



## Briefs

### 228th Combat Support Hospital Change of Command, June 12

Col. Carol Gaddy will relinquish command of the 228th Combat Support Hospital to Col. Lester McGilvray at a ceremony on June 12, 9 a.m., at the Kelly Heliport located on W.W. White (Service Road 33) past the Salado Creek Park.

### 229th U.S. Army Birthday/227th Flag Day Ceremony, June 14

A ceremony celebrating the Army's 229th Birthday and 227th Flag Day Ceremony will be held June 14, 10 a.m. at the post flagpole on Stanley Road. Keynote speaker is Brig. Gen. Daniel F. Perugini, commander, Army Medical Department Center and School and Fort Sam Houston. The public is invited.

### 32nd Medical Brigade Change of Responsibility, June 16

Command Sgt. Maj. Sampson Rush will relinquish responsibility of 32nd Medical Brigade to Command Sgt. Maj. Michael Kelley at a ceremony on June 16, 8 a.m. at MacArthur Parade Field.

### D Company, Troop Command, BAMC Change of Command, June 17

Capt. Devin D. Hill will relinquish command of D Company, Troop Command, BAMC to Capt. Elba M. Villacorta at a ceremony on June 17, 8:30 a.m., Bldg. 3640 Troop Command bldg.



Photo by Phil Reidinger

Ed Miller, coordinator for the Memorial Day Ceremony, leads senior commanders representing their respective branch of service to the Fort Sam Houston National Cemetery Circle of Flags for the wreath presentation. Thousands from the San Antonio and military community attended the ceremony in honor of those who have served the nation.

## Thousands brave heat to remember veterans on Memorial Day

By Phil Reidinger  
Fort Sam Houston Public Affairs

On the morning of the day local weather forecasters called the hottest day ever recorded in San Antonio, thou-

sands of military, veterans, citizens and their families crowded into the Fort Sam Houston National Cemetery. Memorial Day in San Antonio is a day to remember those who served and lost their lives in the nation's wars at ceremonies held not only at the national cemetery but also throughout the city.

Federal Magistrate Court Judge John Primomo was the keynote speaker this year at the Fort Sam Houston ceremony. He recalled that President Abraham Lincoln dedicated the first national cemetery in Gettysburg November 1863 and Memorial Day was first observed on May 30, 1868 for the purpose of decorating the graves of the American Civil War dead.

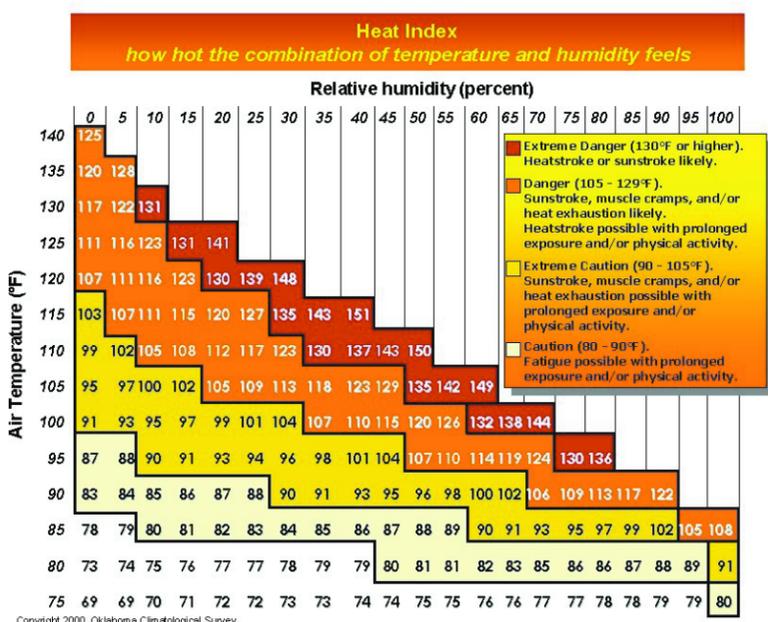
Primomo noted that Memorial Day is a day of remembrance for those who died in the service to our

county. He remarked that it is also a day to remember the sacrifices of the loved ones of those service men and women. "For me Memorial Day is not so much about death as it is about life. Life that Americans enjoy every day thanks to those who sacrificed their own lives and to all who placed themselves between us and the threats to our country and freedom," he said. The crowd applauded Primomo when he noted that no matter what Americans think about the war in Iraq we are united in our admiration and support of the American Soldiers who have fought there. He also recognized the Vietnam veterans. "We did not extend the same honor to our Soldiers who served in Vietnam. Soldiers no less worthy of our respect and admiration. To every Vietnam veteran we are beholden and I am grateful," he said.

He noted the freedoms we enjoy to say what we wish, go where we want, pray as we like, and associate with whomever we choose and the opportunities we are offered to become what we want and improve our lives and the futures of our families are important. They are the foundations on which the country is based. Primomo emphasized that what makes these rights valued so highly is the awareness of the sacrifice that others have made to establish and protect that freedom.

The national cemetery ceremony is the city's largest coordinated by the cemetery memorial committee volunteers from the area veterans organizations. The Army Medical Command Band provided a patriotic musical concert as veterans arrived at the

See **VETERANS** on Page 3



## Active Army Units Stop Loss/Stop movement program changes announced

Will now impact all Soldiers assigned to future OIF and OEF units

On June 1, Reginald Brown, the Assistant Secretary of the Army (Manpower and Reserve Affairs) approved an Army decision to implement the AA Unit Stop Loss/Stop Movement policy. This policy affects all units designated to deploy outside the continental United States to participate in future Operation Iraqi Freedom and Operation Enduring Freedom operational missions in Iraq and Afghanistan.

Continuing personnel losses caused by routine rotational policies have the potential to adversely impact training, cohesion, and stability in future OIF and OEF deploying units. To ensure our formations remain a cohesive element throughout their deployment it is necessary to stop personnel losses from the deploying units until after they return to their permanent duty stations.

Preliminary analysis of gains and losses indicates that without Stop Loss an Army division will require the reassignment of over 4,000 Soldiers from other units to achieve a complete reset of the division and ensure a deployable strength of 100 percent. Based on this information, the Army asked for and had approved the authority to change the AA and Reserve Component Unit Stop Loss programs for OIF and OEF units.

Prior to Operation Noble Eagle, OIF, and OEF, the Army last used Stop Loss during Operation Desert Shield/Desert Storm in 1990 when President George H. Bush delegated stop loss authority to the Secretary of Defense. By executive order, the Secretary of Defense can delegate Stop Loss authority to the Services. Source: Department of the Army news release.

# Fort Sam Houston MP recognized

By Ray Acuna  
Special to the News Leader

To help honor law enforcement, the American Society for Industrial Security (ASIS) International, a professional security management organization, hosts an annual appreciation luncheon. The

ASIS International pays tribute to law enforcement officers from different agencies throughout the area. Each police agency nominates a mem-



ber of the organization it feels has gone above and beyond his/her duty in service. A total of seventeen police officers were honored and

received awards at the luncheon held May 20 at the Sonterra Country Club.

Sgt. Timothy Hoss was nominated to represent the Fort Sam Houston Provost Marshal's Office for his selfless service, hard work and dedication to his organization as a military police member.



Courtesy photo

Sgt. Timothy Hoss poses with Ray Acuna, Deputy Provost Marshal, at the American Society for Industrial Security International annual luncheon held at the Sonterra Country Club May 20.

## Fort Sam Houston News Leader

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**Army Medical Department  
Center and School and  
Fort Sam Houston  
Commander**

Brig. Gen. Daniel F. Perugini

**Garrison Commander**

Col. Garry Aktins

**Public Affairs Officer**

Phillip Reidinger

**Editor**

Yolanda Hagberg

**Layout Artist**

Lori Newman

## Fair and Tovar proved to be the SWR IMA 'Best of the Best'



Courtesy photo

Hugh Exton, director of Southwest Region Office Installation Management Agency, congratulates the NCO of the Year Sgt. Matthew Robert Tovar from Fort Huachuca, Ariz. and Soldier of the Year Spc. Dennis Fair, Jr. from Fort Sam Houston, Texas during the awards presentation luncheon held May 27.

The 14 best U.S. Army Garrison Soldiers from installations within the Southwest Region Installation Management Agency came to Fort Sam Houston, Texas, May 23 to 27, but only two could go home with the title of the SWR IMA 2004 Soldier and Non-Commissioned Officer of the Year.

This year, the titles of Soldier of the Year went to Spc. Dennis Fair, Jr. from Fort Sam Houston, Texas, and the NCO of the Year went to Sgt. Matthew Robert Tovar from Fort Huachuca, Ariz. Fair is married and has one child and Tovar is also married and has three children.

In the first competition of this type to be held in SWR IMA, the Soldiers came to compete with one thought in mind....to win! Before arriving at this level of competition, each competitor had to prove they were the best Soldier or NCO at each Army garrison within the region.

The Soldiers arrived at Fort Sam Houston on May 23 and immediately began preparing for a week of events. All events were designed to test the limits of endurance – physically, scholastically and emotionally.

After a 4:30 a.m. wake-up call on Monday morning, the candidates headed straight to

McArthur Field for height and weight checks and then the Army Physical Fitness Test.

After some personal hygiene time, the Soldiers were transported to Camp Bullis, where they had a full schedule of day and night events.

During the afternoon, the Soldiers were briefed on safety issues relating to daytime Land Navigation at a new Camp Bullis course. These Soldiers were the first to use the course, which is filled with loose rocks, extremely thick tall and short brush, hills, valleys and many types of creatures such as snakes and all kinds of insects.

Not allowing for too much relaxation time, at 6 p.m., the Soldiers faced a mystery event, which turned out to be a three-mile forced march to be completed in a limited amount of time. After the forced march, the Soldiers got a chance to repeat the Land Navigation course - this time at night. The Soldiers didn't make it back to their quarters until the early hours of Tuesday morning feeling dirty and very, very tired.

At 7 a.m. Tuesday morning, the Soldiers reported for breakfast followed by a written test and an essay. In the afternoon, the Soldiers met once again for a uniform inspection and a safety briefing on Common Tasks. The Soldiers completed all the

Common Tasks (such as the assembly and disassembly of an M-16) not once but twice. The second Common Task Testing event did not end until approximately 8 p.m. that night.

On Wednesday morning, looking sharp with pressed Class A uniforms, military hair cuts fitting of top Soldiers, shined shoes, polished brass and ribbons properly aligned, the Soldiers met their perspective Formal Military Boards. This was their final chance to prove their knowledge of the Army and show why they should be selected as the "Best of the Best."

During the awards luncheon on May 27, Hugh Exton, Region Director of Southwest Region Office Installation Management Agency, congratulated all the Soldiers who competed and said, "When each of you return to your garrison, do so with pride that you did the very best you could, holding your head high, for you are the very best of what an American Soldier represents."

In addition to Fair and Tovar, competing for the 2004 Soldier of the Year were: Spc. James Robert Grubb representing Fort Bliss, Texas; Spc. Michael W. Waleke representing Fort Hood, Texas; Spc. Gilberto Ortiz, IV representing Fort Huachuca, Ariz.; Spc. David J. Tucker rep-

resenting Fort Irwin, Calif.; Pfc. Justin Moon representing Fort Polk, La.; Spc. Marcus O. Griffin representing Fort Sill, Okla.; and Pfc. Gene Washo representing White Sands Missile Range, N.M. The top NCOs included Sgt. Mattie Tameka Noel representing Fort Bliss, Texas; Staff Sgt. Erik M. Noonan representing Fort Irwin, Calif.; Sgt. Gwendolyn D. Ford representing Fort Sill, Okla. and Staff Sgt. Jeremy Hopfe representing White Sands Missile Range, N.M.; Sgt. Jose Rocha representing Fort Sam Houston.

SWRO IMA Command Sgt. Maj. Kenneth C. Fyffe said, "These Soldiers represent the best of an outstanding group of Army professionals and to me they are all winners."

From this competition, the winners will compete at the next level against their peers from other IMA regions. Winners of the Headquarters IMA challenge will then compete at the National Capitol Region and then possibly at the Department of the Army level.

Fair and Tovar returned home with prizes, trophies and plaques. Sponsors supporting the award ceremony include: American Eagle; Army Air Force Exchange Services; Association of the United States Army; Bank of America; Eisenhower National Bank;

First Command Financial Planning; Government Employees Insurance Co.; Miles Program, Dealer's Financial Services; Morale Welfare and Recreation; San Antonio Federal Credit Union; and USAA.

Fyffe noted that Fort Sam Houston Garrison Command Sgt. Maj. Johnny Gray and his staff were the real hosts of the competition. Soldiers from Fort Sam Houston working closely with SWRO IMA include: Sgt. 1st Class Thomas Albasini, NCOIC for APFT and Day/Night Land Navigation; Sgt. 1st Class Larry Ramos, NCOIC for all events, coordination, planning and logistics support; Sgt. 1st Class Martha Vela, NCOIC for Hands-On Common Task Testing; Staff Sgt. Richard Anderson, NCOIC for Hands-On Common Task Testing; Staff Sgt. Jesus Chavez, NCOIC for Mystery Event; Staff Sgt. Stephanie Cole, NCOIC for Written Examination and Essay/Oral Board Recorder; and Spc. William Massey, who helped with much of the technical and tasking support. SWRO IMA Sgt. 1st Class Ruben Garcia was the NCOIC for the Awards Luncheon and Ceremony.

Source: Southwest Region Office Installation Management Agency news release.

## Veterans

Continued from Page 1

cemetery. Father Len Stegman, a veteran of the Korean and Vietnam wars who wears the Purple Heart and two Silver Star medals, delivered the invocation. Brig. Gen. John Gardner U.S. Army South commander directed the presentation and post-

ing of the colors by the Fort Sam Houston Honors Platoon. Brig. Gen. Daniel Perugini, Army Medical Department Center and School and Fort Sam Houston commander, presented a memorial wreath with senior officers of San Antonio's mili-

tary services. Members of veterans groups placed wreaths in the Circle of Flags honoring those from their organizations. The U.S. Postal Service unveiled the new World War II Memorial stamp during the ceremony. The sounds of Taps and the

cannon salute echoed across the cemetery, as the national flag was raised to full staff. The ceremony concluded as the Army Medical Command Band played "This is My Country".

# Reduction of accidents among Soldiers



**Daniel F. Perugini**  
Brig. Gen., U.S. Army

**By Brig. Gen. Daniel F. Perugini**  
AMEDDC&S and FSH Commander

As commander, AMEDDC&S and Fort Sam Houston, I urge you to continue your focus on risk assessment and maintaining and implementing safety measures. Give safety the same priority and level of importance as that of any product or service we provide. As leaders, we must set the example on and off duty. Require your personnel to do the right

thing all the time and strive to continually improve our own safety processes.

As the summer months approach, the threat of summer recreation accidents becomes more realistic. I encourage you to become familiar with the various training tools available to you, such as the power point presentation entitled, 101 Days of Summer, which is located at the Army Safety Center Web site, <https://safety.army.mil/home.html>

under the Tools menu (Heat Injury Prevention). Integrate these valuable lessons into your unit training sessions.

Privately owned vehicle and motorcycle safety programs must also continue to be emphasized and implemented. Since the beginning of FY 04 and through April 2004, ten Soldiers at Fort Sam Houston have lost time due to injuries resulting from POV and motorcycle accidents. Commanders and noncommis-

sioned officers must utilize the Army Safety Center POV Risk Assessment tool located at <https://safety.army.mil/asms1/Default.aspx>. This tool provides hands-on risk assessment for those Soldiers planning to travel during the summer months.

We are an Army at war and cannot afford to lose any of our Soldiers to preventable accidents.

The point of contact for Safety programs is Lupe Gomez, Safety Manager, at (210) 221-3866.

## Army teams with singer to launch safety campaign

With the assistance of recording artist Mark Schultz, the Army is launching its campaign June 7 dubbed "Be Safe - Make It Home."

Schultz's song "Letters From War" is the centerpiece of the awareness campaign, Army safety officials said. Schultz and the Army are producing a music video, training video and public service announcements, all featuring the song, that will be used to educate Soldiers and the general public of the Army's high rate of accidental fatalities.

"Letters From War," from Schultz's current album "Stories & Songs," deals with a Soldier returning home safely from war. While the diaries his great-grandmother kept when three of her sons fought in

World War II inspired the song, the message is as relevant today as it would have been 60 years ago. "Letters From War" has touched the heartstrings of the country, officials said, and is currently No. 6 on the Christian Adult Contemporary chart.

"Statistically, this has been a rough year for Army accident casualties," said Brig. Gen. Joseph Smith, director of Army Safety. "In an attempt to reverse this trend, the Secretary of the Army initiated the "Be Safe" campaign to educate Soldiers, with the end result of keeping them alive and well. We want our troops to be safe and make it home when participating in everyday activities that can lead to accidents such as driving, swimming and biking."

Since the beginning of the year, the Army has experienced 168 accident-related fatalities, 39 percent of which occurred in privately owned vehicles. Combine that figure with the almost 26 percent who are killed in Army motor vehicles and Army combat vehicles, and vehicular accidents account for 65 percent of accident-related fatalities. The remaining 35 percent of fatalities consist of fire, personal injury and aviation accidents.

A key element in the campaign is a newly created safety video that will be shown to all troops. The video and other materials will also be available to Department of the Army civilians, defense contractors and family members.

"Letters From War" is featured in the

training video. Schultz recast the final lines of the song to fit the Army's safety campaign, and will be making public and media appearances, along with Army officials, in support of the campaign. A June 7 kickoff event is currently being planned.

"I am very much honored to team with the U.S. Army in this campaign to save Soldiers' lives," said Schultz. "I am thrilled to do anything I can to show my total support for our troops and to help keep them safe both abroad and at home."

For more information, visit the Army's Safety Center Web site at <https://safety.army.mil/home.html>. For more information on Mark Schultz, visit [www.markschultzmusic.com](http://www.markschultzmusic.com).

Source: Army News Service.

## Safety Day educates community, celebrates success



Photo by Wayne Blanco-Cerda

It's summertime and the emphasis is on safe summer activities and prevention of heat injuries at the post Safety Day.



Photo by Ester Garcia

**"Fore Safety"** The 470th Military Intelligence Brigade held their First Annual "Fore" Safety Golf Scramble to launch their Summer Safety Awareness Program. Col. Rey Velez, Commander, 470th MI Bde, is shown talking to the members of the 470th prior to the start of the Golf Scramble reminding everyone to have a fun filled and safe summer. The scramble attracted over 120 golfers

**By Guadalupe Gomez**  
Special to the News Leader

Brig. Gen. Joseph A. Smith, director of Army Safety and commanding general, U.S. Army Safety Center, Fort Rucker, Ala. was guest speaker during the annual Safety Day event held May 26 at the Roadrunner

Community Center. His presentation focused on new tools available from the Army Safety Center Web site.

More than 300 military and civilian members of the post community attended the opening sponsored by the installation, Fifth Army, Army South, Medical Command, and Brooke Army Medical Center safety

offices. Participants who displayed information included the fire department, Occupational Health Clinic, City Public Service, Texas Dept. of Transportation, Law Enforcement Command, the Post Exchange, and Grainger Safety Products. A favorite display every year as residents begin outdoor vacations and spend more time outdoors during the summer months is the snakes and bugs exhibit.

The 591st Medical Logistics Company was awarded the Certificate of Merit for Safety by Col. Garry Atkins, U.S. Army Garrison commander, for an accident free FY 03 and no driving accidents for more than 30 months.



Photo by Wayne Blanco-Cerda

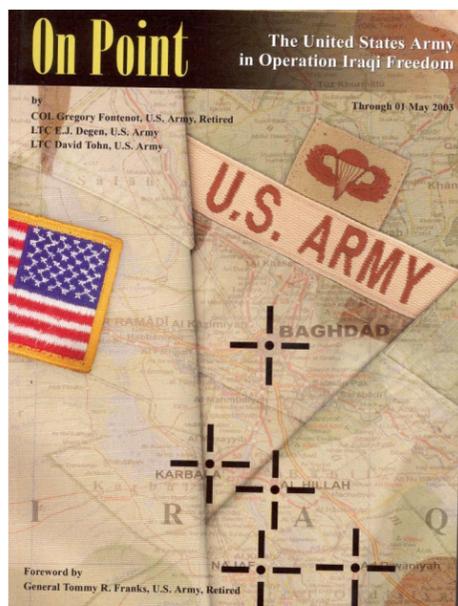
(Above) Recreational boating can be dangerous if boaters do not understand or follow safe boating rules. Life jackets are a must for occupants of any type of boat whether fishing, skiing, or just enjoying a cruise of area lakes and waterways.



Photo by Wayne Blanco-Cerda

The post Safety Day featured exhibits in the Roadrunner parking lot emphasizing safety at work, in the home and while participating in recreational activities.

# 'On Point' shares OIF lessons learned



The Army has released its first comprehensive unclassified study on the Army actions during the major hostilities phase of Operation Iraqi Freedom. The online version is available at <http://onpoint.leavenworth.army.mil>.

By Joe Burlas  
Army News Service

A little more than a year after the end of major hostilities, the Army released May 25 its first major study on operations that liberated the Iraqi people.

Hard copies of "On Point: The United States Army in Iraq Freedom" are available through regular Army publication channels, and an online version can be view at <http://onpoint.leavenworth.army.mil>.

The book is not intended to be a definitive history of what exactly occurred during Operation Iraqi Freedom, but an overview, according to its three coauthors.

"Soldiers see what is in front of them, not the big picture (in battle)," said retired Col. Gregory Fontenot, "On Point" coauthor. "We wanted to communicate clearly and effectively what happened. This is the story of America's Army."

And it is a story primarily intended for Soldiers and defense officials, with a secondary audience of family members, Fontenot said.

Borrowing on Saddam's threat of the "mother of all battles," Fontenot said they could have used one command's 650-slide "mother of all briefings" after-action report as the basis for their study, but most Soldiers would not endure reading nothing but dry facts.

The authors — Fontenot, Lt. Col. E.J. Degen and Lt. Col. David Tohn — said they purposely wrote the study as a story, not just dry history. They avoided heavy use of military jargon, he said. And they used vignettes and quotes from Soldiers throughout the Central Command area of operations to highlight the study's discussion of what occurred.

In reviewing the deployment phase of the operations, the book describes plane loads of Soldiers arriving in theater, often with nobody in charge to meet them and the ensuing search in the dark as 300 Soldiers try to sort out which duffle bag belongs to who.

In the early hours of active combat, they used a story from a psychological operations officer who described what may have been the first Iraqi combat death.

"The cause of death was a box of leaflets that fell out of a Combat Talon aircraft when a static line broke. The box impacted on the Iraqi guard's head, and 9th PSYOP Battalion may have achieved the first enemy KIA of Operation Iraqi freedom."

The study acknowledged that psychological operations did not lead to the mass surrender of Iraqi forces as many Army leaders expected. Rather, most regular Iraqi military forces did not stand and fight, but melted away before coalition attack.

"On Point" discusses the good and the bad — including the ambush of the 507th Maintenance Company and the deep Apache air attack that went wrong.

"The Army does a good job of looking at and learning from its failures so that the same mistakes will not be made in the future, Degen said."

Fontenot said the authors realize that the study is one-sided as there is no balance of perspective by including enemy sources.

"We know this is not the perfect book, but it allows us to use it as a starting point on discussions of what occurred," Fontenot said.

And some of the study's insights have already impacted the way the Army currently trains. Tohn credited the study for the creation of an Iraqi village at the Joint Readiness Training Center, Fort Polk, La., and a cluster of similar villages at the National Training Center, Fort Irwin, Calif.

"The Army is a learning organization," Tohn said. "The Army is not waiting for a final study to make changes."

Chartered in April 2003 by Gen. Eric K. Shinseki, Army chief of staff at the time, the 30-member study group was directed to conduct "a quick, thorough review that looks at the U.S. Army's performance, assesses the role it played in the joint and coalition team, captures the strategic, operational and tactical lessons that should be disseminated and applied to future fights."

The team collected more than 2,220 audio interviews, 1,500 video interviews, 236,000 documents and 79,000 photos for the study in May and June 2003. That research material is archived at the Center of Army Lessons Learned, Fort Leavenworth, Kan., for future studies.

The first draft of the book went to Army senior leaders in August. Two drafts later, the book was approved for publication in December.

# New procedures to speed overseas absentee balloting

By Jim Garamone  
American Forces Press Service

Absentee ballots from service members overseas will move faster and with greater control for the 2004 elections, DoD and U.S. Postal Service officials said today.

Charles S. Abell, principal deputy undersecretary of defense for personnel and readiness, and Paul Vogel, the Postal Service's vice president for network operations management, discussed the changes made in the absentee balloting process for 2004.

"We've had a year of getting ready for the upcoming federal election, focusing on how we can help military personnel, their families and civilians overseas to exercise their right to vote," Abell said during a Pentagon interview. "As we have looked at every sort of situation, problem and impediment and tried to resolve them, we have come to another resolution to help us move ballots and ballot request materials from the hand of the overseas soldier, sailor, airman, Marine or family member to their county boards of elections."

Vogel said USPS has been working with the Military Postal Service Agency to improve the process, "because it is that important — especially with a presidential election year coming up. If it's even as remotely close as the last election was, every ballot really counts."

Vogel said the DoD/USPS team has put together a process that will expedite the overseas absentee balloting mail flow and give greater accountability.

The Postal Service has no special pro-

gram in place for service members voting absentee in the United States. "The Postal Service does a great job within the United States," Abell said. "Our problem has always been more with the overseas voters."

Essentially, the Postal Service will ask local postmasters to contact the officials in counties that are responsible for mailing ballots and to whom completed ballots are returned. "Traditionally, 30 to 45 days in advance of the elections, the blank ballots will be mailed out from those counties," Vogel said.

The Postal Service is asking the county officials to hold out the military ballots. Local postmasters will take those ballots and sort them for three different destinations: San Francisco for service members based around the Pacific Rim, New York for Europe, and the Middle East and Miami for Central and South America. The balloting materials will go to those destinations via the Postal Service's Express Mail service, Vogel said.

Once at these military mail "gateways," Postal Service managers will log in the Express Mail pieces and sort them to the different military ZIP codes. "All the balloting materiel will be sorted first," Vogel said. They will go into specially marked mail trays and handed over to the airlines.

Airline personnel will recognize the trays have voting materials and those trays will again receive priority.

In theater, military postal

officials will ensure balloting materials are again given priority as it travels to the service member.

Once service members vote, the reverse process is the same — balloting materials receive priority and ballots are placed in specially marked trays. One change, however, is that when ballots are received at the APO or FPO, mail clerks will put postal cancellation marks on the envelopes. This gives an accurate measure of the date and time a ballot is received.

At the postal gateways, ballots will go back into the normal mail flow in the United States that allows for a three-day delivery, Vogel said.

But on October 30, Postal officials will again segregate balloting materials and use express mail to send ballots back to county officials. Election Day is Nov. 2, but these special-handling procedures will continue through Nov. 8, Vogel said. However, he pointed out, some ballots received after Election Day may not be

counted, because different jurisdictions have different voting requirements.

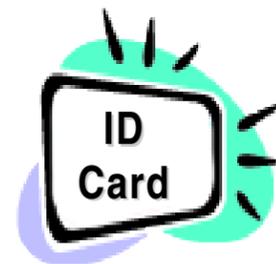
To be on the safe side, DoD and the Postal Service recommend service members and their families follow Federal Voting Assistance Program guidelines. FVAP is designating the week of Sept. 6 as Get Out the Vote Week. By then, "if service members haven't already requested their ballots, that's the week to do it," Abell said.

They are also designating the week beginning Oct. 11 as Overseas Voting Week. "If you vote that week, your ballot should arrive back at your home ... before Election Day, which will qualify your ballot to be counted in every state, county and precinct," Abell said.

Traditionally, military members and their families vote at a higher percentage than the general population. All administrations have encouraged military members to exercise their rights to vote. "We don't care how they vote, just so long as they do," Abell said.

## Need an ID Card?

The ID Card Office located in Bldg. 367, has resumed accepting appointments in the afternoon from 1-3:30 p.m., Monday-Friday. Normal walk-ins are still between the hours of 7:30-11 a.m., daily. To schedule an appointment, call 221-2278 or 221-0415. You can also obtain an ID Card at the Brooke Army Medical Center ID Card Office, located in the lower floor within the TRICARE Office. To schedule an appointment, call 916-0838.



# Rotary honors Clark; injured soldiers



Sp. Jose Martinez and Sp. Mary Herrera, who are recovering from injuries at Brooke Army Medical Center, visit with retired Air Force Brig. Gen. Robbie Risner during the Rotary luncheon on May 26.

**Story and photos by Maj. Gregg Tooley  
Brooke Army Medical Center Public Affairs**

The Rotary of San Antonio honored Operation Iraqi Freedom and Operation Enduring Freedom Soldiers recovering at Brooke Army Medical Center at a luncheon May 26 at the Bright Shawl.

Twenty-two Soldiers joined Lt. Gen. Robert T. Clark, commander of Fifth U.S. Army, at the Rotary meeting. Clark recognized each of the Soldiers, citing their accomplishments and valiant service in the Global War on Terrorism.

Clark, a native son of San Antonio and a graduate of the city's MacArthur High School, was initiated as an honorary Rotarian at the event. Clark, who previously commanded the 101st

Airborne Division, regularly visits the injured Soldiers at BAMC to encourage the injured and thank them for their sacrifices.

Retired Air Force Brig. Gen. Robbie Risner was the keynote speaker for the luncheon. He is a 33-year veteran who served in the Korean War and Vietnam. Risner, who had a distinguished career as an Air Force pilot, spent more than seven years as a prisoner of war after his aircraft was shot down. The bulk of his imprisonment was spent in North Vietnam's Hanoi Hilton, officially known as the Hoa Lo Prison.

Risner described the

agonizing brutality of his captures and the years of solitary confinement. He said the experience served to reaffirm his commitment to God and country. To honor Risner and exemplify his courage and spirit, the Air Force pilot of the year is awarded the Risner Trophy in his honor.

Risner's plight in captivity is described in his book, "The Passing of the Night." Although widely recognized as a prisoner of war, the general's career was distinguished by multiple accomplishments. These include flying more than 100 combat missions during the Korean War, becoming a jet ace by shooting down eight Soviet-

made MIG fighters and setting a trans-Atlantic speed record.

He was twice awarded the Air Force Cross. In addition, he holds the Distinguished Service Medal, two Silver Stars, three Distinguished Flying Crosses, three Purple Hearts and three Bronze Stars with V for valor devices.



.Lt. Gen. Robert Clark, commander of Fifth U.S. Army joins Chief Warrant Officer Roger Borecky, 1st Sgt. Daryl Eddings, Maj. John Ward and Sgt. Joshua Forbess at the May 26 Rotary luncheon honoring injured Soldiers.

# CPS begins tree trimming on post, June 7

Fort Sam Houston residents will soon receive door signs from City Public Service explaining that electricity and trees don't mix. Since the post transferred utilities management to the city utility, they are responsible for safety of the electrical transmission lines.

A CPS contractor will inspect and prune trees that could cause interruptions in the electrical service. CPS uses only trained and qualified contractors to perform the work since accidental

contact with electrical lines can be dangerous. Trees will be pruned to accepted arboricultural standards to provide eight feet of clearance to all sides of high voltage lines and three feet around the service line to homes and buildings. On occasion trees growing close to high voltage lines are removed at ground level.

The CPS contractor is working with the post environmental and natural resources staff to avoid damage to trees.

## NOTICE!!

### A Message From City Public Service



**Electricity and Trees Don't Mix**  
CPS contract tree crews will be  
in your area soon!

## 232nd teams with 149th Medivac Company for realistic training

**Story and photo by Spc. Roman Kubyskovskyyr**  
**Special to the News Leader**

Tough, realistic, and challenging training is what the Soldier's of today expect. The 232nd Medical Battalion along with the 149th Medical Evacuation Company, of the Texas National Guard has built a training exercise to achieve that goal.

On May 25, the 149th provided a UH60 Blackhawk aircraft to support the training goals of Specialty Team 5 Combat Trauma, Department of Combat Medic Training. During an 11-day training period students assigned to F Company 232nd Medical Battalion were trained on the skills required to treat and evacuate casualties in a battle field environment.

The training began with four days of classroom instruction provided by the NCOs and civilian instructors of ST5. Topics covered include Tactical Combat Casualty Care, Evacuation Platforms, and various other topics.

Following the initial four days of training, the Soldiers rotate through eight hands-on stations where they are required to demonstrate the knowledge and skills required to participate in a two day Combat Trauma simulation lane. During these trauma lanes the students are provided the opportunity to evaluate and treat various casualties, evacuate those casualties using various evacuation platforms, to include the UH60, and treat them at echelon one Battalion Aid Stations.

The training conducted throughout the day gave all the Soldiers of F Company a first hand look at the challenges of casualty evacuation while battling the extreme heat of South Texas. All of the Soldiers have been extremely motivated by the rigorous training and have gained an appreciation for the use of aircraft on the battlefield.

Following the training in Trauma Lane 1, the Soldiers rotate through two other trauma lanes where they will be placed in patrol teams or serve as combat medics in a Battalion Aid Station.

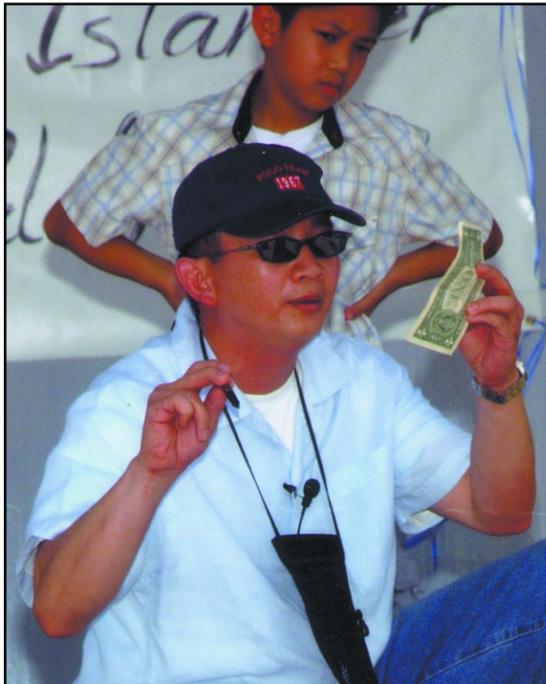


Soldiers from F Company unload patients from a UH60 Blackhawk helicopter as part of 91W Combat Trauma training conducted by the NCOs of Specialty Team 5, 232d Medical Battalion. The UH60 Blackhawk is part of the 149th Medical Evacuation Company, Texas Army National Guard.



Photos by Ed Dixon

Children of members of the Asian Pacific Islander Heritage Committee celebrate their heritage dressed in traditional Tahitian attire with Baltimore Ravens player Edwin Mulitalo.



Sgt. Maj. Julius Chan and son Jed entertain the crowd with their magic tricks.



Baltimore Ravens (64) Edwin Mulitalo joins the Fort Hood Samoan Youth group during one of their dance routines.



Dancer from the Natyanjali School of Indian Dance shows perfect form.

# Area pastors recognized for ministry to military families



(Left) Installation commander Brig. Gen. Daniel Perugini recognizes the support of military families who live in the San Antonio community by area ministers during the appreciation luncheon for them sponsored by the installation chaplains office.

(Below) Pastors of area churches joined military chaplains during a luncheon held at the post Officers Club to recognize their ministry to San Antonio area military families.

**Story and photos by Phil Reidinger**  
Fort Sam Houston Public Affairs

Local community church pastors met with area military chaplains at Fort Sam Houston to celebrate their partnership ministering to military families.

The community clergy appreciation luncheon, organized by Chaplain (Col.) Edward Maney and the installation chaplains office, provided an opportunity to update San Antonio area pastors about Fort Sam Houston missions and operations. The chaplains also discussed cooperative community ministry programs to support military families, including special programs for families of deployed active and reserve component Soldiers.

Maney asked the area pastors to pray for members of the Armed Forces and their families. "Pray for those families in your congregation who have had, or cur-

rently have, family members serving this nation. Remember those in your congregations who served their country and are joined in eternity with almighty God," he said.

Col. Garry Atkins, U.S. Army Garrison commander, thanked the pastors for their support of post Soldiers and families prior to presenting an overview of post operations.

Installation commander, Brig. Gen. Daniel Perugini noted the importance of religious freedom and spiritual well being of Soldiers and their families. "Our military chaplains remind us of our constitutional foundations of religious freedom and tolerance. This fellowship recognizes all you do, all the time, as pastors of San Antonio community churches and the quiet ways you support military families in your parishes," he said.



# Fort Sam Houston joins National Night Out, Aug. 3

The Fort Sam Houston Military Police will host the annual crime prevention National Night Out, Tuesday, Aug. 3. National Night Out is a nationwide crime prevention activity designed to heighten crime prevention awareness; generate sup-

port for, and participation in, local anti-crime prevention programs; strengthen neighborhood spirit and police community relations; and send a message to criminals letting them know that our neighborhoods are organized and are fighting back against

crime. Thanks to the community support last year, Fort Sam Houston placed in the top three in the military category.

Fort Sam Houston residents interested in participating in this event are encouraged to call the Crime Prevention Section at 221-

9686 for more information.

Registration forms are available at the Provost Marshal's Office, Bldg. 2250 and in the Fort Sam Houston News Leader. The registration form can be faxed to the military police at 221-9173 (Attention Linda

Furlow). Once you are registered for a party, we will arrange for officers and other community leaders to visit your party to meet you and your neighbors on Aug. 3 at your block party.

Source: Law Enforcement Command new release.

## C Co., 232nd Med. Bn. Soldiers support police memorial run



Photo by Spc. Roman Kubyskovskyyr

C Company, 232nd Medical Battalion Soldiers supported the annual Police Memorial 5K Run last weekend. Nine unit Soldiers assisted with the set up and execution of the event to show their support and appreciation of the police officers. The soldiers also participated in the run, and two Soldiers placed in their respective age groups. Pvt. Timothy Onserio took second place in the 26-30 year bracket with a time of 17:20 for the 5K run. Pvt. Vincent Ayiera took first place in the 21-25 year age group with a winning time of 18:21. These outstanding Soldiers are a credit to the Army as they strive to give to others and adopt the "Warrior Ethos" and Army values during training.

NATIONAL  
**NIGHT**  
**OUT**

*America's Night Out Against Crime*

Yes, I want to be involved in National Night Out on Tuesday, August 3, 2004. Please register me for the following:

I will host a block party.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Location of Party: \_\_\_\_\_

Time: \_\_\_\_\_ Begin \_\_\_\_\_ End \_\_\_\_\_

Please complete and return by July 1st to the Fort Sam Houston Military Police, ATTN: Crime Prevention, 2404 New Braunfels Avenue, Bldg. 2250, Fort Sam Houston, Texas 78234 or Fax 221-9173. For more information call Linda Furlow, 221-9686 or email at [linda.furlow@samhouston.army.mil](mailto:linda.furlow@samhouston.army.mil).

Please contact the Crime Prevention Section at 221-9686 if you must withdraw from any of the activities.

**Army Community Service Family Advocacy Program**

*presents*

**Parenting With Love and Logic**

(six-part series)

**Starting June 8 - 6-7:30 p.m.**

Finally, nighttime classes for busy parents.  
Children don't come with instructions.  
Would you like to raise children who are confident,  
loving, and ready for the world?



- Attend this six-session class that offers a win-win approach to parenting with love and logic.

- You will learn how to establish healthy control without resorting to anger, threats, nagging, or exhausting power struggles.

To register, call ACS Family Advocacy Program at 221-0349/2418.  
Classes are open to all I.D. cardholders and DoD civilians.

**Fort Sam Houston Army Community Service Family Advocacy Program**

*Presents*

**B.E.A.M.S.**

**Building Effective Anger Management Skills**  
(6 Part Series)

This six part series identifies strategies to more effectively handle anger, resentment and frustration in your personal and professional life.

**Special Evening Class!**

**Starting June 8, 6-7:30 p.m.**

*Fort Sam Houston, Roadrunner Community Center, Bldg. 2797, Stanley Rd.*



- Anger Styles
- Learn to pick your battles!
- Fight Fairly
- Communicate effectively
- Assertiveness Training
- Steps Towards Anger Management

**Army Community Service Family Advocacy Program Class Schedule June 2004**

<b>Class Title</b>	<b>Date</b>	<b>Time</b>
And..Away We Grow	7	1 – 2:30 p.m.
Anger Management Awareness	16	11 a.m. – 12:30 p.m.
Basics of Breastfeeding	16	10:30 a.m. – Noon
Beyond Your First Baby	24	8 a.m. – Noon
Boys Only!		
Ages 6-8	9 & 23	10 – 10:30 a.m.
Ages 9-10	9 & 23	10:30 – 11 a.m.
Building Effective		
Anger Management Skills (5-6)	3 & 10	11 a.m. – 12:30 p.m.
New Series 1-2	17 & 24	11 a.m. – 12:30 p.m.
(B.E.A.M.S.) Evening Classes (Series 1-4)	8, 15, 22 & 29	6 – 7:30 p.m.
Commanders Training	24	8 – 9:30 a.m.
Conflict Management	14	11 a.m. – 12:30 p.m.
Getting Ready for Childbirth (Series 1-3)	3, 10 & 17	9 a.m. – Noon
Saturday Marathon	26	9 a.m. – 5 p.m.
Girl Talk!		
Ages 6-8	5	9 – 9:30 a.m.
Ages 9-10	19	9:30 – 10 a.m.
Healthy Pregnancy	21	1 – 4 p.m.
Helping Us Grow Securely (H.U.G.S.) Playgroup	8, 15, 22 & 29	9 – 11 a.m.
Parenting with Love & Logic (ages 0-12)	10, 17 & 24	9 – 11:30 a.m.
Evening Class (Series 1-4)	8, 15, 22 & 29	6 – 7:30 p.m.
Stress Management I & II	15 & 22	1 – 2 p.m.
You & Your Baby	9 & 23	8 a.m. – Noon
Your Teen & Anger	26	10 a.m. – Noon

To register or for information, call ACS Family Advocacy Program at 221-0349/2418.

**Smoke-free and courageous forever**

Attend smoking cessation classes in the Health Promotion Center and learn how to find the courage to give up the nicotine habit forever, whether you smoke, dip, or chew. Become one of our graduates and earn your "wings".

**Health Promotion Center • Ward 3 West, BAMC**  
**916-3352 or 916-5538**



# Army develops policy to address acts of sexual assault

By Sgt. 1st Class Marcia Triggs  
Army News Service

The Army is devising a policy that will re-emphasize that all offenses of sexual assault must be reported to the Criminal Investigation Command, officials have announced.

A task force spent 90 days conducting a detailed review of the Army's current policies and programs on sexual assault. One of the findings was that while all commanders had taken action against assailants accused of sexual assault, not all were going through the proper investigation channels, said Darlene Sullivan, a task force member.

The task force was assembled from various Army organizations and began looking into how the Army addresses matters of sexual assault in February. Acting Secretary of the Army Les Brownlee authorized the task force.

The task force recommendations were approved by Brownlee, and were briefed to the House Armed Services Committee June 3 by Reginald J. Brown, the assistant secretary of the Army for Manpower and Reserve Affairs.

There were nine shortfalls the task force noted in its 80-page report. One major finding pointed out there was no standard way of handling sexual assault cases, making it hard to collect data and keep track of what services had been rendered to victims.

There were 24 recommendations made to improve the system. One was to develop a sexual assault policy for inclusion in

Army Regulation 600-20, Army Command Policy. The chief of personnel, Army G-1 is responsible for the overall sexual assault policy.

The policy will define sexual assault as alleged offenses of rape, forcible sodomy, assault with intent to commit rape or sodomy, indecent assault or an attempt to commit any of these offenses, Sullivan said. The definition is the same one used by the Department of Defense in its recent report "Care for Victims of Sexual Assault."

The roles and responsibilities of commanders from major command to the unit level will be addressed in the new policy and become a part of AR 600-20, said Lt. Col. John McPhaul of Army G-1.

"Commanders must create a command climate where victims feel comfortable reporting acts of sexual assault," said Sullivan. "Rape is one of the most unreported crimes nationwide.

"As a first sergeant, if you don't know your Soldier was attacked or raped, how can you protect that Soldier? What if you put that Soldier on guard duty with his or her attacker?"

It's imperative that leaders know that prevention, training and assistance are a commander's responsibility."

Company commanders will no longer have the authority to sign the disciplinary paperwork for Soldiers who are accused of a sexual offense, when the cases don't go to court. The battalion commander's signature will be required, Sullivan said.

Department of the Army form 4833, Commander's Report of Disciplinary or Administrative Action, is a permanent

record that states what a Soldier was accused of, and what action was taken against him.

Sullivan said the task force found that about 20 percent of the commanders had not filled out the form because of operational tempo. Another recommendation of the task force is to alter the form, so that instead of stating that administrative action was taken against a Soldier, his or her specific punishments will be listed on the form.

Commanders alone cannot round out a successful program to prevent sexual assault, according to the task force. Commanders alone cannot be the judge, juror and prosecutor.

In AR 600-20 one of the responsibilities commanders will have is to assign a unit victim advocate to support victims of sexual assault. It is important to keep the victim and the chain of command informed of all case actions as they occur with the case.

"The unit victim advocate will work to provide emotional support to victims while assisting them in the step-by-step processes involved," McPhaul said.

Other agencies whose roles will be outlined in the chapter will include CID, the Provost Marshal, the Surgeon General, Staff Judge Advocate and Assistant Chief of Staff for Installation Management (Community and Family Support Center), McPhaul said.

"The Army agencies already have some procedures in place and know what to do, and are doing it, if an act of sexual assault occurs," McPhaul said, "but, we must develop comprehensive policy of dealing with sexual assault from awareness/prevention to victim support and data collection.

"We are developing a mechanism that gets all the agencies in concert with each other by establishing a policy that deals with sexual assault not only in garrison but in a deployed setting as well," McPhaul said.

Training requirements will also be addressed in the regulation, McPhaul said. Within the next 60 to 90 days, new chapters will be added to the regulation and staffed with the field, he added.

Training and Doctrine Command is currently devising lesson plans on the prevention of sexual assault to be included in all professional development schools, refresher courses at the unit level and additional training for law enforcement, medical and legal personnel, Sullivan said.

When looking for ways to improve the Army's policies and programs, the task force sought advice from outside agencies to include Department of Veteran Affairs; National Organization of Victim Assistance; Rape, Abuse, and Incest National Network (RAINN); The Miles Foundation, Navy, Coast Guard and the University of Arizona and Purdue University in Indiana.

Both universities were given grants from the Department of Justice for their prevention programs, Sullivan said. The age category for the Soldiers who report the assaults and their assailants are in the same age category as the university students, she added. Nearly 84 percent of alleged perpetrators were identified as junior Soldiers, and 95 percent of the victims were in the rank of staff sergeant and below, according to the task force report.

## 2004 All-Services Back to School Catalog now available

The Exchange Services' newest catalog, Back to School 2004, is now available. Packed with cool gear both kids and adults will love, this new all-services catalog showcases great furniture, bed linens, small appliances and a hot electronics section with the latest technological gadgets. Military children from grade school to college are sure to find just what they need to get this school year off to a great start!

Prices in this all-services catalog are valid June 1 - September 30, 2004 and anyone with exchange privileges can order from it. Active duty military members of the Army, Air Force, Navy, Marines and Coast Guard, as well as military retirees, reservists, National

Guardsmen, Department of Defense civilians stationed overseas, exchange employees and their family members are authorized to shop.

Orders can be placed by mail, fax or phone. To place orders toll free from the United States, Puerto Rico or Guam just call 1-800-527-2345. AAFES' catalog center is open around-the-clock, seven days a week and complimentary international access calling is available from several countries.

Authorized customers can also shop the 2004 Back to School Exchange catalog on the Internet at [aafes.com](http://www.aafes.com) <<http://www.aafes.com>>, [usmc-mccs.org](http://www.usmc-mccs.org), <<http://www.usmc-mccs.org>> [navy-nex.com](http://www.navy-nex.com) <[http://www.navy-](http://www.navy-nex.com)

[nex.com](http://www.navy-nex.com)> or [cg-exchange.com](http://www.cg-exchange.com) <<http://www.cg-exchange.com>>. Active duty military members of the Army, Air Force, Navy, Marines and Coast Guard, as well as military retirees, reservists, National Guardsmen, Department of Defense civilians stationed overseas, exchange employees and their family members are authorized to shop. Anyone with exchange privileges can shop the Back to School catalog.

Earnings generated by purchases in the Exchange and Exchange Online Store as well as Exchange Catalogs such as the Back to School catalog are returned to the military community in the form of funding for Morale, Welfare and Recreation (MWR) facilities and programs.

The Army & Air Force Exchange Service (AAFES) is a joint command of the U.S. Army and U.S. Air Force, and is directed by a Board of Directors who is responsible to the Secretaries of the Army and the Air Force through their Chiefs of Staff. AAFES has the dual mission of providing authorized patrons with articles of merchandise and services and of generating non-appropriated fund earnings as a supplemental source of funding for military Morale, Welfare and Recreation (MWR) programs. To find out more about AAFES' history and mission or to view recent press releases please visit our Web site at <<http://www.aafes.com/pa/default.asp>>.

## ACES supports regulatory requirements for tuition assistance

All Soldiers must have a degree plan, AR 621-5, Chapter 5 paragraph 8.a. Soldiers who have accumulated nine semester hours of college credit with one institution and do not have a SOCAD student agreement or a documented degree plan signed by approving official at college attended, normally the Registrar, will be denied tuition assistance. This is a regulatory requirement and will be fully supported by the Army Continuing Education System.

The same reference states in chapter 5-8.c. Soldiers who have accumulated 15 semester hours (or 22 1/2 quarter hours or 240 clock hours) of Tuition funded college credit and do not have a Grade point average (GPA) of 2.0 or higher will not receive tuition. For further clarification, see an Army guidance counselor at the main education center, Bldg. 2248.



Photo by Mike Dulevitz  
Lest We Forget.. retired Air Force Chief Master Sgt. George Hemphill shares a solemn moment reading the names of the fallen Soldiers of Operation Iraqi Freedom on the Memorial Wall created by the Brooke Army Medical Center's Department of Pastoral Care and Ministry. Chaplain (Maj.) Bill Hawkins worked with David Peche, BAMC Visual Informatic, to honor the OIF soldiers being treated at the hospital. Peche's cousin, a Soldier listed on the wall, was the inspiration for the effort.

# Send your deployed love one 'An ounce of prevention, worth a pound of cure'

By 1st Lt. Katie Mobley  
Special to the News Leader

These days it seems everyone seems to know someone who is deployed. I was deployed to Kuwait as a nurse and now my sister is deployed in Iraq. She recently became ill with gastroenteritis or inflammation of the digestive tract in Iraq and was admitted to a field hospital. In most cases, gastroenteritis can be prevented. This prompted me to look into health promotion items I could send her in a care package that would prevent her from becoming sick again.

So what do you mail your loved one who is far, far away on the other side of the world? What kinds of items will promote health and well-being? An impromptu survey of seventeen Preventive Medicine Army officers was conducted to answer that question. This group consist-

ed of nurses, doctors, and Medical Service Corps officers, some of whom had deployed to such places like Afghanistan, Turkey, Iraq, Kuwait, Kosovo, Honduras, and others.

A top-five health promotion items list was created from the collected data. It was almost a tie for the number one position, but coming out on top was baby wipes. Baby wipes are essential for many reasons. First of all, running water is not always available in the field. Second, they have multiple cleaning uses: hand washing, bathing, cleaning up, and cleaning equipment.

Coming in a close second, the most important health promotion item is hand sanitizer. During my deployment as a nurse, I remember we had designated diarrhea wards because there were so many Soldiers who had acute gastroenteritis. Gastroenteritis and other infectious illnesses are

highly preventable by washing hands frequently. The Centers for Disease Control and Prevention states, "The most important thing that you can do to keep from getting sick is to wash your hands." Hand sanitizer is convenient to use when you do not have sinks. The convenience, effectiveness, and efficiency make this item a solid number two.

Third place is the toothbrush and toothpaste. Brushing helps remove plaque and food from your teeth. Proper brushing can help reduce the risk of tooth decay and gum disease. Brushing with toothpaste containing fluoride has been shown to reduce dental cavities and bad breath. Dental readiness decreases the number of dental emergencies, according to Maj. Rachel Bailey, occupational medicine physician.

The fourth absolute must-have item in the field is good old-fashioned mail. Mail call continues to

lift the morale of deployed Soldiers everywhere. Anywhere the military sends Soldiers, you can bet the US Postal Service is not far behind. Letters and care packages have a rejuvenating effect on emotional well-being. Experts at the Chestnut Hill Institute of Research and Psychotherapy in Boston report that at least 70 percent of perceived energy is attributable to our emotional state.

The fifth most important field-expedient health promotion item is Gatorade or Crystal Light. Soldiers simply like the taste of Gatorade or Crystal Light over plain water and tend to drink more. These drinks help to prevent dehydration. Dehydration puts a strain on the cardiovascular system and makes it difficult for the body to maintain a safe internal temperature, which could lead to heat exhaustion, fainting, and even heat stroke. Gatorade

also replaces electrolytes lost through sweat. Inadequate fluid intake largely contributes to frequent sick call diagnoses during deployments, including kidney stones, dehydration, and constipation.

There were many other health promotion honorable mentions noted, such as sunscreen, mosquito repellent, toilet paper, lip protection with SPF 15, and foot powder. On the entertainment welfare side, DVD's, CD's, books, and magazines were highly praised.

Now you have some ideas of how to custom-create a health promotion care package for your deployed loved one. Remember, "An ounce of prevention is worth a pound of cure."

Note: Mobley is a recent graduate of the Principles of Military Preventive Medicine Course at AMEDD Center and School.

## U.S. Army Recruiting Battalion San Antonio change of command ceremony tomorrow

The U.S. Army Recruiting Battalion San Antonio will bid a fond farewell to current commander, Lt. Col. Dwayne Gatson, and his wife, Judi, tomorrow.

Gatson will relinquish command to Lt. Col. John Keenan during the official change of command ceremony at the historic Quadrangle, Headquarters Fifth U.S. Army located at 1400 E. Grayson Street, Fort Sam Houston on Friday, June 4 at 8:30 a.m.

Gatson, a native of Jackson, Ala., has commanded the battalion since 2002. He is leaving San Antonio to join the Office of Assistant Secretary of the Army,

Manpower and Reserve Affairs at the Pentagon.

Keenan joins the San Antonio Recruiting Battalion from his current assignment with the U.S. Army Medical Command located at Fort Sam Houston.

His previous assignments include the 44th Engineer Battalion in Korea; the 307th Engineer Battalion, 82nd Airborne Division at Fort Bragg, N.C.; the 2d Engineer Battalion, 2d Infantry Division, Korea; and the 1st Infantry Division in

Schweinfurt, Germany. Keenan has also served tours of duty at Fort Leonard Wood, Mo., Fort Hunter Liggett, Calif., and in the Army Operations Center at the Pentagon.

The San Antonio community is invited to attend the change of command ceremony and meet the new commander and his wife, Lt. Col. Jimmie Keenan, and their family. A reception will follow at the Stillwell House, 626 Infantry Post Road on Fort Sam Houston.

# American Cancer Society stresses importance of informed decision making

For men and their loved ones, two of the many issues surrounding prostate cancer are fear and confusion. In fact, recent news coverage has centered on the debate surrounding the benefits and limitations associated with prostate cancer testing and treatment - the main controversy around whether or not testing saves lives. The nation's leading voluntary health organization, more than 230,000 men in the United States, 13,540 in Texas will be diagnosed with prostate cancer this year, according to the American Cancer Society.

"Facing these decisions can be difficult, and it's even harder for men who try to make them alone," said Key Stage, M.D., chairman of the Prostate Cancer Committee of the American Cancer Society, Texas Division. "Providing patients with the latest testing and treatment information based on years of research helps

men take a more active role in their own health care and guides them through the decision-making process."

The American Cancer Society encourages all men to:

- Get as much information about prostate health as they can.
- Talk with their doctor to determine their personal risk for prostate cancer.
- Understand all available testing and treatment options so they can make informed decisions.
- Contact the American Cancer Society for information about all aspects of prostate cancer 24 hours a day, seven days a week.

Many African American men don't realize they are at higher risk for prostate cancer and are twice as likely to die from the disease as other American men. And for

all men, age and family history are risk factors. The American Cancer Society estimates more than 29,000 men in the United States will die from the disease this year, accounting for approximately 10 percent of all male cancer-related deaths. That's why the American Cancer Society strongly urges universal access to and education about prostate screening options. The Society recommends both the prostate-specific antigen (PSA) blood test and digital rectal exam (DRE) for men who decide to be tested. Once diagnosed, the prognosis for any prostate cancer patient depends on the

extent of the cancer, the course of treatment selected and other individual factors.

The current American Cancer Society guidelines are recommendations, not rules. Written for both doctors and the public, the guidelines are flexible in order to accommodate individual medical and personal needs, and are subject to revision based on new research evidence. They are:

- Men 50 and older should be offered early detection tests (PSA and DRE) annually.
- Men at high risk (family history, African Americans) should begin early detection testing (PSA and DRE) at age 45.
- Prior to testing, all men should be provided with information about the benefits and limitations of testing.

"Given the implications of early detection testing, the American Cancer Society encourages men to consider it carefully," said Stage. "Some men who get tested may benefit from early detection and treatment, thereby living longer, but other men may have complications from treatment without achieving any significant benefit. The American Cancer Society also believes it is reasonable to caution medical professionals that screening men with less than a 10-year life expectancy may be unnecessary."

The American Cancer Society is dedicated to eliminating cancer as a major health problem by saving lives, diminishing suffering and preventing cancer, through research, education, advocacy and service. For more information anytime, call toll free 1-800-ACS-2345 or visit [www.cancer.org](http://www.cancer.org).

## June Health Promotion Center Class Schedule

Subject	Date	Time
Office Yoga	1	Noon-1 p.m.
Introduction to Weight Reduction	4	Noon-1:30 p.m.
Breastfeeding Support Group	4	1-2:30 p.m.
Cholesterol & Lipids	7	8:30-11:30 a.m.
Diabetes Education	7	12:45-4:30 p.m.
Winning Combination #1	7	1-2:30 p.m.
Stress Management	8	1-2 p.m.
Office Yoga	8	Noon-1 p.m.
Diabetes Education	8	12:45-4:30 p.m.
Breast & GYN Cancer Spt. Grp.	9	9:30-11 a.m.
Self Care & Health	10	9-11 a.m.
Breastfeeding Spt. Grp.	11	1-2:30 p.m.
Cholesterol & Lipids	14	8:30-11:30 a.m.
Diabetes Education	14	12:45-4:30 p.m.
Arthritis	15	9:30-11 a.m.
Office Yoga	15	Noon-1 p.m.
Diabetes Education	15	12:45-4:30 p.m.
High Blood Pressure	16	9 a.m.-Noon
Back Pain	17	2-3:30 p.m.
Body Fat Testing	18	8-11 a.m.
Introduction to Weight Reduction	18	Noon-1:30 p.m.
Breastfeeding Spt. Grp.	18	1-2:30 p.m.
Diabetes Education	21	12:45-4:30 p.m.
Breast Health	22	9-10 a.m.
Diabetes Education	22	12:45-4:30 p.m.
Breast & GYN Cancer Spt. Grp.	22	6-7:30 p.m.
Breastfeeding Spt. Grp.	25	1-2:30 p.m.
Diabetes Education	28	12:45-4:30 p.m.
Diabetes Education	29	12:45-4:30 p.m.
Tobacco Cessation "Readiness to Change"	29	5-7 p.m.

Call 916-3352 to get more information and register today.  
**Note:** Free healthcare classes to BAMC civilian employees and TRICARE beneficiaries.

## TRICARE's retail pharmacy contract announced

In the continuing efforts to meet the pharmacy needs of beneficiaries, TRICARE has awarded Express Scripts Inc., the TRICARE Retail Pharmacy contract. Express Scripts will provide world-class, cost-effective patient care as manager of the retail pharmacy benefit. They will apply best management practices to improve and continue the delivery of pharmacy services, focusing on achieving the highest level of beneficiary satisfaction. The responsibility for delivery of retail pharmacy

services by Express Scripts Inc. began nationwide June 1.

The new single contract will integrate all TRICARE regions to create one uniform benefit. This consolidation provides better service for beneficiaries in the 50 United States, the District of Columbia, Guam, Puerto Rico, and the U.S. Virgin Islands. The new retail pharmacy program will be fully portable, allowing beneficiaries access to network pharmacies while traveling outside of their region.

Retail pharmacies comprise one of three venues through which

pharmacy services are available. Beneficiaries may also obtain prescription medications from their Military Treatment Facilities and the TRICARE Mail Order Pharmacy. Express Scripts, Inc. currently administers TMOP services. This new contract will not change the pharmacy

benefits you or your family members receive as TRICARE beneficiaries.

For more information, call the Express Scripts Call Center at 866-DOD-TRRX (866-363-8779), or visit the Express Scripts Web site at [www.express-scripts.com/TRICARE](http://www.express-scripts.com/TRICARE).

# First Open Season for FEGLI in five years

Federal Employees' Group Life Insurance Program turns 50 and celebrates with Open Season.

U.S. Office of Personnel Management Director Kay Coles James announced recently the first open season for the Federal Employees' Group Life Insurance Program since 1999. The FEGLI 2004 Open Season will be held from September 1 through September 30, to cele-

brate the 50th anniversary of the program.

"The Federal Employees' Group Life Insurance Program is just one of the Federal benefits that employees can use to plan for the future and to anticipate the fulfillment of essential responsibility to their families," said James. "This open season will give Federal employees the opportunity to make any adjust-

ments they need to better plan for the future."

The FEGLI program consists of basic life insurance coverage and three options that include coverage for up to five times an employee's base salary plus coverage for family members. In most cases, a new Federal employee is automatically covered by basic life insurance. The types and amounts of coverage

available are not changing.

During the open season, Federal and Postal employees in eligible positions will be able to enroll in the FEGLI program or increase or change current coverage without having a physical or answering any questions about their health. The earliest that newly elected coverage will be effective is September 1, 2005.

OPM will have a special FEGLI 2004 open season Web site set up prior to the start of the

open season, which will contain an election form and more information about the program.

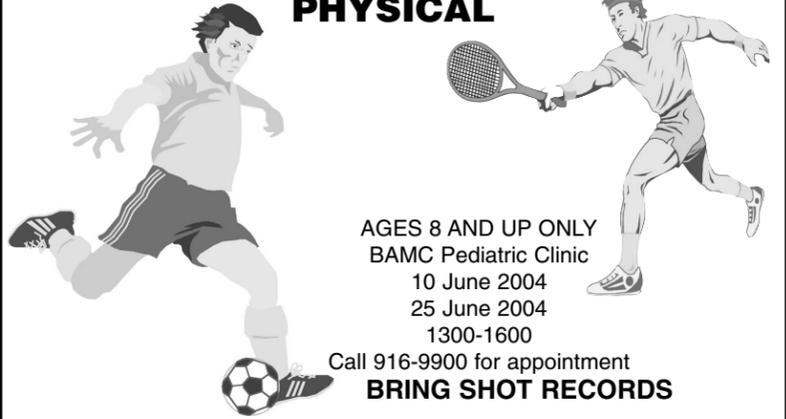
The Federal government established the FEGLI program on August 29, 1954. It is the largest group life insurance program in the world, covering over 4 million Federal employees and retirees, as well as many of their family members.

## Cole Student receives \$1,000 Scholarship



The Officers and Civilians Spouses Club presented a \$1,000 scholarship to Amanda Collyer during a luncheon held at the Officers Club recently. She is the daughter of retired Lt. Col. Mike and Cathy Collyer and graduated from Robert G. Cole High School. Collyer recently won a first place in the State UIL News Writing and in the State UIL Feature Writing competitions. She served as the drum major of the Cole Marching Band and has won multiple Academic Decathlon State awards, as well as UIL awards in drama, writing and math. She earned her Silver Award in Girl Scouts. She has served as Student Council vice president and treasurer, and was a delegate to Girls' State. She played varsity soccer, served as a peer mediator, a religious education teacher, and a member of IMPACT partners, an organization that helps special needs students. Collyer will attend Texas A & M University and major in journalism.

**Now's the time...  
Make an appointment for your child's  
PHYSICAL**



AGES 8 AND UP ONLY  
BAMC Pediatric Clinic  
10 June 2004  
25 June 2004  
1300-1600

Call 916-9900 for appointment  
**BRING SHOT RECORDS**

## 'Star Light, Star Bright' the Rainbow Kids will shine June 18

By Ron Joy  
Special to the News Leader

Fort Sam Houston's Youth Services announce the premiere of "Starlight, Star Bright," which features the Montage Kids and the Rainbow Kids together in a free family show. "Starlight, Star Bright" is free and open to the public and will be presented at 7 p.m. on Friday, June 18 at the Roadrunner Community Center, Bldg. 2792 on Stanley Road on Fort Sam Houston. Visitors without government decals are advised to use the Walters Gate off I-35.

The Montage Kids will present a laugh-in style show called, "Short Circuit." The program is mixed well with slapstick, comedy, songs, dances and fun for people of all ages. Featured in "Short Circuit" are Heather Fonte, Andrea Howard, Katie McHargue, Curran Moore, Ryan Swanson, Elizabeth Taylor and Megann Taylor.

"Short Circuit" will be followed by the Rainbow Kids as they bring their exciting touring show to town. They are returning to Fort Sam Houston after successful performances at Fiesta, Bulverde Festival and two special performances at Canyon Lake. Their show features songs and dances from the 20s, 40s, 50s, 60s, country and Broadway and is guaranteed to have people up and dancing in the isles.

Featured in the Rainbow Kids are: Giovana (Gigi) Arecchi, Talia Howard, Emily Mazak, Katie McHargue, Liam Merkle, Amanda Miller, Jacquelyn (Jackie) Miller, Perry Moore, Amy Mulkey, Cady Mulkey, Luisa Rodriguez and Ta'Queria Weary.

For more information on the group, contact Ron Joy can be reached at (830) 980-7786 or (210) 221-1043 or via e-mail at: [rj96707@yahoo.com](mailto:rj96707@yahoo.com).

# Focus: Actionable Intelligence relies on every Soldier

By Joe Burlas  
Army News Service

This is the 13th article in a weekly series that examines the 17 Army focus areas outlined by the Chief of Staff of the Army Gen. Peter Schoomaker. This one focuses on "Actionable Intelligence."

Actionable Intelligence means providing commanders and Soldiers a high level of situational understanding, delivered with speed, accuracy and timeliness, in order to conduct successful operations, according to the charter of the focus area task force on the subject.

Actionable Intelligence is not perfect intelligence — commanders need to be trained on what intelligence can be reasonably delivered and what cannot, said the Army's top military intelligence planner and policy maker.

Lt. Gen. Keith Alexander, Army G2, gave members of the Pentagon press corps a snapshot April 8 of what Task Force Actionable Intelligence has found since it was created last fall and how its initiatives will transform the way military intelligence will operate in the future.

One of the ways the task force hopes to change in the Army is making every Soldier a sensor that quickly reports the Soldier's slice of the battlefield into a digital network.

Combat Soldiers are trained to report what they believe to be critical information up the chain of command. However, that report takes time as it makes it through the chain, and the information that is reported is often filtered. By the time it makes it to where it might be acted on, it is often too late or incomplete, Alexander said.

A shared network, with each Soldier having a means of digitally inputting and sending what he sees, is where Army is heading, Alexander said. Progress in the area is being made, as he said his action officers are in close coordination with their counterparts in G6 to develop and implement the infrastructure, equipment, procedures and tools needed for that network.

Looking at lessons learned from Operation Enduring Freedom in Afghanistan and Operation Iraqi Freedom from the start of major hostilities through recent observations of current threats, the task force identified 127 issues that needed to be fixed as soon as possible. Interim and permanent solutions for all but a few of those issues have already been implemented, Alexander said. Some of those fixes have been changes to procedures, software updates and rapid fielding of new equipment.

One of the biggest intelligence shortcomings of both operations was the lack

of human intelligence assets at the battalion and brigade level — something that is being addressed as returning forces reset into modular forces, Alexander said. Warfighting forces currently in the Central Command area of operations have been beefed up with a number of ad hoc tactical HUMINT collection teams as well.

The greater need for tactical HUMINT is because the threat has changed in our lifetimes, from facing a Cold War adversary armed with lots of tanks and artillery to an asymmetrical

enemy, Alexander explained. The intelligence community is no longer just looking for a bunch of equipment to identify where the enemy is and determine what his intentions might be; it is also looking for individual people, Alexander said.

The G2 said he is looking to industry and academia to help better organize and visually present information from multiple intelligence databases. The current system is much like an Internet search using a standard search tool that gives you thousands of hits.

Refining your query until you get what you are looking for is time-consuming, Alexander continued.

There has to be a better way of getting the data you need than using a hierarchical Industrial Age process when we are living in the Information Age, Alexander said.

Situational awareness also means sharing information seamlessly across all levels — from national intelligence assets down to the Soldier on the battlefield. That will require a cultural change and a lot of training, Alexander said.





**Photo by Esther Garcia**  
Lt. Col. Randall Anderson, commander, Academy Battalion and his mother, Aletta, joins members of the San Antonio community remembering those who have served the nation at the Memorial Day Ceremony.

**Photo by Baldemar Garza**  
Surrounded by the 50 state flags, the U.S. flag flies proudly at the Fort Sam Houston National cemetery Circle of Flags. San Antonio area Boy Scouts and Girl Scouts placed the U.S. flag at each gravesite prior to the Memorial Day ceremony.

**Photo by Phil Reidinger**  
Staff Sgt. Robert Tilghman, Army Medical Command Band, sounds Taps in memory of the veterans who have served the nation.



**Photo by Phil Reidinger**  
Sue Brannon leads a procession of civic and veterans organizations to the Circle of Flags for the wreath presentation.



**Photo by Phil Reidinger**  
Judge John W. Primono, United States Magistrate Judge, keynote speaker for the Memorial Ceremony, assists Robert Larios, City Postmaster, with the unveiling of the National World War II memorial stamp honoring veterans for their service to the nation.



# Ceremony salutes our veterans



Photo by Esther Garcia

(Above) Brig. Gen. John Gardner, commander, U.S. Army South, receives the national color from the Fort Sam Houston Honor Guard during the Memorial Day Ceremony.

(Right) Among the distinguished visitors attending the Memorial Day services at the Fort Sam Houston National Cemetery was Medal of Honor recipient, Army retired, Col. Robert Howard.

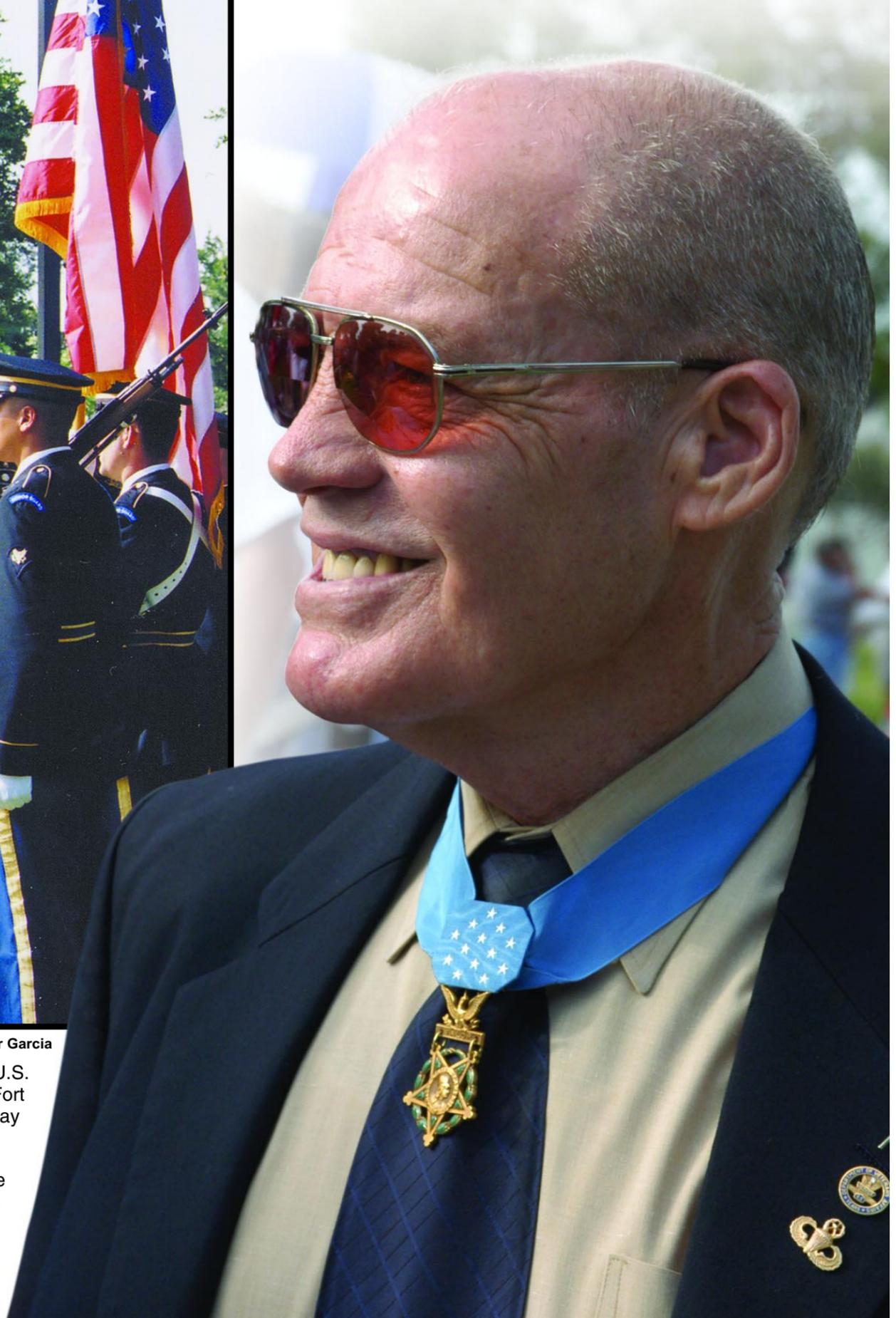
Photo by Baldemar Garza

Photo by Phil Reidinger

(Above Left) Edward Miller, coordinator for the Memorial Day Ceremony, leads Ruth McClendon, State Representative, District 120, Paul Elizondo, County Commissioner, Precinct 2, Carroll Schubert, City Councilman, District 9, Dr. Charles Sepich, assistant director, South Texas Veterans Health Care System, to the Circle of Flags.

Photo by Esther Garcia

(Above) Special Troops Battalion Honor Platoon prepares to fire a cannon salute at the Memorial Day Ceremony held at the Fort Sam Houston National Cemetery on Monday.



## Youth Happenings

**Wanted: Arts and Crafts instructor** - Youth Services and School Age Services are looking for an arts and crafts instructor for the summer. This paid position would be for four 50-minute classes Monday through Friday and two 50-minute classes on Saturdays. Ages of the youth range from 6-18 and are all different skill levels. All materials and supplies will be provided but the planning must follow the coordinated schedule of summer camp weeks. If you are interested, call the Youth Center at 221-3502

**Aerobics** - Youth Services is offering a no cost, low impact aerobics class from 6:30-7:30 p.m. on Wednesday and Thursday. For information, call 221-3502.

**Teen Summer Discovery Camp** - Registration for the Teen Summer Discovery Camp

is going on for youth ages 14 and up. This program is for those who are too old for camp and too young to have a job. During this camp, youth will volunteer at a work site two half days and the other day will hike, swim, and travel across South Central Texas.

This volunteer time in a work site provides job experience for each individual. There will be tubing on the Guadalupe River, swimming in Canyon Lake, trips to career interest areas and lots more. The cost for this camp is \$65 per week and includes breakfast, lunch and a snack. For information, call 221-3502.

**'French Fry Friday'** - Every Friday is French Fry Friday. An order of seasoned or regular fries is 50¢. Come on by and eat with us and support the Youth Center.

**Exploring Life for Middle School students** - Youth Services offers an after school program for Middle School youth grades 6-9. This program is held Monday through Friday after school until 6 p.m. YS will pick the child from the elementary or the Jr./Sr. High School and take the child to the Youth Center, provide a snack, work on homework, participate in clubs and participate in fun innovative projects that include the 4-H club, a photography club, a Computer Tech club and others. Work will include areas of interest that both the parents and the students like. This program is free for youth registered with Child and Youth Services at an annual fee of \$18. For information, call 221-3502

**Youth Service Volunteers** - YS is always looking for volunteers for assisting with the youth programs. Coaches, computer skilled people, crafty people and those that just care about kids are needed. If you have a special interest or hobby that you would like to share with kids, you can

share it at the Youth Center. For information, call the Youth Center at 221-3502.

**Saturday Open Recreation** - Open recreation for youth in grades 1-12 is held at the Youth Center on Saturdays. Activities include computer lab, arts and crafts, basketball, pool, ping-pong, movies, and more. Youth must be registered with Child and Youth Services to be eligible. For information, call 221-3502. Open recreation hours for youths in grades 1-5, 3-8 p.m.; youths in grades 6-8, 3-10 p.m.; and youths in grades 9-12, 3-11 p.m.

**Parents Wanted** - Parents are needed at the Youth Center every third Saturday of the month from 6-9 p.m. to join the Youth Center Staff team and play basketball against the teens and middle school students. Parents and staff try to out maneuver the teens and score a few baskets. Come join us in a game or two followed by refreshments.

**Tae-Bo** - Join the YS staff as they conduct Tae-Bo Classes every Wednesday from 4:30-5 p.m.

**Saturday Shuttle** - YS offers a Saturday shuttle to and from the Youth Center. There is no cost for this service but par-

ents of children 9 and under must wait for the van and sign them in and out of the van with the YS staff member. The Shuttle schedule is as follows:

3 p.m. - Leave the Youth Center  
3:07 p.m. - Gorgas Circle (picnic tables)  
3:10 p.m. - Schofield/Dickman on Schofield  
3:15 p.m. - Reynolds and Dickman on Reynolds  
3:20 p.m. - Officer's Club tennis Courts  
3:25 p.m. - Artillery Post Road at Bus Stop  
3:30 p.m. - Easley/Infantry Post Bus Stop 660  
3:42 p.m. - Patch Road (playground)  
3:46 p.m. - Patch Road Shoppette Parking lot  
3:50 p.m. - Foulis/Scott Road Harris Heights  
3:54 p.m. - Forage/Foulis  
The return Shuttle will leave the Youth Center at 7:30 p.m. for those in 5th grade and below. There is also a shuttle that leaves at 9:30 p.m. for those in Middle School and at 10:30 p.m. for those in 9th grade and up. The shuttle service is only for youth who live on Fort Sam Houston.

## Child and Youth Services gears up for summer fun

**The 3-Day Part Day Preschool** has been placed on hold due to lack of enrollment numbers. For more information or to register, call Central Registration at 221-4871 or 221-1723. Fees range from \$151-\$200 per month and are assessed by calculating total family income.

**Family Child Care** offers home-based childcare for ages four weeks to 12 years on and off post with certified providers. Types of care are full day, part day, before and after school care, hourly care, and extended hour care and long-term care. Referral information and child registration are available at Child and Youth Services Central Registration, 221-4871 or 221-1723. FCC is looking for family members interested in becoming certified FCC providers to offer home based childcare. There is a no-cost start up plan. For more information, call 221-3820 or 221-3828.

**Parent Child Incorporated/Head Start** will be closed June 21 to July 6. PCI/Head Start patrons who need care during that time can call Central Registration at 221-4871 or 221-1723.

**CYS Parent Advisory Council meeting** will be held Tuesday, June 15 from 11:30 a.m. to 12:30 p.m. at the Child

Development Center located at 2530 Funtston. Lunch will be provided. This is CYS parents' opportunity to learn of upcoming events, meet staff and address concerns.

**Bike Rodeo** - The School Age Service and Safety, Provost Marshal and Military police will host the annual School Age Service bike rodeo on June 16 from 8 - 11 a.m. This event is open to the community and will take place at the School Age Bldg. 1705. Children will be fitted for helmets. For more information, call 221-4466.

**Before and After School Care Registration** - Central Registration will be onsite for early registration for Before and After School care at the School Age Bldg. 1705. All patrons will need to register, even if currently utilizing School Age Service. July 12-16 from 9 a.m. to 6 p.m. will be early on site registration for Active Duty only. July 19-23 will be for DoD Civilians, Contractors and Active Duty. Don't delay spaces fill quickly for K-5th grade. Parents will need to provide proof of income and updated shots. For information, call 221-4871 or 221-1723

**Full Day Care Wait List** - If your child's name is on the Wait List for full day care at the

Child Development Center, check your status on the wait list from the day you complete the form; otherwise your child's name will be purged from the list. To check your status, call Central Registration at 221-4871 or 221-1723.

**Instructional Classes** - If you are interested in instructional classes such as Tae Kwon Do, Piano, quarterly Babysitter Training or gymnastics, call 221-4882 or 221-4871/1723. For Babysitter training and information, call 221-4871 or 221-1723.

**After School and Weekend Open Recreation** - School Age Services (K-5th grade) offers After School and Weekend Open Recreation (open recreation available to children in 1st - 5th grade) opportunities and after school hourly care options. Hourly and open recreation must be reserved in advance by calling School Age Services at 221-4466. Children must be registered through Central Registration prior to utilizing the School Age Program. To register, call Central Registration at 221-4871 or 221-1723.

**Summer Recreational Opportunities for Youth in 6th - 12th grade** - Students seeking summer recreational opportunities should contact Youth Services at 221-4882.

# FSH Elementary observes National Moment of Remembrance

Story and photo by Dr. Gloria Davila  
FSHISD Assistant Superintendent

Fort Sam Houston Elementary School students participated in a Memorial Day Remembrance Ceremony honoring the nation's military men and women who have given their lives for our country. The ceremony was led by Principal Jayne Hatton and included special guests FSHISD Board President Keith Toney and Superintendent Dr. Gail Siller. The White House Commission on Remembrance, established by Congress, initiated the Remembrance Ceremony and encouraged schools across the nation to participate.

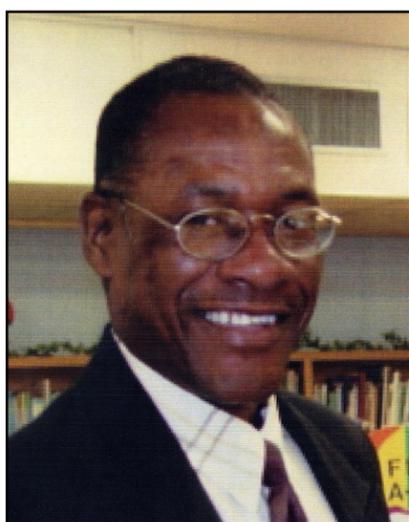
In the ceremony, Hatton reported Memorial Day began in 1868 as "Decoration Day" in order to decorate the graves of the men who died during the Civil War. She gave examples of Soldiers that had sacrificed their lives for our country and honored American's fallen in conflicts in which the nation has been involved, including the Revolutionary

War, Civil War, World War I, World War II, Korean War, Vietnam War, and many others. Hatton asked the students to observe a national moment of remembrance on Memorial Day at 3 p.m. as a gesture of gratitude and respect.

Toney was instrumental in promoting the observance of the National Moment of Remembrance. He delivered hundreds of red rubber bands with the words "One Nation, One Moment: Memorial Day 3 PM" to remind students of the importance of Memorial Day. He reiterated the words of the White House Commission on Remembrance, "The National Moment of Remembrance is an act of national unity to honor America's fallen. All Americans, wherever they are at 3 p.m., local time, are asked to pause for a moment of reflection honoring those who died for our country."



Fort Sam Houston Elementary Principal Jayne Hatton, Board President Keith Toney, and students participate in the Memorial Day Remembrance Ceremony.



Eustace Lewis

## FSHISD Trustee helps finalize state education group's platform

By Dr. Gloria Davila  
FSHISD Assistant Superintendent

Eustace Lewis, FSHISD Board Member, was one of approximately 100 school board members from across the state elected to the Texas Association of School Boards Legislative Advisory Council. The council met in Austin on May 22 to finalize recommendations for the association's 2004-2006 legislative priorities.

The council discussed issues related to school finance, personnel, students, and governance. The recommended priorities will go to TASB's Legislative Committee and Board of Trustees for review before they go to the Association's Delegate Assembly for adoption in September. In addition, the council selected four of its members to serve two-year terms on the TASB Legislative Committee.

TASB is a voluntary, nonprofit associa-

tion established in 1949 to serve local Texas school districts. Its membership includes 1,045 school districts and county school boards, 45 junior colleges, 41 central appraisal districts, 145 cooperatives, and 20 education service centers.

School board members are the largest group of publicly elected officials in the state. The districts they represent have a combine annual budget of more than \$25 billion, and they employ more than 520, 000 people.

## Cole sophomore to compete in nationals

By Dr. Gloria Davila  
FSHISD Assistant Superintendent

After an outstanding performance in the USA Junior Nationals all-state high school basketball competition, Erin Moore, a sophomore at Robert G. Cole High School, has been invited to participate in the prestigious USA Junior nationals Championship Sports Festival on July 6-11 in Columbus, Ohio.

USA Junior Nationals, a State College, PA organization for amateur basketball competitions, offers

one-day competitions at 44 sites throughout the country in the spring with competitions scheduled throughout the South, Midwest, East and West coasts. Athletes who demonstrate advanced skills; team leadership, competitive spirit, and good sportsmanship go on to the level of play, which is the USA Junior National Sports Festival in Columbus, Ohio.

Erin, daughter of Juan and Sharon Moore, is a one-year varsity letterman in basketball and was selected to the 2003-2004 UIL Basketball All-District Second Team.



Courtesy photo

At left, Cole basketball coach Tina Guerrero and sophomore Erin Moore are all smiles about the upcoming trip to Columbus, Ohio for the USA Junior Nationals Sports Festival.

## Summer work hours for FSH school district posted

The Fort Sam Houston Independent School District Administrative Office will observe summer work hours June 7 through July 23. The district's Administrative Office will be open Monday through Thursday from 7:30 a.m. to 5 p.m., and will be closed on Fridays. Regular hours will resume July 26.

Fort Sam Houston Elementary School will observe summer

work hours June 7 through June 24 and will be open Monday through Thursday, from 8 a.m. to 4 p.m., and will be closed on Fridays. The school office will be closed from June 24 through July 25, reopening on July 26.

Robert G. Cole Jr./Sr. High School will be open June 7 through June 11 Monday through Friday from 7:30 a.m. to 4 p.m. Beginning June 14 through June 24 the high school will be

opened Monday through Thursday from 7 a.m. to 4:30 p.m., and will be closed on Fridays. The school office will be closed from July 1 through July 30, reopening on Aug. 2.

The Military Coop, which provides special education services for Lackland, Randolph and Fort Sam Houston school districts, will be open Monday through Friday from 7:30 a.m. to 4:30 p.m. until July 2. The coop

office will be closed July 5 through July 28.

The first day of school for Fort Sam Houston students will be Monday, Aug. 16. Registration for students in grades Pre-Kindergarten through sixth grade will be at Fort Sam Houston Elementary School July 29 and July 30 from 8:30 to 11 a.m. and 1 p.m. to 3:30 p.m. Elementary students may meet their teachers during an open

house on Aug. 13 from 3 to 4 p.m.

Registration for Robert G. Cole Jr./Sr. High School students will be held Aug. 5 for 7th and 10th graders, Aug. 6 for 8th and 11th graders, and Aug. 9 for 9th and 12th graders. Orientation for seventh, eighth and new high school students will be held Aug. 12 at 6:30 p.m.

Source: FSHISD office.

# On Your Mark! Get Ready! Go!! ... to Vacation Bible School!

Vacation Bible School has finally arrived. This year's theme is SonGames 2004. Every activity is full of action and camaraderie. They will design team flags, create gold medal crafts, and learn about God through five themes. These are Join In!, Team Up!, Get Strong!, Keep On!, and Celebrate!

Vacation Bible School is open to all children 4 years old through 4th Grade

(completed). Your child does not need to attend our chapel to attend. VBS will be held July 12-16 from 6 to 8 p.m. at Dodd Field Chapel.

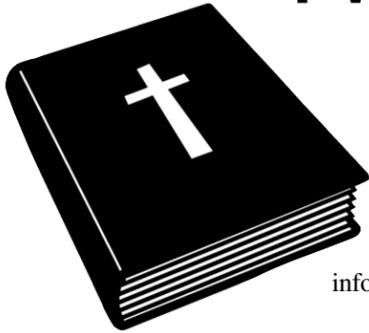
They'll learn that God wants everyone to Join In! As they experience the story of the Apostle Paul's conversion. Children will want to Team Up! With encouraging friends when they hear how Paul's friends helped and encouraged

him. They'll find God helps them Get Strong! And do what's right, as they witness Paul's obedience as he traveled through Greece. Your team will be inspired to Keep On! Trusting God during tough times, as they watch Paul's perseverance. Lastly, your team will enjoy seeing Paul reach his goal and will Celebrate! The many good things that God does for

the members of His team!

For information, visit the Web site: <http://www.samhouston.army.mil/chaplain/VBS/>

## PWOC summer study 'Women of the Bible' begins June 9



The Protestant Women of the Chapel will begin the summer study "Women of the Bible" on Wednesday, June 9 from 9:30-11:30 at Dodd Field Chapel. It will continue throughout June with bible study, praise and worship and fellowship for all women. Watchcare for children is free and available during this time. For more information call Carolynn Wafford at 223-3856 or Lois Griffith at 226-1295.



### Youth and Wisdom Softball Game



• Leadership Field beside the FSH Fire Station

• 1800 hrs

• 19 June

Hot dogs and Hamburgers

For More Information: Call Claudie at (210) 673-0687

This event is sponsored by the Installation Chaplain's Office and the Men of the Fort Sam Houston Chancels.



## Post worship schedule

**Main Post Chapel**, Bldg. 2200, phone number: (210) 221-2754.

**Catholic Services:**

- 4:45-5:15 p.m. - Confessions - Saturdays
- 5:30 p.m. - Mass - Saturdays
- 9:30 a.m. - Mass - Sundays
- 11:30 a.m. - Mass - Weekdays

**Protestant Services - Sundays:**

- 8 a.m. - Traditional Protestant
- 11 a.m. - Traditional Protestant

**Jewish Services:** phone numbers: (210) 379-8666 or 493-6660.

- Fridays: 8 p.m. - Worship and 8:30 p.m. - Oneg Shabbat



**Dodd Field Chapel**, Bldg. 1721, phone numbers: (210) 221-5010 or 221-5432.

**Catholic Services - Sundays:** 12:30 p.m. - Bilingual Mass

**Protestant Services:**

- 5:30 p.m. - Contemporary Protestant - Sundays
- 10:30 a.m. - Collective Gospel Protestant - Sundays
- 9:30-11:30 a.m. - Women's Bible Study (PWOC) - Wednesdays, childcare is provided



**AMEDD Regimental Chapel**, Bldg. 1398,

phone number: (210) 221-4362.

**Troop Catholic Mass:** Sundays:

- 10 a.m. - 32nd Medical Bde. Soldiers

**Troop Protestant**

**Gospel Services:** Sundays:

- 11:30 a.m. - 32nd



Medical Bde. Soldiers

**Troop Protestant Service:**

- 9 a.m. - 32nd Medical Bde. Soldiers



**FSH Mosque**, Bldg.

607A, phone numbers: (210) 221-5005 or 221-5007.

- 1:30 p.m. - Jumma - Fridays
- 10:30 a.m. - Children's Religious Education - Sundays
- 7:30 p.m. - Adult Religious Education - Thursdays

**Brooke Army Medical Center Chapel**,

Bldg. 3600, phone number: (210) 916-1105.

**Catholic Services:**

- 8:30 a.m. - Mass - Sundays
- 11:15 a.m. - Mass - Sundays
- 11 a.m. - Mass - Weekdays

**Protestant Services:**

- 10 a.m. - Worship Service - Sundays
- Noon - Worship - Wednesdays



**232nd Medical Battalion Classroom**, Bldg. 1380, phone numbers:

(210) 221-5005 or 221-5007. **Mormon Services:** 10:30 a.m. - Sundays

**Web site:** [www.cs.amedd.army.mil/chaplain](http://www.cs.amedd.army.mil/chaplain)

# AIT students enjoy music and food at Luau at the Hacienda

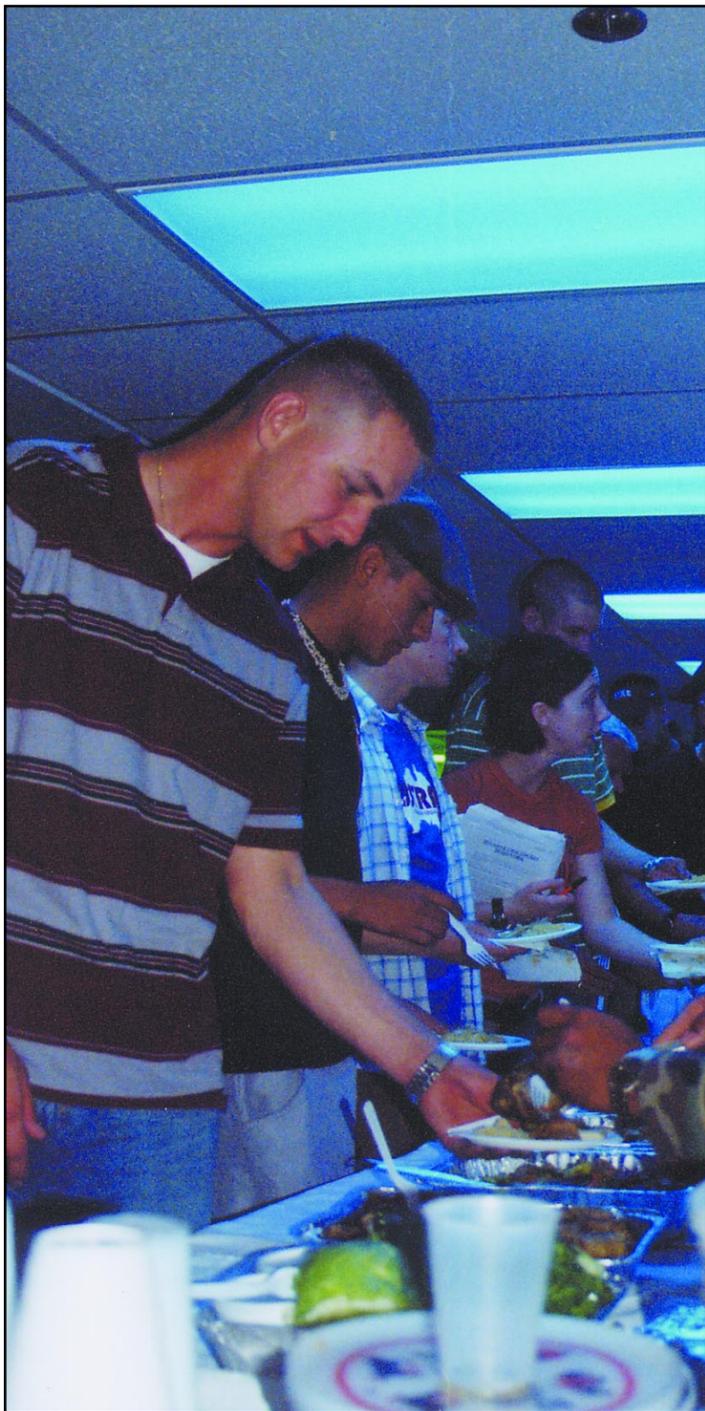


Photo by Karen Waters

Pvt. Amber Murphy (right) was one of several Soldiers selected to take part on stage to learn a hula dance during the audience participation segment of the show.

**By Ben Paniagua**  
**Special to the News Leader**

In honor of Asian Pacific Islander American Heritage Month, more than 100 AIT Soldiers from the 32nd Medical Brigade were treated to a festive Luau at the Hacienda Recreation Center May 27. The Luau featured Hawaiian dancers that included audience participation numbers. The students also enjoyed a feast of Chinese and Thai food sampling and various prizes.

Sponsored by Keefer and Associates and in partnership with the 32nd Medical Brigade Equal Opportunity Office, the

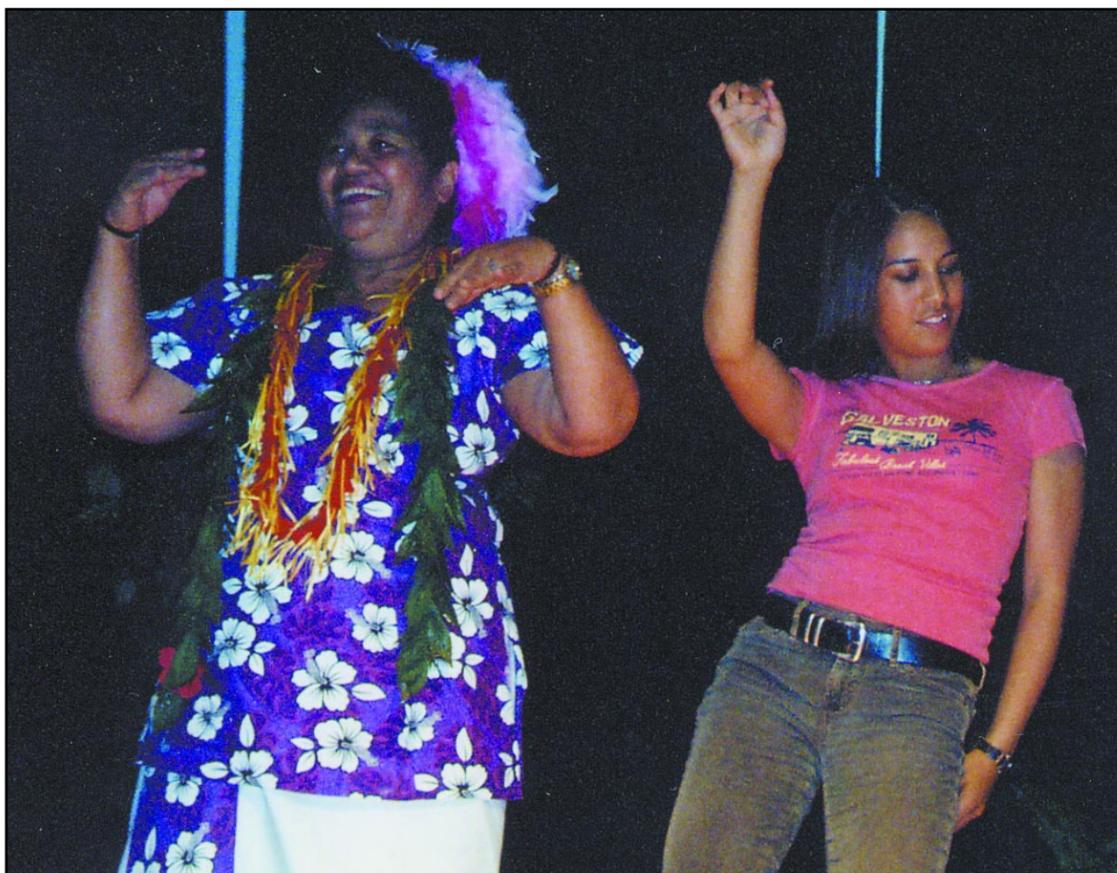
Soldiers had a grand time dancing on the stage with the Hula Ohana Clikapeka Dancers. The oriental buffet allowed the Soldiers to sample great tasting food as part of the Asian Pacific Islander experience.

The program was in conjunction with Asian Pacific Islander American Heritage Month and served to promote awareness of the different cultures and customs of various American ethnic groups. Through an understanding of various cultures, a better world is created where all can live in harmony.

“My mother is Filipino and this show tonight brought back

wonderful memories of when I was growing up,” said Pvt. Amber Murphy from B Company, 187th Medical Battalion. “I thought the dancing and the food were awesome,” she said. Pvt. Jerry Stalker from B Company, 187th Medical Battalion felt that “it is a great way of bringing people together and enjoying each other. I had a great time.”

The Equal Opportunity Office of the 32nd Medical Brigade conducts ethnic celebrations throughout the year in an effort to educate and entertain the Soldiers who are undergoing training at Fort Sam Houston.



## The 440th Blood Support Detachment goes for the gold

**By Maj. Kevin Belanger**  
**Special to the News Leader**

The 440th Blood Support Detachment, Fort Sam Houston, sent a team to compete in the German Armed Forces Badge of Military Proficiency. The team traveled to Fort Leavenworth, Kan. on May 19 and returned May 24.

The team returned with six badges in hand. Maj. Kevin Belanger earned a Bronze; Sgt. 1st Class Edgar Perez earned a Silver; Sgt. Kelly a Gold; Spc. Johnanna Johnson a Bronze; Pfc. Routheaux, Katherine a Bronze; and Pvt. 2 Joshua Strader earned a Silver.

The team prepared for three months to compete in the following events: 9 mm pistol, 200 meter

swim, high jump, shot-put or bench press or clean and jerk lift, 100 meter sprint, 2,000 or 3,000 meter run or 1000 meter swim, a road march ranging from 11.2 miles – 18 miles, CTT First Aid Tasks, and Army Physical Fitness Test.



The three-day competition was strenuous and tested every aspect of a Soldier's physical and mental capacity. The competition was hosted by the 326th Area Support Group Kansas City, Kan. The GAFBMP competition was introduced

in the 1970s and was established to recognize and reward those soldiers in the German Armed Forces who possessed superior physical abilities. United States Armed Forces Soldiers are authorized to compete individually in the GAFBMP and wear the badge on the Class A, Class B and Dress Blue uniforms.

## Why wear seatbelts?

- Newer seatbelt design allows total freedom of motion while driving.
- People who are thrown from cars are 25 times more likely to be killed than if they had been held securely in their seats.
- The majority of all car accidents occur within 25 miles of home.
- 80 percent of all serious injuries and fatalities occur in cars going 40 miles per hour or slower.
- In the unlikely event your car catches fire or is submerged, seatbelts can keep you from getting “knocked out” and greatly improve your chances of escape.
- In a crash, unrestrained occupants of a car keep moving during the time the car takes to stop. They are still moving forward at their original speed when they slam into the steering wheel, windshield or other parts of the car.
- You may be a good driver, but there are situations beyond your control such as weather and road conditions that can affect your safety.
- Seatbelts are 57 percent effective in preventing traumatic and fatal brain injuries.
- According to the National Highway and Traffic Safety Administration, over the last 10 years, safety belts have prevented some 55,600 deaths, 1,300,000 injuries and saved more than \$105 billion in costs.



Source: Fort Sam Houston Safety Office

## Antiterrorism Awareness

Terrorists seek out “soft” targets that offer opportunity for attack with little risk of being caught and a high chance of success. You are the first line of defense against terrorism. Practice good individual antiterrorism measures by being alert to what is going on around you. Report any unusual or suspicious activity on and near Fort Sam Houston to the Military Police at 221-2222.

# Retiring Soldiers contribute more than 250 years of combined service to the nation



Photo by Ed Dixon

Front row, right to left, Col. Deborah Gustke, Col. Paul Morton, Col. Brenda Forman, Lt. Col. Jerry Forman, Maj. Russell Allen, Chief Warrant Officer Four Estel White, back row, right to left, 1st Sgt. Dudley Lewis, 1st Sgt. Gregory Walker, and Sgt. 1st Class William Byrd, Sgt. 1st Class Curtis Snyder and Staff Sgt. Melanie M. Walls, embark on new lives as retired members of the civilian community.

Eleven Soldiers retired in a combined ceremony hosted by Brig. Gen. Daniel F. Perugini, commander U.S. Army Medical Department Center and School and Fort Sam Houston on Friday. Retirement orders were read for the following Soldiers:

**Col. Deborah Gustke**, retired with 32 years of military service. She has served both overseas and in the continental United States. Her assignments include leadership and hospital staff positions in labor and delivery, ambulatory nursing, nursing administration, medical-surgical, nurse recruiting, duties as chief nurse of a hospital, and currently the assistant chief of the Army Nurse Corp. Gustke is certified nationally in Oncology Nursing and Nursing Administration.

**Col. Paul Morton** completed 23 years of active service. Commissioned an Infantry officer in 1970, his Vietnam service includes an infantry battalion and with assault helicopter companies in the 101st Airborne and 1st Cavalry Division. He wears the Combat Infantryman's Badge. After early release from active duty, he earned a master's degree and a Ph.D. in electrical engineering as well as a MD from the University of Missouri in Columbia. He first served at George Air Force Base as chief, OB/GYN. Follow-on assignments include the Armstrong Aero Medical Research Laboratory at Wright-Patterson, Brooks Air Force Base, director, DoD Biomedical Research and Defense Women's Research programs. Then to Wilford Hall and Brooke Army Medical Center to serve as the chairman of the OB/GYN department where he has served until his retirement. He is married to the former Phyllis Jones and they have three children.

**Col. Brenda Forman** completed 26 years of military service. Her career includes assignments as chief, Nutrition Care Division, staff dietitian to a variety of medical treatment facilities throughout the world. She culminates her career for the past three years as the Army Nutrition Care Program manager; Nutrition Consultant to The Surgeon General; chief, Dietitian, and Assistant Corps Chief, Army Medical Specialist Corp. Forman is married to Lt. Col. Jerry Forman, who retired on Friday. They have three daughters.

**Lt. Col. Jerry M. Forman** completed 23 years of service in the Signal Corps. He served as the Information Operation Enhancement Division chief, J5 Joint Information Operation Center, Lackland Air Force Base, Texas. His tours of Army service include assignments throughout the United States, Germany, Korea and the Middle East. He deployed B Company, 501st Signal Battalion to Operation Desert Shield/Storm while serving as company commander for more than 27 months. From 1996 to present, Forman has been assigned to a series of joint and combined assignments in Korea and Washington D.C. Following his tour on the Joint Staff he was assigned to Joint Information Operation Center.

**Maj. Russell G. Allen** retired after 22 years of service as an intelligence officer. Initially assigned to the Artillery Corps, he also is qualified as a Lance Missile Officer. He graduated top of his class at the Defense Language Institute as an Italian linguist. In 1986 he transferred to Military Intelligence, serving with the 205th MI Brigade. A variety of assignments includes the 513th MI Brigade during the

Gulf War, Defense Intelligence Agency, U.S. Army Forces Central Command in Saudi Arabia, and Supreme Headquarters, Allied Command Europe, in Belgium. He retires as the chief of Intelligence Plans and Operations with U.S. Army South. He is married to the former Giuliana Mez of Pordenone, Italy and they have two children.

**Chief Warrant Officer Four Estel White** completed 30 years of military service. He started his career with the Air Force as a medical specialist. After a two-year separation, he re-entered active duty with the Army - not in the medical field - but for training in military intelligence - specializing as a Morse Intercept operator, signals analyst, and traffic analyst. His assignments to various high-level intelligence collection and analysis commands include Korea, Fort Meade, Md., Germany, Hawaii, and the Defense Intelligence Agency. His final assignment with the 314th Military Intelligence Battalion as the Operations Officer for SWIFT CANOPY operations completes his service to the nation. He is married to the former Margaret Ann Glover and they have three children.

**1st Sgt. Dudley Lewis** retired with 27 years of service. He began his career as a tactical wire specialist before becoming a medic. Prior to his assignment as first sergeant, A Company, 187th Medical Battalion, he served as first sergeant for Bayne-Jones Hospital, Fort Polk, La.; Observer/Controller Combat Service Support, OPS Group JRTC, Fort Polk, La.; Assistant Operation Sergeant, V Corps Surgeon Office; Troop Medical Clinic NCOIC with 2nd Cavalry Regiment; service during Operation Desert Shield/Storm;

General Surgery and Emergency Room NCOIC at Madigan and Squad Leader, 93rd Evacuation Hospital at Fort Leonard Wood, Mo. Lewis has two children.

**1st Sgt. Gregory Walker, Sr.** retired after 21 years of service. Less than one week after completing Airborne and Supply Specialist training and arrival at Fort Bragg, N.C., he deployed to Grenada as part of Operation Urgent Fury. With just three years of service he was promoted to sergeant and then 11 months later to staff sergeant. Upon assignment to the 7th Special Forces Group he participated in Operation Just Cause. He has served multiple supply and logistics assignments with the 7th Special Forces Group at Fort Bragg, N.C., Fort Clayton, Panama, and Fort Buchanan, Puerto Rico. He has served as first sergeant with Army South headquarters for 17 months at Fort Buchanan and eight months at Fort Sam Houston, Texas. He has over 500 parachute jumps, earning foreign jump wings from seven of nine countries. He has a son and a daughter. He is married to the former Marlena Watts and they have daughter.

**Sgt. 1st Class William Byrd** began his career 21 years ago after training as a medical specialist. Multiple assignments to the 82nd Airborne Division as a line-medic were separated by assignment to the First Armored Division as Evacuation Section and Clearing Platoon squad leader. He served as an instructor for several courses conducted by the Defense Medical Readiness Training Institute. He is a certified Repelling Operation and Marine Corps Helicopter Rope Suspension Training Master. He also earned the Navy parachutist insignia supporting the U.S.

Marine Corps 4th Recon Battalion (Reserves), as a Jumpmaster for two years. Following a tour in Korea with the 18th Medical Command he transferred to the Department of Combat Medic Training, G Company, 232nd Medical Battalion, Fort Sam Houston, Texas, where he is currently assigned. Byrd is married to the former Anna Michelle and they have one daughter.

**Sgt. 1st Class Curtis Snyder** retired following 20 years of military service as a medical specialist and practical nurse. He has worked on hospital intensive care, coronary care, and surgical trauma wards and has served with field medical units including the 2nd Infantry Division forward support battalion, the 212 MASH (Task Force Med Falcon), and deployed to Operation Iraqi Freedom with the 115th Field Hospital. While deployed, Snyder was given the duty of Night Battle Captain NCOIC, for the 3rd Medical Command, and for the 804th Medical Brigade, which replaced 3rd MEDCOM. Upon his return to BAMC, Snyder was assigned to 2- West Medical/Surgical Ward. Snyder is married to the former Jeanette Bazo and they have two children.

**Staff Sgt. Melanie Walls** completed 20 years of military service while assigned to E Company, Academy Battalion, where she serves as the Operations Sergeant. Her assignments also include leadership positions in a combination of hospital ward and field units such as the 326th Medical Battalion, 26th Support Battalion, the 201st Support Battalion, Camp Page clinic in Korea, and both labor and delivery and emergency room duties at Darnall. She has one son, Brandon.

# Morale, Welfare and Recreation

**Free Health and Wellness Fair** - Stop by the Health and Wellness Fair June 8 from 10 a.m. to 2 p.m. at the Jimmy Brought Fitness Center. Event highlights include cholesterol screening, diabetes screening, proper weight training, raffles, nutrition information, free food and giveaways. For more information, call Lucian Kimble at 221-2020.

**Summer Reading Club** - Keep your children reading this summer with the summer reading program at the Fort Sam Houston Library. The program is open to children from preschool through eighth grade. Children can read their own books, or check out the great collection at the library and receive prizes and awards for reading 10 or more books or 1,000 pages or more. Registration begins June 2 and continues through July. Call the library 221-4702 (located at Bldg. 1222 on Harney Rd.). Hours of Operation: Wednesday-Sunday: 11 a.m. to 8 p.m.

**AC Service Available** - Get ready for the summer heat with an AC service at the Auto Craft Shop. The cost is just \$30 for service plus the cost of Freon and a \$2 environmental fee. We carry R-12 and 134A refrigerants. Stop by the Auto Craft Shop located at the corner of Schofield and Funston Roads. Hours of operation are Wednesday-Friday from 1-9 p.m. and Saturday and Sunday from 9 a.m.-5 p.m. For information, call 221-3962.

**Learn to Swim** - Sign up now for the Learn to Swim Program at the Aquatic Center. Three sessions are still available: June 21-July 2; July 12-23; Aug. 2-13. Classes are held



at the Aquatic Center Bldg. 3300. Class times will be assigned during registration. Get a \$5 discount for signing up the same child for another session! Cost for first child is \$40 per session; 2nd child in same family \$35 per session; 3rd child \$30 per session. Call 221-3185 to sign up, pick up an application at the Jimmy Brought Fitness Center, or download a copy at [www.fortsamhouston-mwr.com](http://www.fortsamhouston-mwr.com) by following the recreation link to the Aquatic Center.

**Summer Youth Horsemanship Program** - Is your child interested in learning how to ride a horse? Then the Youth Horsemanship Camp may be just what you're looking for! Students in ages 7 through 18 will learn proper riding forms as well as a variety

of horse care techniques. Eight five-day sessions are available from June-August. Cost is \$175. For registration information, call 210-224-7207.

**60 Days of Fitness** - A motivating fitness and weight loss program to help you safely lose 15 pounds in 60 days using a point system. This self-paced program requires you to workout 45 out of 60 days and includes a seven-page fitness assessment, body fat analysis and body measurements. You will also attend two 30-minute weight loss classes. Cost for the program is \$20, which includes a T-shirt. For information, call Lucian Kimble at 221-2020.

**Fitness Run** - Join the fun at the monthly fitness run/walk, June 19 starting at 10 a.m. outside the Jimmy Brought Fitness Center. The event is free and open to the public. Participants receive a T-shirt. For information, call 221-2020.

## Dining & Entertainment

**Officer's Club** - Sunday Brunch - June 6 from 10 a.m.-1:30 p.m. Cost is \$11.95 for members, \$13.95 for non-members, Children 7-11 \$5.95. Children 6 and under eat free, with our compliments. Reservations are recommended; call 224-4211 (appropriate attire is required). Enjoy the Lunch Buffet every Monday through Friday from 11 a.m.-1 p.m. Lunch buffet includes beverage and soup.

**NCO Club - TGIF** - Every Friday! Karaoke and Disco starts at 6 p.m. - Finger Foods! No Cover!

**Comedy Night and After Party** - Friday, June 4. Doors open 7:30 p.m. Showtime 9 p.m. Admission is \$12, includes complimentary meal from 7:30-9 p.m. (\*NO Bingo Session this night).

**Big Bucks Bingo** - June 5, 12:50 p.m. Early Bird Start. Regular Bingo Thursday and Friday, 6:50 p.m. - Early Bird Start. Doors open at 5 p.m. Saturday, 12:50 p.m. Early Bird Start. Kids 10 and up may play when accompanied by an adult \*\* Free Buffet for all bingo players. \*\*

**Golf Club** - The Fort Sam Houston Golf Club will host a Father's Day Tournament on June 20 at 8 a.m. For more information 222-9386.

Twilight Special on Green Fees is offered all day Monday through Wednesday and after 1:30 p.m. on all other days. Visit our Lighted Driving Range open 6:30 a.m. to 8 p.m.

**Bowling Center** - The center is having a special Summer Cyber Bowl on Friday, June 11, 2-5 p.m. \$5 per person (Max 100 people). Sign up two weeks in advance to participate. Soldier

Appreciation Day at the Bowling Center is every Saturday from 3-7:30 p.m. Bowlers receive free shoe rental and soda!

**Harlequin Dinner Theatre** - "Bell, Book and Candle," a romantic comedy by John van Druten is being performed through June 26. For more information, call the box office at 222-9694.

**MWR Ticket Office** - Note Circus Ticket Correction: Incorrect time was printed on the Circus tickets previously purchased at FSH. Correct time

for the show is 5:30 p.m. Call Sherrie Villani at 402-6029 to exchange your ticket. MWR has tickets available for Fiesta Texas Splashtown, Schlitterbahn, SeaWorld and Disney! Also available are tickets for 42nd Street performed at the Majestic and the 33rd Annual Folk life Festival. Take the kids to see Dora the Explorer LIVE!! July 9-11 at the Majestic. Ringling Brothers Barnum & Bailey Circus is coming July 1-5! For additional ticket information and pricing, call 226-1663.

### Ft Sam Houston's NCO Club

June 2004

224-2721

<p><b>LUNCH BUFFET</b> \$4.95 for Club Members \$5.95 for Non Members Lunch is served from 11 A.M. - 10 P.M.</p>				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Club Closed Every Monday</b></p>	<p>1 <b>GOLDEN FRIED CHICKEN</b> Baked Ham w/Pineapple Sauce Chef's Special</p>	<p>2 Too Hot For Your Mama - Chicken (Mild Avail) Spicy Beef <b>Chinese Food</b></p>	<p><b>FRIED CHICKEN/BBQ RIBS EVERY THURSDAY</b></p>	<p>4 <b>Fish Fry</b> Fried Fish Baked Fish Popcorn Shrimp Chef's Special</p>
	<p>8 <b>GOLDEN FRIED CHICKEN</b> BAKED CHICKEN Chef's Special</p>	<p>9 <b>CHICKEN FAJITAS BEEF ENCHILADAS TACO BAR</b></p>		<p>11 <b>Fish Fry</b> Fried Fish Baked Fish Gumbo Chef's Special</p>
	<p>15 <b>GOLDEN FRIED CHICKEN</b> Meatloaf with Brown Gravy Chef's Special</p>	<p>16 Lemon Chicken Sweet &amp; Sour Pork Veg. Lomein Egg Rolls <b>Chinese Food</b></p>		<p>18 <b>Fish Fry</b> Fried Fish Baked Fish Salmon Croquettes Chef's Special</p>
	<p>22 <b>GOLDEN FRIED CHICKEN</b> Breaded Pork Cutlet Bratwurst &amp; Red Cabbage Chef's Special</p>	<p>23 <b>Beef Lasagna Chicken Alfredo Spag Meatballs</b> <b>Italian CUISINE</b></p>		<p>25 <b>Fish Fry</b> Fried Fish Baked Fish Popcorn Shrimp Chef's Special</p>
	<p>29 <b>GOLDEN FRIED CHICKEN</b> Roast Beef with Mushroom Gravy Chef's Special</p>	<p>30 <b>Fried Catfish Cajun Pork Chops</b> <b>Southern Food</b></p>		<p><b>DON'T FORGET!!</b> DJ &amp; Karaoke EVERY FRIDAY NIGHT in Sam's Sports Bar Bingo every Thurs &amp; Fri (Doors open at 5:00 pm) &amp; Saturdays (Doors open at 11:00 am)</p>

### FSH Officers' Club

June 2004

Lunch is served from 11:00 A.M. TO 1:00 P.M. LUNCH BUFFET \$5.95/\$4.95 for Club Members

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>6 <b>Sunday Brunch</b> 1000-1330</p>	<p>7 Beef &amp; Broccoli Hawaiian Baked Ham Chef's Special</p>	<p>8 <b>GOLDEN FRIED CHICKEN</b> Sausage &amp; Peppers Chef's Special</p>	<p>9 <b>Gary's Smokehouse Ribs</b> Meatloaf w/ mushroom Gravy Chef's Special</p>	<p>10 <b>MEXICAN FOODS</b> Cheese Enchiladas Seasoned Pork Chops <b>Joe's Beans</b></p>	<p>11 <b>Fish Fry</b> Southern Fried Fish Baked Chicken TGIF 4:00 pm - 7:00 pm</p>	<p>12 <b>The Club</b> is open for special functions only 224-4211</p>
<p>13 <b>Closed</b></p>	<p>14 Schnitzel w/ Red Cabbage Beef Pot Roast Chef's Special</p>	<p>15 <b>GOLDEN FRIED CHICKEN</b> Codfish in Creole sauces Chef's Special</p>	<p>16 <b>Gary's Smokehouse Ribs</b> Breast of Chicken Ala Coq Auvin Chef's Special</p>	<p>17 <b>MEXICAN FOODS</b> Carne Guisada Tangy Teriyaki Wings <b>Joe's Beans</b></p>	<p>18 <b>Fish Fry</b> Southern Fried Fish BBQ Brisket TGIF 4:00 pm - 7:00 pm</p>	<p>19 <b>Happy Father's Day</b> Sunday, June 20th</p>
<p>20 <b>Fathers Day</b> Brunch 1000-1400</p>	<p>21 Lasagna Meatball &amp; Onion Gravy Chef's Special</p>	<p>22 <b>GOLDEN FRIED CHICKEN</b> Baked Potato Bar Chef's Special</p>	<p>23 <b>Gary's Smokehouse Ribs</b> Macaroni &amp; Beef Casserole Chef's Special</p>	<p>24 <b>MEXICAN FOODS</b> Chili &amp; Tamales Chicken Fingers w/French Fries <b>Joe's Beans</b></p>	<p>25 <b>Fish Fry</b> Southern Fried Fish New England Boiled Dinner TGIF 4:00 pm - 7:00 pm</p>	<p>26 <b>Happy Father's Day</b> Sunday, June 20th</p>
<p>27 <b>Closed</b></p>	<p>28 Swiss Steak Hot Dog Bar/Chili Chef's Special</p>	<p>29 <b>GOLDEN FRIED CHICKEN</b> Spaghetti &amp; Meatballs Chef's Special</p>	<p>30 <b>Gary's Smokehouse Ribs</b> Salisbury Steak Chef's Special</p>	<p>31 <b>MEXICAN FOODS</b> Chili &amp; Tamales Chicken Fingers w/French Fries <b>Joe's Beans</b></p>	<p>32 <b>Fish Fry</b> Southern Fried Fish New England Boiled Dinner TGIF 4:00 pm - 7:00 pm</p>	<p>33 <b>Happy Father's Day</b> Sunday, June 20th</p>

**get the keys**

friends don't let friends drive drunk

U.S. Department of Transportation

# Que Pasa?



## Community events

### Randolph Roadrunners' Year-round Walk Kickoff, June 5

The Randolph Roadrunners' Volksmarch Club will kickoff their new year-round 10-kilometer (6.2 mile) walk between 7 and 10 a.m. on Saturday, June 5 at the Broadway Daily Bread Co. at 5011 De Zavala Road in San Antonio. For information on this event or the club's other year-round events, call Ellen Ott at (210) 723-8574 or e-mail her at Ellenotter@cs.com or check out the club's Web site at [www.geocities.com/randolphroadrunners/](http://www.geocities.com/randolphroadrunners/).

### SAROA Dinner/Dance, June 11

The San Antonio Chapter of the Military Officers Association of America will host a dinner/dance on June 11 at the Randolph Air Force Base Officers Club. Betty and Eric will provide music. Festivities begin at 6 p.m. The cost is \$24 per person. Menu consists of chicken Burgundy; garlic mashed potatoes, chef's vegetables and dessert. For reservations and information, call 228-9955.

### Fredericksburg Walk/Swim, June 12

The Volkssportverein Friedrichsburg Volksmarch Club will host a 10-kilometer (6.2 mile) walk and optional 5-kilometer walk and a 300-meter swim on Saturday, June 12. The start point for the walk is the Law Enforcement Building, 1601 East Main (Highway 290) in Fredericksburg, Texas. The start for the swim is at the Lady Bird Johnson Municipal Park two miles south of downtown Fredericksburg on Highway 16 (Adams Street). For information, call Becky Lindig at (830) 997-8056 or e-mail her at: [ablin@fbg.net](mailto:ablin@fbg.net).

### USAWOA - Lone Star Chapter meeting June 15

The June meeting of the Lone Star Chapter, U.S. Army Warrant Officer Association will be held on June 15, 11 a.m. to 1 p.m. at the Fort Sam Houston Officer's Club for an Officer Professional Development luncheon. All active duty, retired, Reserve, National Guard and family members of current or former Warrant Officers are invited to attend. For additional information, contact CW2 Matthew Watterson at 295-8773 or at [matthew.watterson@us.army.mil](mailto:matthew.watterson@us.army.mil).

### Vexler Theatre Presents 'A Company of Wayward Saints,' June 17 - July 11

The Sheldon Vexler Theatre is a state-of-the-art, intimate theatre that presents a

full season of professional quality plays and musicals for the entire San Antonio Community. The theatre will present "A Company of Wayward Saints" June 17 - July 11. Located at 12500 N.W. Military Hwy. at Wurzbach Parkway. Performances are Thursdays at 7:30 p.m., Saturdays at 8 p.m. and Sundays at 2:30 p.m. No performances on Sunday, June 20 and July 4. A special \$5 preview performance will be held on Thursday, June 17. General - \$15, Seniors 60 plus, Classicard, Military, JCC - \$13, Student, SATCO - \$8. To purchase tickets, make reservations or information, call 302-6835.

### Borders Book to offer Civil Service Day discount

Borders Books in partnership with Bank One will offer a special promotion for Civil service employees June 25-27. During these days Civil Service employees will receive a 20 percent discount on most purchases with proper ID card.

### Health Protection Conference returns to New Mexico, Aug. 9-12

The Seventh Annual Force Health Protection Conference will return to the Albuquerque, N.M., Convention Center Aug. 9-12, with pre-conference sessions set for Aug. 6-8. For information and registration, visit the U.S. Army Center for Health Promotion and Preventive Medicine Web site conference link at <http://chppm-www.apgea.army.mil/fhp/>.

## Volunteer

### Cultural Homestay International seeks host families

Cultural Homestay International, a non-profit educational exchange program, has many exchange students waiting to be placed with host families for the upcoming school year. Ideal families should be willing to open their home to the world and accept a new culture into their life. To volunteer, contact Ruth Chislett, CHI Academic Coordinator, at (210) 862-2711 or (800) 777-5724. To learn more about CHI, visit [www.chinet.org](http://www.chinet.org).

## Education

### FMEA offer Interview Workshop June 9

Family Member Employment Assistance is offering an Interview workshop on Wednesday, 9 June, 9 am to 12 pm. Preparing for the employment interview has always been important but now

that employers are changing the way they ask questions, preparation is not only important but also crucial. Reservations are required and seating is limited to family members of active duty service members, retired service members and current DoD civilians. For more information, contact Katja Lunsford at 221-2705 or Patricia Fory at 221-0516.

### FMEA offers resume workshop, June 16

Family Member Employment Assistance is offering a Resume workshop on Wednesday, 16 June, 9 a.m. to 12 p.m. It is not enough to just have a resume, you need to have the right resume to increase the chances of landing the interview. Reservations are required and seating is limited to family members of active duty service members, retired service members and current DoD civilians. For more information, call Pat Fory at 221-2705 or Katja Lunsford at 221-0427.

### Financial Readiness services available at Army Community Service

Financial Readiness is offering a class on Personal Financial Management on June 22, 2 to 4 p.m. This class includes important information on budgeting, credit, banking and financial responsibility. Seating is limited. Individual budget counseling and additional classes are offered each month. For more information and to reserve a seat call Financial Readiness at 221-1612.

### DMRTI to host course June 21-25

The Defense Medical Readiness Training Institute will host the Homeland Security Medical Executive Course at the Hilton Austin Airport in Austin, Texas. Course information is available at [www.dmrti.army.mil](http://www.dmrti.army.mil).

### Tuition assistance available for active duty Soldiers

Tuition assistance for active duty Soldiers is \$4,500 per fiscal year with a cap of \$250 per semester hour to include fees. The current policy of \$4,500 per year is still in effect for the U.S. Army in fiscal year 2004. Soldiers will need a degree plan from the university or college they are attending no later than completion of nine semester hours. This is a regulatory requirement that must be complied with prior to continuing in any college program. Visit the Army Continuing Education System, Bldg. 2248, to review educational goals with a professional guidance counselor. For information, call 221-1738.

### SkillSoft has new On-line Technical Support Portal

SkillSoft has a new On-Line Technical Support Portal. Users can now go to <http://onlinesupport.skillssoft.com> and click on "create a case." Once the information request is complete, an e-mail will be sent with a password and case number. When this is established, the user can go in and track their case. This is in addition to the regular support desk at [support@skillssoft.com](mailto:support@skillssoft.com).

### Direct commissioning program available

The U.S. Army Health Care Recruiting Team is looking for qualified applicants for their direct commissioning program. Anyone working toward a bachelors' degree in any science, nursing, physics, nutrition or

engineering may qualify to become an Army officer. The program is open to active duty, reserve, National Guard and civilians. For information, call Capt. Beverly S. Scott at 692-7376, (877) 570-8053 or e-mail [Beverly.Casiano@usarec.army.mil](mailto:Beverly.Casiano@usarec.army.mil).

### Conversational Arabic class offered at Churchill HS

Noha Akkiri, who has taught Arabic in her native Syria, will teach a class in beginning conversational Arabic at Churchill High School beginning June 2 at 6:30 p.m.

She will cover basic vocabulary and simple sentences and will also survey the geography and history of the Arab world. Cost is \$90. Four-week, eight-session class will be held on Mondays and Wednesdays. For information or to register, call North East Community Education at 657-8866 or visit their Web site at [www.neisd.net](http://www.neisd.net).

### NE Community Education announces summer class schedule

Registration is underway for North East Community Education's summer session. Hundreds of classes, ranging from computers to cooking, will be offered in June. Among new classes are ones on controlling fire ants, driving in Mexico, dog grooming, low carb cooking, English country dancing, making music with a PC and framing pictures. Also on tap are several behind-the-scenes tours and camps for children in June and July.

Classes will be offered at dozens of convenient locations including Churchill and Alamo Heights high schools and the Ruble Center. For information visit the Web site [www.neisd.net](http://www.neisd.net) or call North East Community Education at 657-8866 to obtain a catalog.

## Meetings

### Purple Heart veterans sought

Purple Heart Veterans are invited to join the meeting of Military Order of the Purple Heart on the first Saturday of every month, 9 a.m. at the Roadrunner Community Center to learn more about combat related entitlements and claims benefits. Registration begins at 9 a.m. Bring your DD Form 214 and a short biography.

### FSH Sergeants Major Association seeks new members

The Fort Sam Houston Sergeants Major Association meets every third Thursday of the month, 6 p.m. in the FSH NCO Club. Sgt. Maj. Hector Viczaino, president of the association, extends a cordial invitation to all Active Duty and retired command sergeants major, sergeants major and master sergeants on the promotion list from all service branches to attend the meetings. For information, call Command Sgt. Maj. Sampson Rush at 221-4129.

### Calling all single Soldiers to join BOSS

The Better Opportunities for Single Soldiers meetings are held on the first and third Wednesday of every month, 1:30 p.m. at the Hacienda Recreation Center. The BOSS committee was established to provide Soldier input to the commander, who uses the committee's recommendations to improve single Soldiers' Morale, Welfare and Recreation programs. For information, call BOSS President Staff Sgt. Edward Castro at 221-8760.

## Fort Freebies

Freebies are published on a first come, first serve basis. Commercial advertisements are prohibited. The deadline is noon Monday. Freebies are intended for personal household goods and privately owned property, and may only be submitted by active, retired or reserve component military members and civilian employees working on Fort Sam Houston. To submit paid classified ads or commercial advertising, call Prime Time at 453-3300. To submit a Fort Freebie, e-mail to: [news.leader@samhouston.army.mil](mailto:news.leader@samhouston.army.mil) or fax to 221-1198. Ensure your military/Fort Sam Houston civil service status, phone number and name appears on request. Limit of five items per entry.



**For Sale:** 1998 Chevy Tahoe, 74K miles, great condition, \$8,850. Call cell 508-8900.

**For Sale:** 1995 Ford Probe, black, 73K miles, in very good condition, \$3,000. Call 662-6110.

**For Sale:** 1990 Dodge B-250 Custom High Top Van, new tires, brakes, dual AC updated with new freon system, 112,000 miles,, \$3,700. Call Ron at (830) 980-7786 or (210) 221-1043.

**For Sale:** Two brand-new, dark blue Van Heusen dress shirts, \$25 each; decorative, hand-crafted soldier replica/centerpiece model statue, \$30; Wilson tennis racket, hardly used, like new, \$30; convenient, hangable plastic wrap/aluminum foil dispenser, \$5; and assorted books \$25 each. Call Bob or Georgette at 656-0569.

**For Sale:** Birch colored coffee table and end table for sale, \$150 obo; green iron bakers rack like new for sale, \$75 obo; pair of silver lamps with shade, \$50 obo; Dirt devil vaccum cleaner, \$25; Panasonic extra large black microwave oven, \$50. Large items will deliver upon request. Call 651-9168.

**For Sale:** Step 2 Playhouse Climber with swing extension; extra infant swing included, \$175. Call 223-7607.

**For Sale:** Fisher Price Tool bench plus tools \$15, Tony Little's Gazelle Freestyle \$35, Century double stroller \$20, Natural wood convertible crib \$20. Call 821-5479.

**For Sale:** Computer desk, corner model, medium size, \$50; TV entertainment center, 3 ft. wide by 5 ft. tall, glass section, \$45; recliner, brand new, medium green pinstriped, oversize, \$85. Call 545-5100.

**For Sale:** Blue sofa and loveseat like new with birch-col-

ored wood table set. Color is blueish gray with 8 accent jewel tone pillows. Will help deliver all for \$800; set of bronze colored iron coffee tables with glass tops \$100; Panasonic black microwave like new for \$80. Call (210) 658-9168.

**For Sale:** Like new Whirlpool Gold white side-by-side refrigerator with ice and water on the door, built in water filter, \$750; like new Whirlpool Gas dryer, white, has shoe rack, \$300; boxes from move, about 30 of them, all broken down and ready, first \$40 gets them all. Call 826-4150.

**For Sale:** Two computer tables both for \$100, L-shape and new corner table. Call (210) 725-2230.

**For Sale:** Chain link fence, 4 ft. with two gates available June 12, \$300. Call Alex at 380-9947.

**For Sale:** Four-year old female American Pit Bull Terrier; UKC certified, shots current and excellent for breeding, 8 by 10 ft. fence kennel included, \$300 obo. Call 683-6359 or 228-9021.

**For Sale:** Three-year-old house, 1,889 sq. ft., living room, family room and garage, two story, 2 ? bath, ceiling fans and much more. Call 651-4707.

**For Rent:** House at 4403 First View, off Perrin Beitel, near main Post Office. Three bedrooms, one bath, one garage with family room, living room, kitchen/dining room area, fenced backyard. Available June 25, \$695 per month plus deposits. Application required. Call (210) 490-8786.

**For Rent:** Two bedrooms, two-bath mobile home. No deposit, \$565 per month. Call 421-0555 anytime on weekends.

**Free:** Dog named Vince, 100 percent Spitz, all white, and is part of American Eskimo, great with kids. Call Jeff at 710-8646.

## Career Clips



The Army Career and Alumni Program office provides numerous services to eligible people in transition including job assistance. Information on these and other positions is available to ACAP customers in the ACAP Office, Bldg. 2264 or call 221-1213.

**Medical Records: RHIA or RHIT. San Antonio.** RHIA or RHIT will oversee the medical records department and maintain the department in a competent and organized fashion. Computer literacy, excellent organizational skills.

**Med Materials Specialist(US Army).San Antonio.** Knowledge and experience in medical supply management to include automation systems TAMMIS,AMEDDPAS, and DMLSS. Knowledge of medical logistics functions. Knowledge of CAIM and SRIM. Ability to analyze user requirements, procedures, and implement business improvements.

**PCARS Specialist.San Antonio.** Knowledge of the USAF application known as PCARS and how it interfaces with the MILPDS. Ability to think logically, identify problems and solve them. Coordinate actions with multiple organizations.

## Blood is the fluid of life

The BAMC Blood Bank is running critically low of O Negative blood. Akeroyd Blood Donor Center is reaching out to you for your support to accomplish a mission for life.

Contact the Donor Center to lend a helping hand. To donate blood now, call the Akeroyd Blood Donor Center at 295-4655 or 295-4989.

