

FORT SAM HOUSTON News Leader

JULY 26, 2012
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BACK-TO-SCHOOL BASH!

AUG. 11, 9-11 a.m.

Keith A. Campbell Memorial Library

A PUBLICATION OF THE 502nd AIR BASE WING – JOINT BASE SAN ANTONIO – FORT SAM HOUSTON

SAMMC simulation center offers realistic training

By Marsha Huffman
BAMC Public Affairs

The new medical simulation center at the San Antonio Military Medical Center is providing the most state-of-the-art and realistic training possible for healthcare providers, nurses and medical students.

The center, now relocated from portable buildings outside of the medical center, is a 2,000-square-foot facility located on the

second floor of the new tower.

The facility consists of six simulation labs made to replicate the operating room, intensive care unit, ward, and trauma rooms elsewhere in SAMMC.

The center also provides convenient simulator access for healthcare providers, nurses, and medical students by placing “simulators in various clinics throughout the hospital,” said Robert Coffman, simulation

center administrator.

“These clinics include emergency medicine, pediatrics, OB/GYN, intensive care, neurology and surgical,” he added.

With an eight-member staff, the program offers training for both staff as well as the health providers who are going through their medical training.

“I’m proud of our staff we have here because they believe in

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Air Force Lt. Col. Daniel Walker, SAMMC pathologist, and Capt. Rebecca Flores, radiologist resident, practice on a mannequin in a simulated trauma scenario at San Antonio Military Medical Center Simulation Center. Walker and Flores will both receive an advance cardiac life support certification after their course completion.

Photo by
Marsha Huffman

ARSOUTH hosts Conference of American Armies legal conference



Photo by Eric R. Lucero

ARSOUTH commanding general Maj. Gen. Simeon G. Trombitas speaks to conference attendees during the opening ceremony of the 2012 Conference of American Armies legal conference in San Antonio July 16.

By Eric R. Lucero
ARSOUTH Public Affairs

U.S. Army South hosted representatives from 15 partner-nation armies during the Conference of American Armies Legal Conference from July 16 to 19 in downtown San Antonio.

The conference brought together military legal practitioners from the CAA partner armies to discuss operational law lessons learned in disaster relief and peacekeeping operations, and discuss how to enhance information sharing between the partners.

This year’s conference

marks the first time the U.S. Army and Army South hosted and organized an event of this nature for the CAA.

Brig. Gen. Thomas E. Ayres, the commandant and commanding general of the U.S. Army Judge Advocate General’s Legal Center and School, chaired the conference and stated partner nations of CAA will benefit from participating in this gathering.

“The ability of partner nation members to improve interoperability and understand common legal issues that occur when responding to disasters or while executing peace-

keeping operations is beneficial to all armies of the CAA,” Ayres said.

Lt. Col. Luis O. Rodriguez, former ARSOUTH command judge advocate general, said this conference was vital to Army South’s efforts toward building partner nation capacity within the Western Hemisphere and establishing and reaffirming existing valuable friendships when conducting multinational operations within the region.

“The CAA recognizes that there are many legal aspects in peacekeeping and disaster relief operations that can be shared to improve interoperabil-

ity,” Rodriguez said.

“CAA partners will now have better legal tools as a result of this conference,” Rodriguez said.

“For instance, the CAA Rules of Engagement Manual and the CAA Operational Law Guide will get updated in the conference, and we hope to set up a website where CAA partners can post and share legal lessons learned in operations.”

The aim of the conference was to achieve a long-term decisive effect for a safer and more secure region where crime and natural di-

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News Leader

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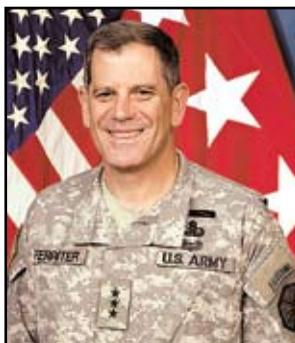
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Lt. Gen. Michael Ferriter



Lt. Gen. Patricia Horoho

Two local Army leaders part of 'health of the force' visits at six installations

By Lt. Col. Sophie Gainey
Army News Service

Army senior leaders, led by Vice Chief of Staff of the Army Gen. Lloyd J. Austin III, are currently touring several Army installations to assess the health of the force.

During the week-long tour, Austin, along with Sgt. Maj. of the Army Raymond F. Chandler III; Surgeon General of the Army Lt. Gen. Patricia Horoho; and Lt. Gen. Michael Ferriter, commander, U.S. Army Installation Management Command, and assistant chief of staff for installation management, will look at programs, services, resources and best practices pertaining to the health of the force.

"The health of the force remains our top priority," Austin said. "We are continuing to make progress in many areas and that is largely a reflection of leader involvement. That said, we recognize that we still have a lot of work to do and we must keep getting better."

The week-long trip, Austin said, is an effort to see firsthand the impact of Army best practices, and to also

see where the Army may need to apply more resources or affect policy changes.

During the trip, the group will take a look at the Integrated Disability Evaluation System process, installation-level programs and services specific to suicide prevention, Wounded Warrior care efforts, sexual assault and harassment programs, and additional health and discipline-related issues.

The tour of Army installations includes Fort Bragg, N.C.; Fort Hood, Texas; Fort Riley, Kan.; Fort Benning, Ga.; Fort Stewart, Ga.; and Fort Gordon, Ga.

"We're visiting these six installations because they represent a good mix of reserve component, corps, division and TRADOC units and they are home to large populations of Soldiers," Austin said.

"As such, we believe we can have the greatest impact in the shortest amount of time at these locations," Austin added.

"Ultimately, the goal is to make our Army better and to ensure we're providing quality care and support to our troops and families."

Army proclaims August 2012 as Antiterrorism Awareness Month

By Brad Barrett
Army Support Activity
Antiterrorism Officer

The Department of the Army has officially declared August 2012 as the Army's Antiterrorism Awareness month.

In an All Army Activities message from earlier this year, officials said that terrorism is an enduring, persistent, worldwide threat to our nation and our Army in the United States and overseas.

The Army community must seek to understand the threat, detect terrorist activities, warn, and defend against the full range of terrorist tactics.

Antiterrorism is the

defensive element in our fight against terrorists and is an integral part of Army efforts to defeat terrorism.

Antiterrorism awareness is a critical aspect of



our profession (both on and off duty) because the threat of a terrorist attack is still very real.

Effective antiterrorism measures integrate multiple security programs (such as policing, threat information shar-

ing, physical security, and operations security) to ensure the protection of installations, stand-alone facilities, and operational forces.

The protection of our facilities and our people requires vigilance. The Army's iWatch program focuses on "See Something, Say Something!" and encourages members of the Army community to recognize and report suspicious activity.

Through continued antiterrorism awareness and vigilance, we can prevent and defend against the threat of

terrorism to remain the most decisive land force in the world.

For more information about Antiterrorism Awareness Month, click on <https://www.us.army.mil/suite/page/605757> or call 295-0534.

News Briefs

AMEDD 237th Anniversary Regimental Social

The Sgt. Audie Murphy Club is hosting the Army Medical Department Center and School Regimental Social celebrating the 237th Anniversary of the AMEDD Regiment at 3:30 p.m. July 27 at the AMEDD Museum. There is a \$5 charge at the door for refreshments.

Active Shooter Briefing For Workforce

The next Active Shooter briefing is from 2 to 3 p.m. July 31 at the Roadrunner Community Center, Building 2797. The quarterly briefing is given by a 502nd Security Forces Squadron trainer. This briefing provides the tools required to identify and mitigate a person's chances of becoming a victim of a potentially catastrophic event. All Army and Air Force civilian employees must attend this training. Employees can also complete this training as part of their annual Antiterrorism Level I training requirement. The Army website is <https://atlevel1.dtic.mil/at/>, while the Air Force website is located at <https://golearn.csd.disa.mil/kc/login/login.asp>. By completing one of these training events, the employee has met the requirements for their annual Active Shooter training. For more information, call 221-0744.

Army Chaplains Corps 237th Anniversary

The 502d Mission Support Group Installation Chaplain's Office celebrates the 237th anniversary of the U.S. Army Chaplain Corps at 11 a.m. July 27 at the Joint Base San Antonio-Fort Sam Houston Bowling Center, 2521 Schofield Rd.

Common Access Card Replacement Notification

The Defense Manpower and Data Center recently began sending notices to military and civilian personnel to replace 64K and 72K Common Access Cards currently in their possession. The DMDC is contacting affected personnel via email with instructions to replace their CAC regardless of the card's expiration date. People who receive an email directing them to replace their CAC, or should they receive one in the

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Public Health Command-South begins renovation

By Esther Garcia,
AMEDDC&S Public Affairs and
Capt. Anthony Robinson,
USAPHCR-South

The \$17.7 million remodeling and expansion of the laboratory building and administrative wing of Public Health Command-South began July 17 during a renovation ceremony held on the lawn of Building 2631 as Lt. Col. Deydre Teyhen passed the sledgehammer to Randall Nimocks with Austin's J&J Maintenance, Inc.

"The Army surgeon general has set the vision that we are to move from a sick care paradigm to a paradigm for health; which means that we need to move from a health care system to a system of health," Teyhen said.

The renovation of the entomological science program with the Environmental Health Engineering Division will have three new operational areas to identify insects, process insect specimens and an isolated insectary.

An isolated insectary will provide an area for rearing and housing of medically significant species, conducting surveillance studies for area of operation and educational purposes.

The new design for the food safety and technical support section creates separate room for sample receiving and sample retrieval, and a larger dock will increase capacity for multiple simultaneous deliveries.

The microbiology section will move into new labs with state-of-the-art instruments designed to facilitate rapid identification of food and water



Photo by Esther Garcia

(From left) 502nd Mission Support Group Command Sgt. Maj. Donald Freeman; Army Medical Department Center and School Command Sgt. Major James Diggs; Public Health Command-South Sgt. Maj. Drew Gartman; Col. Erik Topping, deputy commander for Veterinary Services, U.S. Army Public Health Command; Lt. Col. Deydre Teyhen, commander, Public Health Command-South; Randall Nimocks, J&J Maintenance, Inc.; retired Col. Peggy Carter; and Col. Timothy Stevenson present the sledge hammer to J&J Maintenance July 17 to officially begin the remodeling of PHC-South.

pathogens. The new co-location of Micro and Diagnostic Labs will enhance the lab equipment utilization and interaction of personnel.

The new facility will combine the chemistry section's testing and analytical instruments into larger dedicated labs, creating a more efficient and unified work environment.

New methods utilizing liquid chromatography mass spectrometry will allow identification of poisons and toxins in foods. The chemistry section will also add new instrumentation for radiation analysis and heavy metal analysis.

Upgrades will also be made to the extraction rooms, fume hoods, water lines and safety equipment to meet new requirements for analytical labs. Separate office spaces will be created for chemistry personnel.

The work of the diagnostics section has increased over the years in the range of tests offered, the number of

samples tested, and the technologies available to perform the testing.

The merger of U.S. Army Veterinary Command with the Center for Health Promotion and Preventive Medicine further increased

the capabilities of the Diagnostics Section. The renovation of this section will improve testing space to accommodate for increased workload and bring the equipment and testing together in a common space for

utilization by a unified staff. The new molecular biology labs will be designed specifically for DNA analysis using state of the art equipment and latest techniques.

The renovation to the cholinesterase reference laboratory will provide improved temperature regulation of the laboratory. The analysis this team runs is temperature sensitive and at times disrupted by poor environmental control in the laboratory. Co-location with the chemistry section will provide synergy for sharing laboratory equipment.

"This building renovation will provide a solid foundation for our future success as we continue to expand and grow to take care of America's sons and daughters by ensuring a healthy environment, healthy animals and healthy people," Teyhen said.

Former basic military training instructor found guilty on 28 charges

A sentence was returned July 21 in the general court-martial of Air Force Staff Sgt. Luis Walker.

Walker, a former basic military training instructor at Joint Base San Antonio-Lackland, was convicted of 28 charges July 20 after a week-long court-martial.

The charges included rape, adultery, obstruction, aggravated sexual contact, multiple counts of aggravated sexual assault and violating a lawful order regarding unprofessional relationships with trainees.

Walker was sentenced to be confined for 20 years, to be discharged with a dishonorable discharge, to be reduced to the lowest enlisted rank (E-1), and to forfeit all pay and allowances.

The conviction stemmed from incidents that took place between October 2010 and June 2011 involv-

ing 10 female basic military trainees while assigned to the 326th Training Squadron.

Since then, the Air Force has launched comprehensive internal and external investigations at Air Force basic military and technical training centers.

Walker is the second MTI to be tried in conjunction with these sexual misconduct investigations.

The first, former Staff Sgt. Vega-Maldonado, pleaded guilty to one charge of having an improper relationship with a trainee and violation of a no-contact order. He was sentenced to 90 days confinement, forfeiture of \$500 pay per month for four months, 30 days hard labor, 30 days restriction to JBSA-Lackland and reduction in rank to Airman.

(Source: Armed Forces News Service)

News Briefs

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future and they have not renewed their card within the last 60 days, follow the guidance in the email and schedule an appointment as soon as possible by logging onto <https://rapids-appointments.dmdc.osd.mil>. Appointments are available at all ID card facilities throughout Joint Base San Antonio.

FSH Thrift Shop Opens for Donations

The Spouses' Club of the Fort Sam Houston Area is opening a thrift shop on Fort Sam Houston and is open to receive donations on Wednesdays and Thursdays from 10 a.m. to 2 p.m. Applications for volunteers will also be taken at this time. The projected opening date is Aug. 15. The shop is located at 3100 Zinn, Building 1154, near the Outdoor Recreation Center. For more information, call 221-5794.

Army Benefits Center Civilian Notice

On Fridays through Sept. 21, the Army Benefits Center civilian counselors will not be available by phone between noon and 6 p.m. The ABC-C website will be available at <https://www.abc.army.mil> to make transactions through the Employee Benefits Information System. In addition, the automated phone line will be available for employees to make transactions that do not require counselor assistance.

Lincoln Military Housing Back to School Bash

Lincoln Military Housing hosts a quarterly town hall and back to school bash for LMH residents at 6 p.m. Aug. 2 at the main resident center, Building 407.

Saturday Vet Vaccine Clinic

The Joint Base San Antonio-Fort Sam Houston Veterinary Clinic will hold Saturday vaccine clinic from 9 a.m. to noon Aug. 11 at Building 2635. Call 808-6105 for information.

New Training Support Center To Open

The Army Support Activity, Fort Sam Houston, will open a new training support center in October on

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Garr takes command at DMRTI

By Phil Reidinger
AMEDDC&S Public Affairs

Col. John Garr assumed command of the Defense Medical Readiness Training Institute from outgoing commander Navy Capt. Rich Dalton during a ceremony at the Joint Base San Antonio-Fort Sam Houston Quadrangle July 18.

The Defense Medical Readiness Training Institute was established in 1978 to train Department of Defense healthcare providers to operate on the battlefield.

In 1997, the organization was reengineered with expanded scope and mission as DMRTI with a staff of 120 Army, Navy and Air Force officers, civilians and enlisted personnel.

During his remarks,

Dalton noted that during his command tenure, the DMRTI trained 20,000 resident students, accounting for 400 courses conducted worldwide at 31 different locations and 30,000 non-resident students.

"We train more licensed healthcare professionals than any other institution," Dalton said.

"The DMRTI is at the forefront of joint, integrated training and the organization has a tremendous legacy to move forward as a joint team," Garr said.

Currently offering 26 courses, DMRTI improves the medical readiness training for military medical personnel and the coordination of readiness training efforts between military and civilian organizations.

DMRTI offers resident and non-resident joint medical readiness training courses as well as professional medical programs in trauma care, burn care, disaster preparedness, humanitarian assistance, and chemical, biological, radiological and nuclear response.

The institute offers training to help doctors, nurses, physician assistants, and other medical service corps professionals from all military services prepare for the rigors of combat and the challenges of providing patient care on the front lines.

Air Force Col. Nancy Dezell, chief of staff and director of the Program Integration for the Office of Force Health Protection and Readiness served as host for the transfer the command.



Photo by Phil Reidinger

Air Force Col. Nancy Dezell (right), chief of staff and director of the Program Integration for the Office of Force Health Protection and Readiness, presents the Defense Medical Readiness Training Institute command colors to incoming commander Col. John Garr (left) during the change of command ceremony at the JBSA Fort Sam Houston Quadrangle July 18. In the center is outgoing commander Navy Capt. Rich Dalton.

Joint Base San Antonio website consolidates three sites into one

An easily accessed, everything-at-your-fingertips experience is the vision of the developers of the consolidated Joint Base San Antonio website, which went live July 20.

Managed by the 502nd Air Base Wing public affairs offices, <http://www.jbsa.af.mil> is a migration from three main websites to one.

"The JBSA consolidated website provides our customers with a 'one-stop shop' for all of the installation support services we provide at all of our JBSA locations," said Brig. Gen. Theresa C. Carter, JBSA and 502nd Air Base Wing commander.

"We know that our active duty and retired members live all across the city and we want them to have a quick and easy way to find the

closest location to obtain a new ID card, the most convenient chapel service to attend or the date when the next youth sports league begins.

"This website and the JBSA mobile app that we'll launch soon will be a valuable resource for both our long-time residents, as well as our newcomers," Carter added.

Joint Base San Antonio is the largest of the 12 joint bases created under the Base Realignment and Closure act of 2005.

JBSA includes three primary locations at JBSA-Fort Sam Houston, JBSA-Lackland and JBSA-Randolph, plus eight other operating locations and more than 200 mission partners. There are more than 80,000 JBSA employees.

"We became a single

installation Oct. 1, 2010, but our presence in cyberspace on our public and private websites did not keep pace with that change," said Marilyn C. Holliday, JBSA-Randolph public affairs director. "Our customers found it confusing, particularly those who are new to our JBSA locations.

"To see the consolidation of efforts come to fruition is a huge step forward for us," Holliday added. "Our goal is to always leverage communication capabilities to provide the highest quality service for our customers."

The site will include featured articles from all three newspapers, JBSA-Fort Sam Houston's News Leader, JBSA-Lackland's Talespinner and JBSA-Randolph's Wingspread.

The consolidated effort will also feature Force Support Squadron and Morale Welfare and Recreation schedules, newcomers' data and chains of command.

Information for all three locations will be housed in a more consolidated fashion on the new website, most times pared down to the particular location in JBSA. The site also features a complete listing of website and social media links for all of its mission partners.

"It's our hope that site visitors will enjoy a self-guided tour of Joint Base San Antonio's locations and missions," said 2nd Lt.

Matthew Sanders, site developer and deputy chief for JBSA-Randolph Public Affairs.

As part of the vetting process, more than 100 Army, Navy and Air Force members, government service employees and family members across all three primary JBSA locations were given the opportunity to provide feedback.

"We received a wide range of comments during feedback sessions, such as change the website's color scheme to reflect a more joint service feel, include more photos and social media links and make sure acronyms used are recognized by all military

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ARMY NORTH GOES 'GREEN' WITH FLEET OF ELECTRIC CARS



Photo by Staff Sgt. Corey Baltos

As part of an effort to save environmental resources, U.S. Army North is “going green” with the purchase of 16 electric vehicles for the various staff sections to use. “Since ARNORTH is spread out all over post, these vehicles allow people to get where they need to go efficiently without using personally-owned vehicles,” said Chief Warrant Officer 3 Samuel Rojas, property book officer for Army North. The green initiative is part of an ongoing Armywide effort to reduce energy consumption and increase energy efficiency at Army posts worldwide. The vehicles, which reach a maximum speed of 25 miles per hour, are built by the Columbia ParCar Corporation.

Army Medical Department and Army Medical Corps celebrate 237 years of service

By Kirk Frady
MEDCOM Public Affairs

The Army Medical Corps and Army Medical Department celebrate 237 years of service to America July 27.

Both the Army Medical Department and the Army Medical Corps trace their origins to July 27, 1775, when the Continental Congress established the first Army Hospital to be headed by a "Director General and Chief Physician."

The language of the Congressional resolution spoke of "an Hospital," which in those days meant a hospital system or medical department.

"Over the past 237 years, our Army physicians have been among the best leaders, innovators, administrators, scientists and clinicians whose contributions and

achievements resulted in improved medical care to our military and advancements across the entire field of medicine," said Col. (Dr.) Steven Braverman, deputy chief of the Army Medical Corps.

"Army Medical Corps officers have served as a foundation of Army Medicine since its inception in 1775," he added.

Among the accomplishments of Army surgeons during the years of the Revolution was completion (in 1778, at Lititz, Pa.) of the first pharmacopoeia printed in America. In 1789, the Department of the Hospital was disbanded and a system of "Regimental Surgeons" was established in its place.

Congress made official the designation "Medical Corps" in 1908, although the term had



long been in use informally among the medical department's regular physicians.

Internationally recognized contributions of Medical Corp officers include: medical education, John Warren and Harvard Medical School, 1780's to 1813; clinical research, William Beaumont, 1820's to 1830's; Jonathan Letterman, ambulance evacuation system, echeloned surgical resuscitation and

treatment system, a field medical supply system and preventive medicine inspection system – Civil War era; John Shaw Billings, established Index Medicus to catalogue the medical literature, 1879; George Sternberg, America's first bacteriologist and founder of the

Army Medical School (late 1800s); Walter Reed, control of Yellow Fever through the mosquito early 1900s; William Gorgas, Father of Modern Day Preventive Medicine, early 1900s; Albert Glass, Father of modern military Psychiatry (WWII to Vietnam).

In 1946, Army residency programs for Medical Corps officers were introduced into the Army Medical Department, providing for the

first time the full spectrum of graduate medical education to prospective Medical Corps officers.

Today, these graduate medical education programs are among the best in the nation, exceeding national averages in accreditation length and board certification pass rates.

Currently, the Medical Corps consists of more than 4,400 active-duty physicians representing all the specialties and subspecialties of civilian medicine. They may be assigned to fixed military medical facilities, to deployable combat units or to military medical research and development duties.

U.S. Army physicians serve in one of several general career fields:

- Operational medicine provides medical support to the Soldier

and his/her chain of command in the field setting to include pre- and post-deployment readiness.

- Clinical medicine is the field of Army Medicine that provides medical care in the garrison setting.

- Academic medicine and research medicine focuses on education, training and research in Army medical centers and laboratories.

For more information on the Army Medical Corps and Army Medical Department, visit the following websites: Office of Medical History (<http://history.amedd.army.mil/>); Army Medical Department Regiment (<http://ameddregiment.amedd.army.mil/>) or the Army Medical Department Museum at <http://ameddregiment.amedd.army.mil/museum2/index.htm>.

CAA from P1

sasters no longer wield the power to destabilize governments or threaten national and regional security.

“It’s very important in legal conferences like this that we are able to speak about the different aspects of operational law,” said Maj. Gen. Simeon G. Trombitas, commanding general of U.S. Army South.

“We know that in the world we face today, we’re not going to tackle any situation alone,” Trombitas added. “We’ll work with allies and friendly nations especially as we meet those emerging threats in our region.”

Brazilian Col. Altair Jose Polsin, who also commanded a Brazilian army battalion during peacekeeping and humanitarian assis-



Photo by Eric R. Lucero

Brig. Gen. Thomas E. Ayres, the commandant and commanding general of the U.S. Army Judge Advocate General’s Legal Center and School, speaks to conference attendees during the opening ceremony of the 2012 Conference of American Armies legal conference in San Antonio July 16.

tance and disaster relief operations in Haiti in 2010, spoke to the CAA members about the legal challenges involved in a

major shift in operations and how his troops were able to meet that challenge in Haiti.

Polsin said the confer-

ence was an opportunity for each country to provide valuable input and to work toward a collaborative solution to the present-day challenges in the Western Hemisphere.

“The most important opportunity that we had during this conference was the chance to visit with the other armies and exchange experiences so that we have the chance to be on the same page,” Polsin said.

“If we have the same legal regulations and we have the same ideas, we already know how each other operates,” Polsin added. “This makes it easier to focus on the mission objective.”

Rodriguez also believes the work completed by the participants will serve to strengthen the reputation and professionalism of each participating army

as well.

“As our armies seek to become better at interoperability in order to face common threats, whether natural or man-made, they need, first and foremost, to understand the legal framework and issues inherent in those threats,” Rodrigue said.

“It is crucial for an army to maintain its credibility, transparency and legitimacy in any operation it undertakes; in fact, it is an essential task.”

The CAA provides a forum for regional chiefs of armies to strengthen integration and cooperation, study problems of mutual interest, establish, and contribute to hemispheric security, protect against all threats to peace, democracy and freedom and enhance interpersonal relationships.

JBSA from P4

branches,” Holliday said.

“Overall, the comments received were extremely positive,” she added. “We’re confident that we came up with a balanced product that will serve JBSA well.”

Prominently featured on the new site is a feedback section, which allows visitors to make suggestions for the site, ensuring it remains relevant, valuable and a highly-used source of information.

“As with any website, we expect the site to continuously evolve and we welcome feedback from everyone,” Sanders said. “The site’s purpose is to provide a communications tool for all of JBSA.”

In addition to the website, the public affairs office is finalizing a JBSA mobile app that is expected to launch in August 2012.

(Source: JBSA-Randolph Public Affairs)

San Antonio health system among best in wounded warrior, trauma care

By Desiree N. Palacios
Air Force News Service

During the 2005 Base Re-alignment and Closure commission hearings, it was suggested that the military should consolidate all health facilities in San Antonio to create the San Antonio Military Health System.

The SAMHS was established after both the Air Force and Army chiefs of staff signed a memorandum of agreement in September 2010.

Maj. Gen. Byron C. Hepburn, SAMHS director, and Army Col. Mary Garr, SAMHS chief operating officer, explained that the goal of the system is to increase efficiencies and effectiveness, while providing a cutting edge, and state-of-the-art medical activity within the San Antonio Military Health System.

“Being mindful of our readiness requirements, our education requirements and also our research requirements for the nation, we are doing all of that in a very synergistic coordinated manner here in San Antonio,” said Hepburn, the first director of SAMHS and the 59th Medical Wing commander.

The 59th Medical Wing, at Joint Base San Antonio-Lackland, is the largest medical wing in the Air Force.

The Wilford Hall Ambulatory Surgical Center is a new facility currently under construction and when finished will be the largest ambulatory surgical center within the Department

Lt. Col. Chad Hivnor explains the effects of the new fractional laser to treat battle scars to Gabriel Alvarado during a medical appointment at Wilford Hall Ambulatory Surgical Center July 9. This technology gives wounded warriors the opportunity to gain a better range of motion.



Photos by Desiree N. Palacios

Service members of the 59th Contingency Aeromedical Staging Facility and Air Force personnel assist wounded warriors off a C-17 Globemaster III that arrived on Joint Base San Antonio-Lackland flightline July 10.

of Defense.

“One of the key things that we are doing here is research for enroute care for air evacuation for part of our Air Force and joint mission in the medical arena,” Hepburn said.

“We take great pride in what we are doing with our critical transport teams, where we’re taking it to the next level.”

The general said the center has installed partial heart lung bypass machines that can keep wounded warriors with lung injuries alive, with the ability to move them intercontinental distances.

“We are also looking at how we are going to move an infectious patient safely across intercontinental distances, so we’ll see a lot of really cutting edge, state of the art medical activity happening in San Antonio,”

Hepburn added.

According to Hepburn, SAMHS has the distinction of being the only level one trauma center in the military.

“We are caring for very high acuity patients, so our doctors, nurses and technicians are learning how to care for these trauma patients,” he said. “Those skills will serve them well if they have to go forward in combat or serve the nation for a natural disaster here in the United States.”

Hepburn also explained that SAMHS has a unique partner-

ship with the Veteran’s Administration.

“Secretary Shinseki, from Veteran Affairs, has asked us to be a pilot site for an integrated electronic health record,” Hepburn said.

“It’ll really lend to an increased synergy of seamless transfer of care between our active duty force and those that go on to get their care in the veterans administration system.”

In addition to developing a reputation as a state-of-the-art health center and top level trauma hospital, SAMHS offers many facilities for wounded warriors injured in combat.

The maxillofacial prosthetic department, laser treatment for wounded warriors, the Center for the Intrepid, and the contingency aeromedical staging facility are just a few areas dedicated to providing top-notch care.

“We saw tremendous change in the training, education and research areas in health care here in San Antonio,” Garr said. “All of the enlisted medical training across the Department of Defense has now consolidated through BRAC here in San Antonio.”



Retired Master Sgt. Nancy Hansen and Capt. Sarra Cushen paint prosthetic ears for wounded warriors at San Antonio Military Medical Center July 11. Hansen is one of two anaplastologists in the DOD and Cushen is beginning her maxillofacial prosthetic fellowship, which is a year-long program.

“In addition to the research area, we opened the battlefield health and trauma center on Fort Sam (Houston), which consolidated some of our important research and development,” the colonel added.

“The tri-service research lab, which was headquartered on Brooks City-Base, stayed here in San Antonio as well and is able to continue to provide much needed research in areas that support healthcare.”

Hepburn added that this transformation in San Antonio has been a win-win, for not only the Air Force and the Army, but most importantly is a win-win for its patients.

“Through collaboration and teamwork we have a clear focus on our patients and patients’ safety and high quality outcomes. We are shifting from healthcare to health here in San Antonio in a very positive and proactive manner.”

Hepburn believes that it is an honor to serve in one of the military’s premier health institutions and is excited about the future of military health care in San Antonio.

“The new San Antonio Military Medical Center and the new Wilford Hall Ambulatory Surgical Center, which will be finished in 2015, are beautiful facilities, but more importantly it’s the men and women, officers, enlisted and civilians who really give it the A+ rating that it so well deserves.”



Col. Alan Sutton holds a model created by his department at the San Antonio Military Medical Center July 11. Anaplastology is the art and science of restoring a malformed or absent part of the human body through artificial means.



Joint Base San Antonio Force Support Squadron

August programs, events



Back-to-school celebrations

JBSA Force Support Squadrons celebrate the end of summer and the start of another school year with three unique events.

- Students of all ages are invited to stuff their backpacks at the annual 502nd FSS Back-to-School Bash August 11, 9-11 a.m., at the Ft. Sam Houston Keith A. Campbell Memorial Library. Along with an assortment of school supplies, there will be refreshments, prizes and games. Children must be present with their parent with a valid DoD identification card. For more information, call 221-2307.

- Say goodbye to summer with family games and activities on August 24, 2-5 p.m., at Randolph Youth Programs, Bldg. 585. Activities include, face painting, arts and crafts, relay races, bouncy houses and more. Sponsored by Randolph-Brooks Federal Credit Union. For more information, call 652-3298.

- Lackland Gateway Club presents a Back-to-School Bash August 25, 11 a.m.-2 p.m. Children will be entertained with games, prizes, and a DJ. Food will be served. Prices are \$6.95 adult members and members' children ages five and older are \$4.95. Non-member adults are \$7.95 and their children ages five and up are \$5.95. Children ages four and younger are free. Reservations are required. To sign up, call 645-7034.

Airman (Warfighter) and Family Readiness

Computer lab offers Microsoft Office classes

Microsoft Office classes are available at Ft. Sam Houston's Roadrunner Community Center, Bldg. 2797. Microsoft Word Level 1, 2 and 3 are scheduled for Wednesday, Thursday and August 30. Excel Level 1, 2 and 3 are slated for August 7, 14 and 21. PowerPoint Level 1 and 2 are scheduled for August 8 and 9. Access Level 1 and 2 will be held August 22 and 23. All classes run 8 a.m.-noon. For more information, call 221-2418.

Hearts Apart meets Wednesday

A Hearts Apart support meeting for deployed family members will be held Wednesday, 4:30 p.m., at Lackland Airman and Family Readiness Center, Bldg. 1249. To sign up, call 671-3722.

Steps to starting a personal business

The Better Business Bureau presents a seminar on starting a small business August 3, 1-4 p.m., at Lackland Airman and Family Readiness Center. Learning to write an effective business plan, selecting a location and how to do market research will be among the many topics covered. To sign up, call 671-3722.

New parent class offered at Randolph A&FRC

Randolph Airman and Family Readiness Center to host a Bundles for Babies class August 3, 12:30-3p.m. The Bundles for Babies program is an Air Force Aid Society program for active-duty members (of any rank) and their spouses who are expecting a baby. Presentations are given on budgeting for baby, dental and pediatric care, new parent support and more. Active-duty attendees receive a "bundle" of baby supplies and "Baby's First Year" book. For more information, call 652-5321.

Teens learn how to use credit wisely

Lackland Airman and Family Readiness Center hosts a seminar for teens on using credit wisely. The Better Business Bureau will present the class August 3, 1-2:30 p.m. Topics will cover what credit entails, credit card fees and how credit can affect buying power. To sign up, call 671-3722.

Special education seminar teaches parents the basics

Lackland Airman and Family Readiness Center presents a Top Ten Basics of Special Education seminar August 7, 11:30 a.m.-1 p.m. Parents of students who qualify for special education are invited to learn the basics of the education process, learn acronyms and find out about resources. To sign up, call 671-3722.

Two overseas orientation classes scheduled for August

Relocation Readiness offers service members and their families reassigned to overseas stations two classes August 8, 10 a.m. or 5 p.m. at the Roadrunner Community Center, Bldg. 2797 on Ft. Sam Houston. Topics include entitlements, reimbursements, household goods shipments, employment and dependent travel. For reservations, call 221-9698.

Muppets featured in outdoor showing

The Muppets will show August 11, 30 minutes after sunset at the Main Post Flagpole on Stanley Rd. on Ft. Sam Houston for service members and their families. Movie-goers may bring chairs or blankets. Complimentary snow cones, popcorn and cotton candy complete the movie night experience. For details, call 221-1718.

Joint Base San Antonio

Relocation readiness program offers immigration forum

United States Citizenship and Immigration Services will offer a forum August 14, noon-2 p.m., at the Roadrunner Community Center, Bldg. 2797 on Ft. Sam Houston. Service members and their families with citizenship or immigration questions are invited to stop by and talk with the USCIS representatives. For more information, call 221-1718.

Teaching as a second career

Military members who are separating and interested in pursuing teaching as a second career are invited to a workshop at Lackland Airman and Family Readiness August 17, 1-3 p.m. A representative from Troops for Teachers will discuss eligibility and how alternative certification schools function. To sign up, call 671-3722.

Randolph A&FRC hosts marriage retreat

The next Randolph Weekend Marriage Enrichment retreat takes place at T-Bar M Ranch, New Braunfels, Texas August 24-26. This retreat is open to active-duty families and those families whose loved one has recently returned from deployment. Childcare is available on site. The first session begins at 5 p.m. on August 24. This retreat is sponsored by the Randolph Chapel. For more information and to sign up, call 652-5321.

Sam Houston Community Center to host newcomers

Service members and their families new to Ft. Sam Houston are invited to the Newcomers Extravaganza August 28, 9:30-11 a.m. at the Community Center on Ft. Sam Houston. The event features information booths manned by representatives from local businesses and Joint Base facilities, organizations and activities. For more information, call 221-2418.

Arts and Crafts

Back-to-school craft class

Lackland Arts and Crafts Center holds a Classroom Pencil Holder class August 3, 2-4 p.m. Participants will turn a clay pot into a supply container. The class fee is \$5. To sign up, call 671-2515.

Design your own tote bag

Lackland Arts and Crafts Center hosts a Design Your Own Tote Bag class August 6, 2-4 p.m. The class fee is \$10 and supplies are provided. To sign up, call 671-2515.

Bowling Center

Leagues forming for the fall

Ft. Sam Houston bowlers are invited to get their teams together for fall leagues at the Ft. Sam Houston Bowling Center, Bldg. 2521, Schofield Rd. Ten leagues will be starting after Labor Day, including; Tuesday Ladies League at 9 a.m., W.O.W. Trio of Women on Wednesdays at 9 a.m., Senior Citizens league on Wednesdays at 1 p.m., Quadrangle League, a mixed 5-person team, on Wednesdays at 6:30 p.m., Roadrunners, a trio of mixed seniors or adults, on Thursdays at 9 a.m. Thursday Niters at 6:30 p.m., Men's Post, a 4-man team, 6:30 p.m. Thursdays, Guys & Dolls on Fridays at 6:30 p.m., Youth League on Saturdays at 10 a.m., and Christian Fellowship on Saturday at 3 p.m. For details, call 221-3683.

Lackland Skylark Bowling Center is now accepting registration for fall mixed, ladies, senior and fun leagues. Call 671-1234 or stop by the front desk to sign up.

Randolph Bowling Center will host the following leagues starting in September: First Niters Mixed bowls on Sundays at 6 p.m., Intramural/Extramural on Mondays at 5 p.m., Ladies Early Birds on Tuesdays at 9 a.m., Tuesday Night Mixed at 6:15 p.m., Ladies ROWL at 9 a.m. on

Wednesdays and 5:30 p.m. for Wednesday Night Handicapp, Ladies Thursday Morning bowl at 9 a.m., Thursday Mixed at 6:15 p.m., Pioneer Club bowls Fridays at 10 a.m., and Youth League on Saturdays at 10 a.m. To sign up, call 652-6271.

Randolph Bowling Center offers back-to-school specials

The Randolph Bowling Center offers back-to-school bowling specials August 6-10, 10 a.m.-5 p.m. Enjoy bowling for \$2 per game, per person with \$2 shoe rental. For more information, call 652-6271.

Jazz Prodigy to perform at open microphone night

Lackland Skylark Bowling Center hosts an open microphone night in Primo's Lounge, August 11, 8 p.m. A performance by the band Jazz Prodigy, featuring Percy Lewis, will highlight the evening. All singers, musicians and poets are invited to perform as well. Call 671-1234 for more information.

Randolph Bowling Center welcomes back league bowlers

Any Randolph league bowler who is signed up for the Fall/Winter league can bowl for only \$1.50 per game August 13-17 at the Randolph Bowling Center. For details, call 652-6271.

Clubs

Competition takes the form of dominos

The Randolph Kendrick Club hosts a domino competition August 4. This competition is open to all JBSA DoD ID card holders and is limited to the first 40 players who register. Registration is at 2 p.m. with the games beginning promptly at 3 p.m. All tables will start at the same time and games will be timed. The registration fee is \$5 and prizes will be awarded to first, second and third place winners. Drink and food specials will be offered throughout the competition. For more information, call 652-3056.

Air City Bar and Grill open for business

The new Air City Bar and Grill in the Randolph Parr Club is open 11 a.m. to 2 p.m. Sunday through Tuesday and from 11 a.m. to 8 p.m., Wednesday through Saturday with the bar open until 10 p.m. The new menu is quite extensive and features enough items to appease all appetites, whether hearty or light. For details, call 652-4864.

Kendrick Club offers children's back-to-school bingo

Bring the children to play bingo at the Randolph Kendrick Club August 12, 11 a.m. with the chance to win lots of cool prizes for back to school. This is free to children of Randolph club members. A complimentary buffet of chicken tenders, fries, cookies and milk will be available for children up to 12 years of age. The Gil's Pub grill menu will be available for all others. This event is sponsored by Randolph-Brooks Federal Credit Union. For more information, call 652-3056.

Prime Rib buffet at Gateway Club

Lackland Gateway Club presents a prime rib buffet

August 17, 5-8 p.m. Prime rib, roast pork tenderloin, chicken tetrazzini plus side dishes and dessert are included in the price. The buffet is \$15.95 for members and \$18.95 for nonmembers. For details, call 645-7034.

Seafood platter featured at Lackland

Lackland Gateway Club holds a seafood platter special August 18, 5-8 p.m. The meal features baked and fried fish, snow crab legs, crab cake, shrimp, corn-on-the-cob, new potatoes, Cole slaw, hushpuppies, broccoli, clam chowder and salad. The member's price is \$29.95 per person and non-members's is \$33.95. For more information, call 645-7034.

Club members honored with special dinner

Lackland Gateway Club hosts a members' appreciation dinner August 21, 5-8 p.m. Patrons will dine on a buffet dinner with beef, chicken and fish entrees. Big band sounds and a ballroom dance contest are also featured. Members' dinner price is \$10.50, and nonmembers pay \$12.50. For more information, call 645-7034.

Kendrick Club kicks off weekends with Unwind Fridays

There is no better place to unwind than on Fridays in August, 5 p.m. to closing, at the Randolph Kendrick Club with DJ DaWreck and Mixx 808 playing great music to kick off the weekend. Make a purchase to get a drawing ticket and a drawing for club bucks will take place sometime during the evening. For more information, call 652-3056.

Live entertainment fills Sky Lounge

The Randolph Parr Club Sky Lounge offers live entertainment the first and last Friday night of the month 6:30-10:30 p.m. with complimentary hors d'oeuvres 5-6 p.m. Listen to Rob Carter August 3, and Tobias Band August 31. For more information, call 652-4864.

Community Programs

Missoula Children's Theater performs "The Pied Piper"

Lackland Bob Hope Performing Arts Center hosts the Missoula Children's Theater performance of "The Pied Piper" August 3, 3 p.m. Featured actors are Lackland students who were chosen through auditions. The show is free and open to everyone. No tickets or reservations are needed. For more information, call 671-2619.

Lackland talent search seeks an "idol"

Lackland Arnold Hall Community Center holds a Lackland Idol talent show August 17, 6 p.m. The show is free and open to everyone. No tickets necessary. Contestants will be vying for trophies and cash prizes. Call 671-2619 for more information.

AFRC offers giveaway sweepstakes

Authorized Family and Morale, Welfare and Recreation patrons have an opportunity to win one of four all-inclusive "Great Getaways" vacation packages to an Armed Forces Recreation Center including Dragon Hill Lodge & Resort, Hale Koa Hotel, Shades of Green and Edelweiss Lodge & Resort. To enter the "Great Getaways Vacation Sweepstakes," visit AFRCresorts.com. For more information, call 466-1852.

Rambler 120 teams forming now

It's time to get serious about the seventh annual Rambler 120 Team Challenge at Canyon Lake, Texas. The competition is slated for October 20 and will take participants biking through the Texas Hill Country, running across Canyon Lake dam and rafting along the shoreline for the ultimate team challenge. For more information, call 267-7358.

Force Support Squadron

Fitness and Sports

Registration underway for Ft. Sam Houston Mini-Triathlon

Patrons are invited to sign up for the Ft. Sam Houston Mini-Triathlon at the Jimmy Brought Fitness Center. The registration deadline is Sept. 8. The Mini-Tri is scheduled for Sept. 15, 6:30 a.m. beginning with a 200-meter swim at the Ft. Sam Houston Aquatic Center followed by a 5-mile bike ride and a 1-mile run ending at the Jimmy Brought Fitness Center. The cost is \$20. Registration forms are available at the Jimmy Brought Fitness Center or online at fortsammwr.com. Packet pick up is Sept. 15, 5:30 a.m. For more information, call 221-1234.

Tryouts open for varsity flag football

Player tryouts for the Varsity Flag Football Team are July 30-August 3, 6 p.m., at the Johnson Track on Ft. Sam Houston. For more information, call 808-5710.

Annual 10K bike ride offers challenge for riders

Rambler Fitness Center to host the annual Randolph Challengers 10K Bike Ride August 4, 7:30 a.m., at Eberle Park on Randolph.

Intramural fall softball league recruits players

Players interested in the men's, women's and co-ed intramural fall softball teams must submit a letter of intent by Wednesday. The coaches and rules meeting will be August 6, 1 p.m. The season starts August 20. For more information, call 808-5710.

Jimmy Brought Fitness Center hosts monthly fun run

Runners are invited to the Dog Days of Summer 5K August 25, 7 a.m., at the Jimmy Brought Fitness Center on Ft. Sam Houston. No registration is required. For more information, call 221-1234.

Randolph Fitness Center hosts 18-mile training run

The Rambler Fitness Center to host an 18-mile run August 25, 6 a.m. at Eberle Park on Randolph for all runners training for a marathon. This is the last of the three marathon training runs. This event is sponsored by Randolph Family Housing. For details, call 652-7263.

Tug of war challenge at Lackland

Lackland Gillum Fitness Center hosts a tug of war event August 22, 7 a.m. Teams will compete to win the best two out of three matches. Total team weight must not exceed 1,400 pounds. Each team must have at least one female member. The registration deadline is noon, August 21. For more information, call 977-2353.

Softball players wanted for Air Force camp

Lackland Fitness and Sports will host the Air Force softball camp August 23-September 14. All those interested in playing should contact Dwayne Reed at 671-2725 or email dwayne.reed@us.af.mil.

Jimmy Brought Fitness Center announces new hours

The new hours of operation for the Jimmy Brought Fitness Center on Ft. Sam Houston are Monday-Friday, 5 a.m.-9 p.m., Saturday-Sunday, 8 a.m.-7 p.m., and federal and army training holidays 8 a.m.-5 p.m. The new hours for the indoor pool are Monday-Friday, 5 a.m.-8:30 p.m., Saturday-Sunday, 10:30 a.m.-6:30 p.m., and federal and army training holidays 8:30 a.m.-4:30 p.m.

Golf

Ft. Sam Golf Club hosts monthly Wounded Warrior Scramble

The Ft. Sam Houston Golf Club hosts a Wounded Warrior Four-person Scramble August 3, 12:30 p.m. shotgun start at the Ft. Sam Houston Golf Club. The cost is \$25 for members and \$35 for nonmembers. The scramble includes 18 holes, dinner, gift certificates for the winners of the longest drive and the closest to the hole and for first, second and third place. The Golf Club is open daily 6 a.m.-8:30 p.m. The illuminated driving range is open daily 6 a.m.-8 p.m. The Golf Pro Shop is open daily 6:45 a.m.-8 p.m. and Mulligan's Snack Bar is open daily 6:45 a.m.-6 p.m. For more information, call 222-9386.

Members get special treatment

Randolph Oaks Golf Course members can rent a cart for half price on Aug. 6 and 27. For more information, call 652-4570.

Two-day Gateway Hills Championship held at Lackland

The Lackland Gateway Hills Golf Course Championship will be held August 25-26. The event is a 36-hole, stroke play with championship, open, senior and super senior flights. Registration is \$50 per person and includes complimentary beverages and gift card prizes. Applicable green and cart fees are not included. For more information or to sign up, call 671-3466.

Randolph Oaks has Monday Mania

Randolph Oaks customers can golf on Mondays in August for \$30, which includes green fees, cart and lunch. Lunch will be a hamburger or hot dog, chips and fountain drink. For details, call 652-4570.

Hot Deal Wednesdays at Gateway Hills

Lackland Gateway Hills Golf Course features August Hot Deal Wednesdays. Tee off noon-3 p.m. every Wednesday this month for only \$25. Included in the price are 18 holes of golf, cart rental, hot dog and beverage. For more information, call 671-3466.

Randolph Oaks offers family golf special

Starting at 6:30 p.m. Monday-Friday (except for holidays) families can golf together at Randolph Oaks Golf Course for only \$3 per adult and \$2 per child. For more information, call 652-4570.

Information, Tickets and Travel

Free Missions Baseball tickets available for military

Service members and their families are invited to Military Appreciation Night August 22, 7:05 p.m. as the San Antonio Missions take on the Frisco Rough Riders at Nelson W. Wolff Stadium. Free tickets are available at the MWR ticket office in the Ft. Sam Houston Community Center, Bldg. 1395. The ticket office is open Tuesday-Friday, 10 a.m.-5 p.m. and Saturday, 10 a.m.-2 p.m. For more information, call 226-1663.

Casino trip scheduled for September

Travel with Randolph ITT to the Grand Casino Coshatta in Kinder, Louisiana Sept. 18-19. Trip includes round trip motor coach transportation, hotel accommodations, a voucher for \$23 from the casino, and friendly service from bus driver and tour guide. Bus departs at 7:30 a.m. from Randolph ITT and returns at approximately 10 p.m. the next day. Cost is \$55 for double occupancy or \$110 for single occupancy. For more information, call 652-2301.



Joint Base San Antonio

CityPASS saves patrons money

Lackland ITT sells CityPASS vouchers for use in many major U.S. cities. Patrons can save 45-50 percent on attraction entry fees in Houston, Atlanta, Boston, Chicago, Hollywood, New York, Philadelphia, San Francisco and Seattle. For more information, call 671-3133.

Spend spring break in Europe

Lackland ITT offers spring break 2013 vacation packages. The Spring Break in Europe package features 11 days, March 7-17, in Rome, Venice, Varese, Lucerne, Paris and London. Prices start at \$3,000. The Spring Break in Spain package is a ten-day trip, March 8-17, to Madrid, Seville, Granada, Valencia and Barcelona. Prices start at \$2,700. All prices are based on double occupancy and include airfare, daily breakfast, first class hotels, some dinners and guides in select cities. For details, call 671-3133.

Library

Summer reading winds down with delicious fun

Summer readers are invited to the Reading is So Delicious Summer Reading Program grand finale activities Thursday and August 9, 1:30-3:30 p.m. at the Keith A. Campbell Memorial Library, Bldg. 1222, on Ft. Sam Houston. A jump rope throw down is slated for Thursday and a "food as art" activity is scheduled for August 9. For more information, call 221-4702.

Library offers gaming Sunday

Gamers are welcome to enjoy some virtual fun at Gaming Day August 5, 2:30-5:30 p.m. at the Ft. Sam Houston Keith A. Campbell Memorial Library. The library offers XBOX 360, PS3, Wii, and board games. For details, call 221-4702.

Library story time entertains preschool children

Home-schooled and preschool children are invited to the weekly story time Thursdays, 10 a.m. at the Keith A. Campbell Memorial Library on Ft. Sam Houston.

For more information, call 221-4702.

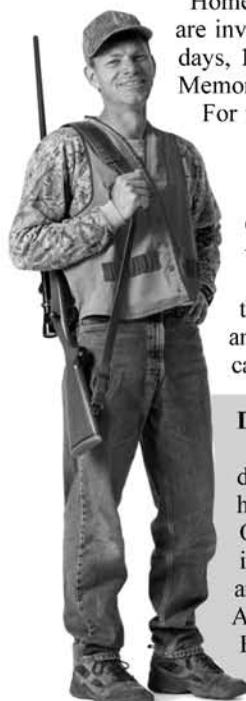
Outdoor Recreation

Camp Bullis welcomes anglers to the catfish pond

Fishing by the pond is open until the end of September every Saturday and Sunday, 8 a.m.-1 p.m. For details, call 295-7529.

Drawing date set for deer hunting

The drawing date for white-tailed deer hunting season for bow and rifle hunters is August 4 at the Camp Bullis Outdoor Recreation Center. The drawing for bow hunters is August 4, 8 a.m. and the drawing for rifle hunters is August 4, 10:30 a.m. The annual Camp Bullis hunting permit sales begin August 10. For details, call 295-7529.



Outdoor equipment center offers quarterly flea market

Ft. Sam Houston residents and MWR patrons are invited to set up and sell their goods at the Ft. Sam Houston Community Flea Market August 4 on a first-come, first-serve basis. The flea market opens to the public at 7 a.m. at the MacArthur Parade Field. For more information, call 221-5224.

August scuba diving lesson last of the season

Patrons can get their international certification (NAUI or PADI) through the Duggan Diving Course offered through Randolph Outdoor Recreation for only \$275. The last session of the summer is August 4-5 at the Randolph South Pool, 8 a.m.-4 p.m. and August 11-12 at Canyon Lake for the open water dives. Registration for this class ends Thursday. For more information, call 652-3702.

Cruise Canyon Lake at sunset

Enjoy a Sunset Cruise on Canyon Lake every Friday and Saturday night in August. Cast off from the Hancock Cove marina at 7:30 p.m. and take a scenic ride around the lake on a chartered pontoon boat. This ride lasts approximately 90 minutes, and costs \$10 for adults and \$6 for children under 12. Guests may bring drinks and snacks, but no styrofoam or glass containers. To make a reservation, call 830-226-5065.

New rental boats and campers at Lackland

Lackland Outdoor Recreation has new rental items including a small pontoon party boat, Bayliner ski boat, G3 bass boat and two new campers. Reservations may be placed up to one month in advance. Items must be paid in full at time of reservation. For more information, call 925-5532.

Youth Programs

Teen Center offers summer tours

The Ft. Sam Houston Middle School Summer Teen tours for students in grades 8-12 are in full swing. Activities run weekly through August 28, 10 a.m.-3 p.m. For some longer trips, departure and return times may vary. The cost of the trips is \$55 per week which includes afternoon snacks, lunch and entry fees to any activities. All trips depart from the Middle School and Teen Center, Bldg. 2515, Funston Rd. For more information, call 221-3386.

Before and After Care sign-up underway

Open registration for MWR patrons is available for before and after school care until slots are full at Child, Youth & School Services on Ft. Sam Houston at Parent Central. For more information, call 221-4871. Warriors in Transition and their family members register at Soldier Family Assistance, in the Acubo Barracks, Bldg. 3936. For details, call 916-6377.

Lackland Youth Programs conducts registration for before and after school care August 1-17. The program is open to ages 5-12. Fees vary based on household income. For more information, call 671-2388.

Registration deadline for the HIRED! fall session

Students, ages 15-18, are invited to join the fall session of HIRED! Apprenticeship Program, Sept. 10-Dec. 1, on Ft. Sam Houston. The registration deadline is Wednesday. Packets are

available at the Middle School & Teen Center, Bldg. 2515, Funston Road. For more information, call 221-3386.

Youth programs offers membership-free week

Celebrate recreation and summer fun by participating at Randolph Youth Programs August 13-18, when no membership card needed. Youth Programs has activities, programs, camps and classes for youth to enjoy over the summer and during the school year. Stop by Randolph Youth Programs, Bldg. 585, or go to www.randolphfss.com to see everything offered.

Parents get a night off

Lackland Youth Programs and the Gateway Child Development Center host Give Parents a Break/Parents' Night Out August 17, 6:30-11:30 p.m. Care is provided for children ages six weeks to 12 years old. Participants will enjoy a night of supervised fun, games and a snack. Pre-registration is required. To sign up, call the Lackland Youth Center at 671-2388 or the Gateway CDC at 671-1052.

Registration now open preschool soccer

Lackland Youth Sports holds First Steps fall soccer registration August 27-31 at the Youth Center. Open to ages 3-5, the fee is \$35 per participant. For full details, call 671-2388.

Little Renegades is a parent/child program that helps build confidence in children 3-5 years old while having fun and learning basic soccer skills. Register at Randolph Youth Programs, Bldg. 585, August 1-31. The cost is \$30 per child. For more information, call 652-3298.

SKIESUnlimited! offers instructional programs

A Creative Dance Class for youth ages 2-3 is available every Wednesday, 9:30-10 a.m. The cost is \$40 and participants are required to wear dance attire. A Melodies Class is available Tuesdays, 9:30-10 a.m. for children ages 18 months to 5 years old. The cost for this curriculum-based music and movement class is \$30. A Tumbling class for children ages 3-5 is offered Thursdays, 9:45-10:30 a.m. The class teaches young participants basic tumbling techniques to help prepare for gymnastics. The cost is \$45. A Tums & Bums Class is available to new mothers and their babies, 12 weeks to 1 year old, on Mondays and Wednesdays, 9-10 a.m. Registration is available at Parent Central, Bldg. 2797, or online at webtrac.mwr.army.mil. All classes are held at the Middle School & Teen Center, Bldg. 2515 on Ft. Sam Houston. For details, call 221-3381.

Part Day Enrichment registration now open

Randolph Child Development Program's Part-Day Enrichment offers individualized activities that help support children's social-emotional, cognitive, language, creative arts and physical developmental needs. The curriculum is designed to prepare preschool children to meet Kindergarten standards through a hands-on environment. Classes are offered 8-11 a.m. or 8 a.m.-noon, Monday through Friday. The program runs Sept. 10-May 24 and serves children, ages 3-5 years old. For more information, call 652-1140.

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Family celebrates three generations of Army heritage

By L.A. Shively
JBASA-FSH News Leader

More often than not, dad does know best.

Heard around the world in nearly every family, the mantra “my dad made me do it” culminated into a multi-generational military tradition July 3 for the LaMaestra family, when Mario LaMaestra III was promoted to Chief Warrant Officer 4, at the Army North headquarters on Joint Base San Antonio-Fort Sam Houston.

His father, Mario Jr., and grandfather, Mario Sr., both retired Army warrant officers, attended the ceremony.

With a combined total of more than 84 years of military service, the LaMaestras say they are extremely proud of their Army heritage, though there is some Air Force blue around the edges.

The senior Mario began his military career as an Airman.

Born and raised in South Philadelphia, Pa., he was palling around with four long-time friends and having a few drinks one afternoon when they stumbled into a joint recruiting station. Each ended up signing a commitment statement with the Air Force.

“The blue was an accident,” said Mario Sr.

Although he and his friends had meant to join the Marines, they honored their Air Force obligations.

Several years into his Air Force career, Mario Sr. was sent to Paris, France, where he had the opportunity to serve on the staff of U.S. Army Gen. Lyman Lemnitzer, then the Supreme Allied Commander of NATO, in 1963. He enjoyed the post so much; he decided to go Army at the first opportunity.

“I was sold,” said Mario Sr., “I wished I had joined the Army.”

His chance presented itself just before leaving Paris. The Army was accepting applications and he took a shot at the warrant officer program. His application was approved and he took the oath. Ten months later, he was in Vietnam.

“I didn’t hesitate. I wanted to be in the Army and didn’t object going to Vietnam.”

Going green was more purposeful for Mario Jr. His dad made him do it.

“We were not going to put up with him just hanging around the house, eating candy and reading comic books,” joked Mario Sr.

Also born in Philadelphia, Pa., Mario Jr., an “Army brat,” traveled extensively with his family, graduating high school



Retired Chief Warrant Officer 4 Mario LaMaestra Sr. (left) pins his grandson, Chief Warrant Officer 4 Mario LaMaestra III, during his grandson’s promotion ceremony. Laura Ortiz (right) also pins LaMaestra as retired Chief Warrant Officer 5 Mario LaMaestra Jr. looks on. The three LaMaestras have more than 84 years of military service between them.

Courtesy photos

in the Panama Canal Zone, where he met his future wife.

Ready for a family, the Army offered support for them and an opportunity for Mario Jr. to progress in his career field.

He enlisted, married his high school sweetheart and the couple celebrated the birth of their first child, Mario III, just prior to their first wedding anniversary. He said he never regretted his decision to enlist in the Army.

“My father showed me that the service was a place that you could succeed if you applied yourself and that service to the nation was honorable,” Mario Jr. said, “despite the times that I grew up in and social turmoil in our country.”

A career in entertainment was top on the list for Mario III, but he chose the Army instead. He said his dad made him do it, but after 19 years, he knows it was the right choice.

“Nobody truly makes someone do something. You make the choice in the end,” said Mario III, a Fort Sheridan, Ill. native. Even if I had been a famous actor or comedian, I am certain the tools and lessons learned from a military career

simply cannot compare to a single-track civilian career.”

He said his Army experience has been well rounded. He has learned computer automation, led Soldiers, deployed to austere conditions, and encountered foreign cultures, places and events not accessible to most civilians.

After Mario Jr. enlisted Mario III in 1992 in Heidelberg, Germany; father and son

served together at several duty stations.

Twelve years later, Mario Jr. commissioned his son into the warrant officer ranks, again in Heidelberg. The family came together once more for Mario III’s promotion and to celebrate the unplanned-for but happy tradition.

“I could not have asked for anything else,” Mario III said. “It was perfect.”



Mario LaMaestra III (right) takes the oath of enlistment from his father, then-Chief Warrant Officer 3 Mario LaMaestra Jr. in 1992 at the Heidelberg Recruiting Command Center, Heidelberg, Germany.



Then-Chief Warrant Officer 2 Mario LaMaestra III (right) takes the warrant officer commissioning oath from his father, then Chief Warrant Officer 5 Mario LaMaestra Jr. in 2004 at the Heidelberg Recruiting Command Center, Heidelberg, Germany – the same office where the original enlistment occurred. The father-son duo also served together several times throughout their Army careers.

INSIDE THE GATE

Motivational Impressions for Special Needs Parents

The Exceptional Family Member Program will offer Motivational Impressions (and Encouragement) for Special Needs Parents from 1:30 to 3 p.m. July 26 at the Roadrunner Community Center. To register online, visit <http://militaryfamilies.wufoo.com/forms/class-online-registration>. For more information or to register by phone, call 221-2962 or 221-0600.

Catfish by the Pound

The catfish pond on Joint Base San Antonio-Camp Bullis is open from 8 a.m. to 1 p.m. July 28 and 29. The cost is \$3/pound. Call 295-7529.

3-D Archery Shoot

Joint Base San Antonio-Camp Bullis offers the 3-D Archery Shoot July 28 and 29. Registration is from 8 to 10 a.m. Shoot ends at 1:30 p.m. Call 221-5224

Newcomer's Extravaganza

The Newcomers' Extravaganza is for all permanent party in-processing and will be held from 9:30 to 11 a.m. July 30 at the Joint Base San

Antonio-Sam Houston Community Center. The extravaganza is an opportunity to learn about JBSA-Fort Sam Houston and the San Antonio area as well as meet representatives from many different organizations, programs and businesses. Military members, spouses and families are welcome, as are civilians new to the area. For more information, 221-1681 or 221-2418.

Battlemind (Pre) Training for Families

Mobilization and Deployment will offer "Battlemind (Pre) Training for Families" from 9 to 11 a.m. July 31 at the Roadrunner Community Center, Building 2797. To register or for more information, call 221-1829 or 221-0946.

HUGS Playgroup

July 31, 9-11 a.m., Middle School Teen Center, Building 2515, call 221-0349 or 221-2418.

Excel Level 2

July 31 and Aug. 1, 8 a.m.-noon, Roadrunner Community Center, Building 2797, call 221-2518 or 221-2705.

Registration for HIRED! Fall Session

Students, ages 15-18, are invited to join the fall session of the HIRED! Apprenticeship Program, from Sept. 10 to Dec. 1 on Joint

Base San Antonio-Fort Sam Houston. Registration deadline is Aug. 1. Packets available at the Middle School and Teen Center, Building 2515, Funston Road. For more information, call 221-3386.

Virtual Family Readiness Group Training

Mobilization and Deployment will offer virtual family readiness group training from 9 to 11 a.m. Aug. 1 at the Roadrunner Community Center, Building 2797. To register or for more information, call 221-1829 or 221-0946.

ScreamFree Parenting with Hal Runkel

The Family Life Program offers a return of ScreamFree Parenting with Hal Runkel from 6 to 7:30 p.m. Aug. 2 and from 9 to 10:30 a.m. Aug. 3 at the Dodd Field Chapel. Runkel is a world-renowned expert on helping families face conflict and create great relationships. For the Aug. 2 group, a light dinner will be provided. Limited on-site childcare is available for Child, Youth and School Service-registered children. For more information or to register, call the Family Life Program at 221-0349.

Wounded Warrior Scramble At JBSA-FSH Golf Course

The Wounded Warrior Golf Scramble has a 12:30 p.m.

shotgun start Aug. 3 at the Joint Base San Antonio-Fort Sam Houston Golf Club, 1050 Harry Wurzbach Road. The cost is \$25 for members and \$35 for nonmembers. Includes 18 holes, dinner, gift certificates for the winners of the longest drive and the closest to the hole and for first, second and third place. For more information, call 222-9386.

Self Paced Initial First Termer Financial Readiness

Aug. 4, noon-4 p.m., Roadrunner Community Center, Building 2797, call 221-1612.

Flea Market

Aug. 4, 7 a.m.-1 p.m., MacArthur Parade Field, call 221-5224.

Swim Lessons

Registration is underway for summer swim lessons which run through Aug. 3. The cost is \$40/child per session. Lessons are scheduled from 9-9:45 a.m. or 10-10:45 a.m. or 11-11:45 a.m. depending on age. Registration is available Monday-Friday, noon-7 p.m. at the Aquatic Center. Sessions are Monday-Friday for two weeks and include eight days of instruction, a certificate of participation, a swim lesson T-shirt and class picture.

Middle School Teen Center Offers Summer Tours

The Joint Base San Antonio-Fort Sam Houston Middle School Summer Teen Tours for students in grades 8 -12 are in full swing. Activities run weekly through Aug. 28 from 10 a.m. to 3 p.m. For some longer trips, departure and return times may vary. The cost of the trips is \$55 per week which includes afternoon snacks, lunch and entry fees to any activities. All trips depart from the Middle School & Teen Center, Building 2515, Funston Road. For more information, call 221-3386.

Car Buying Strategies

The Financial Readiness Program will offer a car buying strategies class from 2 to 4 p.m. Aug 30 at the Roadrunner Community Center, Building 2797. Call 221-2380.

Fitness and Sports Athlete of the Year

Service members participating in intramural sports programs, monthly sporting events, varsity or extramural sports are eligible for nomination as the Athlete of the Year. Activities performed throughout the calendar year will be evaluated. An Athlete of the Year will be selected for each branch of service. Nomination packages are available at any of the Joint Base San Antonio-Fort Sam Houston fitness centers or online at <http://fortsamwr.com>. The deadline for submission is Nov. 30. Call 808-5710.

Sportsman Range

The sportsman range is open Saturdays and Sundays, 10 a.m.-2 p.m. at Joint Base San Antonio-Camp Bullis. Participants are

required to provide their own equipment for the range. Cost is \$5/DOD ID card holder. Call 295-7529.

Air Force Education & Training Center

From 7:30 a.m. to 3:30 p.m., Monday through Friday, relocated to a temporary building at 2427 Hood St. Call 221-2135.

Basic Skills Education Program

Classes are Monday-Friday 7:30 a.m.-3:30 p.m. for a period of 14 working days. Service members will receive instruction in reading comprehension, vocabulary, and math skills. The class is designed to teach basic college preparatory skills to service members with a GT score less than 110. Call 221-1738 to enroll.

Sports Scores

For Joint Base San Antonio-Fort Sam Houston and 32nd Medical Brigade intramural sports results, visit <http://bit.ly/MWRsports>.

Stilwell House

The Joint Base San Antonio-Fort Sam Houston Stilwell House, a historic landmark since 1888, is open for tours, receptions and parties. The Stilwell House is managed by the Society for the Preservation of Historic Fort Sam Houston, Inc. a 501(C)(3) corporation not affiliated with the Department of Defense. Call 224-4030 or 655-0577.

ROTC Green to Gold

The 5th Brigade Army ROTC will conduct a Green to Gold Program brief on the second Monday of each month excluding training and federal holidays. Briefings will be at 2 p.m. at the Post Education Center, Building 2248, Room 207C. For

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SAMMC from P1

what we do and teach,” said Coffman.

“The facility offers clinical skills to individuals through the use of medical simulations. We welcome all medical students, service members, doctors, nurses and anyone who may be interested in this training,” he said.

“The student will practice medical situations parallel to that of real-life scenarios enhancing their training expertise while ensuring the safety of patients.”

Each lab offers full audio and visual capabilities to hear, see, and record all that goes on during the simulation scenario.

To add to the experience, the instructor can be in the control suite with the simulation operator, so trainees

can sharpen their skills throughout the scenario or test without interruption from the instructor or operator.

Debriefing can be performed immediately following the training with AV playback and time stamping.

“Military medicine is changing the way we do business to improve the safety of patients and by offering this service (SIM center) we are ahead of schedule,” said Lt. Col. Rhonda Deen, BAMC Simulation Center medical director.

The training prepares an individual to handle patient crisis, military situations, and life-threatening emergencies before they are put in real-life situations.

“Practicing on a simulator will help prepare you to feel more self-confident and comfortable before you are put

in an environment with real patients,” Coffman said.

In some cases, simulation actors, who take on the role of a patient, can also be used.

As a result, students gain confidence in diagnosing and caring for patients, ensuring the control of infections, enhancing communication and teamwork skills.

“We absolutely love to see the light bulb go off in someone’s head when they fully understand what they’re doing and why we are here,” Deen said.

The Simulation Center also supports Graduate Medical Education by offering certifications in both Advanced Cardiac Life Support and Pediatric Advanced Life Support.

For more information, call the Simulation Center at 916-9318.

NEWS from P4

Garden Road. The new TSC will replace the old facility located in the warehouse section in Building 4196. The new facility will house a variety of training aids to include, graphic training aids and simulators for training. An additional update to the new facility will be modern classroom space for conducting hands-on training, as well as classroom-type instruction. For more information, call 221-1927.

Fitness Assessments Begin

Personnel from the 502nd Force Support Squadron will be

administering fitness assessments at the Fitness Center at the Medical Education and Training Center Mondays and Wednesdays at 7 a.m., 8 a.m. and 9 a.m. for Air Force members on Fort Sam Houston.

All-Day Appointments for CAC/ID Cards

The 502 Air Base Wing replaced the walk-in customer services at its main ID Card/CAC issuance facilities with an all-day appointment-only process for all military members, retirees, dependents, civil service employees and contractor customers. Appointment times are 8 a.m. to

3:30 p.m. Monday through Friday, scheduled in 20-minute intervals. Changes to existing ID Card/CAC and DEERS services only affect the main DEERS ID Card/CAC issuance facilities at these locations: 502nd Force Support Squadron, Building 367, Fort Sam Houston, 221-0415; 802nd Force Support Squadron, Building 5616, Lackland AFB, 671-4178; and 902nd Force Support Squadron, Building 399, Randolph AFB, 652-1845. Customers can schedule appointments at any of these facilities by visiting <https://rapids-appointments.dmdc.osd.mil/> or call the numbers listed to set up an appointment.

Did you know?

One of the best things about ICE is that people can let service providers know when they do a great job, not just for poor service. It takes 5 minutes or less to submit a comment at <http://ice.disa.mil>.





FOR SALE: 1999 Ford Explorer Sport, V6, running strong, no leaks, new shocks, five-speed standard with good clutch, new all-terrain

tires, white and tan, clean, cold air, trailer hitch, \$2,450. Call 815-2582.

FOR SALE: Solid oak roll-top desk, \$300 obo. Call 860-3781.

FOR SALE: Whirlpool stainless steel refrigerator, Whirlpool chest freezer, seven piece dining set, three piece sectional, entertainment center, patio furniture and much more. Call 951-489-9809.

FOR SALE: Complete set of MacGregor golf clubs includes transport bag, excellent condition, \$165 obo; six leather club chairs with casters, excellent condition, \$65 each or \$325 for all. Call 655-7417

FOR SALE: Rascal electric wheelchair with detachable legs, instruction manual included, \$700. Call 661-3765.

OUTSIDE THE GATE

Retired Enlisted Association

Chapter 80 of the Retired Enlisted Association meets at 1 p.m. on the fourth Wednesday of each month at the Joint Base San Antonio-Lackland Gateway Club. Call 658-2344 for more information.

Van Autreve Sergeants Major Association

The SMA Leon L. Van Autreve Sergeants Major Association meets the third Thursday of each month at 5 p.m. at the Longhorn Café, 1003 Rittiman Rd. All active duty, Reserve, National Guard and retired sergeants major are invited and encouraged to attend. Call

221-0584 or 889-8212.

Foster a Puppy

The Department of Defense dog breeding program needs families to foster puppies for three months. Potential foster families need time and patience to raise a puppy age 12 weeks to six months, a stimulating and safe home environment and a desire to help raise a military working dog. Call 671-3686 for more information.

Blue Star Museums Free for Military

Blue Star Museums, a collaboration among the National Endowment for the Arts, Blue Star Families, the Department of Defense, and more than 1,600 museums across America to offer free admission to all active duty military personnel, includ-

ing active Reserve and National Guard, and their families from Memorial Day through Labor Day 2012. San Antonio attractions honoring this include The Alamo, Casa Navarro State Historic Site, Institute of Texan Cultures, McNay Art Museum, San Antonio Museum of Art, Southwest School of Art and Villa Finale. Visit <http://arts.gov> for more details.

Morgan's Wonderland Hours Changing

Morgan's Wonderland will open earlier on most days during the 2012 summer season. The theme park will open at 9 a.m. Saturdays through Aug. 25; 9 a.m. to 4 p.m. Tuesdays through Fridays, through Aug. 17; and 11 a.m. to 4 p.m. Sundays, through Aug. 26. The park is closed Mondays during July and August. Visit [\[MorgansWonderland.com\]\(http://MorgansWonderland.com\).](http://www.</p>
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Quarry Farmers and Ranchers Market

Every Sunday, rain or shine, from 9 a.m.-1 p.m. at the Quarry Market adjacent to Whole Foods Market, 255 E. Basse Rd. Some vendors offer military discounts, live entertainment and kid's activities. Visit <http://quarryfarmersmarket.com> or call 722-5077.

Complimentary SeaWorld Admission for Military

Throughout 2012, members of the military and as many as three direct dependents may enter SeaWorld, Busch Gardens or Sesame Place parks with a single-day complimentary admission through the Here's to Heroes program. Visit <http://www.herosalute.com/cavatx/index.html>.

Edwards Aquifer Level

in feet above sea level as of July 24

CURRENT LEVEL* = 645.8'

*determines JBSA water conservation stage

Normal - above 660' **Stage III - 642'**
Stage I - 660' **Stage IV - 640.5'**
Stage II - 650' **Stage V - 637'**

For water restrictions, visit <http://www.502abw.af.mil>.



Weekly Weather Watch

	Jul 26	Jul 27	Jul 28	Jul 29	Jul 30	Jul 31
San Antonio Texas	97° Partly Cloudy	97° Partly Cloudy	98° Partly Cloudy	98° Sunny	98° Sunny	97° Sunny
Kabul Afghanistan	92° Sunny	91° Sunny	92° Sunny	93° Sunny	93° Sunny	92° Sunny

(Source: The Weather Channel at www.weather.com)

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more information, call 295-2006, 295-0429, 458-5607 or 436-3415.

Cloverleaf Communicators Club

Meetings are held the first and third Thursday of every month 11:45 a.m.-1 p.m. at San Antonio Credit Union, Stanley Road, in the conference room. Call 916-3406 or

221-8785 or visit <http://powertalkinternational.com/>.

Future Speakers on the Horizon

Enjoy food and develop public speaking and leadership skills the second and fourth Wednesday of each month, noon-1 p.m. at the Joint Program Management Office, Building 4196. Call 295-4921.

Sergeant Audie Murphy Club

The SMA Leon L. Van Autreve Chapter of the Sergeant Audie Murphy Club meets the last Thursday of each month, noon-1 p.m. at the Army Medical Department Museum. All Sergeant Audie Murphy or Sergeant Morales members are invited and encouraged to attend.

Call 221-4424 or 837-9956.

Lost Property

If you have lost any property on Joint Base San Antonio-Fort Sam Houston, call 221-2340. To claim items, you must have a form of photo identification and be able to identify the property.