melissa Galvan at 270-9000, ext 2256 or visit <http://www.klrn.org/Learning/ReadyToLearn/workshops.aspx>

### MOAA luncheon

The Military Officers Association of America Alamo Chapter will sponsor a luncheon today at the Randolph Air Force Base Officers Club; social hour begins at 11 a.m. The guest speaker will be Shelta Reese, the marketing director for the 12th Services Division at Randolph Air Force Base. The luncheon is open to active duty and former officers, reservists, retirees and surviving spouses. The cost is \$16. Tickets can be purchased at the door, but advance reservations are requested. For more information or reservations, call 228-9955.

### Brushy Creek walk

The Colorado River Walkers Volksmarch Club and Girl Scouts will host a 10K and 5K walk Saturday and Sunday, starting at the Brushy Creek Lake Park, 3300 Brushy Creek Road in Cedar Park, Texas. The walk starts between 8 a.m. and 12 p.m. and will finish by 3 p.m. For more information, call Carolyn Doolittle at 512-716-0450 or visit [www.coloradoriverwalkers.org](http://www.coloradoriverwalkers.org).

### Labor management conference

The Texas Labor Management Conference will be held July 25 to 27 at the Hyatt Regency Riverwalk Hotel, 123 Losoya St.; the cost is \$225 per person. Keynote speakers during the conference will be Stephen M. Gower, president of The Gower Group, Inc.; Lt. Cmdr. Joseph J. Leonard, U.S. Coast Guard; Stephen R. Sleight, director, Strategic Resources; and Art Rosenfeld, director, Federal Mediation and Conciliation Service. For more information and registration, visit [www.txlmc.com](http://www.txlmc.com) or [www.sanantonio.feb.gov](http://www.sanantonio.feb.gov); fax registrations to 616-8155.

### Downtown walking tour

The Army Community Service Relocation Program and the United Services Organization's Downtown San Antonio Walking Tour will be held June 29 from 8:45 a.m. to 1 p.m. Walkers will meet at the Roadrunner Community Center, Building 2797, Stanley Road; transportation will be provided. The tour includes the Riverwalk, Alamo, Alamo Plaza, Hemisfair Plaza and La Villita. Walkers will have lunch along the Riverwalk. The cost ranges between \$8 and \$10, or bring a sack lunch. For more information or to register, call 221-2418 or visit the ACS table during the Newcomers' Extravaganza Tuesday at the Roadrunner Community Center.

### 'RecruitMilitary' Career Fair

The "RecruitMilitary" career fair will be held June 29 from 11 a.m. to 3 p.m. in the Addison Conference and Theatre Centre, 15650 Addison Rd., Greater Dallas. For more information, call Bill Offutt at 202-693-4717 or e-mail [offutt.william@dol.gov](mailto:offutt.william@dol.gov).

### 'Walk & Roll Corporate Challenge'

The City of San Antonio, Alamo Area Council of Governments and the San Antonio/Bexar County Metropolitan

Planning Organization invite corporations to participate in the "Walk & Roll Corporate Challenge" during the month of June. Participants will log their walking, cycling, busing and carpooling commuting miles during the month of June and a Walk & Roll Commuters Challenge Cup will be awarded to the organization or company with the best record. For more information, call Brenda Williams at 362-5246.

### Free admission to theme parks

Anheuser-Busch offers a one-day free admission to its theme parks for service members and three direct dependents. Any active duty, active reserve or Ready Reserve service member or National Guardsman is eligible for free admission under the program. Register online at [www.herosalute.com](http://www.herosalute.com) or in the entrance plaza of any participating park, and show a Department of Defense photo ID. SeaWorld is one of Anheuser-Busch's theme parks located in San Antonio.

## Training

### Green to Gold Briefings

Fort Sam Houston's Education Center will sponsor Green to Gold briefings for Soldiers interested in the ROTC program. Briefings are Wednesday, July 19, Aug. 23 and Sept. 20 from 9 to 11 a.m. and 1 to 3 p.m. in The Army Learning Center, Building 2247, Stanley and New Braunfels Roads. The ROTC cadre from a San Antonio local university and the 12th ROTC Brigade will be available to answer questions.

### 'Recruit the Recruiter' team briefing

The "Recruit the Recruiter" team will brief all specialists through sergeants first class regarding the benefits, challenges and qualifications of recruiting duty Monday at 9:30 a.m. and 1:30 p.m. in Building 2263, Room B-101, Stanley Road. For more information, call Sgt. 1st Class Perez at 502-626-0465 or Staff Sgt. Jesus Chavez at 295-0645 or visit [www.usarec.army.mil/hq/recruiter](http://www.usarec.army.mil/hq/recruiter).

### Military intelligence recruiting

The 6th Battalion, U.S. Army Reserve, seeks Soldiers to fill military intelligence positions at Camp Bullis. For more information, call Sgt. 1st Class Barbara Richardson at 295-7629.

### Webster University

The Webster University staff is available for all military personnel interested in pursuing a master's degree. The Webster office is located in the Army Education Center, Building 2248, and is open Monday through Friday from 7:30 a.m. to 4 p.m. For more information, call 226-3373.

### St. Mary's University education office

A St. Mary's University representative is available Monday through Thursday from 8:30 a.m. to 4 p.m. and Fridays from 8:30 a.m. to 12:30 p.m. in Building 2248, Room 206, to assist individuals interested in a master's degree in teacher certification. For more information, call Iona Million at 226-3360.

### Free training available

The Human Relations/Equal Employment Opportunity Office offers the following classes at no charge: Prevention of Sexual Harassment, Diversity, Basic EEO, Disability Etiquette, Communicating with Hearing Instrument Users, Reasonable Accommodation Procedures and Communicating Effectively. For more information or to schedule a class, call Marie Jangaon at 221-9194 or Glennis Ribblett at 221-9401.

## Meetings

### Force Health Protection Conference

The U.S. Army Center for Health Promotion and Preventive Medicine will hold the ninth annual Force Health Protection Conference Aug. 8 through 11 in Albuquerque, N.M. Workshops will be held Aug. 6 and 7. For more information and registration, visit <http://chppm-www.apgea.army.mil/hfp/>.

### BAMC chess club

The Brooke Army Medical Center chess club meets Wednesdays from 5 to 7:30 p.m. in the BAMC Medical Mall. The club is open to military and their dependents, civilians and patients; experience is not necessary. People can bring a chess set, or sets can be provided on site. For more information, call Sgt. Michael Veri at 513-3435 or e-mail [michael.veri@cen.amedd.army.mil](mailto:michael.veri@cen.amedd.army.mil).

### Seamless Transition Program

The Seamless Transition Program is a collaboration between the Department of Defense and the Department of Veterans Affairs to ensure continuity and improved coordination of health care and benefits for seriously disabled service members returning from theaters of combat operations. Seriously disabled service members or their families may be entitled to VA benefits while on active duty and can receive case-managed care of their issues. For more information, visit Brooke Army Medical Center, Room 513-7, or call 916-7897.

## Volunteer

### Mentors needed

The Army Family Team Building Program and the Fort Sam Houston Mentor Program are recruiting volunteers. Volunteers will be trained as master trainers, volunteer instructor trainers and program administrators. Mentoring positions are also available. The AFTB provides information and everyday life skills that lead to personal and family preparedness for the challenges of the Army mission. For more information, call 221-0921.

### SAMM volunteer opportunity

San Antonio Metropolitan Ministry, a nonprofit organization that runs the largest homeless shelter and transitional housing program in San Antonio, seeks volunteers for its various charity missions. For more information on upcoming projects, call Betty Schwartz at 340-0302, ext. 224.

### Children's Shelter seeks families

The Children's Shelter seeks new foster and adoptive parents to care for children in Texas. Children's ages range from newborn to 17 years old. The Children's Shelter is a nationally accredited agency that provides a safe haven and emergency care for children who have been abused, abandoned or neglected. For more information, call Alejandra Chavez at 212-2500, ext. 6701 or e-mail [achavez@chshel.org](mailto:achavez@chshel.org).

### Dental program seeks patient

The periodontics department at the Dunn Dental Clinic on Lackland Air Force Base is currently screening patients for dental care. Patrons who have been told by their military or civilian general dentist that they need periodontal therapy can be evaluated. To schedule an evaluation, people can have their general dentist fax a consultation to the periodontics department at 292-3338. For more information, call 292-6365.

### Girls, Boys Town seeks mentors

Father Flanagan's Girls and Boys Town of San Antonio is looking for volunteer mentors to help children improve their reading skills. For more information, call 271-1010 or e-mail [chavezm@girlsandboystown.org](mailto:chavezm@girlsandboystown.org).

### Essay contest

Kraft Foods "Salute to Military Families" program is sponsoring a youth essay contest that will award three \$1,000 U.S. Savings Bonds to military youth in the San Antonio area. The essay cannot exceed 1,000 words and must be written by the military child on the topic of "The Person I Admire." The contest is open to military children 18 years old and younger. "Salute to Military Families" is sponsored by Kraft Foods and Milk Bone, Post Cereals and Oscar Mayer products. Essays should be postmarked before Aug. 1 and mailed to the San Antonio Missions Baseball Club, Post Cereal

Youth Essay Contest, 5757 Highway 90 West, San Antonio, Texas, 78277. For more information, call 675-7275 or 221-2606.

### Canine assistant program

Kraft Foods will offer a canine assistant to military families with a member who qualifies to have one. These specially trained dogs assist people with disabilities and cost nearly \$15,000. Kraft pays the entire cost. For more information, call 675-7275 or 221-2606.

### Missions bat boy, girl program

Kraft Foods is looking for military children to participate in its honorary bat boy and girl program. Honorary bat boys and girls receive a San Antonio Missions baseball cap and T-shirt, tickets for their families to attend the game, and will participate in opening ceremonies on the field at home games Fridays, Saturdays and Sundays. The program is open to youth 18 years old and younger who are authorized to use the Defense Commissary Agency and Morale, Welfare and Recreation programs. Youth interested in participating must register by mailing a postcard to the San Antonio Missions Baseball Club, Kraft Singles Honorary Bat Boy, 5757 Highway 90 West, San Antonio, Texas 78277. For more information, call 675-7275 or 221-2606.

### Settlement of estate

Any person or persons having claims for or against the estate of Capt. Anna Kelly, assigned to Air Force Institute of Technology with duty at U.S. Army-Baylor University Doctoral Program in Physical Therapy, Fort Sam Houston, should contact Summary Court Officer 1st Lt. Amy C. Miller at DSN 471-8410 or 313-9377.

**Submission guidelines:**

Freebies are published on a first-come, first-served basis. The deadline is noon Monday. Freebies are intended for personal household goods, and may only be submitted by active, retired or reserve military members and civilian employees working

on Fort Sam Houston. Real estate ads will not be published. To submit a Fort Freebie, e-mail to [news.lead@samhouston.army.mil](mailto:news.lead@samhouston.army.mil) or fax to **295-0512**. Freebies run for one week unless submitter calls to renew. Limit of five items per entry. For more information, call 221-1031.



**For Sale:** 2005 Ford F150 rims and tires, less than thousand miles, \$550; MTX sound system 500-watt, two-channel thunder amp and two 10-inch speakers with speaker box, \$200. Call 538-8391.

**For Sale:** Window screens in good condition, 20 31 inches wide by 30 inches high, two 19 inches wide by 30 inches high, two 31 5/8 inches wide by 28 inches high, dark black mesh with white frames, \$3 each or \$60 for all. Call 653-7769.

**For Sale:** Bird cage, \$20; baby car seat, \$20; high chair, \$20. Call 393-2864.

**For Sale:** 1996 Dodge Ram 1500 Truck, 95,000 miles, green and gray color, automatic, side exhaust with flow masters, two-wheel drive, Pathfinder Sport SUV tires, \$6,500. Call 497-8534.

**For Sale:** Walking stroller, \$10; corner TV unit, \$80; small rocking chair, \$20; wood Broyhill dining table, \$75; large man's bowling ball, \$5. Call 656-7840.

**For Sale:** 2003 Ford Explorer XLS, 4.0L V6, power windows, locks, cruise control, 41,000 miles, \$12,500 obo. Call Andrew at 916-5428 or 650-0563.

**For Sale:** 1993 Plymouth Voyager SE, runs, fair condition, \$1,000; Farberware China Sydney Roses with gold trim, 35 pieces complete set, \$45; porcelain dolls, \$15- \$20 each; china cabinet with hutch made in Finland, \$125; baby items, great prices. Call 478-0322.

**For Sale:** Sixteen-foot boat

and trailer, 50-hp electric start motor includes trolling motor, boat cover, anchor, two gas tanks, \$1,000. Call 630-0163 or 277-7175 evenings.

**For Sale:** Black camper shell for smaller pick-ups with regular bed, sliding screened windows, good condition, \$400 obo. Call 262-5493.

**For Sale:** Style House bedroom set includes headboard for full or queen bed, one nightstand, and one chest of drawers, \$75 obo; Henredon bedroom set

including full bed headboard, two nightstands, chest of drawers, dresser with mirror, \$850 obo; marble corner table, \$95 obo; Victorian white painted wicker rocking chair, \$65 obo; Americana braided rug 6 feet by 8 1/2 feet, \$45 obo. Call 375-5408.

**For Sale:** 2000 Chevy Cavalier, automatic, ac, black, four-door, \$2,800 obo. Call 508-9692.

**For Sale:** Twin bed mattress with box spring and frame, \$70. Call 832-8128.