



Photo by L.A. Shively

Liton Monteith, a logistics management specialist, points out an easily-accessible trouble shooting panel on the newly-installed 100 kilowatt Tactical Quiet Generator he and a team of engineers tested at Camp Bullis recently.

Engineers, scientists, Soldiers evaluate medical materiel, supplies

By L.A. Shively
FSH Public Affairs

Beyond the usual training Camp Bullis recently provided fertile grounds for useability assessments of Army medical materiel

and supplies.

A team of engineers tested a next-generation digital generator and hybrid power distribution box under field conditions at one location, while a group of Soldiers participated in a study to

determine if labeling on a topical decontamination product effectively communicated viability at another site, June 15.

Whether wounded in

See AMEDD P8

Former line commander gives straight talk at leadership call

By Steve Elliott
FSH Public Affairs

“A good medic is worth his weight in gold and a good physician assistant is a miracle worker,” Lt. Col. Tim Karcher told the crowd at the Blesse Auditorium June 17.

The colonel came to the leadership call to give the audience a frank and honest look into a line commander’s perspective on military health care.

A former battalion commander for the 2/5th Cavalry, 1st Cavalry Division, Karcher had three tours in Iraq and commanded more than 900 Soldiers in Sadr City, in northeastern Baghdad.

He was injured during his second tour, taking a gunshot wound to his left shoulder and became a double amputee during his third tour. Karcher lost both legs above the knees as a result of an explosively formed penetrator punching a hole through the passenger door of his vehicle.

See LEADERSHIP P5



Photo by Steve Elliott

Lt. Col. Tim Karcher talked about his experiences in Iraq that led him to losing his legs and how he recovered with the help of his Family and fellow Soldiers.



Randolph Air Force Base July 4th Celebration and Fireworks Display

July 4 from 5-10 p.m. - Fireworks start at 9:35 p.m.
visit www.randolph.af.mil for details, public access



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Fourth of July time to reflect on freedoms, sacrifices of those who defend them

By Brig. Gen. Leonard Patrick
502nd ABW Commander



Brig. Gen. Leonard Patrick

Wingmen and Battle Buddies, our Independence Day, commonly known as the Fourth of July, commemorates the adoption of the Declaration of Independence on July 4, 1776, declaring independence from the Kingdom of Great Britain.

This was an important moment in history. As you prepare to celebrate the holiday over this extended weekend, please take the time to reflect upon the freedoms that we all enjoy and honor the sacrifices of those who defended them.

I challenge each of you to be alert and play a part in preventing accidents this Fourth of July to maximize its enjoyment for all.

Personal responsibility and accountability on the job as well as at home are keys to making this an accident free holiday for yourself and family members. Involving family members in trip or event planning is a great way to get them involved and ensure everyone's safety.

Making personal contact with your Wingman or Battle Buddy can ensure safety has been considered. Discuss holiday plans, potential hazards, and what actions will mitigate those hazards.

In particular, address those hazardous activities traditionally associat-

ed with the Independence Day holiday period such as barbecuing, use of fireworks, water sport activities, driving, and other activities taking

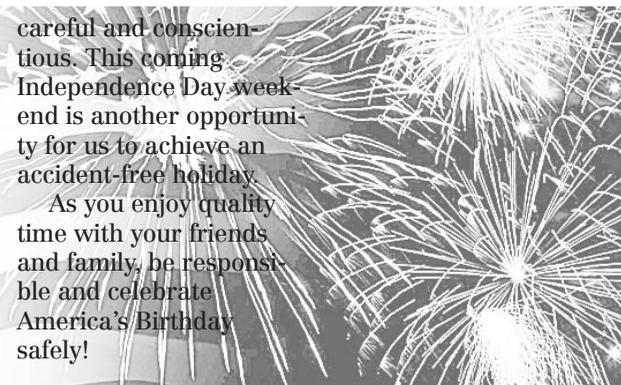
place in the sun.

Set the example and remember: wearing required protective equipment and ensuring others do the same is a simple preventive measure that will ensure everyone's safety and show you care. Risk management is part of our daily jobs, but emphasizing it during personal recreational activities will maximize enjoyment for all.

The recent Memorial Day weekend was one of the safest our military community has experienced in over ten years because our people were

careful and conscientious. This coming Independence Day weekend is another opportunity for us to achieve an accident-free holiday.

As you enjoy quality time with your friends and family, be responsible and celebrate America's Birthday safely!



Weekly Weather Watch

	June 24	June 25	June 26	June 27	June 28	June 29
San Antonio	94° Partly Cloudy	94° Partly Cloudy	95° Partly Cloudy	95° Partly Cloudy	95° Partly Cloudy	95° Partly Cloudy of f-storms
Kabul Afghanistan	89° Chance of Rain	91° Clear	91° Clear	93° Clear	93° Clear	89° Clear
Baghdad Iraq	100° Clear	98° Clear	100° Clear	104° Clear	107° Clear	111° Clear

(Source: Weather Underground at www.wunderground.com)

Thought of the Week

What we learn with pleasure we never forget.

— Alfred Mercier

(Source: Bits & Pieces, June 2009)

News Briefs

BAMC Family Medicine Services Moves in July

Brooke Army Medical Center Family Medicine Services will move to the new Fort Sam Houston Primary Care Clinic in July. The new clinic is located on the corner of Schofield Road and Garden Avenue, across from the McWethy Troop Medical Clinic. Call 916-9900 to make or cancel an appointment. Call 916-3000 to request a prescription renewal, leave a message for your provider, or to speak to an advice nurse.

5th Medical Recruiting Battalion

A change of command ceremony will be held June 24, 9 a.m. at the Alamo. Lt. Col. Rick Dickinson will relinquish command to Lt. Col. Carlene Blanding.

Defense Medical Readiness Training Institute

A change of command ceremony will be held June 30 at 11 a.m. at the Fort Sam Houston Quadrangle.

32nd Medical Brigade

A change of responsibility ceremony will be held June 30 at 8 a.m. at MacArthur Parade Field.

Medical Service Corps Birthday

Celebrate the 93rd Birthday of the Medical Service Corps July 1, noon-4 p.m. at the Lincoln Military Housing Main Resident Center, 407 Dickman Road. Bring the family and your swimming suits, lunch will be served noon-1 p.m. Hosted the Silver Caduceus Society.

Office Closures

The Residential Communities Initiative in Building 407, Housing Services Office in Building 367, and the Unaccompanied Personnel Housing Office in Building 367 will be closed June 24, 11:30 a.m.-4 p.m. for the FSH Garrison Organization Day at Salado Park.

The Army North/Fort Sam Houston Office of the Staff Judge Advocate, to include the claims division and the legal assistance office, will close at noon June 24 for the FSH Garrison Organizational Day. In case of an emergency, call the on-call officer at 393-3042.

The Housing Services Office and the Unaccompanied Personnel Housing Office located in Building 367 will be closed June 30, 11:30 a.m.-1 p.m. for training. We regret any inconvenience to

See NEWS P4

Soldier, hero Martinez honored with Bronze Star for bravery under fire

By Jen D. Rodriguez
BAMC Public Affairs

Spc. William Martinez doesn't consider himself a hero despite saving his platoon from enemy fire while injured.

"The real heroes," said Martinez, who has been under Brooke Army Medical Center care for the past nine months, "are those who didn't make it back."

With his wife, Dora, and her parents, Dora and Eugene Francois, Martinez stood in front of a crowd of 50 who recognized him as an American hero and received the Bronze Star with Valor June 11 at the Warrior and Family Support Center's garden.

The Bronze Star is awarded to service members for bravery, acts of merit or meritorious service and may be awarded with valor for courage under fire.

Last September, the Chilean native also received his naturalization, citizenship and changed his name.

He was also awarded the Purple Heart Oct. 30, 2009.

"I'm very proud of you," said Brig. Gen. Joseph Carvalho Jr., commander of Southern Regional Medical Command (Provisional) and BAMC. "Every American that comes in contact with you should know how great you are."

In August 2009, while assigned to the 1st Platoon, 1-32 Infantry, 10th Mountain Division, Martinez was on a mission in the village of Barge Matal, Afghanistan to take down a known sniper.

"I spotted a sniper and took him down," said Martinez, who saw the sniper running

"To continue to fight and to continue to keep your fellow [Soldiers] at the forefront of your mind to accomplish the mission; never leaving a Soldier behind, never quitting and never accepting defeat – that's bravery."



Brig. Gen. Joseph Carvalho Jr., commander of Brooke Army Medical Center and the Southern Regional Medical Command (Provisional) presents Spec. William Martinez with a Bronze Star with Valor medal and certificate on June 11 in the Warrior and Family Support Center's garden.

Photo by
Jen D. Rodriguez

across the rooftops. "I was just doing my job."

Firing continued when a three-man enemy element opened fire, about 50 meters away, explained Carvalho during his opening remarks.

"Spc. Martinez received a gunshot wound to the leg and continued to fire until a rocket-projectile grenade lodged pieces of shrapnel in his face," Carvalho said.

Despite injuries and intense fire around him, Martinez returned fire on the enemy,

killing four insurgents. After receiving treatment for his wounds, he refused medical extraction, choosing to move out under his own strength.

"Rather than have his troopers shoulder their weapons in order to carry him out, he accessed his wounds, refused care and moved out," Carvalho said.

"Then ran over 400 meters under continuous fire to the District Center and later to the helicopter landing zone for extraction. This inspired his

platoon to fight harder and stronger against the enemy," Carvalho said.

Carvalho said Martinez exhibits what it means to be courageous, brave and valorous.

"To continue to fight and to continue to keep your fellow [Soldiers] at the forefront of your mind to accomplish the mission; never leaving a Soldier behind, never quitting and never accepting defeat – that's bravery."

NEWS from P3

our customers.

The Army North/Fort Sam Houston Office of the Staff Judge Advocate, to include the claims division and the legal assistance office, will be closed from noon-1 p.m. on July 1 for a JAG office barbecue. In case of an emergency, call the on-call officer at 393-3042.

410th Contracting Support Brigade

A change of command ceremony will be held July 8, 10 a.m. at the Army Medical Department Museum.

Census Bureau Quality Assurance

The Census Bureau representatives will conduct quality assurance checks Monday-Friday, 8 a.m.-7:30 p.m. through July 10. The census representatives will carry the black bag and wear the orange vest with Census Bureau written on them with a U.S. Census Bureau badge at all times when conducting the census on Fort Sam Houston. If you have any questions or concerns, call the RCI Office at 221-0891.

NoFEAR and POSH Training

Fort Sam Houston EEO Office is conducting Notification of Federal Employee Antidiscrimination and Retaliation (NoFEAR) and Prevention of Sexual Harassment (POSH) training. NoFEAR is conducted the first Wednesday and POSH the second Wednesday of each month from 1:30-2:30 p.m. in Building 142, Stanley Road. Both are mandatory in accordance with Department of Army policy. To register, call 221-0984 or e-mail samh.EEO@conus.army.mil.

Road Construction

Fort Sam Houston has started an American Resource and Recovery Act (ARRA) project to be completed in 2010 to repair and restore the existing paved roads to an acceptable serviceable condition. The repairs began June 21 and will be tentatively completed Aug. 21. The construction and repair includes asphalt, concrete, drainage, signage, and road striping. The roads affected are Dickman Road between Worth Road and Harney Road and Stanley Road from Building 142 to North New Braunfels. Dickman Road traffic will be detoured via Stanley Road to Schofield Road to Dickman. Residents will need to exit the housing area through Schofield Road. Stanley Road traffic will be detoured via North New Braunfels to Artillery Post Road to Liscum Road. Detour signs will be posted to direct traffic accordingly.

Changes coming in education services throughout JBSA

By Carolyn E. Croft

FSH Education Services Officer

While education centers throughout Joint Base San Antonio offer service members a wide variety of choices in continuing their education, there are changes coming students should be aware of.

All service members are now offered only one free administration of the College Level Exam Program and DSST (formerly known as the DANTES Subject Standardized Tests) exams, regardless of whether the exam is administered at either Lackland and Randolph Air Force Bases or Fort Sam Houston.

Army Continuing Education Services at Fort Sam Houston offers CLEP and DSST exams to military members of all service branches.

Students meet with a guidance counselor to order the test and discuss educational goals, abilities and future career plans. The counselor will help the student find the best way to reach those goals and how to best develop skills that may be rusty or weak.

Recommendations will then be made for the student, depending on how prepared the student is and dependent upon which exams the student's chosen school accepts for credit.

If the student needs assistance selecting a school, there are school representatives available here to talk about their programs. They can show students how to develop skills or assist with selection of classes that best fits the student's schedule.

ACES also offers the Functional Academic Skills Training class. This class is designed to improve General

All service members are now offered only one free administration of the College Level Exam Program and DSST (formerly known as the DANTES Subject Standardized Tests) exams, regardless of whether the exam is administered at either Lackland and Randolph Air Force Bases or Fort Sam Houston.

Technical scores and assist in developing basic education skills in reading, English, and mathematics. It is available on-duty to service members, with commander approval.

This class is only available at the FSH Education office, but is open to all service branches at no cost. The class combines instruction with the Peterson's Online Academic Skills Course and lasts three weeks. Spouses, Family members who are 18 and older, and civilians may also enroll on a space-available basis.

With the Medical Education and Training Campus opening soon at FSH, the Community College of the Air Force is coming along as well.

For consolidated courses with Air Force students, anyone in the course can earn CCAF credit including Army and Navy personnel, which is happening now at Sheppard Air Force Base. Army and Navy instructors of Air Force students can also earn CCAF degrees.

However, Army and Navy students in courses without Air Force students will not earn CCAF credit at this time. Non-degreed METC instructors need to meet with an ACES guidance counselor to determine their best options for completing their required

degrees.

The FSH Education Center has testing services available for active duty Soldiers, as well as all other reserves, guard, military dependents, retirees and Department of Defense civilians. While active duty have priority, testing for all others will be done on a space-available basis.

Over at Lackland Air Force Base's education center, a partnership with the San Antonio branch of Wayland Baptist University last December computerized the testing program that is taking the national testing center to another level.

The joint venture has increased attendance and passing rates, a WBU agreement with Air University provided professional military education testing at no cost to the Air Force, allowed establishment of a pilot program for technical school students and reduced Air Force costs more than \$1 million for fiscal year 2010.

Lackland is currently the only installation in San Antonio to offer computerized testing, according to Russ Gregg, Lackland education and training chief. After Fort Sam Houston reaches full operating capability under the 502nd Air Base Wing in

October, it is possible similar capabilities could be available here.

"Students taking computerized tests receive results instantaneously versus six to eight weeks with paper-based tests," Gregg noted.

Lackland's computerized testing has 38 DANTES and 34 CLEP tests available. Non-computerized education centers currently offer 14 CLEP tests and are expected to lose 22 DANTES tests in fiscal year 2011.

The Lackland NTC is available to all active duty, reserve, and guard regardless of branch or duty station. In addition to all the college tests, health certification exams for nursing are available at the Lackland center.

For more information, contact the Lackland AFB Education Services Office at Building 5725, Room 153, or call 671-2896. At Randolph AFB, the Education Services Center is located at 301 B St. and can be contacted at 652-5964 or by e-mailing randolph.education@randolph.af.mil.

The Fort Sam Houston Education Center is open from 8 a.m. to 4 p.m. Mondays, Tuesdays, Wednesdays and Fridays and 11:30 a.m. to 4 p.m. Thursdays. Call 221-1738 for more information.

The center is located at 2248 New Braunfels Ave., Building 2248, and parking is in the rear off of Hancock, between Stanley and Wilson Roads.

(Mike Joseph from Lackland Air Force Base Public Affairs and Steve Elliott from Fort Sam Houston Public Affairs contributed to this article.)

LEADERSHIP from P1

He didn't know how severe his injuries were at the time. "I first thought I had two broken legs. Oops!" he said.

"Then I looked down and realized my M4 carbine was broken in half and then I saw my boot was away from me and saw spurts of blood and I thought, 'Wow, this is a bad day!'"

After his introduction, he thanked the audience and said, "I hope not to bore you, but I do hope to amuse you a bit. I'd stand up, but that would really amuse everyone – except me!"

It was that kind of self-deprecating humor that kept the mood light and the audience attentive.

Serving with line medics throughout his career, the colonel said

his perspective has changed dramatically since he joined the Army.

"I used to think that if you didn't roll around in the mud and try and kill people, then you weren't a real Soldier. But, medics in our units are some of the greatest Soldiers we've got," Karcher said.

"They are some of the most selfless and bravest Soldiers I have ever met. My medic didn't freak out; he took care of me. He slapped the tourniquets on me, he talked to me; he kept me alive."

Karcher said he still gets annoyed when he hears the media put down the Army health care system.

"You never hear how it has saved our lives," he said. "We have the best of everything in the military health care system, but we only hear about the

bad things. If you've never experienced it yourself, you start to believe those stereotypes."

The colonel also related how important it was to have the support of his Family and of his fellow Soldiers.

"Never forget that our Soldiers and Families are inextricably linked. The one place where a lot of our Families are injected into our military is in the health care system," he said. "We've got to take care of Soldiers and their Families the best we can."

The father of three girls, Karcher said kids can live with anything as long as you're straight with them.

"I was concerned that they were going to be a little vain about having a father without legs. Now they laugh at my sick

jokes about being a no-legged cripple. They let me swim in the pool with them and their friends. I float really well, by the way."

Karcher's story was featured on ABC News by Chief Foreign Affairs Correspondent Martha Raddatz, who had interviewed the colonel in Iraq before his injury. She also followed his progress afterwards on the ABC World News daily blog.

The colonel and his wife, Alesia, also shared their experiences in their blog, "Tim's Incredible Journey" (<http://www.caringbridge.org/visit/timkarcher>). It's had more than 117,000 visitors, and counts Gen. David Petraeus, commander of U.S. Central Command, as one of its regular readers.

While not very fond of

the blog, he says it gives him a chance to brag about the Army and what it does for the nation and Soldiers.

"My wife started it to keep friends and Family updated while I was recovering so she wouldn't have to e-mail and call everyone every night after spending the whole day with me. We thought it would just be friends and Family, so no big deal," Karcher said.

"Then we had Gen. Petraeus come in to visit and he told my wife that he read my blog every day! She just said, 'Holy crap!' She decided not to put any bad stuff on there after that!"

The colonel said he plans on staying in the Army, as he hadn't planned on retirement before his injury happened. "I'd be a great

paperweight if anybody needs one," Karcher said.

His sense of humor has helped Karcher to get through his rehabilitation process, along with the support of his Family.

The colonel, married for 19 years, said Alesia cut him no slack while he was home for rehabilitation.

"My wife is a physical therapist. You can't imagine what joy that's like," Karcher said with a chuckle.

"When I came home from the gunshot wound with my arm in a sling, there was blue tape around all the baseboards and ceilings and my wife told me I was going to paint the house. I told her there was no therapeutic value in that, but the bottom line was she wanted the flipping house painted."

Graduate School touts research programs at AMEDDC&S

By Lori Newman
FSH Public Affairs

The Academy of Health Sciences Graduate School hosted its first research day June 22 at the Army Medical Department Center & School to provide leadership, faculty and students the opportunity to learn about research being conducted as part of its programs.

“Our mission is more than just student education. It’s also development of faculty and it looks across a broad spectrum of academics, research and service,” said Col. Josef Moore, dean of the Graduate School.

“Today we focus primarily on what most of us in academia consider to be the cornerstone of our profession – the cornerstone of graduate education, that’s research.”

To date, the Graduate School has received \$19.5 million in

grants for various research projects.

“We have 12 graduate degree producing programs within our Graduate School, six that are here [at Fort Sam Houston]; then we have six programs that are in our [master’s program schedule] across the spectrum of the Army,” the dean said.

Presentations were given by faculty members of the U.S. Army Graduate Program in Anesthesia Nursing; U.S. Army-Baylor Doctoral Program in Physical Therapy; U.S. Army-Fayetteville State Masters of Social Work; U.S. Military-Baylor University Graduate Program in Nutrition; Doctor of Ministry, Pastoral Care Program and the U.S. Army-Baylor Graduate Program in Health and Business Administration.



Photo by Lori Newman

See **GRADUATE P7**

Researchers display posters highlighting their work in the lobby of Willis Hall June 22 as part of Graduate School Research Day.

GRADUATE from P6

“We are very proud of those programs and all of the programs to date that have been producing wonderful research. Most of [the research] is completely geared toward Soldier readiness,” Moore said.

Lt. Col. Deydre Teyhen presented an overview of one study by the Doctoral Program of Physical Therapy on the impact of running-related injuries on Soldiers’ feet.

Teyhen is also currently chair of the Graduate School Council, which began two years ago.

“Our motto is warrior-driven research because all the research we are doing is to support the warrior and his or her Family,” Teyhen said.

“In that short period of time, we have been

able to accomplish a lot,” she said.

“What I hope you see today is that each of the graduate programs, even though some of them are still in their infancy, have developed lines of research and have a strategic vision for how they move forward with research.

“Although we are 41 strong in the PhDs here at the AMEDDC&S we are much stronger when we collaborate with other researchers across the country, both military and civilian,” Teyhen said.

There are 26 sites throughout the country participating in the research, but a lot of the research begins at the Graduate School. Forty-two civilian universities are part of the research program.

In another presenta-

tion, Maj. Forest Kim described his study on the impact of Tricare for Life on reduced health care utilization and expenditures among different Medicare beneficiaries.

Other researchers and faculty members presented overviews of their programs and research studies as well.

Col. Mustapha Debboun presented an overview of the AMEDD Journal and its importance to the AMEDDC&S.

Researchers also displayed posters highlighting their work in the lobby of Willis Hall.

“We talked about how the research is giving findings that are useful in what we do in military medicine and putting the AMEDDC&S in the epicenter of providing support to military medicine, but there is another way



Col. Josef Moore, dean of the Graduate School, addresses an audience of leadership, faculty and students at the first Graduate School Research Day June 22 in Blesse Auditorium at the AMEDDC&S.

**Photo by
Lori Newman**

of looking at this as well,” said Maj. Gen. David Rubenstein, commander of the AMEDDC&S.

Rubenstein quoted a book written about the Mayo brothers, titled “The Doctors Mayo.” In

the book the author wrote, “The only victor in war is medicine.”

“The researchers and the programs that we listened to today are living that,” the general said.

“The results of your

work in areas of research are not only contributing to military medicine you are also contributing to medicine in America and across the world,” Rubenstein concluded.

AMEDDD from P1

combat or suffering from a stuffy nose, Soldiers and the medical personnel who treat them depend on a bastion of supplies and materiel that must be effective and work properly according to U.S. Army specifications.

Ensuring Army medical gear and systems adhere to specifications; the U.S. Army Medical Department Board provides independent operational testing and evaluation at Camp Bullis, Fort Sam Houston and at other locations.

Comprised of Army officers, senior enlisted and higher-level federal civil service civilian members, the AMEDDD Board regularly conducts analyses measuring effectiveness, cost, concepts of operations and overall risk assessment in

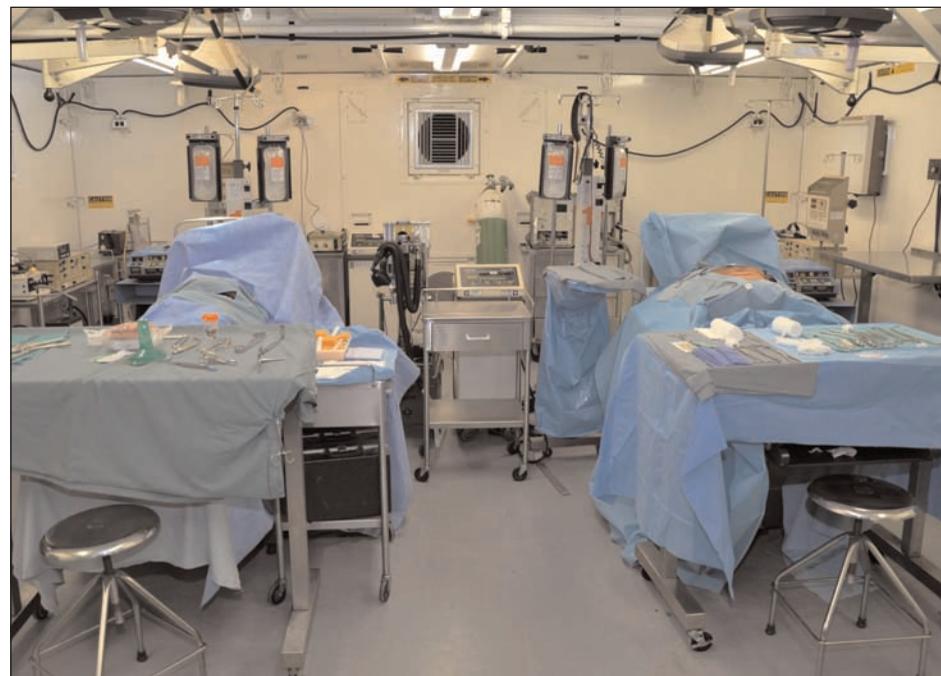


Photo by L.A. Shively

A new 100 kilowatt Tactical Quiet Generator supplies power to a fully-equipped surgical suite in the Combat Support Hospital at the Deployable Medical systems training site at Camp Bullis.

support of the AMEDDD materiel acquisition process, according to Board President Col. Matthew J. Schofield.

The AMEDDD Board is not involved with inventing new solutions, developmental testing or revamping products or systems. Those processes are handled through other organizations such as the U.S. Army Medical Materiel Development Activity at Fort Detrick, Md., or the Operational Test Command at Fort Hood, Texas.

The board does “real

world” testing answering questions like: Does the gear work in the environment it’s designed for, while the hands of the Soldiers or persons supposed to be using it; and of course, does it work?

“When it comes to us, it’s supposed to be ready to go to the Soldier,” Schofield said.

Civilian board mem-

See AMEDDD P16

Legion of Valor 120th reunion involves Fort Sam visit

By Phil Reidinger
FSH Public Affairs Officer

Sgt. Joseph Lollino, awarded the Army Distinguished Service Cross, was among nearly 100 Army, Marine, Navy and Air force members of the Legion of Valor visiting Fort Sam Houston June 17.

Only those awarded the Medal of Honor, the Army Distinguished Service Cross, the Navy Cross or the Air Force Cross may be members of the Legion of Valor.

The Legion of Valor was organized in 1890 in Washington D.C. by a group of Civil War and Indian War Campaign veterans who were recipients of the Medal of Honor.

In 1918 recipients of the Army Distinguished Service Cross were admitted membership. In 1933 Navy and

Marine recipients of the Navy Cross were invited to join and the name of the organization was changed to Army and Navy Legion of Valor.

With the creation of the Air Force Medal of Honor and the Air Force Cross, membership was expanded to include the Air Force in 1961.

Following a memorial service at the Gift Chapel recognizing recently deceased members, the group was welcomed by Navy Capt. Raymond Craigmiles at the Medical Education and Training Campus for a briefing about the new Army, Navy and Air Force integrated training concept and construction related to supporting nearly 9,000 students attending medical training classes on the campus daily.

The group stopped for lunch at the Rocco Dining

Facility and spoke with post Soldiers. After lunch they visited the Keith A. Campbell Memorial Library, named for an Army medic who received the Distinguished Service Cross posthumously as a result of combat actions in Vietnam.

The group's visit included a briefing at Brooke Army Medical Center hosted by Dr. Rebecca Hooper about the expansion of the center and the rehabilitation work at the Center for the Intrepid.

The final stop of the day was the Warrior and Family Support Center where the group toured the facility and talked with wounded warriors and their Families.



Retired Army Lt. Col. Bob Knight, a member of the Legion of Valor and a recipient of the Distinguished Service Cross for valor during the Vietnam War, visits with Sgt. Joseph Lollino. Now a member of the Legion of Valor, Lollino received the Distinguished Service Cross May 17 from the Army Surgeon General.

Photo by
Phil Reidinger

LEGION OF VALOR



Photo by Phil Reidinger

Legion of Valor members gather at the post main chapel June 17 for a memorial service in honor of those members who have since departed.

Photo by Sgt. Maj. Richard Henson

The Joint Service Color Guard retires the colors at the Legion of Valor 120th National Reunion banquet. Members of the color guard are Army Sgts. Yariel Colon-Rodriguez, Freddie Vargas, Spec. Titus Mathai, Marine Sgt. Isaac Garza, Senior Airman Quinshan Dais and a Navy Sailor.



Photo by Esther Garcia

Sgt. 1st Class James Wilson, representing the Sgt. Audie Murphy Club, meets Sgt. Kimberly Denise Munley and Sgt. Mark Alan Todd, Sr., Fort Hood policemen who stopped a shooting rampage at Fort Hood Nov. 5 in which 13 people were killed. The Legion of Valor presented Munley and Todd with the Silver Cross for Valor civilian award for heroism at a banquet June 17.

470th MI Brigade volunteers tackle housing project

By Gregory Ripps

470th MI Brigade Public Affairs

Volunteers from the 470th Military Intelligence Brigade have begun putting aside their uniforms one day a month to engage in a different kind of warfare.

It's part of a long, ongoing campaign to provide new houses for people who might not otherwise afford them.

Approximately 50 members of the brigade,

including civilians and Family members, met in the Palo Alto neighborhood of southwest San Antonio June 4 to lend a hand to Habitat for Humanity, the organization that builds "simple, decent and affordable" houses using donated materials and volunteer labor and sells them to qualifying families at no profit.

Members of the 717th Military Intelligence Battalion Better Opportunities for Singles

Soldiers organization spearheaded the brigade's involvement with Habitat for Humanity.

Cpl. Vernell Parker said they decided to work with Habitat for Humanity after a number of people brought up "the idea to do something" for the community.

He explained that Sgt. Shannon Truitt arranged for the day that their group of volunteers would help out. Once at the site, the volunteers

received a briefing from one of the Habitat for Humanity coordinators.

"If you know how to do something that needs to be done, you show others how to do it," said

Parker. And although a number of Soldiers had no previous experience working on houses, they picked up their tasks quickly enough.

"They're motivated

and enthusiastic, and that's what counts," said Pete Garza, Habitat for Humanity's leader for this project.

See HOUSING P13



Photo by Gregory Ripps

Off-duty Soldiers from the 470th Military Intelligence Brigade position and nail roofing into place on a house for Habitat for Humanity.

470th MI Brigade offers warrior transition opportunities

By Spc. Natalie S. Sampson
470th MI Brigade Public Affairs

As a part of the reintegration process for Soldiers returning from combat, those assigned or attached to Warrior Transition Battalions are offered rehabilitation assistance and support for themselves and their Families, in order to make transitioning back to military careers and communities as painless as possible.

Warriors are also given an opportunity to participate in the work study program. This program is designed to help warriors regain skills, competencies and confi-

dence required to perform either the job that they have been trained to do or an entirely new job — both at a modified level to accommodate their health/physical restrictions.

Although there are many systems in place to facilitate the needs of the warrior in transition, the most important system within the WTB program is the occupational therapy program, which matches a warrior with team of rehabilitation specialists.

OT's mission is to help restore behavioral, psychosocial, vocational and educational objectives to maximize functional performance, quality of life,

and readiness to return to duty, or transition to a productive civilian life.

After the warrior has been under the care of an occupational therapist and is deemed capable of taking on a job, he or she finds a place to work through the Manpower Request System.

Once the warrior finds an occupation which fits within their safety parameters, the reintegration process begins, explains Chief Warrant Officer 3 Qasim Sattar, 470th Military Intelligence Brigade S1 (Human Resources technician), who is also the liaison for this program within the battalion.

It is through this sys-

tem and coordination with the Special Actions Branch that the 470th MI Brigade was able to acquire the services of Staff Sgt. Angela Valtierra.

Valtierra, who eventually transitioned through the WTB from her duty station in Korea, now works as the S-2 (Security) noncommissioned officer in charge.

While assigned to the WTB, she underwent the necessary treatments and therapies and took full advantage of available services and resources which enabled

her to return to work.

"Find what you want and don't be afraid to try something new if you can't," she said. "This new job is so different from my last, but I like [the interaction with Soldiers] and I would encourage anyone who wants to do something new to get out and do it. Staying busy helped me get my mind off of my illness."

"Healing is the priority for the warrior," Sattar said.

There are many job opportunities in the brigade for those who

are Military Occupation Speciality-qualified in MI operations or would like to train in MI, Sattar said.

Openings are also available with the adjutant general, signal intelligence, logistics, legal, finance, military police, chaplain's assistance and mechanics for those who desire to try working in a new field.

Warriors are encouraged to use the WTB job placement system to find a job within the 470th MI Brigade to aid with rehabilitation. For more information, call 295-5828.

News Leader survey online

Visit <http://www.samhouston.army.mil/PAO>. For more information, call 221-0615 or 221-2030.



Two members of the 717th MI Battalion attach siding to a house.



Photos by Gregory Ripps

Sgt. Monique Robinson marks a siding plank for cutting while her spouse, Spc. Demetrius Robinson, stands by to assist. Both belong to the 470th Military Intelligence Brigade.

HOUSING from P12

Sgt. Monique Robinson said she used to do a lot of community service before joining the military 22 months ago and was ready to do something again.

She noted that this was the second time that this group had helped at a Habitat for Humanity project. The first time, the group helped with some landscaping and framing.

On this particular day, the volunteers mostly worked on completing the roofing, the siding and the porch on a house

already far along in construction. Next time they will take on another project and look forward to having more volunteers from the brigade joining them.

"It makes me feel good to do something for someone who can't do it for themselves," said Pfc. Joshua Sweet.

Historical renovation preserves buildings' century-old character

By Brian Dwyer
USACE

About two dozen historic structures are being renovated to accommodate new tenants at Fort Sam Houston as a result of the 2005 Base Realignment and Closure Act. Many of the structures are more than 75 years old, while several are more than a century old.

All of the historic structures require extensive rehabilitation to become suitable for use. Most buildings, with a few exceptions, are being converted into office space.

In most cases, existing interior partitions, electrical wiring, plumbing, climate control systems, and interior and exterior lighting fixtures need to be replaced. Stairways, ceilings, wooden floors, structural roof members, interior and exterior doors and windows are also being repaired, refinished, or replaced.

As federal historic renovation efforts, the projects are proceeding within the parameters of the National Historic Preservation Act. A special Army Alternate Procedures agreement is also in place that outlines more specific management practices to ensure that the visual character of the buildings is maintained.

Under this agreement, project teams consult regularly with the Advisory Council on Historic Preservation and the Texas Historical Commission. Every effort is made to ensure architectural features are preserved to achieve an appearance that is true to the original designs.

Extra care and diligence are also necessary in carrying out the work because of the delicate state of some of these buildings.

Only one of the projects is being funded by Base Realignment and Closure dollars. The other projects are financed by Sustainment, Restoration, and Modernization funds.



Building 2270

Opened as a movie theater in 1935, this structure will become the new home of the U.S. Army Soldier Show when finished. The renovated 14,700-square-foot theater will serve as the rehearsal hall for the cast of the annual production, while an 18,000 square foot addition will provide space for offices, recording studios, and equipment storage.

The project will alter the building's original movie theater configuration to accommodate live theatrical productions, extending the existing stage and modifying the rear portion of the building to incorporate an 80-foot-tall rigging necessary to raise and lower stage sets. The balcony seating will be removed to make room for lighting and sound equipment, reducing the theater's seating capacity from 1,100 to 800.

The building's Spanish Colonial Revival style architecture is apparent from its white stucco exterior, arched entryways, and bell tower that are all reminiscent of 18th Spanish missions in the area.

The theater's historic appearance and character will remain intact through the preservation of a number of features, including original light fixtures, wooden banisters, exterior lamp posts, the heavy wooden front doors, carved wooden ceiling beams, frescoes and wall murals, and the original ticket booth in front of the main entrance. Plans also call for replica film posters to be mounted on the interior walls when the project concludes. The project is currently ongoing.



Buildings 145, 146, 147 and 149

These structures originally functioned as barracks when they were completed in 1908. All of the buildings are two-story, brick masonry buildings with basements. They also have exterior porches on the first and second floors that extend across the length of the buildings, along with wooden floors and wooden interior stairs. The project is ongoing.



Buildings 601-610, 613 ("The Long Barracks") and Buildings 606B and 607B

Among the oldest buildings on Fort Sam Houston, Buildings 603 through 610 were constructed as officers' quarters and barracks between 1886 and 1888. These structures, which are known as the "Long Barracks," are attached to each other by common two-story walls and have masonry exteriors and wooden floors. This structure will be the future home of the Mission and Installation Contacting Command.

Building 613 is a three-story structure that is located in the middle of the Building 600 area and sits above a sally port. It was constructed in 1887 as a regimental headquarters and has masonry exterior walls and wooden floors.

Buildings 606B and 607B are located immediately behind the Long Barracks. The project is ongoing.



Building 615

Built near the Long Barracks in 1891, Building 615 was originally a consolidated dining hall, Post Exchange, and gymnasium. It includes two stories with a basement and an attic, and is made of limestone walls supported by wood and masonry columns.

It has been converted into a band facility with music rooms and assembly areas. The work on Building 615 is completed.



Buildings 2000, 2001, 2007

Building 2000 was built in 1908 to serve as the installation's new hospital, replacing the hospital that had been constructed in 1886.

The building is a three-story wood and masonry structure with a basement and an attic. It has limestone exterior walls, wooden and masonry columns, wraparound wooden verandas on the first and second floors, and a wood-framed roof structure.

In 1910, two wings were added to the east and west giving the building its current "U" shape. Modifications to this structure include repairing or replacing failing wooden porch decking, railings, and columns. The exteriors of two existing fireplaces will also be uncovered and preserved.

Buildings 2001 and 2007 were built in 1917 adjacent to the Building 2000 hospital. Building 2001 served as a hospital annex and 2007 functioned as a hospital ward. They both share many of Building 2000's design features and structural materials.

Renovation on Buildings 2000, 2001, and 2007 is finished.



Building 2791

This structure was built as a barracks in 1939 and continues in that capacity. Work is completed and a Feb. 18 ribbon cutting officially dedicated Building 2791 as the home of the 187th Medical Battalion Companies B and C. Building 2791 was used as a hospital ward throughout the Korean War, but reverted back into a barracks in order to house the Women's Army Corps personnel serving at the hospital in 1954. During the 1970s, Troop Command Brooke Army Hospital occupied the building that today houses Advanced Individual Training students.



Buildings 2264, 2265 and 2266

These buildings are among a group of four, three-story structures that were constructed as an infantry regimental headquarters and an infantry battalion barracks between 1928 and 1929. The renovation on these buildings is ongoing.



Building 1001

This structure sits among a group of medically-related buildings constructed in the Spanish Colonial Revival style. Completed in 1936, Building 1001 served as nurses' quarters and is located next to the original Brooke Army Medical Center, which was built in the same style. Renovation is ongoing.

AMEDD from P8

bers are a combination of test officers, analysts, systems experts, and materiel and equipment specialists. Altogether the board constructs test plans, conducts testing, collects data, writes the test reports and provides feedback with each proposed materiel solution.

The enlisted members of the board, usually 68 Whiskeys with a variety of experience and deployments in their backgrounds, have the most interesting part of the job on the board he said.

“We’re paying them for what’s between their ears, not for how long they can go with a rucksack,” Schofield joked, adding that they bring boots-on-the-ground experience.

“When they look at a product or at a system, they can tell us what’s not going to work, where the problem areas will be or what we need to look at in order to make that determination to say whether or not it’s effective, suitable and survivable.”

The newly-installed 100 kilowatt Tactical Quiet Generator and dis-

tribution box supply electricity for Combat Support Hospitals, ensuring Army doctors, nurses and medics have the power they need down range.

“If we go anywhere in the world, this system will accommodate an atmosphere for a patient,” explained James Shelton, originally an Army medic and currently an instructor with Deployable Medical Systems.

James said that the generator even operates with chemical, biological, radiological, and nuclear filtration.

Testing at Camp Bullis was a “proof of concept” evolution examining a hybrid distribution box that included both Army and Air Force materiel, as well as digital upgrades to the generator.

“We want to make sure the box is what the hospital system needs before it is issued to Soldiers,” explained Michael Yauss, a research engineer.

Upgrades to the generator include an easily-accessible trouble shooting panel Soldiers use without taking the system offline.

“The new Tactical Quiet Generators are so nice. You can walk by and carry on a normal conversation. I was impressed,” Schofield said, adding that the old ones would have 8-foot-high sandbag walls around them to keep the noise down.

The AMEDD Board’s recommendations have influenced decisions outside the Army.

The board tested the Improved First-Aid Kit prior to its issue to every deployed and deploying Soldier via the Rapid Fielding Initiative, resulting in concurrent issue of

the IFAK throughout the Navy and Marine Corps in 2005.

Examples of major projects slated for testing include the noise-immune stethoscope that employs ultrasound-imaging technology, allowing heart and lung sounds to be clearly detected above environmental noise; an upgraded online medical records information system; a software application that allows commanders to assure medical providers are properly credentialed; and an online medical materiel tracking system.

RED CROSS VOLUNTEER AWARDED



Courtesy photo

Val Martinez (center) receives a certificate for completing 3,003 hours of volunteer time. Richard Rodriguez, Red Cross manager for the Fort Sam Houston office, (left) Henry Roper, Red Cross director (right).

(Source: FSH Red Cross)

NCO INDUCTION



Photo by Lori Newman

Command Sgt. Maj. Roosevelt Mitchell (left), guest speaker for the ceremony, congratulates Sgt. Freddie Vargasdiaz after a noncommissioned officer induction ceremony held June 16 at the Army Medical Department Museum as Command Sgt. Maj. Raymond Houston (right) looks on.



Announcements

Keith A Campbell Memorial Library

In observation of Independence Day, the Keith A Campbell Memorial Library hours are July 2, 9 a.m.-6 p.m.; July 3, 9 a.m.-6 p.m., July 4-5, closed. Call 295-4806.

Calendar of Events

June 24 Mandatory Initial First Termer Financial Readiness

The class is 10 a.m.-noon at the Army Community Service, Building 2797 in the computer lab. To register, call 221-1612.

FRG Leader's and FRSA Forum

The event is 6-7:30 p.m. at Army Community Service, Building 2797. The guest speaker is Col. Mary Garr, 502nd Mission Support Group/Garrison commander. To register, call 221-1829/2705.

June 25 Battlemind (Pre) Training for Families

The training is 2:30-4:30 p.m. at Army Community Service, Building 2797. This training is part of the Battlemind Training System and will focus on helping Soldiers and Families prepare for deployment. To register, call 221-1829/2705 or e-mail samh.acs.mob.deploy@conus.army.mil.

June 28 Unit Trauma Training

The training is 9 a.m.-2 p.m. at Army Community Service, Building 2797. To register, call 221-1829/2705 or e-mail samh.acs.mob.deploy@conus.army.mil.

Home Buying

The class is 2-4 p.m. at Army Community Service, Building 2797. To register, call 221-1612.

Open Auditions

The Harlequin Dinner Theatre will hold open auditions 7:30-10 p.m. for volunteer actors for their upcoming production of Neil Simon's "God's Favorite." Five males and three females, ranging in age from 20-60 are needed for the cast. Performances are Aug. 5-Sept. 14. Call 222-9694.

June 29 Microsoft PowerPoint Level 1

The class is 8 a.m.-noon at Army Community Service, Building 2797 in the computer lab. Basic computer skills and registration required. Call 221-2518.

Family Readiness Group Leadership Academy

The class is June 29-30, 8 a.m.-

4 p.m. at Army Community Service, Building 2797. To register, call 221-1829/2705 or e-mail samh.acs.mob.deploy@conus.army.mil.

Newcomers' Extravaganza

The mandatory Newcomers' Extravaganza is 9:30-11 a.m. at the Sam Houston Club for all permanent party in-processing Soldiers, lieutenant colonel and below, within 60 days of their arrival to Fort Sam Houston. The extravaganza is an opportunity to learn about FSH and the San Antonio and meet representatives from many different organizations, programs and businesses. Call 221-2705/2418.

Women Encouraging Women

The seminar is noon-1 p.m. at Army Community Service, Building 2797. The group discussion will deal with anger, "Good Women Get Angry: Controller or Peacekeeper?" Bring your lunch and a friend. Call 221-0349/0600.

Mandatory First PCS Move

The class is 2-4 p.m. at Army Community Service, Building 2797. This class will help you navigate

Movie Schedule

June 25 – Flagpole, "Fame"
June 26 – Dodd Field, "Cloudy with a Chance of Meatballs"
July 9 – Flagpole, "The Spy Next Door"
July 10 – Dodd Field, "The Blind Side"
July 23 – Flagpole, "Shorts"
July 24 – Dodd Field, "Hachi: A Dog's Tale"
Aug. 13 – Flagpole, "Star Trek"
Aug. 14 – Dodd Field, "The Twilight Saga, New Moon"
Aug. 27 – Flagpole, Disney's "Alice in Wonderland"
Aug. 28 – Dodd Field, "Astro Boy"

your first move with help in budgeting to house hunt, learning what funds are available for the Army and how to minimize out-of-pocket expenses. To register, call 221-1612.

See MWR P22

Cole's 2010 graduates earn \$ 7.9 million in scholarships

By Jayne Hatton
FSHISD

The 72 graduating seniors of Robert G. Cole High School Class of 2010 were honored in a June 4 ceremony at Trinity University's Laurie Auditorium. The graduating seniors earned \$7,938,447 in scholarship offers.

"Thirty-six students were offered 154 scholarships, 29 from private organizations, 83 from colleges and universities, and 42 from ROTC," said Isabell Clayton, Cole High School principal.

In attendance during the graduation ceremony were Col. James Larsen, assistant chief of staff of U.S. Army North representing Lt. Gen. Guy Swann III, Col. Mary Garr, commander, 502 Mission Support Group/Garrison; and Independent School District Board of Trustees Deborah

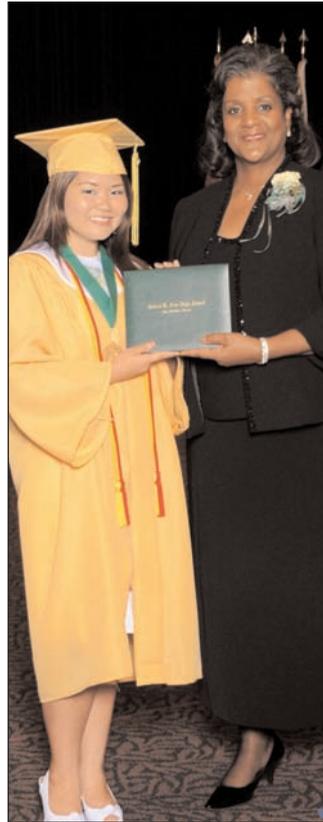
Seabron, Dr. Eustace Lewis, Keith Toney and Jeanne Warren.

Student Council President Nicole Fee, Senior Class President Javier Reyes and Valedictorian Jameson Wong provided a tribute to the senior class titled "The Past, Present, and Future."

Cole's Senior Class had a total of 27 honor graduates.

Summa Cum Laude honor graduate status was earned by Amber Wessies and Wong who maintained a grade average of 100 or above for grades nine through 12. Magna Cum Laude honor graduate status was achieved by Fee, Cristal Long, Kathleen Mudie, Juyette Prothero, Trevor Richardson, Eric Rolfe, Michael Sees and Lindsey Wafford. These students maintained a grade point average of 96 to 99 for all classes taken during their four-

year high school career.



Courtesy photo
Senior Nicole Fee receives her diploma from School Board President Deborah Seabron.

Seventeen Cole students graduated with Cum Laude honors, which is a distinction earned by those students who maintain a grade point average of 90 to 95 for all classes taken during their high school career. Cum Laude graduates included Kayla Barber, Josiah Brown, Diondra Gardner, Seth Lougee, John Maner, John Michna, Benjamin Miller, Kayleonna Miller, Tabatha Oen, Alec Porter, Matthew Prasek, Daniel Ruiz, Zachary Schell, Kaitlin Sheridan, Christopher Staton, Austin Villarreal and Rebecca Washington.

Also graduating were seniors Angelete Boyd, Jessica Boyd, Nicholas Briones-Gallegos, Rachel Campbell, Quentin Casellas, Michael Chambers, Imani Mechell Childress, Melanie Draper, Jasmine Freeman, Jarrod Griffin, Zachary Gutierrez, Brittini Hatch, Ashley Henry, Anthony House, Shamone Jackson, Joseph Kauffman, Justin Langford, Meghan Mahoney, Amber Marsh, Myracle Merrill, Justin Meyers, Denise Mojica, Cristina Munoz, Ethan Penton, Joshua Peregory, Michael Peters, Jacqueline Randle, Javier Reyes Jr., Matthew Rinehart, Michael Rinehart, Kenyata Roberts, KerraNika Rockward, Nelson Sepulveda, Devin Sirmons-Kling, Glenda Smith, Kirsten Sosa, Rachel Strohl, Reginald Sweed Jr., Shawn Taylor, Corey Tillman, Ronny Vardaman Jr., Tyler Wakeley-Hines, Jacob Walton, Vanessa Watson and Derek Wiersma.

W O R S H I P SCHEDULE

Main Post Chapel, Building 2200, 221-2754

Catholic Services:

4:45 p.m. - Reconciliation - Saturdays
5:30 p.m. - Mass - Saturdays
9:30 a.m. - Mass - Sundays
11:30 a.m. - Mass - weekdays

Protestant Services - Sundays:

8 a.m. - Collective Protestant
11 a.m. - Collective Protestant

Jewish Services: 379-8666 or 493-6660

8 p.m. - Fridays - Worship and 8:30 p.m. - Oneg Shabbat

Dodd Field Chapel, Building 1721, 221-5010 or 221-5432

Catholic Services:

9:15 to 11:15 a.m. - Catholic Women of the Chapel Enrichment or Bible Study - Mondays
12:30 p.m. - Mass - Sundays

Protestant Services:

10:30 a.m. - Gospel Protestant - Sundays
9:30 to 11:30 a.m. - Protestant Women of the Chapel meeting - Wednesdays, child care is provided
6:30 to 7:30 p.m. - Protestant Women of the Chapel meeting - Thursdays, child care is provided

Samoan Protestant Service:

8:30 a.m. - Sundays

Web site: <http://www.samhouston.army.mil/chaplain>

Brooke Army Medical Center Chapel, Building 3600, 916-1105

Catholic Services:

8:30 a.m. - Mass - Sundays
11:30 a.m. - Mass - Sundays

Protestant Services:

10 a.m. - Worship Service - Sundays

Episcopal/Lutheran Rite services:

12:30 p.m. - Traditional worship - Thursdays

Center for the Intrepid, first floor, 916-1105

Christ for the Intrepid services:

5:30 p.m. - Coffee and fellowship - Sundays
6 p.m. - Contemporary worship - Sundays

AMEDD Regimental Chapel, Building 1398, 221-4362

32nd Medical Brigade Student services

Catholic Mass: 8 a.m. - Sundays

Contemporary Protestant Service:

9:30 a.m. and 11:01 a.m. - Sundays

Muslim Jumma: 1:30 p.m. - Fridays

Installation Chaplain Office, Building 2530, 221-5007

Church of Jesus Christ of Latter Day Saints:

8:30 a.m. - Sundays

News Leader survey online

Visit <http://www.samhouston.army.mil/PAO>. For more information, call 221-0615 or 221-2030.



Announcements

Foster a Puppy

The DoD military working dog breeding program is looking for families to foster puppies 12 weeks to 6 months old. For more information, call 671-3686.

Book of Military Nursing

The Honor Society of Nursing, Sigma Theta Tau International Publishing is seeking inspirational stories on what it means to be a military nurse. Share your thoughts, pearls of wisdom, words of inspiration or short anecdotes that finish this sentence in 500 words or less: You'll Know You're a Military Nurse When... Visit <http://www.militarynursebook.org> to input your thoughts and comments about military nursing. For more information, call 317-917-4978.

Cloverleaf Communicators

The club meets the first and third Thursday of each month, 11:45 a.m.-1 p.m. at Fort Sam Houston San Antonio Credit Union conference room, 2250 Stanley Road. Membership is open to anyone who wants to enhance his or her communications and leadership skills. Call 221-7943/8785.

Basic Motorcycle Rider Course Available

A basic motorcycle rider course is available, at no charge, to service members who would like to learn how to ride. Visit the Installation Army Traffic Safety Training Program website at <https://airs.lmi.org> (Region=West; Garrison=Fort Sam Houston; Courses=(applicable course)) or call 221-3846.

Calendar of Events

June 24

Concert Under the Stars

Sisters Morales will perform at the San Antonio Botanical Gardens, 555 Funston. Admission is \$5, gates

open at 6 p.m. and the concert begins at 7 p.m. Call 829-5100 or visit <http://www.sabot.org>.

June 26 Cheer Camp

The Cole High School varsity cheerleaders invite girls 4-12 years old to a Cheer Camp from 10 a.m.-4 p.m. in Moseley Gym at Cole High School. Participants will learn cheers, chants, and a dance routine. The children will performance for parents at 3:30 p.m. If girls have not pre-registered they can still attend, but should arrive by 9:30 a.m. with a parent or guardian to register. Registration is \$25 per girl, includes lunch and a camp T-shirt. Call 760-267-1615 or 413-3262.

Joshua Springs Park Walk

The Hill Country Volkssportverein volksmarch club is hosting a 5k and 10k walk starting at the Joshua Springs Park, 716 FM 289 in Comfort. Walks start between 7 a.m. and 11 a.m., finish by 2 p.m. Call 830-995-2421.

June 29

AMEDD Museum Lecture

Retired Maj. Gen. Patrick Brady, Medal of Honor recipient, will speak at 5 p.m. at the Army Medical Department Museum. The topic is "The legend of DUSTOFF, America's battlefield angels."

July 3-5

4th of July at Market Square

A celebration will be held July 3-4, 10 a.m.-11 p.m., and July 5, 10 a.m.-9 p.m. at historic Market Square in downtown San Antonio. The event includes music, food, arts and crafts, dancing and shopping. Admission is free. Call 733-0120.

July 4

July 4th Celebration and Fireworks

Randolph Air Force Base will hold a celebration with fireworks 5-10 p.m. Open to the public. For more information, visit <http://www.randolph.af.mil>.

July 8

San Antonio Herb Society

A meeting will be held at 6:30

REMINDER CALENDAR

- June 24** Mayor's Meeting, 10:30 a.m., Main Resident Center, 407 Dickman Road
- June 24** Garrison Organization Day, noon-4 p.m., Salado Park
- June 25** Movie Night, "Fame," dusk at post flagpole
- June 26** Movie Night, "Cloudy with a chance of meatballs," 8:30 p.m. at Dodd Field
- June 29** FSH Newcomers Extravaganza, 9:30-11 a.m., Sam Houston Club
- June 30** Medical Education and Training Campus Ribbon-Cutting Ceremony, 9:30 a.m., in front of METC Medical Instructional Facility (MIF) 1 & 2
- June 30** DMRTI Change of Command, 11 a.m., FSH Quadrangle
- July 1** Downtown San Antonio Walking Tour, 9 a.m.-1 p.m., meet at Army Community Service



p.m. at the San Antonio Garden Center at the corner of Funston and North New Braunfels Avenue. The topic of discussion is "All about Dill - 2010 Herb of the Year." Free and open to the public. Visit <http://www.sanantonioherb.org>.

Concert Under the Stars

Colaó will perform at the San Antonio Botanical Gardens, 555 Funston at North New Braunfels Avenue. Admission is \$5, gates open at 6 p.m. and concert begins at 7 p.m. Call 829-5100 or visit <http://www.sabot.org>.

Rocco Dining Facility Menu Building 2745, Schofield Road

Friday – June 25

Lunch – 11 a.m. to 1 p.m.

Barbecued kielbasa sausages, meat loaf, chicken and dumplings, grilled liver and onions, blackened catfish, macaroni and cheese, sweet potatoes, mashed potatoes, collard greens, French-fried okra, Creole squash

Dinner – 5 to 7 p.m.

Fried catfish, grilled pork chops, barbecued beef brisket, barbecued chicken, broccoli quiche, baked potatoes, fried rice, rissole potatoes, fried cabbage, seasoned corn, steamed green peas

Saturday – June 26

Lunch – noon to 1:30 p.m.

Beef stir-fry, chili con carne with beans, cheese enchiladas, breaded veal steaks, fried catfish, steamed rice, mashed potatoes, steamed beets, glazed carrots

Dinner – 5 to 6:30 p.m.

Roast pork loin, Bombay chicken, chili macaroni, rigatoni with marinara sauce, parsley-buttered potatoes, rice pilaf, mashed potatoes, spinach, cream-style corn, lima beans

Sunday – June 27

Lunch – noon to 1:30 p.m.

Chipper perch, beef stew with biscuits, hopping John rice, barbecued spareribs, O'Brien potatoes, steamed rice, green beans, cauliflower, carrots

Dinner – 5 to 6:30 p.m.

Roast beef, grilled turkey patties, mushroom quiche, chicken cordon

bleu, breaded pork fritters, mashed potatoes, lyonnaise rice, baked potatoes, asparagus, wax beans, pinto beans

Monday – June 28

Lunch – 11 a.m. to 1 p.m.

Stuffed bell peppers, grilled liver and onions, chicken and dumplings, beef lasagna, honey-glazed Cornish hens, macaroni and cheese, sweet potatoes, Franconia potatoes, French-style green beans, yellow squash, French-fried eggplant

Dinner – 5 to 6:30 p.m.

Chicken tetrazzini, shrimp stir fry, blackened catfish, spaghetti with marinara sauce, breaded chicken patties, cottage-fried potatoes, steamed rice, red beans and rice, zucchini squash, spinach, stewed tomatoes

Tuesday – June 29

Lunch – 11 a.m. to 1 p.m.

Carne quisada tacos, cheese enchiladas, sweet and sour chicken, meat loaf, lemon-pepper baked fish, breaded pork fritters, pinto beans, Spanish rice, steamed rice, mashed potatoes, Mexican corn, Brussels sprouts, beets in orange-lemon sauce

Dinner – 5 to 7 p.m.

Chicken fajitas, roast turkey, country-fried steaks, spicy baked fish, broccoli rice and cheese casserole, mashed potatoes, steamed rice, Mexican rice, asparagus, wax beans, refried beans with cheese

Wednesday – June 30

Lunch – 11 a.m. to 1 p.m.

Beef stroganoff, stuffed pork chops, fried chicken, veal parmesan, grilled tuna patties, red beans and rice, parsley-buttered egg noodles, new potatoes, cabbage, broccoli combo, stewed tomatoes with croutons

Dinner – 5 to 7 p.m.

Grilled polish sausages, Salisbury steaks, chicken stir-fry, beef stuffed bell peppers, macaroni and cheese, steamed rice, parsley-buttered potatoes, cauliflower polonaise, peas and carrots, corn on the cob

Thursday – July 1

Lunch – 11 a.m. to 1 p.m.

Cantonese spareribs, Asian orange chicken, tempura fried fish, spicy baked fish, beef bulgogi, rice fritata, fiery red pepper potatoes, vegetable fried rice, steamed rice, Korean-glazed carrots, asparagus, cabbage stir fry, brown gravy, spicy cucumber kimchee, spinach salad, spring salad

Dinner – 5 to 7 p.m.

Beef and broccoli, turkey chili macaroni, roast pork loin, cheese ravioli, steamed rice, new potatoes, Chinese mixed vegetables, cauliflower, brown gravy, dinner rolls, cucumber and onion salad, spinach salad, spring salad

Menus are subject to change without notice

MWR from P18

June 30

Microsoft PowerPoint Level 2

The class is 8 a.m.-noon at Army Community Service, Building 2797 in the computer lab. Basic computer skills, completion of PowerPoint Level 1 and registration required. Call 221-2518.

Nurturing Parenting Seminar

The seminar is 11 a.m.-12:30 p.m. at Army Community Service, Building 2797. Join other parents in this fun workshop to learn how to help children understand their feelings and about the effect your feelings can have on your children. To register, call 221-0349.

Mandatory Initial First Term Financial Readiness

The class begins at noon at the Education Center Building 2248. Class space is limited. To register, call 221-1612.

New Parent Support Program Orientation

The event is 2-3:30 p.m. at Army Community Service, Building 2797.

To register, call 221-0349/0860.

July 1

New Playground Opens

Don't miss the grand opening and ribbon cutting ceremony at 10 a.m. for the newest playground at Fort Sam Houston. The playground is located between the Family and MWR School Age Services and Youth Center building located off Dodd Blvd. Call 221-9854.

July 3

Red, White and Blue Golf Tournament

The golf tournament begins at 1 p.m. at the Fort Sam Houston Golf Club located outside the Harry Wurzbach gate. The fee is \$25/members and \$35/non-members. Register by June 29. Call 221-5863.

July 4

Celebrate Independence Day at Randolph Air Force Base

The celebration kicks off at 5 p.m. with activities for the whole family. There will be more than 24 food booths, live music from the Psychedelic Jukebox, children's activities, sports skills events, interactive inflatables, the GameTruck

and a fireworks display at 10 p.m. Visitors may not bring coolers, picnic baskets, backpacks, weapons, bicycles, skateboards, personal fireworks or pets onto the base. However, everyone is encouraged to bring blankets and portable chairs. For more information, visit <http://www.randolphfss.com>.

July 7

ScreamFree Parenting

The class is July 7, 14, 21 and 28 from 5:30 to 7:30 at Army Community Services Building 2797. To register, call 221-0349/9425.

July 9

Concert and Movie Under The Stars

Bring the Family for music and a movie under the stars at the post flagpole. The evening starts off at 7:15 p.m. with a free concert by the Army Medical Command Band that will get the crowd movin' and groovin' with music from all different genres, including blues, rock, classical and pop. Then, grab some free popcorn, cotton candy or a snow cone for the showing of "The Spy Next Door," at 8:45 p.m. Bring lawn chairs or a blanket. Call 221-2705/2418.



For Sale: 73-inch Mitsubishi 1080P high-definition 737 series home theater television, DLP, 3-D ready, 120 Hz reduces motion blur in action scenes, Energy Star efficient, \$1,500. Call 661-0543.

For Sale: 2000 Harley Davidson Fatboy, excellent condition, new tires, detachable windshield/backrest, saddle bags, new brakes, lots of extras, \$9,000 obo; set of Ping G2 3-PW irons, good condition, \$120 obo; Ping G-5 driver with cover \$40 obo. Call 373-8469.

For Sale: 2006 Jeep Liberty Renegade 4x4, 37K miles, excellent condition, regularly maintained, power windows, doors, driver's seat and keyless entry, AM/FM radio, six-disk CD player, Blue-Ox towing receptor already installed, \$15,900 obo. Call 490-5240 or cell 213-2182.

For Sale: 2009 Ford Flex SE, 18K miles, \$21,500. Call 919-749-7932.

For Sale: Sharp 27-inch color television, \$50 obo; girl's 12-inch bike, \$20. Call 666-2455 or 830-330-0444.

For Sale: Maytag washer and dryer, good condition, beige color, all attachments—water hose for washer, dryer hose and 220 power plug for dryer, \$150 set. Call 845-2707 or 845-2694.

For Sale: ESPN pool table with two pool sticks, rack and pool balls, \$400. Call 845-2694.

For Sale: Truck cap for 2003-2005 Dodge Ram short bed, undercover brand, \$450; cabinet grand piano, \$350; youth bunk bed, loft-style with desk and chair underneath, \$50; old vanity with large mirror, \$25; old buffet, \$25. Call 375-6813.

For Sale: Box of old John Candy movies, Canadian Bacon, etc., \$15; first aid kit, new, \$5; large inflatable slide, \$25; green luggage set, new, \$40; large box of girls clothing, sizes 2-14, \$10. In New Braunfels. Call 830-481-3739.

Free to a loving home: Black Lab mix; female, 1-1/2 year old, spayed, very friendly, great with kids, microchip, all shots up-to-date. Call 666-2455 or 830-330-0444.