

# ROCCO DINING FACILITY

Bldg 2745 Schofield Rd

Subject to Change Without Notice

Breakfast Weekdays: 0615-0815

Lunch Weekdays: 1100-1300

Closed - Weekends & Holidays

Green=Healthier, Yellow=eat moderately  
Dinner Weekdays: 1700-1900

Red=Eat less

Sunday, December 25, 2016

Monday, December 26, 2016

Tuesday, December 27, 2016

Wednesday, December 28, 2016

Thursday, December 29, 2016

Friday, December 30, 2016

Saturday, December 31, 2016

Lunch

Lunch

Lunch

Lunch

Lunch

Lunch

Lunch

CLOSED

Federal Holiday Hours  
CLOSED

CLOSED

CLOSED

CLOSED

CLOSED

CLOSED

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Dinner Weekdays: 1700-1900

Red=Eat less

Breakfast Weekdays: 0615-0815

Sunday, January 1, 2016	Monday, January 2, 2016	Tuesday, January 3, 2016	Wednesday, January 4, 2016	Thursday, January 5, 2016	Friday, January 6, 2016	Saturday, January 7, 2016
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
"HAPPY NEW YEAR" CLOSED	Federal Holiday Hours CLOSED	SPANISH SOUP	CHICKEN GUMBO SOUP	ASIAN STIR FRY SOUP	CREAM OF BROCCOLI SOUP	
		CREAM OF POTATO SOUP	TOMATO RICE SOUP	CREAM OF MUSHROOM SOUP	MINISTRONE SOUP	CLOSED
		CHEESE MANICOTTI	VEGETABLE BURRITOS	VEGETABLE PIZZA	ITALIAN PASTA & BROCCOLI	
		BEEF FAJITAS	GRILLED BRATWURST	HONEY GINGER CHICKEN BREAST	BBQ SPARERIBS	
		CHICKEN & DUMPLINGS	HAMBURGER YAKISOBA	MEAT LOAF	BEEF STIR FRY	
		ROAST BEEF	SPARERIBS AND SAUERKRAUT	BARBECUED PORK CHOPS	BOMBAY CHICKEN	
		VEAL PAPRIKA	BAKED CHICKEN	GREEK LEMON TURKEY PASTA	ROAST PORK TENDERLOIN	
		MEXICAN RICE	ROASTED PEPPER POTATOES	PORK FRIED RICE	POTATOES AU GRATIN	
		MASHED POTATOES	RICE PILAF	LYONNAISE POTATOES	TOSS GREEN RICE	
		PEAS W/ CELERY	SUCCOTASH	SQUASH AND CARROT MEDLEY	FRIED CABBAGE	
		CAULIFLOWER PRAMESAN	CALICO CABBAGE	ASPARAGUS	CORN COMBO	
		BROWN GRAVY	CHICKEN GRAVY	BROWN GRAVY	CHICKEN GRAVY	
		HOT ROLLS	HOT ROLLS	HOT ROLLS	CORN BREAD	
		MEXICAN COLE SLAW	GERMAN TOMATO SALAD	MACARONI SALAD	PASTA SALAD	
		SPINACH SALAD	MIXED FRUIT SALAD	KIMCHEE SALAD	POTATO SALAD	
		PICKLED BEETS & ONIONS SALAD	SEASHELL PASTA SALAD	PICKLED GREEN BEAN SALAD	COUNTRY STYLE TOMATO SALAD	
		COTTAGE CHEESE & PEARS SALAD	COTTAGE CHEESE & PINEAPPLE SALAD	COTTAGE CHEESE & APRICOT SALAD	COTTAGE CHEESE & FRUIT COCKTAILS SALAD	
		FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	
		CHERRY PIE	LEMON MERINGUE PIE	PECAN PIE	SWEET POTATO PIE	
		CHOCOLATE CHIP COOKIES	OATMEAL RAISIN COOKIES	PEANUT BUTTER COOKIES	CHEWY NUT BARS	
		CARROT CAKE	DEVIL'S FOOD CAKE	FLORIDA LEMON CAKE	GINGERBREAD CAKE	
		BUTTERSOTCH PUDDING	CHOCOLATE PUDDING	VANILLA PUDDING	BREAD PUDDING	
		EGG ROLLS	CRISPITOS	FISHWICH	HOT WINGS	

Dinner	Dinner	Dinner	Dinner
PASTA PRIMAVERA	SPAGHETTI W/ MARINARA SAUCE	CHEESE MANICOTTI W/ ALFEDO SAUCE	POTATO FRITTATA
MEXICAN BAKED CHICKEN BREAST	SAUERBRATEN	HERBED BAKED FISH	PORK CHOPS WITH MUSHROOM GRAVY
PASTA W/ ITALIAN SAUSAGE & PEPPERS	APPLE GLAZED CORNED BEEF	SALISBURY STEAK	SPAGHETTI W/ MEAT SAUCE
TURKEY LOAF	COUNTRY STYLE STEAK	SWEET AND SOUR PORK	GRILLED HAM STEAK
GINGER POT ROAST	LEMON BAKED FISH	BAKED CHICKEN AND NOODLES	CAJUN BAKE FISH
NOODLES JEFFERSON	POTATOES AND HERBS	STEAMED RICE	ROSEMARY ROASTED POTATO WEDGES
O'BRIEN POTATOES	GARLIC CHEESE POTATOES	OVEN BROWN	FILIPINO RICE
HACIENDA CORN AND BLACK BEANS	TANGY SPINACH	OKRA AND TOMATO GUMBO	MIXED VEGETABLE
HERBED BROCCOLI	CREOLE SUMMER SQUASH	CORN COMBO	BEETS IN ORANGE-LEMON SAUCE
TURKEY GRAVY	COUNTRY GRAVY	BROWN GRAVY	BROWN GRAVY
HOT ROLLS	HOT ROLLS	HOT ROLLS	TOASTED GARLIC BREAD
MEXICAN COLE SLAW	GERMAN TOMATO SALAD	MACARONI SALAD	PASTA SALAD
SPINACH SALAD	MIXED FRUIT SALAD	KIMCHEE SALAD	POTATO SALAD
PICKLED BEETS & ONIONS SALAD	SEASHELL PASTA SALAD	PICKLED GREEN BEAN SALAD	COUNTRY STYLE TOMATO SALAD
COTTAGE CHEESE & PEARS SALAD	COTTAGE CHEESE & PINEAPPLE SALAD	COTTAGE CHEESE & APRICOT SALAD	COTTAGE CHEESE & FRUIT COCKTAILS SALAD
FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN
EGG ROLLS	CRISPITOS	FISHWICH	HOT WINGS

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Breakfast Weekdays: 0615-0815

Sunday, January 8, 2016      Monday, January 9, 2016      Tuesday, January 10, 2016      Wednesday, January 11, 2016      Thursday, January 12, 2016      Friday, January 13, 2016      Saturday, January 14, 2016

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
CLOSED	BEEF NOODLE SOUP	MEXICAN ONION CORN SOUP	OLD FASHIONED BEAN SOUP	PEPPER POT SOUP	TEXAS CHICKEN TORTILLA SOUP	
	SPLIT PEA SOUP	TOMATO SOUP	CHICKEN VEGETABLE SOUP	CHICKEN EGG DROP SOUP	SHRIMP GUMBO SOUP	CLOSED
	VEGETABLE EGG ROLLS	VEGETABLE STUFFED PEPPERS	TURKEY NUGGET	POTATO & CURRY	PASTA PRIMAVERA	
	VEAL PARMESAN	TACO	JAEGERSCHNITZEL	CHINESE FIVE SPICE CHICKEN	SOUTHERN FRIED CATFISH	
	PARMESAN FISH	CHICKEN FAJITAS	SZECHWAN CHICKEN	BBQ BRISKETT	GRILLED STEAK	
	BBQ CHICKEN	GRILLED SALMON FILLETS	ROAST TURKEY	SHRIMP JAMBALAYA	OVEN FRIED CHICKEN	
	BRAISED BEEF AND NOODLES	CHILI CONQUISTADOR	TERIYAKI BEEF STRIPS	PORK SCHNITZEL	FRIED SHRIMP	
	SPROUTS SUPERBA	SOUTHWESTERN RICE	ITALIAN ROASTED POTATOES WEDGES	STEAM RICE	RED BEANS AND RICE	
	LYONNAISE CARROTS	REFRIED BEANS WITH CHEESE	GINGER RICE	HACIENDA POTATOES	MACARONI AND CHEESE	
	RISSOLE POTATOES	SPANISH STYLE BEANS	ASPARAGUS	SOUTH MEDLEY	SOUTHERN STYLE GREENS	
	NUTTY RICE AND CHEESE	SOUTH OF THE BORDER BROCCOLI	CAULIFLOWER AU GRATIN	CARROT AND CELERY AMANDINE	CORN ON THE COB	
	CHICKEN GRAVY	TOMATO GRAVY	TURKEY GRAVY	CHICKEN GRAVY	SOUTHERN FRIED OKRA	
	TOASTED GARLIC BREAD	CORN BREAD	HOT ROLLS	HOT ROLLS	BROWN GRAVY	
	BROCCOLI SALAD	MEXICAN COLE SLAW	GERMAN TOMATO SALAD	MACARONI SALAD	CORN BREAD	
	ITALIAN STYLE PASTA SALAD	SPINACH SALAD	MIXED FRUIT SALAD	KIMCHEE SALAD	PASTA SALAD	
	MARINATED BLACK BEAN SALAD	PICKLED BEETS & ONIONS SALAD	PASTA SALAD	PICKLED GREEN BEAN SALAD	POTATO SALAD	
	COTTAGE CHEESE & PEACH SALAD	COTTAGE CHEESE & PEARS SALAD	COTTAGE CHEESE & PINEAPPLE SALAD	COTTAGE CHEESE & APRICOT SALAD	COUNTRY STYLE TOMATO SALAD	
	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	COTTAGE CHEESE & FRUIT COCKTAILS SALAD	
	APPLE PIE	CHERRY PIE	LEMON MERINGUE PIE	PECAN PIE	FRUIT FLAVORED GELATIN	
	DOUBLE CHOCOLATE CHIP COOKIES	LEMON COOKIES	HERMITS	SNICKERDOODLE COOKIES	SWEET POTATO PIE	
	ORANGE CAKE	MARBLE CAKE	PEANUT BUTTER CAKE	PINEAPPLE UPSIDE DOWN CAKE	OATMEAL COOKIES	
	BUTTERSCOTCH PUDDING	CHOCOLATE PUDDING	VANILLA PUDDING	BREAD PUDDING	SPICE CAKE	
	BREADED CHICKEN BREAST	TAQUITOS	BURRITOS	PHILLY STEAK	TAPIOCA PUDDING	
					BREADED DRUMETTES	

Dinner	Dinner	Dinner	Dinner	Dinner
VEGETABLE CURRY W/RICE	CHEESE TORTELLINI MARINARA SAUCE	VEGETABLE LASAGNA	MUSHROOMS TORTELLINI	VEGETABLE LASAGNA
CHICKEN & ITALIAN VEGETABLE PASTA	MEXICAN BAKED CHICKEN BREAST	BEEF STROGANOFF	ORIENTAL TUNA PATTIES	ROAST BEEF
SWISS STEAK WITH BROWN GRAVY	TURKEY POT PIE	PORK CHOP SUEY	SEAFOOD NEWBURG	BAKED FISH WITH GARLIC BUTTER
SHRIMP JAMBALAYA	GRILLED FISH WITH MINT AND HONEY GLA	HERBED BAKED CHICKEN	MAMBO PORK ROAST	BAKED CHICKEN AND NOODLES
BBQ PORK LOIN	PORK CHOPS WITH APPLE RINGS	ORIENTAL STEAK	SWEDISH MEATBALLS	PORK ADOBO
SCALLOPED POTATOES	LYONNAISE RICE	BOILED PASTA	POTATO AU GRATIN	PORK FRIED RICE
SICILIAN BROWN RICE AND VEGETABLES	COTTAGE FRIED POTATOES	SPICY BROWN RICE PILAF	WILD RICE	O'BRIEN POTATOES
CALICO CORN	PEAS AND CARROTS	CALICO CORN	CORN ON COB	HACIENDA CORN AND BLACK BEANS
HERBED GREEN BEANS	CAULIFLOWER AU GRATIN	GREEN BEANS WITH MUSHROOM	SEASAME GLAZED GREEN BEANS	HERBED BROCCOLI
CREAM ONION GRAVY	BROWN GRAVY	BROWN GRAVY	BROWN GRAVY	CHICKEN GRAVY
HOT ROLLS	HOT ROLLS	HOT ROLLS	HOT ROLLS	HOT ROLLS
BROCCOLI SALAD	MEXICAN COLE SLAW	GERMAN TOMATO SALAD	MACARONI SALAD	PASTA SALAD
ITALIAN STYLE PASTA SALAD	SPINACH SALAD	MIXED FRUIT SALAD	KIMCHEE SALAD	POTATO SALAD
MARINATED BLACK BEAN SALAD	PICKLED BEETS & ONIONS SALAD	PASTA SALAD	PICKLED GREEN BEAN SALAD	COUNTRY STYLE TOMATO SALAD
COTTAGE CHEESE & PEACH SALAD	COTTAGE CHEESE & PEARS SALAD	COTTAGE CHEESE & PINEAPPLE SALAD	COTTAGE CHEESE & APRICOT SALAD	COTTAGE CHEESE & FRUIT COCKTAILS SALAD
FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN
BREADED CHICKEN BREAST	TAQUITOS	BURRITOS	PHILLY STEAK	BREADED DRUMETTES

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Lunch Weekdays: 1100-1300

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Sunday, January 15, 2016	Monday, January 16, 2016	Tuesday, January 17, 2016	Wednesday, January 18, 2016	Friday, January 19, 2016	Friday, January 20, 2016	Saturday, January 21 2016
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
CLOSED	BEEF BARLEY SOUP	SPANISH SOUP	CHICKEN GUMBO SOUP	ASIAN STIR FRY SOUP	TURKEY VEGETABLE SOUP	CLOSED
	CHICKEN CORN CHOWDER	CREAM OF POTATO SOUP	TOMATO RICE SOUP	CREAM OF MUSHROOM SOUP	MINESTRONE SOUP	
	POTATO FRITTATA	SPINACH & GARLIC TORTELLINI	CHEESE RAVIOLI W/ MARINARA SAUCE	VEGETABLE CURRY W/RICE	CHEESE TORTELLINI W/ AFREDO SAUCE	
	PASTA W/ ITALIAN SAUSAGE	ENCHILADAS	APPLE GLAZED CORNED BEEF	TERIYAKI BEEF STRIPS	MEATLOAF	
	HONEY LEMON CHICKEN BREAST	ROAST PORK TENDERLOIN	CREOLE FISH FILLETS	SALISBURY STEAK	SPAGHETTI W/ MEATBALL	
	PEPPER STEAK	MONGOLIAN BBQ	COUNTRY STYLE STEAK	SWEET AND SOUR PORK	BAKED HAM	
	PORK CHOPS WITH APPLE RINGS	SAVORY BAKED CHICKEN	CHILI MACARONI W/CHEESE	BRAISE BEEF AND NOODLES	ONION-LEMON BAKED FISH	
	HACIENDA POTATOES	NOODLES JEFFERSON	POTATOES AND HERBS	BROWN RICE WITH TOMATOES	MASHMALLOW SWEET POTATOES	
	SHRIMP FRIED RICE	BROWN RICE	GARLIC CHEESE POTATOES	LYONNAISE POTATOES	HOPPING JOHN	
	LYONNAISE CARROTS	HACIENDA CORN AND BLACK BEANS	TANGY SPINACH	SQUASH AND CARROT MEDLEY	FRENCH FRIED OKRA	
	SPROUTS SUPERBA	HERBED BROCCOLI	CREOLE SUMMER SQUASH	ORIENTAL STIR FRY CABBAGE	ORIENTAL STIR-FRY CABBAGE	
	CHICKEN GRAVY	TURKEY GRAVY	COUNTRY GRAVY	BROWN GRAVY	BROWN GRAVY	
	HOT ROLLS	HOT ROLLS	HOT ROLLS	HOT ROLLS	CORN BREAD	
	BROCCOLI SALAD	MEXICAN COLE SLAW	GERMAN TOMATO SALAD	MACARONI SALAD	PASTA SALAD	
	ITALIAN STYLE PASTA SALAD	SPINACH SALAD	MIXED FRUIT SALAD	KIMCHEE SALAD	POTATO SALAD	
	MARINATED BLACK BEAN SALAD	PICKLED BEETS & ONIONS SALAD	PASTA SALAD	PICKLED GREEN BEAN SALAD	COUNTRY STYLE TOMATO SALAD	
	COTTAGE CHEESE & PEACH SALAD	COTTAGE CHEESE & PEARS SALAD	COTTAGE CHEESE & PINEAPPLE SALAD	COTTAGE CHEESE & APRICOT SALAD	COTTAGE CHEESE & FRUIT COCKTAILS SALAD	
	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	
	APPLE PIE	CHERRY PIE	LEMON MERINGUE PIE	PECAN PIE	SWEET POTATO PIE	
	OATMEAL CHOCOLATE CHIP COOKIES	PEANUT BUTTER BROWNIES	CHOCOLATE CHIP COOKIES	BUTTERSOTCH BROWNIES	OATMEALS RAISIN COOKIES	
	YELLOW CAKE	ANGEL FOOD CAKE	BANANA CAKE	CARROT CAKE	DEVIL'S FOOD CAKE	
	CHOCOLATE PUDDING	VANILLA PUDDING	BREAD PUDDING	TAPIOCA PUDDING	RICE PUDDING	
	GLILLED CHICKEN BREAST	EGG ROLLS	CRISPITOS	FISHWICH	HOT WINGS	



Dinner	Dinner	Dinner	Dinner	Dinner
ITALIAN PASTA & BROCCOLI	POTATO & CHEDDAR PIEROGIES	CHEESE ENCHILADAS	VEGETABLE EGG ROLLS	VEGETABLE STUFFED PEPPERS
PIZZA	FIESTA CHICKEN	CREOLE PORK STEAK	FRENCH FRIED FISH PORTIONS	BAKED STUFFED SALMON
BLACKENED CATFISH	CHICKEN & DUMPLINGS	HAMBURGER YAKISOBA	PORK CHOP SUEY	CAJUN ROAST BEEF
OVEN FRIED CHICKEN FILLETS	ROAST BEEF	SPARERIBS AND SAUERKRAUT	CHICKEN BREAST IN ORANGE SAUCE	PINEAPPLE CHICKEN
BBQ MEATBALLS	VEAL PAPRIKA	CHICKEN CORDON BLEU	GREEK LEMON TURKEY PASTA	ITALIAN STYLE VEAL STEAKS
POTATOES AU GRATIN	MEXICAN RICE	ROASTED PEPPER POTATOES	STEAMED RICE	ROSEMARY ROASTED POTATO WEDGES
ISLANDER'S RICE	MASHED POTATOES	RICE PILAF	OVEN BROWN	WILD RICE
CORN ON THE COB	PEAS W/ CELERY	SUCCOTASH	OKRA AND TOMATO GUMBO	MIXED VEGETABLE
GREEN BEANS WITH MUSHROOMS	CAULIFLOWER PRAMESAN	CALICO CABBAGE	CORN COMBO	CAULIFLOWER AU GRATIN
BROWN GRAVY	BROWN GRAVY	CHICKEN GRAVY	BROWN GRAVY	BROWN GRAVY
HOT ROLLS	HOT ROLLS	HOT ROLLS	HOT ROLLS	HOT ROLLS
BROCCOLI SALAD	MEXICAN COLE SLAW	GERMAN TOMATO SALAD	MACARONI SALAD	PASTA SALAD
ITALIAN STYLE PASTA SALAD	SPINACH SALAD	MIXED FRUIT SALAD	KIMCHEE SALAD	POTATO SALAD
MARINATED BLACK BEAN SALAD	PICKLED BEETS & ONIONS SALAD	PASTA SALAD	PICKLED GREEN BEAN SALAD	COUNTRY STYLE TOMATO SALAD
COTTAGE CHEESE & PEACH SALAD	COTTAGE CHEESE & PEARS SALAD	COTTAGE CHEESE & PINEAPPLE SALAD	COTTAGE CHEESE & APRICOT SALAD	COTTAGE CHEESE & FRUIT COCKTAILS SALAD
FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN
GLILLED CHICKEN BREAST	EGG ROLLS	CRISPITOS	FISHWICH	HOT WINGS

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Breakfast Weekdays: 0615-0815		Lunch Weekdays: 1100-1300		Dinner Weekdays: 1700-1900		
Sunday, January 22, 2016	Monday, January 23, 2016	Tuesday, January 24, 2016	Wednesday, January 25, 2016	Thursday, January 26, 2016	Friday, January 27, 2016	Saturday, January 28, 2016
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
<b>CLOSED</b>	ONION SOUP	MEXICAN ONION CORN SOUP	KNICKERBOCKER SOUP	PEPPER POT SOUP	TEXAS CHICKEN TORTILLA SOUP	
	TOMATO SOUP	TORTELLINI SOUP	CHICKEN VEGETABLE SOUP	CHICKEN EGG DROP SOUP	SHRIMP GUMBO SOUP	<b>CLOSED</b>
	VEGETABLE LASAGNA	VEGETABLE BURRITOS	VEGETABLE PIZZA	ITALIAN PASTA & BROCCOLI	POTATO & CHEDDAR PIEROGIES	
	VEAL PARMESAN	TAMALE PIE	SAUERBRATEN	SWEET AND SOUR PORK	SOUTHERN FRIED CHICKEN	
	BEEFBALLS STROGANOFF	CHICKEN & DUMPLINGS	LEMON BAKED FISH	SEAFOOD NEWBURG	BLACKENED CATFISH	
	SOUTHERN FRIED CATFISH FILLETS	CAJUN ROAST TENDERLION OF BEEF	OVEN BAKED CHICKEN	MAMBO PORK ROAST	GRILLED STEAK	
	HERBED BAKED CHICKEN BREAST	GRILLED KNOCKWURST	ORIENTAL STEAK	SWEDISH MEATBALLS	FRIED SHRIMP	
	RICE W/ PARMESAN CHEESE	LYONNAISE RICE	STEAM RICE	POTATO AU GRATIN	MACARONI AND CHEESE	
	HACIENDA POTATOES	COTTAGE FRIED POTATOES	COTTAGE FRIED POTATOES	ISLANDER'S RICE	GLAZED SWEET POTATO	
	PEAS WITH ONIONS	PEAS AND CARROTS	CLUB SPINACH	JAPANESE VEGETABLE STIR FRY	SOUTHERN STYLE GREENS	
	BRUSSELS SPROUTS POLONAISE	BROCCOLI COMBO	CALICO CORN	HARVARD BEETS	FRIED CABBAGE	
	CHICKEN GRAVY	BROWN GRAVY	BROWN GRAVY	NATURAL PAN GRAVY	BROWN GRAVY	
	HOT ROLLS	HOT ROLLS	HOT ROLLS	HOT ROLLS	HOT ROLLS	
	BROCCOLI SALAD	MEXICAN COLE SLAW	GERMAN TOMATO SALAD	MACARONI SALAD	PASTA SALAD	
	ITALIAN STYLE PASTA SALAD	SPINACH SALAD	MIXED FRUIT SALAD	KIMCHEE SALAD	POTATO SALAD	
	MARINATED BLACK BEAN SALAD	PICKLED BEETS & ONIONS SALAD	PASTA SALAD	PICKLED GREEN BEAN SALAD	COUNTRY STYLE TOMATO SALAD	
	COTTAGE CHEESE & PEACH SALAD	COTTAGE CHEESE & PEARS SALAD	COTTAGE CHEESE & PINEAPPLE SALAD	COTTAGE CHEESE & APRICOT SALAD	COTTAGE CHEESE & FRUIT COCKTAILS SALAD	
	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	SWEET POTATO PIE	
	APPLE PIE	CHERRY PIE	LEMON MERINGUE PIE	PECAN PIE	HERMITS	
	CRISPY MARSHMALLOW SQUARES	SUGAR COOKIES	DOUBLE CHOCOLATE CHIP COOKIES	LEMON COOKIES	PEANUT BUTTER CAKE	
	LEMON POUND CAKE	GERMAN CHOCOLATE CAKE	ORANGE CAKE	MARBLE CAKE	BUTTERSCOTCH PUDDING	
	VANILLA PUDDING	BREAD PUDDING	TAPIOCA PUDDING	RICE PUDDING	BREADED DRUMETTES	
	BREADED CHICKEN BREAST	TAQUITOS	BURRITOS	PHILLY STEAK	HOT WINGS	

Dinner	Dinner	Dinner	Dinner	Dinner
PASTA PRIMAVERA	SPAGHETTI W/ MARINARA SAUCE	CHEESE MANICOTTI W/ ALFEDO SAUCE	POTATO FRITTATA	SPINACH & GARLIC TORTELLINI
CHICKEN TETRAZZINI	TACO	JAEGERSCHNITZEL	TERIYAKI STEAK	PORK CHOPS WITH MUSHROOM GRAVY
PARMESAN FISH	BEEF FAJITAS	SZECWAN CHICKEN	HOT AND SPICY CHICKEN	SPAGHETTI W/ MEAT SAUCE
BBQ CHICKEN	GRILLED SALMON FILLETS	ROAST TURKEY	HERBED BAKED FISH	GRILLED HAM STEAK
SWISS STEAK WITH BROWN GRAVY	CHILI CONQUISTADOR	TERIYAKI BEEF STRIPS	SALISBURY STEAK	CAJUN BAKE FISH
SPROUTS SUPERBA	SOUTHWESTERN RICE	ITALIAN ROASTED POTATOES WEDGES	STEAMED RICE	ROSEMARY ROASTED POTATO WEDGES
LYONNAISE CARROTS	REFRIED BEANS WITH CHEESE	GINGER RICE	OVEN BROWN	FILIPINO RICE
RISSOLE POTATOES	SPANISH STYLE BEANS	ASPARAGUS	OKRA AND TOMATO GUMBO	MIXED VEGETABLE
NUTTY RICE AND CHEESE	SOUTH OF THE BORDER BROCCOLI	CAULIFLOWER AU GRATIN	CORN COMBO	BEETS IN ORANGE-LEMON SAUCE
CHICKEN GRAVY	TOMATO GRAVY	TURKEY GRAVY	BROWN GRAVY	BROWN GRAVY
TOASTED GARLIC BREAD	CORN BREAD	HOT ROLLS	HOT ROLLS	TOASTED GARLIC BREAD
ITALIAN STYLE PASTA SALAD	MEXICAN COLE SLAW	GERMAN TOMATO SALAD	MACARONI SALAD	PASTA SALAD
MARINATED BLACK BEAN SALAD	SPINACH SALAD	MIXED FRUIT SALAD	KIMCHEE SALAD	POTATO SALAD
COTTAGE CHEESE & PEACH SALAD	PICKLED BEETS & ONIONS SALAD	PASTA SALAD	PICKLED GREEN BEAN SALAD	COUNTRY STYLE TOMATO SALAD
FRUIT FLAVORED GELATIN	COTTAGE CHEESE & PEARS SALAD	COTTAGE CHEESE & PINEAPPLE SALAD	COTTAGE CHEESE & APRICOT SALAD	COTTAGE CHEESE & FRUIT COCKTAILS SALAD
BREADED CHICKEN BREAST	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN
FISHWICH	TAQUITOS	BURRITOS	PHILLY STEAK	BREADED DRUMETTES

Breakfast Weekdays: 0615-0815	
Sunday, January 29, 2016	Tuesday, January 31, 2016
Lunch	Lunch
SPANISH SOUP	CHICKEN GUMBO SOUP

Green=Healthier, Yellow=eat moderately  
Dinner Weekdays: 1700-1900

Red=Eat less

# ROCCO DINING FACILITY

Bldg 2745 Schofield Rd

CLOSED

CREAM OF POTATO SOUP	TOMATO BOUILLON SOUP
BROCCOLI RICE & CHEESE	RICE FRITTATA
SANTA FE GLAZED CHICKEN BREAST	BREADED PORK STEAK
ROAST PORK TENDERLOIN	ORIENTAL STEAK
BEEF STIR FRY	CHICKEN & SHRIMP ALFREDO
STUFFED POLLOCK	SAVORY BAKED CHICKEN
STEAMED RICE	FRANCONIA POTATOES
GARLIC- LEMON ROASTED potato wedges	BAKED MACARONI AND CHEESE
MEXICAN CORN (OMIT BUTTER)	CAULIFLOWER COMBO
BROCCOLI COMBO	HACIENDA GREEN BEANS
NATURAL PAN GRAVY	BROWN GRAVY
HOT ROLLS	HOT ROLLS
MEXICAN COLE SLAW	GERMAN TOMATO SALAD
SPINACH SALAD	MIXED FRUIT SALAD
PICKLED BEETS & ONIONS SALAD	PASTA SALAD
COTTAGE CHEESE & PEARS SALAD	COTTAGE CHEESE & PINEAPPLE SALAD
FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN
CHERRY PIE	LEMON MERINGUE PIE
CHOCOLATE COOKIES	OATMEAL CHOCOLATE CHIP COOKIES
WHITE CAKE	YELLOW CAKE
TAPIOCA PUDDING	RICE PUDDING
EGG ROLLS	CRISPITOS

Dinner	Dinner
CHEESE RAVIOLI W/MARINARA SAUCE	VEGETABLE PIZZA
CHICKEN RANCHERO	SWEDISH MEATBALLS
BAKED FISH AMANDINE	BRAISED SPARERIBS
MEAT LOAF	BAKED CHICKEN & RICE
SHRIMP SCAMPI	WHITE FISH WITH MUSHROOM
MASHED POTATOES	RED BEANS AND RICE
JASMINE RICE	O'BRIEN POTATOES
WINTER MIXED VEGETABLES	HONEY DIJON VEGETABLES
ASPARAGUS	BROCCOLI POLONAISE
GRAVY	BROWN GRAVY
GARLIC BREAD	HOT ROLLS
MEXICAN COLE SLAW	GERMAN TOMATO SALAD
SPINACH SALAD	MIXED FRUIT SALAD
PICKLED BEETS & ONIONS SALAD	PASTA SALAD
COTTAGE CHEESE & PEARS SALAD	COTTAGE CHEESE & PINEAPPLE SALAD
FRUIT FLAVORED GELATIN	FRUIT FLAVORED GELATIN
EGG ROLLS	CRISPITOS

Subject to Change Without Notice

Breakfast Weekdays: 0615-0815

Lunch Weekdays: 1100-1300