



Briefs . . .

Hurricane relief benefit

Fort Sam Houston will sponsor a Chaplain's Fund for Katrina Relief benefit Saturday from 10 a.m. to 4 p.m. at the Post Exchange parking lot. People are welcome to give cash donations at the event. Additionally, the offering for all Sunday chapel services will be designated for relief efforts. Staff Sgt. Robin Farland, who placed second in the post Military Idol competition, will perform.

The musical entertainment includes:

- 10 to 11 a.m. - Army Medical Command Rock Band
- 11 to 11:30 a.m. - Army Medical Command Dixieland Band
- 11:30 a.m. to 1 p.m. - The Tailpipes (50s and 60s era music)
- 1 to 2 p.m. - The Almost Patsy Cline Band
- 2 to 3 p.m. - The "Pope" Sings The Universal Language
- 3 to 4 p.m. - 1101 Band, Fort Sam Houston's contemporary Christian band

Audie Murphy induction ceremony

A Sgt. Audie Murphy induction ceremony in honor of Sgt. 1st Class Martine Brown, E Company, 187th Medical Battalion, will be Friday at 4 p.m. The guest speaker will be Command Sgt. Maj. David A. Eddy, command sergeant major, U.S. Army Medical Command. For more information, call Sgt. 1st Class Dwight Wafford at 221-9314 or e-mail Dwight.wafford@amedd.army.mil.

USAMITC change of command

The U.S. Army Medical Information Technology Center will conduct a change of command ceremony Oct. 6 at 9 a.m. at the Evans Auditorium. Lt. Col. Denise A. Perry will relinquish command to Lt. Col. Joseph Bentley. Brig. Gen. Eric Schoemaker will officiate over the ceremony. For more information, call Cynthia Hernandez at 295-3428.

Fort Sam Fall Fest

Get ready for the Fort Sam Houston Fall Fest Oct. 15 from 10 a.m. to 8 p.m. at the MacArthur Parade Field. Events include a chili cook-off (military units welcome), free 5K fun run, arts and crafts fair, parade, carnival games, pony rides, live entertainment, car show and food and beverage booths. For more information, call 221-9904 or 221-2307. For those interested in being an arts and crafts vendor, call 221-5224.

See **BRIEFS** on Page 4

CFC kick off

The U.S. Army Garrison will sponsor its 2005 Combined Federal Campaign kick off today from 9 to 10:30 a.m. at the Roadrunner Community Center, Building 2797. Col. Wendy L. Martinson, U.S. Army Garrison commander, will host the event. The event will feature several guest speakers whose organizations directly support the post and local community, as well as volunteers who have seen the destruction caused by Hurricane Katrina firsthand. USAG personnel, contractors and retirees are invited to come show their support for the CFC. For more information, call Agnes Ortiz at 221-2560.



Frank Blake, senior official, Federal Emergency Management Agency, briefs Texas Congressman Lamar Smith, 21st District, Sept. 23 on FEMA's role at Fort Sam Houston. The post is serving as a federal operational staging area for Hurricane Rita support.

Fort Sam Houston continues Hurricane Rita support

Story and photos by Elaine Wilson
Fort Sam Houston Public Information Office

Although large-scale Hurricane Rita relief efforts are slowly scaling down, Fort Sam Houston's supporting role still continues at a steady pace.

In the past week, and in the midst of the city's own fears of hurricane fall out, the U.S. Army Garrison on post and at Camp Bullis pitched in as Fort Sam Houston assumed a full blown hurricane support operation.

The ongoing operation, which started Sept. 19, encompassed fields, buildings, gyms, barracks and dining facilities as the installation scrambled to support the Federal Emergency Management Agency and the newly formed Joint Task Force Rita, commanded by Fifth U.S. Army Commander Lt. Gen. Robert Clark.

"The post's mission is threefold," said Dale Roth, chief of the Installation Operations Center. "We are supporting the JTF, FEMA and Texas state activities to include supporting National Guard mobilization. Each area takes an enormous amount of effort, teamwork and coordination."

The most visible of these missions has been the FEMA support, as the Fort Sam Houston Police extended hours at access

control points and blocked off roads on post to escort hundreds of 18-wheelers onto the field across from the Jimmy Brought Fitness Center.

"We had about 150 trucks on post at any given time," Roth said.

The post serves as a federal operational staging area for the trucks. When the hurricane hit early Saturday, hundreds of trucks moved out as others moved in to take their place. The trucks, mobilized in Fort Worth, Texas, were packed with water, ice, meals ready to eat and other relief resources destined for hurricane-ravaged areas along the coast.

As of Tuesday, the post had facilitated the movement of 785 trucks to the small rural towns in southwest Louisiana and southeast Texas hardest hit by the powerful storm, Roth said. Each truck can hold a staggering 179,000 MREs, 41,000 pounds of ice and nearly 18,000 liters of water.

"That will go a long way toward supporting relief efforts," Roth said.

Fort Sam Houston offered more than its land to FEMA; the garrison also pitched in with logistics, communications, security and medical support, as well as much-needed facilities for sleeping, showers, dining and shopping.

"There aren't any words to explain how much work went into this," said Col. Wendy Martinson, U.S. Army Garrison commander. "People who saw a need rose to the occasion."

Roth said the staging area mission will most likely end over the weekend as the demand for relief supplies decreases and trucks are reassigned missions by FEMA.

Another garrison support mission, which is currently capturing the national spotlight, is JTF Rita. Hundreds of augmentees from every military branch have traveled to Fort Sam Houston to join the task force. The task force mission is to provide immediate support to enhance the relief efforts of federal, state and local governments while mitigating the suffering of those citizens impacted by Hurricane Rita, officials said.



Hundreds of trucks staged at Fort Sam Houston by the Federal Emergency Management Agency packed the field across from the Jimmy Brought Fitness Center prior to Hurricane Rita. While there are still trucks there, the operation is projected to close out by Monday.

See **RITA RELIEF** on Page 4

Crime Prevention Month Proclamation

WHEREAS, crime and fear of crime adversely affect the well-being and the quality of life of all citizens and in all organizations in our community; and

WHEREAS, the financial loss, personal injury, property loss and deterioration of community spirit are intolerable; and

WHEREAS, the participation of civilian and military personnel in achieving the ultimate goal of reducing crime has proven to be successful; and

WHEREAS, it is essential to continue to distribute crime prevention information to the public and encourage their involvement in

crime prevention programs in order to reduce the number of victims of crime; and

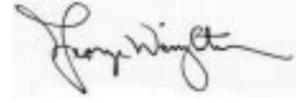
WHEREAS, crime prevention adds immeasurably to the health, safety and vigor of our community and should be encouraged and supported by all levels of the command, supporting activities, organizations, schools, community clubs and neighbors; and

WHEREAS, crime prevention programs implemented on this installation require the support of all personnel, civilian and military

NOW, THEREFORE I, Maj. Gen. George W. Weightman, encourage all commanders, Soldiers, family members and civilian

employees to increase their awareness of, and participation in, effective crime prevention measures.

FURTHER, LET IT BE RESOLVED THAT I, Maj. Gen. George W. Weightman, do hereby proclaim October 2005 as Crime Prevention Month on Fort Sam Houston.



GEORGE W. WEIGHTMAN
Major General, U.S. Army
Commanding



Maj. Gen. George W. Weightman

Fort Sam Houston News Leader

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Rehab Center to target rebuilding lives

By Nelia Schrum
Brooke Army Medical Center Public Affairs

A former Soldier and his son, now philanthropists, joined wounded warriors and military leaders at Brooke Army Medical Center Sept. 22 to break ground for a privately funded rehabilitation center set to be the nation's premier facility along with two 21-bedroom Fisher Houses.

Arnold Fisher, who serves as the honorary chairman of the Intrepid Fallen Heroes Fund and his son, Ken Fisher, who serves as the chairman of the Fisher House Foundation, joined the wounded warriors and military leaders, including Army Vice Chief of Staff Gen. Richard Cody, Army Surgeon General Lt. Gen. Kevin Kiley and Brooke Army Medical Center Commander Brig. Gen. James Gilman for the ceremony.

The \$40 million rehabilitation center and lodging complex, with a projected completion date of January 2007, will serve wounded troops and veterans who have sustained severe injuries requiring extensive medical care and therapy. The Fisher Houses will provide lodging for the families of the wounded warriors as their loved ones work their way through the recovery process. The houses will be constructed adjacent to the rehabilitation center.

The Intrepid Fallen Heroes Fund and its sister organization, the Fisher House Foundation, are nonprofit organizations dedicated to supporting the men and women of the U.S. Armed Forces and their families.

Arnold Fisher, a Soldier who served in Korea, said the wounded service members made substantial sacrifices.

"I know what these kids have given up and I know we

need to stand behind them, and we need them to know that we stand behind them," said Fisher, adding that their esprit de corps, love of country and excitement about getting back to their units were inspirational.

The Fishers said the Army's surgeon general assisted them in making the National Armed Forces Rehabilitation Center a reality by getting the Department of Defense to give the project a green light and provide a proffer for the land.

Fisher said the gift to the military from the foundations was not charity; it was something America owes the military.

"When you are successful, you don't just take; you give back."

Arnold's son, Ken, runs the Fisher House Foundation that currently operates 33 Fisher Houses at military installations and at Veterans Administration hospitals. The foundation currently has six houses under construction. The houses offer psychological first aid for the wounded, providing a stress-free living environment and peer support during the recovery process.

Ken Fisher said the two 21-bedroom houses to be built at BAMC would run about \$5.1 million and would support the work of the Center for the Intrepid. The houses will be the largest ever built by the foundation and will triple the capacity of the existing Fisher Houses at BAMC serving wounded warriors he called the "greatest national treasure."

A wounded Soldier who made a passing comment to Ken Fisher about wishing he could have his entire family with him as he recovered was the inspiration for expansion of the BAMC Fisher Houses.

The BAMC Fisher Houses have stayed full with a waiting list while more than 2,000 wounded have come to the hospital for care.

He said the state-of-the-art rehabilitation complex would enhance the world-class health care provided at BAMC.

"This is about supporting these young men and women and their desire to defend this nation against hostile forces," said Ken Fisher. "This is important to show them this country supports them and doesn't take them for granted — that there are organizations back home that are there for them."

Ken Fisher said the generosity of Denzel Washington and his family helped form the cornerstone for the expansion project. Washington donated money to the Fisher Houses during a visit to Fort Sam Houston in December.

The Army's vice chief of staff said the contributions of the Fishers and their foundations are from the heart and out of deep respect and pride for America's service men and women.

Predicting that the Center for the Intrepid would be the



Photo by Kelly Schaefer

Wounded warriors recovering at Brooke Army Medical Center join military leaders and Fisher House Foundation representatives at a Sept. 22 groundbreaking ceremony for the Center for the Intrepid and Fisher House complex. The rehabilitation center and lodging facilities are scheduled to open in January 2007.

world's finest rehabilitation center, Cody said the groundbreaking ceremony provided a chance to reflect on the contributions made by military members.

"Every time our nation calls, American servicemen and women answer undaunted, with selfless courage and unwavering determination," Cody said, adding that many of the recovering wounded now faced a new battle as they recover from their injuries.

"Time and time again, I am met by Soldiers saying not, 'look what I have given for my country,' but rather, 'what more can I give for my country.'"

Americans working with the Intrepid Fallen Heroes Fund and Fisher House Foundation know the stories of the wounded service members, Cody said. The groundbreaking provides the nation a place where a small measure of the enduring patriotism of the wounded warriors might be paid back.

Cody said the passion that Fisher and his associates feel for the military transcends charity.

"His boundless drive and determination are comparable to what drives our Soldiers to answer their nation's call to duty, live by the Army values and embody the Warrior Ethos," Cody said. "It's not surprising if you know that Arnold himself was a Soldier — a very good Soldier."

The Center for the Intrepid will serve military patients injured in the Global War on Terrorism. Many of these patients have suffered limb-loss. The new 60,000 square foot center will provide those with severe extremity injuries and amputees the best opportunity to regain their ability to live and work productively. The facility will include a pool, indoor running track and two-story climbing wall.

Space for clinical research to improve prosthetic designs is also built in. The planning and execution for the project is being managed in cooperation with the secretary of defense, the secretary of Veterans Affairs, the secretary of the Army, and the surgeons general of the Army, Navy and Air Force, who are responsible for the medical care of all members of the military community.

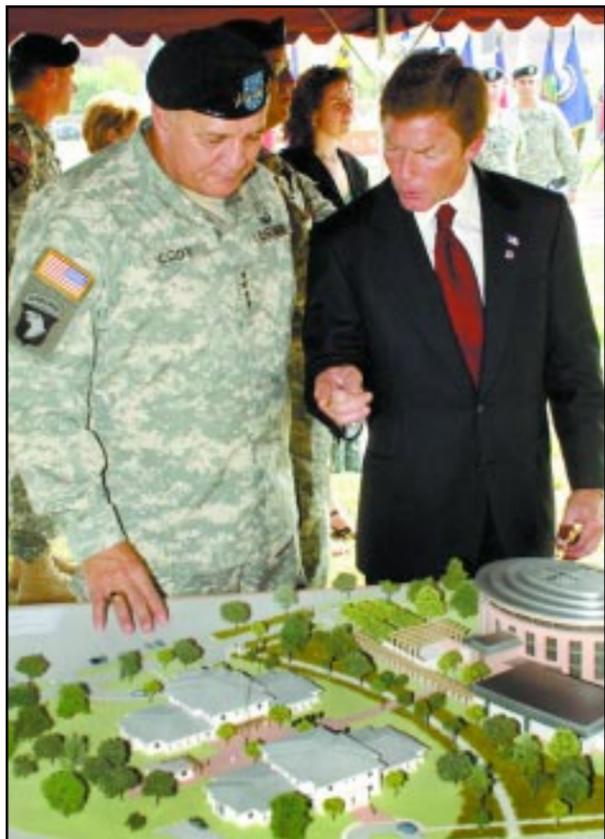


Photo by Darren Reehl

Chairman of the Fisher House Foundation, Ken Fisher, shows a model of the National Armed Forces Physical and Rehabilitation Center to Gen. Richard Cody, Army vice chief of staff, at the Sept. 22 groundbreaking at Brooke Army Medical Center.

Bronze Star with 'V' device awarded at BAMC

Story and photo by Michael Dulevitz
Brooke Army Medical Center Public Affairs

Cpl. Clinton Davis, recovering at Brooke Army Medical Center from injuries sustained in the Global War on Terrorism, was awarded the Bronze Star with "V" device for valor during a ceremony Sept. 19 at the BAMC auditorium.

Davis, surrounded onstage by family and friends, said it was his honor to serve in the Army and to defend his country. "I was just doing my duty," Davis said.

Col. Lark Ford, acting commander of BAMC, presented Davis with the award.

Davis was injured during ground combat operations against enemy forces April 7, 2004, while on duty in al-Hawijah, Iraq, near Kirkuk. Davis demonstrated exemplary courage when his platoon

was committed to security and riot control of the al-Hawijah city council building. Soon after arriving on the scene, his platoon received small arms fire from the west side of the city. Davis led his fire team and confronted the enemy. Davis was wounded in the arm during the exchange. Despite his injury, he continued to direct his team's fire allowing another squad to advance on the enemy. Davis received another gunshot wound to his leg, and though no longer able to stand, he continued to fight and lead his fire team.

Davis was assigned to B Company, 1st Battalion, 27th Infantry, 2nd Brigade combat team, 25th Infantry Division while serving in Iraq. The 25th Infantry Division hails from Schofield Barracks, Hawaii. Davis is currently assigned to the BAMC Medical Holding Company recovering from his injuries.



Col. Lark Ford presents Cpl. Clinton Davis with a certificate Monday after pinning on his Bronze Star with "V" device for valor. Davis received the award for heroic actions in combat while serving in al-Hawijah, Iraq, near Kirkuk.

Briefs cont. . . .

Breast Cancer Awareness luncheon

In honor of National Breast Cancer Awareness Month, Fort Sam Houston has partnered with the American Cancer Society to sponsor its sixth annual breast health awareness luncheon Oct. 14 at 12 p.m. at the Sam Houston Club. The guest speaker will be Dr. Marlana Vega, a speaker from New York City. Tickets for the event must be purchased prior to the luncheon. The cost is \$12, and door prizes will be offered. For more information on breast cancer or luncheon tickets, call Susie Ferrise at 916-2261.

Mandatory OPSEC training

The chief of staff of the Army has directed all active duty military personnel, Department of the Army civilians, government contractors and contracting company employees to complete mandatory Operations Security training. The training is available at <https://opsec.1STI-OCMD.army.mil>; click on "Click Here For Required Training" and then "Required Army OPSEC Training." An Army Knowledge Online user ID and password are required for access. Training must be completed by Oct. 14. For more information, call the U.S. Army Garrison Security Office at 221-1906, 221-1859, 221-9500 or 221-9611.

NSPS town hall meetings

Several National Security Personnel System town hall meetings will take place in October. Maj. Gen. George Weightman, installation commander, will provide opening remarks at both sessions Oct. 20 and the morning session Oct. 21. The town hall meetings are on the following days:

- Oct. 20 8 to 10 a.m. - Evans Theater
1 to 3 p.m. - Blesse Auditorium
- Oct. 21 8 to 10 a.m. - Evans Theater
1 to 3 p.m. - Evans Theater

Defensive driving online

Military defensive driving will no longer be offered in a classroom setting. Instead, Soldiers who require a military driver's license can meet the course requirement online at www.transchool.eustis.army.mil/training/nonresident/driveweb.html. The course takes about two hours to complete, and there is an end-of-course test. Soldiers can print a certificate of completion for the installation motor pool to satisfy the requirement for defensive military driver's training. For more information, call Mike Kelly, motor pool, at 221-9631, or Ralph Rodriguez Jr., Army Continuing Education, at 221-9884.

Equine vaccination clinic

The Fort Sam Houston Veterinary Treatment Facility will host an equine vaccination clinic Oct. 11 at the riding stables. Horse owners need to call the VTF to have their names put on the vaccination list; horse owners not on the list will be seen on a walk-in basis. People should bring cash or check only for payment to the FSH vet clinic; credit cards will not be accepted. Legal owners must be present with a valid Defense Enrollment Eligibility Reporting System ID card to receive services, or an agent must present a power of attorney and a copy of the owner's ID card. For more information, call 295-4260 or 295-4193.

Hispanic heritage exhibit

The Fort Sam Houston Museum is celebrating Hispanic Heritage Month with an exhibit called "Tejanos: A Heritage of Honor." The exhibit highlights the contributions of Hispanic Texans to the defense of the nation. Images depict Tejanos serving in conflicts from the War of Texian Independence to the Global War on Terrorism. Some of the Tejanos depicted are still serving at Fort Sam Houston today. The exhibit is on display in the museum, Building 123, on Stanley Road throughout Hispanic Heritage Month. For more information, call 221-1886.

Fifth U.S. Army supports Rita relief operations

By Capt. Steve Alvarez
American Forces Press Service

Joint Task Force Rita has been established at Fort Sam Houston to support the Federal Emergency Management Agency as they support state and local authorities in response to Hurricane Rita, which came ashore Saturday packing 120 mph winds near the southeastern tip of Texas.

Established by Fifth U.S. Army, the task force is commanded by Lt. Gen. Robert T. Clark, commander of Fifth Army.

JTF Rita is synchronizing Defense Department efforts with those of FEMA and the Texas government. The task force provides immediate support to enhance the relief efforts of federal, state and local governments while mitigating the suffering of those citizens impacted by Hurricane Rita, officials said.

Defense Department assets are used in disaster scenarios when local and state assets are overwhelmed or exhausted, Fifth U.S. Army officials said. Defense Department assistance must be requested by the primary federal agency, in this case, FEMA, and approved by the secretary of defense.

The Defense Department provides its support on a reimbursable basis in accordance with the Robert T. Stafford Act. Immediately after a disaster, local jurisdictions respond using their resources and notify state response elements if further assistance is needed on the state level. The state then reviews the scenario and dispatches state resources.

The state then informs the FEMA regional office of actions taken, and the governor activates the state's emergency plan, proclaims a state of emergency, and requests a damage assessment to determine if there is a need for a presidential declaration of a major disaster or emergency.

If regional resources are overwhelmed, the Department of Homeland Security may deploy a national emergency response team, such as has happened with Hurricane Rita.

Rita relief

Continued from Page 1

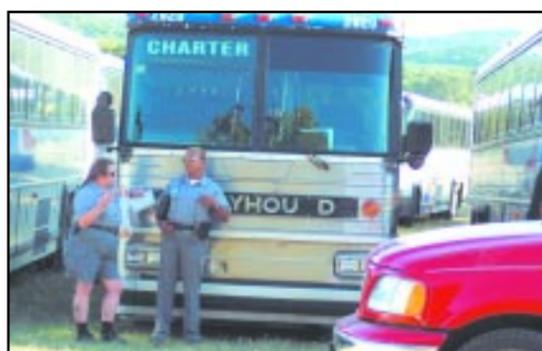
The garrison provided logistics and communications support to the JTF. To house the growing task force, "we turned a reserve mobilization barracks into billeting for JTF personnel," Roth said. The Fifth Army's staff efforts to stand up the JTF required support from various garrison organizations, primarily from the Directorate of Information Management, Directorate of Public Works, and other various logistics and Morale, Welfare and Recreation activities.

Roth said the post's support of JTF will continue until its mission ends.

About 25 miles northwest of Fort Sam Houston, Camp Bullis facilitated two Texas state hurricane support efforts. "The largest is providing a bus parking and dispatch site for evacuation buses," said Lt. Col. Dennis LeMaster, Camp Bullis' commander.

The buses traveled to impacted areas along the Texas Gulf Coast to evacuate people, and are also taking people back home to the less affected areas. "There were more than 300 buses that staged at Camp Bullis for further dispatch in support of the relief effort," LeMaster said.

As with Fort Sam Houston, Camp Bullis also takes care of drivers, providing food, water, showers and even enter-



Courtesy photo

Bus drivers wait for an evacuation mission at Camp Bullis. The installation is serving as a bus parking and dispatch site for Texas state-run evacuation buses.



Photo by Jamie McIntyre

Joe Hunt, director, Civil Support Training Group, briefs Lt. Gen. Robert Clark, Fifth U.S. Army and Joint Task Force Rita commander, on the situation in East Texas at Fifth Army Headquarters.

FEMA determines exactly what federal support is needed and determines the cost and the state's cost share, if any. The emergency support function primary agency determines which agency can accomplish the mission most efficiently and at least cost.

The DoD provides support to FEMA and all emergency support function agencies. The defense coordinating officer coordinates all Defense Department support, and the defense coordinating element supports the coordinating officer in the operations section. All DoD-related taskings are validated by the coordinating officer.

Acting FEMA Director R. David Paulison told reporters in a press conference that Rita's damage was "not as severe as we thought it would be" and that "urban search and rescue teams are already on the ground."



Photo by Elaine Wilson

Maj. Gen. George W. Weightman, Fort Sam Houston commander, escorts (from left) Texas Congressman Lamar Smith, 21st District; Frank Blake, senior official, Federal Emergency Management Agency; and Marc Mullenix, FEMA incident commander, through the on-post site where FEMA has staged trucks for Hurricane Rita support.

tainment with movie nights.

Additionally, Camp Bullis also provided billeting for more than 300 Texas Army National Guard members who mobilized at the installation and, after three days, moved closer to the affected areas in support of hurricane relief efforts.

While the Guard support mission has ended, the Guardsmen, along with the bus drivers, definitely left their mark.

"Our (Post Exchange) sales skyrocketed to more than \$83,000," LeMaster said.

Despite the post's support to FEMA, JTF Rita and Texas state support tasks, "our day to day mission wasn't affected," Martinson said. "That is a testament to the hardworking military and civilian employees on this post. There wasn't an area of the garrison that didn't come forward."

Martinson said there were also many behind-the-scenes players including Brooke

Army Medical Center; E Company, 264th Medical Battalion; garrison human resources; environmental; public affairs; Army Community Service; Army and Air Force Exchange Service; the Defense Commissary Agency; and finance.

"Finance's challenge was to execute an operation of this magnitude while trying to close out the fiscal year," Roth said.

While many units performed with excellence, there were also some individuals that stood out, Martinson said. "We had a few displaced families here and people stepped up to help them," she said. "Some took families out to eat or even cooked for them. Other Soldiers volunteered to transport cots to Fort Sam to house evacuees if needed. People worked long hours and put in their best effort to help.

"We planned for the worst, and thank goodness the worst didn't arrive," Martinson added. "But we were prepared for anything thanks to teamwork and an outstanding effort. And we will continue to support the relief effort in any way possible."

Texas National Guard continues relief efforts

WASHINGTON, D.C. — About 3,600 Soldiers and Airmen of the Texas National Guard continue to conduct relief operations in the areas of eastern and southeastern Texas hardest hit by Hurricane Rita, military officials reported Tuesday.

Missions are now focused on moving food, water and ice to Texas residents who were left without basic services in the wake of the storm.

The Texas National Guard Soldiers in this operation have more than 650 vehicles in eastern and southeastern Texas. Most of the vehicles and Soldiers are being used in the Beaumont and Jefferson County areas.

Army National Guard pilots from Texas, with the support of fellow Soldiers from Arizona, Illinois and Minnesota, are flying food and water from Houston's Ellington Field to rural communities using nine UH-60 Black Hawk helicopters and three CH-47 Chinook helicopters. The communities include Polk, Liberty, Tyler,

Jefferson, Chambers, Hardin, Jasper, Newton and Nacogdoches. More than 180,000 pounds of food and water were moved Sunday.

Texas National Guard Soldiers, using both vehicles and helicopters, safely evacuated 87 elderly patients from a nursing home in Fred, Texas, to a hospital in Beaumont Sunday.

"Our first priority is to help our fellow Texans," said Army Brig. Gen. Eddy Spurgin, commander of Texas National Guard forces in the area. "We have a lot of Soldiers and equipment out here to get this job done, and we will keep after it until we are not needed anymore."

Spurgin echoed what Army Maj. Gen. Charles Rodriguez, the adjutant general of Texas, has said is the Texas National Guard's top priorities in the two disasters: saving human lives, distributing food and water, providing safe shelter, re-establishing security and aiding in the removal of debris from streets so citizens can return and



Photo by 2nd Lt. Amy Bombassaro

When the helicopters arrive, everyone pitches in to load supplies.

start rebuilding their communities and homes.

(Source: Texas National Guard news release.)

Task Force Search and Rescue lives up to its name

By Tech Sgt. Gregory Ripps
Texas National Guard Public Affairs

CAMP MABRY, Texas — Task Force Search and Rescue lived up to its name Saturday when the Texas National Guard helped move 87 residents from an assisted-living facility to safety after Rita passed through the area the previous day.

Task Force Bowie, an element of Task Force Search and Rescue, who moved its base of operations from Houston to Beaumont earlier that day, received word that the residents of Pine Forest Senior Center were in a school in Fred, Texas, without electricity or running water.

A four-man Humvee reconnaissance team was dispatched to check out the

story. "We were en route to Beaumont when we received the word," said Sgt. Maj. Robert Strzelczek, who was part of the team. "All we knew on how to find them was to look for a school in Fred, and the information that 12 senior center employees had moved residents to Fred two days earlier in an attempt to take them farther from the hurricane."

Strzelczek said that apparently the less-intense storm had eventually caught up with them.

"When we found them, four of the residents needed medical assistance, and two were supposed to be on oxygen," said Sgt. Brian Colt, another team member. "They were glad to see us."

With the report of the situation and the

location confirmed, the Federal Emergency Management Agency organized a combined Guard and civilian team.

The convoy consisted of 13 vehicles with Texas Guardsmen and a long line of ambulances manned by civilian emergency service technicians from throughout the United States. Capt. Anthony Bryant led the Guard element.

Travel was hazardous because the men could only rely on their own headlights; the usual streetlights or glow from windows were not available.

By the time the convoy reached Fred Elementary School, members of the original reconnaissance team had already begun loading residents needing the most urgent attention

aboard three helicopters from the 3rd Battalion, 149th Aviation Regiment.

After the ambulances arrived, EMTs began triaging the residents and determined they had to be moved. The patients were placed on stretchers and moved into the ambulances with the assistance of the Guardsmen.

"Just in case," the Guardsmen loaded water, juice and food on the ambulances as well.

"We played a major role in this evacuation," Bryant said. "The mission was a success."

Hurricane relief

Fifth U.S. Army Soldiers scale 17-story tower, establish communications

By Margaret Broadbent
Fifth U.S. Army Public Affairs

NEW ORLEANS, La. – Four members of the Fifth U.S. Army Information Technology Division scaled a 175-foot tower to connect two heavy antennas to give law enforcement officers in Plaquemine Parish, La., the ability to talk to each other in the areas affected by Hurricane Katrina.

The parish, devastated by Hurricane Katrina's wrath, had minimal communication capabilities. Security forces could only communicate in an eight-mile radius of Belle Chasse, the parish seat.

The Fifth Army members were in Louisiana to set up communications for the Joint Operations Center Katrina-New Orleans, an element of First U.S. Army's efforts to provide relief in the aftermath of the hurricane.

Master Sgt. David Thompson didn't know what to expect when he was asked by John Roberts, Federal Emergency Management Agency, to see what they could do to help the parish attain better communications for their security forces.

After conferring with Teddy MacKenroth, Plaquemine Parish communications manager, Thompson determined the parish needed

someone to climb the 175-foot tower, hoist two 100-pound cables and two antennas to the top and connect them.

Once accomplished, the communications radius would increase to approximately a 40-mile radius, more than five times the current distance.

No one in the parish was either willing or capable of climbing the tower. "I assessed the situation and determined what needed to be done, then called the guys," said Thompson. "We were ready, willing and able to help the parish."

Upon receiving the call from Thompson, the other members of the team, Master Sgt. Gene DeLarm, Sgt. 1st Class Gary Cooper and Alan Hendren, borrowed safety harnesses from the crew of the USS Iwo Jima, docked in New Orleans, and headed out to complete their mission.

Once there, the team gathered what equipment they could find and established a plan to accomplish their task. Part of the team would climb the tower and prepare to receive and secure the cable and the others would hoist the equipment up to them.

The Hennepin County Sheriff's Department, which had come from Minneapolis, Minn., to lend a hand during the disaster, provided the cables and antennas.

"What they are accomplishing today will help the security forces tremendously," said Roger Laurence, engineering manager, Hennepin County Sheriff.

Cooper, DeLarm and Hendren carefully climbed the ladder one rung at a time. Heading straight up into the blistering sun for nearly 15 minutes, they virtually disappeared from the sight of those on the ground before finally reaching the top. They climbed an equivalent of a 17-story building.

Once at the top, they mounted a small pulley and dropped a rope down to their teammates. Using only the rope and untiring determination, Thompson and Laurence hoisted the 100-pound cable up to the Soldiers waiting atop the tower.

"There was very little to hold onto up there. It was windy, quiet and a little scary but the parish needed help and we were there," said Cooper, now dubbed "Spiderman" by the team after his first of three trips up the tower.

Tired, sweaty and sunburnt after securing the cable, the team came down for a much needed break. Once rested, Cooper



Master Sgt. Gene DeLarm and Sgt. 1st Class Gary Cooper make their way to the top of the tower.

and Thompson made the long climb back to the top and connected the first of two antennas before quitting for the day.

The next morning, Cooper, making his third climb of the tower, and Hendren connected the second antenna, completing the mission.

"Just another day at the office," said Thompson, as they headed off to their next mission. The others all shook their heads in agreement.

Are you prepared?

Active hurricane season underscores need for readiness

If you are asked to evacuate, you should do so without delay. But unless you live in a coastal or low-lying area, an area that floods frequently or in manufactured housing, it is unlikely emergency managers will ask you to evacuate. That means that it is important for you and your family to have a plan that makes you as safe as possible in your home.

Disaster prevention includes modifying your home to strengthen it against storms so that you can be as safe as possible. It also includes having the supplies on hand to weather the storm. The suggestions provided here are only guides. You should use common sense in your disaster prevention.

Family disaster plan

Discuss the type of hazards that could affect your family. Know your home's vulnerability to storm surge, flooding and wind.

Locate a safe room or the safest areas in your home for each hurricane hazard. In certain circumstances the safest areas may not be your home but within your community.

Determine escape routes from your home and places to meet. These should be measured in tens of miles rather than hundreds of miles.

Have an out-of-state friend as a family contact, so all your family members have

a single point of contact.

Make a plan now for what to do with your pets if you need to evacuate.

Post emergency telephone numbers by your phones and make sure your children know how and when to call 911.

Check your insurance coverage — flood damage is not usually covered by homeowners insurance.

Stock nonperishable emergency supplies and a disaster supply kit (see below).

Use a National Oceanic and Atmospheric Administration weather radio. Remember to replace its battery every six months, as you do with your smoke detectors.

Take First Aid, cardiopulmonary resuscitation and disaster preparedness classes.

Disaster Supply Kit

• **Water** - at least 1 gallon daily per person for three to seven days

• **Food** - at least enough for three to seven days

- nonperishable packaged or canned food and juices
- foods for infants or the elderly
- snack foods
- non-electric can opener
- cooking tools and fuel
- paper plates and plastic utensils

• **Blankets, pillows, etc.**

• **Clothing** – seasonal, rain gear and sturdy shoes

• **First aid kit, medicines and prescription drugs**

• **Special items** - for babies and the elderly

• **Toiletries, hygiene items and moisture wipes**

• **Flashlight and batteries**

• **Radio** - Battery operated and NOAA weather radio

• **Cash** - Banks and ATMs may not be open or available for extended periods.

• **Keys**

• **Toys, books and games**

• **Important documents** - in a waterproof container or watertight resealable plastic bag: insurance, medical records, bank account numbers, Social Security card, etc.

• **Tools** - keep a set with you during the storm

• **Vehicle fuel tanks filled**

• **Pet care items**

- proper identification, immunization records and medications
- ample supply of food and water
- a carrier or cage
- muzzle and leash

• **Securing your home**

The most important precaution you can take to reduce damage to your home and property is to protect the areas where wind can enter. According to recent wind technology research, it is important to strengthen the exterior of your house so

wind and debris do not tear large openings in it. You can do this by protecting and reinforcing these five critical areas: roof, straps, shutters, doors and garage doors.

A great time to start securing, or retrofitting, your house is when you are making other improvements or adding an addition.

Remember, building codes reflect the lessons experts have learned from past catastrophes. Contact the local building code official to find out what requirements are necessary for your home improvement projects.

Flood insurance

The National Flood Insurance Program is a pre-disaster flood mitigation and insurance protection program designed to reduce the escalating cost of disasters. The National Flood Insurance Program makes federally backed flood insurance available to residents and business owners.

Flood damage is not usually covered by homeowners insurance. Do not make assumptions. Check your policy.

For more information on the National Flood Insurance Program, call (888) CALL-FLOOD, ext. 445 or TDD (800) 427-5593. For more information on preparedness, visit the National Hurricane Center Web site at <http://www.nhc.noaa.gov/>.

(Source: National Hurricane Center Web site)

AAFES strives for lowest gas prices in town

With the seemingly endless increase in the price of gasoline, many customers may wonder how Army and Air Force Exchange Service determines the price of gasoline sold on post.

AAFES policy requires each military installation to conduct weekly surveys of at least five service stations which have been deemed as the local competition.

At Fort Sam Houston, Tom Goodloe, the AAFES general manager, requires daily surveys of 10 competitors to provide the best price possible. Using the survey prices, the AAFES price is then established at a price equal to the lowest price surveyed for each grade of fuel sold. Surveys are conducted and the daily price is set before store opening each day. Since off-post establishments may change their prices at any time during the day, price changes will be effective on post the following day.

It may come as a surprise that although merchandise purchased at AAFES is not taxed, Congress has mandated that AAFES must pay state and local motor fuel taxes, as well as underground storage fees. The state motor fuel taxes and other applicable fees paid by AAFES are included in the motor fuel price to customers.

The Department of Defense requires that AAFES prices be fair and competitive with the local community, yet allow enough income to cover operating expenses and generate funds for the Morale, Welfare and Recreation fund. Based on 2004 sales, more than \$1.75 million was returned to local Fort Sam Houston MWR initiatives.

(Source: AAFES)



Civilian retailer delivers copycat uniforms to unsuspecting Soldiers

DALLAS — While Soldiers await the arrival of the new Army combat uniform, the Army and Air Force Exchange and Army G-1 Uniform Policy Section are receiving numerous complaints regarding commercial retailers offering look-alike uniforms that do not meet the Army's specifications for quality and design.

"Some commercial outlets are aggressively appealing to Soldiers awaiting the arrival of the official ACU in January," said Maj. Rachel Danielson, Military Clothing Sales Store Army program manager.

AAFES has received complaints regarding commercial retailers delivering non-spec uniforms while representing themselves as an official MCSS. An Army Reserve staff sergeant who received a look-alike uniform advised of numerous problems.

"There was no NSN number on the label," wrote Staff Sgt. Grant Von Letkemann. "The top did not have a bel-
lowed back, the arm pockets did not have the IR square or the covering tab, there was no pen pocket on the left sleeve and the zippers were not as described in the PEO one sheet for the ACU. The bottoms did not have a draw string on the hip pocket, there were cinch straps on the

sides and no drawstring in the front. The flag was not the (correct) size ... I looked at the invoice and saw that there was no AAFES logo or letterhead. The invoice had the title 'Military Clothing Sales Store MCSS.'"

Army Regulation 670-1 states, "Soldiers purchasing uniforms, uniform items, or heraldic items from establishments other than the Army military clothing sales store must ensure the items are authorized for wear and conform to appropriate military specifications or are manufactured in accordance with the UQCP (Uniform Quality Control Program) or the heraldic quality control system."

"Soldiers and commanders are responsible for ensuring they are purchasing and wearing uniforms that are authorized for wear," Danielson said. "Unfortunately, a retailer falsely representing themselves as an AAFES MCSS can make it very difficult for troops to fulfill this responsibility."

AAFES MCSS stores are operated only on military installations. All AAFES-operated MCSS stores are listed by installation under the "store locator" link at www.aafes.com.

(Source: AAFES news release)

Smoke-free and courageous forever

Attend smoking cessation classes in the Health Promotion Center and learn how to find the courage to give up the nicotine habit forever, whether you smoke, dip or chew. Become one of our graduates and earn your "wings." Visit the Health Promotion Center, Room L31-9v, Brooke Army Medical Center, or call 916-3352 or 916-5538



Keep it green

Residents should water lawn regularly

Fort Sam Houston Family Housing, LP provides lawn maintenance to all of its residents. All unfenced areas in each neighborhood of housing are mowed and edged weekly; however, lawn watering is the resident's responsibility. The Texas heat will burn the grass if it is not periodically watered.

Fort Sam Houston abides by the San Antonio Water System water conservation guidelines. People should water their landscape with a handheld hose, sprinkler, soaker hose or a bucket not exceeding five gallons. SAWS conservation guidelines allow watering between the hours of 8 p.m. and 10 a.m. Wasting water or allowing water to run is prohibited at all times.

For more information, call Lincoln Military Housing at 270-7638.

(Source: Residential Communities Initiative)

Mexican forces wind up humanitarian mission

By Capt. Steve Alvarez
American Forces Press Service

KELLY USA, Texas — Not since the 1840s has the Mexican military flown its flag as a deployed military force in the United States, Mexican officials here said Monday — especially so close to the site of the famed battle of the Alamo where Texas volunteers fought the Mexicans in a bloody daylong clash.

On Sunday, the 184-person Mexican army contingent completed its 20-day long mission to provide relief to hurricane victims and relief workers from Katrina and Rita.

In a small ceremony here conducted by the Mexican consulate, the Mexicans ceremonially ended their mission.

"Our mission was very successful," said Maj. Cesar Nino. "We had a great rapport with the U.S. military."

Nino, a staff officer on the Mexican task force, said that relief workers and hurricane victims were very grateful for the aid the Mexicans provided. The Mexicans provided hot meals to evacuees and relief workers, and Mexican medical teams also deployed into local area hospitals to tend to the influx of evacuees who flooded San Antonio area hospitals.

The medical team comprised three doctors, three dentists, three nurses and three paramedics; conducted 134 medical evaluations; performed 526 medical consultations; provided 363 ambulatory nursing procedures; and medically evacuated 83 personnel during their hurricane relief mission.

"They were very busy here," Nino said as medical teams tore down their tents.

The Mexican army's field kitchen, a tractor-trailer turned into a kitchen, served 170,000 meals during their deployment here, the former Kelly Air Force Base. They also assisted in the distribution and management of more than 184,000 tons of supplies.

Mexican army Sgt. E. Flores was glad he got the opportunity to serve in the disaster relief effort.

"This was an important thing for us to do," Flores said. "It's historical and we were a part of it."

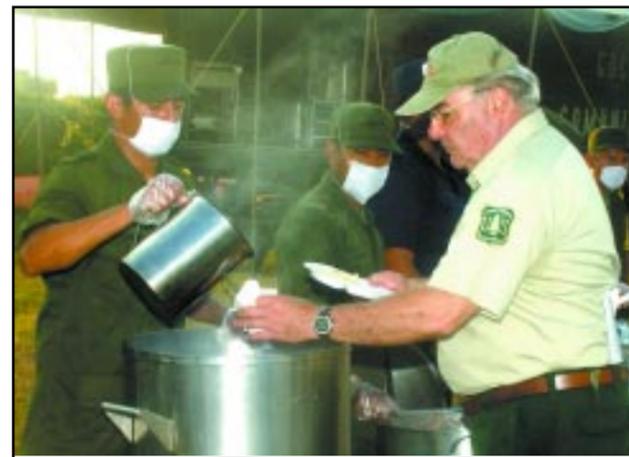


Photo by Alan Boedeker

Ed Wenger of the Forest Service from Florence, Wis., receives a hot breakfast from Mexican army soldier Cabo Toledo in San Antonio. The 184-person Mexican army contingent completed its mission Sunday to provide relief to hurricane victims and relief workers from Katrina and Rita.

Nino said many Mexican soldiers have family in the United States. "Some of our soldiers have family right here in San Antonio," Nino said. "So they were able to see their family while also serving here."

The Mexican army closed its camp at Kelly Tuesday.

Past behavior affects eligibility for information access

There are 13 guidelines used to determine an individual's suitability to have access to national security information or classified information and assignment to perform sensitive duties.

These guidelines were established by Presidential Executive Order 12968 in 1997 and are used by Department of Defense adjudicators who are responsible for determining eligibility to government information. The guidelines apply for all U.S. government civilian and military personnel, consultants, contractors and other people who require access to classified information whether being considered for initial or continued eligibility for access.

An individual's conduct is examined and considered in each of the following areas, which are the adjudicative guidelines upon which eligibility is based:

- Allegiance to the United States
- Foreign influence
- Foreign preference
- Sexual behavior
- Personal conduct
- Financial considerations
- Alcohol consumption

- Drug involvement
- Emotional, mental and personality disorders
- Criminal conduct
- Security violations
- Outside activities
- Misuse of information technology systems

These guidelines consider the overall allegiance, character, behavior and mental health of an individual. The adjudicative process is an examination of a sufficient period of a person's life to make a favorable determination that the person is eligible for a security clearance or access to sensitive government information. This process carefully weighs variables known as the whole person concept. Available, reliable information about the person, past and present, favorable and unfavorable, are considered in reaching a determination.

Just as each of these areas of an individual's conduct is measured, significant factors are used during the determination process to evaluate the relevance of an individual's conduct in relation to the guidelines. The

factors include nature, extent and seriousness of the conduct; circumstances surrounding the conduct, to include knowledgeable participation; frequency of the conduct; how recent was the conduct; individual's age and maturity at the time of the conduct; how voluntary was the participation; the presence or absence of rehabilitation and other pertinent behavioral changes; motivation for the conduct; potential for pressure, coercion, exploitation or duress; and, finally, the likelihood of continuation or recurrence.

Each adjudicative guideline not only details specific conditions that could raise a security concern and may disqualify an individual for eligibility, but each guideline also presents conditions that could mitigate that concern. This process is extremely important and is, essentially, a method of predicting the future based on the past. In other words, predicting an individual's future behavior and trustworthiness based on past behavior and trustworthiness.

Ultimately, the personnel security standard that must be applied to determine whether a person is eligible for access to

classified information or assignment to sensitive duties is whether, based on all available information, the person's loyalty, reliability and trustworthiness are such that entrusting the person with classified information or assigning the person to sensitive duties is clearly consistent with the interest of national security. The adjudicative guidelines are the standard method used to make that determination. Each case must be judged on its own merits, and final determination remains the responsibility of the U.S. Army Central Personnel Security Clearance Facility. Any doubt as to whether access to classified information is clearly consistent with national security will be resolved in favor of the national security.

For more information, call Frankie J. Hail, chief command security, at 221-1906, or the personnel security section at 221-0811, 221-2829 or 221-2628.

(Source: U.S. Army Garrison, Directorate of Plans, Training, Mobilization and Security, Command Security Office, Security Awareness Education and Training Program)

Need an ID Card?

The ID Card Office, located in Building 367, accepts appointments from 12:45 to 3 p.m., Monday through Friday. Walk-in hours are from 7:15 to 10:30 a.m. and 12:45 to 2:30 p.m., daily. To schedule an appointment, call 221-2278 or 221-0415. People can also obtain an ID card by appointment only at the Brooke Army Medical Center ID Card Office, located in the lower floor within the TRICARE Office. To schedule an appointment, call 916-0838.



Calling all unit commanders

Do you have new Family Readiness Group and key personnel in your unit?

Have your FRG leaders and unit liaisons attended Family Readiness Group training?

When was your last unit ongoing readiness briefing?

OpReady has the information your Soldiers' families need for success in the military.

To schedule your briefings at the unit or Army Community Service, or to reserve space in FRG leader training, call Jutta Aviles at 221-0946.

New manual sets recovery doctrine

By Tisha Johnson
Fort Leavenworth Public Affairs

FORT LEAVENWORTH, Kan. — The phrase “I will never leave a fallen comrade,” is part of the Warrior Ethos listed in the Soldier’s Creed, and now the publication of Army Field Manual 3-50.1, Army Personnel Recovery, makes the phrase more than just philosophy; it is now doctrine.

The manual was approved by the Army and published on the Army Knowledge Online Web site Aug. 10. Hardcopy manuals are currently being published and should be available soon, officials said.

Previous doctrine

Before August, the Army did not have a set doctrine governing personnel recovery, said Lt. Col. John Horton, doctrine author at Fort Leavenworth’s Combined Arms Doctrine Directorate.

“It was a combination of a couple of Army regulations that dealt primarily with SERE (survival, evasion, resistance and escape) and joint publications that talked about CSAR (combat search and rescue),” Horton said.

Contractors from Tate Incorporated and CADD personnel began working on the manual in September. The manual was released as an initial draft in February and the comments coming back from the field were extremely positive, Horton said. Combined Arms Center Commander Lt. Gen. William S. Wallace decided to go final with the manual.

Current doctrine

The new manual outlines personnel recovery as the effort to recover personnel who are “isolated, missing, detained or captured in an operation environment.” Recovery operations include military personnel, Department of Defense civilians and contractors. Multinational partners,

American civilians and the citizens of other nations may be included in personnel recovery efforts when directed by the secretary of defense.

The major change in doctrine is where the manual states: “Every Soldier and every sensor on the battlefield is woven into a seamless system as a part of our everyday operations and enables the immediate recovery of any personnel who are isolated, missing, detained or captured.”

The inclusion of every Soldier in personnel recovery is not a rewording of established publications and policies — it is a significant change, Horton said.

“The reason it is a significant change,” he said, “(is that) if we do have a problem that occurs, we now have a system in place that is understood from the individual level all the way to the commander level.”

In the past, personnel recovery was relegated to a dedicated force.

“Someone would have to say, ‘Hey, we have somebody that is still out there. Go get them,’ and that dedicated force would go do it,” Horton said.

The new procedure energizes the personnel recovery system as soon as an isolating event is detected, enabling immediate recovery and fewer problems, Horton said.

Why the change

A quote from Army Chief of Staff Gen. Peter J. Schoomaker in the FM’s first chapter overview sets the tone for the rest of the publication: “We need to focus on Soldiers being able to take care of themselves, then able to take care of their buddies, then able to take care of their larger team ... It’s all part of the Warrior Ethos: Place the mission first, never accept defeat, never quit, and never leave a fallen comrade.”

“Our Soldiers need to know that we’re not going to leave them out there, that we are coming for them,” Horton said.

During a personnel recovery conference, former prisoner of war Sgt. James Riley spoke about the ambush on the 507th Maintenance Company on March 23, 2003, in Iraq.

“One of the things he said was that he didn’t think anyone was coming for him,” Horton said. “And here we are, America’s Army and a young NCO didn’t think anyone was coming for him.”

Horton said that everyone is taking a sharper view of Warrior Ethos.

“You’re going to see it with reintegration as well,” Horton said. “Just because we recover a Soldier, it doesn’t stop there. When that Soldier comes home and goes through his rear detachment, the personnel recovery mechanism is still doing a bunch of things to help reintegrate that Soldier, to make sure that he’s taken care of.”

Some of the current manuals do not address reintegration, Horton said.

“The Army is becoming smarter about it and the education and training will help drive these things home,” he said, “(and) continue to bring the Warrior Ethos ideas to a solid end.”

How it is being implemented

Horton said CAC is currently working on the education and training for personnel recovery.

“The training will start with the individual Soldier at all initial entry training,” he said. “That’s for officers and enlisted personnel.”

The chain teaching program is slated to begin in November and the initial entry training will start in January, Horton said. The instruction is synchronized so the new Soldiers will be trained at the same time as the leadership.

Horton said the training is not limited to Soldiers.

“The Army has the responsibility to recover contractors and civilians so we’re having to develop the same types of programs for them as well,” he said. “You’re going to see a tightening of requirements as we go along ... contractors will have to maintain certain training before their folks are allowed in theater.”

The process will continue to evolve as personnel recovery continues to evolve, Horton said. And the training will not stop at initial entry; it will continue throughout an individual’s career. Also, a dedicated personnel recovery officer will be in every unit down to the brigade level to oversee the execution and upkeep of training.

“Some units have taken it down to the battalion level, that’s how critical they see it,” Horton said.

As important as the training is, the doctrine had to come first, Horton said.

“Without it,” he said, “we wouldn’t be able to do anything.”

Barbecue celebrates Fisher House founder's birthday, CFC kick off

Story and photos by Esther Garcia
Fort Sam Houston Public Affairs Office

Fisher House staff and volunteers celebrated the birthday of the founder of the Fisher Houses, Zachary Fisher, born Sept. 26, 1910, with a barbecue Monday. The event also kicked off the Fisher Houses Combined Federal Campaign.

The barbecue featured music by the Army Medical Command Band and special performance by singer Jordan Leigh.

"This barbecue is to thank the people of Fort Sam Houston, Brooke Army Medical Center and Combined Federal Campaign who support the Fisher Houses," said Inge Godfrey, Fisher House manager.

"Since BAMC began receiving casualties from the war on terrorism, the Fisher House has partnered with us every step of the way," said Brig. Gen. James K. Gilman, commander, Brooke Army Medical Center, during his opening remarks. "The Fisher House has housed the family members whose loved ones were undergoing treatment, helping both the military member and his or her family make it through a very difficult time."

Since 1990, Fisher Houses have been serving



Col. Carlos Angueira, deputy commander, Brooke Army Medical Center, and Delores Edwards, slice the cake celebrating Zachary Fisher's birthday Monday at the Fisher House on post. Edwards was also celebrating her birthday that day.

military families during times of medical crisis. The Fisher House Foundation Inc. builds the homes, and gives them to the military services and the Veterans Administration.

Fisher Houses are temporary homes built within walking distances of the hospital. The Fisher House staff is mostly volunteers who help care for family members who stay at these homes while their loved ones are being treated at the hospital.

Fort Sam Houston currently has two Fisher Houses on the post while Lackland Air Force Base has three. Each home averages eight rooms. Two more Fisher Houses, with a completion date of January 2007, will be built on Fort Sam Houston and each house will contain 21 rooms.

Fisher died June 1999, but his nephews Arnold and Tony Fisher, and his great-nephew, Ken Fisher, continue to build Fisher Houses and carry on Fisher's legacy of helping military men and women and their families.



Brig. Gen. James Gilman, commander, Brooke Army Medical Center, presents Charles Brame, Red River Valley Fighter Pilots Association, a plaque thanking the association for their numerous contributions to the Fisher Houses.



Jordan Leigh performs an emotional song dedicated to the Soldiers serving in Operations Iraqi and Enduring Freedom called, "Soldier I Thank You." Leigh's brother died while serving in Iraq.

SPORTS

SPORTS BRIEFS . . .

32nd Medical Brigade Challenge

The 32nd Medical Brigade will conduct its Brigade Challenge Oct. 15 from 10 to 11:30 a.m. at Fort Sam Houston's BG Johnson Field. The event includes three phases: formation, competition and awards ceremony. Competitive events include cadre push-ups, tug-of-war and a relay race; the awards ceremony will immediately follow the final event. Morale, Welfare and Recreation will award T-shirts to the first place finishing teams in all events. Trophies will be awarded to the first place battalion and the top company overall. MWR will sponsor food vendors, children's games and horse rides.

Fort Sam Houston Golf Club Championship

The Fort Sam Houston Golf Club will sponsor its annual Club Championship Oct. 22 and 23. This 36-hole stroke play event is open to all golf club members, active duty military, their families and Department of Defense employees and contractors assigned to Fort Sam Houston. The event will be played on La Loma and the Salado Del Rio golf courses, with the starting time scheduled for 8 a.m. and shot-gun start on both days. Interested golfers can register in the Pro Shop from 7 a.m. to 7 p.m. daily. The registration fee is \$60 for members and \$80 for nonmembers. This fee includes golf carts, green fees (if applicable), prizes and an awards banquet following the tournament.

Golf association seeks new members

The Fort Sam Houston Women's Golf Association is looking for new members. All eligible women golfers are invited to join. The association, which plays Tuesday mornings, offers both a 9-hole group and an 18-hole group. For more information on the first group, call Barbara Rhea at 490-2727, and for the second group, call Nita Whiting at 653-0418.

NDTA annual golf tournament

The San Antonio Chapter of the National Defense Transportation Association will sponsor its annual scholarship golf tournament Friday. Prizes include \$10,000 for a hole-in-one. For more information, visit http://home.att.net/~alamondta/golf_flyer2005.htm.

Opportunity for volleyball players

The Goodwill Ambassadors are currently accepting applications for high school age volleyball players, in the United States and Canada, to participate in the July 2006 Goodwill Ambassadors volleyball exchange to Europe. Members of this team will represent their country, community and the Goodwill Ambassadors teams in volleyball tournaments and local competitions in London, Paris, Venice and Rome. The program is open to boys and girls ages 15 to 20 years old. For more information, call (425) 255-8102 or visit www.volleyballtours.com.

NCAA football teams invite military to games

The Trinity University Tigers invite service members to attend games this season. The games and parking are free, but parking is limited. See the schedule by visiting the Trinity University football Web site at www.trinity.edu/departments/athletics/Football. If an organization would like to present the colors or perform another service during a Trinity home game, call Navy Lt. Brian Haack at 221-0434 or e-mail brian.haack@samhouston.army.mil.

Football officials needed

The North America Junior Football Federation is looking for football officials for the upcoming season. For more information, call Charles Scroggins at 221-3185 or 363-1637.

Intramural Fall Softball Standings

as of Sept. 22

Team	W	L
264th Med. Bn.	9	1
USARSO	6	2
Fifth Army	6	2
DMRTI	4	4
Fire Department	4	6
D, BAMC	3	6
Baylor	0	8
BAMC (dropped)	3	6

Be aware of post safety regulations



People are prohibited from running on Stanley Road, Dickman Road, Artillery Post Road, Wilson Road, Scott Road, North New Braunfels Road, Harry Wurzbach Road, Schofield Road, Roger Brooke and Binz Engleman. However, runners may run on sidewalks or on the grass on these roads.

A few running safety tips include:

- If walking or running during hours of darkness, carry a flashlight to shine on the sidewalk in front of you.
- Wear light or reflective clothing; stay out of the roadway and be alert to traffic.
- Carry your own identification: name, address, a friend or relative's telephone number. Make sure your friends or relatives know your favorite running routes.
- Run in familiar areas.

- Avoid unpopulated areas, deserted streets and overgrown trails.

- Don't wear headphones.

- Run against traffic and keep the approaching automobiles in view.

- Wear reflective material if you must run during the hours of darkness. Soldiers running in a formation or individually during limited visibility, to include hours of darkness, will wear reflective vests or belts (worn diagonally from right shoulder to left hip) as part of the PT uniform. Commanders are responsible for ensuring that running formations have adequate visibility while conducting PT formations on post.

For more information and the safety-training calendar, visit the Installation Safety Office Web site at www.cs.amedd.army.mil/iso.

For assistance, call Guadalupe Gomez at 221-3866 or e-mail Guadalupe.Gomez@CEN.AMEDD.ARMY.MIL.

TROOP SALUTE



187th Medical Battalion



Officer of the Week

Name: 2nd Lt. Robert Weber

Unit: A Company

MOS: 70B, health services administration

Hometown: Westerville, Ohio

Time in service: Four months

Reason for joining: I always wanted to serve in the military. ROTC was the way to go.

Latest accomplishment: Completed a bachelor of arts in history at Capital University and volunteered to support the victims of Hurricane Katrina



Soldier of the Week

Name: Pvt. William Fow

Unit: B Company

MOS: 91K, medical laboratory specialist

Hometown: Miami, Fla.

Time in service: Eight months

Future goals: To graduate as a 91K

Reason for enlisting: To serve my country

Latest accomplishment: Passing third block of microbiology

232nd Medical Battalion



Soldier of the Week

Name: Pvt. Joshua B. Mathis

Unit: F Company

Hometown: Port Byron, Ill.

Future plans: Finish getting my bachelor's degree in bio-chemistry, become an officer and join the active reserves.

Reason for joining: For more background experience for a career in medicine and to give back to the nation



Junior Leader of the Week

Name: Pvt. Mark D. Montgomery

Unit: F Company

Hometown: North Ogden, Utah

Future plans: To graduate from college and pay off my truck and motorcycle

Reason for joining: Lack of jobs back home and for the benefits the Army offers



Spotlight your unit

The Public Information Office welcomes articles, photos or story idea submissions for the Fort Sam Houston News Leader.

To submit a story or idea or for more information, call 221-0615, e-mail news.leader@samhouston.army.mil or stop by the office in Building 124 (second floor).



Photos by Yolanda Hagberg

Salute, respect 'Old Glory'

(From left), Sgt. 1st Class Hans Felix and Sgt. 1st Class Winston Nicholson, of the NCO Academy, ensure Cub Scouts Tyler Trischetti, DJ Andrews, James Rahmari and Joshua Orosco handle the flag with proper respect during the flag folding portion of the customs and courtesies demonstration Sept. 22. Cub Scouts from Pack 23 learned that when the flag is lowered, no part of it should touch the ground or any other object; it should be received by waiting hands and arms.



(Left) Sgt. 1st Class Robbie Mack, assigned to the NCO Academy, shows Maurice Lattimore, of Cub Scout Pack 23, the proper way to render a hand salute during a rehearsal before conducting retreat at the main flagpole Sept. 22. Soldiers assigned to the NCO Academy were on hand to help teach the Cub Scouts flag etiquette, history and proper way of folding the flag during retreat.



(Right) Sgt. 1st Class Luis Velasquez gives Eddie Hewitt very precise instruction on how to fold the flag during a demonstration hosted by the NCO Academy Sept. 22. The demonstration introduced Cub Scout Pack 23 to the duties and responsibilities associated with handling the U.S. flag and enabled the scouts to earn their citizenship badge.

Use your head . . .

Children on post are required to wear safety helmets when riding a bike, skateboard or scooter.



WOULD YOU LIKE TO LIQUIDATE YOUR CREDIT CARD DEBT?

IT CAN HAPPEN.

The Financial Readiness Program at Army Community Service offers this service. For more information, call 221-1612.



Ammunition supply closures

The Fort Sam Houston Ammunition Supply Point will be closed on the following dates for inventory in 2006: Jan. 9 to 13, March 27 to 31, June 26 to 30 and Sept. 11 to 15. For emergency requests, call Vanessa C. Alford at 221-1065 or 669-5173.



Fort Sam Houston's new chief petty officers are all smiles after their promotion. The promotees are (from left) Gunner's Mate Chief Moses Arredondo, Master at Arms Chief Susan Worden, Mineman Chief Bradley Caven, Boatswain's Mate Chief Jose Govea, Aviation Boatswain's Mate (Fuels) Chief Vincente Ramirez, Hospital Corpsman Chief Erick Vazquez, Hospital Corpsman Chief Rudy Medina, Navy Counselor Chief Jackie O'Kelley, Sonar Technician Chief Ben Pierson and Electronics Technician Chief Troy Griffith.

Navy promotes 10 Sailors to chief petty officer

Story and photo by Journalist 1st Class Erin Perez
Navy Recruiting District San Antonio

Navy Recruiting District San Antonio and Navy School of Health Science promoted 10 Sailors to chief petty officer in a combined ceremony at the Sam Houston Club Sept. 16.

Promotion to chief petty officer (E-7) is a major milestone in an enlisted Sailor's career. Hand-picked from eligible first class petty officers Navy-wide, Navy chiefs are the leaders and mentors of young Sailors throughout the Navy. "Ask the Chief" is a term used by officer and enlisted alike when they need the right answer, right now.

Navy Recruiting District San Antonio promoted Gunner's Mate Chief Moses Arredondo, Mineman Chief Bradley Caven, Boatswain's Mate Chief Jose Govea, Electronics Technician Chief Troy Griffith, Navy Counselor Chief Jackie O'Kelley, Sonar Technician Chief Ben Pierson, Aviation Boatswain's Mate (Fuels) Chief Vincente Ramirez, and Master at Arms Chief Susan Worden.

The Naval School of Health Science promoted Hospital Corpsman Chief Rudy Medina and Hospital Corpsman Chief Erick Vazquez.

"I couldn't believe it when I found out I made

it," Caven said, "but I'm looking forward to the challenge. I've had a lot of chiefs in the past help me out, and now that I've been through the training and see where they were coming from, it finally clicked. We are there to make sure things are done the way they are supposed to be done by training the junior officers and the junior sailors."

The traditional "pinning ceremony" is a culmination of six weeks of intensive training and mentoring by members of the chief petty officer community. Chief's training ensures there is a smooth transition from first class petty officer to chief petty officer and individuals fully understand and are ready to shoulder the responsibilities of the Navy's elite senior enlisted community.

"They deserve it," said Operations Specialist Chief Carl Bell. "They successfully participated in the training, and they learned a lot about what's required of a chief. I believe they'll do the community proud."

Fitting 112 years of tradition into a 45-minute ceremony was a tight stretch, but Fort Sam Houston chief petty officers and their 10 new members created an atmosphere of pride, honor and service that exemplified the Navy Core Values of honor, courage and commitment.

Warrant officers needed

A warrant officer recruiting team from Headquarters, U.S. Army Recruiting Command, Fort Knox, Ky., will conduct information briefings at Fort Sam Houston Oct. 11 and 12 at 9:30 a.m., 11:30 a.m. and 1:30 p.m.; and Oct. 14 at 9:30 and 11:30 a.m. at Building 2263, 1706 Stanley Road. The team will discuss warrant officer qualifications and application procedures. For more information, call Master Sgt. David Best at 295-0645, DSN 421-0645 or e-mail david.best@sam-houston.army.mil; or visit www.usarec.army.mil/warrant.

Accident Avoidance Training

A privately owned vehicle Accident Avoidance Training class will be offered Oct. 6 from 8 a.m. to noon in Building 902. The course meets the requirement for military personnel under age 26 to take a minimum of four hours of classroom instruction in traffic safety. Commanders and supervisors are encouraged to send personnel who have been convicted of a serious moving traffic violation or have been determined to have been at fault in a traffic accident. The course is also open for civilian personnel. Future classes will be offered Oct. 20, Nov. 3 and 17, and Dec. 1 and 15. To register, call Mitch Geary at 221-3824 or e-mail Mitchell.geary@samhouston.army.mil.

New portal offers access to education anytime, anywhere

The Army Continuing Education System is undergoing a transition that will put college education at Soldiers' fingertips anytime, anywhere through the use of a new ACES portal.

This change is being driven by a dual need to reduce manpower at Army education centers while improving access to education for an increasingly mobile Army.

Starting April 1, active duty Soldiers will be able to use the Internet to register for courses at most of the colleges and universities commonly attended by Soldiers. Soldiers will be able to use their tuition assistance benefits to pay for courses without visiting an ACES counselor prior to each course enrollment. The ACES portal will have self-service features, such as the ability to search an integrated course catalog and class schedule to register for classes from any computer with Internet access.

The self-service features will help Soldiers identify courses that will advance them toward their degree and view their TA balance for the year. They will also be able to review their individual degree plan, student record, course history, grades and other information necessary to reach their educational goals. In addition, the ACES portal will enable students to withdraw from classes

or to request military withdrawals, resolve recoupments and holds, and request reimbursements for those courses not offered through the portal.

The new ACES portal is being released in two phases: Phase A on Saturday and Phase B on April 1.

With the Phase A launch, students will have access to register for eArmyU courses that advance them toward their degree if they have completed at least nine semester hours of TA-funded coursework, taken a course in the past two years and maintained a grade point average at or above a 2.0.

Students who do not wish to enroll in eArmyU courses can continue to pursue a degree with their home institution and obtain TA for classes as normal.

Phase B will be the launch of the new ACES portal at www.eArmyU.com.

eArmyU offers more than 2,900 online courses from 29 colleges and universities. Textbooks, Internet Service Provider and online tutoring services are included in the cost of tuition for eArmyU courses. Through eArmyU, Soldiers have the opportunity to earn a certificate, associate, bachelor or master's degree from a home institution while taking courses from multiple colleges and universities.

For more information, visit <http://www.eArmyU.com>.

(Source: ArmyU Student Support Services)

Ethics training

Ethics training for U.S. Army Medical Department Center and School and Fort Sam Houston Garrison units will take place Oct. 6 and 21 at 9 a.m. in Blesse Auditorium, Building 2841. The training takes about one hour. The Secretary of the Army requires every Soldier and civil service employee to attend ethics training annually. The staff judge advocate and officials from the AMEDDC&S and post will present the training and maintain sign-in rosters for commanders and supervisors to verify attendance of their employees. People can access the sign-in rosters by opening the Adobe Acrobat Reader and the SJA ethics roster folder on the G drive. For more information, call Gerald Krimbill, Shelby Tanner or Capt. Brian Underdahl at 221-2373 or 221-0485.

Camp Bullis User's Conference

Camp Bullis will host its fifth User's Conference Nov. 16; registration will be from 7:30 to 8 a.m. at the Camp Bullis theater, Building 5900. The conference will be from 8 a.m. to 5 p.m., ending with a bus tour of Camp Bullis, ranges and training areas. Outdoor Recreation will provide snacks in the morning and a barbecue lunch at the hunting headquarters for \$3.50. Classes include wetbulb, risk assessment, scheduling, range control briefing and a range certification class. For more information, call Ron Lane, Camp Bullis operations, at 295-7592 or 295-7633 or e-mail ronald.lane@samhouston.army.mil.

Hispanics paving the way . . .



"The keys to success are education and having values. Education will create many opportunities for anyone with the desire to excel and become successful in life. I encourage everyone to gain mental strength through education. Living the values given to you by your parents, or developing your own, will open many doors as you walk down the road of life. You will be respected and admired."

Command Sgt. Maj. George Nieves
Command sergeant major, Fifth U.S. Army



"The key to success is being an effective listener. We must have an open mind and heart; particularly at the senior level where we find ourselves constantly looking for a better way to assist our Soldiers, family, the organization and the community."

Command Sgt. Maj. Pedro Class
Command sergeant major, U.S. Army Garrison



"The key to success is to ensure you make everyone know they are important and their issues and concerns are valuable to you and the organization. Always offer to assist with a smile!"

Monica Arzola
Secretary of the general staff, Army Medical Department Center and School



"The key to success is to treat people fairly, equitably and never deviate from the established standard when performing the mission."

Col. Carlos Angueira
Deputy commander, clinical services, Brooke Army Medical Center



"In today's world, the keys to success are an education combined with a willingness to change, hard work and tenacity. Having a commitment to your goals, a compassion for people and lots of fun, make attaining your success worthwhile."

Gloria Davila
Associate superintendent, Fort Sam Houston Independent School District



"The key to success is having a passion for whatever your focus in life is. This requires being as knowledgeable as possible in that particular field(s) of action. I would also add that listening to others with an open mind helps achieve success."

Robert Appin
Deputy director, public affairs, U.S. Army South



Photos by Elaine Wilson

Melin Manrique and Alexander Demonte, from Soul 2 Sole Dance Company, get into the beat while demonstrating various Latin dances. "I liked the merengue the best because I'm from Panama," said Drill Sgt. M. Fields.



Melin Mandrique, from Soul 2 Sole Dance Company in San Antonio, pulls a Soldier from the audience on stage for a Latin dance.



Col. Richard Agee, chief of staff, Army Medical Department Center and School, shows off his Latin dance moves with Lisa Vargas, from the Semeneya Dance Studio.

Latin dancing spices Hispanic heritage celebration



Lee Rios and Lisa Vargas, from Semeneya Dance Studio in San Antonio, demonstrate various Latin-style dances for a packed audience during Fort Sam Houston's Hispanic Heritage Month celebration Sept. 22 at the Roadrunner Community Center. The theme was "Strong and Colorful Threads in the American Fabric."



Sgt. 1st Class Michelle Jones, equal opportunity adviser for the Great Plains Regional Medical Command, helps out on the serving line. Several Soldiers from units throughout post volunteered to prepare and serve plates to attendees.



The local band, Escape, entertains the audience with salsa, merengue and cumbia music prior to the dance demonstration.



Michael Waldrop, deputy to the U.S. Army Garrison commander, welcomes the crowd to the Hispanic Heritage Month celebration. He urged people to "take time to learn about the diverse culture and the many contributions of Hispanic Americans in the past and those still contributing today."



A Soldier serves lunch during the post Hispanic Heritage Month celebration. The lunch featured Puerto Rican food.

Job seekers



Photos by Randy Norman



(Above) Russ Lane, Army Career Alumni Program transition service manager, speaks with Frost and Sullivan, one of the employers who participated in the San Antonio Military Community Job Fair Sept. 21. More than 115 employers and 1,150 job seekers attended the job fair sponsored by the Texas Workforce Commission, Fort Sam Houston ACAP, Lackland Air Force Base and Randolph AFB.

(Left) A service member finds out about job opportunities from a border patrol agent at the San Antonio Military Community Job Fair Sept. 21. The San Antonio Military Community Job Fair is held twice per year at the Live Oak Civic Center. The next job fair will be March 22. For more information, call the Army Career Alumni Program at 221-1213.

Permanent ink: Tattoos can be source of infection, disease

Capt. Heidi Whitescarver
Wuerzburg Army Community
Hospital

WUERZBURG, Germany — Tattoos seem to be all the rage. Men and women alike are getting tattoos in record numbers, even teenagers.

So what is the harm? Infection is a serious complication associated with tattooing. When people get a tattoo, in essence they allow someone to create an open wound on their body and inject it with ink.

Since the process draws blood to the surface of the skin, recipients are at risk of acquiring an infectious disease. The use of non-sterile equipment and needles can transmit infectious hepatitis. Once a person has hepatitis, it could be for life.

People commonly have staphylococcal bacteria, or "staph," on their skin. Through the process of tattooing, the skin is broken making an entry path into the tissue for bacteria to grow and cause infection.

Treatment is not always as simple as going to the clinic and getting a prescription for antibiotics. Some infections with staph bacteria are resistant to powerful antibiotics. One of these is methicillin resistant staphylococcus aureus, or MRSA. If infected with these bacteria, treatment may include a hospital stay for intravenous antibiotic therapy.

Infectious abscesses may also form. These cases require surgical drainage of accumulated pus.

Other tattoo problems include allergic reactions from the pigments used in the ink. In the United States, none of the color additives approved for use in cosmetics are approved for injection into the skin. So, there is no such thing as "hypoallergenic" tattoo ink. People just take the risk that they won't have an allergic reaction.

Keloid formation is another potential risk of tattooing. Keloids are raised, firm, excessive scars



Photo by Rudi Williams

If people change their mind about a tattoo, large, professionally done multicolored tattoos can take a dozen or more laser treatments to remove.

that form following an incision, wound or injury.

According to the Food and Drug Administration, the No. 1 problem with tattooing is dissatisfaction. Skin stretches and sags over time from loss of elasticity causing tattoos to lose their appeal.

Also, the artwork people decide to wear permanently when they are 21 may not be the same when they are 41. Removing a tattoo may be expensive and may leave a scar.

If determined to get a tattoo, people should keep a few tips in mind:

- Make sure the tattoo artist uses sterile equipment. Showing someone the needle in a metal dish that looks like it came from a hospital is not enough. The customer should see the artist remove it from the sterile plastic packaging.

- The artist needs to wear disposable exam gloves, just like

the ones used by medical professionals.

- The artist should use a sterile disposable ink well; the customer should also see this removed from sterile packaging. Since the needle is piercing skin and drawing blood, the blood will mix with the ink. If the ink well has been used for another customer, the recipient risks being infected with whatever germs the last person had.

- It is the customer's right to ask about the artist's procedures. If the artist is hesitant to discuss this, go somewhere else.

Once at home, people should treat their tattoo like a wound. People may initially need to keep it covered with sterile gauze if it is oozing blood or serum. Keep the wound clean by washing it gently with soap and warm water, and apply a thin layer of antibiotic cream, provided there is not an allergy to it.

If the new tattoo is infected — it will have a rise in pain and redness or swelling at the site, pus drainage (thick, smelly liquid that appears after the first day) — or if there is a fever above 99.9 degrees, seek advanced medical treatment.

Army regulation for tattoos

"Tattoos or brands anywhere on the head, face and neck above the class A uniform collar are prohibited.

"Tattoos or brands that are extremist, indecent, sexist or racist are prohibited, regardless of location on the body as they are prejudicial to good order and discipline within units."

For the complete tattoo policy, reference Army Regulation 670-1, Wear and Appearance of Army Uniforms and Insignia.

Akeroyd Blood Center urges donors to give '5 in '05'

The Akeroyd Blood Center challenges eligible blood donors to give five donations during 2005 during its "5 in '05" campaign.

Participating donors will receive a "5 in '05" card and be recognized at a special ceremony at the end of the year.

To donate, call the Akeroyd Blood Center at 295-4655 or 295-4989 or stop by the center at 1240 Harney Road between 7:30 a.m. and 3 p.m. weekdays.



HIGH SCHOOL NEWS

Cole students celebrate homecoming

Story and photo by retired Lt. Col. Robert E. Hoffmann
Cole Jr./Sr. High School

Cole Jr./Sr. High School ended Homecoming Week Friday with a giant celebration. Not only did they celebrate the resounding victory over the Center Point Pirates 48-0, but also the crowning of the 2005 Homecoming King and Queen.

Beatrice Langford, daughter of Lt. Col. Evelyn and David Langford, was crowned 2005 Homecoming Queen. She is an honor roll student, earning A-B averages in all the pre-advanced placement and advanced placement courses she is taking. Beatrice plans to play volleyball in college, hopefully on an ROTC scholarship, and become a volleyball coach. Her goal is to be a member of the U.S. Women's Olympic Volleyball Team. Beatrice was selected from a royal

court that included Elizabeth Bagg, Amanda Bray, Amy Rarig and Meghan Rinehart.

Anson Brantley, son of Chris and Angela Casey, was crowned 2005 Homecoming King. He is an all-around athlete, playing football, basketball and track and field, where he qualified for regional finals in the long jump in 2004-2005. Anson plans to be active in the Army Reserves, play football in college and become a coach or physical trainer. Anson was selected from a royal court that included Jake Buchanan, Robert Davis, Cody Oswald and James Raymond. Students celebrated Homecoming "Spirit Week" Sept. 19 through Friday, which provided students an opportunity to get fired up for the Friday night football game and student royalty coronation with different daily activities.

Monday was "put the Pirates to sleep with your pajamas" day. Students wore pajamas, big fuzzy slippers and other crazy sleepwear.

Tuesday was "opposite" day, the most outrageous of all the week's activities. Students reversed gender roles and dress.

Wednesday was "uniforms and blind the Pirates with your bling" day. Students wore varying uniforms and their "blings."

Thursday was "wacky-tacky" day, where students wore outrageously unmatched outfits. Finally, Friday was "green and gold" day. This being the day of the game, the entire student body and staff and faculty wore school-associated attire and colors, and attended a raucous pep rally in the Cole gym.

The Homecoming dance was postponed due to the threat of Hurricane Rita and has been rescheduled for Saturday.



2005 Homecoming Queen Beatrice Langford and Homecoming King Anson Brantley are all smiles after being crowned at the Homecoming game Friday.

Cole Sports Update

Cougars scuttle two sets of 'bucs'

Big plays and big "D" (defense) were the name of the game this past homecoming weekend at Cole High School's Cougar Stadium. Posting its second straight shutout, the varsity football team routed the Center Point Pirates 48-0 Friday. Erin Simmons and Sha Cameron each rushed for three touchdowns, as the Cougars needed only five first downs to post the victory.

The Cole junior varsity squad shut out the Lytle Pirates 30-0 Sept. 22. Capped off by a 65-yard bomb from back-up quarterback Patrick Newcomer to Freddie Polite, the Cougars totally dominated the game.

Lady Cougars start district competition

The Cole High School ladies' varsity volleyball team won their district 27-2A opener Sept. 20 by beating Comfort three games out of four: 26-24, 16-25, 25-21 and 25-21.

Outstanding performers were Beatrice Langford with eight digs, 1.5 blocks, 15 kills and seven aces and Alysha Saddler with seven kills and two blocks. Other outstanding performances came from Michelle McClendon with seven kills, Jaimie Siegle with six assists, Vazia Graham with 10 assists, Kat Teeter with five digs, Allison Erickson, Lindsey Saddler, Leah Morris and Anne Cenney.

The Lady Cougar varsity volleyball team defeated Johnson City three games to zero Friday at Moseley Gym. Alishia Saddler and Bea Langford again led the way with outstanding performances.

Fort Sam Houston Independent School District

Weekly Campus Activities
Monday to Oct. 7

Fort Sam Houston Elementary School

G.A.T.E. testing all week

Wednesday

Early dismissal - kindergarten to fourth grade, 2 p.m.

Early dismissal - fifth and sixth grades, 2:30 p.m.

Oct. 7

End of first nine weeks

Spirit Day

Robert G. Cole Jr./Sr. High School

Tuesday

Volleyball vs. Navarro at Cole, 5, 6 and 7 p.m.

Oct. 6

Junior varsity football vs. Johnson City at Cole, 6 p.m.

Oct. 7

End of first nine weeks

Varsity football at Johnson City, 7:30 p.m.

Oct. 8

Comfort Cross Country Meet at Hermann Sons Camp, TBA

Volleyball at Johnson City, TBA

Fall play weekend rehearsals in Room 500, 1 to 3 p.m.

ELEMENTARY SCHOOL NEWS

Fort Sam Houston Elementary honors teacher

By Dr. Kathy Maxwell
Fort Sam Houston Elementary

To teachers and administrators in the education community and to parents in the Fort Sam Houston community, Fort Sam Houston Elementary is known for its quality educational programs and outstanding staff. For the past several years, the school has earned the highest ratings in the Texas Public School Accountability System.

For the teachers, the support staff and auxiliary employees, however, Fort Sam Houston Elementary is like a home away from home. When staff members experience challenges, the staff responds with compassion and support.

Gina Frederickson, special education teacher, was diagnosed with breast cancer during the last school year. Her doctors prescribed a double radical mastectomy. Since the operation, Frederickson has received two complete rounds of chemotherapy and radiation treatments.

"Gina has shown remarkable strength and a positive attitude," said Jayne Hatton, Fort Sam Houston



Photos by Dr. Gloria Davila

Gina Frederickson stops to answer questions from second grade students in Andrea Hicks' classroom.

Elementary principal. "She is a role model for us all. We expect her to continue teaching and helping our students with special needs."

When the staff received news of Frederickson's illness last year, the staff rallied around her with encouragement, support and assistance. Richard Villareal, custodian, coordinated an effort to provide Frederickson and everyone a bright apple-green T-shirt with "Gina's Groupies" in hot pink letters.

Many staff members participated in the Susan B. Komen San Antonio Race for the Cure or donated funds last April in honor of Frederickson. The Fort Sam Houston Elementary runners were very visible as they wore the famous green and pink T-shirts. Since the operation, the staff has worn the T-shirts every Wednesday. Support of every type has been provided to Gina and her family since last year.

"I am doing very well. I feel good and energetic," Frederickson said. "Everyone here at the school has been wonderful with their support and their encouragement. The students I work with give me a lot of energy."

Last week, in honor of Frederickson's completion of radiation treatments, the staff hosted a victory celebration. Everyone wore pink and green.

October is National Breast Cancer Awareness Month. For more information, visit <http://www.nbcam.com/>.



Andrea Hicks (left), second grade teacher at Fort Sam Houston Elementary, gives Gina Frederickson last minute instructions before she begins to assist the students with lessons.

RELIGIOUS HAPPENINGS . . .

Contemporary Protestant service

The search is over for an exciting worship opportunity on Fort Sam Houston. Contemporary Protestant service begins Sunday with Sunday School for all ages at 9:30 a.m. and worship service at 11:01 a.m., followed by a meal at noon. The service will feature a praise band, message and family-friendly atmosphere. A nursery will be provided and dress is casual. All programs will be held at the Installation Chaplain's Office, Building 2530, on Funston Road next to Burger King. For more information, call Chaplain Yvonne Hudson at 295-2096.

PWOC daytime Bible study

The daytime Protestant Women of the Chapel group meets every Wednesday from 9:30 to 11:30 a.m. at Dodd Field Chapel. The studies for the fall semester include "Thirty Days to Understanding the Bible" by Max Anders, "The Five Love Languages of Children" by Gary Chapman, "Falling in Love with Jesus" by Dee Brestin and Kathy Troccoli, "Bible Book Study—John" by Kristi Robinson, "That the World May Know" by Ray Vanderlaan and Focus on the Family. For more information, call Lois Griffith at 226-1295. Free childcare will be provided, and all women from the Fort Sam Houston community are invited to attend. For more information, visit www.samhouston.army.mil/chaplain/womensministry.

INTERFAITH CALENDAR . . .

Tuesday - Ramadan begins** (continues through Nov. 3) – Islam; ninth month on the Islamic calendar, devoted to the commemoration of Muhammad's reception of the divine revelation recorded in the Quran. The event begins when authorities in Saudi Arabia sight the new moon of the ninth month. It is the holiest period of the Islamic Year. There is strict fasting from sunrise to sunset.

Tuesday to Wednesday - Rosh Hashanah* - Jewish New Year; it is a time of introspection, abstinence, prayer and penitence. The story of Abraham is read, the ram's horn is sounded and special foods are prepared and shared.

12 - Dasera** - Hindu festival celebrating the victory of Goddess Durga over the demons.

12 - Confucius Birthday - Chinese religions

13 - Yom Kippur* - Jewish Day of Atonement. This holiest day of the Jewish year is observed with strict fasting and ceremonial repentance.

18 to 24 (18 to 19 Primary Obligation days) - Sukkot * - Jewish Feast of Tabernacles which celebrates the harvest and the protection of the people of Israel as they wandered in the wilderness dwelling in tents.

20 - Birth of the B'ab* - Baha'i honoring of the founder of the Babi religion, forerunner to Baha'u'llah and the Baha'i faith.

20 - Installation of Scriptures as Guru Granth - Sikh

25 - Shemini Atzeret* - Jewish completion of the annual cycle of reading of the Torah.

26 - Simchat Torah* - Jewish day to celebrate the reading of the Law. Synagogue services involve readings, processions and blessing of the children.

30 - Lailatul-Qadr - Islamic Night of Destiny; first revelation of Quran to Prophet Muhammad. Observed during the last 10 days of Ramadan; prayers to Allah for a good destiny.

31 - All Hallows Eve - Christian celebration combining prayers and merriment involving children and families. It is a prelude to All Saints Day.

31 - Reformation Day - Protestant Christian anniversary of their tradition and its emphasis on the place of the Bible and religious freedom. Martin Luther posted a belief statement on Wittenberg Church door Oct. 31, 1517.

31 - Samhain - Wicca/Neo Pagan celebration of endings and beginnings; revering of elders is observed.

* Usually begins at sundown the day before this date.

** Local customs may vary on this date.

POST WORSHIP SCHEDULE

Main Post Chapel, Building 2200, 221-2754

Catholic services:
4:45 to 5:15 p.m. - Confessions - Saturdays

5:30 p.m. - Mass - Saturdays

9:30 a.m. - Mass - Sundays

11:30 a.m. - Mass - weekdays

Protestant services - Sundays:

8 a.m. - Traditional Protestant

11 a.m. - Traditional Protestant

Jewish services: 379-8666 or 493-6660

Fridays: 8 p.m. - Worship and 8:30 p.m. - Oneg Shabbat

Noon - Worship - Wednesdays

AMEDD Regimental Chapel, Building 1398, 221-4362

Troop Catholic Mass: Sundays:

10 a.m. - 32nd Med. Bde. Soldiers

Troop Protestant gospel service:

Sundays: 11 a.m. - 32nd Med. Bde. Soldiers

Troop Protestant service:

Sundays: 9 a.m. - 32nd Med. Bde. Soldiers

Samoan Protestant service:

Sundays: 12:30 p.m.

FSH Mosque, Building 607A, 221-5005 or 221-5007

10:30 a.m. - Children's religious education - Sundays

1:30 p.m. - Jumma - Fridays

7:30 p.m. - Adult religious education - Thursdays

Evans Auditorium, 221-5005 or 221-5007

Mormon service: 9:30 to 11:30 a.m. - Sundays

Dodd Field Chapel, Building 1721, 221-5010 or 221-5432

Catholic service - Sundays: 12:30 p.m. - Mass

Protestant services:

10:30 a.m. - Collective gospel

Protestant - Sundays

9:30 to 11:30 a.m. - Women's Bible

Study (PWOC) - Wednesdays, child care is provided.

Brooke Army Medical Center Chapel, Building 3600, 916-1105

Catholic services:

8:30 a.m. - Mass - Sundays

11 a.m. - Mass - Sundays

11 a.m. - Mass - weekdays

Protestant services:

10 a.m. - Worship service - Sundays

Installation Chaplain's Office, Building 2530, 295-2096

Contemporary service: 11:01 a.m. - Sundays

Web site:

www.samhouston.army.mil/chaplain

Jewish Congregation High Holy Day Services

Monday - Rosh Hashanah at 8 p.m.

Tuesday - Rosh Hashanah at 9 a.m.

Wednesday - Rosh Hashanah at 9 a.m.

Oct. 7 - Shabbat Shuvah at 8 p.m.

Oct. 12 - Kol Nidre at 7 p.m.

Oct. 13 - Yom Kippur at 9 a.m.

All services will be held at the Main Post Chapel.

For more information, call 493-6660, 379-8666 or 385-8666.



*Sam Houston Club
presents
NCO/Garrison Night
Friday
4 to 7 p.m.
\$2 per person*



We invite you to join us as we sample food and desserts from seven different food stations including a seafood station, Italian station, Asian station and dessert station. Club members are free.

For more information,
call 224-2721.



MWR

Recreation and Fitness

Fort Sam Fall Fest

Get ready for the Fort Sam Fall Fest Oct. 15 from 10 a.m. to 8 p.m. at the MacArthur Parade Field. Events include a chili cook-off (military units welcome), free 5K fun run, arts and crafts fair, parade, carnival games, pony rides, live entertainment, car show and food and beverage booths. For more information, call 221-9904 or 221-2307.

Fall Fest Arts and Crafts Fair

Spaces are still available for the Fall Fest Arts and Crafts Fair Oct. 15 from 10 a.m. to 8 p.m.; the cost is \$50 per space. For reservations, call the Outdoor Equipment Center at 221-5224.

Fall Fest 5K run/walk

Sign up at the Jimmy Brought Fitness Center to participate in the 5K run/walk Oct. 15 at 9 a.m. at the MacArthur Parade Field. The cost is \$5 and participants receive a T-shirt. For more information, call 221-1234 or 221-2020.

Natural body building show

A natural body building show will be Oct. 19 at the Jimmy Brought Fitness Center. Weigh-in is from 4:30 to 5 p.m.; start time is 6 p.m. The cost is \$25. For more information, call 221-2020.

Archery lessons

The Outdoor Equipment Center offers individual and group archery lessons. Instruction is given at the student's level of experience. Children are welcome, but must

be accompanied by an adult if under the age of 18. Participants should wear full-covered shoes and not wear oversized shirts or pants. For more information, call the Archery Shop at 221-5225.

Water aerobics

The Jimmy Brought Fitness Center pool features water aerobics every Monday, Wednesday and Friday from 8:45 to 10:30 a.m. and from 5 to 6 p.m. The cost is \$2 per class or \$24 for a 16-class pass, and free to pregnant women and new mothers. For more information, call 221-2020.

Free morning aerobics

The Jimmy Brought Fitness Center offers free morning aerobics classes Monday and Wednesday from 6 to 6:45 a.m. in the aerobics room.

Aerobathon

Get ready to move for three hours of nonstop fun including step moves, abs and low-impact aerobics. The aerobathon is Oct. 22 from 9 a.m. to noon at the Jimmy Brought Fitness Center. Cost is \$10. To register, call 221-2020.

Senior fitness

The Jimmy Brought Fitness Center aerobics program includes a senior fitness class every Tuesday and Thursday. Participants will learn stretching and some low impact weight-bearing exercises. The cost is \$2 per class or \$24 for a 16-class pass. For more information, call 221-2020.

Salsa and merengue classes

Join the Latin dance craze by learning these popular dances for fun and exercise.

Classes are Monday and Thursday from 6:30 to 7:30 p.m. at the Jimmy Brought Fitness Center aerobics room. The cost is \$2 per class or \$24 for a 16-class pass. For more information, call 221-2020.

Cycling class

The Jimmy Brought Fitness Center offers a free cycling class Tuesdays at 5:30 p.m., Tuesdays and Thursdays at noon, and Wednesdays at 4:45 p.m.

Yoga, pilates teacher needed

The Jimmy Brought Fitness Center is looking for an instructor for a beginning yoga and pilates class. Certification is required for this contract position. For more information, call 221-2020.

Dining and Entertainment

Sam Houston Club, 224-2721

Bingo

Play bingo every Thursday and Friday; doors open at 5 p.m., and Saturday, the doors open at 11 a.m. Youth 10 and older may play when accompanied by an adult. There is a free buffet for all bingo players.

Lunch buffet

The Sam Houston Club features an "All You Can Eat" lunch buffet which includes beverage, deluxe salad bar, soup and dessert Monday through Friday from 11 a.m. to 1 p.m. The cost is \$5.95 for members and \$6.95 for nonmembers.

Bowling Center, 221-3683

Join fall bowling leagues

New leagues are forming now at the Fort Sam Houston Bowling Center. Leagues include men's, mixed, senior ladies' majors, youth and officers' wives. For more infor-

mation, call the Bowling Center at 221-4740.

Unlimited bowling

There will be unlimited bowling every Friday from 5 to 10 p.m. for \$5.95.

Family bowling day

Every Sunday, adults and children 12 and up pay \$1.75 per game (children under 12 bowl free). Shoe rental is \$1.

Cyber bowl

Cyber bowl is Saturdays from 7 to 9 p.m. The cost is \$10 per person 12 and up and \$5 per person under 12.

Golf Club, 221-4388

Pro Shop sale

The sale lasts through Friday and includes shoes, Wilson irons, woods and putters.

Golf lessons

Private customized and personalized instruction are offered at the golf course.

Around the Corner Frame Shop

The Around the Corner Frame Shop is located at 407 Dickman Road, on the lower level of the former Officers' Club building. In addition to framing service, the shop offers specialty items like engravings, medals, trophies, combat medic statues, military coin racks and flag cases. For more information, call 224-7125.

Harlequin Dinner Theatre

The Harlequin Dinner Theatre will perform the Ira Levin thriller "Deathtrap," Wednesday through Nov. 5. Discounts are available for military and students. For show times and tickets, call the box office at 222-9694.

MWR Ticket Office

The ticket office has discount tickets available for various events. For more information, call 226-1663 or visit www.portsam-houstonmwr.com.

MWR CHILD AND YOUTH SERVICES



Youth Happenings

Youth bowling

The Youth Center will take youth bowling Friday from 7 to 9 p.m. at the Bowling Center. There will no charge for this activity, but, sign up in advance is required.

Arts and crafts classes

The Youth Center will offer crafts classes Monday from 4 to 5 p.m. Class will include making seasonal items like fall accessory necklaces.

Youth Services volunteers

Youth Services is looking for volunteers to assist with youth programs such as golf, roller hockey, tennis, computers and arts and crafts. Volunteers with typing or filing skills are needed for the administrative office. Parents and teens can also volunteer to help in the concession stands Saturdays during football season. For more information, call the Youth Center at 221-3502.

Free after-school program

Youth Services offers a free after-school program for sixth to 10th graders Monday through Friday until 6 p.m. YS will pick up children from the school (either the elemen-

tary or the high school). At the Youth Center, they will have a snack, work on homework, participate in clubs and do fun, innovative projects at the 4-H club, photography club and the computer tech club. Youth must be registered with Child and Youth Services for an \$18 annual fee, but there is no cost for the program. For more information, call 221-3502 or 221-4871.

Cheer registration

Cheer registration for the football season is ongoing at the Youth Center Monday through Friday from 10 a.m. to 8 p.m. for youth ages 5 to 12. The cost for cheerleading is \$50 for the first child and \$45 for the second. Youth must be registered with Child and Youth Services. A birth certificate and proof of a physical are required to cheer. Space is limited. For more information, call 221-3502 or 221-5513.

Cooking classes

The Youth Center offers cooking classes every Friday from 5 to 6 p.m. For more information, call 221-3502.

Saturday open recreation

The Youth Center sponsors open recreation Saturdays for first through 12th graders: first to fifth graders meet from 3 to 8 p.m., sixth to eighth graders meet from 3 to 10 p.m. and ninth to 12th graders meet 3 to 11 p.m. Activities include computer lab, arts and crafts, basketball, pool, pingpong and movies. Youth must be registered with Child and Youth Services to attend. For more information, call 221-3502.

IMPACT recreation

The IMPACT Recreation Group sponsors a basketball recreation program Saturdays from 11 a.m. to noon at School Age Services, Building 1705, for families with special needs youth registered with Child and Youth Services. Parents with special needs youth must stay and participate. For more information, call Robin at 497-6310.

Parent News

PAC meeting

The next Child and Youth Services Parent Advisory Council meeting will be Oct. 18 from 11:30 a.m. to 12:30 p.m. at the Child Development Center, 2530 Funtston. Lunch will be provided. This is CYS parents' opportunity to learn about upcoming events, meet staff and address concerns.

ArmyFCC Online

Fort Sam Houston Family Child Care Program is now on ArmyFCC Online, a Web-based information and referral tool for parents interested in FCC. The Web site includes both a public and a private section describing each installation's program and more information on providers. Soldiers and qualified civilians must be registered through Child and Youth Services to benefit from any CYS programs to include FCC. For more information, call Central Registration at 221-4871 or 221-1723.

FCC providers

Family Child Care is looking for family members interested in becoming certified FCC providers. There is a no-cost start-up plan. For more information, call 221-3820 or 221-3828.

PCI enrollment opportunity

The Parent Child Incorporated Child Development Center is currently taking applications for enrollment. This is a free child care program. Eligibility is based on federal guidelines. For more information, call 221-3788.

Part-day preschool program

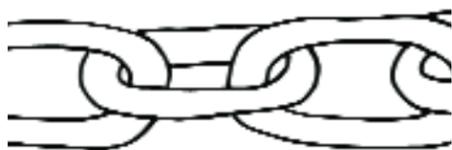
Patrons interested in the part-day preschool program at the Child Development Center can contact Central Registration to register at 221-4871 or 221-1723. This program will run from 9 a.m. to 2 p.m. Monday through Friday. Fees are based on total family income.

Home-based child care

Family Child Care offers home-based child care for ages 4 weeks to 12 years on and off post with certified providers. FCC offers full-day, part-day, before- and after-school care, hourly care, extended hourly care and long-term care. For referral information or child registration, call Central Registration at 221-4871 or 221-1723.

Check wait list

Patrons on the full-time day care wait list at the Child Development Center should check their status on the wait list to avoid losing status. To check status, call Central Registration at 221-4871 or 221-1723.



COMMUNITY LINK



Happenings

Essay contest deadline draws near

Students in grades sixth through 12th who enter the San Antonio Founders Day essay contest have a chance to win a \$1,000 college scholarship. "How my cultural heritage has contributed to San Antonio" is this year's essay topic. Alamo Community College District Foundation will present seven \$1,000 scholarships for the winning essays at the second annual San Antonio Founders Day celebration Oct. 22 at San Pedro Springs Park. The deadline to submit essays is Friday. The event is free and open to the public. For entry forms and more information about the Founders Day essay contest, call 493-0446 or visit www.SanAntonioFoundersDay.org.

Benefit concert

Jazz guitarist John Scofield will perform the music of Ray Charles in a Trinity University KRTU-FM benefit concert Oct. 8 at 8 p.m. in the Laurie Auditorium. Tickets are \$10, \$20 and \$30 and are available at all Ticketmaster locations. For more information, call KRTU-FM at 999-8917.

Big Band Hangar dance, silent auction

The Vintage Flying Museum, located in Fort Worth, Texas, will hold its 15th annual Big Band Hangar dance and silent auction Oct. 15. Dinner will be from 6:30 to 8:30 p.m., dance from 8 p.m. to midnight. Enjoy a nostalgic evening of Big Band music by the Alan Glasscock Orchestra. Reserve a table with purchase of 10 tickets. Tickets are sold at the Vintage Flying Museum, 505 N.W. 38th Street, Hangar 33 South. For more information, call (817) 624-1935 or visit www.vintageflyingmuseum.org.

Texas Air Museum tour

A tour of the Texas Air Museum near Stinson Airport will be led by Director John Tosh Oct. 8 at 10 a.m. Exhibits include a rare World War II German Focke-Wulf 190 fighter plane and flight-related artifacts from both world wars. A Dutch-treat luncheon will be at the Stinson Airport Café. Cost for the tour is \$25. Lunch is not included. For more information or to register, call North East Community Education at 657-8866 or visit www.neisd.net or <http://www.neisd.net/>.

U.S. Army's eCYBERMISSION

The U.S. Army's eCYBERMISSION, is a Web-based science, math and technology competition that allows students to compete for regional and national awards, while working to solve problems in their community. Registration for eCYBERMISSION's competition runs through Dec. 12. The eCYBERMISSION competition is open to students in grades sixth through ninth across the United States and to students enrolled in Department of Defense Education activity schools throughout the world. eCYBERMISSION is also looking for volunteers to help spread the word and encourage students of diverse backgrounds and proficiency levels to get involved in the competition. For more information, visit www.ecybermission.com.

Cherry Spring Walk

The Volkssportverein Friedrichburg Volksmarch Club will sponsor a 10K (6.2 miles) and 5K walk at the Christ Lutheran Church in Cherry Spring, about 18 miles northwest of Fredericksburg Saturday. For information, call Elizabeth Crenwelge at (830) 997-2533, Joyce O'Rear (830) 992-2053, or email: tnjocole@austin.rr.com.

Siesta Valley Ranch Walk

SAS Shoemakers will host its annual six- and three-mile walks at the Siesta Valley Ranch, 10 miles west of Medina on Highway 337 Oct. 8. For information, call

Bill Armwood at 921-7455 or Carrie Medina at 921-7838.

Buddy Walk

The 5th annual Buddy Walk, which promotes acceptance and inclusion of individuals with Down Syndrome, will be Oct. 15. The walk registration will begin at 7 a.m. and will start at the Alamodome at 9 a.m. Entertainment, exhibitors and refreshments are planned throughout the morning. For more information and registration, call 349-4372 or visit www.dsasa.org.

Texas Wanderers walk

The Fort Sam Houston Texas Wanderers in association with American Volkssport Association will sponsor a 10K walk at the Guadalupe River State Park and Honey Creek State Natural Area Oct. 15 at 3350 Park Road 31, Spring Branch, Texas. For more information, call Lyn Ward at 651-6536 or David Maple at 221-5554.

Volunteer

Annual Te@ch Program

Best Buy is accepting applications for its third annual Te@ch ("teach") program, which awards more than \$3.5 million to schools where teachers make learning fun by using interactive technology in their classrooms. The program is open to all accredited public and private nonprofit K-12 schools located within 50 miles of the Best Buy store in San Antonio. Te@ch applications can be found at www.BestBuy.com/teach. Applications must be submitted online by Friday. Winners will be notified and awards will be posted mid-January at <http://www.bestbuy.com/teach>.

Free Apple iPod for spouses

Army spouses who are selected to participate in a special pilot program using comprehensive, interactive Web-based tools for career management may win a free iPod. Those who complete four key assessments and a quick five-minute survey will be entered in the drawing. For more information, call 221-0427 or 221-0516.

Periodontics seeks patients

The Wilford Hall Medical Center Department of Periodontics at Lackland Air Force Base seeks patients with specific needs for treatment in the periodontics residency program. Applicants must be a military retiree, family member of a retiree or family member of active duty and have been recently determined by a dentist to have an existing periodontal condition. Eligible patients must obtain a written consult from their referring dentist. This consult may be faxed to "Attention, Periodontics" at 292-5193, or brought to the MacKown Dental Clinic during normal business hours to be scheduled for a periodontal evaluation appointment. The Department of Periodontics provides treatment of the gums and bone support of teeth. They are unable to schedule appointments for fillings, braces, crowns or bridgework. For more information, call 292-7273 after 12 p.m.

BAMC needs volunteers

Brooke Army Medical Center seeks volunteer drivers for its caremobiles, which transport patients from the BAMC parking lot to the clinic entrance. For more information, call Jessica Veilluex at 916-3862.

SAMM volunteer opportunity

San Antonio Metropolitan Ministry, a nonprofit organization that runs the largest homeless shelter and transitional housing program in San Antonio, seeks volunteers for its various charity missions. For more information on upcoming projects, call Betty Schwartz at 340-0302, extension 224.

Professional Development

Army Reserve opportunities

The U.S. Army Reserve is actively recruiting. For more information, call (800) USA-ARMY or visit www.goarmyreserve.com.

Master of arts program

St. Mary's University would like to offer the master of arts program in international relations for personnel at Fort Sam Houston. This 36-hour program could be offered on post and if a temporary duty interrupts a student's studies the program may be completed online. Concentrations available include: inter-American studies, international conflict resolution, international criminal justice and crime control, international development studies and security policy. A tuition grant is offered to active duty military, retired military, Department of Defense employees and the spouses of these groups. For more information, call Judy Olivier at 226-3360, visit the off-campus office in Building 2248, Room 206, or e-mail stmufsh@earthlink.net.

National Job Fair

A National Job Fair sponsored by the Non Commissioned Officers Association and United Associations Group, Inc. will be Tuesday from 9 a.m. to 3 p.m. at the Live Oak Civic Center, 8101 Pat Booker Road. Job seekers should bring resumes, dress in business attire and be prepared to meet with national and local company recruiters. For more information, visit www.militaryjob-world.com.

AFTB marathon week

Army Family Team Building will offer levels 1, 2 and 3 courses Monday to Oct. 7 from 8:30 a.m. to 5 p.m. at the Roadrunner Community Center. Participants may register for all three levels and complete the AFTB training or select specific topics during the week. For more information and to register, call 221-0275 or 221-2418.

Resume and interview workshops

Family Employment Readiness Program will offer a resume writing workshop Oct. 12 from 9 a.m. to 12 p.m. and a job interview skills workshop Oct. 26 from 9 a.m. to 12 p.m. at the Roadrunner Community Center. A valid military family member ID card is required. For reservations or information, call Gabriele Dias at 221-0516 or Jennifer Swiger at 221-0427.

Free computer training

Family members of active duty military personnel may receive computer training for the job market through the Family Employment Readiness Program. Automated, self-paced training is available on all Microsoft Office software (Word, Excel, Access, Power Point), Windows, Outlook, QuickBooks (accounting), customer service, clerical and typing skills. Typing instructions are also available in Spanish. For information, call Gabriele Dias 221-0516 or Jennifer Swiger 221-0427.

Financial workshops

KLRN will host financial literacy workshops in October for families with children ages 6 to 12. Workshops are at Carver Library, 3350 E. Commerce, Tuesday, Oct. 18 and 25 from 6:30 to 7:30 p.m. For more information, call KLRN at 270-9000, ext. 2246, or visit klrn.org.

St. Phillip's lecture series

Award-winning journalist and author Richard Rodriguez will start the 2005-2006 St. Philip's College President's Lecture Series Oct.

11, with a guest lecture on the college's main campus, 1801 Martin Luther King Drive. In observance of Hispanic Heritage Month, Rodriguez will address the topic, "On Being Brown: Mixture in America," beginning at 11 a.m. in Watson Fine Arts Center theater. A book signing will immediately follow. For more information, call 531-3260. Admission is free and open to the public.

Free workshops

St. Philip's College will offer students and the community a series of free miniworkshops this fall covering a broad range of self-improvement tips and focusing mainly on developing effective study skills. Although classes are free, donations of canned goods for the college Equity Center are accepted. All workshops will be presented on the main campus of St. Philip's College, 1801 Martin Luther King Drive, in the Norris Technical Building, Room 117, Mondays, Tuesdays or Thursdays. For more information, call 531-3544.

ESL classes

Army Community Services will offer English as a second language classes every Tuesday and Thursday from 6 to 8:30 p.m. at the Roadrunner Community Center, Building 2797. The classes are geared for foreign-born spouses to increase reading comprehension, vocabulary and pronunciation and are appropriate for beginning, intermediate, and advanced students with individualized group instruction. For more information, call 221-2418 or show up at 6 p.m. any Tuesday or Thursday.

Meetings

Retired Officers' Wives, Widows Club

Members of the Retired Officers' Wives and Widows Club will meet Oct. 24 at 11 a.m. at the Sam Houston Club. Program will feature violin music by Paul Huffington. For reservations, call Arline Braswell at 822-6559.

Caribbean American Association

The San Antonio Caribbean American Association seeks new members. There is a gathering on the last Saturday of each month. For more information, call Master Sgt. Pauline Perry at 849-1957 or 221-6913.

SMA seeks new members

The Fort Sam Houston Sergeants Major Association meets every third Thursday of the month at 6 p.m. in the Sam Houston Club. Command Sgt. Maj. Timothy W. Burke, president of the association, invites active duty and retired command sergeants major, sergeants major and master sergeants on the promotion list from all service branches to the meetings. For more information, call Sgt. Maj. Danielle Lewis at 916-4114 or Sgt. Maj. Kyong In Nichols at 221-1266.

Alamo Silver Wings

The Alamo Silver Wings Airborne Association, VFW 9186, seeks members for its organization. Join the spirit and tradition of airborne. Meetings are every third Thursday. For more information, call Joe Turella at 657-0028.

BOSS seeks single Soldiers

The Better Opportunities for Single Soldiers meets the first and third Wednesday of every month at 1:30 p.m. at the Hacienda Recreation Center. The BOSS committee was established to provide Soldiers input to the commander, who uses the committee's recommendations to improve single Soldiers' Morale, Welfare and Recreation programs. For more information, call Staff Sgt. Micaela Reyes at 221-8947.

FORT FREEBIES



Freebies are published on a first-come, first-served basis. Commercial advertisements are prohibited. The deadline is noon Monday. Freebies are intended for personal household goods and privately owned property, and may only be submitted by active, retired or reserve component military members and civilian employees working on Fort Sam Houston. Real estate ads will not be published. To submit paid classified ads or commercial advertising, call Prime Time at 453-3300. To submit a Fort Freebie, e-mail to news.leader@samhouston.army.mil or fax to 221-1198. Ensure your military and Fort Sam Houston civil service status, phone number and name appear on request. Freebies run for one week unless submitter calls to renew. There is a two-week maximum and a limit of five items per entry. For more information, call 221-1031.

For Sale: Two-piece china hutch, base unit has drawers and shelves, top has shelves and glass doors, \$375. Call 495-2296 or 286-2349.

For Sale: Scotsman riding lawnmower, \$600; old refrigerator for parts, \$10; baby bouncer, \$10; blue stroller, \$50; brown crib, \$25. Call Ella at 393-2864.

For Sale: Eleven-week old male Dachshund puppy, \$125. Call 661-4884.

For Sale: Dress blue uniform (medical), size 42-inches long and

38-inch waist; jacket, 44 long, \$100; set of lieutenant colonel and colonel shoulder boards (medical-male), \$13 each, or will trade for a set of right-handed golf clubs and bag. Call Vaughn at 454-2095 or 650-5302.

For Sale: Panasonic 36-inch TV on black swivel stand, \$600; drill press (still in box), \$50; scroll saw with light and blower, \$75; two octagon nightstands, \$20; multiple Christmas lights, paper, ribbon and other decorating material, \$100. Call Kathy J. Reap at 221-6621 or 946-

1055 after 5 p.m.

For Sale: Twin-size bunk beds with wood frame and mattresses, \$140 obo; sofa, cream color, \$150 obo. Call Tracey at 832-8482 or 862-3071.

For Sale: Washer and dryer, \$300 set, if sold separate, \$150 each; girls bicycle, \$15; recliner chair, \$20. Call Jose or Felicia Raymundo at 317-8304, 646-7173 after duty hours.

For Sale: One Goodyear Eagle RH tire, size P225/70R15, used briefly as spare, \$45 obo. Call Fred, evenings, 494-8401.

CAREER CLIPS

Patient care coordinator, San Antonio - Monitor quality of care, identify and document any potential quality issues regarding the patient's care; coordinate patient transfers and document appropriately in MSR; and review cases.

Infection control practitioner, San Antonio - Provide surveillance throughout the hospital for infection control purposes; identify, investigate and record data concerning nosocomial infections; and initiate infection control measures as directed by the infection control committee.

Contracts management, San Antonio - Responsible for integrating all contracts into a primary database and ensuring contract consistencies throughout multiple divisions; will review and revise contract language and ultimately centralize all contract functions.

The Army Career and Alumni Program office provides numerous services to eligible people in transition including job assistance. Information on these and other positions is available to ACAP customers in the ACAP Office, Building 2264, or by calling 221-1213.