

*"One Team, Supporting Military Missions and Family Readiness!"*



**REMEMBER  
 FATHER'S  
 DAY:  
 JUNE 21**

Capt. Tex Soto, U.S. Army South holds son, Dylan

# Fort Sam to privatize Army Lodging within two years

The U.S. Army announced that it will transfer the first 10 installations under the Army's Privatization of Army Lodging program on Aug. 15. The transfer is a reinforcement of the Army's commitment to improving its transient lodging to enhance the quality of life of Soldiers and their Families.

Actus Lend Lease will perform the redevelopment of the lodging facilities and lodging operations will be assumed by the InterContinental Hotels Group.

"PAL brings world class lodging practices and private sector investment to support quality of life requirements of our Soldiers, Families and civilians as they serve," said Lt. Gen. Robert Wilson, assistant chief of staff for installation management.

Most of the Army Lodging employees affected by the transfer will receive offers of employment from IHG. Retained employees will have their Army Lodging employ-  
**See ARMY LODGING P7**

## HISTORY, HERITAGE, TRADITION



Photo by Esther Garcia

U.S. Army Garrison Command Sgt. Maj. Pedro Class affixes 17 streamers to the Army Flag presented by Sgt. Esmeralda Hernandez, U.S. Army South, as Joshua Lopez, Alamo Area Council Troop 445, looks on during the Army's 234th birthday celebration June 12. The 17 streamers represent combat action in Vietnam. The Army Flag and the many colored streamers represent all the Army's birthdays and the courage and dedication of the Soldiers who were there in this country's time of need.

Rita Van Autreve, wife of Sgt. Maj. Leon Van Autreve, is overwhelmed with emotion as she touches her husband's gravestone during a wreath laying ceremony at the Fort Sam Houston National Cemetery June 12, to commemorate the Army's Birthday. Van Autreve was the fourth Sergeant Major of the Army.



## Wreath laying ceremony commemorates fourth Sergeant Major of the Army FSH pays tribute to five fallen heroes during the year of the NCO

Story and photos by  
**Minnie Jones**  
 Fort Sam Houston Public Affairs Office

To coincide with the Army's Birthday and concluding the day's events veterans, civilians and Family members gathered at a place of remembrance, the Fort Sam Houston National Cemetery June 12, for a traditional wreath laying ceremony to remember and

honor Sgt. Maj. Leon Van Autreve, the fourth Sergeant Major of the Army.

Van Autreve served as Sergeant Major of the Army from July 1973 to June 1975; he died March 14, 2002, in San Antonio.

During his tenure, Van Autreve made the non-commissioned officer his highest priority, by increasing the professional standards for the NCO and

taking an active role in the development of the NCO education system.

Command Sgt. Maj. Howard Riles, Fort Sam Houston and U.S. Army Medical Department Center and School, welcomed the crowd to the ceremony in the blistering 100 plus degree weather.

"Sergeants major, fellow noncommissioned officers, other distinguished guests, Family and friends.

Thank you for joining us today to honor the life and distinguished service of Sergeant Major of the Army, Leon L. Van Autreve," Riles said.

"With 2009 dedicated as the 'Year of the NCO,' I can only imagine that if he was alive today how he would feel, and what he would say. Amongst the emotions of honor and pride, I think he would still

**See VAN AUTREVE P9**

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# Army sees jump in reported suicides in May

## More than twice as many as in April; one confirmed, 16 investigated

By Jim Miklaszewski  
Chief Pentagon correspondent

WASHINGTON - The Army said there were 17 reported suicides among active and reserve Soldiers in May, more than twice as many as in the previous month.

Of those, one was confirmed and 16 remained under investigation, the

Army said.

In April, there were eight reported suicides.

So far this year, there have been 85 reported suicides, 60 percent more than the 51 reported during the same period in 2008.

Combat stress, multiple deployments and associated Family issues have been cited as con-

tributing factors to suicides among active and reserve Army Soldiers.

Alarmed by the increase in suicides, the Army ordered a suicide-prevention standdown for all 1.1 million Soldiers, a day off to discuss suicide awareness and prevention, and established a service-wide Suicide Prevention Task Force.

Suicides in the Army increased worldwide from at least 102 in 2006

to 140 last year.

Thousands of other veterans are believed to suffer flashbacks, nightmares or fits of anger as they attempt to readjust to civilian life.

To cope with the stress, the Army has set up clinics on most major bases in Iraq, staffing them with psychologists, psychiatrists, social workers and other specialists.

Commanders, chaplains and others in lead-

ership positions are also trained to watch for signs of stress and refer Soldiers to mental health professionals if needed.

However, some officials believe Soldiers are reluctant to take advantage of the facilities because of the stigma attached to counseling in a military culture that promotes mental and physical toughness.

*(The Associated Press contributed to this report)*

## Behavioral health resources available

Military life can be challenging for service-members and their Families. Frequent deployments, moves and Families separated for extended periods of time are just some possible triggers for a mental or behavioral health condition.

Dealing with community stress, Family and work disruption, and ongoing concerns can be difficult for anyone.

The Military Health System has several resources available online and throughout the San Antonio community to help with finding solutions for a happier, more productive life.

For persons in the San Antonio area, assistance is available from the Consult and Appointment Management Office at 916-9900, choose option 1 then select either the Brooke Army Medical Center or Wilford Hall

Medical Center clinic site. Additionally, call BAMC Behavioral Health Medicine Service at 916-1600, and select the appropriate option for the desired service.

A direct line to WHMC Behavioral Health Services Clinic can be reached at 292-3821.

After hours, contact either the BAMC or WHMC emergency  
**See HEALTH P11**

### Thought of the Week

A father is more than just another human being to his son.

— Thomas William Simpson

(Source: Bits & Pieces, June 2009)

Weekly Weather Watch						
	June 18	June 19	June 20	June 21	June 22	June 23
San Antonio	97° Partly Cloudy	97° Partly Cloudy	97° Partly Cloudy	97° Partly Cloudy	97° Partly Cloudy	99° Partly Cloudy
Kabul Afghanistan	78° Chance of Rain	82° Chance of Rain	82° Chance of Rain	84° Scattered Showers	84° Clear	86° Clear
Baghdad Iraq	109° Clear	104° Clear	105° Clear	107° Clear	109° Clear	111° Clear

(Source: Weather Underground at www.wunderground.com)

## News Briefs

### U.S. Army Medical Department Museum closures

The U.S. Army Medical Department Museum will close its exhibit areas for renovation June 23; and July 1, 7, 8, 14 and 15. The museum gift shop will remain open. Call 221-6358.

### 25th Annual Independence Day Patriotic Ceremony

The 25th Annual Independence Day Patriotic Ceremony sponsored by the Granaderos & Damas de Gálvez will be held July 4 from 10 to 11 a.m. at the Fort Sam Houston National Cemetery, 1520 Harry Wurzbach Road. Organization wishes to participate in the procession and wreath-laying, call 364-2391 by June 25.

### Commissary hours

The Fort Sam Houston Commissary will be open on July 4 from 9 a.m. to 5 p.m. There will be no early bird shopping hours. For more information, call 221-4678.

### OB/GYN extended clinic hours

Beginning July 13 the Brooke Army Medical Center Obstetrics and Gynecology clinic on the fifth floor will be open from 7 a.m. to 6 p.m. For more information or an appointment, call 916-2168, choose option 3 or 4.

### Army Tuition Assistance end of fiscal year guidance

All course enrollments with start dates through Sept. 30 must be requested in GoArmyEd before 11:59 p.m., Eastern Standard Time before Sept. 29. Attempts to enroll in courses after 11:59 p.m., EST on Sept. 29 will not be approved. The enrollment cut-off is necessary to allow for the fiscal year "change-over." GoArmyEd will not be operational Sept. 30 in support of the fiscal year cut-off and scheduled downtime. The enrollment cut-off has no impact on registration for courses starting Oct. 1 or later (FY10 enrollments). FY10 enrollments are subject to availability of funds. For more information, call the Education Center at 221-1738.

### FSHISD Board

The Fort Sam Houston Independent School District Board of Trustees will meet June 30 at 11 a.m. at the FSHISD Professional Development Center, 1908 Winans Road.

# 232nd Medical Battalion welcomes new commander

Story and photos by Lori Newman  
Fort Sam Houston Public Affairs Office

More than 1,200 troops from the 232nd Medical Battalion marched onto MacArthur Parade Field June 12 to welcome new commander, Lt. Col. Peter Lehning, and pay tribute to outgoing commander, Lt. Col. John Lamoureux.

"Lt. Col. John Lamoureux has proven the ideal blend of traits we look for in any great commander. He is smart, mission-focused and demanding. He was also compassionate, accommodating and never took himself too serious," said Col. Randall Anderson, commander, 32nd Medical Brigade. "You have done a remarkable job with this battalion - training over 13,000 combat medics."

Anderson welcomed Lehning, saying "like Lt. Col. Lamoureux, Lt. Col. Lehning is a great aviator, a combat medic and is dedicated to developing the finest combat



Lt. Col. John Lamoureux and his wife, Laura, greet members of the community after the 232nd Medical Battalion change of command ceremony June 12.

medics in the world. We welcome the Lehnings' and look forward to the next two years under his leadership."

The ceremony included an inspection of the troops; followed by the passing of the colors symbolizing the change of command and the traditional Pass in Review.

"When one looks back at two years in command, it is inevitable that the question of success comes to mind," Lamoureux said. "It's hard to define what success is and isn't as a commander ... so I made up my own definition." He joked, "I thought of three metrics ... which should make the Lean Six Sigma fans in the audience happy.

Did I leave the place better than I found it? Well, I believe I did. Did I still enjoy coming to work? The answer is a resounding ... yes.

Am I going to miss it? In all honesty, I can answer a big yes as well," said Lamoureux.

He welcomed Lehning saying, "Commanders don't get to choose their replacements,



Lt. Col. Peter Lehning, incoming commander, 232nd Medical Battalion accepts the colors from Col. Randall Anderson, commander, 32nd Medical Brigade June 12 during a change of command ceremony at MacArthur Parade Field.

but I can't think of a better fit for the Soldiers of this battalion than Lt. Col. Pete Lehning ... Pete, you have the controls and I guarantee it will be a wild ride; but don't blink, because it will be over before you know it."

"Thank you Col. Lamoureux, you have entrusted me a well-oiled machine with officers and NCOs who truly care about their job and the Soldiers they lead. I will work hard to uphold the 232nd tradition," said Lehning.

The U.S. Army Medical Command Band performed the National Anthem and the Army Song.

Flowers were presented to the incoming commander's wife, Lt. Col. Lisa Lehning and mother, Barbara Lehning, as

well as Laura Lamoureux, the outgoing commander's wife.

232nd Med. Bn. coins were given to Lamoureux's sons Christopher, Steven and Daniel; and his brother, David.

The 232nd Med. Bn. was constituted into the U.S. Army June 15, 1944 as the 232nd Medical Composite Battalion. The Battalion activated Aug. 15, 1944 in Italy and redesignated as Headquarters, 232nd Medical Service Bn. Sept. 27, 1951 which activated in Korea in November 1951 and inactivated January 1953.

The Headquarters transferred to the U.S. Army Health Services Command and organized at Fort Sam Houston July 27, 1987.

## CHANGES OF COMMAND



### June 24 - 470th Military Intelligence Brigade

Col. James Lee will assume command of the 470th Military Intelligence Brigade from Col. Cheryl Harris at a change of command ceremony June 24, 9 a.m., MacArthur Parade Field.

### June 30 - 187th Medical Battalion

Lt. Col. Thomas Bundt will assume command of the 187th Medical Battalion from Lt. Col. Michael Hershman at a change of command ceremony June 30, 9 a.m., MacArthur Parade Field.

### July 23 - 314 Military Intelligence, Lackland Air Force Base

The 314 Military Intelligence Battalion change of command ceremony is scheduled for July 23, 7:30 a.m., Lackland Air Force Base.

## CHANGE OF RESPONSIBILITY

### July 2 - United States Army Garrison

Command Sgt. Maj. Raymond Houston will assume responsibilities of the U.S. Army Garrison from Command Sgt. Maj. Pedro Class at a change of responsibility ceremony July 2, 9:00 a.m. at the post flagpole.

# Work study program provides added benefits for wounded warriors

Story and photos by  
**Lori Newman**  
Fort Sam Houston Public Affairs Office

Lt. Col. Scott Svabek, commander, U.S. Army Medical Command Health Care Acquisition Activity at Fort Sam Houston made a commitment to help wounded warriors with their rehabilitation by providing them a place to work and possibly learn a new profession as part of their recovery process.

“Contracting or acquisition is an office setting that can accommodate the warrior’s skills and physical capabilities as well as flexibility to allow time for their medical appointments,” said Svabek.

HCAA primarily awards and administrates contracts for a variety of direct and support medical services, as well as medical equipment and supplies in support of the hospitals and clinics of U.S. Army.

“The intent of the program is as wounded warriors heal and get ready for their medical boards, whether they stay in the service or medically retire, they are learning a new profession. The federal procurement process is transferrable to basically any federal or state government job,” Svabek said.

If the Soldiers want to reclassify and stay in the Army, and they have their educational requirement met, they can crossover to the 51C, military occupational specialty. If they are medically discharged, they can carry the skills learned into government service in the 1102 career field or private

industry, he said.

Staff Sgt. Manuel “Manny” Figueroa Jr. was the first Warrior in Transition to come on board at HCAA in September 2008.

“I’m here maybe three or four hours a day; but that’s three or four hours I’m not sitting at home contemplating ‘what ifs’,” said Figueroa.

He says his co-workers have been really supportive and helpful.

“The people that truly benefit from the contracts we write, we never see them. ... By having Manny here, he is a benefactor of those contracts,” said Figueroa’s supervisor Ned Stephens Jr., chief, Center for Health Care Contracting.

He added, “It’s not just passing documents from one place to another. The document now has a face on it. For a lot of my staff that face is Manny.”

The staff is truly concerned about Manny, if he is not in the office for a day or two the whole staff inquires about him.

“His presence is twofold, it benefits him from a learning standpoint in a career field that is grossly under resourced and he’s a benefactor of what we do,” said Stephens.

The second wounded warrior to join the activity was Spc. Tim Mithofer.

Mithofer suffered a fractured hip and hearing loss when his convoy was hit in Iraq. He is currently undergoing the Medical Evaluation Board process.

“It’s been outstanding working here, the personnel are extremely supportive. It’s a high need area and there is a



Lt. Col. Scott Svabek, commander, U.S. Army Medical Command Health Care Acquisition Activity explains procurement processes to Lt. Roger Garcia, Warrior in Transition Unit. Garcia provides office support at HCAA and is currently taking the online classes that interns would normally take.

lot of work to be done,” Mithofer said.

HACC functions as headquarters for six different regional contracting offices and the Center for Health Care Contracting so there is a tremendous amount of need for people to come in and learn the process of procurement and acquisitions.

His goal is to transition into the HCAA as an analyst. He is currently working on his level one certification to be a contract administrator.

“We have a real gem when it comes to Spc. Mithofer. He comes with a lot of experience from the commercial world; he’s used to dealing with grants. He is familiar with reading contractual-type documents. He is a very eager learner. I am just delighted to have him working here,” said Joyce Nadeau, chief, Policy and Compliance Branch at HCAA and Mithofers’ supervisor.

Mithofer often reads contracting documents to make sure they are clear to the reader, providing a new prospective.

“He gives us a good sanity check on the documents we review, because when you are used to doing it all the time

sometimes you can’t see the forest because of the trees,” said Nadeau.

Lt. Roger Garcia a reservist from Kansas started working at HCAA a few weeks ago.

Garcia suffered a Traumatic Brain Injury in Iraq. A neurologist told Garcia he was having problems with processing information because of TBI. Working at HCAA helps him work on developing his processing skills.

“I need something to challenge and stimulate my brain,” said Garcia. “I can’t just sit around and wait for my next (medical) appointment.”

Garcia works on special projects, provides office support and is currently taking the online classes that interns for HCAA would normally take.

“It hasn’t been easy because it’s blazing new territory,” Svabek said.

Some of the challenges they are facing, is gaining computer access, logging onto the HCAA network and getting enrollment into the Defense Acquisition courses. Also because of the heavy workload and fast pace within HCAA, it is sometimes difficult for employees to help train the

See **BENEFITS P8**

# Wounded warrior works toward recovery

Story and photo by  
**Lori Newman**  
Fort Sam Houston Public Affairs Office

Staff Sgt. Manuel “Manny” Figueroa Jr. joined the Army at age 21.

“My goal was to be an active duty Soldier and retire after 20 years,” said Figueroa. “I wanted to kick down doors and blow things up.”

Figueroa was severely injured in Iraq Feb. 8, 2008 when the vehicle he was riding in hit an improvised explosive device hidden under a canal bridge.

He was blown 60 feet from the vehicle and the driver was killed.

“They found me dead, I was gone,” he said. “One of the other team leaders told me he started beating on my chest and got a heart beat.”

Figueroa was bleeding profusely from his hands, face and legs; and he also had a broken pelvis and tailbone. All this was happening while the unit was under small arms and mortar fire.

“When the helicopter picked me up to medevac me to Kirkuk, I flat-lined again, the flight surgeon brought me back,” he said.

Figueroa was told he flat-lined several times before he arrived at Brooke Army Medical Center.

“I have always been a firm believer that when it’s your time to go, it’s your time to go. I must have wanted to go a lot.” He laughingly said. “But it wasn’t my time to go.”

He is still piecing the events together from what members of his unit and medical personnel told him.

“I don’t remember that day at all,” he said.

He woke up six days later at BAMC. “The only thing I remember is when I finally opened my eyes I was on the fourth floor of BAMC and both my parents and my wife were standing in front of me.”

Figueroa has undergone three surgeries

since arriving at BAMC and has one more to go.

“There are still a lot of unanswered questions that I have (about what happened),” he said. “There are a lot of doors I want to open, but at the same time if I open the door it’s like a Pandora’s Box. What emotions will come out,” he wonders.

Figueroa is currently working at the U.S. Army Medical Command Health Care Acquisition Activity reviewing Educational Service Agreements, as part of his recovery process within the Warrior in Transition Unit.

“Working at HCAA gives wounded warriors



Nina Sibley, Mariano Trevino, clerks at the Health Care Acquisition Activity and Staff Sgt. Manuel Figueroa, Warrior in Transition Unit, look at a laptop computer at the HCAA. “Having Manny around boosts morale here ... his presence is definitely noticed,” said Trevino.

the opportunity to learn a new skill, whether they stay in the military or they medically retire” said Lt. Col. Scott Svabek, commander, U.S. Army Medical Command Health Care Acquisition Activity.

“He’s a happy, fun-loving guy. The staff loves to

have Manny around. He has an excellent attitude for having endured what he has endured,” said Ned Stephens Jr., chief, Center for Health Care Contracting at HCAA.

“It’s allowing me a transition to being a civilian again,” said Figueroa.

# Lonestar Seabees mobilize for second deployment

By L.A. Shively

Fort Sam Houston Public Affairs

Reserve Seabees from Fort Sam Houston are mobilizing for deployment into Southwest Asia later this year. As the Navy's combat construction engineers, Seabees support Marine Corps units throughout the world, building and maintaining critical infrastructure at forward operating bases, as well as assisting civilian populations in hostile areas.

Known as the Lonestar Battalion, Naval Mobile Construction Battalion-22 has detachments across Texas and Oklahoma. Upwards of 500 person-

nel are traveling to Gulfport, Miss., for training in combat and life-saving skills, convoy operations, weapons qualifications and job-specific specialties such as utility, electrical, steel working and construction skills.

This is their second deployment to the area. NMCB-22 deployed in 2005 to Iraq where a they were instrumental in repairing an important bridge, among other accomplishments, giving Iraqi citizens access to polling stations to vote and a major marketplace to obtain food and other necessities. Damage to the bridge occurred when a car bomb blew a large

hole through it, rendering it impassable. The bridge connects the city of Hit, located 85 miles west of Baghdad, to cities and urban communities toward the north, in Al Anbar Province.

Finding volunteers has been a fairly straightforward process said Construction Mechanic 1st Class James Warwick, in charge of the mobilization process for NMCB-22. He points to the state of the economy as the reason volunteers are so willing to deploy this second time around. "We have plenty of people saying, "Take me! Take me!" he said.

Prior to affiliating with the Seabees, Warwick

spent eight years of active duty with the Marines, first with an infantry unit and then in avionics. He also spent two years in the Army as an electronics technician for tanks. During his first deployment with NMCB-22 Warwick worked at Haditha Dam, Iraq, as a crew leader.

"I bought back an appreciation of the varied skills reservists bring to the Seabee community. We did a lot of things we had skill sets for, gleaned from our civilian jobs, such as re-plotting the power network for the (Iraqi Security Force) camp."

Warwick and his detachment lived with the ISF soldiers for a short time while they were rebuilding their camp. "The Iraqi soldiers were mostly shepherds and farmers and were eager



U.S. Navy Photographer

Surface Warfare 2nd Class Jesus Cepeda, left, explains what controls the air conditioner he installed to Thiear Kaleel Ali, an Iraqi Security Force soldier at an ISF camp. Cepeda is with Naval Mobile Construction Battalion Twenty-Two (NMCB-22) who have been building and improving the camp. NMCB-22 is a reserve battalion headquartered in Fort Worth, Texas, activated in July in support of Operation Iraqi Freedom 04-06.

to better themselves and better their country," Warwick remembers.

He says the battalion's last mission was absolutely successful and looks forward to continued achievements, sur-

passing expectations for this new mission.

Training for this new mission will focus on mobility – an area of expertise for Seabee battalions. "Embark and mount out exercises are being stressed," Warrick said. "We're training for Iraq but with the current state of affairs, we must

See **SEABEES P7**

**SEABEES from P6**  
be ready for anything."

Equipment Operator 1st Class Mark Mayfield is looking forward to this second deployment. He accompanied the battalion to Iraq in 2005, where he drove vehicles in convoys between Haditha Dam and Al Asad, Al Q'aim and Combat Outpost South. He also was part of a concrete crew repairing runways at Al Asad. A musician as an active duty Sailor, Mayfield traded in his clarinet so he could drive big trucks.

"I love my job," Mayfield said. I've been to the Pacific and Cuba as a musician, now as an equipment operator, I've seen new places. The diversity is refreshing."

He said he was appre-

hensive the first time because he didn't know what to expect. But now is more comfortable with the assignment.

Builder 2nd Class April Walker's husband, Builder 3rd Class Orlando Walker, will be deploying. It is his first. Both are members of NMCB-22 and expected to go when they affiliated with the battalion.

"I'm ok with it – the time apart stinks, but we knew it was coming, it's part of being a Seabee," said Builder 2nd Class Walker. "We prepared for it emotionally by talking

to each other and the kids, and watching videos about deployment provided by the Navy Operational Support Center. "I come from a military Family so it's a

little easier for me than him. But he's ok with it now. My grandparents are in the area and are supporting me too."

"I was a bit worried and upset – not being around the Family and not being to help out with our children," said Builder 3rd Class Walker, who explained he and his wife have been preparing for deployment for the past two months.

"We've been getting our bills in line, preparing the kids and Family by helping them understand the situation and what's happening." He said he is expecting to work on a lot of projects, to keep busy and to keep his mind occupied. The Walkers say they both totally support the Navy's mission.

**ARMY LODGING from P1**  
ment honored as IHG service time. Seven of the ten affected Army Lodging general managers have accepted IHG positions.

The 10 Group A installations are: Fort Rucker, Ala.; Fort Leavenworth, Kan.; Fort Riley, Kan.; Fort Polk, La.; Fort Sill, Okla.; Fort Hood, Texas; Fort Sam Houston, Texas; Yuma Proving Ground, Ariz.; Fort Myer, Va.; Fort Shafter/Tripler Army Medical Center, Hawaii.

Upon transfer of the lodging rooms, the project will begin correcting commercial code non-compliance issues and overhauling the mechanical, electrical and plumbing systems of the existing inventory. These renovations and the conver-

sion of five hotels to Holiday Inn Express hotels will be complete within two years.

The end-state portfolio of hotels will be a mix of well recognized and well respected IHG brands such as: Candlewood Suites, Staybridge Suites, and Holiday Inn Express, and renovated historic facilities. Enhanced guest services including complimentary breakfasts, pet-friendly rooms, and the IHG Priority Club frequent-stay program will start upon transfer.

Through the PAL program, the Army has engaged the private sector to manage, build, renovate, maintain and operate transient lodging on Army installations. The program is modeled after the Army's success-

ful privatized family housing program, the Residential Communities Initiative.

At Fort Sam Houston, the next two years will focus on operational and infrastructure improvements to all the facilities conveyed to the private operator. The long-term vision for Fort Sam Houston's on-post lodging includes three new Candlewood Suite hotels and a renovated Holiday Inn Express. The projected lodging end-state for Fort Sam Houston is 1,158 rooms.

For more information, call Dave Foster at 703-697-5344.

(Source: Privatization of Army Lodging news release)

## Happy Birthday Army



Photo by Dewey Mitchell

(From left) Brig. Gen. Joseph Carvalho Jr., commander, Great Plains Regional Medical Command and Brooke Army Medical Center; Pfc. Daniel Bowne, Warrior Transition Battalion; Pfc. Eric Bell, D Company, BAMC and BAMC Command Sgt. Maj. Donna Simmons cut the cake June 12 during the 234th Army Birthday celebration at the BAMC flagpole.

**BENEFITS from P4** wounded warriors.

“We had to work through the bureaucratic clanks,” he said.

The Soldier’s Warrior in Transition Unit squad leader provides HCAA with weekly updates regarding their schedule of medical appointments and responsibilities within the WTU.

The wounded warriors’ day usually starts at the HCAA rather than going to formation. However, they are expected to call their squad leader daily.

“There has to be a level of trust between the wounded warrior, the squad leader and us,” Svabek said. “The squad leader is ultimately responsible for that Soldier.”



Joyce Nadeau, chief, Policy and Compliance Branch at the Health Care Acquisition Activity answers a question for Spc. Tim Mithofer, Warrior in Transition Unit. Mithofer is currently working on his level one certification to be a contract administrator.

“It gives the command at the WTB a place to employ (the Soldier) as part of their rehabilitation, it gives us a chance to train them, and it also lessens our workload,” said Svabek.

“Once rehabilitation and other medically related appointments are no longer taking up the majority of the day, we begin meeting with the warriors to help them decide which direction they will transition

towards, either to the military or civilian community,” said Sheri Michel, occupational therapist, WTB. “We discuss their skills and interests in an effort to match their abilities with interim placement opportunities that, in many cases, could help prepare them to move into full-time positions.”

For more information about the wounded warrior work study program, call 916-9863.

**VAN AUTREVE from P1** express, that we must continue to press on, and show the world how valuable we are as the ‘Backbone of the Army.’

“It fills my heart,” said Rita Van Autreve. “Whenever I come to this ceremony, I’ve been attending these every year since he passed (Van Autreve). This is an honor; I cannot thank you all enough.”

The Army’s birthday was as befitting a day as any to honor Autreve, a Soldier and a remarkable NCO. It was also a special day in the Year of the NCO to pay tribute to five other exceptional NCOs who lay interred in close proximity to him at the Fort Sam Houston National Cemetery.

Some two hundred and thirty-four years ago, the United States Army was created and committed to defend our Nation. From that beginning, grew the ranks of the NCO, the backbone of the Army, forever helping facilitate the promise to protect and defend our

country everyday.

Medal of Honor recipients; Staff Sgt. Lucian Adams, Sgt. Jose M. Lopez, Tech. Sgt. Cleto Rodriguez, Master Sgt. Roy P. Benavidez, and Warrant Officer (then Sgt. 1st Class) Louis Rocco, heard the call and answered it with their acts of bravery and selfless sacrifice.

**Staff Sgt. Lucian Adams**, 30th Infantry, 3rd Infantry Division, near St. Die, France, Oct. 28, 1944, braved the concentrated fire of machineguns in a lone assault on a force of German troops. In the course of the action, he personally killed nine Germans, eliminated three enemy machineguns, vanquished a specialized force, which were armed with automatic weapons and grenade launchers, cleared the woods of hostile elements and reopened severed supply lines to the assault companies of his battalion.

**Sgt. Jose M. Lopez**, from the 23rd Infantry, near Krinkelt, Belgium, Dec. 17, 1944, on his own initiative, carried his heavy machinegun from Company K’s right flank to its left flank to protect it from advancing enemy infantry. Lopez’s gallantry, on a seemingly suicidal mission, killed at least 100 of the enemy. He was almost solely responsible for avoiding Company K from being enveloped, and withdrawing successfully giv-



Veterans, civilians and Family members gather at a place of remembrance, as Command Sgt. Maj. Howard Riles (left), Fort Sam Houston and U.S. Army Medical Department Center and School gave the opening remarks at the wreath laying ceremony at the Fort Sam Houston National Cemetery June 12 at the gravestone of Sgt. Maj. Leon Van Autreve, the fourth Sergeant Major of the Army.

ing other forces coming up in support, time to build a line in which to repel the enemy drive.

**Tech. Sgt. Cleto Rodriguez**, (then private), U.S. Army, Company B, 148th Infantry, 37th Infantry Division, at Paco Railroad Station, Manila, Philippine Islands, Feb. 9, 1945, single-handedly killed six Japanese and destroyed a well-placed 20-mm gun. With outstanding weaponry skill, determination to

destroy the enemy, and heroic courage in the face of tremendous odds and on two occasions, Rodriguez significantly aided the advancement of troops in Manila.

**Master Sgt. Roy P. Benavidez**, Detachment B-56, 5th Special Forces Group, Republic of Vietnam, West of Loc Ninh, Republic of Vietnam, May 2, 1968, gallantly volunteered to join his comrades exposing himself to constant

enemy fire; refusing to be stopped, despite numerous severe wounds, saving the lives of at least eight men. His fearless personal leadership, tenacious devotion to duty, and extremely valorous actions in the face of overwhelming odds, were in keeping with the highest traditions of the military service, and reflected the utmost credit upon him and the United States Army. **See VAN AUTREVE P10**

# Commander rescues kitten from storm drain

By Capt. Rebecca Carden  
U.S. Army Department of  
Veterinary Medicine

Reports of a trapped kitten began June 8 when distressed cries were heard coming from a storm drain on the corner of Stanley Road and S2 on Fort Sam Houston.

The current Officer Basic Leadership Course Veterinary Track class launched a rescue mission by attempting to coax the animal into a live trap which was lowered in to the drain. The kitten was not able to be captured with the live trap over night.

June 10, Maj. Gen. Russell Czerw, commander, Fort Sam Houston and Army Medical Department

Center and School took it upon himself to render aid to the kitten by climbing into the storm drain by way of a ladder placed in the man hole. The approximately 4-month-old male kitten is now safe and healthy and hoping to find a loving home.

Before getting a pet, people should consider the responsibility, money and time involved in properly caring for an animal.

There are millions of animals born every year. Very often these animals find their way to the streets where they die from exposure, disease, or starvation; or are put in shelters where many of them have to be euthanized because they are unable to find homes.



Courtesy photo  
Maj. Gen. Russell Czerw, commander, Fort Sam Houston and Army Medical Department Center and School the kitten, June 10 after rescuing the kitten from a storm drain.

“It is very important to spay or neuter pets, abandoned pets are a real problem in San Antonio.” said Lt. Col. (Dr.) John

Parsons, U.S. Army Department of Veterinary Medicine.

Spaying and neutering your pets is the most effective way to control the animal population.

On military installations pet owners need to follow requirements that may include registering with the veterinary treatment facility within 10 days of arrival, micro-chipping, wellness exams, vaccinations, and annual heartworm tests. When attempting to make an appointment with the on post veterinary clinic. Call well in advance.

Anyone interested in adopting the kitten, currently named Gutter, call 295-1026.

**VAN AUTREVE from P9 Warrant Officer Louis Rocco (then Sergeant First Class), U.S. Army, Advisory Team 162, U.S. Military Assistance Command, Northeast of Katum, Republic of Vietnam, May 24 1970, distinguished himself when he volunteered to accompany a medical evacuation team on an urgent mission to evacuate eight, critically wounded Army of the Republic of Vietnam personnel. His bravery under fire and intense devotion to duty were directly responsible for saving three of his fellow Soldiers from certain death. His unparalleled bravery in the face of enemy fire, his complete disregard for his own pain and injuries, and his performance were far above-and-beyond the call of duty, in keeping with the highest traditions of self-sacrifice and courage of the military service.**

Van Autreve, Adams, Lopez, Rodriguez, Benavidez and Rocco are NCOs who embody the word backbone with their

displays of moral strength and fiber in which they carried out their duties, they were not only leaders, they were also guardians of the corps.

“It is important that we carry on in respect to Sgt. Major Van Autreve’s position in regards to the ‘the NCO corps, the Backbone of the Army,’ and its importance to the U.S. Army.” We cannot ever use that phrase, the backbone of the Army as a saying; we are the great Army of today because of the NCO corps, and what they do for us each and everyday. To be here today with the Van Autreve’s Family and to honor him on this occasion is special and certainly heartwarming,” said Commanding General Russell Czerw, Fort Sam Houston and U.S. Army Medical Department Center and School.

The wreath laying was just one of many events that took place on Fort Sam Houston on Friday, to celebrate the Army’s Birthday.

**HEALTH from P2 rooms.**

Other resources:  
**TRICARE**

Along with the Military Health System, TRICARE is committed to making it easy for people to seek and obtain behavioral health services. A TRICARE Guide: Understanding Behavioral Health is available online at <http://www.tricare.mil/mentalhealth>.

Covered topics include: TRICARE and Your Behavioral Health; understanding behav-

ioral health; covered services; limitations and exclusions; who to see for care; getting care; your right to privacy; and for information and assistance.

TRICARE supports two Department of Defense initiatives: promoting awareness about post-traumatic stress disorder treatment and assisting returning servicemembers by providing expanded counseling services. Information is also provided for Family members dealing with deployment stress, per-

manent change of station moves and separation situations.

**Military OneSource**

A Department of Defense-funded program, Military OneSource is designed to assist active duty, Guard, and Reserve servicemembers and their Families with any concerns. Professionally trained consultants are available online or by phone 24 hours a day, 7 days a week for this free service.

The crisis intervention line offers short-term,

non-medical counseling, such as face-to-face counseling, online and phone consultation. Grief, parenting skills, blended Family issues and adjustment and situational awareness are just some of the areas available for servicemembers and Families seeking help. Trained consultants will evaluate their needs and refer them to health care professionals for follow-up and face-to-face counseling.

For more information on specific needs, call toll free at 1-800-342-9647

or visit <http://www.militaryonesource.com>.

**Defense Center of Excellence Outreach Center**

The DCOE Outreach Center is staffed 24 hours, 7 days a week, 365 days of the year by health resource consultants with the latest information on psychological health and traumatic brain injury issues. The DCOE Outreach Center can connect Soldiers, Family members and veterans with agencies to promote recovery,

resiliency and reintegration.

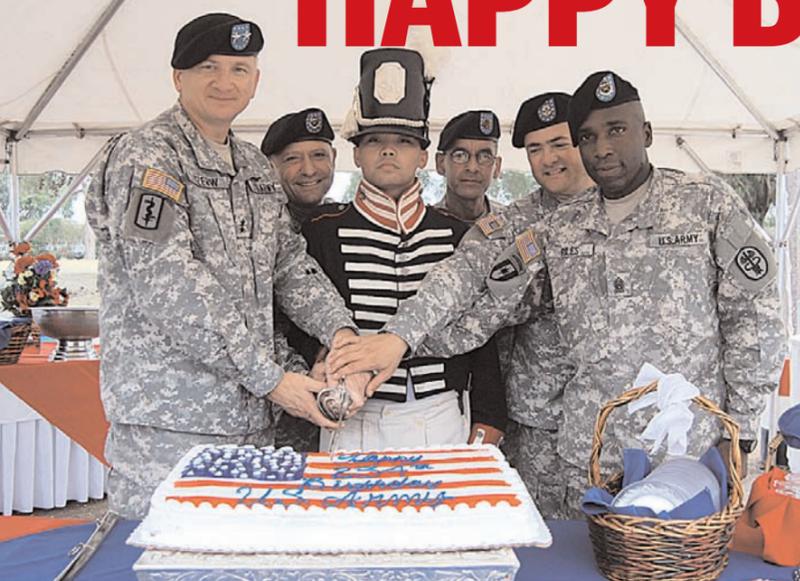
For details call 1-866-966-1020, e-mail [Resources@DCoEOutreach.org](mailto:Resources@DCoEOutreach.org) or visit <http://www.dcoe.health.mil/resources.aspx>.

Servicemembers and their Families should be confident that their medical information will be protected as they seek help from these resources.

(Source: Brooke Army Medical Center Public Affairs)

# HAPPY BIRTHDAY – ARMY

Fort Sam celebrates 234th Army birthday



Installation commander, Maj. Gen. Russell Czerw, NCO Academy Commandant, Sgt. Maj. Stephen Paskos, Sgt. Roald Riva, Command Sgts. Maj. Pedro Class, Antonio Abin and Howard Riles, cut the Army Birthday cake celebrating the Army's 234th Birthday.



Escorted by Alamo Area Council Troop 445, noncommissioned officers of the 32nd Medical Brigade, Army South, Army North, Brooke Army Medical Center, 56th Signal Detachment and the 512 Engineer Detachment prepare to present the Army's campaign streamers to the Army Flag. The battle streamers represent the courage and sacrifice made to bring peace and to guarantee freedom.



The Honor Guard Platoon, Headquarters Headquarters Company, U.S. Army Garrison, fire a rifle volley at the Army Birthday celebration at the post flagpole as a battle streamer is affixed to the Army Flag.



Command Sgt. Maj. Howard Riles proudly holds the American Flag presented in honor of the Army's Birthday and the NCO Corps by Senator John Cornyn. "Our flag flies proudly around the world as a symbol of our nation. Its colors reflect the energy, the tenacity, and the courage of the American people and the American Soldier," said Riles.



The NCO Academy Color Guard, led by Sgt. 1st Class Richard Patenia, presents the colors at the Army and Flag Day celebration at the post flagpole, June 12.

Story and photos by Esther Garcia  
Fort Sam Houston Public Affairs Office

In recognition of 2009 as the Year of the Noncommissioned Officer, the Fort Sam Houston NCO community led the Army's 234th Birthday ceremony at the post flagpole June 12 as "Old Glory" waved from above in honor of its 232nd anniversary.

The ceremony began with musical prelude by the Army Medical Command led by Sgt. Maj. Marcella Larson and the invocation by Sgt. 1st Class Irether Gaines, the NCO officer-in-charge for the Installation Chaplain.

Escorted by members of Alamo Area Council Troop 445, NCOs representing Army North, Army South, Brooke Army Medical Center, 32nd Medical Brigade, 56th Signal Detachment and the 512th Engineer Detachment presented the 178 Army campaign streamers to the Army Flag. As each streamer was attached to the flag by U.S. Army Garrison Command Sgt. Maj. Pedro Class, 232nd Medical Battalion Command Sgt. Maj. Antonio Abin recited an element from the NCO Creed, followed with a rifle volley by the Honor Guard Platoon, Headquarters and Headquarters Company, U.S. Army Garrison.

Host for the ceremony, Fort Sam Houston and Army Medical Department Center and School Command Sgt. Maj. Howard Riles said, "Our Army was established on this day in 1775. And – remember this too - the Army

Medical Department was created a month later in July 1775, treating and caring for Soldiers on the first battlefields.

Think about the significance for us here at the Home of Army Medicine – soon to be the home for Department of Defense enlisted medical training.

These two events occurred one year before the Declaration of Independence and birth of our Nation, and two years before the creation of our Nation's flag."

The Army was born on June 14, 1775, when the Continental Congress ordered six companies of expert rifleman be immediately raised in Pennsylvania, two in

Maryland, and two in Virginia, and that each company consist of a captain, three lieutenants, four sergeants, four corporals, a drummer or trumpeter, and sixty-eight privates. That each company, as soon as completed, shall march and join the Army near Boston, to be there employed as light infantry under the command of the chief officer in that Army.

Riles touched on today's volunteer Army and how we are indebted to those first veterans and patriots of our American Revolution. "They too were a volunteer Army," said Riles. They set the standard. Their commitment and their sacrifices forged our Army values."



Jonathan Huhn, Senator John Cornyn's local legislative director, presents the U.S. Flag flown over the nation's capitol to Command Sgt. Maj. Howard Riles in honor of the Army's birthday and to the Noncommissioned Officers Corps in recognition of 2009 as the Year of the NCO.



Sgt. Maj. Marcella Larson, U.S. Army Medical Command Band, directs the band at the 234th Army Birthday and Flag Day Ceremony at the post flagpole June 12.



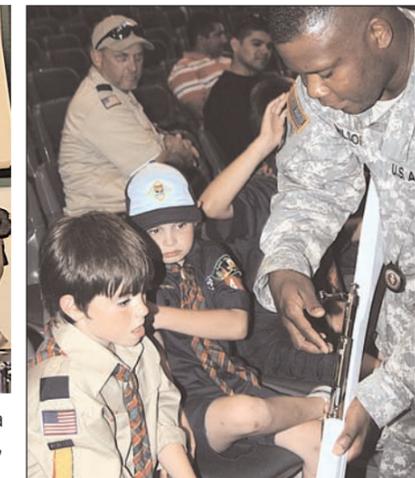
Alamo Area Council Troop 445 pose with Maj. Mark Carder, Entomology Branch, Army Medical Department Center and School following a visit. The troop spent the day on post beginning with reveille, physical fitness with Soldiers from Headquarters Headquarters Company, U.S. Army Garrison, a visit to Benner Barracks and the post museum.

Paskos said, "We also cannot forget the commitment of the Family members over the years who have made countless strides in the support of our force. It is they who willingly sacrifice their own individual freedoms and many times personal aspirations to enable their Soldier Family members to serve. With that said the Department of the Army has initiated a renewed com-

mitment to them, the Army Family Covenant, a promise to support them (Families) as they too serve faithfully.

The bottom line is, we would not be able to dedicate ourselves to the demands of our mission in this high up-tempo without our Families' love and support.

Today's Soldiers and their Families serve as positive role models and community leaders – they are a daily example of 'commitment to serve,'" said Paskos.



Members of the Army Medical Department Center and School Color Guard provided a color guard posting and presentation demonstration to the Alamo area Council Troop 445 June 12. Photo by Kathy Salazar

# Transition Training Academy graduates 17 wounded warriors

Story and photo by  
**Cheryl Harrison**  
Army Community Service,  
Marketing Specialist

In a ceremony held June 12 at Army Community Service, 17 graduates of the Transition Training Academy were awarded Information Technology certificates and laptop computers. The Transition Training Academy was established as a joint effort of the U.S. Department of Labor/Veterans' Employment and Training Service, Cisco Systems, Inc, the Office of Disability Employment Policy and the Wounded Warrior Project.

WWP in partnership with REALifelines administers the program as a part of their commitment to service men and women who have been wounded or injured on active duty. The TTA purpose is to empower today's wounded warriors with the tools needed to return to a competitive spirit in life, the working world and the American workforce. TTA provides innovative information technology training for servicemembers injured on active duty who face unique challenges as they transition to civilian life.

In a letter read to the graduates by Richard Willis, Regional Instruction and

Recruitment coordinator, Jeff Searcy, executive vice president, Education and Career Advancement National Director, Wounded Warrior Project wrote, "Your graduation today is a significant achievement and example of your commitment to guiding your own future. Use the laptop you have been awarded in future success, whether that be schoolwork, a job search or new civilian careers. As you are all too aware, many obstacles may get in your way, but clearly you are more than capable of overcoming them as your presence here today demonstrates."

Keynote speaker for

the ceremony was Rudy Guerra, employment advisor, U.S. Department of Labor/Veteran's Employment and Training Service. Guerra, a former Marine and Representative of the REALifelines program, spoke with much emotion and conviction to the graduating TTA class.

Guerra said, "My plan was to have a full career as a Marine, but unfortunately things change. So I decided to do whatever it took to help my fellow veterans. There are projects out there like this program to help you. And keep in mind you aren't just doing this for yourself, you are doing it for your comrades. Thank you for all you've done."

The TTA series of courses are taught in a modified, instructor-led classroom setting. This environment is supported by web-based exercises and online learning. The program provides a flexible schedule of classes to accommodate participants' medical and duty requirements. Currently, course classes are held over a two-day period, weekly or every other week, and are delivered in three-hour segments.

Each class is available in virtual and physical formats. Dividing the classes into shorter segments facilitates increased participant attendance, completion and material retention, regardless of physical limitations, medical obligations or duty



Capt. Ronald Bailey, A Company, Warrior Transition Battalion, accepts a laptop from Rudy Guerra, employment advisor, U.S. Department of Labor/Veteran's Employment and Training Service in a graduation ceremony held June 12 at Army Community Service for the Transition Training Academy. Bailey was one of 17 wounded warriors to graduate from the TTA, and receive a certificate and a laptop.

assignment.

Students' access computers at their location, participate with peer support and collaboration with instructors. Upon successful completion of the course, graduates are provided with a certificate of completion and a laptop to foster their entry into the IT industry.

The graduates in the June 12 ceremony each received Hewlett Packard laptops donated by USAA.

Among the 17 graduates were husband and wife, James and Kathy Weisinger. Kathy Weisinger said, "I got into the class first and encouraged my husband to come with me. I asked what if the wounded warrior can't work and the spouse has to become the bread winner. Well they were nice enough to let me take the class along

with my husband. My husband received the computer, but I learned from the training."

The course series include computer and software support fundamentals, networking and small office/home office (SOHO) network design and installation, and proficiency with business applications including Microsoft Word, Excel and PowerPoint. The courses are taught on-site by a trained instructor with physical and virtual classroom participation.

For more information about the Wounded Warrior Project TTA, call 383-9751. For registration information, contact the REALifelines Representative, located in the Soldier Family Assistance Center at 916-7322 or 916-6339.

# Teens volunteer at BAMC this summer

Story and photos by  
**Jen D. Rodriguez**  
Brooke Army Medical Center  
Public Affairs Office

Fifty-two teens began their summer June 9, by choosing to volunteer at Brooke Army Medical Center as an American Red Cross Youth Volunteer from June until August.

Hosted by BAMC, the American Red Cross Summer Youth Program exposes local 14 to 17 year-olds to the health-care world.

Considered BAMC employees, the volunteers perform various jobs, clerical in nature, throughout the hospital in areas, such as the Department of Medicine, Anesthesiology, Orthopaedic and Rehabilitation; Department of Nursing, Infectious Disease, Social Work and the office of the commander.

"It's good to meet people, broaden my horizons and open doors," said youth volunteer Madeline Sweatt, 15, who works in anesthesiology.

Sweatt has committed up to four days a week to volunteering. "I want to work in the medical field either as a surgeon for burn patients or a cosmetic surgeon. Volunteering prepares me for this; it's enlightening," she

said.

"This is a wonderful experience for the youth volunteers," said Jessica Veilleux, chief of BAMC Volunteer Services. "The youth program gives teens an opportunity to experience themselves as an adult contributing to an important mission."

Alfred Lopez, Red Cross volunteer coordinator said the Red Cross Youth Volunteer Program is a rarity.

"It doesn't happen everywhere. It's an opportunity that has been given to you, so take this time very seriously," he said. "Because you're representing the American Red Cross, you get a badge with your name on it. You're not representing San Antonio or yourself, but the whole entity of volunteers."

On June 9, youth volunteers met for a three-hour orientation, concluding with job assignments.

Each volunteer received a Red Cross T-shirt and nametag to make their volunteer service official. In August, volunteers will also receive a certificate noting their service hours.

Veilleux said once the volunteers receive their Red Cross certificate, it'll help with their dreams and future plans. This is their next paycheck.

"They'll have the advantage of having their first job; it's your entrance into college," she said.

"I like being here (BAMC). It's a good place to be," said first time youth volunteer, Cassidy Ricker, 16. "Volunteering here is good for my future. It helps build experience and my resume."

Although, Ricker has made plans to waitress at a country club near her home; serve as soccer trainer, and lifeguard for a daycare, she still finds time to volunteer on Mondays, maybe Wednesdays too, if her schedule allows.

Ricker said I'm interested in the Army, but not sure yet what I want to do. However, she told Sweatt at the end of the year, "I'll be banking my money. Then I can buy me some school clothes."

Veilleux said many health care professionals choose career goals because of their experience with our supervisors. "Many supervisors expressed that they enjoyed working with teens that truly help out. It gives them a positive view of our youth and future generations," she said.

Last year, Mercedes Castillo volunteered in the pharmacy five days a week. From the experience, she realized her

calling in life was to become a pharmacist.

"I learned a whole lot," said Castillo, 16. "I like the feeling of helping people, it's really fun."

This year, Castillo is considering working Mondays and Wednesdays for the first two weeks, then after that she exclaims with a smile "I may go full time."

Volunteers have a choice in their schedule based on what they and their supervisor determine to be a workable schedule.

At the beginning of the orientation, by a show of hands, Veilleux asked youth volunteers their reason for volunteering. Seven students wanted to



Maylasia Castillo, 14 signs in June 9, under the guidance of Alfred Lopez, Red Cross Volunteer Coordinator, making her duty as a youth volunteer at BAMC official. Volunteers must sign in and out of the hospital to validate the hours they've worked.

be at BAMC; six of them were looking to meet career goals and another five were returning volunteers from last year.

The remaining youth agreed volunteering was their parents' idea.

Nevertheless, Veilleux said "the people, who requested you, will be with you, work with you and need your help. I'm glad you're here and hope you come back next year."

## News Leader survey online

The survey is available online at <http://www.samhouston.army.mil/pao/default.html>.  
For more information, call 221-0615.



## Announcements

### Fort Sam Houston Golf Club membership drive

The Fort Sam Houston Golf Club will hold an annual membership drive during the month of July. New members joining during the membership drive will receive 12 months of green fees for the price of 11 months. Current members will receive a one month credit for new member referrals. All patrons signing up will be required to pay the first six months of dues (non-refundable) in advance. For more information, call 222-9386.

### Driver's Education class

Child, Youth and School Services School of Knowledge Inspiration Exploration and Skills program will offer Driver's Education July 6-27, for youth 14-18 years old. Registration is ongoing through July 9. Classes will be held Mon. through Fri. from 8-10 a.m. at Cole High School. The program is open to all valid DoD I.D. card holders. For more information or to register, call Central Registration at 221-4871 or 471-9548.

### Youth horsemanship camp

The Fort Sam Houston Equestrian Center will host a camp for children ages 7 to 17 from 9 a.m. to 3 p.m. Camp dates are June 22-26; and July 6-10, 13-17, 20-24 and 27-31; and Aug. 3-7. The cost of each session is \$195. Additionally, a \$25 non-refundable deposit is due at the time of registration. Registration is ongoing. To register, call 224-7207.

### Aquatic Center now open

The Fort Sam Houston Aquatic Center is open daily from noon to 8 p.m. Pools are free and open to all

valid I.D. card holders with one guest. Call 221-4887 or 221-1234.

### Summer reading program

Children can sign up for the summer reading program during June and July at the Keith A. Campbell Memorial Library, Building 1222. Books can be from any library or personal collection, as long as books are on or above child's reading level. A cloth tote donated by SeaWorld will be given to each reader, while supplies last. Participants will keep track of the hours they read. Prizes will be given with every 10 hours of reading. Readers are eligible to enter the grand prize drawing once for every 10 hours of reading completed. For more information, call 221-4702.

### Helping Us Grow Securely

The H.U.G.S. playgroup for parents and children ages 5 and under each Tues. from 9 to 11 a.m. at Dodd Field Chapel, Building 1721, for interactive fun play. Registration not required. Call 221-0349 or 221-2418.

### 'Broadway Bound'

The Harlequin Dinner Theatre presents "Broadway Bound," a comedy by Neil Simon, Thurs. through Sat. evenings, June 11-July 11. Doors open for cocktails and dinner at 6:15 p.m. Show begins at 8 p.m. For reservations, call 222-9694.

### Lunch time matinee

The Harlequin Dinner Theatre will host a Legends of Las Vegas, lunchtime matinee, every Sat. from 11 a.m. to 1:30 p.m. Matinee is open to the public. Tickets are \$25 for civilians and \$23 for military with valid I.D., student and group rates are available. Doors open at 11 a.m. for general admission seating. Call 222-9694.

### 'Powerhouse Divas'

The Harlequin Dinner Theatre presents "Powerhouse Divas," a dynamic cabaret-style lounge act. Performances are held Sat. 10:15 p.m. to 2 a.m. through Aug. 29. A cover charge of \$3 for military with a valid I.D. card or \$5 for all others applies. A full service cash bar will be available. Patrons must be 21 years old to purchase and consume alcohol. Late night karaoke follows the show. Call 222-9694.

### EFMP Support Group

Army Community Service Exception Family Member Program offers a support group Wed. evenings from 6-7:30 p.m. at School Age Service, Building 1705, Dodd Blvd. Each week the group is facilitated by Mutual Enrichment through

Learning and Discovery and is open to Soldiers and military Families with special needs members. Also MELD Special provides childcare and dinner. Registration is required. To register, call 221-2604.

## Calendar of Events

### JUNE 18

#### Mandatory Initial 1st Termer Financial Readiness

Army Community Service Financial Readiness will offer a Mandatory Initial 1st Termer Financial Readiness class June 18 at 10 a.m. at ACS, Building 2797. Call 221-1612.

#### Foreclosure awareness class

Army Community Service Financial Readiness will offer a foreclosure awareness class June 18 at 1 p.m. at ACS, Building 2797. Class space is limited. Call 221-1612.

#### Time management class

Family Employment will offer a time management class June 18 from 9- 11 a.m. at Army Community Service, Building 2797. Seating is limited, registration is required. Call 221-0516 or 221-0427.

#### STEP for school age children

Family Advocacy program will begin a new four part series of Systematic Training for Effective Parenting (STEP) for School Age Children June 18 from 11 a.m. to 12:30 p.m. Call 221-0349.

### JUNE 21

#### Father's Day brunch

The Sam Houston Club will host a Father's Day brunch June 21, 10 a.m. to 1 p.m. Price is \$21.95 for non-members, \$18.95 for members and \$8.95 for children ages 6-11, all inclusive and children 5 and under eat free. Menus may be picked up at the club prior to the event. For reservations, call 226-1663 or 224-2721.

#### Father's Day golf scramble

The Fort Sam Houston Golf Club will host a two-person scramble June 21 with a 1 p.m. shot gun start. Cost is \$25 for FSH Golf Club members and \$40 for non-members. Event open to all DoD I.D. cardholders and government contractors. To register, call 222-9386.

### JUNE 22

#### Junior summer golf camp

The Fort Sam Houston Golf Club will hold a summer golf camp June 22-26, 8-10 a.m. for children 8-17 years. A registration fee of \$70 will apply. To register, call 222-9386.

#### Microsoft Office 2007 PowerPoint Level 1

Army Community Service's Microsoft instructor will offer a Microsoft Office 2007 PowerPoint Level 1 class June 22 from 8 a.m. to 12 p.m. at ACS, Building 2797, in the computer lab. Registration is required. Call, 221-2518.

#### Savings and investing class

Army Community Service

See MWR P17

### MWR from P16

Financial Readiness will offer a savings and investing class June 22 at 2 p.m. Class space is limited. Call 221-1612.

### JUNE 23

#### Credit report class

A Credit report class will be held June 23 at 8:30 p.m. at Army Community Service, Building 2797. Class space is limited. Call 221-1612.

#### Mandatory First PCS Move

A Mandatory First PCS Move class will be held June 23 at 2 p.m. at Army Community Service, Building 2797. Class space is limited. Call 221-1612.

### JUNE 24

#### Insurance class

A class on insurance will offered June 24 at 8:30 p.m. at Army Community Service, Building 2797. Class space is limited. Call 221-1612.

#### Introduction to computers

Army Community Service will offer an introduction to computers June 24 from 8 a.m.-12 p.m. at ACS, Building 2797, in the computer lab. Registration is required. Call 221-2518.



#### Deployed Parenting

Family Advocacy will offer a Deployed Parenting class June 24 from 11 a.m.-12:30 p.m. at ACS, Building 2797. Call 221-0349.

#### Mandatory Initial 1st Termer Financial Readiness

Army Community Service Financial Readiness will offer a Mandatory Initial 1st Termer Financial Readiness class June 24 at 12 p.m. at the Learning Center. Call 221-1612.

#### Battlemind training

The Army Community Service Mobilization and Deployment Program will hold Battlemind (pre) Training for families June 24 from 2:30- 4:30 p.m. Call, 221-2705 or e-mail samh.acs.mob.deploy@

conus.army.mil

### JUNE 25

#### Walking Tour of Downtown San Antonio

The Army Community Service Relocation Program will offer a walking tour of downtown San Antonio June 25 for military I.D. card holders. Meet at ACS Building 2797 at 8:45 a.m. and enjoy a tour including the Riverwalk, La Villita, Hemisfair Plaza and Market Square. While at Market Square enjoy lunch or shopping. Return to ACS at about 12:30 p.m. Call 221-1681, 221-9698 or 221-2418.

#### Festival of Performing Arts

Better Opportunities for Single Soldiers will host "Boulevard of Music Dreams" June 25, 7-8:30 p.m.

at the Hacienda Recreation Center. The show features civilian and military vocalists, dancers and musicians performing in a nightclub setting. "Boulevard of Music Dreams" is one of Fort Sam Houston's entries in the 2009 U.S. Army Festival of the Performing Arts. Call 221-4829.

### JUNE 26

#### Welcome to the Neighborhood

The Sam Houston Club hosts a "Welcome to the Neighborhood" block party June 26, 4-8 p.m. Children's activities plus free food and beverages will be available. Event is free and open to the FSH community. Door prizes will be given away. Call 224-2721 or 226-1663.

### JUNE 27

#### 3-D Archery Shoot Out

Camp Bullis hosts a 3-D Archery Shoot Out June 27-28. Registration, 8-10 a.m. with a California start. Competitive shoot \$15/day; non-competitive shoot \$10/day. Patrons may participate both days. Call 295-7577.



#### Main Post Chapel, Building 2200, 221-2754

##### Catholic Services:

4:45 p.m. - Reconciliation - Saturdays  
5:30 p.m. - Mass - Saturdays  
9:30 a.m. - Mass - Sundays  
11:30 a.m. - Mass - weekdays  
**Protestant Services - Sundays:**  
8 a.m. - Collective Protestant  
11 a.m. - Collective Protestant  
**Jewish Services:** 379-8666 or 493-6660  
8 p.m. - Fridays - Worship and 8:30 p.m. - Oneg Shabbat

8:30 a.m. - Mass - Sundays

11 a.m. - Mass - Sundays

**Protestant Services:**

10 a.m. - Worship Service - Sundays

**Episcopal/Lutheran Rite services:**

12:30 p.m. - Traditional worship - Thursdays

#### Center for the Intrepid, first floor, 916-1105

**Christ for the Intrepid services:**

5:30 p.m. - Coffee and fellowship - Sundays

6 p.m. - Contemporary worship - Sundays

#### AMEDD Regimental Chapel, Building 1398, 221-4362

**32nd Medical Brigade Student services**

**Catholic Mass:** 8 a.m. - Sundays

**Contemporary Protestant Service:** 9:30 a.m. - Sundays

**Muslim Jumma:** 1:30 p.m. - Fridays

#### Fort Sam Houston Library, Building 1222, 221-4702

**Church of Jesus Christ of Latter Day Saints:**

8:30 a.m. - Sundays

#### Installation Chaplain's Office, Building 2530, 295-2096

**Contemporary Protestant:** 11:01 a.m. - Sundays

**Brooke Army Medical Center Chapel, Building 3600, 916-1105**  
**Catholic Services:**

**Web site:** [www.samhouston.army.mil/chaplain](http://www.samhouston.army.mil/chaplain)



## REMINDER CALENDAR

<b>June 19</b>	MWR Outdoor Movie Night at 8:20 p.m., Parade field at the the post flagpole, "Jumanji"
<b>June 20</b>	MWR Outdoor Movie Night at 8:20 p.m., Dodds Field, "The Goonies"
<b>June 21</b>	Father's Day
<b>June 21</b>	Triathlon #2 at 6:30 a.m. at the Fort Sam Houston Aquatic Center
<b>June 23</b>	USO Hosts Deli Delight's Luncheon from 11:30 a.m.-1 p.m., Warrior Family Support Center
<b>June 24</b>	470th MI Brigade Change of Command at 9 a.m. at MacArthur Parade Field
<b>June 25</b>	Consolidated Retirement Ceremony
<b>June 30</b>	Fort Sam Houston Newcomers Extravaganza
<b>June 30</b>	187th Medical Battalion Change of Command, 9 a.m. at MacArthur Parade Field




# Community

## Announcements

### Cloverleaf Communicators Club

Meets the first and third Thurs., 11:45 a.m. to 1 p.m. at the San Antonio Credit Union, Stanley Road, in the conference room. Open to military, civilians and Family members interested in developing and enhancing leadership and communications skills. Call 221-7835 or 221-6517 or 916-3406.

### Sergeant Audie Murphy Club

Hosts a study group for the boards Tues. and Thurs., noon to 1 p.m., Building 1394, Room 215. Call 221-4028.

### Risk Reduction Program

Per AR 600-85 Chapter 12, The Risk Reduction Program is a commander's tool designed to identify and reduce Soldiers' high-risk behaviors. Two features of the Risk Reduction Program, include, Unit Risk Inventory (URI) and Reintegration Unit Risk Inventory (RURI). Both are used as command

climate surveys to help commanders determine the actual occurrences of high-risk behaviors. Commanders must coordinate with the Risk Reduction Program Coordinators to administer the URI and RURIs to all deploying Soldiers at least 30 days before an operational deployment and the RURI to redeploying Soldiers between 90 and 180 days after their return. Incoming commanders should consider this a necessary action during their change of command. The inventories can be administered to the trainee population. Call 221-2093 or 221-1696.

### Education Center offers tutoring

The Education Center will now offer tutoring in the subjects of Freshman English Composition and College Algebra to individuals or groups based on space availability. Call the Education Center at 221-1738.

### Altitude research study

The Air Force Research Laboratory is looking for active duty, non-smoking men and women, age 18-44 to participate in an altitude

research study. Participants must be in good physical condition and willing to complete moderate to strenuous exercise. Participation will occur at Brooks City-Base. Subjects will be financially reimbursed for their time. Call 536-2963 or 536-2338.

## Calendar of Events

### JUNE 20

#### Tejas Rodeo salute to wounded heroes

My Heroes Have Always Been Cowboys and Soldiers, A Special Salute to Wounded Heroes will be held June 20, gates open at 5 p.m. and rodeo begins at 7:30 p.m. at Tejas Rodeo, 401 Obst Road in Bulverde, Texas. Admission is \$9 for adults and \$4.50 for kids ages 6-12; children 5 years and younger are free. Adults with a valid military I.D. will receive a \$2 discount off gate admission.

### JUNE 22

#### American Society of Military Comptrollers

The Alamo Chapter of the American Society of Military Comptrollers invites all members and non-members to a luncheon, June 22, at the Kendrick Club, Randolph Air Force Base. The luncheon will include the installation of officers and a barbecue buffet. Cost is \$13. Call 454-2095, by June 18.

### Homeland Security Medical Executive Course

The defense Readiness Training Institute will hold the Homeland Security Medical Executive Course, June 22-26. The class is open to DoD active duty, Reserve, Guard, U.S. Public Health Service and Coast Guard medical department officers and local, state and federal health-care professionals and emergency managers. Contact 295-0128.

### JUNE 29

#### My Health Matters Leader Training

The Texas Department of Aging and Disability Services and the AACOG Bexar Agency on Aging in partnership with Catholic Charities and the Texas Diabetes Institute will host a free My Health Matters Leader Training June 29-30 and July 7-8, 8:30 a.m. to 5 p.m. at the Texas Diabetes Institute, Room 1019. Call 362-5220.

### JULY 3

#### 4th of July Rag Ball Bash

A Family co-ed rag ball all-night tournament will be held July 3 starting at 7 p.m. at Rambler Field, Randolph Air Force Base. Cost is \$15 per player. Players must be 11 years or older, teams should be 14 to 15 players. Registration fees are due by June 24. Call 844-1279 or 269-5946.

## Rocco Dining Facility Menu

Building 2745, Schofield Road

### Friday - June 19

#### Lunch - 11 a.m. to 1:00 p.m.

Fried catfish fillet, baked pork chops, pepper steak, orange rice, mash potatoes, baked macaroni and cheese, seasoned squash, black-eyed peas

#### Dinner - 5 to 7 p.m.

El rancho stew, veal parmesan, grilled ham, lemon baked fish, home fried potatoes, steamer rice, rice with parmesan cheese, seasoned Brussels sprouts, seasoned carrots

### Saturday - June 20

#### Lunch - noon to 1:30 p.m.

Barbecued pork ribs, ground beef cordon bleu, spinach tortellini marina, egg noodles, Filipino rice, spinach, seasoned corn, brown rice

#### Dinner - 5 to 6:30 p.m.

Salisbury steak, simmered knockwurst, corn beef, Lyonnaise rice, red beans and rice, mashed sweet potatoes, calico cabbage, Lyonnaise carrots, green beans, oven brown potatoes

### Sunday - June 21

#### Lunch - noon to 1:30 p.m.

Spaghetti with marinara, spaghetti with meat sauce, shrimp scampi, roast pork, baked chicken, steamed rice, mash potatoes, corn on the cob, zucchini

#### Dinner - 5 to 6:30 p.m.

Roast turkey, chicken fillets, Yankee pot roast, cheese manicotti, rice pilaf, parsley potatoes, stewed tomatoes, green peas, asparagus, orange rice

### Monday - June 22

#### Lunch - 11 a.m. to 1:00 p.m.

Sweet-sour pork, grilled steak, Italian veal steak, baked chicken breast, rice parmesan, baked potatoes, mash potatoes, calico corn, spinach

#### Dinner - 5 to 7 p.m.

Beef Brogul, baked Italian sausage,

parmesan fish, vegetable stuffed pepper, baked stuffed pork chops, steamed noodles, steamed rice, cauliflower, broccoli parmesan

### Tuesday - June 23

#### Lunch - 11 a.m. to 1:00 p.m.

Chicken cordon bleu, baked knockwurst with sauce, baked ham, fajitas, Spanish rice, baked macaroni and cheese, savory-style beans, spinach, carrots

#### Dinner - 5 to 7 p.m.

Sukiyaki beef, simmered polish sausage, pork adobo, Cornish hens, red beans and rice, brown rice, O'Brien potatoes, Brussels sprouts combo, mixed vegetables

### Wednesday - June 24

#### Lunch - 11 a.m. to 1:00 p.m.

Cantonese ribs, sweet and sour chicken, sauerbraten, baked chicken, hopping john, steamed rice, mashed potatoes, collard greens

#### Dinner - 5 to 7 p.m.

Chicken adobo, pork schnitzel, baked fish, cheese manicotti, country-style steak, rissole potatoes, orange rice, corn on the cob, asparagus

### Thursday - June 25

#### Lunch - 11 a.m. to 1:00 p.m.

Oriental steak, spaghetti with meat sauce, cheese enchiladas, roast turkey, beef and noodles, mashed potatoes, pork fried rice, corn, cabbage

#### Dinner - 5 to 7 p.m.

Caribbean chicken breast, beef pot pie, barbecued pork loin, Brogul beef, steamed rice, noodles Jefferson, egg noodles, Chinese cabbage, cauliflower, broccoli

*Menus subject to change without notice*

# For Sale Fort Freebies

### Submission guidelines:

Freebies are published on a first-come, first-served basis. The deadline is close of business Friday. Freebies are intended for personal household goods, and may only be submitted by active, retired or reserve military members and civilian employees working on Fort Sam Houston. Real estate and employment ads will not be published. To submit a Fort Freebie, e-mail news.leader@conus.army.mil or fax to 221-1198. Freebies run for one week unless the submitter calls to renew. Limit of five items per entry. For more information, call 221-0546.

**For Sale:** Girl's princess vanity, \$30; girl's, men's and women's bikes, \$20 each; barbecue grill, \$10; various bookcases, \$25 each; landscaping bricks, .50 each. Call 595-8789

**For Sale:** Whirlpool washer and dryer, super capacity, \$200. Call 592-8686 or 915-373-3559.

**For Sale:** Five-piece Mauviel Cuprinox culinary professional copper pans, sizes 12, 14, 16, 18, and 20 cm, 2.5mm, purchased in Villedieu, France, never used, \$295; wall hanger sold separate; small chest freezer, 29 inches by 32 inches, \$85. Call 653-4669.

**For Sale:** Swing set includes two swings, roll bars, small carriage for two, \$35. You move. Call 221-3549.

**For Sale:** Two card tables, great for yard sales, \$5 for both; wicker stor-

age chest, \$4; three large rakes and two shovels, \$3 each; various hoses, \$6 for all; small luggage cart, \$4; twin bedding, two mattress pads, four sheet sets, \$15; wedding dress with train, veil, size 6-8, lots of beading, \$19. Call 475-9973.

**For Sale:** Golf balls, very good to excellent condition, many different brands mixed together, sold in bags of 101 balls, \$25. Call Mike at 367-2722, leave message.

**For Sale:** Nintendo Game Cube with controller and Game Boy adapter, good condition, \$40; Mad Catz universal steering wheel for Nintendo and Playstation games, \$25; Pentair pool cleaner, excellent condition, \$200. AT&T 5.8 Mhz digital wireless phone with answering machine, caller I.D., and two wireless hand-

sets, \$25; Southwestern Bell speakerphone with caller I.D., \$15. Call 697-9261.

**For Sale:** Maytag Bravos white electric washer and dryer, Energy Star, washer with load auto sensor, about 1 1/2 years old, no center agitator, extra-large commercial-grade stainless basket, glass window lid, \$700; dryer extra-large capacity, reversible swing door with commercial-grade glass window, scratch and shatter resistant, excellent condition, \$500; connections included. Call 314-6474

**For Sale:** 2006 Ameri-Lite Gulfstream travel trailer, Model MPV 21MB, \$8,500; 2003 Suzuki Intruder VSP1400 motorcycle, excellent condition, \$5,200 obo. Call 838-8346 or 681-5564.

**For Sale:** Tahoe cargo security shade, \$75; 90s Volvo dash mat, beige, \$30; 4-foot truck bed exten-

der, \$225; Resistol hat, brown, size 7 1/4, \$50; Igloo pet house with covered entrance, \$75. Call 221-2690.

**For Sale:** Framed Korean flag, 3 feet by 3 feet, \$195; framed and numbered ballet art, 3 feet by 3 feet, \$195; tap and ballet shoes and outfits, \$5 up; male pug, black, 2 years old, \$225; Everflo baby backpack, \$35. Call 633-3859.

**For Sale:** Solid wood coffee table, \$95; riding lawnmower, \$495; bikes, \$35 each; Cardioglider, new, \$175; large custom-made pet house, \$195 obo. Call 633-2247.

**For Sale:** 2001 Yamaha V Star 1100 Custom motorcycle, 33K miles, garage kept, excellent condition

Cobra pipes, bags, windshield, light bar, mucho chrome, 45 mpg, maintenance records, \$6,000. Call 860-9217.