

News Leader

FORT SAM HOUSTON



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**ARSOUTH
CHANGE OF
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SEPT. 14
9 a.m.
MacArthur
Parade Field



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Photo by Lisa Braun

Navy Rear Adm. William M. Roberts (far left) became the second commandant of the Medical Education & Training Campus during an Assumption of Command ceremony Sept. 7. (Also pictured: Army Col. Gino Montagno, METC deputy commandant (center), and Air Force Chief Master Sgt. Joel Berry, METC command chief (right).

Medical Education and Training Campus welcomes new commandant

By Lisa Braun
METC Public Affairs

Navy Rear Adm. William M. Roberts became the second commandant of the Medical Education and Training Campus during an Assumption of Command ceremony Sept. 7.

Among the distinguished guests were Roberts' wife, Patricia, inaugural METC

commandant retired Rear Adm. Bob Kiser and his wife, Geraldine, and Navy Cross recipient, retired Master Chief Hospital Corpsman Don Mason and his wife, Sharon.

In his remarks, Roberts recognized Army Col. Gino Montagno, METC's deputy commandant, for his dedicated and devoted leadership

See METC, P14

JBSA-Fort Sam Houston honors Gold Star mothers, families

By Sgt. 1st Class Christopher DeHart
ARNORTH Public Affairs

Honoring those who have fallen in war has been a tradition since the beginning of our nation – and no one feels the impact of this loss greater than the mothers and families of our lost heroes.

However, since the government began formally recognizing those who have suffered the loss of their loved ones in this way in 1936, it has served to create a community that bonds these women and families together like no other.

And with this in mind, U.S. Army North, Joint Base San Antonio-Fort Sam Houston and San Antonio communities prepare to pay their respects to the survivors of these fallen warriors at the Gold Star Mother's Day and Fallen Heroes Room of Remembrance ribbon-cutting ceremony Sept. 29.

The ceremony will be held at the Survivor Outreach Services building at 1 p.m. and will honor their strength – and their loved ones' sacrifices. The building is located at 1304 Stanley Road, Building 131.

Gold Star Mother's Day is observed annually in the United States on the last Sunday of September. It is a day for the nation to recognize and honor those who have lost a son or daughter, who were serving the United States armed forces.

"This reinforces the commit-

ment we have to our survivors and makes sure resources are committed to them," said Jessica Stocker, U.S. Army North family program manager and

coordinator for the Gold Star Mothers and Families event. "We want them to know

See GOLD STAR, P6



Photo by Sgt. Lee Ezzell

Jim Stokes and Marlene Nash, two of the Joint Base San Antonio-Fort Sam Houston Survivor Outreach Services coordinators, affix the Gold Star flag Sept. 11 to the front of the new SOS building. The building officially opens to the public Sept. 29 following the ribbon-cutting ceremony in honor of Gold Star Mothers' and Families' Day.

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Many Americans move in search of better opportunities; for some, moving is a lifestyle

By Lt. Col. Zoltan Krompecher
 Commander, ARNORTH Headquarters and Headquarters Battalion



In many military homes hangs a sign reading "Home is Where the Military Sends Us."

But, from the first moments Drill Sergeant Posey mangled my name while dropping me for push-ups for the major infraction of breathing, I wanted out.

Twenty-five years later, my business suit remains camouflage.

I miss my hometown. I miss the smell of freshly cut hay, brisk autumn evenings, the Great Lakes, the grittiness of the Rust Belt and hard-core sports fans. Most of all, I miss the people.

Surprisingly, similar thoughts spill into my mind when leaving military installations. I'll miss those who welcomed me with handshakes and smiles.

On military posts – where medals shine brightly on uniforms like Christmas ornaments – families brace for good-byes before leaving places they've briefly called home.

Witnessing luggage carriers secured with parachute cord (a must for any military man worth his salt) and rolling caravans with a Jed Clampett/Tom Joad feel is common.

Moving ushers in an ensemble of projects that end with children saying goodbye to BFFs before relying on Facebook and Skype as lifelines to each other.

This is the part when movers collect our lives in boxes and deposit them at unfamiliar locations. They trample on grass where

behind and gently place them in our hearts.

Once departed, we're gypsies while traveling to our new destination.

One July, I pulled a trailer stuffed with a Harley, toys and bedding behind my old Cherokee. Early into the trip, my wife, Tina, cruised by as I limped up a mountain at a whopping 20 mph while the engine's temperature gauge hovered near "meltdown."

For five days, I drove with the heat on high and windows down – vacillating perilously between heat exhaustion and hypothermia – staggering into hotels at night to Tina (poolside, sipping a mai tai) awaiting her road warrior. Still, benefits exist in this life we've chosen.

Once, two international officers walked into my yard to thank me when our daughter, Annie, shared her brownies from her lemonade stand with them, and then explained how enlightening their time in America had been.

"Want to see America?" I replied. "Follow me," and revealed our backyard, full of children laughing and smiling. "Those two boys on the trampoline are Muslim. The red-haired girl is Jewish. The other girl, Leah, is mine. The boys on the tire swing (black and white) are my son and his best friend, Isaac.

"We're Catholic; Isaac's Protestant. Over there are Timmy Zamora and Emma Durant. Our neighbors span the globe.

Daily, these children come together and see past religion and color. You want to see America? You're looking at it."

The gentlemen nodded, smiled, and left enjoying their brownies. When we moved, I left behind the tire swing.

Thomas Wolfe's: "You can never go home again" rings true.

For years, I planned to return to a Mayberry-like town where everything would be just as I left it ... but time changes things. Once-best friendships fall away like peeling paint to be replaced with a new coat and color. I believed home was where I grew up – but that's not enough.

Home is where people cultivate friendships during difficult times, a family tree with limbs and branches budding with special friends.

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News Briefs

ARSOUTH Change of Command Sept. 14

Maj. Gen. Simeon G. Trombitas, commander of U.S. Army South since November 2009, will relinquish command to Maj. Gen. Frederick S. Rudesheim in a change of command ceremony at 9 a.m. Sept. 14 at the MacArthur Parade Field. Rudesheim is taking command of Army South following an assignment as the deputy director for joint and coalition warfighting, joint civil-military operations, the Joint Staff in Suffolk, Va. Rudesheim is a 1981 Army ROTC graduate of the University of Texas at Austin. Air Force Gen. Douglas Fraser, commander of U.S. Southern Command will host the ceremony.

Stray Dog Capture Begins Sept. 17

According to 502nd Civil Engineer Squadron sources, the number of stray dogs on Joint Base San Antonio-Fort Sam Houston has increased dramatically during the past several months. An independent animal control specialist has been temporarily contracted to capture the dogs at various locations during a period of two to three weeks, starting Sept. 17. Residents are asked not to approach the traps or attempt to release the captured canines. The vendor will transport the dogs to local animal shelters, where they can be checked for microchips and rabies. Residents and people who work on the installation are reminded not to feed any stray animals. For more information, call 221-3144.

Hispanic American Heritage Month events

The 470th Military Intelligence Brigade hosts an opening event for October's Hispanic American Heritage Month (which runs from Sept. 15 to Oct 15) at 10 a.m. Sept. 14 at the main entrance of the post exchange. Another event is planned for noon Oct. 2 at the Blesse Auditorium. Guest speaker is Army South Command Sgt. Maj. Gabriel Cervantes. Call 221-0417 for more information.

Chief Petty Officer Pinning

The Navy Medicine Training Support Center's Chief Petty Officer's Mess holds the fiscal year 2013 CPO pinning ceremony at 10 a.m. Sept. 14 at 2472 Stanley Road, Building 2770. All are invited. Call 441-2289 for more information.

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Suicide prevention is a shared responsibility

By Maj. Gen. M. Ted Wong
Commander, Southern
Regional Medical Command and
Brooke Army Medical Center



Each year, the Army designates September as Suicide Prevention Month.

Throughout this month, the Army will intensify its efforts to make sure every Soldier, civilian and family member is aware of the available resources and programs on hand to help them, and the importance of reaching out for help when needed.

Suicide prevention is a shared responsibility of commanders, leaders, Soldiers, and civilians at all levels.

We must work together to combat this complex, pervasive issue that affects everyone in our society.

On Sept. 27, the Army will conduct a Suicide Prevention Safety Stand Down Day for all

Soldiers, Army civilians and interested family members.

The theme of this day is "Shoulder to Shoulder, We Stand Up for Life." This stand down aims to promote good health, conduct team discussions and training, provide resiliency training, and complete risk-assessment screenings.

Activities occurring this day include Ask, Care, Escort training that teaches suicide behavior recognition

and the warning signs associated with suicide and the Comprehensive Soldier Fitness Program, that focuses on educational and holistic mind, body, and spirit programs to promote resiliency and overall comprehensive fitness.

Every soldier will be educated on numerous agencies and organizations that provide behavior health services on Joint Base San Antonio-Fort Sam Houston.

Every suicide is an unnecessary death and we must work hard to prevent them from occurring.

From our most senior leaders on down we are committed to combating the stigma of seeking help and providing a healthy, supportive environment.

However, defeating this issue will take active involvement from every leader, Soldier, family member and

Army civilian.

We need to look out for one another each and every day, and stay on the alert for changes in someone's demeanor or behavior.

Take this time and opportunity to educate yourself on what to do before you are faced with someone who might hurt himself or herself. It could save a life.

If you suspect someone is in need, offer to help or to listen, and get your leadership engaged.

If you're the one feeling overwhelmed, be sure to seek help, talk with a behavioral health specialist, your doctor or a chaplain.

Standing "shoulder to shoulder," we can combat suicide and the stigma that prevents people from seeking help.

I encourage you to dedicate this month to learn more about suicide prevention.

It is not a weakness to seek help when needed; it is a sign of strength.

FREE CONFIDENTIAL SERVICES ARE AVAILABLE:

Substance Abuse Program, 295-4094

Military Family Life Consultants, 376-7824

National Suicide Prevention Lifeline,
1-800-273-TALK (8255)

Wounded Soldier and Family Hotline,
1-800-984-8523

Military Crisis Line,
1-800-273-8255, press 1

September Army-wide stand down to support suicide prevention

By David Vergun
Army News Service

Vice Chief of Staff of the Army Gen. Lloyd J. Austin III ordered an Army-wide suicide "stand down," scheduled for Sept. 27, as a way to empower leadership to prevent further loss of life due to suicide.

The stand down is meant to familiarize all members of the Army family with the health promotion, risk reduction, suicide prevention, and comprehensive Soldier and family fitness resources available in the Army.

The stand down will also focus on how to improve the health and discipline of the force and reducing the stigma associated with seeking care for behavioral health issues.

The stand down was issued after Austin visited installations around the Army and listened to Soldier feedback and suggestions, said Walter O. Morales, chief of the Army Suicide Prevention Program.

"He realized more work was needed to address the issue of suicides in the Army and to ensure the awareness

and training momentum continues," Morales said. The last Army-wide suicide prevention stand down took place in 2009.

During that event, Morales said, the Army used the "chain teach" approach to push information down to Soldiers.

"For example, the Army required that specific training materials would be used and specific training requirements met, although some supplemental training was allowed, such as leader-led discussions," he said.

This time, Morales

said, the stand down will be different.

"Activities and training will be less prescriptive," he said. "Commanders now have the flexibility to assess the needs of their units and customize the training and activities."

Morales said some commanders might opt for a "fun walk" or run to get Soldiers, civilians and their families involved. They might follow that with an afternoon town hall meeting.

Others may conduct risk assessments to better inform their training requirements for the training and sustainment portion of the stand down.

Although the stand down is just for one day,

Morales said training and activities will be conducted throughout September, which is recognized in the Army as Suicide Prevention Month. Efforts will likely continue into October, particularly for the Reserve Component.

One of the main events slated for Sept. 27 is the "terrain walk."

Morales said that during the event, Army leaders at posts, camps, and stations will go on tours of their respective service support organizations, and will visit the caregivers there "who are in excellent positions to help Soldiers and their families who are most at risk."

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News Briefs

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Hiring Heroes Career Fair

A Department of Defense Hiring Heroes Career Fair takes place from 9 a.m. to 2 p.m. Sept. 18 at the Sam Houston Community Center, Building 1395 on Chaffee Road to support the transition process of military members, warriors in transition, veterans, and family members. For more information, call 221-9255.

Flu shots at SAMMC

Flu vaccinations are mandatory for Brooke Army Medical Center employees, military, government service civilians and contractors who have direct patient contact. BAMC employee flu vaccination dates are Sept. 24, 26, and Oct. 1 from 5 a.m. to 7 p.m. at the garden entrance of the new tower. Flu vaccinations for beneficiaries will be at the Roadrunner Community Center, Building 2797, in October and November. Dates and times are posted on the flu hotline at 916-7FLU.

Flu Shots at WHASC

Flu shots are available for all active duty personnel at the main immunizations clinic at Wilford Hall Ambulatory Surgical Center. This is a mandatory requirement and must be completed by Nov. 21. Flu shots will be available for all Department of Defense beneficiaries in the WHASC atrium from 7:30 a.m. to 4 p.m. Mondays through Fridays. Active duty will have priority. Patients with booked appointments may also receive the vaccine with their primary care manager. The immunizations clinic will schedule outreach events with the mobile flu unit to target active duty job sites across base, to include the Medina annex. Dates, times and locations are forthcoming. For more information, call 292-4278.

Nasal influenza research study

Brooke Army Medical Center is enrolling people for a self-administered nasal influenza feasibility study. Male and female applicants should be in good health, between 18 and 49 years of age and be a Department of Defense beneficiary. During the study, applicants will complete an interview and diary, have blood drawn twice, make two visits over a one-month period and be supplied with the nasal vaccination. There is a payment of \$25 for each draw. To

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U.S. Army concludes staff talks with Salvadoran army

By Eric R. Lucero
ARSOUTH Public Affairs

The U.S. Army concluded its annual army-to-army staff talks with the Salvadoran army Sept. 6 during a closing ceremony here at the U.S. Army South headquarters.

The U.S. Army Staff Talks Program serves as a bilateral forum for strategic-level discussion between respective armies. The program seeks to promote bilateral efforts in order to develop professional partnerships and increase interaction between partner nation armies.

The staff talks program enhances existing military relationships and capabilities and promotes

bilateral professional engagements between the two armies. This year marked the sixth consecutive year that Army South has conducted staff talks with the Salvadoran army.

"These talks demonstrate to El Salvador that we value them as a close ally," said Lt. Col. Andrew MacLean, the Army section chief in El Salvador. "It also honors their contributions in Iraq and Afghanistan."

The Salvadoran army deployed more than 3,400 soldiers during 11 rotations to assist in Operation Iraqi Freedom.

In addition, the Salvadoran army participates annually in humanitarian, natural disaster preparation and security exercises, such



Photo by Sgt. Tamika Exom

Maj. Gen. Simeon G. Trombitas (center), U.S. Army South commanding general and ARSOUTH Command Sgt. Maj. Gabriel Cervantes (right), host bilateral staff talks with the Salvadoran army at Army South headquarters Sept. 5.

as Peacekeeping Operations Americas, Fuerzas Aliadas Humanitarias and PANAMAX, with the Army South and other partner nation armies and security forces.

Next year Army South, with the approval of the Salvadoran government and working alongside the Salvadoran army, will conduct the Beyond the Horizon exercise in

El Salvador.

Beyond the Horizon is an annual humanitarian and civic assistance operation that provides

See ARSOUTH, P14

Purple Heart ceremony honors wounded warriors

By Elaine Sanchez
BAMC Public Affairs

Two Soldiers wounded in Afghanistan in June were awarded the Purple Heart medal at the Warrior and Family Support Center Sept. 4.

A crowd of military and community members, including several veterans' organizations, gathered to honor the recipients, Sgt. Jamel M. Abdulaziz, of Austin, Texas, and Sgt. Michael J. Lassey, of San Diego, Calif.

Maj. Gen. M. Ted Wong, commander of Brooke Army Medical Center, said it was an "honor and a privilege" to host this ceremony in honor of the Soldiers' dedication and sacrifices.

Both "raised their hand to serve and defend our nation and our way of life knowing full well the risks



Photo by Elaine Sanchez

Maj. Gen. M. Ted Wong, commander of Brooke Army Medical Center, (far right) and BAMC Command Sgt. Maj. Marshall L. Huffman (far left) host a Purple Heart ceremony in honor of Sgt. Michael J. Lassey (left) and Sgt. Jamel M. Abdulaziz, who were wounded this summer in Afghanistan.

and sacrifices that may have to be endured," he said before presenting the Soldiers with their Purple Hearts.

Abdulaziz, of Head-

quarters and Headquarters Battery, 2nd Battalion, 17th Field Artillery, 2nd Stryker Brigade Combat Team, 2nd Infantry Division,

Task Force Lancer, served in Afghanistan as a field artillery firefinder radar operator.

While conducting routine operations June

19, the forward operating base he was on was attacked with small-arms fire, resulting in his combat injuries.

Lassey, of Company A, 1st Battalion, 23rd Infantry, 3rd Stryker Brigade Combat Team, 2nd Infantry Division, Task Force Arrowhead, served as an infantryman in Afghanistan.

Lassey was struck by an improvised explosive device while conducting a dismounted patrol June 18, resulting in his combat injuries.

Abdulaziz and Lassey both thanked their family and friends for their support. Lassey added he was particularly grateful for his mom, who accompanied him to the ceremony. His mom, he said, has "been the best support I ever had throughout my entire recovery."

GOLD STAR from P1

they are always welcome. This facility is open to them, and to the community, to remember and to be there for each other.”

The opening of this new facility is a sign of the level of concern leadership here has to provide a certain level of care and service to our survivors.

Stocker said that while a building is just a building, it is important that they have a facility they can be proud of as well.

“And while it is a better building than what we had, the service is the same (quality) that has always been there and will continue to be there for them,” she said. “It is the people who make the program what it is.”

SOS enters into the picture when a casualty assistance officer has completed their part of the transition period for

a family who has lost a loved one.

A CAO can be involved with a family for up to six months at times, or longer, but they will serve as the bridge for the family to the SOS coordinator as they move through the process, eventually passing them to the SOS for the long-term care that it’s designed for.

While events leading up to a mother or family needing this service is certainly tragic, the Army doesn’t leave anyone behind when it comes to providing support as long as they would need it.

“We want (survivors) to know that they are still a part of our family,” said Jim Stokes, SOS coordinator.

Stokes and his counterparts, Marlene Nash and Felecia Taylor, focus on reaching out to the families who have suffered this kind of loss to let them know what pro-

grams they have available to them that are available to provide assistance.

This can include a host of things, such as helping work with the Veterans Administration and interpreting regulations to simply helping them avoid running into red tape as they take care of their affairs and cope with everything.

Stokes said SOS is vital to survivors within our communities.

“We don’t dictate when the family leaves the program – it is the families’ decision until they decide they don’t need us anymore,” he said. “Even if they leave, and one or two years later they end up needing SOS again, we’ll be there for them.”

Stokes said the SOS is responsible for approximately 30 different counties within southern Texas, which mirrors the areas under the Casualty Assistance Center.



(From left) Marlene Nash, Jim Stokes and Felecia Taylor, who make up the Joint Base San Antonio-Fort Sam Houston Survivor Outreach Services team, show off one of the memorial books that will be on display in the Fallen Heroes Room of Remembrance. This room will be open to the public beginning Sept. 29.

**Photo by
Sgt. Lee Ezzell**

However, as people move and come and go, Stokes said they do their best to try to keep people connected to the Army and to provide them a place to come for help.

Additionally, there are SOS coordinators within the National Guard and Army Reserves, who support them as well in

keeping up with their survivors throughout the region.

“We can never replace what families have lost,” Stokes said. “Families grieve in different ways and at different times, but we are there to keep them connected and help them stay in contact with their Army family.”

This continued connection, more than anything, is what truly is at the heart of the SOS program.

“We need to ensure the Army continues to wrap its arms around this population of survivors in our community and show that they are not forgotten,” she said.

Get the vaccine, take precautions against flu

By Capt. Scott Rainwater
Army Public Health Nurse

Influenza is a contagious respiratory illness caused by a virus. Flu seasons are unpredictable and have the potential to impact the DOD mission and force readiness.

In the United States, there are more than 25 million reported influenza cases, with more than 150,000 hospitalizations due to serious complications. The flu also causes more than 30,000 deaths annually.

Vaccination is the primary method for preventing influenza and its complications.

But who should get a flu vaccine? Any person at least six months of age should get a flu vaccine this season.

It's especially important for certain groups of people to get vaccinated.

People with asthma, diabetes, and chronic lung disease are at high risk of developing serious complications like pneumonia, if they contract the flu.

Pregnant women and those 65 years and older are also encouraged to

get the flu vaccine.

Additionally, people who live with or are caregivers for high-risk people should be vaccinated.

Flu vaccinations for beneficiaries will be provided in different phases.

All beneficiaries are advised to speak with their health care providers regarding getting vaccinated at their primary care clinic.

Flu vaccinations will also be available for beneficiaries at the Roadrunner Community Center, Building 2797, throughout October and November.

Vaccinations will be administered from 11 a.m. to 4 p.m. Wednesdays for those 5 years old and up, and from 11 a.m. to 4 p.m. Fridays for those 18 years old and up.

More opportunities will be listed as vaccine becomes available. All availability details, shot sites, and updates will be accessible on the Flu Hotline at 916-7FLU (916-7358).

TRICARE retail network pharmacies can also administer seasonal influenza at no cost to the beneficiary.

LABOR DAY RUN



Photo by Esther Garcia

Maj. Michael Smith, executive officer for the 264th Medical Battalion, celebrates as he and his staff complete the 2 1/2 mile Labor Day Run Aug. 30. Led by 32nd Medical Brigade leaders, more than 2,500 students and cadre assigned to the Headquarters Company, as well as the 187th, 264th and 232nd Medical Battalions, participated in the early-morning run.

Army North, Silver Stars slam-dunk military appreciation night

By Staff Sgt. Corey Baltos
ARNORTH Public Affairs

Before San Antonio Silver Stars basketball fans began streaming into the AT&T Center Sept. 7 for a game against the Indiana Fever, they checked out some of U.S. Army North's unique vehicles and visited with Soldiers from the unit who discussed civil support, homeland defense and theater security cooperation.

Army North and other San Antonio-based military organizations were at the game as part of the Silver Stars Military Appreciation Night, presented by Hallmark College.

The night honored the Soldiers, Marines, Sailors and Airmen stationed in the greater San

Antonio area.

The Silver Stars are part of the Women's National Basketball Association. The WNBA is the women's professional basketball league, and is currently composed of 12 teams.

"The Silver Stars recognize and honor the sacrifices of the men and women in uniform that defend our freedom here and around the world," said Russell Warren, Silver Stars director of business operations.

Maj. Gen. Adolph McQueen Jr., deputy commanding general for support, Army North, expressed the thanks and appreciation that military members feel for the support from the San Antonio community.

"We could not truly be called 'Military City USA' without all of you in this

community welcoming and supporting us," said McQueen to the assembled crowd shortly before tip-off. "It is wonderful to be included in this vibrant and enthusiastic community."

"As part of the greater San Antonio community, we appreciate being included in public events and take great pride in meeting and talking with our fellow citizens," said Chief Warrant Officer 2 Joshua Parks, a network technician with Army North G6.

Army North provided a Sentinel vehicle, an emergency response vehicle and the Army North Command Information Mobile Exhibition Trailer to explain AR-NOTH's mission and how it provides and supports homeland defense.

Fans found the chance

to walk through the displays and talk to the Soldiers eye-opening.

"I learned a lot," said Daminika Cwalinski, who attended the game with her brother Airman 1st Class Mike Cwalinski, a recent graduate of Air Force Basic Military Training at Joint Base San Antonio-Lackland. "I didn't realize how much Army North helps people."

For other fans, touring the displays gave them a chance to show their family what the Army does.

"I was in the Army for five years," said Anthony Gonzalez, a San Antonio patron who took a look at the Army North displays before going to the game. "The Army for me is family, and I wanted to show my family the Army family."

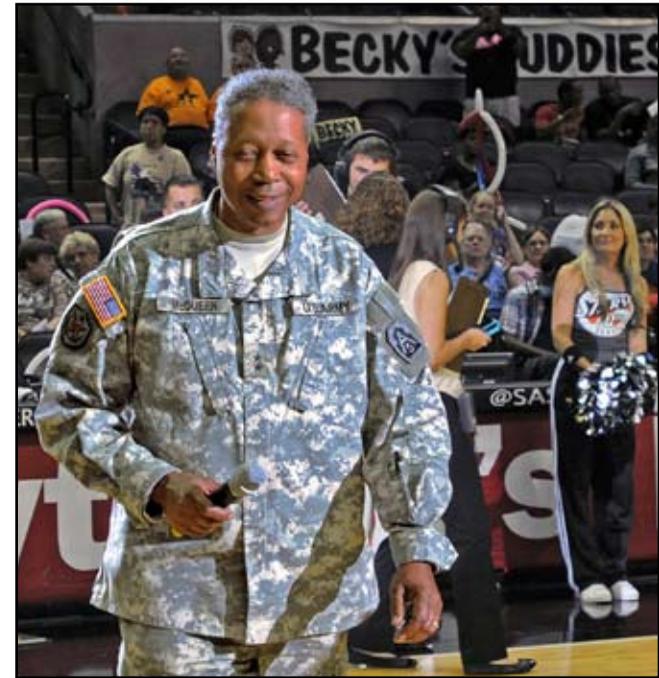


Photo by Staff Sgt. Corey Baltos

Maj. Gen. Adolph McQueen Jr., Army North deputy commanding general for support, walks to center court prior to making remarks at the Sept. 7 San Antonio Silver Stars basketball game at the AT&T Center. The WNBA's Silver Stars honored military members, both past and present, with a military appreciation night.

NAMRU-San Antonio welcomes new commander

By Joe N. Wiggins
Naval Medical Research
Unit-San Antonio Public Affairs

One of Navy Medicine's newest labs welcomed a new commanding officer today in a ceremony rooted deep in Navy traditions and customs.

Capt. Rita G. Simmons became the second commanding officer of the Naval Medical Research Unit San Antonio, during a ceremony officiated by Capt. Richard L. Haberberger Jr., commanding officer of the Naval Medical Research Center at Silver Spring, Md.

"Over the past two weeks, I have had the opportunity to tour the facilities and meet almost all of the staff, and all I can say is 'Wow!'" said Simmons in accepting her assignment and offering her initial impressions of the NAMRU-SA facilities.

"I have worked in or visited many research labs, and I can say the laboratories, capabilities



Photo by Joe N. Wiggins

Capt. Rita G. Simmons (far right, standing) comments on the accomplishments and challenges ahead after becoming the commanding officer of the Naval Medical Research Unit-San Antonio. Other officials in the ceremony include (seated, left to right) Capt. Vincent DeInnocentiis, outgoing commanding officer, Capt. Richard L. Haberberger Jr., commanding officer of the Naval Medical Research Center in Silver Spring, Md., and Chaplain (Lt. Cmdr.) Joseph S. Blair.

and brain trust resident within this command are unparalleled," she said.

"To the staff of NAMRU-SA, you should be very proud of your accomplishments," Simmons added.

"I am very fortunate to be stepping into this command at this moment in time."

Outgoing commander

Capt. Vincent DeInnocentiis received the Legion of Merit award for his service and recalled many of the challenges he and the command have faced during his tenure.

"The amazing men and women of NAMRU-SA were able to keep their focus on the mission as we met the challenges of the BRAC

decision that brought us here," DeInnocentiis said.

"During the past three years, we have established the command, moved personnel and equipment from three locations to one, and still completed more than 48 cutting-edge warfighter-oriented research studies, and received three patents, with

another three pending," he added.

As the ceremony's presiding officer, Haberberger offered praise to the command's staff and its' first commander.

"Today, one of Navy Medicine's leading research units is saying goodbye to their first commanding officer, Capt. DeInnocentiis, and welcoming their new commanding officer, Capt. Rita Simmons," Haberberger said.

"When you look at NAMRU-SA's accomplishments over the short three-year life of this command, it's apparent that they have made vast contributions to the Navy medical research community," he added.

"The people of this command have demonstrated their excellence and eagerness to excel. To Capt. Simmons, the Navy has the utmost confidence in your ability to command. Enjoy your time; it will be over before you know it."

SUICIDE from P3

Providers include chaplains, clinicians, lawyers, social workers, financial advisors, family therapists, substance abuse counselors, military life consultants, and psychologists. The purpose of the terrain walks, Morales said, is to let commanders know what kinds of resources are available, so they may in turn let Soldiers know what is available.

"We have so many good programs out there, but people often get lost in the shuffle — they know there's help available, but it's sometimes difficult finding out how to access it and find the appropriate points of contact," Morales said.

The theme this year for suicide prevention month — "A healthy force is a ready force" — reflects the Army's awareness that healthy people and mission go together, Morales said.

"We're not just worried about suicides, we're concerned with the overall fitness and well-being of our Soldiers, Army civilians, and family members," he said.

"It is especially important that leaders lead the charge in changing the Army culture, whether seeking help for suicide or other issues is stigmatized."

In addition to the terrain walk and unit events, other suicide awareness activities are planned throughout September, including health fairs and resilience training.

A special Suicide Prevention Month webpage has been established on the Army Suicide Prevention website, which explains more, at <http://www.preventsuicide.army.mil>.

USAMITC hosts healthcare management information officers

By Kenneth Blair Hogue
USAMITC Public Affairs

The U.S. Army Medical Information Technology Center recently hosted a group of Medical Service Corps officers striving to become healthcare management information officers, or 70-Deltas.

The visit was part of the Medical Information Management Course conducted at the U.S. Army Medical Department Center and School.

Ranging in rank from second lieutenant to major, 14 Soldiers attended the event, which served as an introduction to the

type of support they will have later as chief information officers of medical treatment facilities and various other positions throughout the Army Medical Command.

"The students were introduced to senior 70-Deltas, giving them a chance to put names with faces, and at the same time, putting them in touch with future points of contact and potential mentors," said Maj. Chadwick Fletcher, USAMITC's core technology deputy division chief/operations officer and a 70-Delta himself.

"The students were

able to ask questions and it gave us the chance to emphasize we are here for them, now and in the

future, as they grow to become leaders in the 70-Delta field."

After an opera-



Photo by Larry Crepeau

Col. Andrew Smith, U.S. Army Medical Information Technology Center commander, addresses the 70-Delta class recently at the command.

tional briefing from Col. Andrew Smith, the USAMITC commander, the students were given a tour of the video network center, the data center and the enterprise service desk.

"It was great to see the enthusiasm and current knowledge of this group of students," Fletcher said. "We are in a demanding and promising career field as healthcare information management officers. Col. Smith and I were extremely encouraged at the potential of these leaders as future 70-Deltas."

Resumes, career fairs, networking: JBSA-Fort Sam Houston offers service members the right tools to find the right job

By L.A. Shively
JBSA-FSH News Leader

Service members planning on swapping a uniform for a business suit are getting a lot more support these days.

A wealth of services on Joint Base San Antonio-Fort Sam Houston, as well as online, offer service members the right tools for the mission, perhaps turning the pursuit of civilian employment into a treasure hunt.

Approaching job hunting as if it were a mission can be an effective strategy for reaching the objective explained George Wahl, an Army Career and Alumni Program counselor.

Wahl facilitated a two-day resume writing workshop, Sept. 5-6, at the Warrior and Family Support Center's computer lab, where he and several volunteers from other JBSA-FSH organizations assisted wounded warriors with writing and polishing their resumes. "The earlier one begins to prepare for transition, the better off and more successful he or she is," Wahl stressed.

"If someone is eligible for retirement, they can start working with ACAP up to two years ahead of a projected (separation) date. A service member who is thinking about not reenlisting can start the job search process up to 12 months ahead."

The resume is a key document and step one in the hiring process.

Wahl explained the resume should be a first-rate marketing brochure of a service member's experience and expertise



Timothy Owens tutors Spc. John Trimmer on polishing his resume.

that serves a basis for getting an interview, or, in the case of a federal job, making the referral list.

The challenge for service members is translating military skill sets, many gleaned from downrange, into language civilian employers can recognize and understand.

Cynthia Stovall, with the JBSA-Fort Sam Houston Civilian Personnel Advisory Center, suggests service members take a close look at the terminology used in their resumes.

"For instance, Hemmitt ..." Stovall said, referring to the acronym for heavy expanded mobility tactical truck. "If I've never worked in logistics (referring to her military background) and I am lost, don't you think Mr. Smith with J.L. Hunt is going to be truly confused?"

Stovall explains that she will highlight confusing terminology in a service member's resume and look for different ways to express skills sets, brainstorming with that service member and

using online resources.

Step two incorporates researching potential employers, submitting a resume, networking and landing that all-important interview.

Networking is most easily accomplished at career fairs. Representatives from many governmental and civilian agencies gather at career fairs specifically looking for potential employees with military backgrounds.

The upcoming Hiring Heroes Career Fair offers opportunities for veterans,

wounded warriors and military spouses to meet and discuss employment possibilities with prospective employers.

Step three encompasses the interview process.

ACAP has a three-day course, the Transition Assistance Program, where resumes and many other arenas of job search assistance are covered, such as interview techniques. There is also an adjunct course on "power interviewing" offered for free.

Currently with the Warrior Transition Unit, Spc. Qwenolyn Kendle used ACAP's resume writing workshop, and plans to attend the Hiring Heroes Career Fair on post later this month.

Working with Stovall, Kendle said she has been able to look at her resume with fresh eyes, and prioritize and focus it to more accurately reflect what employers within her target industry might need.

"I came here to have an outstanding resume so that when (a potential employer) sees it, he or she will want to hire me

immediately," Kendle said.

She said her most valued skill learned in the Army was managing different personalities while still accomplishing the mission as a transportation specialist in Afghanistan.

"Just being able to maneuver, get the job done, keep a sound mind and be positive at the end of the day was the greatest. I really did that - I cannot believe I did that."

"This workshop has helped me with (correcting) grammatical errors, the general setup and (creating) an effective and attention-grabbing resume," said Spc. John Trimmer, with the Warrior Transition Battalion.

Trimmer intends to land an internship with Operation Warfighter, an organization assisting wounded warriors with finding internships in government.

Trimmer also plans on attending the Hiring Heroes Career Fair as a resource for seeing what employment is available and networking.

"By talking (with representatives) you know what they are looking for," Trimmer said. "It puts you on the table."

Timothy Owens, a human resources specialist with JBSA-FSH, said his military background gives him an advantage working with Soldiers.

"You have to format your resume for the reader," he explains, adding that the job seeker should not assume potential employers have military backgrounds.

Owens suggests a job seeker find a job that is best suited for him or her first and then tailoring the resume to the job description.

He emphasizes looking for key factors and conditions of employment. He strongly recommends not including items that are not specific to that job description.

"Those are distracters and you want to keep the reader's interest. A good resume highlights everything that you are qualified for," Owens said. "But, it doesn't have to be 10 pages long."



Photos by L.A. Shively

Cynthia Stovall (right) assists Spc. Qwenolyn Kendle with her resume.

Career Fairs in San Antonio: Hiring Our Heroes

AT&T Center, Sept. 13, 11 a.m.-3 p.m.

Call 513-683-5020

<https://events.recruitmilitary.com>

Hiring Heroes Career Fair

Sam Houston Community Center

Sept. 18, 9 a.m. -2 p.m.

Call 221-1213

Online resources:

<http://www.military.com/hiringourheroes/veteran/>

<http://www.acap.army.mil>

<http://www.turbotap.org>

METC from P1

while serving as interim commandant during the past three months. He then played homage to Kiser for his accomplishments as the first commandant.

“What you were able to accomplish with your team as the METC commandant plankowner was and truly is remarkable,” Roberts said.

“I am both proud and humbled to have been selected to follow you as the next flag or general officer in succession, and will do my very best to make you proud as well.”

Roberts pointed out that his potential success would be “a result of the amazing energy, innovation and dedication of our multifaceted METC team.”

He told the METC staff and faculty, “I

am here for you, I am dedicated to your quality of service, I encourage your innovation and your bright ideas, and I eagerly await the opportunity to partner with you, hear from you, and be motivated by you.”

Roberts arrived from his previous assignment as fleet surgeon for the U.S. Fleet Forces Command in Norfolk, Va.

A native of Washington, D.C., Roberts was raised in Europe while his father served as a diplomat in the U.S. Foreign Service.

He earned his bachelor of arts (cum laude) from Princeton University in 1975, and completed his doctor of medicine in 1979 at George Washington University.

He completed medical school through the Armed Forces Health Professions Scholarship

Program and earned a master’s degree in Business Administration from Edinburgh Business School, Edinburgh, Scotland, in November 1999.

In 2008, he was named a “Hero of Emergency Medicine” on the occasion of the 40th anniversary of the American College of Emergency Physicians, and, also in 2008, he was selected for the “Excellence in Emergency Medicine” Award by the military chapter of ACEP.

Roberts was promoted to admiral and assigned as medical officer of the Marine Corps from July 2007 to September 2008.

He also served as director, Medical Resources Plans and Policy Division (OPNAV N931), at the Pentagon, as well as chief of the Navy Medical Corps.

ARSOUTH from P4

training for military and government personnel, while providing medical, dental, veterinary and engineering support to rural communities in Central and South America.

Through a series of professional briefings, the two-day-long staff talks focused on the U.S. perspective on emerging threats in Central America and Department of Defense support to civil authorities in combating transnational organized crime and Border Operations.

Following the staff talks, Maj. Gen. Simeon G. Trombitas, the U.S. Army South commanding general, and Brig. Gen. Francisco Eugenio Del Cid Diaz, the Salvadoran army chief of staff, signed a formal memorandum that detailed the agreed-to-actions that will govern the interaction between the U.S. and Salvadoran

armies over the next year.

“It’s a great honor that one of my final acts as the commander of Army South is to be able to work alongside the Salvadoran army commanders, some of my first friends in Central and South America and the members of that army will always have a place in my heart,” Trombitas said.

“I am confident that with young officers like we have here today working side-by-side, our armies can continue the strong relationship that we have worked hard to establish.”

In addition to El Salvador, Army South conducts bilateral army-to-army staff talks with Brazil, Chile and Colombia on behalf of the U.S. Army and as part of the U.S. Southern Command’s theater security cooperation mission in Central and South American and the Caribbean.

MOVING from P2

I’m pretty sure home involves waking to the sound of little feet dancing their way to a bedroom to find comfort in your arms after a long absence.

We are strengthened through quiet tears while driving away from schools and friends fading in our taillights.

This journey remains uncharted, but the hometown I left years ago has grown and changed – and so have we.

That sign I resisted for so long now hangs in our foyer. Home is where the military sends us.

(Krompecher is a Green Beret and serves as the commander of U.S. Army North’s Headquarters and Headquarters Battalion at Joint Base San Antonio-Fort Sam Houston.)



For Sale: 1996 Nissan Maxima, four-door, five-speed manual, white, Michelin tires with less than 10k miles, AM/FM CD, gray cloth interior, around 197k miles, maintenance records available, transmission has a leak/needs repair but vehicle drives well, engine runs great, \$1,895. Call 659-6741 or 827-2506.

“Inspire Change”



Use a mobile device and scan this code to submit your Armed Forces Action Plan issues.

**FSHISD WEEKLY CAMPUS
ACTIVITIES SEPT 17-22**

**Fort Sam Houston
Elementary School**

Sept. 17

Constitution Day assembly,
8 a.m. school flagpole

Sept. 20

Student individual pictures

Sept. 21

Army Environmental Command
School Adoption Day Ceremony,
1:45 p.m. cafeteria

**Robert G. Cole Middle and
High School**

Sept. 17

Cole H.S. teacher meet and greet,
6:30 p.m. Cole gym

Middle school volleyball at

Joudanton, 5 and 6 p.m.

Sept. 18

Josten's class ring orders during
high school lunch, foyer

Junior varsity and varsity
volleyball vs. Marion, Cole gym,
5, 6 and 7 p.m.

Sept. 19

Josten's class ring orders during
high school lunch, foyer

Sept. 20

Middle school football at
Yorktown, 5 and 6:15 p.m.

Junior varsity football at Yorktown,
7:30 p.m.

Sept.21

Cole Picture Day

Junior varsity and varsity
volleyball vs. Brooks Academy,
Cole gym, 4:30 and 5:30 p.m.

Varsity football vs. Yorktown

Homecoming, 7:30 p.m.

Sept. 22

Fall musical rehearsals,

Moseley gym, 1-3 p.m.

INSIDE THE GATE

Pre-Deployment Planning

Sept. 12, 9 a.m.-3 p.m., Roadrunner Community Center, Building 2797, call 221-1829 or 221-0946.

Overseas Orientation

Sept. 12, 10-11 a.m. and again 5-6 p.m., Roadrunner Community Center, Building 2797, call 221-1372 or 221-9698.

Self-Paced Initial First Termer Financial Readiness

Sept. 12, noon-4 p.m., Roadrunner Community Center, Building 2797, call 221-1612.

Scream-Free Parenting

Sept. 12, 19, 26, Oct. 3, 10 and 17, 6:30-8 p.m., Dodd Field Chapel, call 221-0349 or 221-2418.

Access Level 2

Sept. 13, 8 a.m.-noon, Roadrunner Community Center, Building 2797, call 221-2518 or 221-2705.

ABCs of IFSP

Sept. 13, 1:30 to 3 p.m., Exceptional Family Member Program will offer the ABCs of the Individualized Family Support Plan at the Roadrunner Community Center, Building 2797. To sign up, call 221-2962 or visit <http://militaryfamilies.wufoo.com/forms/class-online-registration/>.

Key Caller Training

Sept. 13, 8:30 a.m. to 4 p.m., Mobilization and Deployment offers key caller training. at the Roadrunner Community Center, Building 2797. Call 221-1829 or 221-0946.

Credit Reports

Sept. 17, 2 to 4 p.m. Financial Readiness Program offers a credit reports class at the Roadrunner Community Center, Building 2797. Call 221-2380.

Debt Liquidation

Sept. 18, 2 to 4 p.m. Financial Readiness Program offers a debt liquidation class at the Roadrunner Community Center, Building 2797. Call 221-2380.

FRG for Commanders

Sept. 18, 8 a.m. to 12:30 p.m. Mobilization and Deployment offers Family Readiness Group for Commanders at the Roadrunner Community Center, Building 2797. Call 221-1829 or 221-0946.

ROCKS, Inc.

Chartering Ceremony

Sept. 19, 4:30 p.m., Blesse Auditorium, chartering ceremony for the San Antonio chapter of The Rocks, Inc., an organization to provide mentorship, professional development and social interaction to strengthen the officer corps, consisting of active, reserve, retired and former commissioned and warrant officers of the U.S. armed forces, and widows and widowers of deceased members. For more information, click on <http://www.rocksinc.org/>.

Bringing Baby Home

Sept. 19, 9 a.m.-1 p.m., Roadrunner Community Center, Building 2797, call 221-0349 or 221-2418.

Women Encouraging Women

Sept. 19, 11 a.m. to noon, Roadrunner Community Center,

Building 2797. Call 221-0349.

Financial Readiness Classes

Sept. 19, noon to 4 p.m. The Financial Readiness Program offers a web-based/self-paced initial first term financial readiness class at the Roadrunner Community Center, Building 2797. Call 221-1612.

FRG Leadership Academy

Sept. 19 and 20, 8:30 a.m. to 4 p.m. Mobilization and Deployment offers Family Readiness Group Leadership Academy at the Roadrunner Community Center, Building 2797. Call 221-1829 or 221-0946.

Harlequin Dinner Theatre

"Legends of Las Vegas," runs Thursday-Saturday through Sept. 29 at the Harlequin Dinner Theatre. Dinner served at 6:15 p.m. with an 8 p.m. curtain. Call 222-9694 for tickets and reservations.

32nd Annual Combat Medic Run

Sept. 29 at MacArthur Parade Field, open to all DOD cardholders, MWR patrons and the San Antonio community. Race categories include a 5K Individual walk/run, a 5k

Guidon Team and a 5K 28-Soldier Formation. Register at <http://bit.ly/RaceRegistration> by Sept. 23. Call 221-1234 or 808-7510.

Job Fair

Oct. 4, 4-7 p.m., Roadrunner Community Center, Building 2797, call 221-0427.

41st Combat Support Hospital Reunion

Former members of the 41st CSH are invited for a picnic reunion noon to 5 p.m. Oct. 27 at Salado Creek Park on Joint Base San Antonio-Fort Sam Houston. Cost is \$25 per person. Call 916-9527, 269-2150 or 654-3264 for more information.

Joint Base San Antonio Special Olympics

The Exceptional Family Member Program will hold a Joint Base San Antonio Special Olympics from 9 a.m. to noon Nov. 3 on JBSA-Fort Sam Houston. For more information or to volunteer, call 221-2962.

Armed Forces Action Plan

The Armed Force Action Plan Conference will be held Nov. 13-16.

People can submit issues and/or volunteer to participate in this annual event. To submit an issue, email jbsa.afap@gmail.com. Call 221-2336 for more information.

Dove Hunting Season Opens at Camp Bullis

The Camp Bullis Outdoor Recreation Center welcomes dove hunters Friday through Sunday from 7 a.m. to 8 p.m. Hunters must have a Camp Bullis hunting permit, for either archery, gun or exotic hunting and also a gun hunter education state-issued card, a Texas state hunting license with a migratory bird stamp, a legal shotgun and a DOD issued identification card. Call 295-7577.

Catfish Pond Restocked

The newly-stocked Camp Bullis Catfish Pond is open from 8 a.m.-1 p.m. Saturday and Sunday. Anglers take home everything they catch for \$3 per pound. Rental poles are available and no license is required. The pond will close Sept. 30 for the season and will reopen the first weekend in March.

See INSIDE, P17

INSIDE from P16**Parent Central Customer Service Hours**

Parent Central will assist walk-in patrons from 8 a.m.-noon and 2-4 p.m. for registration and 12:30-1 p.m. for out processing and payments. Call 221-4871.

Before and After School Care Registration

Register your child, grades K-12, for before and after school care at Parent Central, 221-4871. Warriors in Transition and their family members should register at Soldier Family Assistance Building 3936 Acubo Barracks or call 916-6377. Registration is ongoing until space is full.

School Liaison Office

The School Liaison Office can assist patrons in registration, provide information about the local school system and community, educate parents on school policies, procedures, programs and schedules and home schooling. Call 221-2214/2256 or visit <http://www.fortsammwr.com/youth/slo.html>.

Air Force Education and Training Center

From 7:30 a.m. to 3:30 p.m., Monday through Friday, relocated to a temporary building at 2427 Hood St. Call 221-2135.

Basic Skills Education Program

Classes are Monday-Friday 7:30 a.m.-3:30 p.m. for a period of 14 working days. Service members will receive instruction in reading comprehension, vocabulary, and math skills. The class is designed to teach basic college preparatory skills to service members with a GT score less than 110. Call 221-1738 to enroll.

Stilwell House

The Joint Base San Antonio-Fort Sam Houston Stilwell House, a historic landmark since 1888, is open for tours, receptions and parties. The Stilwell House is managed by the Society for the Preservation of Historic Fort Sam Houston, Inc. a 501(C)(3) corporation not affiliated with the Department of Defense. Call 224-4030 or 655-0577.

Cloverleaf Communicators Club

Meetings are held the first

and third Thursday of every month 11:45 a.m.-1 p.m. at San Antonio Credit Union, Stanley Road, in the conference room. Call 916-3406 or 221-8785.

Future Speakers on the Horizon

Enjoy food and develop public speaking and leadership skills the second and fourth Wednesday of each month, noon-1 p.m. at the Joint Program Management Office, Building 4196. Call 295-4921.

Sergeant Audie Murphy Club

The SMA Leon L. Van Autreve Chapter of the Sergeant Audie Murphy Club meets the last Thursday of each month, noon-1 p.m. at the Army Medical Department Museum. All Sergeant Audie Murphy or Sergeant Morales members are invited. Call 221-4424.

Retired Enlisted Association

Chapter 80 of the Retired Enlisted Association meets at 1 p.m. on the fourth Wednesday of each month at the Joint Base San Antonio-Lackland Gateway Club. Call 658-2344 for more information.

NEWS from P4

apply, or for more information, call 916-6014.

Supply Order Cutoff Sept. 26

The cutoff date to order supplies through the 502nd Logistics Readiness Squadron (W45NQP) for fiscal year 2012 is Sept. 26. All high-priority requests after the Sept. 26 cutoff will be worked offline. For more information, call 221-5598 or 221-3320.

Mayor's Community Fitness Challenge

Joint Base San Antonio is participating in the Mayor's Community Fitness Challenge. Take a photo of any group fitness activity and provide a brief description of the event. The City of San Antonio will receive 100 points for each event. The event begins Sept. 1 and runs through Oct. 31. San Antonio is competing with all other cities in the state of Texas. For more information about where to email the photos with the description of the event, call 292-3220.

JBSA FSH Voting Assistance

The Joint Base San Antonio-Fort Sam Houston Voting Assistance Office provides information and resources about the 2012 elections and also assists voters in registering. The office is open from 8 a.m. to 4 p.m. weekdays at Building 2263, 1706 Stanley Road. Call 221-1424 for more information.

Army's Funded Legal Education Program

The Office of the Staff Judge Advocate General is accepting applications for the Army's Funded Legal Education Program, where active duty commissioned officers, second lieutenant through captain, may attend law school at government expense. Interested officers should review Chapter 14 of AR 27-1 (The Judge Advocate General's Funded Legal Education Program), to determine their eligibility. Review the AHRC website for branch specific contact information at <http://www.hrc.army.mil> or contact their local Staff Judge Advocate for more information: Army North and Fort Sam Houston at 221-0484, Army Medical South at 295-6325; Army Medical

Department Center & School at 295-9893 or Army Medical Command at 221-8400.

Suicide Intervention Skills Training Offered

Applied Suicide Intervention Skills Training (ASIST) is currently being offered for Joint Base San Antonio active duty members, civilians, and family members. The training will be held on the last Thursday and Friday of every month. Call 221-1696.

Army Candidate School Structure Interview Panel

The 502nd Force Support Squadron's Military Personnel Branch conducts an Army Officer Candidate School structure interview panel board at 8 a.m. Oct. 24 in Room 117B of Building 2263 on Stanley Road. All Soldiers must have a bachelor degree and cannot be more than 28 years old. All OCS applicants must see their S1/G1 prior to submitting their OCS packets. Packets must be turned in by Oct. 16. For more information, call 221-0885.

OUTSIDE THE GATE

Air Force Band of the West concerts

The U.S. Air Force Band of the West has several upcoming concerts in the local area. On Sept. 22, Dimensions in Blue plays at 6 p.m. at Jazz Alive at Travis Park in San Antonio. For more information, click on the band's Facebook page at <http://www.facebook.com/bandofthewest>.

Gospel Fest

A Gospel Fest featuring Grammy and Stellar award winner Beverly Crawford, with special guests Cristal Smith and Josh Hurt, takes place at 8 p.m. Sept. 21 Trinity University's Laurie Auditorium. Tickets are available through Ticketmaster and there is a discount for military families.

For more information, call 779-2669.

Texas Economic Development Council Job Fair

A job fair will be held Sept. 23 at the San Antonio Convention Center, Exhibit Hall 103AB, 200 East Market St. Early admissions for veterans is 9:30 to 10:30 a.m. General admission for all job seekers is 10:30 a.m. to 2:30 p.m. Company recruiters and hiring managers representing more than 50 companies, including Halliburton, National Oilwell Varco and Thomas Petroleum, will be at the event recruiting for a wide variety of energy-related jobs including engineers, geologists, geoscience managers, truck drivers, oil technicians and more.

323rd Army Band 'Fort Sam's Own' concerts

The Quad 5 component of the 323rd Army Band "Fort Sam's Own" plays at a naturalization

ceremony at 10 a.m. Sept. 27 at the Institute of Texan Culture, 801 East Cesar E. Chavez Boulevard. The Ceremonial band plays at 2 p.m. Sept. 27 at the institute.

EFMP Morgan's Wonderland Resource Fair

Oct. 13, 10:30 a.m.-1:30 p.m. For more information on this annual event, call 221-2962.

Van Autreve Sergeants Major Association

The SMA Leon L. Van Autreve Sergeants Major Association meets at 5 p.m. on the third Thursday of each month at the Longhorn Café, 1003 Rittiman Rd. All active duty, Reserve, National Guard and retired sergeants major are invited and encouraged to attend. Call 221-0584 or 889-8212.

Foster a Puppy

The Department of Defense dog breeding program needs families to foster puppies for three months.

Potential foster families need time and patience to raise a puppy age 12 weeks to six months, a stimulating and safe home environment and a desire to help raise a military working dog. Call 671-3686 for more information.

Dinosaur Stampede

The San Antonio Botanical Garden, 555 Funston, will feature a life-size dinosaur exhibit through Dec. 31. Call 207-3255 or visit <http://www.sabot.org> for more information.

Complimentary SeaWorld Admission for Military

Throughout 2012, members of the military and as many as three direct dependents may enter SeaWorld, Busch Gardens or Sesame Place parks with a single-day complimentary admission through the Here's to Heroes program. Visit <http://www.herosalute.com/cavat/index.html>.

CHAPEL WORSHIP SCHEDULE

PROTESTANT SERVICES

Main Post (Gift) Chapel

Building 2200, 1605 Wilson Way
8 and 11 a.m. - Traditional

Dodd Field Chapel

Building 1721, 3600 Dodd Blvd.
8:30 a.m. - Samoan

10:30 a.m. - Gospel

Army Medical Department

Regimental Chapel

Building 1398, 3545 Garden Ave.
9:20 a.m. - 32nd Medical Brigade
Collective Service

Brooke Army Medical

Center Chapel

Building 3600,
3851 Roger Brooke Rd.

10 a.m. - Traditional

Evans Auditorium

Building 1396, 1396 Garden Ave.

11:01 - Contemporary

"Crossroads"

CATHOLIC SERVICES

Daily Mass

Brooke Army Medical Center Chapel
Building 3600,
3851 Roger Brooke Rd.

11:05 a.m., Monday through Friday

Main Post (Gift) Chapel

Building 2200, 1605 Wilson Way
11:30 a.m., Monday through Friday

Saturday

Main Post (Gift) Chapel

4:45 p.m. - Reconciliation

5:30 p.m. - Evening Mass

Sunday

8 a.m. - Morning Mass, AMEDD

8:30 a.m. - Morning Mass, BAMC

9:30 a.m. - Morning Mass, MPC

11:30 a.m. - Morning Mass, BAMC

12:30 p.m. - Morning Mass, DFC

JEWISH SERVICES

8 p.m. - Jewish Worship,

Friday, MPC

8:30 p.m. - Oneg Shabbat,

Friday, MPC

ISLAMIC SERVICE

1:30 p.m. - Jummah,

Friday, AMEDD

LATTER DAY SAINTS SERVICES

1 p.m. - LDS Worship, Sunday,

AMEDD

For worship opportunities of faith groups not listed here, please visit the Fort Sam Houston Chaplain's website at <http://www.samhouston.army.mil/chaplain>.



Scan with Smartphone app to access the Joint Base San Antonio website at www.jbsa.af.mil

Did you know?

One of the best things about ICE is that people can let service providers know when they do a great job, not just for poor service. It takes 5 minutes or less to submit a comment at <http://ice.disa.mil>.



JBSA Stage IV restrictions

Joint Base San Antonio Stage IV water restrictions are now in effect.

Changes from Stage III means irrigation is now allowed only with hand-held or soaker hose from 3 to 8 a.m. and 8 to 10 p.m. on the designated watering day once every two weeks; use of portable yard pools is prohibited; fire hydrant and sewer flushing is prohibited (unless repairing); government vehicles allowed to be washed once per month; no new planting is allowed.

JBSA is obligated to follow the Biological Opinion Agreement with U.S. Fish And Wildlife Services as part of the Endangered Species Act, which is more stringent than the San Antonio Water Systems restrictions. This agreement establishes the JBSA Drought Management Plan, which is available at

<http://www.jbsa.af.mil/>.

JBSA personnel should not confuse the JBSA water restrictions with the SAWS restriction levels.

Edwards Aquifer Level

in feet above sea level
as of Sept. 11

CURRENT LEVEL *

639.6'

*determines JBSA water
conservation stage

Normal - above 660'

Stage I - 660'

Stage II - 650'

Stage III - 642'

Stage IV - 640.5'

Stage V - 637'

For water restrictions, visit
<http://www.jbsa.af.mil/>.

