

FORT SAM HOUSTON News Leader

“HOME OF ARMY MEDICINE”

Veterans, community to gather at National Cemetery, Nov. 11

By Phil Reidinger
Fort Sam Houston Public Affairs

Music by the Army Medical Command Band will begin the annual Veterans Day ceremony Sunday at 9:30 a.m. at the Fort Sam Houston National Cemetery. Musical selections during the ceremony will also be performed by the Texas Children’s Choir.

This year’s guest speaker will be Rear Adm. J.W. Goodwin, USN, Naval Air Force Atlantic commander. The welcome address will be given by William McLemore, deputy assistant secretary for Intergovernmental Affairs, U.S. Department of Veterans Affairs.

The ceremony includes honors to the military by the Special Forces Association, presentation of military wreaths by local commanders and veterans organizations followed by a tribute to veterans by the Native American community.



Photo by Olivia Mendoza

Competitive battle

Sgt. 1st Class Alejandro Pereyra-Alaniz reacts to a scenario utilizing the knowledge of warrior tasks and battle drills during the Drill Sergeant, Noncommissioned Officer and Soldier “Best Warrior” Competition held Oct. 28 to 31 at Camp Bullis. Pereyra-Alaniz was named Drill Sergeant of the Year for Fort Sam Houston.

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Army sets training, plans next steps for medical action

By Elizabeth M. Lorge
Army News Service

WASHINGTON, D.C. – Every Warrior Transition Unit member must be certified by Jan. 2, said Col. Paul Cordts, director of health policy and services at the Army’s Office of the Surgeon General.

Cordts joined leaders from across the Army, Department of Defense and other government agencies who met in Landsdowne, Va., last week to evaluate the progress of the Army Medical Action Plan and determine the program’s next

steps.

The Army Medical Department Center and School has developed 18 distance-learning modules for WTU cadre to complete in areas like the medical board process, or sensitivity training, which Cordts said is key.

“The Soldiers are not expecting to be injured or ill and neither is their Family, so it’s very important for every member of the team to be aware that the Soldiers are going through a major transition,” Cordts said. It’s very disruptive

“In the long term, we do not want to turn people back over to the civilian sector without the proper life skills or motivation.”

*Brig. Gen. Mike Tucker
Army Medical Action Plan director*

for both the Soldiers and their Family, and frankly, it’s a high-risk period. That’s why we worry about things like suicide in

See **MEDICAL ACTION P7**

“CFC . . . Changing Lives One Gift at a Time” To donate, contact a unit representative.

Web-based program speeds up promotions

WASHINGTON, D.C. – The Army recently announced the first dramatic change to the enlisted promotions system for active duty Soldiers since the Vietnam era. The Army sees this web-based program, titled the "Soldier Self-Service DA Form 3355," as a bridge to Defense Integrated Military Human Resource System, and a way to empower Soldiers to directly impact on the management of their careers.

"Trust and verify are key components of the system" said Sgt. Maj. Tom Gills, chief of Enlisted Promotions at Human Resources Command.

"This new program has numerous advantages over the current system, and the majority of those benefits stem from three key features," Gills said.

"First, this system eliminates the need for Soldiers to accumulate 20 or more points before adding them to their file," Gills said. The Army uses an 800 point system that allows Soldiers to distinguish themselves from their peers by accumulating points among performance categories such as physical fitness, weapons firing, civilian education, military education, and awards."

"Under the current system, Soldiers must accumulate 20 points in one or

"This is just one more example of how the Army is transforming into a more agile force, and improving processes using existing technology."

*Sgt. Maj. Tom Gills
Chief of Enlisted Promotions at Human Resources Command*

more areas before they can add them to their files. With this new program, as soon as Soldiers earn points, they can add them to their file, making them immediately more competitive with their peers," said Gills.

The accumulation rule, a personnel workload management-based requirement for more than 34 years, has long irritated Soldiers and their Families. This long-needed improvement translates into faster promotions.

The second key improvement is also related to speed. Currently, when Soldiers update their files with new points, or are newly recommended for promotion, they must wait until the first day of the second month before those points become effective in the system, approximately two months. With the self-service application, Soldiers recommended for promotion or those adding points will have those points in the system the first day of the

following month, provided they add them in by the eighth day of the month.

"We have to take a snapshot of the current points across the Army, while allowing time to forecast accurately how many Soldiers we need in a given MOS. According to the experts who developed the program, the eighth is that pivotal day," Gills said.

Finally, because of the self-input capability provided to Soldiers for some of their administrative points, recomputation evaluations conducted across the Army at Human Resource Offices every month will immediately become a thing of the past. This time-consuming requirement for Soldiers and managers across the Army is burdensome. With the elimination of Personnel Service Battalions across the Army in support of transformation,

See PROMOTIONS P8



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News Briefs

Team Fort Sam Houston luncheon cancelled

The Team Fort Sam Houston Luncheon is scheduled for today at 11 a.m. has been cancelled. An announcement with details on the next luncheon will be forthcoming.

Flu vaccinations available

This year, the influenza vaccine, both the shot and nasal mist, will be offered to all beneficiaries, including all Brooke Army Medical Center staff. The flu vaccine is mandatory for all active duty members, and highly recommended for all hospital staff. For beneficiaries age 18 and older, vaccinations will be given today and Friday from 9 a.m. to 1 p.m., BAMC Medical Mall; Tuesday and Dec. 3 and 4 from 8 a.m. to 4 p.m., Roadrunner, Building 2797, Stanley Road. For more information about vaccines for children under age 18, visit www.bamc.amedd.army.mil. For more information about BAMC staff-only events, check the BAMC daily bulletin. For active duty assigned to Fort Sam Houston, check with the chain of command.

Federal Benefits Open Season

The open season for the Federal Employees Health Benefits Program, Flexible Spending Accounts and the Federal Employees Dental and Vision Insurance Program will be held government-wide Monday to Dec. 10. Employees can make open season enrollments, changes or cancellations through the Army Benefits Center-Civilian Web site at <https://www.abc.army.mil> or by calling toll-free 877-276-9287. For more information, call the Civilian Personnel Advisory Center at 221-2526.

Pre-deployment briefing

A deployment information and discussion briefing will be held Nov. 15 from 9:30 to 11 a.m. at Army Community Service. Attendees will receive a Family preparation checklist and other useful materials. For more information or to register, call 221-0946 or 221-9821.

Combatives tournament

The 32nd Medical Brigade combatives tournament will be held Nov. 17 at 8 a.m. at the Jimmy Brought Gym. The uniform of the day is battle dress uniform, desert camouflage uniform or Army combat uniform. Participants must have tennis shoes and mouth guard. Students must sign up with their battalion. For more information, call Staff Sgt. Jeff Deickman at 221-7323 or e-mail Jeff.deickman@amedd.army.mil

JAG closure

The Fort Sam Houston Office of the Staff Judge Advocate, including the claims division and the legal assistance office will be closed Nov. 19 from 11 a.m. to 1:30 p.m. for a Thanksgiving celebration. In case of an emergency, call the on-call duty officer at 393-3042.

Mission Thanksgiving

Celebrate Thanksgiving with some great Americans, our sons and daughters in uniform. Families are invited to open their home Thanksgiving Day, Nov. 22 to two Soldier trainees from Fort Sam Houston. For more information, call 221-0427, 295-0849, 295-1860 or 295-0934. To sign up, visit <http://www.cs.amedd.army.mil/thanksgivingmission.aspx>.

Fort Sam Houston hosts Army Family Covenant Signing Ceremony

By Esther Garcia
Fort Sam Houston Public Affairs



ARMY STRONG.

Recognizing the strength of our Soldiers comes from the strength of their Families.

Providing our Families a strong, supportive environment where they thrive.

Providing Soldiers and Families a quality of life equal to their service.



Army Family Covenant Community Forum Fort Sam Houston Club Building 1395, Chaffee Road Today at 4:30 p.m.

Fort Sam Houston will host the Army Family Covenant Signing Ceremony today at 4:30 p.m. at the Sam Houston Club. The keynote speaker is Lt. Gen. Thomas Turner, commanding general, Army North.

The ceremony's main focus is to communicate to post Families the Army's commitment to improving the quality of life for Soldiers and their Families.

Senior leaders and their command sergeants major representing the major commands on post will be joined by Army families for the signing of the covenant.

The Secretary of the Army and the Army Chief of Staff have directed that similar ceremonies take place at all Army installations worldwide.

Fort Sam Houston Soldiers and their Families are invited to attend the event. Shuttle buses will be available throughout the post. See the map below for designated shuttle pickup areas and times.

Booths will be set up with literature and representatives providing information on services available on Fort Sam Houston for Families. Some of the services include Child and Youth Services, housing, medical and dental programs, Family Advocacy programs, veteran affairs, legal assistance, financial services, education and Family member employment, and San Antonio community organizations.

Army Family Covenant Ceremony Shuttle Plan

- 1 Chaffee Road (Flagpole Location and Clocktower)
- 2 Winkles Terrace (McMurtry and Dodd)
- 3 Hinkle Heights (Community Center)
- 4 Officer's Quarters (Old Officer's Club BLDG 407 Dickman Road)
- 5 MARW/TU (Powless House)

Shuttle Times
Departs from areas 1 thru 5 at 4:15 p.m.
Departs from club at 7 p.m.

SOUTHCOM assists victims of Noel in Dominican Republic

MIAMI — U.S. Southern Command approved the deployment of U.S. Army South's rapid deployable command and control personnel along with their humanitarian assistance survey team and two helicopters from the Puerto Rico National Guard to the Dominican Republic to assist with disaster relief efforts in areas affected by flooding following the passing of Tropical Storm Noel.

The US Army South's teams will take part in Operation Noel Relief — a humanitarian mission to assist ongoing disaster response efforts in areas affected by the storm. The Puerto Rico National Guard helicopters will be an integral part of the operation and will assist in search and rescue operations.

"We want to express our condolences to our friends in the Dominican Republic affected by this terrible tragedy," said Adm. James Stavridis, SOUTHCOM commander. "We are working closely with partner agencies within our government and with the government of the Dominican Republic to assess their immediate needs and determine how to best help them mitigate the impact of this disaster on human life and critical infrastructure."

To date, the U.S. Agency for International Development has provided \$600,000 to the Dominican Republic for use in purchasing and transporting shelter material, water

and emergency relief supplies.

Helicopters — two HH-60 and one HH-65 — from the U.S. Coast Guard are currently assisting with ongoing search and rescue operations and the delivery of emergency provisions.

U.S. Southern Command's Military Advisory and Assessment Group, located at the U.S. Embassy in Santo Domingo have contributed \$360,000 to support relief efforts.

As of today, the U.S. has contributed more than \$1 million in aid to the Dominican Republic to assist with disaster relief operations associated with Tropical Storm Noel.

U.S. military assistance to a foreign nation is normally requested by the host nation through the U.S. ambassador. Then, as the lead federal agent, OFDA fields the request and asks the Department of Defense for military assistance, if needed.

A team of 19 Airmen and Soldiers and two helicopters from Joint Task Force Bravo departed Soto Cano Air Base, Honduras Nov. 5 heading for the Dominican Republic to also assist with recovery efforts in the wake of Tropical Storm Noel.

The 19 service members and two UH-60 Black Hawk helicopters were loaded on a C-5 Galaxy from the New York Air National Guard and arrived in the Dominican Republic.

"We'll be doing search and rescue missions," said Army Sgt. Jose Burgos-Mercado, one of the Joint

Task Force Bravo Soldiers deploying to the Dominican Republic. The 19-member team from Joint Task Force Bravo consists mostly of aircrew and search and rescue team members.

"There are a lot of people still missing, so we'll help look for them and move relief supplies," said Burgos.

"It feels really good to be a part of this, making a difference in people's lives," said Air Force Capt. Kevin Brathwaite, New York Air National Guard, one of the C-5 aircrew members. The aircrew was in Rota, Spain, scheduled to operate in Southwest Asia when they received the call they were to come to Honduras to assist with Tropical Storm relief efforts.

Air Force Capt. Jason Siebert of the West Virginia Air National Guard was flying with the New York Airmen on his first C-5 overseas training mission.

"I've gotten to see almost the whole world in one trip," said Siebert about his unique training mission.



Photo by Staff Sgt. Austin May

Soldiers and Airmen from Joint Task Force-Bravo check for clearance as a UH-60 Black Hawk helicopter is loaded onto a C-5 Galaxy from the New York Air National Guard heading for the Dominican Republic to assist with recovery efforts in the wake of Tropical Storm Noel.

"But when you get the chance to do something humanitarian, you do it. That's why we're here."

(Source: U.S. Army South News Release)

Soldier's tragedy ignites BAMC support units

By Jen Rodriguez
Brooke Army Medical Center Public Affairs

The call-to-duty goes further than the service member; it also ushers in the direct care of special people and organizations with a willingness to assist in the time of need, such as when tragedy strikes a Soldier's Family.

"So many people and so many names," said Staff Sgt. Eugene Schmidt, platoon sergeant, C Company, Warrior Transition Battalion, referring to the generous support given to one Soldier and his Family, following a car accident that killed two children and left one critically injured.

When Spc. John Austin Johnson, a cavalry scout recovering at Brooke Army Medical Center, received the news that his Family had been in an accident Oct. 13, his whole world stopped.

Johnson's wife, Monalisa was in an intensive care unit in a Dallas hospital, children Ashley, age 5 and Logan, age 2 died at the scene of the accident. The Johnson's son, Tyler, 9 years old, suffered serious head injuries and was in critical condition at Children's Medical Center also in Dallas.

The family was traveling from Fort Bliss, Texas, to pick up Johnson, who had been discharged from Brooke Army Medical Center. Johnson was assigned to the 1st Battalion, 9th Cavalry Regiment, 4th Brigade Combat Team, 1st Cav. Division when he was injured in Iraq.

Upon hearing the news, BAMC Transition and the Warrior Transition Battalion kicked into action.

"BAMC Transition pulled together with several reliable organizations that support the service members at BAMC when they are called upon," said Opal Rieras, transition assistance liaison for BAMC. "Everything that the Johnson Family needed, contacts were made to get it to them immediately."

"Everything that we know about, we (the Army and organizations) have taken care of. If something has been left unturned, it's because we don't know about it."

David Baker
Troop Command commander

In this case, immediate meant within minutes. All About Heroes responded first with travel cash for Johnson. The Fisher House Foundation-Hero Miles provided an airline ticket for the specialist to join his wife and son in Dallas with Schmidt by his side. Warriors in Transition Battalion Chaplain (Capt.) Bryan VanPelt followed the next day.

Soldiers' Angels paid for hotel rooms for Johnson, his mother and his grandmother to stay in Dallas. The national office for Soldiers' Angels met the Family at the hotel with monetary donations for food and miscellaneous expenses. National car rental donated a rental car for the Family's use, and Operation Comfort paid for the gas.

"It was a team effort between BAMC Transition and the WTB under Lt. Col. John Myers, represented by Schmidt and Chaplain VanPelt," said Rieras. "We were vigilant in keeping up with

the changes and in anticipating their next need. We had someone on standby to address whatever the next need would be."

That same day, Allstate Insurance agreed to pay for the funeral arrangements, and paid off Johnson's truck.

"After their tragedy made the newspaper in Dallas," Rieras said, "American Airlines provided seven airline tickets for the Johnson family to fly home to Benton, Ark. for Ashley's and Logan's funeral services Oct. 23. Also, an Arkansas citizen stepped up, and paid for five burial plots."

See BAMC SUPPORT P7

Celebrate America's Military events

U.S. Navy Band, Commodores in concert

The U.S. Navy Band, the Commodores, jazz ensemble will hold a free concert Friday at 7 p.m. at Sunset Station in St. Paul Square, 1174 E. Commerce St. The event is free and open to the public. For more information, call Carol Moore at 295-9694.

Veterans parade, wreath laying ceremony

A Veterans Day parade and wreath laying ceremony will be held Saturday at 11 a.m. at the Alamo, 300 Alamo Plaza. The parade will begin at 12 p.m. Grand Marshalls for this year's parade are Air Force, Maj. Gen. Irving Halter Jr., commander, 19th Air Force, Randolph Air Force Base; Army, Brig. Gen. Manuel Ortiz, Deputy Commanding General, United States Army South; Navy, Rear Adm. Bill Goodwin, commander, Naval Air Force Atlantic and Marine Corps, Col. Marc Magram, Director, Joint Electronic Warfare Center, Joint Information Operations Warfare Command. The event is free and open to the public.

San Antonio Symphony concert

The San Antonio Symphony will perform Saturday from 6:15 to 9 p.m. at the Municipal Auditorium, 100 Auditorium Circle. The U.S. Army's Old Guard Fife and Drum Corps will perform outside the Municipal Auditorium at 6:15 p.m. The event is free and open to the public. Tickets are available at the San Antonio Symphony box office, the Majestic Theater box office or

Ticketmaster.com. For more information, call the San Antonio Symphony box office at 554-1010.

Veterans Day ceremony at Fort Sam

The Fort Sam Houston's Veterans Day ceremony will be Sunday at 9:30 a.m. at the Fort Sam Houston National Cemetery, 1520 Harry Wurzbach Road. The keynote speaker for the event will be Rear Adm. John Goodwin. The event will include a wreath and banner presentation, gun salute, a tribute to veterans from the Native American community, and music from the U.S. Army Medical Command Band and the Texas Children's Choir. The event is free and open to the public.

Buffalo Soldier Commemorative Ceremony

A Buffalo Soldier Commemorative Ceremony will be held Sunday from 1:30 to 2:30 p.m. at the San Antonio National Cemetery, 517 Paso Hondo St. Keynote speakers for the event will be retired Air Force Maj. General Irene Trowell-Harris and retired County Judge Edward Harrison of Brenham, Texas. The event is free and open to the public.

Tops in Blue

The United States Air Force Services presents Tops in Blue "The Fly-By," a musical tribute to 60 years of proud Air Force history Tuesday at 7:30 p.m. at the Majestic Theatre, 224 E. Houston St. Doors open at 6:30 p.m. This event is free and open to the public. For more information, call 671-2619 or visit www.lacklandservices.com.

Veterans Day – where did it come from?

One can trace the origins of Veterans Day back to Nov. 11, 1920, when an unknown warrior was buried in London at the Westminster Abbey.

At the ceremony, British officials unveiled a commemorative plaque which read "A British warrior who fell in Great War 1914-1918 for king and country."

Soon afterwards, a French unknown soldier was buried in Paris at the Arc de Triomphe.

The United States followed suit after Congress passed a resolution March 4, 1921, to bury an unknown American Soldier with "appropriate ceremonies" in Arlington National Cemetery.

The Soldier, who died in France during World War I, was buried in Arlington National Cemetery's Memorial Amphitheater in what is now known as the "Tomb of the Unknown Soldier."

All these memorial ceremonies, in Great Britain, France and the U.S., occurred on Nov. 11 universally recognizing the ending of World War I — the "war to end all wars." Five years later, a Congressional resolution named the day "Armistice Day."

The first time the term "Veterans Day" was used was 1947. Raymond Weeks, a World War II veteran,

planned a celebration called "National Veterans Day" in Birmingham, Ala. to honor all veterans.

In 1954, President Eisenhower signed a bill proclaiming Nov. 11 as "Veterans Day."

Now each year, people across the U.S. recognize all the men and women, past and present, who have served to protect the American people and our way of life with ceremonies, parades and other festivities.

The Department of Veterans Affairs estimates there are about 24 million U.S. veterans — close to seven percent of those are women.

The United States isn't the only country that celebrates "Veterans Day"— so to speak. Canada, Great Britain and Australia also honor their veterans on Nov. 11 each year.

Don't confuse Memorial Day and Veterans Day. Memorial Day is a day to remember and honor military personnel who served their country dying in battle or as a result of battlefield wounds. Veterans Day is intended to thank all veterans — not only those who died — for their service and acknowledge their sacrifices to serve their country.

(Sources: The Department of Veterans Affairs and the Society of the Honor Guard Tomb of the Unknown Soldier)

Mission Thanksgiving 2007

Celebrate this great American holiday with some great Americans -- our sons and daughters in uniform.



If you want to open your home to two of Fort Sam Houston's trainee soldiers for Thanksgiving Day

Please call 221-0427 or 295-0849/1860/0934 or sign up on our website:

<http://www.cs.amedd.army.mil/thanksgivingmission.aspx>

MEDICAL ACTION from P1

Soldiers in our Warrior Transition Units and alcohol use and drug use, so it's important that members of the team be aware of that."

The distance learning, he added, is only a short-term solution. AMEDD will send mobile training teams to every WTU in the Army by October 2008, after which it will offer classes in San Antonio four times a year.

In the future, each WTU will also have to be certified, and the triad of squad leader, nurse case manager and primary care manager will have to undergo team training to ensure they function efficiently.

Cordts said they are also considering developing a command and control relationship with community-based healthcare organizations that manage Soldiers located across the United States and developing remote-care management for WTUs. A WTU based at Fort Lewis, Wash., for example, might handle a Soldier in California. This would be a way to help Soldiers not located near a WTU.

Part of helping Soldiers heal is ensuring they receive the best care possible, and according to Col. Peter Lawson, strategic planner at the Army G-1, the Army is considering a holistic managed-care plan for Soldiers.

Dr. (Lt. Col.) Marie Dominguez said

this means asking the right questions throughout the entire process, from reception to assessment to rehabilitation. The platoon sergeant, nurse case manager, primary care manager and specialists should all ask certain things, and then, she said, sit down with the Soldiers and determine their goals and how to get them there.

"We're setting the Soldier up for success, whether they remain in the service or transition out," Dominguez said.

"In the long term, we do not want to turn people back over to the civilian sector without the proper life skills or motivation," added Brig. Gen. Mike Tucker, AMAP director. "This is helping people help themselves, understanding what their capabilities are and setting conditions to allow them to achieve their own potential at a time when they need it the most."

"A key element of helping Soldiers is placing them in the best housing available on an installation. At least 10 percent of housing must be handicapped-accessible and all emergency repairs will take place within 24 hours," said Tucker.

According to Col. Lisa Hines, deputy chief of staff for the AMAP cell at the Installation Management Command, IMCOM plans seven major construction projects totaling \$138 million in fiscal year 2008 and 17 in fiscal year 2009 totaling \$790 million.

BAMC SUPPORT from P5

Rieras said the Dallas Veteran Service Organization and the Veterans of Foreign Wars prepared family meals for the Johnsons, during their Dallas stay.

When another need was identified to clear an impending debt, Soldiers' Angels stepped in and established a fund to help the Johnsons clear some financial hurdles. Amy Hart, a financial planner in Dallas, also opened a bank account in her name and the Johnsons' name. More donations poured in from concerned citizens. The bank account was closed Oct. 29, with a check going directly to the Johnson family.

In addition to the outside resources, on the home front, Schmidt and VanPelt continue to support the Johnsons, 24-7.

"The support has been tremendous. One night, the VSO had a prayer vigil for four to six hours in the ICU, it was amazing. They (Johnsons) are very appreciative for what people have done for them," said VanPelt. He has prayed with the Family, offered encouragement and constantly asks if there are any concerns that have not been met.

For Schmidt the experience

has been overwhelming, touching and amazing. "Everyone helped, such as the Soldiers' Angels. Chaplain VanPelt has been here to help whenever the Family needs him," said Schmidt, who supported the Family in every means necessary, including making funeral arrangements, and the coordination of rental cars.

"The Johnsons trust and appreciate Schmidt a lot," said VanPelt. "His help is very meaningful to them. He's gone way beyond the call of duty."

"Everything that we know about, we (the Army and organizations) have taken care of," said Troop Command commander David Baker. "If something has been left unturned, it's because we don't know about it."

There is a silver lining to this tragic story. Together, BAMC Transition, the WTB and its group of special contributors worked together to take care of an Army Family in need, by accomplishing a job worthy of its care of the Warrior in Transition and their Families.

(Editor's Note: Johnson's 9-year-old son, Tyler, died Saturday at Children's Medical Center in Dallas from injuries sustained in the rollover.)

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Process

PROMOTIONS from P2

this workload reduction will be a welcome relief.

"This is just one more example of how the Army is transforming into a more agile force, and improving processes using existing technology," Gills said.

While the Army continues to drive hard towards the DIMHRS solution, this program provides some of the DIMHRS-type improvements now, and will help Soldiers by ensuring their records are accurate when we do make the DIMHRS transition in October 2008.

Concerns about the new self-service system have been brought up, and largely relate to Soldiers putting in false data. "That concern is valid to a point, but appears somewhat overstated," Gills said.

Over the past 20 years, a few Soldiers have 20 years, tested the system. Some will likely try to go around this new system. The numbers are small. This is the trust and verify part of the system. We trust our Soldiers. They live by the Warrior Ethos. We trust them with expensive equipment. We trust them with enormous responsibilities. We trust them with the lives of their fellow Soldiers. Certainly, we can trust them with keeping accurate records.

"We actually have a fairly robust verification process built into the system," Gills said. "When a Commander recommends a Soldier for promotion, he is doing so based on the chain of command's recommendation as well as his own observation of the Soldier's character and performance over time. A Command Sgt. Maj. and panel of senior noncommissioned officers then certify that Soldier in a formal board process. Once those two actions have occurred, the Human Resources specialist adds the points into the system and the Soldier is at that point allowed to add points to roughly half of the measured areas of performance."

Items such as certificates of achievement, certificates of military education, completion of a college course (after certification by the education center or S1/MPD for that university enrollment) are examples of point areas a Soldier may modify. Higher awards (AAM and above), APFT and weapons qualification are examples of areas that will remain the responsibility of the unit for input onto the

Soldier's record. The system will automatically tally all points.

Additionally, each month the Commander will receive a report that shows all promotable Soldiers within the unit, their previous month points total compared to their current points and the amount of points added, if any. First Sergeants know their Soldiers, and unusual or suspicious activity will be readily apparent. All Soldiers must electronically sign a statement that attests to the validity of the points they have added. Those who do attempt to cheat will have to face their leadership, administrative and other actions as appropriate.

Finally, Human Resources Command will randomly audit a percentage of promotable Soldiers across the force. Human Resources Specialists will review reports monthly indicating those selected for audit, and those Soldiers will be required to produce all supporting documentation.

"As I travelled the Army testing the system and talking to Soldiers, there were typically one or two dissenters in each audience who were concerned about cheating. I reminded them that we have an opportunity to do something really good for Soldiers and their families. Do we want to focus on the opportunity or the small percentage that might want to test the system by cheating? I believe we need to move forward and recognize the Soldiers who perform their duty selflessly and with integrity each day," said Gills. "We have the greatest Army in the history of the world, buttressed by an ethically sound, values-based NCO Corps. When we move to DIMHRS, our Soldiers will be ready for it, and their records will more accurately reflect their performance as a result of this effort."

Soldiers in the grade of Specialist and Sergeant may access this application at the Human Resources Command Enlisted Promotions Web site: <https://www.hrc.army.mil/site/active/select/promo.htm>.

Non-promotable Specialists and Sergeants may access the program for viewing and update, but will not be able to affect point changes to the Army data base until they have been recommended by their Commander and have appeared before a promotion board. Promotable Specialists and Sergeants may access and update their file beginning Oct. 11, which will affect points beginning Dec. 1.

Recruiting the best

By Lauren Hall
San Antonio Recruiting Battalion
Command Public Affairs

Nineteen-year-old Janay Albarran had waited a long time to join the Army, but she's a Soldier now.

Albarran was sworn into the Army Sept. 28 by San Antonio Recruiting Battalion Commander, Lt. Col. Rene' Brown, with her husband Spc. Alejandro Albarran proudly supporting his wife's decision to enlist.

"You're about to join the most powerful and lethal Army in the world," Brown said before the ceremony at the San Antonio Military Entrance Procession Station.

Janay, now Pvt. Albarran, shipped out to Basic Combat Training at Fort Jackson, N.C., where she'll remain for her Advanced Individual Training to become a Human Resources Specialist.

Janay's husband, Alejandro, is also a Soldier - something he's wanted to do since he was only nine years old.

Following the attacks of Sept. 11, his drive to join the military increased. Alejandro thought of becoming a pilot, but at six-foot six-inches, he exceeds the height limitations.

Alejandro, or Spc. Albarran, an Infantry Soldier, is the first person in his family to join the service. He

had never fired a weapon of any type before joining the Army at the age of 17.

"I qualified expert on mortars, M-4s, M-16s, grenade launchers, M-249 SAWs, M-240-Bs - I can take them all apart and put them back together," Alejandro said. "Give me any weapon and I'll be an expert on it in no time."

Alejandro deployed to Iraq with his unit, the 4th Battalion, 31st Infantry, 10th Mountain Division from Fort Drum, New York.

While on a mission, the vehicle Alejandro was traveling in was struck by an Improvised Explosive Device, blowing his best friend and squad leader, Sgt. Jacobo Aguilera, out of the vehicle.

Aguilera, realized that Alejandro was injured and still in the vehicle, went back to help his comrade.

Alejandro lost his right leg below the knee. He is undergoing rehabilitative therapy at Brooke Army Medical Center, where his wife, Janay, has remained at his side.

He is doing so well with his rehabilitation that Janay and Alejandro agreed that it was her turn to do what she had wanted to for so long, but had postponed after she was notified he had been

injured. And that was to join the Army.

"I feel good about her decision to join the Army," Alejandro said.

"He doesn't 'need' me anymore," said Janay. "He can drive again and do almost everything he did before he was injured."

While Alejandro continues with his rehabilitation, and Janay completes her training, their two-year-old daughter, Ilianna, will remain back home in Arizona with Janay's grandmother, who also gave the "okay" to join the Army.

"I have my husband and my daughter. I want to 'be somebody' and want them to be proud of me," said Janay.

Meanwhile, Alejandro has another decision to make, whether or not to stay in the Army. If he decides to continue his career in the Army, he will have to change specialties.



Courtesy photo

(From left) Pvt. Janay Albarran, Spc. Alejandro Albarran, Lt. Col. Rene' Brown, commander, San Antonio Recruiting Battalion Command and Sgt. Maj. Milton Rhodie pose for a picture Sept. 28 after Janay Albarran enlisted into the Army. Her husband, Spc. Alejandro Albarran, is an outpatient going through rehabilitation at the Center for the Intrepid.

"He loves the Army," said Janay.

"I can't see myself in any other job in the Army besides the Infantry," Alejandro said.

If Alejandro decides to get out, he has the option of re-joining in the future, and he has someone on his side who's in a position to see to that.

Lt. Gen. Benjamin Freakley, commanding general, U.S. Army Accessions

Command, who spoke with Alejandro while visiting Fort Sam Houston in September. Freakley is Alejandro's former commander from the 10th Mountain Division.

At the present time, Alejandro plans to get out of the Army and to go to college to study Criminal Justice.

For now, he's back to driving, working out daily and looking forward to a bright future with his family.

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Chambers named 'EOA of the Year'

By Jerry Harben
U.S. Army Medical Command

Sgt. 1st Class Rosalba Chambers, equal opportunity advisor for the 32nd Medical Brigade and the Army Medical Department Center and School, was chosen as the U.S. Army Medical Command 2007 Equal Opportunity Advisor of the Year. She competes next month for Army EOA of the Year.

Chambers has been the brigade EOA since 2005. She advises the commander and staff, as well as 65 equal opportunity representatives, impacting the quality of life for 5,500 permanent-party Soldiers and a daily average of more than 3,000 students.

"She is a strategic thinker and performs well above her current rank. She is a self-motivated leader of impeccable integrity that thrives in high-pressure situations," said Col. John Cook, 32nd Medical Brigade commander.

In an essay for the competition, Chambers emphasized the need for coordination between equal opportunity programs of the different military services, especially as

Base Realignment and Closure initiatives create more joint activities.

"In an effort to improve the EO program, I believe it is necessary to learn and understand other service's EO programs," she wrote. "Once the foundation is identified, I

feel, we as leaders can better support our Airmen, Soldiers and Sailors. Every branch of service currently has its own subject matter experts in the program and the commander fully relies on that individual for step by step guidance."

Chambers has been an active volunteer for a local homeless shelter, and has been recognized for superior support to the Better Opportunities for Single Soldiers program on Fort Sam Houston. In August 2006, the city of San Antonio and Image De San Antonio recognized Chambers as one of 12 outstanding Hispanic women role models.



Sgt. 1st Class
Rosalba Chambers

USDA announces voluntary recall of frozen pizzas



FORT LEE, Va. – General Mills is voluntarily recalling an undetermined number of its Totino's and Jenos frozen pizza products because of possible contamination with E. coli O157:H7, the U.S. Department of Agriculture announced Nov. 1.

As a result, the Defense Commissary Agency is removing the following products from its shelves, food safety officials said:

• **Totino's, Party Supreme,** UPC - 42800-10700

• **Totino's 3 Meat,** UPC - 42800-10800

• **Totino's Pepperoni,** UPC - 42800-11400

• **Totino's Party Combo;** UPC - 42800-11600

• **Jeno's Crisp 'n Tasty Pepperoni,** UPC - 35300-00572

• **Jeno's Crisp 'n Tasty Combo,** UPC - 35300-00576

The frozen meat pizza products subject to recall were produced on or before Oct. 30 and were distributed to retail establishments nationwide. Each package also bears the establishment number "EST. 7750" inside the USDA mark of inspection as well as a "best if used by" date on or before "02 APR 08 WS."

The potential problem was uncovered by state and federal authorities investi-

gating 21 occurrences of E. coli-related illnesses in 10 states. About half of the individuals who became ill were hospitalized as a result. The earliest case reported to state authorities occurred July 20, and the latest case reported occurred Oct. 10. Nine of the 21 people reported having eaten Totino's or Jenos's pizza with pepperoni topping at some point prior to becoming ill.

E. coli O157:H7 is a potentially deadly bacterium that can cause bloody diarrhea and dehydration. Seniors, the very young, and persons with compromised immune systems are the most susceptible to foodborne illness.

Any consumers concerned about an illness should contact a physician. Anyone diagnosed by a physician as

having an illness related to E. coli O157:H7 is also urged to contact state and local public health authorities.

Commissary patrons who have any of these products at home should stop consuming it, throw away the product and return the UPC (bar code) symbol from each pizza box to the store from which they purchased it for a full refund. Consumers with questions about the recall should contact the company at 800-949-9055.

For more information on this recall, visit <http://www.generalmills.com> or the DeCA Web site at <http://www.commissaries.com>.

(Source: The Defense Commissary Agency)

Lincoln Military Housing resident activities

Lincoln Military Housing held a Halloween Bowling Bash Oct. 30 from 3 to 6 p.m. at the post bowling center. Children came in cool costumes and everyone had great fun. On Halloween, LMH served treats to residents.

LMH will host several activities during November and December and residents are encouraged to participate.

In addition to the Yard of the Month for November, homes will be judged for the Fall Décor of the Month. The prize is a \$50 gift certificate to Home Depot. The four winners will be notified by Dec. 5.

LMH will also give away five turkeys. Residents will need to complete an entry form and submit the form to the Housing Office or e-mail their name and address to www.samhoustonlpc.com. The

deadline to enter is Wednesday, winners will be notified Nov. 15.

In December there will be a Holiday Decorating Contest in addition to the Yard of the Month. The prize is a \$50 gift certificate to Home Depot. Four winners will be announced Jan. 3.

LMH will also give away five hams from the Honey Baked Ham Company. Residents need to complete an entry form and submit the

form to the Housing Office or e-mail their name and address to www.samhoustonlpc.com. The deadline to enter is Dec. 14, winners will be notified Dec. 18.

For photos and upcoming activities, residents can visit LMH's interactive Web site at www.samhoustonlpc.com.

For more information, call 270-7638.

(Source: Residential Communities Initiative)



October Survey of the Month
Demarcus Betsey
October Yards of the Month
701 Patch
563 Wheaton
5200-A Barkley Circle
110 Artillery Post

Soldiers celebrate American Indian Heritage

By Ben Paniagua
Hacienda Recreation Center

About 100 Soldiers from the 32nd Medical Brigade celebrated American Indian Heritage Month at the Hacienda Recreation Center Nov. 1. The Soldiers walked away richer in knowledge about this important culture in American Society.

Presented by Four Winds Intertribal Society and Keetowah, the Soldiers listened intently as Steve Zavala spoke about the history of American Indians and the role they played in American society, including the bravery they displayed while serving in the military with over 22 Medal of Honor recipients.

The Soldiers also learned what a real Pow Wow is all about. Zavala explained that "it is a European adaptation of the Algonquin term Pau Wau that refers to the tribal medicine men and spiritual leaders."

Zavala also spoke of the handmade clothing worn by American Indians, which can take years to complete. The clothing cannot be referred to as costumes, but regalia, and cannot be touched without the permission of the wearer.

"The clothing represents the living history of the people, the American Indians," Zavala said.

"It was cool, fun and informative," said Pvt. Kelvin Ward, B Company, 187th Medical Battalion. "I really enjoyed it."

The Soldiers were treated to refreshments of cake and cookies with punch. They also enjoyed American Indian Pow Wow dancing led by American Indians from the audience.

The Soldiers took part in a trivia contest about famous American Indians. Winners with the most correct answers were awarded prizes.

"It was fun. Learning

about different cultures was fun. I enjoyed the dancing. I learned about the value that was placed on women within the culture," said Pvt Erika Odums, C Company, 232nd Medical Battalion. "I am a mom of four, so that is what stood out the most to me."

The program was hosted by the Headquarters Company, 32nd Medical Brigade and presented by the 32nd Medical Brigade equal opportunity adviser and the Hacienda Recreation Center. Sponsors present were the Miles Program and Beacon Insurance Assurance Company. The program was also sponsored by San Antonio Credit Union, Eisenhower National Bank, DeVry University, Sprint, Central Catholic, Century 21, MWR and the Texas Veterans of Foreign Wars and the Office of Directorate of Morale, Welfare and Recreation Marketing Office.



Photo by Sgt. 1st Class Rosalba Chambers
Ray Duncan from the Four Winds Intertribal Society and Keetowah looks over poster of famous Native Americans and their great contributions to American Society

American Indian Heritage Month Pow Wow

American Indian Heritage Month eighth annual Pow Wow "Honoring Warriors: Past and Present" will be held Saturday from 10 a.m. to 6 p.m. at the Jimmy Brought Fitness Center on Wilson Road. The event will feature dancing, arts and crafts, education and employment information. The pow wow is free and open to the public. For more information, call Maria Preda at 221-9356 or 221-9174.

Cloverleaf Communicators celebrate 50 years on Fort Sam

Eight members of the Cloverleaf Communicators gathered at the Fort Sam Houston quadrangle, Oct. 30 to release blue and yellow balloons in celebration of the 50th anniversary of the club's existence on the post.



Story and photo by Cheryl Harrison
Fort Sam Houston Public Information Office

The International Training in Communication Cloverleaf Communicators celebrated 50 years of being chartered on Fort Sam Houston Oct. 30 with a brief ceremony and the release of blue and yellow balloons in the Fort Sam Houston quadrangle.

The first meeting of the Cloverleaf Club was held January 1956 to discuss the possibility of organizing a chapter of International Toastmistress Club.

Several requests were sent to International Toastmistress requesting a charter for membership for Cloverleaf Club. Charters were denied until a request was submitted from the office of the mayor. The ITC board received the request, met and discussed the request and 18 months later, May 26, 1957 the Cloverleaf Club of Fort Sam Houston was granted Charter #855.

Over the course of 50 years the club has gone through many changes including a name change to Cloverleaf Communicators. Members participate in a speech accreditation program and upon completion are certified and designated as an Effective Communicator, Proficient Communicator, Skilled Communicator, Accomplished Communicator or Distinguished Communicator.

The club currently has 13 members with two original members of the 1957 Cloverleaf Club, Lucille Yorston and Ruth Baker.

Anthony Jones, Cloverleaf vice president said, "We teach a person how to control nervousness and fear while speaking in front of others. We instill confidence as we evaluate speeches with constructive feedback."

Club meetings are held the first and third Thursday of each month from 11:45 a.m. to 1 p.m. at the San Antonio Credit Union on Stanley Road.

For more information, call Anthony Jones, 221-7835.

Sports Briefs Cole Harrier advances to state

Golf Course re-opening

The long awaited re-opening of the La Loma and Salado Courses at the Fort Sam Houston Golf Club with opening ceremonies will be held Nov. 16 at 7:30 a.m. with a tournament to begin at 8:20 a.m. Fort Sam Houston Morale, Welfare and Recreation has invested \$3.6 million into renovations of the 36-holes available to the community. The multi-million dollar renovations were not meant to make the courses more difficult, but rather make them more player-friendly for golfers of all skill levels. The La Loma Grande is the only military golf course to host a PGA Tour event and two Texas Opens. The celebration includes an afternoon of fun and food. For more information, call 222-9386.

Intramural basketball

The Fort Sam Houston Garrison intramural basketball league begins Nov. 26. A coaches' meeting will be held Friday at 1 p.m. at the Brigade Gym. Letters of intent should be mailed to Earl Young at 1212 Stanley Road, Building 124, Suite 20, Fort Sam Houston, TX 78234 by Monday. For more information, call 221-3185 or e-mail earl.t.young@us.army.mil.

Intramural bowling

The Fort Sam Houston Garrison intramural bowling league begins Jan. 7. Letters of intent for intramural bowling are due Dec. 3 to Earl Young at 1212 Stanley Road, Building 124, Suite 20, Fort Sam Houston, Texas 78234. A coaches' meeting will be held Dec. 12 at 1 p.m. at the Fort Sam Houston Bowling Center. For more information, call 221-3185 or email earl.t.young@us.army.mil.

By retired Lt. Col. Robert Hoffmann
Senior Army Instructor, Robert G. Cole High School

After sweeping to the district 30-2A cross-country title Oct. 24, the Robert G. Cole High School runners had another outstanding day Saturday at regional competition held at Brooks City Base, Texas.

Leading the way for the Cougars was junior Richard Well; finishing in sixth place overall, with a three-mile time of 17:05. Well's per-



formance advances him to the state championship meet.

"Richard put forth an outstanding effort," said Cole coach, Herb More. "He made great strides this year, and should be really something as a senior."

The Cole boys' team finished in fourth place overall and missed sending the entire team to state by a mere four points. The state meet will be held Saturday at Flour Bluff.

Fort Sam Houston defeats Texas Lutheran



The Fort Sam Houston Men's basketball team defeated Texas Lutheran University in overtime 107-97 Oct. 31 at the Jimmy Brought Fitness Center. The TLU team stayed in the game behind the three-point shooting of Nate Walton. The Fort Sam Houston Rangers held off TLU by limiting them to only six points in the final 5 minutes. The Rangers were led by Staff Sgt. Dante Langston and Keith Sheeler with 19 points each. Sgt. 1st Class Edward Myles had 17, Staff Sgt. Gerald Boyd, 14 and Josh Collins, 11.

U.S. ARMY

AMERICAN INDIAN HERITAGE MONTH

8TH ANNUAL POW WOW
HONORING WARRIORS: PAST AND PRESENT

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1000 - 1800 HOURS

JIMMY BROUGHT FITNESS CENTER, BUILD 320, WILSON ROAD.
VISITORS ENTER THROUGH WALTERS STREET GATE

FREE EVENT SPONSORED BY FOUR WINDS INDUSTRIAL SOCIETY,
FT. SAM HOUSTON RO AND ERO PROGRAMS

1000 - DANCES OVER & WELCOMING REMARKS
1100 - GOURD DANCING
1300 - GRAND ENTRY (INTRAMURAL & EXHIBITION DANCING)
1700 - CLAYMORE SHOWS

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591st MEDLOG deploys to Iraq



Photos by Esther Garcia

1st Lt. Craig Thompson gives a final hug to wife, Marianne, and daughter, Camryn, during the 591st Medical Logistics Company deployment ceremony Nov. 1 hosted by the Fort Sam Houston community. "I am very proud of him," said Marianne. "This is why we are in the Army, to do the right thing."



Sgt. Dina Snyder, Sgt. Byron Reed and Pfc. Diamond Bratten share a moment on the stage of the Roadrunner Community Center following the unit deployment ceremony. The unit will support the 1st Medical Brigade, corps level medical units and Joint Task Force customers with packaging and shipping of medical supplies, optical fabrication, and clinical engineering support.



(Left) Jesenia Torres tightly hugs the leg of her mother, Sgt. Valerie Torres, during the unit family gathering.

(Below) As she carries her one-year-old child, Sgt. Valerie Torres gives words of encouragement to her 2 year-old, Jesenia. "I have no emotions yet, it is all new to me," said Torres when asked how she felt about going to Iraq for the first time.



Soldiers of the 591st Medical Logistics Company march into the Roadrunner Community Center Nov. 1 to begin the farewell ceremony prior to their departure to support medical operations in Iraq.

Best Warrior Competition



Photo by Olivia Mendoza

Staff Sgt. Howard Markel evacuates a casualty utilizing a SKEDCO litter designed to transport casualties over long distances and avoiding manual carries during the hands-on performance of the competition. The hands-on performance tasks included moving under direct or indirect fire, performing first aid on a casualty, transporting a casualty utilizing a SKEDCO litter and reporting casualty injuries.

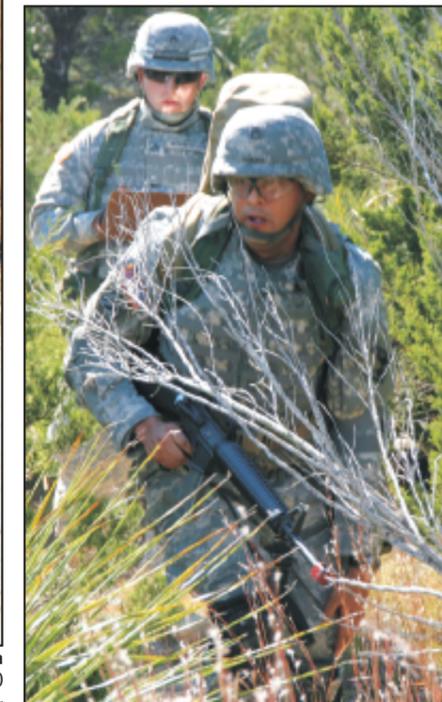


Photo by Olivia Mendoza

Sgt. 1st Class Alejandro Pereyra-Alaniz reacts to simulated combat scenario during the movement-to-contact phase of the competition. Pereyra-Alaniz was selected the Fort Sam Houston Drill Sergeant of the Year and will now compete at the Training and Doctrine Command level.



Photo by Esther Garcia

Staff Sgt. Howard Markel, carrying his rifle, competes in the three-mile foot march at Camp Bullis during the Drill Sergeant, Noncommissioned Officer, and Soldier "Best Warrior" Competition held Oct. 28 to Oct. 31. Markel is assigned to the Noncommissioned Officers Academy. Markel was selected as the Noncommissioned Officer of the Year for Army Medical Department Center and School.



Photo by Esther Garcia

(Above) Sgt. 1st Class Stephen Derrick, noncommissioned officer in charge for the hands-on performance lane, briefs the three candidates prior to the competition.



Photo by Olivia Mendoza

(Left) Sgt. 1st Class Michael Cook, G Company, 232nd Medical Battalion, conducts a patient assessment at the patient triage area. The competition also included a physical fitness test and a board consisting of senior noncommissioned officers. The candidates were tested on various military subjects from Uniform Code of Justice to Army programs and leadership issues.

Fort Sam Houston Independent School District Weekly Campus Activities Monday through Nov. 17

American Education Week

Fort Sam Houston Elementary School

Monday

Veterans Day – student holiday/staff development

Tuesday

Picture retakes

Nov. 15

Opera for grades three, four and five, 8:15 a.m.

Opera for pre-kindergarten, kindergarten, grade one and two, 9:15 a.m.

Nov. 16

Parent workshop “One Minute Reader” with Deborah McCullough for all grades, 1 to 2:15 p.m.

PTO board meeting, 8 a.m.

Spirit day

Robert G. Cole Middle and High School

Monday

Veterans Day – student holiday/staff development

Tuesday

Senior panoramic picture

Josten’s senior graduation orders in multi-purpose room, lunch

Wednesday

Girl’s basketball at Somerset, 6:30 and 7 p.m.

Nov. 16

Girl’s junior varsity basketball at Devine, TBA

Nov. 17

Girl’s varsity basketball tournament at Pleasanton, TBA

Girl’s junior varsity basketball tournament at Devine, TBA

Eagle Scout project benefits Cole Media Center

By Jayne Hatton

associate superintendent, Fort Sam Houston Independent School District

Cole Senior, Frank Thompson, wanted an Eagle Scout project that would benefit the community. Over the weekend he met his goal, moving more than 17,000 books into the new Cole Media Center.

Thompson’s idea to move the library books to the new Cole Media Center was well received by Dr. Roland Rios, Cole High School principal.

Rios said, “I was happy to hear Frank’s ideas for this local community service project. His dedication to Cole and the Fort Sam Houston community is to be commended and should serve as a reminder of the power of the volunteer.”

Eagle Scout projects are approved by a three-to-

seven member board and require the Scout to demonstrate leadership, justify the value to the community, and require the Scout to direct the project, not complete the work himself.

Thompson said, “One of the biggest challenges I faced was securing volunteers. Many students were willing to help, but had other commitments like taking the SAT, Youth Services football games, and even Cole’s cross-country meet.”

However, in spite of these scheduling conflicts 35 students volunteered throughout the day, moving books well in advance of the deadline.

The Eagle Scout rank is the highest advancement rank in Scouting and is a performance based achievement. To be eligible for this recognition, a Boy Scout must fulfill requirements in the areas of leadership, service and outdoor skills, evident over a period of time.

“Frank is one of the most committed scouts I have worked with. He has remained focused on this project and his desire to

benefit the community” said Troup #23 Scout Master David Sees.

Less than two percent of Boy Scouts achieve Eagle Scout rank as jobs, sports, girls and cars become higher priorities during high school. Thompson’s family has provided a system of inspiration and support. His grandfather, one of the youngest Eagle Scouts in Florida and an uncle both achieved Eagle Scout. Sue Thompson, Frank’s mother and first grade teacher at Fort Sam Houston Elementary School, was his first den leader. Randall Thompson, Frank’s father, has held several leadership positions, now serving as the Boy Scouts District Commissioner.

Kathleen Beierle, Cole librarian, said, “My son was an Eagle Scout so I understand the time and commitment necessary to complete a community project. Frank has led this project, seeking volunteers and addressing problems as they arise. As a result of his efforts, we will be able to open our library for student use much sooner than anticipated.”

Families enjoy books, fall festival

By Dr. Kathy Maxwell

Fort Sam Houston Independent School District

Parents, students and staff at Fort Sam Houston Elementary School enjoyed a week of fun-filled activities hosted by the Cougar Cub Parent-Teacher Organization. Students enjoyed the book fair, selecting books from a wide variety of topics and interests while families played together at the Fall Festival.

“The book fair encourages students to read, supports teachers, and gives parents the opportunity to shop early for Christmas. Other events like Muffins for Mom, Donuts for Dad and the Fall Festival provide families and school staff with time to relax and have fun together” said Jennifer Tucker, Cougar Cub president.

Teacher’s enjoyed a preview of the Scholastic Book Fair, selecting books for a classroom wish list, and entering a drawing for a special gift certificate. Elementary librarian Cindy Riggs said, “Teachers appreciate the time to preview the books and materials before the students so that they will be better prepared to provide assistance on the day the

class attends the book fair. Parents frequently ask teachers to recommend a good book for their child or family.”

The Fun Carnival held Nov. 1, was planned and organized by the Parent-Teacher Organization. Teacher sponsored activities included: a cake walk, hayride, inflatable jumping castle, dunking booth, penny toss, bobbing for doughnuts, haunted house, estimation table, face painting, beauty spray shop, bean bag toss, basketball toss, duck pull, sponge toss, “Are You as Smart as a Fourth Grader?” squishy-feelies, ring toss, karaoke, P.E. teacher raffle,

and more. Hundreds attended this special event.

Elementary para-educator Harvie Johnson commented, “I was absolutely amazed with the turn out and success of the festival. Everyone was having such a good time with family and friends.”



Courtesy photo

Elementary students, Aidan Casey and Gabriel Taylor, try their luck and skill as they “bob” for donuts tied to a string at the Fort Sam Houston Fall Festival, Nov. 1.

MWR Community Recreation

Post garage sale

A post garage sale will be held Dec. 1 from 10 a.m. to 4 p.m. at the MacArthur Pavilion parking lot. There is no cost to participate, but individuals selling items must pre-register. A valid Department of Defense ID is required to participate. Participants may rent tables and chairs on-site from the Outdoor Equipment Center. Table rentals will be on a first-come,

first-serve basis as supplies last. The selling of firearms, animals, arts and crafts, or food and beverage items is not permissible. For more information, visit www.fortsamhoustonmwr.com or call 221-5224 or 221-5225 to register.

Dining and Entertainment

Sam Houston Club

MWR TGIF

Visit the Sam Houston Club every Friday at 5 p.m. for free karaoke. Practice your vocals or just come out

and have fun with friends to celebrate the end of another long work week. No cover charge and appetizers will be served. For more information, call 224-2721.

Harlequin Dinner Theatre 'My Three Angels'

The comedy by Sam and Bella Spewack, "My Three Angels" will be presented at the Harlequin Dinner Theatre from Nov. 23 through Dec. 15. Performance tickets are \$28 on Wednesdays and Thursdays and \$31 on Fridays and Saturdays. Doors open for salad bar and cocktails at 6:15 p.m., the buffet from 6:30 to

7:30 p.m., and the show begins at 8 p.m. Military discounts are available. To make reservations or for more information, call 222-9694.

Auditions

Auditions for the play "Appointment with Death," a mystery by Agatha Christie will be held Nov. 19 and 20 from 7 to 8:30 p.m. William Champlin will be directing. For more information, call 222-9694.

MWR Ticket Office

The ticket office is open Tuesdays through Fridays from 10 a.m. to 5 p.m. and closed Saturday through Monday. Come by for discounted tickets on local attractions, as well as theme parks like Disney World and Universal Studios. For more information, visit www.fortsamhoustonmwr.com or call 221-1663 or 224-2721.

Army Community Service

Financial Readiness Program classes

The Financial Readiness Program will hold classes on Personal Financial Management, Understanding Your Credit Report, Financial Planning, Identity Theft and Checkbook Maintenance. Classes are held from 2 to 4 p.m. in Building 2797. Seating is limited. For more information or to register, call 221-1612.

Understanding your credit report

The Financial Readiness Program is offering an Understanding Your Credit Report class Tuesday from 2 to 4 p.m. in Building 2797. Seating is limited. For more information or

to register, call 221-1612.

Financial planning

The Financial Readiness Program is offering a Financial Planning class Nov. 15 from 2 to 4 p.m. in Building 2797. Seating is limited. For more information or to register, call 221-1612.

Reunion, reintegration briefing

A reintegration briefing and discussion will be held Nov. 15 at Army Community Service from 1:30 to 3 p.m. for Families who are preparing for their Soldier to return from deployment. Spouses, parents and extended family members are welcome. For more information or to register, call 221-0946 or 221-9821.

Personal Development

The Army Family Team Building Level 2 course will be conducted Wednesday to Nov. 26 from 9 a.m. to 4 p.m. at Army Community Service, Building 2797, Stanley Road. This class is on personal development and teaches topics such as communication skills, stress management, personality traits, team dynamics, creative problem solving, Family Readiness Groups, personal conflict management and much more. Lunch is provided. For more information, call 807-3111 after 5 p.m.

AER Scholarship Programs

The Maj. Gen. James Ursano Scholarship Program is for dependent children of active, retired and deceased Soldiers. The Maj. Gen. James Ursano Scholarship Program offers scholarships based on finan-

See MWR P21

cial need, academics and leadership/achievement. For more information or to apply for the scholarship, visit www.aerhq.org or call Army Community Service at 221-1612.

Child and Youth Services

Parent Advisory Council meeting

A Child and Youth Services Parent Advisory Council meeting will be held Nov. 20 from 11:30 a.m. to 12:30 p.m. at the Child Development Center. Lunch will be provided. All CYS patrons are encouraged to attend. This is an opportunity to meet staff, attend parent workshops and learn about upcoming events. PAC meetings are held the third Tuesday of each month. For more information, call 221-4871 or 221-1723.

Central Registration

Child and Youth Services registration is Monday through Friday from 8 a.m. to 5 p.m. for kindergarten through fifth grade. Walk-ins and appointments are welcome; however, patrons will be seen by appointment only after 4 p.m. Central Registration is located inside Army Community Service, Building 2797. To register a child, parents must bring current shot records, two local emergency contact names, health assessment within the last 12 months, sport physical (must be valid through the entire selected sport season), child's Social Security number, sponsor's Leave and Earnings Statement and spouse's W2 form. Registration fee and activity fee is \$18. For more information, call 221-4871 or 221-1723.

CYS needs instructors

Child and Youth Services is recruiting instructors for driver's

education, cooking, leadership skills, mentoring, tutoring, voice, guitar and Spanish. For more information, call 295-4806 or 221-1103.

FCC providers

Family Child Care is seeking Family members interested in becoming certified FCC providers. There is a no-cost start-up plan. For more information, call 221-3828.

Off-post childcare options

The Army Child Care in Your Neighborhood program offers military Families more childcare options in the local community. There are two childcare centers and 25 civilian providers in surrounding areas of Fort Sam Houston available for use by local Army Families. The centers and providers are monitored to ensure they meet Army standards. For more information, call the Family Service Association at 431-7570 or Fort Sam Houston Central Registration at 221-4871.

Family Child Care Online

Family Child Care Online is a marketing tool that allows parents to take a virtual tour of FCC homes. In addition, parents can read about the provider's philosophy of care, hours of operation and background. This online tool can be accessed weekdays from 8 a.m. to 4:30 p.m. at Child and Youth Services Central Registration, Building 2797.

Youth basketball registration

Central Registration will hold registration for basketball today through Dec. 7. Practice begins Dec. 3. Patrons must be registered with Child and Youth Services. To register, patrons must provide Leave and Earnings Statement, spouse's W2 form, updated shots records for



Courtesy photo

(From left) Ray Flores, Car-X Store Manager, Terry Groesbeck, Econo Paint and Body Owner, Jason Jordan, Car-X General Manager, Brittney Rodriguez and her husband and mother-in-law, pose next to the 2000 Chevy Cavalier she won at the 2007 Fall Festival. Car-X and Econo Paint and Body donated the vehicle to Morale, Welfare and Recreation.

MWR plans early holiday gift for lucky family

By Kelly Jones

MWR Marketing and Corporate Partnership Director

Through the efforts of Ray Flores, Car-X Auto Service Store Manager, and Terry Groesbeck, Econo Paint and Body Owner, a lucky Soldier and Family member won a 2000 Gold Chevy Cavalier

during the 2007 Fall Festival. Morale, Welfare and Recreation Marketing developed the promotion with Car-X and Econo Paint and Body, as an opportunity to give back to military members and truly reward a Family who could use the vehicle.

See LUCKY P23

COMMUNITY

Events

Motorcycle rally

The Viet Nam Vets/Legacy Vets Motorcycle Club will host a Veterans Day Motorcycle Rally Saturday at 10 a.m. at the Deer Crossing Saloon, 4810 FM 1518 Selma, Texas. The Veterans Day ceremony begins at 11 a.m. with an after party from 12 to 6 p.m. The party will include live music, vendors, raffles and dancing. The event is open to the public. For more information, call Magi at 748-8624. All Proceeds will benefit Veteran's charities.

Chisholm Trail walk

The Selma Pathfinders Volksmarch Club will host a 10K and 5K walk Saturday and Sunday starting at the Chisholm Trail Winery, 2367 Usener Road, Fredericksburg, Texas. The walk will begin between 8 a.m. and 1 p.m. and finish by 4 p.m. Sunday's walk will begin between 8

a.m. and 12 p.m. and finish by 3 p.m. For more information, call Phyllis Eagan at 496-1402, email milchene@juno.com, or visit www.geocities.com/Yosemite/gorge/8195/.

Scion Slam Military Tour

Skylark Community Center will host the 3-on-3 Scion Slam 2007 Military Tour Saturday at 8 a.m. Come by and compete to win a variety of cash prizes — over \$4,000 in prizes will be given away. This event also includes a hip hop DJ/Emcee, test drive, prizes and giveaways for all attendees. Enter into the Scion Slam Custom Car Show for a chance to win prizes. For more information or to register, call 671-3906 or 671-3920 or visit www.scion.com/scionslam.

Colors - our differences

Are you a red, gold, green or blue personality? Find out with the Federal Employed Women, Alamo City Chapter 123 Saturday from 1 to 3 p.m. at 15050 Jones Maltsberger/Thousand Oaks, Suite 2, next door to Papa Johns. Learn how

to recognize and communicate with the four basic personalities, understand the motives behind your own and other peoples' behavior, learn how to accept others for what they are and to incorporate within yourself the best of all the colors of life. The cost for supplies and a box lunch is \$10. For more information, call Rosalyn Wise 820-8201 or e-mail Rozwise@aol.com.

Spouses' Club auction

The Spouses' Club will have a "Make it, bake it, sew it, grow it, buy it" silent auction luncheon Tuesday at 11 a.m. at the Sam Houston Club. Club members who wish to bring an item for the auction are asked to come by 10:30 a.m. The cost of the Thanksgiving themed buffet is \$14. Reservations are due by Friday. For more information or reservation, call Sigrid Reistetter at 226-8806 or e-mail Sigrid.reistetter@us.army.mil.

The American Legion Veterans' benefits forum

A Veteran's benefits forum will be

held Wednesday from 6 to 8 p.m. in the Brooke Army Medical Center, fourth floor auditorium. For more information, call Al Saunders at 380-9737 or e-mail al_saunders@sbc.global.net.

Vehicle purchasing tips

The Federal Employed Women, Alamo City Chapter 123 will hold a meeting on "Tips on purchasing a vehicle" Nov. 15 from 11:30 a.m. to 12:30 p.m. at the Sam Houston Club, 1395 Chaffee Road. For more information, call Rosalyn Wise 820-8201 or e-mail Rozwise@aol.com.

Warrant Officer Association meeting

The Lone Star Chapter of the U.S. Army Warrant Officer Association meeting will be Nov. 15 at 11:30 a.m. at the Sam Houston Club, Building 1395, Chaffee Rd. There will be a briefing on Social Security Benefits. All active duty, retired, Reserve, National Guard warrant officers and Family members of current or retired warrant officers are invited. For more information, call Juan Gomez at 296-6076 or 296-6077, e-mail juan.gomez@us.army.mil, or Suzan Farrell at 378-0422, e-mail suzan.farrell@us.army.mil.

Pony Express Courier swearing-in ceremony

The 19th Annual Pony Express Christmas Courier swearing-in ceremony will be held Nov. 17 at 10 a.m. at the U.S. Post Office, downtown across from the Alamo. The event is free and open to the public. The Alamo Area Council of Governments, the Alamo-La Bahia Corridor Committee and the U.S. Postal Service sponsor the event.

Community clean up

The American Society of Military Comptrollers will sponsor a community cleanup project, Nov. 17 from 9 a.m. to 12 p.m. at the Sunshine Plaza apartments, 455 E. Sunshine Dr. The project involves light cleaning for senior residents. School students can earn a certificate for up to three hours of community service. To volunteer, call Janie Keller at 573-6702.

USO Thanksgiving feast

Active duty service members, retired military and their Families are invited to a free United Service Organizations Thanksgiving Feast donated by Boudro's Nov. 22 from 11 a.m. to 3 p.m. at the USO Downtown Community Center, 420 E.

Commerce St., San Antonio. For more information, call 227-9373.

Retired Officers Wives, Widows Club luncheon

The San Antonio Area Retired Officers' Wives and Widows Club will host a luncheon Nov. 27 at 11 a.m. at the Sam Houston Club. For more information and reservations, call Arline at 822-6559.

River boat dinner cruise

The Spouses Club of the Fort Sam Houston Area invites you to enjoy the holiday lights while dining with friends Nov. 29 at 6 p.m. at the Casa Rio. Cost of the dinner cruise is \$35. Carpoolers will meet at the commissary parking lot near the PXtra at 5:30 p.m. For more information or reservations, call Alicia at 807-3111 or e-mail a-to-z@earthlink.net.

Training

Green to Gold Program

The Fort Sam Houston Education Center will hold a Reserve Officers' Training Corps Green to Gold briefing Nov. 15 at 11 a.m. and 1 p.m. at the Army Learning Center, Building 2247, at the corner of Stanley and New Braunfels Ave. The Army ROTC Green to Gold Program allows active duty service members to attend college, to earn a bachelors' degree or advanced degree and commission as a Second Lieutenant. Qualified enlisted Soldiers with officer potential, who have served at least two years on active duty, may apply for enrollment in Army ROTC. For more information, call St. Mary's University representative Capt. Varela at 436-3415; University Texas San Antonio ROTC representative Maj. Smith at 458-5638, or 12th Brigade representative Amy Gagnon at 295-2005.

Webster University

Webster University-San Antonio has posted its spring one and spring two schedules at its website, www.webster.edu. Students who register for classes online can register for classes as early as Monday. Students who need help registering for classes can call or visit the Webster office Tuesday. Anyone interested in information on how to earn a graduate degree in as quickly as 15 months can call the Webster office at 226-3373, or visit the office in Building 2248, Room 30.



CDC gives to CFC

Story and photo by Cheryl Harrison
Fort Sam Houston Public Information Office

"Train up a child in the way he should go and when he gets old he will not depart from it." The Fort Sam Houston Child Development Center is taking the verse to heart and instilling in the children a compassion for others as well as counting and how to use money.

With the Combined Federal Campaign in full swing, the CDC wanted to get involved and use the opportunity as a teaching tool for the children in the center. The room teachers chose the organization to collect for, most opting for those dealing with child or sexual abuse.

A jar for collecting was placed in the rooms and the children donated nickels and pennies. Parents helped as

well, giving as much as \$20. The collection was also a competition between rooms with the winning group receiving a pizza party.

The lucky winner was room 403, donating \$208.51.

"We chose the Fisher House for our organization. We have a lot of children in our room with a parent who is a wounded warrior," said Juanita Fleming, a teacher from room 403.

Other teachers from room 403, Mary Gomez, Blanca Rueda, Geneva Uribe, Barbara Hodge and Fleming were instrumental in teaching the children in their care that every penny counts.

When all the change was totaled, the CDC presented the CFC with \$500.

Yolanda Crowley, program assistant said, "Thank you, to all of the parents, children and staff."

LUCKY from P21

As part of the promotion, the car giveaway was tied into the 2007 Fall Festival, an annual community event put on by Morale, Welfare and Recreation. MWR's Auto Craft Shop teamed up to provide a "car smash." Attendees who entered could take a "crack" at smashing the MWR car and then be entered into the grand prize drawing of the 2000 Chevy Cavalier.

Brittney Rodriguez won the Chevy Cavalier which was donated to MWR.

"I can't believe we won this. We never win anything, but it couldn't have come at a better time," said Rodriguez. "I want to thank Car-X, Econo

Paint and Body and MWR for giving our Family this wonderful gift and opportunity."

Evidently, Rodriguez' husband who is in the military has been traveling back and forth towards the Texas border for work, but since they only had one vehicle, he was taking a bus.

"I am so thrilled, we were able to get the car to a Family who can truly reap the benefits from having an additional car. We've met our expectations and goals with this promotion," said Groesbeck.

Car-X has been a sponsor of several MWR programs. Flores and Car-X can be seen at the next November Newcomers Extravaganza at the Sam Houston Club Nov. 27.

Career Clips

Insurance Verification Coordinator, New Braunfels, Texas – Responsible for insurance verifications for all insurances including Medicare. Continuously training the MCS's on issues regarding benefits for primary or secondary insurances, pre-certifications requirements, correct billing information, and plan changes for each insurance company. Constant monitoring and education to staff regarding new contracted insurance companies and their benefits and requirements. Provide knowledge and explain the possible need for more documentation and how to con-

vey that need to the customer and doctor so that the insurance requirements are met.

Dispute Resolution Specialist, San Antonio – Proactively collects and resolves escalated customer disputes in assigned area. Recommends improvements in collections procedures. Develops and maintains positive customer relations.

The Army Career and Alumni Program office provides numerous services to eligible people in transition including job assistance. Information on these and other positions is available to ACAP customers in the ACAP Office, Building 2263, Room B099 or by calling 221-1213.

Religion

Reminder of schedule change

Due to the closure of the Army Medical Department Center and School Chapel for renovations services have been moved. Church of Latter Day Saints service Sundays at 9:30 a.m. in the Noncommissioned Officer Academy; and Catholic Mass at 8 a.m. Sundays and Protestant service at 9:30 a.m. Sundays will be held in Evans Auditorium.

Journey to Bethlehem

The Fort Sam Houston Chapel community will host the annual Christmas outreach activity, "Journey to Bethlehem" Dec. 13 to 15 from 5:30 to 8:30 p.m. on the grounds of Main Post Chapel. All members of our community are invited to participate. A Bethlehem village will be created and participants will be actively involved in making crafts, participating in Family traditions, and other customs of the time. Positions for helpers and coordinators for the event are available. People interested in helping with the annual holiday event, call Brian Merry at 221-5006 or e-mail bedell.springs@amedd.army.mil.

Post Worship Schedule

Main Post Chapel, Building 2200, 221-2754

Catholic Services:

4:45 to 5:15 p.m. - Confessions - Saturdays

5:30 p.m. - Mass - Saturdays

9:30 a.m. - Mass - Sundays

11:30 a.m. - Mass - weekdays

Protestant Services - Sundays:

8 a.m. - Traditional Protestant

11 a.m. - Traditional Protestant

Jewish Services: 379-8666 or 493-6660

8 p.m. - Fridays - Worship and 8:30 p.m.

- Oneg Shabbat

Dodd Field Chapel, Building 1721, 221-5010 or 221-5432

Catholic Service: 12:30 p.m. - Mass - Sundays

Protestant Services:

10:30 a.m. - Collective Gospel Protestant - Sundays

9:30 to 11:30 a.m. - Women's Bible Study (PWOC) -

Wednesdays, child care is provided.

Samoan Protestant Service: 8:30 a.m.

- Sundays

Brooke Army Medical Center Chapel, Building 3600, 916-1105

Catholic Services:

8:30 a.m. - Mass - Sundays

11 a.m. - Mass - Sundays

11 a.m. - Mass - weekdays

Protestant Services:

10 a.m. - Worship Service - Sundays

12 p.m. - Worship - Wednesdays

AMEDD Regimental Chapel, Building 1398, 221-4362

Catholic Mass: 8 a.m. - Sundays at

Evans Auditorium

Protestant Service: 9:30 a.m. -

Sundays at Evans Auditorium

Church of Jesus Christ of Latter Day

Saints: 9:30 a.m. - Sundays in the

Noncommissioned Officer Academy

FSH Mosque, Building 607A, 221-5005 or 221-5007

10:30 a.m. - Children's Religious

Education - Sundays

1:30 p.m. - Muslim Jumma - Fridays

7:30 p.m. - Adult Religious Education -

Thursdays

Installation Chaplain's Office, Building 2530, 295-2096

Contemporary service: 11:01 a.m. -

Sundays

Web site:

www.samhouston.army.mil/chaplain

Fort Freebies

Submission guidelines:

Freebies are published on a first-come, first-served basis. The deadline is close of business Friday. Freebies are intended for personal household goods, and may only be submitted by active, retired or reserve military members

For Sale: Two living room sets, Ashley or leather; dining room set with six chairs and bakers rack; six-piece bedroom set; gas dryer with electronic panel, bisque color, negotiable. Call 493-2910 or 535-2249 or e-mail Getmysale@yahoo.com for pictures.

For Sale: 2005 Toyota Tundra SR-5, Quad-Cab four-door, 34K miles, 20-inch chrome wheels with new low profile tires, AM/FM/CD player, tilt wheel, captains chairs, factory chrome running boards, sprayed bed liner, towing package, one owner, \$18,900. Call 454-0019.

For Sale: 2006 Suzuki S-40 motorcycle, under 800 miles, \$3,500 obo; 1981 enclosed trailer, 8 feet by 16 feet, \$3,000 obo. Call 545-2067.

For Sale: Set of four 20-inch ADR Stunna chrome wheels from 2000 Dodge Durango, fits older and later models Durango's 1998 to 2004 and Dakota pickup trucks, \$450 obo; set of four 17-inch American Eagle Alloys Model 214 for the same car, \$200. Call 295-6757 day, 646-6004 after 5 p.m. or e-mail felix.hernandez@470mi.inscom.army.mil.

For Sale: 2000 Chevrolet Silverado LT 1500 pickup, four-door, 89K miles, Vortec 5300 V-8, four-speed automatic transmission, indigo blue metallic exterior, medium gray custom leather trim interior, air conditioning, power steering/cruise/windows/locks, tilt wheel, remote key access, AM/FM stereo with cassette and CD player, dual front airbags, cast aluminum wheels, spray bed liner, fiberglass cap for truck bed, \$10,500. Call 659-7986 or 262-6532/6536.

For Sale: Set of four XON Cyclops 20-inch rims for six-lug Chevy or GMC, \$675; General Electric microwave, white, \$40. Call 945-7627.

For Sale: Glass top kitchen table with four chairs, good condition, \$100; chain link fence with no poles, about 40 feet, \$25, will deliver both locally. Call 685-9336.

For Sale: 1996 Ford Crown Victoria LX, V8 Sedan, four-door, fully loaded with 72K miles, clean and in good

and civilian employees working on Fort Sam Houston. Real estate ads will not be published. To submit a Fort Freebie, e-mail news.leader@samhouston.army.mil or fax to 221-1198. Freebies run for one week unless submitter calls to renew. Limit of five items per entry. For more information, call 221-1031.

condition, \$4,595 obo. Call 601-1163.

For Sale: 2002 Chevrolet Impala LS, four-door, gold exterior, light tan cloth interior, front bucket seats, A/C, AM/FM/CD/cassette player, 3.8L engine, 88K miles, automatic, cruise control, remote key entry and trunk release, power door locks and windows, good condition, \$8,000. Call Randy at 916-2560 week days or 508-1697 cell.

For Sale: Reversible king-size comforter set with sheets, plus bathroom accessories, palm tree design, \$75; White wicker chaise with cushion from Pier 1, excellent condition, \$90. Call 697-9261.

For Sale: Left handed golf clubs, 1-3-5 woods, 3-9 irons, \$165 obo; tube testers, model 800, \$20 and model TV-11, \$30, A ICOM transceiver model IC 260 A/E, \$170 obo; Lafayette shortwave receiver, \$55. Call 227-6590.

For Sale: Chain link fence dog kennel, 8 feet by 6 feet, \$100; king-size waterbed, \$100; single and double hutch rabbit cages, both \$80 obo; 20-inches pink princess bicycle, \$25; Kettler Nitro-extreme pedal go cart, barely used, \$60 obo. Call 288-4435.

For Sale: 23 Game Cube games, memory card with two controllers, many popular titles, \$100. Call Pat 254-9803.

For Sale: Bowflex Motivator 2, new, with triple-function handgrips and ankle cuffs, training manual, 34 by 84 by 78 inches. Call 462-7338 or 542-4644

For Sale: Pomeranian, nine weeks-old, orange and sable, first shots and dewormed, parents on-site, \$350. Call 363-2056.

For Sale: 2000 Mercedes-Benz M-Class SUV, V6, 50K miles, excellent condition, new Michelin tires, Bose stereo with six CD player, power sun roof, silver exterior, towing package and running boards, original owner, \$16,250. Call 659-5560.

For Sale: GE electric stove, good condition, \$100 obo. Call 688-2445.