

FORT SAM HOUSTON
News Leader
 JULY 9, 2009 • VOL. 51, NO. 27

“One Team, Supporting Military Missions and Family Readiness!”



Photo by Esther Garcia

**GAZEBO
 CONCERT:**
JULY 19
at 7 p.m.
on Staff
Post
Road

Fort Sam honors Independence Day

Story and photos by
Esther Garcia
 Fort Sam Houston Public
 Affairs Office

Cannon blasts and smoke filled the air, July 4th, at the post flagpole celebrating the 233rd anniversary of the Declaration of Independence.

A cannon salute was fired for each of the fifty states in the order on which the state joined

the Union. The salute began with Delaware, the first state, which joined Dec. 7, 1787, and ended with Hawaii, the Aloha State, which joined Aug. 21, 1959.

Prior to the salute, special guest, City of San Antonio Mayor Julian Castro and Maj. Gen. Russell Czerw, commanding general, Fort Sam Houston and Army

See **FOURTH, P10**



Sgt. Kevin Rose, center left, and members of the Guns and Flags Platoon, Headquarters Company, U.S. Army Garrison, present cannon shell casings to City of San Antonio Mayor Julian Castro, center, designating him an honorary member of the cannon crew.



Sgt. Maj. Pedro Class gives his farewell speech during his Change of Responsibility ceremony at the post flagpole. Class retired after 30 years of military service.

Garrison NCO passes on responsibilities

By **Lori Newman**
 Fort Sam Houston Public
 Affairs Office

Command Sgt. Maj. Pedro Class passed responsibility for the U.S. Army Garrison to Sgt. Maj. Shawn Barnes, July 2, during a ceremony at the post flagpole.

Barnes accepted responsibility as the interim noncommissioned officer in charge.

Col. Mary Garr, garrison commander hosted

the event. “Passing the colors signifies an important and time-honored tradition within the United States military. Our noncommissioned officers are the backbone of our Army and truly are one of the main reasons why the U.S. military is the best in the world.

A command sergeant major embodies excellence, trust, leadership and support,” she said. “A command sergeant major is a commander’s

senior enlisted adviser, right arm, confidant, supporter and enforcer of command programs and policies. Command Sgt. Maj. Class has done all that, and done it extremely well,” she said.

Class has been in and out of Fort Sam Houston in a variety of assignments as a student, cadre and NCO during his 30 years of military service.

“Today marks the end of one chapter and the beginning of another in

the life of an American Soldier, it is indeed a bittersweet moment as we witness the passing of the garrison colors,” said Class.

“Today is a special day, because it is about each and every one of you standing here today. Some of you have pushed me along the way, pulled me along the way; some of you were by my side so I had a shoulder to lean

See **CHANGE, P7**

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JAG taking applications for legal education program

News Leader
 "One Team, Supporting Military Missions and Family Readiness"

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The Office of the Judge Advocate General is now accepting applications for the U.S. Army's Funded Legal Education Program. Under this program, the Army projects sending up to 25 active duty commissioned officers to law school at government expense if funding permits.

Selected officers will attend law school beginning fall semester 2010, and will remain on active duty while attending law school.

Eligibility details, the application process and service obligation with regards to FLEP are outlined in Army Regulation AR 27-1, Chapter 14, the Judge Advocate General's Funded Legal Education Program. The program is open to commissioned officers in the rank of second lieutenant through captain. Applicants must have at least two but not more than six years of total

active Federal service at the time legal training begins. Eligibility is governed by statute (10 U.S.C. 2004) and is non-waivable.

Interested officers should contact their local Staff Judge Advocate for further information. All officers applying for FLEP must be interviewed by a Staff Judge Advocate.

Eligible officers interested in applying should immediately register for

the earliest offering of the Law School Admission Test. Applicants must send their request through command channels, to include the officer's branch manager at HRC, with a copy to JAG, ATTN: DAJA-PT (Ms. Yvonne Caron – 10th Floor), 1777 North Kent Street, Rosslyn, VA 22209-2194, to be received before Nov. 1. Submission of the application well in advance of

the deadline is advised.

Army North officers should call 221-1515, Army South officers should call 295-6227 and all other interested Army officers in the local area may contact the

AMEDDC&S and Fort Sam Houston SJA at 221-0484.

~Deputy Staff Judge Advocate, U.S. Army Medical Department Center and School and Fort Sam Houston

Thought of the Week

What a fearful object a long neglected duty gets to be!

– Chauncey Kent Wright
 (Source: Bits & Pieces, June 2009)

Weekly Weather Watch

	July 9	July 10	July 11	July 12	July 13	July 14
San Antonio	 101° Clear	 101° Clear	 99° Clear	 99° Clear	 97° Clear	 97° Clear
Kabul Afghanistan	 91° Scattered Clouds	 89° Chance of Rain	 89° Scattered Clouds	 91° Clear	 91° Clear	 87° Scattered Clouds
Baghdad Iraq	 105° Partly Cloudy	 107° Partly Cloudy	 111° Partly Cloudy	 113° Clear	 109° Clear	 111° Partly Cloudy

(Source: Weather Underground at www.wunderground.com)

News Leader survey online

Submit your feedback to help improve the News Leader. The survey is available online at www.samhouston.army.mil/publicaffairs. For more information, call 221-0615 or 221-1031.

News Briefs

OB/GYN extended clinic hours

Beginning July 13 the Brooke Army Medical Center Obstetrics and Gynecology clinic (fifth floor) the new extended hours are 7 a.m.-6 p.m. For more information or an appointment, call 916-2168, choose option 3 or 4.

New Resident Center open house

Lincoln Military Housing will host a week long open house July 14-17 from 12-5 p.m. for the new Resident Center located at 407 Dickman Road. Residents are invited to stop by, tour the building and see what is available for their use. Refreshments will be served. For more information, call 221-0891.

Garrison town hall meeting

U.S. Army Garrison Commander Col. Mary Garr will host a town hall meeting July 15 at 3 p.m. in Evans Auditorium. For more information, call 221-2546.

Technology Expo

The Fort Sam Houston Technology Expo will be held July 15, 10 a.m.-2 p.m. at the Sam Houston Club. More than 30 exhibitors will provide product information and demonstrations. Call 443-561-2416.

AMEDD Museum celebrates 20 year anniversary

The 20 year anniversary of the Army Medical Department Museum will be celebrated July 24 with a dinner at the Museum, 2310 Stanley Road, Building 1046. Social Hour will begin at 6:30 p.m. with dinner starting at 7:30 p.m. For more information and tickets, call 226-0265.

AMEDD Museum ribbon cutting ceremony

The AMEDD Museum will hold a ribbon cutting ceremony July 25 at 10 a.m. for the grand re-opening of Gallery 1 in the museum. Following the ribbon-cutting ceremony, there will be planned activities throughout the day. For more information, call 226-0265.

Ethics training

Ethics training will be held Aug. 10 and Sept. 3 from 9:30-10:30 a.m. in Blesse Auditorium, Building 2841. The training is mandatory for all persons filing an SF 278, Public Financial Disclosure Report or OGE 450, Confidential Financial Report; warranted contracting officers; and those who are directed by their supervisors or commanders to attend ethics training. The training can also be taken online at http://www.dod.mil/dodgc/defense_ethics/ethics_training/2008AET_New/. For more information, call 221-2373/0485.

Wilford Hall Rheumatology Clinic Closes

Rheumatology Clinic has moved to Brooke Army Medical Center at Fort Sam Houston. All inquiries regarding the staff, medication or any other rheumatology issues should be referred to the BAMC Rheumatology Clinic front desk at 916-0797.

Embrace BRAC: Castro, Garr and Popovich team to welcome realignment

Story and photo by L.A. Shively
Fort Sam Houston Public Affairs

San Antonio Mayor Julian Castro, Garrison Commander Col. Mary Garr and San Antonio Spurs Head Coach Gregg Popovich joined ranks to send a San Antonio welcome message.

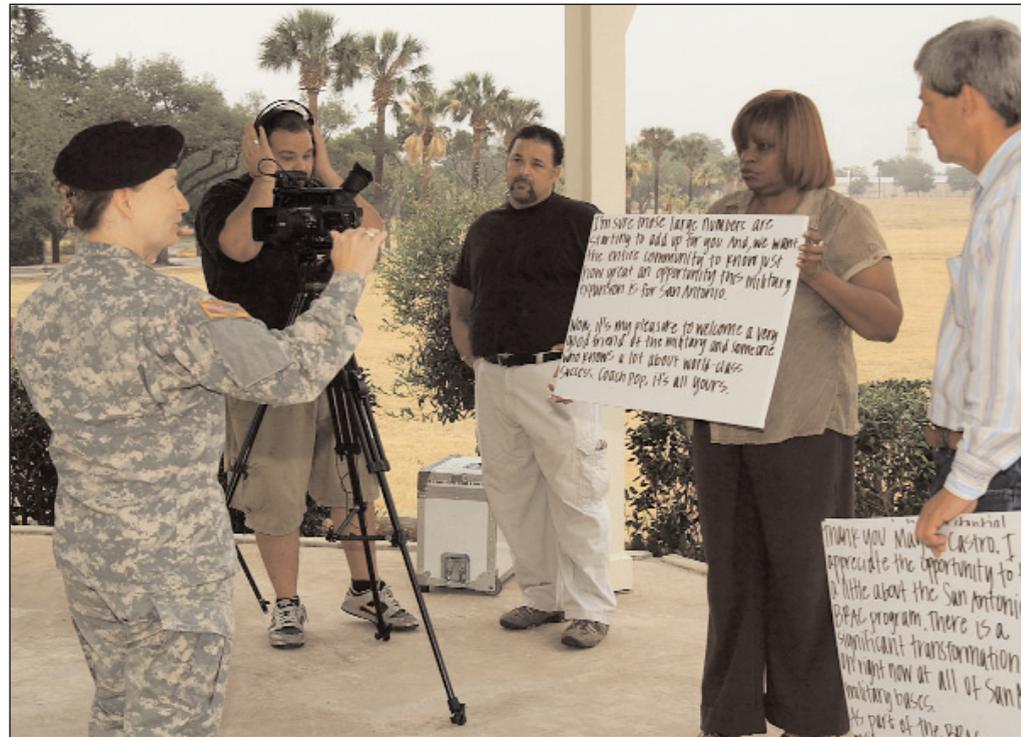
Part of an overall community outreach program, the video message is a component of a public service campaign that will include various public service announcements and a website built around the theme "Embrace BRAC," explained John Boggess, vice president of communications for Thompson Marketing, who is producing the campaign.

Slated for launch July 17, the program will provide information on the military's joint basing for relocating Families as well as military and civilian Families already in San Antonio.

"If you look at the word embrace, there's BRAC right in the middle," Boggess said.

Under the 2005 Base Realignment and Closure, San Antonio is one of 12 locations worldwide where Department of Defense installations are forming joint bases.

Approximately 49 installation functions at Fort Sam Houston will combine with Randolph and Lackland Air Force Bases to form Joint Base San Antonio. Projections suggest 8-10,000 Families will relocate to San Antonio under BRAC and that associated services will be needed to support them and the over 80,000 military and civilian employ-



Garrison Commander Col. Mary Garr, left, rehearses her lines, written on cue cards held by the Embrace BRAC campaign video production crew.

ees, when JBSA is completed in 2011.

Castro points out the economic boost BRAC brings to the city during his segment of the video. "Overall, we're looking at a positive economic impact to San Antonio of more than \$5.5 billion dollars. And a growing San Antonio will only improve the quality of life for current citizens and people relocating to our community."

Realignment has not always been welcome or smooth. Earlier in the process, Air Force officials argued that potential changes to their civilian employees' retirement, medical or other benefits would "have a huge adverse effect" on morale under the Army or Navy systems. Each service also handles readiness, budget and maintenance issues differently, presenting challenges that are being addressed through extensive

implementation meetings and workshops, according to an article published on the Fleet Reserve Association's Web site.

Garrison Commander Col. Mary Garr participated in a recent joint basing workshop hosted by Air Education and Training Command at Randolph. Garr said the workshop focused on the right things to do while assessing service-specific issues appropriately. She said the joint basing team still had a lot of work ahead, but that progress toward laying the foundation for success is impressive.

During the video, Garr highlights opportunities for the community. "San Antonio will have the largest base operation," she said, citing the more than 152,000 military students that will be training and graduating here once BRAC is completed, bringing more business into the area. She then intro-

duced Poppovich.

"San Antonio is Military City U.S.A.," said the Spurs head coach during his video piece, adding that BRAC growth "will take this Military City to a championship level. I'm proud of my military background and, as much, I embrace the military." Poppovich is a graduate of the United States Air Force Academy.

"We want to embrace the Families that move to San Antonio and provide a very warm welcome. San Antonio is an extremely friendly town - I call it a town because I grew up here, but it's a major city," Boggess said. "At the same time we want the citizens of San Antonio to embrace what is happening with the military."

A press conference and kick off activities to introduce the Embrace BRAC campaign are scheduled for July 17, 10 a.m. at the Quadrangle.

CHANGES OF COMMAND



July 11 - Medical Readiness Training Command

Brig. Gen. Brian Kelly will assume command of Medical Readiness Training Command during a change of command ceremony at 1 p.m. at the Army Community Service Building.

July 20 - U.S. Army Center for Health Promotion and Preventative Medicine - South

Lt. Col. Kelly M. Halverson will assume command of the U.S. Army Center for Health Promotion and Preventative Medicine - South from Lt. Col. Thomas C. Delk during a change of command ceremony July 20, 10 a.m. at the Army Community Service Building.

July 23 - 314 Military Intelligence, Lackland Air Force Base

The 314 Military Intelligence Battalion change of command ceremony is scheduled at 7:30 a.m., Lackland Air Force Base.

Fort Sam community enjoys Family Fun Day

Photos by
Cheryl Harrison

Right, Kylee Hepworth, 4-years-old, enjoys a horseback ride during the Family Day celebration July 1 at Army Community Service. Leading the horse, Amanda Block, recreation aide for the Family, Morale, Welfare and Recreation Stables, ensured the experience was safe and enjoyable for all the children. Below, Pvt. Joseph Weis, Advanced Individual Training student, donned a helmet, grabbed a joust at T-Bone, the San Antonio Rampage mascot, proving when it comes to man vs. beast an Army Soldier is a tough match. The San Antonio Rampage, Sea World, San Antonio Spurs, San Antonio Silver Stars and Domino's Pizza sponsored the Army Community Service Family Day, as part of the Army Family Covenant.



Above, Domino's Pizza provided free pizza for the Army Community Service Family Day July 1. Domino's mobile kitchen was just large enough for District Managers Rex Cool (front), Eileen Flickinger and Stan Vasicek to toss dough, spread the sauce and add the garnish before baking and slicing pizza for the hungry crowd that came out for the day's festivities. Right, Garrison Command Sgt. Major Pedro Class, Fort Sam Houston, presents Alan Murph, franchisee, Domino's Pizza, with a framed certificate of appreciation. Class opened the day's fun with words of appreciation and a reminder about the Army Family Covenant and how, in his words, "Families were always on the back burner until last year when the Army Family Covenant was initiated making the Soldier's Family an important part of today's Army." Domino's Pizza sponsored the special outing, providing 330 pizzas, baked fresh on site and sliced into about 1,500 servings of Italian delight as well as 1,000 fountain drinks.



High temperatures didn't deter children from enjoying the bounces. Ten huge bounces were only one part of the many activities provided for the day's celebration at Army Community Service.



Students interested in fire-service careers meet with FSH Fire Department

By Mike Anastaso

Senior Exploring Executive with the Boy Scouts of America Alamo Area Council

Students from Cole High School, interested in a fire service career, attended the first meeting of Fort Sam Houston Fire Department Explorers Post 1876 at the fire station here, June 25. Post 1876 took their name from the historical date of the Quadrangle's construction.

The new Explorers, some with parents present, were welcomed into the Fire Service family by Fire Chief Gil Lozano and given a brief overview of what to expect in the months



Cole High School students interested in fire service careers meet at the FSH Fire Department.

and years to come.

Young men and women ages 14 (who

have completed the 8th grade), or 15-20 are eligible to participate in

Learning for Life's career education program, facilitated by the

Boy Scouts of America.

Learning for Life offers a Fire and Emergency Service Exploring program covering fire and emergency service careers.

FES Explorers might choose to visit fire schools, fire trade shows, musters, fire competitions, community presentation programs, first aid skills competition, and/or community disaster programs.

The bottom line is that FES Exploring is an action-oriented, hands-on career discovery program.

Members of the FSH Fire Department provide leadership and resources necessary to

develop the young adults into the Fire and EMS professionals of the future.

FSH Fire Department Lieutenant Terry Davis, a program advisor, told new members, "This is the best job in the world and you Explorers are really in for the time of your lives."

Explorers meet regularly, the first and third Saturday of each month, 4 p.m., at Post 1876. Youth or parents interested in becoming members of this program can send e-mail to exploreradvisor1876@gmail.com or stop by during one of the scheduled meeting dates.

MSC's 92nd birthday celebrated history and Army values

Story and photo by
L.A. Shively
Fort Sam Houston Public
Affairs

Officers of the U.S. Army Medical Department Medical Service Corps at Fort Sam Houston celebrated MSC's 92nd birthday at the FSH Golf Club, June 30.

"Birthdays are for celebrating history," said Deputy Surgeon General and Chief, Medical Service Corps Maj. Gen. David Rubenstein, who explained that the strong narrative of the MSC offers many opportunities for lessons learned, during his remarks.

Although Revolutionary War apothecaries and the Civil War Ambulance Corps were precursors, the World War I Sanitary Corps, officially instituted June 30, 1917, evolved into today's MSC.

"Today's MSC is built upon yesterday's MSC – our history is long."

He also stressed the importance of connecting generations. "Social networking builds the frame for the future – there are many folks here that were in MSC long before I was. We honor those who blazed the road before us. We are proud of our history."

A narrated slide pres-

entation offered a look at the MSC through the lens of Army's seven values. Highlights included MSC offering some of the earliest opportunities for minority Soldiers during the 1940s, part of fulfillment of the value of respect.

Medal of Honor recipient Maj. Patrick Henry Brady's service in Viet Nam was recognized as an impeccable example of the Army value of selfless service. According to his citation, Brady rescued 51 severely wounded men from heavily defended enemy territory, despite losing three

See BIRTHDAY, P7



Maj. Gen. David Rubenstein, right, and 2nd Lt. Justin Hell cut the MSC birthday cake with a ceremonial saber.



Interim Command Sgt. Maj. Shawn Barnes gives his acceptance speech during the ceremony.

CHANGE, from P1

on. Others watched me fall and were there to encourage me to get back up and find the strength and never quit.

I want to say thank you. I could not have done it without your kindness, your leadership, your patience, your mentoring, your motivation, and your discipline," said Class.

He thanked his wife, Carmen, saying, "You are the solid rock in the foundation of our Family. You have always kept me straight and focused and believed in me even when you thought I was crazy for some of the decisions I made or the path I took."

"Sgt. Maj. Class, thank you so much for passing on the garrison team," Barnes said, addressing the crowd briefly. He also thanked the Soldiers and civilians who work at the garrison.

BIRTHDAY, from P6

aircraft to hostile fire while navigating through dense smoke and fog.

"The Tet Offensive was a real hum-dinger," said retired Col. Joseph Brown, recounting his experience in Viet Nam. Brown served as a "Dust-off" medical evacuation helicopter pilot during combat operations there. He explained that he had to push his aircraft as hard as possible, while flying low level rescue, often using only IFR – Instrument Flight Rules – or instru-

ments instead of visual navigation.

"One minute you were eating your lunch, and 15 minutes later, you were deep in the jungle struggling with your aircraft while ensuring your patients were taken care of," Brown remembered.

Capt. Jimmy Wade discussed challenges he experienced during MCS reintegration and organization while deployed to Iraq.

The group inducted several new members into the Silver Caduceus Society followed by a ceremonial cake cutting.



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Announcements

Swim lessons

The Fort Sam Houston Aquatic Center in conjunction with the American Red Cross is offering swim lessons for children 16 years and under. All sessions have three classes, 9-9:45 a.m., 11-11:45 a.m. and 7-7:45 p.m. All sessions have a parent and child class, 11:15-11:45

ACS Outdoor Movie Nights

ACS's Outdoor Movie Night will feature "Harry Potter and the Order of the Phoenix" July 17 at about 8:30 p.m. at the main post flagpole and "Open Season 2" July 18 at Dodd Football Field. Bring the Family out for these Family friendly films and don't forget the lawn chairs! Free popcorn, snow cones and cotton candy will be available. For more information, call 221-2418. In the event of inclement weather the movie will be shown in the ACS auditorium at 7 p.m.

a.m. for children 4 years and under. Each session includes eight days of lessons, class photo, T-shirt and a certificate of completion. Registration fees are \$40 for ages 16 and under and \$35 for parent and child classes. Registration held daily from 11 a.m.-7 p.m. at the Aquatic Center. Call 221-1234 or 221-4887.

Youth horsemanship camp

The Fort Sam Houston Equestrian Center hosts a camp for children ages 7-17, 9 a.m.-3 p.m. Camp dates are July 13-17, 20-24, 27-31;

Aug. 3-7. Cost of each session is \$195. A \$25 non-refundable deposit due at registration, which is ongoing. Call 224-7207.

"Powerhouse Divas"

The Harlequin Dinner Theatre presents "Powerhouse Divas," a dynamic cabaret-style lounge act. Performances are Sat. 10:15 p.m.-2 a.m. through Aug. 29. A cover charge of \$3 for military with a valid I.D. card or \$5 for all others applies. A full service cash bar is available. Patrons must be 21 years old to pur-

chase and consume alcohol. Late night karaoke follows the show. Call 222-9694.

Before and/or After Care registration

Child, Youth and School Services will begin Before and/or After Care registration, July 13, for Pre-K through 12th grade. Walk-in registration Mon.- Fri., 8:30 a.m.-4:15 p.m., by appt. after 4:15 p.m. Proof of family income, current shots, health assessments and two emergency contacts are required. Call 221-4871.

Calendar of Events

JULY 9

Commanders training

The Family Advocacy Program, Commander and Senior Leader

Training course will be held July 9, 8-10 a.m. at Army Community Service, Building 2797, for new commanders, first sergeants and senior leaders. This training needs to be completed within 45 days upon assumption of the positions. To register, call 221-0349 or 221-2418.

Mandatory Initial 1st Termer Financial Readiness

Army Community Service Financial Readiness will offer a Mandatory Initial 1st Termer Financial Readiness class July 9 at 10 a.m. at ACS, Building 2797. Class space is limited. To register, call 221-1612.

Car buying class

Financial Readiness will offer a car buying class July 9 at 1 p.m. at ACS, Building 2797. Class space is limited. To register, call 221-1612.

Immigration Naturalization Services

Immigration and Naturalization Services representatives will be available July 9 from 12-2 p.m. at Army Community Service, Building 2797. Call 221-2418.

Federal Resume Writing

Family Employment Readiness Program will hold a federal resume writing class July 9, 10 a.m.-12 p.m. at Army Community Service, Building 2797. Class size is limited, registration is required. Call 221-0516 or 221-0427.

JULY 10

Word Level 2

Microsoft Office 2007 Word Level 2 will be held July 10, 8 a.m.-12 p.m.

See MWR, P9

MWR, from P8

at Army Community Service, Building 2797, in the computer lab. Basic computer skills and Word Level 1 are recommended before attempting Level 2. Registration is required. Call 221-2518 or 221-2705.

FRG Support Assistant Forum

Mobilization and Deployment will hold a virtual Family Readiness Group Support Assistant Forum July 10, 11:30 a.m.-1 p.m. at Army Community Service, Building 2797. To register, call 221-2705 or e-mail samh.acs.mob.deploy@conus.army.mil.

JULY 11**Youth basketball clinic**

A one day Youth Basketball Clinic will be held July 11, 9 a.m.-4 p.m. at the Jimmy Brought Fitness Center for children ages 6-18. Children will learn teamwork and fundamental skills in basketball. The fee is \$35. A sack lunch will be provided. Call 471-9548 or 221-4871.

Hearts Apart Support Group

Army Community Service Relocation Program will offer Hearts Apart Support Group July 11, 1-3

p.m. at ACS, Building 2797. The group is for military spouses who are geographically separated from their spouse. Registration is required. Call 221-2418 or 221-2705.

Casino Cruise Night

Casino Cruise Night will be held at the Fort Sam Houston Golf Club July 11, beginning at 6 p.m. Test your luck at Roulette, Craps, Black Jack, Texas Hold'em and slots. There will be a floor show, Karaoke and a special appearance by Elvis. Door prizes will be given away and a silent auction will be held throughout the event. Tickets are \$25 and include international food bars. Call 221-5863.

JULY 13**Access Level I**

Microsoft Office 2007 Access Level 1 will be offered July 13, 8 a.m.-12 p.m. at Army Community Service, Building 2797, in the computer lab. Basic computer skills are required, as well as pre-registration. Call 221-2518 or 221-2705.

Credit management

Army Community Service Financial Readiness will hold a credit management class July 13 at 2 p.m.

at ACS, Building 2797. To register, call 221-1612.

Unit Family Readiness training

Mobilization and Deployment will offer Unit Family Readiness training July 13, 9-10 a.m. at Army Community Service, Building 2797. To register, call 221-2705 or e-mail samh.acs.mob.deploy@conus.army.mil.

Dad Difference

Dad Difference will be held from July 13, 11 a.m.-12:30 p.m. at the Red Cross, Building 2650. This three-part class shows dads how to be involved with their babies from pregnancy to age five.

B.E.A.M.S. p.m.

Building Effective Anger Management Skills will be held from 5:30-7 p.m. Mondays and Tuesdays starting July 11 at the Red Cross, Building 2650. This six-part class helps to identify strategies to more effectively handle anger, resentment and frustration. To register, call 221-0349 or 221-2418.

**JULY 14
Debt liquidation**

Army Community Service Financial Readiness will offer a debt liquidation class July 14 at 2 p.m. at ACS, Building 2797. Class space is limited. To register, call 221-1612.

Post-deployment planning

Mobilization and Deployment will offer post-deployment planning training July 14, 9-10:30 a.m. at Army Community Service, Building 2797. To register, call 221-2705 or e-mail samh.acs.mob.deploy@conus.army.mil.

Baby Talk

New Parent Support Program will offer "Baby Talk" July 14 at 2 p.m. at Dodd Field Chapel. This class is an informative discuss group for parents with children newborn to 12 months. Light snacks and drinks are provided. Call 221-0349 or NPSF at 221-0655.

Re-entry to American culture

The Relocation Program will offer a re-entry workshop July 14, 10-11 a.m. at Army Community Service, Building 2797. This workshop will help anyone coming from an overseas assignment to adjust. Call 221-1418.

JULY 15**Access Level 2**

Microsoft Office 2007 Access Level 2 will be offered July 15, 8 a.m.-12 p.m. at Army Community Service, Building 2797, in the computer lab. Access Level 1 and basic computer skills are required as well as pre-registration. Call 221-2518 or 221-2705.

Overseas orientation

The Army Community Service

Relocation Program will offer a class for those relocating overseas July 15, 10 a.m.-5 p.m. at ACS, Building 2797. To register, call 221-2418.

Getting ready for childbirth class

Army Community Service Family Advocacy Program will offer a getting ready for childbirth evening class July 15, 5:30-8:30 p.m. at ACS, Building 2797. To register, call 221-0349 or 221-2418.

JULY 16**General resume writing**

Family Readiness Employment will offer a general resume writing class July 16, 8 a.m.-12 p.m. at ACS, Building 2797. To register, call 221-0516 or 221-0427.

FOURTH, from P1

Medical Department Center and School, joined the salute battery assigned to Headquarters and Headquarters Company, U.S. Army Garrison, to inspect and test fire the cannons.

Following the inspection, Sgt. Kevin Rose and the salute battery presented Castro with an inscribed shell casing and the recently fired shell casing pronouncing him an honorary crewmember of the salute battery.

The Sons of the American Revolution rang a ceremonial bell com-

memorating each of the original 13 Colonies which first formed the United States of America. The National Society of the SAR, founded in 1889 and chartered by the U.S. Congress in 1906, promotes patriotism and reaffirms the values on which our country was established.

Led by Chief Warrant Officer Douglas Paarmann, the Army Medical Command Band entertained the approximately 200 guests with a selection of patriotic music.

"It is a great way to spend a weekend, to be out here with the military community. This was the reason we came from Houston, to attend a patriotic ceremony," retired Army Staff Sgt. Mario Rodriguez said. He was at FSH with his wife Donna.

Earlier, the Order of Granaderos y Damas de Galvez celebrated Spain's contributions to the American Revolution on the hallowed grounds of

the Fort Sam Houston National Cemetery.

"It is fit and proper that we honor all our Soldiers, especially those who have lost their lives, for it is they who have kept our country free," said Joel Escamilla, master of ceremonies and past governor, Order of Granaderos y Damas de Galvez.

The patriotic ceremony began with a symbolic "shot heard round the world" musket shot fired by the Granaderos Fife & Drum Corps and Firing Party, followed by a solemn procession to the cemetery flag circle by military, civilian and

veterans organizations presenting floral tributes honoring the founding patriots who lost their lives so that we may continue to live free.

"As we celebrate our independence and freedom today,



Dressed in patriotic colors and with an umbrella bigger than she is, Athena Wagner covers from the heat following the July 4th Salute to the Union at the post flagpole. Wagner's father is currently serving in Iraq.





(Above) Staff Sgt. Seth Southerland, Guns and Flags Platoon, show the inner workings of the cannon to visitors retired Army Staff Sgt. Mario Rodriguez and his wife, Donna, following the 4th of July Cannon Salute at the post flagpole. (Left) Joel Escamilla, Order de Granaderos y Damas de Galvez, presents Maj. Gen. Russell Czerw, Fort Sam Houston installation commander, with a membership certificate to the Order of the Granadero y Damas de Galvez.

let's always be mindful that freedom isn't free. It was bought for at a very high price of human lives when a rag tag Army of colonists took on the tyranny of one of the most powerful nations in the world, and

won," Czerw said.

He talked about the signers of the Declaration of Independence and the hardships they endured. "They signed and they pledged their lives, their fortunes, and their sacred honor," he said.

But the American colonists did not do this alone. Czerw said in 1779 the King of Spain directed Gen. Bernardo de Galvez, the governor of Louisiana, to establish an Army and a Navy to conduct a campaign against the British. Without the continuous flow of weapons, ammunition, medical and military supplies from Spain, the colonists might not have emerged victorious.

The ceremony included a musket volley by the Granaderos Fife & Drum Corps and Firing Party, dressed in period uniform, as a roll call of the 13 Colonies was read.

First Sgt. Jeffery DeGarmo, Army Medical Department Center and School, sang the National Anthem. William Trower, director, Fort Sam National Cemetery welcomed

Surrounded by the fifty state flags, the Guns and Flags Platoon, Headquarters and Headquarters Company, U.S. Army Garrison, fired the cannons fifty times in succession, one for each state, during the 4th of July Cannon Salute at the post flagpole.

everyone to the cemetery. The Military Services Detachment provided a three-volley salute and taps in honor of the men and women who gave the ultimate sacrifice.

Czerw paid tribute to those that could not be with us on this day and to the Families for supporting their loved ones who have been called to duty.

"There are many servicemen and women who can't be with us or with their Families, enjoying the traditional barbecues and Family gatherings or attending parades today because they are deployed, doing their duty and letting us rest easy tonight. Hopefully, in their own way, they are celebrating the 4th of July as we are and they return safely," he said.



Led by Chief Warrant Officer Douglas Paarmann, the Army Medical Command Band provided a selection of patriotic music at the July 4th celebration held at the post flagpole.



Headquarters and Headquarters, U.S. Army Garrison, 1st Sgt. Rosalba Chambers (left) and 1st Sgt. Jeffery DeGarmo, Army Medical Department Center and School, participate in the wreath presentation ceremony with the U.S. Military Veterans Parade Association at a July 4th patriotic ceremony, hosted by the Order de Granaderos y Damas de Galvez at Fort Sam Houston National Cemetery.



Community

Announcements

Cloverleaf Communicators Club
Meets the first and third

Thurs., 11:45 a.m.-1 p.m. at the San Antonio Credit Union, Stanley Road, in the conference room. Open to military, civilians and Family members interested in developing and enhancing leadership and communications

skills. Call 221-7835, 221-6517 or 916-3406.

North. Call 723-8574 or visit www.randolphroadrunners.info/.

Calendar of Events

JULY 11

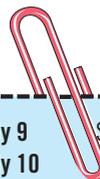
Sunrise walk, swim

The Randolph Roadrunners volksmarch club will host a 5K and 10K neighborhood walk July 11 starting at 6-7:30 a.m., at the Taco Cabana #251, 1130 North Loop 1604 W and a 300-meter swim July 11 starting at 8:30-10:30 a.m. at the Ravinia Apartments, 19500 US Hwy 281

JULY 13

Camp Invention program

The Camp Invention program designed for children entering first through sixth grade will be held July 13-17 at Woodridge Elementary School. The Camp Invention program presents a science-based curriculum taught through a series of hands-on, group activities designed to lead children in discovering science. Call 800-968-4332 or visit www.campinvention.org.



REMINDER CALENDAR

- July 9** SAEDA/OPSEC Training, 9:30 a.m., Evans Theater
- July 10** Navy Operational Support Center San Antonio change of command ceremony, 10 a.m. 3837 Binz-Engleman Road
- July 11** Weight Room Triathlon, 6 a.m.-3 p.m., Jimmy Brought Fitness Center
- July 15** Giant Voice Test
- July 15** Technology Expo, 7 a.m.-2 p.m., Sam Houston Club
- July 19** Triathlon #4, 6:30 a.m., Fort Sam Houston Aquatic Center
- July 19** Gazebo concert 7 p.m.
- July 23** 314th MI Battalion change of command, Lackland AFB
- July 28** Newcomers Extravaganza
- July 28** Soldiers Show, 7 p.m., Laurie Auditorium
- July 30** Consolidated retirement ceremony
- July 30** U.S. Army Dental Activity change of command, 10 a.m., Army Community Service



Fort Sam Houston's 1101 Contemporary chapel service moves to new location

Fort Sam Houston's Contemporary 1101 chapel service, also known as Crossroads Chapel, will move to the Army Medical Department Chapel, on Garden Avenue next to the Noncommissioned Officer Academy, for its morning service beginning July 12.

This move will give additional space to the growing congregation. The service time of 11:01 a.m. will remain the same after its move to the new facility.

Since its inception in October 2005, the service has grown from a few Families to about 100 to 150 people per week.

According to Chaplain Kim Norwood, lead chaplain for 1101, the service offers a casual, contemporary setting with an emphasis on media-style presentation.

"Our service features electric guitars and drums rather than the traditional organs and pianos," explained Norwood. "It gravitates towards casual attire where there is little emphasis on wearing your Sunday best."

"We know so many in our community are in transitions and at a crossroads in life," he added.



**Chaplain
Kim Norwood**

"The sermons are practical in nature and take solid biblical concepts and apply them to everyday life."

The service features a children's church program for ages 3 through first grade. A

nursery is available for infants 3-years-old and under. In September the Sunday school program will kick-off for the fall semester with classes for all ages every Sunday at 9:30 a.m.

For more information on the 1101 Contemporary Service, call 295-8513.

Rocco Dining Facility Menu

Building 2745, Schofield Road

Friday – July 10

Lunch – 11 a.m. to 1:00 p.m.

Meat loaf, shrimp Etouffee, Creole macaroni, fried catfish, honey glazed Cornish hens, macaroni and cheese, cottage fried potatoes, steamed wild rice, corn on the cob, fried cabbage, okra and tomato gumbo

Dinner – 5 to 7 p.m.

Barbecued chicken, baked Kielbasa sausage, Swedish meatballs, baked chicken, cheese tortellini, a gratin potatoes, steamed brown rice, baked potatoes, steamed carrots, seasoned lima beans, steamed cauliflower

Saturday - July 11

Lunch – noon to 1:30 p.m.

Spaghetti with meat sauce, spicy baked fish, cheese ravioli, grilled ham steaks, steamed brown rice, baked potatoes, spaghetti noodles, steamed Brussels sprouts, steamed mixed vegetables, seasoned black-eyed peas

Dinner – 5 to 6:30 p.m.

Country fried steaks, grilled pork chops, baked tuna and noodles, cheese manicotti, mashed potatoes, fried rice, baked potatoes, fried cabbage, steamed green beans, stewed tomatoes

Sunday - July 12

Lunch – noon to 1:30 p.m.

Caribbean chicken breast, beef yakisoba, roast pork, cheese tortellini, steamed rice, baked potatoes, candied sweet potatoes,

french fried okra, steamed carrots, green bean combo

Dinner – 5 to 6:30 p.m.

Fried chicken, baked chicken, mushroom quiche, Yankee pot roast, parsley buttered potatoes, steamed wild rice, baked potatoes, seasoned collard greens, corn on the cob, steamed wax beans

Monday - July 13

Lunch – 11 a.m. to 1:00 p.m.

Chicken cacciatore, beef stew, barbecued roast pork, parmesan baked fish, cheese ravioli, steamed rice, tri-colored rotini pasta, mashed potatoes, French-style green beans, ratatouille, seasoned succotash

Dinner – 5 to 7 p.m.

Veal parmesan, herbed baked fish, roast turkey, vegetable lasagna, scalloped potatoes, steamed wild rice, spaghetti noodles, Creole summer squash, steamed spinach, steamed cauliflower

Tuesday - July 14

Lunch – 11 a.m. to 1:00 p.m.

Pork chops Mexicana, lemon herb baked chicken, meat loaf, beef enchiladas, cheese enchiladas, mashed potatoes, baked potatoes, Spanish rice, steamed broccoli, Spanish-style beans, Mexican corn

Dinner – 5 to 7 p.m.

Chicken fajitas, cheese manicotti, char-broiled meatballs with brown gravy, baked ham with pineapple sauce, spicy baked

fish, mashed potatoes, baked potatoes, refried beans with cheese, seasoned green beans, glazed carrots, French-fried okra

Wednesday – July 15

Lunch – 11 a.m. to 1:00 p.m.

Apple glazed corned beef, chicken pot pie with biscuits, cheese ravioli, roast beef, parmesan baked fish, parsley buttered new potatoes, mashed potatoes, steamed brown rice, seasoned cabbage, baked parmesan tomato halves, steamed asparagus

Dinner – 5 to 7 p.m.

Beef stew, pork schnitzel with mushroom gravy, lemon baked fish, spinach lasagna, chicken stir-fry, steamed rice, O'brien potatoes, baked potatoes, buttered succotash, steamed broccoli, steamed beets

Thursday - July 16

Lunch – 11 a.m. to 1:00 p.m.

Teriyaki chicken, roast pork, beef stir-fry, baked tuna and noodles, baked potatoes, fried rice, macaroni and cheese, Chinese mixed vegetables, club spinach, steamed cauliflower

Dinner – 5 to 7 p.m.

Cantonese spareribs, breaded veal steaks, baked chicken, cheese ravioli, spaghetti with meatballs, baked potatoes, cottage fried potatoes, steamed brown rice, steamed Brussels sprouts, sweet and sour cabbage, steamed carrots

Menus are subject to change without notice

For Sale Fort Freebies

Submission guidelines:

Freebies are published on a first-come, first-served basis. The deadline is close of business Friday. Freebies are intended for personal household goods, and may only be submitted by active, retired or reserve military members and civilian employees working on Fort Sam Houston. Real estate and employment ads will not be published. To submit a Fort Freebie, e-mail news.leader@conus.army.mil or fax to 221-1198. Freebies run for one week unless the submitter calls to renew. Limit of five items per entry. For more information, call 221-0546.

For Sale: 2004 Craftsman garden tractor, 26 HP, 48-inch deck, 6-speed transaxle, excellent condition, \$1,200. Call 830-914-2326.

For Sale: Samsung 29-inch television, \$60; RCA 17-inch television, \$35; Karcher high pressure cleaner, 2,000 PSI, \$80; entertainment center, \$80; Kettler spinning bike, \$80. Call 717-713-4218.

For Sale: 2003 Volkswagen Golf GTI, 1.8 turbo, 67K miles, two-door hatchback, new tint, automatic triptronic transmission, excellent condition, NADA is \$9,500-12,000, asking \$8,500. Call Steve 364-0619.

For Sale: 2003 Electric Blue Mini Cooper-S, 67K miles, 6-speed manual transmission, black vinyls, with blue and black interiors, sport package, new run-flat tires, new brakes, new oil

and air filter, serviced every three months for regular fluids, showroom condition. Call anytime 394-2000.

For Sale: Upright piano and bench, \$350; dryer, \$95; rotating floor fan, 4 feet tall, \$30; two-drawer metal filing cabinet, \$20; bicycle rack, \$15. Call 241-1291.

For Sale: Wood-grain wall entertainment center, 6 feet high by 5 feet wide by 17 inches deep, \$150; pillow-back sofa sleeper and loveseat, earth tones, \$225; baby crib, needs refinishing, \$25; small microwave, \$25; Fisher Price outdoor picnic table, \$20. Call 227-9017.

Free to good home: Kittens, domestic shorthairs, spayed or neutered, all vaccinations, micro-chipped, clean bill of health and ready to go. Call 670-9167.