

# Fort Sam Houston on time, on target for 2011 BRAC finish

By Steve Elliott  
 FSH Public Affairs

BRAC is no longer a four-letter word around San Antonio, and especially at Fort Sam Houston. With one year to go, all signs point to all the Base Realignment and Closure-related projects on post coming in on time and on target.

San Antonio and post officials gathered at the Medical Education and Training Campus Sept. 15 to mark the 365-day countdown to when all San Antonio BRAC actions must be completed. The latest round of BRAC actions became law Nov. 9,

2005 and must be completed by Sept. 15, 2011.

Of the 200 BRAC recommendations enacted into law, bases in San Antonio were affected by 19, the most of any city in the nation.

"In this round, we are affected by 19 separate actions and the result will be a net growth, rather than a net loss," said Mark Frye, chairman of the Legislative and Public Relations Committee of the San Antonio Military Transformation Task Force.

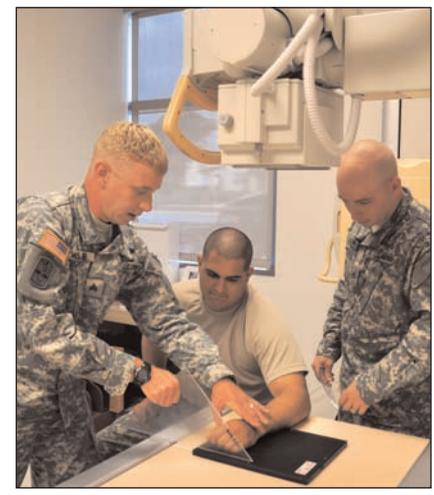
"Fort Sam Houston will grow by 12,500 jobs. About 4,500 of those are at METC as students – who will

be drawing a paycheck, living on post and have liberty on weekends – and the rest are a combination of military and civilian."

Looking back, there were those who predicted dire consequences when the first round of BRAC actions in the 1990s saw the closure of the iconic Kelly Air Force Base.

"In 1995, we thought we were going to lose 28,000 jobs when Kelly closed," Frye said. "But Port San Antonio, formerly Kelly USA, has been a tremendous success and of great economic value to the com-

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Sgt. Clint Wilhite (left) and Pfc. Nicholas Jackson (right) position Pfc. Michael Radgosky for a simulated X-ray in one of the 20 live radiology suites at the Medical Education and Training Campus.

Photo by Steve Elliott

## NEW CHIEFS WELCOMED



Photo by Barbara Wallerstedt

The Navy's newest chief petty officers pose together after receiving their anchors and caps at the Fort Sam Houston Army Community Service Building 2797, Sept. 16. The ceremony occurs at the conclusion of several weeks of indoctrination, unique to the Navy that includes physical training and a deeper understanding of Navy history and tradition. Induction and pinning dates back to 1893, when the pay grade was created. During the ceremony, family and friends pin gold anchors on the new chief's collar and each chief's sponsor places a combination cover on his or her head. The ceremony signifies a position of leadership and responsibility for the new chief. *Story on page 13.*

## Suicide preventable, though third leading cause of death among Army personnel

By L.A. Shively  
 FSH Public Affairs

Suicide is alive and breathing, just like me and you," Sgt. Kemosi Evans said during a Suicide Prevention and Awareness Open House Sept. 20 at Army Community Service.

Evans shared stories of Soldiers in his unit and his family history as a step toward removing the stigma and bringing attention to the issue of suicide in the Army.

"We've had several



within the brigade that have either attempted or actually committed suicide and a lot of them were close friends of mine," Evans said. "One colleague ended up getting shot. We'd just

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### Editorial Staff

502nd Air Base Wing Commander  
Brig. Gen. Leonard Patrick

502nd Mission Support Group  
Commander  
Col. Mary Garr

Public Affairs Officer  
Phillip Reidinger

Editor  
L. A. Shively

Editor/Writer  
Steve Elliott

Staff Writer  
Lori Newman

Layout Artist  
Joe Funtanilla

### News Leader office:

1212 Stanley Road  
Building 124, Suite 4  
Fort Sam Houston  
Texas 78234-5004  
210-221-0615/2030  
DSN 471-0615/2030  
Fax: 210-221-1198

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Prime Time  
Military Newspapers  
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**News Leader e-mail:**  
news.leader@conus.army.mil

**News Leader online:**  
www.samhouston.army.mil/  
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# Deadline for service members qualifying for stop loss special pay Oct. 21

By Navy Adm. Mike Mullen  
Chairman, Joint Chiefs of Staff

Time is running out for those who qualify to receive their Stop Loss Special Pay. The deadline to claim it is Oct. 21, but less than half of the more than 145,000 people eligible have submitted claims.

It's not a scam and it's not a joke. It's your money, so come get it.

Just in case you had forgotten, the 2009 War Supplemental Appropriations Act authorized a retroactive stop loss special pay of \$500 for every month/partial month served in stop loss status.

Service members, veterans, and beneficiaries of service members who



Navy Adm. Mike Mullen

were involuntarily extended under stop loss between 9/11 and Sept. 30, 2009 are eligible.

The Congress gener-

ously set aside \$534.4 million to pay out those funds, but as of the end of last month only \$219 million in claims have been paid.

We've used all kinds of different ways to reach out to people and let them know, including letters to homes and help from Veteran/Military Service Organizations. But there are still those who have yet to apply.

So, with the deadline fast approaching, I'm asking everyone who reads this to pass it on to anyone else you think needs to see it. Qualifying individuals have served – or are still serving – their country nobly and

deserve to be paid the money they've earned.

The application process is simple and straightforward. No strings attached. But

once the deadline passes, we cannot by law extend it. So jump online and check it out at <http://www.defense.gov/stoploss>.

### Weekly Weather Watch

	Sept. 23	Sept. 24	Sept. 25	Sept. 26	Sept. 27	Sept. 28
San Antonio	88° Partly Cloudy	88° Partly Cloudy	86° Chance of T-storms	88° Chance of T-storms	86° Partly Cloudy	88° Clear
Kabul Afghanistan	80° Scattered Clouds	75° Scattered Clouds	77° Clear	77° Scattered Clouds	78° Scattered Clouds	73° Scattered Clouds
Baghdad Iraq	111° Clear	109° Clear	107° Clear	109° Clear	100° Clear	104° Clear

(Source: Weather Underground at [www.wunderground.com](http://www.wunderground.com))

### Thought of the Week

Trouble is the next best thing to enjoyment; there is no fate in the world so horrible as to have no share in either its joy or sorrows.

– Henry Wadsworth Longfellow

(Source: Bits & Pieces, )

## News Briefs

### Gazebo Concert

Brig. Gen. Joseph Carvalho, commander, Southern Regional Medical Command (Provisional) and Brooke Army Medical Center, will host a gazebo concert Sept. 26 at 6 p.m. at the gazebo on Staff Post Road.

### IMCOM Customer Service Assessment

Installation Management Command would like you to participate in a customer service assessment to rate the importance and performance of garrison services. The survey is open to all eligible patrons through Sept. 26. Visit <http://www.mymilitaryvoice.org> to participate.

### HHC Ribbon Cutting Ceremony

Headquarters and Headquarters Company U.S. Army Garrison will hold a ribbon cutting ceremony Sept. 28, 8:30 a.m. to re-open Building 2186 North Pine Road.

### Pre-Command Course

The course is Sept. 28-Oct. 1 for new first sergeants and company commanders. The intent is to provide new company leadership a full understanding of Garrison resources available to assist them during their time in command at Fort Sam Houston. The briefings start at 8:30 a.m. in Building 2398 across from the lemon lot on Scott Road. Briefings will come from various garrison organizations for the first three days and a tour of training facilities at Camp Bullis will be held on the fourth day. To register, call 221-1586 or 221-2241.

### Army Tuition Assistance FY10 End of Fiscal Year

All course enrollments with start dates through Sept. 30 must be requested in GoArmyEd before Sept. 21. GoArmyEd will not be operational Sept. 28 in support of the fiscal year cut-off. This enrollment cut-off has no impact on registration for cours-

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# Blaeser, Duralde awarded Purple Hearts

By Maria Gallegos  
BAMC Public Affairs

Two wounded warriors were honored during a Purple Heart ceremony at the Warrior and Family Support Center's courtyard Sept. 15.

Brig. Gen. Joseph Carvalho Jr., commanding general, Brooke Army Medical Center and Southern Regional Medical Command (Provisional) hosted the event and welcomed the Purple Heart recipients and their Families with words of praise for their courage, dedication and sacrifices they made.

Staff Sgt. Grant Blaeser, an infantryman assigned to Company C, 2nd Battalion, 508th Infantry, 4th Brigade Combat Team, 82nd Airborne Division, was injured while conducting a dismounted patrol when an improvised explosive device detonated, resulting in his injuries.

Blaeser thanked his girl-



Brig. Gen. Joseph Carvalho Jr. presents Staff Sgt. Grant Blaeser with the Purple Heart certificate while his grandfather, James Blaeser, looks on.

friend and Family for supporting him during his recovery.

Sgt. Jonathan Duralde, assigned to Troop B, 1st Squadron, 71st Cavalry, 1st Brigade Combat Team, 10th Mountain Division, serving as a Cavalry Scout, was injured while providing site security.

An improvised explosive device detonated, resulting in

his injuries. Duralde remembered and thanked his fellow Soldiers in Afghanistan for getting him to safety.

More than 70 BAMC medical staff, friends and Family members gathered at the ceremony to honor and recognize Blaeser and Duralde.

The Purple Heart medal is awarded to members of the



Photos by Maria Gallegos

Brig. Gen. Joseph Carvalho Jr. pins the Purple Heart medal on Sgt. Jonathan Duralde, while his father, Joseph Duralde, looks on.

Armed Forces of the United States wounded by an instrument of war in the hands of the enemy; and posthumously to the next of kin in the name of those who are killed in action, or die of wounds received in action.

It is specifically a combat decoration and the oldest military honor in the world still in use.

## 916th CCBN activates at Fort Sam Houston

By Lori Newman  
FSH Public Affairs

A ceremony was held Sept. 16 activating the 916th Contingency Contracting Battalion at Fort Sam Houston.

"The activation of the 916th is the result of the Army's leadership vision to streamline contracting organizations to create more agile and responsive mission-focused units," said Col. William Sanders, commander, 410th Contracting Support Brigade.

"This new command will bring the forces of acquisition, logistics and technology to bear where it matters most, on the battlefield. Even though we are officially activating the 916th Contingency Contracting Battalion, teams are already executing missions around the world."

The 916th CCBN consists of five Contingency Contracting Teams in support of the 410th CSB and U.S. Army South. Three CCTs are located at Fort Sam Houston and the remaining two teams are located in Miami, Fla.

The 916th CCBN is a subordinate unit of the 410th CSB, the primary provider of contingency contracting support to ARSOUTH in support of Army and Joint Operations throughout the Southern Command area of responsibility.

Their mission is to provide responsive contingency and mission contracting support by rapidly preparing, soliciting and awarding critical supply, service and construction contracts at the point of need in support ARSOUTH and joint war fighters

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Photo by Lori Newman

Col. William Sanders (right), commander, 410th Contracting Support Brigade, and Master Sgt. Eilieceer Quintero Jr., the unit's senior enlisted adviser, uncased the 916th CCBN colors as Lt. Col. Vernon Myers (left), the new commander looks on. On the flag the eagle represents victory and military readiness. Lightning bolts signify the speed at which the organization provides mission and contingency contracting support to war fighters across the full spectrum of military operations. Red and gold reflect the Spanish heritage of the region. The words in the motto "On Point" or "In Cuspis" and its shape and color allude to the Battalion's higher command, Expeditionary Contracting Command. The motto in its entirety translates to "On Point for Victory."

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es starting Oct. 1 or later (FY11 enrollments).

**Transfer of Authority Ceremony**

A ceremony will be held Sept. 30, 11 a.m. at the FSH Quadrangle. Col. Mary E. Garr, U.S. Army Garrison commander will transfer authority to Frank Blakely, manager of the Army Support Activity.

**Hispanic-American Celebration**

Fort Sam Houston will hold a Hispanic Heritage Month celebration Oct. 1, 11:30 a.m.-1 p.m. at the Sam Houston Club. Call 295-2353.

**National Night Out**

Fort Sam Houston will celebrate the annual National Night Out on Oct. 5 from 6-8 p.m. Lincoln Military Housing residents are invited to attend the events scheduled at their housing community centers.

**Fire Prevention Week**

Fort Sam Houston Fire Prevention Week is Oct. 3-9. The FSH Fire Department will hold an open house Oct. 9 from 9 a.m.-2 p.m. at Building 3830. There will also be fire safety displays and demonstrations on post and at Camp Bullis throughout the week. Call 221-2727, for more information.

**Headquarters Company Stand Down**

Headquarters Company, Army Support Activity (currently U.S. Army Garrison) will implement mission stand down from Oct. 11-16. This mission stand down is necessary for maintenance and training purposes. Emergency requests for support will be handled on a case by case basis only. Call 221-0177.

**CFC Campaign**

The Combined Federal Campaign runs through Oct. 25. For more information, call 221-2214.

# Future physical therapists, dieticians sworn in as Army officers

By Steve Elliott  
FSH Public Affairs

Twenty-nine civilians raised their right hands and became officers in the U.S. Army in a commissioning ceremony at the Army Medical Department Center & School Sept. 20. The new officers are heading to two different U.S. Army Medical Specialist Corps programs.

"These new officers will be in the Doctorate in Physical Therapy (65B) or Graduate Program in Nutrition (65C) programs," said

Capt. Angela Slitzer from the Army Health Care Recruiting Team for the Medical Specialist Corps. "They've been selected for very prestigious military programs and will be the future officers providing physical therapy and dietetic care for our Soldiers and their Families.

"All of these students'



Photo by Steve Elliott

Col. Josef H. Moore, Dean, Graduate School of Health Sciences at AMEDDC&S and Professor/Director of the Army-Baylor D.P.T. program, administers the commissioning oath to the incoming Doctorate in Physical Therapy (65B) and Graduate Program in Nutrition (65C) program students at AMEDDC&S Sept. 20.

degrees are conferred through Baylor University, but all coursework is done here at AMEDDC Center & School," Slitzer said. "The physical therapy students will be receiving a doctorate in physical therapy and the dietitians will receive a masters in nutrition, as well as complete their dietetic internship."

"I'm really excited about entering the physical therapy program," said Chenae Nelson after her commissioning. "I was born on Fort Sam Houston at the old Brooke Army Medical Center and I'm looking forward to making the Army a career."

A 21-year-old graduate of Virginia Commonwealth

University in Richmond, Va., Nelson has a bachelor's degree in physical therapy and will get her doctorate through the U.S. Army-Baylor University Post-professional Doctoral Program in Orthopaedic and Manual Physical Therapy offered by AMEDDC&S.

According to the GoArmy website (<http://www.goarmy.com>) students earn their doctorate in physical therapy while preparing for a career in the Army Medical Specialist Corps.

The 27-month program emphasizes preventing, examining and diagnosing neuromusculoskeletal problems.

In the last five years, 95 percent of the graduates passed the national physical therapy licensing examination on the first try.

Students entering the doctorate program in physical therapy as second lieutenants are

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## U.S. Army South wraps up mission in Haiti

By Alex Delgado  
ARSOUTH Public Affairs

A U.S. Army South-led humanitarian and civic assistance training mission – New Horizons – marked its completion with a closing ceremony at the Port-a-Prince International Airport in Haiti Sept. 15.

The exercise began in June and has made significant contributions to the lives of the Haitian people over the past three months.

Kenneth Merten, U.S. Ambassador to Haiti, Maj. Gen. Simeon Trombitas, commander, U.S. Army South, and Col. Michael Borrel, com-

mander, Task Force Kout Men, attended the ceremony.

"The good works performed by the men and women of New Horizons-Haiti 2010 are part of the U.S. long-term commitment to the people and government of Haiti and we will continue to work with you in confronting the issues you identify so that you can realize your vision for a better future," Merten said.

New Horizons-Haiti 2010 was a collaborative effort between the government of Haiti and U.S. Southern Command to operate 10 medical treatment sites and provide engineering assistance to

the people of the impoverished nation. The task force was able to construct three new school buildings using NuForm Building Systems, which consist of hurricane-resistant concrete walls and a steel roof. The task force also renovated two school buildings that had been severely damaged by fire.

Basic medical, dental, and optometry care was provided to more than 70,000 Haitian patients during the series of 10 medical readiness exercises. Veterinary Readiness Training Exercises were carried

See HAITI P10



Photo by Kendra Helmer

Sgt. Maj. Charles Room, U.S. Army South, talks to children outside a school recently built during the New Horizons Haiti 2010 mission.

# CFC kicks off with breakfast

By Lori Newman  
FSH Public Affairs

The Combined Federal Campaign kicked off Sept. 15 with a breakfast at the Fort Sam Houston Golf Club.

During breakfast, short presentations were given by Sandy Wilder from Global Impact and Jeanne Warren, youth services director, FSH Child, Youth & School Services, on how their agencies benefit from the CFC campaign.

“I think it’s important for people to understand that small gifts make a huge difference,” Wilder said. She illustrated the concept by holding up three dollars and explaining how a contribution of three dollars per pay period benefited a family.

Warren gave examples of how CY&SS programs benefited children of service members.

“This is the one time that all of us collectively come together at our respective installations to be able to say, as a team we are making a difference,” said Col. Mary Garr, 502nd Mission Support Group/Garrison commander.

We need to remind folks when they reach in their pockets to buy that next Starbucks coffee or Dr. Pepper to think about applying that money to a payroll deduction or writing a check to the CFC campaign, Garr said. “We can make a difference, we can give back.

“Each one of us has been touched by at least one or more organiza-

tions within the Combined Federal Campaign,” she said.

“Whether through your church, health research for cancer, a scouting program or if you have used the CY&S services in the past, you have been touched by the CFC campaign.

“Take five minutes, look through the [CFC campaign] book at all those worthy causes out there and say, ‘who can I make a difference for today?’” Garr asked.

This year’s campaign book lists more than 2,000 local, state, federal and international charitable organizations looking for support. The campaign brochure and forms will be distributed throughout the installation within the next few weeks.



Photo by Lori Newman

Col. Mary Garr, 502nd Mission Support Group/Garrison commander, and Brig. Gen. Leonard Patrick, 502nd Air Base Wing commander sign their Combined Federal Campaign forms during the CFC kick-off breakfast Sept. 15 at the Fort Sam Houston Golf Club.

“Last year, the military contributed 5.1 million dollars, this year’s goal is 5.5 million,” said Brig. Gen. Leonard Patrick, commander of the 502nd Air Base Wing.

Patrick encouraged

managers, directors and key campaign workers to make it personal and help individuals understand what the campaign is and how it has touched their lives.

“Invest in something

that is vital to you,” Patrick said.

“Not only is Military City USA here to support us; we are here to support our communities.”

This year’s campaign runs through Oct. 25.

# Gold Star Flag Ceremony honors fallen heroes and their Families

By Cheryl Harrison  
ACS Marketing

Three local Families were inducted into a "club" they did not choose or ever expect to belong amidst tears, words of encouragement, promises of hope and support.

The Families of Pvts. 1st Class John Andrade, Diego Montoya and Marine Sgt. Jose Luis Saenz were welcomed into the Gold Star Mothers with a Gold Star Flag Ceremony Sept. 18.

Gold Star Mothers and Gold Star Families include immediate Family members of a uniformed service member who died in a combat zone.

Hosted by the Blue Star Mothers of America San Antonio, Chapter

Four, and the Army Community Service Survivor Outreach Services Program, each Family was presented a gold star banner during the ceremony.

A Blue Star Mother or Stepmother has a son or daughter currently serving or honorably discharged from the Armed Forces of the United States.

Col. Mary Garr, 502nd Mission Support Group commander began the ceremony with "We know you have been through tremendous loss and sacrifice. We want to ensure you we will continue to support you."

Lt. Gen. Guy Swan III, commander U.S. Army North (Fifth Army) shared his thoughts.

"Today's event is not a



Photo by Cheryl Harris

During the Sept. 18 Survivor Outreach Service Gold Star Ceremony at the Sam Houston Club family members of Marine Sgt. Jose Luis Saenz, who was killed in combat, were overcome with emotion as words of comfort, encouragement and promise of continued support was delivered by guest speakers.

memorial service and clearly is not a funeral. It is meaningful we remember those who have gone beyond in defense of our nation; but, it is also a day for you, those who have to carry on. It is

important that you understand that you are always a part of the Army Family."

Maj. Gen Mark Graham, U.S. Army Forces Command deputy Chief of Staff, was not

able to attend in person but sent a video message.

Graham said, "We too are a Gold Star Family. We lost our son in 2004 in Iraq and another son to suicide in 2003. All of us are involved in a 'club' we didn't want to be in. But we hold ourselves up, go shoulder to shoulder through this and we will take it one day at a time."

Guest speaker Donna Engeman, who lost her husband Chief Warrant Officer 4 John W. Engeman in May 2006, encouraged fellow survivors.

"We are kindred spirits, walking together on a path that was not of our choosing. Today our duty, our task is to ensure that these Soldiers, their serv-

ice and sacrifice and their names are remembered."

Included in the morning's ceremony were guest speakers offering support and encouragement, poetry readings and comfort through songs performed by Grady Peavy, Fort Sam Houston Mortuary Affairs Coordinator and Air Force Airman Geoffrey Stirrups.

Felicia Hilliard, SOS program manager said, "We think it is very important to come together as an Army Family to support the survivors of our fallen Soldiers."

For more information on Fort Sam Houston's Survivor Outreach Program call 221-1841 or 221-0275.



**BRAC from P1**

munity.”

According to the San Antonio Joint Program Office, each trainee is a paid federal employee while they are in school on Fort Sam Houston. Between all the San Antonio military installations, including Lackland and Randolph Air Force Bases, approximately 132,000 students will be trained here annually.

“Those people are going to have a great impact on our economy,” said Rear Adm. Bob Kiser, METC commandant. “They are going to spend money in town and bring in their families. It’s going to enhance San Antonio and bring an huge economic benefit to the city.”

“We’re all very excited about the boost that will be added to our local

economy,” Frye added. “Other impacts will be on the city’s infrastructure, like at the Walters Street entrance to Fort Sam Houston. Walters Street is going to be widened to six lanes, and that will happen in the next 18 months. The city is making a tremendous investment in the infrastructure just to get people in and out of the base.”

When the BRAC work is complete, Fort Sam Houston will be the largest medical training campus in the world and a premier medical complex, thanks to BRAC. METC features include a



Courtesy photo

a medical instructional facility, housing for students and a dining room that can serve more than 4,000 people.

“Within five years, all of America’s battlefield

medics of the future will all have been trained in San Antonio,”

Kiser noted. Right now, we have about 200 students at METC studying to be X-ray technicians, biomedical repair technicians, pharmacy tech and dental lab

folks. Eventually, we’ll have a total of 1,500 faculty and 8,500 students here daily.”

“San Antonio is known as Military City USA for a reason,” Frye said. “We are considered to be one

of the most military-friendly destinations in the country, if not the world. There were opportunities for all this to have gone elsewhere, but here at Fort Sam Houston, we had the post support and the infrastructure, such as Camp Bullis, to accommodate this.”

“Each of the services had their own schoolhouses and they trained their people extremely well. We have an obligation here to provide world-class training to every enlisted medical person in the military,” Kiser said of the joint nature of METC.

“When our people leave here, they are going to be working with medics and corpsmen and medical techs of all services. They’re going to be able to work seamlessly with other services

and know the lingo. It’ll be a lot easier for them to interoperate in theater.”

With the countdown clock now running on BRAC, there are plans for formal recognition of other BRAC structures that are already in use.

A ribbon-cutting is scheduled in October for the Primary Care Clinic, which is taking over a portion of outpatient care responsibilities from Brooke Army Medical Center as it is expanded to absorb inpatient care services from Wilford Hall Medical Center.

In February 2011, a grand opening is planned for the Joint Center of Excellence for Battlefield Health and Trauma Research, which is adjacent to BAMC and has consolidated research programs from all service branches.



**COMMISSIONING from P4**

Kaitlen Alexander, Robert Andrade, Jacqueline Booker, Joel Davis, Bryan Fillmore, Maureen Greenlee, Daniel Huffman, Michael Hurst, Charles Kambe, Jared McGowen, Chenae Nelson, Charles Rellig

Jr., Jonathan Su, Isaac Walkup, Lindsey Weigel and Stephen Winterroth. Julie Bowman and Eliot Thomasma were commissioned as captains.

The Graduate Program in Nutrition is a two-phased, degree-producing program. Phase 1, the didactic portion, is

approximately 9 months long and is completed at AMEDDC&S. Phase 2, the internship and research portion, is approximately 11 months long and is completed at one of four locations: Brooke Army Medical Center, Walter Reed Army Medical

Center in Washington, D.C., Womack Army Medical Center at Fort Bragg, N.C., or Madigan Army Medical Center in Tacoma, Wash.

Students who successfully complete the program receive a master of science degree in nutrition from Baylor

University and will be eligible to sit for the Registration Examination for Dietitians.

After completing the 20-month program, officers must remain on active duty for an additional four years.

Students entering the

Graduate Program in Nutrition as second lieutenants are Ashley Boissy, Michael Dawson, Bonnie Doerr, Beatriz George, Robin Harris, Elya Hillebrand, Lacey Ryffel, Karla Sanchez, Britain Seaburn, Elizabeth Thompson and Margaret Wilson.

**916TH from P3**

across the full spectrum of military operations.

Master Sgt. Eiliecero Quintero Jr., the unit's senior enlisted adviser, uncased the unit colors.

"The Army has selected the right command team for this job, and both are very familiar with being pioneers in contingency contracting," Sanders said.

"I have watched

this command team grow and I am confident that they will cultivate a unit of highly-skilled, disciplined, committed Soldiers and civilians. I expect the 916th CCBN to be a force multiplier to Army Acquisition Corps, to our war fighters and to our nation for many years to come."

"This is truly a great day for the Soldiers of the 916th. An activation ceremony is special because it

represents an opportunity to create an Army unit from the ground up," said Lt. Col. Vernon Myers, the new commander of the 916th CCBN.

"We have the opportunity to build, model and shape this organization into the premier contracting battalion in [Army Contracting Command]," Myers said.

"We will do this by focusing on three things. We will be mis-

sion focused; we will be ready to deploy worldwide in support of contingency operations. We will do this by training on the basics of contracting and getting the basics right; and we will focus on taking care of our Soldiers, civilians and their Families."

"Mission, training and people; if we get those three things right, we will be successful," Myers concluded.

**HAITI from P4**

out in conjunction during several of the Medical Readiness Exercises.

"I'm very proud of the work that our Guardsmen, Soldiers, Airmen and Sailors have accomplished here," Borrel said. "We even had the opportunity to work together on projects with the Belize Defense Force, our State Partnership Program nation."

The task force, known as Task Force Kout Men (Helping Hands in Creole) was made up of members of

the Belize Defense Force, U.S. Navy Seabees, U.S. Army communications units, U.S. Army Reserve Soldiers, U.S. Navy and U.S. Air Force medical personnel, and National Guard Soldiers from more than 10 different states and territories.

"The hard work of the service members of Task Force Kout Men provided tangible, life sustaining help to the Haitian people," Trombitas said. "It has also ensured a lasting legacy and foundation for our enduring partnership with Haiti."





# Newly-minted Navy chiefs receive their anchors

By Lori Newman  
FSH Public Affairs

After an intense six-week induction process, 21 Sailors and one Army sergeant first class entered the Navy Chief's Mess during a Sept. 16 ceremony at Army Community Service.

"Today marks the successful completion of an indoctrination process that started when they entered the Navy, but began in earnest in August when their names were announced as the newest members selected to become Navy chief petty officers," said Command Master Chief Meondra Kendley, Navy Recruiting District, San Antonio.

"No other military service places senior per-

sonnel in a position of unqualified trust and confidence. We expect our newest chief petty officers to exercise additional authority and willfully accept greater responsibility," Kendley said.

"From today forward, you will be counted on and referred to as the chief."

The newly-minted chiefs announced their entrance with a salty version of "Anchors Away" followed with a rousing rendition of the Army's song "The Army Goes Rolling Along."

As part of the ceremony family members, friends and sponsors pinned anchors on each new chief's lapels and placed their covers on their heads.

The chiefs were then

piped aboard, walking the red carpet between sideboys, welcoming them into the chief's mess.

Army Sgt. 1st Class Alan Butler received his anchors and a combination cover encased in glass.

Butler, noncommissioned officer in charge of the Combat Casualty Care Course at Camp Bullis, participated in the six-week process to better serve the Sailors in his command.

"Chief's are the backbone of the Navy,



Photo by Barbara Wallerstedt

Chief Hospital Corpsman Vincent Cabalbag is capped by his sponsor Chief Hospital Corpsman Jeremy McMillan. Cabalbag's wife Marianne stands to his right and his mother, Rosalinda is on his left.

charged with leading and training our junior enlisted and junior officers," Kendley said.

The Chief Petty Officer's Creed was read by Navy Command

Master Chiefs Barry Moore, Navy Medicine Training Center; Vernon Garnder, Navy Operational Support Center and Kendley.

## Entering the Chief's Mess were:

Chief Hull Technician

**Adam Aguilar**

Chief Hospital Corpsman

**Eric Baggs**

Sgt. 1st Class

**Alan Butler**

Chief Hospital Corpsman

**Vincent Cabalbag**

Chief Aviation Electrician's Mate

**Shay Cathey**

Chief Hospital Corpsman

**Efrain Chaidez**

Chief Machinist's Mate

**Ronald Fernandez**

Chief Navy Counselor

**Roy Gaffney**

Chief Equipment Operator

**Mark Galan**

Chief Navy Counselor

**Jerrime Gardner**

Chief Hospital Corpsman

**Russell Gardner**



Chief Navy Counselor

**Edward Heinrich**

Chief Hospital Corpsman

**Randal Manning**

Chief Steel Worker

**Julio Martinez**

Chief Hospital Corpsman

**Miguel Martinez**

Chief Hospital Corpsman

**Christopher Owens**

Chief Master at Arms

**Ronald Resendez**

Chief Steel Worker

**Joe Rodriguez**

Chief Hospital Corpsman

**Gary Saucedo**

Chief Mass Communication

Specialist

**Leslie Shively**

Chief Quartermaster

**Adam Vela**

Chief Boatswain's Mate

**Mario Velasquez**

# Soldiers, Angels send letters, snacks overseas

By Gregory Ripps

470th Military Intelligence Brigade  
Public Affairs

Soldiers and Soldiers' Angels got together Sept. 10 to ready letters and snacks for mailing overseas.

Soldiers' Angels, a non-profit organization based in California, has offices and a warehouse on the Pan Am Expressway, convenient to Fort Sam Houston. The organization aids and supports U.S. troops deployed to Afghanistan, Iraq and other places outside the country in a variety of ways.

Staff Sgt. Kevin Ahn, of the 717th Military Intelligence Battalion, said 18 Soldiers who belong to the battalion volunteered for the mailing task through their Better Opportunities for Single Soldiers program, which encourages community service projects as part of its mission.

The BOSS members and other 470th Military Intelligence Brigade members working in conjunction with the brigade's Family Readiness Group gave up their afternoon to build "flat rate" U.S. Postal Service boxes, pick snack assortments and deposit them into the boxes along with selected letters, most of which children had written from troops stationed far from home.

Sean Gray, Soldiers' Angels warehouse foreman, said the organization depends on volunteers because it has few paid employees. While they send boxes to troops throughout the year, their volume increases ten-fold as the holiday season nears and they need the most volunteers in November.

Ahn said the Soldiers in his battalion would be returning to help Soldiers' Angels many other times. And Pfc. Laron Gordon explained one reason for volunteering.

"When it's my turn to be deployed, I'd like to receive a package," said Gordon.

Gray pointed out that receiving the packages often meant more to the troops than the contents.

He also noted that Soldiers' Angels does more than mail care packages. For example, the organization also provides voice-activated laptops to severely wounded Soldiers, and handmade blankets for wounded, deployed and veteran Soldiers.

"It's the best job in the world to do something like this," said Gray, a U.S. Marine for eight years before going to work for Soldiers' Angels. "I actually get excited to come to work."



Two Soldiers of the 717th Military Intelligence Battalion sort mail for inclusion in packages going to troops overseas.



Photos by Gregory Ripps

Soldiers of the 717th Military Intelligence Battalion set up snacks for inclusion in boxes destined for troops deployed overseas. The Soldiers volunteered through the Better Opportunities for Single Soldiers program to work with the Soldiers' Angels organization for the afternoon of Sept. 10.



A Soldier mixes snacks into a box destined for troops deployed overseas. Soldiers of the 717th Military Intelligence Battalion volunteered to work with the Soldiers' Angels organization in the task Sept. 10.



Pvt. Charles Moore, of the 717th Military Intelligence Battalion, slips snacks into mailing boxes bound for troops overseas.

# Community celebrates Mexico's 200th anniversary

Photos by Esther Garcia

This year Mexico celebrated its 200th anniversary of independence from Spain, the result of a war between the people of Mexico and Spanish colonial authorities which began Sept. 16, 1810 and ended in 1821.

On Sept. 18, Avenida Guadalupe Association held its 29th annual 16 de Septiembre parade and festival that began with a drill team competition. For Mexico, Sept. 16 is equivalent to the 4th of July in the U.S.



**(ABOVE)**

The Army Medical Command Band, led by Chief Warrant Officer 3 Daryl Vail, and Executive Officer and Drum Major Staff Sergeant Daniel Collins, march down Guadalupe Street during the 29th annual 16th de Septiembre Avenida Guadalupe Association parade Sept. 18.

**(LEFT)** Command Sgt. Maj. David Litteral, commandant, Noncommissioned Officers Academy, and his wife, Charlene, wave to the crowd at the 29th Annual 16th de Septiembre parade celebrating Mexico's independence from Spain.

**(BELOW)**

Army ambassador Sgt. 1st Class Hector Santiago-Perez, Air Force civilian Jaclyn Rodriguez, Air Force Staff Sgt. Vicente Rodriguez, Air Force Tech Sgt. Shakia Knight and Air Force Staff Sgt. Tara Zbiowski, salute as they pass the reviewing stand at the parade Sept. 18. The float won second place in the best float category.



Members of the Joint Service Color Guard lead the more than 100 entries participating in the 29th annual 16th de Septiembre Avenida parade Sept. 18.



James Madison High School Drill Team requests permission to perform drills from Sgt. 1st Class Hector Santiago-Perez, Noncommissioned Officer Academy, and the drill team judge during the area high schools' drill competition. James Madison High School received an honorable mention.



Members of the 238th Maintenance Co., 300th Sustainment Bde, 4th Sustainment Command Expeditionary, support Prisoners of War who participated in the parade.



From left, Air Force Tech Sgt. Shakia Knight, Air Force Master Sgt. Michael Silva, Sgt. 1st Class Hector Santiago-Perez and Air Force Staff Sgt. Tara Zbiowski, review instructions to prepare for the high school drill team competition held prior to the parade.

**SUICIDE from P1**

returned from overseas. He'd held an MP at gunpoint with his own weapon. He was crying out for help and no one recognized it."

A second Soldier shot himself in his barracks room. A third Soldier, only days from returning home for leave during a deployment, also succeeded in shooting and killing himself.

Evans said suicide also touched every member of his family. He'd attempted twice. "My second time was after I came in the Army after my divorce. It tore me apart." His 20-year-old younger brother and mother also attempted suicide, unable to manage their situations.

"I've heard it said that suicide is not chosen, it happens when someone's

pain exceeds the resources for coping with that pain," said Lt. Gen. Guy Swan III, commander U.S. Army North and Fort Sam Houston, during his remarks. "It can be characterized as someone piling weights on your shoulders and at a certain point any one of us can collapse."

He said last year there were 239 deaths attributable to suicide, the third leading cause of death among Army personnel.

"In addition to the personal tragedy, that is combat power out of the force we cannot afford to lose. Beyond the confirmed suicides, there were over 1700 attempted suicides during the past year."

Swan said that suicide combined with accidental deaths from risky behavior resulted in more

Soldiers dying from their own actions than from the actions of enemies on the battlefield last year.

Chaplain (Capt.) Jeffrey Masengale presented several programs the Army offers to help Soldiers deal with suicidal thoughts and actions. He said at the buddy level Soldiers are trained to use an "ask, care and escort" or ACE protocol with those at risk.

He also discussed the Applied Suicide Intervention Skills Training or ASIST and showed "Shoulder to Shoulder: I Will Never Quite on Life," a video featuring testimonials of Soldiers who received help for psychological distress or assisted others in need. The video stressed the importance and success of suicide intervention through reaching out.

Evans said he took several years to reach out for professional help because he was embarrassed, convinced that suicidal thoughts were a sign of weakness. But after he found his mother with an extension cord wrapped around her neck, he said he began attending suicide classes in earnest and talking with his chaplains.

"Suicide is not a weakness. You can actually better yourself from it and be stronger from it and make a positive gain for everyone else instead of following through with it. You can utilize the story of what you've been through. Everyone has that chance they just need to see it," Evans said.

He said that Soldiers with suicidal thoughts have a way out no matter what. "They can pick up

the phone and talk to somebody."

Evans said the Army has started down the right path providing help and recognition of suicidal tendencies.

"Especially here, where I am stationed, everyone cares. We have to take the time to make that step and talk to somebody. That's my vow. I am going to help as much as I can."

Guest speakers Larry Grosskopf, Ph.D. a neuropsychologist from San Antonio State Hospital, discussed coping strategies for dealing with and overcoming the pressures Soldiers face after deployment; and Chief Bill McManus, chief of police of the San Antonio Police Department, discussed the military's role as an integral part of the San Antonio community.

"I would guess that 99

percent of you have known someone that took their life or attempted to take their life," said Brig. Gen. Manuel Ortiz Jr., deputy commanding general, U.S. Army South, during his closing remarks.

"Those that I have personally known that took their lives haunt me because I feel that I could have helped them if only I had the tools to pick up on those signs, symbols or key words," Ortiz said, adding that attending workshops and seminars improves first-aid skills to help others with suicidal thoughts.

He said suicide is preventable, especially when others show concern and care for fellow Soldiers.

September is recognized as Suicide Prevention Month by the U.S. Army.





## Rocco Dining Facility Menu

Building 2745, Schofield Road

Dining room breakfast hours: Monday-Friday 6:15-8:15 a.m., weekends and holidays 8-9:30 a.m.

### Friday – Sept. 24

#### Lunch – 11 a.m. to 1 p.m.

Southern fried catfish, meat loaf, chicken and dumplings, grilled liver and onions, blackened catfish, macaroni and cheese, sweet potatoes, mashed potatoes, steamed rice, fried okra, smothered squash, yellow squash, collard greens

#### Dinner – 5 to 7 p.m.

Breaded pork chops, grilled pork chops, barbecued beef brisket, barbecued chicken, broccoli quiche, baked potatoes, fried potatoes with green onions, red beans and rice, fried cabbage, corn, green peas

### Saturday – Sept. 25

#### Lunch – noon to 1:30 p.m.

Chicken stir-fry, spaghetti with meat sauce, cheese enchiladas, breaded pork fritters, mashed potatoes, steamed rice, carrots, Brussels sprouts

#### Dinner – 5 to 6:30 p.m.

Barbecued roast pork loin, grilled chicken breasts, baked ham, tomatoes and macaroni, rigatoni and cheese, parsley potatoes, lima beans, creamed corn, spinach, lima beans, baked potatoes

### Sunday – Sept. 26

#### Lunch – noon to 1:30 p.m.

Chipper perch, beef stew with biscuits, barbecued spare ribs, mushroom quiche, paprika-battered potatoes, steamed rice, green beans, cauliflower

#### Dinner – 5 to 6:30 p.m.

Roast beef, grilled turkey patties,

mushroom quiche, veal parmesan, spaghetti noodles, mashed potatoes, lyonnaised rice, pinto beans, asparagus, wax beans

### Monday – Sept. 27

#### Lunch – 11 a.m. to 1 p.m.

Chicken cacciatore, lemon herb baked chicken, Italian style meat loaf, beef lasagna, eggplant parmesan, parsley egg noodles, red potatoes, garlic-herb red potatoes, green beans, yellow squash, fried eggplant

#### Dinner – 5 to 7 p.m.

Chicken tetrazzini, shrimp stir fry, blackened catfish, vegetable lasagna, breaded chicken patties, cottage fried potatoes, steamed rice, red beans and rice, zucchini squash, spinach

### Tuesday – Sept. 28

#### Lunch – 11 a.m. to 1 p.m.

Carne quisada tacos, cheese enchiladas, sweet and sour chicken, Spanish

meat loaf, lemon-pepper baked fish, breaded pork fritters, pinto beans, Spanish rice, steamed rice, mashed potatoes, Mexican corn, Brussels sprouts, beets in orange-lemon sauce

#### Dinner – 5 to 7 p.m.

Chicken fajitas, roast turkey, country-fried steaks, spicy baked fish, broccoli-rice-cheese casserole, mashed potatoes, steamed rice, Mexican rice, asparagus, wax beans, refried beans with cheese

### Wednesday – Sept. 29

#### Lunch – 11 a.m. to 1 p.m.

Beef stroganoff, stuffed pork chops, turkey loaf, grilled pork chops with onions, grilled liver and onions, red beans and rice, parsley-battered egg noodles, parsley new potatoes, cabbage, broccoli combo, stewed tomatoes with croutons, fried cabbage

Dinner – 5 to 7 p.m.

Grilled polish sausages, Salisbury steaks, grilled tuna patties, beef stuffed bell peppers, macaroni and cheese, steamed rice, parsley-battered potatoes, cauliflower polonaise, peas and carrots, corn on the cob

### Thursday-Sept. 30

#### Lunch – 11 a.m. to 1 p.m.

Cantonese spare ribs, Asian-style honey chicken, baked chicken, beef stir fry, rice frittata, browned rice, spicy roasted potatoes, Chinese mixed vegetables, asparagus, vegetable stir fry

#### Dinner – 5 to 7 p.m.

Chipper perch, sweet and sour pork, chicken bulgogi, broccoli quiche, steamed rice, fried rice, cottage fried potatoes, lima beans, carrots, Brussels sprouts polonaise

*Menus are subject to change without notice*



## Religious Briefs

### Protestant Women of the Chapel Weekly Meetings

PWOC will hold weekly Bible studies. Morning studies meet Wednesdays, 9:30-11:30 a.m. and evening studies meet Thursdays, 6:30-8 p.m. at Dodd Field Chapel, 1721 Dodd Blvd. The chapel provides free child care for children up to 5 years old and a home school facilitator during PWOC. All children must be registered with the Child Development Center. Call 863-6361 or e-mail samhouston@pwoc.org.



## Announcements

### Kids on Site!

Child, Youth & School Services has made it easier for parents to squeeze in a workout by offering on-site child care, known as Kids On Site Monday-Friday, 5 a.m.-2 p.m. and 3:30-8:30 p.m. at the Jimmy Brought Fitness Center. To participate in the program, children must be 6 weeks to 12 years old and registered with CYS Services. Call 221-4871.

### Off-Post After School Pick-Up Service

School Age Services in conjunction with the Army Family Covenant, now offers off-post, after-school pick-up services from the following

schools: Royal Ridge, Wilshire Elementary, St. Pius X and East Terrell Hills Elementary. Children must be registered with Child, Youth & School Services for the After-School Program. To register, call 221-4871/4466.

### ACS Computer Lab

The computer will not be open until 4:30 p.m. on Oct. 4, 13 and 14.

### Register early for the Combat Medic Run

The 30th Annual Combat Medic Run will be held Oct. 30 on MacArthur Parade Field. This run is open to all military and the general public. To register, download the brochure at <http://www.fortsam-houstonmwr.com>, register at <http://www.active.com> or the Jimmy Brought Fitness Center. Registration deadline is Oct. 29. Call 221-1234 or 385-8248.

## Calendar of Events

### Sept. 23

#### SHARP New Initiative

The Sexual Harassment Assault

Response Prevention program commander and senior leader briefings will be held Sept. 23 or 24, 1:30-3:30 p.m. for all Soldiers E-8 and above at ACS, Building 2797. Call 221-7103/0598.

### End of Summer Bash

The Better Opportunities for Single Soldiers' End of Summer Bash is 6-10 p.m. at the Benner Barracks BOSS ZONE. The event is free and open to all Family and MWR patrons Call 569-2364.

### Sept. 24

#### U.S. Paralympics Warrior Sports Series

The U.S. Paralympics Warrior Sports Series will be held Sept. 24-25, 9 a.m.-5:30 p.m. at the Jimmy Brought Fitness Center, Building 320, Wilson Road. Watch athletes battle it out in an intramural competition in sitting volleyball and wheelchair basketball.

### Federal Resume Writing

The class is 9 a.m.-noon, at ACS, Building 2797. Registration is required, call 221-0427/0516.

### Poetry Slam Mixer

The mixer is 6-7 p.m. at ACS, Building 2797. This is a chance to ask questions and really get the scoop about the upcoming Poetry Slam to be held Oct. 23. Call 221-0349/2055.

### Movie Night

"Prince of Persia: The Sands of Time," 8:30 p.m. at post flagpole.

### Sept. 25

#### Fort Sam Houston Golf Club Championships

The Club Championships will be held Sept. 25-26. It will be a 36-hole stroke play. The fee is \$50/members and \$70/non-members and includes greens fees, cart rental and admittance to the social and awards ceremony following tournament play Sept. 26. Open to all DoD I.D. cardholders and Family members. Register by Sept. 19. Call 222-9386.

### 5K Fun Run/Walk

The monthly 5K fun run/walk begins at 9 a.m. from the Jimmy Brought Fitness Center. T-shirts are \$10. Call 221-1234.

### Movie Night

"Marmaduke," at 8:30 p.m. at Dodd Field.

### Sept. 27

#### Safety Seat Clinic

The clinic is 9-11 a.m. at ACS, Building 2797. Free child booster seats will be distributed for children under 4 feet 9 inches and between 40-100 pounds. The child must be present. Call 221-0349.

### Consumer Awareness

The class is 2-4 p.m. at ACS, Building 2797. To register, call 221-1612.

### SHARP Mobile Training

Sexual Harassment Assault Response Prevention mobile training team will conduct training Sept. 27-Oct. 8. Registration is required. Call 221-7103/0598.

### Sept. 28

#### Family Readiness Group Leadership Academy

The training is Sept. 28-29, 8 a.m.-4 p.m. at ACS, Building 2797. To register, call 221-1829/2705.

### Newcomers' Extravaganza

The mandatory Newcomers' Extravaganza is for all permanent party in-processing Soldiers, lieutenant colonel and below, within 60 days of their arrival to Fort Sam Houston will be held 9:30-11 a.m. at the Sam Houston Club. Call 221-2705/2418.

### Oct. 1

#### Domestic Abuse Prevention Awareness

The Domestic Abuse Prevention awareness Month Kick Off ceremony is 9:30-10:30 a.m. at ACS, Building 2797. Everyone is encouraged to attend. Call 221-0349/2418.

### Oct. 2

#### Doggie Dash to the Dip

The event is 10 a.m.-noon at the Aquatic Center, Building 3300 on Williams Road. The event will start with a one-mile run for both dogs and owners (dogs must be on a leash). After the run, all dogs are invited to take a dip in the kiddie pool. Call 221-4887.



October 15  
5 - 11 p.m.

October 16  
12 - 10 p.m.

Fort Sam Houston  
**Oktoberfest**

Free Parking  
Live Entertainment  
Fun for All Ages

MacArthur Parade Field  
MWR  
www.FortSamHoustonMWR.com

Free Admission  
Carnival Rides  
And much more!



## Announcements

### Hispanic Heritage Events

Hispanic-American Celebration, Oct. 1, 11:30 a.m.-1 p.m. at the Sam Houston Club

JBSA HHOM Luncheon, Oct. 7, 11 a.m.-1 p.m., Kendrick Club, Randolph AFB

Interfaith Service and Potluck, Oct. 14, 10 a.m., Freedom Chapel, Lackland AFB

### Audie Murphy Club

The Sergeant Audie Murphy Club SMA Leon Van Autreve Chapter will hold a special election to elect an interim vice president to serve out the term of the current Vice President Sgt. 1st Class Serena DiVirgilio as she transitions to Fort Hood, Texas. The election will be held at October's monthly meeting and the elected official will serve until annual elections are held in January 2011. The Sergeant Audie Murphy Club would like to thank DiVirgilio for her dedication and commitment to the chapter and for a job well done.

Her work will carry the club forward and her presence will truly be missed.

## Calendar of Events

### Sept. 24 "Still Serving" Weekend

The Army and Air Force Exchange Service will salute retirees Sept. 24-26 by offering unique specials at the Fort Sam Houston Post Exchange. Exclusive savings on a wide variety of products, including \$50 off any in-stock Toshiba notebook, 25 percent off men's adidas apparel, Hanes women intimate apparel, all Nike caps and accessories, Rosetti handbags and all Rolfs belts. AAFES is also offering several "meal deals" at the Fort Sam Houston food court.

### Sept. 25 Cowboys Extreme Cage Fighting Discount Tickets

Cowboys Extreme Cage Fighting live amateur mixed martial arts cage fights will take place Sept. 25 at Cowboys Dance Hall, 3030 N.E. Loop 410. All DoD I.D. cardholders receive special \$10 military pricing on general admission tickets and \$30 ring-side tickets at the door. Doors open at 5 p.m. and the fights start at 6 p.m. Visit <http://www.fortsamhoustonmwr.com> or <http://www.premier-combatgroup.com> or call 836-5633.

## FORT SAM HOUSTON INDEPENDENT SCHOOL DISTRICT WEEKLY CAMPUS ACTIVITIES SEPT. 27-OCT. 2

### Fort Sam Houston Elementary School

#### Sept. 27

PTO book fair in Room 51, 8 a.m. to 3 p.m.

#### Sept. 29

Progress reports sent home  
Wear your college/university gear

#### Sept. 30

Parent to Parent class  
(Homework Hassles), 8 to 9 a.m.  
Early release day for students,  
11 a.m.

#### Oct. 1

Parent to Parent class  
(Homework Hassles), 8 to 9 a.m.  
Early release day for students,  
11 a.m.

### Robert G. Cole Middle and High School

Cole Book Fair in Media Center  
all week

#### Sept. 28

JV/V Volleyball at Luling, 5 and  
6:30 p.m.

#### Sept. 29

Senior's order  
caps/gowns/announcements  
during lunch

#### Sept. 30

JV Football vs. S.A.C. at Cole, 6  
p.m.

#### Oct. 1

Early release day for students,  
11:40 a.m.  
JV/V Volleyball vs. Stockdale at  
Cole, 4:30 and 5:30 p.m.  
Varsity Football at S.A.C., 7:30  
p.m.

#### Oct. 2

Fall play rehearsal Moseley gym,  
1 to 3 p.m.  
Cross Country University of  
Incarnate Word Invitational, TBA



**FORT  
FREEBIES  
FOR SALE**

**For Sale:** Bassett sofa, loveseat and chair with ottoman, burgundy with tan/gold accent colors, old world look, great condition, very comfortable, \$650; Louis Phillipe cherry armoire/entertainment center, \$325. Call 277-0509.

**For Sale:** Large carpets, 12 feet by

11 feet, 12 feet by 9 feet; Nancy Drew games; Kuk Sool uniform; Korean vase. Call 271-3661.

**For Sale:** Rainbow Cleaning Vacuum System with power nozzle, includes power nozzle, hose, power unit, dolly, straight wand, attachment caddy, floor and wall brush, dusting brush, upholstery tool, crevice tool, air inflation and confined space cleaning tool and aerofresh bag, eight-year warranty on motor and controller, four-year warrantee on the vacuum cleaner and attached accessories, paid \$2,300, used three months, \$1,800.

Call 888-3822, leave message.

**For Sale:** Futon and protective cover, like new, \$70; foam pad, \$75 or \$140 for both with pickup; small to medium size animal carrier, \$30; 30-volume Encyclopedia Britannica with shelf, \$70; 54-volume set of "Great Books of the Western World," with shelf, \$90; large four-drawer mahogany desk, 19 inches wide by 58 inches long by 32 inches high, \$60 with pickup. Call 733-0200 or 490-3048.

**For Sale:** HP flat screen monitor, \$25; computer speakers, \$5; computer surge protector, \$5; HP key-

board and mouse, never used, \$15; various ladies clothing size 6. Call 662-8887.

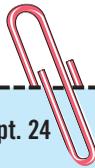
**For Sale:** Roland AT-80SL organ, bench and computer monitor, 5 years old, immaculate condition, \$8,000 obo. Call 771-7480.

**For Sale:** Two black leather recliners in excellent condition, \$100 for one, \$75 for the other, both for \$150. Call 654-9617.

**For Sale:** GE front load washer and dryer, white, new, \$900 obo. Call 337-353-2646.

**Wanted:** Trampoline with enclosure and pool table. Call 277-0509.

**FSH SPORTS UPDATES**  
<http://www.fortsamhoustonmwr.com/vcm/page.asp?pid=239>



## REMINDER CALENDAR

- Sept. 24** Movie Night, "Prince of Persia – The Sands of Time," 8:30 p.m., Flagpole
- Sept. 24-25** U.S. Paralympics Warrior Series, 9 a.m.-5:30 p.m., Jimmy Brought Fitness Center
- Sept. 25** Movie Night, "Marmaduke," 8:30 p.m., Dodd Field
- Sept. 25-26** Fort Sam Houston Golf Club Championship
- Sept. 26** Gazebo Concert, 6 p.m., Staff Post Road, hosted by Brig. Gen. Joseph Carvalho
- Sept. 28** Newcomers Extravaganza, 9:30-11 a.m., Sam Houston Club
- Sept. 28** Headquarters and Headquarters Company Ribbon Cutting Ceremony, 8:30 a.m., Building 2186
- Sept. 30** Consolidated Monthly Retirement Ceremony, 9 a.m., FSH Quadrangle
- Sept. 30** Transition of Authority, Army Support Activity, 11 a.m., FSH Quadrangle

