

“One Team, Supporting Military Missions and Family Readiness!”



Photo by Cheryl Harrison

Jacob Lutz, 7 years old, waits patiently for the Blue Star Mothers of San Antonio Chapter Four to present his grandmother, Katherine Lutz, a Gold Star Flag during a ceremony at the Army Community Service. Jacob's father, Sgt. Thomas E. Lutz, lost his battle with cancer in April.

Families of fallen Soldiers presented Gold Star Flags, shed tears

By Cheryl Harrison
 ACS Marketing

In an informal yet moving ceremony, the Gold Star Flag tradition was carried on for five local Families gathered for a bittersweet presentation of their flags, June 12 at Army Community Service.

Hosted by the Blue Star Mothers of America San Antonio, Chapter Four and the ACS Survivors Outreach Services Program, the ceremony honored Sgt. Thomas E. Lutz, Pvt. Angel Estrada, Pvt. Victor Adame and U.S. Marine Corps Sgt. Cesar B.

Ruiz and Cpl. Jacob Leicht.

Before the start of the ceremony, Families rallied around displays featuring the names of the five fallen memorialized on placards showing a folded American flag and a single red rose symbolizing they are loved and missed. Families hugged, cried and spoke of their Soldier with pride.

The simple ceremony offers the opportunity for the newest Gold Star Flag recipients to meet and talk with other Families who are experiencing similar emotions and situations.

Felicia Hilliard, Survivor

Outreach Services program manager, said, “We think it is very important to come together, as a Family to support the survivors of our fallen Soldiers and to ensure continued support.”

Patrick Miller, father of Pvt. Anthony Scott Miller, who was killed in Iraq in 2003, spoke on behalf of other Gold Star Families.

“I’m here today representing the Gold Star Families of San Antonio,” Miller said. “The Families gathered here today have someone who has fallen in battle or in country; it doesn’t matter, they perished in

the service of our great country. We meet today to honor the newest members of our group and we want you to know you are not forgotten.”

Tammy Busby, a Blue Star Mother added, “For those of us who are Blue Star Mothers, our children come home. Gold Star Families have someone who did not come home and that pain never goes away.”

The gold star flag tradition began with a blue star flag designed and patented in 1917 by Capt. Robert L.

See **FLAGS P3**

Time to celebrate lives of cancer survivors

By Maria Gallegos
 BAMC Public Affairs

Brooke Army Medical Center and Wilford Hall Medical Center Cancer Care hosted their Fourth Annual National Cancer Survivors Day at the BAMC Medical Mall June 12, recognizing and supporting the lives of cancer survivors.

A myriad of activities included entertainment by the U.S. Medical Command Band and jazz band SnapDragon from New Braunfels; games for the Family; health education

booths and dinner catered by Rudy's “Country Store” and Bar-B-Q for more than 1,200 patients, Family members and friends.

“This celebration is all for you,” said Col. George Peoples, chair of the BAMC/WHMC Cancer committee and chief of Surgical Oncology, who gave the opening and welcoming remarks.

Brig. Gen. Joseph Carvalho, Jr., commander of BAMC and Southern Regional Medical Command (Provisional), gave words of encouragement and

support to the survivors, followed by Col. Mary Garr, 502nd Mission Support Group/Garrison commander, who is also a cancer survivor.

Garr reminded everyone of the importance of early detection, prevention and maintaining a positive spirit through the difficult times of their lives.

“This is a wonderful event to recognize and celebrate the long and arduous journey that our cancer survivors had to endure during their challenging

See **CANCER P3**



Photo by Maria Gallegos

Col. George Peoples, chair of Brooke Army Medical Center and Wilford Hall Medical Center Cancer Committee and chief of Surgical Oncology, speaks to more than 1,200 participants during the opening remarks at the 4th Annual National Cancer Survivors Day in the BAMC Medical Mall June 12.



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Newest pharmacy specialists pass national certification exam at an historical 100 percent rate

By Master Sgt. Charles Hall
Senior Enlisted Advisor,
Pharmacy Branch

The Army Medical Department Center & School's Pharmacy Branch Class 02-10 has established a high standard for future Pharmacy Specialist classes.

Fourteen of the graduating technicians who volunteered to sit and test for the national pharmacy certification exam passed – a 100 percent pass rate.

The Pharmacy Branch's graduates pass rate had been at a 93 percent, while the pass rate has been just 76 percent since its inception in 1995, through data available from June 2008.

"The 90-question national multiple choice certification test was very stressful, hard and challenging, especially the math and the retail pharmacy parts," said Pfc. Candice Roper, one of the newly-graduated pharmacy technicians who volunteered to test.

She added that the math for intravenous solutions and children's medications was particularly tough.

Looking forward to her first assignment at Fort Campbell, Ky., Roper said that the certification test gave her confidence that she can provide pharmacy support for Soldiers and military Families knowing that she has the same certification as civilian pharmacy technicians.

The Pharmacy



(Left) Class Leader Spc. Joshua Podmajersky thanks Air Force Senior Master Sgt. Mark Yurkovich, superintendent, 59th Pharmacy Squadron and Pharmacy Phase II course medical director for his presentation during the Pharmacy Specialists Course graduation ceremony. Podmajersky also recognized Daniel Dulak for his support of students as course instructor; the students recognized Dulak as their pick for instructor of the cycle.



Photo by Phil Reidinger

Technician Certification Board was established in January 1995 to create a consolidated national certification program for pharmacy technicians.

Their certification exam, which is accredited by the National Commission for Certification Agencies and is recognized and supported by the National Association of Boards of Pharmacy, ensures a minimum level of competency for pharmacy technician practice.

Pharmacy technicians are tested in three areas: assisting the pharmacist with serving patients;

medication distribution and inventory control; and participating in the administration and management of pharmacy practice.

The U.S. Army's Pharmacy Technician training program has a long history of producing technicians who served with distinction throughout the world in the array of full-spectrum Army operations.

The Army designed and implemented one of the earliest formal pharmacy technician training courses in the United States in the early 1960s and obtained one of the

first American Society of Health-System Pharmacists accreditations for a pharmacy technician training program in August 1983.

Within the last year, the AMEDDC&S Pharmacy Branch has offered the PTCB's certification exam to Soldiers just prior to graduation, but national certification

of Army pharmacy technicians remains a voluntary process.

The Army Pharmacy's Strategic Plan is to gain 100 percent certification of its pharmacy technician workforce by 2015.

Senior Master Sgt. Mark Yurkovich, superintendent, 59th Pharmacy Squadron and Pharmacy Phase II course medical director, spoke at the most recent graduation ceremony for Class 02-10.

"Don't allow yourself to be second best," he said. "Your name is on your uniform, take pride in what you do.

"Attitude is 100 percent of everything you do," he told the graduates.

(Phil Reidinger contributed to this story)

Weekly Weather Watch

	June 17	June 18	June 19	June 20	June 21	June 22
San Antonio	94° Partly Cloudy					
Kabul Afghanistan	89° Clear	89° Clear	95° Clear	91° Clear	91° Clear	93° Clear
Baghdad Iraq	109° Clear	114° Clear	114° Clear	116° Clear	109° Clear	109° Clear

(Source: Weather Underground at www.wunderground.com)

Thought of the Week

A father is more than just another human being to his son. – Thomas William Simpson
(Source: Bits & Pieces, June 2009)

News Briefs

BAMC Family Medicine Services Moves

Brooke Army Medical Center Family Medicine Services will move to the new Fort Sam Houston Primary Care Clinic in July. The new clinic is located on the corner of Schofield Road and Garden Avenue, across from the McWethy Troop Medical Clinic. Call 916-9900 to make or cancel an appointment. Call 916-3000 to request a prescription renewal, leave a message for your provider, or to speak to an advice nurse.

San Antonio Recruiting Battalion

A change of command ceremony will be held June 22, 9:30 a.m. at the Alamo. Lt. Col. Thomas Ellis will relinquish command to Lt. Col. George Sarabina.

Family Fun and Safety Day

A Family Fun and Safety Day will be held June 23 from 9:30-2 p.m. at Army Community Service, Building 2797 and on MacArthur Parade Field. Prepare to "Play It Safe!" with demonstrations from Grainger, CPS Energy, FSH Fire Department, FSH Police Department and the U.S. Coast Guard. There will be a drunk-driving course, motorcycle simulators, a petting zoo, face painters, moon bouncers and arts and crafts for all ages. The event is free and open to DoD I.D. cardholders and Family. Call 221-4543/2705.

Great Plains Regional Veterinary Command

A change of responsibility ceremony will be held June 23, 10 a.m. at MacArthur Parade Field.

5th Medical Recruiting Battalion

A change of command ceremony will be held June 24, 9 a.m. at the Alamo. Lt. Col. Rick Dickinson will relinquish command to Lt. Col. Carlene Blanding.

Defense Medical Readiness Training Institute

A change of command ceremony will be held June 30 at 11 a.m. at the Fort Sam Houston Quadrangle.

32nd Medical Brigade

A change of responsibility ceremony will be held June 30 at 8 a.m. at MacArthur Parade Field.

Medical Service Corps Birthday

Celebrate the 93rd Birthday of the Medical Service Corps July 1, noon-4 p.m. at the Lincoln Military Housing Main Resident Center, 407 Dickman Road. Bring the family and your swimming suits, lunch will be served noon-1 p.m. Hosted by the Silver Caduceus Society. Reserve by June 23, e-mail office.chief.msc@us.army.mil.

FLAGS from P1

Queissner of the 5th Ohio Infantry, who wanted to recognize the World War I service of his two sons on the front lines.

Also known as service flags or banners, Families hung the blue star flag in their windows, one star for each child in service.

According to <http://www.usflag.org>, a website dedicated to the history of the U.S. Flag and other official American banners, President Woodrow Wilson approved wearing a gold star on the traditional black mourning arm band in 1918 for mothers who lost a child serving during the war.

This led to the tradition of covering the blue star with a gold star on the service flag to indicate that the service mem-

ber has died or been killed.

Though the first Blue Star Flag was hung during World War I, it wasn't until 1942 that more than 600 mothers organized the Blue Star Mothers of America, Inc. The organization was part of a movement to provide care packages to military members serving overseas and also provide assistance to Families encountering hardships as a result of their son or husband serving during WWII.

Congress chartered the Blue Star Mothers of America in 1960 and in 1966 the Department of Defense revised the specifications for the design, manufacture and display of the Service Flag.

The colors are symbolic in that the blue star represents hope and pride and the gold star represents sacrifice to the cause of liberty and freedom.



Kimberly Ruiz and her 2-year-old son, Joshua, stand in front of a display bearing the name of her husband Marine Sgt. Cesar B. Ruiz during the Gold Star Flag Ceremony at the Army Community Service. Ruiz was killed in action while serving in Afghanistan on Oct. 31, 2009.

Photo by Cheryl Harrison

As the ceremony ended, Grady Peavy, Fort Sam Houston Mortuary Affairs Coordinator, offered encouragement and hope during the benediction, "Whether you lost a son or daughter, don't ever think they died in vain.

Everyone here was put on earth for a purpose."

Peavy sang a personal rendition of "Amazing Grace" a cappella, while many of the attendees fought tears as the words penetrated to the room.

CANCER from P1

times of recovery," said Susan Ferrise, BAMC/WHMC Cancer Care Committee and BAMC Surgical Oncology, nurse case manager.

"The event brings them together to enjoy and celebrate life together."

Last year 1,000 attended. This year the event was celebrated by more than 1,200 participants.

"I think the number increases every year because we have more cancer survivors every year. Early diagnosis of cancer and the many treatment options available provides better long-term outcomes. Everyone who attends the event has a great time," Ferrise said.

Patricia Babin, BAMC/WHMC Cancer Care Committee and chief of the BAMC Tumor Registry Service agreed with Ferrise.

"Our patient population is unique in that they are not afraid to share their experiences with one another and look forward to this event



Photo by Maria Gallegos

Face painting was one of the many activities offered at the event for the whole family.

every year. The fact that this event is growing says something about the quality of care that BAMC and WHMC provide for their patients," Babin said.

Elaine Mederos, a cancer survivor diagnosed and treated at BAMC, is now in her sixth year of remission and continues to stay connected with the doctors and staff at BAMC. This is her fourth year attending the event.

"I loved my doctors and

staff who have treated me here at BAMC. I had never had any surgery until I found out about my cancer and my doctors took care of me with kindness and compassion in their hearts.

"In fact, I am undergoing a 15-year study in the Oncology clinic about the type of chemotherapy I received when I was diagnosed with cancer," Mederos said.

Peggy Smarkola, a retired registered nurse, was diag-

nosed with five different types of cancer since 1989. All but one was detected and treated at BAMC. She is now cancer free and has been for five years.

"I have a very special bond with BAMC. It is a comfort knowing BAMC doctors and staff are always here for us and this celebration brings everyone together. Early detection is the key to success," Smarkola said.

Cancer survivor Joseph Austin and his wife, Karen, joined in the celebration for the first time. He has been in remission for five years.

"We have enjoyed the celebration, and the health education fair has given me the opportunity to take information home to inform and educate my family and friends of early detection," he said.

National Cancer Survivor Day Foundation defines a "survivor" as anyone living with a history of cancer – from the moment of diagnosis through the remainder of life.

Future PAs lend a collective hand to build a home

By Steve Elliott
FSH Public Affairs

Amidst the sounds of grinding power tools and pounding hammers, a group of future physician's assistants opened their hearts June 5, giving time and sweat to help build a house for a low-income family.

Working with Habitat for Humanity of San Antonio, Inc., approximately 30 members of the local International Physician Assistant Student Society laced up work boots and donned hard hats at a south side San Antonio location.

"It feels wonderful to see my house going up. I am so ready to move in," said Tamra Grant, the home's eventual owner. "I've put in 250 hours in sweat equity so far, helping on other people's houses. It's all been worth it.

"I've been renting an apartment on the northwest side of San Antonio, but this house will be a lot more affordable. And it will be mine."

"I think it's awesome the homeowner is out here helping build her own house," said 1st Lt. Nichole Williamson, who is coming over from the personnel field to be a PA. "It does build a sense of community when you have a group of strangers helping you."

"The IPASS has had a history of doing community service projects from long before I came to the program," said 1st Lt. Adhana McCarthy, who was a captain as a signal officer and did a rating reduction so she could go to the PA program.

"We've worked at the soup kitchen at St. Vincent de Paul, done a clothing and canned food drive, worked in community gardens with Green Spaces Alliances and also volunteered at Faith Family Clinic, a free clinic that serves the underinsured."

The Soldiers, Airmen,

reserve, National Guard and active duty members, kept a frenetic pace throughout the day, surpassing their expectations and those of Habitat Construction Leader Cassandra D. Van Huss.

"This group has been awesome," said Van Huss.

"We're learning about teamwork, unity and giving back to the community," said co-coordinator Staff Sgt. Brian P. Neurohr, formerly a medic and X-ray technician in the Iowa National Guard and now on active duty for training.

"I did a lot of information technology and telecommunications stuff before," McCarthy said. "But I wanted to go from fixing machines to fixing people."

"I wanted to get into the medical field and support Soldiers who are fighting overseas," said 1st Lt. Philip Castaneda, who is former Infantry. "I figured PA is the way to go."

"This year has been so

rough and you're so focused on yourself," said Staff Sgt. Larwda Ogawa, another former medic.

"Everyone is learning skills they had no idea they could do, like working with power tools or squaring walls," McCarty said. "It's important for us to

take a break from our studies and see what challenges others have to face. It provides perspective." "When you can have a community like that, it makes you feel good inside."

"I was so excited when I saw what a big group I had to come work on my house," Grant said.

"I just want to say thank you to all of them and I appreciate it so much."

"This is the best and most rewarding job anyone could ever have. I love it," Van Huss said. "What's great about Habitat is that you really get to know your neighbors."



1st Lt. Nichole Williamson paints trim for the front porch.



1st Lt. Adhana McCarthy cuts bracing slots in the wood beams that make up the house frame.



Staff Sgt. Brian P. Neurohr talks with future homeowner Tamra Grant about the plans for the house being constructed.



Teamwork was key in getting the different sections of the wall frames into place.

Photos by Steve Elliott

JBSA front and center for energy efficiency

By Brent Boller
502nd ABW Public Affairs

Joint Base San Antonio was front and center during a sustainable energy workshop hosted by the Defense Transformation Institute June 9 at the Pearl Stable in San Antonio.

JBSA is the largest single Department of Defense enterprise for installation support. One of the biggest consumers of energy in DoD, JBSA is the largest energy user and customer for CPS Energy, San Antonio's city-owned utility.

Brig. Gen. Leonard Patrick, 502nd Air Base Wing commander, opened the conference by emphasizing that his command is proud to be

a leader in the ongoing quest to use energy more efficiently. The 502nd ABW is responsible for executing the installation support mission for JBSA.

The general noted that a culture shift is underway to ensure Airmen make energy a consideration in everything they do. "Every Airman coming into the Air Force at Lackland Air Force Base now is getting the message that they must be good stewards of the environment by becoming conscious of water and electricity use and waste," Patrick said.

The general cited several projects and programs across all three local joint base installations, including major

lighting and water retrofits, window treatments and solar array heating systems, among other efforts.

"We'll have constant energy policies and initiatives across all the installations of Joint Base San Antonio," he said.

The workshop was also attended by representatives from private industry who spoke of new technologies and collaboration efforts. Patrick referenced the recently announced initiative by CPS Energy to commit up to \$50 million over 10 years to sustainable energy research at the University of Texas at San Antonio as one of those innovative, collabo-

See JBSA P13



Photo by Brent Boller

Left to right, Dr. Les Shephard, director for the Institute for Conventional, Alternative and Renewable Energy at the University of Texas at San Antonio; Mike Novak, tri-chair of the San Antonio Military Transformation Task Force; Brig. Gen. Leonard Patrick, commander, 502nd Air Base Wing; and Dr. Robert (Bob) Gracy, vice president for research at UTSA have a discussion prior to the Joint Base San Antonio Sustainable Energy Workshop at the Pearl Stable on June 9. General Patrick gave the keynote address entitled "Overview of JBSA Needs and Challenges." Representatives from Lackland and Randolph AFBs and Fort Sam Houston also spoke of energy status, goals and programs. The workshop was attended by CPS Energy, private industry suppliers, UTSA officials, city and county leaders.

106th Signal Brigade welcomes new command leadership

By Lori Newman
FSH Public Affairs

Ceremonies were held this week to welcome a new commander and command sergeant major to the 106th Signal Brigade.

A change of responsibility ceremony was held June 14 at the Fort Sam Houston Quadrangle. Command Sgt. Maj. Jacqueline Halton relinquished responsibility to Command Sgt. Maj. Derrick Taylor. Halton retired after more than 28 years of distinguished service in the U.S. Army.

The following day Col. Chris Miller relinquished command of the brigade to Col. Chris Haigh during a ceremony also held at the historic

Quadrangle.

The 106th reorganized and reactivated July 16, 2008 at Fort Sam Houston as part of the 7th Signal Command (Theater) with a mission to secure and defend the western portion of the United States LandWarNet.

“For the past 23 months Col. Miller and the Signal Brigade have provided reliable and secure network capabilities for Army organizations operating throughout their entire [area of responsibility],” said Brig. Gen. Jennifer Napper, commander of the 7th Signal Command (Theater).

Napper praised Miller for his accomplishments while in command in the



Photo by Mike O'Rear

Brig. Gen. Jennifer Napper, commander, 7th Signal Command (Theater) presents a certificate of appreciation to Command Sgt. Maj. Jacqueline Halton June 14 for more than 28 years of service in the U.S. Army.

brigade. She then welcomed Haigh and his wife Jennifer.

“I know you will pick up right where Col. Miller

left off, and will guide the 106th to even greater achievements over the coming years,” Napper said.



Photo by Lori Newman

Brig. Gen. Jennifer Napper, commander, 7th Signal Command (Theater) passes the colors to Col. Chris Haigh signifying his responsibility as the commander of the 106th Signal Brigade June 15 at the Fort Sam Houston Quadrangle.

MICC officials make valet parking at BAMC a reality

By Ben Gonzales
MICC Public Affairs

Brooke Army Medical Center patients can now avoid the long walks from the hospital parking lot as Mission and Installation Contracting Command officials helped procure a new valet parking service that began June 14.

In less than 30 days, MICC officials staffed and approved a valet parking contract so BAMC patients can get to their appointments quicker while no longer having to march through the rain or blistering heat.

Contracts normally take up to 120 days to process, but BAMC officials wanted to start the valet service as soon as possible, said Patty

Pfeninger, a MICC contract specialist. “We worked with the Fort Sam Houston Provost Marshall’s office and BAMC officials to expedite this contract quickly and to draft a clear performance work statement.”

The contract request came in April 28 and was awarded May 27 to Exceed Staffing, LLC, which is a small-disadvantaged business in Texas owned by Debra Canady. The more than \$437,000, one-year contract has an option of two additional years and calls for one supervisor and 10 valet attendants to work from 7:30 a.m. to 6 p.m. Mondays through Fridays, excluding holidays.

“This is the fastest

contract at this dollar amount I’ve ever worked,” said Faye Shepherd-Brennen, a MICC contracting officer. “The Provost Marshal was very accommodating and cooperative, and it was a true team effort to get the contract done.”

Exceed Staffing officials have been preparing their staff to ensure valet attendants are fully insured and have had criminal background checks.

In addition, the valet attendants must attend a safety training class and BAMC security officers will be on hand until all contract measures are met. The valet attendants will be easily identifiable as they will be wearing khaki pants and blue shirts with the company

logo and individual’s name. Up to 300 parking spots have been set off for valet parking, and Army officials can modify the contract if the demand for services increases.

“We are elated to provide an unmatched level of customer service to the Fort Sam Houston and BAMC community,” said Canady, the president and CEO of Exceed Staffing. “We are not just valet parking. We are customer liaisons to help individuals get in and out of their vehicles and assist customers in any way possible. In addition, once customers are done with their appointments and they come back to get their vehicles, we anticipate to have the vehicles back to the front

of BAMC within 10 minutes.”

Based on the contract, BAMC patrons may use the valet service free of charge.

Customers who use the service should know they should not tip the valet attendants, Pfeninger said. “People should give the valet attendants only their car keys as the contractor is not responsible for lost or stolen items, but the keys will be secured and managed by the valet supervisor at all times.”

“This shows the value of having professional contracting officials working closely with the customer to give a product that truly benefits so many people,” said Brig. Gen. Stephen B. Leisenring, the MICC

commanding general.

“We need to do whatever it takes for the wounded warriors, family members, veterans and whoever needs to visit BAMC.

“We understand the struggle it is for any patient — the wounded warrior walking on crutches, the wife of a deployed Soldier who is trying to take small children to an appointment, and the difficulty it is for an elderly veteran who requires an oxygen tank to breathe – to walk up to three quarters of a mile just to get to the front door of the hospital. This contract shows the integral part MICC members play in helping accomplish our mission.”

Lt. Gen. Guy Swan III meets with Region II disaster response leaders

By Sgt. 1st Class Manuel Torres-Cortes
ARNORTH Public Affairs

As the 2010 hurricane season began, the Army's top disaster-response official, Lt. Gen. Guy Swan III, commanding general, U.S. Army North, met with disaster-response counterparts from Region II composed of New York, New Jersey, the U.S. Virgin Islands and Puerto Rico, to discuss cooperation and relationships critical to support during natural disasters.

Swan met with the Adjutants General from New Jersey and the U.S. Virgin Islands, as well as Federal Emergency Management Agency officials and the Army North Defense Coordinating

Officer for the region, at the Jacob K. Javits Federal Office Building in New York June 1.

"During these critical times we don't get a second chance to do it right," Swan said. "We have a direct role in training the force to handle these types of missions and we must be able to react when protecting and supporting our homeland."

Army North, the Joint Force Land Component Command under U.S. Northern Command, provides defense support to civil authorities during natural disasters. Typical support may include transportation, search and rescue, medical evacuation, distributing food and water, and other emergency support

functions.

"It's important that we have the opportunity to talk with one another in the region to discuss our objectives and our goals in supporting our islands," said Maj. Gen. Renaldo Rivera, adjutant general, Joint Force Headquarters, U.S. Virgin Islands National Guard. "Hurricane Omar showed us how exercises and preparations are crucial in having the correct funding and federal assets in place, such as rotary and fixed winged aircraft."

When Hurricane Omar hit the coast of the Virgin Islands in 2008, causing a devastating \$6 million in damage, Region II crisis response teams provided support for those affected by



Photo by Sgt. 1st Class Manuel Torres-Cortes

Lt. Gen. Guy Swan III, commanding general, U.S. Army North, talks with Maj. Gen. Glenn Reith, adjutant general, New Jersey Army National Guard (far right) and other members from Defense Coordinating Element Region II, during a conference June 1 in the Jacob K. Javits Federal Office Building in New York. "Support for response is more of an art than science," Swan said. "It requires a lot of trust and confidence among our partners, and more importantly, an effective response relationship will maintain the public's trust and confidence in their local, state and federal agencies."

the disaster.

An island or territory has to be self-sustaining relatively quickly after a hurricane because air

travel will be restricted as the hurricane passes and moves on, Rivera said. The Virgin Islands, consisting of St. Croix, St.

John, St. Thomas and Water Island, is manned by about 500 National

See ARNORTH P10

Fort Sam Houston to showcase talent during Festival of the Arts competition

Fort Sam Houston Soldiers and Family members will rock the house Father's Day weekend during two shows, both submissions for this year's Army Festival of the Arts competition.

The competition offers Soldiers and Family members a chance to perform, be seen by professionals and rewarded for creative achievements.

The Harlequin Dinner Theater will showcase its musical-production prowess with "Smokey Joe's

Café" opening June 17.

The revue includes pop standards to rock 'n' roll to rhythm and blues favorites of the '50s and '60s like "Poison Ivy," "Love Potion #9," "Yakety Yak," "Charlie Brown," "Hound Dog," "Jailhouse Rock" and "There Goes My Baby" performed live by a five-piece band.

"Smokey Joe's Café" also features Alamo Theatre Arts Council award winners Keith Wilson and LiGaya, and 2009 Second Place Festival of the

Performing Arts vocalist Ty Robinson.

Director Missy Miller is familiar with "Smokey Joe's Café," garnering multiple 2004 Alamo Theatre Arts Council awards for the same revue including Best Production, Best Direction and Best Choreography.

"This is the first time in this decade that the Harlequin Dinner Theatre will be competing in the musical category and the cast, band and crew are excited and proud to have the oppor-

tunity to represent Fort Sam Houston," Miller said.

The Hacienda Recreation Center will open its doors to Family and Morale, Welfare and Recreation patrons for one performance, June 20, of Better Opportunity for Single Soldiers variety show "A Musical Rendezvous" featuring the Powerhouse Divas, whose booming voices have electrified audiences.

Professionals in entertainment direction, music, production and

recreation will judge the Installation's submissions; travelling between 29 Garrisons while judging 37 events looking for the best actors, dancers, directors, producers and singers in the Army.

The Festival of the Arts is often used to identify rising stars for the U.S. Army Soldier Show.

The Hacienda Recreation Center and Harlequin Dinner Theatre won a total of 26 awards last year for BOSS Variety Show, "Boulevard of Broken Dreams;" Youth Musical,

"The Kids of America;" and play "Broadway Bound."

Audiences are welcome during the Harlequin Dinner Theatre's judged production June 19.

Performances run through July 24. Tickets are available for purchase for "Smokey Joe's Café." Tickets are free for "A Musical Rendezvous."

For more information call 224-7250, 222-9694 or visit <http://www.fort-samhoustonmwr.com>.

(Source: FSH FMWR)



Spc. Demetria Stewart sings "Summertime."



Photos by Paul Kotchman

The Harlequin Dinner Theatre's Powerhouse Divas, Cassandra Small, Delores Walker, Sonya Yamin and Alisa Claridy perform "I Will Survive."

NSHS Portsmouth holds disestablishment ceremony

By MC1(SW) Arthur N. De La Cruz
NMSC Public Affairs

The U.S. Navy's first Hospital Corps School was officially disestablished May 14, during a ceremony held on the Naval Medical Center Portsmouth, Va., compound.

The Naval School of Health Sciences Portsmouth is closing after more than a century of training Navy corpsmen and Army and Air Force medics.

NSHS will consolidate

as part of the tri-service Medical Education and Training Campus at Fort Sam Houston – the largest consolidation of service training in Department of Defense history, where former Naval Medicine Center, Portsmouth Va., commander, Rear Adm. William R. Kiser, will be the first commandant.

“This institution should be honored and remembered for the corpsmen who have given their lives and their time, and the last full measure of themselves for their brothers and sisters in harm’s

way,” said Navy Surgeon General, and Chief, Bureau of Medicine and Surgery, Vice Adm. Adam M. Robinson, Jr.

“NSHS Portsmouth has been a mentor and a steward. They have in fact been a leader, and have been the example of leadership for our corpsmen.”

The school was first established in 1902 as part of the former Norfolk Naval Hospital. The current building was constructed in 1942 and named after the school’s first graduate, Pharmacist

Edward May, who was appointed as a warrant officer and later served as an instructor.

NSHS Portsmouth was officially established in October 1995. The command has provided 17 naval officer and enlisted training programs and is accredited by the Council on Occupational Education and has individual accreditations from a variety of national associations specific to particular training programs.

The school officially closes after its last class graduates in September,

said NSHS Commanding Officer, Navy Capt. Susan E. Herron, who explained the school’s future.

“NSHS is the people; people who have dedicated their all to our motto of excellence,” Herron said.

“NSHS is not building 104 – it is the Sailors who have graced its hallways and will continue to grace the hallways at Navy Medicine Training Center and the Medical Education and Training Campus.”

The school has seen approximately 800 students a year since 1995. As an echelon five command, its commanding

officer reports to Commander, Navy Medicine Manpower, Personnel, Training and Education Command, which directly reports to Navy Medicine Support Command, based in Jacksonville, Fla.

“We are not disestablishing your obligation. We’re only disestablishing one institution,” said Robinson, addressing students.

“As NSHS Portsmouth disestablishes itself today, it doesn’t mean that it goes away, and it doesn’t mean that there is something we should be sad about, because the best is yet to come.”

ARNORTH from P8

Guard troops.

Cooperation and planning between the Federal Emergency Management Agency, the Department of Defense and other local, state and federal agencies will be important in the upcoming

hurricane season.

“We count on the defense coordinating officers to keep us up to date on any assistance that will be required after a storm hits,” said Lynn Canton, FEMA regional administrator, Region II. “Our plans are clear, and we continue to train

together to ensure we have prepositioned assets even before an event occurs.”

“This meeting is about building the working relationship with our counterparts from New York, U.S. Virgin Islands and Puerto Rico,” said Maj. Gen. Glenn Reith, adjutant general, New Jersey Army National Guard. “Coordinating how we will support the other states in the region is difficult when your own force is down to only

55 percent due to combat deployments to Iraq.”

The deployment of New Jersey’s 50th Infantry Brigade Combat Team to Iraq in 2008 made it more challenging to maintain support for contingencies in the state such as natural disasters and homeland security.

However, with close relationships with the Air National Guard and other agencies, New Jersey was able to fill in the gap left by the brigade’s deployment by training

other agencies to perform homeland missions, Reith said.

“The unity of effort between us and the Air National Guard was instrumental during that year,” said Reith. “We were able to train them on our vehicles in order to be prepared for any possible support.”

With a vast amount of underground transportation, New Jersey’s contingency plans for flooding due to hurricane-induced wind and rain is a top

priority, as well as cooperative contingency plans with New York, U.S. Virgin Islands and Puerto Rico.

“Support for response is more of an art than science,” said Swan. “It requires a lot of trust and confidence among our partners, and more importantly, an effective response relationship will maintain the public’s trust and confidence in their local, state and federal agencies.”



Photo by Alan Boedeker

Col. James L. Furgerson, cardiovascular disease fellowship program director, Brooke Army Medical Center, Fort Sam Houston, Texas, accepts the Col. John D. Roscelli Award from BAMC Commander Brig. Gen. Joseph Carvalho (right) and 59th Medical Wing Commander Air Force Maj. Gen. Thomas Travis (left) during the San Antonio Uniformed Services Health Education Consortium annual awards ceremony June 4 in the University of Texas Health Science Center at San Antonio auditorium, San Antonio, Texas. The award recognizes an outstanding program director.

SAUSHEC ceremony honors 258 medical graduates

By Richard Boggs
SAUSHEC Manager

Dean of the San Antonio Uniformed Services Health Education Consortium, Dr. Kenneth Torrington, honored 258 physicians and allied health care providers during the annual awards and graduation ceremony June 4 in The University of Texas Health Science Center at San Antonio auditorium.

SAUSHEC is the sponsoring organization responsible for all military graduate medical education in San Antonio with two major training sites at Wilford Hall and Brooke Army Medical Centers and a close part-

nership with UTHSCSA.

The ceremony, which marked the culmination of years of postgraduate training for Air Force, Army, and civilian practitioners, was attended by more than 800 people.

Retired Lt. Gen. (Dr.) Frank Ledford, Jr., former surgeon general of the Army, gave the keynote address. He described the work of four junior military physicians whose efforts advanced military and civilian medicine: Brig. Gen. Carl R. Darnall, credited with originating the chlorination of drinking water; Maj. Walter Reed, who in 1900 led the team that confirmed the theory that yellow fever is transmitted by

mosquitoes, not direct contact; Maj. Jonathan Letterman, mobile field

See SAUSHEC P13

Air Force commander inducted in Army's elite medical order

By Linda Frost
59th MDW Public Affairs

Maj. Gen. Thomas W. Travis, commander of the 59th Medical Wing, received the Army's prestigious Order of Military Medical Merit Award June 4 during a ceremony at the University of Health Science Center.

Travis, who leads the Air Force's largest medical wing, was inducted as an honorary member in the Order for his exemplary accomplishments in merging Air Force and Army medical resources in San Antonio.

In compliance with the 2005 Base Realignment and Closure law, all inpatient and Level One trauma care will move to Brooke Army Medical Center while Wilford Hall

Medical Center emerges as the largest ambulatory surgical center in the Department of Defense.

Travis was noted for his organizational leadership role in working with his Army counterparts, establishing a partnership and environment in which both the Army and Air Force thrived.

The integration plan was considered by the Assistant Secretary of Defense for Health Affairs to be the model for joining the two medical services while upholding the roles, culture and ownership of each.

One of the few Air Force pilot-physicians with over 1,800 flying hours, Travis said he was "very surprised and extremely moved."

"I've always appreciated how much OMMM recipients have accomplished for Army medicine in their careers. So to receive this as an Airman, at a time when we are establishing a joint medical team here in San Antonio that is unsurpassed anywhere in the world, is particularly meaningful," said Travis.

The Order of Military Medical Merit is a unique, private organization founded by the commanding general of U.S. Army Health Services Command in 1982 to recognize excellence and promote fellowship and esprit de corps among Army Medical Department personnel.

See **TRAVIS P13**



Photo by Alan Bodecker

Retired Maj. Gen. Patrick D. Sculley (left), president of the Order of the Military Medical Merit, and Brig. Gen. Joseph Carvalho, Jr. (right), commander, Brooke Army Medical Center, welcome Air Force Maj. Gen. Thomas W. Travis into the ranks of the elite Army medical organization June 4. Members of other military services who have made distinguished contributions to the Army Medical Department can be recognized as honorary members.

SAUSHEC from P11

hospitals; and Maj. Benjamin Champ Lyons, mass production of penicillin.

He then challenged members of the graduating class to contribute to future advances in medicine.

During the awards portion of the ceremony, Commanders' Awards were presented to nine residents and six fellows for excellence in research. Nine professionals were also honored. Capt. Justin P. Bandino and Capt. Gary

L. Legault were presented the Maj. John H. Gillespie Intern Award. The Maj. David S. Berry Resident Awards went to Capt. Tatjana P. Calvano and Capt. Steven J. Hudak. The newly created fellowship award was presented to Maj. Abel Guerra. Jeri Garrison was named the outstanding program coordinator, while Maj. Janelle L. Robertson and Maj. Kaustubh G. Joshi were selected outstanding faculty physicians.

Finally, the Col. John D. Roscelli Award was presented to Col. James

L. Furgerson, the outstanding program director.

During the graduation portion of the ceremony, 203 graduates from 36 graduate medical education programs and 55 graduates from 11 allied health care programs received certificates from 59th Medical Wing Commander Maj. Gen. Thomas W. Travis, BAMC Commander Brig. Gen. Joseph Carvalho, Jr., and Dr. Robert Nolan, assistant dean for GME at UTHSCSA.

"The 258 newly graduated SAUSHEC alumni

continue the legacy begun in San Antonio in the 1940's," said. Torrington. "SAUSHEC graduates account for a significant number of active duty Army and Air Force medical and allied health care professionals today."

Using gifts from the Wilford Hall and Brooke Army Medical Center Auxiliaries and from the Wilford Hall Volunteers, a reception to honor award winners, graduates, and their family members was hosted by SAUSHEC immediately following the program.

TRAVIS from P12

Members of other military services who have made distinguished contributions to the Army Medical Department can be recognized as honorary members.

Retired Maj. Gen. Patrick D. Sculley, president of the Order, and Brig. Gen. Joseph Carvalho, Jr., commander, Brooke Army Medical Center, welcomed Travis into the ranks of the organization in front of nearly 260 physicians

and allied health care providers during the annual San Antonio Uniformed Services Health Education Consortium graduation ceremony.

Travis was also recognized for his successful integration of all military graduate medical education in San Antonio with two major training sites at Wilford Hall and BAMC, and partnership with UTHSCSA.

"His selection to the Order was the best way to recognize his unwa-

vering commitment to excellence of SAUSHEC's Graduate Medical Education programs," said Dr. Kenneth Torrington, dean of SAUSHEC, who nominated the general.

Torrington said the general's legacy will be the "highly successful integration of Internal Medicine, Orthopedic Surgery, General Surgery and Transitional Year programs, which together train approximately 190 Army and Air Force residents."

"His support benefited every single Air Force and Army physician training in San Antonio," Torrington said.

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**JBSA from P5**

rative ideas.

Dr. Les Shephard, the director for the Institute for Conventional, Alternative and Renewable Energy at UTSA, cited some of the challenges which would be faced by JBSA and other organizations pursuing sustainable energy projects.

"I think the general challenges are probably consistent; new technology often has more expensive costs for electricity generation, the reliability of these systems can be lower than desired, the challenges associated with limited storage as it relates to intermittent energy sources, and the cyber and physical security of energy systems," Shephard said.

"We all must manage resources today mindful

of future needs," said Sid Saunders of the Defense Transformation Institute and one of the workshop organizers. "DTI acts as an intermediary between the military and the community to improve efficiencies and collaboration," he said.

Saunders emphasized that the term renewable refers to the energy source – solar, wind and other technologies, while the term sustainable means maintaining it over the long haul.

Patrick said JBSA is a microcosm of what's going on at other joint base locations and the DoD. In his closing remarks at the workshop, the general said he looked forward to continued involvement.

"In the end it is relationships found here which will carry us forward," he said.

News Leader survey online

Visit <http://www.samhouston.army.mil/PA0>. For more information, call 221-0615 or 221-2030.

Fort Sam celebrates Army's Birthday, Flag Day

By Lori Newman
FSH Public Affairs

As the nation celebrated the 235th Army Birthday and Flag Day June 14 so did Soldiers and Family members of the Fort Sam Houston community.

A celebration was held at the post flagpole to reflect on the Army's history and honor our nation's flag.

Col. Mary E. Garr, 502nd Mission Support Group/Garrison commander, addressed the crowd explaining the history of the Army and the origin of the American flag.

On June 14, 1775, six companies of expert rifleman were raised in Pennsylvania, two in Maryland and two in Virginia, she said.

Each company consisted of a captain, three lieutenants, four sergeants, four corporals, a drummer or trumpeter and 68 privates. Each company, when complete, marched to join the Army near Boston where they were employed as light infantry under the command of the chief officer in that Army, she explained. "Thus, began the United States Army."

On June 14, 1777, our nation's flag was born, "a symbol of freedom, democracy and hope," the colonel said. "Our Army carries and wears that symbol wherever we go."

"Since 1775 our Army has risen to meet new challenges, displaying strength of character and resolve unmatched by any of our adversaries. Our Army has been there when needed and it continues to be there; not just for Americans, but for people and

nations all over the world," Garr said.

"We are part of our nation's history, and together with our sister services, we are defenders of America's freedom; for 235 years – always Army strong!" Garr concluded.

The guest speaker for the ceremony was San Antonio Councilman (District 10) John Clamp.

Clamp expressed his pride in the fact that San Antonio has been part of the Army's history for 165 years.

"The Army has been a continuing symbol for us in San Antonio of patriotism, sacrifice and the enduring spirit of America's and San Antonio's military men and women," he said.

He touched on the history of Fort Sam Houston and its impact on San Antonio today.

"Our shared history is a foundation that serves to continue our legacy as a community supporting military missions vital to our nation's defense and training military men and women who carry American's colors – red, white and blue with them around the world," Clamp said.

"We need to be sensitive and remain vigilant about protecting the capabilities of Fort Sam Houston and Camp Bullis," he said.

Clamp said he and his staff enjoy coming to the newcomer's extravaganza each month. "We talk to the Soldiers and welcome them to San Antonio."

The ceremony also included Soldiers dressed in period uniforms presenting battle streamers to be attached to the Army flag. Sgt. Maj. Shawn Barnes, U.S. Army



Photos by Lori Newman

Soldiers dressed in period uniforms present battle streamers to be attached to the Army flag. Sgt. Maj. Shawn Barnes, U.S. Army Garrison, attached the 178 streamers, which represent 235 years of the Army's service to our nation.



San Antonio Councilman (District 10) John Clamp speaks to the audience about the history of the Army in San Antonio and the cities commitment to preserving Fort Sam Houston and Camp Bullis.

Garrison, attached the 178 streamers, which represent 235 years of the Army's service.

Following the ceremony, a cake donated by Nadler's Bakery was served.

To coincide with the Army Birthday, a wreath-laying ceremony was held in honor of retired Sgt. Maj. of the Army Leon L. Van Autreve at the Fort Sam Houston National Cemetery June 11.

Van Autreve, the fourth sergeant major of the Army, passed away in 2002. Each year his wife Rita, Family members and the military community honor Van Autreve by placing a wreath at his gravesite.

"Today is a special day not only to recognize a fallen hero but to recognize a great American Family, the Van Autreve Family," said guest speaker Command Sgt. Maj. James Diggs, Army Medical Department Center & School.

Diggs said as a young sergeant first class he spoke with Van Autreve. "I was so inspired," he said.



The Army Medical Department Center & School color guard presents the colors at the 235th Army Birthday and Flag Day celebration June 14 at the post flagpole.



Command Sgt. Maj. James Diggs, Col. Mary Garr, Councilman John Clamp, Minerva and Hans Nadler and Louis Stumberg, civilian aide emeritus to the secretary of the Army, cut the cake at the Army Birthday celebration June 14. Nadler's Bakery donated the cake for the event.



Retired Sgt. Maj. of the Army Leon L. Van Autreve

Rita Van Autreve (left) and Command Sgt. Maj. James Diggs (right), place a wreath in front of the grave of retired Sgt. Maj. of the Army Leon L. Van Autreve. A wreath laying ceremony is held each year in conjunction with the Army Birthday and Flag Day to remember the fourth sergeant major of the Army, who passed away in 2002.



Col. Mary E. Garr, commander, 502nd Mission Support Group/Garrison, reads "Happy Birthday U.S. Army!" to a group of children at the Middle School and Teen Center in celebration of the Army's 235th birthday June 11.

Photo by Amanda Stephenson

BAMC summer program offers valuable experience for youth

By Maria Gallegos
BAMC Public Affairs

Brooke Army Medical Center Volunteer Services kicked off the annual youth volunteer summer program June 10, with an orientation for more than 55 volunteers.

BAMC and American Red Cross Summer Youth Program collaborate to offer teens, 14-17 years old, the experience of working in a hospital environment each year.

Youth volunteer orientation included Health Insurance Portability and Accountability Act familiarization, a fire safety briefing and infection control training.

Afterward, volunteers met with supervisors and learned about duties and working environments.

Volunteers are assigned a variety of clerical duties throughout the hospital including filing, shredding and answering phones.

"This is a popular program among the youth and they are enthusiastic about participating. Many BAMC youth who have volunteered here in the past are now college students studying to be health care professionals," said Jessica Veilleux, chief, BAMC Volunteer Services.

The program benefits teens but also is great experience for supervisors who participate.

"Supervisors from different clinics play a major role in this program," said Mike Dulevitz, BAMC



Courtesy photo

Wayne Crofford, BAMC Infection Control, speaks to more than 55 volunteers during the summer youth volunteer orientation at Brooke Army Medical Center June 10. The teens received HIPAA familiarization, a fire safety briefing and infection control training.

Volunteer Services coordinator.

"Supervisors offered enough positions so we can mentor many youth interested as volunteers. This is a wonderful pro-

gram where supervisors are interested in supporting the youth's dreams and youth experience a vision of who they can become when they are adults," Veilleux said.

Returning youths Nathan Cox, 17, and Sheri Johnson, 15, both agreed they came back for the work experience and the people they meet while volunteering at

Brooke Army Medical Center.

"I enjoy being around military and I can take this valuable experience to my next job. My mother also works here so it makes it convenient for her and me to come to work," said Cox.

Bradley Jensen, 14, a new volunteer of the program, is anxious to start his new position working in the Cardiology department.

"I heard about this program from my mother who is also a volunteer with the BAMC Auxiliary," Jensen said.

"My dad works in the Cardiology department so I am excited to be working close to [him]."

For more information about the program call 808-4982.

FSH GARRISON ORGANIZATION DAY

June 24 from 12-4 p.m
At Salado Park

Event T-shirts will also be sold for \$5 prior to the event with the "Go Green Garrison" logo



FSH Garrison Organization Day is for all Garrison Employees and their Families.

Festivities include contests, prizes, games, children's area, food, cotton candy, snow cones and more!

Meal ticket includes Beef and Chicken Plate
(includes sides, water, tea, soda and 2 alcoholic beverages)

Cost for food is tiered as follows:

GS/WG-7 and NF-1-2 - \$8

GS/WG-8-12 and NF-3-4 - \$10

GS/WG-13-15 and NF-5 - \$12

All Family Members ages 13 and up - \$8

Children Ages 6-12 - \$6

Children 5 & under free

All employees intested in attending the event must RSVP by June 17.

Anyone purchasing a shirt must give size to POC by June 17.

To RSVP and to order a T-shirt contact your directorate POC or call 221-9904

No outside food or drinks. No Pets.



Juvenile Curfew Hours

By Det. Sherick D. Watkins
DES/502 Security Forces

As the summer approaches and school ends for the year, vandalism, graffiti, assaults involving juveniles often increases.

During the school year, juveniles were detained and processed as curfew violators in several on-post housing communities. As a friendly reminder, on-post housing curfew hours are as follows:

Sunday through Thursday 10:30 p.m.-6 a.m. and Friday and Saturday from midnight-6 a.m.

This curfew is for 17 years old and younger. Valid reasons for juveniles being out during the designated hours include: children accompanied by a parent or guardian; attending a school, religious or government-sponsored activity; going to or coming from work.

There have been sev-

eral reported instances of juveniles jumping over the perimeter fence to access or exit the installation, especially in the Watkins Terrace and Infantry Post housing communities.

DES/502 Security Forces Police and post residents are more aware of these intrusions because of the current force protection condition. Therefore all individuals are reminded to enter through authorized access control

points. Individuals apprehended entering the installation at unauthorized locations may be charged with criminal trespassing.

Our goal is to serve and protect the Fort Sam Houston community; however, we welcome your efforts in helping us maintain a safe environment by reporting anything that does not look, smell or sound right. If you see something illegal, unusual or unsafe call the DES/502 Security Forces desk at 221-2222.

REMINDER CALENDAR

- 
- June 20** Triathlon No. 2, 6:30 a.m., FSH Aquatic Center
 - June 20** Father's Day Golf Tournament, 8 a.m., FSH Golf Club
 - June 23** Great Plains Regional Veterinary Command Change of Responsibility, 10 a.m., MacArthur Parade Field
 - June 23** FSH Family Fun and Safety Day, 9:30 a.m.-2 p.m., Army Community Service & MacArthur Field
 - June 24** Consolidated Monthly Retirement Ceremony, 7:45 a.m., post flagpole
 - June 24** Mayor's Meeting, 10:30 a.m., Main Resident Center, 407 Dickman Road
 - June 24** Garrison Organization Day, noon-4 p.m., Salado Park
 - June 29** FSH Newcomers Extravaganza, 9:30-11 a.m., Sam Houston Club
 - June 30** Medical Education and Training Campus Ribbon-Cutting Ceremony, 9:30 a.m., in front of METC Medical Instructional Facility (MIF) 1 & 2



For Sale: Frigidaire 15.4 cubic foot upright freezer, model FFU1459, 5 feet tall by 28 inches by 28 inches, clean, works well, close to FSH, can help deliver, \$60. Call 519-8556.

For Sale: 2000 Volvo S70, special edition, 66K miles, four door, automatic sedan, body and interior in excellent condition, all maintenance done by Volvo dealer, major tune-up already completed, \$5,900. Call 495-2589.

For Sale: Lack's living room set, couch, love seat and

ottoman, \$200; Arkansas Traveler John boat, no trailer, \$150. Moving, must sell. Call 370-3262.

For Sale: French provincial dresser with bookcase, \$95; solid wood coffee table, \$100; Little Tikes Step 2 wagon, \$40; Cardioglider exerciser, new, \$175; Pet house, custom made, large, \$150 obo. Call 633-2247.

For Sale: 2000 Jeep Grand Cherokee, four door, runs great, mint condition, \$6,000 obo; 80-gallon air compressor, new, \$850; power wheelchair, six wheels, six color panels, \$2,500 obo; 1996 Ford F150 truck, regular or propane fuel, \$2,500 obo. Call 440-5062.

For Sale: solid oak antique table, \$75; pipe roofing, \$1 each piece. Call 550-7371.

**Horsemanship Camp
Mon.-Fri. 9 a.m.-3 p.m. at
the Equestrian Center
Dates: July 12-16, 19-23
or 26-30.**

Children 7 to 17 years old will learn how to ride and care for a horse. Limited seats. Call 224-7207.

**Voyage to Book Island
Through Aug. 22**

Summer reading program at the Keith A. Campbell Library. Readers will have the chance to win prizes. The grand prize winner will get a four-pack of tickets to SeaWorld! Call 221-4702.

**Teen Summer Trips
Mon.-Fri. 9 a.m.- 6 p.m.**

The Middle School and Teen Center will host trips to water parks and amusement parks all over south Texas from Houston, New Braunfels, Corpus Christi, Austin and more. For children in ninth to 12th grades, must be registered with Parent Central 221-4871. Call 221-3164.

**Swimming Lessons
Mon.-Fri. 9-9:45 a.m. or
11-11:45 a.m.**

**Dates: June 21-July 2,
12-23, July 26-Aug. 6**
Fees: Ages 4-16, \$40 per DoD child, Ages 6 months-3 years \$35 per DoD child. An

adult must accompany children ages 3 and under. Register at <https://webtrac.mwr.army.mil/> or call 221-1234.

**Summer Day Camp
Mon.-Fri. 6 a.m.-5 p.m.**

Specialty camps offered weekly include: culinary arts, computers, digital arts/photography, crafts and sports. There will be weekly field trips to ZDT's, Malibu San Antonio, roller skating, ice skating, Silver Stars games, Splashtown, swimming, bowling and more! For children in sixth to 10th grade. To register, call Parent Central at 221-4871. Call 221-3502.

**EDGE! Summer Activities
Mon.-Fri. 8:30 a.m.-
12:30 p.m.**

Activities include: art, fitness, cooking, kayaking, golf, boot camp, horse camp, field trips, hiking and more! For children in first to 12th grade. Child must be registered at Parent Central 221-4871 before enrolling in this program. Enrollment may be done at <https://webtrac.mwr.army.mil/> or through Parent Central. Call 221-9754.

**SAS Summer Camp
Mon.-Fri. 6 a.m.-6 p.m.**

Activities include swimming, field trips, crafts, sports,

outdoor adventures, computer time and more. For children in first to fifth grades. To register call Parent Central at 221-4871. Call 221-4466.

**Jr. Golf Clinic, Mon.-
Fri. 9 a.m.-11 a.m.
Dates: July 12-16, or
Aug. 9-13**

The Jr. Golf Clinic will teach children age 7 to 17 years old proper swinging fundamental, golf etiquette and rules. Children are welcome to bring their own clubs, for those who do not have a set can borrow a pair from the Golf Club. Call 222-9694.



Announcements

Pool Time

The Aquatic Center, Building 3300, Williams Road, is open daily, noon-8 p.m. Lounge chairs are available, infants and toddlers can splash around in the kiddie pool and older children will have a blast on the three amusement park-style water slides. The pool can be reserved for private parties for \$100 per hour before opening or after regular pool hours. Must be a DoD I.D. cardholder, there is no limit to the amount of non-card holder guests. Call 221-4887.

Heart of Texas Triathlons

The 2010 Heart of Texas annual series of triathlons will be held June 20, June 27, July 11, July 25 and Aug. 15, a championship will be held Aug. 29. Participants must swim 200-meters, bike 10-miles,

and run two miles in immediate succession. Participants must report to the Jimmy Brought Fitness Center between 5:15-5:45 a.m. on event days for packet pick up, number assignment, bike inspection and final instructions. For fees, registration or additional information call the Jimmy Brought Fitness Center at 221-1234. Open to the public.

Summer Bowling Hours

The Fort Sam Houston Bowling Center has implemented its summer hours, effective through Sept. 6. The hours are: Mon. and Tues.-closed; Wed. 11 a.m.-1:30 p.m. and 4:30-8 p.m.; Thurs. 11 a.m.-1:30 p.m. and 4:30-10 p.m.; Fri. 11 a.m.-1:30 p.m. and 4:30-11 p.m.; Sat. 10 a.m.-midnight; and Sun. 2-8 p.m. Call 221-3683.

Fitness Center Pool Closed

Jimmy Brought Fitness Center's indoor pool will close June 27 for maintenance. It is scheduled to re-open July 12. Call 221-1234.

Summer Activities/Camps for Kids

School will be out soon, avoid the stressors of who will be watching the kids when you're at work. From toddlers to teens, there will be no summer blues with the Child, Youth &

School Services child care summer camps and field trips. Call Parent Central at 221-4871 to register your children, limited seats available.

Calendar of Events

June 17 Unit Victim Advocate Refresher Training

The training is 8 a.m.-noon at the 32nd Medical Brigade, Building 902. This is a mandatory training for all UVA's at Fort Sam Houston. Call 221-1505.

Mandatory Initial First Termer Financial Readiness

The class is 10 a.m.-noon at Army Community Service, Building 2797 in the computer lab. To register, call 221-1612.

S.T.E.P. for School Age children

A new Systematic Training for Effective Parenting for school age children, 11 a.m.-12:30 p.m. at the Red Cross, Building 2650. This four-part series focuses on assisting parents of school age children, addressing numerous issues and challenges. Call 221-0349/2705.

Care Team Training

The training is 1:30-3 p.m. at Army Community Service, Building 2797. This training is recommended

for casualty assistance officers, casualty notification officers and battalion care team volunteers. Call 221-1829/2705 or e-mail samh.acs.mob.deploy@conus.army.mil.

June 18 EFMP Horse and Stable Field Trip

Army Community Service Exceptional Family Member Program will hold a field trip to the Fort Sam Houston Equestrian Center. Meet at the ACS Building 2797 at 9 a.m., the fun begins at 9:30 a.m. at the stables; bring your own picnic lunch for an outdoor meal. To register, call 221-2604.

Dive In Movie

Enjoy the free flick, "Over The Hedge," under the stars afloat or poolside at the Aquatic Center. Inner tubes will be allowed for safety purposes, no floats or rafts. Concession stands will be open. Call 221-4887.

June 20 Father's Day Golf Scramble

The Fort Sam Houston Golf Club will host a Father's Day Golf Scramble. Check-in is 11:30 a.m. with a 12:30 p.m. start. Price is \$25 per golfer for members and \$30 per golfer for non-members. To register, call 222-9386.

June 21 Pre Deployment Planning Training

The training is 9 a.m.-3 p.m. at Army Community Service, Building 2797. This training is designed to increase the spouse's ability to face deployments with resilience and strength. To register, call 221-1829/2705 or e-mail samh.acs.mob.deploy@conus.army.mil.

Stress Management

The class is 11 a.m.-12:30 pm. at Army Community Center, Building 2797. Call 221-0349/0600.

Consumer Awareness

The class is 2-4 p.m. at Army Community Service, Building 2797. To register, call 221-1612.

June 22 Microsoft Excel Level 3

The class is 8 a.m.-noon at Army Community Service, Building 2797 in the computer lab. Basic computer skills, completion of Excel Level 1 and 2 and registration required. Call 221-2518.

Family Readiness Group Key Call Training

The training is 8 a.m.-4 p.m. at Army Community Service, Building 2797. This training will define the responsibilities of the FRG key caller and provide information on perform-

ing this role. To register, call 221-1829/2705 or e-mail samh.acs.mob.deploy@conus.army.mil.

Deployed Parenting

The class is 11 a.m.-12:30 p.m. at Army Community Service, Building 2797. This class will focus on the emotional challenges and transitions of military members and their Families through the deployment cycle. To register, call 221-9425/0349.

Credit Reports – Where You Stand

The class is 2-4 p.m. at Army Community Service, Building 2797. To register, call 221-1612.

June 23 Microsoft Word Level 3

The class is 8 a.m.-noon at Army Community Service, Building 2797 in the computer lab. Basic computer skills, completion of Word Level 1 and 2 and registration required. Call 221-2518.

Mandatory Initial First Termer Financial Readiness

The class begins at noon at the Education Center, Building 2248. Class space is limited. To register, call 221-1612.

See MWR P22



Announcements

Found Property

Have you lost any items on Fort Sam Houston? You can check with the Found Property Custodian at the Fort Sam Houston Police Department. All found property is kept for 45 days and then disposed of, unless owner is identified. Currently there is three wallets, 10 bicycles, a backpack, gym bag, a weight scale, box of cookware and a suitcase. If you have lost an item or found an item, call 221-2340.

Research Study Participants Needed

If you have Type 2 diabetes and are overweight you may be a candidate for a research study being conducted at Wilford Hall Medical Center titled "Sleeve gastrectomy

versus medical management for remission of diabetes in mild to moderately obese patients." Research subjects are needed who are between 18-65 years of age, have Type 2 diabetes, and are DoD dependents or retirees. Even if you have not been a candidate for weight loss surgery before, please contact the WHMC Bariatric Clinic at 292-5915 for more information or to sign up.

Calendar of Events

June 19

Juneteenth Parade

The 12th annual Juneteenth Parade will begin at 8 a.m. Parade route begins at North Cherry Street and ends at the west side of the Coliseum parking lot at AT&T Parkway. Following the parade there will be food, music, games and entertainment. Call 214-2594, 227-7311 or 289-7683.

June 21

WOA Meeting

The Lone Star Silver Chapter of the U.S. Army Warrant Officer

Association will meet at 7 p.m. at Chacho's & Chulucci's, 8614 Perrin Beitel Rd. All active duty, retired, reserve and National Guard warrant officers and Family members of current or retired warrant officers are invited. Call 375-9895 or 666-9818.

June 23

Technology Expo

The 802d Communications Squadron, Lackland Air Force Base will host the 16th Annual Technology Expo 9:30-11:30 a.m. at Mitchell Hall on Lackland AFB. All personnel - government, DoD and contractors with gate access are invited to attend this free event. To pre-register, visit <http://fdaexpo.com/register.php?id=74>. Call 671-3200.

June 24

Concert Under the Stars

Sisters Morales will perform at the San Antonio Botanical Gardens, 555 Funston at North New Braunfels Avenue. Admission is \$5, gates open at 6 p.m. and the concert begins at 7 p.m. Call 829-5100 or visit <http://www.sabot.org>.

MOAA Luncheon

The MOAA Alamo Chapter luncheon will be held at Fort Sam Houston Golf Club. Social hour begins at 11 a.m. and lunch is at 11:45 a.m., the cost is \$15 with a choice of barbecued brisket or mushroom chicken. Guest speaker is Jake Betty, Texas A&M commandant of cadets. Reserve by June 21, call 228-9955 or e-mail moaa-ac@sbcglobal.net.

June 26

Joshua Springs Park Walk

MWR from P21

Missions Baseball Military Appreciation Night

San Antonio Missions Baseball is hosting a Military Appreciation Night vs. Corpus Christi Hooks at 7:05 p.m. Ticket vouchers are available at the Fort Sam Houston Ticket Office at the Sam Houston Club; Jimmy Brought Fitness Center; Keith Campbell Library and Family and MWR Marketing, Building 124 Stanley Road. Limit four vouchers per person. Please present DoD I.D.

The Hill Country Volkssportverein volksmarch club is hosting a 5k and 10k walk starting at the Joshua Springs Park, 716 FM 289 in Comfort. Walks start between 7 a.m. and 11 a.m., finish by 2 p.m. Call 830-995-2421 or visit <http://web.me.com/txtrailhead/GG/Comfort.html>.

June 29

AMEDD Museum Lecture Series

Retired Maj. Gen. Patrick Brady,

Medal of Honor recipient, will speak at 5 p.m. at the Army Medical Department Museum.

July 4

July 4th Celebration and Fireworks

Randolph Air Force Base will hold a celebration with fireworks 5-10 p.m. Open to the public. For more information, visit <http://www.randolph.af.mil>.

card when picking up tickets. The vouchers may be converted to free general admission tickets at Wolff Stadium or they may be used to upgrade the seats with a small additional payment. Call 221-2601.

June 28

Open Auditions

The Harlequin Dinner Theatre will hold open auditions 7:30-10 p.m. for volunteer actors for their upcoming production of Neil Simon's "God's Favorite." Five males and three females, ranging in age from 20-60

are needed for the cast. Performances are Aug. 5-Sept. 14. Call 222-9694.

June 29

Newcomers' Extravaganza

The mandatory Newcomers' Extravaganza is 9:30-11 a.m. at the Sam Houston Club for all permanent party in-processing Soldiers, lieutenant colonel and below, within 60 days of their arrival to Fort Sam Houston. Call 221-2705/2418.

Rocco Dining Facility Menu

Building 2745, Schofield Road

Friday – June 18 Juneteenth meal

Lunch – 11 a.m. to 1 p.m.

Fried chicken, barbecued chicken, barbecued spareribs, ham hocks, southern-fried fish, meat loaf, macaroni and cheese, wild rice, fried potatoes with green onions, mashed potatoes, glazed carrots, pinto beans, fried cabbage, okra and tomato gumbo, sweet cornbread, pecan shortbread cookies, banana pudding, yellow cake with chocolate frosting, watermelon, country-style tomato salad, potato salad, spring salad

Dinner – 5 to 7 p.m.

Baked kielbasa sausage, fried catfish, blackened catfish, barbecued chicken, cheese ravioli, lyonnaise potatoes, wild rice, black-eyed peas, LA-style smothered squash, asparagus

Saturday – June 19

Lunch – noon to 1:30 p.m.

Chicken cordon bleu, baked stuffed fish, roast beef, rigatoni noodles with marinara sauce, au gratin potatoes, steamed rice, baked potatoes, broccoli, corn, wax beans with pimientos

Dinner – 5 to 6:30 p.m.

Roast pork, stuffed bell peppers, chicken fried steaks, hot spiced apple-sauce, broccoli, rice and cheese casserole, baked potatoes, mashed potatoes, rice pilaf, orange carrots amandine, stewed tomatoes, Brussels sprouts

Sunday – June 20

Lunch – noon to 1:30 p.m.

Herb-baked Cornish hens, spaghetti with meatballs, chicken stir fry, cheese tortellini, scalloped potatoes, steamed rice, cauliflower combo, spinach,

mixed vegetables

Dinner – 5 to 6:30 p.m.

Meat loaf, Cantonese spareribs, cheese ravioli, grilled tuna patties, broccoli quiche, mashed potatoes, orange rice, Brussels sprouts, pinto beans, turnip greens, cornbread

Monday – June 21

Lunch – 11 a.m. to 1 p.m.

Spicy Italian pork chops, lemon-pepper catfish, apple-glazed corned beef, fried chicken, cheese manicotti, pasta primavera, new potatoes, broccoli, yellow squash, French-fried okra

Dinner – 5 to 6:30 p.m.

Beef lasagna, vegetable lasagna, ginger pot roast, sweet and sour chicken, sweet Italian sausages, steamed rice, mashed potatoes, oven-browned potatoes, succotash, asparagus, cauliflower

Tuesday – June 22

Lunch – 11 a.m. to 1 p.m.

Grilled blackened chicken breasts, beef tamales, chicken taquitos, meat loaf, turkey pot pie with biscuits, cheese tortellini, steamed rice, Spanish rice, cottage-fried potatoes, glazed carrots, spinach, pinto beans, jalapeno cornbread

Dinner – 5 to 7 p.m.

Fiesta chicken and rice, Swiss steaks with brown gravy, baked ham, salmon croquettes, hopping John rice, mashed potatoes, sweet potatoes, green beans,

Mexican corn, Harvard beets

Wednesday – June 23

Lunch – 11 a.m. to 1 p.m.

Honey-glazed Cornish hens, chicken stir fry, spaghetti with meat sauce, cheese ravioli, spareribs with sauerkraut, parsley-battered potatoes, steamed rice, spaghetti noodles, cream-style corn, zucchini squash, peas and carrots

Dinner – 5 to 7 p.m.

Ginger pot roast, baked knockwurst, Creole shrimp, rice frittata, country-fried steaks, steamed rice, au gratin potatoes, sweet and sour cabbage, black-eyed peas, carrots

Thursday – June 24

Lunch – 11 a.m. to 1 p.m.

Teriyaki baked chicken, roast beef, grilled tuna patties, sweet and sour pork chops, cheese manicotti, fried noodles, scalloped potatoes and onions, baked potatoes, broccoli, vegetable stir fry, corn on the cob, broccoli polonaise

Dinner – 5 to 7 p.m.

Pepper steak, roast turkey, stuffed-baked fish, breaded pork fritters, cheese ravioli, cornbread dressing, steamed rice, baked potatoes, cottage-fried potatoes, Brussels sprouts, glazed carrots, mixed vegetables

Menus are subject to change without notice

“See it, Send it”

- Texting: 834-4531
- E-mail: FtSamHoustonPolice@conus.army.mil
- Phone: 221-CLUE (2583) Leave a Message
- Phone: 221-2222 Military Police Desk

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