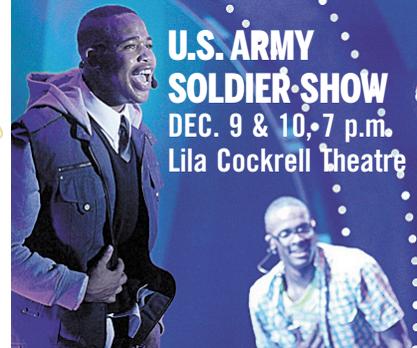



 DECEMBER 8, 2011
VOL. 53, NO. 49

 U.S. ARMY
SOLDIER SHOW
DEC. 9 & 10, 7 p.m.
Lila Cockrell Theatre

A PUBLICATION OF THE 502nd AIR BASE WING – JOINT BASE SAN ANTONIO – FORT SAM HOUSTON

Swan relinquishes command of U.S. Army North

Lt. Gen. Guy C. Swan III (left), commanding general, U.S. Army, escorts Gen. Charles Jacoby Jr., commanding general, North American Aerospace Defense Command and U.S. Northern Command, as the two arrive at Staff Post Field for the Relinquishment of Command and Retirement ceremony Dec. 2 near the historic Quadrangle. Swan commanded Army North from December 2009 to December 2011. He is retiring after 35 years of service in the Army. Lt. Gen. William Caldwell, who most recently served as the commander of NATO Training Mission – Afghanistan and as the commanding general of Combined Security Transition Command – Afghanistan, will assume command of Army North in January 2012.

Photo by Sgt. Maj. Eric Lobsinger



By Sgt. 1st Class Manuel Torres-Cortes

ARNORTH Public Affairs

Lt. Gen. Guy C. Swan III relinquished command of U.S. Army North during a ceremony at the Staff Post Parade Field, across from Fort Sam Houston's historic Quadrangle, in front of family, fellow service members and civilians who gathered Dec. 2 to bid him farewell.

Following his relinquishment of command, Swan retired after more than 35 years of service – the final two as the commanding general of Army North.

“The balance of your leadership style, and the command climate that you

established at every point in your career, is truly something those who have served with you, and under you, value – it is your legacy,” said Gen. Charles Jacoby Jr., commanding general, North American Aerospace Defense Command and U.S. Northern Command.

Prior to assuming command of Army North, Swan's notable service included commanding the 11th Armored Cavalry Regiment, the 7th Army Training Command, Joint Force Headquarters-National Capital Region and the U.S. Army Military District of Washington. He also served

See ARNORTH, P8

Horoho assumes command of MEDCOM

By Shannon Carabajal
MEDCOM Public Affairs

When Army Chief of Staff Gen. Raymond T. Odierno passed the U.S. Army Medical Command flag to Maj. Gen. Patricia D. Horoho during a ceremony at Fort Sam Houston Dec. 5, the moment marked two historic firsts for the command.

Horoho became the first woman and first nurse to command the Army's largest medical organization.

The MEDCOM is organized into five major Subordinate Commands and five Regional Medical Commands, all united under the

MEDCOM commander.

Horoho succeeds Lt. Gen. Eric B. Schoomaker, MEDCOM commander since December 2007, who will retire in January.

The command is comprised of eight Army medical centers, 27 medical department activities, numerous clinics in the U.S., Europe, Korea, and Japan, and 10 subordinate Army Medical Department commands and agencies.

The U.S. Army Medical Command is one of 11 direct reporting units in the Army. It manages a budget of more than \$12.8 billion and provides medical

care for more than 3.95 million eligible beneficiaries worldwide, to include active duty service members, retirees, and their family members.

The command also oversees graduate medical education, health professional education, medical research and training of all combat medics.

Horoho was also promoted to the rank of lieutenant general and sworn in as the Army 43rd Surgeon General Dec. 7.

In that capacity, she will serve as the medical expert on the Army staff, advising the Secre-



Photo by Edward Dixon

Maj. Gen. Patricia D. Horoho receives the U.S. Army Medical Command colors from Army Chief of Staff Gen. Raymond T. Odierno at the MEDCOM change of command ceremony in the Blesse Auditorium Dec. 5. Horoho is the first woman and first nurse to command the Army's largest medical organization. She succeeds Lt. Gen. Eric B. Schoomaker (far right), commander since December 2007.

See MEDCOM, P10

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Give thanks by giving the gift of blood

By Mark Salcedo
 Akeroyd Blood Donor Center

Thanksgiving has come and gone and the winter holidays are fast approaching.

Thanksgiving is an opportunity to realize that we have much for which we can be thankful – family, friends, the dog or good health.

Throughout the years, the holidays have been adapted to a variety of local customs and traditions, such as the giving of gifts.

This year, the Akeroyd Blood Donor Center is encouraging everyone to show thanks by giving the

gift of blood.

This simple gift would be a second chance at life for ill or injured service members, veterans and their families worldwide.

“Our blood supply traditionally suffers shortages for a number of reasons throughout the year, but more than ever during the holidays,” said Capt. Paul Ambrose, officer-in-charge of the Akeroyd Blood Donor Center.

“Our service members and their family travel home while others are occupied with local holiday-related activities. Our shortfall combined with an increased demand

this time of year creates a potentially dangerous situation.”

Traditionally, there is a network for sharing blood throughout the Armed Services Blood Program to avoid shortages, but with military deployments and travel restrictions causing high deferral rates, blood donor centers must rely on local donors for the majority of their blood.

“For the last several years, the center has depended on blood from outside sources, because there have not been enough local donations,” Ambrose added.

“This holiday season and in the year to come, we are asking eligible donors from Joint Base San Antonio to step forward to ensure that the blood needed locally is being covered by our own,” Ambrose said. “One of

our mottos is, ‘BLOOD... From the military, For the military.’ We believe our military should take care of our own when it comes to blood donations.”

To get the holiday season started, the U.S. Army’s Institute of Surgical Research sponsored a two-day blood drive just before Thanksgiving.

In order to maximize

participation, staff members from the blood donor center set up locations at the Brooke Army Medical Center and the Institute of Surgical Research.

“November and December are always tough months for a donor center, so the [Institute of Surgical Research] wanted to help kick-off the holiday season with a major blood drive,” said

See BLOOD, P14



Photo by Mark Salcedo

Latonia Stewart, phlebotomy technician from the Akeroyd Blood Donor Center prepares Sgt. Khanesha Murrell from the U.S. Army Institute of Surgical Research.

Weekly Weather Watch						
	Dec 8	Dec 9	Dec 10	Dec 11	Dec 12	Dec 13
San Antonio Texas	61° Mostly Sunny	63° Partly Cloudy	59° Mostly Sunny	56° Showers	64° Showers	65° Cloudy
Kabul Afghanistan	47° Sunny	48° Sunny	55° Sunny	56° Sunny	53° Sunny	50° Sunny
Baghdad Iraq	64° Sunny	67° Sunny	61° Sunny	62° AM Fog/PM Sun	63° Mostly Sunny	63° Partly Cloudy

(Source: The Weather Channel at www.weather.com)

Edwards Aquifer Level

in feet above sea level
 as of Dec. 7

CURRENT LEVEL* = 651.0'

*determines JBSA water conservation stage

Normal - above 660'

Stage I - 660'

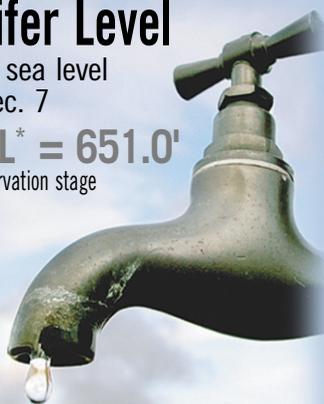
Stage II - 650'

Stage III - 642'

Stage IV - 640.5'

Stage V - 637'

Joint Base San Antonio water restrictions are at Stage II. As of Oct. 17, the Bexar County index well J-17 was at 651.7 feet. The JBSA Drought Management Plan calls for levels to revert to next higher level after 30 days of being above trigger. The J-17 has stayed above 642.0 feet since Sept. 16.



News Briefs

Hacienda Recreation Center Parking Closures

The parking lot along Garden Avenue West of the Hacienda Recreation Center and Johnson Road will close Dec. 19. These parking areas will be closed for approximately 15 months, due to the demolition of the existing Hacienda and the construction of the new Student Activity Center. The 15,500-square-foot Hacienda Recreation Center was originally constructed in 1946. The new facility will have 82,500 square feet, with spaces for a customer service area/control counter, computer area, game area (both table gaming and video gaming), mini-theater, TV lounge, snack/vending area, library/quiet space, multipurpose room, auditorium and in/out processing center for students.

RCI, LMH Office Closures

The Residential Community Initiatives office and the Lincoln Military Housing office will be closed noon to 3 p.m. Dec. 9, and all day Dec. 26 and Jan. 3.

Legal Office Closures

The 502nd Mission Support Group Legal Office at 2271 Reynolds Road will close Dec. 16 for an official function, with normal operating hours resuming Dec. 19. For emergencies, call the Command Post at 295-8817.

The U.S. Army Soldier Show

The U.S. Army Soldier Show returns to the Alamo City with a 90-minute live musical performance at 7 p.m. Dec. 9 and 10 at the Lila Cockrell Theatre on 200 East Market Street in downtown San Antonio. The Soldier Show is free and open to the public. The troops in the performance were selected from installations worldwide to come together for a night of music and dance. Parking is available across the street from the theatre at the parking garage for \$8 and also parking at the Hyatt Regency for \$9.

Joint Service Holiday Chorus

The Band of the West featuring the Joint Base San Antonio Holiday Chorus will perform at 3 p.m. Dec. 17 and 18 at Edgewood Independent School District Theatre for the Performing Arts at 607 Southwest 34th Street in San Antonio. The band and the chorus will fill the theater with traditional and contemporary holiday selections.

See NEWS, P4

Community invited to take part in Operation Rising Star competition

By Bill Bradner
IMCOM Public Affairs

The final competitions for Operation Rising Star – the military's equivalent of American Idol – take place Dec. 10, 12, 14 and 16 at 7 p.m. in the former Fort Sam Houston Theater, now home to the Army Entertainment Detachment.

The public is invited to be part of the televised audience during all four days of competition and to vote for their favorite contestants at <http://www.oprisingstar.com>.

The event will be broadcast through the Pentagon Channel the day after each show is taped. It airs three times each day, once each at 8 p.m. Eastern Standard, Korea Standard and Central European time zones. Viewer can vote for their favorite rising star after each broadcast.

"I have been fortunate enough to judge this competition, and every year it gets better and better," said retired Sgt. Major of the Army Jack Tilley. "With the deployment and stress on the military, I think it's important to get family members involved in the contest and showcase their talents. I'm always amazed at the quality of the performances we see."

Military personnel from all branches and family members sang their way into the finals at local competitions, hosted by installations around the world.

Twelve of the installation winners will compete at the finals, representing some of the best vocal talent in the Armed Forces. Biographies and performance videos of all contestants are currently online.

Air Force Staff Sgt. Octavia Nickle will be representing Joint Base San Antonio in the

competition this year. Nickle, originally from Stafford, Va., played bass in high school and sang in gospel choirs.

The winner receives an all-expenses-paid recording package in Los Angeles, Calif., valued at over \$18,000, courtesy of EMI Music – owner of Capitol Records, Virgin Records, Blue Note, Manhattan Records and Chordant.

Special musical guests from EMI are scheduled to participate in each night's show. Virgin Records artists "A Fine Frenzy" and "Adelita's Way" perform Dec. 10 and 12, respectively, and Capitol/MRS Records artist "Foxy Shazam" performs Dec. 14.

There is no admission charge. While seating is limited, special block seating can be arranged for large groups. For ticket information, call the Fort Sam Houston MWR ticket



Photo by Deyanira Romo Rossell

Air Force Staff Sgt. Octavia Nickle puts her singing talents up against 11 other contestants in the finals of the Operation Rising Star singing competition at the newly remodeled Fort Sam Houston Army Entertainment Theater.

office at (210) 266-1663.

Visitors without a DOD identification card may enter through the Walters Street gate off I-35 or the Harry Wurzbach gate at Wurzbach Road. All vehicle occupants ages 16 years and older must present a valid photo ID to enter gates.

Military, civilian communities bid farewell to retired Gen. Ralph Haines Jr, Army's oldest 4-star general



Honor Guard members position themselves to lower the remains of retired Gen. Ralph Haines Jr. from the horse-drawn caisson at the Fort Sam Houston National Cemetery Dec. 3. Military and civilian community members gathered to pay their respects for Haines, who was 98 years old at the time of his death and was the oldest living 4-star general and senior retired officer. Haines served as the Vice Chief of Staff of the Army from 1967 to 1968. He also served as the commanding general of 1st Armored Division at Fort Hood, Texas, and as the commanding general of III Corps, also at Fort Hood.



Military and civilian community members pay their respects as Soldiers from Fort Sam Houston remove a casket from the hearse and move it to a horse-drawn caisson at the Fort Sam Houston National Cemetery Dec. 3 during a funeral ceremony for Gen. Ralph Haines Jr.



Photos by Sgt. Maj. Eric Lobsinger

Retired Lt. Gen. Guy Swan III, the former commanding general of U.S. Army North, presents a flag to William Haines, the son of retired Gen. Ralph Haines Jr., at the Fort Sam Houston National Cemetery Dec. 3.

News Briefs

from P3

Cole Project Graduation

The Project Graduation committee at Cole High School sponsors a dinner and talent show Jan. 21 at the Roadrunner Community Center, Building 2797 at 2010 Stanley Road. Auditions for the talent show are Dec. 12 and Jan. 5 from 4 to 7 p.m. in Cole High School's mall area. The community is invited to join or participate with their talent for this family event. Tickets go on sale in January. Send email to lori.j.campbell@us.army.mil for more information.

Change In Hours For Allergy Shots At WHASC

Effective Dec. 12, the hours for administration of allergy shots at Wilford Hall Ambulatory Surgical Center are changing to Monday and Wednesday from 7:30 a.m. to 3:15 p.m. and Tuesday and Thursday from 7:30 a.m. to noon. Watch for additional signs in the WHASC Allergy Clinic regarding dates when shots will not be given, such as holidays and training/family days. Call 292-4278 for more information or visit [http://www.whasc.af.mil/departments\(clinics\)/allergyclinic.asp](http://www.whasc.af.mil/departments(clinics)/allergyclinic.asp).

Health Benefits Open Season ends Dec. 12

The Federal Employees Health Benefits Open Season ends Dec. 12. Changes to your enrollment must be made through the Army Benefits Center-Civilian. Information on 2012 premiums is available at <http://opm.gov/insure/health/rates.asp>.

Complete Joint Base Travel Survey; win prizes

The 502nd Air Base Wing is conducting a Traffic Points of Origin study to evaluate military, retiree and civilian population traffic patterns at Lackland and Randolph Air Force Bases, Fort Sam Houston and Camp Bullis. All Joint Base San Antonio active-duty service members, Reserve, Department of Defense civilians and contractors, retirees, and dependents age 18 and older who travel on and around Joint Base San Antonio installations are eligible to participate in the survey. Each respondent will receive a coupon for a free cup of coffee at any JBAA AAFES Express store and automatically be entered to win one of three prizes: a \$100 gas card, or one of two \$50 exchange gift cards. The survey is online at <https://www.surveymonkey.com/s/JBSASurvey>.

LIGHTING UP FOR THE HOLIDAYS

The Joint Base San Antonio-Fort Sam Houston annual tree lighting ceremony held at the post flagpole Dec. 1 offered a variety of events for both young and old. The FSH Spouses Club provided 28 bazaar booths and there were pictures with Santa, a hayride, storytelling and much more. More than 600 people enjoyed the night's festivities. (Right) Despite the warm Texas weather, kids were able to frolic and throw snowballs in "snow" brought in for the occasion. (Below right) Brig. Gen. Theresa C. Carter (left), 502nd Air Base Wing commander, gives the command to light the tree as Col. John Lamoureau, 502nd Mission Support Group commander, and Rear Adm. William Kiser, Medical Education and Training Center commandant, await the moment during the tree lighting ceremony. (Below left) Adults and children alike enjoy the lit-up tree and other activities provided by the 502nd Force Support Squadron.

Photos by Tiffany Boulez



Active shooter exercise Dec. 14 at Building 3528R



Courtesy photo

From 1 to 5 p.m. Dec. 14, the 502nd Air Base Wing, 502nd Mission Support Group and the San Antonio Military Medical Center will conduct a simulated active shooter/mass casualty exercise on Fort Sam Houston in Building 3528R, Behavioral Health.

The exercise is to train first responders and wing, group and hospital staffs. The exercise will test Fort Sam Houston's incident response and recovery elements and will involve use of the installation mass notification and warning systems including Giant Voice.

All Giant Voice, computer and telephone communications for this exercise will be preceded with clear text announcing "Exercise, Exercise, Exercise."

Fort Sam Houston CFC campaign hits \$1 million

Fort Sam Houston



Our Goal: \$1,343,359

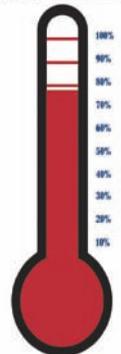
Fort Sam Houston federal employees have made \$1,025,335 in pledges to the 2011 CFC Campaign so far, bringing the total to 77 percent of the target.

The goal for this 50th anniversary year of the campaign is \$1.3 million, a total Fort Sam Houston CFC coordinator Duane Dunkley is rallying to reach by the close of the pledge window Dec. 15.

"Our thanks again, to those who have contributed to the campaign. Your contributions are greatly appreciated," Dunkley said. "The CFC Project Officers have made every effort to make 100 percent contact with all personnel."

People wishing to make a contribution should contact their CFC project officer or call Dunkley at 221-2207.

"I encourage all to take advantage of this opportunity to give and support your local San Antonio community. Thanks for supporting a cause that can truly affect lives," Dunkley said.



Navy officer receives Army Soldier Medal for valor

By Esther Garcia
AMEDDC&S Public Affairs

Lt. Kyle Burditt, a Navy physician assistant with 18 years of military service, can now boast an Army medal among his Navy awards.

Maj. Gen. David Rubenstein, commanding general of the Army Medical Department Center and School, presented the prestigious Army Soldier Medal to Burditt at Blesse Auditorium Nov. 22 for acts of valor and heroism while the Navy officer was stationed in Afghanistan in May 2010.

Burditt was at his battalion aid station in Kala Gush, Afghanistan, with one of his medics, who suddenly yelled, "Oh my God, it crashed!"

The "mail bird" helicopter had crashed inside

the forward operating base's perimeter, landing on its side, but with the rotors continuing to spin.

"The helicopter was carrying ammunition, not mail, but luckily it did not explode," Burditt said

Fearing the helicopter might blow up, the crew members were instructed to shut down the system, but the system was damaged and would not shut down.

"Other people came around. I climbed on top since the bird was lying on its side and since the pilot was able to unlock the door," Burditt said. "I pulled him out, somebody else pulled the second guy out – who had head injuries – and the third crewmember had the most serious injuries."

Within a few minutes, all crewmembers were removed safely and were

receiving treatment for their injuries.

"We had a language barrier, but luckily we had a civilian in the FOB who spoke their language and we were able to communicate with them," Burditt said.

Burditt said he didn't think when he decided to get on top of the helicopter.

"My only thinking was, we had patients out there," he said. "My job is to take care of patients, so I had to get them out."

Burditt was stationed with the Provincial Reconstruction Team, whose mission is he said is to "win the hearts and minds" of the local populace and help them re-build infrastructure, or build infrastructure where there wasn't any.

Burditt said adminis-

tratively the Army was in charge of the PRTN which fell under the 4th Infantry Division, 101st Airborne. In addition to Burditt, one other Navy personnel, two Army and one Air Force personnel were recommended for the award.

The military runs

in Burditt's family. His father was a Marine and served in Vietnam. His father's six brothers all served in the Army. His mother's father was a WWII veteran, an uncle was in the Air Force as a physician assistant.

"In my family, if you are a guy and are able,

you join the military," said Burditt, a Dodge City, Kan., native.

Burditt is currently assigned to the Inter-service Physician Assistant Program as an instructor at the Physician Assistant School.

Also attending the medal presentation ceremony was his wife, Rose, and two sons, Jakob and Jared.



Maj. Gen. David Rubenstein, commanding general, Army Medical Department Center and School presents the Soldier Medal to Lt. Kyle Burditt, a physician assistant and instructor with the Inter-service Physician Assistant Program, Nov. 22 at Blesse Auditorium.

**Photo by
Esther Garcia**

EMPLOYMENT DEPLOYMENT



Photo by Rich McFadden

Fourteen Army wounded warriors and 16 disabled veterans from the Fort Sam Houston Soldier and Family Assistance Center board a Navy C-130 Hercules turboprop aircraft Dec. 5 at Randolph Air Force Base as they prepare to fly to Washington D.C. for a federal jobs fair. The trip was organized by Rodney Leonard, a representative of SFAC's U.S. Office of Personnel Management. The Soldiers and veterans were competing for federal jobs at the Department of the Navy's Career Day in Lexington Park, Md.

AIR FORCE GENERAL PROMOTES ARMY SERGEANT MAJOR



Photo by Bill Gaines

Brig. Gen. Theresa C. Carter, 502nd Air Base Wing commander, presents 502nd Civil Engineer Squadron Sgt. Maj. Darren Hill a certificate of promotion as his wife, Carla, looks on during his promotion ceremony at the 502nd Air Base Wing conference room on Joint Base San Antonio-Fort Sam Houston Dec 1. Hill is the 502nd CES's senior noncommissioned officer responsible for all enlisted members in the squadron.

Lt. Gen. Guy C. Swan III, commanding general, U.S. Army North, passes the Army North colors to Gen. Charles Jacoby Jr., commanding general, North American Aerospace Defense Command and U.S. Northern Command, during Swan's relinquishment of command and retirement ceremony Dec. 2 at Staff Post Field near the historic Quadrangle.

Photo by Sgt. 1st Class Manuel Torres-Cortes



ARNORTH from P1

as the Chief of Staff and Director of Operations for Multi-National Force-Iraq during Operation Iraqi Freedom.

“As America’s insurance policy against the most unthinkable threats to the homeland, our mission is truly a noble one,” Swan said.

“My last six years have been spent defining that role that protects the homeland and the Army’s role in that mission,” Swan added. “This job, this command, is truly the ‘no-penetration line’ in the defense of our country.”

While serving as commanding general for Army North, Swan continued to build up the nation’s chemical, biological, radiological, nuclear and consequence management response force, which is tasked with

preparing for catastrophic events, such as terrorist attacks or natural disasters.

Swan said Army North members have established broader and stronger partnerships with their Mexican and Canadian counterparts to protect the homeland from threats that know no borders, posed by international and transnational terrorist groups.

“You have hit all our priorities even before we had defined them. You instinctively understood and knew our center of gravity for this mission was our trusted partnerships,” Jacoby said. “You are a leader of great patience, humility, integrity, and you embodied that most simple yet most powerful word – Trust!”

Swan was commissioned as an armor officer from the United States Military Academy

at West Point, N.Y., in June 1976.

“As for my last closing remarks, I would like to leave you with this. Even though, thankfully, more of our service members will be home this holiday as the drawdown from Iraq is completed, thousands more will still be separated from their Families,” Swan said. “Please keep them in your thoughts and prayers this holiday season and also those who are recovering from their wounds and our Gold Star Families.”

Lt. Gen. William Caldwell, who most recently served as the commander of NATO Training Mission – Afghanistan and as the commanding general of Combined Security Transition Command – Afghanistan, will assume command of Army North in January 2012.

HAPPY HOLIDAYS TO ALL!

FROM THE NEWS LEADER STAFF

MEDCOM from P1

tary of the Army, Army Chief of Staff and other Army leaders and providing guidance to field units.

Horocho said she is honored by the confidence Army leaders have placed on her to serve as the 43rd Surgeon General.

“I am very excited about being able to serve with and serve for a team of professionals who are internationally renowned,” she said.

She is also proud about joining a long lineage of past surgeon generals, going back to 1775.

“In every conflict the U.S. Army has fought, Army Medicine has stood shoulder to shoulder with our fighting forces, supporting those who are putting their lives on the line to defend our freedom,” Horocho said. “It is my honor to be able

to serve in this position and carry on the strong tradition.”

Though she feels the unique personal and professional skills she brings to the position are more important than her gender or career field, she recognizes the significance of her assuming the position and the potential impact it can have in encouraging professional growth across Army Medicine.

“Some say that I am cracking the glass ceiling. I would submit that I am just the next person that is passing through the crack that has been opened by pioneers, leaders that came before me, regardless of gender, culture, race, or creed, the general said.

“What I bring to the job is not my gender, nor my clinical discipline but my 28 years of experience and education in the field of healthcare.”



Maj. Gen. Patricia D. Horocho, commander, U.S. Army Medical Command, gives remarks during the MEDCOM change of command ceremony in the Blesse Auditorium Dec. 5.

Photo by
Douglas Meyer

The past 10 years have presented the Army Medical Department with a myriad of challenges, encompassing support of a two-front war, while simultaneously delivering healthcare to beneficiaries across the continuum.

The new surgeon general plans to build on the strong platform that Schoemaker and the Army Medicine team established.

“There are challenges in front of us; but those challenges present

windows of opportunities, and this team has the talent, drive and the passion to shape the future landscape that we have the honor to deliver care.” Horocho said.

Horocho was previously dual-hatted as the U.S. Army Deputy Surgeon General and 23rd Chief of the U.S. Army Nurse Corps.

She has commanded Western Regional Medical Command, Joint Base Lewis-McChord, Wash.; Madigan Army Medical

Center, Joint Base Lewis-McChord, Wash.; Walter Reed Health Care System, Washington D.C.; and DeWitt Health Care Network, Fort Belvoir, Va.

The general holds a bachelor of science degree in nursing from the University of North Carolina-Chapel Hill, and a master of science in nursing as a clinical trauma specialist from the University of Pittsburgh. She is also a resident graduate of the Army's Command and General Staff College and the Industrial College of the Armed Forces.

She has earned many awards and recognitions throughout her career.

In December 2001, she was honored in Time Life publications for her actions at the Pentagon during the terrorist attacks of Sept. 11, 2001. In September 2002, she was honored as one of 15 nurses selected by the

American Red Cross and Nursing Spectrum to receive national recognition as a “nurse hero.”

In 2007, she was honored as a University of Pittsburgh Legacy Laureate. In April 2009, she was selected as the USO's “Woman of the Year”. Most recently, the University of North Carolina School of Nursing selected her as the “Alumna of the Year” Nov. 30.

Her military awards and decorations include the Distinguished Service Medal, Legion of Merit (with two oak leaf clusters), the Bronze Star Medal, Meritorious Service Medal (with six oak leaf clusters), the Army Commendation Medal (with three oak leaf clusters), the Army Achievement Medal (with oak leaf cluster), the Afghanistan Campaign Medal, the Armed Forces Expeditionary Medal, and various service and unit awards.

Tax statements available online soon

Electronic and postal delivery of 2011 tax statements for military service members, military retirees and federal civilian employees paid by the Defense Finance and Accounting Service will begin by mid-December through January with all customers receiving their W-2s and 1099Rs by January 31.

For most, tax statements will be available online using the DFAS myPay pay management system at <https://mypay.dfas.mil/mypay.aspx> a week or more earlier than delivery via mail.

Military non-appropriate fund civilian employees receive tax statements from their respective military service. Army NAF employee tax statements are made available via myPay.

While tax statements

are available on myPay earlier than waiting for an envelope in the mail, there are other advantages to using the online system throughout the year.

Tax statements available on myPay will remain online for one year. These, as well as other documents such as leave and earning statements, may be printed or downloaded for storage on computer hard drives, CDs, DVDs or flash drives.

Except during periodic system maintenance periods, myPay is available 24 hours a day, 365 days a year. The only requirements are valid login credentials (ID and password) and a computer connected to the Internet.

myPay users have a need to allow trusted individuals to access their

pay documents and information. Military members deployed away from home may wish to have their spouses, parents or other associates to retrieve information for tax preparation purposes. An elderly retiree may desire to grant access to his or her tax accountant or legal guardian.

Users can establish limited access passwords for their family members or other trusted individuals by logging in and establishing access in their Personal Settings. Individuals granted limited access to a myPay account may retrieve documents or view information but cannot make changes to existing addresses, bank accounts, allotments or other pay account information.

While each pay account customer has a personal responsibility to

2011 tax statement <i>myPay</i> and USPS mail schedule:		
Form/Document	Date available on myPay	Dates mailed via the U.S. Post Office
Retiree Annual Statement (RAS)	Dec. 4, 2011	Dec. 19, 2011 – Jan. 10, 2012
Retiree 1099R	Dec. 15, 2011	Dec. 19, 2011 – Jan. 10, 2012
Annuitant Account Statement (AAS)	Dec. 14, 2011	Dec. 19-31, 2011
Annuitant 1099R	Dec. 14, 2011	Dec. 19-31, 2011
Active Duty Air Force, Army, Navy W-2	Jan. 24, 2012	Jan. 24-29, 2012
Reserve Air Force, Army, Navy W-2	Jan. 6, 2012	Jan. 6-9, 2012
Marine Corps Active & Reserve W-2	Jan. 16, 2012	Jan. 19-21, 2012
Civilian employee W-2 (DoD/Non-DoD)	Jan. 5, 2012	Jan. 7-15, 2012
Military VSISB W-2*	Not available via <i>myPay</i>	Jan. 4-5, 2012
Savings Deposit Program 1099INT	Jan. 21, 2012	Jan. 21-22, 2012
Vendor Pay 1099	Not available via <i>myPay</i>	Jan. 20-25, 2012
Vendor Pay MISC W-2	Jan. 31, 2012	Jan. 20-25, 2012
Travel PCS** W-2	Jan. 31, 2012	Jan. 20-25, 2012
Army Non-Appropriated Fund Civilian Pay W-2	Jan. 20, 2012	Not Available

* *Voluntary Separation Incentive/Special Separation Benefit*
 ** *Permanent Change of Station*

keep their login information secure, myPay uses security tools that surpass industry standards to keep that customer's pay information safe.

Recently, myPay was changed to allow customers accessing the system using a Computer Access Card (CAC) enabled com-

puter to log in without using their login ID or password. This change made the system even easier to use while not compromising its security.

By using myPay, each military member, retiree and federal civilian employee saves their department or agency

the cost of mailing documents. While each individual W2, 1099R or LES might be inexpensive, the overall costs of mailing millions of individual documents can become substantial.

(Source: Defense Finance and Accounting Service)

Quad animal caretaker looks after deer, peacocks, peahens, chickens and ducks

By Lori Newman
FSH News Leader

Animals have been known to inhabit the Fort Sam Houston Quadrangle for more than 100 years and Adam Quintero has been taking care of them for more than 40 of those years.

He spends his day with nine deer and several peacocks, peahens, chickens and ducks.

"Sometimes we have good days; sometimes we have a little 'under-the-weather' days. That's fine ... we all go through that," Quintero said. "But I enjoy every minute of it. They're part of me. They seem to communicate with me."

"We don't really know when the deer were first introduced at the Quadrangle," said John Manguso, Fort Sam Houston Museum director. "The first time they're men-

tioned in a newspaper is about 1891.

As for the other animals, "The earliest picture we have of a peacock is 1920 and there was an alligator in the quad at one time, but it froze," he said.

The animals were always just there and whomever the headquarters commandant was at the time was responsible for taking care of them, Manguso explained.

Before Quintero became the animal caretaker, he worked in the old hospital at Beach Pavilion in the basement laboratory doing blood work.

One day, Quintero recalled, a noncommissioned officer who worked at Army North came in for a routine check-up.

"We started talking and he asked me if I would like to work with animals, so I went to the Quadrangle to see what the job was all about," he said. "I didn't even know the Quadrangle existed or that there were animals there."

"I went home and thought about it. The next day I decided, 'This is what I really want to do.'"

Quintero feeds the animals, makes sure they are healthy and coordinates veterinary treatment

with the veterinarian on post. He also waters the newly planted trees in the Quadrangle and cleans up after the animals.

"The deer are tagged so they can be identified for treatment proposes," he explained. They are vaccinated and dewormed.

"At one time, there were 19 deer in the quad. That was way too many," Quintero noted. "When rutting season came around, the bucks would get very aggressive."

About 4 years ago, the decision was made to have only female deer in the quad.

Occasionally, a deer makes a break for freedom.

"One of the bucks got out and went as far as the Fort Sam Houston National Cemetery," Quintero said. "That was an experience."

More recently, a doe escaped, but she returned on her own.

Quintero has a small office on the far side of the Quadrangle so he can keep an eye on the animals.

"Sometimes when I'm in the office, the deer come to the window to see what I'm doing," he said.

"People tell me I spoil them -

yes, I have them very spoiled," he said. "I bring the deer treats and sometimes they let me pet them or scratch their ears."

People think deer will eat anything, and they even try to feed them their lunches, the caretaker said.

"The deer like carrots. If you want to bring them a carrot, you're more than welcome to do so," Quintero said. "They also like apples and grapes."

A predator, perhaps a fox, has also been coming into the quad at night and killing some of the chickens and ducks.

"When I lose an animal it hurts. They're a part of me," he said.

After more than 40 years, Quintero still loves his job.

Even though he doesn't work on the weekend, many times he finds an excuse to come onto post, just so he can check on the animals.

"I just want to work with my animals as long as I can, because I enjoy them," he said.

The Fort Sam Houston Quadrangle is open to the public 6 a.m. to 6 p.m. Monday through Friday, and noon to 6 p.m. Saturday and Sunday.



Any visitor to the historic Quadrangle is sure to run into one of these peacocks in full strut.



"We really don't know when the deer were first introduced at the Quadrangle," said John Manguso, Fort Sam Houston Museum director. "The first time they're mentioned in a newspaper is about 1891."



Photos by Lori Newman
Adam Quintero has looked after the Quadrangle's flock of animals for more than 40 years.

Christmas tree fires likely to be more serious than average home fires

Festive lighting, windowsill candles and ornamented Christmas trees are staples of the holidays, but these decorative items also pose a fire risk if handled improperly.

From 2005 to 2009, on average, one of every 18 reported home Christmas tree fires resulted in a death, compared to an average of one death per 141 total home fires.

Holiday lights and other decorative lighting were involved in an estimated average of 150 home fires per year during the same time. These fires caused an average of eight civilian deaths, 14 injuries, and \$8.5 million in direct property damage per year.

“December is an exciting time where almost every home on the block is accented with decorations and seasonal lighting,” said Lorraine Carli, vice president of communications for the National Fire Protection Association.

“Though decorations such as candles or Christmas trees certainly spread holiday cheer, it is important to follow basic safety steps so celebrations go off without a hitch.”

Here are NFPA’s tips for safe holiday decorating:

- Be careful with holiday decorations. Choose decorations that are flame resistant or flame retardant.

- Keep lit candles

away from decorations and other things that can burn.

- Use lights that have the label of an independent testing laboratory. Check the packaging; some lights are only for indoor use.

- Replace any string of lights with worn or broken cords or loose bulb connections.

- Connect no more than three strands of mini light sets and a maximum of 50 bulbs for screw-in bulbs.

- Use clips, not nails, to hang lights so the cords do not get damaged.

- Keep decorations away from windows and doors.

For proper Christmas tree safety:

- Keep your tree

well watered. A dry tree can be extremely dangerous.

- Replace any string of lights with worn or broken cords or loose bulb connections.

- Connect no more than three strands of mini string sets and a maximum of 50 bulbs for screw-in bulbs.

- Never use lit candles to decorate the tree.

- Always turn off Christmas tree lights before leaving home or going to bed.

- Get rid of the tree when it is dry. Check with your local community to find a recycling program.

- Bring outdoor electrical lights inside after the holidays to prevent hazards and make them last longer.

(Courtesy National Fire Protection Association)

BLOOD from P2

Sgt. Morris Williams, the blood drive coordinator from the institute.

“This time of year, we think giving blood should be especially meaningful for our military service members and their family. For our injured combat troops, it can literally be the gift of life. We hoped those who are able and willing will donate throughout the holidays and hopefully, beyond.”

Over the course of two days, the Akeroyd Blood Donor Center collected 81 units of blood from 120 donors.

“Some potential donors had to be deferred for a variety of reasons – they had recently traveled to areas where malaria is prevalent; some had medical conditions that prevented them from donating; or they had a low iron count,” Williams said.

Despite the deferrals, according to Ambrose, the blood drive was a success.

Patients rely on blood

donations from service members, family members, Department of Defense civilians and retirees.

Currently, all blood donated with the Akeroyd Blood Donor Center stays at the San Antonio Military Army Medical Center helping to treat military and civilian patients.

Because blood is perishable, blood supplies are in constant need of replenishing, so blood donor centers are always in need of donors.

A single blood donation takes just one hour and can help save up to three lives.

So this year, why not add the simple gift of a blood donation to your list?

Your gift will give patients at Brooke Army Medical Center another opportunity to celebrate the holidays with their loved ones.

For more information, call the Akeroyd Blood Donor Center at 295-4655/4989.

To schedule a donation appointment, visit <http://www.militaryblood.dod.mil>.

RAPPER DMX VISITS WITH WOUNDED WARRIORS



Photo by Steve Elliott

Multiplatinum rap recording artist and actor DMX (left) took some time Dec. 1 to visit with wounded warriors practicing their wheelchair basketball skills at the Jimmy Brought Fitness Center. DMX strapped in a wheelchair himself and took part in a scrimmage with the wounded warriors and later posed for photos.

CPO 365 IN FULL SWING IN SAN ANTONIO



Photo by HMC(SW) David R. Ancheta

CPO 365 is a three-phase training process, created by the Master Chief Petty Officer of the Navy Rick D. West as guiding principles for preparing petty officers first class for induction as chief petty officers. The training process is designed to improve the induction procedures for the prospective chiefs. One of the many ways the chief's community is engaging with the first classes away from the classroom environment is through community involvement. The chiefs joined forces with a group of petty officers first class from the Navy Medicine Training Center for a highway cleanup along a two-mile stretch of Loop 1604 Nov. 19. The highway cleanup served to enhance mentoring and open up lines of communication among the chiefs and first class petty officers. A total of 48 bags of trash were collected along the two-mile stretch. Phase 1 of CPO 365 will continue until the list of board eligible first class petty officers are released next year.

Cole teacher receives ExCEL Golden Apple Award

By Jayne Hatton
FSHISD Associate Superintendent

Spanish teacher Jo Chacon at Robert G. Cole Middle/High School received the ExCEL Award Nov. 29, in recognition of her commitment and passion to education with more than 31 years of service.

Debra Knapp, KENS5 news anchor, served as master of ceremonies, in a gymnasium filled with students and staff. Joining her in the presentation was Sharon Allen, representing the Fort Sam Houston branch of the San Antonio Federal Credit Union.

"The students give me energy and are the reason I get up in the morning and come to work," Chacon said. "Teaching is so much more than content. It's really about

the relationships you have with your students and watching them grow and develop as adults."

The ExCEL Golden Apple Award, which recognizes outstanding teachers in the greater San Antonio area, also comes with a \$1,000 check from SACU. Recipients are featured on news segments, the Internet and on a photo poster display at SACU branches.

"A dedicated master teacher, Chacon is a natural leader who works tirelessly on behalf of our students," stated Dr. Gail Siller, FSHISD superintendent.

"As a member of our District Design Team, she helped to articulate our district's core beliefs, which guide daily actions and decision-making that directly benefit our



Photo by Jayne Hatton

Spanish teacher Jo Chacon, from Robert G. Cole Middle/High School, poses with her ExCEL Golden Apple Award.

students."

"Chacon is an incredibly kind, ambitious, and intelligent teacher who exhibits strong, unquestionable characteristics,"

said parent Pamela Bray. "She has taken the challenging task of educating students and accommodating parents, with a contagious smile."

FSHISD WEEKLY CAMPUS ACTIVITIES DEC. 11-17

Fort Sam Houston Elementary School

Dec. 13

Elementary School Student Council Meetings in the library, 3:15-4:30 p.m.

Robert G. Cole Middle and High School

Dec. 12

Boys basketball vs. Holy Cross, JVB/JVA/V, 5, 6:30 and 8 p.m.
Girls soccer vs. Holy Cross, 4:30 p.m.

Dec. 13

Girls basketball JV/V vs. Randolph, 5 and 6:30 p.m.
Boys soccer vs. Cornerstone, 5 p.m.

Dec. 14

JROTC Blood Drive, 3-7 p.m., Pryor Hall

Dec. 15

Boys basketball varsity tournament @ Hempstead
Cole Varsity Band/Choir Holiday Concert, Moseley Gym, 7 p.m.

Dec. 16

Boys basketball varsity tournament @ Hempstead
Girls basketball JV/V vs. Luling, 5 and 6:30 p.m.
Cole deadline for ordering yearbook

Dec. 17

Boys basketball varsity tournament @ Hempstead

Force Support Squadron

Family & MWR

Announcements

Fitness Center on the METC Campus

The Fort Sam Houston Fitness Center on the METC campus, 3569 Williams Road, Building 1369 is open Monday-Friday 7 a.m.-9 p.m., Saturday and Sunday, noon-9 p.m. Call 808-5709/5708.

Bowl to Win

Bowlers are invited to head to the Fort Sam Houston Bowling Center from now until Jan. 31 for the 11th Annual Youth Worldwide Bowling Program "Bowl to Win." Three winners will be randomly selected, weekly, to win custom bowling balls and bags. Bowling results must be submitted on the "Bowl to Win" website at <http://www.usafbowltowin.com>.

All You Can Cut Firewood

Bring your chainsaw and cut all the oak firewood you can fit into a small truck for \$5 or a large truck for \$10 at Camp Bullis Outdoor Recreation Area. Pre-cut wood is \$30 for a small truck or \$50 for a large truck. There are limited quantities, call 295-7529/7577 to find out available cutting times.

"Let's Twist Again"

Shows are Thursday, Friday and Saturday through Dec. 17 at the Harlequin Dinner Theatre. Dinner begins at 6:15 p.m. with an 8 p.m. show time. Call 222-9646.

Hired! Program

Applications are being accepted for the Winter 2012 term which begins Jan. 9. Be an apprentice for a 12-week term and learn job skills in one of the Morale, Welfare and Recreation operations. The deadline to apply is Dec. 1. A parent orientation will be held at 5 p.m. Dec. 6 at the Middle School Teen Center. A winter term training and welcome ceremony for the apprentices is 4:30-6:30 p.m. Dec. 13. Call 221-3386.

Hunting on Camp Bullis

Rifle hunting season is open for selected permit holders Saturdays and Sundays, 5:30 a.m. to late evening. Bow hunting for deer, hogs and turkeys is still underway Mondays and Thursdays, 5:30-10 a.m. and Friday through Sunday, 5:30 a.m. until late evening. Call 295-7529/7577.

Better Opportunities for Single Servicemembers

BOSS meetings are held the first and third Wednesday of each month at the BOSS Zone in the Barracks. The goal is to have one BOSS representative from each unit. Call 221-4242.

Holiday Gift Wrap Fundraiser

Wrap gifts at the Fort Sam Houston Exchange through Dec. 24. Open to installation private organizations and unofficial activities. Spread cheer and raise money for your worthy cause! Call 221-0010 to sign up your organization.

Microsoft Office Classes

Dec. 13 - Excel Level 1
Dec. 14 - Excel Level 2

Classes are held at the Roadrunner Community Center, Building 2797 from 8 a.m.-noon. Registration is required, call 221-2518/2705.

Calendar of Events

Dec. 8

Mandatory Initial First Term Financial Readiness

The class is 10 a.m.-noon at the Roadrunner Community Center, Building 2797. Call 221-1612.

Dec. 9-10

The U.S. Army Soldier Show

The U.S. Army Soldier Show returns to the Alamo City with a 90-minute live musical performance at 7 p.m. both nights at the Lila Cockrell Theatre on 200 East Market Street in downtown San Antonio. The Soldier Show is free and open to the public. The troops in the performance were selected from

installations worldwide to come together for a night of music and dance. Parking is available across the street from the theatre at the parking garage for \$8 and also at the Hyatt Regency for \$9.

Dec. 13

Army Family Team Building Level 3

The class is Dec. 13 to 15 from 8:30 a.m.-2:45 p.m. at the Dodd Chapel Training Room. To register, call 221-2611.

Dec. 17-18

Joint Service Holiday Chorus

The Band of the West featuring the Joint Base San Antonio Holiday Chorus will perform Dec. 17 and 18 at 3 p.m. at Edgewood Independent School District Theatre for the Performing Arts, 607 Southwest 34th Street. The band and the chorus will

fill the theater with some favorite traditional and contemporary holiday selections.

Dec. 31

Third Annual New Year's Eve 2011 5K Run/Walk

Open to the whole family, dogs on leashes are welcome. The free run/walk starts at the Jimmy Brought Fitness Center, Building 230

on Wilson Road and participants are encouraged to be at the center no later than 11:30 p.m. After the run, a grape juice, toast and healthy snacks will be available inside the fitness center. Registration forms are available at the Jimmy Brought Fitness Center and the Fort Sam Houston Fitness Center on the METC campus. T-shirts are sold at the event for \$10 each. Call 221-1234.



For Sale: Twin bed with mattress, excellent condition, \$200, also selling other household goods in preparation for possible PCS. Call 646-9680 for details.

For Sale: Christmas Spode china, four cups and plates, \$50; Palm Zire 71 handheld PDA includes USB hot synch computer cradle, power adapter, camera, desktop software and case, \$30. Four blue pinch-pleated drapery panels, 24 inches wide by 84 inches long, foam backed

with tie backs and valance 40 inch wide by 14 inch long, excellent condition, washable from JC Penney, \$20 per set drapes, valance and two tie backs. Two blue pinch-pleated drapery panels, 40 inches wide by 84 inches long, foam backed with two tie backs and two valances, 40 inches wide and 14 inches long, excellent condition, washable from JC Penny, \$40. Croscill queen-size reversible comforter including two shams, dust ruffle and matching curtains, each curtain panel is 62 inches wide by 84 inches long, with tie backs, \$50. Call 495-2296.

For Sale: Six tables, each 8 feet long, excellent condition, \$35 each or all 6 for \$180. Call 887-1856.

Holiday Worship Services

Catholic Services:

Main Post Chapel

Dec. 24: Mass, 10 p.m.
Dec. 25: Mass, 9:30 a.m.
Dec. 31: Mass, 5:30 p.m.
Jan. 1: Mass, 9:30 a.m.

AMEDD Chapel

Dec. 8: Feast of the Immaculate Conception, 7 p.m.
Dec. 18- Jan. 2: No Mass

Dodd Field Chapel

All Sunday Masses in December: 12:30 p.m.
Dec. 24: Children's Mass, 5 p.m.
Dec. 25: No Mass
Jan. 1: No Mass

Protestant Services:

Main Post Chapel

Dec. 18: Christmas Cantata, 8 and 11 a.m.
Dec. 24: Candlelight Service, 7 p.m. (Combined Protestant)

Dodd Field Chapel

Dec. 14: PWOC Christmas Program, 9:30 a.m.-noon
Dec. 24: Samoan Christmas Eve Service, 7 p.m.
Dec. 31: Samoan New Year's Eve Service, 7 p.m.
Dec. 31: Gospel Watch Night Service, 10 p.m.

Jewish Services

Main Post Chapel

Dec. 23: Chanukah Celebration, 8 p.m.
Dec. 23: Oneg Shabbat, 8:30 p.m.



Announcements

Retired cats need homes

The Animal Health Branch of the Department of Veterinary Science has five cats for adoption. They have been part of the 68T10 (Animal Care Specialist) training program and are being retired. There are four male cats and one female ranging in age from 2 to 8 years and they are in good health. There is no adoption fee, but the department does require that the individual complete an adoption form. Call 221-5435 for more information.

Looking For Golfers

Join the Fort Sam Houston Dawg Fight golf group. The group plays on weekends and holidays, at top local area resorts and private courses. Visit <http://www.dawgfight.com> for information.

Second Division Association

The Second (Indianhead) Division

Association is searching for anyone who served in the 2nd Infantry Division. For information, visit <http://www.2ida.org> or call 224-225-1202.

Basic Skills Education Program

The Fort Sam Houston Education Center Basic Skills Education Program is designed to teach and refresh basic college preparatory skills to service members with a GT score less than 110. Learners must be self-motivated individuals who desire to increase their capabilities in basic skills in a rigorous learning environment, Monday-Friday 7:30 a.m.-3:30 p.m. for a period of 14 working days. Service members will receive instruction in reading comprehension, vocabulary, and math skills. Call 221-1738 to enroll or for information.

Stilwell House

The Fort Sam Houston Stilwell House, a historic landmark since 1888, is open for tours, receptions and parties. The Stilwell House is managed by the Society for the Preservation of Historic Fort Sam House, Inc. a 501(C)(3) Corporation not affiliated with the Department of Defense. Call 224-4030 or 655-0577 for more information.

Cloverleaf Communicators Club

The Cloverleaf Communicators Club is open to military, family members and civilians who are interested in developing or enhancing their leadership and communications skills. Meetings are held the first and third Thursday of every month 11:45 a.m.-1 p.m. at San

Antonio Credit Union, Stanley Road, in the conference room. Call 916-3406 or 221-8785 for information or visit <http://powertalkinternational.com/>.

Toastmasters Club

The club meets the second and fourth Wednesday of every month noon-1 p.m. in the Joint Program Management Office conference room 1A, Building 4196. Call 663-4814 or 850-420-1610 or visit <http://www.futurespeakers.freetoasthost.org>.

Van Autreve Sergeants Major Association

The SMA Leon L. Van Autreve Sergeants Major Association meets the third Thursday of each month at 5 p.m. at the Longhorn Café, 1003 Rittiman Rd. All active duty, Reserve, National Guard and retired sergeants major are invited and encouraged to attend. Call 221-0584 or 889-8212 for information.

Sergeant Audie Murphy Club

The SMA Leon L. Van Autreve Chapter of the Sergeant Audie Murphy Club meets the third Thursday of each month at noon in the Men's Card Room at the Fort Sam Houston Golf Club. All Sergeant Audie Murphy or Sergeant Morales members are invited and encouraged to attend. Call 808-1732 or 221-0144.

Lost Property

If you have lost any property on Fort Sam Houston, call 221-2340. To claim items, you must have a form of photo identification and be able to identify the property.

Cardholders Save

Shoppers using their MILITARY STAR® Card at participating Fort Sam Houston Exchange restaurants will now receive 10 percent off their entire purchase. In addition to saving at the food court, cardholders receive savings at the pump with a five cents a gallon discount every time they fuel up at the Express. From Dec. 30 to Jan. 4, the Fort Sam Houston Exchange will provide a 20 cents per gallon discount at the Express when using a MILITARY STAR® Card.

Calendar of Events

Dec. 10

Lights Spectacular Walk in Johnson City

The Selma Pathfinders Volkmarch club is hosting a 5k and 10k walk starting at the Johnson City Park, 620 N. Nugent Ave., Johnson City. Walks start between 5 p.m. and 6 p.m., finish by 9 p.m. Call 496-1402.

Dec. 15

FSH Preservation Society Holiday Party

The Society for the Preservation of Historic Fort Sam Houston will host a holiday party 4-6 p.m. at the Stilwell House. The society will honor the late Gen. Ralph E. Haines and his family for their donation of his military uniforms, medals and papers to be permanently displayed at the Stilwell House. Everyone is welcome. Call 224-4030 or 824-1917.

Rocco Dining Facility Menu Building 2745, Schofield Road

Dining Room Breakfast Hours:

Monday-Friday 6:15-8:15 a.m.,

weekends and holidays 8-9:30 a.m.

Friday – Dec. 9

Lunch – 11 a.m. to 1 p.m.

Chicken gumbo soup, cream of mushroom soup, baked ham, roast beef, spaghetti with meat sauce, spaghetti with marinara sauce, baked breaded catfish, rice pilaf, scalloped potatoes, fried cabbage, broccoli, mixed vegetables

Dinner – 5 to 7 p.m.

Savory baked chicken, Swiss steaks, baked tuna and noodles, eggplant parmesan, Kansas rice medley, mashed potatoes, okra and tomato gumbo, California blend vegetable

Saturday – Dec. 10

Lunch – noon to 1:30 p.m.

Beef rice soup, cream of potato soup grilled turkey patties,

barbecued beef cubes, cheese tortellini, lyonnaised potatoes, orzo with lemon and herbs, green beans, honey Dijon vegetables

Dinner – 5 to 6:30 p.m.

Buffalo chicken, gyro sandwiches, pepper steak, sweet potatoes, black beans and corn, oven-browned potatoes, caviar medley rice blend, spinach, glazed carrots

Sunday – Dec. 11

Lunch – noon to 1:30 p.m.

Cream of chicken soup, vegetable soup, chicken parmesan, beef teriyaki, chow mein noodles, grilled pork chops, broccoli-rice and cheese, steamed rice, O'Brien potatoes, vegetable stir fry, lima beans

Dinner – 5 to 6:30 p.m.

Grilled steaks, chicken cordon bleu, hamburgers, cheeseburgers, grilled cheese sandwiches, grilled chicken

sandwiches, black bean veggie burgers, baked potatoes, sautéed mushrooms and onions, broccoli, mixed vegetables, french fries

Monday – Dec. 12

Lunch – 11 a.m. to 1 p.m.

Creole soup, cream of mushroom soup, meat loaf, cranberry-glazed chicken breasts, Italian broccoli pasta, parmesan baked fish, Italian beef and rice, rice pilaf, lyonnaised potatoes, cauliflower, smothered squash, collard greens

Dinner – 5 to 7 p.m.

Roast turkey, meatballs stroganoff, baked stuffed Pollock, vegetable lasagna, egg noodles, cornbread dressing, mashed potatoes, stewed tomatoes, green peas,

Tuesday – Dec. 13

Lunch – 11 a.m. to 1 p.m.

Old fashioned bean soup, cream of

potato soup, roast pork tenderloin, chili macaroni, shrimp jambalaya, cheese ravioli, Italian roasted potato wedges, wild rice, Mexican rice, California blend vegetables, pinto beans, yellow and zucchini squash

Dinner – 5 to 7 p.m.

Pepper steak, honey ginger chicken breasts, pork chops Mexicana, whole wheat cheese pizza, mashed potatoes, steamed rice, Brussels sprouts parmesan, corn O'Brien, carrots

Wednesday – Dec. 14

Lunch – 11 a.m. to 1 p.m.

Chicken noodle soup, cream of tomato soup, beef stir fry, oven fried chicken, lemon-baked fish, apple-glazed corned beef, pasta primavera, parsleyed red potatoes, steamed rice, fried cabbage, carrots, lima beans

Dinner – 5 to 7 p.m.

Cantonese spareribs, baked catfish

fillets, chicken tetrazzini, grilled chicken breasts with onions and peppers, Japanese vegetable stir fry, mashed sweet potatoes, fried rice, steamed rice, mixed vegetables, tangy spinach, green beans

Thursday- Dec. 15

Lunch – 11 a.m. to 1 p.m.

Asian stir fry soup, cream of chicken soup, baked turkey and noodles, Salisbury steaks, sweet and sour chicken, vegetable curry and rice, baked redskin potatoes, steamed rice, carrots, corn, vegetable stir fry

Dinner – 5 to 7 p.m.

Fish amandine, beef lasagna, baked rock cornish hens, vegetable lasagna, orzo with spinach, tomatoes and onions, mashed potatoes, green bean combo, Chinese fried cabbage

Menus are subject to change without notice

Did you know?



FY 10, there were 2,920 ICE submissions to Fort Sam Houston organizations and in FY 11, 4,356 ICE submissions. More importantly, the overall satisfaction rate increased from 85 percent in FY10 to 87 percent in FY 11.

One of the best things about ICE is that people can let service providers know when they do a great job, not just for poor service.

It takes 5 minutes or less to submit a comment at <http://ice.disa.mil>.