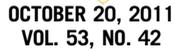


News Leader



OCTOBER 20, 2011
VOL. 53, NO. 42



GAZEBO CONCERT
OCT. 23, 6 p.m.
Gazebo on Staff Post Road.

“One Team, Supporting Military Missions and Family Readiness!”



**BEST
MEDICS**

Photo by Esther Garcia

Sgt. 1st Class Richard Gutierrez climbs down headfirst, as his teammate Sgt. 1st Class Jimmy Keen follows close behind during the Expert Field Medical Competition Obstacle Course at Camp Bullis. For a story and more photos, turn to P8.

METC medical logistics team wins AMSUS award

By Lisa Braun
METC Public Affairs

In another chapter of a successful year for the Medical Education and Training Campus, the METC medical logistics team is the recipient of the 2011 Association of Military Surgeons of the United States Medical Logistics Award.

The award is among 21 military medical awards that recognize the outstanding achievements or exemplary service of a medical professional or a medical team, and will be presented at the AMSUS Banquet in San Antonio Nov. 9.

The purpose of the Medical Logistics Award is to recognize an organization, team or individual that has made significant contributions in medical acquisition or logistics, and has positively impacted mission accomplishment.

Building the program from the ground up, METC Logistics worked intensively since January 2010 to create a sound, supply-chain management program that would cater to the needs of the world's largest medical technical education institution and played a vital role in bringing METC to full operational capability by the

See METC, P6

Wilford Hall Ambulatory Surgical Center receives 3-year accreditation

By Sharon Winston
59th MDW Compliance Office

The Wilford Hall Ambulatory Surgical Center has achieved accreditation by the Accreditation Association for Ambulatory Health Care, known as AAAHC.

Accreditation distinguishes Wilford Hall from many other outpatient facilities, by providing the highest quality of care to its patients as determined by an independent, external process of evaluation.

Status as an accredited organization means WHASC has met nationally recognized standards for the provision of quality health care set by AAAHC.

More than 5,000 ambulatory health care organizations across the United States are accredited by AAAHC. Not all ambulatory health care organizations seek accreditation and not all that undergo the rigorous on-site survey process are granted accreditation.

“We believe our patients deserve the best,” said Gary Forthman, director of wing compliance and quality management at WHASC.

“When you see our certificate of accreditation, you will know that AAAHC – an independent, not-for-profit organization – has closely examined our facility and procedures,” Forthman said. Ambulatory health care organizations seeking accreditation by AAAHC undergo an extensive self-

assessment and on-site survey by AAAHC expert surveyors – physicians, nurses, and administrators who are actively involved in ambulatory health care.

The survey is consultative and educational, presenting best practices to help an organization improve its care and services.

“Going through the process challenged us to find better ways to serve our patients, and it is a constant reminder that

our responsibility is to strive to continuously improve the quality of care we provide,” Forthman said.

AAAHC, founded in 1979, is the leader in ambulatory health care accreditation with more than 5,000 organizations accredited nationwide. The accreditation is recognized as a symbol of quality by third-party payers, medical organizations, liability insurance companies, state and federal agencies and the public.

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Army leadership renews commitment to families with Army Family Covenant

By Evan Dyson
IMCOM Public Affairs

Top Army leadership renewed the Army Family Covenant, the Army's formal commitment to support Soldiers and their families, with a signing at the recent 2011 Association of the United States Army Annual Meeting and Exposition.

Secretary of the Army John McHugh, Chief of Staff of the Army Gen. Raymond Odierno and Sgt. Maj. of the Army Raymond Chandler III conducted the signing Oct. 10. Accompanying them on stage was Sgt. Jeremy Barnhart and his family, who were recognized as the 2011 AUSA Volunteer Family of the Year.

"We talk a lot about the Army family," McHugh said. "We hear it on radio and on television. We read about it in virtually any Army publication and it is important that we talk about it. It's important that we remind ourselves, but it can't just be a bumper sticker."

McHugh added, "[We must not forget that] with all these great Soldiers, men and women in uniform, forward deployed – wherever that deployment may take them, more than 80 countries across this planet – that



Photo by Tim Hippias

Top Army leadership renewed the Army Family Covenant, the Army's formal commitment to support Soldiers and their families, with a signing Oct. 10, at the Association of the United States Army Annual Meeting and Exposition. The signing was conducted by Secretary of the Army John McHugh, Chief of Staff of the Army Gen. Raymond Odierno, and Sgt. Maj. of the Army Raymond Chandler III. Accompanying them on stage was Sgt. Jeremy Barnhart and his family, who were recognized as the 2011 AUSA Volunteer Family of the Year.

back home there are folks like yourselves who are struggling as well and holding that family together."

While acknowledging the hardships that the Army has endured during the past 10 years of conflict, Odierno said family programs must ensure that our families remain strong.

"The reason we're able to have an all-volunteer force is because of the support we get from families," Odierno said. "These are people who raised their right hand to say 'I want to serve' and

that decision does not come alone."

The Army Family Covenant was originally

unveiled on Oct. 8, 2007 to represent the Army's commitment to providing Soldiers and their families with a quality of life commensurate with their service and sacrifice.

In the time since, a variety of programs have been developed and enhanced, including Survivor Outreach Services, Child, Youth and School Services, Exceptional Family Member respite care and New Parent Support.

"We have two families," Odierno said. "We have our biological family and we have our Army family. We need both and we need to make sure that all of you have confidence that your Army family will be there for you when you most need them."

While the Army works to adjust to a new fiscal

reality, Army leadership reaffirmed their commitment to continue providing Soldiers and families with quality programs and services at the levels necessary to support their daily lives and sustain their well-being.

"We will not make family programs the bill payers for other kinds of initiatives," McHugh said.

Odierno stressed the importance of feedback from the field in identifying what programs provide the most benefit to the Army family. Discussions like the Family Forums at AUSA, as well as comments from the field, are critical to informing leadership about what needs to be done to continue to provide quality programs and services to Soldiers and their families.

Weekly Weather Watch

| | Oct 20 | Oct 21 | Oct 22 | Oct 23 | Oct 24 | Oct 25 |
|--------------------------|--------------|----------------------|-------------------|--------------------------|----------------------|----------------------|
| San Antonio Texas | 81° Sunny | 84° Sunny | 84° Sunny | 84° Partly Cloudy | 85° Sunny | 87° Sunny |
| Kabul Afghanistan | 69° Sunny | 67° Partly Cloudy | 67° PM Showers | 66° Scattered Showers | 67° Sunny | 67° Sunny |
| Baghdad Iraq | 83° Sunny | 81° Sunny | 84° Sunny | 86° Mostly Sunny | 90° Partly Cloudy | 91° Partly Cloudy |

(Source: The Weather Channel at www.weather.com)

News Briefs

IMCOM Change of Command

The U.S. Army Installation Management Command will take place 10 a.m. Nov. 17 at the Fort Sam Houston parade field pavilion. For more information, call 466-0714.

Equine Vaccination Clinic

The Fort Sam Houston Equestrian Center holds a vaccination clinic from 10 a.m. to 1 p.m. Oct. 22. People who own a horse that is within two months of its vaccination date and are DEERS-enrolled horse owners can participate. All services are pre-paid and limited to vaccines only. For more information, call 808-6101 or 6104.

Disability Employment Awareness Month

The observance for National Disability Employment Awareness Month is from 10:30 a.m. to noon at the Dodd Field Chapel, 3600 Dodd Boulevard Oct. 28. To request reasonable accommodation, call the disabilities program manager at 221-1177. For more information about the event, call 793-4829.

Nationwide Emergency Alert System Test Nov. 9

The first nationwide test of the Emergency Alert System, or EAS, takes place at 1 p.m. Nov. 9. Television and radio stations, along with the Federal Communications Commission and Federal Emergency Management Agency, have been working hard to ensure both the success of the test and that the public is informed and fully aware in advance. The test will last approximately three minutes and involve only those communications service providers – broadcast radio and television, cable television, satellite radio and television and wireline video services – that participate in the EAS. Mobile communications devices will not be affected. However, no matter how much outreach is conducted, or how plain the language is that accompanies the test alert, it's likely that some of the public may be confused and feel compelled to contact police, fire, or other emergency services through calls to their local 911 centers. For more information, call the State Operations Center at 512-424-2208 or e-mail soc@dps.texas.gov.

See NEWS, P4

Corporations with local ties sign up to help military spouses find careers

By C. Todd Lopes
Army News Service and
William Bradner
IMCOM Public Affairs

More than half of the 24 companies signing the Military Spouse Employment Program partnership agreement at the Association of the United States Army annual conference recently have ties to San Antonio.

A military-corporate partnership, MSEP encourages businesses to provide career-oriented employment to spouses of military members that is flexible and accommodates the unique needs of the military spouse.

Many of the new partners have ties to San Antonio through branch offices, local representatives or online presence. The worldwide nature of most companies in the



Photo by Tim Hipps

J.C. Abney, the Army Installation Management Command's G-9, unveils the Military Spouse Employment Partnership, a program that evolved from the Army Spouse Employment Partnership, on the opening day of the Association of the United States Army's 2011 Annual Meeting and Exposition Oct. 10 at the Walter E. Washington Convention Center in Washington.

program makes it possible for a spouse to maintain a career path despite the multiple per-

manent changes of station in a Soldier or Airman's career. "[These companies] sup-

Among the companies that signed on to be partners with the program are:
Bradley-Morris
Care One
Citi
Dial America
Dominion Power
General Dynamics OTS
GEICO
Hitachi Consulting
Integrated Communications Systems
Johnson Controls
Navy Exchange
N.E.W. Customer Services
Red Cross
SitterCity.com
Sterling Medical
TroopSwap.com
Tutor.com
United Health Group
Wittenberg Weiner
Zeiders Enterprises

port military spouses in their employment and career efforts by offering jobs that are portable," said Robert L. Gordon III, deputy assistant secretary of Defense for military community and family policy. "That means the companies provide support and commitment that

See SPOUSE, P19

AMEDDC&S wraps up Hispanic heritage celebrations

By Esther Garcia
AMEDDC&S Public Affairs

Military members and civilians gathered for a final celebration of the contributions of Hispanics to the military and nation at the Hispanic Heritage Month observance Oct. 14 at Blesse Auditorium in Willis Hall.

The 323rd Army Band opened the event, performing various salsa selections and a proclamation signed by the City of San Antonio Mayor Julian Castro proclaiming Sept. 15 to Oct. 15 2011 Hispanic Heritage Month was read by by Sgt. 1st Class Francisco Rosario.

Commanding general of the Army Medical Department Center and School, Maj. Gen. David Rubenstein, was the host this year's celebrations and welcomed everyone

and introduced the keynote speaker, retired Maj. Gen. Alfred Valenzuela, former Army South commander.

Valenzuela said this would be his 19th speech for the season, traveling throughout the country and overseas, including Iraq and Afghanistan.

"The message I deliver is: we all wear green, we all bleed red, if I leave you with nothing else, that is all you need to know," Valenzuela said.

Valenzuela, who served 33 years in the Army, spoke about his family's roots and how he came to join the military and about his rise to the rank of major general. He said Hispanics have a tremendous impact on this country, not only socially and economically, but politically as well.

The general currently serves on the board of di-



Photo by Esther Garcia

rectors of numerous civilian organizations including opening a charter school for at risk children on the West Side of San Antonio. Valenzuela also wrote and published "No Greater Love: the Lives and Times of Hispanic Soldiers."

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News Briefs

from P3

2011 Federal Employees Health Benefits Fairs

All Federal employees are invited to attend the upcoming 2011 Federal Employees Health Benefits Fairs. Representatives will be present to discuss different insurance options available to employees for the upcoming year. FEHB open season is from Nov. 14 to Dec. 12. The first fair takes places from 8 a.m. to 3 p.m. Nov. 3 at the Fort Sam Houston Middle School Teen Center, located at 2515 Funston, Building 251. The second fair is from 9 a.m. to 3 p.m. Nov. 4 at the San Antonio Military Medical Center, in the Medical Mall, adjacent to the pain clinic. For more information, call 808-0205 or 221-9638. Federal employees can also go to the Office of Personnel Management website at <http://www.opm.gov/insure/health/index.asp>.

FSHSD discusses state financial accountability rating

The Fort Sam Houston Independent School District holds a public meeting at 2:30 p.m. Oct. 25 in the Professional Development Center at 1908 Winans Road. The purpose of this meeting is to discuss the

Fort Sam Houston Independent School District's Superior Achievement Rating on the state's financial accountability system.

Facility time changes for ASA/IMCOM Org Day

The Army Support Activity-Fort Sam Houston is joining the U.S. Army Installation Management Command Central Region in an organizational day Oct. 20. Some offices will have limited hours, while others will have normal hours. These facilities will have normal hours: Warrior & Family Support Center, legal offices, Survivor Outreach Services, Training Support Center, Casualty Assistance Center and the Army Substance Abuse Program. Limited hours of 7 to 11 p.m. apply to Residential Communities Initiative, Soldier & Family Support Center, Sexual Harassment Assault Response Program, Army Emergency Relief, personnel security office, Army Continuing Education Services and the Army Support Activity's main office. Ranges will have limited services. Call 295-2510 for more information.

See NEWS, P19

Oktoberfest at Fort Sam Houston is wundervoll



Photos by Deyanira Romo Rossell

It was all or nothing for 3-year-old Joshua Rangel, who conquered the confection in a donut-eating contest under the children's tent.



Tom Knowles, with the Seven Dutchmen, makes Oktoberfest on Fort Sam Houston an annual tradition.



(From left) 502nd Mission Support Group commander Col. John Lamoureux, 502nd Air Base Wing vice commander Col. Robert S. Bridgford and 502nd Mission Support Group Command Sgt. Maj. Donald J. Freeman toast the opening of Oktoberfest 2011 on Fort Sam Houston.

By Deyanira Romo Rossell
502nd FSS Marketing

Turkey legs, funnel cakes, schnitzel and of course gorditas all swirled together in a carousel of aromas that drew crowds to the annual Oktoberfest on Fort Sam Houston Oct. 14 and 15, at the MacArthur Parade Field.

Some men dressed in traditional German lederhosen and the frauleins in their dirndls, to truly immerse themselves in the German-style festival featuring great food, live entertainment, carnival rides and a biergarten.

"In the Army, we say 'hoohah,' but today we're going to say 'wundervoll,'" said Col. John Lamoureux, 502nd MSG commander, before setting in motion the two-day celebration with the traditional tapping of the keg.

Col. Robert S. Bridgford, 502nd Air Base Wing vice commander, swung the mallet at the keg with the help of 502nd Mission Support Group Command Sgt. Maj. Donald J. Freeman, to the excitement of the crowd in the fest tent and the tunes of the Seven Dutchmen who sang "Roll out the Barrel."

A spinning bumble bee, a ferris wheel, and many other rides and games kept the fun going for all ages. A row of food vendors who set up early Friday, mixed up the batter, sliced up the steak and patted

down the masa to keep the palates pleased as well.

"You can taste the difference," said Ramon Medellin who, along with his wife Sue, sliced up top sirloin. "We cook the steak as we go to keep it fresh." The duo served chicken and fajita tacos and beef quesadillas in what is a new venture for them.

Next door the corn was roasting and the batter was mixing at the hands of veteran carnival vendors, Gus and Irma Garza.

Using a special bit and a drill, Garza mixes the funnel cake batter and in a giant roaster starts the corn, just about 30 minutes before the festival begins. As patrons place their order, he pours the batter into a mold resting in hot oil and in seconds a perfect funnel cake is born.

"We serve our funnel cakes with whipped cream and fresh strawberries," said Irma Garza. "We love being out here and meeting the people. For us it is a personal experience."

Besides enjoying funnel cakes, children at Oktoberfest also frolicked through a giant kid's tent with free activities from cookie decorating to cup stacking.

Everyone took home prizes and the most daring competed in a donut-eating contest. There was one catch, however ... no hands! The little ones got permission to cast their manners aside in hopes of tasting

sweet victory.

In another tent, the more seasoned competitors challenged each other in a pizza-eating contest where all propriety was ignored for a chance at a year's supply of free pizza. Eating a whole medium pizza in two minutes and 21 seconds, Randy Harrison emerged the winner.

"I've won some eating contests in the past and thought I'd give this one a try," he said. "This was a lot of fun and you can't beat getting free pizza for a year."

Although, there was no turkey leg eating competition, the crowds ate them with abandon while enjoying continuous live music from the likes of Roger Hernandez, the Medical Command Band, Slim Bawb, The Texas Lady Bugs, Big Wally, Clay McClinton and Matt Poss.



Capt. Josh Causey made the news with his traditional German garb at Oktoberfest. He was interviewed live by KENS 5 Great Day SA executive producer Cassandra Lazenby. Causey is stationed on Fort Sam Houston with the 187th Medical Battalion.



No amount of frosting is enough for 4-year-old Isabel Baldwin, who enjoys cookie decorating under the Oktoberfest children's tent.



Four-year-old Cayleigh Cervenka enjoys meeting a flamingo visiting from Sea World at Oktoberfest.

CSM TALKS TO FUTURE AIR FORCE NCOS



Photo by Alan Boedeker

Command Sgt. Maj. Neil Ciotola from the U.S. Army Installation Management Command, Fort Sam Houston, addresses soon-to-be noncommissioned officers at the Joint Base San Antonio Staff Sergeant's Summit Oct. 6 at Arnold Hall on Lackland Air Force Base. The five-day summit prepares promotable senior airmen for their roles as new staff sergeants in the U.S. Air Force by enhancing leadership and management skills and reinforcing Air Force Core Values.

METC from P1

September 2011 deadline imposed by 2005 Base Realignment and Closure Commission.

BRAC directed the co-location of virtually all enlisted medical training to Fort Sam Houston in San Antonio, Texas with the potential of transitioning to a tri-service education and training effort.

"This AMSUS award is a great accomplishment for the METC Logistics team," said Robbie Davis, METC logistics purchasing lead.

"As one of the first civilian 'Loggies' hired, it is a feeling of great pride to see how far we have come in such a short period of time," Davis added.

"It has truly been a team effort and a great learning experience to have Army, Navy and Air Force working to-

gether and achieving this amazing goal!"

Air Force Tech. Sgt. Jumana Rafii, NCO-in-charge of METC Acquisitions Management, agreed. "It's an honor for our account to be recognized as the 2011 AMSUS award winner!"

"The pride and commitment to our organization within our staff is what allowed us to be victorious in building METC from the ground up," Rafii added. "The unwavering support we received from JBASA allowed us to perform to our fullest capabilities."

The team managed the logistic and acquisition details for the consolidation of five major medical enlisted training programs for Navy, Air Force and Army from across the country that were relocated to Fort Sam Houston in accordance with the

2005 BRAC decision: the 882nd Training Group at Sheppard Air Force Base; Naval School of Health Sciences in San Diego, Calif.; NSHS in Portsmouth, Va.; Navy Hospital Corps School Great Lakes, Ill.; and Army Medical Department Center & School Sam Houston.

The consolidation formed METC, a sprawling, state-of-the-art enlisted medical training center that encompasses 925,000 square feet of training area with a \$1.2 billion price tag, employs nearly 1,500 instructors and support staff to facilitate more than 60 academic programs with a total annual training value of \$200 million, and graduates 24,000 medics, corpsmen and techs each year – all supported by the METC medical logistics team.

The team also developed and tested a new



logistics information system, maintained over \$50 million in medical supply and equipment assets, built a supply catalog of over 20,000 line-items and set up hundreds of vendor sources to support the demands of the government purchase card program.

As a customer-focused program, METC Logistics developed training and

provided tools to help educate their customers.

Regular mass-supply and one-on-one supply custodian training is offered, as well as a medical logistics customer handbook and a quarterly logistics newsletter with useful information.

"Being a key member in establishing the Medical Education and Training Campus has been a rewarding experience,"

Tech. Sgt. Jumana Rafii, non-commissioned officer-in-charge of the Medical Education & Training Campus Acquisitions Management Office, and Robbie Davis, METC logistics purchasing lead, move cabinets that were part of the initial outfitting of METC's Medical Instructional Facilities.

U.S. Air Force photo

said Air Force Staff Sgt. Mayra Solis, METC Medical Equipment Management Office.

"It's a great recognition for the logistics team to be awarded the 2011 AMSUS award. As logisticians we did 'whatever it takes' to get this mission up and running to its full operational capability and continue to produce the world's finest medics, corpsmen, and techs."

Army partners with DEA for National Prescription Drug Take-Back Day

The culprit behind America's second leading cause of death isn't the result of too many cigarettes or driving recklessly. It's sitting in your bathroom cabinet, kitchen or bedside table, and you may use it every day.

Abuse of prescription drugs, whether codeine from your last root canal or vicodin for persistent back pain, stands as the second leading cause of accidental death in America.

It ranks second behind marijuana as the nation's most prevalent illegal drug problem, and more than seven million Americans currently abuse prescription drugs, according to the 2009 Substance Abuse and Mental Health Administration's National Survey on Drug Use and Health.

To help address the problem and foster safe and healthy Army communities, Army installations across the United States are once again partnering with the U.S. Drug Enforcement Agency (DEA) and state and local law enforcement agencies Oct. 29, in support of the third National Prescription Drug Take-Back Day.

Military installations will provide drop off locations for all active duty, family members, civilian employees and retirees to anonymously turn in medications or prescription drugs.

At Fort Sam Houston, people can turn in unused prescription drugs from 10 a.m. to 2 p.m. at the refill pharmacy, Building 2401 on Scott and Allen Roads, and also at the San Antonio

Military Medical Center's medical mall on the first floor from 10 a.m. to 2 p.m.

To find a drop-off location off post, visit the DEA website at http://www.dea.gov/diversion.usdoj.gov/drug_disposal/take-back/index.html.

The potential abuse, overdose and environmental issues associated with the incorrect disposal of prescription drugs are serious concerns for the entire country.

Unused, unwanted or expired prescription medications are also a public safety issue, leading to accidental poisoning, overdose and a catalyst for drug abuse.

Abuse of prescription painkillers ranks second behind marijuana as the nation's most prevalent illegal drug problem and is the second leading

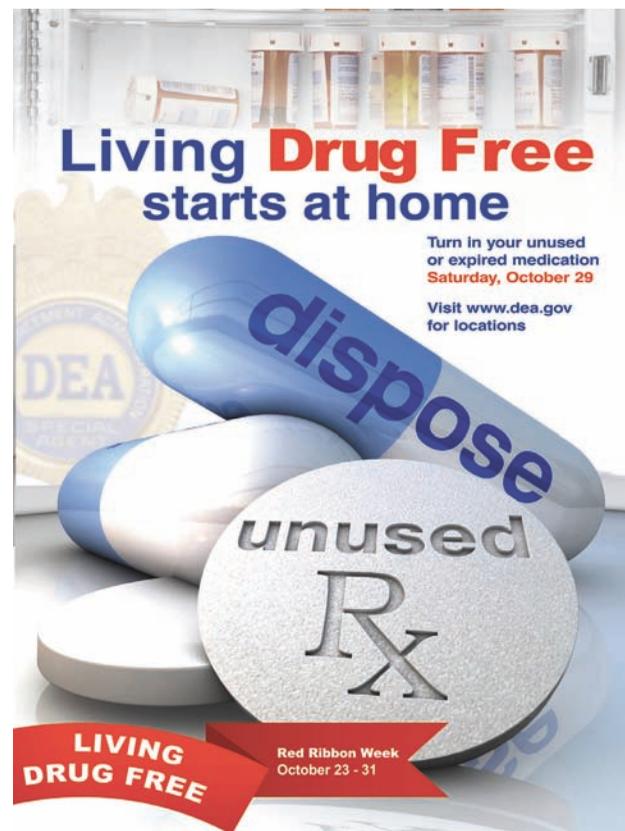
cause of accidental death.

This event is a prime opportunity to raise community awareness and educate military communities on the dangers of prescription drug abuse, and help make military installations a safer place to live and work.

IMCOM garrison commanders will support the third National Prescription Take Back Day to help raise public awareness of DOD's commitment to a drug-free military community.

"During the most recent National Drug Take-Back Day April 30, there were 38 collection sites at 27 installations participating in the second National Prescription Drug Take Back Day," said Linda Martinez, from the HQ IMCOM Army Sub-

See DRUG, P16



32nd Medical Brigade selects entrants for All-Army Best Medic Competition

By Esther Garcia
AMEDDC&S Public Affairs

The 32nd Medical Brigade held a grueling three-day competition to select the two top medics to represent Fort Sam Houston in the All-Army Best Medic Competition at Camp Bullis Nov. 4 to 6.

Fourteen brigade Soldiers competed in the Expert Field Medical Competition from Oct. 4 to 6. Divided into two-man teams, the seven teams competed in various categories testing their physical, mental and leadership skills.

Sgt. 1st Class Richard Gutierrez and Sgt. 1st Class Jimmy Keen were chosen to represent the

brigade in the upcoming competition.

"This is our version of the best medic competition," said Col. William LaChance, commander, 32nd Medical Brigade. "These are all volunteers ... they came forward to compete."

"The competition was patterned around the Expert Field Medical Badge. It contains some of the same skills, but the scenarios and standards vary," he added. "In some instances, it's even more challenging than the EFMB."

The first day began at 4:30 a.m. with a running event at Camp Bullis, then on to the range for weapons qualification.

With barely a mo-

ment to rest, the next event tested the Soldiers stamina and strength as they went through the obstacle course, consisting of 15 scenarios from climbing ropes, going through a log maze, performing balancing acts, climbing high towers, repelling, jumping over high walls and crawling under barb wire.

But the day didn't end here, as the competitors then headed to a classroom to take a one-hour written test.

The next day began at daybreak with a 10-mile night and day land navigation. After a 30-minute break between events, the next competition tested the competitors' medical and leadership

skills.

The combat trauma lanes took place in a foreign-village scenario, with snipers lurking behind walls. The trauma lanes included performing life saving measures on a casualty while under sniper attack, preparing the casualty for evacuation by a Stryker ambulance and a surprise event, which included a scenario for a helicopter medical evacuation.

Medics performed medical techniques such as re-inserting a collapsed lung, tourniquet placements, and inserting an IV on their teammate.

See EFMBC, P9

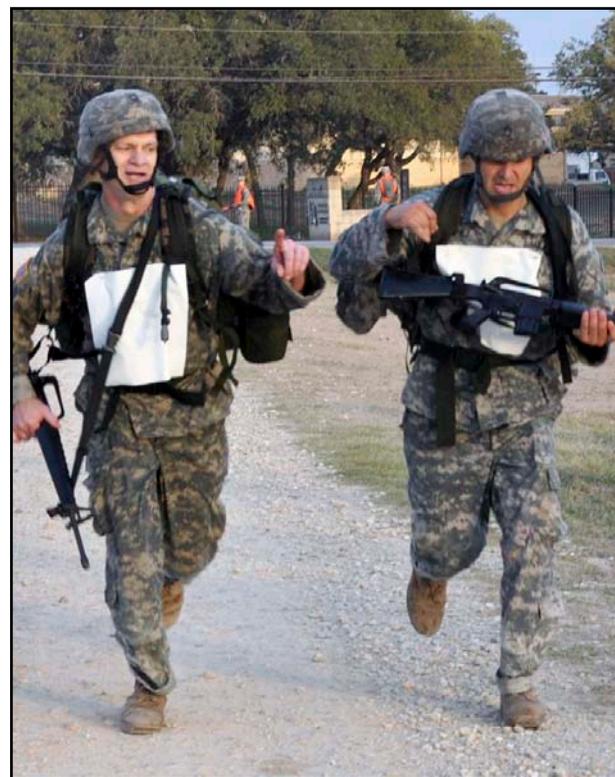


Photo by Esther Garcia

Sgt. 1st Class Richard Gutierrez and Sgt. 1st Class Jimmy Keen complete the 12-mile road race march placing first in the Expert Field Medical Competition. Gutierrez and Keen will represent Fort Sam Houston at the All Army Best Medic Competition Nov. 4 to 6 at Camp Bullis.

EFMBC from P8

“The combat medic lane was a good event, it really brought the real world, the casualty, the



Staff Sgt. Rafael Colon (left) remains still while his teammate, Staff Sgt. Christopher D. Morgan, draws blood and prepares an intravenous therapy.

role playing,” said Sgt. 1st Class Rafael Colon, Department of Combat Medic Training, who had never before loaded a casualty in a Stryker ambulance.

“We come to this competition thinking, yeah we know this, I got this, but sometimes we have to put our pride aside, and start digging into what’s new out there, and expect not to know anything,” Colon added.

Lachance said the event was intended not only to be physically and mentally challenging, but also puts demands on their leadership abilities, because they are provided with the equipment, the mission and scenario they need; it is up to them to decide

how they are going to do it.

“They really have to think through these tasks,” LaChance said.

The competition ended with a 12-mile road race march. The road march was more a race because points were awarded by where the Soldiers finished.

Gutierrez said the cardio, running and the strenuous events are his strong points since he does them every day. Gutierrez is the team captain for the FSH Running Team and he recently participated in the Army’s 10-Miler run in Washington, D.C.

After crossing the finish line first in the 12-mile road race, Gutierrez said, “We needed this as a team to finish first. Competing against these other guys, who are the best medics, we needed those extra points, it was a strong finish.”



“Gutierrez kept me motivated,” Keen said. “He is a top Soldier, motivates me all the time, instead of letting me sit back as I get older and more advanced in rank. He motivates me to get out and do stuff with

these young Soldiers.”

Gutierrez and Keen will compete in November with teams from all the medical command units and regions from around the country. A team from Afghanistan and the 160th Special

Operations Aviation Regiment are also scheduled to compete.

“We plan to have 33 teams. This competition will be at a level or exceeding the level of the best ranger competition,” LaChance said.

During the Combat Medic Trauma lanes competition, candidates encounter enemy fire as they attempt to find shelter for a casualty to provide medical treatment.
Photos by Esther Garcia

**Oct. 28**

CAM Kickoff Luncheon. Hosted by the Greater Chamber, the speaker is Ken Fisher, chairman, Fisher House Foundation. Marriott Rivercenter Hotel (101 Bowie St.). 11:30 a.m. registration, noon lunch.

San Antonio Rampage hockey game. Celebrate America's Military night. At the AT&T Center: 7 p.m. Click on <http://www.sarampage.com/home/> for more information.

Oct. 29-30

AirFest 2011. At Randolph Air Force Base, gates open 9 a.m., close 5 p.m.

Nov. 1

CAM Proclamation, Bexar County. Bexar County Courthouse, 11 a.m.

Nov. 2

CAM Proclamation, City of San Antonio. City Council Chamber, 5 p.m.

Nov. 7

CAM Birdies for the Brave golf tournament. TPC San Antonio, 23808 Resort Parkway. 9:30 a.m. registration, noon shotgun tee time. Click on <http://www.birdiesforthebrave.org/> for more information.

Nov. 8

Air Force Association Combat Breakfast. Kendrick's Enlisted Club, Randolph Air Force Base, 7 a.m.

Nov. 9

Spirit of America Dinner, hosted by The Greater San Antonio Chamber. Speaker is Gen. Philip

M. Breedlove, vice chief of staff, U.S. Air Force. Hyatt Regency Hotel, 123 Losoya; 6:30 p.m. cocktails, 7 p.m. dinner.

Nov. 10

Employer Support for the Guard & Reserve (ESGR) "Salute to Bosses" luncheon. Speaker is Maj. Gen. Eddy Spurgin, commanding general, 36th Infantry Division, Texas Army National Guard. Double Tree Hotel Downtown, noon lunch.

U.S. Military Veterans Parade Association Proclamation. City Council Chambers at 5 p.m.

Nov. 11

Veterans Day ceremonies, Fort Sam Houston National Cemetery, 9:30 a.m. Bexar County Buffalo Soldiers commemorative ceremony, San Antonio National Cemetery, 1:30 p.m.

Nov. 12

U.S. Military Veterans parade and wreath laying. Alamo Plaza, 10:30 a.m. Parade at noon. Click on <http://usmvpa.com/> for more information.

Nov. 13

Rock n Roll Marathon, Half Marathon. S. Alamo Street and E. Market Street, 7:30 a.m. Military members can sign up with this code for \$15 discount: MILITARY2011. Veterans Day concert "Salute to Service" at Majestic Theater at 7 p.m., featuring the Air Force Band of the West

Postal Service sets holiday mail deadlines

By Mark Edwards

Human Resources Command Public Affairs

The United States Postal Service and Military Postal Service Agency have released deadlines to ensure packages arrive to Military and State Department post offices overseas by Dec. 25, 2011.

Deadlines to ensure arrival by Dec. 25 are Nov. 12 for parcel post mail; Nov. 26 for space-available mail; Dec. 3 for parcel airlift mail; Dec. 10 for priority mail and first-class mail, letters and cards; and Dec. 17 for express mail military service.

The Military Postal Service Agency highly encourages customers to mail packages on or before the dates for the specific mail category in order to avoid unplanned transportation delays. Not all military or State Department post offices are eligible for Express Mail Military Service. Therefore, customers should plan accordingly.

"Express Mail Military Service is not available for holiday packages and mail going to Iraq and Afghanistan," said Faye Slater, the deputy director of the Military Postal Service Agency.

The Military Postal Service provides mail service around the world to Department of Defense and most Department of State locations.

KICKING UP THEIR HEELS AT IMCOM



Photo by Karla Seijas

Isis and Luis Rosario present a set of folk and contemporary dance and song during the U.S. Army Installation Management Command headquarters Hispanic American Heritage Month observance on Fort Sam Houston Oct. 13.

FIREFIGHTING FUN AT THE LIBRARY



Photo by Jennifer Swee

Firefighters from the Fort Sam Houston Fire Department visit story time fans in celebration of Fire Prevention Week. About 40 children and parents enjoyed the visit from FSH firefighters Roman Cortez and Sherry Salone.

FIRE PREVENTION OPEN HOUSE



Photo by Lori Newman

Children climbed on fire engines, explored an ambulance and sounded the sirens on a police car during the Fort Sam Houston Fire Prevention Open House Oct. 15 as part of Fire Prevention Week activities. Kindergarteners through fifth graders received awards for their creative drawings and families received safety and fire prevention tips and goodies, along with hot dogs and cake.

Cooperation with Mexico, Canada crucial for homeland defense

By Patti Bielling
ARNORTH Public Affairs

The U.S. Army's partnerships with the armies of Canada and Mexico are more important than ever as the three nations face a myriad of common threats, said Lt. Gen. Guy C. Swan III at the 2011 Association of the United States Army annual meeting.

The general in charge of defending the homeland was joined by five other geographic Army commanders Oct. 11 in a discussion of the future of military engagement activities around the globe.

Swan discussed the various cooperation activities that U.S. Army North has undertaken with its partner militaries as part of a U.S. whole-of-government effort to "defend the homeland

in depth."

"Our two friends, Mexico and Canada, are key to continental defense in North America as we face the common threats of international terrorism, transnational criminal organizations and natural disasters," Swan said.

Mexico's fight against transnational criminal organizations has brought the two nations and the two militaries closer together than ever before, Swan said.

Among the engagements with Mexico, Swan highlighted the coordinating regular meetings between U.S. law enforcement agencies and the Mexican National Defense Forces, all of which play a role in securing the Southwest border.

Other engagements include meetings with military commanders on

both sides of the border and visits by senior Mexican military officials to various Army activities in the United States.

The importance of cooperation was made tangible recently with the apprehension of an Iranian-American suspected of plotting the assassination of Saudi Arabia's ambassador to the United States. According to news reports, several government agencies in Mexico and the United States worked together to ensure the arrest.

The relationship is reciprocal, Swan said, noting that Army North has learned a lot from their Mexican partners who are experts in disaster response.

With Canada, civil assistance remains a priority. Swan continued to enforce how ongo-



Photo by Patti Bielling

(From left) Lt. Gen. Vincent K. Brooks, commanding general, U.S. Army Central Command/Third United States Army; Maj. Gen. David Hogg, commanding general, U.S. Army Africa/Southern European Task Force; and Lt. Gen. Guy Swan III, commanding general, U.S. Army North/Fifth United States Army collectively speak to attendees of Association of the United States Army conference on the topic of "The Future of Engagement Opportunities and Shaping Operations Around the Globe" at the Walter E. Washington Convention Center Oct. 11.

ing bi-national planning is critical to facilitate cross-border response to disasters.

When asked about the effect of shrinking budgets might have on future engagements, all panel members agreed that

the small investment in peace-time Army-to-Army activities yields great returns for our nation's security.

"Engagement makes a difference in every region of the world," said Lt. Gen. Vincent K. Brooks,

commander of U.S. Army Central. "I call it exporting professionalism. Through close contact with the professionals from other countries, those countries become stable and reliable partners."

68R: Veterinary Food Inspection Specialists help protect service members, families

By Lori Newman
FSH News Leader

Army Veterinary Food Inspection Specialists or Military Occupational Specialty 68 Romeos, approve all vendors and inspect all food purchased by the Defense Department.

“Food Inspection Specialists touch more lives more frequently than any other part of the medical department,” said Dr. John Deaton, deputy chief of the Department of Veterinary Science, U.S. Army Medical Department Center & School.

“Every time a fork goes in food, they have had a hand in making sure it is safe to eat.

“The two main missions of the 68 Romeo are to protect to health and welfare of the troops and to protect the financial interests of the government,” Deaton said.

The Army Veterinary Food Inspection Specialist basic course is eight weeks long and consists of both hands-on and didactic training covering inspection of red meats, poultry, water foods, eggs, dairy products, fresh fruits and vegetables, Meals Ready

to Eat and Heat and all other operational rations.

Students learn cleaning and sanitizing procedures, how to determine proper temperatures, characteristics of potentially hazardous foods, food sample management and laboratory submission.

They also sample a wide variety of foods as part of their training.

“If they don’t know what right tastes like, how will they know if items are spoiled or contaminated,” said instructor Staff Sgt. Tam Thai.

As a practical exercise, the students spend two days at the commissary putting their food defense and food safety skills to the test.

“Veterinary Food Inspection Specialists check for contractual compliance, to verify the vendor is providing what was stipulated in the contract,” said Sgt. 1st Class Eric Moody, instructor and NCO in charge of the Veterinary Specialist Branch.

“They check the wholesomeness of the products and make sure the items have not been tempered with, checking for both intentional and non-intentional

contamination.”

Once students graduate, they go to duty sites around the world. Veterinary Food Inspection Specialists may be stationed at an Army garrison, on a Navy base, at an operational rations plant or they may be deployed.

Specialists stationed in garrison inspect all food that service members and their families come into contact with on post. They inspect all food and beverages at the commissary, Post Exchange, dining facilities, and at all Morale, Welfare and Recreation facilities.

Food inspectors with more advanced training may participate in a ship-rider program, accompanying Sailors on a Navy ship.

Veterinary Food Inspection Specialists are also stationed at operational rations assembly plants.

“MRE’s have about six layers of protection,” said instructor Staff Sgt. Adrienne Harmon. “However, if there are any instants where that protection is compromised; that’s when our 68 Romeos are the first line of defense.”



Staff Sgt. Barbara Ortiz instructs Pvts. Shanta Brimmage, Waggoner Spurlen, J'vonte Gunthery and Eustache Mine on performing a sensory evaluation of dairy during the basic Army Veterinary Food Inspection Specialist course.

Photos by Staff Sgt. Tam Thai



Pvt. Jessica Todd identifies muscles of a beef ribeye roll during the basic 68 Romeo course.



Pvt. Eustache Mine inspects milk after refrigeration failure to see if it can be safely salvaged.



Pvt. Destiney Butler, Pfc. Linda Castillo and Pvt. Robert Banister inspect rations as part of their training to become Army Veterinary Food Inspection Specialists.



Pvt. Heather Buchanan learns the characteristics of an MRE entree to determine if the ration is serviceable.



Pvt. Courtney Boyes inspects fish for signs of decomposition during a hands-on exercise as part of the basic 68R course.



Pvt. Walton and Pfc. Chin perform a sanitary inspection at the Fort Sam Houston commissary. Students spend two days at the commissary putting their newly-learned skills to the test.



Pvts. J'vonte Gunthery and Destiney Butler ensure ready to eat food at a self-service display in the commissary is safe for consumption.

DRUG from P7

stance Abuse Program Office. "These sites collected and disposed of more than 1,200 pounds of unwanted, expired and unused prescription drugs."

Throughout the United States approximately 4,000 state and local law enforcement agencies also participated in the previous two National Prescription Drug Take-Back Days. The American public has turned in more than 309 tons of pills and medication during the combined events.

ASAP offices will serve as the installation point of contact, and will coordinate with the local DEA for the proper procedures of medication handling and disposal.

The collection points

will be in areas of high visibility to the military community. Installations will have certified Law Enforcement personnel (military police /Department of the Army civilian police) physically present at the drop off locations for the duration of National Prescription Take Back Day activities per DEA protocols.

For more information about the National Prescription Drug Take-Back Day or to find a drop-off location, visit the DEA website at http://www.deadiversion.usdoj.gov/drug_disposal/takeback/index.html or contact your local Army Substance Abuse Program representative.

(Source: U.S. Army Installation Management Command Public Affairs)

WILSON WAY CLOSURE

According to the 502nd Civil Engineer Squadron, a portion of Wilson Way between Scott Road and 7th Street will close from Oct. 24 through Dec. 24. Traffic will be detoured around this section of Wilson Way via Scott Road, Taylor Road and 7th Street.

7th Street, which is currently a one-way street between Taylor and Wilson, will now be a two-way street in both directions. This closure is required to install active vehicle barriers, a communications duct bank, street lights, signal lights, and cable barriers, which are all required for the new entry control point.

Motorists are encouraged to use the Jadwin ECP and New Braunfels access control point when departing Fort Sam Houston in the afternoon to avoid traffic congestion in the area of Wilson and Scott Roads. The Jadwin ECP is open until 6 p.m., Monday through Friday. The New Braunfels ACP currently operates from 3:30 to 5:30 p.m. Monday through Friday for exiting traffic only.

LOOKING BACK



Photo by Kathy Salazar

John Manguso, Fort Sam Houston Museum Director, shows veterans from the 1/52nd Combat Medics where their barracks was located on a 1965 terrain model of the post while visiting the museum, Oct. 14. The veterans were welcomed to Fort Sam Houston by Col. John Lamoureux, 502nd Mission Support Group Commander, and toured the Combat Medic facility, Army Medical Command Museum and visited both the Benner Barracks and the new NCO Living Quarters.

STUDENTS OF THE MONTH



Courtesy photo

Each month, Cole Middle and High Schools recognize one student from each grade level for his/her outstanding attitude, citizenship, and overall contribution to the school. The students are nominated by their teachers and then one student is selected by the faculty of each grade level. The high school recipients for September are (back row, from left) Hannah Meyer, 11th grade; Marissa Griffith, 10th grade; Kali Campell, 12th grade; (front row, from left) Kina Wong, 8th grade; Shelby Maxton, 7th grade; Anna Vasquez, 6th grade.

ARSOUTH Soldiers competes in Army Ten-Miler

By Robert R. Ramon
U.S. Army South Public Affairs

More than 40 U.S. Army South Soldiers joined approximately 30,000 other runners from around the world in Washington, D.C., Oct. 9, to compete in the U.S. Army's premiere running event, the 27th Annual Army Ten-Miler.

Beginning and ending at the Pentagon, the Army South Soldiers were split into five different teams from throughout the ARSOUTH

area of responsibility, which includes South and Central America and the Caribbean.

"It is a world-class race," said Capt. Eric Corbett, from the ARSOUTH Command Surgeon Office at Fort Sam Houston. "This is the second largest ten-miler in the world and the teams get really competitive."

Having participated in the run several times with various commands since 1995, Corbett knows the satisfaction that goes along with par-

ticipating.

"It's really worth it; I try my hardest to get on the team every year," Corbett said. "There's a selection process so you're competing to qualify in order to say you were one of the best Army South had to offer."

A key tenet of the Army Ten-Miler's mission is to build esprit de corps. The Army South Soldiers took advantage of the opportunity to do just that.

"The best part is the overall camaraderie and

seeing people that you've served with throughout your career all coming together for one occasion," said Lt. Col. Claudia Carrizales, ARSOUTH Security Cooperation Division chief of international military affairs. "The majority of the people running here are military and it's a tight group compared to other races."

Although none of the Army South teams took the overall top spot against the nearly 700 other teams participating in the event, the Soldiers left with a sense of pride and satisfaction.

"It's about getting together with others in our community and enjoying the camaraderie," said Sgt. 1st Class Dori Pelley from the Defense Attaché Office at the U.S. Embassy in Managua, Nicaragua. "I participate here because it's an amazing event. Even though I know I'll probably never get a medal, it's a very rewarding experience."



Sgt. 1st Class Carla Hill, from U.S. Army South, keeps pace with other runners near the seventh mile of the U.S. Army 10-miler in Washington, D.C., Oct. 9.

Photo by Eric R. Lucero

News Briefs

from P4

FSH Retirement Ceremony

The Fort Sam Houston Installation Retirement Ceremony is traditionally held on the final Thursday of each month at historic Quadrangle. Military and civilian personnel from all branches of service are invited to participate. For dates and further information, call 221-9562.

Complete Joint Base Travel Survey; win prizes

The JBSA Origin-Destination Travel Survey is underway. It will identify the travel patterns of military, retiree, and civilian populations at Fort Sam Houston, Camp Bullis, Lackland and Randolph Air Force Bases. Target audience is JBSA personnel (active duty, reservists, DoD civilians/contractor), retirees, and dependents 18 years and older. Go to <https://www.surveymonkey.com/s/JBSAsurvey>, complete the survey. Each respondent will receive a

coupon for a free cup of coffee at the JBSA AAFES Express stores (formerly known as the Shopette) and will also be automatically entered into a raffle to win one of three prizes: \$100 Gas Card, \$50 Exchange Gift Card and \$50 Exchange Gift Card.

Fort Sam Houston Graduation Ceremony

All service members who have graduated with a college degree in the last fiscal year, October 2010 to date, are eligible to participate in the Fort Sam Houston Graduation Ceremony 2 p.m. Nov. 15 at Roadrunner Community Center, Building 2797. Participants will be allowed to invite family members, cross the stage and enjoy an after-ceremony reception. Participants are required to attend a rehearsal the morning of the event. If you are interested in participating, please contact Education Center counselors at 221-1738 before Nov. 1.

NAF Employment Info

For information about Non-Appropriated Fund employment,

contact the NAF Human Resources Office for Fort Sam Houston, Joint Base San Antonio. For information on Army Veterinary Command NAF, Fisher House NAF and Army Recreation Machine Program, call 808-2873 or 221-7289. For more information on Air Force NAF, call 808-7577.

Cars with DV Plates Can Park in Handicapped Spaces

According to Fort Sam Houston Regulation 190-8 and Texas Criminal and Traffic Law Manual (Section 681.008), disabled veterans can park in any handicapped space. Section 504.202 of the manual requires the disabled veteran's license plates to display the letters "DV." Law enforcement officers on Fort Sam Houston will look for either the national symbol (wheelchair) or the "DV" letters on license plates when checking handicapped parking spaces.

Combined Federal Campaign

Fort Sam Houston's campaign goal is \$1,343,389. Pledge now through Dec. 15. Call 221-2207 for information.

SPOUSE from P3

when a military spouse has to move, their employment opportunities will continue with that company.

"We do look for companies also that have a global footprint, since our military community members live overseas," Gordon said.

The MSEP website shows 54,000 available jobs, but Gordon said even more can be found through the human resources departments of the partner companies.

"Our spouses have a 26-percent unemployment rate and a 25-percent wage gap," Gordon said. "As we all know, with deployment and moves overseas, often times our spouses have difficulty finding and keeping jobs and careers. This levels the playing field by

matching companies to the skill sets of our spouses."

The MSEP program only began serving spouses of all military service members in June. Since then, it has provided employment to some 5,600 military spouses. Before it was MSEP, however, the program belonged to the Army. The Army founded the partnership in 2003.

Gordon said the

MSEP program does more than provide spouses with gainful employment. It also helps businesses find skilled employees, it helps families, and it even helps the military.

"We feel it does positively affect readiness and retention," he said.

The MSEP program website can be found at <http://www.msepjobs.com>.





Announcements

It's Up To Me To Be Drug Free

Student's in kindergarten through 12th grade can enter to win an iPad 2 and \$1,000 for their school by decorating their homes' mailbox, front door or fence with the theme, "It's Up To Me To Be Drug Free," and uploading pictures to <http://www.redribbon.org/enter>, then friends and family can vote for their entry Nov. 1-15.

Looking For Golfers

Join the Fort Sam Houston Dawg Fight golf group. The group plays on weekends and holidays, at top local area resorts and private courses. Visit <http://www.dawgfight.com> for information.

Second Division Association

The Second (Indianhead) Division Association is searching for anyone who served in the 2nd Infantry Division. For information about the association and their

annual reunion in Reno, Nev., Aug. 23-27 visit <http://www.2ida.org> or call 224-225-1202.

Employment Initiative Program Job Fairs

The South Texas Employment Initiative Program, a coalition of the Department of Defense's Employer Support of the Guard and Reserve, the Department of Labor/Veterans' Employment and Training Service, the Texas Veterans Commission and the Alliance for Veterans and Families, assists veterans with immediate assistance and/or training and then connecting them with employers who are ready to hire. The EIP is supporting career fairs: the Military Officers Association of America Career Fair and Workshop at the Marriott Riverwalk Oct. 26-27 and the Non Commissioned Officers Association Career Fair and Workshop at the Norris Convention Center Nov. 15. Career fairs are open to current and prior service military personnel, active duty and Reserve.

Neanderthal Trail Run

Register now for the Neanderthal Trail Run sponsored by Troop

Support Company. The 11-kilometer (about 7.1 miles) run will be held Dec. 2 beginning 6:30 a.m. from Building 5130 Wilkerson Road on Camp Bullis. Must register prior to race day, cost is \$30/civilian and \$20/military with ID card, fee includes T-shirt. Call 295-7697 for information.

Basic Skills Education Program

The Fort Sam Houston Education Center Basic Skills Education Program is designed to teach and refresh basic college preparatory skills to service members with a GT score less than 110. Learners must be self-motivated individuals who desire to increase their capabilities in basic skills in a rigorous learning environment, Monday-Friday 7:30 a.m.-3:30 p.m. for a period of 14 working days. Service members will receive instruction in reading comprehension, vocabulary, and math skills. Call 221-1738 to enroll or for information.

Tinnitus clinical trial

Does ringing, buzzing or roaring in your ears overwhelm you? Wilford Hall is conducting a Tinnitus Retraining Therapy clinical trial,

funded by the National Institute of Deafness and Other Communications Disorders. In this trial, participants will be treated with tinnitus retraining therapy, which includes low-level sound therapy and directive counseling, or the standard care typically given for persons with severe tinnitus in military medical facilities. To participate, interested individuals must have severe tinnitus and near normal hearing, be 18 years or older, speak and understand English, consider tinnitus overwhelming, be willing to participate in an 18-month research study, and be eligible to receive care at a Department of Defense medical facility. Call 292-5420 or 292-5421.

Stilwell House

The Fort Sam Houston Stilwell House, a historic landmark since 1888, is open for tours, receptions and parties. The Stilwell House is managed by the Society for the Preservation of Historic Fort Sam House, Inc. a 501(C)(3) Corporation not affiliated with the Department of Defense. Call 224-4030 or 655-0577 for more information.

Toastmasters Club

The club meets the second and fourth Wednesday of every month noon-1 p.m. in the Joint Program Management Office conference room 1A, Building 4196. Call 663-4814 or 850-420-1610 or visit <http://www.futurespeakers.freetoast-host.org>.

Van Autreve Sergeants Major Association

The SMA Leon L. Van Autreve Sergeants Major Association meets the third Thursday of each month at 5 p.m. at the Longhorn Café, 1003 Rittiman Rd. All active duty, Reserve, National Guard and retired sergeants major are invited and encouraged to attend. Call 221-0584 or 889-8212 for information.

Sergeant Audie Murphy Club

The SMA Leon L. Van Autreve Chapter of the Sergeant Audie Murphy Club meets the third Thursday of each month at noon in the Men's Card Room at the Fort Sam Houston Golf Club. All Sergeant Audie Murphy or Sergeant Morales members are invited and encouraged to attend. Call 808-1732 or 221-0144.

Calendar of Events

Oct. 20

Cloverleaf Communicators Club

The Cloverleaf Communicators Club is open to military, family members and civilians who are interested in developing or enhancing their leadership and communications skills. The club will celebrate Founder's Day 11:45 a.m.-1 p.m. at San Antonio Credit Union, Stanley Road, in the conference room. Regular meetings are held the first and third Thursday every month. Call 916-3406 or 221-8785 or visit <http://powertalkinternational.com/>.

Oct. 26

B-29 at Hondo Regional Airport

The Commemorative Air Force is pleased to announce that it's world-famous B-29, "FIFI," will stop off at South Texas Regional Airport in Hondo Oct 26-28 as part of the Ghost Squadron Tour, 2011. In addition, the B-24 Liberator "Ol 927" will be available for ground tours and rides from 9 a.m.-5 p.m. Oct. 26-27, and 9 a.m.-1 p.m. Oct. 28. Visit <http://www.RideB29.com>, reservations are suggested, but not required.

Force Support Squadron

Family & MWR

Announcements

Hunting at Camp Bullis

Rifle hunting season opens at Camp Bullis Nov. 12, Saturdays and Sundays from 5:30 a.m. to late evening for selected permit holders. Bow hunting for deer, hogs and turkeys is underway Mondays and Thursdays 5:30-10 a.m., and Friday through Sunday 5:30 a.m. to late evening. Call 295-7529/7577.

Stage Fright

The Center Stage youth performers will entertain with some howling good tunes Oct. 21-23 and 30 at 6:30 p.m. at the Harlequin Dinner Theatre, Building 2652, Harney Road. To reserve a seat, call 222-9646.

Armed Forces Action Plan Conference

The Armed Forces Action Plan Conference will be held 9 a.m. to 4 p.m. Nov. 15-18 at the Sam Houston Community Club. This is an opportunity to voice concerns and recommend changes regarding military quality of life to DOD leadership and Fort Sam Houston commanders. Submit your issues by Oct. 21. To participate or submit is-

sues, call 221-2604/2705 or email jbsa.afap@gmail.com.

Teen Armed Force Actions Plan

This is an opportunity to let teachers, school leaders and Fort Sam Houston commanders know how to improve military family life. Submit issues and applications to participate in the conference by Oct. 25 to school leaders, Child, Youth and School Services Programs or email jbsa.afap@gmail.com. The Teen AFAP conference will be held Nov. 17, 9 a.m.-4 p.m. and Nov. 18, 9 a.m.-noon at the Sam Houston Club.

Youth Center Haunted House

The Youth Center will hold a haunted house Oct. 21, 22, 28, 29 and 31, from 6-10 p.m. in Building 1630, Watkins Road. The cost is \$2, and is open to all ages. Call 221-3502.

Sports Scores

For Fort Sam Houston and 32nd Medical Brigade intramural sports results, visit <http://bit.ly/MWRsports>.

Outdoor Equipment Center

The Outdoor Equipment Center, Building 1111 on Forage Avenue, has new 18, 20 and 26 foot campers, new flatbed trailers, a new speed boat, new pontoon and more. Call 221-5225/5224.

Microsoft Office Classes

Oct. 25 - Access Level 2
Oct. 26 - PowerPoint Level 1
Oct. 27 - PowerPoint Level 2
Classes are held at the Roadrunner Community Center, Building 2797 from 8 a.m.-noon. Registration is required, call 221-2518/2705.

Calendar of Events

Oct. 21

Unit Trauma

This training is 9 a.m.-2 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-1829/0946.

Balancing Marriage and Baby

The class is 11 a.m.-1 p.m. at the Roadrunner Community Center, Building 2797. Learn to identify and plan for relationship challenges both before and after the baby. Call 221-0349.

Oct. 24

Couponsing

The class is 2 to 4 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-1612.

Oct. 25

Family Readiness Group Leadership Academy

The training is Oct. 25-26 from 8 a.m.-4 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-1829/0946.

Newcomer's Extravaganza

The extravaganza is 9:30-11 a.m. at the Sam Houston Club. Come learn about Fort Sam Houston and the San Antonio area as well as meet representatives from many different organizations, programs and businesses. Call 221-2705/2418.

HUGS playgroup

This playgroup for parents and children up to age 5 meets Tuesdays, 9-11 a.m. at the Middle School Teen Center, Funston Road. Registration is not required. Call 221-0349/2418.

Baby Talk

This new parent support group meets Tuesdays, 1-2:30 p.m. at Dodd Field Chapel. Light snacks and drinks are provided. Call 221-0349/0655.

Mandatory First PCS Move

The class is noon-2 p.m. at the Roadrunner Community Center, Building 2797. To register, call 221-1612.

Holiday Job Fair

The job fair is 5-7 p.m. at the Roadrunner Community Center, Building 2797. This fair is open to the entire Fort Sam Houston community. Call 221-0516/0427.

Oct. 26

Stress Management

The class is 11 a.m.-12:30 p.m. at the Roadrunner Community Center, Building 2797. Call 221-0349.

Mandatory Initial First Termer Financial Readiness

The class is noon-2 p.m. at the Education Center, Building 2248. Class space is limited. To register, call 221-1612.

Living by Faith

The Family Life Program will offer a new four-part series titled, "Scream Free Marriage," beginning Oct. 26 from 6:45-8 p.m. Dodd Field Chapel. To register, call 221-0349 or 295-0313.

Oct. 27

Old Haunts, New Buildings Tour

The tour begins at 9 a.m. from the Roadrunner Community Center, Building 2797 and finishes at 1 p.m. Newcomers will enjoy this guided bus trip to become familiar with their new home. Open to all DOD ID cardholders. Call 221-5002.

Child Safety Seat Clinic

Family Life Program will offer a Child Safety Seat Clinic 1-3 p.m. at the Auto Craft Shop, Building 2410 Funston Road. This clinic is open to all military ID card holding Families with children under 4 feet 9 inches, or 100 pounds. Expectant Families are encouraged to attend as well. This clinic will provide a safety seat check-up, installation education and recall checks. New car seats will be provided only if the current car seat is outdated or on the recall list. Registration is required and the children must be present to be weighed and measured. To register, call 221-0349, 221-0326 or 221-0221.

Oct. 28

Family Fun Day Carnival

See MWR, P23

REMINDER CALENDAR

- Oct. 25** Holiday Job Fair, 5-7 p.m., Roadrunner Community Center
Oct. 28 Family Fun Day Carnival, 3-5 p.m., Child Development Center
Oct. 28 Halloween Carnival, 4-5:45 p.m. School Age Services, Building 1703
Oct. 29 Combat Medic Run, 7:30 a.m., MacArthur Field
Oct. 31 Trick or Treating, 6-8 p.m. on Fort Sam Houston
Nov. 5 Post-wide Yard Sale & Flea Market, 7 a.m.-1 p.m., housing areas and MacArthur Pavilion

Edwards Aquifer Level

in feet above sea level
as of Oct. 19

CURRENT LEVEL* = 651.4'

*determines JBSA water conservation stage

Normal - above 660'

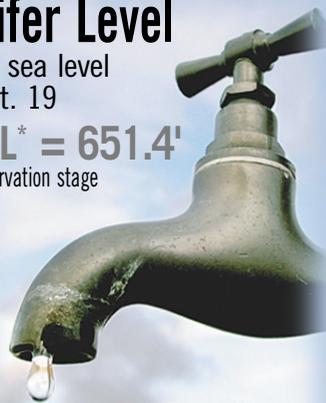
Stage I - 660'

Stage II - 650'

Stage III - 642'

Stage IV - 640.5'

Stage V - 637'



Joint Base San Antonio water restrictions have been returned to Stage II. As of Oct. 17, the Bexar County index well J-17 was at 651.7 feet. The JBSA Drought Management Plan calls for levels to revert to next higher level after 30 days of being above trigger. The J-17 has stayed above 642.0 feet since Sept. 16.

'There's A Monster In My Closet' at Cole

Robert G. Cole High School presents its fifth annual dinner theatre with the musical, "There's A Monster in My Closet,"

written by Angela D. Stewart and Bill Francoeur. The play is being directed by Cole drama teacher Barbara Lien and choir director Dan Vasquez.

Located in the Cole High School Mall, the dinner begins at 5:30 p.m. and will be prepared by the Culinary Arts students under the direction of their teacher, Nancy Hildenburg.

Three performances are scheduled to begin at 6:30 p.m. Oct. 29, Nov. 1 and 2. Tickets are \$7 each and include

the meal and show.

Reservations may be made online at <http://www.fshisd.net> on the Cole High School page. All proceeds support the Senior Theatre/Speech and Family Living scholarship.

There's a
MONSTER
in My Closet!



For Sale: REM Martinique bed, dual adjustment with massage, excellent condition, \$6,800 retail, asking \$3,800; 1994 Mercury Cougar, excellent engine, runs great, under book value, \$1,000; upright piano, \$549. Call 659-6741.

For Sale: Rascal electric leg lift wheelchair with instruction manual, price negotiable. Call 661-3765.

Rocco Dining Facility Menu

Building 2745, Schofield Road

Dining Room Breakfast Hours:

Monday-Friday 6:15-8:15

a.m., weekends and holidays

8-9:30 a.m.

Friday – Oct. 21

Lunch –11 a.m. to 1 p.m.

Chicken gumbo soup, cream of potato soup, jaegerschnitzel with mushroom gravy, breaded catfish, chicken cordon bleu, grilled citrus chicken breasts, vegetable stuffed peppers, noodles Jefferson, parsleyed egg noodles, German potato griddle cakes, macaroni and cheese, peas and celery, red cabbage with sweet and sour sauce, corn on the cob
Dinner – 5 to 7 p.m.

Bombay chicken, barbecued beef cubes, grilled pork chops, red beans and rice, oven-browned potatoes, steamed rice, honey dijon vegetables, yellow squash

Saturday – Oct. 22

Lunch – noon to 1:30 p.m.

Beef noodle soup, cream of mushroom soup, Greek lemon turkey pasta, tropical pork chops, Cajun catfish fillets, mashed potatoes, macaroni and cheese, hopping john rice, cauliflower, collard greens

Dinner – 5 to 6:30 p.m.

Herb baked chicken, meat loaf, baked stuffed fish, baked manicotti with sauce, rice pilaf, potato au gratin, carrots, asparagus

Sunday – Oct. 23

Lunch – noon to 1:30 p.m.

Vegetable soup, cream of broccoli soup, orange chicken stir fry, hamburger yakisoba, vegetable egg rolls, vegan pierogy with marinara sauce, spaghetti with meat sauce, steamed rice, mashed potatoes, green beans with mushrooms, vegetable stir fry

Dinner – 5 to 6:30 p.m.

Sauteed shrimp, steak ranchero, hamburgers, cheeseburgers, grilled cheese sandwiches, barbecued pork sandwiches, vegetable hearty burgers, mashed potatoes, baked beans, steamed rice, broccoli, corn, sauteed mushroom and onions, sweet potatoes

Monday – Oct. 24

Lunch –11 a.m. to 1 p.m.

Cream of chicken soup, French onion soup with croutons, beef pot pie with biscuits, honey chicken

wings, baked cod, bean burritos, chicken lasagna, jalapeno potato wedges, Kansas rice medley, calico cabbage, mixed vegetables
Dinner – 5 to 7 p.m.

Asian barbecued turkey, roast turkey, beef enchiladas, beef ravioli, Italian broccoli pasta, refried beans, mashed potatoes, steamed rice, carrots, green beans

Tuesday – Oct. 25

Lunch – 11 a.m. to 1 p.m.

Texas tortilla soup, cream of mushroom soup, roast pork tenderloin, herbed cornish hens, broccoli-rice and cheese, chicken enchiladas, O'Brien potatoes, wild rice, Mexican rice, pinto beans, French-style green beans, Mexican corn

Dinner – 5 to 7 p.m.

Oven fried chicken, roast beef, Mexican baked chicken, vegetarian nuggets, redskin potatoes, steamed rice, turnip greens, mixed vegetable, zucchini

Wednesday – Oct. 26

Lunch – 11 a.m. to 1 p.m.

Cream of potato soup, beef noodle soup, savory baked chicken, Italian rice and beef, apple-glazed corned beef, pasta primavera, caviar medley rice blend, parsleyed potatoes, cabbage, carrots

Dinner – 5 to 7 p.m.

Braised beef and noodles, ginger teriyaki salmon, buffalo chicken wings, rice frittata, potatoes and herbs, browned rice, green bean combo, asparagus, yellow and zucchini squash

Thursday- Oct. 27

Lunch – 11 a.m. to 1 p.m.

Asian stir fry soup, cream of chicken soup, Cantonese spare-ribs, barbecued chicken, Swedish meatballs, grilled turkey patties, cheese enchiladas, steamed rice, paprika potatoes, fried rice, hacienda corn and black beans, vegetable stir fry

Dinner – 5 to 7 p.m.

Chicken parmesan, beef baked spaghetti, spinach lasagna, sweet and sour chicken, whole wheat pepperoni pizza, garlic-roasted potato wedges, rice pilaf, broccoli, succotash, cauliflower au gratin

Menus are subject to change without notice

MWR from P21

A carnival will be held from 3-5 p.m. at the Child Development Center, Building 2530, Funston Road. This event is open to CDC patrons. Call 221-5002.

Halloween Carnival

School Age Services will hold a Halloween carnival, 4-5:45 p.m. in Building 1703, Winans Road for children ages 6 to 11. Call 221-5151.

Oct. 29

Combat Medic Run

The event will begin at 7:30 a.m. at the Command Pavilion on MacArthur Parade Field. Cost is \$15/5K and \$20/10K for online registration through Oct. 26 and \$20/5K and \$25/10K for online late registration Oct. 27-28. One day waived late fee, Oct. 27 10 a.m.-5 p.m. Packet pick up at the Jimmy Brought Fitness Center. Call 221-1234.

Spooky Storytime

Story time is 2:30-3:30 p.m. at the Keith A. Campbell Library,

Building 1222, Harney Road, with a costume parade, stories, crafts and more Halloween-style fun. For children in preschool through middle school. Call 221-4702.

Halloween Bowling Bash

The Halloween Bowling Bash begins at 7 p.m. at the Fort Sam Houston Bowling Center, Building 2521, Schofield Road. Costumes are welcome. Call 221-4242.

Oct. 31

Post-wide Trick or Treating

Halloween trick or treating hours are 6-8 p.m. on Fort Sam Houston for post residents.

Nov. 1

Army Family Team Building Level 2

The class is Nov. 1-2 from 8:30 a.m.-2:45 p.m. at Dodd Field Chapel. To register, call 221-2611.

Nov. 5

Post-wide Yard Sale and Flea Market

DOD ID cardholders and housing residents can register to sell their wares 7 a.m.-1 p.m. at the

flea market at MacArthur Pavilion or from their home on post by Nov. 3. Call 221-5225/5224.

Hearts Apart Support Group

This quarterly support group will meet at the Roadrunner Community Center at 10 a.m. and head to Fredericksburg for the day. Seating is limited, reservations are required. Call 221-9698/1372.

Poetry Slam

The Poetry Slam will be held 6:30-10 p.m. at the Roadrunner Community Center, Building 2797. Doors open at 6 p.m. Hosted by Andrea "Vocab" Sanderson the Slam is open to active duty, Family members, DOD Civilians and retirees. Music will provided by DJ Donnie Dee. Due to the possibility of mature content, this event is open to adults 18 and older only. The Slam is free, and cash prizes will be awarded for first, second and third place winners. Door prizes and light refreshments will be available. Register online at <https://poetryslam.wufoo.com/forms/stand-speak-listen-registration/>. Call 221-2055/0349.