

# News Leader

FORT SAM HOUSTON

A PUBLICATION OF THE 502nd AIR BASE WING — JOINT BASE SAN ANTONIO



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**HISPANIC  
HERITAGE  
MONTH  
OPENING  
CEREMONY**  
SEPT. 16  
12:30 p.m.  
Post Exchange

*"One Team, Supporting Military Missions and Family Readiness!"*

## Wildfires on Camp Bullis, Camp Stanley contained

By Lori Newman  
FSH News Leader

Wildfires are an increasing threat throughout Texas with the hot, dry weather and lack of any notable rainfall this summer.

On Sept. 7 wildfire scorched a relatively small portion of Camp Bullis, then flared up again Sept. 8 burning an additional 25 acres on Camp Bullis, before jumping to Camp Stanley, burning approximately 170 acres before it was contained, according to Chief Curtis Williams, fire

See **WILDFIRES, P10**



**RAISING THE COLORS IN REMEMBRANCE**

Photo by Army Staff Sgt. Keith Anderson

Two ladder trucks from the San Antonio Fire Department drape the colors in front of Alamo Plaza during a commemoration of the 10th anniversary of the Sept. 11 attacks on the United States. The ceremony included moments of silence for American Airlines flight 11, United Airlines flight 175, American Airlines flight 77 and United Airlines flight 93, along with remarks from civic and military leaders. For a pictorial on how Joint Base San Antonio remembered 9/11, turn to pages 14-15.

## Hiring Heroes Career Fair helps service members, employers meet

By Steve Elliott  
FSH News Leader

The semi-annual Hiring Heroes Career Fair 9 a.m. to 2 p.m., Sept. 20 at the Sam Houston Club, located at 1395 Chaffee Road.

This free career fair features veteran-owned and veteran-friendly businesses and is open to Warriors in Transition and their spouses/caregivers, all Reserve and Active component military personnel of all military branches and their spouses, veterans and their spouses, retirees and their spouses.

The event provides an opportunity to meet with more than 50 Department of Defense, federal and corporate employers to obtain information about career and employment opportunities.

"Service personnel have demonstrated their commitment, discipline, leadership, and teamwork skills in an environment that requires a high level of ethics and integrity," said William Zabicki, transition services manager with the Army Career and Alumni Program.

"Employers will benefit from hiring outstanding candidates and, in return, veterans receive the opportunity to pro-

vide a secure financial future for their families and themselves."

Zabicki said the fair is focused on those seeking positions now and those seeking information about future career opportunities, so participants should bring resumes if they are actively involved in a job search.

Federal agencies such as the Central Intelligence Agency, Census Bureau, Federal Bureau of Investigation and others will be looking for employees, as well as city, state and private sector employers such as the Austin police department, General Electric, Lockheed Martin, USAA and many more.

"DOD provides these warriors and their families transition assistance into the civilian workforce by organizing and conducting these career fairs," said Ty Redmon, event coordinator and human resource specialist, Recruitment Assistance Division, Civilian Personnel Management Service, based in Washington, D.C.

"The Hiring Heroes Career Fair is specifically geared to give wounded troops and their families an opportunity to speak with potential future employers."

For more information, call 703-696-6243.

**VISIT NEWS LEADER ONLINE: [HTTP://WWW.SAMHOUSTON.ARMY.MIL/PAO](http://www.samhouston.army.mil/pao)**



### Editorial Staff

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Public Affairs Officer  
Karla L. Gonzalez

Editor  
Steve Elliott

Associate Editor  
L. A. Shively

Writer/Editor  
Lori Newman

Layout Artist  
Joe Funtanilla

**News Leader office:**  
2330 Stanley Road  
Building 122, Suite C  
Fort Sam Houston  
Texas 78234-5004  
210-221-1031  
DSN 471-1031

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# AFAP Update: General Officer Steering Committee reviews 35 issues

By Lt. Gen. Rick Lynch  
Commander, Installation Management Command

The Army Family Action Plan is an incredibly important program that allows senior Army leaders to understand the needs of Soldiers, civilians and families and continue to deliver on the promise of the Army Family Covenant.

It's a grassroots effort by the Army community to identify what's not working, why it should change, and how to fix it.

Since the inception of AFAP in 1983, there have been 683 issues elevated to the Department of the Army level. Of those, 500 have been completed, 144 were unattainable due to either legislative or budget constraints, and 38 remain active.

Twice a year, Army senior leaders and program representatives meet to review the progress made against the remaining active issues and assign a status of active, complete or unattainable. The latest review session was held at the beginning of this month.

Of the 35 issues reviewed, it was determined that 22 of those should remain active as work is still being done, five are complete, and the remaining eight are unattainable. The results will make life better for Soldiers, civilians and their families for years to come.

Now 38 states offer military spouse unemployment compensation compared to only eight in 2002, when this issue



was introduced into the AFAP process.

In addition, Maryland and the District of Columbia evaluate eligibility on a case-by-case basis. This issue arose because most states considered leaving a job due to military relocation

as voluntary rather than involuntary.

To get a complete listing of the participating states and to learn more about this issue, visit the Army OneSource website at <https://www.myarmyonesource.com/familyprogramsandservices> and search for issue number 524.

Through issue No. 574, funding for the Reserve Component Strong Bonds Program is now available. Its mission is to increase Soldier and Family readiness through relationship education and skills training.

Attendees voluntarily participate in a Strong Bonds retreat that provides an emotionally safe and secure environment

to address the effects of military lifestyle stressors. To learn more about the Strong Bonds Program, visit <http://www.strongbonds.org>.

Three medical and behavioral health issues are nearing completion.

Funding for issue 583 which mandates that all stateside installations, including Alaska and Hawaii, provide Advanced Life Support services on or near the installation has been requested for the fiscal year 2013 budget.

Issue 646, once approved, eliminates generic mail order prescription cost shares beginning in fiscal year 2012.

Lastly, an increase in authorizations of career

coordinators assigned to wounded warrior Soldiers and their families/caregivers is also complete. Warrior Transition Units now have Military Career Counselors and Transition Coordinators to assist transitioning warriors with developing career and education goals.

Although some issues remain active, considerable progress has been made.

An example is issue 641 which recommends a comprehensive strategy to optimize alternative treatment options to manage pain and prevent overmedication. Three years ago, more than 95 percent of our wounded warriors at Walter Reed were on opioid narcotics. Today that number is 8 per-

**See AFAP, P20**

## News Briefs

### Pet Vaccination Clinic

The Fort Sam Houston Veterinary Treatment Facility will offer a vaccination clinic Sept. 17 from 8:30-11:30 a.m. at their facility, Building 2635, 2915 Schofield Road. All canine and feline vaccines, heartworm and FeLV/FIV tests, microchips and fecal exams will be available for pets of active duty, retirees and military family members. No sick calls will be accepted. To make an appointment, call 808-6101/6014.

### FSH Museum Closure

The Fort Sam Houston Museum will be closed Sept. 17 to participate in the Quad Quest. Join museum staff for guided tours, climb the clock tower or enjoy a picnic from 1-3 p.m. at the Fort Sam Houston Quadrangle. The museum will reopen for visitors Sept. 18 at 10 a.m. Call 221-1886 for more information.

### Suicide Prevention Awareness Open House

An open house will be held Sept. 19 from 8 a.m.-2 p.m. at the Roadrunner Community Center, Building 2797 Stanley Road. Brig. Gen. Theresa Carter, commander of the 502nd Air Base Wing will provide opening remarks. The event will include guest speakers Dr. Patricia Adams, Zeitgeist Wellness Group; Sgt. Kemosi Evans and Col. George Hammil. Col. John Lamoureux, commander of the 502nd Mission Support Group will provide closing remarks. Several organizations will be on hand to provide information and resources and lunch will be served. Call 221-1696 for information.

### Armed Services Blood Drive

U.S. Army Institute of Surgical Research will sponsor a blood drive Sept. 22-23 from 8 a.m.-2 p.m. in the Brooke Army Medical Center Medical Mall. Call 916-2115 or 916-7228 for information. For appointments visit <http://www.militaryblood.dod.mil> sponsor code: USAISR.

### Spouses' Conference

The "It's Not Easy Being Green" spouses' conference is Sept. 22-23 from 8:30 a.m.-2:15 p.m. at Dodd Field Chapel. Military spouses from all branches of service are welcome to attend. The cost is \$5. The two-day event offers guest speakers, informa-

See NEWS, P4

# 'Big Willie' says goodbye to labor and delivery

By Linda Frost  
59th Medical Wing Public Affairs

Baby Laurel Perez made history Aug. 28.

She was the last baby born at Wilford Hall Medical Center and is now an important part of the 60-year history of labor and delivery here.

The Hauth Birthing Center, located on the fifth floor of the nine-story hospital known as "Big Willie," closed Aug. 29 and re-opened at Brooke Army Medical Center, Sept. 6 in a new state-of-the-art birthing center.

The move is part of the 2005 Base Realignment and Closure law and will provide military beneficiaries superior prenatal care, labor and delivery for years to come.

Born to Dina Perez and Army Staff Sgt. Mario Perez, baby Laurel arrived at 12:59



a.m. weighing 5 pounds and 6 ounces and 19 inches long.

"I never expected this," said Dina Perez. "I know there were other women who were

going to deliver at Wilford Hall, but I never thought I'd be the last one."

Perez said he was shocked and honored when they told

him they were the last couple to have a baby delivered at WHMC. The Perez family also

See WHMC, P13

## Labor and delivery ward opens again at BAMC

By Maria Gallegos  
BAMC Public Affairs

It didn't take long after Brooke Army Medical Center opened its Labor, Delivery and Recovery ward Sept. 6 to welcome the first baby to be born in the new facility.

Brian Silva-Valentin, son of Airman First Class Juan Eduardo Silva-Valentin and Sandy Vazquez-Morales, was welcomed into the world at 4:21 a.m., Sept. 7. He weighed in at 6 pounds, 6 ounces.

His father watched his arrival by webcam from his unit in Iraq.

"Even though I am not there [at BAMC], watching the whole thing by webcam is the next best thing," said Silva-Valentin, who is expected to come home in October.

BAMC has not had a birthing center since it moved into the current facility in 1996.

The Hauth Birthing Center

at Wilford Hall Medical Center closed Aug. 29 as a part of the 2005 Base Realignment and Closure law to relocate all inpatient services to BAMC.

The new ward will have 11 labor rooms, 12 antepartum rooms and 12 post partum rooms.

According to the Texas birth records, the first baby born on Fort Sam Houston was at the New Station Hospital Feb. 9, 1938.

Melina Hohensee was born to Tech. Sgt. Emmett F. Hohensee and Thelma Stine Hohensee, both originally from Louisiana. Hohensee was commissioned during World War II and passed away in 1970 as Lt. Col. Emmett F. Hohensee.

Kristian Cassandra Thompson was the last baby born at the old BAMC on March 29, 1996. She is the daughter of Staff Sgt. Edward Thompson and Catalina Ramos Bocobo Thompson.



Photo by Maria Gallegos

Maj. Gen. M. Ted Wong, commander of BAMC and Southern Regional Medical Command and Sgt. Maj. Jesus Perez, acting command sergeant major, welcome Brian and his parents, Airman First Class Juan Silva-Valentin (on webcam) and Sandy Vazquez-Morales, in the post-partum room at Brooke Army Medical Center. Brian was the first baby born in the new labor and delivery ward at BAMC Sept. 7, since BAMC staff moved into the current facility in 1996. At that time, the birthing center was moved to Wilford Hall Medical Center.

## News Briefs

from P3

tive classes, food, prizes and free child care. Register by Sept. 16 at <http://militaryfamilies.wufoo.com/forms/its-not-easy-being-green-spouse-conference/>, call 221-9826 or 221-2585.

### National Night Out

Lincoln Military Housing will host National Night Out on Fort Sam Houston Oct. 4. National Night Out is a nationwide crime prevention activity designed to heighten crime prevention awareness; generate support and participation in local anti-crime prevention programs; and strengthen neighborhood spirit and police community relations. LMH mayor's and staff will sponsor an event at each community centers. Call 270-7638.

### USAJOBS Downtime Notice

On Oct. 6, the Office of Personnel Management will assume control of USAJOBS. USAJOBS is the government's official site for posting vacancy announcements and hiring information. During this change in control the timeliness of vacancy announcements and referrals may be delayed as the new system is brought on line. USAJOBS will be offline Oct. 6-12, people seeking federal employment through USAJOBS will be unable to see posted announcements or apply for federal jobs. Announcements opened prior to Oct. 6 may remain open through the moratorium period but must not close before Oct. 13. Call 221-2526.

### Hispanic American Heritage

The post will celebrate Hispanic American Heritage Month Oct. 14, 11:30 a.m.-1 p.m. at Blesse Auditorium. Call 221-9543.

### Cars with DV Plates Can Park in Handicapped Spaces

According to Fort Sam Houston Regulation 190-8 and Texas Criminal and Traffic Law Manual (Section 681.008), disabled veterans can park in any handicapped space. Section 504.202 of the manual requires the disabled veteran's license plates to display the letters "DV." Law enforcement officers on Fort Sam Houston will look for either the national symbol (wheelchair) or the "DV" letters on license plates when checking handicapped parking spaces.

# BRAC: \$2.4 billion boon for Fort Sam Houston

By Steve Elliott  
FSH News Leader

BRAC – short for Base Realignment and Closure – was once considered a four-letter word around these parts.

When historic Kelly Air Force Base on the southeast side of San Antonio closed in 2001 due to an earlier BRAC round and Brooks Air Force Base on the southwest side was next on the chopping block, anxiety ran high in regards to the future of what is known as "Military City USA."

But now, as the mandates that came with the 2005 BRAC Round have blossomed into final fruition, it has turned out to be a bonanza for San Antonio in general and Fort Sam Houston in particular.

When the Department of Defense received Congressional authorization for a Base Realignment and Closure Round in 2005, it was a means to achieve several goals: eliminate excess infrastructure; reshape our military; pursue jointness; optimize military readiness; and realize significant savings in support of transforming the Department of Defense.

After a long list of moves and consolidations by numerous Army, Air Force and Navy units from across America, the result was Fort Sam Houston becoming one of the main hubs of Joint Base San Antonio. BRAC will go into the history books as the largest economic development event in the city's history.

BRAC 2005 recommendations expanded Fort Sam Houston to become DOD's premier medical training base and the home of Army installation management, and management of family support activities and community programs.

As a result of BRAC, San Antonio is the epicenter for training of enlisted medical technicians for all services. This change relocated Air Force training from Sheppard Air Force Base, Texas, as well as Navy training from Great Lakes, Ill., San Diego, Calif. and Portsmouth, Va.

These training missions relocated to Fort Sam Houston and became merged with Army training already at the post. At any given time, the on-post student population can be expected to be ap-

proximately 8,700. The annual through-put of students will be more than five times that number.

San Antonio received almost 5,000 new personnel, 5,500 family members, 9,000 additional students, and \$2.1 billion in construction of military facilities as a result of BRAC 2005. By comparison, Toyota and its suppliers invested \$1.1 billion in new manufacturing facilities and created 4,100 new jobs.

Now that BRAC is complete, its impact will support the employment of more than 11,000 additional people and provide additional \$621 million in economic impact.

According to James Henderson, deputy director of the Office of Military Affairs for San Antonio, the economic impact of the expanded military base operations is expected to increase by about \$1.6 billion each year.

Billions of dollars have poured in for construction of new facilities and upgrades of existing buildings. Thousands of construction jobs were provided, as BRAC-related work accounted for nearly two-thirds of all the commercial

construction in San Antonio, according to Association of General Contractors in San Antonio.

San Antonio registered a \$2.4 billion boost in 2008 from the Fort Sam Houston work alone, according to an economic impact study by the Military Transformation Task Force, an initiative of the city of San Antonio and the Greater San Antonio Chamber of Commerce. Sales tax revenues were boosted by \$4.7 million in 2008 from all the BRAC activity at Fort Sam Houston.

Fort Sam Houston has become the home of Army North, Army South, Installation Management Command, Army 5th Recruiting Brigade, Brooke Army Medical Center, the Institute of Surgical Research, the Army Medical Department Center and School, the Army Medical Command, 470th Military Intelligence Brigade, 106th Signal Brigade and the 502d Air Base Wing.

Tens of thousands of military members, civilians and family members now call San Antonio home, thanks to this renaissance at Fort Sam Houston, one of the U.S. Army's most historic installations.

## BRAC TIMELINE

<b>May 13, 2005</b> BRAC recommendations made public	Health and Trauma building	KLNR public television	<b>April 19, 2010</b> Installation Management Command groundbreaking ceremony	a single university-style administration, with more than 100 courses being taught there. Rear Adm. William R. Kiser is the METC's first commandant, with Army Col. Larry Hanson as deputy commandant and dean.	Sam Houston
<b>Nov. 9, 2005</b> BRAC recommendations become law	<b>July 2008</b> San Antonio Joint Program Office (SAJPO) established replacing SAIO	<b>Jan. 9, 2010</b> East Side Reinvestment Summit	<b>April 26, 2010</b> Ceremony for Ft. Sam Houston Garrison transfer to 502nd Air Base Wing	Air Force Command Chief Master Sgt. Kevin Lambing is the senior enlisted advisor.	<b>February 2011</b> Battlefield Health and Trauma ribbon-cutting ceremony at Fort Sam Houston
<b>July, 2006</b> San Antonio Integration Office (SAIO) established	<b>October 2008</b> OSD Joint Basing conference in San Antonio	<b>Feb. 1, 2010</b> The 37th Medical Group joins the 59th Medical Wing. After the unit transition, the 37th MDG becomes the 559th MDG and operates under the 59th MDW at Wilford Hall Medical Center.	<b>June 22, 2010</b> Wilford Hall Medical Center trauma care move to Brooke Army Medical Center, but remains open as a fully accredited emergency department	Classes start at the new Medical Education and Training Campus	<b>Aug. 5, 2011</b> Official opening of 502nd Air Base Wing headquarters at Fort Sam Houston
<b>Sept. 20, 2006</b> First Executive Integration Oversight Board (EIOB) meeting held	<b>June 2009</b> OSD Joint Basing Memorandum of Agreement workshop	<b>Feb. 2, 2010</b> 12th Mission Support Group/Comptroller Squadron inactivation/902nd MSG/CPTS activation; 37th MSG/CPTS inactivation/802th MSG/CPTS activation	<b>June 30, 2010</b> The Medical Education and Training Campus opens at Fort Sam Houston as an integrated campus under	<b>July 2010</b> Classes start at the new Medical Education and Training Campus	<b>Aug. 19, 2011</b> Installation Management Command cuts ribbon on new headquarters
<b>Aug. 20, 2007</b> First Executive Integration Oversight Board for Joint Basing meeting Held	<b>July 2009</b> "Embrace BRAC" kick-off event, Fort Sam Houston			<b>Sept. 15, 2010</b> "One year to BRAC celebration" media event at Fort	<b>Sept. 15, 2011</b> BRAC Complete
<b>Sept. 29, 2007</b> \$92m construction contract awarded for Battlefield	<b>July 31, 2009</b> 502nd Air Base Wing stand-up ceremony				
	<b>Nov. 3, 2009</b> BRAC Town Hall meeting on				

(Source: EmBRACe San Antonio BRAC, <http://www.embracebrac.org/>)

# 50 Years of Changing Lives – FSH & the CFC

By Deyanira Romo Rossell  
502nd FSS Marketing



Fort Sam Houston launches the Combined Federal Campaign this month, joining the nation to celebrate the 50th Anniversary of the world's largest and most successful annual workplace charity drive.

More than 200 CFC campaigns across the U.S. and internationally help raise millions of dollars each year. Last year, the San Antonio CFC raised \$5.5 million, with Fort Sam Houston kicking in nearly \$1.3 million of that total. This year, Fort Sam Houston CFC officials aim to raise \$1,343,389.

"I don't think you have to look very far to find a family member, a friend or a neighbor who has been helped by one of the CFC charities," said Terrence M. Frost, acting director, 502nd Force Support Squadron and CFC project coordinator. "Our contribution can make a difference in the lives of people we care about."

Lt. Gen. Guy Swann III, commanding general of U.S. Army North, will rally unit commanders and project officers at the CFC kick-off breakfast at 7:30 a.m., Sept. 21. Project officers conduct the CFC campaign on Fort Sam Houston for their unit or organization.

Beginning Sept. 21, Fort Sam Houston federal employees will have the opportunity to select a charity and authorize a payroll deduction to donate directly to the CFC agency of their

choice. Deductions will begin Jan. 1, 2012, and will continue through Dec. 31, 2012.

As one of the most efficient and effective channels for philanthropic giving, the CFC gives federal employees an accountable, flexible way to donate to the charities of their choice. By providing federal employees with a broad range of donation options, the CFC provides its charities with consistent, steady support that enables them to make plans for every fiscal year.

The flexibility and accountability that the CFC gives both federal employees and the charities they support is a major reason why it is one of the most successful philanthropic programs in history. The CFC has donated more than \$6 billion since 1961, when formal authority to permit fundraising in the federal workplace was established by President John F. Kennedy.

The CFC today is known to be the most inclusive workplace giving campaign in the world with more than 20,000 participating nonprofit charitable organizations worldwide. The charities supported through the CFC range from nascent community groups to large, well-known charities.

# ARSOUTH mission brings light to sight-impaired

By Eric R. Lucero  
ARSOUTH Public Affairs

During the early morning hours of Aug. 26, 92-year-old Maria Josefa Aguillon Hernandez made her way to the hospital in San Vicente, El Salvador, as the sun rose for millions of other people, but not her.

For Hernandez, the world was still dim. She, along with hundreds of other Salvadorans who visited the Santa Gertrudis Hospital in San Vicente that day, suffered from impaired vision due to cataracts.

However, this day was special. She was scheduled for surgery to correct her condition. For Hernandez, this would be the last day the sun would rise and she would not see it.

Six U.S. Army doctors

were waiting for her at the hospital as part of the U.S. Army South-led medical readiness training exercise (MEDRETE) eye surgical team. The team, which completed its mission Aug. 31, was composed of active duty medical personnel from the U.S. Army Medical Command as well as Reserve Soldiers from the 807th Medical Command (Deployment Support).

While typical MEDRETEs can focus on anything ranging from general care, to dental and veterinary medicine, this mission focused on ophthalmology. Specifically, the eye surgical team targeted patients with sight-impaired disabilities due to cataracts.

The patients were selected by Salvadoran ophthalmologists, who then referred them to



Courtesy photo

Lt. Col. Darrell Carlton (right), an ophthalmologist based out of Womack Army Medical Center in Fort Bragg, N.C., and officer in charge of the U.S. Army South-led medical readiness training exercise eye surgical team in El Salvador, briefs a group of Salvadoran delegates and Col. Daniel S. Berliner (center), Army South command surgeon, on the mission of the MEDRETE at the Santa Gertrudis Hospital in San Vicente Aug. 26. Six U.S. Army doctors traveled to El Salvador for a 10-day cataract surgery mission, restoring sight to 133 Salvadorans ranging in age from 15 to 92 years.

the U.S. doctors. Once selected, the patients

were screened by an advance party of the

MEDRETE team to ensure they were viable candidates for cataract surgery.

Upon arriving in El Salvador, the Army doctors had 253 eager Salvadorans waiting for

them. The MEDRETE team determined 133 patients were considered viable candidates for surgery. The patients ranged in age from 15 to 92 years.

"The mission provided a permanent medical solution to a condition that El Salvador does not have enough of a capability or capacity to fix, given the number of people with a cataract problem," said Lt. Col. Chad Nelson, U.S. Army South medical operations and plans.

"It also provided an opportunity for the Salvadoran hospital staff as well as some of its military medical professionals to work alongside U.S. Army medical staff during the entire exercise."

The MEDRETE team understood how important its mission was in regard to improving the quality of life for the patients, but it also wanted

**See MEDRETE, P20**

# Army uses awareness campaign to fight domestic violence

By Michael Burkhalter  
IMCOM Public Affairs

October is National Domestic Violence Awareness Month, and the Army is doing its part to help combat violent behavior in its ranks.

The awareness campaign aims to highlight the prevention, intervention and services provided by a community more than willing to address and stop domestic violence.

“All of you are dedicated to eliminating this threat,” said Army Secretary John McHugh during a Sexual Harassment/Assault Response and Prevention summit held in March, “and it’s a threat to our cohesion of our units, a threat to our units and a threat to our very humanity.”

“The fact that sexual

assault still occurs in our ranks is heartbreaking; it’s (opposite) to everything we value in this institution,” he added.

In 2008, former Secretary of the Army Pete Geren and Army Chief of Staff George W. Casey Jr. launched a new strategy – including the I. A.M. (Intervene, Act, Motivate) Strong Campaign – to thwart sexual assault and harassment.

This year’s SHARP summit opened phase three of I. A.M. Strong’s four point effort to eliminate sexual violence in the Army.

At the summit, Carolyn Collins, SHARP Program Office division chief, noted that domestic violence numbers went down 8 percent in 2010. She said 1,689 cases were reported last year, and 1,795 were report in 2009.

“We know our actual numbers went down, not just our reported numbers. And our rate per 1,000 went down,” Collins said. “We grew our Army the last few years, but our rate per 1,000 didn’t go up with that, it actually came down, so we believe we are reducing crime.”

Collins attributed this to encouraging victims to report incidents of violence; providing some of the best medical care and counseling techniques in the nation; and the Army dedicating itself to prosecution and investigation techniques.

“We will assess ourselves by ensuring we are doing the best we can,” Collins said. “We will adjust fire, just as in the Army, to ensure our investment is bringing about change so we can

## DOMESTIC VIOLENCE AWARENESS PROJECT



Supporting Public and  
Prevention Education Efforts

[www.nrcdv.org/dvam](http://www.nrcdv.org/dvam)

achieve our goal of eliminating sexual harassment and assault.”

Statistics show a need for the Army to build social intolerance toward domestic violence, such as strengthening programs designed to promote awareness; encouraging reporting; providing safety for victims; and ensuring treatment and/or administrative

action for offenders, with special emphasis on services for junior Soldiers and their spouses or intimate partners.

Also, the Army Family Programs office has established an Army Family Advocacy Program web page on <http://www.ArmyOneSource.com> for Soldiers and families with information and awareness

**“The fact that sexual assault still occurs in our ranks is heartbreaking; it’s (opposite) to everything we value in this institution,”**

*Army Secretary John McHugh*

campaign resources. The web page makes available resources for new parent support visitors, victim advocates, transitional compensation and other prevention and educational services.

*(Additional information provided by Rob McIlwaine, Army News Service)*

# 204th MI Battalion analyst recognized for operational achievement

By Gregory Ripps  
470th Military Intelligence Brigade

U.S. Army Intelligence and Security Command recently honored a 470th Military Intelligence Brigade imagery analyst and standardization instructor with the Commander's Plaque for Operational Achievement.

Sgt. Joshua Bremerman of the 204th MI Battalion received the plaque at INSCOM headquarters at Fort Belvoir, Va., July 21.

The award is presented to an INSCOM team member who serves in a non-supervisory capacity and has made the single greatest contribution to the op-

erational effectiveness of INSCOM. Level of achievement must have been equivalent to that required of the Meritorious Service Medal.

As a standardization instructor, Bremerman conducts qualification and refresher training for nonrated crew members of DHC-7 aircraft flown to perform intel-

ligence, surveillance and reconnaissance (ISR) operations.

"Nonrated crew members are individuals – other than aviators who

perform duties aboard an aircraft – who are essential to the operation of the aircraft," Bremerman said.

The standardization instructor ensures crew members progress to their appropriate readiness level. He also acquires the training and the ability to train others within Central Command's, Southern Command's and Northern Command's respective areas of operation.

Bremerman joined the Army in June 2007 and attended the imagery analyst course at Fort Huachuca, Ariz. He was then assigned to the 204th MI Battalion, which is based at Fort Bliss, Texas. Since then, he deployed four times in support of Operation Iraqi Freedom and Op-

eration New Dawn.

In the last half of 2010, Bremerman flew 408 missions aboard an Airborne Reconnaissance Low-Multifunctional platform – an aircraft with multiple intelligence capabilities, including the means of capturing images to produce full-motion video (FMV) data and other imagery-derived products (IDPs).

"FMV data is the video that you see and the product you build to paint an overall picture," Bremerman said. "An IDP is what is created to build a structured timeline of events or a direct purpose for one image."

FMV analysts are responsible for all activity they capture on their sensors.



**U.S. Army photo**

The DeHavilland Canada 7, or DHC-7, aircraft serves as an Airborne Reconnaissance Low-Multifunctional platform for imagery analysts.



**Photo by Robert J. Bills**

Sgt. Joshua Bremerman (left), of the 204th Military Intelligence Battalion, receives the Commander's Plaque for Operational Achievement, from Maj. Gen. Mary Legere, commanding general of Intelligence and Security Command at Fort Belvoir, Va., July 21.

**See 204, P20**



## WILDFIRE from P1

chief for the Fort Sam Houston Fire Department which just recieved the Department of Defense Fire Department of the Year award for the best small department.

Fire fighters from Camp Bullis, Fort Sam Houston and Randolph and Lackland Air Forces bases worked side-by-side with fire departments from Leon Springs, San Antonio, Converse, Bergheim and the Texas Forestry Service to contain the fire.

Five planes and two Black Hawk helicopters dropped water and fire retardant chemicals onto the flames.

Bull dozers working from the ground to help contain the blaze and stop it from spreading..

“Fire fighters are working 24/7 on the fire lines to watch for possible flare-ups,” said Williams. “Our goal is total extinguishment before crews are pulled off the fire line.”

No structures on Camp Bullis or Camp Stanley received any



Courtesy photo

An aircraft drops fire-retardant chemicals onto the flames of the fire at Camp Bullis.

damage from the blaze only grass and foliage were affected, according to Williams.

Camp Bullis Range Operations in concert with the Fort Sam Houston fire chief has suspended the use of all pyrotechnics until further notice.

Smoking is prohibited in the training areas at Camp Bullis. This includes all areas beyond the Range Control gate, with the following exceptions:

- Units with permanent fixed facilities may establish designat-

ed smoking areas within the confines of those facilities.

- The designated smoking area must be in a location that is free of vegetation, and must be within the confines of the facility.

- A fire extinguisher must be in place.

Units and individuals utilizing Camp Bullis training sites or training areas are prohibited from establishing designated smoking areas, and are prohibited from allowing their unit members to smoke. This includes individuals who may be in the training areas for recreational purposes, such as hunting.

Smoking is also prohibited in the Camp Bullis Cantonment Area, except in designated smoking areas and all vehicles, both government and privately owned, in all areas.

“The initial cause of the fire has not been determined and is still under investigation,” said Williams.

## FIRE INSURANCE TIPS

The Texas Department of Insurance has recommended keeping the following insurance tips in mind if fires damaged your property:

- Check your house and car for damage once it is safe to do so. Wildfires are affecting dozens of communities in Texas.

- Contact your insurance agent or company promptly to report damage.

- Follow up immediately with a written claim to protect your rights under Texas' prompt-payment law.

- Make a list of your damaged property.

- Photograph or videotape the damage if possible.

- Don't throw away damaged items until an adjuster has seen them.

- Make reasonable and necessary repairs to protect your home and property from further damage.

- Cover broken windows and holes.

- Do not make permanent repairs before a claims adjuster

inspects the damage.

- Keep a record of your repair expenses and save all receipts.

- Ask your agent about additional living expenses (ALE), for reimbursement of additional food or lodging expenses while your home is being repaired.

- Try to be present when the adjuster inspects your damage. Be sure your address is visible. If damage forces you to move, leave a note or a plywood sign with your temporary address, phone number and name of your insurance company.

- Try to have your contractor present at the inspection or have the contractor review the adjuster's report before settling the claim.

Don't accept an unfair settlement.

For more information, call the insurance department's consumer help line at 800-252-3439 or visit the TDI website at <http://www.tdi.texas.gov>.

*(Source: Texas Department of Insurance)*

## NETWORK ENTERPRISE CENTER COMPLETES I3MP PROJECT



**Photo by Lori Newman**

Representatives from the Network Enterprise Center, 502nd Air Base Wing, General Dynamics Information Technology and Black Box Network Systems cut a ribbon in celebration of the completion of the Installation Information Infrastructure Modernization Program projects. The I3MP projects significantly improve the voice and data communications capabilities of Joint Base San Antonio. Upgrades were accomplished under two separate projects: a \$9.3 million effort awarded to General Dynamics Information Technology and a \$7 million effort awarded to Black Box Network Services. Combined, the two projects supplied a new communications shelter, 83-gigabit Ethernet data switches, Voice Over Internet Protocol switch upgrade, a remote switching unit capable of supporting 10,000 voice users, a 7,000-voice user port expansion, an expanded call management system, an audio bridge, 20 specialized data server cabinets, two uninterruptable power supplies, more than 18 miles of fiber optic cable, two miles of copper cable, 17 maintenance holes and two miles of communication conduit.

# Colombia War College students visit Army South

By Robert R. Ramon  
ARSOUTH Public Affairs

U.S. Army South hosted students from the Colombia War College Aug. 31 in an effort to maintain strong regional partnerships with an important partner nation army.

More than 41 students from the Colombian Army, Navy and Air Force participated in the visit that highlighted Army South's major exercises and operations as well as specific aspects of its mission

that are important to Colombia.

Maj. Gen. Simeon G. Trombitas, ARSOUTH commanding general, welcomed the students at his headquarters just before Robert L. Pelegreen, Army South Security Cooperation Division deputy director, conducted a command overview briefing.

"This is a significant command-sponsored relationship engagement," Pelegreen said. "We've had a longstanding relationship with the Colombians and we want to

continue fostering a good relationship with them as a partner nation."

During their visit, the students toured Army South's operations center, where they received a briefing on current operations, and the 470th Military Intelligence Brigade headquarters, an Army South supporting unit.

U.S. Army South knows well the benefits of these types of engagements with partner nation militaries.

**See ARSOUTH, P13**



Photo by Robert R. Ramon

Maj. Gen. Simeon G. Trombitas, ARSOUTH commanding general, welcomes Colombian Army War College students at the U.S. Army South headquarters building Aug. 31.

Maj. Gen. Simeon G. Trombitas (right), U.S. Army South commanding general, visits with Colombian Navy Rear Adm. Cesar A. Gomez Pinillos (left), Colombian Navy chief of Naval Training and Education, and Army South foreign liaison officer Colombian Army Col. German Lopez at the Army South headquarters here Aug. 31.

**Photo by**  
**Robert R. Ramon**



### **ARSOUTH from P12**

“It’s important to get that exchange of information,” said Maj. Carlos I. Martinez, Army South Andean Ridge desk officer. “Although the visit only lasts a short time, it’s very constructive not only to their development as war college students, but to the strengthening of our relationships.”

Prior to visiting Army South, Martinez said the Colombian students also visited Fort Hood, Texas, and Lackland Air Force Base.

The visit to Army South was well received according to the Colombian students.

“Their headquarters facilities are amazing,” said Colombian Air Force Maj. Alexan-

der Celis, a Colombian War College student. “We conduct many joint operations with Army South so it’s very important for us to be here and see first hand what it is that they do here. The support of the U.S. Army is very important to us and although they are from another country, these are our brothers.”

### **WHMC from P3**

has an older daughter, 9-year old Rosalie, who was born at Darnall Army Community Hospital at Fort Hood.

“The Wilford Hall staff was awesome. We couldn’t have asked for more,” said Perez, who works as a nuclear medicine instructor at the Medical Education and Training Campus. “It’s exciting to know they will continue their high quality care for other military families at Fort Sam.”

The infant was delivered by doctors Capt. Damien Packett and Capt. Lisa Nicholson. Clinical nurse Capt. Joy Arce and medical technicians Senior Airman Ebony Rodriguez and Airman First Class Lorena Diaz assisted.

“We have a great professional team of

active duty and civilians and they will continue that level of excellent, high quality and patient-centered care with our Army colleagues as they transition to Fort Sam Houston,” commented Maj. Gen. Byron Hepburn, commander of the 59th Medical Wing.

The Army couple got a special surprise when Hepburn and Command Chief Master Sgt. Richard Robinson presented them with their military coins.

“This is a tremendous accomplishment on multiple levels, especially for the Perez family,” Hepburn said. It’s a joy for the Perez family and it’s a joy and honor for our staff to deliver this beautiful little girl.”

It’s uncertain what birth number baby Laurel represents. However, Matt Scales, historian for the 59th Medical Wing,

reports that over the 60-year history of labor and delivery at Lackland Air Force Base, more than 103,482 babies have been born here. The first labor and delivery unit was formally activated in 1951 under the 3700th Medical Group, located in the same general area as the current Wilford Hall building.

“Technically, the first baby was born here in 1943 before labor and delivery stood up, but our statistics do not go back that far,” he said.

“Time has brought many changes,” said Kimberly Hatfield, civilian supervisor, Hauth Birthing Center, who started out at Wilford Hall in 1993 as a lieutenant in the Nurse Transition Program and has continued to work at the hospital since.



*Tribute in Light*  
**JBSA**  
*remembers 9/11*

Photo by Denise Gould

The "Tribute in Light" memorial is in remembrance of the events of Sept. 11, 2001, in honor of the citizens who lost their lives in the World Trade Center attacks. The two towers of light are composed of two banks of high-wattage spotlights that point straight up from a lot next to Ground Zero. This photo was taken from Liberty State Park, N.J., on the five-year anniversary of 9/11.



Staff Sgt. Patrick Reese of the Lackland Air Force Base Honor Guard member renders taps while military and civilian guests salute to end the Building 171 9/11 Remembrance Ceremony at Lackland Air Force Base Sept. 9. **U.S. Air Force photo by Steve Davis**



Wounded warriors from San Antonio begin their trek in the 5k Firefighter Stephen Siller Tunnel to Towers Run/Walk in the historic Alamo Plaza during the 10th anniversary of the Sept. 11 attacks. The run supports the Weill-Cornell Burn Center and burn centers across America, and restores shattered lives by building homes for surviving quadriplegic service-members returning from combat, according to the Stephen Siller Tunnel to Towers Foundation. **Photo by Army Staff Sgt. Keith Anderson**



(From left) Staff Sgt. Peter Gonzalez, Maj. Gen. David Rubenstein, commanding general, Army Medical Department Center and School, and Staff Sgt. Dameon Stevenson, present a wreath in the center of the War Medic Memorial on behalf of the staff and faculty of AMEDDC&S in remembrance of the Army Medical Department personnel who sacrificed their lives supporting Operation Iraqi and Enduring Freedom. Held inside the entrance to AMEDDC&S, the 9-11 Patriot Day ceremony commemorates the 10th Anniversary of the attack on Sept. 11, 2001. **Photo by Esther Garcia**



Photo by Shayna E Brouker

A delegation of dignitaries placed a wreath of remembrance during the Pledge of Allegiance in front of the Alamo during a commemoration of the 10th anniversary of the Sept. 11 attacks at the Alamo in San Antonio Sept. 11. Pictured are (front row) Girl Scout Gold Star-winner Jessica Clayton, Girl Scouts of Southwest Texas; and Matthew Wilkes, Eagle Scout, Troop 809; (back row) Gen. Edward Rice Jr., commanding general, Air Education and Training Command, Randolph Air Force Base; Fire Chief Charles Hood, San Antonio Fire Department; Police Chief William McManus, San Antonio Police Department; and Lt. Gen. Guy Swan III, commanding general, U.S. Army North.



**Photo by Deyanira Romo Russell**  
 Freedom Walk 5K runners, Brenda Herber and Sgt. 1st Class Rodney Horner enjoy their last few strides on Saturday, Sept. 10, in commemoration of the 10th anniversary of the 9/11 attacks on the United States.



Photo by William Belcher

Senior Master Sgt. Benjamin Jones of the Air Force Intelligence, Surveillance and Reconnaissance Agency History Office at Lackland Air Force Base describes how he designed the 9/11 display case honoring the victims of the World Trade Center twin towers as part of the agency's remembrance ceremony Sept. 9. The glass-encased display features a model of the World Trade Center Towers, a memorial floral arrangement, a screen scrolling the names of those who died in the towers, and recreations of shrines in New York City dedicated to those who perished.



Photo by Maria Gallegos

(Above) Chaplain (Col.) Timothy Eggleston (right), chief of Brooke Army Medical Center ministry and pastoral care, lays a wreath during a BAMC chapel service in commemoration of the 10th anniversary of the Sept. 11, 2001, terrorist attack, while Chaplain (Lt. Col.) Robert Leathers, speaks to more than 50 people in the congregation. The service was dedicated to remember and honor those who lost their lives during the 9/11 attack.

*We remember*

(Above) A memorial flag is illuminated near the spot where American Airlines Flight 77 crashed into the Pentagon on Sept. 11, 2001.

Photo by Petty Officer 1st Class Brandon W. Schulze

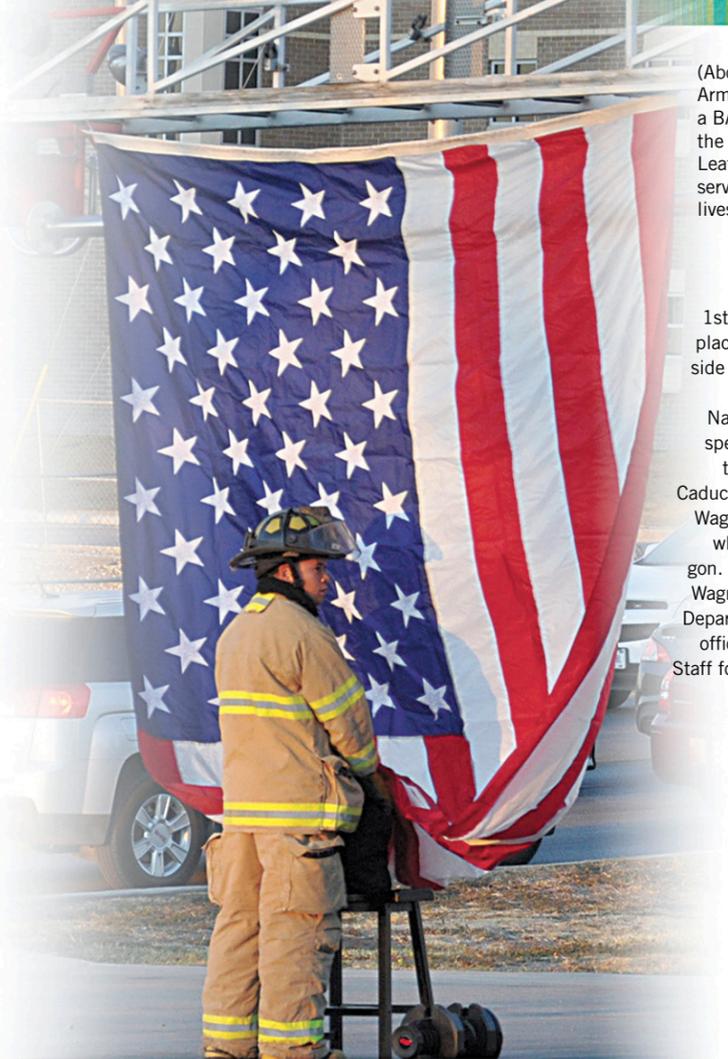


Photo by Lori Newman

Members of the Fort Sam Houston Fire Department pay tribute to their fallen comrades lost on Sept. 11, 2001. The somber ceremony included the raising of the American flag attached to the ladder of the fire truck and the ringing of a bell. Traditionally, the ringing of a bell signified the beginning of the firefighter's duty day, summoned them to fires and signaled a call was complete.

1st Lt. Faren Campbell (left) places a wreath at the graveside of Lt. Col. Karen Wagner at the Fort Sam Houston National Cemetery during a special ceremony hosted by the Alamo Chapter, Silver Caduceus Society on Sept. 11. Wagner died Sept. 11, 2001 while serving at the Pentagon. At the time of her death, Wagner was an Army Medical Department staff officer in the office of the Deputy Chief of Staff for Personnel on the Army staff.

Photo by Esther Garcia



(Left) The Randolph Air Force Base Honor Guard folds the flag while taps is played during the 9/11 10-year commemoration held at the base theater Sept. 9. **Photo by Don Lindsey**

# TRICARE reduces pharmacy home delivery co-pays



Copayments for some medications provided through TRICARE Pharmacy Home Delivery are being reduced to zero. As of Oct. 1, 2011, Home Delivery beneficiaries may fill generic prescriptions at no cost to themselves.

Generic formulary drugs purchased through Home Delivery currently cost \$3 for a 90-day supply, but as of Oct. 1 the copayment drops to zero.

“These new co-pays make using TRICARE Pharmacy Home Delivery more affordable than ever,” said Rear Adm. Christine Hunter, TRICARE Management Activity deputy director. “Home Delivery offers a great value for patients taking maintenance medications for chronic conditions.”

The following changes to

the TRICARE pharmacy copayments are scheduled to go into effect Oct. 1:

- Generic formulary drugs purchased at retail pharmacies will go from \$3 to \$5.
- Brand name formulary drugs from retail pharmacies will go from \$9 to \$12.
- Non-formulary medications will go from \$22 to \$25 in both retail and Home Delivery.

Brand name formulary drugs purchased through Home Delivery will have the same \$9 copayment.

Copayments for prescriptions filled through Home Delivery cover a 90-day supply, but only a 30-day supply when purchased at a retail pharmacy.

“This is the first change to TRICARE pharmacy copays

since 2002,” Hunter said. “Our goal is to keep costs as low as possible for our beneficiaries and DOD.”

Military, their families and retirees are increasingly using Home Delivery to get their maintenance medications conveniently delivered through U.S. mail – saving TRICARE about \$30 million in 2010. Use of Home Delivery has grown in 2011 by nearly 10 percent over 2010. More than 1 million prescriptions per month are filled through the service.

For more information about TRICARE pharmacy, the new copayment rates and home delivery, visit <http://www.tricare.mil/pharmacy>. Connect with TRICARE on Facebook and Twitter at <http://www.facebook.com/tricare> and <http://www.twitter.com/tricare>.

## NICU NOW AT BAMC



Photo by Kara Carrier

The Brooke Army Medical Center Neonatal Intensive Care Unit started to receive patients Aug. 30 from Wilford Hall Medical Center. The move is a part of the 2005 Base Realignment and Closure relocation process of all inpatient services to BAMC. The NICU will be located on BAMC's fifth floor in a new state-of-the-art perinatal center that includes labor and delivery, antepartum testing, maternal fetal medicine and the full range of neonatal care. The NICU will provide 26 beds, including a specialized extra-corporeal membrane oxygenation, or ECMO, bay with two beds.

# Army Entertainment Detachment holds change of command ceremony

By Evan Dyson  
IMCOM Public Affairs

Capt. Yvonne Perdomo assumed command of the Army Entertainment Detachment at a ceremony held at Fort Sam Houston Sept. 1.

Capt. Chineka Reid, who had served as commander since August of last year, is leaving the unit to become a detachment commander for the 595th Transportation Terminal Group in Qatar.

Brig. Gen. John Uberti, deputy commanding general for Support, Installation Management Command, presided at the ceremony. Distinguished guests from the Installation Management Community included Lt. Gen.

Rick Lynch, commanding general and assistant chief of staff of Installation Management and Maj. Gen. Reuben Jones, deputy commanding General for Operations.

"Today marks a new chapter in my career," Perdomo said. "I am honored and extremely grateful. I look forward to the upcoming challenges and the rewards of commanding."

Army Entertainment Detachment completed a move from Fort Belvoir, Va., to San Antonio recently as mandated by 2005 Base Realignment and Closure law.

Now located at Fort Sam Houston, the operation joins the rest of the Installation Management

community on a newly dedicated campus to continue to serve Soldiers and their families within Family and MWR Programs.

The historic Fort Sam Houston Theater is being specially adapted for the detachment's use.

While maintaining its traditional facade, improvements inside the facility include a modified stage, additional room for lighting and space for offices and recording studios.

The site will become home base for Army Entertainment operations, including the U.S. Army Soldier Show, an annual production that has presented over 900 performances since its creation in 1983.



Photo by Evan Dyson

During the Army Entertainment Detachment change of command Sept. 1, Capt. Yvonne Perdomo receives the guidon flag from Brig. Gen. John Uberti, deputy commanding general for Support, Installation Management Command, representing the change in leadership from Capt. Chineka Reid to Perdomo.

## Feds Feed Families campaign concludes

By Lori Newman  
FSH News Leader

An ounce of prevention may be worth a pound of cure, but the 754 pounds of non-perishable food and personal hygiene products collected by the 502nd Mission Support Group will help several needy families, just outside the Fort Sam Houston fence line.

This effort supported Feds Feed Families, a government-wide campaign held June 1 to Aug. 31, led by the Chief Human Capital Council, in partnership with the Office of Personnel Management, Department of Defense and the U.S. Department of Agriculture.

Fort Sam Houston chose to donate the items collected to the Ella Austin Community Center Emergency Food Pantry.

According to their website, Ella Austin Community Center has served the City of San Antonio and Bexar County for over 100 years, first as a children's home, than later a

community center.

The center now serves as a neighborhood-based, multi-purpose, social service agency, which provides a broad spectrum of services including early child development, parenting classes, youth and family services, assistance to individuals and families in crisis, homebound meals and senior activities.

"Thank you to the Fort Sam Houston community for supporting the recent Feds Feed Families food donation campaign," said Deborah Seabron, 502nd MSG campaign coordinator. "Your contributions not only helped deserving families but showed your caring and giving spirit."

"Because of your efforts, the Air Force raised 170,000 pounds [of food] toward the DOD goal of 733,800 pounds, and DOD raised 1,970,741 pounds towards the overall Federal goal of 2 million pounds," said Eliza Nesmith, chief, Airman and Family Services, Headquarters Air Force.

## Options available for service members needing marriage counseling

By Cheryl Harrison  
Marketing, Warfighter and Family Readiness

During the 2010 Armed Forces Army Plan conference at Fort Sam Houston, TRICARE's policy for marriage counseling was identified as an issue that was important to maintaining a good standard of living.

Under TRICARE management authority policy, marriage counseling is not specifically covered. What the policy states is that one of the beneficiaries must be diagnosed with a behavioral health condition in order to be eligible for marriage counseling.

Married couples may need assistance with working out issues due to the unique stressors of the military lifestyle. Being

able to receive counseling without a behavioral diagnosis can allow service members to receive preventive healthcare measures prior to significant marital issues that may lead to behavioral health issues of domestic violence.

Multiple deployments in support of Operations Iraqi Freedom and Enduring Freedom in Iraq and Afghanistan, respectively, are having a profound impact on service member's marriages and families.

And when married couples come to the point of realizing some marriage counseling would be beneficial to them, many are not sure where to turn for help.

Again, TRICARE covers behavioral health care only for

beneficiaries with a valid behavioral health diagnosis. Counseling services that are not medically necessary for treatment of a diagnosed medical condition (e.g., educational, stress management and lifestyle modification counseling) are not covered.

Although marriage counseling and family therapy may seem similar, according to TRICARE, family therapy is covered, while marriage counseling is not.

For couples seeking marriage counseling, but not wanting to go through TRICARE, there are other sources available, military wide and locally.

Help for military spouses and service members is available online at Military OneSource at <http://www.militaryonesource.com>.

Military OneSource offers up to six free confidential counseling sessions to eligible military personnel and their family members.

This free support service is provided by the Department of Defense to service members and their families including National Guardsmen and reservists. For immediate help, a toll free number is also available at 1-800-342-9647. The phone line is available 24 hours a day/365 days a year.

Military and Family Life Consultants provide service members and their families with face-to-face, non-medical counseling and education about daily life stressors related to

**See MARRIAGE, P19**

**MARRIAGE from P18**

deployment and reintegration.

Beneficiaries can visit MHN Government Services online at <https://www.mhngs.com> or call 1-800-646-5613 for details. Locally interested couples can call 376-7824.

The Online Behavioral Health Resource Center include Humana Military Healthcare Services, Inc. (Humana Military) offers an online behavioral health resource center (<http://www.humana-military.com/south/bene/health-wellness/BehavioralHealth/BehavioralHealth.asp>) to TRICARE beneficiaries in the "Health and Wellness" section.

Locally, the Chaplain Family Life Center on Fort Sam Houston has three full-time counselors who provide couples

confidential and trauma related counseling, according to Chaplain (Maj.) George Hammil.

Average counseling sessions are, but not limited to, six to 12 sessions. For information about the Family Life Center at Dodd Field Chapel, call 221-2754.

In the Family Life Program, formerly the Family Advocacy Program, couples are offered free enrichment classes, such as "Scream Free Marriage" and "5 Love Languages." Call 221-0349 for more information about upcoming classes.

Beneficiaries can also check with their local military treatment facility to see if it offers marriage counseling, or to look into community-based services, such as social service agencies, community groups or church-based couples/family services. Eli

**Sign up for 'It's Not Easy Being Green' spouses' conference**

The "It's Not Easy Being Green" spouses' conference is Sept. 22-23 from 8:30 a.m.-2:15 p.m. at Dodd Field Chapel. Military spouses from all branches of service are welcome to attend. The cost is \$5.

The two-day event offers guest speakers, informative classes, food,

prizes and free child care.

On Sept. 22, Cathy Haffner, author of "Better because of You" will speak about her decision to trade in the stress and demands of corporate life and start a movement that is rooted in happiness, finding joy and contentment in

everyday life.

On Sept. 23, Leslie Mouton, anchor and reporter at San Antonio's KSAT-12 will inspire and motivate attendees with her own story. At the age of 35, she discovered a lump in her left breast during a monthly self-exam that turned out to be cancer. She

decided to confront her cancer with cameras close behind.

For more information or to register, call 221-9826 or 221-2585 or register online by Sept. 16 at <http://militaryfamilies.wufoo.com/forms/its-not-easy-being-green-spouse-conference>.

Please send this completed registration form with a check or money order for \$5 payable to the SCFSH, attention Green Conference to Spouse's Club of Fort Sam Houston, P.O. Box 340209, Fort Sam Houston, TX 78234. This form must be postmarked no later than Sept. 16. Mark first, second and third choice for each session.

Name _____		Phone _____		
Session A	Session B	Session C	Session D	Session E
Thursday	Thursday	Thursday	Friday	Friday
10-11 a.m.	11:15 a.m.-12:15 p.m.	1:15-2:15 p.m.	10-11 a.m.	11:15 a.m.-12:15 p.m.
<input type="checkbox"/> <i>Pot Stickers</i>	<input type="checkbox"/> <i>All the Right Moves</i>	<input type="checkbox"/> <i>Fresh Latin Moves</i>	<input type="checkbox"/> <i>Zap It &amp; Eat It!</i>	<input type="checkbox"/> <i>Petite Treats</i>
<input type="checkbox"/> <i>Home Repair</i>	<input type="checkbox"/> <i>Homework Home Based</i>	<input type="checkbox"/> <i>Florals Aisle 6</i>	<input type="checkbox"/> <i>H-H-u-M-M</i>	<input type="checkbox"/> <i>Extreme Couponing</i>
<input type="checkbox"/> <i>Salsa-licious</i>	<input type="checkbox"/> <i>Kochen auf Deutscher Art</i>	<input type="checkbox"/> <i>Just Bread It!</i>	<input type="checkbox"/> <i>Go For Broke!</i>	<input type="checkbox"/> <i>Eat it Right</i>
<input type="checkbox"/> <i>Get the Job DONE!</i>	<input type="checkbox"/> <i>You Oughta Be in Pictures</i>	<input type="checkbox"/> <i>Writing on the Wall</i>	<input type="checkbox"/> <i>Stay-Cations</i>	<input type="checkbox"/> <i>Zumba</i>
<input type="checkbox"/> <i>Green Cleaning</i>	<input type="checkbox"/> <i>Every Second Counts</i>	<input type="checkbox"/> <i>Don't Worry, Be Happy</i>	<input type="checkbox"/> <i>Just Bread It!</i>	<input type="checkbox"/> <i>Don't Worry, Be Happy</i>

## **MEDRETE from P6**

to reduce the impact on its Salvadoran counterparts as well.

With most surgeries, follow-on care can prove to be just as important as the procedure itself. To alleviate the need for follow-up care, the team performed a surgical technique that would benefit both the patients and the Salvadoran doctors.

The procedure, known as small incision suture-

less cataract surgery, proved to be ideal for the MEDRETE mission due to its need for minimal follow-up appointments and care.

"Sutures cause problems," said Col. William R. Wilson, chief of the eye surgical team based out of Walter Reed Medical Center in Washington. "They take time to heal, and there's always risk of infection.

When we leave, we want to make sure the problem is gone and

we don't leave behind a larger burden."

With less risk of infections, and a reduced need for follow on care, the MEDRETE was able to provide maximum care during a short time with limited resources while leaving behind a lasting legacy for the people of El Salvador.

"The mission was a significant training opportunity for the personnel that deployed to El Salvador," Nelson said. "This is just one of the

many types of activities that are tools in the medical engagement strategy that strengthens our relationships with partner nations in the ARSOUTH area of responsibility."

According to Wilson, prior to the surgical team arriving, many of the patients could only see some light, while some could not even see their own hand in front of them. After receiving care, most patients' vision was restored

to 20/20.

"You always know when the surgery went well," Wilson said. "When you take off the bandage and you see a huge smile on the patient's face, you know it's a good outcome."

With plenty of smiles on the faces of its patients, the legacy left behind by the surgical team will have a profound impact on the 15-year-old who can now see his friends, the 92-year-old who can

finally see what her great-grandchildren look like, and everyone in between. For Hernandez, being able to see the sun rise in the morning brings a bright, new outlook on life.

"Restoring sight to the blind is a very powerful humanitarian action," Wilson said. "I am sure this mission has left a very favorable impression of the United States. I like to think of this as medical diplomacy."

## **AFAP from P2**

cent, and we're moving this practice across to other services.

Part of this year's process also includes improving our resource management. As the Assistant Chief of Staff for Installation Management, it is my responsibility to ensure that the Army delivers on its promise to provide Soldiers, civilians and their families a quality of life commensurate with the quality of their service. At the same time, it is also our responsibility to be good stewards of the taxpayer's money.

Currently we're funding hundreds of family programs at approxi-

mately \$2.1 billion. As an Army we have to embrace a cost culture in order to sustain the force and accomplish our strategic imperatives effectively and efficiently.

The three fundamental questions we must all ask ourselves are: Do we really need it? Is it worth the cost? What are we willing to do without?

Of those programs, what are we willing to do without? Which programs should be combined, and which should be eliminated? Which ones are no longer useful, and which programs need more resources?

Over the past few

months through Army OneSource we have asked the Army Family what are our most valuable programs and which ones are least important. I've also received input from senior leaders at the garrison level.

This information collected at the grassroots level will be invaluable as we move forward in the ever changing fiscal environment.

Be assured that Army leadership is fully aware of the sacrifices Soldiers and their families have made over the past 10 years. With this awareness, we continue to fulfill the promise of the Army Family Covenant.

## **204 from P8**

"If your customer asks for patterns of life, then it will be your job to paint the overall picture of activity observed," Bremerman said. "Our main purpose is to save lives of Soldiers; we call out the potential hazards."

After obtaining imagery of areas on the ground, Bremerman analyzed it, produced imagery-derived products, and provided initial phase and supplemental imagery reports for real-world targets. Consequently, he was instrumental in the dissemination of more than 100 images to Joint Task Force commanders.

Bremerman also supported Operation Hunter Sentry, an ISR mission involving the Department of Homeland Security, Joint Task Force North and the 204th MI Battalion.

"I am very honored to

be receiving this award," Bremerman said of the commander's plaque. I may have been recognized as the recipient, but it is the entire battalion whose dedication and work ethic drives this mission."

## **Edwards Aquifer Level**

in feet above sea level  
as of Sept. 14

**CURRENT LEVEL \* = 640.3'**

\*determines JBSA water conservation stage

**Normal - above 660'**

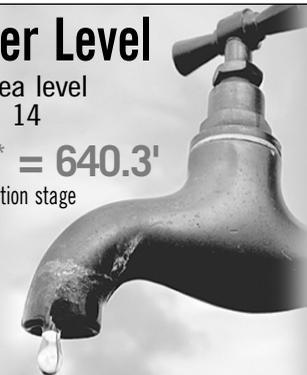
**Stage I - 660'**

**Stage II - 650'**

**Stage III - 642'**

**Stage IV - 640.5'**

**Stage V - 637'**



## Force Support Squadron

Family & MWR

### Announcements

#### Fort Sam Houston Aquatic Center

The Aquatic Center will be open through Sept. 30, Monday-Friday 11 a.m.-1 p.m. for lap swim only and 4-8 p.m. lap swim, shallow end and baby pool only. The center will be open on weekends noon-9 p.m. for all activities. Call 221-4887.

#### Bird and Small Game Hunting Permits

Permits for bird and small game

hunting are on sale now. The Cost is \$50. Requirements are DOD ID card; hunter education card; make, model and caliber of weapon(s); and vehicle registration. Call 295-7529/7577.

#### Rambler 120 Team Challenge

The Rambler will begin at 6 a.m. Oct. 15 at Joint Base San Antonio Recreation Park at Canyon Lake. Event includes a 22-mile bike ride, six-mile run, two-mile raft trip and a mystery event, register by Sept. 30. Call 652-6508 or visit <http://randolphfss.com>.

#### Microsoft Office Classes

Sept. 15 - Excel Level 2  
Sept. 21 - PowerPoint Level 1

Sept. 22 - Excel Level 3

Classes are held at the Roadrunner Community Center, Building 2797 computer lab. from 8 a.m.-noon. To register, call 221-2518/2705.

#### Driver's Education Class

SKIESUnlimited will offer a driver's education class for youth 14-18 years old Oct. 17-Nov. 10, Monday-Thursday 5-7 p.m. at Cole High School in Room 5, 4001 Winans Road. Call 221-3381 or 771-2148.

#### 32nd Medical Brigade Gym

Building 1281, Garden Road will close Sept. 30. The gym, which has been in use since World War II,

will be demolished to make room for a new headquarters building. A temporary structure will be used to support physical training.

#### Combatives Conditioning

Mondays and Fridays, 3:30 p.m. at the Fort Sam Houston Fitness Center at the METC Campus. Call 808-5708/5709.

#### Scuba Classes

Two-week course, Tuesdays and Thursdays, 6-8 p.m. at the Jimmy Brought, Building 320 Wilson Road. Certification class at Canyon Lake. Cost is \$250. Call 221-1234.

#### Zumba Classes

Classes are held at 5 p.m.

Tuesday through Thursday at the Fort Sam Houston Fitness Center, 3569 Williams Way, Building 1369. Call 808-5709. The Jimmy Brought Fitness Center offers classes Mondays and Wednesdays at 5 a.m. and Thursdays at 5:30 a.m. Call 221-1234.

### Calendar of Events

#### Sept. 15 Stress Management

The class is 11 a.m.-12:30 p.m. at the Red Cross, Building 2650. To register, call 221-0349.

#### Sept. 16 Key Caller Training

The training is 8 a.m. to 4 p.m.

at the Roadrunner Community Center, Building 2797. Bring a sack lunch. To register, call 221-1829/0946.

#### Medical Command Golf Tournament

The tournament will begin at 11 a.m. with a shotgun start at the Fort Sam Houston Golf Club, 1050 Harry Wurzbach Road. Cost is \$45 per player. Register at MEDCOM Headquarters Information Desk, Building 2748. Call 412-8975.

#### Sept. 18 Armydillo

This annual event begins at

**See MWR, P22**



### Announcements

#### Employment Initiative Program Job Fairs

The South Texas Employment Initiative Program, a coalition of the Department of Defense's Employer Support of the Guard and Reserve, the Department of Labor/Veterans' Employment and Training Service, the Texas Veterans Commission and the Alliance for Veterans and Families, assists veterans with immediate assistance and/or training and then connecting them with employers who are ready to hire. The EIP is supporting three career fairs: Texas Veterans Commission Career

Fair and Workshop at the Live Oak Civic Center in Universal City Sept. 21; the Military Officers Association of America Career Fair and Workshop at the Marriott Riverwalk Oct. 26-27; and the Non Commissioned Officers Association Career Fair and Workshop at the Norris Convention Center Nov. 15. All three career fairs are open to current and prior service military personnel, active duty and Reserve, who are seeking employment.

#### Neanderthal Trail Run

Register now for the Neanderthal Trail Run sponsored by Troop Support Company. The 11 Kilometer (about 7.1 miles) run will be held Dec. 2 beginning 6:30 a.m. from Building 5130 Wilkerson Road on Camp Bullis. Must register prior to race day, cost is \$30/civilian and \$20/military with ID card, fee

includes T-shirt. Call 295-7697 for information.

#### Basic Skills Education Program

The Fort Sam Houston Education Center Basic Skills Education Program is designed to teach and refresh basic college preparatory skills to service members with a GT score less than 110. Learners must be self-motivated individuals who desire to increase their capabilities in basic skills in a rigorous learning environment, Monday-Friday 7:30 a.m.-3:30 p.m. for a period of 14 working days. Service members will receive instruction in reading comprehension, vocabulary, and math skills. Call 221-1738 to enroll or for information.

#### Tinnitus clinical trial

Does ringing, buzzing or roaring in your ears overwhelm you? Wilford

Hall is conducting a Tinnitus Retraining Therapy clinical trial, funded by the National Institute of Deafness and Other Communications Disorders. In this trial, participants will be treated with tinnitus retraining therapy, which includes low-level sound therapy and directive counseling, or the standard care typically given for persons with severe tinnitus in military medical facilities. The primary objective of this study is to see whether tinnitus retraining therapy or standard of care is better for treating severe tinnitus. To participate in this study interested individuals must have severe tinnitus and near normal hearing, be 18 years or older, speak and understand English, consider tinnitus overwhelming, be willing to participate in an 18-month research study, and be eligible to receive care at a Department of Defense medical

facility. For more information, call 292-5420 or 292-5421.

#### Stilwell House

The Fort Sam Houston Stilwell House, a historic landmark since 1888, is open for tours, receptions and parties. The Stilwell House is managed by the Society for the Preservation of Historic Fort Sam House, Inc. a 501(C)(3) Corporation not affiliated with the Department of Defense. Call 224-4030 or 655-0577 for more information.

#### Cloverleaf Communicators Club

The Cloverleaf Communicators Club is open to military, family members and civilians who are interested in developing or enhancing their leadership and communications skills. Meetings are held the first and third Thursday of every month 11:45 a.m.-1 p.m. at San

Antonio Credit Union, Stanley Road, in the conference room. Call 916-3406 or 221-8785 for information or visit <http://powertalkinternational.com/>.

#### Toastmasters Club

The club meets the second and fourth Wednesday of every month noon-1 p.m. in the Joint Program Management Office conference room 1A, Building 4196. Call 663-4814 or 850-420-1610 or visit <http://www.futurespeakers.freetoasthost.org>.

#### Van Autreve Sergeants Major Association

The SMA Leon L. Van Autreve Sergeants Major Association meets the third Thursday of each month at 5 p.m. at the Longhorn Café, 1003 Rittiman Rd. All active duty,

**See COMMUNITY, P22**

## Jewish High Holy Days Services

Services at Fort Sam Houston for the High Holy Days of Rosh Hashanah and Yom Kippur of 5772/2011 are scheduled as follows:

**Erev Rosh Hashanah, First Day, 8 p.m. Sept. 28**

**Rosh Hashanah, First Day, 9 a.m. Sept. 29**

**Erev Rosh Hashanah, Second Day, 8 p.m. Sept. 29**

**Rosh Hashanah, Second Day, 9 a.m. Sept. 30**

**Shabbat Shuvah, 8 p.m. Sept. 30**

**Kol Nidre, 6:45 p.m. Oct 7**

**Yom Kippur, 9 a.m. Oct. 8**

**Yom Kippur 5772 ends 7:47 p.m. Oct. 8**

All services will take place in the Fort Sam Houston Main Post Gift Chapel, Building 2200, on Wilson Street. For more information, call 379-8666 or 493-6660.



**Main Post Chapel, Building 2200, 221-2754**

### Catholic Services:

4:45 p.m. - Reconciliation - Saturdays

5:30 p.m. - Mass - Saturdays

9:30 a.m. - Mass - Sundays

11:30 a.m. - Mass - weekdays

### Protestant Services - Sundays:

8:00 a.m. - Collective Protestant

11:00 a.m. - Collective Protestant

**Jewish Services: 379-8666 or 493-6660**

8:00 p.m. - Fridays - Worship and

8:30 p.m. - Oneg Shabbat

**Dodd Field Chapel, Building 1721, 221-5010 or 221-5432**

### Catholic Services:

9:15 to 11:15 a.m. - Catholic Women of the Chapel Enrichment or Bible Study

- Mondays

12:30 p.m. - Mass - Sundays

### Protestant Services:

10:30 a.m. - Gospel Protestant - Sun.

9:30 to 11:30 a.m. - Protestant Women of the Chapel meeting - Wednesdays, child care is provided

6:30 to 7:30 p.m. - Protestant Women of the Chapel meeting - Thursdays, child care is provided

**Samoan Protestant Service:**

2:00 p.m. - Sundays

**Web site:**  
<http://www.samhouston.army.mil/chaplain>

**Brooke Army Medical Center Chapel, Building 3600, 916-1105**

### Catholic Services:

11:05 a.m. - Mass - Mon-Wed-Fri

6:15 p.m. - Thursdays

8:30 a.m. - Mass - Sundays

11:30 a.m. - Mass - Sundays

### Protestant Services:

10:00 a.m. - Worship Service - Sundays

**Episcopal/Lutheran Rite services:**

12:30 p.m. - Traditional worship - Thursdays

**Center for the Intrepid, first floor, 916-1105**

### Christ for the Intrepid services:

5:30 p.m. - Coffee and fellowship - Sundays

6:00 p.m. - Contemporary worship - Sundays

### AMEDD Regimental Chapel,

**Building 1398, 221-4362**

### 32nd Medical Brigade Student services

**Catholic Mass:** 8:00 a.m. - Sundays

**Contemporary Protestant Service:**

9:30 a.m. and 11:01 a.m. - Sundays

**Muslim Jumma:** 1:30 p.m. - Fridays

### Installation Chaplain Office,

**Building 2530, 221-5007**

### Church of Jesus Christ of Latter Day Saints:

8:30 a.m. - Sundays



**For Sale:** Classic 1989 Honda Civic Hatchback DX, automatic, A/C, CD, AM/FM, maintenance records available, runs great, good gas mileage, \$4,499; REM king-size bed with split vibration, both head and foot can be raised and lowered individually, only 6 months old, \$3,499; Upright Stuyvesant piano, plays well, good tone, \$749. Call

659-6741.

**For Sale:** Kenmore sewing machine with cabinet, \$40; round table with four leather chairs, \$90; 60-inch color TV, \$75; washing machine, \$60; entertainment center/book shelf, light wood, \$80. Call 241-1291.

**For Sale:** Rascal electric wheel-chair, new with instruction manual, price is negotiable. Call 661-3765.

**For Sale:** 53-inch Sony rear projection TV, needs lamp, \$300 obo. 170 pounds of weights, \$30; with Olympic-style bar, \$40; lawn mower, \$20. Call 210-548-2701.

## COMMUNITY from P21

Reserve, National Guard and retired sergeants major are invited and encouraged to attend. Call 221-0584 or 889-8212 for information.

### Sergeant Audie Murphy Club

The SMA Leon L. Van Autreve Chapter of the Sergeant Audie Murphy Club meets the third Thursday of each month at noon in the Men's Card Room at the Fort Sam Houston Golf Club. All Sergeant Audie Murphy or Sergeant Morales members are invited and encouraged to attend. Call 808-5194.

## MWR from P21

7:30 a.m. at the Jimmy Brought Fitness Center. Packet pickup is 6:30 a.m. Events include 10-mile run, 20-mile run, 20-mile relay and rock 'n' roll warm up. Call 221-1234 for information.

### Sept. 19

#### Saving and Investing

The class is noon-2 p.m. at the Education Center, Building 2248. Class space is limited. Call 221-1612.

### Sept. 20

#### Hiring Heroes Career Fair

The career fair is 9 a.m.-2 p.m. at the Sam Houston Club, 1395 Chaffee Road.

#### Credit Report! Where do you Stand?

The class is noon-2 p.m. at the Education Center, Building 2248. Class space is limited. To register, call 221-1612.

### Sept. 21

#### Mandatory Initial First Termer

### Lost Property

If you have lost any property on Fort Sam Houston, call 221-2340. To claim items, you must have a form of photo identification and be able to identify the property.

## Calendar of Events

### Sept. 17

#### Pet Vaccination Clinic

The Fort Sam Houston Veterinary Treatment Facility will offer a vaccination clinic 8:30-11:30 a.m. at their facility, Building 2635, 2915 Schofield Road. All canine and feline vaccines, heartworm and FeLV/FIV

### Financial Readiness

The class is noon-2 p.m. at the Education Center, Building 2248. To register, call 221-1612.

### Sept. 22

#### Safety Seat Clinic

USAA and Christus Santa Rosa Hospital will partner with The Family Life Program to distribute free child safety seats, 10 a.m.-1 p.m. in the Middle School and Teen Center parking lot Building 2515, Funston Road. Registration is required and the children must be present. The online registration is <http://familylifeprogram.wufoo.com/forms/car-seat-registration/> or call 221-0349 or 295-0313.

### Spouses' Conference

The "It's Not Easy Being Green" spouses' conference is Sept. 22-23 from 8:30 a.m.-2:15 p.m. at Dodd Field Chapel. Military spouses from all branches of service are welcome to attend. The cost is \$5. Register by Sept. 16 at <http://militaryfamilies.wufoo.com/forms/its-not-easy-being-green-spouse-conference/>, call 221-9826 or

Weekly Weather Watch						
	Sept 15	Sept 16	Sept 17	Sept 18	Sept 19	Sept 20
San Antonio Texas	96° Mostly Cloudy	94° Mostly Cloudy	90° Isolated T-Storms	94° Isolated T-Storms	93° Isolated T-Storms	90° Scattered T-Storms
Kabul Afghanistan	-° Clear	80° Sunny	81° Sunny	80° Sunny	79° Sunny	80° Sunny
Baghdad Iraq	-° Sunny	104° Sunny	105° Sunny	106° Sunny	107° Sunny	107° Sunny

(Source: The Weather Channel at [www.weather.com](http://www.weather.com))

tests, microchips and fecal exams will be available for pets of active duty, retirees and military family members. No sick calls will be accepted. Appointment can be made starting the first week in September, call 808-6101/6014.

### Sept. 19

#### Warrant Officer Association meeting

The Lone Star Silver Chapter will hold a meeting 7 p.m. at Chacho's & Chulucci's, 8614 Perrin Beitel Rd. All active duty, retired, Reserve, National Guard warrant officers and family members of current or retired

warrant officers are invited. Call 221-7327 or 666-9818.

### Sept. 20 AFCEA Luncheon

The Armed Forces Communications and Electronics Association, Alamo Chapter, will hold a luncheon Sept. 20 at 11 a.m. at the Doubletree Hotel, 37 NE Loop 410. The guest speaker is Brig. Gen. Ian R. Dickinson, director, Communications and Information, Headquarters Air Force Space Command, Peterson Air Force Base. Visit <http://www.alamoafcea.org> for more information.

221-2585.

### Sept. 24

#### Fall Frenzy Formation

The Family Life Program and the Religious Education Program will partner to bring military families together for a day of fun, education and spiritual rejuvenation, 10 a.m.-3 p.m. at the Dodd Field Chapel. Call 221-5943/0349.

### Club Championship

The championship will be held Sept. 24-25 at the Fort Sam Houston Golf Club. Entry deadline is Sept. 18. Call 222-9386.

### BOSS End of Summer Bash

Better Opportunities for Single Service Member will hold an end of summer event 5-9 p.m. at Benner Barracks. Call 221-4242.

### Oct. 1

#### Doggie Dip

The doggie dip is 10 a.m. at the Fort Sam Houston Aquatic Center. Call 221-4887.

### Oct. 14-15

### Oktoberfest

The festival will be held Oct. 14 from 5-11 p.m. and Oct. 15, noon-11 p.m. at MacArthur Parade Field. Oktoberfest is fall family fun with a tent full of children's activities, an authentic biergarten and all the schnitzel you can eat. Call 221-9904.

### Movie Schedule

**Sept. 23, "Thor,"** edited, rated PG-13 at the flagpole

**Sept. 24, "Rango,"** rated PG-13 at Dodd Field

**Oct. 7, "Shrek: Forever After,"** rated PG at the flagpole

**Oct. 8, "Soul Surfer,"** rated PG at Dodd Field

Movies begin at dusk, around 8:30 p.m. Bring lawn chairs or blankets and enjoy free popcorn, snow cones and cotton candy. Call 221-2418/2704.

## REMINDER CALENDAR

- Sept. 17** Pet Vaccination Clinic, 8:30-11:30 a.m., FSH Veterinary Treatment Facility
- Sept. 17** Quad Quest, 1 p.m., FSH Quadrangle
- Sept. 19** Suicide Prevention Awareness Open House, 8 a.m.-2 p.m., Army Community Service
- Sept. 20** Hiring Heroes Career Fair, 9 a.m.-2 p.m., Sam Houston Club
- Sept. 22-23** Armed Services Blood Drive, 8 a.m.-2 p.m., BAMC Medical Mall
- Oct. 4** National Night Out
- Oct. 14** Hispanic American Heritage Month Event, 11:30 a.m.-1 p.m., Blesse Auditorium

**Rocco Dining Facility Menu Building 2745, Schofield Road**

*Dining Room Breakfast Hours:*

*Monday-Friday 6:15-8:15 a.m., weekends and holidays 8-9:30 a.m.*

**Friday – Sept. 16**

**Lunch – 11 a.m. to 1 p.m.**

Chicken gumbo soup, cream of mushroom soup, baked ham, roast beef, spaghetti with meat sauce, spaghetti with marinara sauce, oven fried fish, scalloped potatoes, rice pilaf, broccoli, peas and carrots

**Dinner – 5 to 7 p.m.**

Savory baked chicken, Swiss steaks, tuna and noodles, eggplant parmesan, Kansas-medley rice blend, mashed potatoes, okra and tomato gumbo, California blend

**Saturday – Sept. 17**

**Lunch – noon to 1:30 p.m.**

Beef rice soup, cream of potato soup, turkey patties, lemon-pepper fish, barbecued beef cubes, cheese tortellini, lyonnaised potatoes, orzo with lemon and herbs, green beans

**Dinner – 5 to 6:30 p.m.**

Buffalo chicken, gyro sandwiches, pepper steak, sweet potatoes, black beans and corn, oven-browned potatoes, spinach, glazed carrots

**Sunday – Sept. 18**

**Lunch – noon to 1:30 p.m.**

Chicken noodle soup, vegetable soup, chicken parmesan, beef teriyaki, chow mein noodles, grilled pork chops,

broccoli-rice and cheese, steamed rice, O'Brien potatoes

**Dinner – 5 to 6:30 p.m.**

Grilled steaks, chicken cordon bleu, hamburgers, cheeseburgers, chicken sandwiches, grilled cheese sandwiches, vegetarian burgers, baked potatoes, sauteed mushrooms and onions, broccoli, mixed vegetables

**Monday – Sept. 19**

**Lunch – 11 a.m. to 1 p.m.**

Creole soup, cream of mushroom soup, meat loaf, cranberry-glazed chicken breasts, Italian rice and beef, Italian broccoli pasta, parmesan baked fish, lyonnaised potatoes, rice pilaf, collard greens, cauliflower

**Dinner – 5 to 7 p.m.**

Roast turkey, meatball stroganoff, baked stuffed Pollock, vegetable lasagna, egg noodles, cornbread dressing, mashed potatoes, stewed tomatoes

**Tuesday – Sept. 20**

**Lunch – 11 a.m. to 1 p.m.**

Bean soup, potato chowder soup, roast pork tenderloin, turkey chili macaroni, shrimp jambalaya, cheese ravioli, Italian roasted potato wedges, wild rice, Mexican rice, California blend, zucchini and yellow squash

**Dinner – 5 to 7 p.m.**

Pepper steak, honey-ginger chicken breasts, pork chops Mexicana, whole-wheat cheese pizza, mashed potatoes,

steamed rice, rice pilaf, Brussels sprouts parmesan, corn O'Brien

**Wednesday – Sept. 21**

**Lunch – 11 a.m. to 1 p.m.**

Chicken noodle soup, cream of tomato soup, beef stir fry, oven-fried chicken, lemon-baked fish, apple-glazed corned beef, pasta primavera, mashed potatoes, steamed rice

**Dinner – 5 to 7 p.m.**

Cantonese spareribs, baked catfish fillets, chicken tetrazzini, grilled chicken breasts with onions-peppers and mushrooms, Japanese vegetable stir fry, mashed sweet potatoes, fried rice, steamed rice, mixed vegetables

**Thursday- Sept. 22**

**Lunch – 11 a.m. to 1 p.m.**

Asian stir fry soup, cream of chicken soup, baked turkey and noodles, Salisbury steaks, sweet and sour chicken, vegetable curry with rice, redskin potatoes, steamed rice, Brussels sprouts, vegetable stir fry

**Dinner – 5 to 7 p.m.**

Fish amandine, beef lasagna, Cornish hens, vegetable lasagna, orzo with spinach, tomato and onions, mashed potatoes, green bean combo, Chinese fried cabbage

*Menus are subject to change without notice*