



Fort Sam Houston News Leader



Vol. 38, No. 35

Fort Sam Houston – Home of Army Medicine

Aug. 31, 2006

Briefs . . .

Appointment shortage

Brooke Army Medical Center will experience a temporary shortage of primary care providers on Tuesday following Labor Day due to the holiday. Patients with routine health care needs should wait until later in the week to make an appointment. Patients with urgent needs will be seen with 24 hours. BAMC has made arrangements with a local provider group to assist with the shortage of appointments. Patients should continue to call the San Antonio Consult and Appointment Management Office at 916-9900. Patients who seek urgent care without going through the appointment office will be liable for the costs incurred. Due to deployments of providers to support the Global War on Terrorism and permanent change of station moves, BAMC will experience a provider shortage through mid-November. In the event of an emergency, the BAMC emergency room is open 24 hours a day, seven days a week.

AMEDD Museum closed

The U.S. Army Medical Department Museum will be closed Saturday in observance of the Labor Day holiday. The museum will resume regular hours Tuesday. For more information, call the museum at 221-6358.

Fort Sam Houston Museum closed

The Fort Sam Houston Museum will be closed Sunday in observance of the Labor Day holiday. The museum will resume regular hours Tuesday. For more information, call the museum at 221-1886.

ESL classes

English as a Second Language classes start Tuesday and will be held Tuesdays and Thursdays from 6 to 8:30 p.m. at the Roadrunner Community Center, Building 2797. ESL classes are designed for foreign-born spouses to increase reading comprehension, vocabulary and pronunciation. For more information or to register, call 221-2418.

GED classes

Family Employment Readiness will offer General Equivalency Diploma classes starting Wednesday. Classes will be held Mondays and Wednesdays from 6 to 8 p.m. at the Roadrunner Community Center, Building 2797. Most colleges and employers accept a GED certificate as being equivalent to a high school diploma. For more information or to register, call 221-2705.

FSH Museum 9-11 exhibit

The Fort Sam Houston Museum will commemorate the Sept. 11, 2001 terrorist attack on the Pentagon with a new exhibit opening Sept. 7. For more information, call 221-1886.

See BRIEFS on Page 3



Photo by Cheryl Harrison

Patrol Officer Marco Duarte, Fort Sam Houston Police Department, gives a sobriety test to a driver. With the upcoming Labor Day weekend, drivers are encouraged to drink responsibly and have a designated driver if necessary. If any impairment is suspected, drivers can be arrested.

Fort Sam Houston, Army crackdown on drunk driving

By Cheryl Harrison
Fort Sam Houston Public Information Office

On Monday, in the middle of the afternoon, the number of driving while intoxicated incidents rose by one on Fort Sam Houston. A civilian driver was apprehended and arrested for DWI while entering the post, right after he hit a Soldier.

“DWIs on post are a very serious problem,” said Capt. L.G. Lem, chief of traffic investigations. “Any DWI is a problem.”

The Army is joining the National Highway Traffic Safety Administration through Labor Day weekend in an effort to crackdown on drinking and driving.

Through a new campaign called “Drunk Driving. Over the limit. Under arrest.” the Army hopes to reduce the number of lives lost each year to accidents caused by impaired drivers, both in the Army and on the streets of the nation.

Marco Duarte, patrol officer on post, said, “Our motto is ‘you’re going out tonight, so are we.’”

“Police officers are always looking for drivers who may be DWI. We continue to go after them.”

In 2004, more than 15,000 people died in alcohol-related accidents, averaging one alcohol-related fatality every 31 minutes or 50 people a day, according to an annual NHTSA report. Another

248,000 people have been injured in accidents where alcohol was present, averaging one person injured about every two minutes.

“More people are killed by DWI incidents than by homicides nationwide,” Lem said. “And, sadly to say, Texas leads in alcohol-related fatalities.”

During the campaign, installation Department of the Army Police will support local law enforcement officers and implement zero-tolerance enforcement.

Local authorities will be out in force during this campaign conducting sobriety checkpoints, saturation patrols and

See DRUNK DRIVING on Page 4

Hiring Heroes Career fair to help wounded vets find new jobs

Severely injured service members and their spouses can connect with potential employers and learn about the latest civilian job opportunities at the Hiring Heroes Career Fair Sept. 19 from 9 a.m. to 3 p.m. at the Sam Houston Club, 1395 Chaffee Road.

More than 40 Department of Defense, federal and private-sector recruiters will be on hand to meet with the Soldiers and their families.

Soldiers without a resume or who may need a few resume-writing tips can prepare for the fair by attending a Heroes Resume Writing Workshop Sept. 18 from 1 to 7 p.m. at the Sam Houston Club.

“We have volunteers from the (human resources and equal employment opportunity) community on Fort Sam Houston and from the Air Force who will be on hand to assist the service members and their spouses with the preparation of their resumes and discussing jobs in the federal sector,” said Sharon Ferguson, director, Civilian Personnel Advisory Center. “All of

our volunteers are deeply committed to helping our wounded warriors in every way possible to find a job where they can utilize their skills.”

The Office of the Secretary of Defense, DoD’s Military Severely Injured Center and Military.com are co-sponsors of Hiring Heroes.

Hiring Heroes helps connect service members with DoD and other federal agencies, as well as civilian companies, with significant positions to fill. But it’s not just a career fair, said Mark Smith, chief of the Recruiting Assistance Division of the Defense Department’s Civilian Personnel Management Service.

“We don’t want them just coming in and getting interviews,” Smith said. “We want them to be prepared for an interview, know how to dress for the interview, know how to present a resume, and then basically, hopefully, get a job from that.”

The Coalition to Salute America’s Heroes, another troop-

See HIRING HEROES on Page 4

Inside . . .

From the Top	2
Health	10
Sports	11
School	13
Religion	14
MWR	18
Child and Youth Services . .	18
Community	19
Fort Freebies	20

Commander urges safety over Labor Day weekend

By Maj. Gen. Russell J. Czerw
Commander, Fort Sam Houston and AMEDDC&S

The Labor Day holiday recognizes the American worker and, more informally, the traditional end to summer. Before we embark upon this weekend, I want to thank each and every one of you for your efforts in service to our nation. Let us enter this holiday in a manner similar to how we approach our operational missions — managing risk with good judgment and sound decisions.

The Labor Day holiday weekend is the third most dangerous holiday period for alcohol-related traffic fatalities. The vast majority of these deaths could have been averted if our Soldiers and civilians had avoided deadly combinations of alcohol, fatigue, speed and failure to wear seat

belts. I need each of you to get the proper rest before traveling, wear your seat belts at all times, avoid risky behavior behind the wheel and, if you do drink alcohol, drink responsibly.

As of Aug. 22, the Army has lost 105 Soldiers due to fatal privately owned vehicle accidents. Concentrate your efforts on POV operation and recreational activities. Reinforce the basic requirement that all Soldiers and civilians driving long distances must complete the ASMIS 2 program at <https://cra.army.mil/home/>. Leaders should brief adequate sleep and rest before long trips, the wearing of seat belts, use of helmets and other protective gear if operating motorcycles, defensive driving and the wearing of life vests while boating or water skiing. I expect first-line supervisors to be intimately involved

with the safety requirements of those they supervise.

Furthermore, the Army has joined the National Highway Traffic Safety Administration in an effort to crack down on drinking and driving. The new campaign, called "Drunk Driving: Over the Limit. Under Arrest.", hopes to reduce the number of Army and civilian lives lost over the Labor Day holiday due to impaired drivers. Expect zero tolerance on and off post!

Remember, leaders must also emphasize sexual assault risks, prevention and response in their holiday safety briefings; guidance is available at www.sexualassault.army.mil.

Enjoy your time off, but more importantly, take care of yourself, your Soldiers, your employees and your family.

Fort Sam Houston News Leader

This Army newspaper is an authorized publication for members of the Department of Defense. Contents of the News Leader are not necessarily the official views of, or endorsed by, the U.S. government or Department of the Army. It is published weekly by the Army Medical Department Center and School and Fort Sam Houston Public Affairs Office, 1212 Stanley Road, Suite 4, Fort Sam Houston, Texas 78234-5004; 210-221-0615, DSN 471-0615. Printed circulation is 10,000. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected. The



editorial content of this publication is the responsibility of the director of public affairs. The News Leader is published by Prime Time, Inc., Military Newspapers, 7137 Military Drive West, San Antonio, Texas 78227; 210-675-4500, a private firm in no way connected with the U.S. government, under exclusive written contract with the Army Medical Department Center and School and Fort Sam Houston Public Affairs Office. The civilian printer is responsible for commercial advertising. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the U.S. Army or Prime Time, Inc., The Herald Newspaper Group of the product or services advertised. Stories and photos for publication consideration may be e-mailed to news.leader@samhouston.army.mil or turned in on a disc accompanied by hard copy, by noon Monday.

Army Medical Department
Center and School and
Fort Sam Houston Commander
Maj. Gen. Russell Czerw
Garrison Commander
Col. Wendy Martinson
Public Affairs Officer
Phillip Reidinger
Public Information Officer
Yolanda Hagberg
Editor/Writer
Elaine Wilson
Staff Writer
Cheryl Harrison
Layout Artist
Lori Newman

Women's Equality Day

Fort Sam celebrates Women's Equality Day

By Cheryl Harrison

Fort Sam Houston Public Information Office

Women's Equality Day was celebrated Aug. 24 at the Roadrunner Community Center, commemorating the 19th Amendment granting women the right to vote as part of the U.S. constitution.

The U.S. Congress designated Aug. 26 as "Women's Equality Day" in 1971 to honor women's continuing efforts toward equality.

A moving video presentation, depicting the history of women in America who have made notable achievements in every field of life, was shown accompanied by the Bette Midler rendition of "Wind Beneath my Wings."

Maj. Gen. Russell Czerw, Army Medical Department Center and School and Fort Sam Houston commander, opened the day's event. "Each of us can turn to a



woman on our right or our left and we can find a woman who has helped to make our nation what it is today," said Czerw.

Czerw ended by crediting two special women in his life, "If I have had any success in my life to date, it is because of two women, my mom and my wife, Michelle."

The guest speaker for the ceremony was Col. Doris Johnson, chief, nursing clinical operations, Brooke Army Medical Center.

Johnson's words of encouragement were addressed to both women and men.

Elaborating on three points, Johnson said her motto during personal struggles was "Believe it and you can always achieve it."

Emphasizing her three points, Johnson said, "We celebrate Women's Equality Day because of all the positive changes women have brought about without violence. Equality matters because it is good for everyone,

not just women.

For individuals, unfair discrimination is just plain wrong."

Continuing, Johnson said, "In my humble opinion, the military is a perfect environment of nondiscrimination."

In conclusion, Johnson said, "Education is critical to equality. It is the single most important factor in equality."

Attributing the Army for who she is today, Johnson said, "The Army has so much opportunity. It is the perfect example of an employer who seeks certain skill sets, the perfect society in terms of equality."

Women and men of our generation, and the ones to follow are living the legacy of the women's rights, won against staggering odds in a revolution achieved without violence. Celebrating women's equality commemorates the positive change brought on by the women's movement.



Photo by Ed Dixon

The guest speaker for the Women's Equality Day ceremony, Col. Doris Johnson, chief, nursing clinical operations, Brooke Army Medical Center, addressed both men and women on the importance of education and equality in today's society.

Post women share lessons learned with Soldier medics

By Ben Paniagua

Hacienda Recreation Center

A Women's Equality Day event at the Hacienda Recreation Center Aug. 24 drew a standing-room-only crowd of Soldier medics from the 32nd Medical Brigade.

The Soldiers were enthralled by Col. Doris Johnson's moving remarks. The chief of clinical operations at Brooke Army Medical Center started out with only a GED and joined the Army after receiving a bachelor's degree in nursing. She went on to earn two master's degrees and reach the rank of colonel. She is working on her doctorate at present.

A true role model for the young Soldiers, Johnson received a standing ovation after her speech.

The other guest speaker for the event was Sgt. Maj. Christy Martinez, who talked about the importance of events honoring the different cultures in American society and the importance of women's achievements in history.

A trivia quiz proved to be popular with the Soldiers. Those who were able to correctly answer questions about women and their accomplishments won an Army and Air Force Exchange Service Gift Card.

Staff Sgt. Cornelius Whitaker, of BAMC, gave a stirring rendition of "Sometimes I Feel Like A Motherless

Child." Whitaker took the opportunity to tell the young Soldier medics to listen to what they are being taught in their classes for it may possibly save their lives if deployed to a war zone.

"I just got back from Iraq, and what I learned in these classes was very important to my survival and helping other Soldiers survive while I was there," Whitaker told the audience.

The program was presented in partnership between the Hacienda Recreation Center and the 32nd Medical Brigade Equal Opportunity office. Prizes and refreshments for the troops were provided by Balfour Military Rings, AAFES and the MILES Program.

Briefs cont. . . .

Lt. Col. Wagner, memorial service

The Silver Caduceus Society will host a Candlelight Memorial Service to honor Lt. Col. Karen Wagner Sept. 11 at 5:45 a.m. at her grave site, at the Fort Sam Houston National Cemetery. Wagner died Sept. 11, 2001, while serving as a personnel policy officer in the Office of the Deputy Chief of Staff for Personnel at the Pentagon.

Freedom Walk

An America Supports You Freedom Walk will be held Sept. 11 at 9:15 a.m. at the Alamodome in commemoration of the five-year anniversary of the terrorist attacks of Sept. 11, 2001. The first-time walk will offer participants a time to reflect on the lives lost Sept. 11 and honor veterans, past and present. The event is free and T-shirts are free while supplies last. For more information or to register, visit www.operationhomefront.net/texas, call Amy Palmer at 659-7756 or e-mail amy@operationhomefront.net.

Breakfast-on-the-Go

Lincoln Military Housing will host a Breakfast-on-the-Go Sept. 13 from 7 to 8 a.m. A favorite "Kid's Recipe" contest will be held; the deadline for submitting recipes is Sept. 20. The winner will be announced Sept. 21 and will receive movie passes for the family. For photos and upcoming activities, residents can visit LMH's interactive Web site at www.samhoustonlpc.com. For more information, call LMH at 270-7638.

Vega-Cardona named 470th Linguist of the Year

By Chief Warrant Officer Michael Harrison

470th Military Intelligence Brigade

The 470th Military Intelligence Brigade named Sgt. Sharon Vega-Cardona the brigade's 2006 Linguist of the Year Aug. 18 for her language skills and leadership abilities.

The Linguist of the Year competition entails far more than demonstrating the ability to read, write, listen and speak in a foreign language. It is a culmination of leadership, soldiering and mission accomplishments using those language skills.

The 470th Military Intelligence Brigade's Linguist of the Year for 2006 proved not only a superior linguist, but also a mature and noteworthy leader, said Dave Hansen, Command Language Program manager.

Vega-Cardona stood out in the ranks by developing a high degree of target-specific language knowledge and vocabulary which significantly contributed to the completion of National Security Agency/Central Security Service Texas missions. Additionally, she was selected to stand up the brigade's new "Open Source Intelligence Cell" because of her proven technical and leadership abilities. She completed these tasks while remaining qualified in Spanish and Portuguese. Currently, she is conducting self-study to learn Italian.

Competition was tough and each unit in the brigade presented a candidate that otherwise would have stood out alone in their own rights, Saddler said. Maintaining proficiency in a foreign language is a grueling task that requires discipline, personal sacrifice and dedication. Vega-Cardona, in particular, exhibited those traits, Hansen said.

For earning the award, Vega-Cardona's name will be entered into the brigade's hall of fame roster and she will go on to compete in the Intelligence and Security Command



Photo by Spc. Jason Merrell

Dave Hansen, Command Language Program manager, presents Sgt. Sharon Vega-Cardona with an award Aug. 18 for earning the title of 2006 Linguist of the Year for the 470th Military Intelligence Brigade.

Linguist of the Year competition.

Today more than ever, the language skills and regional expertise provided by "those who know" play a critical role in the operational planning in the Global War on Terrorism. From the pre-planning stages through, most notably, the occupation stages, linguists on the ground are the eyes, ears and voice of the U.S. Army.

The 470th Military Intelligence Brigade stands out as a leader in the use of these skills. As a multidiscipline component of Army intelligence, the 470th supports this fight by training and employing Spanish, Korean, Russian, Serbo-Croatian, Persian Farsi, Persian Dari, Portuguese and Arabic linguists every day.

Soldier Show answers the call with musical respite

By Nelia Schrum

Brooke Army Medical Center Public Affairs

The 2006 U.S. Army Soldier Show stopped by Brooke Army Medical Center Tuesday for a special performance for the caregivers and patients at the hospital.

Adapting the 90-minute song and dance extravaganza to the hospital's medical mall, the Soldier performers put on a 56-minute routine taking parts of the 2006 show, "Reveille: Answering the Call."

"There is nowhere we'd rather be, than performing for the hospital staff and patients," said Soldier Show director Victor Hurtado. "The wounded here

have really answered the call by putting their lives on the line."

For one burn patient, Staff Sgt. Chris Edwards, the noon-time performance provided a welcome respite and an opportunity to relax. Edwards, who was injured from a blast from a roadside bomb while serving in Iraq's Sunni Triangle, has been undergoing medical treatment at BAMC's Burn Center for more than two years.

"The show was a great break from the hospital adventure," said Edwards. "With all the patriotic, high energy music and dancing, it reminded me of what we are fighting for and our call as Soldiers to the service of this



Photos by Norma Guerra

The Soldier Show cast finished their Tuesday Brooke Army Medical Center performance with an array of gospel songs.



Brig. Gen. James Gilman thanks the show's director, Victor Hurtado, for the special show at Brooke Army Medical Center.

nation." He said that during the show, he was struck by the talent of his fellow Soldiers.

The 2006 show highlights Soldiers' love of country, their ready spirit and commitment to victory while remembering the bugle call sound that brings Soldiers to an appointed place to accomplish the mission.

The BAMC show included 15 toe-tapping numbers including a rendition of Beatles melodies, rhythm and blues, gospel, Broadway tunes, hip-hop, rap and country music.

Thanking the group for their performance, Hospital

Commander Brig. Gen. James Gilman especially wanted to recognize the medical personnel touring with the show. These Soldiers included medics Spc. Benjamin Piel, from the Yuma Proving Grounds Health Clinic; Spc. Daniel Murray, of the 126 Forward Surgical Team, Fort Hood; Spc. Adel Nammour, 121th General Hospital Emergency Room, Yongsan, Korea; and Spc. Richard Sianoya, from U.S. Army Dental Activity, Fort Irwin, Calif.

The Soldier Show is entertainment for the Soldier by the Soldier. The traveling troupe

includes a cast of 22 Soldiers who tour around the world for six months performing on military installations.

The show traces its history back to the legendary composer Irving Berlin. While on active duty, Berlin wrote the first Soldier Show. "Yip Yip Yaphank" debuted on Broadway in 1917 and included the popular song, "Oh, How I Hate to Get Up in the Morning." Later during World War II, Berlin created another Soldier Show for Broadway, "This is the Army." That show inspired a 1943 movie starring Ronald Reagan.

Drunk driving

Continued from Page 1

using undercover officers to get more drunk drivers off the road. Drivers found guilty of driving impaired can face legal charges, which will have long-term consequences that will affect the rest of their lives.

Consequences for service members can amount to even greater actions.

The penalties can be twice as bad for a Soldier found guilty of driving under the influence or driving while intoxicated, both on or off post. A Soldier can be held accountable under the Uniform Code of Military Justice as well as to the state where the offense occurred.

"Fort Sam is a city unto itself, surrounded by a major city. We get all the run-off. Since the beginning of this fiscal year, 70 apprehensions have been made on post. And, as of Monday, it went up by one more," said Lem. "And I might add that most of the DWIs on post are over two times the legal limit."

Of the 70 apprehensions, nine arrests were made on Scott Road, six on Walters Street, three on Interstate Highway 35 at Binz-Engleman Road, one on Pershing Road, six at Camp Bullis and seven on Stanley Road. DWIs off post in the San Antonio area accounted for 24 arrests.

The 70 apprehensions included 39 active duty military, one Department of Defense civilian, two family members of active duty and 28 civilians.

"It is very rare that those who are stopped are remorseful. They are always in denial," said Lem. "I can't help but think of the number of children the drivers passed on the road that could have been hurt."

Soldiers are dying in accidents on the road that are preventable. That includes drunk driving. It is simply not worth the risk. Not to one's self, the family or the country. Drink responsibly.

DWI ... from a convicted drunk driver

As told to Cheryl Harrison

Fort Sam Houston Public Information Office

It happened as I was driving home after a long day of being with friends. I was up early that day since I was the best man in a good friend's wedding and I had things that needed to be done. After the ceremony, a group of us went downtown to sit, relax and hang out.

Later in the same evening, I was tired and ready to go home. I had been drinking, but I thought I was OK to drive. I even dropped off a couple of friends along the way.

About five blocks from my home, I was pulled over for speeding, 75 mph in a 65 mph zone. I was worried when I was pulled over, because I had been drinking.

I was very cooperative with the patrolman, because I knew if I was rude or uncooperative, it could be one more reason for the officer to detain me. I did pass the sobriety test, I was cooperative, but I was still taken in.

At first I did not think about the negative side of my actions. I didn't think this would ever happen to me. I felt ashamed and I couldn't believe I was being arrested. I felt that I let

my friends and family down.

As a result of my arrest, I was required to take courses for DWI. During the classes, the effects and other possible outcomes that can occur while under the influence were stressed. Hearing the stories about terrible accidents due to DWI, was when it sunk in to me, and I realized that I was fortunate not to have hurt myself, a family member or friend, or even hurt a stranger because of my irresponsibility.

Am I remorseful? When I look back on the incident, I would never wish anyone to go through what I did ... I still have my information and mug shot to show others and hope they never go through the same thing. It is not only a stain on my driving record, but a stain on my life that I am embarrassed about and have to live with.

Do I still drink then get behind a wheel? Yes, but I drink less, I am more cautious and more responsible. The entire incident has changed me. I am more aware that a simple mistake could have cost my life and maybe that of another.

(The person interviewed for this story prefers to remain anonymous.)

Hiring Heroes

Continued from Page 1

support organization, inspired Smith to create Hiring Heroes. He met Roger Chapin, the coalition's founder, at a luncheon and discovered the coalition, a private entity, was already working to help wounded service members transition into civilian careers.

At that point, he realized the Defense Department needed to step up to the plate. "It's great (that private organizations

are) doing it — but DoD has got to do something too," Smith said.

He was pleasantly surprised to find that Defense Secretary Donald H. Rumsfeld already had budgeted to develop the Military Severely Injured Center, he said.

"Rumsfeld had something going that was really good, and ... now it's a combined effort," Smith said. "We now support the Military Severely Injured Center, and we put our Hiring Heroes directly

with them. So it's a partnership."

Hiring Heroes held its first job fair at Walter Reed Army Medical Center in Washington, D.C., in April 2004, he said. Since then, more than 800 injured service members and their spouses have attended events at Brooke Army Medical Center; Fort Bragg, N.C.; and most recently, at Fort Gordon, Ga.

DoD alone has made more than 70 job offers, and civilian employers may have extended many more offers, he said.

"I'll be honest ... I'm biased. I want them in DoD, but I understand that's not always going to happen in all cases," Smith said. "As long as we get them a job, I'm OK with that, but we would love to keep them in the DoD family if we possibly can."

For more information about the Hiring Heroes Career Fair, call Ivan Scott at 703-501-4197.

(Source: American Forces Press Service)

Deadline approaching for filing body armor claims

WASHINGTON, D.C. — The Department of Defense has established Oct. 3 as the claims filing deadline for Soldiers seeking reimbursement for certain private purchases of protective, health and safety equipment such as personal body armor.

Pursuant to a 2004 Act of Congress, the armed services began reimbursing service members in November 2005 for private purchases of qualifying equipment made between Sept. 11, 2001, and April 1, 2006, if purchases were made in anticipation of or during the service member's deployment to Iraq or Afghanistan.

Soldiers who made purchases that quali-

fy for reimbursement, and have yet to file claims, must do so by Oct. 3. Claims should be filed with the Soldier's current unit. Former Soldiers should mail their claims to the U.S. Army Claims Service at Fort Meade, Md. Claims must be post-marked by Oct. 3.

For more information on the reimbursement program, visit www.jagcnet.army.mil and follow the link to the "Protective Gear Reimbursement Program." Soldiers can also contact Maj. Paul Cucuzzella, Claims Service, at 301-677-7009, ext. 431, or by e-mail at paul.cucuzzella@emh1.ftmeade.army.mil.

(Source: U.S. Army Public Affairs)

Blood is fluid of life

The Brooke Army Medical Center Blood Bank is running critically low on AB negative blood.

Akeroyd Blood Donor Center is reaching out to you for your support to accomplish a mission for life.

To donate blood now, call the Akeroyd Blood Donor Center at 295-4655 or 295-4989.



DoD, VA expand education opportunities for Soldiers

The Department of Veterans Affairs and Department of Defense, Health Executive Council, Continuing Education and Training Workgroup, has received approval for a proposal that will fund satellite delivery of medical education and training to VA and DoD personnel for two years.

The program will facilitate the delivery of medical education and training to a world-wide audience at little or no cost to the Army Medical Department community or to other DoD and VA agencies.

"This program will extend Soldiers' opportunities to acquire medical continuing education by using satellite technologies hosted by DoD agencies, along with the VA," said Velma Burrs, chief of the Multimedia Training Branch, Department of Academic Support and Quality Assurance, Academy of Health Sciences.

The MTB, in conjunction with the AMEDD Television Branch, will serve as the primary liaison for coordinat-

ing, marketing, scheduling and delivering AMEDD satellite continuing education and training programs. Along with satellite distribution programs may be transmitted via video teletraining and video conferencing systems when satellite downlink capabilities are not available at various facilities and units.

Programs may be pre-recorded for future delivery or distributed as live programming from the AMEDDC&S TV studio. The training sessions may be conducted as single, "stand alone" courses or as a multi-part series.

The program provides the AMEDD opportunities to develop and deliver relevant training worldwide, to include continuing medical education and continuing education professional development, sustainment, readiness, and medical and trauma training updates.

For more information or to develop or deliver satellite programs, call the MTB at 221-8510 or 221-7520.

(Source: MTB)

Maximum accreditation awarded to joint dermatology program

By Air Force Master Sgt. Kimberly Spencer
59th Medical Wing Public Affairs

LACKLAND AIR FORCE BASE, Texas — Accreditation was awarded to the Brooke Army Medical Center and Wilford Hall Medical Center Dermatology Residency Program Aug. 16.

The accreditation signifies that the integrated Army and Air Force dermatology program meets or exceeds the standards set by the Accreditation Council for Graduate Medical Education for training resident doctors to become dermatologists.

“It is an incredible accomplishment to repeatedly earn five-year accreditations from the ACGME,” said Air Force Lt. Col. (Dr.) John LeVasseur, 759th Medical



Maj. Kimberly Wenner, a second year dermatology resident assigned to the 759th Medical Operations Squadron, uses a Sciton Laser to remove severe scarring Aug. 15 while working in the 59th Medical Wing's Dermatology Clinic on Lackland Air Force Base, Texas.

Operations Squadron Dermatology Flight commander and Air Force Surgeon General consultant for dermatology. “The maximum five-year award validates the strength of our combined program under the San Antonio Uniformed Services Health Education Consortium for the past 10 years.”

“Our five-year award signifies that we have one of the best programs in America,” said Col. (Dr.) Robert Gilson, the SAUSHEC dermatology program director. “The SAUSHEC program is the largest dermatology training program in the country.”

The ACGME is responsible for the accreditation of all allopathic and some osteopathic residency training programs within the United States. Accreditation is accomplished through a peer review process and is based on established standards and guidelines. The ACGME's primary responsibility is to provide the safest and most effective medical education program for both the patients and residents.

“I am very appreciative of our outstanding teaching staff, ancillary support personnel and residents themselves, for making this distinction possible,” Gilson said.

Graduates acquire the knowledge and skill required to test for the national certifying exam in dermatology and are ready to serve anywhere they are needed at Air Force and Army installations throughout the world.

“Because of the strength of our program and faculty, we not only train future dermatologists, but also serve as a teaching resource for medical students and residents in other specialties, as well as provide worldwide consultation support for deployments, humanitarian missions and teledermatology,” LeVasseur said.

He also goes on to address the issue of integration between Brooke Army and Wilford Hall medical centers.



Photos by Air Force Master Sgt. Kimberly Yearyean-Siers
Air Force Capt. Oliver Wisco, 759th Medical Operations Squadron dermatology resident, prepares a specimen slide for viewing under a microscope Aug. 15 at the 59th Medical Wing's Dermatology Clinic on Lackland Air Force Base, Texas.

“For the future we expect to continue a tradition of excellence and be one of the first services to consolidate our geographically separate departments at both BAMC and WHMC into one space at the new south campus of the San Antonio Military Medical Center,” said LeVasseur.

Army attacks loss through transformation

By Kelly Widener

U.S. Army Combat Readiness Center Public Affairs

FORT RUCKER, Ala. — Reducing the average loss of two to three Soldiers each day will require Army personnel to know, understand and engage the threat from both the enemy and hazards, according to the director of Army Safety and U.S. Army Combat Readiness Center commander.

While discussing the transformation of Army safety in a recent interview here, Brig. Gen. Joseph A. Smith said the USACRC is educating Soldiers and providing them with the necessary Army tools and concepts to become intelligent combatants.

“Like a Rubik’s Cube, risk continuously changes as Soldiers change environments, operations tempo and exposure,” Smith said. Therefore, it is critical for them to get into a new frame of mind and become experts in managing risk and understanding all threats.

“We intelligently fight the enemy. It is a proven process of knowing your enemy and knowing yourself,” he said. “If you compare the number of losses that we’ve had over the last several years, breaking it down to accident vs. combat losses, you’ll see that we don’t do as good a job identifying and understanding hazards as we do enemies.”

The loss of aviation aircraft shows this, said Smith. Since fiscal 2002, there have been 128 aircraft that have been considered losses — unable to be fixed or repaired. Of that number, 28 were

destroyed by the enemy while the other 100 were destroyed by other accidents.

But a big ship turns slowly, he said, and changing the mind-set of the leaders, first-line supervisors and other troops in a million-man force that has more than 300,000 Soldiers in 120 countries takes time.

“There are a lot of dynamics ... and if you look at our reduction in accident fatalities and where we are in our processes, we are on track in reducing Army loss. Since last year, we’ve had a 20 percent reduction and I predict that over the next six months, there will be an even greater reduction because leaders from top to bottom are engaging the process.”

One of the primary reasons for the decline is the development of version two of the Army Safety Management Information System, or ASMIS-2. This risk-planning tool allows travelers to create a tailor-made risk analysis where they receive specific guidance about steps to take to lower overall risks on a trip. Users can also view narratives of mishaps that happened during similar trips and other traffic-safety information.

A key feature for supervisors is that they receive a copy of the risk analysis so they can discuss with the traveler the planned trip, the risks and how to control them.

Since its inception, Soldiers have completed more than 1.2 million assessments. Of those people who completed the assessments, four have been killed with only two of those actually operating the vehicle. Soldiers complete roughly three

“... we aren’t teaching Soldiers what to think. We are teaching them how to think so they can manage risk.”

Brig. Gen. Joseph A. Smith

Director of Army Safety and

U.S. Army Combat Readiness Center commander

to five thousand assessments a day.

Compared to national statistics, no one can touch the Army and what it has accomplished in the area of reducing deaths caused by vehicle accidents, Smith said. About 46,000 people died on the nation’s highways last year.

He said he believes ASMIS-2 is having a huge impact because people are engaged in the process and because they’ve developed a new frame of mind over the last few years.

“We no longer look at safety from a compliance perspective. In the past, people were simply ‘following the rules’ or a checklist as opposed to discovering what risks are out there, developing solutions, and measuring the solutions to see if they are doing better,” Smith said.

Young Soldiers are the ones most at risk, according to statistics. As might be expected, younger people are making the most risk decisions, “so we owe them something more. We owe them knowledge,” Smith said.

As opposed to telling Soldiers to avoid accidents and to be safe, the USACRC is focused on teaching Soldiers as it continues

developing a new culture and mind-set as part of the transformation of Army safety.

“Now we tell them that we recognize they are combatants. We recognize they are on the edge. We want them to own the edge. So our goal is to educate them and help first-line supervisors learn where that edge is because it’s constantly changing.

“So we aren’t teaching Soldiers what to think. We are teaching them how to think so they can manage risk,” Smith said.

The general said he believes part of the transformation of Army safety includes a cultural shift that has moved the Army focus to where the rubber meets the road — where the decisions are being made.

But transformation is a continuing process that is never complete, Smith said; however, it’s exciting when people can see the results from the transformation process.

“We have an irreversible momentum,” Smith said. “I believe that we have moved from simply looking at compliance and safety to a culture that looks at managing risk. When I think about each Soldier that has died, I am convinced that we have saved not some lives, but many lives. That’s what it’s all about.”

Kill the flame: Grills cause more than 2,000 fires each year

FORT RUCKER, Ala.— Backyard grilling accidents result in more than 2,000 fires, 300 grill-related injuries and 30 or more deaths in the United States each year, according to the Insurance Information Institute.

Fortunately, the number of gas grill fires has dropped by 50 percent since the required implementation of propane cylinder overfilling prevention devices in 1998, according to a recent release by the National Fire Protection Association.

The safety device limits the release of gas should the cylinder become heated, reducing the chances of fire and possible injury.

However, the number of deaths associated with fires caused by charcoal grills remains the same.

More grilling accidents are to be expected with year-round grilling and the endless varieties of gas, charcoal and electric grills, along with fish cookers and turkey fryers. More than 14 million new barbecue grills were purchased nationwide in 2004, according to the Hearth, Patio and Barbeque Association.

Some of the leading causes of grill fires have been the ignition of combustibles or gas fuel, leaving the food unattended and grilling in an enclosed area, according to the NFPA statistics.

There are some cases where a combination of causes have been found, said Ronny Stallworth, fire inspector of the Fire and Emergency Services Division at Fort Rucker, Ala.

“There was one fire that involved a combination of improper charcoal lighter fluid—a possible mixture of gas and paint thinner,” said Stallworth. “Also, the grill was being used under the carport, which is against local regulations.”

Following a few safety and maintenance tips while using composite risk management can help to make outdoor grilling an easy and fun experience, said Stallworth.

The following is a list of suggestions from the National Safety Council:

- Wear a protective apron and oven mitt

that fits over forearms.

- Always follow the manufacturers’ instructions that accompany a grill.
- Never use a grill indoors. Use a grill at least 10 feet away from any houses or buildings. Always use grills on level surfaces.
- Never leave a grill unattended, especially when children and pets are nearby.
- Keep fire extinguisher handy and know how to use it properly.
- Make sure the gas cylinders from gas grills are always stored outside and away from houses. Valves should be turned off when not in use. Check regularly for leaks in connections using a soap and water mix that will show bubbles where gas escapes.
- When using charcoal grills, use a limited amount of starter fluid designed for those grills. Never use gasoline. Never add more liquid fuel, which could result in a flash fire. Beware of carbon monoxide poisoning.
- Always remember that grills remain hot

even after cooking is completed.

- Be aware of local fire codes.
- If someone is burned, run cool water over the injury for 10 to 15 minutes. Fast medical attention should be administered if a serious burn occurs.

“Also, remember that grilling safety does not end after the food is cooked,” said Stallworth. “Make sure on gas grills that the valves are turned off and on charcoal grills, ensure that the ashes are totally extinguished and left in place. There are two incidences I have seen lately, where charcoal was moved from the grill to a metal container and a fire started. Remember that charcoal can burn up to 48 hours after the grilling part is complete.”

For more information about grilling

safety, visit the National Fire Protection Association Web site at www.nfpa.org or the Hearth, Patio & Barbecue Association Web site at <http://hpba.org>.

(Source: U.S. Army Combat Readiness Center)



CAP enables wounded service members to stay on active duty

By **Christelle Michael**
TRICARE Management Activity

FALLS CHURCH, Va. — Wounded service members often wonder while in the recovery process: Will I remain on



Courtesy photo

A wounded service member uses a voice recognition system provided by TRICARE Management Activity's Computer/Electronic Accommodations Program at Brooke Army Medical Center's Activities of Daily Living Apartment.

active duty? Will I be able to find a job? How will I support my family?

Thanks to TRICARE Management Activity's Computer/Electronic Accommodations Program and its assistive technology, injured services members have more options than ever.

"Our program gives injured service members hope," said Dinah F. B. Cohen, director of CAP. "We have assistive technology available to help them continue on with their military careers or transition into the workforce. Many have stayed on active duty with the help of assistive technology and couldn't do their jobs without it."

CAP provides assistive technology to injured service members who are blind, visually or hearing impaired, or have dexterity, communication or cognitive issues. This technology allows service members to participate in the work force even though they have sustained tremen-

dous injuries during war.

Assistive technology

The two most highly used assistive technology devices are voice-activated desktop software that addresses dexterity impairments and screen magnification software for individuals with partial vision loss.

Dexterity equipment and voice recognition software

Originally designed for military pilots, dexterity equipment and voice recognition software now help injured service members get the job done. The user speaks into a head set, and the word processing system generates computer documents and e-mails. The user easily creates work documents, communicates with other employees and performs research for various projects. Users are able to dictate at a normal pace, switch between a number of applications and control the mouse — all by voice.

Magnification software

Service members with partial sight rely

on magnification software to enlarge text and graphics two to 36 times the normal size. The program also reads aloud documents, e-mails and Web site text. "Injured service members coming back from the war are staying on active duty with the help of both health care and CAP services," said Cohen. "We want our Soldiers, Sailors, Airmen, Coast Guard and Marines to know we are here for them and they have more options now."

For information about assistive technology, service members can call the CAP office at 703-681-8813. A CAP staff member will contact the caller's state to request a needs assessment to identify the best solutions for each active duty service member. In addition to providing these free accommodations, the program also covers the cost of installation and training for the assistive technology. The program staff will also provide a follow up to assure the technology meets the user's needs.

For more information, visit www.tricare.osd.mil/cap/.



Courtesy photo

Snack healthy

On Friday, Preventive Dentistry Course students from the Army Medical Department Center and School presented a public health activity to pre-kindergarten children at the Child Development Center. (From left) Spc. Verny Dumpit, Pvt. Dorothy Derosier and Spc. Akela Clark demonstrate the results of good and bad snacks. This encourages choosing healthy snacks such as celery, apples and cheese, and limiting sugary snacks.

Smoke-free, courageous forever

Attend smoking cessation classes in the Health Promotion Center and learn how to find the courage to give up the nicotine habit forever, whether you smoke, dip or chew. Become one of our graduates and earn your "wings." Visit the Health Promotion Center, Room L31-9V, Brooke Army Medical Center, or call 916-3352 or 916-5538.



Breast-feeding classes

Wilford Hall Medical Center now offers breast-feeding classes for expectant parents. The two-and-one-half-hour classes are conducted by an international board-certified lactation consultant once a month in the hospital's birthing center. Expectant fathers are encouraged to attend so they can learn how to support their wife. Call the TRICARE appointment line at 916-9900 and ask for an appointment with the Wilford Hall Medical Center Pediatric Clinic and then specify the breast-feeding class. For more information, call Karen Haveman at 292-6452.

Army Community Service

Financial Readiness – September Class Schedule

Class	Date	Time
Personal Financial Management	Tuesday and 7	2 to 4 p.m.
Financial Planning	12 and 14	2 to 4 p.m.
Checkbook Maintenance	19 and 21	2 to 4 p.m.

Personal Financial Management – Information on credit reports, maintaining budgets and effective savings planning.

Financial Planning – Focuses on savings, credit and establishing budgets.

Checkbook Maintenance – Geared toward personnel referred by the command for abusing and misusing check-cashing privileges; however, anyone can attend.

Classes are held in Training Room 1 at the Roadrunner Community Center, Building 2797 on Stanley Road. For more information or to register, call 221-1612.

TSP seminar

A Thrift Savings Plan seminar will be held Sept. 27 from 2 to 4 p.m. in the Roadrunner Community Center, Building 2797, Stanley Road. The seminar is open to all Army and civilian personnel. For more information, call Lydia Rodriguez at 221-1612.

SPORTS BRIEFS . . .

Golf tournament

The San Antonio Chapter of the National Defense Transportation Association will host its 21st Annual Scholarship Golf Tournament Sept. 15 at Gateway Hills Golf Club at Lackland Air Force Base, Texas. Complete details and entry applications are available on the Chapter Web site at http://home.att.net/~alamondta/golf_flyer2006.htm. For more information, call Stephen Rohrbough at 496-9429.

Boxers, coaches needed for Brought III

The Jimmy Brought Fitness Center is seeking boxers and coaches to participate in Boxing at the Brought III. The event is Oct. 28 at 6 p.m. Boxers and coaches must register with USA Boxing and be training 30 days prior to the event. Pre-registration and pairing of boxers begins Sept. 28. For more information on USA Boxing registration and Boxing at the Brought III, call the Morale, Welfare and Recreation Sports Branch, Boxing Club at 221-1532 or 221-1342, or e-mail dou-

glas.stanley@samhouston.army.mil or john.m.rodriguez1@samhouston.army.mil.

Men's basketball team tryouts

Tryouts for coach and player positions on the post men's basketball team will be held Tuesday through Sept. 8 at 6:30 p.m. at the Jimmy Brought Fitness Center. For more information, call Earl Young at 221-1180, or e-mail earl.young@samhouston.army.mil.

Women's basketball team tryouts

Tryouts for coach and player positions on the post women's basketball team will be held Tuesday through Sept. 8 at 6:30 p.m. at the Jimmy Brought Fitness Center. For more information, call Earl Young at 221-1180, or e-mail earl.young@samhouston.army.mil.

Instructors needed

The Jimmy Brought Fitness Center seeks instructors for pilates and yoga classes. For more information, call Lucian Kimble at 221-2020.

Troop Salute

232nd Medical Battalion

**Soldier of the Week**

Name: Pfc. Crystal Garcia

Unit: F Company

Hometown: Austin, Texas

Reason for joining the Army: To acquire leadership skills necessary to work in a professional environment, and eventually, transfer to Army crime lab to gain experience and work for the FBI.

**Junior Leader of the Week**

Name: Pvt. Anthony Graves

Unit: F Company

Hometown: Paso Robles, Calif.

Reason for joining the Army: To tell my son I did what I could when my country needed me.

Aggie shares college, life lessons with JROTC cadets

By Cadet 2nd Lt. Brittany Maas
Robert G. Cole High School Junior ROTC

An important decision students have to make upon graduation from high school is the selection of the right university. These decisions can have life-long implications for Robert G. Cole High School students.

Consequently, representatives from different institutions of higher education visit the Cole campus throughout the school year to provide students with pertinent information on issues such as enrollment procedures, education opportunities, scholarships and financial aid to assist them in making suitable choices.

One of the first university representatives to visit this year was Spencer Bolger, a Texas A&M University at College Station recruiter who graduated from the university in 1960. He visited Robert G. Cole High School's Junior ROTC classes Aug. 22.

Bolger shared his experiences as a member of the Texas A&M Corps of Cadets, an Army infantry officer and retired businessman.

"Texas A&M has an enrollment of over 44,000 students. The education offered is one of the best in this country," he said. "By being a member of the Corps of Cadets, a student can not only take advantage of this great education, but can learn valuable leadership and life skills that will last a lifetime."

The Cole JROTC cadets are provided many opportunities throughout the year to visit with guest speakers from various



Photo by retired Lt. Col. Robert Hoffmann
Spencer Bolger, representing Texas A&M University at College Station, speaks to the Cole High School Junior ROTC cadets about the benefits of a college education.

universities. Cadets routinely listen to representatives from the military service academies, Texas public universities and many other various private schools from throughout the state and nation.

"I think getting an understanding of the difference between being in a college ROTC program versus being a 'regular' student is very important to a cadet's career decision-making process," said Cadet 2nd Lt. Frank Thompson, JROTC B Company commander. "These visits really give me an insight to college life."

School board members needed

The Fort Sam Houston Independent School District is accepting nominations for its five-member board of trustees. Board members are nominated by the garrison commander and appointed by the State Board of Education. Military personnel, their spouses and post civilian employees may serve. Applications must be submitted by Sept. 12. For more information, call Keith Toney at 221-9613 or Brenda Berry at 295-4806.

School board meeting

The Fort Sam Houston Independent School District Board of Trustees will meet today at 11 a.m. at the Fort Sam Houston ISD Professional Development Center, 1908 Winans Road.

Fort Sam Houston Independent School District

Weekly Calendar –
Monday through Sept. 9

FSH Elementary School

Monday

School holiday/Labor Day

Tuesday

Iowa Test of Basic Skills Test for grades one through six, 8:30 a.m.

Wednesday

Iowa Test of Basic Skills Test for grades one through six, 8:30 a.m.

Early dismissal

Kindergarten through fourth grade, 2 p.m.

Pre-kindergarten, 2 p.m.

Fifth and sixth grade, 2:30 p.m.

Sept. 7

Iowa Test of Basic Skills Test for grades one through six, 8:30 a.m.

Sept. 8

Iowa Test of Basic Skills Test for grades one through six, 8:30 a.m.

Last day to earn 10 Cougar cash

Spirit day

Robert G. Cole Jr./Sr. High School

Monday

School holiday/Labor Day

Tuesday

Junior varsity/varsity volleyball at Medina, 5 and 6 p.m.

Wednesday

Senior class/parent meeting in cafeteria, 6:30 to 7:30 p.m.

Sept. 7

Junior varsity football at St. Anthony, 5 p.m.

Sept. 8

Grades seven through 11 pictures in gym foyer during English classes

Varsity football vs. St. Anthony at Cole, 7:30 p.m.

Junior varsity/varsity volleyball at Natalia, 4:30 and 5 p.m.

Sept. 9

Senior photos in mall area by appointment

North East cross country at UTSA, TBA

Football/junior varsity/varsity volleyball tournament at Stockdale, 10 and 11 a.m., and 12 p.m.

Post Worship Schedule

Main Post Chapel, Building 2200, 221-2754

Catholic Services:

4:45 to 5:15 p.m. - Confessions - Saturdays
5:30 p.m. - Mass - Saturdays
9:30 a.m. - Mass - Sundays
11:30 a.m. - Mass - weekdays

Protestant Services - Sundays:

8 a.m. - Traditional Protestant
11 a.m. - Traditional Protestant

Jewish Services: 379-8666 or 493-6660

8 p.m. - Fridays - Worship and 8:30 p.m. - Oneg Shabbat

Dodd Field Chapel, Building 1721, 221-5010 or 221-5432

Catholic Service: 12:30 p.m. - Mass - Sundays

Protestant Services:

10:30 a.m. - Collective Gospel Protestant - Sundays

9:30 to 11:30 a.m. - Women's Bible Study (PWOC) - Wednesdays, child care is provided.

Samoan Protestant Service: 8:30 a.m. - Sundays

Brooke Army Medical Center Chapel, Building 3600, 916-1105

Catholic Services:

8:30 a.m. - Mass - Sundays

11 a.m. - Mass - Sundays

11 a.m. - Mass - weekdays

Protestant Services:

10 a.m. - Worship Service - Sundays

12 p.m. - Worship - Wednesdays

AMEDD Regimental Chapel, Building 1398, 221-4362

Troop Catholic Mass:

11 a.m. - 32nd Med. Bde. Soldiers - Sundays

Troop Protestant Gospel Service:

9:45 a.m. - 32nd Med. Bde. Soldiers - Sundays

Troop Protestant Service: 8:30 a.m. - 32nd Med. Bde. Soldiers - Sundays

FSH Mosque, Building 607A, 221-5005 or 221-5007

10:30 a.m. - Children's Religious Education - Sundays

1:30 p.m. - Jumma - Fridays

7:30 p.m. - Adult Religious Education - Thursdays

Evans Auditorium, 221-5005 or 221-5007

Mormon Service: 9:30 to 11:30 a.m. - Sundays

Installation Chaplain's Office, Building 2530, 295-2096

Contemporary service: 11:01 a.m. - Sundays

Web site: www.samhouston.army.mil/chaplain

RELIGIOUS HAPPENINGS . . .

Protestant Women of the Chapel

PWOC will meet Wednesdays from 9:30 to 11:30 a.m. A Thursday study will also be available at Dodd Field Chapel from 6:30 to 7:30 p.m. starting today. Childcare will be provided. For more information, call Lois Griffith at 226-1295 or visit www.samhouston.army.mil/chaplain/pwoc.



Collective protestant gospel service

The gospel service will hold a "Bride of Jesus" prayer breakfast and workshop Sept. 9 from 8:30 a.m. to 2 p.m. at Dodd Field Chapel. Jeannette Boyles, Campus Crusade for Christ, military ministry, will be the workshop presenter. A light breakfast and lunch will be served. Childcare will be provided. Reservations are due Friday. For more information, call Bedell Springs at 445-4588 or Linda Caldwell at 260-8911.

Sept. 11 remembrance service

A remembrance service will be held Sept. 11 from 12 to 12:30 p.m. at the Army Medical Center Regimental Chapel. For more information, call Chaplain Jonathan Etterbeek at 221-4362.

Catholic Religious Education Registration

Registration for Catholic Religious Education for children, First Holy Communion and Confirmation classes is now in progress. Classes begin Sept. 24. To enroll a child or for more information, call Brian Merry at 221 5006 or e-mail brian.merry@samhouston.army.mil.

Solicitation for chapel services

The U.S. Army Contracting Agency, Southern Region Contracting Center West, Fort Sam

Houston, is soliciting for the following chapel services:

- Catholic priest
- Choir director, 11 a.m., Installation Chaplain's Office
- Choir director, 11 a.m., Main Post Chapel
- Pianist, Catholic Mass, 12:30 p.m., Dodd Field Chapel
- Musician/choir director, 9:15 a.m., Catholic, Army Medical Department Regimental Chapel
- Choir director/musician (piano, organ or guitar), 9:30 a.m., Catholic Mass
- Catholic priest
- Pianist/organist, 8 and 11 a.m., Protestant, Main Post Chapel
- Organist/pianist, 10:30 a.m., gospel service, Dodd Field Chapel
- Keyboard player, 10:15 a.m., gospel service, AMEDD Regimental Chapel
- Choir director, 11 a.m., Catholic service, AMEDD Regimental Chapel
- Mentor coordinator

Solicitations will close Sept. 12 and awards made Sept. 20. For more information and to obtain a copy of the applicable solicitation, call Lulu Cachola at 221-3751 or Donna VanGilder at 221-5586 after Tuesday.



Photo by Jose M. Orozco

Pleasanton celebrates the Cowboy

Staff Sgt. Katherine Carrasco (far left) represents Fort Sam Houston Aug. 19 at the 41st annual Cowboy Homecoming Parade in Pleasanton, Texas, also known as the "Birthplace of the Cowboy." Carrasco is joined by Air Force representatives Senior Airman Francisca Alaka (front left), from Randolph Air Force Base, Texas; Sharon Earley (front right), from Brooks City-Base, Texas; and Tech. Sgt. Hope Skibitsky (back right), from Lackland Air Force Base, Texas. The three-day festivities, from Aug. 16 to 19, included a carnival, rodeo, bull riding, queen's coronation and concerts.

Post Pulse:

In observance of Labor Day, what job do you feel deserves more recognition or appreciation and why?

"Schoolteachers. They are underpaid for the work they do."
Chief Warrant Officer Ed Smith



"Mothers. I am a mother and I know how difficult it is to raise children, take care of a home and sometimes work, too."
Pat Anderson



"Police and firemen. They put their lives on the line in their work."
Jim Chambers



"I have two answers – nurses and schoolteachers. They are the hardest workers and more underpaid than the Soldiers."
Lu Nix



"Military police, because they are always guarding what we do and they keep us in line."
Pvt. 1st Class Charles Moore



"Probably in today's time, it would have to be the Soldier and Family Assistance Center people. They work with the wounded Soldiers who have fought in the war."
Les Walters



Photos by Elaine Wilson

Refugio Nevarres renovates a house on Stanley Road in 100-degree heat. Hundreds of construction workers have been braving the summer heat so housing renovations can be completed on time.



Anna Saldana, of Relief Enterprise, Inc., cleans bathroom sinks in Building 124, just one of the many janitorial tasks Saldana performs on a weekly basis.

Martha Lopez, Rocco dining facility cashier, hands change to customer James Starcher. The dining facility caters to thousands of Soldiers and civilians each day with a varying menu and courteous workers.



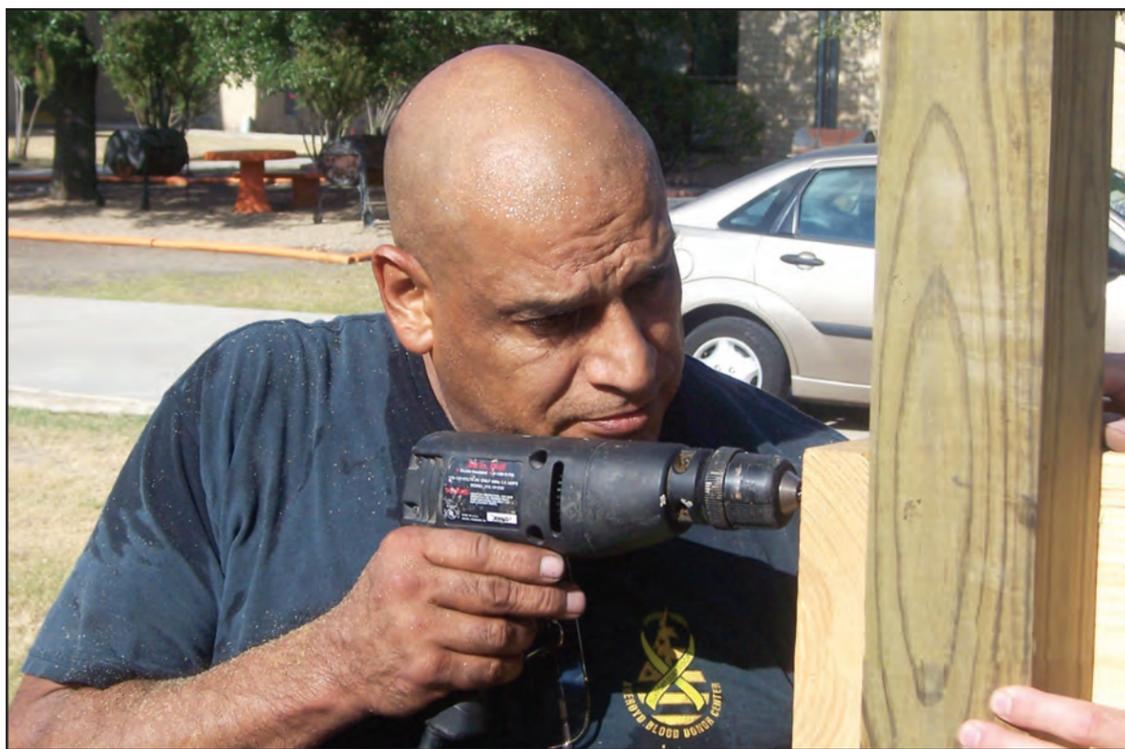


Photo by 1st Sgt. Dwight Wafford

Mike Rodriguez, a maintenance worker for the Department of Public Works, helps build the bed of a 5-ton truck Saturday so Soldiers can practice dismounting during convoy operations training — work he did on a volunteer basis. His regular job is to respond to service orders in the barracks.



Sharon Dabney bags groceries at the Fort Sam Houston Commissary. She and the other baggers also cart grocery bags out to shoppers' cars in rain, sleet or shine.

Celebrating Fort Sam's workers

By Elaine Wilson
Fort Sam Houston Public Information Office

The true meaning of Labor Day often gets lost in a flurry of barbecues, pool parties and gratitude for an alarm clock-free morning.

Along with being a day of rest, Labor Day is also a national tribute to the contributions workers have made to the strength, prosperity and well-being of the nation.

It's a tribute to workers like Mike Rodriguez, a maintenance worker for the Department of Public Works, who volunteers his time to help Soldiers.

"He donated his personal time to help the unit build a mock 5-ton vehicle bed so the Soldiers can practice dismounting for convoy operations training," said 1st Sgt. Dwight Wafford, of C Company, 187th Medical Battalion. "He is one of the more dedicated men I have had the pleasure of working with and he definitely has a heart for the Soldier and their quality of life."

And a tribute to workers like Shawn Lowery, a Family Child Care provider, who has been caring for military children for more than 18 years.

"I want to ensure the safety of military children," she said. "I have a child of my own and I understand the importance of stability. I try to provide a home environment that will provide stability for them."

The celebration of Labor Day can be traced back

to early 1882, when Peter J. McGuire, a carpenter and labor union leader, proposed an idea for a holiday honoring American workers at a labor meeting. New York's Central Labor Union approved his proposal and planned events for the second Tuesday in September. McGuire suggested a September date to provide a break in the long stretch between Independence Day and Thanksgiving.

The first Labor Day holiday was celebrated Sept. 5, 1882, when 10,000 workers assembled in New York City to participate in America's first Labor Day parade, according to the Department of Labor. While the first Labor Day was held on a Tuesday, the holiday was later moved to the first Monday in September, the date the nation continues to honor.

In 1898, Samuel Gompers, head of the American Federation of Labor, called Labor Day "the day for which the toilers in past centuries looked forward, when their rights and their wrongs would be discussed ... that the workers of our day may not only lay down their tools of labor for a holiday, but upon which they may touch shoulders in marching phalanx and feel the stronger for it."

At Fort Sam Houston, most military and civilian employees will "lay down their tools of labor" Monday. From the Soldiers running at the crack of dawn to the workers renovating homes outside in 100-degree weather, it will be a well-deserved day off.



Eugene Cross, a Brooke Army Medical Center food service worker, performs kitchen clean up after the noon meal at the BAMC Dining Facility. Clean up is only one of many responsibilities food service workers have in the performance of their daily duties.

Photo by Michael Dulevitz

Howard Baer picks up elementary students for drop off at the Fort Sam Houston Elementary School. Baer is also a special education teacher and coach at the school. "Our teachers really care about children," said Dr. Gloria Davila, Fort Sam Houston Independent School District associate superintendent. "They not only provide inspiration and skills for life during the school day, but go above and beyond in taking care of our children."



Photo by Lionel Q. Lowery III



Ruby Sanchez and Amanda Jeter fold towels at the Jimmy Brought Fitness Center. Despite the ever-growing piles, Sanchez and Jeter seem to enjoy their work. "It's the best job while I'm in college," Jeter said. "It's fun," Sanchez added.

Soldiers to compete for Military Idol title

By Ben Paniagua
Hacienda Recreation Center

The date is fast approaching when Fort Sam Houston will name its Military Idol. The competition will be held Sept. 13 and 14 at 6:30 p.m. at the Hacienda Recreation Center.

The show will be two days instead of one due to the high number of participants.

Soldiers will compete a cappella Sept. 13. Some

Soldiers will be eliminated that night and others will move on to the finals Sept. 14, when they will perform accompanied by music.

A three-person panel of judges will select the Soldiers who will move on to the Sept. 14 finals. During the finals, both the judges and the audience will select the winners, each with 50 percent of the vote.

Ballots will be handed out to the audience to vote for their favorites. With each purchase in the Hacienda Snack Bar, audience members will receive an additional ballot.

The first place winner, Fort Sam Houston's Military Idol, will receive \$500 in cash and represent Fort Sam Houston at the Army military finals at Fort Belvoir, Va., in October. The winner will also receive an additional \$500 for the military unit being represented. The second place winner will receive \$250 and third place will receive \$100.

The show is open to the public, and is sponsored by Morale Welfare and Recreation and the Armed Forces Vacation Club.

2006 Combat Medic Fest

The 2006 Combat Medic Fest will be held Oct. 21 from 7:15 a.m. to 6 p.m. at the MacArthur Parade Field. The Combat Medic Run will kick off the day-long festivities and includes a 5K, 10K and 10 meter run or walk. Other activities includes a parade, arts and crafts fair, live entertainment, games, contests and children's activities. For the first time, the festival will include a barbecue cook-off, "Funniest Soldier on Post" competition and a dance contest. Additionally, the Directorate of Morale, Welfare and Recreation is seeking food and arts and crafts vendors and participants to enter into the parade and barbecue cook-off. To register as an arts and crafts or food vendor, call 221-5225. To participate in the "Funniest Soldier on Post" contest, call John Rodriguez at 221-1234. For more information on event activities, call 221-3003. The Combat Medic Fest is sponsored by DeVry University, Ford, First Command Financial Planning, Y100 FM, Z106.7 FM and Hotel Marquis Airport.

COMMUNITY RECREATION

5K run walk

A 5K Fun Run Walk will be held Saturday beginning at 9 a.m. at the Jimmy Brought Fitness Center. Registration fee is \$10 per person. To register or for more information, call Will Lloyd or Lucian Kimble at 221-2020 or 221-1234.

Dove season opens

Dove season opens Saturday at Camp Bullis. For more information on dove season, call the Camp Bullis Outdoor Recreation Center at 295-7577.

Free Judo classes

Free Judo classes are held at the Jimmy Brought Fitness Center every Saturday from 10 to 11:30 a.m. For more information, call Carl Johansen at 279-1742.

Health and Wellness Fair

A Health and Wellness Fair will be held Sept. 20 from 10 a.m. to 1 p.m. at the Jimmy Brought Fitness Center. Activities include cholesterol screening, diabetes screening, proper weight training, nutrition information, door prizes and more. Participants who wish to have a cholesterol screening must fast 12 hours before the screening. The event is free. For more infor-

mation, call 221-2020 or 221-1234.

'Read to the Kids' program

The Fort Sam Houston Library has a Video Messenger System that gives children of deployed or pre-deployed Soldiers the opportunity to stay connected with their parents. The program captures Soldiers reading a children's book while being videotaped and recorded. A completed copy of the video or DVD is then mailed to the Soldier's home. Books used in the program are available at the post library. The service is by appointment only. To make an appointment or for more information, call 221-4702 or 221-4387.

Winter Swim Improvement Program

Sign up for the Winter Swim Improvement Program at the Jimmy Brought Fitness Center Saturday and Sunday, and Sept. 9 and 10 from 9:30 to 11:45 a.m. Students must be present during the registration process and ready to enter the swimming pool to take a swim test. The program consists of eight week-long lessons taught Saturdays or Sundays. The first session begins Sept. 16, and the last session starts March 18. The program is for swimmers with levels two through six skills. Its purpose is to increase students' current swimming knowledge and ability. Sessions are limited to 10 students per class chosen on a first-come, first-served basis. The cost is \$35 per student, per session. For more information on the program, call Amanda Ballew at 221-1234 or 295-8861.

DINING AND ENTERTAINMENT

Sam Houston Club, 224-2721

Lunch on the run

The Sam Houston Club will offer lunch to go Friday. Customers can select take-out items from the deluxe salad bar for \$4.95 or the buffet bar for \$6.95. Delivery service is also available with a minimum of 10 orders required. For more information, call 224-2721.

'Welcome to the Neighborhood'

The Sam Houston Club and Lincoln Military Housing will host a "Welcome to the Neighborhood" party Sept. 22 at 4:30 p.m. at the Sam Houston Club. Free food, musical entertainment by a disc jockey and door prizes will be provided. The evening will conclude with a presentation to the winner of the grand prize drawing. This event is open to the public and sponsored by Brook Owens of Keller Williams Realty, Clarence Wooten Jr., DBA Primerica Financial Services and Insley Evans of KE & Associates. For more infor-

mation, call 224-2721.

Family-style Sunday brunch

Brunch is held the first and third Sunday of each month from 10 a.m. to 1:30 p.m. The next brunch will be held Sunday and will feature a kids' meal station, chocolate fondue station, complimentary champagne and international food station. The cost is \$13.95 for nonmembers, \$11.95 for members and \$7.95 for children 6 to 11 years old. Children 5 years old and under eat free. For more information, call 224-2721.

Bowling Center, 221-3683

'Have a Ball' open house

Bring the family to the Fort Sam Houston Bowling Center Friday from 5 to 9 p.m. for free bowling. Bowl to the rhythm of music and mesmerizing lights from newly installed bumpers and gutters. Customers who bowl a strike during the fifth and ninth frames will receive a free MWR T-shirt (while supplies last). For more information, call 221-3683. The event is sponsored by First Command Financial Planning and Home Depot.

Winter league bowlers needed

Winter league bowlers are needed at the Fort Sam Houston Bowling Center. League play begins Tuesday. Leagues include the Ladies Trio Handicap, Mixed Four-Person Team, Short Season Trio Mixed Handicap, Seniors Mixed Five-Person Team, Roadrunners Trio Mixed Handicap, Thursday Niters Mixed Four-Person Team, Men's Post Five-Man Teams Handicap, Guys and Dolls Mixed Four-Person Team and the Christian Fellowship Mixed Four-Person Team. Team and individual players are welcome. For more information, call 221-3683.

Bowl-A-Jam

Customers can enjoy Bowl-A-Jam for only \$7 Sept. 23 from 7 to 10 p.m. at the Fort Sam Houston Bowling Center. Players pay \$7 and receive unlimited bowling, shoe rental, T-shirts (while supplies last) and an order of fries (one per lane). Bowl to glowing lights and the sound of music provided by an on-site disc jockey. Register to win the evening's grand prize drawing for a free bowling ball. The event is sponsored by First Command Financial Planning and Home Depot.

Golf Club, 221-4388

Labor Day Golf Tournament

Swing into action at the Labor Day Golf Tournament Monday at the Fort Sam Houston Golf Course. Shotgun start time is 1 p.m. The cost is \$35 for

members and \$55 for nonmembers. Price includes tournament play, cart rental, prizes and awards banquet that follows the conclusion of the event. This tournament is a two-person scramble. To register and for more information, call the Pro Shop at 222-9386. The event is sponsored by Brook Owens of Keller Williams Realty, Gallop and Associates, Texas Veterans of Foreign War and Enterprise Rent-A-Car.

Warriors Monthly Scramble

Register up to four players to participate in the Warriors Monthly Scramble Wednesday. The scramble is held the first Wednesday of each month at the Fort Sam Houston Golf Club. Shotgun start time is at 1:30 p.m. The entry fee is \$20 per person and includes cart rental, prizes and social following the scramble. Participants must be in an authorized pass or leave status. Register at the Golf Club's Pro Shop or call 222-9386.

Harlequin Dinner Theatre

The romantic comedy "The Rainmaker," by N. Richard Nash, will play at the Harlequin Dinner Theatre Wednesday through Sept. 30. Performance tickets are \$23.95 Wednesdays and Thursdays and \$26.95 Fridays and Saturdays. The house opens for salad bar and cocktails at 6:15 p.m., the buffet is open from 6:30 to 7:30 p.m. and the show begins at 8 p.m. Military discounts are available. For more information or reservations, call 222-9694.

MWR ticket office

Tickets are on sale at the Morale, Welfare and Recreation Ticket Office located inside the Sam Houston Club for popular local attractions and events as well as for out-of-state theme parks. Tickets are now available for Schlitterbahn's military appreciation weekend Saturday through Monday and the Texas A&M vs. Army collegiate football game Sept. 16. Get San Antonio Speedway tickets for \$6 through Oct. 21.

Coushatta casino resort trip

The MWR Ticket Office and the Sam Houston Club are sponsoring a trip to Coushatta Casino Resort in Kinder, La. The bus departs from the Sam Houston Club Oct. 10 at 7 a.m. and returns Oct. 11 at 10 p.m. The cost is \$44.95 per person and includes motorcoach transportation, overnight hotel accommodations, continental breakfast at the hotel and one \$23 coupon for the casino. Tickets are available at the ticket office. For more information, call 226-1663 or 224-2721.

CHILD AND YOUTH SERVICES

Before and after school registration

Register youth for the before and after school program for middle school and open recreation. Participants must have a Child and Youth Services membership. To register for membership, patrons will need to provide a leave and earnings statement or pay stub, two local emergency designees, \$18 registration fee and youth's Social Security number.

Coaches needed for soccer

The Child and Youth Services Sports Program is recruiting volunteer soccer coaches. All volunteer coaches are required to undergo a background check. For volunteer information, call Central Registration at 221-4871 or 221-1723. For more information, call 221-4882 or 221-3502.

Parent Advisory Council meeting

The Child and Youth Services Parent Advisory Council

will meet Sept. 19 from 11:30 a.m. to 12:30 p.m. at the Child Development Center. Lunch will be provided. All CYS patrons are encouraged to attend. This is an opportunity to meet staff and learn of upcoming events and parent education opportunities.

Family Child Care Online

Family Child Care Online is a marketing tool that allows parents to take a virtual tour of FCC homes. In addition, parents can read about the provider's philosophy of care, hours of operation and background. This online tool can be accessed through the Child and Youth Services Central Registration office at Building 2797 from 8 a.m. to 4:30 p.m.

Home-based child care

Family Child Care offers home-based child care for ages

4 weeks to 12 years on and off post with certified providers. FCC offers full-day, part-day, before- and after-school care, hourly care, extended hourly care and long-term care. For referral information or child registration, call Central Registration at 221-4871 or 221-1723.

Off-post child care options

The Army Child Care in Your Neighborhood program offers military families more child care options in the local community. Family Service Association of San Antonio has recruited two child care centers and 25 civilian providers in areas surrounding Fort Sam Houston for use by local Army families. The centers and providers are monitored to ensure they meet Army standards. For more information or to inquire about child care, call Family Service Association at 299-2480 or Fort Sam Houston Central Registration at 221-4871 or 221-1723.

Events

Jelly Jamboree, raspberry stomp

The Fischer & Wieser, Specialty Foods Inc. will sponsor the fourth annual Jelly Jamboree and world's first raspberry stomp Saturday from 9 a.m. to 8 p.m. at Fischer & Wieser's das Peach Haus, 1408 S. US 87, Fredericksburg, Texas, one mile south of Main Street on Highway 87 South. Admission is free. For more information, call 830-997-7194 or visit www.jelly.com.

Oatmeal, Texas walk

The Selma Pathfinders Volksmarch Club will host a 5K and 10K walk starting at the Oatmeal Community Center, 8306 CR 336, in the historic community of Oatmeal, Texas, Saturday. Begin the walk between 8 a.m. and 1 p.m., finish by 4 p.m. For more information, call Phyllis at 496-1402, e-mail papre1947@yahoo.com or visit the club Web site at www.geocities.com/Yosemite/Gorge/8195/.

Author visits Fredericksburg, Texas

John Wukovits, author of "One Square Mile of Hell: The Battle for Tarawa," will share his observations from his newly published book at the National Museum of the Pacific War in Fredericksburg, Texas, Monday. The program will begin at 11 a.m. in the George Bush Gallery lobby and conference room of the museum, located at 311 E. Austin St. The program is free and open to the public. The museum and the bookstore will be open Labor Day weekend from 9 a.m. to 5 p.m. Free parking is available behind the visitor's center on East Austin Street. For more information, call 830-992-2765 or visit www.nimitz-museum.org.

20th annual Grapefest

The 20th annual Grapefest, the largest wine festival in the southwest, will take place in the historic Main Street district at Grapevine, Texas, Sept. 7, 8, 9 and 10. Wine lovers and connoisseurs from across the nation will sample award-winning Texas wines. For more information, call 817-410-3185 or visit www.grapevintexasusa.com.

Lone Star, Sierra Club conference

The Lone Star Chapter of the Sierra Club will host the South Central Texas Regional Water conference Sept. 9 from 8:30 a.m. to 3:30 p.m. at Chapman Hall Auditorium, Trinity College, San Antonio. The registration fee is \$20 paid before Tuesday or \$25 at the door. Students and press attend free. For more information, call 512-477-1729 or visit lonestar.chapter@sierraclub.org or <http://texas.sierraclub.org>

Castroville, Texas walk

The Trinity Trekkers Volksmarch Club will host a 10K and 5K walk in historic Castroville at the Regional Park south of U.S. Highway 90 in Castroville, Texas, Sept. 9. Begin between 8 a.m. and noon, finish by 3 p.m. For more information, call David Toth at 521-8684 or e-mail dntoth@sbcglobal.net.

Freedom walk

Operation Homefront will sponsor Freedom Walk 2006 Sept. 11 beginning at 9:15 a.m. at the Alamodome in San Antonio. On this same day, throughout the country, in big and small venues, citizens will gather to participate in America Supports You Freedom Walks. For more information, call Amy Palmer at 659-7756, e-mail amy@operationhomefront.net or visit www.operationhomefront.net/texas.

Country, gospel music show

A country jamboree, country and gospel music show is presented the second Monday of each month from 7 to 10 p.m. at the Seguin-Guadalupe County Coliseum, 810 S. Guadalupe St. in Seguin, Texas. There will be a military appreciation show Sept. 11 with free admission for all active duty military personnel who present ID cards. For all others, admission is \$6, with children under 12 free. For more information, call Horace or Linda

Comfort at 512-392-1545 or visit www.lonestarjamboree.com.

Wilford Hall Sept. 11 exhibit

Wilford Hall Medical Center will showcase a photo exhibit titled "Avenue of the Strongest" by New York photographer Mark Roddenberry. The exhibit will be displayed Sept. 11 to 15 in the hospital atrium in memory of those who lost their lives Sept. 11, 2001, in the World Trade Center buildings. For more information, call the Wilford Hall Public Affairs Office at 292-7688.

ASMC luncheon

The Alamo Chapter of the American Society of Military Comptrollers will host a luncheon Sept. 13 from 11 a.m. to 1 p.m. at the Fort Sam Houston Golf Course restaurant. The guest speaker will be retired U.S. Air Force Col. Sidney Heetland, who will talk about "Federal deficits and their impact on you!" For reservations, e-mail Kathy Scott at Kathy.scott@cen.amedd.army.mil or Pat Reynolds at Patrick.reynolds@us.army.mil by Wednesday.

San Antonio Manufacturers' Job Fair

The San Antonio Manufacturers Association will host a Manufacturers' Job Fair Sept. 13 from 10 a.m. to 6 p.m. at the Norris Conference Center at Crossroads Mall. While the job fair includes companies looking to fill professional positions, most of the attending manufacturing firms are looking for production workers. For more information, call 979-7530.

AT&T Pioneers Motorcycle Run

AT&T Pioneers will sponsor the second annual Motorcycle Run Sept. 16 beginning at the AT&T building on 530 McCullough and ending in Shiner, Texas. San Antonio proceeds will benefit the United Service Organizations Council of San Antonio and Central Texas Inc. Registration fee is \$30. Participants who pre-register by today will receive a T-shirt, pin and a catered lunch. Participants who register the day of the event will receive a pin. For more information, visit www.motorcycle-run-for-the-troops.org.

OCSC luncheon

The Officer and Civilian Spouses' Club will host a luncheon Sept. 19 at 11 a.m. at the Sam Houston Club. A special presentation of jewelry sales by the James Quality jewelers from Bangkok, Thailand, will be in the ballroom from 10 a.m. to 2 p.m. A percentage of the total sale of the jewelry will be donated to the OCSC Welfare and Scholarship Funds. For luncheon reservations, call Sigrid Reitstetter at 226-8806.

Military Community Job Fair

More than 100 employers will participate at the San Antonio Military Community Job Fair Sept. 20 from 9:30 a.m. to 3 p.m. at the Live Oak Civic Center, 8101 Pat Booker Road, located at the junction of Interstate Highway 35 and Anderson Loop 1604. Bring plenty of resumes. For a list of participating employers, call 221-1213 or visit http://www.acap.army.mil/centers_webs/27/mpolyer%20listing%20sep%2006.

Gardens by Moonlight

The San Antonio Botanical Society will host Gardens by Moonlight at the San Antonio Botanical Garden Sept. 30 from 7 to 11 p.m. Tickets are \$12 in advance or \$15 at the gate and will be on sale at Starbucks beginning Sept. 11. To reserve a table for 10 guests, call 829-5360. For more information, visit www.sabot.org.

Spirits of San Antonio tour

Docia Williams, author of a number of books on ghosts, including "The History and Mystery of the Menger Hotel," will conduct a bus tour of some of San Antonio's most "spooky" places Oct. 6 beginning at 7 p.m. Participants will hear of local hauntings as they stop at the Spanish Governor's Palace, the Menger Hotel and the Bullis House. The cost is \$52. Registration deadline is Sept. 22. For more information, visit www.communi-

tyed.neisd.net or call North East Community Education at 657-8866.

Jayhawks Bn. Alumni reunion

The Jayhawk Battalion Alumni Association will host the second annual alumni homecoming Oct. 7 at the University of Kansas Military Science Building. Events include the Wall of Fame induction ceremony, awarding of JBAA scholarships, cadet demonstrations, a Kansas Army ROTC history display and refreshments. Former cadets of the university and its cross-enrolled schools, family members and supporters are invited. For more information, visit <http://www.armyrotc.ku.edu> or e-mail Henry.David.Pendleton@us.army.mil.

Meetings

NCO Wives Club meeting

The Noncommissioned Officers' Wives Club will meet Tuesday at 10 a.m. at the Sam Houston Club. Spouses of military members and active duty women in the ranks of E-4 through E-9, active or retired, are welcome.

Warrant Officer Association meeting

The Lone Star Chapter of the U.S. Army Warrant Officers Association meets on the third Monday of the month at 7 p.m. at VFW Post No. 8541, located at 2222 Austin Highway, between Perrin Beitel and Eisenhower roads. All active duty, retired, reserve, National Guard warrant officers and family members of current or former warrant officers are invited. For more information, call Bill Strout 590-2642 or e-mail bstrout@texas.net or Suzan Farrell 378-0422 or e-mail suzan.farrell@us.army.mil.

SAMC study group

The Sergeant Audie Murphy Club, SMA Van Autreve Chapter, will conduct a study group Tuesdays and Thursdays from 11:45 a.m. to 12:45 p.m. in Building 1350 for Soldiers preparing for competition boards. For more information, call Master Sgt. Adrienne Berkley at 295-4545 or 737-4540 or e-mail Adrienne.Berkley@us.army.mil, or call Sgt. 1st Class Tiffany Reid at 295-4442 or e-mail Tiffany.reid@amedd.army.mil.

BAMC chess club

The Brooke Army Medical Center chess club meets Mondays from 4:30 to 7 p.m. in the BAMC Medical Mall. The club is open to military and their family members, civilians and patients; experience is not necessary. People can bring a chess set, or sets can be provided on site. For more information, call Sgt. Michael Veri at 557-2477 or e-mail michael.veri@cen.amedd.army.mil.

BOSS seeks single Soldiers

The Better Opportunities for Single Soldiers meets the first and third Wednesday of every month at 1:30 p.m. at the Hacienda Recreation Center. The BOSS committee was established to provide Soldiers input to the commander, who uses the committee's recommendations to improve single Soldiers' Morale, Welfare and Recreation programs. For more information, call Staff Sgt. Micaela Reyes at 221-8947.

Training

Green to Gold briefings

Fort Sam Houston's Education Center will sponsor a Green to Gold briefing for Soldiers interested in the ROTC program. The briefing is Sept. 20 from 9 to 11 a.m. and 1 to 3 p.m. in the Army Learning Center, Building 2247, Stanley and New Braunfels roads. The ROTC cadre from a local university and the 12th ROTC Brigade will be available to answer questions.

Thrift Savings Plan seminar

A Thrift Savings Plan seminar will be held Sept. 27 from 2 to 4 p.m. at the Roadrunner Community Center, 2797 Stanley Road. For more information or to register, call Lydia Rodriguez at 221-1612.

Funded Legal Education Program

The Office of the Judge Advocate General is now accepting applications for the Army's Funded Legal Education Program. Under this program, the Army sends up to 15 active duty commissioned officers to law school at the government's expense. Selected officers will attend law school beginning in the fall of 2007 and remain on active duty while attending law school. The program is open to commissioned officers in the ranks of second lieutenant through captain. Applicants must have at least two, but not more than six years of total active federal service at the time legal training begins. For more information, officers should contact their local Staff Judge Advocate; on post, call 221-2777.

Undergraduate evening studies

St. Mary's University will have a representative available for appointments Wednesdays and Thursdays from 9 a.m. to 4 p.m. at the Fort Sam Houston Education Office, Room 206. For more information, call 226-3360. For information on undergraduate admission to St. Mary's, call the Office of Evening Studies at 436-3215 or e-mail evst@stmarytx.edu. For information on graduate admission, call 436-3214 or e-mail at <http://www.stmarytx.edu/eveningstudies>.

Computer certification

St. Mary's University and New Horizons Computer Learning Center will be available to discuss computer certifications at the Fort Sam Houston Education Office, Room 206, Tuesdays from 9 a.m. to 4 p.m. For more information, call 226-3360 or e-mail at <http://www.stmarytx.edu/continuingstudies/>

Volunteer

Free kits help military families

Sesame Workshop and Wal-Mart Stores, Inc. with additional support from the New York office of Mental Health and the Military Child Education Coalition, have partnered to produce a new project, "Talk, Listen, Connect: Helping Families During Military Deployment." These bilingual kits will help military families and their young children cope with the feelings, challenges and concerns experienced during various phases of deployment—pre-deployment, deployment and homecoming. Each kit includes a Sesame Street DVD, a parent or caregiver magazine and a children's activity poster. To request a free kit or download the materials, visit <http://www.sesameworkshop.org/tlc/>.

Marching band seeks new members

The Alamo City Community Marching Band is accepting new members for the fall season. There are no auditions or tryouts. People 18 years and older, who can play an musical instrument, are eligible. The band provides sousaphones, baritone horns and percussion instruments. French horn players are needed. The band performs in and around San Antonio. Rehearsals are held Mondays from 7 to 9 p.m. at the American Legion Hall, Post 2, 3518 Fredericksburg Road in San Antonio. For an application or more information, call 733-0120 or visit www.alamocity-band.org

Patients with pelvic pain needed

People who currently have pelvic pain are invited to participate in a research study. The study will test stomach muscles. This information may help determine if problems with stomach muscles are causing symptoms. All participants must be Department of Defense beneficiaries. For more information, call 2nd Lt. Jeff Dolbeer at 541-1271.

Children's Shelter seeks families

The Children's Shelter seeks new foster and adoptive parents to care for children in Texas. Children's ages range from newborn to 17 years old. The Children's Shelter is a nationally accredited agency that provides a safe haven and emergency care for children who have been abused, abandoned or neglected. For more information, call Alejandra Chavez at 212-2500, ext. 6701 or e-mail achavez@chshel.org.

Submission guidelines:

Freebies are published on a first-come, first-served basis. The deadline is noon Monday. Freebies are intended for personal household goods, and may only be submitted by active, retired or reserve military members and civilian employees working on Fort Sam Houston. Real estate ads will not be published. To submit a Fort

Freebie, e-mail news.leader@samhouston.army.mil or fax to **295-0512**. Freebies run for one week unless submitter calls to renew. Limit of five items per entry. For more information, call 221-1031.



For Sale: Cherry wood dinette set with six chairs, two-piece cherry wood china cabinet, \$1,200; cherry wood coffee and two end tables, \$300 or all pieces for \$1,400; dryer, \$100. Call 527-8553, leave message.

For Sale: Chrome rims with tires, 16 inches, \$300 obo; nursing education books, \$5 each. Call 396-6966, leave message.

For Sale: Four-year old male golden retriever, neutered, \$100; 10 propane tanks, \$10 each; Lane cedar hope chest, walnut finish, \$150. Call 223-4606 or 260-3975.

For Sale: 2003 Ford Ranger Super Cab Edge, black, in great condition, \$12,000. Call 566-5034 or 667-5771.

For Sale: Board games, two story garage, 20-inch Barbie beetle and jeep, tub full of various toys, \$50 for all; double-sided easel, \$10; five Bratz in carrying case plus

accessories, \$25; purple dish chair, \$20. Call 697-9261.

For Sale: RCA 21-inch color TV, \$50 obo; Bush Lancaster Collection entertainment center, 5 feet wide by 4 feet, 6 inches tall, fits 36-inch TV, shelves for stereo, VCR, DVD player and movies, best offer. Call 595-8079.

For Sale: Chain link fencing with two gates and all materials, 100 feet. Call 224-7936.

For Sale: GE 24.9 cubic-foot, side-by-side refrigerator, white, new, \$800 obo. Call Jack or Cathy at 658-1643, leave message.

For Sale: 2002 Suzuki JR80, in good condition, \$1,000 obo. Call 830-980-2940.

For Sale: Two five-in-one infant to toddler crib, \$50; sewing machine table, old style with hidden machine storage. Call 237-8597.

For Sale: 2001 GMC Sierra pick-up, four-door, extended cab, 112K miles, ac, runs great, \$9,500. Call 916-3626 or 830-510-4190.

For Sale: BMW Z4 car bra fits model 2003 to 2006, \$75 obo; soft top assembly, covers the convertible top when it is down, for all mustang convertibles fits model 2002 to 2005, \$100; racquetball racket, \$15; tennis racket, \$15. Call Rita at 295-6321 or 512-589-7286.

For Sale: Complete set of new in-line skates with safety pads, sizes 7.5 and 10, \$50 each set, obo; Greek Flokati rug, 5 feet by 8 feet, in excellent condition, \$65 obo; four rosewood chairs from Hong Kong, \$600 obo; solid marble corner table, \$75 obo; adjustable exercise step, \$10. Call 375-5408.

For Sale: V-Tech learning toys for infant

and toddler, \$1 to \$6 each; Pro-Form stride select 825 elliptical exerciser, \$180. Call 478-0322.

For Sale: Authentic Burberry, nova check, small hobo tote with strap, good condition, \$175. Call Toni at 279-3367.

For Sale: Two adult Boston terriers, male, 5 years old, and female, 3 years old, black and white, CKC reg., shots, vet records, crate, miscellaneous, \$300 for both. Call 829-8772.

For Sale: Bundy Selmer flute, case, pads, in great condition, \$150 obo. Call 821-5479.

For Sale: Kenmore heavy duty extra capacity plus washer and gas dryer, \$200. Call 481-7108, leave message.

For Sale: Grandfather clock, in excellent condition. Call 653-3286.

Garage Sale: Sept. 2, 7 a.m., 191 Guilford Forge, Universal City.