

FORT SAM HOUSTON News Leader

"HOME OF ARMY MEDICINE"

Photo finish

Victoria Barker, 7, crosses the finish line at the 28th annual Combat Medic Run Oct. 18 with her uncle, Ross Barker. Barker, who competed in the 1 to 14 years-old category, finished in third place with a time of 30:08 in the 5K run. About 1,000 runners competed in the run and wellness walk held on post. The run was part of the Fall Fest activities. *See more photos of the Combat Medic Run and Fall Fest, Pages 12 and 13.*

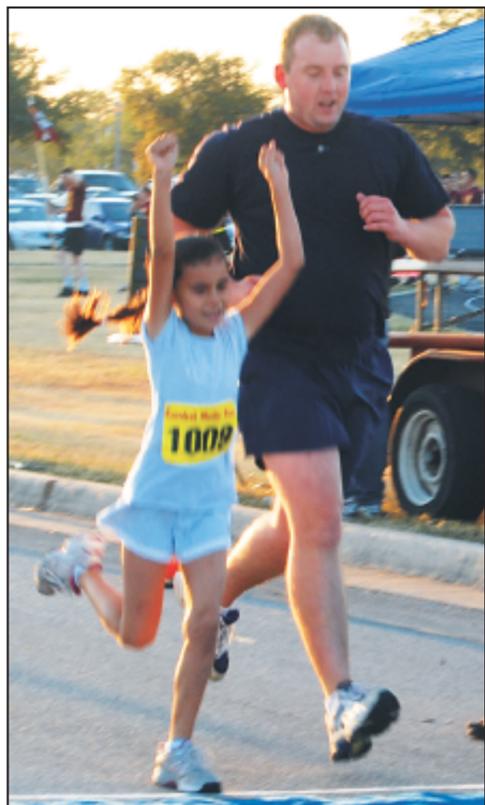


Photo by Esther Garcia

Camp Bullis gets upgraded convoy trainer

By Jeff Crawley
Fort Sam Houston
Public Affairs Office

A new version of the Virtual Combat Convoy Trainer system will train deploying Fort Sam Houston Soldiers in humvee operations in areas such as basic driving skills, avoiding danger areas and shooting on the move. The system can train up to one platoon during a session and will become operational in mid-November at Camp Bullis.

"The graphics are upgraded and the entire facility is upgraded," said Capt. Matt Sullivan, operations officer for training at the Directorate of Plans,

Training, Mobilization and Security. "It trains Soldiers on combat operations that you can't necessarily get from just driving out in the woods."

The VCCT was developed to train Airmen, Soldiers and Marines in basic and advanced convoy skills using terrain and roads in a variety of weather, visibility and vehicle operational conditions. The system digitally simulates terrain in Iraq and Afghanistan, using a 360-degree field of view surrounding a mock humvee shell.

The VCCT is designed for unit training with four

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Wilson Street to close for repairs in December

Wilson Street will be closed for repairs beginning in December for up to five months as construction crews replace the roadway.

Construction will begin east of the commissary entrance and extend just beyond Chaffee Road. The entrances to the commissary and to the Directorate of Information Management, Military Clothing Sales Store and warehouses on 7th Street will not be affected.

"The road has deteriorated and it has become practically a rollercoaster. It's

Construction will begin east of the commissary entrance and extend just beyond Chaffee Road.

unsafe and uncomfortable to drive on," said Hank Hayes, civil engineer at the Directorate of Public Works.

Motorists who normally travel on Wilson Street in this area will be detoured for

about two months. Officials are still determining detour routes, but once established the routes will be clearly marked and monitored by the Fort Sam Houston Police, Hayes said. Crews will begin surveying the area in November.

Hayes said the roadway will not merely be resurfaced.

"We're going to dig down and tear out the bad ugly stuff that fails after a few years," he said. "We're going to do this right."

(Source: Directorate of Public Works)

VISIT NEWS LEADER ONLINE: WWW.SAMHOUSTON.ARMY.MIL/PAO/DEFAULT.HTML

Traffic stops have certain protocol

By Police Sgt. Mario A. Cantu
Provost Marshal Office

Traffic stops are potentially one of the most dangerous aspects of an officer's job because of the numerous unknowns that must be dealt with.

As the Fort Sam Houston community grows, the continued safety of all our members is the top priority of the Fort Sam Houston Police. In an ongoing effort to protect the public, police officers conduct traffic stops to promote driver safety by education, prevention and deterrence.

Being pulled over by a police officer can be a stressful experience, not only for the driver, but also the officer.

If you have ever been pulled over, you may have wondered why the officer behaved the way that he or she did. To the officer there is nothing routine about a traffic stop.

Traffic stops are potentially one of the most dangerous aspects of an officer's job because of the numerous unknowns that must be dealt with. By knowing what the officer may be thinking while per-

forming a traffic stop, you will better understand the officer's actions. Understanding the "do's" and "do not's" can make a traffic stop run smoother for everyone.

If you see a police vehicle with its emergency lights on, pull over as soon as safety permits to the right side of the roadway. The officer may not be trying to pull you over, but trying to pass you.

Emergency lights are used to expedite officers' responses to incidents. It is the duty of motorists by law to yield to emergency vehicles.

Police officers regularly wait to initiate a traffic stop at the safest location possible. However, it is up to you to ensure that you stop your

the officer to walk up to the vehicle. This time is used to communicate with the police dispatch and to conduct checks on the vehicle registration.

During this time, all occupants should stay in the vehicle. From the officer's point of view, they have no information on who the occupants are or what their intentions may

See PROTOCOL P7

Weekly Weather Watch						
	OCT 23	OCT 24	OCT 25	OCT 26	OCT 27	OCT 28
San Antonio	Mid 70s Sunny	Upper 70s Sunny	Low 80s Mostly Sunny	Low 80s Mostly Sunny	Mid 70s Partly Cloudy	Mid 70s Partly Cloudy
Kabul Afghanistan	71° Clear	69° Clear	69° Clear	73° Clear	71° Partly Cloudy	73° Partly Cloudy
Baghdad Iraq	89° Partly Cloudy	95° Partly Cloudy	78° Rain	84° Partly Cloudy	86° Partly Cloudy	77° Rain

(Source: Weather Underground at www.wunderground.com)



Editorial Staff

Army Medical Department Center and School and Fort Sam Houston Commander

Maj. Gen. Russell Czerw

Garrison Commander

Col. Mary Garr

Public Affairs Officer

Phillip Reiding

Editor/Writer

Elaine Wilson

Staff Writer

Jeff Crawley

Layout Artist

Lori Newman

News Leader office:

1212 Stanley Road
Building 124, Suite 4
Fort Sam Houston, Texas
78234-5004, 210-221-0615,
DSN 471-0615

Fax: 210-221-1198

News Leader Advertisements:

Prime Time Military Newspapers
2203 S. Hackberry
San Antonio, Texas 78210
Phone: 210-534-8848
Fax: 210-534-7134

News Leader e-mail:

news.leader@conus.army.mil

News Leader online:

www.samhouston.army.mil/pao/default.html

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News Briefs

Families sought to host Soldiers for Thanksgiving

Mission Thanksgiving 2008 welcomes families to celebrate Thanksgiving with some great Americans – Soldiers. Families who want to host two Fort Sam Houston trainee Soldiers for a Thanksgiving meal Nov. 27 can sign up at <http://www.cs.amedd.army.mil/thanksgiving-mission.aspx> or call 221-0748, 221-9247, 221-1475 or 221-2760. The Web site and phone numbers will be open Oct. 27 through Nov. 14 from 9 a.m. to 3 p.m.

Gate updates

Wilson Gate will remain closed for four to eight weeks until the gate can be replaced. Motorists who use Wilson should enter and exit the post using the Pershing Gate, which has extended its hours and increased entry lanes.

The Pershing Gate has two manned entry lanes. Its hours are Monday through Friday from 6 a.m. to 10 p.m. and weekends from 8 a.m. to 10 p.m. These changes will remain in effect until construction is complete at the Wilson Gate.

Construction expands on Garden Avenue

Construction has begun on the Medical Instructional Facility 3 and 4 as part of the Medical Education Training Campus at the intersection of Garden Avenue and N. W.W. White Road within two weeks. The running track and the baseball field will be closed because of the construction.

Office closure

The Office of the Staff Judge Advocate will close at noon Oct. 31. For more information, call 221-0484.

Federal employees health benefits season opens

Open season for the Federal Employees Health Benefits Program, Flexible Spending Accounts and the Federal Employees Dental and Vision Insurance Program runs Nov. 10 through Dec. 8. Employees can make enrollments, changes or cancellations through the Army Benefits Center Civilian Web site at <https://www.abc.army.mil> or by calling toll-free 877-276-9287. The Civilian Personnel Advisory Center will be hosting two enrollment events; one for Brooke Army Medical Center civilian employees and one on post for all other civilian employees. The BAMC event will be held Nov. 4 from 10:30 a.m. to 3:30 p.m. in the Medical Mall, Pediatrics Care area. The post event will be held Nov. 5 from 10:30 a.m. to 3:30 p.m. at the San Antonio Credit Union conference room, Building 2750 on Stanley Road. For more information, call CPAC at 221-2526.

See NEWS BRIEFS P4

Soldiers reach pinnacle of NCO fraternities

Story and photo by Jeff Crawley
Fort Sam Houston
Public Affairs Office



Two noncommissioned officers from the Army Medical Department NCO Academy joined the ranks of the prestigious Fort Sam Houston Sgt. Audie Murphy Club Oct. 17 at Blesse Auditorium.

Sgt. 1st Class Serena Di Virgilio and Staff Sgt. and Staff Sgt. Howard Markel, both senior small group leaders for the Basic NCO Course, were inducted in front of hundreds of Family, friends and Soldiers, including their students.

"It's an honor and a privilege. My father was part of the 3rd Infantry Division so for my Family it's a proud day," said Markel, who has been selected for officer candidate school.

Di Virgilio, who supervises Markel, described him as an asset who gives 100 percent to the job, the Soldiers and staff at the academy.

"He's loyal, he embodies the NCO Creed," she said.

The SAMC was established in 1988 at Fort Hood, Texas, for outstanding NCOs who showed exemplary leadership traits. The club is named after Murphy, who is the highest-decorated Soldier in American history, according to the ceremony's program.

The SAMC represents the elite of the noncommissioned officer corps and it is based on leadership, professionalism and caring for Soldiers, said

He added that she was a great leader who holds Soldiers to the standards, but has compassion and takes good care of them.

The guest speaker was Sgt. Maj. Jeffrey Lavender, chief enlisted instructor in the Department of Clinical Support Services at the AMEDD Center and School.

SAMC members don't look any different from other Soldiers, said Lavender, who is a member of the elite fraternity.

"What sets them apart from many NCOs is that they show up every day. They work extra hard to simply do their job," Lavender said. "They live the NCO Creed and Soldier Creed every day."

Di Virgilio's daughter Tayler Potts, 14, was one of the many Family members at the ceremony. Tayler said she was happy for her mother's achievement.

"I feel really proud of her," Tayler said. "She's an awesome mom."

The Fort Sam Houston Chapter of the SAMC was established in 2000 as the first at a medical command. In 2002, it was renamed the Sgt. Maj. of the Army Leon Van Autreve Chapter. It has about 47 active members, said Sgt. 1st Class Tammy Crawley, SAMC chapter president. The chapter is involved in numerous community events including visiting patients at the VA medical center, feeding homeless people and sponsoring programs for enlisted Soldiers.

Charles Stevens, deputy to the commanding general of Fort Sam Houston and the AMEDD Center and School, in his opening remarks.

Di Virgilio said it was a privilege and an honor to become a member of the SAMC. She said it took dedication and sincerity on her part. The reason she strived for it was so that she and all the members of the SAMC could share their experiences and mentor junior enlisted Soldiers.

Command Sgt. Maj. Stephen Paskos, commandant of the NCO Academy, said Di Virgilio was an incredible NCO.

"She takes the initiative. She doesn't need to be micro-managed. Just supervise her and she rolls," Paskos said.

Parents, children asked to observe Halloween trick-or-treating hours on post



Fort Sam Houston trick-or-treat hours will be Oct. 31 from 6 to 8 p.m. as designated by the garrison commander. The Fort Sam Houston Police will be patrolling the housing areas and monitoring motorists, as well as trick-or-treaters. They will also be handing out chemical lights to children.

Only authorized DoD cardholders, military and civilian employees and their Family members will be allowed access to the post for trick-or-treating. Visitors, who are non ID cardholders, attending organization and unit functions or private parties will be allowed on post. Individuals hosting a private party should pro-

vide the Fort Sam Houston Police with list of visitors in advance and include the party address, phone number and name of the host. The list needs to be provided at least 12 hours prior to event.

(Source: Directorate of Emergency Services)

See Halloween safety tips, Page 8.

News Briefs

from P3

Army Education Center seeks customers' feedback

The Army Education Center is conducting a Needs Assessment Survey now through Nov 27. The survey can be accessed two ways. The first way is to go to <https://secureweb.hqda.pentagon.mil/hqdasurveys/>. Click on "Surveys" highlighted by a green check mark. Find the garrison listed Survey Name. Double click on the forward arrow to the right of the open window box until the number 3 appears. Scroll down to "IMCOM West ACES Sam Houston" click and the survey will open. Click "Finish" when the survey is completed. Another way is to visit <https://fsh-intranet.amedd.army.mil>. Scroll down on the left. Click on "Services". Then click on "Education and Training Services." Scroll down and click on "New" (in red) to take the Army Continuing Education System survey. It only takes a few minutes to complete this important survey.

BAMC, WHMC consolidate sleep laboratory services

The Brooke Army Medical Center Sleep Disorders Center will move to Wilford Hall Medical Center beginning Nov. 17 and sleep services will no longer be available at BAMC. The move is part of the Base Realignment and Closure process to form the new San Antonio Military Medical Center Sleep Disorders Center which will provide sleep laboratory and clinic services. The new center will open Dec. 1. The SAMMC Sleep Disorders Center will manage all sleep disorders for patients 2-years-old and older. Current sleep patients will continue to see their BAMC provider at WHMC. The SAMMC Sleep Disorders Center's new location will be on Ward 3B at WHMC. Wilford Hall sleep services will also move to 3B. For information about sleep services, call 292-7621. This number will be activated Nov. 17. For information about medical BRAC issues, access the SAMMC Web site at www.sammc.amedd.army.mil.

Community FIRST Focus Group

A Community FIRST focus group, comprising active-duty married Soldiers, is scheduled for Oct. 29 from 7:30 to 11:30 a.m. in the Garrison Headquarters Conference Room, 2nd floor, Building 122, Stanley Road. For more information or to participate in the focus group, call Russell Matthias, Fort Sam Houston Customer Service Officer, at 221-2543 or e-mail samh.cms@conus.army.mil.

Army Reserve unit has vacancies

The Army Reserve 4th Sustainment Command (Expeditionary) is seeking Soldiers for its Troop Program Unit and Simultaneous Membership Program. The unit functions as an operational command post for the Theater Sustainment Command, providing operational-level logistics within an assigned area of operations. The 4th Sustainment Command (E) holds its battle assemblies in San Antonio. For more information, call Capt. Lynda Garretson at 221-4717 or Master Sgt. Luis Martinez at 221-5920.

Correction

Rudy and Anna Robles were not identified in the Peanut Parade photograph in last week's News Leader.

A Company honors fallen Soldier

By Minnie Jones
Fort Sam Houston Public Affairs Office

Dedicated, motivated, committed and selfless devotion, described Pfc. Andrew Shields, a recent graduate of A Company, 232nd Medical Battalion, who attended Advanced Individual Training at Fort Sam Houston in 2007 to become a combat medic.

Although the medical battalion graduates thousands of Soldiers each year, there only a few Soldiers, because of their attitude and positive influence on others, who stand above the rest. Shields was one of those individuals, who left a lasting impression on everyone he met.

Wearing Shield's black-engraved memorial arm bracelet, Capt. Sean Riley, company commander, A Co., 232nd Med. Bn., 32nd Medical Brigade said, "Andrew was just a great kid, he did everything right, he had a strong charisma about him that just made everyone around him be in a good mood. We have a motto here, "Gators lead the way." He was always doing the right thing. I wish I

had 480 Soldiers just like him, if I did, everything would have been great."

After graduating AIT, Shields headed off to his first duty station to begin serving his country and getting on with his life. His personal life also looked very promising.

He had fulfilled his dream of following in his dad's footsteps of becoming an Army combat medic, he had even ended up attending the same Basic Airborne School and living in the same barracks that his father did. He had met Pvt. Loren Combs, another combat medic here; and they planned to marry.

Even though they were miles apart, Combs at Fort Bragg, N.C. and Shields in Europe, they were determined to make it work. Shields arrived in Germany April 15, and was assigned to the 173rd Special Troops Battalion (Airborne) out of Bamberg, Germany. Shortly after his arrival, he deployed to Afghanistan.

But on May 31, 2008, just 30 days after arriving in Afghanistan all of



Courtesy photo

Pfc. Andrew Shields a combat medic and a recent graduate of A Company, 232nd Medical Battalion, was killed in action when his vehicle encountered an improvised explosive device in Jalalabad City, Afghanistan. A Co. established an award in honor of Shields' memory. The Pfc. Andrew Shields' Soldier of the Cycle Award is given at the end of each training cycle to an outstanding Initial Entry Training Soldier who is a continuous role model, consistently displays outstanding levels of commitment and competence congruent to being a combat medic.

See HONORS P6



Lackland Air Show

Lackland Air Force Base will host an air show Nov. 1 and 2 from 9 a.m. to 5 p.m. The event is free and open to the public. For more information, visit www.lackland.af.mil

Motorcycle rally

A motorcycle rally will be held Nov. 1 from 11 to 11.45 a.m. at the Veterans Memorial, Municipal Circle on Jefferson Street. The event is free and open to the public.

Association of the United States Army luncheon

The Association of the United States Army will host a luncheon Nov. 7 at 11:30 a.m. at the Sam Houston Club. The guest speaker is William McLemore, deputy secretary for Intergovernmental and International Affairs, U.S. Department of Veterans Affairs. For more information, call

the Sam Houston Club at 224-2721.

Veterans Day wreath-laying ceremony, parade

A Veterans Day parade and wreath-laying ceremony will be held Nov. 8 at 11 a.m. at the Alamo, 300 Alamo Plaza. The parade begins at noon through downtown San Antonio. The event is free and open to the public. For more information, visit www.usmvp.org.

Tops in Blue

The United States Air Force Services presents Tops in Blue, a musical tribute to 60 years of proud Air Force history, Nov. 8 at 7:30 p.m. in Laurie Auditorium at Trinity University, One Trinity Place, San Antonio. Doors open at 6:30 p.m. This event is free and open to the public. For more information, call 999-8117 or visit www.topsinblue.com.

Veterans Day ceremony at Fort Sam

The Fort Sam Houston's Veterans Day ceremony will be Nov. 11 at 9:30 a.m. at the Fort Sam Houston National Cemetery, 1520 Harry Wurzbach Road. The keynote speaker is Rear Adm. Patrick E. McGrath, vice commander, Naval Air Forces commander, Naval

Air Forces Reserve deputy commander, Navy Region Southwest. The event includes a wreath and banner presentation, gun salute, a tribute to veterans from the Native American community, and music from the U.S. Army Medical Command Band and the Texas Children's Choir. The event is free and open to the public.

Buffalo Soldier Commemorative Ceremony

A Buffalo Soldier Commemorative Ceremony will be held Nov. 11 at 1:30 p.m. at the San Antonio National Cemetery, 517 Paso Hondo St. The event is free and open to the public.

San Antonio Symphony concert

The San Antonio Symphony will perform Nov. 11 from 6:15 to 9 p.m. at the Municipal Auditorium, 100 Auditorium Circle. The U.S. Army's Old Guard Fife and Drum Corps will perform outside the Municipal Auditorium at 6:15 p.m. The event is free and open to the public. Tickets are available at the San Antonio Symphony box office, the Majestic Theater box office or Ticketmaster.com. For more information, call the San Antonio Symphony box office at 554-1010.

BAMC celebrates Hispanic Heritage Month

Story and photos by Jen Rodriguez
Brooke Army Medical Center
Public Affairs

The Hispanic Heritage Month celebration isn't for one culture, but it's an important month for everyone, said Texas Senator Carlos Uresti.

"Be proud to be an American, but also be proud of your heritage," said



Guest speaker Texas Senator Carlos Uresti speaks at the Brooke Army Medical Center's National Hispanic Heritage Month Celebration held in its medical mall.

Uresti, a third generation American of Mexican decent, who served in the Marines as a combat engineer. "We have to make the most of our fortunes for the next generations.

The guest speaker of the Brooke Army Medical Center celebration held Oct. 9, Uresti spoke to a crowd of 40 people in the medical mall. In the crowd was a familiar face, his brother Sgt. Daniel Uresti, squad leader for B Company of the Warrior Transition Battalion.

Sen. Uresti, of Senate District 19, represents more than 700,000 people in the largest geographical senate district in the contiguous 48 states, spanning a 23-county area which stretches along the U.S.-Mexico border from San Antonio to El Paso County.

"Regardless of our service, heritage or race, we're all American," he said. "Be proud of where you're from. We're fighting the war together, respect each other."

Referencing this year's theme, "Getting Involved: Our Families, Our Community, Our Nation," Sen. Uresti suggested that families get more involved with each other.

"Turn off the TV, while eating dinner. Challenge the children; ask about school or political occurrences. Teens are less likely to get in trouble, if they eat dinner with family," he said. "The benefits are getting to know that your kids are safe and eating nutritiously."

Also, Sen. Uresti said to enjoy older relatives, "extended families enable lifelong memories for the family."

Other areas where Sen. Uresti said people could get involved were in their neighborhoods to strengthen their community. He said to volunteer by either taking the elderly grocery shopping or offering young families babysitting services.

Finally, he added, think bigger beyond your neighbors, and stand up for things that are right. Protest peacefully for what you don't agree.

Mexican singers of Las Connyn Dos Voces Dos Guitarras, Benita and Estela Rodriguez sang and played a melody of songs. The event concluded with samples of Caribbean cuisine including roasted pork, stewed chicken, rice with pigeon peas and fried plantains.



Sisters Benita and Estela Rodriguez of Las Connyn Dos Voces Dos Guitarras perform at Brooke Army Medical Center's medical mall Oct. 9 as part of BAMC's National Hispanic Heritage Month Celebration.

Flu vaccines available

Brooke Army Medical Center will provide flu vaccines to beneficiaries Nov. 4 and Dec. 9 and 10, from 7:30 a.m. to 4:30 p.m. at the Army Community Service center in Building 2797, 2010 Stanley Road. Beneficiaries must be 5 years old and above.

The flu vaccine will also be offered to retirees only at the Retiree Appreciation Day Dec. 6 from 7:30 a.m. to 4 p.m. at the Army Medical Department Center and School.

For a complete list of clinic walk in times and update information on the flu fair dates, visit the BAMC homepage at www.bamc.amedd.army.mil or check with the BAMC information desks, located at either side of the main entrances.

(Source: BAMC)

HONORS from P4

Shields' dreams came to an abrupt end. Shields was killed in action when his vehicle encountered an improvised explosive device in Jalalabad City.

Word got back to the school at Fort Sam Houston.

"I remembered him," said Riley. "He had one of those smiles that you don't forget; we wanted to do something in his honor."

A Co. established an award in honor of Shields. The Pfc. Andrew Shields' Soldier of the Cycle Award is given at the end of each training cycle to an outstanding Initial Entry Training Soldier who is a continuous role model, consistently displays outstanding levels of commitment and competence congruent to being a combat medic.

Shields set himself apart from the average Soldier, especially toward the end of his time here. He began to realize his goal of becoming a Soldier and combat medic. Even though the smile remained, he had become more serious and focused.

"I remember expressing my thoughts to him of his change in personality and his potential in the Army," said Sgt. 1st Class Jata Jordan, senior drill sergeant, A Co., 232nd Med. Bn., 32nd Med. Bde.

"It was a very nice gesture from Capt. Riley to name the award in Andrew's honor, it was an honor to our family; it reminded us of the impact that our son had made in his short time he was there," said Jon Shields, Andrew's father.

Pvt. Eric Dennison was the first recipient of the Shields Award at a graduation dinner Sept. 18 for Class 11-08. Jon Shields and his wife, Carol presented the award to Dennison.

During the ceremony, Jon Shields addressed the graduation class.

Despite graduating today and moving forward in your career this should be the beginning of your education, he said.

Medicine is ever changing and the skills are perishable. But, you owe it to your patients to provide the best care, Jon Shields said. Take every opportunity to learn and train in your trade.

Pfc. Shields was always dedicated to the health, safety and welfare of others, back in his hometown of Battle Creek, Washington. He was a former member of the Clark County Fire and Rescue cadet program, where he was appointed battalion chief shortly after joining the program during his senior year in high school.

"His leadership qualities were immediately identified and that's why he rapidly rose to be a leader in his class," said Mike Ciraulo, a division chief with Clark County Fire and Rescue and Battle Ground's mayor. "He was morally and ethically superior in his standards and beliefs. He was well respected by his classmates and the instructional staff."

"Pfc. Shields always chose to be positive and took the 'Gator' motto of alpha company to heart, by always leading the way," Riley said.

Dedication and devotion are the words used to describe Shields, but they are also the words that epitomizes the career that he chose in the Army, that of the Combat medic.

TRAINER from P1

separate humvee systems, which are digitally linked. Each humvee can hold five Soldiers.

Training areas include, humvee familiarization including start-up and shut-down; reacting to contact, call for fire; and dismounting and preparing for fire and maneuvering.

The VCCT incorporates individual pneumatic small arms and crew-served weapons, which can register hits, similar to the Engagement Skills Trainer 2000, Sullivan said.

Some of the weapons include the M-9 pistols, M-4 carbine, M-249 squad automatic weapon, and M-240B and .50 caliber machine guns, Sullivan said. The VCCT also provides training on fire coordination between vehicles and call for fire and close air support.

Sullivan said virtually every deploying Soldier here will



Courtesy graphic

The Virtual Combat Convoy Trainer instructs service members in basic and advanced convoy skills using terrain and roads in a variety of weather, visibility and vehicle operational conditions. The system simulates environments in Iraq and Afghanistan, using a 360-degree field of view surrounding a mock humvee shell.

train on the VCCT as well as deploying Airmen. Also students in the Officer Basic Course and Advanced Noncommissioned Officer Course will take the training, Sullivan said.

"It's really good training. It's fully immersive," he said.

Photography requests available online

By Olivia Mendoza
Fort Sam Houston
Public Affairs Office

The Visual Information Branch has developed an online photo appointment scheduling calendar for customer convenience.

The Web site will enhance the capability to schedule appointments for official photos and will increase quantity of production, providing easier access to obtain a photograph appointment.

The site enables the customer to see the calendar months and select the date available. Below the calendar a selection of choice in time slots is open on a first-come, first-served basis.

Once the time slot is selected the customer must fill out the applicable fields and submit. An e-mail will be sent to the requester with a confirmation date and time with a PIN to cancel or reschedule the appointment.

The Web site will be available with the use of the com-



Courtesy graphic

mon access card or Army Knowledge Online login to set up an appointment to have a service member or Department of Defense civilian photographed.

"Hearing about the Web site is great because if you call and get a busy tone you at least have the option to schedule online," said Staff Sgt. Andrew Gittens, C Company, Brooke Army Medical Center. "Having this type of service for our Soldiers makes it easier and convenient, plus it saves time from making a call and waiting for a return call."

Appointments are available from 7:45 to 10:45 a.m. and 12:30 to 2:45 p.m. Monday to Friday, except for holidays and special occasions that will be

indicated on the scheduling calendar. Photo appointments are scheduled every 15 minutes.

The Photo Studio is located in Building 914, 3371 Patch Road just north of the Red Cross building. Parking is located behind the 32nd Medical Brigade Headquarters on Harney Road. Drivers should turn into the 32nd Med. Bde. parking lot and proceed around the right side of the building; parking is behind the construction site.

"I called to make an appointment and received a confirmation e-mail with the Web link. I opened up the link and saw the map. It was very useful in getting to my appointment on time," said Lt. Col. Stephen Rogers, 410th Contracting Support Brigade. "With construction happening all around post having the map helps one save time versus not knowing where to go for parking."

For more information, call 221-5453 or to schedule an appointment, visit <http://fsh-intranet.amedd.army.mil/viservices/>.

PROTOCOL from P2

be. Any attempts to exit the vehicle or walk toward the officer can easily be perceived as a potentially dangerous situation.

Wait for the officer to arrive and ask for your documentation before reaching around for them. Reaching around will heighten the officer's alertness, as often this is a sign that something is trying to be hidden or retrieved, such as drugs or a weapon.

If the traffic stop is conducted during the darkness or you have tinted windows, lower the windows and turn on the interior lights.

When the officer arrives at your vehicle, keep your hands visible and avoid reaching around without informing the officer first. When providing the documentation requested, give each item individually

and not in plastic holders or among other papers.

Once the officer has your documentation he or she will inform you of what traffic violation was observed. The traffic stop is not the place to dispute your case.

If you are issued a violation notice, the officer will inform you of what actions can be taken by you to dispute the violation.

If you happen to observe a friend or co-worker that has been stopped by the police, it is important to remember the safety of everyone. The best way to assist in this is by not approaching the stopped vehicle or the officer. If directed to leave the area, please do so. Fewer distractions will decrease the time of the stop.

Help keep our roads safe by following the rules of the road and by knowing what to do during a traffic stop.



TRICK OR TREAT Safety Tips

Officials urge children, parents to take precautions

It's that time of year when ghosts and goblins, witches and monsters will populate the streets in search of goodies. It's a time that excites children and worries parents. With a few precautions, a safe Halloween can make for a happy Halloween.

Accompany your children whenever possible. Never let children go trick or treating alone. There is safety in numbers. Make sure you know the route your children will take and what time they will be home. Adults should accompany all children under the

age of 12.

Construction around Fort Sam Houston is an added hazard this year. Parents should ensure their children avoid construction sites.

Here are a few more tips:

- Feed your children before they trick-or-treat to reduce

their temptation to eat uninspected treats.

- Use flashlights, stay on sidewalks and avoid crossing yards.

- Cross streets at the corner, use crosswalks (where they exist), and do not cross between parked cars.

- Wear clothing that is bright, reflective and flame retardant.
- Consider using face paint instead of masks. Masks can obstruct a child's vision.

- Prepare homes for trick-or-treaters by clearing porches, lawns, and sidewalks and by placing jack-o-lanterns away from doorways and landings.
- Consider adding reflective

tape or striping to costumes and trick-or-treat bags for greater visibility.

Halloween can be fun for parents and children alike if everybody remembers the tricks of playing it safe.

For more information contact the Fort Sam Houston Garrison Safety Office at 221-3841 or on-line at <http://www.samhouston.army.mil/iso/>.

(Source: Fort Sam Houston Safety Office and Directorate of Emergency Services)



Bike Aid



Courtesy photo

Brooke Army Medical Center Staff Pharmacist Neil Martin and Sgt. 1st Class Jimmy Hamilton, BAMC Main Pharmacy noncommissioned officer in charge, assisted members of the Schertz Area Facility for Emergency Services by providing medical care to bicycle riders during the BIKE Multiple Sclerosis: Valero Bike to the Beach tour Oct. 4 to 5. Hamilton holds the Expert Field Medical Badge and Martin is an EMT and a member of SAFES. They were one of three first-responder teams who provided initial emergency treatment to injured riders.

Sports

U.S. Army All-American Bowl tickets available

The 2009 U.S. Army All-American Bowl will be held Jan. 3, 2009, at noon at the Alamodome in San Antonio. The All-American Bowl is an east versus west showdown that features the top 90 high school senior football players from across the country. It is considered by players, coaches and fans to be the premier

high school football game in the nation. Free tickets are available at the Directorate of Family, Morale Welfare and Recreation ticket office located at the Sam Houston Club, Building 1395, for military personnel with a military ID card and civilians with a Department of Defense ID card. For more information, call the ticket office at 226-1663.

Intramural fall flag football standings

Team	W	L
USARSO	6	0
BAMC	6	1
BAMC Pharmacy	4	2

32nd TSC	4	3
DENTAC	3	4
14th MI Bn.	1	4
D Co., 187th Med. Bn.	1	6
USAG	1	6

Intramural softball standings

Team	W	L
USARSO	7	0
4th Recon.	5	2
ARNORTH	6	3
264th Med. Bn.	6	3
BAMC Pharmacy	2	9
USAG	4	6
MEPS	1	10

GENERAL ELECTIONS

4 NOVEMBER 2008

**FORT SAM HOUSTON
HOUSING RESIDENTS**

Polling Location:
Robert G. Cole Gymnasium
 1900 Winans Road
 Fort Sam Houston, Texas 78234
(210) 368-8736
(Enter thru Middle School parking lot - Designated parking area)

Polling Hours:
7:00 a.m. - 7:00 p.m.

*Fort Sam Houston
Installation Voting Office Building 2263
1706 Stanley Road Suite 28
FL Sam Houston, Texas 78234
210-221-1740*

<http://www.bexar.org/elections/>

Fort Sam Houston Independent School District

Weekly Campus Activities – Oct. 27 to Nov. 1

Fort Sam Houston Elementary School

Oct. 27
 Begin second nine weeks. Literary Pumpkin Contest. Positive Behavior Support ice cream social for grades K through 2.
Oct. 28
 FSHISD School Board meeting in professional development center, 11 a.m. PBS ice cream social for grades 3 through 5.
Oct. 30
 Report cards.
Oct. 31
 Spirit Day.

Robert G. Cole Middle and High School

Oct. 27
 Begin second nine weeks. Student of the month breakfast, 8:30 a.m.
Oct. 28
 FSHISD School Board meeting in professional development center, 11 a.m. F/J/V/V volleyball vs. Brooks, 5 /6/ 7 p.m.
Oct. 29
 District cross country meet at Comfort High School, 1:30 p.m.
Oct. 30
 Middle School GATE field trip to San Antonio Food Bank, 9 a.m. to 12:30 p.m. JV football at Blanco, 6 p.m.
Oct. 31
 Pep Rally – advisory schedule. Varsity Football vs. Blanco, 7:30 p.m.
Nov. 1
 Senior pictures by appointment only.

Fort Sam Houston Independent School District notice to parents

Robert G. Cole Middle School
 Robert G. Cole Middle School will host its 2nd annual “It’s the Great Pumpkin” decorating contest Oct. 27-31.

Students are encouraged to submit their decorated pumpkins Oct. 27 to be displayed in the Middle School reception office. Judging and announcement of winners will occur on Oct. 29. Entries will be judged on originality, clever use of materials and quality of work. First, second and third place ribbons will be awarded to winners in grades 6 through 8. The winners will be recognized with an ice cream social Oct. 31 during 8th period.

Fort Sam Houston Elementary School

Fort Sam Houston Elementary School will host its

12th annual Literary Pumpkin Decorating Contest. The theme is “My Favorite Storybook Character.”

Pumpkins and gourds can be decorated in any manner using paint or markers, however, they cannot be carved. Each entry should be identified with a card containing the student’s name, grade, classroom number and the storybook character or book, which the pumpkin represents. For more information, parents should refer to the flier sent home with students.

Students are encouraged to submit their decorated pumpkins to the library Oct. 27 between 7 and 8 a.m. for judging. Winners will be announced Oct. 28. Pumpkins should be picked up Oct. 31 so that they can be enjoyed by Families.

Cougars remain undefeated in district



The Cole High School football team withstood a determined group from Johnson City Friday night, to post a 35-14 district 27-2A victory. Fullback Archie Schuster rushed for 88 yards and three touchdowns, and D’Sean Newsome and Gus Cunningham each added a score, as the Cougars pushed their overall record to 5-3, and 4-0 in district. This week is a bye for Cole. They next face undefeated Blanco at Cole Stadium on Oct. 31, for what may be the district championship.

School board meeting

The Fort Sam Houston Independent School District Board of Trustees will hold its regular monthly meeting Oct. 28 at 11 a.m. at the ISD Professional Development Center at 1908 Winans Road. For more information, call Kathy Hayson at 368-8701.

Emergency numbers



Dial 911 when calling from a Fort Sam Houston or Camp Bullis telephone number prefix.
Dial 554-4713 when calling from a cell phone or from anywhere on Fort Sam Houston other than the post telephone number prefixes.
 On Camp Bullis, **dial 295-7517** from a cell phone or non-Camp Bullis prefix.
 The fire prevention office has phone stickers for these numbers. Stop by Building 4196, Room A37 or call 221-5452.

28th annual Combat Medic Run

Col. Mary Garr, commander, U. S. Army Garrison, presents Capt. Andrew Medendorp, Urology Department, Brooke Army Medical Center, first-place trophies for the 10K run and overall winner of the 28th annual Combat Medic Run Oct 18 at MacArthur Parade Field. Medendorp finished with a time of 35:11.



Photos by Esther Garcia

Joy Connell, the first woman to complete the 10K run, sprints across the finish line with a time of 43:23:7 at the 28th annual Combat Medic Run.



32nd Medical Brigade Command Sgt. Maj. Marshall Huffman; 32nd Med. Brigade Commander Col. Randal Anderson; Col. Mary Garr, commander, U. S. Army Garrison; and Garrison Command Sgt. Maj. Pedro Class, pose with members of C company, 187th Medical Battalion, "Tigers," after winning the first-place trophy for the 5K formation 28-person run competition at the Combat Medic Run Oct. 18 near MacArthur Parade Field.



Photos by Tiffany Boulez

The Midnight 4 Wheeler "gets over" a Cadillac at the Car Smash event Oct. 18 at the Fall Fest, which was sponsored by Directorate of Family, Morale, Welfare and Recreation. Thousands of people attended Fall Fest, which began Oct. 17 in the evening.



The mariachi band "Los Parientes de Pedro Monteno" entertained crowds with cultural music at the Fall Fest Oct. 18. A variety of entertainment was offered to the Fort Sam Houston community, during the day-and-half Fall Fest.

The Army Medical Command Band ensemble, "The E-7 Band" provides entertainment during the Fall Fest Oct. 18. The band played a variety of top-40 tunes. Band members are, Edmund Perez on keyboards, Michelle Fernandez on vocals, John Simmons on bass, Bill Perez on drums and Jonathan Fernandez on guitar.



Joe Roberson accepts the award for Best Overall Barbecue at the annual Barbecue Cook-off at Fall Fest Oct. 18. of 2008. About 30 chefs participated in the competition.

Sounds of 'Fall Fest' fill Fort Sam Houston

By Cheryl Harrison
Army Community Service Marketing

Beneath a clear blue Texas sky the sounds of fall filled the air as the Directorate of Family, Morale, Welfare and Recreation 2008 Fall Fest kicked off Friday with fun, food, music, contests and excitement.

The annual event began Friday evening with festivities that went well into the night. It resumed with a parade Saturday at 10 a.m. on the corner of Stanley and Schofield roads. A military float representing Warriors in Transition was received enthusiastically by spectators with cheers and waves.

Saturday's festivities featured live entertainment, a bounty of food booths, games,

arts and crafts, fire trucks, children's games and activities, car show, barbecue cook-off and performances by Radio Disney. If that wasn't enough excitement for the attendees, raffle drawings were conducted throughout the event with prizes that included iPods, Coach purses, cookware, glassware, electronic equipment and much more.

The barbecue cook-off was a tantalizing feast for judges. With delightful aromas of Family sauces, secret spices and "I'll-never-tell" recipes, about 30 cuts of chicken, beef and pork were smoked, grilled and cooked to each chef's idea of perfection.

Winners in each category were judged by a panel of barbecue experts and trophies were awarded to the top chef

in each division. Tom Parrish received top honors for his chicken, Joe Roberson was first for pork and Ed Rivas was number one for his barbecue beef. Overall best went to Joe Roberson.

The car show was a hit with fest attendees with owners showing off their beautiful autos and hoping for the first prize. That award went to Ryan Bottorf.

The Army Medical Command Band's "E-7 band" entertained the crowd, numbering well into the thousands, with their rendition of top-40 tunes.

The 28th annual Combat Medic Run attracted more than 1,000 entries at MacArthur Parade Field. Runners competed in various categories that included the

5K and 10K individual runs, 10K and 5K 28- and five-person formation runs, and a 2-mile fun and wellness walk.

Awards and medals were presented to the first place winners by age and category by Garrison Commander Col. Mary E. Garr and Garrison Command Sgt. Maj. Pedro Class. The 264th Medical Battalion also received the Fort Sam Houston Intramural Sports Commanders Cup and 32nd Medical Brigade Commander's Cup Award for athletic excellence. This is the third year that 264th Medical Battalion has received the award.

Event sponsors for Fall Fest included Harbor Financial Mortgage, Military Benefits Representative, Car X, Ryland Homes, USAA, Fieldstone Homes and River City.



Ryan Bottorf was awarded the first place trophy at the 2008 Fall Fest car show. The car show was one of numerous Fall Fest activities Oct. 18 at MacArthur Parade Field.



Preston Sertich, 3, checks out a Fort Sam Houston Fire and Emergency Services fire truck at his first Fall Fest Oct. 18 at MacArthur Parade Field. Preston was there with his grandmother, Nancy Sertich.



Children line up for a bounce-and-stick at the Spider Web inflatable play area Oct. 18 at the Directorate of Family, Morale, Welfare and Recreation Fall Fest. The annual event featured numerous activities and games for children and adults.



Dining and Entertainment

BOSS Halloween Bash

Members of the Better Opportunities

for Single Soldiers will hold a Halloween Bash Oct. 25 from 7 to 11 p.m. at the Fort Sam Houston Bowling Center. Participants can bowl two free games. This is a free event open to all FMWR patrons. For more information, call 224-7250 or 221-3683.

Sam Houston Club

Texas Hold 'Em Tournament

A Texas Hold 'Em Tournament will be held Nov. 14 at 6 p.m. at the Sam Houston Club. Registration is \$20 and includes a meal and unlimited soft drinks. Players must be at least 21. To reserve a seat or

for more information, call the Sam Houston Club at 224-2721 or 226-1663.

Children's Halloween Story Time

Celebrate the scary season as Family member Jenny Koranyi reads Halloween-themed stories for children at the Keith A. Campbell Memorial Library Oct. 26 at 2 p.m. Everyone is encouraged to wear a costume. Free refreshments will be served. For more information, call the library at 221-4702 or 221-4387.



EFMP holds first resource fair

Army Community Service's Exceptional Family Member Program will host the first Fort Sam Houston EFMP Resource Fair Oct. 24 from 9 a.m. to 3 p.m. at the ACS, Building 2797. EFMP works with military and civilian agencies to provide comprehensive community support, housing, medical, educational and personnel services to Soldiers with exceptional Family members. Exceptional Family members are defined as a Family member (child or adult) with any physical, emotional, developmental or educational condition requiring special treatment, therapy, education, training or counseling on an ongoing basis. More than 24 organizations will be represented at the resource fair including TRICARE, Brooke Army Medical Center EFMP staff, Wilford Hall care managers, United Way 211,

Family Service Association of San Antonio, Special Olympics Texas, Any Baby Can, Cystic Fibrosis Foundation and Camp Camp. Helpful information, free snacks and beverages will be available. For more information, call April Nias, EFMP program assistant, at 221-2705 or 221-2418.

Healthy Families Fair, Fun Run

Army Community Service's Family Advocacy Program will sponsor the first Healthy Families Fair, Fun Run to end domestic abuse Oct. 25. The run begins at 8 a.m. and the fair kicks off at 10 a.m. at ACS, Building 2797. The fair will offer many military and local services geared toward eliminating and preventing Family abuse. Informational booths will feature Family-orientated activities. The Fort Sam Houston Police Department and McGruff the Crime Fighting Dog will be on site with finger-printing kits. Other activities include Family photos, tennis lessons, bouncy castles, cake walks, bingo, massages and a hands-

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MWR from P14

on self-defense presentation. The activities are free to the San Antonio military community. For more information, call 221-0349 or 221-2418.

AFAP Conference delegates needed

The Installation Commander's annual Army Family Action Plan Conference will be held in February. Delegates and volunteers are needed for planning, submitting issues and providing assistance for this important event. This is the time to let your voice be heard and represent the Army Family. To participate or submit an issue, call the AFAP program manager at 221-2705.

Unit Trauma Training

The Army Community Service Mobilization and Deployment Program will hold Unit Trauma Training Oct. 27 from 9 a.m. to 2 p.m. at ACS, Building 2797, Stanley Rd. The training will assist unit leadership, Family Readiness Group leaders, Care Teams, casualty assistance officers, casualty notification officers and community agencies in knowing how to help Soldiers, Families and the unit when different trauma events occur. Registration is needed by Oct. 23 at 4 p.m. For more information or to sign up, call 221-2705 or e-mail samh.acs.mob.deploy@conus.army.mil.

First PCS move class

The Financial Readiness Program at Army Community Service will hold a financial planning class for initial permanent change of station moves Oct. 30 from 2 to 4 p.m. at ACS, Building 2797. This is a mandatory class for all junior enlisted Soldiers, E-1 to E-4, preparing to PCS for the first time. The class will cover costs, allowances and entitlements associated with a PCS move. The class must be taken no later than 60 days before out-processing from a unit. For more information, call Doris Planas at 221-1612.

Family Readiness Group Leadership Academy

The Army Community Service Mobilization and Deployment Program will hold its Family Readiness Group Leadership Academy Oct. 30 and 31 from 8:30 a.m. to 3:30 p.m. at ACS, Building 2797, Stanley Road. This training is for FRG key positions on their roles and responsibilities, and the com-

munication network through the chain of command. The registration deadline is Oct. 27 by 4 p.m. For more information or to sign up, call 221-2705 or e-mail samh.acs.mob.deploy@conus.army.mil.

Financial Readiness Classes

Army Community Service Financial Readiness Program will hold the following classes through October at ACS Building 2797, Stanley Road in training room 1. Class space is limited. For more information or to register call, 221-1612 or e-mail samh.acs.mob.deploy@conus.army.mil.

- Financial Planning will be held Oct. 28 from 2 to 4 p.m. and consists of information on savings, credit and establishing budgets.
- Mandatory First Term Financial Readiness will be held Oct. 29 from 9 to 11 a.m. and is mandatory for first term Soldiers. The class is also available online at myarmylifetoo.com.
- Personal Financial Management will be held Oct. 23 from 2 to 4 p.m. and consists of information on credit reports, maintaining budgets and effective savings plans.
- Mandatory first Permanent Change of Station move will be held Oct. 30 from 2 to 4 p.m. and provides Soldiers and Family members with essential information and guidance on handling finances, as they prepare to PCS.

• Investment class is scheduled upon request. This class was developed especially for the WTU Soldiers to assist in making smart decisions with their TSGLI.

Child, Youth and School Services

Family Fun Day Carnival

The Child Development Center will

host a Family Fun Day Carnival Nov. 7 at 2:30 p.m. at Building 2530, Funston Road. This event is for Families with children who attend the CDC. For more information, call the CDC at 221-5002.



Community

Events

San Antonio Founders Day walk

The Trinity Trekkers Volksmarch Club will host a 5K and 10K walk on Oct. 25 from 8 a.m. to noon, starting at Main Plaza in downtown San Antonio in conjunction with San Antonio Founder's Day events. For more infor-

mation, call David Toth at 521-8684 or e-mail trinktrek@sbcglobal.net.

Garrison wants to hear from cyclists

The Fort Sam Houston Garrison will be installing bicycle racks to help make commuting and securing bicycles easier on the post. The garrison is soliciting unit and tenant

input on where to install the new bicycle racks. To provide a recommendation, submit a DA Form 4283 Work Request through normal command work-request channels. Ensure you specify where the bike rack should be installed, how many bicycles it should hold and any other special requirements. Submit work requests with enough lead time so that they arrive at the Directorate of Public Works no later than Oct. 31.

AAFES rap/jingle contest

The Army and Air Force Exchange Service's rap/jingle contest is seeking aspiring artists to submit their rap or jingle for a shot at a \$500 shopping spree and a chance to be heard on the BX/PX's worldwide television and radio networks. The contest deadline has been extended to Oct. 31. The contest is open to authorized shoppers 18 years and older. Contestants can write and perform an original jingle or rap song, up to 30 seconds in length. Submissions can be about one of the

See COMMUNITY P17

COMMUNITY from P16

following themes:

- What AAFES means to the entrant.
- The benefit AAFES provides military shoppers.
- The savings found at BXs and PXs.
- What the AAFES "Community Connection" means to the military community.

Entries will be accepted electronically at www.aafes.com, or e-mail PatriotFamily@aafes.com. For more information, call Chris Ward at 214-312-2714 or e-mail wardchr@aafes.com.

Training

Enterprise Web Training

The Army Medical Department E-Forms will be eliminated and all forms will be done in the Enterprise Web AMEDD Electronic Forms Support System within the AMEDD domain. Training opportunities are available, but not required, in Willis Hall, Building 2841. The training schedule is:

Religion

Thought for the week

"You are the salt of the earth, but if salt has lost its taste, how shall its saltiness be restored? It is no longer good for anything except to be thrown out and trampled under people's feet. You are the light of the world. A city set on a hill cannot be hidden. Nor do people light a lamp and put it under a basket, but on a stand, and it gives light to all in the house."

(Matthew 5:13-15)

EWA forms training

- Oct. 27 from 1 to 3:30 p.m., Room 2105A.
- Oct. 29 from 8:30 to 11:30 a.m., Room 2105C.

Participants must bring their common access card with them for training. Seating is limited. For more information or to register, call 221-6203 or e-mail julie.gueller@amedd.army.mil.

Upcoming job fairs

The CivilianJobs.com Job Fair Nov. 6 from 10 a.m. to 2 p.m. at the Fort Hood (Texas) Catering and Conference Center. Visit www.CivilianJobs.com. The Fort Sam Houston Defense Technology and Intelligence Career Fair Nov. 12 from 10 a.m. to 2 p.m. at the Sam Houston Club. Visit www.transitioncareers.com/careerfair.

For assistance with your job search preparation and pre-separation requirements, contact the Fort Sam Houston Army Career and Alumni Program at 221-1213.

CBRN incidents course

A Medical Management of Chemical, Biological, Radiological, Nuclear course will be held at the Association of Military Surgeons of the United States 114th annual meeting Nov. 11 to 13 at the Marriott Rivercenter in San Antonio. This condensed course, combines nuclear and

radiation with the medical aspects of chemical and biologic warfare agents. This course, adapted specifically for AMSUS attendees, preserves the didactic core of a five-day course. Military and civilian health-care providers, hospital administrators and municipal disaster-response elements should find this course relevant. Continuing-education credits will be awarded, based on hours of attendance and participation. For more information or instructions to register, call 410-436-2230.

Meetings

Retired Officers' Wives and Widows Club

The Retired Officers' Wives and Widows Club will hold its fall luncheon Oct. 28 at 11 a.m. at the Sam Houston Club. The guest speaker, Bob Gaylor, is known for his humor and motivation. For reservations, call Arline at 822-6559.

NCOs' Wives Club

The Fort Sam Houston Noncommissioned Officers' Wives Club invites all spouses to join them the first Tuesday of the month at 10 a.m. at the Sam Houston Club. New members are welcome. For more information, call Angie Luna at 333-0821 or 386-8265.

For Sale Fort Freebies

Submission guidelines:

Freebies are published on a first-come, first-served basis. The deadline is close of business Friday. Freebies are intended for personal household goods, and may only be submitted by active, retired or reserve military members and civilian employees working on Fort Sam Houston. Real estate and employment ads will not be published. To submit a Fort Freebie, e-mail news.leader@conus.army.mil or fax to 221-1198. Freebies run for one week unless the submitter calls to renew. Limit of five items per entry. For more information, call 221-0546.

For Sale: Flat panel TV, 36 inch, \$150; Sharp DVD player, \$50; Sony five disc DVD/ CD player, \$75; 2006 Jeep Wrangler, front bumper, \$75 obo. Call Frank at 413-3383.

For Sale: Whirlpool washer and dryer, excellent condition, \$100 for both. Call 269-1475.

For Sale: 1997 Geo Metro, blue, needs transmission, \$700 obo. Call 912-271-6263.

For Sale: 2001 Mitsubishi Galant GTZ, automatic, leather seats, sunroof, CD player, A/C, 91K miles, good condition, \$5,000 obo. Call Scott at 481-7483.

For Sale: Kitchen sink with faucet/sprayer, 22 inches wide by 33 inches long, 5 to 6 inches deep; exteri-

or fiberglass door, no peep hole, 3 feet wide by 8 feet long; four Stonewall counter tops with 3.5 inch back, 25 inches wide by 34 inches long; 25 inches wide by 48 inches long; 25 inches wide by 78 inches long with hole for sink extending over dishwasher area and 25 inches wide by 58 inches long. Call Gus at 465-7476.

For Sale: Youth couch/sleeper, black, \$150; chaise lounge, light beige, new, \$175; Pentair pool cleaner, in ground pool, excellent, \$300. Call 697-9261 or 363-4056.

Garage Sale: 17323 Garwood Chase in Steubing Ranch, located off O'Connor Rd. Oct. 25 from 8 a.m. to 1 p.m. Furniture, linens, Christmas decorations, clothing and appliances.