

"One Team, Supporting Military Missions and Family Readiness!"



**10TH ANNUAL
VETERANS DAY
POW WOW**
Nov. 14
11 a.m.-4 p.m.
Central
Post Gym,
Building 961

New commander takes helm at U.S. Army South

Story and photos by Robert R. Ramon
U.S. Army South Public Affairs Office

The Army component of U.S. Southern Command marked a new chapter in its storied history as the former special assistant to the commanding general; U.S. Army Special Operations Command in Fort Bragg, N.C. took command of U.S. Army South during a ceremony at the Fort Sam Houston Club Nov. 9.

See ARSOUTH P8



Air Force Gen. Douglas Fraser (left), commander, U.S. Southern Command, and Army Maj. Gen. Simeon G. Trombitas, incoming commander, U.S. Army South, stand at attention during a ceremony at the Fort Sam Houston Club Nov. 9. Army Maj. Gen. Keith M. Huber relinquished command of U.S. Army South to Trombitas during the ceremony.

COMMUNITY, MILITARY SALUTE VETERANS



Photo by Esther Garcia

Military leaders representing the Army, Marine Corps, Navy, and Air Force join community leaders of civic, and veterans' organizations at the Veterans Day Wreath and Parade ceremony Nov. 7 in front of the Alamo. Sponsored by the U.S. Military Veterans Parade Association, the ceremony included patriotic music by the Alamo City Community Marching Band, posting of the colors, a presentation of the grand marshals, presentation of Bexar County volunteer veterans awards, a gun volley, and a rendition of "Taps." Special guests included Col. Michael Kuhn, commander, German Air Force for North America. The parade followed the wreath ceremony. See more photos on pages 12-13.

4th ESC changes command during ceremony

By Spc. Christopher A. Hernandez
345th Public Affairs Detachment

The commanding general of the 377th Theater Sustainment Command joined Soldiers, Family and friends of the 4th Expeditionary Sustainment Command as they welcomed Brig. Gen. Les J. Carroll as the new 4th ESC commander during a ceremony at the Quadrangle Nov. 7.

"We're very excited about having [Carroll] as the commanding general of

the 4th ESC," said Maj. Gen. Luis R. Visot, 377th TSC commander, headquartered in New Orleans, La. and the inaugural commander of the 4th ESC when it was activated in October 2008.

Carroll, the former U.S. Army Reserve Command Deputy Chief of Staff for Operations at Fort McPherson, Ga., took command from Col. Girard Seitter IV during the ceremony. Seitter assumed command of the 4th from Visot on June.

"It has been an honor to serve [as

your commander] for a brief period of history," Seitter said. "This unit represents the best of what this nation stands for by your commitment and dedication," he said to the Soldiers of the 4th.

The 4th ESC functions as an operational command post for the 377th, providing operational-level sustainment support. The 4th leads, plans, coordinates, synchronizes, monitors,

See 4TH ESC CHANGE P9

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Postal service announces holiday mailing guidelines

By Air Force
Tech. Sgt. John Jung

U.S. Postal Service officials have announced recommended mailing dates for delivery by Christmas to U.S. service members serving in Afghanistan and other overseas locations.

First-class and priority mail for service members stationed in Afghanistan should be sent by Dec. 4 for arrival by Christmas. The deadline for parcel airlift mail is Dec. 1, and space-available mail bound for Afghanistan should be sent by Nov. 21.

Officials recommend that parcel post mail to all military overseas locations should be sent by Nov. 13. Express mail cannot be used to mail packages to Afghanistan; however priority mail is available.

All packages and mail must be addressed to the individual service member by name, without rank, in accordance with Department of Defense regulations.

Military overseas units are assigned an APO or FPO ZIP code, and in many cases, that ZIP code travels with the unit wherever it goes.

The Postal Service places APO and FPO mail to overseas military service members on special transportation destined to be delivered as soon as

possible.

Mail sent APO and FPO addresses may require customs forms. All mail addressed to military post offices overseas is subject to certain conditions or restrictions. visit www.usps.com/supporting-tourtroops/.

Postal Service officials recommend taking the following measures when sending packages:

- If you use a regular box, use one strong enough to protect the contents with no writing on the outside.
- Cushion contents with newspaper, bubble wrap,

or Styrofoam. Pack tightly to avoid shifting.

- Package food items like cookies, fudge, candies, etc. securely in leak-proof containers.

- Use pressure-sensitive or nylon-reinforced packing tape.

- Do not use wrapping paper, string, masking tape, or cellophane tape outside the package.

- Print your return address and the service member's complete name, without rank, followed by unit and APO or FPO delivery address on one side only of the package.
- Place a return address

label inside the package.

- Stuff fragile items with newspaper or packing material to avoid damage.
- Remove batteries from toys and appliances. Wrap and place them next to the items inside.

- Purchase insurance and delivery confirmation

service for reassurance of package delivery.

A chart with recommended mailing deadlines for all types of mail to various APO and FPO addresses is available at the Postal Service's Web site, www.usps.gov.

Weekly Weather Watch

	Nov. 12	Nov. 13	Nov. 14	Nov. 15	Nov. 16	Nov. 17
San Antonio	 77° Partly Cloudy	 81° Partly Cloudy	 81° Partly Cloudy	 76° Chance of Rain	 68° Chance of Rain	 70° Chance of Rain
Kabul Afghanistan	 66° Clear	 60° Clear	 59° Clear	 55° Clear	 59° Clear	 59° Clear
Baghdad Iraq	 82° Clear	 84° Scattered Showers	 82° Clear	 77° Partly Cloudy	 80° Scattered Showers	 69° Partly Cloudy

(Source: Weather Underground at www.wunderground.com)

Thought of the Week

In a curious way, age is simpler than youth, for it has so many fewer options. — Stanley Kunitz

(Source: Bits & Pieces, October 2009)

Have feedback for a post customer service provider?

ICE

Go to the Interactive Customer Evaluation Web site at <http://ice.disa.mil> and voice your opinion today.

News Briefs

Winans and Nursery gates trial usage

Winans and Nursery gates will stay open until midnight on Friday and Saturday nights beginning Nov. 12 for 30 days as a trial to measure usage and evaluate if there is a need to keep the gates open during these extended hours in the future.

Road closure

Infantry Post Road will be closed at Service Road S-36. Residents residing in this area can access their homes using Service Road S-34 and S-35. For more information, call 221-0891/1983.

Civilian Corps Chief change of responsibility

U.S. Army Medical Command Civilian Corps Chief change of responsibility from Jo Ann Robertson to Gregg Stevens, and Senior Executive Service appointment ceremony for Herbert A. Coley will be held Nov. 12 at 2 p.m. at the AMEDD Museum. All are invited.

HSD and UPH closures

The Housing Services Office and Unaccompanied Personnel Housing will be closed Nov. 12 and provide limited services Nov. 13 due to relocation of the offices, full service will resume Nov. 16. Call 295-8539.

Chuck Norris visits Fort Sam

Chuck Norris will visit the Post Exchange for a book signing and meet and greet Nov. 13, 12:30-2:30 p.m. Call 225-5566.

BAMC flu vaccines

The flu vaccine will be offered Nov. 13 and 24 for beneficiaries 18 years and up, and Nov. 20 for 5 years and up at Army Community Service, Building 2797. All beneficiaries may receive their flu vaccine at their enrolled clinic or the BAMC allergy and immunization clinic beginning Dec. 2, during usual clinic immunizations walk-in hours. For a complete list of clinic walk-in times, visit www.sammc.amedd.army.mil or check the BAMC information desks.

See NEWS BRIEFS P4

201st MIB trains in the field for deployment

Photo by
Spc. Natalie
Sampson

Soldiers of the 201st Military Intelligence Battalion retrieve a "casualty" while under simulated sniper attack in an exercise on reacting to direct fire. Battalion members completed field training exercises in spite of intermittent rain at Camp Bullis, Texas, Sept. 24.



Convoy leaders reveal and review their plan of action before rolling out to practice vehicle ambush procedures. Soldiers of the 201st Military Intelligence Battalion underwent convoy training as part of field exercises at Camp Bullis, Texas, Sept. 24.

Photo by
Gregory Rippes
Pfc. Brian Reyes, A Company, 201st Military Intelligence Battalion, checks connections on the satellite dish of the Trojan Special Purpose Integrated Remote Intelligence Terminal, Lightweight Integrated Telecommunications Equipment. Reyes and other Soldiers in the San Antonio-based battalion trained at Camp Bullis, Texas, Oct. 7.



Photo by Spc. Natalie Sampson

By Spc. Natalie Sampson
470th Military Intelligence Brigade
Public Affairs

The 201st Military Intelligence Battalion conducted more training here Oct. 26-29 in preparation for its deployment overseas next year.

"The 201st is one of only two interrogation battalions in the active Army," said Lt. Col. Dennis Lewis, battalion commander. "Both are stationed at Fort Sam Houston under the leadership and direction of the 470th MI Brigade, which will certify us for combat operations later in the year."

Approximately 200 of the battalion's Soldiers set up communications equipment, transportation and living accommodations at or near the Intelligence Security Command Detention Training Facility on Camp Bullis in order to take part in a battalion-level, inte-

gration-focused field training exercise – third in a series of exercises designed to enhance the skill-level proficiency for the battalion.

"This exercise is about integration; establishing standard operating procedures, getting systems in place, and making sure duties and responsibilities are known," said Capt. Luis Deleon, Company A commander. "It is also about training Soldiers who are new to the unit and the military occupational specialty."

"Previous training exercises focused on battle drills and sections drill, whereas this one is more integration focused," said Capt. John LaGrandier. The latest training highlighted the synchronization processes between the company-level and battalion-level operations – how they support each other in theater, he said.

Proper treatment of detained persons was a key component

of the FTX. Soldiers rehearsed procedures to ensure they were consistent with Department of Defense directives and Army doctrine on interrogation operations.

Sgt. Thomas Haenke, B Company, was "ecstatic" about doing his job publishing intelligence reports, ensuring quality control and disseminating information to higher echelon intelligence agencies; information from interrogators that has the potential to greatly impact the process.

"I like it because not all the information is essential, but some will help," he said. "I feel good about these reports. They have the potential to help the war fighter."

Communications and information management staff, responsible for providing all communication equipment, provided computers, radios, telephones lightweight integrated telecommunications equipment.

"We respond to trouble tickets or equipment problems, give access to equipment, support information technology issues and keep the IDTF in touch with the world," said Spc. Aaron Loux. "We look forward to getting there and getting the job done."

Even legal professionals played a part. Sgt. Brandon Grable, a paralegal, ensured interrogation plans were reviewed, advised on policy, created commanders' briefs, and educated interrogators on detention laws between countries in a state of war.

"Our goal at the start of the exercise was to achieve integration and synchronization of all internal battalion functions," said Lewis. "We were largely successful. The battalion is now capable of using interrogation results, analysis and exploitation of captured media to produce relevant and timely intelligence for the warfighter."

NEWS BRIEFS from P3

Pet vaccination clinic

The Fort Sam Houston Veterinary Clinic will offer low cost pet vaccinations for all Lincoln Military Housing residents Nov. 14, 8 a.m.-12 p.m., on the patio of the Watkins Terrace Community Center. The cost is \$10 each for Distemper/Parvo, Lepto, and Rabies and \$20 for 4DX HXT. Payment by cash or check only. For more information, call 295-4260.

Rheumatology Clinic Relocating

The Rheumatology Clinic at Brooke Army Medical Center will move from the third floor to Building 9 in the D-lot clinical transition complex and can be accessed directly from D-lot parking or from the side entrance of BAMC near the adolescent clinic. Routine clinic hours are suspended from Nov. 18-20. On-call care will continue. Call 916-0797.

Southwest Oncology Group Relocating

The Southwest Oncology Group will move from Brooke Army Medical Center's fifth floor to Building 12 in the D lot clinical transition complex adjacent to the west outpatient clinic entrance on Nov. 16. The office will reopen on Nov. 17. Call 916-3281.

National Education Week events

Area colleges and universities will be at the Army Community Service auditorium Nov. 17, 9 a.m.-2 p.m. and Brooke Army Medical Center's Medical Mall Nov.19-20, 9 a.m.-3 p.m. to share information on various degree programs including degrees in the medical field, Homeland Security, and business. There will also be a "College Night" Nov. 18, 4:30-6 p.m. at the Teen Center, Building 2515. Local college representatives will be present to speak about college programs. Call 221-1738.

National American Indian Heritage celebration

The Brooke Army Medical Center Equal Opportunity Program will host a National American Indian Heritage Month celebration Nov. 19, 12-1 p.m. in the BAMC Medical Mall. For more information, call 916-0830.

National American Indian Heritage Month brings history, tradition to Fort Sam

Story and photos by L.A. Shively
Fort Sam Houston Public Affairs

The 32nd Medical Brigade, hosted by the 264th Medical Battalion, kicked off Fort Sam Houston's National American Indian Heritage Month celebration with a reception Nov. 5 at the Hacienda Recreation Center followed by a presentation titled "The Meaning of being a Medic in Combat," by Penobscot Elder Charles Shay.

Drafted into the Army in 1943, Shay, a highly-decorated retired combat medic, saw his first action on the beaches in Normandy, France, on D-Day, his first assignment.

"My baptism came on the most devastating day for medics during the entire war," Shay said to the gathering of about 250 Soldiers in the audience. He was part of the first wave of

Allied troops to land on the beach code-named "Omaha" during one of the bloodiest battles of WWII.

"Seven medics in my regiment were killed, including some who were probably drowned. In addition, 24 medics were wounded."

The D-Day Museum in the U.K. estimates 2,000 casualties at Omaha Beach, June 6, 1944.

When the ramp of his landing craft dropped, bullets flew around him and men were shot and killed before they could move. He said he told himself to just keep going, wading into the waist-deep water where he made it ashore dragging two satchels of medical supplies and equipment.

Shay found shelter behind a small dune and immediately began helping the mortally wounded. When he looked back

toward the water, he saw more wounded Soldiers loaded with weapons and ammunition unable to get to the beach. They were drowning.

According to his Silver Star citation for bravery, Shay completely disregarded personal safety to repeatedly plunge into a treacherous sea carrying those critically wounded men to safety that day.

Shay continued to aid wound-



Penobscot Elder Charles Shay, a retired combat medic who served in both the Army and Air Force and who saw action on D-Day during WWII and in the Korean War receives a plaque commemorating his service from the 264th Medical Battalion. Shay was speaking to Soldiers in honor of Fort Sam Houston's National American Indian Heritage Month celebration.

ed Soldiers during the Korean War, earning the Bronze Star with two Oak Leaf Clusters and a second Bronze Star with "V" device for valor.

Amazingly, Shay never was wounded. "I am a great believer in a spiritual way of life and I know that my mother's prayers must have guided me. Through her prayers I was able to sur-

See SHAY P6



Year of the NCO

Celebrating pride-in-service, honoring veterans

Story and photo by

Lori Newman

Fort Sam Houston Public Affairs

Fort Sam Houston noncommissioned officers came together at the Army Community Service center Nov. 5 to celebrate their pride-in-service by honoring veterans, prisoners of war and those still missing in action.

Fort Sam Houston and Army Medical Department Center and School Command Sgt. Maj. Howard Riles welcomed everyone, "Today we are celebrating veterans; remembering those who have served before

us and entrusted us with the heritage of leadership."

The Honor Guard from Veterans of Foreign Wars Post 76, the oldest VFW post in Texas, posted the colors.

James Nier, executive director of the Texas Veterans Commission and guest speaker said, "A veteran is a fellow citizen, an ordinary person, who at one point in his or her life made out a blank check payable to the United States of America for any amount including life itself."

"Veterans come from all walks of life, many different cultures and back-



(From left) Mario Castilleja, Veterans of Foreign Wars Post 76 Honor Guard commander; James Nier, executive director of the Texas Veterans Commission and guest speaker for the event; and Fort Sam Houston and Army Medical Department Center and School Command Sgt. Maj. Howard Riles cut the cake Nov. 5 celebrating pride-in-service during the Year of the NCO.

grounds. In spite of those many differences there is a common thread that

brings us all together; willingness to give of ourselves and to serve our

nation," said Nier.

"Our nation's commitment to our veterans should be total and should never change."

The ceremony also included a legacy presentation by the Sergeant Audie Murphy Club dressed in period uniforms, "Taps" performed by the Post 76 bugler, a gift presentation and cake cutting.

Sgts. 1st Class Timothy and Thomas Harris sang the national anthem and the U.S. Army Medical Command Band performed throughout the event.

187th Med. Bn. treats Soldiers to Howl-O-Scream

By 1st Lt. Dustin Soechting
187th Medical Battalion

Soldiers of the 187th Medical Battalion celebrated Halloween at Sea World's "Howl-O-Scream" event Oct. 31, as part of the "Here's to the Heroes" program.

"The Soldiers attending were really amped about riding the coasters and seeing the shows and haunted houses," said Sgt. 1st Class Larry Sams, Company C's acting first sergeant.

"The intent was to simply provide a fun and safe event and boost the morale of our Soldiers," said Capt. Jason Smith, Company C commander,

who coordinated the event.

Just over 100 Soldiers participated.

"It was great to take a break from training and enjoy ourselves. Seeing all the Families there enjoying themselves helped me realize what we were fighting for," said Pvt. 2nd Class Early Guerrero.

Lt. Col. Thomas Bundt, battalion commander and Command Sgt. Maj. Mark Cornejo, battalion command sergeant major, presented Dan Decker, the General Manager of Sea World San Antonio, with a "Train-to-Save" battalion plaque and coin to show their appreciation to SeaWorld's hospitality.



Photo by Sgt. 1st Class
Kenneth Moss

Sgt. 1st Class Kevin Gill has fun with Zombie before entering the "Den of the Departed."

"This is yet another example of the great military city we live in here in

Hay earns title as 187th 'NCO of the Year'

By Capt. Jason P. Smith
187th Medical Battalion

Staff Sgt. Joseph Hay was recognized as the 187th Medical Battalion noncommissioned officer of the year Nov 6.

In front of the battalion of over 1,000 cadre and students, Hay received the Army Commendation Medal and more than \$1,000 from various sponsors throughout San Antonio and surrounding communities.

"You represent our NCOs and you represent

our Soldiers well," Lt. Col. Thomas Bundt, commander of the battalion, said. "I'm extremely proud of your accomplishments."

Hay has been in the Army just over 10 years, serving as a dental specialist and is currently serving as the Company C operations NCO.

"I think the best part of it was to have some seri-



Staff Sgt.
Joseph Hay

ous competition with some outstanding NCOs and learn something from them," Hay said," adding that Company C Tigers lead the way.

The 187th NCO competitions are held each quarter and determined by

written essay on leadership, an Army physical fitness test score, weapons qualification and appearance before a formal board of senior NCOs fielding questions on a

SHAY from P4

vive.”

Out in the trenches he said he mulled over deep questions about life, why he was put on the earth. “Being a combat medic is a very special privilege. I have always been proud to be a medic and I felt that I was doing something good for other people,” Shay said.

He still gets emotional when thinking about friends and fellow Soldiers dying in combat. Shay’s voice falters as he described responding to “Pop’s” call for help during the Battle of Hürtgen Forest in Germany. Pop, an older Soldier who took the younger ones under his wing, was badly wounded by shrapnel in a foxhole under a barrage of artillery exploding in the tree tops.

“When I reached the

foxhole and looked down, I saw my old friend Pop suffering from a very bad stomach wound and beyond any help I could give him. After returning to the [command post] and reporting the incident, I almost had a breakdown. There were other incidents like this, but this one made an especially deep impression on me.

Even if they were not friends you don’t forget about them. I feel sorry for the young men that had never experienced life the way it was meant to be and have to die.”

Shay was promoted to master sergeant, left the Army but joined the Air Force and participated in the atomic bomb test in the Marshall Islands. He retired from the military in 1964, worked with the International Atomic Energy Agency and later

for the United Nations High Commissioner of Refugees.

He met French President Nicolas Sarkozy in Washington D.C. earlier this year. Sarkozy thanked the Penboscot Nation and put a medal around Shay’s neck, inducting him into France’s National Order of Legion of Honor for his heroism on D-Day.

“American Indians and Alaska Natives have made significant contributions to our Army with Indian Scouts of the Old West that worked with our U.S. Calvary, the code talkers of WWII, Alaska Scouts, and the brave American Indian and Alaska Native Soldiers now serving in Iraq and Afghanistan,” said Lt. Col. Scott Fischer, commander 264th Medical Battalion.

“Even before they were recognized as U.S.

PROMOTING FAMILY

Maj. Gen. David Rubenstein, deputy surgeon general and chief of the Medical Service Corps watches as retired Lt. Col. James Douglas, daughters, Jamie and Jordan, and son, JJ, help pin Lt. Col. Monica Douglas during a promotion ceremony Nov. 2 at the Fort Sam Houston Resident Center. Rubenstein, a former commander of Douglas said, “This is the most astute, perceptive individual I know; she can walk into a room and size it up almost immediately, understand what needs to be done and has the energy to accomplish the mission.”



Photo by Lori Newman

citizens, as many as 12,000 fought in WWI, 44,000 enlisted during WWII, in fact in WWII Native Americans were awarded two medals of honor, 51 silver stars, 34 distinguished flying crosses, 47 bronze stars and 71 air medals. During the Vietnam War 42, 000 Native Americans served in the military, the majority being volunteers,”

Fischer said.

“It’s a great way to learn about other people and cultures,” said Sgt. 1st Class Lance O’Neal, 32nd Medical Brigade’s equal opportunity advisor.

“We’re a diverse Army and coming to these events can help Soldiers learn about a particular group and its culture. It’s a great avenue to educate

Soldiers, give them a piece of history they may have not heard yet. It’s celebratory too.”

The 10th Annual Veteran’s Day Pow Wow, held in honor of FSH’s National American Indian Heritage Month celebration is scheduled Nov. 14, 11 a.m-4 p.m. at the Center Post Gym, Building 961. Call 736-3702 for details.

NCO DEMONSTRATES BAKING SKILLS



Photo by Esther Garcia

Sgt. Steven Baca (right), Headquarters and Headquarters Company, U.S. Army Garrison, shows off his yummy chocolate batter at the Teen Center Nov. 5. Baca, a food service specialist, armed with his own chef's knives and utensils, prepared a Chocolate Decadence cake for the teens and showed them how to make homemade whipped cream and a glaze of strawberries and berries to top the cake. "My focus was to teach the teens that they can bake something that is very simple, very hard to mess up, with basic ingredients but will still look elegant," Baca said. Baca, whose specialty is desserts, will be at the Center during the rest of November. For information about the Teen Center call 295-4896.

News Leader survey online

Visit <http://www.samhouston.army.mil/publicaffairs>. For more information, call 221-0615 or 221-2030.

ESGR SALUTES BOSSES

The Employer Support of the Guard and Reserve Salute to Bosses Awards luncheon recognizes civilian employers, nominated by their employees, who have gone above and beyond supporting them while performing their duties in the guard and reserves. Keynote speaker, Brig. Gen. John Nichols, Texas Assistant Adjutant General Air, Texas National Guard, said, "I am an employer, I mobilize people, my boss is the Governor, so I stand on both sides." Nichols thanked the civilian employees for seeing how important their support is of the men and women in the guard and reserve. The luncheon, held Nov. 4 at the Holiday Inn Select presented the Above and Beyond Awards to Chase Card Services, Tesoro Corporation, Toyota Motor Manufacturing, Texas, Inc., Department of Public Safety - Devine, HEB Dairy, North East Methodist Hospital and South Texas Veterans Health Care System.



Photo by Esther Garcia

ARSOUTH from P1

Maj. Gen. Simeon G. Trombitas succeeded Maj. Gen. Keith M. Huber who was subsequently promoted to lieutenant general and will serve as the deputy commander, U.S. Joint Forces Command in Norfolk, Va.

The continuing mission of ARSOUTH is to provide and sustain trained and ready Army forces for the full spectrum of military operations in the area of focus that includes the Caribbean and all of Central and South America. Operations range from training part-

ner armies to supporting peacekeeping initiatives and fighting the narcotics trade and terrorism.

Air Force Gen. Douglas Fraser, commanding officer of U.S. Southern Command, presided over the ceremony and lauded the accomplishments during Huber's tenure.

"Under [Huber's] engaged and focused leadership, Army South has played a vital role for Southern Command and for our nation," said Fraser. "[Huber] leaves behind a truly great legacy."

Before leaving, Huber thanked the ARSOUTH



Air Force Gen. Douglas Fraser (center left), commander, U.S. Southern Command, transfers the unit colors to Army Maj. Gen. Simeon G. Trombitas (center right) as Army Maj. Gen. Keith M. Huber (left) and Command Sgt. Maj. Armando Ramirez look on at the Fort Sam Houston Club Nov. 9. Huber relinquished command of U.S. Army South to Trombitas during the ceremony.

team "for allowing me to serve with you." He praised their ability to successfully accomplish

ARSOUTH's dynamic mission and their "willingness to change the organization and accept

the reality that every day changes."

Huber said he has "no doubt that I leave Army South in the very capable and caring hands of [Trombitas]."

Addressing his team for the first time as ARSOUTH commander, Trombitas said that "it is a privilege to take this command and be entrusted with the responsibility. Army South has a rich history and tradition and I am extremely proud to be given the opportunity to command this fine organization. To the Soldiers, civilians and Families of U.S. Army

South I will give 110 percent every day to maintain the great reputation of this unit."

A native of Warren, Ohio, Trombitas' general officer assignments include commanding general of Special Operations Command, Korea, and the Iraq National Counter-Terrorism Force Transition Team during Operation Iraqi Freedom.

He also served over eight years and three tours in the 7th Special Forces Group (Airborne) as an SF detachment commander, company commander, battalion operations officer, executive officer and battalion commanding officer. His joint assignments include aide de camp for the commanding general, Southern Command in Panama; deputy director of operations with Special Operations Command in Panama; commander, U.S. Military Group in Colombia and Regional Special Operations Division in Washington, D.C. and as the garrison commander for the 7th Infantry Division and Fort Carson, Colo.

4TH ESC CHANGE from P1

and controls operational-level logistics within an assigned area of operations.

Seitter will continue serving with the 4th as the deputy commander as Carroll takes the helm; a position Carroll considers an honor.

“As we stand here as the guardians of freedom, it is my distinct honor to be your leader,” said Carroll to the members of the 4th. “We will endeavor to create a culture of professional excellence, so that we can prepare our soldiers, their families, and the units for the deployments that will surely come.”

The transfer of the organization’s colors during the ceremony symbolized the shifting of authority and responsibility from Seitter to Carroll. This sig-



Maj. Gen. Luis R. Visot (center right), commander, 377th Theater Sustainment Command, passes the unit colors to Brig. Gen. Les J. Carroll, commander, 4th Expeditionary Sustainment Command, as Col. Girard Seitter IV (right), deputy commander, 4th ESC, and Command Sgt. Maj. Gerald Capps (left), command sergeant major, 4th ESC look on during a change of command ceremony at the Quadrangle Nov. 7.

Photo by Pfc. Andrew Valles

nified to the Soldiers of the 4th ESC that Seitter relinquished his position to Carroll as the commander of the unit.

Other units Carroll served in include the 445th Chemical Detachment, 401st Chemical Company (Smoke Generator) in Rome, Ga., the 318th Chemical Company (Decontamination) from Birmingham, Ala., called into active duty in 1990 as

the commander of the 318th Chemical Company during the unit’s Saudi Arabia deployment, the 490th Chemical Battalion in Anniston, Ala., the 457th Chemical Battalion in Greenville, S.C., command positions in the 415th Chemical Brigade, and G-3 and Chief of Staff positions in the 81st Regional Readiness Command in Birmingham, Ala.

AUSA LUNCHEON

Mark Frye, chairman, Celebrate America's Military, Air Force Brig. Gen. Leonard Patrick, commander, 502nd Air Base Wing and Lt. Gen. Stephen Speakes, U.S. Army deputy chief of staff, G8, were honored guests at the Association of the United States Army Luncheon Nov. 6 at the Sam Houston Club. The luncheon was held in celebration of CAM. Patrick spoke briefly about the Base Realignment and Closure and its effect to the military and civilian employees of Fort Sam Houston. He also answered questions from the audience regarding joint basing.



Photo by Lori Newman



The U.S. Army Medical Command Band under the direction of Chief Warrant Officer Douglas Paarmann, marches in the Veterans Day Parade, one of numerous activities the band supported during 10 days of Celebrate America's Military events that began Nov. 2.



Photos by Esther Garcia



Staff Sgt. Erin Hicks, (front) with Army and Air Force military ambassadors salute as they pass the reviewing stand at the Alamo during the Veterans Day Parade. The Military Float won first place in the Best Float category.



(From left) Gen. James Cartwright, vice chairman, Joint Chiefs of Staff, and Brig. Gen. Joseph Carvalho (far right), Brooke Army Medical Center commander, visit with wounded warriors at the Celebrate America's Military dinner Nov. 5.



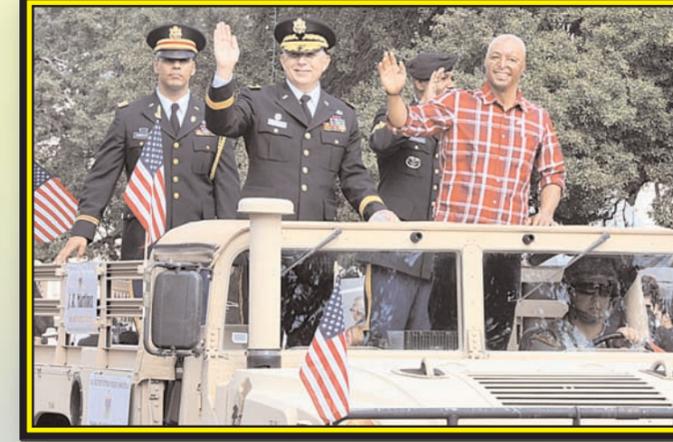
Maj. Gen. Russell Czerw, his wife Michelle, Capt. Sara Horak, Amanda Knull, Councilman John Clamp, and WWII veteran Jose Garza, wave to the crowd during the Veterans Day Parade in San Antonio Nov. 7.



Lt. Gen. Stephen M. Speakes (center), U.S. Army deputy chief of staff, G8, Washington, D.C., and Mark Frye, chairman, Celebrate America's Military, with San Antonio area veterans and active duty military ride in a Humvee at the Veterans Day Parade Nov. 7.



Maj. Gen. Russell Czerw, Fort Sam Houston commanding general, presents long overdue Army medals to WWII veteran Jose Garza Nov. 7 at the Veterans Day ceremony in front of the Alamo. Garza enlisted in the Army at Fort Sam Houston in 1941.



Veterans Day Parade Grand Marshal Maj. Gen. Jose Mayorga, Adjutant General, State of Texas Military Forces, with his staff, and Honorary Grand Marshal J.R. Martinez, wave to the crowd. Martinez, a wounded warrior, is now an actor in the soap opera "All My Children."



Future combat medics assigned to Company G, 232nd Medical Battalion, march in the Veterans Day Parade Nov. 7 honoring all veterans.



Members of the rifle platoon, Headquarters and Headquarters Company, U.S. Army Garrison, prepare for the gun volley at the Veterans Day wreath presentation held in front of the Alamo Nov. 7.



Members of the rifle platoon, Headquarters and Headquarters Company, U.S. Army Garrison, prepare for the gun volley at the Veterans Day wreath presentation held in front of the Alamo Nov. 7.



The "Surgical Strike" band, members of the Army Medical Command Band, rock the crowd at the San Antonio Botanical Garden Nov. 6.



Calendar of Events

NOV. 13

Family Readiness Group Leader's Forum

Family Readiness Group Leader's Forum, 11:30 a.m.-1 p.m. at Army Community Service, Building 2797. To register, call 221-2705.

Care Team Training

Care Team Training, 1:30-3 p.m. at Army Community Service, Building 2797. To register, call 221-2705.

NOV. 14

Heroes Fighting Championship

Texas Amateur Mixed Martial Arts will host the Heroes Fighting Championship Nov. 14 at the Jimmy

Brought Fitness Center. Doors open at noon and the fight begins at 6 p.m. For tickets, visit www.texas-fighter.org or www.ticketalternative.com. The fitness center is a cash only venue. Call 221-0012.

"Friday Night Lights" stars visit

Stop by the Fort Sam Houston Post Exchange, 4-5 p.m. and meet some of the stars of the NBC football hit "Friday Night Lights." Cast members include Kyle Chandler, who plays Coach Taylor, and Connie Britton, who plays Tami Taylor. Call 221-0012.

National Gaming Day at the Library

The Keith A. Campbell Memorial Library will hold National Gaming Day at the Library, 1-4 p.m. for middle school and high school students.

NOV. 16

Unit Victim Advocate Training

Unit Victim Advocate Training, Nov. 16-20, 8 a.m.-4:30 p.m. at 32nd Medical Brigade, Building 902. UVAs must be E-6 or higher, CW2/1st lieutenant or higher, or GS-

11 or higher. Each company must have two UVAs at all times and must be on appointment orders by the battalion commander. Call 221-0349/1505.

Bank Account Management

Bank Account Management class, 2-4 p.m. at Army Community Service, Building 2797. To register, call 221-1612.

Family Readiness Group Leadership Academy

Family Readiness Group Leadership Academy, Nov. 16-17, 8 a.m.-4 p.m. at Army Community Service, Building 2797. To register, call 221-2705.

NOV. 17

Excel Level 2

Microsoft Excel Level 2 class, 8 a.m.-12 p.m. at Army Community Service, Building 2797 in the computer lab. Basic computer skills, completion of Excel Level 1 and registration required. Call 221-2518.

Women Encouraging Women

Women Encouraging Women, 12-1 p.m. at Army Community

Service, Building 2797. Call 221-0349/2418.

NOV. 18

Holiday Stress Management

Holiday Stress Management class, 11 a.m.-12:30 p.m. at Army Community Service, Building 2797. Call 221-0349/0655.

Family Readiness Group Key Caller Training

Family Readiness Group Key Caller Training, 8 a.m.-4 p.m. at Army Community Service, Building 2797. To register, call 221-2705 or e-mail samh.acs.mob.deploy@conus.army.mil.

NOV. 19

Spouse's Quarterly Orientation

Spouses Quarterly Orientation, 10 a.m.-12 p.m. at Army Community Service, Building 2797. Call 221-2705/0516.

NOV. 20

Texas Hold'em Tournament

The Sam Houston Club will host a Texas Hold'em Tournament Nov. 20 from 6 p.m. until completion.

Prizes will be awarded to the top eight players. A participation fee of \$20 is due at time of registration and includes a meal and drinks. To register, call 226-1663.

NOV. 21

Hearts Apart

Hearts Apart support group, 1-3 p.m. at Army Community Service, Building 2797. Registration is required. Call 221-2418/2705.

Turkey Bowl

The Strike Zone Bowling Center will hold its annual Turkey Bowl, 6-10 p.m. Patrons will receive two free games. Call 221-4740.

NOV. 23-24

Open auditions for "The Hollow"

Open auditions for "The Hollow," Nov. 23-24, 7-8:30 p.m. at the Harlequin Dinner Theatre, Building 2652. There are six roles for men and six roles for women. Volunteers are also needed for lights, sound, props and stage crew. Performances will be Jan. 14-Feb. 13. Call 222-9694.

NOV. 26

Thanksgiving Day Brunch

The Sam Houston Club will host a Thanksgiving Day Brunch, 10 a.m.-1 p.m. The cost is \$21.95/non-members, \$18.95/members, \$8.95/children ages 6-11, children 5 and under free. For reservations, call 226-1663 or 224-2721.

NOV. 26-27

ACS closed

Army community Service will be closed Nov. 26 for the Thanksgiving holiday and Nov. 27 training holiday. For Army Emergency Relief emergencies call garrison staff on duty at 221-2810; after duty hours at 221-2087.

DEC. 2

Holiday tree lighting ceremony

The second annual Fort Sam Houston holiday tree lighting ceremony will be held Dec. 2, 6-8 p.m. at the garrison flagpole. There will be holiday arts and crafts, refreshments, pictures with Santa Claus, caroling, performances by the Army Medical Command Band, artificial snow and a sledding hill.

Cougars send coach out in style

By Robert Hoffmann

Fort Sam Houston Independent School District

In the final game for long-time Robert G. Cole High School football coach, Larry Ransom, the Cole Cougars defeated their rivals, the Randolph Ro-Hawks, 48-7, Nov. 6 at Cole Stadium.

Using every bit of their arsenal on both sides of the ball, the Cougars saw

five different players score touchdowns; and stifled Randolph throughout the evening.

The win closes out the season for the Cole Cougars, finishing with a 6-4 record; 3-3 in District 27-2A play.

Their motto for the season was "A Few Good Men." It was very appropriate, as most of the season saw only 18-19 players suiting up per game.

The game marked the final for Cole Athletic Director and Head Football Coach. Ransom has been at Cole for the past 31 years and head football coach for 16 years. He will be retiring at the end of the school year and split his leisure activities and "honey do's" between San Antonio and Wisconsin.

Cole High School honored Ransom throughout

the game, highlighted by a cordon consisting of Cole football players who played for Ransom in years past. A reception lasting deep into the night was held in the new Cole Gymnasium following the game.

The victory was a fitting tribute to someone who has meant so much to Cole and Fort Sam Houston Independent School District.

FSHISD school board members needed

Fort Sam Houston Independent School District is accepting nominations for two positions on the Board of Trustees. Nominees for the Board of Trustees may be a Soldier, military Family member or a

civilian employee residing or employed on Fort Sam Houston. Nominees should have an anticipated retention date at this location through Oct. 11, 2011; be a registered voter in the state of Texas and have been a

resident in the state of Texas for 12 months on or before Oct. 20. Individuals nominated must volunteer and be willing to serve on the Board of Trustees without pay. Nominees must submit their resume and

memorandum by close of business Nov. 20. For more information, contact Brenda Berry, chief, Child, Youth & School Services or Ruth Mitchell, CYSS administrative assistant at 295-4806.

FORT SAM HOUSTON INDEPENDENT SCHOOL DISTRICT WEEKLY CAMPUS ACTIVITIES NOV. 16-21

Fort Sam Houston Elementary School

Nov. 17

Lifetouch picture retakes
Student Council meeting in library, 3 to 4:30 p.m.

Nov. 18

Thanksgiving Family Feast and flu vaccinations – Join your child for a traditional Thanksgiving meal during your child's regular lunch time and have your child vaccinated from 10 a.m. to 1:30 p.m.

Third, fourth, and fifth grade one mile turkey run, field nest to golf course, 2 p.m.

Nov. 19

All grade levels Elementary Cougar Connection: Get Your Family Fit with Fitness Grams with elementary teacher Ann Boelens – 11:30 a.m. to noon

Robert G. Cole Middle and High School

Nov. 16

Boys Soccer at TMI, 5 p.m.
Girls JV/V Basketball at Somerset, 5:30 and 7 p.m.

Nov. 17

Boys JV/V basketball vs. Ingram at Cole, 5 and 6:30 p.m.

Nov. 18

Middle School play performance "Everybody's Got a Cell" at fine arts building, 6:30 p.m.

Seniors may order panoramic pictures during lunch in the ROTC building

Nov. 19

Boys Soccer at Antonian, 6 p.m.
Middle School play "Everybody's Got a Cell" at fine arts building, 6:30 p.m.

Nov. 20

Girls V basketball vs. Knippa at Cole, 6 p.m.
Boys V basketball vs. Knippa at Cole, 7:30 p.m.



REMINDER CALENDAR

- Nov. 12** Commander's Training, 8-10 a.m., Army Community Service
- Nov. 13** Military Appreciation Day, 1-3 p.m., local community centers will be serving lunch to all residents
- Nov. 13** Flu Vaccinations, ages 18 and up, 9 a.m.-4:30 p.m., Army Community Service, Building 2797
- Nov. 14** Native American Pow Wow, 11 a.m.-4 p.m., Central Post Gym
- Nov. 14** Pet Vaccination Clinic, 8 a.m.-12 p.m., Watkins Terrace Community Center
- Nov. 16-17** AFTB Level II Professional Development, 9 a.m.-2 p.m., Army Community Service, Building 2797
- Nov. 17** U.S. Army North change of responsibility
- Nov. 17** Women Encouraging Women, 12-1 p.m., Army Community Service, Building 2797
- Nov. 18** Annual Chapel Appreciation Luncheon
- Nov. 18** Giant Voice Test
- Nov. 18** Annual Ethics Training, 9 a.m., Blesse Auditorium
- Nov. 19** Consolidated Retirement Ceremony, 7:45 a.m., post flagpole
- Nov. 19** Quarterly Spouses' Orientation, 10 a.m.-12 p.m., Army Community Service, Building 2797
- Nov. 20** U.S. Army North change of command/retreat ceremony
- 

Rocco Dining Facility Menu

Building 2745, Schofield Road

Friday - Nov. 13

Lunch - 11 a.m. to 1 p.m.

Grilled Steaks, barbecued chicken, French-fried shrimp, beef stir-fry, fried chicken wings, wild rice, baked macaroni and cheese, baked potatoes, collard greens, baked parmesan tomato halves, broccoli

Dinner - 5 to 7 p.m.

Grilled salmon patties, meat loaf, chicken cordon bleu, country-fried steaks, cheese ravioli, baked potato wedges, parsley tri-colored pasta, Harvard beets, cauliflower, French-fried okra

Saturday - Nov. 14

Lunch - noon to 1:30 p.m.

Rigatoni with meat sauce, rigatoni with marinara sauce, herbed baked chicken, salmon croquettes, parsley-buttered potatoes, steamed rice, succotash, carrots, Brussels sprouts

Dinner - 5 to 6:30 p.m.

Country-fried steaks, chicken pot pie with biscuits, grilled pork chops, cheese enchiladas, mashed potatoes, Spanish rice, steamed rice, fried cabbage, corn, asparagus

Sunday - Nov. 15

Lunch - noon to 1:30 p.m.

Jambalaya, charbroiled meatballs with brown gravy, vegetable lasagna, roast beef, mashed potatoes, red beans and rice, baked potatoes,

yellow squash, spinach, peas

Dinner - 5 to 6:30 p.m.

Barbecued spareribs, Salisbury steaks, lemon-baked fish, broccoli and cheese, rice casserole, oven-glo potatoes, steamed rice, turnip greens, wax beans, pinto beans

Monday - Nov. 16

Lunch - 11 a.m. to 1 p.m.

Baked sweet Italian sausage, chicken cacciatore, fried catfish, cranberry-glazed chicken breast, spaghetti with meatballs, cheese manicotti, cottage fried potatoes, wild rice, spaghetti noodles, tomato and okra gumbo, wax beans, French-fried eggplant

Dinner - 5 to 7 p.m.

Chili macaroni, fried chicken, roast ham, Swiss steaks with brown gravy, baked sweet potatoes, lyonnaise potatoes, macaroni and cheese, French-style green beans, cauliflower polonaise, peas and carrots

Tuesday - Nov. 17

Lunch - 11 a.m. to 1 p.m.

Chicken fajitas, roast turkey, grilled ham steaks with pineapple sauce, beef stew with biscuits, cheese enchiladas, Spanish rice, steamed rice, scalloped sweet potatoes with apples, mashed potatoes, refried beans with cheese, carrots, asparagus

Dinner - 5 to 7 p.m.

Beef enchiladas, cheese tortellini, Barlow's blackened catfish, pepper steak, chicken stir-fry, steamed rice, oven-browned potatoes, hot spiced beets, spinach, lima beans

Wednesday - Nov. 18

Lunch - 11 a.m. to 1 p.m.

Ginger pot roast, chicken tetrazzini, lemon-baked fish, breaded pork fritters, parsley-battered potatoes, macaroni and cheese, steamed rice, collard greens, yellow squash

Dinner - 5 to 6:30 p.m.

Breaded veal steaks with mushroom gravy, barbecued beef cubes, chili macaroni, cheese manicotti, buttered egg noodles, mashed potatoes, baked potatoes, Brussels sprouts, Harvard beets, peas and onions

Thursday - Nov. 19

Lunch - 11 a.m. to 1 p.m.

Schezwan chicken, grilled tuna patties, roast beef, chicken stir-fry, rice frittata, fried rice, steamed rice, mashed potatoes, baked potatoes, corn on the cob, Chinese fried cabbage

Dinner - 5 to 7 p.m.

Oriental steaks, spicy Italian pork chops, vegetable lasagna, tuna and noodles casserole, grilled pork chops with green peppers and onions, steamed rice, mashed potatoes, zucchini, carrots, Chinese-mixed vegetables

Menus are subject to change without notice



Community

Announcements

Gas Discount at shoppettes

Military shoppers using their Military StarSM Card at the Fort Sam Houston Walter's and Schofield Shoppettes from Nov. 30-Dec. 4 as well as Dec. 28-Jan. 1, can save 20 cents per gallon on gas. Exchange shoppers can learn more about the Military StarSM Card by logging on to www.aafes.com and clicking the Military StarSM Card icon.

Scholarships for military children

The Scholarship for Military Children Program can help with a \$1,500 scholarship. Contact your local commissary, school guidance counselor, or visit the program Web site at www.militaryscholar.org or www.commissaries.com. Applications deadline is Feb. 17. Call 221-4678 ext. 249.

Secretary of Defense Employer Support Freedom Award

National Guard and Reserve members and Families are encouraged to nominate employers who have provided exceptional support of military employees above the federal law requirements. Nominations will be accepted at www.FreedomAward.mil by Jan. 18.

Calendar of Events

NOV. 14

Cestohowa walk

The Selma Pathfinders volk-march club will host a 5K and 10K walk Nov. 14 starting at the Cestohowa Hall, 180 County Road 245, Cestohowa, Texas. Start the walk between 8 a.m. and noon, finish by 4 p.m. Call 496-1402 or visit www.selmapathfinders.com.

NOV. 16

Warrant Officer Association meeting

The Lone Star Silver Chapter of the U.S. Army Warrant Officer Association will meet Nov. 16, 7 p.m. at Chacho's & Chulucci's, 8614 Perrin Beitel Rd. All active duty, retired, Reserve, National Guard warrant officers and Family members of current or retired warrant officers are invited. For more information, call 295-6596, e-mail juan.gomez@us.army.mil, or 666-9818, email; rgonzales879@satx.rr.com.

NOV. 17

Foreclosure, Home Selling and Staging Seminar

The Fort Sam Houston Housing Services Office will hold a Foreclosure, Home Selling and Staging Seminar, Nov. 17, 1-3:30 p.m. at Army Community Service,

Building 2797. Guest speakers will be from the San Antonio Board of Realtors and the US Department of Housing and Urban Development. The seminar will cover the do's and don'ts of selling a home, tips of avoiding foreclosures, and the importance of staging. Call 295-8519/8539/8569.

NOV. 18

Home Buying/Selling and Home Insurance seminars

The San Antonio Credit Union will hold a free Home Buying/Selling and Home Insurance seminar Nov. 18, 12-1 p.m. and Feb. 4, 4-5 p.m. at the Fort Sam Houston branch. To register, call 258-1785.

NOV. 19

Military Officers Association of America Alamo

The Military Officers Association of America Alamo Chapter will hold a luncheon Nov. 19, 11 a.m. at the Parr Club, Randolph Air Force Base. Guest speaker is James Nier, executive director, Texas Veterans Commission. Prime rib/\$14 or lasagna/\$11. Reserve by Nov. 16, call 228-9955 or e-mail moaa-ac@sbcglobal.net.

BOSS seeks volunteers for mentor program

Better Opportunities for Single Soldiers Program's mentorship program at Paschall Elementary begins Nov. 19 with a special lunchtime reception. Students were selected based on academic and/or emotional need. These children need someone to encourage, motivate and care

about them. The BOSS Program and Paschall Elementary are looking for a few good men and women to make a difference by being a supportive and encouraging role model. If you have an hour or so a week, contact your unit BOSS representative, or email the installation representative, at edmund.perez@us.army.mil.

DEC. 3

CivilianJobs.com Career Expo

The CivilianJobs.com Career Expo will be held Dec. 3, 10 a.m.-2 p.m. at the Sam Houston Club, 1395 Chaffee Road. All military and prior military may pre-register at www.civilianjobs.com to be matched with companies based on career goals and geographical preferences. For more information, call 1-678-819-4172 or visit www.civilianjobs.com.

DEC. 4

FEW Christmas Social

The Federally Employed Women Alamo City Chapter will hold a Christmas Social Dec. 4, 6-9 p.m. at the La Posada del Rey, 999 E. Basse. There will be a dinner, auction and door prizes. Reserve by Nov. 30, call 435-6620.

DEC. 8

American Society of Military Comptrollers

The Alamo Chapter of the American Society of Military Comptrollers annual holiday party Dec. 8, 4:30-7 p.m. at the Randolph O'Club "Sky Lounge." at Randolph Air Force Base. Reserve by Nov. 30, call 652-2742.

Religious Briefs

Journey to Bethlehem volunteers needed

Journey to Bethlehem is an exciting Christmas activity hosted by the Fort Sam Houston Chapel Community on the grounds of the Main Post Chapel Dec. 17-19, 5:30-8:30 p.m. We invite all members of our community to join us for an interactive experience of what Bethlehem Village might have been like around the time of Jesus' birth. Planning and training has started, but it takes many volunteers to make this event successful. We need your help. If you would like to help, call 221-5006 or e-mail wafford1@aol.com.

Cadence youth program

Cadence Responding to God's Call is a

Fort Sam Houston Youth Ministry program for children sixth to 12th grades. This ministry is ecumenically based and focuses on faith development, fellowship and fun. The middle school group meets Tuesdays from 4-5:30 p.m. and the high school group meets Wednesdays from 7-8:30 p.m. at Dodd Field Chapel, Room 146. There are also monthly and quarterly activities for youth and Families. For more information, call 221-5943 or e-mail FortSamYouth@aol.com.

Family Advent Workshop

An annual Family Advent Workshop will be held Nov. 28, 10 a.m.-2 p.m. at Dodd Field Chapel. Come make live green wreaths along with several other Advent decorations for a suggested donation of \$3 per person or family maximum of \$10. This is a "come and go" Family event. For more information, call 221-3749.

For more information, visit: www.samhouston.army.mil/chaplain

For Sale Fort Freebies

For Sale: washer and dryer, \$95 each; Christmas tree, lights and ornaments, \$40; computer desk, \$30; office chair, \$15; coffee table, \$25. Call 241-1291.

For Sale: Registered Chihuahua puppies, one male, three females, ready to go Nov. 23, taking deposits. Call 535-7245 or 837-8268.

For Sale: Whirlpool 24.5-cubic-foot side-by-side refrigerator/freezer, \$120. Call 655-7812.

For Sale: Set of five Rubicon rims, like new, from a 2007 Jeep, will fit '07 and newer, like new, \$300. Call 887-4630.

For Sale: Sofabed, darkblue/burgandy/darkgreen/tan plaid, great condition, inner-spring mattress, \$175 obo; matching chair, \$50. Call 475-9973.

For Sale: Round oak dining table and four

chairs, \$150; Minolta 35mm camera, model SR T MC-II, Auto Macro 75-200 mm telephoto lens, tripod and carrying strap, \$75; Sears enclosed car top carrier with all hardware and locking key. All items in excellent condition. Call 630-3936.

For Sale: Leather sofa and loveseat, beige color, high-grade leather, very clean, \$575. Will e-mail photos on request. Call 251-4876.

For Sale: Sectional sleeper sofa, \$500; electric patio grill, \$75. Call 631-805-6820.

For Sale: 50-inch Samsung plasma television, \$800; Whirlpool washer, \$250; dining table with four chairs, \$250; Fabric sofa with wood coffee table and two end tables, \$250; queen-size bed, headboard, frame, mattress, \$250; twin-size bed, headboard, frame, mattress, \$200; dresser with mirror, \$200. Call 519-9576.

For Sale: Wood grain entertainment center, 6 feet high by 5 feet wide by 17 inches deep, \$150; sleeper sofa and loveseat, earth

tones, \$225 obo; baby crib, needs refinishing, \$25; Replogle Hastings tabletop globe, \$30. Call 371-7833.

For Sale: 1983 Winnebago mobile home, sleeps five, kitchen and bath, A/C, diesel, need minor maintenance, \$2,500 obo; washer and dryer, \$175. Call 227-9017.

For Sale: Three barstools, \$75 for all. Call 254-5241.

For Sale: Sofa and loveseat, will sell for low price. Call 314-610-8044.

Free to good home: Male kitten approximately 8 weeks old, looks Siamese but is not full bred, shots and neutered. E-mail pika-boo75@yahoo.com or call 385-0415.

Submission guidelines:

Freebies are published on a first-come, first-served basis. The deadline is noon Monday. To submit a Fort Freebie, e-mail news.leader@conus.army.mil or fax 221-1198. Freebies can only be run twice. Limit of five items per entry. Call 221-0546.